

CENTRAL COAST
SECTION

REGION II

TRACK & FIELD

CHAMPIONSHIPS

1991

Track Coach
Gunn High School
780 Arastradero Rd
Palo Alto, CA 94306

ORDER OF EVENTS

REGION II
TRACK & FIELD CHAMPIONSHIPS

LOS GATOS HIGH SCHOOL
Friday, May 17, 1991

RUNNING EVENTS

Trials

4:00	100 Meter Dash	4 heats
4:20	110 High Hurdles	2 heats
4:30	100 Low Hurdles	2 heats
4:40	200 Meter Dash	4 heats

Finals

6:30	400 Relays	4 sections
6:45	1600 Meter	
7:05	100 Low Hurdles	
7:15	110 High Hurdles	
7:30	400 Meters	4 sections
7:45	100 Meters	
7:55	800 Meters	4 sections
8:15	300 Hurdles	
8:40	200 Meters	
8:50	3200 Meters	
9:20	1600 Meter Relays	4 sections

FIELD EVENTS

3:00	Boys Discus
4:00	Girls Long Jump Boys Triple Jump Girls Shotput
5:00	Girls Discus Girls High Jump Boys Pole Vault
6:00	Girls Triple Jump Boys Long Jump Boys Shotput
7:00	Boys High Jump

CENTRAL COAST SECTION
REGION II

TRACK & FIELD CHAMPIONSHIPS

MEET RECORDS

BOYS

Event	Name	School	Mark	Year
100M	Bill Green	Cubberley	10.5*	1979
	Chip Vargas	Wilcox	10.5	1986
200M	Hill	Los Altos	21.5*	1974
400M	Bill Green	Cubberley	46.4*	1979
800M	Jensen	Buchser	1:53.5*	1977
Mile	Cobert Smith	Awalt	4:14.3	1978
2 Mile	Craig Blockus	Mt. View	9:12.8	1986
110M HH	Rod Green	Palo Alto	13.9	1983
300M LH	Rick Luttrell	San Carlos	37.2*	1978
300M IH	Sean Robinson	Monta Vista	39.9	1988
400M R		Woodside	41.8*	1975
Mile R		Woodside	3:23.0	1980
Shotput	Chris Adams	Los Altos	62-7.5	1970
Discus	Chris Adams	Los Altos	194-0.75	1970
Long J	Weiss	Awalt	23-5	1976
Triple J	Utley	Peterson	47-5.75	1975
High J	Spivey	Woodside	6-10	1978
Pole V	Mike Kibort	Saratoga	15-7	1982

GIRLS

Event	Name	School	Mark	Year
100M	Lola Rockwell	Gunn	11.7*	1979
200M	Jenfer Clayton	Lynbrook	24.3	1985
400M	Sheryl Miller	Fremont	55.8*	1980
800M	Tracy Weber	Lynbrook	2:11.4*	1979
Mile	Lori Chapman	Gunderson	4:50.6	1986
2 Mile	Lori Chapman	Gunderson	10:45.0	1985
100M LH	Wendy Brown	Woodside	14.3	1982
	Lisa Fisher	Gunn	14.3	1987
300M LH	Roberta Eccles	Gunderson	44.1	1983
400M R		St. Francis	47.5	1987
Mile R		St. Francis	3:53.69	1986
Shotput	Barker	Sequoia	43-10	1979
Discus	Cindy Durschlag	San Carlos	150-4	1982
Long J	Wendy Brown	Woodside	19-11	1982
Triple J	Wendy Brown	Woodside	39-5.5	1982
High J	Beth Vidakovits	St. Francis	5-10	1985

* indicates that mark was converted from yards to meters

CENTRAL COAST SECTION
REGION II

TRACK & FIELD CHAMPIONSHIPS
1991

Event: Girls 400M Relay
Meet Record: St. Francis, 47.5, 1987

Heat 1

Ln	School	League	Time
1	Gunderson	STAL	56.03
2	Leland	STAL	54.62
3	Los Altos	SCVAL	53.24
4	Presentation	STAL	52.48
5	Monta Vista	DAL	52.64
6	Gunn	SCVAL	53.24
7	Pioneer	STAL	55.44
8	Palo Alto	SCVAL	NT

34.6
52.7 52.85
53.0 53.11
51.4 51.41

Heat 2

Ln	School	League	Time
1	Fremont	DAL	51.99
2	Los Gatos	DAL	49.97
3	Willow Glen	STAL	52.45
4	Lynbrook	DAL	49.55
5	Milpitas	SCVAL	51.34
6	St. Francis	DAL	49.76
7	Saratoga	DAL	51.31
8	Wilcox	SCVAL	52.44

49.8 50.03
49.3 49.58
49.2 50.80 51.03
51.1 49.49
51.1 Sav
51.8 Fre
52.3

DR 51.91

51.97

Event: Boys 400M Relay
Meet Record: Woodside, 41.8, 1975

Heat 1

Ln	School	League	Time
1	Fremont	DAL	NT
2	Gunderson	STAL	49.04
3	Los Altos	SCVAL	45.84
4	Mt. View	SCVAL	45.74
5	Monta Vista	DAL	45.77
6	San Jose	STAL	45.93
7	Palo Alto	SCVAL	NT
8			

46.0
46.2
44.4
44.7

LA 47.79
PA 44.94

Heat 2

Ln	School	League	Time
1	Lincoln	STAL	44.84
2	Milpitas	SCVAL	44.14
3	Leland	STAL	44.68
4	Homestead	DAL	43.02
5	Gunn	SCVAL	43.54
6	Wilcox	SCVAL	43.74
7	Los Gatos	DAL	44.51
8	Saratoga	DAL	44.98

42.7
43.5

HO - 43.02
GU 43.73
Mil 43.82
43.6 Wil 43.79
43.2 Lic 45.02
L.G 45.05
Lel

Event: GIRLS Mile - FINAL
 Meet Record: Lori Chapman, Gunderson, 4:50.6, 1986

Ln	Name	School	Grade	League	Time
1	Michelle Ruiz	SF	12	DAL	5:12.5
2	Tracy Shoemaker	LA	11	SCVAL	5:24.9
3	Mona Leon	Gund	10	STAL	5:27.0
4	Stephanie Hovancik	Lyn	9	DAL	5:13.0
5	Tenaya Soderman	Gunn	12	SCVAL	5:26.5
6	Cindy Lee	LA	10	SCVAL	5:27.9
7	Heather Scott	PA	12	SCVAL	5:29.2
8	Janice Kim	PA	9	SCVAL	5:30.4
9	Sandi Dyche	SC	12	SCVAL	5:33.3
10	Carrie Olmstead	Hom	10	DAL	5:37.7
11	Fuchs	Lel	9	STAL	5:38.7
12	Ruffery	Lel	10	STAL	5:41.0
13	Amy Graff	LG	11	DAL	5:41.7
14	Tuccoli	SJ	11	STAL	5:42.4
15	Turrone	Pres	10	STAL	5:42.6
16	Coniglione	Gund	10	STAL	5:45.6
17	Lisa Pappanastos	Sar	11	DAL	6:10.1
18	Donna Ferrante	Fre	10	DAL	NT

