

SPRINT



**NORTHERN CALIFORNIA
TRACK & FIELD CHAMPIONSHIPS
MAY 25 & 26, 1984**

at Edwards Stadium
University of California
Berkeley

When it comes to sports, we're quite a team.

When it comes to high school sports, our sportswriters really know the score. Because when they set out for the court or the field, they're ready to cover the action from start to finish. They know the players and they know the game. And our winning team of photographers is ready to catch all the action.

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TONY BALSAMO
CIF President

WELCOME TO THE WONDERFUL WORLD OF SPORTS

You as a participant have reached the pinnacle of success in high school sports. Your hard work has put you at a level that many do not achieve. Congratulations for a job well done.

Interscholastic athletics for boys and girls are considered to be an integral segment of the total educational program. Your continued support assists us in maintaining an outstanding program.

THE CIF: Doing the Job for Prep Sports Since 1914

In 1914, as high school athletic teams began crossing district lines to compete with neighboring schools, the CIF was established to provide consistency in sports rules and a safe, rewarding environment for young California athletes. Since that beginning, with fewer than 20,000 athletes, the organization has grown to become the largest youth agency in the state, serving over 500,000 young student-athletes each year.

During dynamic growth years, the CIF saw participation in high school sports double (for both boys and girls) between 1965-1975, and, although since 1978 some leveling-off has occurred in numbers of students participating, indications are that such a trend is due more to a lack of available school programs rather than to a lack of interest or desire on the students' part.

Few Californians realize that the CIF, the sole administrative body of interscholastic athletics, is an independent organization that has been carefully structured to provide needed services to the youth of the state without placing unfair burdens on the public education system. Athletic programs conducted in all 1200 secondary-schools in the state do not exist simply because students desire to participate in sports. The CIF utilizes the volunteer services of over 10,000 persons who are charged with the task of ensuring effective athletic programs for all of the public, private, and parochial high schools of the state.

As a result of effective planning, sound program administration, and a determination to support the philosophy that all student-athletes in our state should be provided with equal participation opportunities, the CIF has propelled California into uncontested leadership in the nurturing of outstanding athletes. Former and current California high school athletes hold more national records than do students from any other state — and our youngsters continue to be highly recruited by top-notch universities across the country. Many of the names are legend — Amy Alcott, Rick Monday, Bill Walton, Pat Haden, John McKay, Scott McGregor, Ron Cuccia, Jill Sterkel, Sherri Howard; all former CIF athletes, all outstanding men and women of whom Californians can be proud.

NORCAL MEET OFFICIALS

Meet director: Don Bailes.
Track Committee: Linda Sawyer, John Nules, Gil Lemmon, Andy Gainoza, Paul Gaddini, Sandy Berman.
Announcer: Sandy Berman.
Historian: Keith Conning; Aid, Bob Traum.
Meet referee: Jim Underhill.
Scorekeeper: Hart and Betty Fairclough.
Starter: John Nules. Recall: Darryl Ellengson. Clerk of the Course: Todd Anderson.
Clerk: Warren Bedell; assistant, Trevor Barker.
Accutrack: Andy Gainza; assistants, Jim Hanson, Phil Maynard. Reader: Bill Pratt.

Finish line: Moreau High School; Runner: Clare Souza; Blocks: Christie and Kim Goeller; Hurdle crew: Berkeley High School; State meet entries: Aaron Ward.

Head inspector: Bob English; inspectors: Bev Tamrem, Paul Mack, Scarlette Martinez, Manny Myer, Bill O'Toole, Frank Zapata, Mike Bean, Mark Johnson, Keith Dawson, Will Mathews, Chris Krisman, Dave Silveira, Herman Lema, Str Brooks.

Marshalls: Tim Bruder, Joe Cruz, Walter Pratt, Chris Bechtal, Orv Thisius; gates: Jerry Walser, Ron Geissler, Matt Meredith.

Trainer: Glenn Borgenson, CSUH; tickets: Jennifer Gaddini; souvenir sales: Berkeley High Booster Club.

FROM THE STATE CIF OFFICE



THOMAS E. BYRNES
State CIF Commissioner

The State CIF Federated Council welcomes participants and spectators to the State CIF Championships.

The caliber of interscholastic competition in California is second to none in the United States, and this outstanding activity should set new standards of excellence in the field of high-school athletics.



MARGARET R. DAVIS
Associate Commissioner

The *California Interscholastic Federation* is devoted to the promotion and betterment of athletics in California high schools. Its purpose has been to stimulate uniform procedures in the conduct of athletic contests, to promote friendly relationships and sportsmanship between schools and to ensure that interscholastic athletics will continue to contribute to the educational curriculum of our schools.

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Southern Section

CIF SECTION COMMISSIONERS

Northern California Track & Field Championships

at Edwards Stadium
Berkeley, California

NOR-CAL CIF CHAMPIONSHIPS EDWARDS STADIUM UC BERK. MAY 25, 1984

SCHEDULE OF EVENTS

EVENT #	NAME	DIVISION	PRELIM	SEMI	FINAL
1	TRIPLE JUMP	BOYS	FRI-11:30a		SAT-11:00a
2	DISCUS	BOYS	FRI-12:00p		SAT-11:00a
3	DISCUS	GIRLS	FRI- 1:15p		SAT-12:00p
4	LONG JUMP	GIRLS	FRI-1:15pm		SAT-12:30p
5	POLE VAULT	BOYS	FRI-12:15p		SAT-1:00pm
6	HIGH JUMP	GIRLS	FRI-12:00p		SAT-1:00pm
7	LONG JUMP	BOYS	FRI-3:00pm		SAT-2:00pm
8	SHOT PUT	BOYS	FRI-2:00pm		SAT-2:00pm
9	HIGH JUMP	BOYS	FRI-2:30pm		SAT-3:00pm
10	TRIPLE JUMP	GIRLS	FRI-4:45pm		SAT-3:30pm
11	SHOT PUT	GIRLS	FRI-3:45pm		SAT-4:00pm
12	100M LOW HURDLES	GIRLS	FRI-3:00pm		SAT-2:00pm
13	3200M RUN	GIRLS			SAT-2:08pm
14	400M RELAY	GIRLS	FRI-3:10pm		SAT-2:28pm
15	400M RELAY	BOYS	FRI-3:25pm		SAT-2:34pm
16	800M RUN	GIRLS	FRI-3:40pm		SAT-2:40pm
17	800M RUN	BOYS	FRI-3:50pm		SAT-2:47pm
18	100M DASH	GIRLS	FRI-4:00pm		SAT-2:54pm
19	100M DASH	BOYS	FRI-4:10pm		SAT-3:00pm
20	110M HIGH HURDLES	BOYS	FRI-4:25pm		SAT-3:10pm
21	3200M RUN	BOYS			SAT-3:17pm
22	400M DASH	GIRLS	FRI-4:35pm		SAT-3:41pm
23	400M DASH	BOYS	FRI-4:45pm		SAT-3:47pm
24	200M DASH	GIRLS	FRI-4:55pm		SAT-3:55pm
25	200M DASH	BOYS	FRI-5:05pm		SAT-4:00pm
26	300M LOW HURDLES	GIRLS	FRI-5:20pm		SAT-4:09pm
27	300M INTERM. HURDLES	BOYS	FRI-5:30pm		SAT-4:14pm
28	1600M RUN	GIRLS	FRI-5:45pm		SAT-4:20pm
29	1600M RUN	BOYS	FRI-6:00pm		SAT-4:31pm
30	1600M RELAY	GIRLS	FRI-6:15pm		SAT-4:41pm
31	1600M RELAY	BOYS	FRI-6:30pm		SAT-4:50pm

