

KINNEY

CROSS COUNTRY CHAMPIONSHIPS

FINAL 1990 KINNEY CALIFORNIA STATE HIGH SCHOOL CROSS COUNTRY RANKINGS

BY DOUG SPECK, STEVE FAGUNDES, & CORRESPONDENTS AROUND THE STATE

DIVISION I (2021 STUDENTS AND ABOVE IN ENROLLMENT)

MEN

1. Hart (Newhall) (#3)*
2. Madera (#7)*
3. Saddleback (Santa Ana)
4. Belmont (L.A.)
5. Channel Islands (Oxnard)
6. Taft (Woodland Hills)
7. El Toro
8. Santa Ana Valley
9. Rowland (Rowland Hts)
10. Garfield (L.A.)
11. Hoover (Glendale)
12. Arroyo Grande
13. Poway
14. San Diego
15. Hanford
16. Bellarmine (San Jose)
17. Wilson (Long Beach)
18. Dana Hills
19. Bell
20. Esperanza
21. Upland
22. Beyer (Modesto)
23. Lakewood
24. Fountain Valley
25. Canyon (Canyon Cntry)

WOMEN

1. Agoura (#2)*
2. Mt. Carmel (SD) (#6)*
3. Arroyo Grande (#13)*
4. Irvine
5. Palos Verdes (#16)
6. Poway
7. Clovis West (Fresno)
8. Upland
9. Santa Rosa
10. Belmont (L.A.)
11. Overfelt (San Jose)
12. Buena (Ventura)
13. Rancho Buena Vista (Vista)
14. Turlock
15. Vacaville
16. Lakewood
17. Hart (Newhall)
18. Dana Hills
19. Los Alamitos
20. Wilson (Long Beach)
21. Channel Islands (Oxn)
22. Madera
23. Santa Teresa (S Jose)
24. Quartz Hill
25. El Toro

DIVISION II (1519-2020 STUDENTS IN ENROLLMENT)

MEN

1. San Pasqual (Escon) (#6)*
2. Camarillo (#20)*
3. Helix (La Mesa)
4. Agoura
5. Del Campo (Fair Oaks)
6. La Habra
7. De La Salle (Concord)
8. Shasta (Redding)
9. Fallbrook
10. Claremont
11. Pt. Loma (San Diego)
12. Katella (Anaheim)
13. Norte Vista (Riverside)
14. Jesuit (Sacramento)
15. Escondido
16. El Modena (Orange)
17. St. John Bosco (Billflwr)
18. Arvin
19. Amador Valley (Plsntn)
20. Woodbridge (Irvine)
21. Leigh (San Jose)
22. Delano
23. Gunderson (San Jose)
24. Mission Viejo
25. Bishop Amat (La Puente)

WOMEN

1. San Pasqual (Escon) (#4)*
2. Woodbridge (Irvine)
3. Westlake (Westlake Vill)
4. Canyon (Anaheim)
5. El Capitan (Lakeside)
6. Tustin
7. Del Campo (Fair Oaks)
8. Edison (Huntington Beach)
9. Fallbrook
10. Mission Viejo
11. Monte Vista (Danville)
12. Casa Roble (Orangevale)
13. Claremont
14. Castro Valley
15. North (Bakersfield)
16. El Modena (Orange)
17. San Clemente
18. Golden West (Visal)
19. Leland (San Jose)
20. Monte Vista (SpVil)
21. Los Gatos
22. Helix (La Mesa)
23. Valencia (Plac)
24. Mission San Jose (Fr)
25. Grossmont (La Mesa)

DIVISION III - (939-1518 STUDENTS IN ENROLLMENT)

MEN

1. San Marino
2. La Jolla
3. St. Ignatius (San Fran)
4. Palos Verdes
5. Lemoore
6. Palo Alto
7. St. Francis (Mntn Vw)
8. Corona del Mar
9. San Luis Obispo
10. Placer (Auburn)
11. Livermore
12. Moreau (Hayward)
13. Petaluma
14. Mission Bay
15. College Park (Pl Hill)
16. Moorpark
17. Laguna Hills
18. Newbury Park
19. Bosco Tech (Bellfl)
20. Acalanes (Lafayette)
21. Bishop O'Dowd (Oakl)
22. Gladstone (Covina)
23. Benicia
24. No. Monterey County
25. Casa Grande (Petaluma)

WOMEN

1. La Jolla (#9)*
2. Foothill (Santa Ana)
3. San Marino
4. Mills (Millbrae)
5. St. Francis (Sacto)
6. Santa Margarita (Rancho SM)
7. Corona del Mar (Newp Beach)
8. Newport Harbor (Newp Beach)
9. University (San Diego)
10. Livermore
11. St. Francis (Mntn View)
12. Gunn (Palo Alto)
13. Los Altos (Hac Hts)
14. Cardonole (Concord)
15. Bishop O'Dowd (Oakl)
16. Encinal (Alameda)
17. St. Lucy's (Glendora)
18. San Luis Obispo
19. South Hills (West Co)
20. St. Paul (S Fe Spr)
21. Laguna Hills
22. Leigh (San Jose)
23. Azusa
24. Redwood (Larkspur)
25. Atascadero

DIVISION IV - (1-938 STUDENTS IN ENROLLMENT)

MEN

1. Fillmore
2. Maranatha (Sierra Mad)
3. Bret Harte (Altaville)
4. Morro Bay
5. St. Anthony (Long Bch)
6. Corcoran
7. Yreka
8. Nordhoff (Ojai)
9. St. Mary's (Berkeley)
10. Bell-Jeff (Burbank)
11. Salesian (L.A.)
12. Christian (El Cajon)
13. Bear River (Grss Vall)
14. La Salle (Pasadena)
15. San Jose Academy
16. Half Moon Bay
17. Corning
18. Piedmont
19. Taft
20. Army/Navy (Carlsbad)
21. Webb (Claremont)
22. Brentwood (L.A.)
23. Ontario Christian
24. Fortuna
25. Oak Park

WOMEN

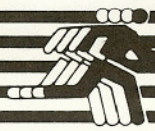
1. Nordhoff (Ojai)
2. Morro Bay
3. Anderson
4. Piedmont
5. Orange Lutheran
6. Bear River (Grass Vall)
7. Fillmore
8. McFarland
9. Yreka
10. Half Moon Bay
11. Bret Harte (Altaville)
12. Lassen (Susanville)
13. L.A. Baptist (Sepulv)
14. Coronado
15. Presentation (San Jose)
16. Laguna Beach
17. Wood (Vacaville)
18. Alhambra (Martinez)
19. Maranatha (Sierra Madre)
20. Arcata
21. Thacher (Ojai)
22. Santa Catalina (Monter)
23. Miramonte (Orinda)
24. Brentwood (L.A.)
25. Taft

* = NATIONAL RANKING BY "HARRIER" MAGAZINE

KINNEY NATIONAL CROSS COUNTRY CHAMPIONSHIP COMPETITION

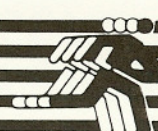
Congratulations to the following California athletes who qualified for the Kinney National Cross Country Championships at San Diego on Saturday, December 8th with their placings in the 12/1 Fresno Western Regional:
 Girls: 1. Deena Drossin (Agoura) 17:07 (equalled Course Record), 2. Jannie Rothman (Westlake) 17:16, 3. Milena Glusac (Fallbrook) 17:25, 4. Carrie Garritson (Rim of World) 17:36, 6. Shelley Taylor (Edison) 17:42, 7. Erica Sumi (Wilson, LB) 17:44, 8. Veronica Barajas (Channel Islands) 17:47. Boys: 1. Louie Quintana (Arroyo Grande) 14:49, 2. James Menon (San Luis Obispo) 15:01, 3. Dave Hartman (Canyon) 15:04, 7. Angel Martinez (San Gabriel) 15:09.

THANKS TO THE FOLLOWING FOR THEIR HELP THIS SEASON: Jim Eckman, Keith Conning, Pete Brewer, Phil Wilder, Willie Harmatz, Hal Daner, Bill Hotchkiss, Steve Ward, Dennis DeWitt, Dennis McClanahan.



