

California Interscholastic Federation
Track & Field Championships-Arco am/pm
Hughes Stadium Sacramento California - Friday Jun 6, 1997 to Saturday Jun 7, 1997

HEAT AND FLIGHT SHEETS FOR TRACK & FIELD

Event 14 Boys Pole Vault Finals
Saturday 06/07/97 at 4:00 PM

Pos	#	Flight 1 Finals			
1		Seth Benson	12 CS GW	15'00.00"	_____
2		Robert Carbajal	11 CCS MT.P	15'00.00"	_____
3		Willie Deitchman	12 SJS POND	15'00.00"	_____
4		Andrew Peeke	11 SS PENI	15'00.00"	_____
5		Joel Kriwinski	12 SS AG	15'00.00"	_____
6		Travis Vandrovec	12 SS FV	15'00.00"	_____
7		Mark Unzueta	11 CS LEM	15'00.00"	_____
8		Steve Harris	12 CCS DMAR	15'00.00"	_____
9		David Gritz	12 SJS BC	15'00.00"	_____

Event 15 Boys Long Jump Finals
Saturday 06/07/97 at 5:00 PM

Pos	#	Flight 1 Finals			
1		C J Nakayama	12 CS CLO	23'00.75"	_____
2		Kenny Pearson	11 SJS STAG	23'01.50"	_____
3		Marvin Brown	12 SJS WCW	23'01.50"	_____
4		Elliot Walker	12 SDS MRSE	23'05.50"	_____
5		Anthony Colson	12 SJS CTR	23'06.00"	_____
6		Darrell Lewis	12 NCS PITT	23'08.50"	_____
7		Henry Jenkins	12 SS PASO	23'10.00"	_____
8		Courtney Palmore	12 SS OKN	23'10.75"	_____
9		B B Malone	11 CS GW	24'00.50"	_____
10		Patrick McCall	12 LAS CARS	24'05.25"	_____

Event 12 Boys Discus Throw Finals
Saturday 06/07/97 at 5:00 PM

Pos	#	Flight 1 Finals			
1		Josh Murdock	11 SJS GV	164'08.00"	_____
2		Tooran Gilliam	12 SDS SD	164'09.00"	_____
3		Jeff Beadle	12 CS HIGB	166'09.00"	_____
4		Van Mounts	11 CS B	166'11.00"	_____
5		Reedus Thurmond	11 SS SERA	168'02.00"	_____
6		Jim Norum	12 SS BREA	170'05.00"	_____
7		John Badovinac	12 SJS JES	176'11.00"	_____
8		John Bello	12 SS RCUC	186'04.00"	_____
9		Scott Moser	12 SS HUNT	190'07.00"	_____

Event 27 Girls Shot Put Finals
Saturday 06/07/97 at 5:00 PM

Pos	#	Flight 1 Finals			
1		Andrea Loman	10 SS POLY	40'02.00"	_____
2		Brandi Smith	12 CS MAD	40'08.50"	_____
3		Theresa Hahn	11 NCS GRAN	41'04.25"	_____
4		Vanessa Shields	11 SS AG	41'11.50"	_____
5		Stephanie Brown	11 SS AG	43'09.00"	_____
6		Bell Jordan	11 SJS LIN2	44'03.25"	_____
7		Kristen Bryden	12 NS ANDE	44'08.00"	_____
8		Cynthia Ademiluyi	12 SS LBP	44'09.00"	_____
9		Chaniqua Ross	11 SJS LAGC	45'00.00"	_____

Event 13 Boys High Jump Finals
Saturday 06/07/97 at 5:00 PM

Pos	#	Flight 1 Finals			
1		Elliot Parks	12 SS ELTR	6'08.00"	_____
2		Rokeem Osby	12 SJS CORV	6'08.00"	_____
3		Darryl Feilbach	12 SJS BC	6'08.00"	_____
4		Eric Hollins	11 SDS DIDO	6'08.00"	_____
5		Darren Marble	11 CCS ALTO	6'08.00"	_____
6		Gabriel Zarate	10 CS SELM	6'08.00"	_____
7		Lester Deraad	12 SS TUST	6'08.00"	_____
8		Jason Howard	12 CS RGWV	6'08.00"	_____
9		Clinte Motley	12 SS AL	6'08.00"	_____

Event 31 Girls Long Jump Finals
Saturday 06/07/97 at 5:00 PM

Pos	#	Flight 1 Finals			
1		Christine Chan	12 CCS MTVU	18'00.25"	_____
2		LaRonda Hite	11 SDS LINS	18'00.75"	_____
3		April Horne	12 CS CLOW	18'01.50"	_____
4		Dee Scott	10 CS SBK	18'03.25"	_____
5		Ashley Bethel	11 SS MVIE	18'03.25"	_____
6		Genein Jefferson	12 SS EIS	18'09.00"	_____
7		Brianna Glenn	11 SS LAM	18'09.50"	_____
8		Bunmi Oguneleye	11 SS LBP	18'11.00"	_____
9		Michelle Perry	12 SS OH	19'08.75"	_____

