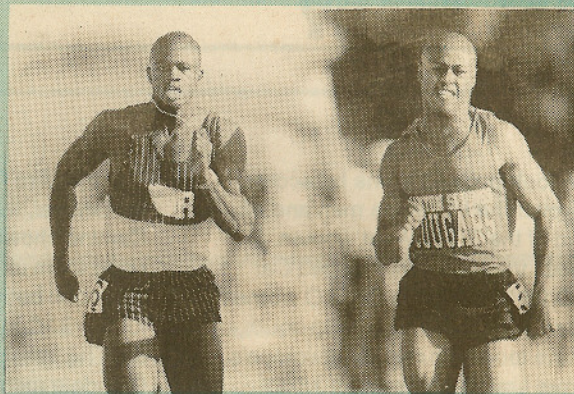


All-Time CALIFORNIA High School Boys List



PAT JOHNSON (left) and BRYAN HOWARD

Photo by Kirby Lee

By Robert Womack

The following comprises the all-time California high school boys list, updated through August 23, 1994.

Again, the compiler must acknowledge the help of a large number of people, notably including Ron Blackwood, Keith Conning and Doug Speck. None of these, however, have any responsibility for errors and omissions, which are strictly the fault of the writer. Additions and corrections should be addressed to Bob Womack, 1540 East Shaw, Suite 118, Fresno, CA 93710.

Since, if I don't do this, somebody will write Bill a nasty letter -- The numbers after the year of performance refer to the number of state championships that athlete has won. (Note that the year or years the athlete was state champion are not necessarily the year of the performance.)

Sincerely,
Bob Womack

100 Meters

State Meet Record: 10.30 Riley Washington (Southwest, San Diego) 1992 at Norwalk. **Frosh:** 10.62 Marquez Holiwell (West, Bkfld) 1992. **Soph:** 10.43 Bryan Howard (Canyon Springs, Moreno Vly) 1993. **Junior:** 10.27 Henry Thomas (Hawthorne) 1984. **Senior:** 10.25 Henry Thomas (Hawthorne) 1985.

10.25	Henry Thomas (Haw)-1 at EagleRock	1985
10.29	Ricky Carrigan (Compton)-1	1991
10.30	Quincy Watts (Taft, Wood Hillsd)-1	1987
10.30	Riley Washington (Southwest, SD)-1	1992
10.31	Bryan Howard (CynSpr, MorVly)-1	1994
10.36	Corey Ealy (Muir, Pasadena)	1987
10.37	Pat Johnson (Redlands)-1	1994
10.39	Kenny Robinson (Berkeley)-1	1981
10.39	Ray Brown (Muir, Pasadena)	1984
10.41	Tony Miller (Riordan, San Francisco)	1987
10.41	Stoney Jordan (Indio)	1993
10.41	Barry Smith (Mission, San Francisco)	1989
10.42	Benari Burroughs (Indep, San Jose)	1988
10.42	Curtis Conway (Hawthorne)-1	1989
10.43	Jeff Laynes (Oakland)	1989
10.44	Stanley Davis (Inglewood)	1984
10.45	Darron Norris (El Camino,Oceanside)	1984

10.46	Kevin Willhite (Cord,RanCordova)	1981
10.46	Gentry Bradley (Pius X, Downey)	1992
10.49	Ronald McCree (Madera)-2	1986
10.49	Paul Turner (University, SD)	1993
10.50	Phillip Johnson (Gardena)	1978
10.50	Fabian Cooper (Washington, L.A.)	1982
10.50	Calvin Holmes (Carson)	1987
10.50	Anthony Volson (Merced)	1992

Hand Timing:

10.2	Michael Sanford (Pasadena)	1979
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200 Meters

(*220 Yards Minus 0.12)

State Meet Record: 20.77 Henry Thomas (Hawthorne) at Los Angeles 1984. **Frosh:** 21.62 Bryan Howard (West, Bkfld) 1992. **Soph:** 20.97 Quincy Watts (Taft, Woodland Hills) 1986. **Junior:** 20.50 Quincy Watts (Taft, Woodland Hills) 1987. **Senior:** 20.53 Brian Bridgewater (Washington, L.A.) 1988.

20.50	Quincy Watts (Taft,WdHls) Provo-2	1987
20.53	Brian Bridgewater (Wash, L.A.)-1	1988
20.57	Calvin Harrison (North, Salinas)-1	1993
20.64	Henry Thomas (Washington, L.A.)-2	1985
20.67	Bryan Howard (Cyn Spr, MorVly)	1994
20.68*	James Sanford (Pasadena)	1977
20.80	Corey Ealy (Muir, Pasadena)	1987
20.81	Kevin Willhite (Cord,RanCordova)-1	1981
20.82	Michael Marsh (Hawthorne)-1	1985
20.82	Barry Smith (Mission, S.F.)-1	1989
20.83	Pat Johnson (Redlands)-1	1994
20.85	Ricky Carrigan (Compton)-1	1991
20.88*	Michael Sanford (Pasadena)	1979
20.89	Curtis Conway (Hawthorne)	1989
20.91	Bill Green (Cubberley, Palo Alto)	1979
20.97	Danny Everett (Fairfax, L.A.)	1985
21.00	Raymond Ethridge (Crawford, SD)	1987
21.01	Chip Rish (Marina, Huntington Beach)	1985
21.03	Ken Robinson (Berkeley)-1	1981
21.07	Ato Bolden (Piedmont Hills, SJ)	1991
21.07	Eric Turner (Morningside, Inglwd)	1993
21.08	Riley Washington (Southwest, SD)	1992
21.09	Darron Norris (El Cam, Oceanside)	1984
21.09	Larry Berkeley (Oxnard)	1985
21.10	Tony Miller (Riordan, S.F.)	1987

Hand Timing: (*220 yds. minus 0.1)

20.6*	Phil Underwood (Dorsey, L.A.)-1	1966
20.6*	Mel Gray (Montgomery, SRosa)-1	1967
20.7*	Carl McCullough (Sacramento)	1972
20.7*	Mike Farmer (Wilson, S.F.)	1974
20.7*	Dupree Branch (Barstow)	1976
20.7	Eric Coleman (Monrovia)	1982