KINNEY

CROSS COUNTRY CHAMPIONSHIPS



11-15 KINNEY CALIFORNIA STATE HIGH SCHOOL CROSS COUNTRY RANKINGS

BY DOUG SPECK, STEVE FAGUNDES, & CORRESPONDENTS AROUND THE STATE

DIVISION I (2021 STUDENTS AND ABOVE IN ENROLLMENT)

MEN	WOMEN	Others Considered: (Alphabetically):
1. Madera (#3)*	1. Agoura (#2)*	Men: Arroyo (El Monte), Bellarmine (San Jose), Canyon (Canyon Country), Dana Hills, Esperanza (Anaheim), Huntington Beach, Poway, Rowland (Rowland Heights),
2. Hart (Newhall) (#9)*	2. Mt. Carmel (SD) (#4)*	Women: Chino, El Toro, Lakewood, Los Alamitos, Rubidoux
3. Saddleback (Santa Ana) (#11)*	3. Palos Verdes (#5)*	
4. Arroyo Grande (#17)*	4. Arroyo Grande (#10)*	
5. Channel Islands (Oxnard)	5. Irvine	
6. Belmont (L.A.)	6. Buena (Ventura)	
7. Taft (Woodland Hills)	7. Channel Islands (Oxnard)	
8. El Toro	8. Upland	
9. Santa Ana Valley	9. Clovis West (Fresno)	
10. Hoover (Glendale)	10. Hart (Newhall)	

DIVISION II (1519-2020 STUDENTS IN ENROLLMENT)

MEN	WOMEN	Others Considered: (Alphabetically)
1. Del Campo (Fair Oaks)	1. San Pasqual (Escondido)	Men: El Camino (Sacramento), El Modena (Orange), Escondido, Jesuit (Sacramento), La Habra, Leigh (San Jose), Los Gatos, Norte Vista (Riverside), Villa Park (Women): El Modena (Orange), Gunderson (San Jose), Leland (San Jose), Los Gatos, Vacaville, Valencia (Placentia), University (Irvine), Woodbridge (Irvine)
2. Helix (La Mesa)	2. Westlake (Westl Vill)	
3. Camarillo	3. Canyon (Anaheim)	
4. Agoura	4. Edison (Huntington Beach)	
5. San Pasqual (Escondido)	5. Del Campo (Fair Oaks)	
6. De la Salle (Concord)	6. Tustin	
7. Fallbrook	7. El Capitan (Lakeside)	
8. St. John Bosco (Bellflower)	8. Mission Viejo	
9. Amador Valley (Pleasanton)	9. Claremont	
10. Shasta (Redding) (tie) Gunderson (San Jose) (tie)	10. Fallbrook (tie) Casa Roble (Orngvl)(tie)	

DIVISION III - (939-1518 STUDENTS IN ENROLLMENT)

MEN	WOMEN	Others Considered: (Alphabetically)
1. St. Ignatius (San Francisco)	1. La Jolla (#14)*	Men: Azusa, Corona del Mar, Covina, Lemoore. Women: St. Paul (Whittier), South Hills (West Covina), Costa Mesa, Leigh (San Jose), San Luis Obispo, Santa Margarita (Rancho SM), St. Francis (Mountain View), St. Lucy's (Glendora).
2. San Marino	2. San Marino	
3. Palos Verdes	3. Mills (Millbrae)	
4. San Luis Obispo	4. St. Francis (Sacramento)	
5. Palo Alto	5. Foothill (Santa Ana)	
6. Livermore	6. Corona del Mar (New Harb)	
7. Placer (Auburn)	7. Newport Harbor	
8. Laguna Hills	8. Los Altos (Hacienda Hts)	
9. Newbury Park	9. Gunn (Palo Alto)	
10. Moreau (Hayward)	10. Moreau (Hayward)	

DIVISION IV - (1-938 STUDENTS IN ENROLLMENT)

MEN	WOMEN	Others Considered: (Alphabetically)
1. Maranatha (Sierra Madre)	1. Morro Bay	Men: Corning, Cathedral (L.A.), McFarland, Taft. Women: Bell/Jeff (Burbank), Lassen (Susanville)
2. Bret Harte (Altaville)	2. Piedmont	
3. Fillmore	3. Nordhoff (Ojai)	
4. Yreka	4. Anderson	
5. Corcoran	5. Bear River (Grass Valley)	
6. St. Anthony (Long Beach)	6. Fillmore	
7. Salesian (L.A.)	7. McFarland	
8. Morro Bay	8. Half Moon Bay	
9. Nordhoff (Ojai)	9. Lutheran (Orange)	
10. Bell-Jeff (Burbank)	10. Bret Harte (Altaville)	

* = NATIONAL RANKING BY "HARRIER" MAGAZINE

KINNEY WESTERN REGIONAL CROSS COUNTRY COMPETITION

Saturday - December 1st - Woodward Park, Fresno - 9:30 a.m.

--The Top eight finishers in the Seeded Races qualify on to the Kinney National Finals to be held Saturday, December 8th-San Diego. For An Application: Bill Cockerham - 4957 East Heaton - Fresno, CA 93727



KINNEY

CROSS COUNTRY CHAMPIONSHIPS



Hello! My how time flies--it seems as if we can see the end of the season right down the road. Below is justification for the 11/1 State Rankings. From here on in over the next week or two you kind of need to judge how your local people are improving against each other, as there will be no inter-sectional competition to use to compare things. I want to do our last regular season rankings the end of the weekend of the 11/10-11 so I can get them out early the next week. There should be some Section action on 11/10, so if you wish to alter things below please get in touch with me (Doug Speck (818) 963-7709 (fax 818-963-2955) or Steve Fagundes (up north 916 966-0711). Once again I am doing the preview article for the State Meet program so I will want to get in touch with some of you on Sunday, November 18th, preferrably by the mid-afternoon, so that I can finalize and get the program to our State offices that evening by fax. I'll plan on Dennis, Steve W., Hal Daner (who I've talked to about), Keith (I'll check with you on who's running the Division I meet and I hope the rest will be in the paper), Steve F, and Jim E expecting a call from me on Sunday, November 18th in the mid-morning through the mid-afternoon. If something is going to come up that you cannot be reached, why don't you give me a quick call and we can make other arrangements. We have a pretty good handle on things and the phone conversation usually only takes 3-5 minutes.

OH, BY THE WAY, I WOULD LIKE A COPY OF THE RESULTS FROM YOUR SECTION FINALS. PLEASE GET THEM TO ME AT THE STATE MEET OR IN THE MAIL AS QUICKLY AFTER THAT AS YOU CAN, SO I CAN USE THEM IN OUR END OF SEASON 25 DEEP RANKINGS. PLEASE TALK WITH OTHERS IN YOUR SECTION WHO HAVE HELPED WITH THE RANKINGS TO SEE THAT SOMEONE WILL GET THEM TO US. I WILL PUT THE TEAM TIMES TOGETHER FROM THE STATE MEET AT THE END OF THAT MEET WEEKEND, AND SEND THEM TO YOU. I WILL SEND TO YOU WHERE I THINK MY LOCAL TEAMS WHO WERE NOT THERE WOULD FIT INTO A 25 DEEP STATE DIVISIONAL RANKINGS, AND WE CAN GET TOGETHER FRIDAY NIGHT THE KINNEY WEEKEND IN FRESNO AND YOU CAN FEEL FREE TO ADD ANY SCHOOLS FROM YOUR AREA INTO A 25-DEEP END OF SEASON STATEWIDE RANKING (I CAN TAKE INPUT THROUGHOUT THE MAIL IF YOU'RE NOT COMING TO THE KINNEY REGIONAL). Again, if you wish to have any input in adjusting the below rankings for our 11/15 mailout, please get in touch by mid-Sunday, November 11th.

THANKS FOR ALL YOUR HELP ALL SEASON LONG

Speck and Mr. Kinney (if there is such a guy)

DIVISION I

MEN

1. Madera--maybe like the best in the whole world. (79:41 SAC)
2. Hart (Newhall)--2nd behind Madera Mt. SAC Team Sweeps (81:15)
3. Saddleback (Santa Ana)--3rd behind Madera Mt. SAC Team Sweeps (81:39)
4. Arroyo Grande--next Cal team behind Saddleback at SAC (80:50)
5. Channel Islands behind Arroyo Grande at Mt. SAC (82:05)
6. Belmont (L.A.)--behind CI at SAC (82:32)
7. Taft (Woodland Hills)--behind Belmont at SAC (83:00)
8. El Toro--82:58 regular Mt. SAC race
9. Santa Ana Valley--83:15 SAC
10. Hoover (Glendale)--83:20 SAC

WOMEN

1. Agoura--Team Sweeps winner SAC 94:29 (93:10 similar crse at Lge!!!)
2. Mt. Carmel (San Diego)--2nd SAC 97:39, defeated PV New York
3. Palos Verdes--four behind Mt. C at New York
4. Arroyo Grande--3rd Tm Sweeps SAC 98:39
5. Irvine--5th Tm Sweeps SAC 99:06
6. Buena (Ventura)--100-101 type team
7. Channel Islands (Oxnard)--6th Tm Sweeps SAC 100:31
8. Upland--surprising 100:56 at SAC
9. Clovis West (Fresno)--still very solid, 102:18 Woodward 10/19
10. Hart (Newhall)--102:57 SAC

DIVISION II

MEN

1. Del Campo (Fair Oaks)--one minute behind Saddleback 10/6, solid
2. Agoura--6th SAC Tm Sweeps 82:05 coming on strong
3. Helix (La Mesa)--7th Tm Sweeps SAC 82:03
4. San Pasqual (Escondido)--82:41 SAC
5. Camarillo--9th Tm Sweeps SAC 82:47--beat Agoura Lge 82:00-82:10!!
6. De la Salle (Concord)--81:57 at Moreau (1 min short Woodward/SAC?)
7. St. John Bosco (Bellflower)--83:26 SAC
8. El Modena (Orange)--83:30-84:00 type team at SAC/Woodward
9. Gunderson (San Jose)--81:00 type at Crys Springs (83:30 Woodw/SAC)
10. La Habra--84:04 SAC

WOMEN

1. San Pasqual (Escondido)--very proven, only 103:56 at SAC though
2. Canyon (Anaheim)--102:41 at SAC 7th Tm Sweeps slite better Edison
3. Edison (Huntington Beach)--102:23 SAC Indiv Sweeps, just beh Cany
4. Tustin--104:26 at SAC
5. Fallbrook--3rd Indiv Sweeps SAC 103:16
6. Mission Viejo--103:57 at SAC
7. Claremont--104:42 at SAC
8. El Capitan (Lakeside)--105:41 at SAC
9. San Clemente--Miss Viej 5th 96, San Clem 112 6th League (105:00?)
10. Del Campo (Fair Oaks)--104:30-105:00 type team

DIVISION III

MEN

1. Livermore--81:37 at Moreau (82:30 type)--falling apart due to injuries????
2. St. Ignatius (San Francisco)--still solid, beat Bellarm by 4 Lge
3. San Marino--83:49 Mt. SAC w/o #1 (82:50 or so with)
4. San Luis Obispo--83:02 at SAC 1st Indiv Sweeps
5. Palo Alto--solid, proven here against above
6. Placer (Auburn)--Palo Alto 127 (85:02 Stanf), Placer 129 (85:09)
7. Palos Verdes--tough 83:00 at Staub (same as SAC/Woodward in compare)
8. Laguna Hills--85:05 Mt. SAC
9. Newbury Park--85:35 Mt. SAC
10. Moreau (Hayward)--83:06 Moreau Inv (84:30-85:00 type?)

