

CHANGES:

3/22/04 @ 10:36am -Girls DMR and Girls 4x800 Relay

ACCEPTED HIGH SCHOOL ENTRIES

Stanford Track & Field Invitational

Co-hosted by Palo Alto and Gunn High Schools

March 26-27, 2004

Cobb Track and Angell Field

This is the list of ACCEPTED high school entries for the meet. Athletes which could not be accommodated are not listed. Please note the additional information provided for some events.

Event 41 Boys 100 Meter Dash HIGH SCHOOL Prelims
The top 9 times will advance to the finals on Saturday.

```
=====
Name                               Year School
=====
```

1	Jeremiah Lewman	SR North Valley
2	Kenny O'Neal	SR Skyline
3	Ronnie Drummer	SR North Salina
4	Rashaad Nunnally	SR Sheldon-Sacr
5	Wopamo Osaisai	SR Pinole Valle
6	Levelle Hawkins	SR Edison (Stoc
7	Steven Conrad	SR Nevada Union
8	Alex Pearlstone	JR Sir Francis
9	Devon Mays	SO Lincoln (Sto
10	Evan Williams	JR Vacaville
11	Andre Springfield	JR University C
12	Sam Stroughter	SR Granite Bay
13	Mike Norris	SR Skyline
14	Pat Smith	SR St. Francis
15	James Montgomery	SO Cordova
16	Dywan Brown	SR Cordova
17	Kyle Breaw	SR Vintage
18	John Flaaten	SR Moreau Catho
19	Mychael Rowe	SR Laguna Creek
20	Aj Smith	SO James Logan
21	Jack Foley	SR Acalanes
22	Oliver Plattner	JR St. Francis
23	Garrick Wong	SR Lynbrook
24	Ameer Tillman	SR Dublin
25	DeShaun Dilworth	SR Vallejo
26	Jabari Stone	SR Seaside
27	Amos Carter	SR Vallejo
28	Durrell Roberts	SR Lynbrook
29	Desmond Morris	SR Fairfield
30	Jim Harris	SR Oakmont
31	Ryan House	SR Maria Carril
32	Anthony Bradshaw	SR San Ramon Va
33	Pearson Crichlow	SO Redwood Chri
34	Jerry Wright	SR University C
35	Michael Caruso	SR Santa Rosa
36	Ben Mierzwak	SO Laguna Creek
37	Brandon Edwards	JR Diamond Ranc
38	Aj Alcocer	SR Santa Rosa
39	Steve Cooper	JR University C
40	Evan Fernandez	SR California HS
41	Keith Randle	JR Pinole Valle

42	Daniel Durbin	JR Redwood Chri
43	Arvell Thompson	SR Oak Grove
44	Justin Robinson	JR Diamond Ranc
45	Kyle Providence	SR Elk Grove
46	Josh Fuchs	SO Sir Francis
47	James Stewart	JR Mt. Pleasant
48	Shyrod Taylor	SR Oak Grove
49	Bobby Kritzer	SR Monta Vista
50	Marvin McClendon	SR Edison (Stoc
51	Ross Teter	JR Piner
52	Jesse Gilbert	SR Half Moon Ba
53	Chris Foreman	JR Placer
54	Demondre Ward	FR Oakland
55	Kraig Kitong	SR Silver Creek
56	Paris Farr	SR California HS
57	Damien Kennedy	SR Grace Davis
58	Willie Sanchez	SR San Benito
59	Cameron Island	SO Skyline
60	Alex Harbison	SO Pinole Valle
61	Cameron Weber	JR Soquel
62	Terezz Canty	SO Oak Grove
63	Rahsaan Carty	SR Palo Alto
64	Issac Lewis	SO Placer
65	Kevin Johansen	SO Acalanes
66	Chris Cunningham	JR Half Moon Ba
67	Derome Fowler	SO Mountain Vie
68	Marquell Colston	JR Grace Davis

Event 42 Boys 400 Meter Dash HIGH SCHOOL

=====		
	Name	Year School
=====		
1	Angelo Fobbs-Valentino	SR Junipero Ser
2	Mike Foreman	JR Placer
3	Ryan Puckett	SR North Monter
4	Taimur Khan	SR Lynbrook
5	Michael Johnson	JR Lincoln (Sto
6	Nate Anderson	SO Benson
7	Steven Conrad	SR Nevada Union
8	Greg Dallaire	JR Crater
9	Marquis Brand	SR Vallejo
10	Austin Fowler	SR University C
11	John Flaaten	SR Moreau Catho
12	Troy Vincent	SR Clayton Vall
13	Ben Northon	SR Modesto
14	Will Bender	JR Fairfield
15	James Mitchell	SR University C
16	Jeremy Cortese	SR Vintage
17	Alex Love	JR Acalanes
18	Tony Garay	SR San Lorenzo
19	Sean Blair	JR James Logan
20	John Cortese	SR Vintage
21	Robert Colvin	FR Franklin
22	DeSean Watson	SO McClymonds
23	Mikey Lee	SR Madera
24	Kyle Christoffersen	JR Vallivue
25	Ya-Yah Abdull-Mateen	SR McClymonds
26	Jeffery Pennewell	SR Granada
27	Brandon Davis	FR Castlemont
28	Aj Smith	SO James Logan
29	Matt Wells	SR Maria Carril
30	David Wellman	SR Maria Carril
31	Tristen Warwick	SR Terra Linda

32	Josh Robinson	JR Skyline
33	Roberto Mc Bean	SR Berkeley
34	Josh Williams	JR Piner
35	Ryan Reid	SR Mountain Vie
36	Drew Hendrickson	SR Monte Vista
37	Michael Lopus	SR Monte Vista
38	James Page	JR Sheldon-Sacr
39	Morgan Gallegos	JR Grace Davis
40	Ross Teter	JR Piner
41	Tristan Tool	JR Miramonte
42	Tien Nguygen	SR Acalanes
43	Nathan Paterson	SO Grace Davis
44	Roma Block	SR Vintage
45	Joaquin Ortiz	SR Woodland
46	Ryan Brewer	SR Miramonte
47	Mark Lennon	JR Acalanes
48	James Thomas	JR Junipero Ser
49	J.T. Martin	JR The King's A
50	Arya Soltanieh	SR Carlmont
51	Gavin Yates	JR St. Mary's C
52	William Alleshouse	SR Saratoga
53	Merben Woo	SR North Salina
54	Bobby Morris	JR Scotts Valle
55	Jesse Rice	JR San Benito
56	Andrew Ruiz	SR Madera
57	Chad Tungate	JR San Benito
58	Josh Borenstien	JR Redwood
59	Cj Battey	JR Half Moon Ba

Event 43 Boys 1 Mile Run HIGH SCHOOL

=====		
	Name	Year School
=====		
1	Jk Withers	SR Cardinal New
2	Jacob Evans	SR Aptos
3	Alex Dunn	SR San Lorenzo
4	Jake Schmitt	JR Redwood
5	Stephen Pottey	SR Galena
6	Evan Anderson	JR Menlo Athert
7	Chris Fuller	SR Granite Bay
8	Jack Welch	SR Redwood Chri
9	Alex Guney	SR Bellarmine P
10	Aaron Shiber-Knowles	JR Skyline
11	Clavin Glass	SR Woodcreek (R
12	Andrew Lipkin	SR Gunn
13	Darren Matinson	SR Harbor
14	Carey Matthews	SR De La Salle
15	Jeremy Mineau	SR Menlo Athert
16	Cesar Calderon	SR Will C. Wood
17	Aaron Megazzi	SR Ferndale
18	Jeff Lease	SR Lincoln (Sto
19	Dawit Tesfasilassie	JR Piner
20	Nathan Huerta	JR North Monter
21	Marlon Patterson	SO Franklin
22	Chris Chavez	SR Santa Monica
23	Riley Booker	SO University C
24	Isaac Stoutenburgh	SO Crater
25	Eric Lee	SR Sir Francis
26	Daryl Zalan	JR Miramonte
27	Nick Brennan	SR Campolindo
28	Pedro Perez	SR Madera
29	Tim Quiroga	JR Ukiah
30	Chris Furnari	SR Junipero Ser

31	Yermie Cohen	JR Santa Monica
32	Erik Arreygue	JR Oakmont
33	Kc Cody	SR Montgomery
34	Jason Yow	JR Monta Vista
35	Wes Davison	SR Soquel
36	Nathan Ogden	SR Pleasant Val
37	John Wihtol	SR Jesuit
38	Silas Stafford	SR Santa Rosa
39	Jeff Gill	SR Soquel
40	Ken Brook	JR Oak Park
41	Johnathon Kimzey	JR Lincoln (Sto
42	Brian Whitley	SR Maria Carril
43	Ian Wintrup	SR Bellarmine P
44	Fiske Justin	SR Yuba City
45	Tim Bardet	SR Granite Bay
46	Josh Teitsch	SR University C
47	Devin Lewis	JR Merrill West
48	Rudy Martinez	SR Shasta
49	Claudio Moreno	JR Madera
50	Ed Baltierrez	SR Silver Creek
51	Samuel Jacobson	SR Crater
52	Luis Corvera	SR North Salina
53	Evan Meza	SR Diamond Ranc
54	Kenny Sparks	SR Castlemont
55	Ricky Martin	SR Davis
56	Michael Blair	SR Diamond Ranc
57	Kevin Hougen	SO Rocklin
58	Anthony Pulido	JR Madera
59	Mike Gerald	SR Woodland
60	Cheyne Inman	SR Vacaville
61	Martin Romero-Clark	JR Benson
62	Jose Garcia	SR North Monter
63	Neal Rodrigues	SO St. Joseph
64	Jonathan Rivera	SR San Benito
65	Matt Kiez	SR Lodi
66	Enrique Mendoza	SR Los Altos
67	Derrick Barcliff	JR Seaside
68	Aldaberto Corres	JR Seaside
69	John McGee	SR Gunn
70	Jeff Spencer	SO San Benito