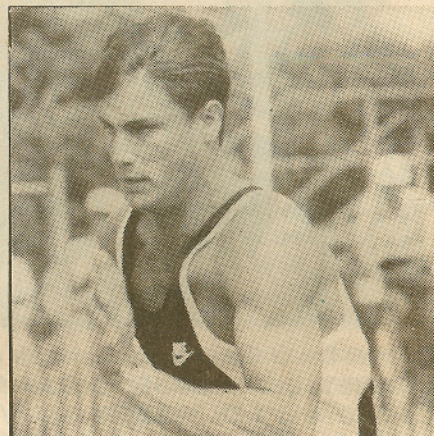
20.8*	James Hines (McClymids, Oakland)-1	1964
20.8*	Dave Masters (El Cerrito)	1967
20.8*	Millard Hampton (Silver Cr, SJose)-1	1974

400 Meters

(*440 Yds. Minus 0.26)

State Meet Record: 45.25 Calvin Harrison (North, Salinas) 1993 at Cerritos. **Frosh:** 46.96 William Moore (Muir, Pasadena) 1994. **Soph:** 46.34 Michael Granville (Bell Gardens) 1994. **Junior:** 45.82 Henry Thomas (Hawthorne) 1984. **Senior:** 45.07 Calvin Harrison (North, Salinas) 1993.

45.09	Henry Thomas (Hawthorne) at Berlin	1985
45.25	Calvin Harrison (North, Salinas)-1	1993
45.51	Bill Green (Cubberley, Palo Alto)-1	1979
45.76	Danny Everett (Fairfax, L.A.)	1985
45.76	Steve Lewis (American, Fremont)-2	1987
46.04	Chip Rish (Marina, HuntBeach)-2	1985
46.25	Alvin Harrison (North, Salinas)	1993
46.34*	James Sanford (Pasadena)-1	1977
46.34	Michael Granville (Bell Gardens)	1994
46.38	Fabian Cooper (Washington, L.A.)-1	1982
46.57*	Dave Timmons (Oakland)-1	1981



CHIP RISH

Fine Flicks by Don Gosney

46.63	Beno Bryant (Dorsey, L.A.)-1	1989
46.67*	Rod Bethany (Fontana)	1978
46.67	Quincy Watts (Taft, Woodland Hills)	1988

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All-Time CALIFORNIA High School Boys List

46.68	Derrick Shepard (Lincoln, SF)-1	1992
46.72	Richard Dupree (Mt. Pleasant, SJ)-1	1992
46.75*	Ron Williams (Chatsworth)	1977
46.80	Blair McMurray (Compton)	1982
46.82	Daymon Lee (South Gate)	1984
46.81	Travis Hannah (Hawthorne)-1	1988
46.86	Nate Williams (Edison, Stockton)	1979
46.89	Tony Banks (Morse, San Diego)-1	1979
46.92	Michael Turner (Centen, Compton)-1	1980
46.96	James Davis (Wood, Vacaville)-1	1994
46.96	William Moore (Muir, Pasadena)	1994

Hand Timed: (*440 yds. minus 0.3)

45.7	Chip Rish (Marina, Hunt Bch)-2	1985
45.8*	Ulis Williams (Compton)-2	1961
46.3*	Larance Jones (Lemoore)-1	1969
46.4*	Jerry White (Corcoran)-2	1956
46.4*	Edesel Garrison (Cent, Compton)-1	1968
46.4*	Tony Krzyzosiak (Garden Grove)-1	1971
46.4*	Dave Timmons (Oakland)-1	1981
46.5*	Ray Johnson (Blair, Pasadena)	1971
46.5*	Rod Bethany (Fontana)	1978
46.6*	Lee Evans (Overfelt, San Jose)	1965
46.6*	Mike Newton (Whittier)-1	1967
46.6*	Wayne Collett (Gardena)-1	1967
46.6*	Derald Harris (Pittsburg)-1	1976
46.7*	Dave Archibald (Leuzinger, Lawn)	1961
46.7*	Freddie Banks (Jefferson, L.A.)-1	1964
46.7*	Andy Young (Jordan, Long Beach)	1968
46.7*	Ron Whitaker (Wilson, S.F.)-1	1973
46.7*	Donn Thompson (Gahr, Cerritos)	1976
46.8*	Ollie Matson (Washington, S.F.)	1948
46.8*	Henry Dorsey (Berkeley)	1956
46.8*	Bill Sims (Whittier)	1969
46.8*	Rick Brown (Los Altos)-1	1970
46.8*	Frank Berry (Washington, L.A.)	1971
46.8*	Ron Williams (Chatsworth)	1977
46.8	Kenny Robinson (Berkeley)	1981

800 Meters

(*880 Yds. Minus 0.7)

State Meet Record: 1:47.31 Pete Richardson (Berkeley) at Norwalk, 1981. **Frosh:** 1:51.03 Michael Granville (Bell Gardens) 1993. **Soph:** 1:48.98 Michael Granville (Bell Gardens) 1994. **Junior:** 1:50.16 Vondre Armour (Bakersfield) 1993. **Senior:** 1:47.31 Pete Richardson (Berkeley) 1981.

1:47.31	Pete Richardson (Berk) at Norwalk-1	1981
1:47.8*	Dale Scott (El Cerrito)-1	1972
1:48.1*	Richard Joyce (Sierra, Whittier)-1	1065
1:48.2	Jeff West (Crenshaw, L.A.)	1979
1:48.3*	Clark Mitchell (Bakersfield)	1965
1:48.5*	Dennis Carr (Lowell, Whittier)-1	1963
1:48.5*	Robert Hose (Madison, San Diego)-1	1964
1:48.7*	Jim Walters (Estan, Costa Mesa)-1	1977
1:48.98	Michael Granville (Bell Gardens)-1	1994
1:49.0*	Dan Aldridge (Petaluma)	1975
1:49.21	Eric Schermerhorn (Wdbridge, Irv)-1	1984
1:49.30	Scott Cox (Wilson, Long Beach)	1981
1:49.3*	Dave Kingsland (El Modena)	1977
1:49.4*	Brent Tubb (Cleveland, Reseda)	1971
1:49.42	Vondre Armour (Bakersfield)-1	1994
1:49.43	Eddie Davis (Compton)	1981
1:49.50	Brian Wilkinson (Merced)	1993
1:49.5*	David Mack (Locke, L.A.)-2	1979
1:49.56	Mike Katri (Fortuna)-1	1992
1:49.64	Milton Hughes (Stagg, Stockton)	1992
1:49.7*	Terry Rogers (Hilltop, ChVista)-1	1966
1:49.84	Daymon Lee (South Gate)	1984
1:49.9*	Greg Jones (Poly, Long Beach)	1968
1:49.9*	Rick Brown (Los Altos)-1	1970
1:49.95	Kimmie James (Richmond)-1	1983

1500 Meters

(* Enroute to Longer Distance)

State Meet Records: **Frosh:** 4:00.5 Robert Planta (Mater Dei, Santa Ana) 1979. **Soph:** 3:51.5 Jim Arriola (Gahr, Cerritos) 1974. **Junior:** 3:49.4 Mark Fricker (Hemet) 1977. **Senior:** 3:46.4 Paul Medvin (University, Los Angeles) 1979.