WOMEN

1. La Jolla--99:44 SAC
2. San Marino--100:38 Mt. SAC
3. Mills (Millbrae)--103:26 SAC
4. St. Francis (Sacramento)--104:45 SAC

5. Foothill (Santa Ana)--105:26 SAC
6. Corona del Mar (Newp Harb)--beat Tustin 54-64 Lge (Tustin 104:26SAC)
7. Newport Harbor--tied Tustin League 64-64 (Tustin 104:26 SAC)
8. Los Altos (Hacienda Hts)--106:06 at SAC (better with all there)
9. Gunn (Palo Alto)--102-103 at Crystal (104-106 Woodward/SAC ??)
10. Moreau (Hayward)--103:27 at Moreau Inv (105-106 type Woodw/SAC)

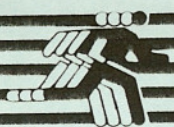
DIVISION IV

MEN

1. Maranatha (Sierra Madre)--84:06 SAC very tough
2. Bret Harte (Altaville)--beat Fillmore SAC 84:23
3. Fillmore--behind Bret Harte SAC 84:50
4. Yreka--still good 84-85 type?
5. Corcoran--85:37 at Woodward 10-21
6. Salesian (L.A.)--86:16 at SAC
7. Morro Bay--fit here off comparisons
8. St. Anthony (Long Beach)--improving 86:58 at Mt. SAC
9. Nordhoff (Ojai)--87:38 at SAC (bit better than this)
10. Corning--still tough up north?? (87:00 ?)

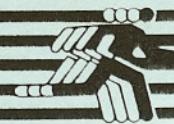
WOMEN

1. Morro Bay--proven to be number one (101 type)
2. Anderson--still very strong up north
3. Piedmont--103:07 at Moreau (105-106 type at Woodward/SAC ?)
4. Nordhoff (Ojai)--104:01 at SAC
5. Lassen (Susanville)--took Mitty 96-123
6. Bear River (Grass Valley)--108:28 at Stanford (same as Woodw/SAC?)
7. Bret Harte (Altaville)--111:30 at SAC w/o #2 runner (107 type?)
8. Fillmore--high 107's at SAC
9. McFarland--109:03 at SAC
10. Half Moon Bay--105-106 at Crystal--107-09 at Woodward/SAC ?



KINNEY

CROSS COUNTRY CHAMPIONSHIPS



Hello Correspondents--

I thought I'd get a note to you on the action the Mt. SAC weekend to give us a bit more background before we go to rankings next weekend. Again, if you have info, please get in touch up north with Steve Fagundes (916 966-0711 4738 Espana Court, Carmichale, CA 95608) or me (Doug Speck (818) 963-7709 (563 North Willowgrove, Glendora, CA 91740). We need info by the end of the week of October 26th, with any final breaking info by Sunday the 28th.

WE WILL INCLUDE "OTHERS CONSIDERED" IN THE RANKINGS
DIVISION I (2021 STUDENTS AND ABOVE IN ENROLLMENT)

MEN

1. Madera--big Team Sweeps winner at Mt. SAC 96 pts (79:41)
 2. Saddleback (Santa Ana)--3rd Tm Sweeps Mt. SAC 168 (81:39)
 3. Hart (Newhall)--2nd at Stanford--2nd Tm Swps Mt. SAC 161 (81:15)
 4. Arroyo Grande--4th SAC (Page, Az 3rd) 192 (80:50)
 5. Canyon (Canyon Country)--15th SAC Tm Swps 309 (83:03)
 6. Dana Hills--16th Tm Sweeps SAC 337 (83:47)
 7. Poway--Regular Mt. SAC race 84:11
 8. Channel Islands (Oxnard)--8th Tm Sweeps SAC 213 (82:05)
 9. El Toro--82:58 team time winning regular Mt. SAC race
 10. Belmont (L.A.)--10th Tm Sweeps SAC 240 (82:32)
- Others: Taft (L.A.) 12th Tm Swps 264 (83:00), Santa Ana Valley 13th 268 (83:15), Hoover (Glendale) 14th 275 (83:20)

WOMEN

1. Agoura--Tm Sweeps winner Mt. SAC 61 (94:29)
2. Palos Verdes--bye this week
3. Mt. Carmel (San Diego)--2nd Tm Swps Mt. SAC 91 (97:39)
4. Arroyo Grande--3rd Tm Sweeps Mt. SAC 131 (98:39)
5. Irvine--5th Tm Swps Mt. SAC 152 (99:06)
6. Buena (Ventura)--did not run full varsity at Mt. SAC
7. Clovis West (Fresno)--3rd at Clovis to PV & AG, 103:39
8. Channel Islands (Oxnard)--6th Tm Sweeps Mt. SAC 194 (100:31)
9. Lakewood--9th Tm Sweeps 253 (104:00 estimate)
10. Rubidoux (Riverside)--3rd regular race Mt. SAC (behind Upland 42 (100:56) & Belmont 69 (104:15) with 69 (104:07) others: Wilson (Long Beach) 103:41, Hart (Newhall) 102:57

DIVISION II (1519-2020 STUDENTS IN ENROLLMENT) --MEN--

1. Del Campo (Fair Oaks)--
 2. San Pasqual (Escondido)--82:24 at Mt. SAC regular race
 3. Camarillo--82:47 9th 227 Tm Sweeps Mt. SAC
 4. Helix (La Mesa)--Brazilian joined team 6th Tm Swps 212 (82:03)
 5. Agoura--all but one back on team, 6th Tm Swps 210 (82:05)
 6. De la Salle (Concord)--winner Moreau Large schools 57 pts
 7. Fallbrook--84:36 at Mt. SAC in regular race
 8. El Modena (Orange)--81:08 Or Co Ch's 10/6 (worth 84:00 at Mt. SAC)
 9. Jesuit (Sacramento)--4th Indiv Sweeps SAC 147 (85:14)
 10. Escondido--84:28 regular race at Mt. SAC
- Others: St. John Bosco (Bellflower) 83:26 Mt. SAC, La Habra

84:04 at Mt. SAC, Claremont 84:52 at Mt. SAC.

WOMEN

1. San Pasqual (Escondido)--103:59 winning regular Mt. SAC race
2. Tustin--split team at Mt. SAC about 104:00
3. Edison (Huntington Beach)--1st Indiv Sweeps SAC 94 (102:23)
4. Canyon (Anaheim)--7th SAC Tm Sweeps 226 (102:41)
5. Fallbrook--3rd Indiv Sweeps Mt. SAC 105 (103:16)
6. Casa Roble (Orangevale)--regular Mt. SAC race winner 108:27
7. El Modena (Orange)--much injury/illness out of picture
8. Woodbridge (Irvine)--109:04 in regular Mt. SAC race
9. El Capitan (Lakeside)--2nd regular Mt. SAC race (105:41)
10. Claremont--13th Tm Sweeps Mt. SAC 295 (104:42)

Others: Mission Viejo 103:57 10th Tm Swps SAC 265 (103:57),

DIVISION III - (939-1518 STUDENTS IN ENROLLMENT) --MEN--

1. Livermore--winners Clovis II 83:23-3rd Div II Stanf 82:38
2. St. Ignatius (San Francisco)-1st Small Schools Moreau 10/20
3. San Marino--83:49 Friday best Mt. SAC w/o #1 (82:49 with)
4. Corona del Mar (Newport Harbor)--86:21 Mt. SAC Fri 6th Sm Swps
5. Palo Alto--2nd to Bellarmine at St.Fran/Fthll 32-37
6. Placer (Auburn)--
7. San Luis Obispo--1st Ind Sweeps Mt. SAC 83:02
8. Palos Verdes--
9. Lemoore--87:15 in regular Mt. SAC race
10. Laguna Hills--85:05 Mt. SAC regular race

Others: Newbury Park 85:35 Mt. SAC,

WOMEN

1. La Jolla--4th Mt. SAC Tm Sweeps 145 (99:44)
2. San Marino--Fri Sweeps winner Mt. SAC 56 (100:38)
3. Foothill (Santa Ana)--Sat regular race winner SAC 105:26
4. Corona del Mar (Newp Harb)--100:29 Or Co 10/6 (worth 105 Mt. SAC)
5. Mills (Millbrae)--8th Mt. SAC Tm sweeps 250 (103:26)
6. St. Francis (Sacramento)--regular race winner SAC 104:45
7. Santa Margarita (Mss Viej)--3rd Fri Sweeps SAC 129 (106:17)
8. Newport Harbor--99:54 Or Co 10/6 (worth 104:30 SAC)
9. Los Altos (Hacienda Hts)--106:16 10/6 Invite at Mt. SAC
10. St. Lucy's (Glendora)--4th Fri Sweeps SAC 149 (107:18)

Others: South Hills 108:18 Mt. SAC, La Canada 108:45 SAC, San Luis Obispo 109:31 SAC

DIVISION IV - (1-938 STUDENTS IN ENROLLMENT) --MEN

1. Fillmore--3rd to San Marino & Bret Harte Fri Swps SAC 84:50
2. Yreka--
3. Bret Harte (Altaville)--2nd to San Marino SAC Friday 84:23
4. Maranatha (Sierra Madre)--84:06 Friday Real Sm Schls Swps winner
5. McFarland--89:05 at Mt. SAC (5th Real Small Schls Fri Sweeps)
6. Salesian (L.A.)--86:16 bests added up at SAC (strong soph group they ran 3 at lower level)
7. Morro Bay--bye this week
8. Nordhoff (Ojai)--7th Mt. SAC Fri Sweeps 87:38
9. Corning--
10. Taft--

Others: Corcoran (2nd to Livermore at Moreau (Small Schls Liv 75, Corcoran 116 how good is Corocoran compared to Livermore in team' time?), Cathedral (L.A.) 88:15 SAC, La Salle (Pasadena) 88:49, Oak Park 89:54 SAC.