Event: BOYS Mile - FINAL
 Meet Record: Cobert Smith, Awalt, 4:14.3, 1978

Ln	Name	School	Grade	League	Time
1	Eric McMichael	PA	12	SCVAL	4:32.3
2	Abdul	Gund	11	STAL	4:35.4
3	Gabe Kugler	PA	12	SCVAL	4:32.8
4	Edwardo Avila	Mil	10	SCVAL	4:35.0
5	Sandhu	Gund	11	STAL	4:37.7
6	Kane	Lel	11	STAL	4:37.8
7	Matt Tompkins	Gunn	9	SCVAL	4:39.0
8	Molinar	Pio	12	STAL	4:39.1
9	Connolly	Lel	10	STAL	4:39.3
10	Dave Choa	Mt. V	12	SCVAL	4:40.8
11	Mike Powers	Fre	9	DAL	4:41.2
12	Randy Spencer	Hom	10	DAL	4:41.7
13	James Joyner	Gund	12	STAL	4:43.1
14	Fred Dolan	PA	12	SCVAL	4:45.6
15	Jim Suits	LG	10	DAL	4:45.9
16	Dan Kennedy	Cup	11	DAL	4:47.7
17	Greg Kato	Lyn	12	DAL	4:51.7

5.
6.
7.
8.
9.
10.
11.
12.

Count 5:11

Boys
 5. Gu 4:33.3 / 4:40.7
 6. Le 4:41.3
 7. Fu 4:41.8
 8. LG 4:44.8
 9. KO ~~4:52.7~~
 10. Linc 4:52.7
 11.

5 PA 5:32.2
 6 P 5:38.0
 7 PA
 8 LG 5:42.3
 9 Le 5:43.6
 10 P. J
 11 au

Event: GIRLS 100M LOW HURDLES - TRIALS

Meet Record: Wendy Brown, Woodside, 14.3, 1982

Lisa Fisher, Gunn, 14.3, 1987

Heat 1

Ln	Name	School	Grade	League	Time
1	Keri Yano	Wil	9	SCVAL	16.6
2	Diana Popek	SF	11	DAL	16.34
3	Tina Tyrchan	LG	12	DAL	15.42
4	Lisa Collet	Lyn	12	DAL	14.99
5	Anne Lee	PA	12	SCVAL	15.64
6	Kerri Gabrielson	MVista	11	DAL	16.34
7	Heather Lynch	Mt. V.	12	SCVAL	16.84
8	Carrillo	WG	11	STAL	17.24

Heat 2

Ln	Name	School	Grade	League	Time
1	Sample	Gund	9	STAL	17.13
2	Ale	Pres	11	STAL	16.43
3	Samantha Spencer	Lyn	12	DAL	15.86
4	Peters	WG	11	STAL	15.42
5	Hannike Jamieson	Fre	12	DAL	15.10
6	Kim Veeder	LG	9	DAL	16.01
7	Amity Close	Mil	10	SCVAL	16.84
8	Lyn Lipscomb	Gunn	12	SCVAL	17.24

Event: BOYS 110M HIGH HURDLES - TRIALS

Meet Record: Rod Green, Palo Alto, 13.9, 1983

Heat 1

Ln	Name	School	Grade	League	Time
1	Jon Mitsunaga	LG	12	DAL	16.90
2	Miner	Lel	11	STAL	16.54
3	Kim Yung	Lyn	12	STAL	15.98
4	Jon Noble	LG	12	DAL	15.16
5	Brendan Feddema	Fre	11	DAL	15.79
6	Lamar Garth	Fre	12	DAL	16.26
7	Ortega	SJ	11	STAL	16.89
8	Brown	Gund	9	STAL	17.32

Heat 2

Ln	Name	School	Grade	League	Time
1	Riyad Nabti	Gunn	11	SCVAL	16.94
2	Chris Farnum	LA	11	SCVAL	16.54
3	Borcherding	Lel	12	STAL	16.08
4	Green	Lin	12	STAL	15.67
5	Mike Berkley	PA	12	SCVAL	15.74
6	George Lee	PA	12	SCVAL	16.14
7	Jeff Heller	PA	11	SCVAL	16.54
8	Alex Gebala	Gunn	11	SCVAL	17.04

Lee
 15.54
 LIN
 L.G
 PA
 LA
 Fre
 PA
 5.5th
 3.6th
 1

Lee 6th PA 16.40
 7th MX
 8th W.6
 7th 16.09
 5th 16.13
 6th 16.17 ->
 LA 16.20

Event: GIRLS 400M

Meet Record: Sheryl Miller, Fremont, 55.8, 1980

Heat 1

Ln	Name	School	Grade	League	Time
1	Engler	Pres	10	STAL	63.85
2	Laurel Neil	Gunn	12	SCVAL	63.54
3	Jonnican	Lel	12	STAL	63.48
4	Alexis Walker	Mil	11	SCVAL	63.14
5	Heidi Iverson	SF	11	DAL	63.34
6	Jesse Fletcher	Paly	10	SCVAL	63.54
7	Frank	WG	12	STAL	63.24
8	Crystal Chang	LG	11	DAL	64.24

61.8
62.9
63.5
63.9

Heat 2

Ln	Name	School	Grade	League	Time
1	Kristen Matosian	LA	12	SCVAL	62.34
2	Tina Farnady	LG	9	DAL	60.55
3	Stavolone	Pres	9	STAL	62.71
4	Rachel Parrish	Wil	10	SCVAL	57.94
5	Cyndi McCloskey	Lyn	11	DAL	58.14
6	Lora Weinberg	LG	11	DAL	59.94
7	Sarah Connell	SF	9	DAL	61.44
8	Kristina Meitz	SF	11	DAL	62.44

61.5
58.5
58.6
60.0
62.9
62.7
63.7
Prq

Event: BOYS 400M

Meet Record: Bill Green, Cubberley, 46.4, 1979

Heat 1

Ln	Name	School	Grade	League	Time
1	Evans	Lel	12	STAL	55.46
2	Luis Orozco	Fre	12	DAL	53.34
3	Matt Henderson	LG	12	DAL	53.16
4	Adam Friedman	Lyn	11	DAL	52.73
5	Craig Kember	Gunn	11	SCVAL	52.84
6	Sklyar	SC	11	SCVAL	53.2
7	Klassen	Lel	11	STAL	54.71
8					