3:46.4	Paul Medvin (Univ, L.A.) at Bloom)	1979
3:47.65	Reggie Williams (RivCity, WSacto)	1988
3:48.73	Daniel Das Neves (Helix, La Mesa)	1992
3:48.8	Jim Arriola (Gahr, Cerritos)	1976
3:48.9	Rich Kimball (DeLaSalle, Concord)	1974
3:49.0+	Harold Kuphaldt (BellaVista, FOaks)	1982
3:49.4	Mark Fricker (Hemet)	1977
3:50.1	Ian Alsen (Kennedy, Granada Hills)	1988
3:50.1+	Coley Candaele (Carpinteria)	1990
3:50.2	Charlie Christensen (Edison, HBch)	1977
3:50.2	Steve Whitcomb (Helix, La Mesa)	1979
3:50.2+	Mebrahtom Keflezighi (San Diego)	1994
3:50.3+	Louie Quintana (Arroyo Grande)	1990
3:50.4	Ralph Serna (Loara, Anaheim)	1975
3:50.47	Angel Martinez (San Gabriel)	1992
3:50.5	Mark Mastalir (Jesuit, Carmichael)	1986
3:50.8	Andy DiConti (La Canada)	1980
3:51.0	Eric Mastalir (Jesuit, Carmichael)	1986
3:51.1	Dave Cangelosi (Villa Park)	1979
3:51.2	Dennis Arriola (Gahr, Cerritos)	1979
3:51.2+	Jeff Williams (Foothill, Tustin)	1982
3:51.36	Gary Gonzales (Clovis)	1981
3:51.5	Mike O'Reilly (San Rafael)	1978
3:51.57	Roman Gomez (Belmont, L.A.)	1984
3:51.9+	Tom Grewe (Carpinteria)	1982
3:52.0	Jon Butler (Edison, Hunt Beach)	1981

1600 Meters

(* One Mile Minus 1.8)

State Meet Record: 4:05.4y Mark Schilling (Garden Grove) 1972 at Oroville. **Frosh:** 4:15.4* Harry Nicholas (Reedley) 1968. **Soph:** 4:07.5* Jim Arriola (Gahr, Cerritos) 1974. **Junior:** 4:02.4* Curtis Beck (Santa Monica) 1972. **Senior:** 3:57.6* Tim Danielson (Chula Vista) 1966.

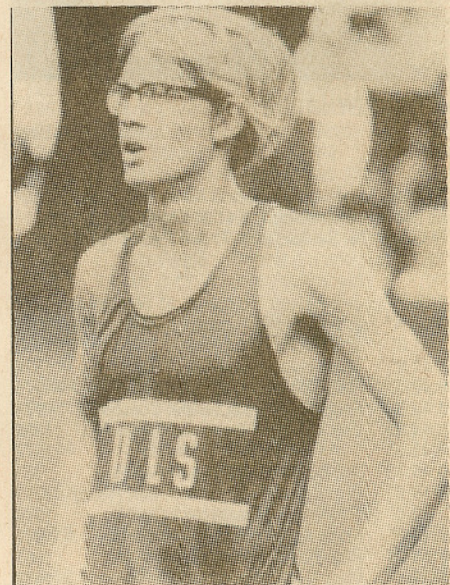
3:57.6*	Tim Danielson (ChVista) at SDiego-2	1966
4:00.6*	Rich Kimball (DeLaSalle, Concord)-1	1974
4:02.4*	Curtis Beck (Santa Monica)	1972
4:03.5*	Paul Medvin (University, L.A.)-2	1979
4:03.6*	Mark Schilling (Garden Grove)-1	1972
4:03.7*	Terry Cotton (Valley, El Cajon)	1972
4:03.98*	Mebrahtom Keflezighi (San Diego)-1	1994
4:04.15	Mark Mastalir (Jesuit, Carmichael)-1	1986
4:04.21*	Pedro Reyes (Jesuit, Carmichael)	1980
4:04.23	Eric Mastalir (Jesuit, Carmichael)	1986
4:04.66*	Steve Whitcomb (Helix, La Mesa)	1979
4:04.8*	Thom Hunt (Henry, San Diego)	1976
4:04.86*	Harold Kuphaldt (BVista, Fair Oaks)	1982
4:04.9*	Barrie Williams (North, Torrance)	1972
4:04.9*	Andy Clifford (Sunny Hills, Fullerton)	1974
4:05.1*	Mark Stillman (Willow Glen, SJose)-1	1977
4:05.2*	Ralph Serna (Loara, Anaheim)	1975
4:05.29*	Roman Gomez (Belmont, LA)-2	1985
4:05.4*	Armando Valencia (Valley, El Cajon)	1967
4:06.1*	Mark Fricker (Hemet)	1977
4:06.18	Larry Guinee (Castro Valley)-1	1980
4:06.2*	Pete Romero (Reedley)	1967
4:06.26	Coley Candaele (Carpinteria)-1	1990
4:06.4*	Alvin Gilmore (Lompoc)-1	1973
4:06.4*	Ray Wicksell (West Covina)	1974
4:06.4*	Stan Ross (Serra, San Mateo)	1977

3000 Meters

(* Enroute to Longer Distance)

Frosh: 8:44.5 David Naranjo (Sanger) 1983. **Soph:** 8:26.7+ Calvin Gaziano (Castro Valley) 1983. **Junior:** 8:19.9+ Harold Kuphaldt (Bella Vista, Fair Oaks) 1981. **Senior:** 8:07.60 Eric Mastalir (Jesuit, Carmichael) 1986.