#1 — BOYS TRIPLE JUMP

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Schedule - Prelim: 11:30a-FRIDAY	Semi:	Final: 11:00a-SATURDAY
675	Eric Ouisenbery	Happy Camp High School	44-04.0	1	Records - NATIONAL : 52-10.5 STATE : 52-04.75	Charles Mayfield, Muir, Psdna Ken Frazier, Mission, SoFran	1980 Arcadia, Ca 1981
677	Delano Doss	Salesian High School	45-00.75	2			
676	Aaron Braxton	Piner High School	45-01.25	3	681 R.J. Theodore	Fremont High School	46-05.5 10
678	Gabriel Jones	Las Plumas High School	45-03.0	4	682 Terry Calloway	Oakland High School	46-06.5 11
631	Jeff Rogers	Overfelt High School	45-05.25	5	672 David Ceragioli	Terra Nova High School	46-07.75 12
679	John Jackson	Kennedy H. S.-Sacramento	45-08.75	6	683 Steve Shelly	Vallejo High School	46-08.25 13
644	Jeff Suits	Alhambra High School	45-10.5	7	684 Todd Lichti	Concord High School	46-10.5 14
626	Mike Harris	Fairfield High School	45-11.5	8	685 Keenan Jones	Grant High School	48-00.25 15
680	Mike Webster	Homestead High School	46-02.0	9	668 Willie Hannon	Castlemont High School	48-02.0 16

#2 — BOYS DISCUS

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Schedule - Prelim: 12:00-FRIDAY	Semi:	Final: 11:00a-SATURDAY
632	Michael Zimmerman	Lowell High School	133-07.0	1	Records - NATIONAL : 207-08.0 STATE : 201-03.0	Scott Crowell, Mason City, IA Chris Adams, Los Altos	Cedar Falls, IA. 1970
633	Daniel Mahan	Enterprise High School	144-09.0	2			
634	Reginald Green	Galileo High School	146-04.0	3	641 Jack Mohr	Los Altos High School	168-04.0 10
635	John Havey	Christian Brothers H. S.	153-07.0	4	642 Aaron Boren	Lincoln High School	173-00.0 11
636	Jason Soares	Gridley High School	153-10.0	5	643 Pete Thompson	Cupertino High School	175-01.0 12
637	Randy Link	Lodi High School	155-06.0	6	687 Roger Creedon	Cupertino High School	175-08.0 13
638	Scott Weiss	Grace Davis High School	158-10.0	7	644 Rick Mootz	Miramonte High School	176-11.0 14
639	Paul Troppy	Santa Rosa High School	162-01.0	8	612 Gerald Gamble	Antioch High School	177-11.0 15
613	Eric Snelson	Antioch High School	164-04.0	9	645 Steve Dudley	Leland High School	180-07.0 16

#3 — GIRLS DISCUS

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 176-04.0 STATE : 172-11.0	Cindy Johnson, Chandler, AZ Leslie Deniz, Gridley	Mesa, AZ, 1982 1980
267	Aleena Galloway	McAteer High School	94-08.0	1	273 Cindy Hicks	Arcata High School	123-06.0 8
75	Tudi Allen	Lowell High School	104-03.0	2	274 Rebecca Roesler	Mission San Jose H. S.	123-08.0 9
268	Cherie Maxwell	Los Altos High School	114-02.0	3	231 Latonia Floyd	Oak Grove High School	127-02.0 10
269	Kim Cercle	Beyer High School	115-01.0	4	275 Gerry Baldwin	Branham High School	129-08.0 11
270	Rebecca York	Enterprise High School	118-11.0	5	220 China Blockton	Luther Burbank H. S.	130-03.0 12
271	Nancy Tyler	College Park High School	121-03.0	6	230 Yvette Brown	Vacaville High School	130-03.0 13
272	Stacy Brown	Mountain View High School	122-09.0	7	224 Stephanie Smith	Yreka High School	132-02.0 14
					276 Gina Niko	Mt. Eden High School	134-02.0 15
					221 Stacy Nom	Cordova High School	153-00.0 16

#4 — GIRLS LONG JUMP

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION
247	Kari Christensen	Pleasant Valley H.S.	16-00.25	1
257	Michelle Rowe	Wheatland High School	16-02.0	2
258	Donna Graham	Lowell High School	16-06.0	3
259	Erin Simms	Skyline High School	16-10.0	4
260	Rogers	Hiram Johnson High School	17-05.5	5
261	Cindy Barros	Arroyo High School	17-07.0	6
262	Kim Dixon	San Ramon Valley H. S.	17-07.5	7
263	Mona Simmons	Modesto High School	17-08.5	8

Records - NATIONAL : 22-01.75
STATE : 20-08.0

Kathy McMillan, Raeford, NC
Marlene Harmon, Thousand Oaks
Knoxville, TN
1980

264	Chambers	Cordova High School	17-08.5	9
255	Callahan	Kennedy H. S.-Sacramento	18-03.0	10
265	Tina Robinson	Woodside High School	18-03.0	11
266	Crissy Cerkel	Redwood High School	18-04.5	12
253	Danielle Sharkey	Gunderson High School	18-11.0	13
142	Karen Lawson	St. Francis High School	19-08.25	14
1	Yvette Bates	Berkeley High School	19-08.75	15
10	Wendy Brown	Woodside High School	20-04.0	16

#5 — BOYS POLE VAULT

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION
646	Zack Toms	Galileo High School	13-00.0	1
647	Gene Hubbard	Pleasant Valley H.S.	13-00.0	2
648	Kevin Qualle	Hughson High School	13-06.0	3
649	Vincent McClanahan	Galileo High School	13-06.0	4
650	Glen Castillo	Weed High School	13-09.0	5
651	Mark Mitchell	Fort Bragg High School	13-09.0	6
652	Chance Kennedy	Del Oro High School	13-09.0	7
653	Dean Starkey	James Logan High School	14-00.0	8

Records - NATIONAL : 17-09.5
STATE : 17-00.25

Joe Dial, Marlow, OK
Anthony Curran, Encino
Oklahoma City
1978

654	Wally Summers	Beyer High School	14-00.0	9
655	Dave Roybol	St. Mary's H. S.-Stockton	14-06.0	10
656	Todd Keating	North Salinas High School	15-00.0	11
657	Mitch Mikula	Antioch High School	15-00.0	12
658	Jim Gash	Santa Rosa High School	15-00.0	13
659	Mark Coulter	Gunderson High School	15-08.0	14
660	George Bassett	Saratoga High School	15-08.0	15
661	Ivar Moen	Los Gatos High School	15-10.75	16

#6 — GIRLS HIGH JUMP

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION
232	Lucie Von Schehila	Skyline High School	4-11.75	1
233	Melanie Martin	Mission High School	5-01.5	2
240	Kristi White	Chico High School	5-02.25	3
235	Owen Sullivan	Berkeley High School	5-03.0	4
236	Marnett Smalley	Sonoma Valley High School	5-03.0	5
71	Michelle Wootton	Bella Vista High School	5-04.0	6
237	Annette Woo	Bella Vista High School	5-04.0	7

Records - NATIONAL : 6-02.25
STATE : 6-01.0

Kym Carter, Wichita East, KS
Tonya Mendonca, Visalia
Wichita, KS
1983

238	Cindy Bradley	Eureka High School	5-04.0	8
239	Tara Grieser	Petaluma High School	5-05.0	9
240	Brenda Farley	A.A. Stagg High School	5-06.0	10
241	Chris Hoover	Paradise High School	5-06.25	11
67	Rachael Bray	Los Altos High School	5-07.0	12
242	Tara Fairfield	Fremont High School	5-07.0	13
243	Jody Mariscal	Merced High School	5-07.0	14
244	Beth Vidakovits	St. Francis High School	5-09.0	15
10	Wendy Brown	Woodside High School	6-00.0	16

