

**CIF San Francisco Section - 5/21/2011 to 5/28/2011**  
**Track and Field Championships**  
**Kezar Stadium**  
**Results**

**Girls 100 Meter Dash Varsity**

Meet: * 11.85 5/31/2003 Deanna Goodwin, Intl. Studies Academy					
Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Speech, Melanie	11	Lowell	12.58Q	3.2	3
2 Yao, Lisha	10	Galileo Academy	13.02Q	0.4	1
3 Perkins-Council, Kaylyn	10	Thurgood Marshall	13.16Q	2.7	2
4 Felicity, Serena	11	Abraham Lincoln	12.63q	3.2	3
5 Nash, Ashley	10	Balboa	13.35q	0.4	1
6 Deasis, Ezra	09	Abraham Lincoln	13.36q	0.4	1
7 Roth, Ella	09	Lowell	13.49q	0.4	1
8 Chu, Alaina	11	George Washington	13.76q	3.2	3
9 Woo, Samantha	11	Lowell	13.80	2.7	2
10 Ngan, Cynthia	10	Balboa	13.86	3.2	3
11 Leung, Vivian	10	Galileo Academy	13.93	2.7	2
12 Li, Felice	11	Lowell	14.10	0.4	1
13 Shao, Lina	10	Galileo Academy	14.38	3.2	3
14 Wong, Sherry	12	Galileo Academy	15.21	0.4	1
15 Acosta, Nezelle	11	Philip & Sala Bu	15.28	2.7	2
16 Feng, Ivy	10	Balboa	15.64	2.7	2

**Girls 200 Meter Dash Varsity**

Meet: * 24.40 5/31/2003 Deanna Goodwin, Intl. Studies Academy					
Name	Year	School	Prelims	Wind	H#
1 Speech, Melanie	11	Lowell	26.40Q	2.4	2
2 Che, Mandy	09	Lowell	26.63Q	1.3	1
3 Yao, Lisha	10	Galileo Academy	26.96Q	1.5	3
4 Felicity, Serena	11	Abraham Lincoln	27.18q	1.3	1
5 Gao, Katherine	12	Lowell	27.42q	1.3	1
6 Cash, Ke'Leah	12	Philip & Sala Bu	27.79q	2.4	2
6 Nash, Ashley	10	Balboa	27.79q	1.5	3
8 Lim, Valerie	12	Lowell	27.94q	2.4	2
9 Chu, Alaina	11	George Washington	29.27	2.4	2
10 Shao, Lina	10	Galileo Academy	30.10	1.5	3
11 Ngan, Cynthia	10	Balboa	30.33	1.3	1
12 Chac, Helen	11	Raoul Wallenberg	30.70	1.3	1

**Girls 400 Meter Dash Varsity**

Meet: * 55.63 2004 Chauncey David-Jacobs, Burton					
Name	Year	School	Prelims	H#	
1 Che, Mandy	09	Lowell	1:00.54Q	2	
2 Buergerhausen, Maria	10	Mission	1:00.62Q	1	
3 Cash, Ke'Leah	12	Philip & Sala Bu	1:02.54q	1	
4 Gao, Katherine	12	Lowell	1:02.91q	2	
5 Loeza, Guadalupe	10	Abraham Lincoln	1:04.07q	2	
6 Lim, Valerie	12	Lowell	1:05.08q	1	
7 Chan, Tiffany	09	Lowell	1:05.35q	1	
8 Chac, Helen	11	Raoul Wallenberg	1:08.33q	1	
9 Folk, Margaret	11	Mission	1:12.77	2	

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**Girls 1600 Meter Run Varsity**

Meet: * 4:56.02 1997		Jennifer Akana, Lowell	
Name	Year	School	Prelims
1 Sax, Prudence	09	Lowell	5:38.40Q
2 Richardson, Laura	09	Abraham Lincoln	5:43.70Q
3 Khuu, Elizabeth	12	George Washington	5:38.49Q
4 Wong, Beverly	11	George Washington	5:52.91Q
5 Slotterback, Anna	12	Abraham Lincoln	5:45.77q
6 Li, Susan	10	Lowell	6:02.88q
7 Li, Eileen	12	Lowell	6:07.47q
8 Odar, Janira	10	Mission	7:09.29q
9 Rodriguez, Tatiana	11	Lowell	7:15.14q
10 Feng, Miao Na (Jenny)	11	Mission	7:29.10q
11 Putul, Maria	10	Mission	7:29.72
12 Alvarez, Jessica	11	Mission	7:57.23

**Girls 100 Meter Hurdles 33" Low Varsity**

Meet: * 14.56 2002		Roshena Duree, Burton				
Name	Year	School	Prelims	Wind	H#	
1 Mc Carter, Selah	11	Mission	16.15Q	NWI	1	
2 Felicity, Serena	11	Abraham Lincoln	16.56Q	NWI	2	
3 Yee, Robin	09	Lowell	17.48q	NWI	1	
4 Nakayama, Taylor	10	Abraham Lincoln	17.88q	NWI	1	
5 Fang, Cecilia	10	Lowell	18.64q	NWI	1	
6 Lim, Emily	10	Lowell	18.67q	NWI	2	
7 Yu, Hester	12	Lowell	19.40q	NWI	2	
8 Kearns, Kendal	11	Abraham Lincoln	20.14q	NWI	2	
9 Roche, Emelie	11	George Washington	20.72	NWI	1	
10 Feng, Ivy	10	Balboa	21.60	NWI	2	
-- Simmons, Devan	09	Abraham Lincoln	DQ	NWI	1	