Event 44 Boys 3000 Meter Run HIGH SCHOOL

1 Turn Stagger

=====		
	Name	Year School
=====		
1	Yosef Ghebray	JR James Logan
2	Zuber Ahmed	JR Benson
3	Stephen Pottey	SR Galena
4	Andrew Lipkin	SR Gunn
5	Tom Peterson	SR Beyer
6	Patrick Parsel	SR Carmel
7	Jk Withers	SR Cardinal New
8	Rudy Martinez	SR Shasta
9	Ben Sitler	SO St. Francis
10	Jeff Lease	SR Lincoln (Sto
11	Raul Tibaduiza	JR Galena
12	Kevin Chaves	SR St. Francis
13	Joel Buscheck	SR Miramonte
14	Justin Pines	SR Campolindo
15	Kc Cody	SR Montgomery
16	Daniel Geib	SO Galena
17	John Wihtol	SR Jesuit

18	John Figueiredo	JR Arcata
19	Marlon Patterson	SO Franklin
20	Kyle Shackleton	SR Carlmont
21	Drew Shackleton	SR Carlmont
22	Scott Bauhs	SR San Ramon Va
23	Nathan Huerta	JR North Monter
24	Aaron Megazzi	SR Ferndale
25	Alex Sharp	JR South Tahoe
26	Michael Delaurenti	SR Junipero Ser
27	Dallin Rosdahl	SR San Ramon Va
28	Dawit Tesfasilassie	JR Piner
29	Cheyne Inman	SR Vacaville
30	Alex Enscoe	SR Berkeley
31	Alex Duenas	SR Woodcreek (R
32	Jordan Page	JR Oak Park
33	Chris Wong	SR Bishop O'Dow
34	David Penskar	JR Miramonte
35	Travis Teitsch	SR University C
36	Zach Klapholz-Brown	JR Gunn
37	Greg Geldman	SR Los Gatos
38	Russell Carroll	JR Chico
39	Josh Harris	SR Vacaville
40	Ngoan Phan	SR Willow Glen
41	Daniel Jensen	SR Silver Creek
42	Michael Brew	SO Maria Carril
43	Thad Sieracki	JR Davis
44	Jason Engler	JR Granite Bay
45	Ryan Courtwright	SR Jesuit
46	Nic Riley	Berkeley
47	Joe Pluff	SR University C
48	Ken Brook	JR Oak Park
49	Ryan Aldridge	SO Maria Carril
50	Nathan Ogden	SR Pleasant Val
51	Jason Prado	SR Oakmont
52	Eddy McFarlin	SR Santa Rosa
53	Tim Cannon	SO Rocklin
54	Jose Tapia	JR Watsonville
55	Kevin Hougen	SO Rocklin
56	Beau Rogers	JR Watsonville
57	Chris Simpson	SO Monte Vista
58	Nebeker Kendon	SR Milpitas
59	Matt Dally	JR Carmel
60	Dan Smith	JR Bellarmine P
61	Dustin Cossio	SR Carlmont
62	Eric Webster	SR Enterprise
63	Eder Tostado	SR Watsonville
64	Gilbert Rosales	SR Willow Glen

Event 45 Boys 110 Meter Hurdles HIGH SCHOOL Prelims
The top 9 times will advance to the finals on Saturday.

Name	Year	School
1	Kevin Craddock	JR James Logan
2	Torsten Niegmann	JR Placer
3	Mathew Wirgler	SR Aragon
4	David Warfield	JR Vacaville
5	Bryan Enrici	SR Vacaville
6	Deloyd Gray	JR Laguna Creek
7	Alex Wilright	SO Franklin
8	Keawe Block	SR Seaside
9	Nicholas Cassell	SR California HS
10	Marques Morgan	SR Elk Grove

11	Moses Harris	JR Lincoln (Sto
12	Terry Prentice	FR Diamond Ranc
13	Ulysses Dalton	JR Vallejo
14	Matt Fitzgerald	JR Sheldon-Euge
15	Keith Nicosia	SR James Logan
16	David Klech	SO California HS
17	Burton Iosefa	JR Oak Grove
18	Arlando Chiles	JR James Logan
19	Jeremiah Lewman	SR North Valley
20	Bryan Frazier	SR Fairfield
21	Jullian Saaiman	SR Sheldon-Euge
22	Alex Doucet	SR North Monter
23	Marshall Olin	SR Santa Rosa
24	Nick Guttadauro	SR Archbishop M
25	Chris Stevens	SR Shasta
26	Dave Mildbrandt	SR Fortuna
27	Marcel Thompson	JR St. Ignatius
28	Ben Glicklin	SR Campolindo
29	Brian Glicklin	SR Campolindo
30	Jay Soomal	SR Yuba City
31	Andrew Williams-Allen	SO Skyline
32	Josef Adams	SR Vallejo
33	Justin Ta	SO Silver Creek
34	Joseph Ashufta	SR Palo Alto
35	David Lefebvre	JR Palo Alto
36	Robert Clemons	JR Diamond Ranc
37	Michael Lando	SR St. Ignatius
38	Dustin Young	SR Diamond Ranc
39	Robbie Salvage	JR Elsie Allen
40	Selwyn Daye	SR North Salina
41	Jared Totemeier	FR Elsie Allen

Event 46 Boys 400 Meter Hurdles HIGH SCHOOL

Name	Year	School
1	Kevin Craddock	JR James Logan
2	Jeremiah Lewman	SR North Valley
3	Justin Vincent	SR Clayton Vall
4	Jeremy Jones	SR Castlemont
5	Chris Sansoe	JR De La Salle
6	Torsten Niegmann	JR Placer
7	David Klech	SO California HS
8	Mathew Wirgler	SR Aragon
9	Scott Robinson	JR Santa Clara HS
10	Chris Stevens	SR Shasta
11	Justin Hall	SO Lodi
12	Jullian Saaiman	SR Sheldon-Euge
13	Jordan Stevenson	SR Elk Grove
14	Terry Prentice	FR Diamond Ranc
15	Burton Iosefa	JR Oak Grove
16	Alex Wilright	SO Franklin
17	Robert Brazier	SR Elk Grove
18	Dave Mildbrandt	SR Fortuna
19	Curtice Hines	JR Seaside
20	Cappy Sorentino	SR Santa Rosa
21	Elbert Mock	SO Franklin
22	Justin Peck	SR Aptos
23	Nick Guttadauro	SR Archbishop M
24	Ryan Mitchell	SO Sierra
25	Steven Buller	JR Junipero Ser
26	Jay Soomal	SR Yuba City
27	Deloyd Gray	JR Laguna Creek

28	Alex Murray	SR Granada
29	Kaoru Takada	JR Cupertino
30	Dylan McMahan	JR Granada
31	Hiroaki Rodrigues	JR Bellarmine P
32	Elliot Collins	JR Granada
33	Aaron Macklin	JR Redwood Chri
34	Robert Clemons	JR Diamond Ranc
35	Ben Flamm	JR Palo Alto
36	Andrew Williams-Allen	SO Skyline
37	Isaac Borowiec	SR San Lorenzo
38	Joseph Ashufta	SR Palo Alto
39	Bret Johnson	JR Redwood
40	Ulysses Dalton	JR Vallejo
41	William Todd	JR Vallejo
42	Jp Landry	JR Placer
43	Michael Lando	SR St. Ignatius

Event 47 Boys 4x100 Meter Relay HIGH SCHOOL Prelims
The top 9 times will advance to the finals on Saturday.