#7 — BOYS LONG JUMP

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 25-09.5 STATE : 25-04.5	Gerald Hardeman, Fresno, CA Jerry Proctor, Muir	Porterville, CA 1967
642	Terry Arndt	Burney High School	20-05.0	1	669	Greg Parker	Kennedy H. S.-Sacramento 22-05.0 9
643	Derrick Mills	Yreka High School	20-07.0	2	670	Scott Gonsolin	Napa High School 22-11.75 10
644	Jeff Suitos	Alhambra High School	21-05.75	3	671	Tom West	Ripon High School 22-11.75 11
645	Bill Freeborn	Campolindo High School	21-09.0	4	570	Roger Grimes	Hillsdale High School 23-01.5 12
646	Todd Lichti	Mt. Diablo High School	21-10.0	5	672	David Ceragioli	Terra Nova High School 23-03.5 13
647	Dexter Jones	Skyline High School	21-11.0	6	673	Mark Hicks	Davis High School 23-05.75 14
648	Willie Hannon	Castlemont High School	21-11.0	7	674	Harold Rucker	Silver Creek High School 23-10.0 15
112	Robert Reading	St. Mary's College H. S.	22-01.5	8	159	Johnny Cleveland	Soquel High School 25-00.0 16

#8 — BOYS SHOT PUT

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 77-00.0 STATE : 68-00.0	Michael Carter, Dallas, TX Steve Montgomery, Lassen	Abilene, TX 1976
600	Marc Neal	Washington H. S. - S.F.	49-05.25	1	608	Ray Valladao	Atwater High School 56-03.5 9
601	Brian Oliver	Galileo High School	50-03.5	2	609	Troy Sheets	Del Mar High School 56-04.0 10
602	Tracy Hockett	Enterprise High School	50-10.5	3	610	Jim Hannan	Monte Vista High School 56-07.0 11
603	Jamie Nott	Grace Davis High School	52-11.0	4	611	Darin Maggard	Acalanes High School 56-09.0 12
604	Russ Warnick	Willows High School	53-00.5	5	612	Gerald Gamble	Antioch High School 57-03.0 13
605	Ron Elm	Vacaville High School	53-01.5	6	613	Eric Snelson	Antioch High School 57-03.0 14
606	Tim Moore	Atwater High School	55-01.0	7	614	Eric Volta	Santa Clara High School 57-06.25 15
607	Roger Creedon	Cupertino High School	55-10.75	8	615	Fred Houston	Willow Glen High School 60-02.0 16

#9 — BOYS HIGH JUMP

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 7-04.75 STATE : 7-03.25	James Lott, Fefuglo, TX Lee Balkin, Glendale, CA	Austin, TX 1979
616	Johnnie Hines	Balboa High School	5-09.5	1	624	Steve DeLancy	Paradise High School 6-06.0 9
617	Charles Brooks	Oakland High School	5-11.75	2	625	Ron Winters	Castro Valley High School 6-06.0 10
618	Paul MacFarland	Salesian High School	6-04.0	3	626	Mike Harris	Fairfield High School 6-07.0 11
619	Jim Reis	Sonoma Valley High School	6-04.0	4	627	Steve Repoltaro	Hills High School 6-08.0 12
620	Steve Smith	St. Ignatius College Prep.	6-06.0	5	628	David Puffer	Santa Clara High School 6-08.0 13
621	Robert Rueb	Elk Grove High School	6-06.0	6	629	Brian Gavin	Live Oak High School 6-08.0 14
622	Mike Valles	Wheatland High School	6-06.0	7	630	Mike Clark	Valley High School 6-08.0 15
623	Eric Duckering	Northgate High School	6-06.0	8	631	Jeff Rogers	Overfelt High School 6-10.0 16

#10 — GIRLS TRIPLE JUMP

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL STATE	NATIONAL STATE	Records	Affiliation	Mark	Position
245	Tonya Jefferson	McClymonds High School	32-10.0	1	41-00.5	40-03.0	Terri Turner, Meledy Smith	Woodside High School, CA	37-01.0	9
246	Deanna Copeland	Castlemont High School	33-11.0	2			Wendy Brown, Woodside, CA		37-02.0	10
247	Kari Christensen	Pleasant Valley H.S.	34-01.5	3					38-03.0	11
248	Kristi White	Chico High School	35-02.25	4					38-03.0	12
249	Tammy Messendorf	Piner High School	35-03.5	5					38-10.0	13
250	Diane West	James Logan High School	35-11.0	6					39-02.5	14
251	Tonya Miles	Rio Linda High School	36-09.0	7					39-11.0	15
2	Alicia Lowe	American High School	36-09.25	8					42-09.5	16

#11 — GIRLS SHOT PUT

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL STATE	NATIONAL STATE	Records	Affiliation	Mark	Position
216	Dana Face	Galileo High School	32-03.75	1 8	53-07.75	52-07.5	Natalie Kaaiwahia, CA	Bakersfield, CA	38-03.75	9
217	Julie Hadnot	Skyline High School	33-08.5	2			Natalie Kaaiwahia, CA		38-04.25	10
218	Deni Lindsey	Chico High School	35-06.25	3					39-00.5	11 9
219	Chris Swanson	Watsonville High School	35-11.0	4					40-01.25	12 7
220	China Blockton	Luther Burbank H. S.	37-05.5	5					40-01.5	13 6
221	Stacy Hom	Cordova High School	37-06.5	6					40-09.5	14 2, 3, 9, 9
222	Rochelle Self	Hayward High School	37-09.25	7 4					41-11.5	15 3, 4, 5
223	Alison Verona	Northgate High School	38-02.25	8					45-04.0	16 4, 6, 9
224	Stephanie Smith	Yreka High School		9						
225	Trisha Sue-Sue	Encinal High School		10						
226	Julie Hoots	Acalanes High School		11 9						
227	Tina Lei	Overfelt High School		12 7						
228	Marilyn Elkins	Manteca High School		13 6						
229	Melinda Beckenhauer	Los Altos High School		14 2, 3, 9, 9						
230	Yvette Brown	Vacaville High School		15 3, 4, 5						
231	Latonia Floyd	Oak Grove High School		16 4, 6, 9						

#12 — GIRLS 100m LOW HURDLES

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL STATE	NATIONAL STATE	Records	Affiliation	Mark	Position
4	Kristine Babenco	Tamalpais High School	14.88	1	13.6	13.88	Carol Lewis, Willingboro, NJ	New Jersey, 1980	15.28	1
6	Danielle Knox	Vacaville High School	14.63	2			Chewaukii Knighten, Locke, LA		14.67	2
11	Margaret Ruden	Homestead High School	14.46	3					14.47	3
9	Leslie Mazie	Hills High School	13.76	4					13.85	4
32	Jescia Casimir	Mission High School	14.4	5					14.24	5
2	Alicia Lowe	American High School	14.61	6					14.5	6
7	Michelle Wooten	Bella Vista High School	14.86	7					14.76	7
30	Julie Montux	Chico High School	15.4	8					15.4	8
8	Tina Broadway	Luther Burbank H. S.		1						
3	Karen Brown	Sir Francis Drake H.S.		2						
5	Misako Hill	Cordova High School		3						
10	Wendy Brown	Woodside High School		4						
1	Yvette Bates	Berkeley High School		5						
31	Monique Perez	Lincoln H. S. - S.F.		6						
12	Michelle Doyer	Leigh High School		7						
29	Julie Griffin	Durham High School		8						

NorCal's Standout Athletes

By Tom Beaudin

So many outstanding athletes, not enough crowns to go around — that might sum up the dilemma facing officials at this year's Northern California CIF Track & Field Championships in Edwards Stadium, Berkeley.

The boys competition this spring should be stiffer than ever. Especially in the distance races.

For openers, the Central Coast Section is counting on Matt Guisto of San Mateo, who captured last year's Kinney Cross Country Championships and has recorded some impressive track times in the 1600 and 3200 meter runs this spring.

Then there's a pair of identical twins from Jesuit High School in Sacramento, Mark and Eric Mastalir, in the 800, 1600 and 3200. Only sophomores, the Mastalirs give Jesuit coach Walt Lange two bona fide State Meet threats coming into this weekend's competition.