**Girls 300 Meter Hurdles 30" Low Varsity**

Meet: * 45.60 1990		Tanya Lazar-Lee, McAteer			
Name	Year	School	Prelims	H#	
1 Mc Carter, Selah	11	Mission	48.15Q	1	
2 Yee, Robin	09	Lowell	48.81Q	2	
3 Felicity, Serena	11	Abraham Lincoln	52.17q	1	
4 Fang, Cecilia	10	Lowell	52.27q	2	
5 Loeza, Guadalupe	10	Abraham Lincoln	53.55q	2	
6 Yu, Hester	12	Lowell	54.37q	1	
7 Simmons, Devan	09	Abraham Lincoln	55.18q	2	
8 Chan, Tiffany	09	Lowell	57.15q	1	
9 Kearns, Kendal	11	Abraham Lincoln	1:02.12	1	
-- Roche, Emelie	11	George Washington	DNF	2	

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**Girls Long Jump Varsity**

Meet: * 19-02.50 1992 Shena Ferguson, Washington				
Name	Year	School	Prelims	Wind
1 Speech, Melanie	11	Lowell	17-05.00q	NWI
2 Mc Carter, Selah	11	Mission	16-10.25q	NWI
3 Cai, Michelle	11	Abraham Lincoln	16-05.00q	NWI
4 Woo, Samantha	11	Lowell	15-05.00q	NWI
5 Roth, Ella	09	Lowell	14-10.00q	NWI
6 Simmons, Devan	09	Abraham Lincoln	14-01.50q	NWI
7 Leung, Vivian	10	Galileo Academy	14-00.50q	NWI
8 Acosta, Nezelle	11	Philip & Sala Bu	13-06.00q	NWI
9 Huynh, Stephanie	12	Lowell	13-01.00	NWI
10 Mo, Julie	12	Galileo Academy	12-05.00	NWI

**Girls Triple Jump Varsity**

Meet: * 39-07.75 2001 Roshena Duree, Burton				
Name	Year	School	Prelims	Wind
1 Cai, Michelle	11	Abraham Lincoln	35-02.00q	NWI
2 Lim, Emily	10	Lowell	34-09.00q	NWI
3 Mc Carter, Selah	11	Mission	34-00.75q	NWI
4 Yee, Robin	09	Lowell	33-01.00q	NWI
5 Gao, Katherine	12	Lowell	32-05.50q	NWI
6 Leung, Vivian	10	Galileo Academy	32-04.25q	NWI
7 Cai, Cathy	11	Abraham Lincoln	31-00.00q	NWI
8 Deasis, Ezra	09	Abraham Lincoln	29-08.75q	NWI
9 Mo, Julie	12	Galileo Academy	27-08.50	NWI
10 Huynh, Stephanie	12	Lowell	26-06.00	NWI

**Girls Shot Put Varsity**

Meet: * 48-11 5/29/2010 Chioma Amaechi, Abraham Linco				
Name	Year	School	Prelims	
1 Cai, Cathy	11	Abraham Lincoln	35-07.75q	
2 Speech, Melanie	11	Lowell	31-11.00q	
3 Cai, Michelle	11	Abraham Lincoln	30-07.25q	
4 Allston, Jaylyn	10	Abraham Lincoln	30-01.75q	
5 Lee, Michelle	11	Lowell	28-05.00q	
6 Wee, Ellen	11	Balboa	26-05.50q	
7 Jones, Emerald	11	Lowell	26-04.25q	
8 Veits, Helena	11	Abraham Lincoln	25-11.75q	
9 Ja, Alena	12	Lowell	24-03.50	
9 Ngan, Cynthia	10	Balboa	24-03.50	
11 Cash, Ke'Leah	12	Philip & Sala Bu	22-01.25	
12 Quan, Sophia	11	George Washington	19-08.00	

**Girls Discus Throw Varsity**

Meet: * 123-04 5/29/2010 Chioma Amaechi, Abraham Linc				
Name	Year	School	Prelims	
1 Allston, Jaylyn	10	Abraham Lincoln	105-10q	

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**....Girls Discus Throw Varsity**

2	Cai, Cathy	11	Abraham Lincoln	96-08q
3	Cai, Michelle	11	Abraham Lincoln	81-08q
4	Lee, Michelle	11	Lowell	78-06q
5	Veits, Helena	11	Abraham Lincoln	76-06q
6	Ja, Alena	12	Lowell	67-03q
7	Quan, Sophia	11	George Washington	57-00q
8	Yow, Mellisa	10	Galileo Academy	56-07q
9	Jones, Emerald	11	Lowell	56-06
10	Peng, Chanel	11	Galileo Academy	52-02
11	Li, Mellisa	10	Galileo Academy	49-10
12	Ong, Pamala	10	Galileo Academy	46-06

**Girls 100 Meter Dash Frosh-Soph**

Meet: \* 12.72 5/30/2009 Melanie Speech, Lowell

Name	Year	School	Prelims	Wind	H#
1	Zhang, Stephanie	10	George Washington	13.43Q	2.9 2
2	Sikorski, Malgosia	09	George Washington	13.55Q	3.3 1
3	Wu, June	10	Abraham Lincoln	13.87q	2.9 2
4	Louie, Ashley	10	Lowell	13.91q	3.3 1
5	Pan, Adrienne	09	Lowell	14.26q	2.9 2
6	Sar, Aileen	10	Balboa	14.54q	3.3 1
7	Wang, Winnie	10	Galileo Academy	14.71q	2.9 2
8	Onuoma, Grace	10	Galileo Academy	14.84q	3.3 1
9	Nie, Evelyn	10	Lowell	15.26	2.9 2
10	Zhao, Sally	09	Lowell	15.33	3.3 1
11	Chu, Melanie	10	Philip & Sala Bu	15.51	3.3 1
12	Guo, Jasmine	10	Balboa	15.72	3.3 1
13	Doan, Monica	09	Galileo Academy	16.09	2.9 2