WOMEN

1. Morro Bay--bye this week
2. Anderson--
3. Piedmont--1st Small Schools at Moreau 10/20
4. Nordhoff (Ojai)--2nd to San Marino Fri SAC Sweeps 104:01
5. Bear River (Grass Valley)--Stanford time was 108:28 (Stanford seems to run pretty close to Mt. SAC this year)
6. McFarland--3rd Real Small Fri Sweeps Mt. SAC 109:03
7. Bret Harte (Altaville)--8th Fri Sweeps Mt. SAC (111:30)
8. Fillmore--high 107's at Mt. SAC on Friday
9. Lutheran (Orange)--4th Small Sweeps Fri Mt. SAC 109:43
10. Bell-Jeff (Burbank)--5th Fri Small Sweeps SAC 112:53
Valley Christian (Bellflower) 110:22, Paraclete (Lancaster) 112:20,
Miraleste (Palos Verdes) 113:41.

Hello Correspondents--

Well, we got the first one out, with Stanford helping to piece things together nicely (interestingly I think Stanford, Woodward, and Mt. SAC are very, very close timewise, with each of those 3 courses 45-60 seconds slower per runner than a flat 3 mile course). Thanks for all of your help once again. We'd like to get another one out at the end of the weekend of October 27-28. It has really been an exciting season thus far, and as I indicated early, there will be state championships won from all corners of the state. If there are any of your local folks left out who you feel should be considered, please get in touch with Steve Fagundes (916 966-0711 4738 Espana Court, Carmichale, CA 95608) or me (Doug Speck (818) 963-7709 (563 North Willowgrove, Glendora, CA 91740). We need info by the end of the week of October 26th, with any final breaking info by Sunday the 27th. Below is the justification for the 10/15 rankings that I hope you received sometime around the 15th. WE WILL INCLUDE "OTHERS CONSIDERED" IN THE RANKINGS DIVISION I (2021 STUDENTS AND ABOVE IN ENROLLMENT)

MEN

1. Madera--killer of everyone at Clovis & Stanford (at Mt. SAC)
2. Saddleback (Santa Ana)--best in So Cal? Mt. SAC will tell
3. Hart (Newhall)--2nd at Stanford--will be at Mt. SAC
4. Arroyo Grande--3d at Stanford--at Mt. SAC
5. Canyon (Canyon Country)--very close to Hart in So Cal
6. Dana Hills--close to Saddleback in Orange County action
7. Poway--within 35 sec of Saddleback at Dana Hills
8. Channel Islands (Oxnard)--4th at Stanford
9. El Toro--good from Orange County--22 sec behind Poway at Dana Hills
10. Belmont (L.A.)--L.A. City power--may be very tough

WOMEN

1. Agoura--19-38 winner over Palos Verdes at Kenny Staub
2. Palos Verdes--61-60 and 19-38 losses to Agoura
3. Mt. Carmel (San Diego)--defeated Palos Verdes 100-114 at New York 10/13
4. Arroyo Grande--very, very tough, but just behind above
5. Irvine--high 94's on flat 3
6. Buena (Ventura)--winner Stanford Div II--95:01 Dana Hills flat 3
7. Clovis West (Fresno)--3rd at Clovis to PV & AG, 103:39
8. Channel Islands (Oxnard)--2nd at Stanford
9. Lakewood--mid 96's on flat 3
10. Rubidoux (Riverside)--97:24 at Dana Hills

DIVISION II (1519-2020 STUDENTS IN ENROLLMENT) --MEN--

1. Del Campo (Fair Oaks)--82:31 at Clovis
2. San Pasqual (Escondido)--very solid group.
3. Camarillo--winners at Stanford at this level (83:22)
4. Helix (La Mesa)--3rd Stanford Div II (84:05)
5. Agoura--good group, can be great if everyone on course at end.
6. De la Salle (Concord)--good job Stanford 4th Div II (83:49)
7. Fallbrook--very solid 78:43 at flat 3 Dana Hills
8. El Modena (Orange)--good Orange County group
9. Jesuit (Sacramento)--3rd at Clovis 84:59
10. Escondido--78:57 at Dana Hills

WOMEN

1. San Pasqual (Escondido)--if all are healthy and on course the class of this level
2. Tustin--Clovis II winners (102:37) - 96:14 flat 3 Dana Hills

3. Edison (Huntington Beach)--94:55 flat 3 Dana Hills
4. Canyon (Anaheim)--97:10 flat 3 Dana Hills
5. Fallbrook--96:43 flat 3 Dana Hills
6. Casa Roble (Orangevale)--3rd Div II Clovis 105:46
7. El Modena (Orange)--good Orange County team
8. Woodbridge (Irvine)--99:41 at flat 3 Dana Hills
9. El Capitan (Lakeside)--99-100 team
10. Claremont--100 team for flat 3

DIVISION III - (939-1518 STUDENTS IN ENROLLMENT) --MEN--

1. Livermore--winners Clovis II 83:23-3rd Div II Stanf 82:38
2. St. Ignatius (San Francisco)-1st Sanf III 84:14
3. San Marino--80:11 on rolling 3 10/5
4. Corona del Mar (Newport Harbor)--2nd Stanf II 84:43
5. Palo Alto--3rd Stanf Div II 85:02 (6th Clovis I 84:30 ?)
6. Placer (Auburn)--4th Stanf Div II 85:09
7. San Luis Obispo--5th Stanf Div II 83:50
8. Palos Verdes--7th Clovis Div I (estimate 84:30)
9. Lemoore--9th Clovis I (85:04)
10. Laguna Hills--81:26 flat 3 at Dana Hills

WOMEN

1. La Jolla--winners Div III Stanford 36 points
2. San Marino--97:28 flat 3 Dana Hills w/o #1
3. Foothill (Santa Ana)--97:14 at Dana Hills flat 3
4. Corona del Mar (Newp Harb)--2nd Stanford III-99:32 Dana Hills
5. Mills (Millbrae)--laying low, but very, very talented
6. St. Francis (Sacramento)--very solid in Sac Joaquin action
7. Santa Margarita (Mss Viej)--100:34 at flat 3 Dana Hills
8. Newport Harbor--100:21 Dana Hills flat 3
9. Los Altos (Hacienda Hts)--101-102 flat 3 team
10. St. Lucy's (Glendora)--104:09 flat 3 team

DIVISION IV - (1-938 STUDENTS IN ENROLLMENT) --MEN

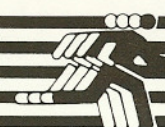
1. Fillmore--very solid team right at 80:00 on flat 3
2. Yreka--high 83's on rolling course
3. Bret Harte (Altaville)--winners Stanford IV 53 pts
4. Maranatha (Sierra Madre)--81:30 type flat 3
5. McFarland--83:36 at Bell Jeff (Fillmore 79:53-Maran 81:23)
6. Salesian (L.A.)--81:49 at Bell-Jeff
7. Morro Bay--3rd Stanford IV--81:59 at Bell-Jeff
8. Nordhoff (Ojai)--3rd IV at Stanford--82:50 at Bell-Jeff
9. Corning--keeping Yreka honest up north
10. Taft--looked good vs So Sect at Arroyo Grande--41 sec's behind McFarland.