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HEAT AND FLIGHT SHEETS FOR TRACK & FIELD

Event 25 Girls 4x100 Meter Relay Finals
Saturday 06/07/97 at 6:00 PM

Lane	#	Heat 1	Finals	
1		SS	North JW	48.07
2		LAS	Westchester	47.20
3		NCS	Encinal	47.12
4		NCS	James Logan	46.20
5		SS	St. Bernard	45.08
6		SS	Long Beach Poly	45.84
7		LAS	Taft LA	47.01
8		SJS	Valley	48.30
9		SS	Woodbridge	47.57

Event 5 Boys 1,600 Meter Run Finals
Saturday 06/07/97 at 6:28 PM

Pos	#	Heat 1	Finals	
1A	9	Alex Sanchez	12 NCS DLS	4:23.11
1B	7	Irving Moreno	11 SS POLY	4:20.00
1C	5	Mike Altieri	11 SJS JES	4:19.72
2A	1	Brendan Fitzgibbon	12 CCS SIGN	4:17.22
2B	2	Tom Prindiville	12 NCS DLS	4:18.20
2C	3	Jason Taylor	11 SS PENI	4:18.33
3A	4	Jon Stevens	11 NCS MSJ	4:19.30
3B	6	Steve Barrus	12 CS CLO	4:19.99
3C	8	Andrew Wulf	12 CCS BEL	4:21.41

Event 9 Boys 4x100 Meter Relay Finals
Saturday 06/07/97 at 6:08 PM

Lane	#	Heat 1	Finals	
1		CS	Lemoore	41.75
2		SS	Rowland	41.65
3		SS	Chino	41.30
4		CS	Edison Fresno	41.22
5		SS	John Muir	40.55
6		SJS	AA Stagg	41.09
7		SS	Serra	41.24
8		SDS	Morse	41.38
9		SDS	University City SD	41.75

Event 23 Girls 100 Meter High Hurdles Finals
Saturday 06/07/97 at 6:40 PM

Lane	#	Heat 1	Finals	Wind Reading:	
1		Khameel Flemming	12 LAS DORS		14.95
2		Lisa O'Reilly	12 SJC STMS		14.80
3		Hannah Cooper	12 SS HAW		14.53
4		Nicole Hoxie	12 SS NJW		13.99
5		Daveeta Shepard	12 NCS DAC		13.84
6		Michelle Perry	12 SS QH		13.96
7		Ashley Bethel	11 SS MVIE		14.49
8		Natasha Neal	11 NCS LOG		14.74
9		Randi Smith	11 SS BEVH		14.94

Event 21 Girls 1,600 Meter Run Finals
Saturday 06/07/97 at 6:17 PM

Pos	#	Heat 1	Finals	
1A	9	Mary Moore	11 SS WBRI	5:09.43
1B	7	Anne-Elyse Smith	11 CCS APTO	5:05.63
1C	5	Julie Ott	12 SDS U-SD	5:01.50
2A	1	Julia Stamps	12 NCS SROS	4:55.60
2B	2	Elaine Canchola	11 SS NORD	4:55.62
2C	3	Jennifer Akana	11 SFS LOWL	5:00.74
3A	4	Kristin Gordon	12 NCS CARO	5:01.44
3B	6	Tracy Cohn	12 CS STOK	5:02.98
3C	8	Sarah Ellis	12 SS LAC	5:08.18

Event 7 Boys 110 Meter High Hurdles Finals
Saturday 06/07/97 at 6:47 PM

Lane	#	Heat 1	Finals	Wind Reading:	
1		Tony Galaviz	12 CCS GUND		14.52
2		Mike Smith	12 SS ELTR		14.48
3		Reggie DePass	12 SDS MTGO		14.21
4		Kenyon Rambo	12 SS LBP		14.05
5		Sharif Paxton	12 LAS CREN		13.92
6		Dominique DeGrammon	12 SS TUST		14.04
7		Arend Watkins	12 CCS SILC		14.12
8		Brandon Brown	12 SS DOM		14.35
9		Lamarlo Robinson	12 CS TUWE		14.48

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HEAT AND FLIGHT SHEETS FOR TRACK & FIELD