1. 58.86
2. 58.93
3. 60.16
4. 61.80
5. 62.46
6. 63.63
LG
WG
Fre
PA

Heat 2

Ln	Name	School	Grade	League	Time
1	Brown	Gund	12	STAL	51.64
2	Blaine Current	Mil	12	SCVAL	51.34
3	Landers	SJ	12	STAL	51.46
4	Alex Bynoe	Gunn	12	SCVAL	48.84
5	Greg Yap	LG	12	DAL	49.93
6	Jimmie Schmidt	Hom	12	DAL	50.36
7	Lionel Velasques	Wil	10	SCVAL	51.54
8	Mike Shetler	Hom	12	DAL	52.03

50.6
49.31
50.0
51.1
51.9

Event: GIRLS 100M - TRIALS

Meet Record: Lola Rockwell, Gunn, 11.7, 1979

Heat 1

Ln	Name	School	Grade	League	Time
1	Sheila Hsu	Gunn	10	SCVAL	13.34
2	Melissa Gardette	Mil	11	SCVAL	13.14
3	Courtney Mechling	MVista	9	DAL	12.66
4	Nanea Meyer	SF	11	DAL	12.33
5	Rachel Parrish	Wil	10	SCVAL	12.74
6	Erin Duffey	SF	9	DAL	12.73
7	McBride	WG	10	STAL	13.34
8	Wright	Lel	9	STAL	13.58

Heat 2

Ln	Name	School	Grade	League	Time
1	Amber Geisshirt	Mil	9	SCVAL	13.34
2	Sarah Feinberg	PA	9	SCVAL	13.24
3	Kim Hay	LG	9	DAL	12.50
4	Powell	Pres	12	STAL	12.73
5	Lisa Chew	Lyn	9	DAL	12.39
6	Lori Siu	Sar	12	DAL	12.69
7	Kim Robinson	Fre	9	DAL	13.24
8	Wilhelm	Pio	10	STAL	13.57

Event: BOYS 100M - TRIALS

Meet Record: Bill Green, Cubberley, 10.5, 1979

Chip Vargas, Wilcox, 10.5, 1986

Heat 1

Ln	Name	School	Grade	League	Time
1	Anthony Spivey	Hom	11	DAL	11.57
2	German Mendoza	Gunn	12	SCVAL	11.54
3	Jason Fung	PA	11	SCVAL	11.34
4	Shon Lewis	Wil	10	SCVAL	10.84
5	Liao	Lel	11	STAL	11.11
6	Tim Malatesta	Hom	12	DAL	11.41
7	Shaw	SJ	12	STAL	11.55
8	Nate Chiappn	Cup	10	DAL	11.68

Heat 2

Ln	Name	School	Grade	League	Time
1	Johnson	Lel	12	STAL	11.59
2	Jason Adams	Mil	10	SCVAL	11.54
3	Trey Wilson	Fre	11	DAL	11.35
4	Lefcourt	Linc	11	STAL	11.04
5	DeErick Smith	Hom	11	DAL	11.21
6	Jason Isaac	LG	9	DAL	11.40
7	David Burnside	Mil	9	SCVAL	11.54
8	Jabari Snowden	Fre	10	DAL	11.65

Event: GIRLS 800M - FINALS

Meet Record: Tracy Weber, Lynbrook, 2:11.4, 1979

Heat 1

Ln	Name	School	Grade	League	Time
1	Mona Leon	Gund	10	STAL	2:32.44
2	Janice Kim	PA	9	SCVAL	2:32.64
3	Heather Scott	PA	12	SCVAL	2:32.74
4	Amendeep Dhillon	Gunn	11	SCVAL	2:33.44
5	Tuccoli	SJ	11	STAL	2:34.64
6	Stavolone	Pres	9	STAL	2:35.63
7	Fuchs	Lel	9	STAL	2:35.63
8	Turrone	Pres	10	STAL	2:37.22

Heat 2

1	Cindi Lee	LA	10	SCVAL	2:26.24
2	Leisy	WG	11	STAL	2:28.72
3	Meg Veeder	LG	9	DAL	2:28.90
4	Tracy Shoemaker	LA	11	SCVAL	2:28.44
5	Laura Shellooe	SF	10	DAL	2:29.87
6	Jenifer Brito	MtView	10	SCVAL	2:30.34
7	Julie Conger	Hom	9	DAL	2:30.76
8	Tina Farnady	LG	9	DAL	2:31.45
7A	Michelle Best	MVista	11	DAL	2:31.76
8A	Stephanie Hovancik	Lyn	9	DAL	2:32.0

Event: BOYS 800M - FINAL

Meet Record: Jensen, Buchser, 1:53.5, 1977

Heat 1

Ln	Name	School	Grade	League	Time
1	Frost	WG	12	STAL	2:06.36
2	Jon Hammer	PA	12	SCVAL	2:06.64
3	Jamila Gunawardena	Gunn	11	SCVAL	2:08.14
4	Mike Powers	Fre	9	DAL	2:09.44
5	Jeff Shioya	Lyn	12	DAL	2:09.75
6	Ryan Stanford	LG	11	DAL	2:09.84
7	Mike Wegbreit	PA	11	SCVAL	2:10.2
8	Dylan Huber	Hom	12	DAL	2:12.2

Heat 2

1	Zacapa	SC	12	SCVAL	1:58.94
2	Su	Lel	12	STAL	2:00.59
3	Nick Green	LG	12	DAL	2:05.04
4	Mark Thompkins	Gunn	9	SCVAL	1:59.44
5	Eric McMichael	PA	12	SCVAL	2:02.74
6	Mosher	Pio	10	STAL	2:03.42
7	Haacke	Gund		STAL	2:05.19
8	Wu	Lel	12	STAL	2:05.54
7A	Josh Hamilton	LG	12	DAL	2:05.94
8A	Vasquez	SJ	12	STAL	2:06.06

Heat 1					
Ln	Name	School	Grade	League	Time
1	Beth Brady	Gunn	11	SCVAL	52.14
2	Carrillo	WG	11	STAL	52.04
3	Jamie Ruiz	LG	9	DAL	51.84
4	Frank	WG	12	STAL	50.67
5	Amity Close	Mil	10	SCVAL	51.74
6	Loomis	Linc	10	STAL	51.94
7	Ale	Pres	11	STAL	52.09
8	Danielle Lamothe	SF	12	DAL	52.50