**Girls 200 Meter Dash Frosh-Soph**

Meet: \* 26.12 5/26/2007 Katherine Jarvis, Lowell

Name	Year	School	Prelims	Wind	H#
1	Luong, Amy	09	George Washington	27.17Q	4.2 1
2	Sikorski, Malgosia	09	George Washington	27.96Q	2.0 2
3	Ta, Priscilla	10	Lowell	27.86q	4.2 1
4	Zhang, Stephanie	10	George Washington	28.22q	4.2 1
5	La, Maggie	09	George Washington	28.41q	2.0 2
6	Louie, Ashley	10	Lowell	29.19q	2.0 2
7	Phan, Stacey	10	Lowell	29.94q	2.0 2
8	Pan, Adrienne	09	Lowell	30.45q	4.2 1
9	Chiang, Adelyn	09	Balboa	31.00	4.2 1
10	Sar, Aileen	10	Balboa	31.33	2.0 2
11	He, Vicky	10	Balboa	33.41	4.2 1
12	Chu, Melanie	10	Philip & Sala Bu	33.43	2.0 2
13	Guo, Jasmine	10	Balboa	34.16	2.0 2

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**Girls 400 Meter Dash Frosh-Soph**

Meet: \* 1:00.71 5/26/2007 Katherine Jarvis, Lowell

Name	Year	School	Prelims	H#
1 Luong, Amy	09	George Washington	1:02.47Q	1
2 Ta, Priscilla	10	Lowell	1:03.92Q	2
3 La, Maggie	09	George Washington	1:06.38q	2
4 Chau, Tiffany	09	George Washington	1:06.84q	1
5 Phan, Stacey	10	Lowell	1:07.68q	2
6 Yee, Kimberly	09	Lowell	1:09.44q	1
7 Mercado, Andrea	09	Lowell	1:10.11q	1
8 Chiang, Adelyn	09	Balboa	1:10.51q	1
9 La, Ngan	09	Galileo Academy	1:11.26	2
10 Cai, Kayla	10	Balboa	1:12.06	2
11 He, Vicky	10	Balboa	1:15.59	2

**Girls 800 Meter Run Frosh-Soph**

Meet: \* 2:31.03 5/28/2005 Lucy Luong, Lincoln

Name	Year	School	Prelims	H#
1 Jiang, Judy	10	George Washington	2:43.46Q	1
2 Leung, Jenna	10	Lowell	2:54.27Q	2
3 Hossain, Navila	10	Lowell	2:49.04q	1
4 Mac, Virginia	09	Abraham Lincoln	2:57.52q	2
5 Mai, Tracy	09	Balboa	2:58.76q	2
6 Hwang, Katie	09	Lowell	2:59.60q	2
7 Hoang, Emily	10	Galileo Academy	3:03.56q	2
8 Tai, Priscilla	09	Lowell	3:04.92q	1
-- Tran, Stephanie	09	Abraham Lincoln	DQ	1

**Girls High Jump Frosh-Soph**

Meet: \* 4-08 5/29/2010 Dana Arzadon, Philip & Sala Bu

Name	Year	School	Finals	Points
Finals				
1 Wong, Lilia	09	Galileo Academy	4-02.00	10
2 Chau, Tiffany	09	George Washington	4-00.00	8
-- Ta, Priscilla	10	Lowell	DNF	

**Girls Long Jump Frosh-Soph**

Meet: \* 16-09.75 5/27/2009 Melanie Speech, Lowell

Name	Year	School	Prelims	Wind
Preliminaries				
1 Zhang, Stephanie	10	George Washington	15-05.50q	NWI
2 Yee, Kimberly	09	Lowell	15-02.25q	NWI
3 Chemel, Angeline	10	Abraham Lincoln	14-11.75q	NWI
4 Zheng, Deanna	09	Abraham Lincoln	14-07.50q	NWI
5 Chau, Tiffany	09	George Washington	14-07.00q	NWI
6 Leung, Jenna	10	Lowell	14-05.25q	NWI
7 Lee, Stephanie	09	Lowell	14-01.00q	NWI
8 Wong, Michelle	10	Abraham Lincoln	13-07.50q	NWI

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**....Girls Long Jump Frosh-Soph**

9 La, Ngan	09 Galileo Academy	12-11.00	NWI
10 Yan, Selena	09 George Washington	12-08.50	NWI
11 Zhao, Sally	09 Lowell	12-04.00	NWI
12 Tom, Beth	10 Abraham Lincoln	12-02.75	NWI
-- Chu, Melanie	10 Philip & Sala Bu	DNF	NWI
-- Cai, Kayla	10 Balboa	DNF	NWI

**Girls Long Jump Frosh-Soph**

Meet: \* 16-09.75 5/27/2009 Melanie Speech, Lowell

Name	Year School	Finals	Wind	Points
<b>Finals</b>				
1 Zhang, Stephanie	10 George Washington	15-05.50	NWI	10
2 Yee, Kimberly	09 Lowell	15-02.25	NWI	8
3 Chemel, Angeline	10 Abraham Lincoln	14-11.75	NWI	6
4 Lee, Stephanie	09 Lowell	14-10.00	NWI	4
5 Leung, Jenna	10 Lowell	14-09.50	NWI	2
6 Zheng, Deanna	09 Abraham Lincoln	14-07.50	NWI	1
7 Chau, Tiffany	09 George Washington	14-07.00	NWI	
8 Wong, Michelle	10 Abraham Lincoln	13-07.50	NWI	