Event 22 Girls 3,200 Meter Run Finals
Saturday 06/07/97 at 8:08 PM

Pos	#	Section 1 Finals			
1	1	Julia Stamps	12 NCS SROS	10:19.50	_____
2	4	Kristin Gordon	12 NCS CARO	10:20.91	_____
3		Andrea Neipp	12 SS HIGH	10:23.34	_____
4		Lauren Fleshman	11 SS CANY	10:33.13	_____
5		Trina Cox	10 NCS SROS	10:38.24	_____
6		Kimi Welch	11 SS YUCA	10:38.96	_____
7		Yvonne Liebig	11 SJS JF5	10:46.95	_____
8		Allyson Marquand	10 SS UNI3	10:52.62	_____
9		Marielle Schlueter	12 CCS SIGN	10:59.04	_____
10		Emili Lawson	12 CS CLOW	10:59.73	_____
11		Jen Schindler	12 SJS POND	11:01.40	_____
12		Michelle Barrack	10 SDS U-SD	11:02.56	_____
13	7	Anne-Elyse Smith	11 CCS APTO	11:02.94	_____
14		Alicia McFall	10 SS NEWH	11:03.07	_____
15		Susan Chou	12 SFS LOWL	11:04.31	_____
16		Ana Lilia Martinez	11 CCS KC	11:06.14	_____
17		Lisa Gills	11 NCS MORE	11:08.34	_____
18		Kelly Grimes	11 SDS SR	11:12.03	_____
19		Michelle Leinfelder	12 SJS ESCA	11:16.85	_____
20		Lanele Cox	10 SDS DIDO	11:17.08	_____
21	16	Stephanie McCarty	12 CS MAD	11:18.00	_____
22	20	Melissa Peralta	11 LAS SG	11:20.04	_____
23	24	Bree Akeeson	12 LAS JF3	11:21.97	_____
24		Jaime Jones	09 LAS CLEV	11:22.02	_____
25		Angela Ruiz	12 CS REED	11:29.79	_____
26		Hillery Gemmill	12 NS CNVL	11:55.71	_____
27		Stephanie Garcia	11 OS SKY	12:54.95	_____

Event 6 Boys 3,200 Meter Run Finals
Saturday 06/07/97 at 8:25 PM

Pos	#	Section 1 Finals			
1		Isaiah Festa	11 SS MOBA	9:07.06	_____
2		Juan Chavira	11 CS HANF	9:13.25	_____
3		Michael Khasahun	12 CS FRES	9:14.32	_____
4		Chad Durham	11 SS LBP	9:14.97	_____
5		Noel Nelson	12 CS RW	9:15.25	_____
6		Ronnie Buchanan	11 SS RIGH	9:18.61	_____
7		David Lopez	12 SS HOVG	9:18.94	_____
8		Dave Rodriguez	12 NCS MSJ	9:19.28	_____
9		Mike Baskin	11 SDS MTCA	9:19.61	_____
10		Corey Creasey	12 SJD NU	9:19.99	_____
11		Marcus Chandler	10 SDS SER	9:20.09	_____
12		Justin Willingham	10 SJS EU	9:20.18	_____
13		Juan Pablo Miramont	12 SJS GV	9:20.30	_____
14		Ryan Gallagher	12 SS TV	9:21.11	_____
15		Gary Passanisi	11 CCS APTO	9:21.44	_____
16		Cuco Chavez	11 CCS HOLL	9:23.72	_____
17		Adam Perez	11 CCS SERR	9:28.27	_____
18		Eron Tello	12 SDS RB	9:28.63	_____
19		Tim Layden	11 NCS DLS	9:33.20	_____
20		David Vigil	10 NCS COPK	9:34.58	_____
21	19	Jose Merino	12 LAS CREN	9:35.22	_____
22		Chad Foster	12 NCS LOG	9:35.39	_____
23		Manuel Lopez	12 LAS BELM	9:44.85	_____
24		Rodolfo Toro	12 LAS BELL	9:46.80	_____
25		David Braund	12 NS WV	9:48.82	_____
26		Aaron Clewis	12 OS OAK	10:12.17	_____
27		Bentley Lim	10 SFS LOWL	10:28.30	_____

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Event 19 Girls 400 Meter Dash Finals
Saturday 06/07/97 at 6:55 PM

Lane	#	Heat 1	Finals	
1		Seneik Saavedera	12 NCS ENAL	56.13
2		Brandee Grant	12 NCS HN	56.04
3		Rose Criss	12 NCS ANAY	55.78
4		Regine Caruthers	12 SS SEN	54.94
5		Kinshasa Davis	12 SS WILB	52.83
6		Bunmi Oguneleye	11 SS LBP	54.92
7		Aisha Margain	09 NCS SLOR	55.70
8		Nikelola Balogon	12 LAS WESC	55.97
9		Julia Gray	11 SS NJW	56.06

Event 28 Girls Discus Throw Finals
Saturday 06/07/97 at 7:00 PM

Pos	#	Flight 1	Finals	
1		Amy Thiel	11 CCS FREC	129'08.00"
2		Krissey Schelir	9 CS SIER	131'00.00"
3		Cynthia Ademiluyi	12 SS LBP	134'03.00"
4		Erin McGrath	12 SDS ELAK	140'06.00"
5		Carrie Axton	12 SS LOSA	141'07.00"
6		Melissa Reis	11 NCS LOG	142'05.00"
7		April Burton	10 CS B	157'05.00"
8		Cecilia Barnes-Mile	11 CS CLOW	158'11.00"
9		Chaniqua Ross	11 SJS LAGC	159'11.00"