=====

School

=====

1	Elk Grove	'A'
2	University City	'A'
3	Skyline	'A'
4	James Logan	'A'
5	Lincoln (Stockton)	'A'
6	Junipero Serra	'A'
7	Cordova	'A'
8	Benson	'A'
9	McClymonds	'A'
10	St. Joseph	'A'
11	California HS	'A'
12	Oak Grove	'A'
13	Lynbrook	'A'
14	Vallejo	'A'
15	Placer	'A'
16	Castlemont	'A'
17	Vintage	'A'
18	Pinole Valley	'A'
19	Archbishop Mitty	'A'
20	Nevada Union	'A'
21	Diamond Ranch	'A'
22	Laguna Creek	'A'
23	St. Francis (Mt. View)	'A'
24	Granite Bay	'A'
25	North Monterey County	'A'
26	North Salinas	'A'
27	Silver Creek	'A'
28	Gardena	'A'
29	Homestead	'A'
30	Edison (Stockton)	'A'
31	Oak Park	'A'
32	Scotts Valley	'A'
33	Grace Davis	'A'
34	Santa Rosa	'A'
35	Mt. Pleasant (San Jose)	'A'
36	Acalanes	'A'
37	Sheldon-Sacramento	'A'
38	Los Gatos	'A'
39	Miramonte	'A'
40	Mountain View	'A'
41	Seaside	'A'

- 42 Valley 'A'
- 43 Bellarmine Prep 'A'
- 44 Menlo Atherton 'A'
- 45 Bishop O'Dowd 'A'
- 46 Maria Carrillo 'A'
- 47 Redwood Christian 'A'
- 48 Milpitas 'A'
- 49 The King's Academy 'A'
- 50 Montgomery 'A'
- 51 San Benito 'A'
- 52 Los Altos 'A'
- 53 Ukiah 'A'
- 54 Madera 'A'
- 55 Elsie Allen 'A'

Event 48 Boys 4x400 Meter Relay HIGH SCHOOL

=====

School

=====

- 1 University City 'A'
- 2 Cordova 'A'
- 3 Bellarmine Prep 'A'
- 4 Sheldon-Eugene 'A'
- 5 Junipero Serra 'A'
- 6 Benson 'A'
- 7 Lynbrook 'A'
- 8 Skyline 'A'
- 9 Castlemont 'A'
- 10 North Monterey County 'A'
- 11 McClymonds 'A'
- 12 Fairfield 'A'
- 13 Lincoln (Stockton) 'A'
- 14 Gardena 'A'
- 15 James Logan 'A'
- 16 Acalanes 'A'
- 17 Santa Rosa 'A'
- 18 Vintage 'A'
- 19 Nevada Union 'A'
- 20 Maria Carrillo 'A'
- 21 Diamond Ranch 'A'
- 22 San Lorenzo Valley 'A'
- 23 Granite Bay 'A'
- 24 Oak Park 'A'
- 25 Vallejo 'A'
- 26 Monte Vista 'A'
- 27 Foothill (Pleasanton) 'A'
- 28 Madera 'A'
- 29 Monte Vista Christian 'A'
- 30 Placer 'A'
- 31 Elk Grove 'A'
- 32 Archbishop Mitty 'A'
- 33 California HS 'A'
- 34 Los Altos 'A'
- 35 Sheldon-Sacramento 'A'
- 36 Valley 'A'
- 37 Campolindo 'A'
- 38 San Benito 'A'
- 39 Oak Grove 'A'
- 40 Half Moon Bay 'A'
- 41 Miramonte 'A'
- 42 Grace Davis 'A'
- 43 The King's Academy 'A'
- 44 Moreau Catholic 'A'

- 45 Franklin 'A'
- 46 Sir Francis Drake 'A'
- 47 Napa 'A'
- 48 Mountain View 'A'
- 49 St. Francis (Mt. View) 'A'
- 50 Benicia 'A'
- 51 Seaside 'A'
- 52 Scotts Valley 'A'
- 53 Ukiah 'A'
- 54 Palo Alto 'A'
- 55 Sierra 'A'
- 56 St. Joseph 'A'
- 57 Redwood Christian 'A'
- 58 Edison (Stockton) 'A'
- 59 Cardinal Newman 'A'

Event 49 Boys 4x800 Meter Relay HIGH SCHOOL
 Event will be run from a double waterfall start.

=====

School

=====

- 1 North Monterey County 'A'
- 2 Maria Carrillo 'A'
- 3 Los Altos 'A'
- 4 Diamond Ranch 'A'
- 5 Bellarmine Prep 'A'
- 6 Oak Park 'A'
- 7 James Logan 'A'
- 8 Madera 'A'
- 9 Rocklin 'A'
- 10 Carmel 'A'
- 11 Campolindo 'A'
- 12 Foothill (Pleasanton) 'A'
- 13 San Benito 'A'
- 14 Fairfield 'A'
- 15 Gunn 'A'
- 16 Los Gatos 'A'
- 17 Vintage 'A'
- 18 Santa Rosa 'A'
- 19 Palo Alto 'A'
- 20 Oakmont 'A'
- 21 Granite Bay 'A'
- 22 Redwood Christian 'A'
- 23 Mountain View 'A'
- 24 Pleasant Valley 'A'
- 25 Sheldon-Sacramento 'A'
- 26 Gardena 'A'
- 27 Benicia 'A'
- 28 Placer 'A'
- 29 Burlingame 'A'
- 30 Davis 'A'
- 31 Hayward 'A'
- 32 The King's Academy 'A'
- 33 Seaside 'A'

Event 50 Boys Distance Medley HIGH SCHOOL
 Running order will be 1200m-400m-800m-1600m.
 1 Turn Stagger

=====

School

=====

- 1 Bellarmine Prep 'A'
- 2 University City 'A'

- 3 North Monterey County 'A'
- 4 College Park 'A'
- 5 Sheldon-Eugene 'A'
- 6 Campolindo 'A'
- 7 Diamond Ranch 'A'
- 8 Carmel 'A'
- 9 San Lorenzo Valley 'A'
- 10 Crater 'A'
- 11 Rocklin 'A'
- 12 Oakmont 'A'
- 13 James Logan 'A'
- 14 Oak Park 'A'
- 15 Berkeley 'A'
- 16 Monte Vista Christian 'A'
- 17 Lodi 'A'
- 18 Santa Rosa 'A'
- 19 Los Gatos 'A'
- 20 Placer 'A'
- 21 Silver Creek 'A'
- 22 Archbishop Mitty 'A'
- 23 Woodland 'A'
- 24 Watsonville 'A'
- 25 Davis 'A'
- 26 San Benito 'A'
- 27 St. Joseph 'A'
- 28 Beyer 'A'
- 29 Junipero Serra 'A'
- 30 Fairfield 'A'
- 31 Acalanes 'A'
- 32 Cardinal Newman 'A'
- 33 Maria Carrillo 'A'
- 34 Benicia 'A'
- 35 Benson 'A'
- 36 Palo Alto 'A'
- 37 Modesto 'A'
- 38 Granite Bay 'A'
- 39 Napa 'A'
- 40 Burlingame 'A'
- 41 Mt. Eden 'A'
- 42 Grace Davis 'A'
- 43 The King's Academy 'A'
- 44 Half Moon Bay 'A'
- 45 Vallejo 'A'
- 46 Mountain View 'A'
- 47 Seaside 'A'

Event 51 Boys High Jump HIGH SCHOOL

Please note starting heights below and report to correct pit.

=====

Name	Year	School
===== FLIGHT		
1; High Jump Pit #1; Opening height 6-0		
1	Aiona Key	JR Mesa Verde
2	Jacob Moon	JR Del Norte
3	Jake Maus	SR Napa
4	Ed Wright	SR St. Mary's C
5	David Hoff	SR Shasta
6	Roger Francis	SR De La Salle
7	Andrew Galbraith	SR Foothill (Pl
8	Thomas (Ben) Wallek	JR Reno
9	Duran Evans	JR Fairfield
10	Jamaal Llyod	SO Skyline

FLIGHT 2; High Jump Pit #2; Opening Height 5-10

11	Patrick Lee	SO Monta Vista
12	Kyle Mills-Bunge	SO St. Francis
13	Fletcher Carlyle	JR Vintage
14	Chris Foreman	JR Placer
15	Lance Prange	JR Santa Rosa
16	E.J. Petty	JR North Salina
17	Tommy Arnold	SR Bishop O'Dow
18	Dan Campbell	JR Benicia
19	David Klech	SO California HS
20	Jake Zilverberg	SR Folsom
21	Gus Spratt	SR Madera
22	Chris Dallmar	JR Menlo Athert
23	Barclay Larmouth	JR Lincoln (Sto
24	Chad Dragoo	SR Lodi
25	Dallin Parkinson	JR Bella Vista
26	Michael Kaufman	JR Bella Vista
27	Casey Roche	FR St. Francis
28	Chris Williams	SR Grace Davis
29	Geoff Donaldson	JR Crater
30	Jp Landry	JR Placer
31	Jake Nelson	JR Yuba City

Event 52 Boys Pole Vault HIGH SCHOOL

NOTE: Boys Pole Vault flight #1 and flight #2 will begin at 4:45pm on Friday.
Please note starting heights below and report to correct pit.

