

***Bill Kearney Invitational***  
**Salinas High Track & Field**  
***April 16, 2011***

Coaches,

Welcome to the 22<sup>nd</sup> annual Bill Kearney Invitational. Once again, the meet will be held at Hartnell College in Salinas.

We would like to accommodate as many schools as possible this year, but are limited to about 40. If your team has not attended our meet in the last few years or you are outside the Central Coast Section (CCS), please contact Roger Chagnon at [chagnon@ultimanet.com](mailto:chagnon@ultimanet.com).

All entries must be completed at [www.athletic.net](http://www.athletic.net) by April 13<sup>th</sup> at midnight.

We look forward to another great meet and hope to see you there!

Roger Chagnon  
Salinas HS Track & Field  
Meet Director – Bill Kearney Invitational

**Bill Kearney Invitational**  
**Salinas High Track & Field**  
**April 16, 2011**

**Host:** Salinas High Track & Field

**Contact:** Roger Chagnon, Meet Director  
(831) 796-7400 x3464 *school*; (831) 770-0919 *home*; [chagnon@ultimanet.com](mailto:chagnon@ultimanet.com)

**Location:** Hartnell College, Salinas, California

**Facilities:** Nine lane All-Weather track and runways. Spikes, 1/4 inch or less, are allowed on the track surface. Spikes longer than 1/4 inch will not be allowed and the athlete will be disqualified for that event. All shoes will be checked at the clerk of the course station at the time of checking in.

**Time:** Field events will start at **8:30 a.m.** See attached schedule.

Track event trials will start at **9:30 a.m.** At this time, preliminary heats will be conducted in the 100 m, 100 LH, 110 HH, 65 HH, & 200 m. Track event finals will begin immediately following the completion of the trials. See attached schedule.

- Entries:**
1. Entries are to be entered at <http://www.athletic.net> and must be received by **Wednesday April 13, 2011 at 11:59 p.m.** The meet manager will send each accepted team a confirmation email on Thursday April 14, 2011.
  2. Each team may enter **2** athletes per division in each event. **No entries over this limit will be accepted.**
  3. A name, time / distance mark **MUST** accompany each entry. Please enter **2011 marks only** and be as **honest & accurate** as possible.
  4. **NO ADDITIONS** will be accepted after the deadline and **NO ADDITIONS, WILL BE MADE ON MEET DAY!**  
**Substitutions may be made up to 8 p.m. Friday April 15<sup>th</sup> by phone or email.**  
**On meet day, substitutions will only be made up to 8:15 a.m. for field events and 9:00 a.m. for running events. Once the meet starts, no substitutions will be allowed.**

**Fees:** Entry fees are as follows: \$4.00 per entry (per individual event) and \$10.00 per relay team. Schools will be charged for the number of **ORIGINAL** entries received.  
*No refunds will be made for no shows! Entry fees must be paid the day of the meet or school purchase order must be presented.*

Please make checks payable to **Salinas High Track & Field** and send to:

Salinas High Track & Field  
726 South Main Street  
Salinas, California 93901  
Attn: Roger Chagnon

**Check-in:** **\*IMPORTANT\*** For all track events, athletes must check in at the clerk's table by the third call announcement. Runners will be scratched if they have not checked in by the time the check-in sheet leaves the clerk's table. Coaches, please make sure your athletes understand that it is their responsibility to check into an event. **See attached check-in procedures.**

Field event athletes will check in at the event location prior the start.

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- Admission:** Spectator admission is free.
- Seating:** **The bleachers are for spectators only.** No teams are allowed to “camp” on the infield. Teams may “camp” around the perimeter of the track.
- Warm-up:** All warm-up will be conducted outside the track area. **No warm up allowed on the track or infield.**
- Scoring:** Events will be scored in the following order: 10 – 8 – 6 – 4 – 2 – 1  
Alternates who place will count toward team scores.
- Awards:** Medals will be awarded for 1<sup>st</sup> thru 5<sup>th</sup> place in each event for all four divisions.  
A team trophy will be awarded to the top team in each division.
- T-shirts:** A limited supply of T-shirts will be available on meet day.
- Weights:** All throwing implements must be weighed prior to competition. A weighing station will be set up near the shot put ring.
- Coaches Meeting** A meeting will be held prior to the start of the trials (approx. 9:00 a.m.).

# 2011 Bill Kearney Invitational

## Salinas High Track Field

### Order of Events

#### 9:30 A.M. - TRACK

##### TRIALS

##### 100 Meters

F/S Girls, F/S Boys, V Girls, V Boys

##### 100 Meters Hurdles

F/S Girls, V Girls

##### 110 / 65 Meter Hurdles

V Boys, F/S Boys

##### 200 Meters

F/S Girls, F/S Boys, V Girls, V Boys

#### FINALS (approx. 11:30 A.M.)

##### 3200 Meters

V Girls, V Boys

##### 4x100 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 1600 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 100 / 110 / 65 Meter Hurdles