Event 11 Boys Shot Put Finals
Saturday 06/07/97 at 7:00 PM

Pos	#	Flight 1	Finals	
1		Pete Bjorklund	10 CCS ALTO	56'05.25"
2		Dan Ames	10 SDS ECAP	56'09.75"
3		Rodney Leslie	10 CS RGVW	56'10.25"
4		Roy Rivas	11 SDS CAED	57'06.50"
5		Andre Carter	12 CCS OAKG	58'05.75"
6		Derek Kurkowski	12 SS CANS	58'07.75"
7		Vili Makhele	11 SDS SMAR	59'03.00"
8		John Bello	12 SS RCUC	61'03.25"
9		Van Mounts	11 CS B	64'05.25"

Event 29 Girls High Jump Finals
Saturday 06/07/97 at 7:00 PM

Pos	#	Flight 1	Finals	
1		Ashley Bethel	11 SS MVIE	5'05.00"
2		Michelle Mahlke	10 SS MARM	5'05.00"
3		Kibibi Bodden	12 NCS LOG	5'05.00"
4		Nicole Branagh	12 NCS MIRM	5'05.00"
5		Kim Stone	10 CCS YORK	5'05.00"
6		Shirley Anku	12 SDS RBV	5'06.00"
7		Liz Giltner	12 SS CHAM	5'06.00"
8		Tayyiba Haneef	12 SS LAGH	5'06.00"
9		Lisa Underhill	12 SDS RBV	5'06.00"

Event 16 Boys Triple Jump Finals
Saturday 06/07/97 at 7:00 PM

Pos	#	Flight 1	Finals	
1		Tyriff Rudder	12 SDS MTMI	47'02.00"
2		Draper Rivers	12 SDS MRSE	47'07.75"
3		Matt Primous	11 SS LOMP	47'11.00"
4		Joe Augustine	12 SJS YC	47'11.25"
5		Daniel Johnson	12 SJS VAN	48'06.00"
6		Jerroid Mack	11 NCS STMC	48'08.75"
7		Anthony Colson	12 SJS CTR	48'10.25"
8		Clinte Motley	12 SS AL	49'06.50"
9		Jason Howard	12 CS RGVW	50'00.25"

Event 30 Girls Pole Vault Finals
Saturday 06/07/97 at 7:00 PM

Pos	#	Flight 1	Finals	
1		Mahogany Ayele	12 SDS SMAR	11'00.00"
2		Bianca Maran	12 SS STMO	11'00.00"
3		Allison Knode	11 CS KING	11'00.00"
4		Sara Higham	11 SS MVIE	11'04.00"
5		Katie Rorem	11 SS MAR2	11'04.00"
6		Kylene Nixon	12 SDS POW	11'04.00"
7		Maria Lopez	12 NCS NMEM	11'04.00"
8		Brooke Lankard	11 CS GW	11'04.00"
9		Bridget Pearson	10 SS HOVG	11'04.00"

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Event 32 Girls Triple Jump Finals
Saturday 06/07/97 at 7:00 PM

Pos	#	Flight 1 Finals	
1		Brittney Roberts	10 CS BULL 37'07.00"
2		Ika Eliashvili	11 LAS BIRM 37'10.00"
3		Heather Contreras	10 NS SUTT 38'00.75"
4		Sherita Williams	10 SDS ELC 38'06.00"
5		Reynda King	12 SS STM 38'08.75"
6		Darnesha Griffith	11 SJS VACA 39'01.75"
7		Tamara Espinoza	11 SDS HILT 39'07.75"
8		Andrea Booker	11 SDS ELC 40'00.00"
9		Brianna Glenn	11 SS LAM 40'03.75"

Event 1 Boys 100 Meter Dash Finals
Saturday 06/07/97 at 7:15 PM

Lane	#	Heat 1 Finals	Wind Reading:	
1		Demetrus Patterson	11 LAS BIRM	10.92
2		Joseph Hunter	11 SJS VACA	10.86
3		Dashaun McCullough	10 SS SERA	10.79
4		Miguel Fletcher	11 SS ALEM	10.75
5		Sultan McCullough	11 SS JM	10.62
6		Justin Fargas	11 SS ND3	10.70
7		Kevin Howard	12 LAS CREN	10.78
8		Daryl Rideaux	10 SS LBP	10.79
9		Andre Ammons	12 OS SKY	10.87

Event 3 Boys 400 Meter Dash Finals
Saturday 06/07/97 at 7:02 PM

Lane	#	Heat 1 Finals	
1		Marlon Jarrett	12 SS MK 48.43
2		Jucorie Tryon	12 SS JM 47.96
3		Marques Anderson	12 SS LBP 47.37
4		Tim Brown	12 OS MCLY 47.18
5		Eddie Levine	12 SJS GV 46.53
6		Mike Kenyon	12 SJS DC 47.16
7		Tony Berrian	12 SJS ATW 47.21
8		Jason Manly	12 SS ROWL 47.93
9		Chris Forde	12 SS ND3 48.04