===== FLIGHT

Name	Year	School
------	------	--------

1; Pole Vault Pit #1; Opening Height 12-6

1	Ryan Shuler	SO Granite Bay
2	Matt Tillinghast	SR Montgomery
3	Mike Tillinghast	SR Montgomery
4	Kelly McGrath	JR Jesuit
5	Ben Dickens	SR Stoneman Dou
6	Chris Little	SR Los Gatos
7	Scott Roth	SO Granite Bay
8	Stuart Short	SR Granite Bay
9	Doug Roche	JR St. Francis
10	Daniel Byrne	JR Vacaville
11	Andrew Grafius	JR Lincoln (Sto
12	Jeff Louie	SR Piedmont Hil
13	Martin Field	JR Montgomery
14	Casey Roche	FR St. Francis
15	Carson Cooper	SR Oakmont
16	John Constas	SR San Ramon Va
17	Zach Fraser	SR Vacaville
18	Ryan Harris	SR Bellarmine P
19	Ross Ching	SR Piedmont Hil
20	Chad McCammon	JR Nevada Union
21	Matt Roberts	SO Placer
22	Kyle Chronis	JR St. Francis
23	Keith Nicosia	SR James Logan
24	Josh Linker	SR Bret Harte
25	Andy Lewis	SR Redwood

FLIGHT 1; Pole Vault Pit #2; Opening Height 12-0

26	Thanh Nguyen	JR Silver Creek
27	Lenny Fong	SR Mt. Pleasant
28	Chris Furniss	SR St. Ignatius
29	Nick Maleta	SO Soquel
30	Ben Gordon	SR Santa Rosa
31	Todd Anderson	SR Miramonte

32	Girgorie Key	SR Bellarmine P
33	Jonathan Sha	JR Mt. Pleasant
34	Brice Micheli	SR Fortuna
35	Tyler Dawson	SR Elsie Allen
36	Hunter Young	SR Aptos
37	David Rhodes	SO Placer
38	Evan Ramm	JR Placer
39	Sean Harris	JR Bellarmine P
40	Anthony Orozco	SO James Logan
41	Daniel Kwan	SO James Logan
42	Todd Merrigan	SO San Benito
43	Mason Dungy	JR San Benito
44	John Sangiacomo	SR St. Ignatius
45	Ryan Sawyer	SR Menlo Athert

Event 53 Boys Long Jump HIGH SCHOOL
 Jumps under 21'0" will not be measured.

=====		
	Name	Year School
=====		
1	Rashaad Nunnally	SR Sheldon-Sacr
2	Steven Conrad	SR Nevada Union
3	Sam Stroughter	SR Granite Bay
4	David Clift	SR Pittsburg
5	Bobby Kritzer	SR Monta Vista
6	Bryan Parker	SR Lincoln (Sto
7	Jared Yuen	JR James Logan
8	Dallas Johnson	SR University C
9	Nkosinza Balumbu	JR James Logan
10	Hasani Houston	SR Piedmont Hil
11	Jerry Wright	SR University C
12	Anthony Bradshaw	SR San Ramon Va
13	Chris Deal	SR Lynbrook
14	Duran Evans	JR Fairfield
15	Aven Wright	JR Junipero Ser
16	Nick Taylor	SR Mt. Eden
17	Matt Welch	JR Sheldon-Euge
18	Ryan Rucker	SR Will C. Wood
19	Billy Smith	JR Lincoln (Sto
20	Jeff Legree	SR Fairfield
21	Jake Nelson	JR Yuba City
22	Demondre Ward	FR Oakland
23	DeShawn McKenzie	SR Benson
24	Mark Lennon	JR Acalanes
25	Joel Tuosto	SR Greenfield
26	Steve Crawford	SR Monte Vista
27	Keith Person	SR Napa
28	Alen Jones	SR Monte Vista
29	Andre Luke	JR Mt. Eden
30	Mark Nunez	JR Mt. Pleasant
31	Chris Williams	SR Grace Davis
32	Terry Prentice	FR Diamond Ranc
33	Kyle Mills-Bunge	SO St. Francis
34	Evan Fernandez	SR California HS
35	Dave Mildbrandt	SR Fortuna
36	Amos Carter	SR Vallejo
37	Domingo Emiano	SR Homestead
38	Robert Kirvin	SR Shasta
39	Bobby Nakia	JR De La Salle
40	Bret Johnson	JR Redwood
41	Chris Dallmar	JR Menlo Athert
42	Chris Parides	SR Los Gatos
43	Derrick Higgs	SR John F. Kenn

Event 54 Boys Triple Jump HIGH SCHOOL
 Jumps under 42'0" will not be measured.

Name	Year	School
1	Angelo Jeffery	SR James Logan
2	Joel Tuosto	SR Greenfield
3	Nkosinza Balumbu	JR James Logan
4	Robert Kirvin	SR Shasta
5	Aven Wright	JR Junipero Ser
6	Bobby Kritzer	SR Monta Vista
7	Nicholas Cassell	SR California HS
8	Derrick Brooks	JR Gunn
9	Louis Nelson	SO Bishop O'Dow
10	Sean Jenkins	JR James Logan
11	Jared Walls	SR Bishop O'Dow
12	David Hoff	SR Shasta
13	Ryan Rucker	SR Will C. Wood
14	Amos Carter	SR Vallejo
15	Tim Cardenas	JR Sierra
16	Perrie Siaisiai	JR Valley
17	David Houghton	JR Granite Bay
18	Edirin Egbikuadje	SO Johansen
19	Steve Crawford	SR Monte Vista
20	Genesis Hampton	SR Sheldon-Sacr
21	Evan Fernandez	SR California HS
22	Keawe Block	SR Seaside
23	Kyle Mills-Bunge	SO St. Francis
24	John Robinson	SR Bellarmine P
25	Alex Yu	SR Bella Vista
26	Dallas Johnson	SR University C
27	Alen Jones	SR Monte Vista
28	Scott Bogdonoff	JR Bellarmine P
29	Marshall Olin	SR Santa Rosa
30	Jason Lee	SR Mt. Pleasant
31	Nick Taylor	SR Mt. Eden
32	Andre Luke	JR Mt. Eden
33	Gus Spratt	SR Madera
34	Jake Nelson	JR Yuba City
35	Matt Welch	JR Sheldon-Euge
36	Chris Williams	SR Grace Davis
37	Esteban Greenwood	SR Fairfield
38	Neelon Greenwood	SO Fairfield
39	Chris Greene	SR John F. Kenn
40	Jay Reddic	JR Cordova
41	Steven Schell	JR Placer
42	Curtis Pope	FR Monte Vista

Event 55 Boys Discus Throw HIGH SCHOOL

Throws under 140'0" will not be measured.

NOTE: Some athletes have been listed as Alternates for this event.

Athletes will be added from the list of alternates on meet day ONLY if we receive a considerable number of scratches.

Name	Year	School
1	Daniel Schaerer	SR The Bishop's
2	Bobby Smallman	SR Granada
3	Nick Sheuerman	SR St. Francis
4	Boldizar Kocsar	SR University C
5	Pardeep Singh	SR James Logan
6	Ryan Fong	JR Benicia

7	Corey White	SR Mt. Pleasant
8	Quincy Vau	SR Ukiah
9	Erick Bermudez	SR Sheldon-Sacr
10	Dj Frommoethelydo	SR California HS
11	Bryan Ames	SR Laguna Creek
12	Brandon Latiker	SR Del Campo
13	Chris Elie	SR Diamond Ranc
14	Jared Jageraj	SR Bishop O'Dow
15	Aubrey Ford	SR Yuba City
16	Sione Umufuke	SR Los Altos
17	Joey Parisi	SR Oak Park
18	Mike Brannon	SR Cordova
19	Bernard Camp	JR Lincoln (Sto
20	Michael Costanza	SO Monte Vista
21	Donovan Desoto	JR Elk Grove
22	Sean McDonald	SR Lodi
23	Eddie del Rio	SR Los Altos
24	Frank Jones	SR Foothill (Pl
25	Robert Faaborg	SR Vacaville
26	Jon Osivwemu	SR Castlemont
27	Josh Cox	SR Tokay

Alternates

1	Tim Young	SR Shasta
2	Tim Santos	JR California HS
3	Mark Tavares	JR Mt. Pleasant
4	Chris Stephens	SR San Benito
5	Evan Williams	JR Bishop O'Dow
6	Lukas Pool	SR Placer
7	Fangatua Lelea	SO Cordova
8	Iven Couvrette	JR Placer
9	Dwight Pratt	SR California HS
10	Greg Durbin	SR Redwood Chri

Event 56 Boys Shot Put HIGH SCHOOL

Throws under 45'0" will not be measured.

=====		
	Name	Year School
=====		
1	Dave Felso	SR Campolindo
2	Matt Jarvis	SR Shasta
3	Boldizar Kocsar	SR University C
4	Brandon Latiker	SR Del Campo
5	Siuu Musika	SR Milpitas
6	Phillip Mbakogu	SR Hayward
7	Jacob Chavez	SR Ukiah
8	Cody Pearce	SR Folsom
9	Dj Frommoethelydo	SR California HS
10	Sean McDonald	SR Lodi
11	Sione Umufuke	SR Los Altos
12	John Gill	JR Bellarmine P
13	Chris Bless	JR Del Campo
14	Henry Sok	SR Lincoln (Sto
15	Matt O'Donnell	SR Santa Clara HS
16	Bryan Ames	SR Laguna Creek
17	Tim Santos	JR California HS
18	Erick Bermudez	SR Sheldon-Sacr
19	Frank Jones	SR Foothill (Pl
20	Mike Brannon	SR Cordova
21	Matt Bobman	JR South Tahoe
22	Donovan Desoto	JR Elk Grove
23	Andrew Houtby	SR Fortuna
24	Eddie del Rio	SR Los Altos

25	Michael Costanza	SO Monte Vista
26	Mike Blewett	SR Lodi
27	Evan Williams	JR Bishop O'Dow
28	John Bordalampe	SR San Ramon Va
29	James McCluskey	SR Palo Alto
30	Jason Seidman	SR Menlo Athert
31	Xavier Wanzo	SR Castlemont
32	Nathan Tabor	SR Palo Alto
33	Robert Faaborg	SR Vacaville
34	Jesse Grace	SR San Benito
35	Chris Serpa	SR Orestimba
36	Daniel Salanoa	SO Cordova
37	Chris Elie	SR Diamond Ranc
38	Lukas Pool	SR Placer
39	Ryan Fong	JR Benicia
40	Fangatua Lelea	SO Cordova
41	Devin Suppan	JR Placer
42	Dwight Pratt	SR California HS
43	Omar Grant	JR Skyline
44	Jesse Gilbert	SR Half Moon Ba

Event 57 Girls 100 Meter Dash HIGH SCHOOL Prelims
 The top 9 times will advance to the finals on Saturday.

