

The All Comers "Twilight Mile"!

Come one, Come all!

Before you take a break from track here is one last chance to turn in a fast FAT "mile".

The "Twilight Mile" will be held at Los Gatos High School track on Wednesday at 7:30PM June 11th. Fully Automated Timing (courtesy of Hank Lawson). No fee, no t-shirts, no medals just one last FAT timed "mile" (1600) before summer. Results will be posted on Hank's web site, so meet directors or colleges will be able to verify the time.

To register or ask any questions send an email to CoachJerry@ICoachRunning.com