**Girls Triple Jump Frosh-Soph**

Meet: \* 34-00.50 5/23/2007 Stephanie Cheung, Lowell

Name	Year School	Finals	Wind	Points
1 Zheng, Deanna	09 Abraham Lincoln	31-06.50	NWI	10
2 Wong, Michelle	10 Abraham Lincoln	30-05.50	NWI	8
3 Lee, Stephanie	09 Lowell	29-09.75	NWI	6
4 Yee, Kimberly	09 Lowell	29-07.75	NWI	4
5 Leung, Jenna	10 Lowell	29-06.00	NWI	2
6 Chemel, Angeline	10 Abraham Lincoln	27-04.50	NWI	1
7 Tom, Beth	10 Abraham Lincoln	26-03.25	NWI	

**Girls Shot Put Frosh-Soph**

Meet: \* 33-04 5/27/2009 Melanie Speech, Lowell

Name	Year School	Finals	Points
1 Atonoa, Theresa	09 Thurgood Marshall	23-00.75	10
2 Louie, Ashley	10 Lowell	22-02.75	8
3 Luu, Cori	09 George Washington	20-01.75	6
4 Velardez, Maya	10 Lowell	20-01.50	4
5 Amidei, Elenor	09 Abraham Lincoln	20-01.00	2

**Girls Discus Throw Frosh-Soph**

Meet: \* 100-10.50 5/21/2008 Chioma Amaechi, Lincoln

Name	Year School	Finals	Points
1 Huang, Serena	09 Galileo Academy	75-09	10
2 Yan, Selena	09 George Washington	68-05	8
3 Luu, Cori	09 George Washington	67-10	6

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4	Lin, Sidney	10	Galileo Academy	65-03	4
5	Amidei, Elenor	09	Abraham Lincoln	63-01	2
6	Lee, Stephanie	09	Lowell	62-03	1
7	Cheong, Betty	10	Galileo Academy	60-11	
8	Yang, Michelle	10	Galileo Academy	58-00	

**Boys 100 Meter Dash Varsity**

Meet: *	10.64	1982	Angelo McNeil (converted time), Galil
Meet:	10.64	1993	Rashan Sanders (converted time), Linc
Meet:	10.64	1985	Andre Alexander (converted time), Bal
Meet:	10.44	1976	Tequil Willis (converted time/dist),

Name	Year	School	Prelims	Wind	H#
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**Preliminaries**

1	Gubeladze, Lazare	12	Abraham Lincoln	11.28Q	2.4	1
2	Ganal, Remfel	11	Abraham Lincoln	11.33Q	3.6	3
3	Thomas, Artrix	12	Abraham Lincoln	11.42Q	5.0	2
4	Fields, Jayvon	11	Abraham Lincoln	11.51q	5.0	2
5	Warren, Gregory	12	Balboa	11.53q	5.0	2
6	Ho, Nelson	12	Lowell	11.61q	2.4	1
6	Arellano, Andres	11	Balboa	11.61q	2.4	1
8	Wang, John	11	Raoul Wallenberg	11.84q	3.6	3
9	Bailey, Wynton	11	Raoul Wallenberg	12.01	2.4	1
10	Decena, Lucas	11	Lowell	12.02	5.0	2
11	Xie, Simon	12	George Washington	12.12	3.6	3
12	Lu, John	12	Galileo Academy	12.33	5.0	2
13	Chan, Calvin	11	George Washington	12.36	5.0	2
14	Ng, Calvin	11	Raoul Wallenberg	12.49	3.6	3
15	Fung, Stephen	11	Galileo Academy	12.62	2.4	1
16	Guo, Timothy	11	George Washington	12.63	3.6	3
17	Abrego, Wilmer	11	Mission	12.83	3.6	3

**Boys 200 Meter Dash Varsity**

Meet: *	21.13	1995	Felton Charles, McAteer
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Name	Year	School	Prelims	Wind	H#
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1	Gubeladze, Lazare	12	Abraham Lincoln	22.10Q	2.8	1
2	Anderson, Deondre	12	Philip & Sala Bu	23.24Q	1.7	3
3	Warren, Gregory	12	Balboa	23.56Q	2.8	4
4	Ganal, Remfel	11	Abraham Lincoln	23.69Q	2.0	2
5	Arellano, Andres	11	Balboa	23.28q	1.7	3
6	Thomas, Artrix	12	Abraham Lincoln	23.46q	2.8	1
7	Ho, Nelson	12	Lowell	23.49q	2.8	1
8	Chan, Raymond	12	Lowell	23.76q	1.7	3
9	Wang, John	11	Raoul Wallenberg	23.94	2.0	2
10	Hewett, Richard	11	George Washington	24.06	2.8	4
11	Lantow, David	11	Balboa	24.19	2.8	1
12	Balestrieri, Nick	11	Lowell	24.48	2.8	4
13	Grabowski, Camilo	11	Lowell	24.61	1.7	3
14	Davis, Robert	12	Abraham Lincoln	24.75	2.8	4
15	Robinson, Reggie	11	Philip & Sala Bu	25.23	2.0	2
16	Zhu, Allen	12	Galileo Academy	25.28	2.0	2

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17 Ng, Calvin	11 Raoul Wallenberg	25.33	2.8	4
18 Fung, Stephen	11 Galileo Academy	25.72	1.7	3
19 Abrego, Wilmer	11 Mission	26.37	2.0	2
20 Yu, David	10 Galileo Academy	27.60	2.8	4
21 Tukung, Jacky	11 Mission	27.62	1.7	3