=====		
	Name	Year School
=====		
1	Jennifer Nash	JR Merrill West
2	Kristina Davis	SO James Logan
3	Keianna Talton	FR Menlo Athert
4	Angelique Smith	SR James Logan
5	Ashley Taylor	SR Benson
6	Whitney Leachman	SR Elsie Allen
7	Cristal Steen	SR Gardena
8	Bj Triplett	JR Mt. Eden
9	Jenoba Tarmoh	FR Mt. Pleasant
10	Teirra Williams-Ward	SO Carondelet
11	Khrystal Carter	SO Valley Chris
12	Elyse Williams	SR Holy Names
13	Leslie Mercado	JR Diamond Ranc
14	Miranda Garrido	JR Merrill West
15	Cherrelle Garrett	FR Mt. Eden
16	Lollie Onepedi	JR Holy Names
17	Stephanie Eckels	JR Silver Creek
18	Sherrina Lofton	SO Fairfield
19	Cameo Motley	SO Mt. Eden
20	Courtney Grewohl	SR Soquel
21	Angelique Doyle	JR Mesa Verde
22	Meosha Chase	SO Skyline
23	Victoria Johnson	FR James Logan
24	Aja Wheeler	SO University C
25	Nicole Tanguileg	JR Granite Bay
26	Orlie Kapitulnik	SO Gunn
27	Catherine Perry	SR Edison (Stoc
28	Deanna Anderson	JR Mt. Pleasant
29	Nicole Theus	SR Carlmont
30	Crystal Sensabaugh	SR Berkeley
31	Leah Smart	JR Bishop O'Dow
32	Sophia Case-Gabbard	SR San Lorenzo
33	Kristin Jellison	SO Santa Rosa
34	Lauren Curtis	JR Archbishop M
35	Karen Petree	SR Placer
36	Candice Jones	JR Skyline
37	Micheli Arcuri	JR St. Francis

38	Melissa Margulies	JR Mammoth
39	Janise Porter	SR Carondelet
40	Ashley VanHoeoy	SO Woodcreek (R
41	Erika Miller	JR Fairfield
42	Laurie Roberts	JR Menlo Athert
43	Brittney Caldwell	JR St. Francis
44	Gina Demetris	JR Aragon
45	Amanda Campbell	SO Placer
46	Lindsay West	SO Aragon
47	Erika Wesley	FR Acalanes
48	Brittany Shade	FR Aragon
49	Jessica Rader	FR Calaveras
50	Ashtyn Gibson	SR Laguna Creek
51	Ashley Gadson	SR Palo Alto
52	Courtney Morse	JR Menlo Athert
53	Philicia Johnson	FR Gardena
54	Darragh Clancy	SR Carlmont
55	Halie Jorgensen	SO Miramonte
56	Lacy Pitman	SR Aptos
57	Cheryl Parkman	SR Los Gatos
58	Toya Johnson-Moore	JR Laguna Creek
59	Melanie Sicotte	FR Redwood Chri
60	Monique Dupree	SO Diamond Ranc
61	Amanda Vee	SO Soquel
62	Alicia Yanez	SO Los Altos
63	Abby Damm	SO Mountain Vie
64	Allison Brewer	SO Miramonte
65	Hillary Paine	SO Los Altos
66	Chelsea Price	SO Washington HS
67	Kate Blood	SO Mountain Vie
68	Jillian Mooney	JR Scotts Valle
69	Alison Seedman	FR Palo Alto
70	Megan Nelson	SO Monta Vista
71	Anica Broussard	FR Mt. Eden
72	Katie Evans	SO St. Francis
73	Mary Majchrowicz	JR The King's A

Event 58 Girls 400 Meter Dash HIGH SCHOOL

=====		
	Name	Year School
=====		
1	Deonna Lawrence	SR Sheldon-Sacr
2	Myra Hasson	SO Gardena
3	Brittani Dudley	SR James Logan
4	Shakara Lott	JR University C
5	Tracey Stewart	SO James Logan
6	Dominique Carter	JR Merrill West
7	Victoria Humphrey	FR James Logan
8	Kavina Hall	SR El Cerrito
9	Kelly Long	SO San Lorenzo
10	Keisha Baker	SO Fairfield
11	Katie Skorupa	JR Carondelet
12	Jenna Lowder	SO Maria Carril
13	Ali Dodson	SR Los Gatos
14	Angelique Doyle	JR Mesa Verde
15	Brienne Doan	FR California HS
16	Ashley VanHoeoy	SO Woodcreek (R
17	Danielle Sinclair	SR Albany
18	Vanessa Block	JR Santa Catali
19	Sophia Uwaldiale	SO Berkeley
20	Carmen Dennis	SR Sheldon-Sacr
21	Renisha Robinson	FR Archbishop M
22	Jennifer Irtenkauf	JR Maria Carril

23	Willa Porter	JR Holy Names
24	Danielle Sanzari	SR Maria Carril
25	Whitney Cole	SR Milpitas
26	Heidi Buehler	SR Carondelet
27	Christina Heagney	SR Carlmont
28	Jessica Najara	SO Abraham Linc
29	Stacie Boyle	JR Cupertino
30	Jennifer Rivera	SR St. Joseph (
31	Sherrelle Dilworth	JR Vallejo
32	Nicole Chaltry	JR Merrill West
33	Savanna Duchala	SR Modesto
34	Maria Llacuna	SO Carondelet
35	Dominique Jackson	FR Fairfield
36	Robin Soldwisch	JR Sierra
37	Nataucha Lowry	JR Vallivue
38	Madiera Macedo	JR Bishop O'Dow
39	Dominique Cowling	SO Benicia
40	Abby Cohen	FR Acalanes
41	Sheneika Williams	JR Vallejo
42	Amanda Boyd	SO San Benito
43	Jillian Coles	SR Folsom
44	Caroline Stege	JR Los Gatos
45	Mariko Kellogg	FR Acalanes
46	Jasmine Carter	FR Merrill West
47	Julia Thomas	SR Scotts Valle
48	Denise Nunez	FR St. Joseph (
49	Janelle English	SO Archbishop M
50	Brieanna Wright	FR Scotts Valle
51	Abby Damm	SO Mountain Vie
52	Kate Blood	SO Mountain Vie
53	Jamie O'Brian	JR San Benito
54	Jessica Butelo	SO The King's A
55	Lorian Patmore	FR Fortuna
56	Alexa Bloom	JR Washington HS
57	Cassie Shannon	SR St. Francis
58	Kandi Raby	JR Diamond Ranc
59	Nellie Turley	JR Redwood
60	Durham Kristy	JR Madera
61	Tope Amos	JR Castilleja
62	Nichelle Emila	JR Skyline
63	Angelina Greep	JR Elsie Allen

Event 59 Girls 1 Mile Run HIGH SCHOOL

NOTE: Some athletes have been listed as Alternates for this event.

Athletes will be added from the list of alternates on meet day ONLY if we receive a considerable number of scratches.

=====		
	Name	Year School
=====		
1	Britney Almaguer	SR Elko County
2	Alicia Follmar	SR Saratoga
3	Evelyn Wing	JR Valley Chris
4	Tori Tyler	JR Gunn
5	Lauren Mulkey	SR Woodcreek (R
6	Rebecca Bostwick	SR University C
7	Kim Crouch	JR Placer
8	Amy Robinson	JR Maria Carril
9	Gabi Rios-Sotelo	JR St. Mary's C
10	Marie Nguyen	SR Milpitas
11	Stephanie Hamilton	JR San Lorenzo
12	Taryn Trapp	SR Vallivue
13	Danielle Evans	JR Diamond Ranc
14	Phyllis Blanchard	SR Rancho Cotat

