

# TRACK & FIELD

## Top CCS times

### BOYS

# 1994

### GIRLS

#### 100 meters

|                              |               |
|------------------------------|---------------|
| Shaun Williams, Silver Creek | 10.74         |
| Jason Isaac, Los Gatos       | 10.79         |
| LaPriest Nance, Wilcox       | 10.80         |
| Brent Vartan, M-A            | 10.64w, 10.81 |
| R.J. Powell, Carmel          | 10.6          |
| Bashii Levingston, Seaside   | 10.6          |
| Reggie Stephens, Santa Cruz  | 10.6          |
| * Marvin Love, Wash.         | 10.65w, 10.77 |

#### 200 meters

|                              |       |
|------------------------------|-------|
| Felton Charles, Westmoor     | 21.31 |
| Shaun Williams, Silver Creek | 21.45 |
| Jason Isaac, Los Gatos       | 21.52 |
| Richard Blayney, Hollister   | 21.67 |
| Brent Vartan, Menlo-Atherton | 21.72 |
| * Marvin Love, Washington    | 21.85 |

#### 400 meters

|                            |       |
|----------------------------|-------|
| Felton Charles, Westmoor   | 47.17 |
| Todd Smith, San Jose       | 48.85 |
| Richard Blayney, Hollister | 48.99 |
| Hildi Starling, Milpitas   | 49.27 |
| Ben Elferl, Serra          | 49.32 |
| * Aaron Richberg, Logan    | 49.8  |

#### 800 meters

|                           |         |
|---------------------------|---------|
| Jason Williams, Gunn      | 1:55.88 |
| Daniel Sikiric, Gunderson | 1:56.34 |
| Louis Andre, Independence | 1:56.3  |
| Nate Crosno, Salinas      | 1:56.6  |
| Stephen Bosshart, Gunn    | 1:57.0  |
| * Aaron Richberg, Logan   | 1:50.34 |

#### 1,600 meters

|                           |         |
|---------------------------|---------|
| Todd Dando, Bellarmine    | 4:18.05 |
| Daniel Sikiric, Gunderson | 4:18.6c |
| Amerigo Rossi, Harbor     | 4:19.70 |
| Jason Balkman, Lynbrook   | 4:22.72 |
| Nail Pitts, Mountain View | 4:22.94 |
| * Aaron Richberg, Logan   | 4:20.1  |

#### 3,200 meters

|                              |          |
|------------------------------|----------|
| Jason Balkman, Lynbrook      | 9:07.97  |
| Enrique Torres, Silver Creek | 9:17.7   |
| Tom Becker, Bellarmine       | 9:20.6   |
| Brad Hansen, St. Ignatius    | 9:23.3   |
| Dave McDonough, Cupertino    | 9:28.7   |
| * Pat Bendzik, Mission SJ    | 9:32.37c |

#### 110-meter high hurdles

|                         |       |
|-------------------------|-------|
| Coke Edmon, Bellarmine  | 14.42 |
| Nam Duong, Silver Creek | 14.2  |
| Dan Race, Soquel        | 14.44 |
| Ty Mann, Monterey       | 14.67 |
| Jeremy Gonzales, Palma  | 14.71 |
| * Bryan Click, Logan    | 15.02 |

#### 300-meter hurdles

|                         |       |
|-------------------------|-------|
| Coke Edmon, Bellarmine  | 37.25 |
| Jimmy Meyer, Santa Cruz | 38.04 |
| Nam Duong, Silver Creek | 38.38 |
| Ty Mann, Monterey       | 38.50 |
| Ben Elferl, Serra       | 38.90 |
| * Bryan Click, Logan    | 39.65 |

#### 400-meter relay

|            |       |
|------------|-------|
| Westmoor   | 41.98 |
| Los Gatos  | 42.28 |
| Wilcox     | 42.55 |
| Milpitas   | 42.58 |
| Bellarmine | 42.73 |
| * Logan    | 43.28 |

#### 1,600-meter relay

|              |         |
|--------------|---------|
| Silver Creek | 3:19.9  |
| Westmoor     | 3:20.08 |
| Los Gatos    | 3:20.2  |
| Gunn         | 3:21.5  |
| Bellarmine   | 3:21.6  |
| * Logan      | 3:20.5  |

#### Long jump

|                              |        |
|------------------------------|--------|
| Fred Jackson, Piedmont Hills | 23-9   |
| Jeff Nord, Los Altos         | 23-7½  |
| Doug Brown, Gunderson        | 23-2   |
| R.J. Powell, Carmel          | 22-10¼ |
| Dini Wong, Los Altos         | 22-8   |
| Felton Charles, Westmoor     | 22-8   |
| * Ron Richardson, Logan      | 22-2¼  |