Heat 2					
Ln	Name	School	Grade	League	Time
1	Heather Lynch	Mt.V	12	SCVAL	49.44
2	Samantha Spencer	Lyn	12	DAL	48.55
3	Karner	Lel	12	STAL	49.76
4	Hannike Jamieson	Fre	12	DAL	45.45
5	Lyn Lipscomb	Gunn	12	SCVAL	48.64
6	Kim Veeder	LG	9	DAL	47.71
7	Diana Popek	SF	11	DAL	48.73
8	Keri Yano	Wil	9	SCVAL	49.64

Event: BOYS 330yd INT. HURDLES - TRIALS
 Meet Record: Sean Robinson, Monta Vista, 39.9, 1988

Heat 1					
Ln	Name	School	Grade	League	Time
1	Minor	Lel	11	STAL	44.49
2	Jon Mitsunaga	LG	12	DAL	43.41
3	George Lee	PA	12	SCVAL	43.14
4	Dave Reeves	Gunn	12	SCVAL	42.64
5	Mike Berkley	PA	12	SCVAL	42.94
6	Nate Oshidari	Lyn	11	DAL	43.40
7	Ortega	SJ	11	STAL	43.83
8	Brown	Gund	9	STAL	44.75

Heat 2					
Ln	Name	School	Grade	League	Time
1	Brendon Feddema	Fre	11	DAL	42.51
2	Jeff Heller	PA	11	SCVAL	42.04
3	Borcharding	Lel	12	STAL	42.31
4	Bruce Kember	Gunn	12	SCVAL	40.84
5	Jon Noble	LG	12	DAL	41.00
6	Lamar Garth	Fre	12	DAL	41.60
7	Tim LaFreniere	Hom	11	DAL	42.51
8	Yung Kim	Lyn	12	DAL	42.61

Event: GIRLS Two Mile - FINALS

Meet Record: Lori Chapman, Gunderson, 10:45.0, 1985

Ln	Name	School	Grade	League	Time
1	Tenaya Soderman	Gunn	12	SCVAL	11:47.3
2	Mona Leon	Gund	10	STAL	11:57.0
3	Michelle Ruiz	SF	12	DAL	11:58.1
4	Tracy Shoemaker	LA	11	SCVAL	12:08.8
5	Sandy Dyche	SC	12	SCVAL	12:11.9
6	Carolyn Yang	Mt.V	12	SCVAL	12:22.7
7	Snowden	Pres	12	STAL	12:23.0
8	Rafferty	Lel	10	STAL	12:25.2
9	Kristi Hulett	Hom	9	DAL	12:27.2
10	Caceres	Gund	10	STAL	12:32.7
11	Amie Moberg	Gunn	12	SCVAL	12:38.5
12	Conglione	Gund	10	STAL	12:39.0
13	Rusanna Saffaie	LG	9	DAL	12:41.0
14	Leisy	WG	11	STAL	12:47.8
15	Amy Drew	LG	11	DAL	12:49.2
16	Rebecca Begley	PA	10	SCVAL	13:04.0
17	Monica Shelley	SF	11	DAL	13:23.5
18	Kathy Kelly	SF	11	DAL	13:31.9

Event: BOYS Two Mile - FINALS

Meet Record: Craig Blockus, Mt. View, 9:12.8, 1986

Ln	Name	School	Grade	League	Time
1	Rafi Kugler	PA	12	DAL	9:53.5
2	Abdal	Gund	11	STAL	10:00.5
3	Ed Munyak	Hom	12	DAL	10:02.1
4	Gabe Kugler	PA	12	SCVAL	9:59.2
5	Sandu	Gund	11	STAL	10:03.8
6	Connolly	Lel	10	STAL	10:07.0
7	Garcia	Gund	10	STAL	10:10.4
8	Edwardo Avila	Mil	10	SCVAL	10:11.2
9	Julio Flores	Fre	10	DAL	10:12.3
10	David Ndeto	Gunn	12	SCVAL	10:17.1
11	Brian Weisman	PA	11	SCVAL	10:18.3
12	Chaves	Pio	10	STAL	10:18.3
13	Erik Johnson	LG	12	DAL	10:18.9
14	David Roberts	Milp	12	SCVAL	10:23.4
15	Chaudrey	SJ	11	STAL	10:30.0
16	Matt Crum	Hom	10	DAL	10:32.1
17	Jack Middlebrooks	LG	11	DAL	10:39.1
18	Greg Kato	Lyn	12	DAL	10:47.7

12:20 9 6

10 LC

11 LC

12 Gnd

13 PA

14 SF

15 Lel

16 SF

17 Le

13:09

18 13:27

Pr

1. Ho 9:41
 2. Gnd 9:49.1 Fr.
 3. PA 9:50.4 SS
 4. PA 9:51. PK
 5. LC 9:51.5 Gu
 6. M 9:58.7
 2. M 9:59.5
 Gu
 LG 9:59.8

Meet Record: Jenfer Clayton, Lynbrook, 24.3, 1985

Heat 1					
Ln	Name	School	Grade	League	Time
1	Lisa Goodrich	SF	10	DAL	28.59
2	Laurel Neil	Gunn	12	SCVAL	27.74
3	Amber Geisshirt	Mil	9	SCVAL	27.34
4	Rachel Parrish	Wil	10	SCVAL	25.34
5	Melissa Gardette	Mil	11	SCVAL	27.24
6	Lisa Chew	Lyn	9	DAL	27.45
7	Jonningan	Lel	12	STAL	27.96
8	McBride	WG	10	STAL	28.58

Heat 2					
Ln	Name	School	Grade	League	Time
1	Cora Schmid	Gunn	12	SCVAL	28.04
2	Peters	WG	11	STAL	27.76
3	Nanea Meyer	SF	11	DAL	27.44
4	Cyndi McCloskey	Lyn	11	DAL	26.86
5	Powell	Pres	12	STAL	26.97
6	Sara Feinberg	PA	9	SCVAL	27.44
7	Erin Duffey	SF	9	DAL	27.78
8	Courtney Mechling	MVista	9	DAL	28.34

Event: BOYS 200M - TRIALS

Meet Record: Hill, Los Altos, 21.5, 1974

Heat 1					
Ln	Name	School	Grade	League	Time
1	Leonel Valaquez	Wil	10	SCVAL	23.74
2	Lefcourt	Lin	11	STAL	23.29
3	Greg Yap	LG	12	DAL	23.06
4	Shon Lewis	Wil	10	SCVAL	22.04
5	Alex Bynoe	Gunn	12	SCVAL	22.34
6	Owens	Lin	12	SCVAL	23.26
7	Jamie Isaac	LG	9	DAL	23.59
8					

Heat 2					
Ln	Name	School	Grade	League	Time
1	Brent Hedgepath	Sar	11	DAL	23.76
2	Brown	Gund	12	STAL	23.67
3	Blaine Current	Mil	12	SCVAL	23.24
4	Jay Arnold	Hom	12	DAL	22.80
4	Liao	Lel	11	STAL	22.99
6	David Burnside	Mil	9	SCVAL	23.24
7	Landers	SJ	12	STAL	23.51
8	Morris Barrier	Mil	12	SCVAL	23.74