Scott Savage of Foothill (Pleasanton) has recorded personal bests in his last four 1600 races, going 4:17.98 in the North Coast Section finale. Afterward, he said: "I guess I just don't like finishing second. My goal is to reach the State Meet. Whatever it takes, I'll give it my all. If I'm near the front going into the bell lap, I promise you I won't give up any places."

NorCal track fans also have a great duel shaping up in the 800 to look forward to.

With Nick Sparks of Bella Vista, Carmichael, and Bellarmine's (San Jose) Keith Allen in the pack, the winning time might just be pushed under the 1:50 mark in Saturday afternoon's finals.

Allen won the Central Coast Section title with a 1:52.94 last weekend, while Sparks notched a 1:52.5 earlier this year to rank third in CIF individual standings. Eric Mastalir has a 1:55.3 to his credit, too.

Sparks is what some people might call the consummate prep athlete. A straight-A student.



Berkeley's Ken Henderson: super sprinter.

Sparks ran a 1:52.5 half-mile back on April 13, and has gone 4:12 in the mile this season, too.

"In my heart," Sparks' coach Jerry Fletcher said, "I believe Nick can win the mile at the State Meet. He's highly motivated, and goal-oriented. He's been doing a lot of speed work lately, and he's always had the strength."

Sparks, who impressed Fletcher with a 2:07 880 as a freshman, really came on as a sophomore

running in the shadow of Bella Vista star Harold Kupheldt, the 1982 CIF two-mile champion now attending the University of Oregon.

Sparks anchors Bella Vista's mile relay team, having done 49.1 for the quarter on one occasion.

"Nick doesn't always start out in front," says Fletcher, "but he'll usually close down and out-kick everyone in the last 150 yards or so. When the race is finished, Nick is usually the first through the tape."

Continued on page 17



Woodside's Wendy Brown (above) and Yvette Bates (right).



Great things come in threes

By Tom Beaudin

At least two participants in the second annual Northern California CIF Track & Field Championships already have qualified for the Olympic Trials next month in Eugene, Oregon. Consequently, to say the 1984 field is loaded may be an understatement.

Leslie Maxie of Mills High School in Millbrae, and Wendy Brown from Woodside may be world-class right now. Maxie, who has hit the road for competition in AAU meets over the past year, will be a contender in the 400 hurdles. Meanwhile, Brown is practically peerless in the triple jump, which may turn out to be her ticket to the Summer Games.

They'll be among several hundred athletes at Edwards Stadium today vying for the right to advance to next week's State CIF Meet, slated for the Los Angeles Memorial Coliseum June 2.

Both hail from the Central Coast Section, where last weekend they served notice to the rest of California — and prep track competitors all across the nation — that they're something special.

Maxie blew the field away in the 100

meter low hurdles, clocking 13.76. With that performance, Maxie will easily be the top seed at NorCal.

Brown, however, also runs the hurdles, and timed 13.85 to place second in that race.

The rest of the afternoon was predictable. Brown won the triple jump, high jump and long jump, while Maxie streaked to a 41.39 win in the 330 low hurdles race for an impressive three-second victory.

Brown's efforts — 20-4 in the long jump, 6-0 in the high jump and 42-9½ in the triple — enabled Woodside to place second in team scoring behind St. Francis.

Maxie and Brown, as outstanding as they are, may be in for a surprise when they peel off their sweats at NorCal. Yvette Bates of Berkeley, competing on her home track, hasn't played second-fiddle often in her illustrious high school track career. Bates doubtless wants to go out with a bang.

Almost with casual ease, Bates set a North Coast Section long jump meet record in last Friday's trials with a 19-9½.

That, by the way, came on her one and only attempt that sunny afternoon.

She came away with similarly super results in both hurdles races and the triple jump, an event in which Bates and Brown have alternately re-written the national prep track and field record books the past two seasons.

"Yvette has that mental drive, that certain will power you need to be something special," said Berkeley High School coach Willie White. "She works hard, and doesn't give up when the chips are down.

"The key is fluid motion, whether you're talking about the triple jump or the hurdles. We're working on form running with her, because when you can have control over your motion, that's when you pop the big numbers."

Brown's coach at Woodside, Jim Luttrell, doesn't sound a bit idealistic when he states: "Wendy's shooting for four wins at the State Meet this year."

Brown has certainly proven herself capable of reaching such lofty goals. At one point this spring, Brown held three California CIF bests in the three jumping events.

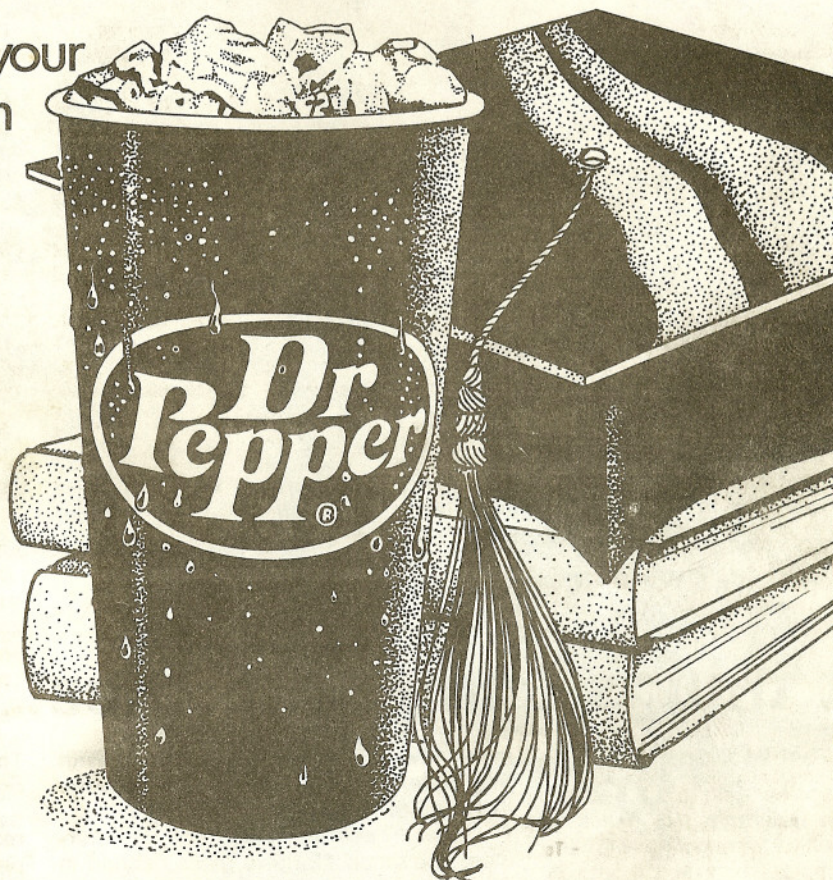
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13 — GIRLS 3200m RUN

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL STATE		
25	Gloria Fowler	Fremont H. S. - Oakland	12:20.2	1	8:58.43	Ft. Washington Upper Dublin	
27	Heather Hollahan	Enterprise High School	11:34.1	2	10:08.14	Cory Schubert, Del Mar, CA	
15	Christine McGee	Marin Catholic High School	11:10.8	3			10:48.5
14	Dawn Thomas	Alameda High School	11:09.9	4			10:54.5
22	Sabrina Han	Westmoor High School	11:06.9	5			11:03.5
21	Rebecca Chamberlain	Leigh High School	10:57.4	6			11:09.2
19	Sally Pinkner	Grace Davis High School	10:52.66	7			11:09.2
17	Colleen Donovan	Lodi High School	10:45.89	8			11:10.0
18	Stacey McAfee	Del Oro High School					11:12.9
20	Joni Mooney	Vacaville High School					11:46.7
13	Sherri Minkler	Analy High School					12:32.4
23	Kelly Ilnicki	Harbor High School					
24	Lori Wilson	Terra Nova High School					
16	Julie Rivers	Livermore High School					
28	Nichole Oliveira	West Valley High School					
26	Tersea Madden	Lowell High School					

