10/11/96 - Triangular Meet at Ed Levin Park - 2.4 Miles

Boys	Pl	Time	<u>Girls</u>	Pl	Time
David Woodruff	1	14:57 PR	Patty Chin	6	20:00 PR
Joseph Aubuchon	2	15:33 PR	Layli Jahanfard	7	20:42 PR
Mohmud Osman	7	16:31	Michelle Browne	9	21:19
Nathan Edwards	10	16:56	Sabrina Barnhill	11	22:21
Tim Morgan	12	17:13 PR	Karen Strach	12	22:22
Kale Major	14	17:31	Kristina Olson	14	22:53
Khanh Ly	15	18:01 PR	Jessica Craig	15	22:54 PR
Francisco Martinez	17	18:16	Laura Smallwood	17	24:18
Jared Lester	18	18:27 PR	Amy Pennstein	20	25:10
Jeff Friedman	21	18:40 PR	Julie Farias	21	25:56
Chris Shans	22	18:56 PR	Norane Mir	22	27:29
Robbie Runk	24	20:19 PR	Emma Nichols	24	30:16
Duc Uy Quang-Dang	25	20:22	Kim Bunker	25	30:23

This is the most difficult course that you will run all year and you did very well. This course is a little shorter than the course that we ran last year and it was much cooler. But, even taking that into consideration, all who ran PRs actually did run much better than last year.

The boys beat Milpitas 24-31 (Santa Clara had an incomplete team). David and Joseph ran outstanding races to easily take one-two. Mohmud was outstanding in his first race on a hilly course. Nathan seems to be recovered from his illness last week. Khanh pulled even in his seasonal battles with Jeff and Jared. Franciso had anther solid race. Chris improved on his PR by three minutes. Duc Uy came the closest that he ever has to beating Robbie.

The girls lost to Milpitas but you all ran very well. Milpitas is a very good team. Layli, Michelle, and Karen did a good job of staying close to each other for the first half of the race before Layli got away. Sabrina may have had her best race of the year as both she and Karen had a great sprint at the end. Kristina and Jessica also had a great battle over the last 100 yards. Laura ran well. Amy had her best race of the year. Julie did well but that last hill took its toll on her. Norane was super as she finished in front of five runners. Emma and Kim did a good job of getting by the two Milpitas runners during the second loop.

Boys	#1_	#2	#3	#4_	15	#6_	
David Woodruff				10:32			
Joseph Aubuchon	11:11	13:48	14:14	11:00	13:15	15:33	
Collin Robinson	11:55						
Paul Albe	11:30						
Joe Puentes	11:35	14:20					
Mohmud Osman				11:53		16:31	
Nathan Edwards	11:56	14:22	14:59	14:40		16:56	
Tim Morgan	12:08	14:04	15:26	11:47	14:29	17:13	
Kale Major	11:49	14:06		11:58	14:08	17:31	
Tim Morgan Kale Major Khanh Ly	13:16	15:34	16:15	12:59	15:05	18:01	
Francisco Martines	13:47	14:46	16:07	12:16	15:23	18:16	
Jared Lester	13:29	15:21		12:49		18:27	
Jeff Friedman	13:36	15:09	16:12	12:45	15:20	18:40	
Chris Shans	14:44	15:35		13:01		18:56	
Micholas Pizano		15:53			15:36		
Robbie Runk	15:13	17:11		14:25		20:19	
Duc Uy Quang-Dang	17:18	17:50		14:52	17:12	20:22	
Alan Lin	15:45	17:48	18:31				
Isaac Nikfar		18:11		15:46			

Girls			13			
Patty Chin	14:57	16:49	17:48	14:03	16:45	20:00
Layli Jahanfard	14:48	17:34		14:22	17:34	20:42
Michelle Browne	14:53	17:20		14:28		21:19
Karen Strach	15:01	17:39	18:11	14:35	17:41	22:22
Sabrina Barnhill	16:18	18:45	21:19	15:09	18:34	22:21
Kristina Olson	15:44	18:57	19:16	15:37	18:42	22:53
Jessica Craig	17:08	19:55	20:35	16:12	19:33	22:54
Laura Smallwood	16:13	19:59	20:59	16:38	19:09	24:18
Julie Farias		20:29	21:26	17:19		25:56
Amy Pennstein	19:03	21:08	22:43	18:57	22:04	25:10
Norane Mir	20:24	23:33	25:27	19:59	23:36	27:29
Emma Wichols			24:09	21:26	DHF	30:16
Kim Bunker		22:54	25:27	18:57		30:23
Tara Parker	19:03	23:42				

10/11/96 - Ed Levin Park Race - 2.4 Miles

Varsity Boys

1	David Woodruff	Wil	14:57	14	Kale Major	Wil	17:31
2	Joseph Aubuchon	Wil	15:33	15	Khanh Ly	Wil	18:01
3	Seth Riojas	SC	15:57	16	Richard Johnson	Wil	18:05
4	Ivan Stanojevic	Milp	16:01	17	Francis.Martinez	Wil	18:16
	Matt Newbrough	Milp	16:21	18	Jared Lester	Wil	18:27
6	Eddie Favela	SC	16:27	19	Steve Abraham	Milp	18:33
7	Mohmud Osman	Wil	16:31	20	Victor Tran	SC	18:35
8	George Elias	Milp	16:44	21	Jeff Friedman	Wil	18:40
9	Edon Tibebe	SC	16:48	22	Chris Shans	Wil	18:56
10	Nathan Edwards	Wil	16:56	23	Kevin Sharma	Milp	19:43
11	Derek Untalan	Milp	17:03	24	Robbie Runk	Wil	20:19
12	Tim Morgan	Wil	17:13	25	Duc Uy Quang	Wil	20:22
13	Matt Pennington	Milp	17:15	26	Phillip Boyden	Milp	25:50

1-Wilcox 1-2-5-7- 9 = 24 2-Milpitas 3-4-6-8-10 = 31

3-Santa Clara Incomplete

Varsity Girls

1	Sabrina Ahmad	Milp	19:07	15	Jessica Craig	Wil	22:54
2	Christina Vanmeter	Milp	19:14	16	Francis Palomar	Milp	23:53
3	Kim Nebaker	Milp	19:41	17	Laura Smallwood	Wil	24:18
	Lisa Christensen	SC	19:47	18	Cheryl Thompson	Milp	24:24
5	Whitney Kellogg	Milp	19:55	19	Jaime Soria	Milp	24:27
	Patty Chin	Wil	20:00	20	Amy Pennstein	Wil	25:10
	Layli Jahanfard	Wil	20:42	21	Julie Farias	Wil	25:56
	Lindsay Sharpe	Milp	21:13	22	Norane Mir	Wil	27:29
	Michelle Browne	Wil	21:19	23	Anisha Patak	Milp	28:28
10	Sonia Thind	Milp	21:43	24	Emma Nichols	Wil	30:16
11	Sabrina Barnhill	Wil	22:21	25	Kim Bunker	Wil	30:23
12	Karen Strach	Wil	22:22	26	Amvit Bhandohal	Milp	30:42
13	Colleen Acosta	SC	22:42	27	Sonia Patak	Milp	30:52
14	Kristina Olson	Wil	22:53			(7)	

1-Milpitas 1- 2- 3- 4- 7 = 17 2-Wilcox 5- 6- 8-10-11 = 40

3-Santa Clara Incomplete