Event: Girls Mile Relay
 Meet Record: St. Francis, 3:53.69, 1986

Heat 1			
Ln	School	League	Time
1	Pioneer	STAL	4:52.61
2	Milpitas	SCVAL	4:42.04
3	Saratoga	DAL	4:37.10
4	Gunn	SCVAL	4:25.44
5	Fremont	DAL	4:31.23
6	Gunderson	STAL	4:38.63
7	San Jose	STAL	4:51.08
8			

Heat 2			
Ln	School	League	Time
1	Willow Glen	STAL	4:20.04
2	St. Francis	DAL	4:16.30
3	Presentation	STAL	4:17.29
4	Lynbrook	DAL	4:08.96
5	Los Altos	SCVAL	4:14.24
6	Los Gatos	DAL	4:13.46
7	Palo Alto	SCVAL	4:18.44
8	Leland	STAL	4:22.69

Event: Boys Mile Relay
 Meet Record: Woodside, 3:23.0, 1980

Heat 1			
Ln	School	League	Time
1	Santa Clara	SCVAL	3:55.8
2	Lincoln	STAL	3:50.0
3	Fremont	DAL	3:48.60
4	Los Altos	SCVAL	3:42.14
5	Willow Glen	STAL	3:46.97
6	Monta Vista	DAL	3:49.21
7	Cupertino	DAL	3:53.0
8			

Heat 2			
Ln	School	League	Time
1	San Jose	STAL	3:35.69
2	Homestead	DAL	3:31.42
3	Gunderson	STAL	3:32.44
4	Los Gatos	DAL	3:28.26
5	Gunn	SCVAL	3:28.74
6	Palo Alto	SCVAL	3:31.14
7	Leland	DAL	3:35.59
8	Saratoga	DAL	3:42.05

67.2
 66.6
 63.2
 62.2
4:18

66.3
67.5

4:05
 4:06.1
 4:06.9
 4:11.8
 4:18.0
 4:18.9

53.2
 53.0
 52.2
 48.3
326.7

Event: GIRLS SHOTPUT

Meet Record: Barker, Sequoia, 43'10". 1979

Flight 1

Name	School	Grade	League	Mark
Franklin	Gnd	11	STAL	24'8
Lopez	Gnd	11	STAL	24'8.5
Llovio	Lin	9	STAL	24'10
Cederholm	Pio	9	STAL	27'7
Julie Foster	LA	11	SCVAL	28'7
Christine Denis	W	11	SCVAL	29'2.5

Flight 2

Jenny Delano	G	10	SCVAL	30'6.7
Charlene Bower	G	9	SCVAL	30'8.7
Kristen Lemoge	SF	10	DAL	30'9"
Tina Dolan	PA	11	SCVAL	30'10.5"
Dawn Talley	LG	11	DAL	30'11"
Scherer	SJ		STAL	31'3 1/2"

Flight 3

Rachel Harford	FRE	11	DAL	31'3 1/2"
Aileen Shieu	SAR	11	DAL	31'9"
Griselda Suarez	LA	9	SCVAL	32'7
Sabala	WG	12	STAL	34'3
Michelle Wagner	LYN	11	DAL	36'0"
Paula Verna	SF	12	DAL	36'4"

Event: BOYS SHOTPUT

Meet Record: Chris Adams, Los Altos, 62' 7 1/2", 1970

Flight 1

Name	School	Grade	League	Mark
Givend	W.G	11	STAL	38'7"
Adriano Manini	L.A	12	SCVAL	41'7"
Edwards	LEL	10	STAL	41'9"
Ferreina	GND	10	STAL	42'2"
MacDonald	LIN	12	STAL	42'6"
Cunningham	LIN	12	STAL	43'0"

Flight 2

Sam Partovi	Los Gatos	12	DAL	43'0"
Justin Mileer	MTV	12	SCVAL	43'11"
Jacob	LEL	12	STAL	43'11"
Robert Peters	Gu	12	SCVAL	43'11"
Eric Larson	GU	12	SCVAL	44'0"
Ara Hamamjian	Saratoga	11	DAL	45'7"

Flight 3

Eric Yewell	L.A	11	SCVAL	46'9"
Brian Becker	Saratoga	12	DAL	47'4 1/2"
Bruton Chambers	Los Gatos	12	DAL	47'6"
Kevin Haug	Homestead	11	DAL	47'11"
Chris Peters	GU	11	SCVAL	49'6"
Tadras Petrys	Saratoga	11	DAL	52'5"

Event: GIRLS DISCUS

Meet Record: Cindy Durschlag, San Carlos, 150'4", 1982

Flight 1

Name	School	Grade	League	Mark
Hohman	WG	11	STAL	74'7
Stuart	LEL	9	STAL	74'8
Fleming	GND	10	STAL	79'4
Choi	GND	12	STAL	81'2
Julie Foster	LA	11	SCVAL	87'9
Tia Reed	SF	11	DAL	88'1"

Flight 2

Lisa Yoneda	MVW	12	SCVAL	89'2
Charlen Bower	G	9	SCVAL	89'5
Catherine Chao	SF	11	DAL	96'10"
Franklin	GND	11	STAL	98'1
Heather Nesmith	SC	11	SCVAL	98'2
Tammy Westerhold	Fre	12	DAL	99'9"

Flight 3

Christine Denis	W	11	SCVAL	102'3
Schaker	Lin	11	STAL	107'3
Tina Dolan	PA	11	SCVAL	110'2
Dawn Talley	LG	10	DAL	116'9"
Rachel Harford	Fre	11	DAL	117'8 1/2"
Michelle Wagner	Lyn	11	DAL	129'3 1/2"

Event: BOYS DISCUS

Meet Record: Chris Adams, Los Altos, 194'0 3/4"

Flight 1

Name	School	Grade	League	Mark
Sisto	W.G	12	STAL	108'2"
Dave Harlick	Monta Vista	11	DAL	113'7 1/2"
Christensen	GND	11	STAL	115'9"
Adriano Manini	L.A	12	SCVAL	116'0"
Hass	GND	12	STAL	117'5"
Josh Hayden	MT.V	12	SCVAL	121'8"

Flight 2

Kevin Haug	Homestead	11	DAL	123'10"
Martin	S.J	12	STAL	125'7"
Jeff Liu	P.A	12	SCVAL	126'11"
Jason Seidler	L.A	11	SCVAL	130'2"
Eric Yewell	L.A	11	SCVAL	131'11"
Ara Hamamjian	Saratoga	11	DAL	131'8"