8:07.60	Eric Mastalir (Jesuit, Carm) at Sacto	1986
8:09.0+	Eric Reynolds (Camarillo)	1983
8:10.54	Mark Mastalir (Jesuit, Carmichael)	1986
8:12.7+	Thom Hunt (Henry, San Diego)	1976
8:16.2+	Jeff Nelson (Burbank)	1979
8:16.3	Chuck Assumma (Eisen, Rialto)	1979
8:16.3	Richard Perez (San GorgSan Bern)	1980
8:16.79	Reggie Williams (RivCity, WSacto)	1988
8:17.5+	Jon Butler (Edison, HuntBeach)	1981
8:17.7+	Jay Marden (MissiJose, Fremont)	1981
8:18.2+	Mark Dani (Valhalla, El Cajon)	1986
8:19.9+	Harold Kuphaldt (B Vista, Fair Oaks)	1981
8:20.25	Paul Thomas (Jesuit, Carmichael)	1987
8:20.59	Daniel Das Neves (Helix, La Mesa)	1992
8:20.6	Roman Gomez (Belmont, LA)	1984
8:20.6+	Bryan Dameworth (Agoura)	1990
8:21.0+	Mike Carlton (Northview, Covina)	1981
8:21.3+	Jesse Torres (Indep, San Jose)	1981
8:21.6	Matt Blaty (Marina, Hunt Beach)	1979
8:21.6	Jeff Vandereems (Mission Viejo)	1979
8:22.0	Terry Williams (Lompoc)	1973



RICH KIMBALL

8:22.26	Jimmie Rodriguez (Santa Ana Valley)	1989
8:22.4	Mark Junkermann (Los Alamitos)	1983
8:23.11	David Welsh (Jesuit, Carmichael)	1989
8:23.2+	Mark McAboy (Miramonte, Orinda)	1986

3200 Meters

(* 2 Miles Minus 3.6)

State Meet Record: 8:44.9 Eric Hulst (Laguna Beach) at San Diego 1975. **Frosh:** 9:00.8* Eric Hulst

continued next page...

All-Time CALIFORNIA High School Boys List



ERIC REYNOLDS

Photo by Burt Davis

(Laguna Beach) 1973. **Soph:** 8:46.9* Eric Hulst (Laguna Beach) 1974. **Junior:** 8:41.3* Eric Hulst (Laguna Beach) 1975. **Senior:** 8:32.7* Jeff Nelson (Burbank) 1979.

8:32.7*	Jeff Nelson (Burbank) at Westwd-2	1979
8:40.4*	Eric Reynolds (Camarillo)-1	1983
8:41.0*	Eric Hulst (Laguna Beach)-2	1976
8:41.6*	Thom Hunt (Henry, San Diego)	1976
8:42.3*	Ralph Serna (Loara, Anaheim)	1975
8:42.9*	Rich Kimball (DeLaSalle, Concord)-1	1974
8:44.95	Eric Mastalir (Jesuit, Carmichael)-1	1986
8:45.2*	Curtis Beck (Santa Monica)-1	1972
8:46.78	Jon Butler (Edison, Hunt Beach)-1	1981
8:48.8*	Chuck Assumma (Eisenhower, Rialto)	1979
8:49.0*	Don Moses (Crescenta Valley)	1976
8:49.3*	Frank Assumma (Eisen, Rialto)-1	1977
8:49.4*	Pete Romero (Reedley)-1	1967
8:49.7*	Marc Genet (Santa Ana)	1972
8:49.8*	Rod Berry (Redwood, Larkspur)	1977
8:49.9*	Dave Taylor (Merced)	1972
8:50.15	Todd Lewis (Burbank)	1989
8:50.2*	Dale Fleet (Claremont, San Diego)-1	1971
8:50.2*	Mark Spilsbury (Foothill, Tustin)	1976
8:50.6*	Jim Salcido (Sunny Hills, Fullerton)	1972
8:50.8*	Jose Amaya (Wilson, Los Angeles)	1971
8:50.8*	Gordon Innes (Upland)	1971
8:50.8*	Sal Godinez (Salesian, Los Angeles)	1976
8:51.0*	Bob Grubbs (Washington, Fremont)	1972
8:51.15*	Marc Dani (Valhalla, El Camino)	1986
8:51.15*	Jay Marden (MissSan Jose, Fremont)	1981

100 Meter Hurdles

(* 120 Yards Plus 0.03)

State Meet Record: 13.41-Steve Kerho, Mission Viejo, @ Sacramento, 1982. **Frosh:** 14.89 Rambo (Poly, Long Beach) 1994. **Soph:** 14.37 Kyle O'Neill (Bella Vista, Fair Oaks) 1992. **Junior:** 13.69* Phillip Johnson (Gardena) 1977. **Senior:** 13.41 Steve Kerho (Mission Viejo) 1982.

13.41	Steve Kerho (MissViejo) at Sacto-1	1982
13.67*	Phillip Johnson (Gardena)-1	1978
13.67	David Ashford (West Covina)-1	1981
13.67	Isaac Carson (Jefferson, DalyCity)-1	1991
13.73	Don Ward (St. Mary's, Berkeley)-1	1980
13.79	Henry Andrade (H Johnson, Sacto)	1980
13.79	Troy Weaver (Edgewood, Covina)	1982
13.80	Ron Brown (Bishop Amat, La Puente)	1982
13.81*	Ken Margerum (Fountain Valley)	1977
13.84	Shelton Boykin (San Fernando)	1987
13.84	Dana Hall (Ganessa, Pomona)-1	1987
13.85	Ronnie McCoy (Edison, Fresno)	1981
13.87*	Milan Stewart (West Covina)-1	1978
13.87	Drue Powell (Reseda)-1	1993
13.88	Robert Reading (St. Mary's, Berk)-1	1985
13.88	Terry Johnson (Katella, Anaheim)-1	1986
13.88	Ron Copeland (Dorsey, LA)	1987
13.90*	Jim Scannella (San Ramon, Danville)-1	1979
13.90	Erick Montgomery (Indep, San Jose)	1983
13.91*	Tonie Campbell (Banning, Wilmin)	1978
13.91*	Gary Lee (Poly, Long Beach)	1979
13.91	Raymond Young (Hawthorne)-1	1984
13.92	Mark Boyd (St. Mary's, Berkeley)-1	1983
13.93	Rod Green (Palo Alto)	1983
13.93	Mo Hill (Stagg, Stockton)	1983

