

1983 CIF STATE TRACK MEET

MEMORIAL STADIUM, BAKERSFIELD, CALIFORNIA



FINALS

Field Events - 3:00 P.M.

Track Events - 7:00 P.M.

SATURDAY, JUNE 4, 1983

CIF California
Interscholastic
Federation

Official Program

\$2.00

Meet Officials

Meet Directors Don Harrison & Clint Osthimer
Meet Referee Thomas E. Frederick
Honorary Referee Carl Berra
Jury of Appeals Carl Berra, Tom Byrnes,
Jim Cheffers, Paul Gaddini, Linda Sawyer
Announcer Gil Bishop
Assistant Ron Blackwood
Chief of Finish Glenn Beerline
Assistant Judy Henderson
Head Field Judge John Ritter
Starter Clint Osthimer
Recall Starter Ed Knapp & Brad Tomasini
Clerks of Course John Henderson, John Hook,
Jim Riley, Don Ward
Custodian of the Records Don Kavadas
Head Timer Les Carpenter
Timers Mitzy Bennett, Arthur Contreras,
Laura Contreras, Rita Contreras, Hal Eggleston,
Bob Funk, Pete Gilli, Jesse Hammond, Bill Heffernan,
Jean Lloyd, Herb Loken, Archie Parks, Tom Tanner,
Barbara Walker, Chuck Weinman, Dell Whetsler
Head Finish Judge Herman Riese
Finish Judges Marlene Blunt, Dwight Bradshaw,
Don Cornett, Max Evans, Dick Heber,
Pam Kelly, Mike Mendiburu
Acutrack & TV Judges Willie Lowell,
Dusty Rhoads
Head Inspector Bob Covey
Inspectors Gene Beck, John Caldwell,
John English, Ed Granillo, Roman Gutierrez,
Rick Hitchcock, Larry Jones, Ron Kavadas,
John Lopes, Lee Lowery, Vincent Ludd, Ed Lujan,
Bill Romley, John Spurrier, Waldo Stahl,
Steve Strauss, Rick Tucker, John Weinman
Head Marshall Norm Stanley
Marshalls Frank Esparza, Mark Hance,
Bob Lathrop, Mike Ornelaz, Mike Stricker,
Rick Stricker, Bill Wiggs, Brad Wiggs
Scorers Barbara Johnson, Jan Kelner,
Linda Klingler, Janell Wren
Weigh Masters John Ritter & Mike Vickanoff
Wind Gauge Butch Neilson & Vince Sakowski
Head Discus Judge (Boys) Willard McCormick
Assistants Mike Barker, Vince Fanucci,
Howard Huskey, Fred Valentich

Head Discus Judge (Girls) Cindy Elizalde
Assistants Denise Hunt, Penny Roberts,
Mike Vickanoff
Head Shot Put Judge (Boys) Joe Davis
Assistants Joe Dominguez & Joe Garrett
Head Shot Put Judge (Girls) Sandy Bowers
Assistants Joe Dominguez & Penny Roberts
Head Pole Vault Judge Paul Owen
Assistants Jerry Bainbridge & Ken Krafthefer
Head Long Jump Judge (Boys) Rick Wright
Assistants Ed Beadle, Michael Islam,
Lloyd McCoy
Head Long Jump (Girls) Marilyn Kaiser
Assistants Sandra Brown & Janice Hammond
Plastics Jack Randolph
Head Triple Jump Judge (Boys) Ed Beadle
Assistants Michael Islam & Lloyd McCoy
Head Triple Jump Judge (Girls) Ricky Wright
Assistants Janice Hammond, Marilyn Kaiser
Intermediate Judge Mike Butcher
Head High Jump Judge (Boys & Girls) .. Jim Benton
Assistants Carl Bryan & Richard Jones
Student Helpers for Field Events
Hurdles South High Students
Discus Matt Simmons
Shot Put . Randy Arie, Chris Johnson, Eric Martin
Pole Vault Doug Wicks
Long Jump Pete Lango & Terry Popp
Triple Jump Alton Henry & Monte Johnson
Communications Bev Martin, Chuck Meadors,
Mike Patton, Chuck Skow, Donna Skow
Press Stewards Dan O'Neill & Marilyn Wertz
Track Surveyor Dale Acree
Awards & Opening Ceremonies Bill Bimat,
Cal Meek, Lloyd Williams
Programs John Henderson & Dennis Scott
Typography/Layout ... Jeanne Garcia & Joe Vargas
Finance Jerry Robinson
Security Lisle Gates & Hollis Shannon
Student Helpers Linda Sargeant & Bill Ver Heul
Caps & T-Shirts Jack Towery
Facilities Bill Jones & Jim Wren
Field Maintenance Darrell Kalar
Meet Physician Dr. Richard Polson
Trainers Aubrey Allen, Randy Fogle,
Booker Kilgore, Ray Maranda