Flight 3

Jacob	LIN	12	STAL	132'8"
Mike Warren	Los Gatos	10	DAL	141'6"
Chen-Chi Tsai	Monta Vista	12	DAL	141'11"
Chris Peters	GU	11	SCVAL	146'6"
Travis Rodgers	Los Gatos	11	DAL	149'0"
Cunningham	LIN	12	STAL	150'8"

Event: GIRLS LONG JUMP

Meet Record: Wendy Brown, Woodside, 19'11", 1982

Flight 1

Name	School	Grade	League	Mark
Pena	LEL	10	STAL	14'6.5"
Turrone	PRE	10	STAL	14'7.5"
Wright	LEL	9	STAL	14'7.5"
Wilhelm	PIO	10	STAL	14'9.5"
Burke	LIN	11	STAL	14'10"
Leblec	PRE	9	STAL	14'11"

Flight 2

Maria Reeves	GU	11	SCVAL	15'5.5"
Jamie Ruiz	LG	9	DAL	15'6"
Sharpley	LA	9	SCVAL	15'6.5"
Lisa Goodrich	SF	10	DAL	15'11"
Heather Marlow	GU	10	SCVAL	16'1"
Stacy Snow	SF	10	DAL	16'1.5"

Flight 3

Michelle Wood	SF	10	DAL	16'2.5"
Dena Montague	MTV	12	SCVAL	16'4"
Tasha Newman	SC	11	SCVAL	16'9.5"
Tina Tyrchan	LG	12	DAL	17'2.5"
Ann Lee	PA	12	SCVAL	17'7.5"
Lisa Collet	LYN	12	DAL	18'6.5"

Event: BOYS LONG JUMP

Meet Record: Weiss, Awalt, 23'5", 1976

Flight 1

Name	School	Grade	League	Mark
Eng	GND	12	STAL	18'5"
Saso	GND	12	STAL	18'7"
Smith	LIN	10	STAL	19'4.5"
Farthing	GND	12	STAL	19'5"
Jason Kossob	Fremont	12	DAL	19'11"
Euwei Tai	Los Gatos	12	DAL	19'7"

Flight 2

Rand Baldovine	Fremont	12	DAL	19'6"
DeErrick Smith	Homestead	11	DAL	20'5 1/2"
Nate Chiappa	Cupertino	10	DAL	20'6 1/2"
Corley	LEL	12	STAL	20'8 1/2"
Brian Cupak	GU	11	SCVAL	20'11"
Mike Han	LA	12	SCVAL	21'0"

Flight 3

Brendon Feddema	FRE	11	DAL	21'3 3/4"
Phan	LEL	11	STAL	21'5"
Tim Rucks	MIL	12	SCVAL	21'6.5"
Jeff Moyer	PA	12	SCVAL	21'7"
Chris Czerwinsky	MTV	12	SCVAL	21'8"
Ryan Mayes	PA	11	SCVAL	21'10.5"

Event: GIRLS TRIPLE JUMP

Meet Record: Wendy Brown, Woodside, 39'5 1/2", 1982

Flight 1

Name	School	Grade	League	Mark
McBride	Lin	9	STAL	30'0
Balch	Gnd	10	STAL	30'4
Defuniak	Lel	10	STAL	30'5
Barnes	Plo	9	STAL	31'6
Pena	Lel	10	STAL	32'5.7
Gregoire	WG	10	STAL	32'9

Flight 2

Heather Marlowe	G	10	SCVAL	32'9.7
Amy Cheli	LA	10	SCVAL	33'4
Maria Reeves	G	11	SCVAL	34'0
Kerri Gabrielson	MV	11	DAL	34'3"
Michelle Wood	SF	10	DAL	34'5 1/2"
Nanea Meyer	SF	11	DAL	34'7"

Flight 3

Stacy Snow	SF	10	DAL	34'9"
Dena Montague	MVW	12	SCVAL	34'9.5
Kim McGuigan	CUP	12	DAL	35'3 3/4"
Newman	SC	11	SCVAL	35'9
Kim Veeder	LG	9	DAL	35'11 1/2"
Anne Lee	PA	12	SCVAL	36'6

Event: BOYS TRIPLE JUMP

Meet Record: Utley, Peterson, 47' 5 3/4", 1975

Flight 1

Name	School	Grade	League	Mark
Hass	GND	12	STAL	39'7.5"
Corey Maday	Los Gatos	10	DAL	39'8 3/4"
Smith	LIN	10	STAL	40'2"
Corley	LEL	12	STAL	40'11.5"
Phan	LEL	11	STAL	41'2.5"
Brown	GND	9	STAL	41'4"

Flight 2

Lamar Garth	Fremont	12	DAL	41'4 1/2"
Greg An	Homestead	11	DAL	41'8"
Darren McClellan	MTV	12	SCVAL	42'0 1/2"
Bobby Yom	WIL	12	SCVAL	42'0 1/2"
Mike Han	LA	12	SCVAL	42'4"
Brown	Gnd	12	STAL	42'5"

Flight 3

Bill Roy	Homestead	12	DAL	43'0 3/4"
Keith Barnes	GU	11	SCVAL	43'6 1/2"
Jason Leiner	Homestead	12	DAL	43'7 1/4"
Chris Czerwinski	MTV	12	SCVAL	44'7 1/2"
Brendon Fedemma	Fremont	11	DAL	44'11"
Tim Rucks	MIL	12	SCVAL	45'3 3/4"

Event: GIRLS HIGH JUMP

Meet Record: Beth Vidakovits, St. Francis, 5-10, 1985

Name	School	Grade	League	Mark
Stringham	Lel	9	STAL	4'2
Turrone	Pre	10	STAL	4'2
Stepp	Lel	12	STAL	4'4
Stringham	Lel	9	STAL	4'4
Gregiore	WG	10	STAL	4'6
Shacker	Lin	11	STAL	4'6
Cindy Choi	Mil	10	SCVAL	4'8
Megan Hastings	G	12	SCVAL	4'8
Jenny Bungo	Mil	11	SCVAL	4'10
Chris Clark	PA	10	SCVAL	4'10
Lisa Sharpley	LA	9	SCVAL	4'10
Leslie Zimmerman	CUP	11	DAL	4-10
Sarah Connell	SF	9	DAL	4-10
Allison Rossi	SF	12	DAL	4-10
Ingrid Bekkers	LG	10	DAL	5-2
Amy Cheli	LA	10	SCVAL	5'4
Tina Tyrchan	LG	12	DAL	5-4
Emily Watkins	SF	9	DAL	5-4