#### Triple jump

|                             |       |
|-----------------------------|-------|
| Robert Macias, Hollister    | 47-3½ |
| Dan Nord, Los Altos         | 47-2½ |
| Neil Lahey, N. Monterey Co. | 46-9¾ |
| Doug Brown, Gunderson       | 46-5¾ |
| Eric Stallings, Bellarmine  | 46-5¾ |
| * Gary Smith, Logan         | 46-0  |

#### High jump

|                                |      |
|--------------------------------|------|
| Brandon Zeidler, Bellarmine    | 6-10 |
| Donnell Harris, North Salinas  | 6-8  |
| Neil Lahey, N. Monterey County | 6-8  |
| Eric Neumann, Wilcox           | 6-7  |
| Wilbur Jackson, Los Altos      | 6-6  |
| Felton Charles, Westmoor       | 6-6  |
| John Fernquest, St. Francis    | 6-6  |
| * Jamir Dixon, Logan           | 6-2  |
| * Mason Lindow, Kennedy        | 6-2  |

#### Pole vault

|                                 |      |
|---------------------------------|------|
| Scott Slover, Leland            | 17-0 |
| Cade McNow, Hollister           | 15-0 |
| David Nguyen, Yerba Buena       | 14-6 |
| Murray Harris, St. Francis      | 14-6 |
| Lorenzo Rodriguez, Mt. Pleasant | 14-3 |
| Mike Haldezos, Mills            | 14-3 |
| * Jason Brass, Logan            | 12-3 |

#### Shot put

|                               |       |
|-------------------------------|-------|
| Chris DeMartini, St. Ignatius | 61-0½ |
| Hosea Nelson, St. Ignatius    | 55-0  |
| Aaron Lewis, St. Ignatius     | 54-10 |
| Marc Malock, Palma            | 53-10 |
| Willie Howard, Los Altos      | 53-3¼ |
| * Rich Cook, Newark Memorial  | 50-5  |

#### Discus

|                               |       |
|-------------------------------|-------|
| Chris DeMartini, St. Ignatius | 195-6 |
| Gordon Hovey, Monta Vista     | 167-9 |
| Hvok Choe, Milpitas           | 167-0 |
| Ryan Neufeld, Live Oak        | 163-0 |
| Eric Wiener, Leland           | 160-5 |
| * Kyle Donovan, Washington    | 150-6 |

#### 100 meters

|                              |               |
|------------------------------|---------------|
| Kim Hay, Los Gatos           | 12.20         |
| Jennifer Odorn, Independence | 12.2          |
| Sarah Feinberg, Palo Alto    | 12.49         |
| Valerie Walsh, Salinas       | 12.3          |
| Kathy Gross, Independence    | 12.56         |
| Annie Pogue, Del Mar         | 12.56         |
| * Kelli White, Logan         | 11.68w, 11.87 |

#### 200 meters

|                                |       |
|--------------------------------|-------|
| Veronica Woods, Independence   | 24.4  |
| Shavonna Jennings, Woodside    | 24.87 |
| Sylvia Pieslak, Menlo-Atherton | 25.19 |
| Tami Simpson, Overfelt         | 25.1  |
| Kim Hay, Los Gatos             | 25.45 |
| * Kelli White, Logan           | 23.80 |

#### 400 meters

|                                |       |
|--------------------------------|-------|
| Veronica Woods, Independence   | 55.9  |
| Sylvia Pieslak, Menlo-Atherton | 56.13 |
| Tami Simpson, Overfelt         | 57.46 |
| Tisha Ponder, Del Mar          | 58.05 |
| Ally Lombardi, Los Gatos       | 58.30 |
| * Kelli White, Logan           | 57.39 |

#### 800 meters

|                                   |         |
|-----------------------------------|---------|
| Marla Plevte, Hollister           | 2:17.0  |
| Christine Stavolone, Presentation | 2:18.1  |
| Lanessa McPherson, S. Creek       | 2:18.33 |
| Meg Veeder, Los Gatos             | 2:18.46 |

|                            |         |
|----------------------------|---------|
| Lisa Crouch, Aptos         | 2:18.6  |
| * Elissa Riedy, Mission SJ | 2:14.81 |

#### 1,600 meters

|                                   |         |
|-----------------------------------|---------|
| Christine Stavolone, Presentation | 4:57.8  |
| Deborah Bleisch, Silver Creek     | 4:59.0  |
| Ann Baldelli, St. Ignatius        | 5:01.27 |
| Emily Allison, Leland             | 5:03.19 |
| Nicole Silva, Aptos               | 5:05.4  |
| * Elissa Riedy, Mission SJ        | 4:54.25 |