WOMEN

1. Morro Bay--1st at Stanford Div IV 32 points
2. Anderson--very, very solid from up north (5:05 1600 transfer)
3. Piedmont--2nd Stanford Div IV 58
4. Nordhoff (Ojai)--3rd Stanford Div IV 101
5. Bear River (Grass Valley)8th Div I (!) 192 (ran with 99:30 for flat 3 teams)
6. McFarland--103:51 at Bell-Jeff (time equivalent to flat 3)
7. Bret Harte (Altaville)--6th Div IV Stanford 146
8. Fillmore--107:40 at Bell-Jeff (but 4:59 miler Nikki Shaw now back, will drop five minutes)
9. Lutheran (Orange)--good squad--103:30 on rolling 3
10. Bell-Jeff (Burbank)--107:35 at Bell-Jeff



KINNEY CROSS COUNTRY CHAMPIONSHIPS



10/15 KINNEY CALIFORNIA STATE HIGH SCHOOL CROSS COUNTRY RANKINGS

BY DOUG SPECK, STEVE FAGUNDES, & CORRESPONDENTS AROUND THE STATE

DIVISION I (2021 STUDENTS AND ABOVE IN ENROLLMENT)

MEN	WOMEN	
1. Madera	1. Agoura	Others Considered: (Alphabetically): Men: Arroyo (El Monte)-Bellarmine (San Jose)-Esperanza (Anaheim)-Hoover (Glendale)-Huntington Beach-Rowland (Rowland Heights) Taft (Woodland Hills) Women: Chino-El Toro-Hart (Newhall)-Los Alamitos
2. Saddleback (Santa Ana)	2. Palos Verdes	
3. Hart (Newhall)	3. Mt. Carmel (San Diego)	
4. Arroyo Grande	4. Arroyo Grande	
5. Canyon (Canyon Country)	5. Irvine	
6. Dana Hills	6. Buena (Ventura)	
7. Poway	7. Clovis West (Fresno)	
8. Channel Islands (Oxnard)	8. Channel Islands (Oxnard)	
9. El Toro	9. Lakewood	
10. Belmont (L.A.)	10. Rubidoux (Riverside)	

DIVISION II (1519-2020 STUDENTS AND ABOVE IN ENROLLMENT)

MEN	WOMEN	
1. Del Campo (Fair Oaks)	1. San Pasqual (Escondido)	Others Considered: (Alphabetically) Men: El Camino (Sacramento)-La Habra-Leigh (San Jose)- Norte Vista (Riverside)-Shasta (Redding)-St. John Bosco (Bellflower)-Villa Park (Women): Del Campo (Fair Oaks)-Gunderson (San Jose)-Leland (San Jose)-Mission Viejo-San Clemente-Vacaville-Valencia (Placentia)-University (Irvine)-Westlake (West Village)
2. San Pasqual (Escondido)	2. Tustin	
3. Camarillo	3. Edison (Huntington Beach)	
4. Helix (La Mesa)	4. Canyon (Anaheim)	
5. Agoura	5. Fallbrook	
6. De la Salle (Concord)	6. Casa Roble (Orangevale)	
7. Fallbrook	7. El Modena (Orange)	
8. El Modena (Orange)	8. Woodbridge (Irvine)	
9. Jesuit (Sacramento)	9. El Capitan (Lakeside)	
10. Escondido	10. Claremont	

DIVISION III - (939-1518 STUDENTS IN ENROLLMENT)

MEN	WOMEN	
1. Livermore	1. La Jolla	Others Considered: (Alphabetically) Men-Azusa-Covina. Women-St. Paul (Whittier)-South Hills (West Covina)-Costa Mesa-San Luis Obispo
2. St. Ignatius (San Francisco)	2. San Marino	
3. San Marino	3. Foothill (Santa Ana)	
4. Corona del Mar (Newport Harbor)	4. Corona del Mar (Newp Harb)	
5. Palo Alto	5. Mills (Millbrae)	
6. Placer (Auburn)	6. St. Francis (Sacramento)	
7. San Luis Obispo	7. Santa Margarita (Mss Viej)	
8. Palos Verdes	8. Newport Harbor	
9. Lemoore	9. Los Altos (Hacienda Hts)	
10. Laguna Hills	10. St. Lucy's (Glendora)	

DIVISION IV - (1-938 STUDENTS IN ENROLLMENT)

MEN	WOMEN	
1. Fillmore	1. Morro Bay	Others Considered: (Alphabetically) Men: Corcoran-Bell/Jeff (Burbank)-St. Anthony (Long Beach)
2. Yreka	2. Anderson	
3. Bret Harte (Altaville)	3. Piedmont	
4. Maranatha (Sierra Madre)	4. Nordhoff (Ojai)	
5. McFarland	5. Bear River (Grass Valley)	
6. Salesian (L.A.)	6. McFarland	
7. Morro Bay	7. Bret Harte (Altaville)	
8. Nordhoff (Ojai)	8. Fillmore	
9. Corning	9. Lutheran (Orange)	
10. Taft	10. Bell-Jeff (Burbank)	

KINNEY WESTERN REGIONAL CROSS COUNTRY COMPETITION

Saturday - December 1st - Woodward Park, Fresno - 9:30 a.m.

--The Top eight male and female finishers in the Seeded Boys and Girls Race Qualify on to the Kinney National Finals to be held Saturday, December 8th-San Diego.

For An Application: Bill Cockerham
4957 East Heaton
Fresno, CA 93727

Many CCS questions?

Hello--

Hope all is well with you all. I wanted to get back in touch with you before we get around to finally doing something the end of the week of October 5th for our first State Rankings. The enrollment figures I corrected you to the last time are incorrect and let's get back to the first ones which are right (our Southern Section people put out the 0-900, etc. which was wrong and the state office admits that maybe the wrong figures got out once and all, but anyway the divisions are as follows:

CORRECT 1990 STATE CROSS COUNTRY DIVISIONS (I SWEAR!)

- Division I - 2021+
- Division II - 1519-2020
- Division III- 939-1518
- Division IV - 1-938

As an addition to the above note I thought I'd spin through the different divisions with a southward slant on things (since that's really all I have to go on). Obviously I need the input from up north to glue the whole act together. Clovis is an eye-opener with Stanford helping to settle some intersectional items. Notes below are on schools that have crossed over into another area. If there are no notes or questions we need your help--

If you are up north and have some real problems with any of the below why don't you try to get in touch with Steve Fagundes (916) 966-0711 (4738 Espana Court Carmichael, CA 95608) by the end of the week of October 5th. We can finalize things over the weekend that includes Stanford or any Meets on October 6th. I (Doug Speck) am going back to New York for the Manhattan College Invite Prep Meet with Palos Verdes and Mt. Carmel and need to get the rankings in the mail very early the week of October 8th--we need to have things finalized on Sunday October 7th.

DOUG SPECK

(818) 963-7709 (HOME EVEN'S)

***** = point below which we are seriously looking for teams to fill in and do not feel real secure with people ranked below this point.

Women:

Division I

- 1)-Agoura - Beat PV 60-61 at Woodbridge and requested move up to this division. (91:44 flat 3 team time)
- 2)-Palos Verdes - also requested to move up in divisions--narrow above loss to Agoura at Woodbridge. 93:02 flat team time. 46 points (100:17) to win Div I Clovis
- 3)-Arroyo Grande - PV 46 - AG 59 (101:38) at Clovis--AG very solid. 94:34 flat 3 team time on 9/8
- 4)-Mt. Carmel (San Diego)--very solid and deep, good in San Diego action.
- 5)-Overfelt (San Jose)--how are they running--it better be very, very good to break up the above four
- 6)-Irvine--next best out of Southern Section - 95:03 team time for flat 3 mile at Woodbridge (19:00 average)
- 7)-Clovis West (Fresno)--3rd at Clovis I (103:39) behind PV (46)

and AG (59) (97:30 or so on flat 3?)

8)-Channel Islands (Oxnard)--97 minute type for flat 3 (19:20-30 average) - open to outside of area people here if they're good

9)-Buena (Ventura)--appear to be 97:30 or so now (19:30 average) Royal Invitational Chan Isl's 65 - Buena 67

10)-Lakewood--96:36 at Woodbridge (19:20 average for 5 for flat 3)

--Open to anyone for positions 8-10. Poway full 5:25 team time behind Mt. Carmel at under 3 mile course in San Diego 9/15.

Division II

1)-San Pasqual (Escondido)--very impressive with 11 second team time win over Mt. Carmel on less than 3 mile course in San Diego 9/15

2)-Tustin--97:54 for flat 3 at Woodbridge--Div II winner Clovis with 78 points (102:37)

3)-Casa Roble--3rd Div II at Clovis (105:46).

4)-Woodbridge--98:58 for flat 3 at own meet.

5)-El Modena (Orange)--have run well in smaller invites.

6)-Westlake (Westlake Village)--99:26 for flat 3 at Woodbridge

7)-Canyon (Anaheim)--ran right with Tustin in non-scoring 5 way meet.

8)-El Capitan (Lakeside)--appear to be at about 99:00-100:00 for flat 3 on comparison

9)-Fallbrook--appear 99:30 on flat 3 in comparison--one minute behind El Cap at Mt. Carmel Meet

10)-Claremont--100:31 on flat 3 at Woodbridge

--again, any additions or changes more than welcome. How good is Castro Valley running? Golden West (Visalia)? Shasta (Redding)? Anyone else--?

Division III-

1)-La Jolla--running very solid--appear about 97:00 on flat 3 right now in comparison.

2)-San Marino--97:30 for flat 3--very solid.

3)-Mills (?) - how are they running Willie?? have the people to be here if healthy

4)-Corona del Mar--99:21 at Woodbridge for flat 3.

5)-Foothill (Santa Ana)--97:55 at Seaside on flat 3

6)-St. Francis (Sacramento)--How are they running Steve? Should be at 100:00 or better on flat 3 to rate here.

7)-Los Gatos--167 for 4th Div II at Clovis (107:29)-Willie, how do you stack up against other CCS teams right now?).

8)-Los Altos (Hacienda Heights)--has shown potential

9)-St. Paul (Whittier)-- " " "

10)-Carondolet (?)--

Division IV

1)-Morro Bay--very, very tough--2nd at Div II Clovis (120 points) (103:58) behind Tustin.