**Boys 400 Meter Dash Varsity**

Meet: * 47.84 1995		Felton Charles, McAteer	
Name	Year School	Prelims	H#
1 Stier, Noah	11 Lowell	52.83Q	1
2 Anderson, Deondre	12 Philip & Sala Bu	52.95Q	2
3 Burks, Steven	11 Abraham Lincoln	53.78Q	3
4 Chan, Raymond	12 Lowell	52.88q	1
5 Fleshman, Ryan	10 Mission	53.98q	1
6 Tang, Jeffrey	12 George Washington	54.35q	1
7 Balestrieri, Nick	11 Lowell	54.69q	2
8 Grabowski, Camilo	11 Lowell	54.82q	3
9 Roa, Henry	12 Galileo Academy	55.24	2
10 Easterling, Darren	11 Philip & Sala Bu	55.33	3
11 May, Dominic	09 Mission	56.89	2
12 Zhu, Allen	12 Galileo Academy	56.96	1
13 Kwong, Raymond	11 Galileo Academy	57.10	3
14 Lui, Jack	11 Raoul Wallenberg	57.27	1
15 Davis, Robert	12 Abraham Lincoln	58.61	2
16 So, Jacky	12 Abraham Lincoln	58.66	3
17 Lantow, David	11 Balboa	59.39	2
18 Fung, Samuel	12 George Washington	59.40	2
19 Evans, Alon	11 Balboa	59.41	3
20 Wu, Richard	12 George Washington	1:02.22	1

**Boys 800 Meter Run Varsity**

Meet: * 1:56.44 1991		Dustin Rawls (converted time),	
Meet: 1:55.34 1968		Geoffrey Henderson (convert. t	
Name	Year School	Prelims	H#
1 Chen, William	11 Lowell	2:01.93Q	1
2 Dickey, Kwame	12 Philip & Sala Bu	2:06.94Q	2
3 Stier, Noah	11 Lowell	2:10.84Q	3
4 So, Jacky	12 Abraham Lincoln	2:08.94q	2
5 Wang, Samuel	11 Lowell	2:11.35q	1
6 Mayhew, Darwin	11 George Washington	2:11.58q	3
7 Kwong, Raymond	11 Galileo Academy	2:14.04q	3
8 Li, Gavin	10 Lowell	2:16.15q	3
9 Auyoung, Johnny	12 Galileo Academy	2:19.37	1
10 Fung, Samuel	12 George Washington	2:21.77	1
11 Soon, Brendan	12 Galileo Academy	2:21.98	2
12 Gee, Christopher	11 Galileo Academy	2:24.26	1
13 Ngo, Patrick	09 Abraham Lincoln	2:26.81	2
14 Lin, Garvin	11 George Washington	2:32.37	3
15 Wu, Richard	12 George Washington	2:34.32	2



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Meet: * 4:15.13 2000 Jin Daikoku, Lowell			
Name	Year	School	Prelims
1 Gray, Patrick	12	Abraham Lincoln	4:36.03Q
2 Worthington, Corey	12	Lowell	4:45.42Q
3 Chen, William	11	Lowell	4:37.42Q
4 Harrington, Leo	12	Lowell	4:46.88Q
5 Mayhew, Darwin	11	George Washington	4:46.94q
6 Showa, Jeremie	10	Mission	4:51.15q
7 Huang, Andy	11	Abraham Lincoln	4:51.32q
8 Cheng, Ronald	12	Lowell	4:58.09q
9 Ng, Bryan	12	George Washington	5:04.61q
10 Marx, Tom	12	Raoul Wallenberg	5:11.49q
11 Soon, Brendan	12	Galileo Academy	5:14.42
12 Gee, Christopher	11	Galileo Academy	5:14.91
13 Li, Vincent	12	Galileo Academy	5:15.73
14 Auyoung, Johnny	12	Galileo Academy	5:18.19
15 Mui, William	12	Thurgood Marshall	5:24.86
16 Lin, Garvin	11	George Washington	5:29.02
17 Zarazoga, Martin	12	Raoul Wallenberg	5:29.67

**Boys 300 Meter Hurdles 36" Int. Varsity**

Meet: * 39.14 1989 Eddie Wong (converted time), Lin				
Name	Year	School	Prelims	H#
1 Lai, Johnny	12	Lowell	43.03Q	1
2 Stainier, Paul	11	Lowell	44.59Q	2
3 Chu, Cameron	11	Abraham Lincoln	44.34q	1
4 Reid, Louis	10	Balboa	45.02q	2
5 Zhu, Steven	11	Lowell	46.55q	1
6 Tang, Jeffrey	12	George Washington	47.19q	1
7 Chew, Wilton	12	Lowell	47.52q	2
8 Rato, Joseph	11	Abraham Lincoln	48.04q	2
9 Chen, Nathan	11	George Washington	49.38	2
-- Jordan, Marvin	11	Mission	DQ	1

**Boys Long Jump Varsity**

Meet: * 25-03.50 1981 Ken Frazier, Mission				
Name	Year	School	Prelims	Wind
1 Nelson, Quincy	12	Galileo Academy	20-10.00q	NWI
2 Davis, Robert	12	Abraham Lincoln	20-02.00q	NWI
3 Burks, Steven	11	Abraham Lincoln	19-09.00q	NWI
4 Ho, Nelson	12	Lowell	19-05.50q	NWI
5 Tse, Alan	11	Galileo Academy	19-04.00q	NWI
5 Jones, Kylan	09	Abraham Lincoln	19-04.00q	NWI
7 Hewett, Richard	11	George Washington	19-03.00q	NWI
8 Huynh, Charles	11	George Washington	19-01.50q	NWI
9 Demo, Dillon	11	Lowell	18-11.50	NWI
10 Ng, Renny	11	Lowell	18-09.25	NWI
11 Abilar, Allan	11	Philip & Sala Bu	18-06.75	NWI
12 Xie, Simon	12	George Washington	18-02.75	NWI