Event 20 Girls 800 Meter Run Finals
Saturday 06/07/97 at 7:22 PM

Lane	#	Heat 1 Finals	
1		Angie Milner	12 SJS MOD 2:14.98
2		Monica Van Wegen	12 NCS AMV 2:14.88
3		Liz Morse	09 SS CDM 2:13.38
4		Stephanie Chavez	12 CCS LOGS 2:12.65
5		Angelita Green	09 SS LBP 2:11.64
6		Lindsay Hyatt	10 SJS PLAC 2:12.20
7		Danielle Price	11 NCS LOG 2:12.75
8		Colleen Wrenn	11 CCS PA 2:13.88
9		Makia Nelson	11 SS BREA 2:14.95

Event 17 Girls 100 Meter Dash Finals
Saturday 06/07/97 at 7:09 PM

Lane	#	Heat 1 Finals	Wind Reading:	
1		Sah Nee Roseby	9 CCS NS	12.10
2		Eboni Grayson	11 LAS TAFT	12.05
3		Michelle Perry	12 SS QH	12.04
4		Damesha Craig	12 CCS MEN	12.01
5		Angela Williams	11 SS CHIN	11.36
6		Miesha Withers	10 SS SBN	11.83
7		Malika Edmonson	12 SS SBN	12.02
8		Anita McCallum	10 NCS SLOR	12.04
9		Miya Edmonson	09 SS SBN	12.10

Event 4 Boys 800 Meter Run Finals
Saturday 06/07/97 at 7:29 PM

Lane	#	Heat 1 Finals	
1		Steve Daynes	12 SDS ECAP 1:55.59
2		Devin Lindahl	10 SS DANA 1:55.07
3		Mark Hassell	12 SS BAR 1:54.99
4		Drew Ostler	12 NCS MSJ 1:54.78
5		James Levine	13 SJS GV 1:52.39
6		Ryan Meuse	11 SS SIMI 1:54.49
7		Eric Soliz	12 SS CMES 1:54.83
8		Owen Keville	12 SS SMON 1:55.03
9		Ryan Carroll	12 SJS MER 1:55.20

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Event 24 Girls 300 Meter Low Hurdles Finals

Saturday 06/07/97 at 7:38 PM

Lane	#	Heat 1	Finals		
1		Khameel Flemming	12 LAS DORS	44.38	
2		Hannah Cooper	12 SS HAW	43.91	
3		Ryan Peters	10 OS SKY	43.70	
4		Randi Smith	11 SS BEVH	42.67	
5		Daveeta Shepard	12 NCS DAC	42.34	
6		Natasha Neal	11 NCS LOG	42.59	
7		Lisa O'Reilly	12 SJC STMS	43.69	
8		Carrie McGraw	11 NCS MSJ	43.76	
9		Mandy Mazik	12 CCS CAP	44.08	

Event 2 Boys 200 Meter Dash Finals

Saturday 06/07/97 at 8:00 PM

Lane	#	Heat 1	Finals	Wind Reading:	
1		Jerome Avery	12 CS LEM	21.58	
2		Kevin Howard	12 LAS CREN	21.43	
3		Jason Manly	12 SS ROWL	21.30	
4		Kareem Kelly	10 SS LBP	21.04	
5		Sultan McCullough	11 SS JM	20.99	
6		Andre Ammons	12 OS SKY	21.03	
7		Miguel Fletcher	11 SS ALEM	21.13	
8		Joseph Hunter	11 SJS VACA	21.34	
9		Marcus Fields	12 SJS STAG	21.52	

Event 8 Boys 300 Meter Int Hurdles Finals

Saturday 06/07/97 at 7:45 PM

Lane	#	Heat 1	Finals		
1		David Warren	12 SS HAW	38.27	
2		Tim Bogdanoff	11 CS BUCH	38.08	
3		Al Williams	11 SS IRV	37.80	
4		Reggie DePass	12 SDS MTGO	37.51	
5		Tracy Smith	12 SDS RBV	37.41	
6		Dominique DeGrammon	12 SS TUST	37.42	
7		Kenyon Rambo	12 SS LBP	37.56	
8		Nick Ray	11 CS RGVW	38.05	
9		Kevin Carter	12 CS SBK	38.23	

Event 26 Girls 4x400 Meter Relay Finals

Saturday 06/07/97 at 8:40 PM

Lane	#	Heat 1	Finals		
1		SDS Morse		3:53.75	
2		NCS James Logan		3:52.48	
3		NCS Encinal		3:50.67	
4		SS Wilson Long Beach		3:48.49	
5		SS St. Bernard		3:43.96	
6		LAS Taft LA		3:47.98	
7		SS Long Beach Poly		3:49.87	
8		NCS Mission San Jose		3:51.24	
9		SS North JW		3:53.51	

Event 18 Girls 200 Meter Dash Finals

Saturday 06/07/97 at 7:53 PM

Lane	#	Heat 1	Finals	Wind Reading:	
1		Janice Thomas	12 LAS DORS	24.79	
2		Annetta Wells	12 LAS UNI2	24.60	
3		Tiffany Thompson	10 SS ND3	24.50	
4		Aisha Margain	09 NCS SLOR	24.15	
5		Kinshasa Davis	12 SS WILB	23.74	
6		Malika Edmonson	12 SS SEN	23.87	
7		Eboni Grayson	11 LAS TAFT	24.32	
8		Brianna Glenn	11 SS LAM	24.52	
9		Sah Nee Roseby	9 CCS NS	24.67	