2)-Bret Harte (Altaville)--how're they running--should be 101

- or so or better on flat 3 to hold this spot
- 3)-Nordhoff (Ojai)--99:29 on flat 2.7 mi course team time.
 - 4)-Mitty (San Jose)--how're they running--should be 101-102 or so on flat 3 to be holding this position.
 - 5)-McFarland--tough--106:30 on course seems close to Woodward at Arroyo Grande--about 101:30 for flat 3.
 - 6)-Anderson--if can run 103-104 on flat 3 would feel comfortable with them here.
 - 7)-L.A. Baptist--off tradition--tough Southern Section team
 - 8)-Piedmont--6th Div II Clovis--109 or so at Woodward should put them here

 I have 109-110 types for flat 3 from Southern Section to fill in after this. Anyone who can run 107-109 for flat 3 (21:20-22:10 average for 5 could be ranked here).

Men

Division I

- 1)-Madera--40 points at Clovis I (80:36--wow--I'm impressed)!!
- 2)-Saddleback--best from Southern Section - 79:02 at Woodbridge for flat 3
- 3)-Hart--78:18 for flat 3 in Ventura at Seaside--could be team to give Madera go in the end--have run without Billy Dixon 9:24 3200m runner so far
- 4)-Arroyo Grande--4th Clovis I - 130 points (81:54) (Del Campo St Div II 2nd, Carson City, Nv 3rd).
- 5)-Canyon (Canyon Country)--within 4 seconds Hart Team time at Mt. Carmel Meet in San Diego. Hart 56-Canyon 72 at Royal Invitational 9/22.
- 6)-Bellarmine (San Jose)--5th Clovis I - 166 points (83:58--Quintana throws off team-time comparisons--he was 14:56 at Fresno)
- 7)-Dana Hills--at 80:00 for flat 3. will improve
- 8)-El Toro--79:37 at Woodbridge for flat 3 (Dana Hills 7 sec's better 9/22 at Laguna Hills)
- 9)-Poway--1:40 behind Hart at Mt. Carmel (80:00 for flat 3?)
 I've got 80:30-81:00 flat 3 types from Southern Section--any other volunteers???

Division II

- 1)-Del Campo (Fair Oaks)--2nd Div I Clovis 107 points (82:53)
 - 2)-San Pasqual (Escondido)--very solid out of San Diego--estimate 79:30 or so for flat 3 at moment.
 - 3)-Agoura--with everyone healthy should give Del Campo a heck of a go--80:39 9/8 flat 3 without 2 of top 5--should be there at end.
 - 4)-Helix--another who will be solid at end--will have Brazilian Daniel Das Neves back from injury--are 80:30 type team without him.
- *****
- 5)-Villa Park--80:32 for flat 3 at Woodbridge
 - 6)-Jesuit (Sacramento)--3rd Div II Clovis (84:59)
 - 7)-El Modena (Orange)--solid group--81:00 type flat 3 mile
 - 8)-Los Gatos--4th Div II Clovis 164 (86:07) how are other CCS people in comparison--Gunderson??)

- 9)-Amador Valley--8th Clovis I (estimate 84:45 team time)
- 10)-St. John Bosco (Bellflower)--surprisingly strong group--
80:17 for flat 3.
- Anyone else--
- Fallbrook--Just behind Helix at Laguna Hills 80:30 type
for flat 3?

Division III

- 1)-Livermore--1st Div II at Clovis 67 points (83:23 team time)
very impressive
- 2)-Palo Alto--6th Div I Clovis 182--(84:30 estimate team time)
- 3)-Corona del Mar--80:17 for flat 3 at Woodbridge--solid group
- 4)-San Luis Obispo--2nd Div II at Clovis 118 points (83:57).
- 5)-Palos Verdes--7th Div I Clovis 185 (estimate 84:45 team
time) 81:47 at Woodbridge for flat 3.
- 6)-San Marino--very, very solid group with 4:24 transfer from
Connecticut--81:00 team on flat
- 7)-Lemoore--9th Div I Clovis 220 points (85:04)
- 8)-Los Gatos--4th Div II Clovis 165 (86:07) How in comparison
to other CCS teams?
- 9)-Laguna Hills--81:18 flat 3 at Woodbridge
- *****
- open after this--How good Leigh (86:37 at Clovis 6th Div II)

Division IV

- 1)-Fillmore--very, very tough 80:16 flat 3 team time 9/8
- 2)-McFarland--82:30 type flat 3--??
- 3)-Maranatha--off tradition and have very solid group
- 4)-Nordhoff--82:00 for flat 3
- 5)-Bret Harte--are they 83:30 for flat 3 yet??
- 6)-Morro Bay--82:10 for flat 3 (86:15 Clovis 5th Div II)
- *****
- 7)-Taft--Central Section--within 49 seconds of McFarland
at the Arroyo Grande "Big Ditch" Meet 9/15
- 8)-Salesian (L.A.)--82:24 flat 3 at Woodbridge
- 9) Corcoran--87:27 Clovis 10th Div II
- 9)-Laguna Beach--83:22 at Woodbridge for flat 3
- 10)-St. Anthony--83:56 for flat 3
- Yreka?--other Northern
- this division is much, much more competitive than in the past
you really need to have some quality to be ranked--all of
above can run 16:50 average for first five on flat 3.

p.s. - We can do
"others considered"
section after top
10's in rankings -

CALIFORNIA

Track & Running News

Hello--

It's that time of year once again, and the Kinney people are once again graciously assisting us with our California State Cross Country rankings four times this Fall and Winter. I appreciate the assistance that all of you have provided in the past and hope that you can lend some help this time around. We will aim for having the rankings out around October 15, November 1st, November 15th, and in early December. I need information at the end of the weekend of October 6th-7th for the first ranking, at the end of the October 27th-28th weekend for the second (Nov 1), November 10th-11th for the 3rd (Nov 15), and if you want to input some on the Final rankings we've gotten together (or gone back and forth through the mail) on the Kinney Western Regional weekend in Fresno December 1st. Steve Fagundes (916-966-0711) has agreed to assist with things up north, and it works out that I've kind of handled things from the CCS and Central Section south. With the state moving to four divisions this Fall I sense that things are a little more wide open than ever before, with teams from all areas of the state in contention for high placings statewide. Please take the time to take a gander over the results from the meets that you attend, and try to make some quantitative rating on the squads involved. I have included the CBED figures that will be used for the four state divisions (IV-0-900, III-901-1525, II-1526-2025, and I-2026+ THESE DIVISIONS ARE SLIGHTLY DIFFERENT THAN I GAVE THOSE OF YOU I CONTACTED TO ASSIST WITH THE CC STATE PREVIEW--MIGHT INCLUDE OR EXCLUDE A SCHOOL OR TWO AT THE CUTS IN DIVISIONS).

Also, I have included the State Preview that some of you helped me to throw together and will appear in Bill Cockerham's next issue of Cal Track News. I have also included kind of an unofficial pre-season ranking (please do not quote me anywhere on this purely "unofficial" ranking to assist us as just a general guide off one person's opinion.) that I threw together of teams in the divisions. The times after Southern Section squads are of their returnees at Mt. SAC (Southern Section Championship course) that runs pretty close to Woodward Park for many athletes. The times quoted for the Southern Section teams listed are those achieved by their best five returnees at Mt. SAC--times at the end of the season and By keeping an eye out for the schools included in this preview or my unofficial pre-season ranking, you can maybe figure how schools in your area are doing against those familiar teams and help us in making judgments on things. Anyway, have fun with the season and hope you can be of help

Doug Speck

563 North Willowgrove

Glendora, CA 91740

(818) 963-7709 (evenings)

(fax 818-963-2955 if you have one)

CALIFORNIA STATE TRACK & CROSS COUNTRY COACHES ALLIANCE
HIGH SCHOOL PRE-SEASON CROSS COUNTRY PREVIEW

Women:

Division I--One must start their readjustment of who fits where right here, where a number of schools (Palos Verdes, Agoura, etc.) who raced for glory here in the past are a division or two lower under the current enrollment rules. Mt. Carmel (San Diego), 4th last year and 23rd ranked nationally, should battle with a fine Buena (Ventura) group, with the two squads very similar on paper. Neither has a super star on top, with Susan Scott (MC-26th I-19:15 & 2:13.92) and Karen Hinkle (B-29th I-19:18 & 11:24.4) leading deep, solid teams. Mt. C follows with Angie Cooper (2:18.30) and Kathleen Carl (11:25.20), with Buena countering with Jessica Gibbs (32nd I-19:22) and Fanya Bryant (5:12.45). Overfelt (San Jose), 8th last year, appears to be the northern team that will keep those down south honest, with Maria Solano (10th I-18:31 & 5:18.2) leading the top six returning from the Central Coast Section Champion squad. Arroyo Grande, 5th last year, has stars Angela Orefice (19th I 18:53 (Kinney Reg) & 11:17.14) and Brandy Barr (20th I-18:58 & 11:35.72) leading a group that will keep the Southern Section's Buena honest, with Poway from San Diego, highly ranked even though it did not get out of its very, very tough Section to state last year, keeping league-mate Mt. Carmel on its toes. Poway has Monica Callan (5:10.11), Trish Callison (11:48.5) and Tara Barnhart (11:48.7) leading a group that can run with anybody if healthy. Channel Islands (Oxnard), Coached by Debbie Blum, wife of Buena's Coach Steve, should make for an interesting inter-house rivalry, with the Raiders having a fine team back, led by Yung Chung and Veronica Barajas (5:13.00). Clovis West (Fresno) returns Sarah Groff (5:18.4) and all its top runners from a squad that was 10th at State, with Santa Rosa (North Coast Section) leading with the fine duo of Nika Horn (16th I-18:47 & 5:12.77) and Rhonda Mazza (11:06.6). A number of strong individuals will be in this division. Tanya Brix (University, Irvine) was 4th Div I in 89 at 18:06, with a 10:49.17 from track, with fellow Orange County stars Shelley Taylor (Edison, Huntington Beach) 7th in 89 at 18:30 (with a 4:54.44 from track), and Martha Pinto (Katella, Anaheim) 14th 89 Div I and 10:42.51. Erica Sumi (Wilson, Long Beach) raced 5:00.57-10:56.05, and Lucinda Reyes (Lakewood) 18:53 and 5:06.20-10:51.37 in track.