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Natalie Kaaiawahia
Fullerton High School
National Record Holder & State
Champion - 1980, 1981, and 1982
photo by: Barbara DeGroot

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Mayor's Message



OFFICE OF THE
MAYOR
MARY K. SHELL

City of Bakersfield
California

June 4, 1983

TO: PARTICIPANTS IN THE 1983 C.I.F. STATE TRACK MEET

Welcome to Bakersfield! We are very pleased to have you meeting in our city to compete in this prestigious event.

Bakersfield is a very sports-minded community. Our people love to participate and they also are enthusiastic spectators. So you should feel very much at home with us.

I congratulate you on your own dedication to track and field events. You all are winners because of what sports competition does for you -- for your body -- and for your attitude.

I can always spot an athlete from a distance. He or she walks a little taller, with a little more confidence and with grace.

Good luck!

Yours for Bakersfield,

Mary K. Shell
Mayor

Th

1501 Truxtun Avenue

Bakersfield, California 93301

(805) 326-3770

Welcome From Your Meet Directors

On behalf of the Kern High School District, host of the **65th** annual State Track and Field Championships, we welcome all of you to one of the best track facilities in California, Bakersfield's Memorial Stadium.

This is the sixth time in the history of this meet that Bakersfield has been selected as host and we know that all the competitors will find the excellent facilities a great place to show their talents.

Five national prep marks have been set at Memorial Stadium since the "Tartan track" was first introduced in 1965.

All our Kern High School District schools have tried to make this meet one that all the athletes and spectators will be proud of. We are here to serve all of you and hope it will not be to long before Bakersfield is once again chosen as host for this great high school activity.

Donald F. Harrison
Athletic Commissioner, Kern County
Meet Co-Chairman

Clint Osthimer
Principal, Kern Valley High School
Meet Co-Chairman



Carl Berra
Honorary Referee

A hearty salute and encomiums are herewith offered Mr. Carl Berra, who for the past five years has served with distinction in his role as Executive Secretary of the Central Section of CIF.

Athletics and Carl Berra go hand in hand. At the University of Arizona he excelled in football and basketball and preceding his college career scintillated in sports and in the classroom at Morenci High in Arizona. While confessing to be no Bobby Riggs or Bill Tilden, Berra did win the state high school tennis crown his senior year.

Berra received his bachelors degree at Arizona U. in 1941, his Masters some years later at the University of Southern California. Following four years in the service during World War II, he returned to coaching and teaching duties at Fontana Junior High School. In 1946 Berra made the big leap to Bakersfield and for the next 32 years served in various roles with the Kern High School District. A brief run-down gives ample evidence he has played a prominent role in Kern County athletics:

1. P.E. instructor and varsity head basketball-baseball coach for ten years at Bakersfield High School, producing many championship teams.
2. Bakersfield High counselor and athletic director for six years.
3. Ten year director and commissioner Bakersfield Junior Baseball Association.
4. For 20 years outstanding basketball-football official on the high school and community college level. Past-president Kern County Coaches-Officials Association and inductee into Association's Hall of Fame.
5. Recipient of California State Athletic Directors award for his contributions to athletics.
6. Director General Services, athletics, driver training, welfare and attendance, Kern High School District 10 years.

Mr. Berra, our congratulations!



Thomas E. Frederick

Referee

Thomas E. Frederick has had a distinguished career in athletics, first as an outstanding athlete and later as a coach and athletic administrator. He earned his B.S. and M.S. degrees in Physical Education from the University of Wisconsin.