Event 10 Boys 4x400 Meter Relay Finals

Saturday 06/07/97 at 8:50 PM

Lane	#	Heat 1	Finals		
1		CCS Gunn		3:18.52	
2		SS Hawthorn		3:17.55	
3		LAS Taft LA		3:16.57	
4		SS Notre Dame SO		3:14.84	
5		SS Dominguez		3:12.95	
6		SS Long Beach Poly		3:13.79	
7		SS John Muir		3:15.65	
8		SJS AA Stagg		3:17.39	
9		NCS California SR		3:18.01	

Today's final: 6:28 p.m.

Heat 1: q-Fitzgibbon, St. Ignatius, 4:17.22; q-Prindiville, De La Salle, 4:18.20; q-Taylor, Peninsula, 4:18.33; q-Moreno, Polytechnic Riverside, 4:20.0; Muite, North Hollywood, 4:24.99; Jones, Coronado, 4:26.13; McDonald, James Logan, 4:28.53; Ramirez, Oakland Tech, 4:31.67; DiChoso, Downey Modesto, 4:32.98; Chamberlain, Oak Ridge, 4:34.04; Benmohamed, Monroe, 4:36.73; Duma, Mt. Whitney, 4:37.75; Hansen, St. Ignatius, DNS.

Heat 2: q-Stevens, Mission-San Jose, 4:19.30; q-Altieri, Jesuit, 4:19.72; q-Barrus, Clovis, 4:19.99; q-Wulf, Bellarmine, 4:21.41; q-Sanchez, De La Salle, 4:23.11; Fox, West Hills, 4:23.48; Manhart, Trabuco Hills, 4:25.58; Gans, Dos Pueblos, 4:26.28; Hunter, Sultana, 4:28.96; Greene, St. Augustine, 4:31.25; Merino, Crenshaw, 4:33.18; Wade, Central Valley, 4:33.34; Choi, Lowell, 4:35.43; Pestorich, Clovis West, 4:39.86.

110 HIGH HURDLES**Today's final: 6:55 p.m.**

Heat 1 (wind reading -1.2): q-DeGrammont, Tustin, 14.04; q-Brown, Dominguez, 14.35; q-Galaviz, Gunderson, 14.52; Carter, South Bakersfield, 14.84; Bogdanoff, Buchanan, 14.86; Smith, University-LA, 14.95; Nero, St. Mary's, 15.18; Arney, Logan, 15.52; Andrews, Cotate, 15.83.

Heat 2 (wind reading -1.2): q-Paxton, Crenshaw, 13.92; q-Rambo, Long Beach Poly, 14.05; Smith, Rancho Buena Vista, 14.60; McGowan, Leigh, 14.61; Knowles, Fairfield, 14.77; Landingham, Corning, 14.84; Woestman, El Capitan, 15.08; Motley, Alta Loma, 15.10; Ratliff, McAteer, 15.39.

Heat 3 (wind reading -1.9): q-Watkins, Silver Creek, 14.12; q-DePass, Montgomery-SD, 14.21; q-Smith, El Toro, 14.48; q-Robinson, Tulare Western, 14.48; Ellis, Dorsey, 14.73; Franks, Jesuit, 14.79; Frazier, Hogan, 14.99; Joseph, Pinole Valley, 15.41; Edwards, Fremont-Oakland, 16.08.

300 INTERMEDIATE HURDLES**Today's final: 7:53 p.m.**

Heat 1: q-Smith, Buena Vista, 37.41; q-DeGrammont, Tustin, 37.42; q-Williams, Irvine, 37.80; Bravin, Valhalla, 38.55; Seymour, San Lorenzo Valley, 38.69; Andrews, Rancho Cotate, 38.80; Mackey, Northgate, 39.81; Hocker, Silver Creek, 40.11; Dalske, Sutter, 41.67.

Heat 2: q-Rambo, Long Beach Poly, 37.56; q-Carter, South Bakersfield, 38.23; q-Warren, Hawthorne, 38.27; Smith, University-LA, 38.73; Bates, Del Oro, 39.48; McGowan, Leigh, 39.60; Lee, Dorsey, 40.00; Beaver, Newark Memorial, 40.02; Edwards, Fremont-Oakland, 40.74.

Heat 3: q-DePass, Montgomery-SD, 37.51; q-Ray, Ridgeview, 38.05; q-Bogdanoff, Buchanan, 38.08; Knowles, Fairfield, 38.92; Lexion, San Bernardino, 38.95; Nero, St. Mary's College, 39.10; Ellis, Dorsey, 40.29; Ratliff, McAteer, 40.99; Vaughn, Elk Grove, 41.24.

