# 32nd Annual Boys & 14th Annual Girls

## **CCS Frosh/Soph Track & Field Classic**

# Los Gatos High School Friday April 1, 2011

We would like to invite you to the CCS Frosh-Soph Track and Field Classic. The F/S Boys division is an invitational and a qualifying meet for the F/S Division of the CCS "Top 8" Classic, to be held on Friday, April 22, 2011 at Los Gatos High School. The F/S Girls is an <u>invitational only</u>, not a qualifying meet. This is the top F/S Invitational in our section. All times must be electronic to the thousands of a second (no hand times accepted).

ENTRY FEE: \$6.00 per event for individuals and \$16.00 per relay team.

All "ENTRIES" will be submitted to "www.directathletics.com" (see attached sheet)

Put your email address on entry form, in case, we have any questions concerning your entries. Entry Fees must be paid at the entrance gate. If any of your athletes do not make it into the F/S Classic, we will credit your school towards the CCS "Top 8" Meet.

**ENTRY DEADLINE:** All entries must be received by Direct Athletics on or before Saturday, March 26<sup>th</sup>.

No updates after the entry deadline. All coaches can verify entries on Tuesday,

March 29, 2011 at www.lynbrooksports.com". Entry Fees will be posted at www.lynbrooksports.com, by Tuesday, March 29, 2011.

MAKE CHECK PAYABLE TO: Los Gatos Athletic Association

Attn: F/S Top 8 Classic

Pay at the Gate or Send To: Los Gatos Athletic Association

P.O. Box 1334 Los Gatos, CA 95031

Scratch meeting will be held at 3:00 PM

#### **GENERAL INFORMATION:**

Award medals to first, second and third place finishers

Admission: Adult \$5.00 Students \$2.00

Finish Lynx timing system on the finish line, all weather track and runways

Athletic Trainer will be available at the meet

T-Shirts (\$12) and Programs (\$2) will be For Sale

#### MEET DIRECTORS

Willie Harmatz (408) 206-9973 or (408) 354-7365 email: willieharmatz@aol.com Mike Dudley (408) 509-7105

# ENTRIES MUST BE RECEIVED BY MIDNIGHT SATURDAY, MARCH 26, 2011

\*\*Entering times must be electronic – NO HAND TIMES ACCEPTED

### 32nd Annual Boys and 14th Annual Girls

### **CCS Frosh-Soph Track & Field Classic**

# Los Gatos High School Friday April 1, 2011

### **Time Schedule**

### Field Events

### **Running Events**

4:00 400m Relay Girls
4:05 Boys
4:15 1600m Run Girls
4:30 Boys
5:05 100m LH Girls
5:20 65m HH Boys
5:35 400m Girls
5:45 Boys
6:00 100m Girls
6:10 Boys
6:25 800m Girls
6:35 Boys
6:50 300m IH Girls
7:05 Boys
7:20 200m Girls
7:30 Boys
7:50 3200m Run Girls
8:10 Boys
8:30 1600m Relay Boys
8:45 Girls

- \*\*All boys in the Shot Put, Discus, Long Jump, Triple Jump get 3 attempts only
- \*\* All girls in the Shot Put, Discus, Long Jump, Triple Jump get 4 attempts only
- \*\* All High Jump and Pole Vault boys competition will end when we narrowed it down to the Top 8 qualifiers.
- \*\* All High Jump and Pole Vault girls competition will run to completion.

### 2011 CCS F/S Track and Field Classic

### **Entry Limitations and Fees**

### **BOY'S Divisions:**

Heats are seeded equally – this meet is a qualifying meet for the "Top 8" Classic to be held at Los Gatos High School on Friday, April 22, 2011.

100, 200	
400 07 1111 000 111	next 4 best times qualifies to the finals
400, 65 HH, 300 IH	
	next 5 best times qualifies to the finals
800	Top 36 entering times3 heats of 12Top 2 each heat plus the next
	6 best times qualifies to the finals
1600	Top 32 entering times2 heats of 16Top 3 each heat plus
	the next 10 best times qualifies to the finals
3200	
	the next 10 best times qualifies to the finals
4 X 100 Relay	Top 24 entering times3 heats of 8Winner each heat plus
4 X 400 Relay	the next 5 best times qualifies to the finals
Long, Triple Jump	. Top 18 entering marks2 flightsTop 9 qualifies to finals
	. Top 16 entering marks2 flightsTop 9 qualifies to finals
	. Top 16 entering marksTop 9 qualifies to finals
role vault	Top 14 entering marksTop 9 qualifies to finals

### **GIRL'S Division:**

Girls meet is an invitational only - no finals... Heats are seeded slow to fast

100, 200...... Top 24 entering times...3 heats of 8

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400, 100H, 300 IH Top 16 entering times2 heats of 8
800 Top 24 entering times2 heats of 12
1600 Top 32 entering times2 heats of 16
<b>3200</b> Top 22 entering times1 heats of 22
4 X 100 Relay Top 16 entering times2 heats of 8
4 X 400 Relay Top 16 entering times2 heats of 8
Long, Triple Jump Top 16 entering marks 2 flights
Shot Put, Discus Top 16 entering marks2 flights
High Jump Top 14 entering marks
Pole Vault Top 12 entering marks
Entry Fees:
\$6.00 per athlete per event = \$
(Number of Athletes per event) x \$ 6.00
\$16.00 per Relay Team = \$
(Total Number of Relay Teams) x \$ 16.00

Total=\$\_\_\_\_\_