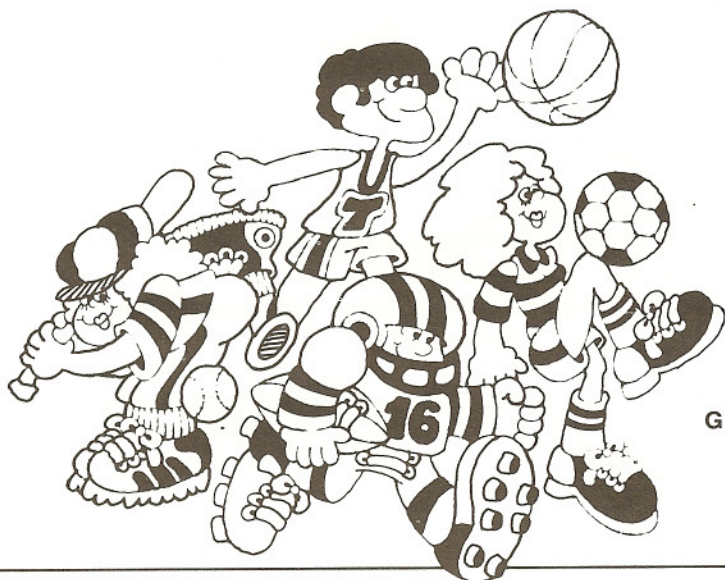
Mr. Frederick coached football at Barrington (Illinois) High School for 13 years, during which time his teams won 80% of their football games and six conference championships. Four teams went undefeated. He led Barrington's track program for six years, coaching two squads to conference championships. In 1981 he was inducted into the Illinois Football Coaches Hall of Fame.

Mr. Frederick was director of athletics at Barrington for 11 years before being named assistant executive secretary of the Illinois High School Association in 1963. He joined the staff of the National Federation of State High School Associations in 1967 as director of its sports film program. He has served as associate executive director of the National Federation since 1977. His principal responsibilities now include coordinating National Federation services for high school athletic directors, meeting planner, and editor of National Federation track and field rules publications.



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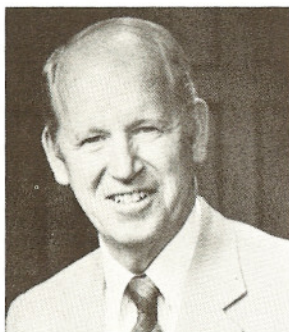
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JOHN SANDERS
CIF President

Welcome

Welcome to the California Interscholastic Federation State Championships. Thank you for your support of prep sports – I hope this will be an enjoyable experience for each of you.

The CIF is proud to host this event; the culmination of hard training and successful competition for many young students. Best wishes to each participant and coach.

THE CIF: Doing the Job for Prep Sports Since 1914

In 1914, as high school athletic teams began crossing district lines to compete with neighboring schools, the CIF was established to provide consistency in sports rules and a safe, rewarding environment for young California athletes. Since that beginning, with fewer than 20,000 athletes, the organization has grown to become the largest youth agency in the state, serving over 320,000 young student-athletes each year.

During dynamic growth years, the CIF saw participation in high school sports double (for both boys and girls) between 1965-1975, and, although since 1978 some leveling-off has occurred in numbers of students participating, indications are that such a trend is due more to a lack of available school programs rather than to a lack of interest or desire on the students' part.

Few Californians realize that the CIF, the sole administrative body of interscholastic athletics, is an independent organization that has been carefully structured to provide needed services to the youth of the state without placing unfair burdens on the public education system. Athletic programs conducted in all 1200 secondary-schools in the state do not exist simply because students desire to participate in sports. The CIF utilizes the volunteer services of over 10,000 persons who are charged with the task of ensuring effective athletic programs for all of the public, private, and parochial high schools of the state.

As a result of effective planning, sound program administration, and a determination to support the philosophy that all student-athletes in our state should be provided with equal participation opportunities, the CIF has propelled California into uncontested leadership in the nurturing of outstanding athletes. Former and current California high school athletes hold more national records than do students from any other state – and our youngsters continue to be highly recruited by top-notch universities across the country. Many of the names are legend – Amy Alcott, Rick Monday, Bill Walton, Pat Haden, John McKay, Scott McGregor, Ron Cuccia, Jill Sterkel, Sherri Howard; all former CIF athletes, all outstanding men and women of whom Californians can be proud.