15	Shelby Leland	SR Ukiah
16	Oriana Campbell	SR Ventura
17	Lindsey Kirschman	SO Enterprise
18	Emily Spiker	SO Ventura
19	Kim Conley	SR Montgomery
20	Michelle Born	JR Oakmont
21	Erin Lewis	SO Modesto
22	Lauren Morales	SR Oak Park
23	Jenny Bergren	FR Miramonte
24	Kimberly Chew	SO Cupertino
25	MayC Huang	FR Lynbrook
26	Janessa Hoppe	SR Enterprise
27	Tara Bryant	JR Ventura
28	Vera Ross	SR Campolindo
29	Mandy Williams	SR Presentation
30	Ariel Wright	SO Bishop O'Dow
31	Erinn Kim	SR Milpitas
32	Megan Williams	SR Granite Bay
33	Cristina Diaz	JR Willow Glen
34	Alyssa Gagliani	JR Burlingame
35	Nicole Chaltry	JR Merrill West
36	Emily Romo	JR San Lorenzo
37	Julie Shaw	JR Anderson
38	Kelli Deane	JR San Lorenzo
39	Kelsey Casey	SO Miramonte
40	Ashley Thompson	JR Scotts Valle
41	Kendel Nelson	JR Crater
42	Cherise McNair	SO Sierra
43	Diana Choi	SR Skyline
44	Emily McGregor	SR Monte Vista
45	Alison Doniger	SR Menlo Athert
46	Katelyn Calvelli	FR Sir Francis
47	Erin Schuyler	JR Granite Bay
48	Kaitlin Gregg	JR Davis
49	Dana Underwood	SR Monta Vista
50	Danielle Miller	SR Palo Alto
51	Claire Hoppens	FR Monte Vista
52	Brittany Rezowalli	SR Monte Vista
53	Liz Gill	SR The Branson
54	Malinda Dominguez	JR Silver Creek

Alternates

1	Brookie Detterman	SR Soquel
2	Kelly Yahr	SR Oak Park
3	Elysa Strunin	SO Santa Rosa
4	Katie Matl	SR Carondelet
5	Thea Lee	FR Carmel
6	Sha'rae Gibbons	SR Valley
7	Sarah Zerzan	SR Notre Dame (
8	Lauren Reddy	JR Carondelet
9	Claire Ross	SO Redwood
10	Shannon Lingo	JR Nevada Union
11	Jennifer Scholtes	SR Pleasant Val
12	Joanna Welch	JR Redwood Chri
13	Aly Millett	SO Half Moon Ba
14	Corina James	JR Madera
15	Tina Hackett	SO Johansen
16	Tomi Amos	SO Castilleja
17	Sarah Kinney	JR Redwood
18	Cassandra Quinonez	SR Fairfield
19	Rebecca Dianda	SO Orestimba
20	Dell Chang	FR Elsie Allen
21	Christina Zamora	FR Elsie Allen

Event 60 Girls 3000 Meter Run HIGH SCHOOL

1 Turn Stagger

NOTE: Some athletes have been listed as Alternates for this event.

Athletes will be added from the list of alternates on meet day ONLY if we receive a considerable number of scratches.

Name	Year	School
1	Erin Gray	JR South Eugene
2	Britney Almaguer	SR Elko County
3	McKAYLA Plank	JR Archbishop M
4	MayC Huang	FR Lynbrook
5	Tori Tyler	JR Gunn
6	Rachel Bryan	SR Laguna Creek
7	Rebecca Yau	SR Miramonte
8	Kendel Nelson	JR Crater
9	Phyllis Blanchard	SR Rancho Cotat
10	Ciara Viehweg	JR St. Ignatius
11	Melissa Grelli	SR Presentation
12	Natasha LaBeaud	JR Folsom
13	Kaitlin Gregg	JR Davis
14	Brianna Larsen	SO Las Lomas
15	Renata Cummins	FR Palo Alto
16	Corrine Yee	JR Moreau Catho
17	Lindsey Nelson	SR Pleasant Val
18	Ariana Nicewonger	SO Los Gatos
19	Cherise McNair	SO Sierra
20	Lauren Mulkey	SR Woodcreek (R
21	Lauren Morales	SR Oak Park
22	Emily McGregor	SR Monte Vista
23	Alison Doniger	SR Menlo Athert
24	Michelle Meyer	JR Carmel
25	Jessica Bryant	JR Ventura
26	Katie Vaughan	JR Placer
27	Cecily Lemmon	SO Vacaville
28	Melyndee Butterfield	SR Woodland
29	Diana Choi	SR Skyline
30	Allison Banks	SR Oak Park
31	Ellen Thompson	SR Mercy
32	Leanne Fogg	FR Maria Carril
33	Liz Gill	SR The Branson
34	Meghan Hunt	SO Aptos
35	Lauren Martinez	SO Ventura
36	Katie Moracec	SR Pleasant Val
37	Cristina Diaz	JR Willow Glen
38	Lindsey Cooper	JR San Lorenzo
39	Cassandra Quinonez	SR Fairfield
40	Ashleigh Montgomery	JR Carondelet
41	Sarah Zerzan	SR Notre Dame (
42	Whitney Bricker	SR Benicia
43	Shae DiNino	SR Carondelet
44	Alicia Ivanhoe	FR Palo Alto
45	Julia Tyack	SR Lodi
46	Shannon Rich	FR Rancho Cotat
47	Kim Arroues	FR South Tahoe
48	Anna Lambdin	JR South Tahoe
49	Bernadette Casabonne	SR Campolindo
50	Julianne Hansen	FR Cupertino
51	Claire Hoppens	FR Monte Vista
52	Brittany Rezowalli	SR Monte Vista

53	Tatiana Camacho	JR Oak Park
54	Rachel Williams	JR San Lorenzo
55	Eileen Howard	SR Placer
56	Kristan Scanlon	SR Carondelet
57	Jessica Vanausdall	SO Aptos
58	Kaitlin Frier	SO Calaveras
59	Stephanie Sconberg	SO Oakmont
60	Tracy Dantema	SR St. Joseph (
61	Edna Solano	JR Ventura
62	Arianna Montejano	JR St. Joseph (

Alternates

1	Liza Hitchner	JR Half Moon Ba
2	Allison Hurst	SO Hillsdale
3	Ashley Strahl	JR Grace Davis
4	Erin Frier	SR Calaveras
5	Samantha Gove	FR Will C. Wood
6	Michelle Bartlett	JR Silver Creek
7	Tomi Amos	SO Castilleja
8	Maria Cornejo	FR Elsie Allen
9	Dell Chang	FR Elsie Allen

Event 61 Girls 100 Meter Hurdles HIGH SCHOOL Prelims
 The top 9 times will advance to the finals on Saturday.

=====

	Name	Year School
1	Talia Stewart	SR James Logan
2	Jhana Samuels	SR Diamond Ranc
3	Allie Miller	SR Los Altos
4	Bianca Mathabein	FR Benson
5	Teirra Williams-Ward	SO Carondelet
6	Ingrid Kantola	SR St. Francis
7	Mary Shibata	SR Ukiah
8	Tifani Grimes	SR St. Francis
9	Danielle Andrade	SR Carondelet
10	Shevell Quinley	JR Merrill West
11	Aerianna Barries	FR Menlo Athert
12	Chayla Furlong	SR Placer
13	Endurha Patten	SR Gardena
14	Julie Chen	SR Lynbrook
15	Mary Hager	SR Napa
16	Tshara Ball	JR Skyline
17	Ashleigh McGrew	SR Sheldon-Sacr
18	Leslie Mercado	JR Diamond Ranc
19	Jennifer Hendowski	SR Sierra
20	Amanda Smith	JR Miramonte
21	Christina Agoff	JR Aragon
22	Natalie Russell	SR Campolindo
23	Jennifer Connet	JR Menlo Athert
24	Carin Pomares	SR Placer
25	Amanda Bryant	JR Sheldon-Euge
26	Ezzine Chukwudi	JR Gardena
27	T'Shara Hicks	JR University C
28	Katie Skorupa	JR Carondelet
29	Christina Boykin	JR Archbishop M
30	Kirsten Fox	JR Placer
31	Corey Sheredy	SR Scotts Valle
32	Kylie Ratkovich	JR Monta Vista
33	Natasha Pay'es	SO Abraham Linc
34	Jessica Brown	SR Palo Alto
35	Dantia Hudson	FR Skyline
36	Eliza Finley	JR Silver Creek

37	Sally Stanton	SR Los Gatos
38	Ashley Marcinkowski	SR Elk Grove
39	Stephanie Gray	FR California HS
40	Christina Nguyen	JR St. Francis
41	Caroline Gibbs	SO Menlo Athert
42	Elissa Chandler	SO Palo Alto
43	Kate Kornegay	FR Mountain Vie
44	Ali Apple	JR Palo Alto
45	Katie Lewis	SR Redwood Chri
46	Melanie Justice	JR Redwood
47	Paola Alvarado	SO Elsie Allen
48	Decontee Kaye	JR James Logan

Event 62 Girls 400 Meter Hurdles HIGH SCHOOL

=====		
Name	Year	School
=====		
1	Talia Stewart	SR James Logan
2	Jhana Samuels	SR Diamond Ranc
3	Sophia Uwaldiale	SO Berkeley
4	Morgan Rayome	SR Granada
5	Kristie McGoldrick	SO Acalanes
6	Evelyn Smith	JR Hayward
7	Katelin Grant	SR Lodi
8	Corey Sheredy	SR Scotts Valle
9	Athena Cabiness	SR Woodcreek (R
10	Antonia Bethel	SR Trulock
11	Sally Stanton	SR Los Gatos
12	Ingrid Kantola	SR St. Francis
13	Erin Nomura	SR Del Norte
14	Mary Shibata	SR Ukiah
15	Ashley Hauser	SR Santa Rosa
16	Kylie Ratkovich	JR Monta Vista
17	Tori Owens	JR Diamond Ranc
18	Stacie Boyle	JR Cupertino
19	Kendra Van Buren	SR St. Francis
20	Sara Heidelberg	SR Nevada Union
21	Jessica Brown	SR Palo Alto
22	Ashley Marcinkowski	SR Elk Grove
23	Carolyn DePiazza	SR St. Francis
24	Stephanie Cochrane	SO Monta Vista
25	Ashley Boyer	JR Archbishop M
26	Kate Kornegay	FR Mountain Vie
27	Emily Justice	JR Redwood
28	Christine Nguyen	SR Milpitas
29	Haley Jouras	JR Soquel
30	Danielle Andrade	SR Carondelet
31	Kirsten Fox	JR Placer
32	Natalie Russell	SR Campolindo
33	Stephanie Gray	FR California HS
34	Lindsay Koeppen	JR Hillsdale
35	Bianca Mathabein	FR Benson
36	Gabrielle Parker	SR Benson

Event 63 Girls 4x100 Meter Relay HIGH SCHOOL Prelims
The top 9 times will advance to the finals on Saturday.