"Unofficial Pre-Season Ranking":

1. Mt. Carmel
2. Buena (Ventura) (98:29)
3. Overfelt (San Jose)
4. Arroyo Grande (99:44)
5. Poway
6. Channel Islands (Oxnard) (100:20)
7. Clovis West

Division II--Coach Bill Duley's Agoura High squad, ranked 4th in the nation in 1989, returns a very solid crew, led by the above-mentioned defending State Large School titlist in the sport and State 3200 champ, Deena Drossin (1st I-17:27). The Chargers do not stop there, with Tiffany York (12th I-18:39 11:02.64), Laura Hayward (11:43.07) and Skye Colclough (11:43.51) backing up nicely. San Pasqual (Escondido) peaked nicely at state for 3rd in Division I, with Deanna Hadley (11th I-18:37), top hurdler Erin Blunt (36th I-19:25), and Melissa Keim (38th

I-19:33) leading five back under 20:08 from the Woodward Park State course. Our of the Sac Joaquin Section Casa Roble appears to have a fine group, with Bella Vista (Fair Oaks) 9th last year in Division I. A number of other teams from around the state lead with strong individuals. North Coast power Castro Valley has Melissa Ackerman (6th II-18:44 & 11:32.00) and Elice Patterson (23rd II-19:28 & 11:09.40), Golden West (Visalia) Judy Petty (16th II-19:12 & 11:15.60), with the Northern Section's defending champion Shasta (Redding) having Krissy Look (18th I (18:41 Kinney Reg) & 10:56.1). Southern Section powers Westlake (Westlake Village), led by Jeanine Rothman (3rd I 18:01 & 10:50.48), and Jessica Graham (5:08.19), Camarillo, with Katie Meyer (11:33.05), and Woodbridge (Irvine), led by Amy Robles (5:07.47), should be tough. Milena Glusac (Fallbrook) was 9th Div I in 89 at 18:31 and 10:51.52, with fellow San Diegan Kelly Young (Grossmont, La Mesa) 19:00. North Coaster Melissa Freeburg (California, San Ramon) was 13th Div I 89 18:44 with a fine 4:59.81 in track, with fellow NCS star Melanie Spenst (Mission San Jose, Fremont) 5:03.93 on the track. Stacey Auer (1000 Oaks) was improved in track to 5:05.64, with Wendy Griffith (Walnut) 5:06.87 and 19:01.

"Unofficial Pre-Season Ranking":

1. Agoura (96:39)
2. San Pasqual (Escondido)
3. Casa Roble
4. Westlake (Westlake Village) (103:07 with 5:08 track girl not on team)
5. Castro Valley

Division III--Should they decide to sit here, based upon their enrollment of 1334 students, Palos Verdes should be very, very tough (they petitioned to move to Large Schools last year where they nipped Agoura for the title). Ranked #2 nationally last fall, the Sea Kings keep them coming in waves. Rumors of a move by squad leader Tammy Wilcox may be true, but then PV led in 89 at State with Wilcox in 15th, then stacked five more (four of whom were underclass athletes) in the next 22 places to score 68 points. By the way, PV's Nancy Heap raced 11:24.42 for 3200m in track as a soph--she was not a part of the 89 State CC group! There are some other very fine squads at this level. La Jolla has done a super job in the sport, taking the 1989 State Division II title with a fine Championship race. Julie Schoene (20th II 19:16 2:15.77), Stephanie Bache (11:26.6), and a healthy Mailee Ferguson (5:05.47) would be a very tough squad for anyone to beat. Mills (Millbrae), 1989 Division II runner-ups, has Diana Harlick (11:09.3), sister Jeanene (34th II-19:51), Erin Brightwell, and Yadi Taylor (5:22.4) leading another top group. San Marino was 6th in 1989 at the Division II level, with Coach Phil Ryan having fine returnees Jacque Fruttero (13th II-19:07 & 5:14.97), Marjorie Hsu (24th II 19:32-2:16.06), Jenny Liao (33rd II-19:48 & 11:15.65), and Debbie Gardner leading a fine Titan team. Corona del Mar (Newport Beach) was 3rd in 89 Division II, with Kristen McFarland (11th II-18:57) and Heather Bray (38th II 20:00) leading another good squad. St. Francis (Sacramento) led by Cybelle McFadden (5:08.88-11:11.17) and Koleen Kassis (2:23.1) was 10th Div II in 89 will be very tough. Carondelet (Concord) will be good out of the North Coast Section. Los Altos (Hacienda Heights) has Kristi Tribble and Foothill (Santa Ana) Laura Amrofill leading squads with fine potential from the South. Becky Spies (Livermore), 2nd in Div I 89 in a quick 17:33 and one of the nation's best is the favorite here, with defending State Div II Champion Sarah Riley (Campolindo,

Moraga) (18:01-5:00.57) also very tough. Improving Kate Sweeney (Leigh, San Jose) 10:51.9 on the track will complicate the picture. Becky Kaiser (Seaside, Monterey) was 12th Div II in 89 with 11:15.5 for two miles in track, with Teneya Soderman (Gunn, Palo Alto) 11:33.9 this past spring.

"Unofficial Pre-Season Ranking":

1. Palos Verdes (98;51)
2. La Jolla
3. Mills (Millbrae)
4. San Marino (103:03)
5. Corona del Mar (105:08)
6. St. Francis (Sacramento)
7. Los Altos (Hacienda Heights) (106:19)
8. Carondolet
9. Foothill (Santa Ana) (107:16)

Division IV--This division will probably undergo the biggest facelift of any of the State Divisions, as in equating the four divisions at 200 schools the upper limit for this small schools group had to be upped to over 900 students. Some powers will hold steady, but others who have been just under a thousand and have been hammered on in Division II under the old State alignment will move down here to do some damage. Defending Champion at the old Division III, Bret Harte (Altaville) will have Amy Davidson (4th III 19:13 (Kinney Reg) 5:00.72) leading another strong squad, with Nordhoff (Ojai), 4th Division II in 89, and Morro Bay, 5th Div II last Fall, dropping down to this level from the Southern Section to do battle. Dascha Spellman (8th II 18:51 & 5:11.81) and Jennifer Kimpton (25th II 19:34) lead Nordhoff, with Jenny Lacovara (9th II 18:56 & 5:07.32 & 11:21.20), Deena Strohman (11:50.34), and Dana Ewing (11:50.44) strong for MB. Archbishop Mitty (San Jose) has a good tradition, with Latanya Johnson (2:22.90), Celeste Buchanan (2:11.50 3rd State 800m-5:12.0 for a mile), and Thea Roberts leading what will be a fine group. Fillmore, with supers Maribella Aparicio (7th II-18:46 & 11:15.11) and Nikki Shaw (2:12.98-4:59.07) and L.A. Baptist (Sun Valley), with Sarah Weitzel (15th III 20:29) and Carolina Castellanos (16th III 20:36) have solid casts. McFarland was 5th Div III last year statewide, with Delia Diaz (17th III 20:37) leading the top three back from that group. Anderson, with Angie Diulto (5:22.0) on top, will lead a strong group of teams from the Northern Section, with West Valley (Cottonwood), featuring fine 800m runner Nicole Teter (2:10.27 2nd state), Yreka, and Lassen (Susanville) fighting for the two state spots open to the Section. Ursuline (Santa Rosa) and Piedmont in the North Coast Section have recently been asked to compete against much larger schools in the State qualifying procedure, with a change there assuring success at this level. Neve Zwagerman (Tamalpais, Mill Valley) was 2nd Div II last year statewide (18:15 with 10:58.58 on the track), with Laura Hamady (Urban, San Francisco) attempting to defend her Small Schools state title (18:39).