Although the CIF has been serving California youth for nearly 70 years and can boast of having over four million "alumni," many are unaware of the diversity of CIF administrative responsibility. Day-to-day activities of the CIF state office in Fullerton include enforcing regulations, establishing state calendars of events, arranging and supervising state championships in four sports, maintaining individual and team sports records, providing publicity to the media, publishing the *State News*, and maintaining legal and insurance services which ensure the very existence of prep sports. In addition, 10 section commissioners throughout the state maintain full-time schedules to ensure that prep athletic events in their areas are operated effectively, safely, and consistently.

The support of the California public has been responsible for the success and expansion of California athletic programs for 68 years. With the continued cooperation and dedication of school superintendents, principals, and athletic directors, as well as the keen interest of over one-half million students and their families each year, the future of prep sports would appear to be bright and healthy. The CIF urges you to lend your support to our young student-athletes by attending high school sporting events in your community on a regular basis. The CIF welcomes you to this championship event; a showcase of some of our finest young California athletes – our nation's future leaders.



THOMAS E. BYRNES
State CIF Commissioner

FROM THE STATE CIF OFFICE

The State CIF Federated Council welcomes participants and spectators to the State CIF Championships.

The caliber of interscholastic competition in California is second to none in the United States, and this outstanding activity should set new standards of excellence in the field of high-school athletics.



MARGARET R. DAVIS
Associate Commissioner

The *California Interscholastic Federation* is devoted to the promotion and betterment of athletics in California high schools. Its purpose has been to stimulate uniform procedures in the conduct of athletic contests, to promote friendly relationships and sportsmanship between schools and to ensure that interscholastic athletics will continue to contribute to the educational curriculum of our schools.

CIF FEDERATED COUNCIL EXECUTIVE COMMITTEE

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Northern Section

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Oakland City Section

CLARKE COOVER

Sac-Joaquin Section

KENDALL WEBB

San Diego Section

DONALD BENEDETTI

San Francisco Section

RAY PLUTKO

Southern Section

SCHEDULE OF EVENTS

Saturday, June 4, 1983

Finals

FIELD EVENTS

3:00 p.m.	Boys' Triple Jump	Event #1
3:00 p.m.	Girls' Discus	Event #2
4:00 p.m.	Boys' Shot Put	Event #3
5:00 p.m.	Boys' Pole Vault	Event #4
5:00 p.m.	Girls' High Jump	Event #5
5:00 p.m.	Girls' Long Jump	Event #6
5:00 p.m.	Boys' Discus	Event #7
6:00 p.m.	Girls' Shot Put	Event #8
6:45 p.m.	Boys' Long Jump	Event #9
7:30 p.m.	Boys' High Jump	Event #10
8:15 p.m.	Girls' Triple Jump	Event #11

TRACK EVENTS

7:00 p.m.	Girls' 100 Meter Low Hurdles	Event #12
7:08 p.m.	Girls' 3200 Meter Run	Event #13
7:28 p.m.	Girls' 400 Meter Relay	Event #14
7:34 p.m.	Boys' 400 Meter Relay	Event #15
7:40 p.m.	Girls' 800 Meter Run	Event #16
7:47 p.m.	Boys' 800 Meter Run	Event #17
7:54 p.m.	Girls' 100 Meter Dash	Event #18
8:00 p.m.	Boys' 100 Meter Dash	Event #19
8:10 p.m.	Boys' 110 Meter High Hurdles	Event #20
8:17 p.m.	Boys' 3200 Meter Run	Event #21
8:41 p.m.	Girls' 400 Meter Dash	Event #22
8:47 p.m.	Boys' 400 Meter Dash	Event #23
8:55 p.m.	Girls' 200 Meter Dash	Event #24
9:00 p.m.	Boys' 200 Meter Dash	Event #25
9:09 p.m.	Girls' 300 Meter Low Hurdles	Event #26
9:14 p.m.	Boys' 300 Meter Low Hurdles	Event #27
9:20 p.m.	Girls' 1600 Meter Run	Event #28
9:31 p.m.	Boys' 1600 Meter Run	Event #29
9:41 p.m.	Girls' 1600 Meter Relay	Event #30
9:50 p.m.	Boys' 1600 Meter Relay	Event #31