Hand Timing:

13.2y	Dedy Cooper (Harry Ells, Richmond)	1975
13.3y	Robert Gaines (Kennedy, Rich)-1	1975
13.3y	Jon Peterson (Saddleback, SAna)	1975
13.3y	Phillip Johnson (Gardena)-1	1978
13.5y	Ken Margerum (Fountain Valley)	1977
13.6y	Charles Jackson (Lompoc)-1	1971
13.6y	Dan Jones (Palo Verde, Blythe)-1	1972
13.6y	Tom Andrews (West, Bakersfield)	1973
13.6y	Carl Florant (Palo Alto)	1973
13.6y	Mike Harris (Indio)	1974
13.6y	Wilbur Gregory (Mission Viejo)	1975
13.6y	Tonie Campbell (Banning, Wilm)	1978

300 Meter Intermediate Hurdles

(* 330 Yards Minus 0.19)

State Meet Record: 35.50 George Porter (Cabrillo, Lompoc) at Sacramento 1985. **Frosh:** 38.07 Rambo (Poly, Long Beach) 1994. **Soph:** 37.69 Ken Haslip (Muir, Pasadena) 1992. **Junior:** 36.10 George Porter (Cabrillo, Lompoc) 1984. **Senior:** 35.32 George Porter (Cabrillo, Lompoc) 1985.

35.32	George Porter (Cab, Lom) Walnut-2	1985
35.43	John Montgomery (Indep, SJose)-1	1988
36.44	Kevin Jones (Mt. Miguel, SprValley)	1988
36.56	Michael Graham (Hawthorne)	1985
36.65	Ken Haslip (Muir, Pasadena)-2	1994
36.71	Kenny Hall (Ganessa, Pomona)	1985
36.74	Keith Pontiflet (Esperanza, Anaheim)	1985
36.76	Mike King (Menlo-Atherton)	1985
36.80	Raymond Young (Hawthorne)	1984
36.80	Jason Medearis (Hart, Newhall)	1994

36.83	Anthony Reynolds (Fremont, L.A.)	1984
36.84	Gordon Bugg (West Covina)	1984
36.88	Yki Vallery (Hawthorne)-1	1987
36.88	Keith Williams (Escondido)-1	1991
36.90	Bill Gaines (Independence, SJose)	1986
37.07	Chris Redmond (Vallejo)	1992
37.08	Nate Wright (Oakland)	1988
37.10	Al Blades (Muir, Pasadena)	1984
37.13	Dana Hall (Ganessa, Pomona)	1987
37.17	Diatori Gildersleeve (Grant, Sacto)	1988
37.20	Craig Cooper (Fairfield)	1984
37.20	Jay Taylor (St. Augustine, San Diego)	1985
37.21	Rodney Jett (Hiram Johnson, Sacto)	1984
37.25	Coke Edmon (Bellarmine, San Jose)	1994

Hand Timed: (*330 yards minus 0.2):

36.2*	Dedy Cooper (Harry Ells, Richmond)	1975
36.2*	Charles White (San Fernando)	1976
36.9	Andre Phillips (Silver Crk, San Jose)	1977
36.9	Jim Scannella (SRamon, Danville)	1979
37.0	Gary Lee (Poly, Long Beach)	1979
37.0	James Knowles (Blair, Pasadena)	1981

High Jump

State Meet Record: 7-3 1/4 Lee Balkin (Glendale) at Sacramento 1979. **Frosh:** 6-8 3/4 Ruben Hendrix (South, Bakersfield) 1987. **Soph:** 7-1 Kenny Burke (Westlake, Simi Valley) 1983. **Junior:** 7-3 Maurice Crumby (Balboa, S.F.) 1982. **Senior:** 7-4 1/2 Maurice Crumby (Balboa, S.F.) 1983.

7-4 1/2	Maurice Crumby (BalS.F.) @ Stan-2	1983
7-4	Jeremy Fischer (Camarillo)-1	1994
7-3 1/4	Lee Balkin (Glendale)-1	1979
7-3	Reynaldo Brown (Compton)-3	1968
7-3	Tim Poltt (Alemany, Mission Hills)	1979
7-3	Jeff Rogers (Overfelt, San Jose)	1985
7-3	Avery Anderson (North, Riverside)-1	1991
7-2 1/4	Jeff Nadeau (Monroe, Sepulveda)-1	1993
7-2	Billy Hice (Oakland)	1977
7-2	Dennis Smith (Santa Monica)-1	1977
7-2	Kerry Myers (Berkeley)	1978
7-2	Frank Schiefer (Madison, SDiego)	1979
7-2	Kenny Burke (Westlake, Simi Vly)-1	1984
7-2	Reggie Betton (Ant Vly, Lano)-1	1988
7-2	Art Lloyd (Eisenhower, Rialto)	1994
7-1 3/4	Mark Wilson (Monte Vista, Danville)	1974
7-1 1/2	Dwight Stones (Glendale)-1	1971
7-1 1/2	Todd Kelly (Big Valley, Bieber)	1993
7-1 1/4	Otis Hailey (Wasco)	1968
7-1 1/4	Luis Juico (Piedmont Hills, SJose)-1	1987
7-1	Rob Olson (El CamReal, Wldnd H)	1977
7-1	Greg Denby (Crenshaw, L.A.)-1	1980
7-1	Anthony Caire (Pius X, Downey)-1	1981
7-1	Maury Burnett (Washington, L.A.)	1982
7-1	Andre La Coste (Lakewood)	1988
7-1	Mark Wilson (charter Oak, Covina)-1	1989
7-1	Kevin Carlson (Katella, Anaheim)-1	1991

Pole Vault

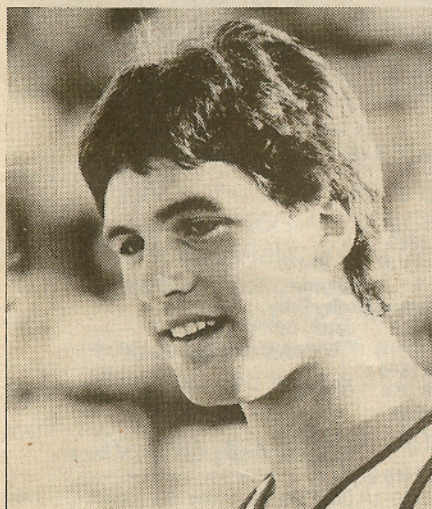
State Meet Record: 17-0 1/2 Anthony Curran (Crespi, Encino) at Bakersfield 1978. **Frosh:** 14-8 3/4 Anthony Curran (Crespi, Encino) 1975. **Soph:** 16-2 Brent Burns (Acalanes, Lafayette) 1985. **Junior:** 17-6 Brent Burns (Acalanes, Lafayette) 1986. **Senior:** 18-2 Brandon Richards (San Marcos, Santa Barbara) 1985.