14 — GIRLS 400m RELAY

Records - NATIONAL : 45.13
STATE : 45.13

Berkeley, California
Berkeley, California

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION
283	/277,278,279,280 Jenfer Clayton - Chris Blaschke - Kris Kenny - Michelle Evens	Leland High School	49.84	1	300	/295,296,297,207 Adrienne Bracey - Meg Williams - Clarisa Peer - Angie Daniels	Menlo Atherton High School	49.88	1
335	/331,332,333,334 Sonia Johnson - Sherice Craver - Debbie Dunn - Rachele Downey	Highlands High School	49.4	2	363	/355,356,362,178 Lisa Datrice - Leslie Fuller - Zetzer Christian - Beverly Dutes	Mt. Eden High School	49.5	2
345	/341,342,343,344 Angie Ahwood - Tracy Bonner - Nola Turnage - Angie Edwards	Vallejo High School	48.7	3	366	/359,360,361,364 Jody Romero - Cindy Romero - Susie Thompson - Sharon Bailey	Santa Rosa High School	49.1	3
354	/136,204,352,137 Jackie Baker - Dion Andrews - An Tolliver - Tanicka Johnson	Berkeley High School	47.0	4	340	/336,8,337,138 Shilon Reese - Tana Broadway - Rondo Green - Pam Qualls	Luther Burbank H. S.	47.63	4
373	/367,368,369,4 Denise Belanger - Lamana Cook - Barbara Mason - Kristine Babenco	Tamalpais High School	48.4	5	311	/189,307,31,308 Antionette Wells - Stacy Greene - Monique Perez - Briggett Bailey	Lincoln H. S. - S.F.	48.3	5
324	/319,320,321,322 Domita Williams - Nicole Ray - Charlesta Briscoe - Tanya Victorian	Skyline High School	49.4	6	351	/346,347,348,349 Allison Stoute - Phaedra Alexander - Lisa Rapozo - Carla Carter	Foothill H. S. - Sacramento	49.26	6
288	/284,285,286,287 Felita Andersen - Wendy Turner - Kim Wright - Odeanna Wheeler	Seaside High School	49.74	7	294	/289,290,291,142 A.J. Hynes - Niamh O'Flaherty - Joetta Davis - Karen Lawson	St. Francis High School	49.54	7
318	/312,313,314,315 Tracy Nichols - Ronelle Myers - Michelle Souza - Wendy Gage	Pleasant Valley H.S.	51.1	8	306	/301,302,303,304 Julie Zumalt - Stacy Brauning - Tonia Ryan - Ronda Ryan	Enterprise High School	51.0	8

15 — BOYS 400m RELAY

Records - NATIONAL : 40.2
STATE : 40.83

Dallas Lincoln, TX
Edison of Fresno, CA

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION
426	/504,505,506,507 Mike Saudo - Chad Nightingale - Brian Henderson - Jeff Chimenti	Moreau High School	43.55	1	425	/543,544,545,546 Steve Habkirk - Robbie Kane - Maurice Whitlock - Keith Barnes	Santa Rosa High School	43.61	1
431	/499,500,501,161 Peter Kolotorous - Ron Smith - Tony Salem - Chris White	Lynbrook High School	42.8	2	429	/540,171,541,542 Lance Lister - Kevin McPherson - Tyrone Evans - Darrel Ragsdale	Mount Pleasant High School	42.9	2
419	/193,495,496,213 Roque Kinnison - Broyce Batchan - Brian Batchan - Alvin Baldwin	Vanden High School	42.47	3	427	/113,535,536,537 Michael Profit - Kevin House - Patrick Egu - Donnie Haley	Kennedy H.S.-Richmond	42.47	3
428	/492,150,151,493 Donald Davis - Ken Henderson - Andre Hunter - Tony Usher	Berkeley High School	41.34	4	417	/529,157,530,531 Jones - Palente Henry - Nownejad - Tinsley	Merced High School	42.14	4
432	/488,489,172,102 Steve Kemp - Lonnie Jackson - Andre Riley - Cary Nobles	Independence High School	42.4	5	418	/524,195,525,526 Andre White - Kevin Tolliver - Keith Jackson - Phillip Goins	Vallejo High School	42.44	5
424	/485,484,486,194 Steve Mehl - Donald Dye - Kenneth Broum - Robert Ellis	Highlands High School	42.64	6	421	/520,162,521,215 Lionel Dozier - Damon Island - Frank Cooks - Norm Robinson	McClmonds High School	42.6	6
420	/479,203,480,481 Jerome Collins - Chad Buggs - Anthony Welsey - Andre Alexander	Balboa High School	43.1	7	430	/516,198,517,518 George Jones - Nate Coles - John Crosby - Sam Crosby	Seaside High School	42.9	7
422	/176,476,477,478 Tom Jones - John Schmillen - David Yoskowitz - Rick Mannerino	Chico High School	45.2	8	423	/510,511,512,513 Vince Kangas - Tim Moniz - Garrett Winiecke - Billy Allen	Pleasant Valley H.S.	45.1	8

Other officials:

Don Sawyer, Joel Grose, Willis Ball, Bob Linney, Norm Morrison, Mimi Beretz, Ted Cain, Linda Lenere, Cheryl Olson, Amy Crandall, Carol Moreau, Kathy Lehr, Mark Gaddini, Art Johnson, Jennifer Humpert, Michelle Puello, Debbi Blendow, Hart Fairclough, Gil Lemmon, Sylvia Bailes, John Lupes, Annette Souza, Curtis Smith, Bob Fisher, Glenna Rizzo, Joy Suits, Dave Clark, Al Hopkins, Steve Guidici, Brad Pearson, Gary Jur, Robert Wong, Tom Galoin, Joe

Frost, Michelle Pirello, Dr. Tom Glover, Dick Peterson, Al Rodrigues, Joyce Palmer, Lee Pezzola, Mark Winn, Norm Crane, Ron Gribowski, Debbie Blendow, Bob Blendow, Charlie McMahon, Jim Kruse, Roy Byrd, Irene Obera, Gail Wetsock, John Stone, Luke Sekulich, Otis McCain, Dave Gallagher, Ursula Calderon, Dee Peterson, Jon Hassell, Tim Kuta, Ed Knott, Art Johnson, Carl Marsh.

65.2 2:16.8

#16 — GIRLS 800m RUN

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL STATE	Joetta Clark, New Jersey Donna Curtis, Culver City	New Jersey 1981
46	Donna Martin	Enterprise High School	2:24.5	1	2:14.62	40 Cheryl Hill	Del Campo High School 2:19.3 1
38	Kim Stark	Amador County High School	2:17.0 ✓	2	*2:16.32	34 Nicole Biggers	Northgate High School 2:15.67 ✓ 2:16.32
36	Jodie Wertz	Redwood High School	2:14.36 ✓	3	2:15.98	44 Tonya Byroe	Henry M. Gunn High School 2:14.79 ✓ 2:14.79
41	Kristen Dowell	Santa Teresa High School	2:08.4 ✓	4	2:03.97	42 Lanette Davis	Del Mar High School 2:13.04 4
35	Tresa Currie	Pittsburg High School	2:14.06 ✓	5	2:15.96	37 Alex Tubman	Grace Davis High School 2:13.55 ✓ 2:13.55
45	Laura Henry	Los Gatos High School	2:15.33	6		48 Trish Broom	Lowell High School 2:15.1 ✓ 2:15.1
39	Beth Wilson	Del Oro High School	2:17.43	7	*2:17.74	33 Doniece Johnson	Berkeley High School 2:19.06 7
49	Deborah Hartog	Lowell High School	2:27.0	8		47 Heidi Thoensen	Shasta High School 2:29.3 4:26.2