4x100 RELAY**Today's final: 6:08 p.m.**

Heat 1: q-John Muir, 40.55; q-AA Stagg, 41.09; q-Edison-Fresno, 41.22; q-Rowland, 41.65; North Monterey, 42.04; Crenshaw, 42.06; James Logan, 42.25; California SR, 43.26; Pleasant Valley, 44.36.

Heat 2: q-Morse, 41.38; q-University City-SD, 41.75; Grant, 42.0; Gunderson, 42.06; Hawthorne, 42.34; St. Mary's College, 42.74; Rancho Bernardo, 43.15; San Ramon Valley, 49.70; Dorsey, DQ.

Heat 3: q-Serra, 41.24; q-Chino, 41.30; q-Lemore, 41.75; Gardena, 41.82; Atwater, 42.60; Bakersfield, 42.62; Cupertino, 42.84; Galileo DNF; McClymonds, DQ.

4x400 RELAY**Today's final: 8:58 p.m.**

Heat 1: q-John Muir, 3:15.65; q-Taft-LA, 3:16.57; q-Gunn, 3:18.52; Golden Valley, 3:20.09; Skyline, 3:21.04; University City-San Diego, 3:22.16; Campolindo, 3:25.08; Cardinal Newman, 3:35.69; Bakersfield, DQ.

Heat 2: q-Dominguez, 3:12.95; q-AA Stagg, 3:17.39; q-California-Santa Rosa, 3:18.01; Morse, 3:19.32; La Costa Canyon, 3:20.48; Westchester, 3:22.55; Red Bluff, 3:33.52; Ridgeview, DQ.

Heat 3: q-Long Beach Poly, 3:13.79; q-Notre Dame, 3:14.84; q-Hawthorne, 3:17.55; Dorsey, 3:18.96; St. Mary's College, 3:19.22; Fairfield, 3:19.87; St. Francis-Mt. View, 3:22.44; Clovis, 3:24.52; Lowell, 3:31.99.

SHOT PUT**Today's final: 6 p.m.**

q-Mounts, Bakersfield, 64-5 1/4; q-Bello, Rancho Cucamonga, 61-3 1/4; q-Makhele, San Marcos, 59-3; q-Kurkowski, Canyon Springs, 58-7 3/4; q-Carter, Oak Grove, 58-5 3/4; q-Rivas, Carlsbad, 57-6 1/2; q-Leslie, Ridgeview, 56-10 1/4; q-Ames, El Capitan, 56-9 3/4; q-Bjorklund, Los Altos, 56-5 1/4.

Chase, Cardinal Newman, 56-0; Weigand, Arcadia, 55-6 1/4; Moser, Huntington Beach, 55-5 3/4; Parker, McAteer, 55-2 1/2; Desomber, Gridley, 54-8 1/4; Matheney, St. Bernard-Eureka, 54-8; Rainis, St. Paul, 54-8; Torresdal, Woodside, 53-4; Badovinac, Jesuit, 52-11 1/4; Mackay, Central-Catholic, 52-11; Price, Atwater, 52-2 1/4; Holt, Tamalpais, 52-2; Beadle, Highland-Bakersfield,

14-4; Cunningham, Verdugo Hills, 14-4; Price, Kingsburg, 14-4; Tutrow, Poway, 14-0; Ekstrand, Glendora, 14-0; Hayes, Fortuna, 14-0; Cheng, Rancho Buena Vista, 13-6; Becker, Temescal Canyon, 13-6; Tacheria, San Ramon Valley, 13-6; Mueller, Rancho Buena Vista, 13-6; Braunstein, Newark Memorial, 13-6; Turner, Granada Hills, NH; Mak, Lowell, NH; Honey, West Valley-Cottonwood, NH; Harris, McClymonds, NH; Kassab, University-LA, NH.

GIRLS**100****Today's final: 7:17 p.m.**

Heat 1 (wind -1.3): q-Williams, Chino, 11.36; q-Craig, Menlo, 12.01; Decree, Foothill-Bakersfield, 12.38; Smith, Logan, 12.42; Wells, University-LA, 12.43; Williams, Armijo, 12.46; Banks, Campolindo, 12.85; Holman, Valley-Sacramento, scratch; McKinney, Monte Vista, scratch.

Heat 2 (wind -1.4): q-MaEdmonson, St. Bernard, 12.02; q-McCallum, San Lorenzo, 12.04; q-MiEdmonson, St. Bernard, 12.10; q-Roseby, North Salinas, 12.10; Groce, Morse, 12.19; Williams, James Logan, 12.36; Totimeh, Valley-Sacramento, 12.47; Kincaid, Skyline, 12.69; Bennett, Centennial, FS.

Heat 3 (wind -0.4): q-Withers, St. Bernard, 11.83; q-Perry, Quartz Hill, 12.04; q-Grayson, Taft-LA, 12.05; Allen, St. Miguel, 12.36; Thomas, Dorsey, 12.39; Harris, Enterprise, 12.43; Alade, Foothill-Bakersfield, 12.47; Webb, Wilcox, 12.54; Hill, Lowell, 13.51.