18-2	Brandon Richards (SMar, S.B.) @ Eug.	1985
17-8 1/2	Brent Burns (Acalanes, Lafayette)-1	1987
17-4 1/4	Anthony Curran (Crespi, Encino)-2	1978
17-4	David Cox (Hoover, Fresno)-1	1991
17-1	Tye Harvey (Sonora)	1993

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All-Time CALIFORNIA High School Boys List

17-0 3/4	Matt Warwick (Hesperia)	1988
17-0 3/4	Scott Slover (Leland, San Jose)-2	1994
17-0 1/2	Doug Fraley (Clovis West)	1983
17-0	Mike Kibort (Saratoga)-1	1982
17-0	Tom Parker (Notre Dame, ShOaks)	1988
16-8 3/4	Steve Smith (South, Torrance)-2	1969
16-8 3/4	Mike Tully (Millikan, Long Beach)	1974
16-7	Robert Pullard (Los Angeles)	1969
16-6 3/4	Paul Wilson (Warren, Downey)-2	1965
16-6	Brian Worden(Notre Dame, ShOaks)	1975
16-6	Greg Ernst (El Dorado, Palacencia)	1978
16-6	Tom Richards (San Marcos, S.B.)-1	1988
16-6	Borys Orloff (St.John Bosco, Bellfir)	1994
16-6	Robbie Weighall (Foothill, Bkfld)	1994
16-5	Jon Vaughn (Corona)	1966
16-4 3/4	Paul Heglar (Muir, Pasadena)	1966
16-4 3/4	Esa Sallinen (Burroughs, Burbank)	1994
16-4	Dave Noel (Edison, Hunt Beach)	1988
16-4	Jesse Stern (Harv/Westlake, L.A)	1993
16-3 1/4	Keith Schimmel (Villa Park)	1975
16-3 1/4	Jim Sidler (Villa Park)	1977



BRANDON RICHARDS

Fine Flicks by Don Gosney

Long Jump

State Meet Record: 26-4 3/4 James Stallworth (Tulare) at Cerritos 1989. **Frosh:** 23-10 1/2 Johnny Johnson (Pacific Grove) 1963. **Soph:** 25-2 1/4 Johnny Johnson (Pacific Grove) 1964. **Junior:** 25-10 3/4 Heulon Hewitt (Merced) 1968. **Senior:** 26-4 3/4 James Stallworth (Tulare) 1989.

26-4 3/4	James Stallworth (Tulare) at Cerr-1	1989
26-3 3/4	Randy Williams (Edison, Fresno)-1	1971
26-2 1/4	Ken Duncan (McClatchy, Sacto)	1972
26-0 3/4	Jerry Proctor (Muir, Pasadena)-1	1967
26-0 3/4	Joe Richardson (Pasadena)-1	1984
26-0	Johnny Cleveland (Soquel)-1	1984
25-11 1/2	Larry Doubly (Manual Arts, L.A.)-1	1976
25-10 3/4	Heulon Hewitt (Merced)-1	1968
25-9 1/2	Gerald Hardeman (Edison, Fresno)	1972
25-7	James McAlister (Blair, Pasadena)-1	1970
25-6 1/4	Ted Hammond (Compton)	1973

25-5 1/2	Percy Knox (Antelope Vly, Lanc)-1	1987
25-5 1/4	Doyle Steel (San Diego)-1	1966
25-5	Carl McCullough (Sacramento)-1	1972
25-5	Gerald Price (UnivCity, SDiego)-1	1990
25-4 3/4	Johnny Johnson (Pacific Grove)	1965
25-4 1/2	Oscar Bean (Jefferson, L.A.)-1	1956
25-4 1/4	Monte Upshaw (Piedmont)-2	1954
25-4	Donnie Butler (Fremont, L.A.)	1978
25-3 3/4	Diatori Gildersleeve (Grant, Sacto)-1	1988
25-3	Willie Davis (Roosevelt, L.A.)	1958
25-3	Bobby Bonds (Poly, Riverside)-1	1964
25-3	Ken Frazier (Mission, S.F.)	1981
25-2 1/2	George Brown (Jordan, L.A.)-2	1949
25-2	Phil Quinet (Homestead, Cupertino)	1968

Triple Jump

State Meet Record: 52-5 3/4 Marcus Hooks (Lakewood) at Norwalk 1986. **Frosh:** 48-4 Dave Tucker (S.J. Memorial, Fresno) 1968. **Soph:** 50-2 1/2 Ken Frazier (Mission, S.F.) 1980. **Junior:** 52-6 1/4 Dave Tucker (S.J. Memorial, Fresno) 1970. **Senior:** 53-6 1/2 Joe Richardson (Pasadena) 1984.

53-6 1/2	Joe Richardson (Pasa) at Sacto-1	1984
52-10 1/2	Charles Mayfield (Muir, Pasadena)	1980
52-6 1/4	Dave Tucker (S.J. Memorial, Fresno)	1970
52-6	Henry Ellard (Hoover, Fresno)-1	1979
52-5 3/4	Marcus Hooks (Lakewood)-1	1986
52-4 3/4	Ken Frazier (Mission, S.F.)-1	1981
52-3 1/2	Randy Williams (Edison, Fresno)	1971
52-0	Von Ware (RanBuenVista, Vista)-1	1994
51-11	Joel Smith (Cordova, R Cordova)-1	1987
51-8 3/4	MacArthur Anderson (Bakersfield)	1987
51-8	Mike Woods (Manual Arts, L.A.)	1963
51-7 3/4	Phouphet Singbradith(Mag, Anah)-1	1990
51-7 1/2	Vestee Jackson (McLane, Fresno)	1981
51-6 1/2	Greg Caldwell (Fremont, L.A.)-1	1976
51-5 3/4	Freeman Miller (Fremont, L.A.)-1	1980
51-3	Willie Banks (Oceanside)-2	1974
51-3	Ricky Holliday (Muir, Pasadena)	1980
51-2 1/4	Dokie Williams (El Cam, Oceanside)-1	1977
51-2 1/4	Tim Prince (Logan)	1988
51-2	Lenny McGill (OrGlen, Escondido)-1	1989
50-11 1/2	Harold Rucker (Silver Crk, San Jose)	1986
50-11 1/2	Terrance Strong (Bakersfield)-1	1984
50-11 1/4	DeAndre Roberson (W, Bakersfield)	1989
50-11	Dan Jackson (Oakland)	1975

