

FOX athletics

Racing Team 2007 Spring/Summer Track & Field

FOXathletics allows athletes to train for all track and field events, compete in USATF junior olympics or just work on running mechanics or sport specific speed.

Practices are held at the Graham Middle School all-weather track in Mountain View Mondays, Tuesdays and Thursdays 5-6:30.

* FOXathletics is now expanding into the North Bay with Training at the College of San Mateo, Mondays, Tuesdays and Thursdays 1:30-3.

FOXathletics offers both a youth program as well as high school elite athletes.

This year's team will travel to Sacramento, Fresno, Los Angeles, Indiana and Illinois along with local competitions.

\$350.00* for the season includes your FOXathletics racing jersey, certified coaching for all event groups, organized practices, clinic discounts and great camaraderie.

Go to www.foxathletics.com for a membership application, practice schedule and race calendar or call Coach Widstrand for more information.

* FOXathletics North summer fees are \$200 and begin Monday June 4th.