#17 — BOYS 800m RUN

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL STATE	Pete Richardson, Berkeley Pete Richardson, Berkeley	Cerritos, CA 1981
132	Jeff Woods	West Valley High School	1:57.9	1		133 Steve Holecz	Yreka High School 1:58.6 1
121	Ken Green	Bishop O'Dowd High School	1:55.0	2		125 Jim Fernandez	Foothill N. S. - Sacramento 1:55.0 2
127	Dan Schall	Del Mar High School	1:54.7	3	156.51	120 Tommy Jordan	Pittsburg High School 1:54.03 3
122	Nick Sparks	Bella Vista High School	1:52.0	4		126 Keith Allen	Bellarmino College Prep HS 1:52.94 4
119	Jerry Craft	San Maria High School	1:53.4	5		118 Bobby Rivera	Newark-Memorial H. S. 1:53.38 5
124	Joe Poggi	Placerville High School	1:54.9	6		123 Tony Perez	Manteca High School 1:54.9 6
129	Bob Lyle	Live Oak High School	1:55.3	7	155.34	128 Doug Hancock	Saratoga High School 1:55.2 7
131	Michael Ferguson	Castlemont High School	2:02.0	8		88 Noah Hinkston	Oakland Tech H. S. 1:59.1 8

#18 — GIRLS 100m DASH

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL STATE	Barbara Bell, Technical, TX Sharon Ware, Berkeley, CA	Fort Worth, TX 1980
144	Tracy Cole	Silver Creek High School	12.48	1		137 Tanicka Johnson	Berkeley High School 12.51 1
149	Josie Alexander	Oakland High School	12.3	2		136 Jackie Baker	Berkeley High School 12.29 2
135	Sheila Compton	Albany High School	12.18	3		148 Stacey Green	Lincoln H. S. - S.F. 12.2 3
138	Pam Qualls	Luther Burbank H. S.	11.74	4		142 Karen Lawson	St. Francis High School 12.06 4
134	Denise Ervin	El Cerrito High School	12.17	5		139 Madeline Drew	Roseville High School 12.12 5
143	Nina Hutchins	Independence High School	12.28	6		140 Michelle Wright	Armiijo High School 12.28 6
141	Regina Brewer	Hogan High School	12.34	7		146 Rosie Williams	East Nicholas High School 12.4 7
147	Jennifer Girdner	Yreka High School	12.8	8		145 Nicole Caldwell	Redwood Christian H. S. 12.55 8

#19 — BOYS 100m DASH

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 10.2 STATE : 10.55	Rod Richardson, Shreveport Howard Hawkins, Warren	Baton Rouge, LA 1980	
151	Andre Hunter	Berkeley High School	10.96	1	152	Bobby Pope	St. Mary's College H. S. 10.97	1
163	Markell Knox	Oakland High School	10.7	2	160	Louis Fortman	Milpitas High School 10.87	2
155	Bo Christian	San Juan High School	10.70	3	158	Henry Barba	James Lick High School 10.69	3
164	Reggie Stewart	Westwood High School	10.4	4	154	Seon Tillis	Valley High School 10.50	4
157	Palente Henry	Merced High School	10.59	5	156	Kevin Owens	Foothill H. S.- Sacramento 10.50	5
159	Johnny Cleveland	Soquel High School	10.70	6	162	Damon Island	McClymonds High School 10.6	6
161	Chris White	Lynbrook High School	10.93	7	150	Ken Henderson	Berkeley High School 10.92	7
153	Willie Hyde	Salesian High School	11.03	8	165	Geoff Broyles	Paradise High School 11.2	8

#20 — BOYS 110m HIGH HURDLES

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 12.9 STATE : 13.41	Rinaldo Nehemiah, Fanwood, NJ Steve Kerho, Mission Viejo	Jamaica, NY 1982	
170	Ian Knowles	Valley High School	14.94	1	176	Tom Jones	Chico High School 15.0	1
166	Robert Reading	St. Mary's College H. S.	14.82	2	173	Matt Devine	St. Ignatius College Prep. 14.81	2
172	Andre Riley	Independence High School	14.60	3	186	Jerold Sawyer	McAteer High School 14.7	3
115	Rodney Jett	Hiram Johnson High School	14.22	4	182	Cary Nobles	Independence High School 14.27	4
171	Kevin McPherson	Mount Pleasant High School	14.54	5	169	Jim Wynne	Valley High School 14.35	5
113	Michael Profit	Kennedy H.S.-Richmond	14.72	6	116	Vince Delgado	Christian Brothers H. S. 14.75	6
175	Mike Kirk	Oroville High School	14.9	7	167	Jamie Reeve	Concord High School 14.88	7
174	Larry McDonnell	McAteer High School	15.1	8	168	Earl Butler	Salesian High School 15.08	8

#21 — BOYS 3200m RUN

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	Records - NATIONAL : 8:41.5 STATE : 8:44.9	Steve Prefontaine, Marshfield Eric Hulst, Laguna Beach	Corvallis, OR, 1969 1975
64	Mike Kelly	Oakland High School	10:11.6			
62	Mike Wall	Lassen High School	9:49.1			
54	Darrin Banks	Encinal High School	9:27.97			
53	Eugene Tung	Saratoga High School	9:21.9			
61	Dick Vicane	Jesuit High School	9:19.1	54	John Foley	Miramonte High School 9:18.41
60	Darren Slade	Valley High School	9:16.5	52	Jim Thompson	Half Moon Bay High School 9:19.9
59	Eric Mastilar	Jesuit High School	9:12.5	55	Martin Higginbotham	Berkeley High School 9:23.18
51	Matt Giusto	San Mateo High School	9:03.7	57	Jim Howard	Northgate High School 9:30.78
58	Pete Vicencio	Del Oro High School	9:11.81	63	Bill Fields	Yreka High School 9:51.4
50	Chris Craig	Leigh High School	9:13.9	65	Robert Baca	Oakland High School 10:20.4

#22 — GIRLS 400m DASH

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 52.39 STATE : 52.39	Denean Howard, Kennedy, CA Denean Howard, Kennedy, CA	Sacramento, CA 1982
186	Lori Lammle	Leland High School	58.88	1	185	Karen Dowell	Santa Teresa High School 58.93 1
181	Snow	Nira Loma High School	57.97	2	182	DeAngela Smith	Valley High School 58.06 2
179	Yolander White	Grant High School	57.52	3	183	Mary Sprowl	Pioneer High School 57.45 3
35	Tresa Currie	Pittsburg High School	55.86	4	136	Jackie Baker	Berkeley High School 56.35 4
149	Josie Alexander	Oakland High School	57.1	5	177	Cindy Kubala	Eureka High School 57.01 5
178	Beverly Dukes	Mt. Eden High School	57.66	6	180	Julie Green	Lincola High School 57.64 6
184	Kelly Blafield	Harbor High School	58.45	7	189	Antionette Wells	Lincoln H. S. - S.F. 58.1 7
188	Rosalind Santiago	Wheatland High School	1:02.2	8	187	Julie Ramirez	Corning High School 1:00.7 8

#23 — BOYS 400m DASH

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 45.5 STATE : 46.38	Anthony Ketchum, Needville, TX Fabain Cooper, Washington	Austin, TX 1982
192	Reed Smoller	Berkeley High School	49.66	1	203	Chad Buggs	Balboa High School 50.2 1
199	Floyd Barco	Monterey High School	49.86	2	200	Neal Flynn	Prospect High School 49.44 2
195	Kevin Tolliver	Vallejo High School	48.44	3	196	Eugene Hardy	El Camino Fundamental H.S. 48.46 3
193	Roque Kinnison	Vanden High School	48.25	4	197	Michael Davidson	St. Francis High School 48.25 4
162	Damon Island	McClymonds High School	48.4	5	194	Robert Ellis	Highlands High School 48.26 5
198	Nate Coles	Seaside High School	49.00	6	151	Andre Hunter	Berkeley High School 48.84 6
191	Maurice Whitlock	San Maria High School	49.49	7	190	Terry Gibson	Tamalpais High School 49.45 7
202	Don Coon	Enterprise High School	51.0	8	201	Vincent Kangas	Pleasant Valley H.S. 50.8 8