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13 Pollard, Max	11 Lowell	17-09.25	NWI
14 Guo, Timothy	11 George Washington	17-00.50	NWI
15 Lam, Soi	11 Thurgood Marshall	17-00.00	NWI
16 Gant, Jamari	11 Philip & Sala Bu	15-07.75	NWI
17 Robinson, Reggie	11 Philip & Sala Bu	15-04.75	NWI
-- Roque, Keene	11 Balboa	DNF	NWI

**Boys Triple Jump Varsity**

Meet: * 50-03.75 1981 Ken Frazier, Mission				
Name	Year	School	Prelims	Wind
1 Burks, Steven	11	Abraham Lincoln	39-11.00q	NWI
2 Ng, Renny	11	Lowell	38-11.50q	NWI
3 Jones, Kylan	09	Abraham Lincoln	38-07.25q	NWI
4 Xie, Simon	12	George Washington	38-02.50q	NWI
5 Ganal, Remfel	11	Abraham Lincoln	37-11.00q	NWI
6 Abilar, Allan	11	Philip & Sala Bu	37-04.25q	NWI
7 Stainier, Paul	11	Lowell	37-00.50q	NWI
8 Zhu, Steven	11	Lowell	36-11.00q	NWI
9 Demo, Dillon	11	Lowell	35-09.00	NWI
10 Easterling, Darren	11	Philip & Sala Bu	35-04.50	NWI
11 Huynh, Charles	11	George Washington	34-05.75	NWI

**Boys Shot Put Varsity**

Meet: * 60-09.25 1957 Mike Lewis, Lincoln				
Name	Year	School	Prelims	
1 Quan, Simon	11	Raoul Wallenberg	45-06.50q	
2 Luu, Colin	11	Abraham Lincoln	44-10.25q	
3 Osorio, Dangelo	12	Abraham Lincoln	41-05.75q	
4 Chang, Terry	12	Raoul Wallenberg	40-03.00q	
5 Jiang, Anson	12	George Washington	38-04.25q	
6 Johnson, Jerry	09	Abraham Lincoln	38-01.75q	
7 Snoddy, Seth	09	Abraham Lincoln	36-02.00q	
8 Sweets, Alonzo	11	Balboa	33-02.75q	
9 Lee, Joel	12	Lowell	33-00.00	
10 Lui, Chris	12	Lowell	31-11.00	
11 Li, Jeffrey	12	Lowell	31-07.75	
12 Palacios, Edgardo	12	Philip & Sala Bu	31-06.75	
13 Fong, Daniel	11	George Washington	30-11.00	
14 Zink, Stephen	11	George Washington	20-04.50	

**Boys Discus Throw Varsity**

Meet: * 170-01.50 1960 Alex Darnes, Polytechnic				
Name	Year	School	Prelims	
1 Luu, Colin	11	Abraham Lincoln	154-03q	
2 Johnson, Jerry	09	Abraham Lincoln	120-11q	
3 Osorio, Dangelo	12	Abraham Lincoln	120-01q	
4 Snoddy, Seth	09	Abraham Lincoln	117-06q	
5 Chang, Terry	12	Raoul Wallenberg	111-04q	

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**....Boys Discus Throw Varsity**

6 Sweets, Alonzo	11 Balboa	109-11q
7 Jiang, Anson	12 George Washington	109-04q
8 Quan, Simon	11 Raoul Wallenberg	108-02q
9 Lui, Chris	12 Lowell	102-02
10 Fong, Daniel	11 George Washington	92-08
11 Lee, Joel	12 Lowell	83-00
12 Palacios, Edgardo	12 Philip & Sala Bu	80-02
13 Li, Jeffrey	12 Lowell	73-07
14 Qiu, Wilson	12 George Washington	70-03

**Boys 100 Meter Dash Frosh-Soph**

Meet: \* 10.94 1985 Tom Cagle (converted time), Lincoln

Meet: 10.94 1999 Daryl Terrell (converted time), McAte

Name	Year	School	Prelims	Wind	H#
1 Leung, Preston	10	Lowell	11.85Q	2.3	1
2 Lee, Kenny	09	Galileo Academy	12.03Q	2.5	3
3 Alejandro, Marq	09	Abraham Lincoln	12.20Q	2.0	2
4 Lewis, Delfonse	10	Galileo Academy	12.13q	2.3	1
5 Yee, Mathew	10	Mission	12.22q	2.0	2
6 Okagaki, Kenny	09	Lowell	12.38q	2.3	1
6 Pan, Zi	10	Lowell	12.38q	2.5	3
8 Chen, Leighton	09	Lowell	12.51q	2.3	1
9 Ho, Garrick	09	Galileo Academy	12.53	2.0	2
10 Yee, Scott	09	Mission	12.60	2.0	2
11 Del Rosario, Jordan	09	Galileo Academy	12.93	2.5	3
12 Zheng, Johnny	10	Thurgood Marshall	13.00	2.3	1
13 Wong, Whislie	09	Balboa	13.08	2.0	2
14 Hoang, Daniel	09	Raoul Wallenberg	13.09	2.0	2
15 Shao, Johnny	10	George Washington	13.16	2.5	3
16 Nguyen, Kiet	09	Balboa	13.60	2.0	2
17 Quiros, Diego	09	Mission	14.05	2.5	3
18 Arellano, Adan	09	Balboa	14.30	2.3	1
19 Maral-Erdene, Temuulen	09	Mission	15.03	2.3	1

**Boys 200 Meter Dash Frosh-Soph**

Final was Wind Aided (2.1)