200**Today's final: 8:01 p.m.**

Heat 1 (wind 0.0): q-Davis, Wilson-Long Beach, 23.74; q-Grayson, Taft-LA, 24.32; Groce, Morse, 24.84; Williams, James Logan, 24.91; Harris, Enterprise, 25.31; Alade, Foothill-Bakersfield, 25.48; Totimeh, Valley, 25.52; Borders, Wilson-Long Beach, DQ; Holman, Valley-Sacramento, scratch.

Heat 2 (wind 0.6): q-MaEdmonson, St. Bernard, 23.87; q-Glenn, La Mirada, 24.52; q-Wells, University-LA, 24.60; q-Roseby, North Salinas, 24.67; Decree, Foothill-Bakersfield, 25.25; Grant, Holy Names, 25.52; Bennett, Centennial, 25.87; Hill, Lowell, 27.72; Woods, Skyline, scratch.

Heat 2 (wind 0.6): q-Margain, San Lorenzo, 24.15; q-Thompson, Notre Dame, 24.50; q-Thomas, Dorsey, 24.79; Reed, Encinal, 24.92; Williams, Armijo, 25.16; Smith, Gilroy, 25.38; Booker, El Camino, 25.50; Allen, Mt. Miguel, 25.60; Craig, Menlo, scratch.

400**Today's final: 7:03 p.m.**

Heat 1: q-Davis, Wilson-Long Beach, 52.83; q-Balagon, Westchester, 55.97; q-Grant, Holy Names, 56.04; Hogg, Inter. Studies, 56.36; Henderson, Morse, 57.04; Coleman, Gunn, 57.99; Hite, Lincoln-Stockton, 58.67; Newsome, Stockdale, 58.96; Borders, Wilson-Long Beach, scratch.

Heat 2: q-Oguneye, Long Beach Poly, 54.92; q-Margain, San Lorenzo, 55.70; Santucci, Oakdale, 56.98; Malone, Cleveland, 57.30; Vessey, Monte Vista Christian, 57.77; Boughton, Centennial, 58.38; Dwelly, Sacramento Waldorf, 58.70; Woods, Skyline, scratch; Elarms, Piedmont Hills, scratch.

Heat 3: q-Caruthers, St. Bernard, 54.94; q-Criss, Analy, 55.78; q-Gray, North JW, 56.06; q-Saavedera, Encinal, 56.13; Jarvis, St. Francis-Sacramento, 57.44; Harris, Wasco, 58.45; Neal, Rancho Buena Vista, 58.71; Harris, Cleveland, 58.73; Otter, Enterprise, 1:00.40.

800**Today's final: 7:30 p.m.**

Heat 1: q-Green, Long Beach Poly, 2:11.64; q-Chavez, Los Gatos, 2:12.65; q-Morse, Corona del Mar, 2:13.38; q-Wrenn, Palo Alto, 2:13.88; q-Nelson, Brea-Olinda, 2:14.95; Loftus, Buchanan, 2:16.04; Stief, Escalon, 2:16.36; Banuelos, Exeter, 2:20.83; Chan, Taft-LA, 2:23.45.

Heat 2: q-Hyatt, Placer, 2:12.20; q-Price, James Logan, 2:12.75; q-Miner, Modesto, 2:14.98; Carey, University-SD, 2:15.71; Bravin, Valhalla, 2:17.83; Petite, Yucaipa, 2:18.02; Bailey, Taft-LA, 2:20.17; Ruff, Las Plumas, 2:21.84; Lewis, Fremont-Oakland, 2:24.82.

Heat 3: q-Van Wegen, Amador Valley, 2:14.88; Shaw, Huntington Beach, 2:16.16; Bridgeman, James Logan, 2:16.94; Bernarding, Sir Francis Drake, 2:17.86; Denley, North Monterey, 2:18.66; Barrus, Clovis, 2:19.33; Dehahn, Hilltop, 2:21.37; Roche, Grant-LA, 2:21.50; Eap, Lowell, 2:24.32.

1,600**Today's final: 6:17 p.m.**

Heat 1: q-Stamps, Santa Rosa, 4:55.60; q-Canchola, Nordhoff, 4:55.82; q-Akana, Lowell, 5:00.74; q-Smith, Aptos, 5:05.63; q-Ellis, La Canada, 5:08.18; McCarty, Madera, 5:09.60; Harper, Santana, 5:10.64; Mattson, Fallbrook, 5:14.93; Gregory, Clovis, 5:16.92; Gregory, Clovis, 5:16.92; Peralta, South Gate, 5:20.78; Pedshaw, Foothill-Sacramento, 5:31.80; Akeeson, JFK-LA, 5:41.59.

Heat 2: q-Gordon, Carondelet, 5:01.44; q-Ott, University-SD, 5:01.50; q-Cohn, Stockdale, 5:02.98; Gunnison, McClatchy, 5:09.87; Dawson, Vallejo, 5:10.81; Fishback, Los Gatos, 5:15.63;