Event: BOYS HIGH JUMP

Meet Record: Spivey, Woodside, 6'10", 1978

Name	School	Grade	League	Mark
Ortega	S.J	11	STAL	5'2"
Farthing	GND	12	STAL	5'2"
Jacobs	GND	10	STAL	5'8"
Andy Pecanic	S.C	11	SCVAL	5'8"
Scott Werner	Los Gatos	11	DAL	5'10"
Dave Beldon	P.A	10	SCVAL	6'0"
Erick Bekkers	Los Gatos	11	DAL	6'0"
Mike Noghrey	Homestead	11	DAL	6'0"
Matt Sorensen	Los Gatos	12	DAL	6'0"
Matt Horsley	Fremont	11	DAL	6'2"
Chris Farnum	L.A	11	SCVAL	6'2"
Fritz	S.J	11	STAL	6'2"
Ryan Mays	P.A	11	SCVAL	6'2"
Darren McClellan	MTV	12	SCVAL	6'4"
Greg Siwek	Monta Vista	12	DAL	6'4"
Tim Rucks	Mil	12	SCVAL	6'8"

Event: POLE VAULT

Meet Record: Mike Kibort, Saratoga, 15'7", 1982

Name	School	Grade	League	Mark
Foust	Lel	10	STAL	10-0
Jay Bishop	LA	11	SCVAL	10-0
Majors	Lel	9	STAL	11-0
Farthing	Gund	12	STAL	11-0
Branden Vance	LG	10	DAL	12-6
Jacky Callaghan	SCLara	11	SCVAL	12-6
Creed Stary	Paly	11	SCVAL	12-6
Jason Feriante	Paly	11	SCVAL	12-6
Brian Reiter	Gunn	12	SCVAL	13-0
Slover	Lel	9	STAL	13-1
Adriano Manini	LA	12	SCVAL	14-8

CENTRAL COAST SECTION
REGION II
TRACK & FIELD CHAMPIONSHIPS
1990

GIRLS RESULTS

TEAM SCORES: 1. St. Francis 74, 2. Leland & Lynbrook 55, 4. Los Gatos 54, 5. Fremont 52, 6. Los Altos 26, 7. Homestead 25, 8. Gunn 21, 9. Presentation 17, 10. Palo Alto 15, 11. Cupertino 12, 12. Santa Clara & Wilcox 10, 14. Mt. View, Pioneer, & Saratoga 8, 17. Gunderson 7, 18. Milpitas 4, 19. Monta Vista & Willow Glen 2.

400M Relay: 1. St. Francis 49.14, 2. Los Gatos 49.24, 3. Lynbrook 50.64, 4. Santa Clara 51.1, 5. Presentation 51.69, 6. Palo Alto 52.3.

1 Mile: 1. Beth Bartholomew (Fremont) 5:16.2, 2. Keri Raybould (Leland) 5:20.03, 3. Jenny Lemes (Los Altos) 5:21.3, 4. Heather Graesch (Los Gatos) 5:21.9, 5. Michelle Ruiz (St. Francis) 5:27.6, 6. Mona Leon (Gunderson) 5:27.7

100MLH: 1. Samantha Spencer (Lynbrook) 15.08, 2. Hanneke Jamieson (Fremont) 15.27, 3. Lisa Collett (Lynbrook) 15.34, 4. Atim Udoffia (Leland) 15.43, 5. Kerri Gabierlson (Monta Vista) 15.58, 6. Heidi Brink (Los Gatos) 15.66

400M: 1. Atim Udoffia (Leland) 58.6, 2. Angie Nurisso (St. Francis) 59.6, 3. Yvonne Lavallee (Saratoga) 61.5, 4. Suzie Parsons (Homestead) 61.9, 5. Kris Sullens (Homestead) 63.0, 6. Barbara Clifton (Wilcox) 64.1.

100M: 1. Powell (Presentation) 12.78, 2. Nanea Meyer (St. Francis) 12.79, 3. Tiffany Hackett (Los Gatos) 12.88, 4. Cindy McCloskey (Lynbrook) 12.92, 5. Lilly Salinas (Santa Clara) 12.93, 6. Rachel Parish (Wilcox) 12.96.

800M: 1. Beth Bartholomew (Fremont) 2:19.7, 2. Genevive Farnady (Los Gatos) 2:20.4, 3. Erica Nelson (Fremont) 2:24.1, 4. Jenny Lemes (Los Altos) 2:25.2, 5. M. Leisy (Willow Glen) 2:25.5, 6. Heather Scott (Palo Alto) 2:26.1

300M LH: 1. Hanneke Jamieson (Fremont) 45.86, 2. Atim Udofia (Leland) 46.89, 3. Heidi Brink (Los Gatos) 47.34, 4. Karen Hsu (Cupertino) 47.62, 5. Liz Schinkman (Palo Alto) 48.65, 6. Anna Meyer (Palo Alto) 49.31.

200M: 1. Angie Nurisso (St. Francis) 26.0, 2. Rachel Parish (Wilcox) 26.2, 3. (tie) Cindy McCloskey (Lynbrook) & Rinasha Powell (Presentation) 26.2, 5. Tiffany Hackett (Los Gatos) 26.7, 6. Nanea Meyer (St. Francis) 26.9.

2 Mile: 1. Misty Kalomiros (Los Gatos) 11:41.9, 2. Tenaya Soderman (Gunn) 11:43.2, 3. Tracy Shoemaker (Los Altos) 11:47.4, 4. Keri Raybould (Leland) 11:50.4, 5. Julia Huif (Fremont) 12:08.6, 6. Michelle Ruiz (St. Francis) 12:16.5

1 Mile Relay: 1. St. Francis 4:05.6, 2. Los Gatos 4:07.50, 3. Fremont 4:09.1, 4. Homestead 4:12.8, 5. Saratoga 4:13.4, 6. Leland 4:13.9

Shotput: 1. Mindy Wirtz (Leland) 40'11 1/2", 2. Misty Maloata (Pioneer) 38'10", 3. Megan McMahon (Gunn) 38'1 1/2", 4. Michelle Wagner (Lynbrook) 36'2 1/2", 5. Kim Mileer (Gunn) 33'9", 6. Kira Kirkland (Homestead) 33' 7 1/4"

Discus: 1. Mindy Wirtz (Leland) 137'9", 2. Michelle Wagner (Lynbrook) 116'11", 3. Bulder (Gunderson) 115'6 1/2", 4. Megan McMahon (Gunn) 113'4", 5. Cheryl Ronan (Lynbrook) 110'5", 6. Alexis Feldman (Los Gatos) 108'9 1/2"

Long Jump: 1. Lisa Collett (Lynbrook) 18'5 1/2", 2. Kelly Donnell (St. Francis) 17'1/4", 3. Dena Montague (Mt View) 16'11", 4. Tasha Newman (Santa Clara) 16'9 1/4", 5. Ann Quinn (St. Francis) 16'7", 6. Alis Weigle (Gunn) 16'6"

Triple Jump: 1. Anna Lee (Palo Alto) 36-11 3/4, 2. Kim McGuigan (Cupertino) 36-10, 3. Nanea Meyer (St. Francis) 35-10 1/4, 4. Ann Quinn (St. Francis) 35-8 1/4, 5. Dena Montague (Mt. View) 35-8, 6. Michelle Wood (St. Francis) 35.8.