Meet: \* 22.34 2000 Steven Tate (converted time), Lincoln

Meet: 22.34 1977 Elbert Harris (converted time/dist),

Name	Year	School	Prelims	Wind	H#
1 Marrufo, Adan	10	Lowell	23.92Q	3.4	3
2 Hung, Eric	09	Galileo Academy	24.57Q	2.2	2
3 Lee, Kenny	09	Galileo Academy	25.20Q	2.7	1
4 Mena, Luis	10	Abraham Lincoln	24.74q	2.2	2
5 Pan, Zi	10	Lowell	24.86q	3.4	3
6 Haubenstock, Reed	10	Lowell	25.32q	3.4	3
7 Liu, Richard	10	Abraham Lincoln	25.33q	2.7	1
8 Chen, Leighton	09	Lowell	25.63q	2.7	1
9 Wong, Jason	09	George Washington	25.67	3.4	3
10 Ishiguro, Yasuyuki	09	Galileo Academy	25.69	3.4	3
11 Najara, Jeremiah	09	Abraham Lincoln	25.80	2.2	2

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12	Muhammad, Ibraheem	09	Galileo Academy	25.89	2.2	2
13	Burnoski, Joshua	09	Abraham Lincoln	26.61	2.7	1
14	Zhang, Joe	09	Balboa	26.77	2.7	1
14	Shao, Johnny	10	George Washington	26.77	2.2	2
16	Hoang, Daniel	09	Raoul Wallenberg	26.98	2.2	2
17	Wong, Whislie	09	Balboa	27.32	2.2	2

**Boys 400 Meter Dash Frosh-Soph**

Name	Year	School	Prelims	H#
Meet: * 51.71	1990	Sophorn Rasmeay, Galileo		
Meet: 51.14	1980	Angelo McNeil (converted time/di		
1	Marrufo, Adan	10	Lowell	54.59Q 2
2	Liu, Richard	10	Abraham Lincoln	55.99Q 3
3	Hogan, John	09	Lowell	56.04Q 1
4	Hung, Eric	09	Galileo Academy	56.16q 3
5	Cheung, Justin	09	Lowell	57.51q 2
6	Taxerman, Shawn	10	Lowell	57.90q 3
7	Wong, Jason	09	George Washington	57.96q 2
8	Mena, Luis	10	Abraham Lincoln	58.09q 1
9	Ishiguro, Yasuyuki	09	Galileo Academy	59.09 1
10	Li, Wenhui (Allen)	10	Mission	59.61 2
11	Najara, Jeremiah	09	Abraham Lincoln	59.72 1
12	Burnoski, Joshua	09	Abraham Lincoln	59.82 3
13	Garcia, Rene	09	Mission	1:00.13 2
14	Navarro, Alexander	12	Philip & Sala Bu	1:00.50 1
15	Mendoza, Omar	10	Galileo Academy	1:00.72 2
16	Zhang, Joe	09	Balboa	1:02.22 3

**Boys 800 Meter Run Frosh-Soph**

Name	Year	School	Prelims	H#
Meet: * 2:01.94	1986	C. Verse (converted time), Gal		
Meet: 2:01.74	1976	Fletcher Sanford (converted ti		
1	Chan, Steven	10	Galileo Academy	2:08.23Q 1
2	Chen, Donald	09	Lowell	2:08.80Q 2
3	Mei, Adrian	10	Abraham Lincoln	2:09.21Q 3
4	Niehaus, Maxwell	10	Lowell	2:11.48q 1
5	Wu, David	10	Galileo Academy	2:13.88q 3
6	Huang, Anderson	10	Lowell	2:14.03q 2
7	Tong, Brandon	10	Galileo Academy	2:14.48q 3
8	Zheng, Johnny	10	Thurgood Marshall	2:17.87q 1
9	Tan, Alvin	09	Galileo Academy	2:19.81 1
10	Garcia, Rene	09	Mission	2:20.62 2
11	Xie, Johnathan	09	Abraham Lincoln	2:21.22 3
12	Leong, Jordan	10	George Washington	2:23.40 1
13	Quintela, Raymond	09	George Washington	2:24.81 1
14	Kim, Nick	09	Abraham Lincoln	2:27.54 3
15	Hogan, John	09	Lowell	2:37.65 2
16	Wu, Ying Bin	09	Raoul Wallenberg	2:49.19 3

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**Boys 1600 Meter Run Frosh-Soph**

Meet: * 4:39.20 1995 Paul Choi, Lowell			
Name	Year	School	Prelims
1 Chan, Steven	10	Galileo Academy	4:47.59Q
2 Mei, Adrian	10	Abraham Lincoln	4:49.48Q
3 Nguyen, Brian	09	Lowell	4:52.39Q
4 Gray, Daniel	10	Abraham Lincoln	4:53.13Q
5 Lang, Raymond	10	Lowell	4:53.29q
6 Chow, Chris	10	Lowell	4:56.58q
7 Wu, David	10	Galileo Academy	4:57.53q
8 Ryan, Samuel	09	Lowell	5:03.94q
9 Xie, Johnathan	09	Abraham Lincoln	5:06.07q
10 Tong, Brandon	10	Galileo Academy	5:09.30q
11 Leong, Jordan	10	George Washington	5:10.48
12 Chang, David	10	George Washington	5:12.69
13 Anzueto, Patrick	10	George Washington	5:13.92
14 Tan, Alvin	09	Galileo Academy	5:24.01
15 Velasquez, Darwin	10	George Washington	5:35.96
16 Lui, Kendall	10	Balboa	5:46.07

**Boys 110 Meter Hurdles 36" Int. Frosh-Soph**

Meet: * 16.74 5/26/2010 Joseph Rato, Abraham Lincoln					
Name	Year	School	Prelims	Wind	H#
1 Diep, Henry	10	Balboa	16.77Q	NWI	1
2 Turks, John	10	George Washington	16.91Q	NWI	2
3 Frankel, William	10	Lowell	17.61q	NWI	1
4 Wang, Daniel	10	George Washington	18.03q	NWI	1
5 Yee, Mathew	10	Mission	18.34q	NWI	2
6 Lama, Sandip	09	George Washington	18.83q	NWI	2
7 Chiong, Justin	09	Abraham Lincoln	19.29q	NWI	2
8 Lew, Timothy	09	Lowell	20.04q	NWI	2
9 Zhu, Jimmy	10	Abraham Lincoln	20.99	NWI	2
10 Wong, Robert	09	Abraham Lincoln	21.09	NWI	1
11 Wong, Avery	10	Lowell	21.12	NWI	1