#### 3,200 meters

|                               |           |
|-------------------------------|-----------|
| Nicole Silva, Aptos           | 11:09.3   |
| Emily Allison, Leland         | 11:11.5   |
| Laura Sandoval, St. Ignatius  | 11:13.5   |
| Deborah Bleisch, Silver Creek | 11:18.93c |
| Lisa Renteria, Westmont       | 11:19.6c  |
| * Elissa Riedy, Mission SJ    | 10:50.6   |

#### 100-meter low hurdles

|                              |       |
|------------------------------|-------|
| Jennifer Odorn, Independence | 14.00 |
| Gina Ocegquera, St. Francis  | 14.86 |
| Kim Veeder, Los Gatos        | 15.32 |
| Deanna Lockridge, Westmoor   | 15.4  |
| Vicci Fleming, Hillsdale     | 15.66 |
| * Sunshine Peterson, Logan   | 14.49 |

#### 300-meter low hurdles

|                                |       |
|--------------------------------|-------|
| Kim Veeder, Los Gatos          | 44.45 |
| Jennifer Odorn, Independence   | 45.59 |
| Christyna Serrano, S. Lor. Vly | 45.4  |
| Zakiva Sullivan, Santa Teresa  | 45.73 |
| Melanie Cafe, Santa Cruz       | 45.6  |
| * Kim Cousvon, American        | 43.85 |

#### 400-meter relay

|              |       |
|--------------|-------|
| Independence | 48.1  |
| St. Francis  | 48.60 |
| Los Gatos    | 48.5  |
| Monta Vista  | 49.60 |
| Salinas      | 49.7  |
| * Logan      | 46.84 |

#### 1,600-meter relay

|              |         |
|--------------|---------|
| Independence | 3:55.5  |
| Los Gatos    | 3:57.15 |
| Salinas      | 4:00.9  |
| Silver Creek | 4:01.5  |
| Santa Teresa | 4:01.6  |
| * Logan      | 3:48.83 |

#### Long jump

|                             |              |
|-----------------------------|--------------|
| Gina Ocegquera, St. Francis | 18-3¼        |
| Tisha Ponder, Del Mar       | 18-3         |
| Tamara Livers, Los Gatos    | 17-11½       |
| Jessica Burnham, Los Altos  | 17-10½       |
| Shirley Pagador, Wilcox     | 17-8½        |
| * Jerna Wright, Logan       | 20-5w, 19-8½ |

#### Triple jump

|                             |        |
|-----------------------------|--------|
| Cindy Pettibon, Gunderson   | 38-5¼  |
| Gina Ocegquera, St. Francis | 37-5   |
| Kim Tripplett, Aragon       | 37-3   |
| Jakaria Stewart, Milty      | 36-8   |
| Jessica Burnham, Los Altos  | 36-4½  |
| * Andrea Lacson, Logan      | 37-7¾w |
| * Hadiya Green, Logan       | 37-2¾  |

#### High jump

|                                |      |
|--------------------------------|------|
| Tina Farnady, Los Gatos        | 5-6  |
| Erica Larson, Carmel           | 5-6  |
| Erin Duffey, St. Francis       | 5-6  |
| Amy Tantivongsathorn, M. Vista | 5-5  |
| Lindsay Murray, King City      | 5-4½ |
| * Alicyn Chappelle, Logan      | 5-6  |

#### Shot put

|                                |       |
|--------------------------------|-------|
| Christina Etuale, Jefferson    | 44-5½ |
| Rebecca Morrison, Presentation | 42-8¾ |
| Charlene Bower, Gunn           | 41-3  |
| Cami Nilmever, Burlingame      | 39-0  |
| Sandra Sahourieh, Westmoor     | 38-5  |
| * Heather Quevrel, Logan       | 36-5  |

#### Discus

|                                |       |
|--------------------------------|-------|
| Darlene Tulua, Carmel          | 145-4 |
| Christina Etuale, Jefferson    | 137-3 |
| Charlene Bower, Gunn           | 136-0 |
| Rebecca Morrison, Presentation | 131-9 |
| Holly Royalty, San Lorenzo Vly | 124-7 |
| * Tuere Anderson, Mission SJ   | 130-0 |

#### Pole vault

|                                |     |
|--------------------------------|-----|
| Brianna Haul, Harbor           | 8-0 |
| Amandine Consorti, St. Francis | 7-6 |
| Valerie Binder, Del Mar        | 7-3 |
| * Jocelyn Vickroy, Logan       | 7-0 |

Electronic timing is noted by hundredths and is superior to hand-timed marks, which are noted by tenths. "c" denotes converted time from yards; "w" denote wind-aided times.