High Jump: 1. Amy Cheli (Los Altos) 5'4", 2. Sylvia Brauchle (Homestead) 5'2", 3. Anne Travis (Homestead) 5'2", 4. Jessica Obey (Milpitas) 5'0", 5. Rhonda Herbelin (St. Francis) 4'10", 6. Alison Rossi (St. Francis) 4'8"

BOYS RESULTS

TEAM SCORES: 1. Homestead 84, 2. Palo Alto 56, 3. Los Gatos 52, 4. Milpitas 46, 5. Gunn 45.5, 6. Leland 41, 7. Gunderson 28, 8. Los Altos & Mountain View 26, 10. Lynbrook 23, 11. Wilcox 20, 12. Saratoga 13, 13. Lincoln 11, 14. Willow Glen 10, 15. Fremont 7, 16. Monta vista 6, 17. San Jose 1.5.

400M RELAY: 1. Homestead 42.72, 2. Milpitas 43.60, 3. Palo Alto 44.27, 4. Los Gatos 44.40, 5. Los Altos 44.43, 6. Saratoga 44.45

Mile: 1. Matt Ringer (Homestead) 4:21.7, 2. Sean Murphy (Leland) 4:28.13, 3. James Joyner (Gunderson) 4:28.9, 4. Doug Wright (Los Altos) 4:29.5, 5. Rudy Rucker (Los Gatos) 4:30.9, 6. Fred Dolan (Palo Alto) 4:34.2

110M HH: 1. Jon Noble (Los Gatos) 15.6, 2. Yung Kim (Lynbrook) 15.92, 3. Mike Berkley (Palo Alto) 16.12, 4. Keith Barnes (Gunn) 16.19, 5. Thad Block (Gunn) 16.37, 6. Berschens (Fremont) 16.43

400M: 1. (tie) Shawn Dawkins (Homestead) & Alex Bynoe (Gunn) 49.56, 3. Smith (Gunderson) 50.85, 4. Greg Yap (Los Gatos) 51.13, 5. Rob Parsons (Palo Alto) 51.33, 6. Chris Owens (Lincoln) 52.3.

100M: 1. Shon Lewis (Wilcox) 11.12, 2. Johnson (Leland) 11.13, 3. Eteka Huckaby (Homestead) 11.35, 4. Alan Llaneta (Milpitas) 11.40, 5. Jason Fung (Palo Alto) 11.24, 6. Tim Malatesta (Homestead) 11.54.

800M: 1. Jon Hammar (Palo Alto) 2:00.5, 2. Sean Murphey (Leland) 2:00.6, 3. Mike Carlson (Willow Glen) 2:00.6, 4. Greg Bakken (Fremont) 2:00.7, 5. Hai Tran (Fremont) 2:00.7, 6. Alan Su (Leland) 2:01.2

300M LH: 1. Jon Noble (Los Gatos) 42.11, 2. Mike Berkley (Palo Alto) 42.34, 3. Bruce Kember (Gunn) 42.62, 4. Rod Medina (Milpitas) 42.92, 5. Thad Block (Gunn) 43.30, 6. Yung Kim (Lynbrook) 43.65

200M: 1. Shawn Dawkins (Homestead) 21.8, 2. Shon Lewis (Wilcox) 21.9, 3. Greg Yap (Los Gatos) 22.8, 4. Alan Llaneta (Milpitas) 23.07, 5. Owens (Lincoln) 23.3, 6. Jay Mandel (Milpitas) 23.3.

2 Mile: 1. Matt Ringer (Homestead) 9:37.0, 2. Doug Wright (Los Altos) 9:39.4, 3. James Joyner (Gunderson) 9:41.3, 4. Eddie Munyak (Homestead) 9:44.6, 5. Raj Sandhu (Gunderson) 9:46.7, 6. Rafi Kugler (Palo Alto) 9:47.5

Mile Relay: 1. Homestead 3:25.80, 2. Gunderson 3:26.5, 3. Los Gatos 3:30.21, 4. Palo Alto 3:31.25, 5. Saratoga 3:32.14, 6. Gunn 3:33.21.

Shot: 1. Jim Younger (Milpitas) 56'3 1/2", 2. S. Gardner (Lincoln) 55'7", 3. B. Dale (Leland) 55'5 1/2", 4. Tadas Petrys (Saratoga) 48'2 1/4", 5. Burtin Prentice (Los Gatos) 46'5 1/2", 6. Robert Peters (Gunn) 45'3 1/2"

Disc: 1. B. Dale (Leland) 153'6", 2. Andy Chu (Los Gatos) 144'11", 3. Chincul Tsai (Monta Vista) 137'9", 4. Bob Raw (Lynbrook) 136'8", 5. Jason Epstein (Gunn) 136'6 1/2", 6. Jim Younger (Milpitas) 136'3"

Long Jump: 1. Jay Arnold (Homestead) 22'1", 2. Curt Cooper (Los Altos) 21'7", 3. Bobby Ridolfo (Saratoga) 21'3 3/4", 4. Chris Cerwinski (Mt. View) 21'3", 5. E. Rodriguez (Willow Glen) 21'1/2", 6. Bobby Yom (Wilcox) 20'9 1/2"

Triple Jump: 1. Chris Czeswinski (Mt. View) 44'11", 2. Tim Rucks (Milpitas) 44'3 1/2", 3. Anthony Liang (Gunn) 43'10 1/2", 4. Bill Roy (Homestead) 43'8 3/4", 5. E. Rodriguez (Willow Glen) 43'3 3/4", 6. Bobby Yom (Wilcox) 42'8 1/4"

High Jump: 1. Tim Carson (Lynbrook) 6-4, 2. Ryan Mayes (Palo Alto) 6-2, 3. Jim Rucks (Milpitas) 6-2, 4. Darren McClellan (Mt. View) 6-2, 5. Jason Pierce (San Jose Academy) & Derek Lagerwerff (Gunn) 6-0.

Pole Vault: 1. Damon Ayers (Gunn) 13'0", 2. Greg Stahler (Mt. View) 12'6", 3. Creed Stary (Palo Alto) 12'6", 4. Chris Thorson (Los Altos) 12'6", 5. Jamie Belval (Palo Alto) 12'0", 6. Brian Emery (Gunn) 11'6"