=====		
School		
=====		
1	Gardena	'A'
2	Merrill West	'A'
3	James Logan	'A'
4	Benson	'A'

- 5 Holy Names 'A'
- 6 Sheldon-Sacramento 'A'
- 7 Laguna Creek 'A'
- 8 University City 'A'
- 9 Los Altos 'A'
- 10 Fairfield 'A'
- 11 Archbishop Mitty 'A'
- 12 Mt. Eden 'A'
- 13 Diamond Ranch 'A'
- 14 Palo Alto 'A'
- 15 St. Francis (Sacramento) 'A'
- 16 Carlmont 'A'
- 17 Bishop O'Dowd 'A'
- 18 Menlo Atherton 'A'
- 19 Lincoln (Stockton) 'A'
- 20 Franklin 'A'
- 21 Maria Carrillo 'A'
- 22 Scotts Valley 'A'
- 23 Vallejo 'A'
- 24 California HS 'A'
- 25 Skyline 'A'
- 26 St. Francis (Mt. View) 'A'
- 27 Silver Creek 'A'
- 28 Los Gatos 'A'
- 29 Johansen 'A'
- 30 Santa Rosa 'A'
- 31 Modesto 'A'
- 32 Bret Harte 'A'
- 33 Acalanes 'A'
- 34 Miramonte 'A'
- 35 Mountain View 'A'
- 36 Gunn 'A'
- 37 Soquel 'A'
- 38 Hayward 'A'
- 39 Edison (Stockton) 'A'
- 40 Monta Vista 'A'
- 41 The King's Academy 'A'
- 42 San Benito 'A'
- 43 Castilleja 'A'
- 44 Valley 'A'

Event 64 Girls 4x400 Meter Relay HIGH SCHOOL

=====

School

=====

- 1 Merrill West 'A'
- 2 James Logan 'A'
- 3 Gardena 'A'
- 4 Carondelet 'A'
- 5 Fairfield 'A'
- 6 Los Gatos 'A'
- 7 St. Joseph (Cerritos) 'A'
- 8 University City 'A'
- 9 Sheldon-Sacramento 'A'
- 10 San Lorenzo Valley 'A'
- 11 Maria Carrillo 'A'
- 12 Modesto 'A'
- 13 Washington HS 'A'
- 14 Miramonte 'A'
- 15 Diamond Ranch 'A'
- 16 Sierra 'A'
- 17 California HS 'A'
- 18 Franklin 'A'

- 19 Laguna Creek 'A'
- 20 Acalanes 'A'
- 21 Bishop O'Dowd 'A'
- 22 Vallejo 'A'
- 23 Hayward 'A'
- 24 Campolindo 'A'
- 25 Palo Alto 'A'
- 26 Menlo Atherton 'A'
- 27 Scotts Valley 'A'
- 28 Oakmont 'A'
- 29 Santa Rosa 'A'
- 30 Foothill (Pleasanton) 'A'
- 31 Milpitas 'A'
- 32 San Benito 'A'
- 33 Monte Vista Christian 'A'
- 34 The King's Academy 'A'
- 35 Carlmont 'A'
- 36 Skyline 'A'
- 37 Mountain View 'A'
- 38 Madera 'A'
- 39 Sir Francis Drake 'A'
- 40 Castilleja 'A'
- 41 Valley 'A'

Event 65 Girls 4x800 Meter Relay HIGH SCHOOL
 Event will be run from a double waterfall start.

=====
 School
 =====

- Ventura 'A'
- Maria Carrillo 'A'
- Los Gatos 'A'
- Pleasant Valley 'A'
- Oakmont 'A'
- California HS 'A'
- Oak Park 'A'
- Davis 'A'
- Foothill (Pleasanton) 'A'
- San Francisco Univ HS 'A'
- Palo Alto 'A'
- Campolindo 'A'
- Granite Bay 'A'
- San Lorenzo Valley 'A'
- Burlingame 'A'
- Fairfield 'A'
- Sheldon-Sacramento 'A'
- Mountain View 'A'
- Carmel 'A'
- Vacaville 'A'
- Carondelet 'A'
- Rancho Cotate 'A'
- Hayward 'A'
- Madera 'A'
- Santa Rosa 'A'
- St. Joseph (Cerritos) 'A'
- James Logan 'A'
- Castilleja 'A'
- The King's Academy 'A'
- Ursuline 'A'

Event 66 Girls Distance Medley HIGH SCHOOL
 Running order will be 1200m-400m-800m-1600m.

1 Turn Stagger.

=====
School
=====

College Park 'A'
University City 'A'
Milpitas 'A'
Ventura 'A'
Los Gatos 'A'
Montgomery 'A'
Campolindo 'A'
Oakmont 'A'
Maria Carrillo 'A'
Enterprise 'A'
St. Ignatius (San Fran) 'A'
Archbishop Mitty 'A'
San Lorenzo Valley 'A'
Silver Creek 'A'
St. Joseph (Cerritos) 'A'
Carondelet 'A'
Palo Alto 'A'
San Ramon Valley 'A'
San Francisco Univ HS 'A'
Modesto 'A'
Oak Park 'A'
Carmel 'A'
St. Francis (Mt. View) 'A'
Burlingame 'A'
Granite Bay 'A'
Diamond Ranch 'A'
Lodi 'A'
Half Moon Bay 'A'
Sierra 'A'
Bishop O'Dowd 'A'
Fairfield 'A'
South Tahoe 'A'
Acalanes 'A'
Castilleja 'A'
Rancho Cotate 'A'
Davis 'A'
The King's Academy 'A'
James Logan 'A'
Hillsdale 'A'
Mountain View 'A'
Ursuline 'A'
Monta Vista 'A'
Hayward 'A'
Elsie Allen 'A'

Event 67 Girls High Jump HIGH SCHOOL

Please note starting heights below and report to correct pit.

=====

Name	Year	School
FLIGHT 1; High Jump Pit #1; Opening Height 4-10		
1	Allie Miller	SR Los Altos
2	Laurie Roberts	JR Menlo Athert
3	Michelle Johnson	JR Los Gatos
4	Laney Chinn	SR Los Gatos
5	Britt Bickel	SO Sir Francis
6	Susan Jackson	FR Napa
7	Tifani Grimes	SR St. Francis
8	Jamilah Barnes	JR Sheldon-Sacr
9	Katie Batchelder	SO Pleasant Val

10	Laura Lee	SR Folsom
11	Jane Doolittle	JR Mountain Vie
12	Adrienne Muth	SR Carondelet
13	Caitlyn Zundel	SR Piner

FLIGHT 2; High Jump Pit #2; Opening Height 4-10

14	Ingrid Kantola	SR St. Francis
15	Ihunna Anyanwu	JR Silver Creek
16	Karly Shipherd	SR Placer
17	Niki Dentel	SR Sheldon-Euge
18	Katy Wanner	SO Palo Alto
19	Carin Pomares	SR Placer
20	Loree Trammell	FR California HS
21	Rachel Doughty	JR Lynbrook
22	Brittany Farmer	JR Granada
23	Heidi Buehler	SR Carondelet
24	Kaitlin Sather	JR Maria Carril
25	Donnisha Tate	SR Vallejo
26	Veronica Stimson	FR Bella Vista
27	Nathalia Carabello	FR St. Joseph
28	Nicole Williams	FR Folsom
29	Natasha Vital	SO Lincoln (Sto
30	Juliette Richards	SO James Logan
31	Erin Johnson	JR Monte Vista
32	Jackie Harrison	FR James Logan
33	Jenny Koepnick	SR Palo Alto
34	Rachel Doran	SO Monta Vista
35	Connie Valdes	JR Gunn
36	Jaynia Anderson	SR California HS
37	Allison Crump	SO Granite Bay
38	Veronica Amsden	FR Mountain Vie
39	Kali Rumrill	JR Redwood Chri
40	Jessica Rader	FR Calaveras

Event 68 Girls Pole Vault HIGH SCHOOL

NOTE: Girls Pole Vault has been moved to SATURDAY AT 9:00am.

Girls Pole Vault flight #1 and flight #2 will begin at 9:00am on Saturday.
Please note starting heights below and report to correct pit.