F/S Girls, V Girls, V Boys, F/S Boys

##### 400 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 100 Meters

F/S Girls, F/S Boys, V Girls, V Boys

##### 800 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 300 Meter Hurdles (Fast - Slow)

F/S Girls, V Girls, F/S Boys, V Boys

##### 200 Meters

F/S Girls, F/S Boys, V Girls, V Boys

##### 3200 Meters

F/S Girls, F/S Boys

##### 4x400 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

#### FIELD

##### 8:30 A.M. Group 1

Discus (3 attempts only) F/S Girls

##### 8:45 A.M. Group 2

Shot Put V Boys

Long Jump V Boys

Triple Jump V Girls

##### 9:00 A.M. Group 3

High Jump F/S Boys

Pole Vault F/S Girls

#### *Immediately Following Group 1, 2 & 3*

##### Group 4

Shot Put V Girls

Discus (3 attempts only) F/S Boys

Long Jump (3 attempts only) F/S Girls

Triple Jump (3 attempts only) F/S Boys

High Jump V Boys

Pole Vault V Girls

#### *Immediately Following Group 4*

##### Group 5

Shot Put (3 attempts only) F/S Boys

Discus V Boys

Long Jump V Girls

Triple Jump V Boys

High Jump V Girls

Pole Vault V Boys

#### *Immediately Following Group 5*

##### Group 5

Shot Put (3 attempts only) F/S Girls

Discus V Girls

Long Jump (3 attempts only) F/S Boys

Triple Jump (3 attempts only) F/S Girls

High Jump F/S Girls

Pole Vault F/S Boys

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**DEADLINE: Wednesday April 13<sup>th</sup> at 11:59 p.m.**

Entries shall be made at <http://www.athletic.net>; questions can be emailed to [chagnon@ultimanet.com](mailto:chagnon@ultimanet.com).

**Entry Fees**

School: \_\_\_\_\_ Fax #: \_\_\_\_\_

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

Please include your email address on the entry forms for quick confirmation of entry receipt.

Email address: \_\_\_\_\_

Event Fee: \$4.00 per entry / \$10.00 per relay team

Division:            Boys Varsity            # of Entries \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

                         Girls Varsity            # of Entries \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

                         Boys F/S                # of Entries \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

                         Girls F/S                # of Entries \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Sub Total = \_\_\_\_\_

Total # of Relays \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

**TOTAL = \_\_\_\_\_**

Please make checks payable to: **Salinas High Track & Field**

Send checks to: Salinas High Track & Field  
726 South Main Street  
Salinas, CA 93901  
Attn: Roger Chagnon

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**CHECK-IN PROCEDURES**

**Check-in Procedures – Field Events**

All field events will check in at the event site (boys long/ triple jump will be on the outside pit, girls on the infield pit)

Opening Heights and Progressions

**High Jump**

F/S Girls: 3'-10", 4'-1", 4'-4", 4'-6", 4'-8", ect

Var Girls: 4'-0", 4'-3", 4'-6", 4'-8", 4'-10", etc

F/S Boys: 4'-8", 4'-11", 5'-2", 5'-4", 5'-6", etc

Var Boys: 5'-0", 5'-3", 5'-6", 5'-8", 5'-10", etc

**Pole Vault**

F/S Girls: 6'-0", 6'-6", 7'-0", 7'-6", 8'-0", ect

Var Girls: 7'-0", 7'-6", 8'-0", 8'-6", 9'-0", etc

F/S Boys: 7'-6", 8'-0", 8'-6", 9'-0", 9'-6", etc

Var Boys: 9'-0", 9'-6", 10'-0", 10'-6", 11'-0", etc

**Check-in Procedures – Running Events:**

The clerk of the course will be located behind the start of the 100 meters. It is important that your athletes check in early, especially in the lane races. Lane assignments will not be given until prior to the start of the race. The check-in sheets will be pulled at the times designated below. If an athlete has not checked in by the time the sheets are pulled, then they will be dropped from the event, **NO EXCEPTIONS**. Races will then be seeded.

The following procedures will take place for check-in:

- All athletes in the **100 meter trials** must be checked in by 9:10 am.
- All athletes in the **110/100/65 high hurdles trials** must be checked in by 9:40 am.
- All athletes in the **200 meter trials** must be checked in by the end of the Varsity boys 100 trials.
- All athletes in the **Varsity 3200 meters** must be checked in by the start of the 200 meter trials.
- All **4x100 relay teams** must be checked in by the end of the 200 meter trials.
- All athletes in the **1600 meters** must be checked in by the end of the Varsity Boys 3200m.
- All athletes in the **400 meters** must be checked in by the end of the F/S Girls 1600 meters.
- All athletes in the **800 meters** must be checked in by the end of the Var Girls 400 meters.
- All athletes in the **300 hurdles** must be checked in by the end of the Var Boys 100 meter finals.
- All athletes in the **Frosh/Soph 3200 meters** must be checked in by the start of the F/S Boys 300 hurdles.
- All **4x400 relay teams** must be checked in by the start of the F/S 3200 meters.

If an athlete is not checked in by the time the check-in sheet is pulled, they will be **scratched** from that event. We want to ensure that the middle lanes are filled in the trials so that the fastest people will have the best chance to qualify to the finals. We also want to make sure the fast heats in the finals are as full as possible. We strongly suggest that once the 200 meter trials have begun, that you tell your athletes to check in to their other running events.

**\*\*Meet Management will not allow an athlete into the race once the sheets have been pulled from the check-in table and the race has been seeded.\*\***