#24 — GIRLS 200m DASH

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 23.0 STATE : 23.19	Wenda Vereen, Trenton, NJ Sheri Howard, Kennedy, CA	New Jersey 1980
208	Jenfer Clayton	Lynbrook High School	25.63	1	209	Martina Roland	Galileo High School 25.7 1
206	Mina Hutchinson	Independence High School	25.37	2	205	Lanae Barber	Bishop O'Dowd High School 25.6 2
140	Nichelle Wright	Armijo High School	25.07	3	145	Nicole Caldwell	Redwood Christian H. S. 25.13 3
138	Pam Qualls	Luther Burbank H. S.	24.81	4	139	Madeline Drew	Roseville High School 24.71 4
135	Sheila Compton	Albany High School	24.87	5	134	Denise Ervin	El Cerrito High School 24.81 5
204	Dion Andrews	Berkeley High School	25.29	6	141	Regina Brewer	Hogan High School 25.21 6
148	Stacey Green	Lincoln H. S. - S.F.	25.4	7	207	Angie Daniels	Menlo Atherton High School 25.49 7
187	Julie Ramirez	Corning High School	26.2	8	146	Rosie Williams	East Nicholas High School 26.0 8

#25 — BOYS 200m DASH

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 20.5 STATE : 20.7	Dwayne Evans, South Mountain Mel Gray, Montgomery	Glendale, AZ 1976
215	Nora Robinson	McClymonds High School	22.5	1	211	Marcos Pica	Mt. Diablo High School 22.58 1
159	Johnny Cleveland	Soquel High School	22.14	2	163	Markell Knox	Oakland High School 22.0 2
161	Chris White	Lynbrook High School	21.95	3	150	Ken Henderson	Berkeley High School 21.97 3
156	Kevin Owens	Foothill H. S. - Sacramento	21.44	4	160	Louis Fortman	Hilpitas High School 21.5 4
155	Bo Christian	San Juan High School	21.90	5	157	Palente Henry	Merced High School 21.04 5
164	Reggie Stewart	Westwood High School	22.0	6	213	Alvin Baldwin	Vanden High School 22.00 6
212	Todd VanDyke	St. Patrick High School	22.44	7	214	Mike Schnieder	North Monterey Co. H. S. 22.22 7
210	Sham Beals	Pittsburg High School	22.77	8	165	Geoff Broyles	Paradise High School 23.2 8

#26 — GIRLS 300m LOW HURDLES

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 41.09 STATE : 41.09	Gayle Kellon, Walnut, CA Gayle Kellon, Walnut, CA	Sacramento 1982	
75	Tudi Allen	Lowell High School	46.1	1	46.57	73	Heidi Freer	Hayfork High School 46.4 1
4	Kristine Babenco	Tamalpais High School	45.02	2	45.61	67	Rachael Gray	Los Altos High School 45.0 45.50 2
66	Stacy Kuehnis	Los Gatos High School	43.9	3		69	Sheila Hudson	Rio Linda High School 44.4 3
9	Leslie Maxie	Mills High School	41.19	4	41.79	71	Nichelle Wootton	Bella Vista High School 43.41 44.72 3
1	Yvette Bates	Berkeley High School	43.56	5	43.95	3	Karen Brown	Sir Francis Drake H.S. 43.52 43.61 5
72	Chris Nicholas	Bella Vista High School	44.06	6		11	Margaret Ruden	Homestead High School 44.5 44.78
70	Rhonda Colvin	Vanden High School	45.3	7	44.71	68	Suzanne Roberts	Arroyo High School 45.11
74	Renee Cunningham	Central Valley High School	47.7	8		32	Jescia Casimir	Mission High School 46.9 45.67 7

#27 — BOYS 300m INTERMEDIATE HURDLES

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 35.9 STATE : 35.52	William Blessing, Hillcrest Danny Harris, Perris	Dallas, TX 1983	
107	David Fukuda	Washington H. S. - S.F.	40.1	1		113	Michael Profit	Kennedy H.S.-Richmond 39.51 1
111	Jimmy Gray	Newark-Memorial H. S.	39.11	2	38.9	105	Virgil Robinson	Yerba Buena High School 39.0 2
116	Vince Delgado	Christian Brothers H. S.	38.41	3	39.2	110	Dwayne Morgan	St. Mary's College H. S. 38.22 3
115	Rodney Jett	Hiram Johnson High School	37.21	4		114	Craig Cooper	Fairfield High School 37.20 4
102	Cary Nobles	Independence High School	37.7	5	38.73	103	Mike King	Menlo Atherton High School 37.9 5
104	Tyler Burke	Los Altos High School	38.9	6	38.9	117	Sam Archer	A.A. Stagg High School 38.55 6
112	Robert Reading	St. Mary's College H. S.	39.45	7		106	Jerold Sawyer	McAteer High School 39.5 7
108	Nike Wilder	East Nicholas High School	40.4	8		109	Scott Pease	Chico High School 40.9 8

#28 — GIRLS 1600m RUN

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 4:39.92 STATE : 4:39.92	Polly Anne Plumer, Irvine, CA Polly Anne Plumer, Irvine, CA	Sacramento 1982
96	Sidney Thatcher	Encinal High School	5:15.01	1	99	Angela Bonomini	Red Bluff High School 5:18.0 1
92	Nanette Garcia	Silver Creek High School	5:02.58	2	94	Elana Spight	Miramonte High School 5:05.07 2
98	Kelly Donaldson	Merced High School	5:00.2	3	37	Alex Tubman	Grace Davis High School 5:01.3 3
90	Shannon Clark	Mountain View High School	4:55.58	4	20	Joni Mooney	Vacaville High School 4:56.97 4
97	Liz McDowell	Del Oro High School	4:57.1	5	91	Laurie Chapman	Gunderson High School 4:59.61 5
93	Noreen deBettencourt	Carondelet High School	5:02.04	6	42	Lanette Davis	Del Mar High School 5:01.36 6
48	Trish Brown	Lowell High School	5:13.3	7	95	Amy Cathcart	Amador Valley High School 5:12.31 7
100	Karen McCrea	Esparto High School	5:20.3	8	101	Deborah Hartog	Lowell High School 5:37.4 8

#29 — BOYS 1600m RUN

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 3:58.3 STATE : 4:05.4	Jim Ryan, Wichita East, KS Mark Schilling, Garden Grove	Wichita, KS 1972
87	Mark Yaconelli	Yreka High School	4:26.9	1	82	Alex Britton	Redwood High School 4:19.5 1
80	Ryan Gilliam	Cardinal Newman H. S.	4:18.7	2	86	Ernie Freer	Hayfork High School 4:19.1 2
84	Brian Weidmar	Placerville High School	4:16.48	3	59	Eric Mastilar	Jesuit High School 4:16.78 3
83	Mark Mastilar	Jesuit High School	4:14.78	4	51	Matt Giusto	San Mateo High School 4:14.8 4
77	Chris Becerra	Hills High School	4:16.3	5	76	Marc Goulet	Soquel High School 4:15.6 5
78	Rich Clark	Mountain View High School	4:16.9	6	79	Scott Savage	Foothill High School 4:17.98 6
81	Robert Williams	Pittsburg High School	4:19.48	7	85	Danny Valdez	Merced High School 4:19.18 7
89	Jimmy Chin	Lowell High School	4:40.3	8	88	Noah Hinkston	Oakland Tech H. S. 4:32.5 8