=====

Name	Year	School	
===== FLIGHT			
1; Pole Vault Pit #2; Opening Height 9-0			
1	Taylor Franklin	SO St. Francis	
2	Ingrid Kantola	SR St. Francis	
3	Sally Stanton	SR Los Gatos	
4	Tiffany Chang	SR Campolindo	
5	Liza Lozovatskya	SO St. Ignatius	
6	Emely Flores	SR Santa Rosa	
7	Ashley Peters	SR Modesto	
8	Samantha Weaver	JR Lodi	
9	Gayle Greenough	SR Maria Carril	
10	Ashley McAllister	SR Bella Vista	
11	Carly Rayburn	SR St. Ignatius	
12	Brooke Cranston	JR Lodi	
13	Lizzy Parrague	JR Miramonte	
14	Sami Hartley	FR Bella Vista	
15	Allison Sparrow	SR St. Ignatius	
16	Halley Leta-Pombo	SR Pittsburg	
17	Breanna Furlong	JR Placer	
18	Tal Cohen	SO Gunn	
19	Alyssa Kahn	SR Carlmont	

FLIGHT 1; Pole Vault Pit #1; Opening Height 9-0

20	Stefanie Bailey	SR Vacaville
21	Amanda Ross	JR Fortuna
22	Melissa Nylander	SR California HS
23	Lauren Curtis	JR Archbishop M
24	Amanda Bryant	JR Sheldon-Euge
25	Nicki Lopes	JR San Lorenzo
26	Tessa Fraser	SO Lodi
27	Kellie Wheeler	JR Lincoln (Sto
28	Brittany Peterson	JR Oakmont
29	Rachelle Zemlok	SR Newark Memor
30	Jessica Teal	SR Calaveras
31	Krista Bayers	SR Calaveras
32	Hannah Peters	FR Modesto
33	Shaheena Shiekh	SO James Logan
34	Amy Calfus	SR Carondelet
35	Stephani Williamson	SO Carondelet
36	Ashley Zufelt	JR Placer

Event 69 Girls Long Jump HIGH SCHOOL
 Jumps under 16'6" will not be measured.

Name	Year	School
1	Brittany Daniels	JR Merrill West
2	Keniyah Robinson	FR Holy Names
3	Shevell Quinley	JR Merrill West
4	Sara Callier	JR Benson
5	Tracey Stewart	SO James Logan
6	Ricki Sullivan	JR Harbor
7	Janise Porter	SR Carondelet
8	Tifani Grimes	SR St. Francis
9	Carly Whitney	JR Calaveras
10	Jamilah Barnes	JR Sheldon-Sacr
11	Kathryn Buckles	SR Monte Vista
12	Shana Watson	JR Skyline
13	Decontee Kaye	JR James Logan
14	Antoinette Payne	SR Benson
15	Ashtyn Gibson	SR Laguna Creek
16	Victoria Johnson	FR James Logan
17	Miranda Garrido	JR Merrill West
18	Nicole Theus	SR Carlmont
19	Angeliza Fontillas	JR Folsom
20	Jazmin Brooks	FR University C
21	Alisha Flaaten	SO Moreau Catho
22	Aileen Carroll	JR Benicia
23	Abby Damm	SO Mountain Vie
24	Jasmine Winn	JR Diamond Ranc
25	Maria Llacuna	SO Carondelet
26	Nicole White	JR Carondelet
27	Therese Ruffin	SR Seaside
28	Renee Medina	SR California HS
29	Carolyn DePiazza	SR St. Francis
30	Rachel Ehsan	FR California HS
31	Nichelle Emila	JR Skyline
32	Whitney Leachman	SR Elsie Allen

Event 70 Girls Triple Jump HIGH SCHOOL
 Jumps under 34'0" will not be measured.

Name	Year	School
1	Brittany Daniels	JR Merrill West
2	Shana Watson	JR Skyline

3	Tracey Stewart	SO James Logan
4	Decontee Kaye	JR James Logan
5	Sara Callier	JR Benson
6	Kathryn Buckles	SR Monte Vista
7	Sharde' Miller	JR Franklin
8	Keniyah Robinson	FR Holy Names
9	Antoinette Payne	SR Benson
10	Tiana Johnson	SR Bret Harte
11	Jackie Harrison	FR James Logan
12	Kourtney Sherman	JR Benicia
13	Angeliza Fontillas	JR Folsom
14	Kourtney Johnson	SR Sheldon-Sacr
15	Carolyn DePiazza	SR St. Francis
16	Crystal Hassey	JR Fairfield
17	Samantha Bradley	SR Carlmont
18	Gina Gairnese	SR Archbishop M
19	Erin Nomura	SR Del Norte
20	Angie Picardo	FR St. Francis
21	Jesell Neal	SR Skyline
22	Nicole Garces	SR Bella Vista
23	Abby Damm	SO Mountain Vie
24	Gabi Kuftinec	SO Mountain Vie
25	Renee Medina	SR California HS
26	Stephani Williamson	SO Carondelet
27	Nicole White	JR Carondelet
28	Reem Khalil	JR Benicia
29	Kyndra Cartright	JR Placer
30	Brittany Farmer	JR Granada
31	Aileen Carroll	JR Benicia

Event 71 Girls Discus Throw HIGH SCHOOL

Throws under 100'0" will not be measured.

NOTE: Some athletes have been listed as Alternates for this event.

Athletes will be added from the list of alternates on meet day ONLY if we receive a considerable number of scratches.

=====

Name	Year School	
1	Alexaraee Toeaina	SR Pittsburg
2	Bianca Benschop	SR James Logan
3	Tai Battle	SR Will C. Wood
4	Sara Jacobsen	SR Marin Cathol
5	Krystal Thomson	SR Bret Harte
6	Jaleesa Jeffery	SO James Logan
7	Monica Gomez	JR Mt. Pleasant
8	Emma Heck	JR Nevada Union
9	Paris Dixon-Buckley	FR James Logan
10	Allyce Garcia	SR Carondelet
11	Sarah Barber	JR St. Joseph (
12	Krishna De La Fuente	SR Presentation
13	Danielle Brussard	SO Bishop O'Dow
14	Amanda Moore	SR Merced
15	Erica Johnson	SR Carondelet
16	Monica Aguilar	SR Madera
17	Karly Shipherd	SR Placer
18	Sela Paini	SO St. Francis
19	Nicole McClURE	JR Franklin
20	Jessica Young	SR Palo Alto
21	Dami Wusu	JR Palo Alto
22	Rebekah Focht	JR Elk Grove
23	Marissa Ehret	SR Fortuna
24	Nina Pantera	SR Campolindo
25	Melissa Bishop	SR Fortuna

26	Shea Dailor	JR Los Gatos
27	Mary Nguyen	SR Sheldon-Sacr
28	Serena Hubbard	SR Tokay

Alternates

1	Angelina Greep	JR Elsie Allen
2	Monique Holliman	JR Madera
3	Chahlaius Raynez	SR Cordova
4	Jessica Eaddy	SR Fairfield
5	Adrienne Muth	SR Carondelet
6	Melissa Nylander	SR California HS
7	Jennifer Greenspan	JR California HS

Event 72 Girls Shot Put HIGH SCHOOL

Throws under 30'0" will not be measured.

Name	Year	School
1	Sarah Barber	JR St. Joseph (
2	Bianca Benschop	SR James Logan
3	Jaleesa Jeffery	SO James Logan
4	Nicole McClURE	JR Franklin
5	Julie Dufresne	JR Harbor
6	Monica Gomez	JR Mt. Pleasant
7	Jahylica Bland	JR Modesto
8	Leanne Fisher	JR James Logan
9	Alexaraee Toeaina	SR Pittsburg
10	Sela Paini	SO St. Francis
11	Samantha Kuo	JR Crystal Spri
12	Amanda Moore	SR Merced
13	Allyce Garcia	SR Carondelet
14	Talia DeMartini	SO St. Ignatius
15	Rebekah Focht	JR Elk Grove
16	Tai Battle	SR Will C. Wood
17	Krystal Thomson	SR Bret Harte
18	Tia Moore	JR Sheldon-Sacr
19	Marissa Ehret	SR Fortuna
20	Deanna Anderson	JR Mt. Pleasant
21	Serena Hubbard	SR Tokay
22	Jean Lightfoot	SO Maria Carril
23	Jessica Gran	SO Lincoln (Sto
24	Ashley Arbuckle	SR Sheldon-Sacr
25	Jamie DaSilva	SR San Ramon Va
26	Erica Johnson	SR Carondelet
27	Courtney Johnson	SR Gardena
28	Chahlaius Raynez	SR Cordova
29	Jennifer Greenspan	JR California HS
30	Katie Hull	SR Pleasant Val
31	Carol Quiring	SR Pleasant Val
32	Shay Ali	SR John F. Kenn
33	Jessica Eaddy	SR Fairfield
34	Danielle Breakfield	SO Lincoln (Sto
35	Pauline Regala	FR Mountain Vie
36	Melissa Bishop	SR Fortuna
37	Alexis Gaskin	SR Vacaville
38	Alexandra Congi	SO St. Ignatius
39	Lindy Capps	JR Lodi
40	Melissa Nylander	SR California HS
41	Sarah Macavoy	JR Redwood
42	Pardis Farhadian	JR Menlo Athert