"Unofficial Pre-Season Ranking":

1. Bret Harte (Altaville)
2. Nordhoff (Ojai) (104:29)
3. Morro Bay (104:39)
4. Mitty (San Jose)
5. Santa Margarita (Mission Viejo) (107:37)
6. Anderson

7. L.A. Baptist (109:08)
8. McFarland
9. Fillmore (108:06)

Men:

Division I--Some former divisional powers have moved down a notch or two here. Two consistent, deep and steady powers, Madera and Poway, will be joined by a group of strong teams. Madera was 4th last year, with Coach Dennis DeWitt's crew losing only one athlete from that team. Francisco Madrigan (25th I 15:56), Jose Santiago (4:18.70), and Polo Duarte (9:38.70) lead Madera. Poway has Nate Arnold (16:15), Sean Finn (4:24.64), and Spence Shewmake (9:44.7) on top. Southern Section powers will challenge. Saddleback (Santa Ana) was 5th in Div I in 89, with Eddie Salinas (19th I 15:48 & 4:24.89-9:36.26) leading a crew that returns five of its top six. Hart (Newhall) was 14th Div I in 89, with Billy Dixon (4:23.4-9:24.32) and four others back with State Meet experience. Coach Tim Butler has Dana Hills consistently rising to the top, with Dan Niednagel (15:24 at Mt. SAC and 1:54.4 800m) leading a group with potential. Rubidoux (Riverside) returns at 83:14 on Mt. SAC, a time that correlates closely with Woodward Park, with Javier Chavez the squad leader. San Gabriel will battle with Hart in the Foothill League of the Southern Section, with the nation's top returning two miler, Angel Martinez, 8:56.48, leading the Matadors. Taft (Woodland Hills) broke Belmont's stranglehold on the L.A. City Championship last Fall, with Brian Godsey (15:54) and Kipp Ortenberger (16:03) leading what will be a good 1990 Taft group. Belmont came in one place ahead of Taft at state, at 8th Division I, with Epifanio Roman (16:16) leading Belmont's scoring five who all return. Bellarmine (San Jose) is another with great tradition and depth, with Coach Terry Ward's squad 10th in 1989 Division I. Arroyo (El Monte) is another with great tradition and potential in 1990. Individually, Arroyo Grande's Louie Quintana, the nation's best returning harrier, off his third from the Kinney Nationals and 4:07.20 1600 from the spring track season, will be tough out in front. Dave Hartman (Canyon, Canyon Country) was 6th Div I at 15:28 with a fine 9:06.28 from track. Roman Rendon (Banning, Wilmington) was 9th Div I 15:38 and 4:24.71, with Steve Gonzales (Carson) 12th Div I 15:41 and 9:26.7. Ben Mesfen (Venice) was 4:13.04 and teammate Julio Moreno 4:17.71 last spring, with Steve Guerrini (Santa Rosa) 4:15.00, T.J. Reyes (Lakewood) 4:19.71, and Andy Marshall (Temecula Valley) 4:20.9 for that same 1600m distance.

"Unofficial Pre-Season Ranking":

1. Madera
2. Saddleback (82:09)
3. Poway
4. Hart (Newhall) (82:44)
5. Rubidoux (Riverside)
6. Belmont (L.A.)
7. Dana Hills (83:44)
8. San Gabriel (83:52)

Division II--Some real power has settled in this division. Agoura was 3rd Div I last year, with the next four scorers after Bryan Dameworth returning. Mike Cherman (15:56 & 9:44.62), Quentin Bauer (16:09), and Justin Koppel (16:17) lead what should be another strong team for Coach Bill Duley. Camarillo was the Nation's #1 ranked prep harrier team in 1989, with Shannon Brusca (20th Div I 15:53) and Josh

among the nation's best. SLO also has Adam Divergilio (9:38.83) to lead a very capable group. Behind Palo Alto, the Central Coast Section is very, very strong. St. Ignatius (San Francisco) returns returns everyone and had five sophs on a 3rd place Div II Section team in 89, with Mark McManus and Brad Glosser leading. Los Gatos was 9th Div II in State in 89, with St. Francis (Mountain View) having six back, led by Tyson Thomas and Willie Clark (4:26.2). Leigh (San Jose), has Coach Bill Hotchkiss back, with Scott Downs (9:31.6) leading a competitive group. North Monterey County (Castroville) will be another competitive CCS crew. Lemoore was 13th Div II in 89, with Ryan Bow (9:40.6) leading a good group from the Central Section. Sonora, 14th Div II out of the Sac Joaquin area will be strong once again. Livermore, led by Ahmik Jones (4:26.4) and Moreau (Hayward), with Mark Douglas (9:46.70) were competitive at the 3A level in the North Coast Section last year. La Jolla has T.J. Wilhelm (4:21.1-9:40.3) and three others from an 8th place Div II team at State to build on. San Marino and Bosco Tech (Rosemead) are others from the Southern Section with potential. Individually, Joe Garcia (Northview, Covina) was vastly improved in track at 4:20.83, with Dan Stoll (College Park, Pleasant Hill) 4:22.75, Lin Le (4:23.13) and Sal Zavala (9:49.23) (both of Los Amigos, Garden Grove), Jose Montes (Azusa) (9:41.50), and Jose Estrada (Monrovia) (9:46.06) others with promise.

"Unofficial Pre-Season Ranking":

1. Palo Alto
2. Palos Verdes (84:43)
3. San Luis Obispo (85:15)
4. San Marino (85:30)
5. St. Ignatius (San Francisco)
6. Lemoore
7. St. Francis (Mountain View)
8. Sonora
9. Los Gatos
10. Bosco Tech

Division IV—This division will see some new faces with the upper limit enrollment-wise over 900 students. Maranatha (Sierra Madre) returns everyone from last year's 8th place Div I group, with Oscar Montes (14th Div III 16:41) and Anthony Fisher (22nd Div III 16:54) leading the charge against a strong St. Anthony (Long Beach) squad. St. Anthony, 4th Div II 89, is more than ably led on top by Geoff Janquart (8th Div II 15:56) and Andre Faubert (12th Div II 16:05). Central Section McFarland is another with great tradition, with five back from their 89 Div III runner-up group. Bret Harte (Altaville) was 3rd Div III last year, with Brian Singleton (3rd Div III 15:57 (Kinney Reg) 9:27.59) leading the Bullfrogs. Fillmore will be another tough Southern Section squad, with Jorge Barajas (9:19.9) on top of a solid five. Yreka returns four of the top five from a Div II State Meet squad from 89, with Lassen (Susanville) and West Valley (Cottonwood) other quality programs from the North. Serra (San Mateo) of the CCS is another successful program that will enjoy the drop from a larger division. North Coast 2A Champion Arcata should enjoy success here. Corcoran will be looking for back-up for Jose Ochoa, who raced 9:31.00 as a frosh last spring in track. Nordhoff (Ojai), Salesian (L.A.), Cathedral (L.A.), and Whittier Christian (La Habra) are other Southern Section powers who can be a factor. David Soto (Christian, El Cajon) was 2nd Div III statewide last year at 15:52, with John Castner (Oak

Gerry (15:55 & 9:26.76) giving the Scorpions something to build on. Agoura moves into the tough Southern Section Maramonte League this Fall to challenge Camarillo and a group of other very tough distance schools. Helix (La Mesa) instantly became very tough when Brazilian Daniel Das Neves, who has raced 14:40 for 5k, committed to racing for the school. Javier Lozano (10th Div I 15:38 & 9:32.17) and Neves give Helix a tough 1-2 punch, with the Highlanders returning four others besides Lozano from a 13th place Division I 1989 group. San Pasqual (Escondido) will also be solid out of San Diego, with Robert Walker (4:14.05) and Bryan Winters (4:24.2) leading a strong group of returnees. Gunderson (San Jose), third in the CCS Large Schools in 1989, has James Joyner (16:05 & 9:32.2) leading a good foursome back. De La Salle (Concord) and Jesuit (Sacramento) are two more schools with programs draped in tradition that will keep them competitive at the top level. De La Salle's second to Camarillo at the State Meet was followed by a #5 ranking nationally in the sport, with Jim Zachery (9:37.9) leading the Spartans in 1990. Jesuit cruised to an easy Division II State title in 1989, with Coach Walt Lange's crew once again expected to reload, as opposed to rebuilding. Del Campo is another deep program from the Sac Joaquin Section that will battle with Jesuit during the season. Norte Vista (Riverside) shocked with late-season improvement that had it end up second in Division II statewide to Jesuit. James Pendergraph (10th Div II 16:01 & 9:42.73) and Alex Aguilar (15th Div II 16:10 & 1:57.79) lead the top four who return for NV. Golden West (Visalia), led by Jose Trujillo (9:37.6), is touted highly out of the Central Section, with Shasta (Redding), led by Chris Dawson (9:16.82), the defending Northern Section Champions. St. John Bosco (Bellflower), Woodbridge (Irvine), and Walnut are other Southern Section groups with potential at this level. Individually, Israel Pose (Torrance) was 8th Div I at 15:30 and 9:24.45, with Hector Hernandez (Mar Vista, Imperial Beach) strong at 4:12.95 during track season. Mark Gonzales (La Habra) raced 15:19 in the Western Kinney Regional last year and 9:07.51 early in track at Arcadia prior to stress fracturing out of the Spring. Shawn Page (Redondo Beach) was 9:24.42 in Track, with Robert Cardenas (16th Div I 15:45-9:30.70

"Unofficial Pre-Season Ranking":

1. Agoura (83:08)
2. Helix (La Mesa)
3. Camarillo (84:32)
4. San Pasqual (Escondido)
5. Jesuit (Sacramento)
6. Gunderson (San Jose)
7. Del Campo (Fair Oaks)
8. De la Salle (Concord)
9. Norte Vista (Riverside)

Division III—Palo Alto returns five of its top six from a solid group that was 3rd at the Division II level in the State Meet last year. The pack of scorers (16:48-17:08) will have to continue to improve to stay ahead of squads like Palos Verdes and San Luis Obispo, who have potential very low points for their top runners. Palos Verdes has Goss Lindsey, who improved to 4:21.72 in track as a soph and Aaron Marlowe-Rogers who raced 1:56.72, with five ninth and tenth graders on the 15th place Div II squad from 1989. San Luis Obispo is even more dangerous on top, with James Menon, who stress fractured out of the Fall Cross Country season in 89, but improved to 8:59.05 in track to take a place