Shot Put

State Meet Record: 74-4 3/4 Brent Noon (Fallbrook) at Cerritos 1990. **Frosh:** 59-8 Brent Noon (Fallbrook) 1987. **Soph:** 62-3 1/2 Brent Noon (Fallbrook) 1988. **Junior:** 69-8 1/4 Brent Noon (Fallbrook) 1988. **Senior:** 76-2 Brent Noon (Fallbrook) 1990.

76-2	Brent Noon (Fallbrook)-2	1990
69-6 1/2	Brian Blutreich (Capis Valley)-2	1985
69-3 3/4	Jim Neidhart (Newport Harbor)-1	1973
68-5 1/2	Steve Montgomery (Lass, Susanvil)-1	1976
68-5	Dave Kurrasch (Newport Harbor)-1	1975
67-9 3/4	John Hubbell (Poly, Long Beach)-1	1966
67-9	Terry Albritton (Newport Harbor)	1972
67-9	John McKenzie (Hart, Newhall)	1976
67-8 1/4	Dave Doupe (Inglewood)	1973
67-6 1/2	Randy Cross (Crespi, Encino)-1	1972
67-2 1/4	Mark Stevens (Newport Harbor)-1	1971
67-2	Dave Murphy (Sunny Hills, Fullerton)	1966
67-0	David Bultman (Royal, Simi)-1	1987
66-8	Mark Parlin (Esperanza, Anaheim)-1	1991
65-11 1/2	Curt Hampton (El Cajon)-1	1974
65-10 3/4	Dave Porath (Atwater)-1	1978

65-10	Steve Wilhelm (Fremont, Sunnyvale)	1967
65-9 3/4	John Buehler (Whittier)-1	1967
65-9	Dave Laut (Santa Clara, Oxnard)	1975
65-9	Jeff Stover (Chico)	1976
65-9	John Bender (Shafter)	1984
65-8 3/4	Randy Withrow (Pasadena)-1	1970
65-7 3/4	Don Castle (Cubberley, Palo Alto)	1961
65-7 1/4	Dave Gerasimchuk (Narb, Lomita)	1972
65-6	Bruce Wilhelm (Fremont, Sunny)-1	1963

Discus

State Meet Record: 203-4 Brian Blutreich (Capistrano Valley) at Sacramento 1985, and 203-4 Rob Powell (Redwood, Visalia) at Cerritos 1990. **Frosh:** 173-6 Antonio Dobbins (Burroughs, Ridgecrest) 1979. **Soph:** 182-5 Jeff Buckley (Bakersfield) 1990. **Junior:** 210-1 Jeff Buckley (Bakersfield). **Senior:** 210-8 Brian Blutreich (Capistrano Valley) 1985.

210-8	Brian Blutreich (Capistrano Valley)-1	1985
210-1	Jeff Buckley (Bakersfield)-1	1991
209-6	Dave Porath (Atwater)-1	1978
203-4	Rob Powell (Redwood, Visalia)-1	1990
201-6	Ray Burton (Vacaville)-1	1974
201-3	Chris Adams (Los Altos)-2	1970
200-8	Brent Noon (Fallbrook)	1990
200-7	Paul Bender (Shafter)-1	1980
200-4	Scott Endler (Hoover, Fresno)-1	1976
200-1	Scott Overton (Los Altos)-1	1972
199-0	John Wirtz (Leland, San Jose)-1	1988
198-6	Dave Voorhees (Tulelake)	1973
198-1	Gabe Torre (Notre Dame, Riverside)	1992
197-7	Pete Swanson (San Benito, Hollis)	1992
197-6	Kevin Richardson (Shafter)	1984
196-10	David Bultman (Royal, Simi)-1	1987
195-8	Billy Joe Winchester (Mt. MigSp. Vly)	1970
195-6	Chris DeMartini (St. Ign, San Fran)	1994
195-5	Lonnie Shelton (Foothill, Bkfld)-1	1973
195-4	Bob Stoeker (Los Altos)-2	1962
195-4	Tom Birtwhistle (Gunn, Palo Alto)	1969
194-10	David Thomson (Santa Ynez)-1	1977
194-7	Antonio Dobbins (Burr, Ridgecrest)-2	1981
194-2	Dave Hickson (Leland, San Jose)	1973
194-2	Darrell Elder (Redwood, Larkspur)	1974
194-2	Mark Parlin (Esperanza, Anaheim)	1991

400 Meter Relay

(* 440 Yards Minus 0.23)

State Meet Record: 40.24 Hawthorne (Alexander, Smith, Allen, Conway) at Cerritos 1989.

40.24	Hawthorne at Cerritos (Alexander, Smith, Allen, Conway)	1989
40.64	Hawthorne (Marsh, Graham, Parnam, Thomas)	1985
40.78	Muir, Pasadena-1 (Douglas, Ervin, Robertson, Ealy)	1987
40.82	Hawthorne (Marsh, Young, Parnam, Thomas)	1984
40.83	Edison, Fresno-1 (Cowings, Woods, Walker, Wheeler)	1983
40.86	Berkeley-1 (McCree, Robinson, Clewis, Murray)	1981
40.87	Hawthorne (Young, McGee, Young, Thomas)	1983
40.88	Taft, Woodland Hills (Feinstein, Roberts, Flores, Watts)	1987
40.91	Hawthorne (Hannah, Vallery, Carroll, Conway)	1987
40.92	Dorsey, Los Angeles (Boles, Williams, Williams, Jackson)	1981

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All-Time CALIFORNIA High School Boys List