**Boys 300 Meter Hurdles 36" Int. Frosh-Soph**

Meet: * 41.80 2001 John Lee, Lowell				
Name	Year	School	Prelims	H#
1 Turks, John	10	George Washington	44.95Q	1
2 Frankel, William	10	Lowell	48.13Q	2
3 Zhu, Jimmy	10	Abraham Lincoln	48.34q	2
4 Leung, Jordan	10	Lowell	48.83q	1
5 Lama, Sandip	09	George Washington	49.50q	2
6 Chiong, Justin	09	Abraham Lincoln	50.04q	1
7 Lew, Timothy	09	Lowell	51.16q	2
8 Wong, Avery	10	Lowell	55.18q	1
-- Navarro, Alexander	12	Philip & Sala Bu	DNF	1

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**Boys High Jump Frosh-Soph**

Meet: * 6-03.50 1981		Justin Brown, Galileo			
Name	Year	School	Finals	Points	
<b>Finals</b>					
1 Muhammad, Ibraheem	09	Galileo Academy	5-08.00	10	
2 Frankel, William	10	Lowell	5-00.00	7	
2 Zhu, Aaron	10	Abraham Lincoln	5-00.00	7	
4 Snoddy, Douglas	10	Abraham Lincoln	4-10.00	4	
5 Chen, Kelvin	09	George Washington	J4-10.00	2	
6 Telfor, Devion	09	Abraham Lincoln	4-08.00	0.50	
6 Navarro, Alexander	12	Philip & Sala Bu	4-08.00	0.50	
8 Tan, Xiao	10	Lowell	J4-08.00		
9 Haubenstock, Reed	10	Lowell	J4-08.00		
9 Tan, Tony	10	Galileo Academy	J4-08.00		

**Boys Long Jump Frosh-Soph**

Meet: * 23-02.50 1985		Dominic Dupree, McAteer			
Name	Year	School	Prelims	Wind	
<b>Preliminaries</b>					
1 Leung, Preston	10	Lowell	19-01.00q	NWI	
2 Monterola, Bradley	10	Lowell	18-06.75q	NWI	
3 Leung, Jordan	10	Lowell	18-02.00q	NWI	
4 Wang, Daniel	10	George Washington	17-10.75q	NWI	
5 Chen, Kelvin	09	George Washington	17-04.00q	NWI	
6 Diep, Henry	10	Balboa	17-03.75q	NWI	
7 Haesbaert, Bruno	09	Lowell	17-00.00q	NWI	
8 Wong, Robert	09	Abraham Lincoln	16-02.00q	NWI	
9 Kwok, Charlie	09	Galileo Academy	15-07.50	NWI	
10 Lei, Jansen	09	Galileo Academy	14-11.75	NWI	
11 Telfor, Devion	09	Abraham Lincoln	14-10.00	NWI	
12 Navarro, Alexander	12	Philip & Sala Bu	14-08.00	NWI	
13 Arellano, Adan	09	Balboa	13-08.75	NWI	
14 Quiros, Diego	09	Mission	12-09.00	NWI	
15 Monalo, Michael	9	Thurgood Marshall	11-04.00	NWI	
-- Hui, Alvin	09	Abraham Lincoln	DNF	NWI	
-- Alejandro, Marq	09	Abraham Lincoln	DNF	NWI	

**Boys Long Jump Frosh-Soph**

Meet: * 23-02.50 1985		Dominic Dupree, McAteer			
Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1 Leung, Preston	10	Lowell	19-06.50	NWI	10
2 Monterola, Bradley	10	Lowell	19-04.75	NWI	8
3 Leung, Jordan	10	Lowell	18-02.00	NWI	6
4 Wang, Daniel	10	George Washington	17-10.75	NWI	4
5 Chen, Kelvin	09	George Washington	17-04.00	NWI	2
6 Diep, Henry	10	Balboa	17-03.75	NWI	1
7 Haesbaert, Bruno	09	Lowell	17-00.00	NWI	
8 Wong, Robert	09	Abraham Lincoln	16-02.50	NWI	

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**Boys Shot Put 10lb Shot Frosh-Soph**

Meet: * 54-10 1976		Alonzo Fluker, Galileo		
Name	Year	School	Finals	Points
1 Snoddy, Douglas	10	Abraham Lincoln	38-00.00	10
2 Liu, Raymond	10	Balboa	37-11.25	8
3 Jiang, Wilson	10	George Washington	37-01.75	6
4 Chew, Wesley	10	Abraham Lincoln	35-10.75	4
5 Telfor, Devion	09	Abraham Lincoln	31-10.50	2
6 Fujita, Hiromi	10	Lowell	30-03.75	1
7 Gu, Benson	10	Lowell	29-10.00	

**Boys Discus Throw Frosh-Soph**

Meet: * 143-10 1976		Roy Abendroth, Lowell		
Name	Year	School	Finals	Points
1 Snoddy, Douglas	10	Abraham Lincoln	99-02	10
2 Jiang, Wilson	10	George Washington	90-01	8
3 Fujita, Hiromi	10	Lowell	82-07	6
4 Telfor, Devion	09	Abraham Lincoln	80-07	4
5 Chew, Wesley	10	Abraham Lincoln	79-02	2
6 Gu, Benson	10	Lowell	66-08	1