#30 — GIRLS 1600m RELAY

NUMBER	NAME	AFFILIATION	PREVIOUS MARK	POSITION	Records - NATIONAL : 3:37.71 STATE : 3:37.71	Granada Hills, Kennedy, CA Kennedy, CA	
394	/320,259,448,449	Skyline High School	4:08.0	1	396	/469,470,471,472	Valley High School 4:03.5 1 Tonya Day - Laurie Smith - Deangela Smith - Alycia Joe
392	/441,442,443,444	Mitty, Archbishop H. S.	4:02.55	2	398	/465,466,467,3	Sir Francis Drake H.S. 4:01.71 2 Gina Connell - Christina Tepy - Angela Driller - Karen Brown
377	/374,375,376,37	Grace Davis High School	3:58.5	3	400	/134,461,462,463	El Cerrito High School 3:57.63 3 Denise Ervin - Richelle Fortier - Pam Mason - Tania Wood
388	/353,33,204,136	Berkeley High School	3:54.03	4	391	/142,290,291,244	St. Francis High School 3:55.10 4 Karen Lawson - Niamh O'Flaherty - Joetta Davis - Beth Vidakovits
380	/378,379,339,8	Luther Burbank H. S.	3:57.66	5	390	/45,455,66,456	Los Gatos High School 3:56.02 5 Laura Henry - R. Sherwood - Stacy Kuehnis - L. Jensen
389	/41,438,185,439	Santa Teresa High School	4:01.35	6	386	/381,71,382,383	Bella Vista High School 4:01.63 6 Cris Nicholas - Michelle Wootton - Michelle Pullig - Tracy Banuelos
399	/433,434,435,436	Richmond High School	4:03.35	7	397	/452,453,302,46	Enterprise High School 4:02.9 7 Kim Ball - Camie Ake - Stacy Brauning - Donna Martin
393	/474,247,475,315	Pleasant Valley H.S.	4:14.3	8	395	/48,75,450,451	Lowell High School 4:09.9 8 Trish Brown - Tudi Allen - Yvette McDonnell - Irene Krishpinovich

#31 — BOYS 1600m RELAY

Records - NATIONAL : 3:08.94 Berkeley, California
STATE : 3:08.94 Berkeley, California

402	/576,577,578,579	Skyline High School	3:24.8	1	407	/570,571,572,573	Hillsdale High School	3:23.30	1
	Demetrius Middleton - Leon Patterson - Darryl West - Ronnie Cooper					Roger Grimes - Brad Berelund - Joe Funk - Mike Harper			
409	/488,172,489,102	Independence High School	3:21.96	2	415	/569,536,113,537	Kennedy H.S.-Richmond	3:22.07	2
	Steve Kemp - Andre Riley - Lonnie Jackson - Cary Nobles					Antonio Daniel - Patrick Egu - Michael Profit - Donnie Haley			
414	/120,595,596,210	Pittsburg High School	3:20.23	3	405	/563,564,565,567	Grant High School	3:20.4	3
	Tommy Jordan - Artist Anderson - Robert Bennett - Shawn Beals					Anthony James - Charles Johnson - James Vinson - Trevis Washington			
416	/493,192,151,150	Berkeley High School	3:17.85	4	413	/559,112,560,110	St. Mary's College H. S.	3:18.48	4
	Tony Usher - Reed Smoller - Andre Hunter - Ken Henderson					Paul Washington - Robert Reading - Willie Williams - Dwayne Morgan			
406	/495,496,213,193	Vanden High School	3:19.74	5	410	/554,555,556,197	St. Francis High School	3:19.45	5
	Broyce Batchan - Brian Batchan - Alvin Baldwin - Roque Kinnison					Alex Cabello - Joe Awender - Roosevelt Noble - Michael Davidson			
403	/588,589,590,591	Davis High School	3:21.5	6	404	/525,526,553,195	Vallejo High School	3:20.9	6
	Kevin Salquist - Doug Appert - Kris Kraft - Randy Halinger					Keith Jackson - Phillip Goins - Anthony Cooper - Kevin Tolliver			
408	/583,584,585,586	San Mateo High School	3:23.24	7	401	/520,523,215,162	McClymonds High School	3:22.4	7
	Fernando Lavanchy - William Colter - Bob Bonilla - John Garratt					Lionel Dozier - Mark Henry - Norm Robinson - Damon Island			
411	/582,477,478,176	Chico High School	3:31.7	8	412	/547,548,202,549	Enterprise High School	3:29.9	8
	Pat Coyums - David Yoskowitz - Rick Mannerino - Tom Jones					David Gage - Frank Augusta - Don Coon - Brian Salado			

NorCal boys . . .

From page 8

The Mastalir brothers of Sacramento aren't anywhere near finishing. They've only just begun.

"They've been swimmers for years," says Lange of the Mastalir twins, "and this is their first track season. They ran cross country as freshmen, and did quite well. Of course, the cardiovascular conditioning they got in the pool helped, and so did the discipline swimming taught them."

Eric Mastalir likes the longer distances better than his brother, but both dabble in the 1600, where Eric has run 4:14.5 and Mark 4:12.2. In the 3200, Eric has a 9:27.1 best in his first season of competitive track. Lange feels he is ready to threaten the 9-minute barrier any day now.

Guisto made it clear last weekend that he plans to win everything he enters the rest of this season, taking the mile run in 4:16.4 and the two-mile in 9:07, just a few seconds shy of the national mark of 9:00.4 set by Castro Valley's Calvin Gaziano some months ago.

In the sprints, the Sac-Joaquin Section's Steve Jones will be back to reclaim the NorCal 100 and 200 meter dash titles he swept last year at this time. But he'll have plenty of competition from Berkeley's Ken Henderson.

Henderson blazed to victories in those two events at the NCS Meet of Champions last Saturday. He's got a best of 21.1 in the 200, and

is flirting with clockings in the low 10's for the 100.

"Last time Jones and I met, he nipped me at the tape," Henderson recalled.

Since then, Henderson's times have ballooned into the 11's and 23's. His confidence fell as a result, but White stepped in just in the nick of time.

"Sometimes when you peak early," said White, "you lose something. We just talked with Kenny about relaxing, about taking some time off and resting. We knew he'd come around if he just laid off for awhile."

That's exactly what's happened. "I'm feeling it again," said Henderson. "My times are dropping every week, and I'm healthy. I've had some troubles relaxing, and with my confidence, but I'm getting better every day."

Henderson placed third in the 200 at last year's State Meet in 21.8. No doubt he's aiming for the whole pot of gold this time around.

And speaking of gold, Soquel's Johnny Cleveland may have his eyes on a lot more than just the CIF long jump title. Like maybe the Olympic Trials next month in Eugene, Oregon.

Cleveland bounded an amazing 25-feet at the Central Coast Section Meet last Saturday for the long jump crown. He may not have Carl Lewis looking over his shoulder yet, but he's certainly established himself as a national-class talent.

NorCal Girls . . .

From page 9

"Wendy's attitude has improved a lot over the last year," said Luttrell. "Four victories at State is very possible, really, if everything is right. She's gained maturity through her experiences of the past three years."

Maxie may be the brightest star when she, Brown and Bates line up to race for the two respective hurdling titles at NorCal Saturday afternoon. Her times surely make her the odds-on favorite.

The last time these three prep superstars tangled at the Bruce Jenner Invitational several weeks back, Bates and Maxie beat Brown to the tape. Brown got revenge in the jumping competitions, of course.

Luttrell expects Brown to go "over 21" sometime soon in the long jump, and better than 43 in the triple.

White sees Bates clearing 20 in the long and challenging Brown for the triple jump crown this weekend. No one's betting against a 1-2 finish in both events...Brown and Bates, or Bates and Brown.

As for the hurdles, only an upset will prevent Maxie from doubling both this weekend and next, when the State Meet kicks off on the same track slated to be used for the 1984 Summer Olympics.

But no matter what happens, all three are expected to qualify for and stand out in the State Meet next weekend.

They've dominated NorCal and State competition for several years, and should put on quite a show in their last high school appearance together here.

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