40.93	Berkeley-1 (Davis, Henderson, Hunter, Usher)	1984
40.93	Muir, Pasadena (Limbrick, Ealy, Ervins, Jeffries)	1986
40.95	Washington (Los Angeles)	1990
40.98	Berkeley (Davis, Henderson, Hunter, Paulding)	1983
41.00	El Camino, Oceanside -1 (Powell, Eubanks, Owbsu, Forte)	1994
41.01	Oakland-1 (Porter, Watson, Williams, Watson)	1982
41.05	Washington, Los Angeles	1988
41.05	San Bernardino-1	1990
41.06	Morningside, Inglewood	1987
41.09	Muir, Pasadena (Carr, Haslip, Moore, Baldwin)	1994
41.11	Morningside, Inglewood (Lloyd, Butler, Reed, Taylor)	1994
41.11	Washington (Los Angeles)	1991
41.11	Muir, Pasadena	1983
41.12	Compton-1 (Person, Herurdi, Ephriham, Carrigan)	1991
41.13	Taft, Woodland Hills	1986

Hand Timing:
(* 440 yards minus 0.2)

40.8*	Wilson, San Francisco-1 (Farmer, Whitaker, Kirtman, Walker)	1973
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1600 Meter Relay

(* Mile Minus 1.1)

State Meet Record: 3:08.94 Berkeley (Walker, Richardson, Murray, Robinson) at Norwalk 1981.

3:07.40	Hawthorne @ Austin, Texas (Graham, Marsh, Kelly, Thomas)	1985
3:08.94	Berkeley -1 (Walker, Richardson, Murray, Robinson)	1981
3:09.45	Hawthorne -1 (Graham, Young, Kelly, Thomas)	1984
3:10.11	Hawthorne -1 (McGee, Torrence, Kelly, Thomas)	1983
3:10.33	Perris (Flenagh, Stamps, Jackson, Harris)	1983
3:10.37	Centennial, Compton -1 (Graham, Ware, Jackson, Turner)	1980
3:10.42	Berkeley (Dotson, Richardson, Walker, Robinson)	1980
3:10.46	Hawthorne -1 (Alexander, Conway, DelPino, Hannah)	1988
3:10.47*	Banning, Wilmington -1 (Davis, Caesar, Plalock, Lewis)	1978
3:11.10	Poly, Long Beach	1981
3:11.32	Compton (Davis, Taylor, Smith, Barksdale)	1980
3:11.77	Hawthorne -1 (Thomas, Carroll, Thomas, Hannah)	1987
3:11.81	Centennial, Compton (Pinchback, Ware, Jones, Graham)	1981
3:12.1*	Castlemont, Oakland -1 (Roberts, Morgan, Curry, Rodgers)	1971
3:12.21	Dorsey, Los Angeles -1	
3:12.3*	Westchester, Los Angeles (Brown, Lee, Jones, Pittman)	1978

3:12.45	Muir, Pasadena (Carroll, Anderson, Mathis, Brown)	1981
3:12.50	Morningside, Inglewood	1987
3:12.5*	Fremont, Los Angeles (Butler, Derry, Shelton, Daniels)	1978
3:12.54	Oakland	1981
3:12.54	Muir, Pasadena -1 (Carr, Haslip, Baldwin, Moore)	1994
3:12.6*	Pasadena -1 (Cleveland, Dancer, Sanford, Sanford)	1977
3:12.6*	Fontana (Cooper, Gary, Fowler, Bethany)	1978
3:12.64	Pasadena	1981
3:12.68	Hawthorne	1989

Miscellaneous Records

160 Y		
9.44	Mikel Sanford (Pasadena)	1979
9.3 ht	Tony Pitts (Valley, Santa Ana)	1978
(220 Y (str.))		
20.2	Forest Beaty (Hoover, Glendale)	1961
5000		
14:01.40	Eric Mastalir (Jesuit, Carmichael)	1986
6M		
27:58.0	Eric Hulst (Laguna Beach)	1976
10,000		
28:55.0	Eric Hulst (Laguna Beach)	1976
10M		
49:15.0	George Aguirre (Santa Barbara)	1975
1 Hr.		
12M,254Y	Ajim Baksh (Hollywood)	1975
Marathon		
2:23:47	Mitch Kingery (San Carlos)	1973
110 H (42")		
14.1	Dedy Cooper (Harry Ells, Richmond)	1974
180y LH (Straight)		
18.1	Steve Caminiti (Crespi, Encino)	1964
18.1	Earl McCullough (Poly, Long Beach)	1964
180y LH (turn)		
18.6	Wayne Collett (Gardena)	1967
18.6	Rich Graybehl (Las Lomas, Walnut Ck)	1974
300 LH		
35.52	Danny Harris (Perris)	1983
400 H		
51.5	Charles White (San Fernando)	1976
440y H		
52.7	Mark Low (Pomona)	1969
2000 SC		
5:43.9	Steve Guarrini (Santa Rosa)	1991
3000 SC		
9:10.8	Dave Daniels (San Geronio, S.Bern.)	1976
4x120 LH		
53.5	Franklin, Stockton	1974
4x120 HH		
58.4	Fresno (Larson, Cox, Lyons, Elders)	1971
4x200		
1:25.6	Berkeley	1976
Sprint Medley Relay		
3:21.1	Berkeley (Lewis, Murray, Robinson, Richardson)	1981



MITCH KINGERY

Photo by Lou Vincenti

4x800		
7:44.0y	El Cerrito (Stodden, Wolfe, Rice, Wood)	1969
Distance Medley Relay		
9:56.3	Jesuit, Carmichael (Thomas, Cahill, Mastalir, Mastalir)	1986
4x1500		
16:13.4	Compton	1987
4xMile		
17:13.2	Lompoc (Schankel, Fabing, Gilmore, Williams)	1973
SP (16 lb.)		
57-10	1/4 Dave Murphy (Sunny Hills, Fullerton)	1966
DT (4 lb. 6 oz.)		
177-4	Ray Burton (Vacaville)	1974
HT (12 lb.)		
219-2	Kevin McMahon (Bellarmine, San Jose) 1990	
HT (16 lb.)		
173-11	Chuck Vandagriff (Castro Valley)	1967
JT (Old)		
218-11	Mike Ostrom (Las Lomas, Walnut Creek) 1983	
JT (New)		
214-7	Greg Johnson (Woodside)	1990
Pentathlon		
3418	Dixon Farmer (Miramonte, Orinda)	1959
Decathlon		
7172	Tom Richards (San Marcos, S.B.)	1988

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