Arvin High School
Bears

Bakersfield High School
Drillers

East High School
Blades

Members of the South Yosemite League
Welcome you to Bakersfield

**GOOD LUCK TO ALL STATE TRACK MEET
PARTICIPANTS**

Miss Jeannine Thompson
League President

Foothill High School
Trojans

Highland High School
Scotts

North High School
Stars

South High School
Rebels

West High School
Vikings

1983 CIF Track Championships - Entries

CENTRAL COAST SECTION

CARLMONT (Belmont)
316 Mike Anderson - 3200 M

CUPERTINO
317 Roger Creedon - SP

DEL MAR (San Jose)
5 LeAnne Atencio - HJ
6 Lanette Davis - 800 M
7 Cory Schubert - 1600 M, 3200 M

318 Nate Barnreiter - SP, Disc
319 Tom Legan - 1600 M

FREMONT (Sunnyvale)
320 Andrew Avellar - PV

GUNDERSON (San Jose)
118 Roberta Eccles - 300 LH

HOMESTEAD (Sunnyvale)
9 Heidi Waterfield - 300 LH
8 Margaret Rudeni - 300 LH

INDEPENDENCE (San Jose)
322 Erick Montgomery - 400 R, LH, HH
323 Cary Nobles - 400 R
324 Jim Reyes - 400 R
325 Andre Riley - 400 R

LELAND (San Jose)
388 Steve Dudley - Disc

LOS ALTOS
10 Rachael Bray - HJ
11 Kate Brew - 1600 R
12 Katie Hauser - 1600 R
13 Tracy Paaso - 1600 R
14 Shari Rodgers - 1600 R
150 Hilary Bray - 1600 R

MENLO-ATHERTON (Atherton)
15 Nora Williams - 800 M
327 Rob Shenk - Disc

MILLS (Burlingame)
16 Leslie Maxie - 400 M, 100 LH

MONTE VISTA (Cupertino)
328 Grant Foster - 3200 M

MOUNTAIN VIEW
17 Shannon Clark - 3200 M

MT. PLEASANT (San Jose)
329 Chris Mooring - TJ

OAK GROVE (San Jose)
18 Latonia Floyd - SP

PALO ALTO
330 Rod Green - HH

PACIFIC GROVE
331 Chris Bowe - 800 M

PRESENTATION (San Jose)
19 Joyce Van Duerbeck - Disc

SALINAS
20 Janis Diggs - TJ

SAN MATEO
332 Darryl Usher - 200 M

SANTA CLARA
333 Paul Denison - 1600 R
334 Sheldon Griffith - 1600 R
335 Juan Ibarra - 1600 R
336 Steve Moore - 1600 R
337 Dave Wallick - 1600 R

SANTA TERESA (San Jose)
21 Kristen Dowell - 800 M

SARATOGA
338 Mike Kibort - PV

SILVER CREEK (San Jose)
22 Nanette Garcia - 1600 M

SOQUEL
339 Johnny Cleveland - LJ

ST. FRANCIS (Alta View)
340 Joe Awender - 1600 R
341 Mike Davidson - 400 M, 1600 R
342 Rob Durkin - 1600 R
343 Mike Reginbal - 1600 R
344 Jeff Rossman - LJ

ST. IGNATIUS (San Francisco)
345 Michael Gravelle - Disc

W.C. OVERFELT (San Jose)
23 Donna Campbell - TJ

WESTMOOR (Daly City)
346 Kerry Treets - 400 M

WOODSIDE
24 Wendy Brown - 100 LH, HJ, LJ, TJ

NORTH COAST SECTION

ACALANES (Lafayette)
51 Suzanne Lehmkuhl - 800 M

ALBANY
52 Shelia Compton - 100 M, 200 M

ALHAMBRA (Martinez)
53 Paige Tully - 1600 M

AMERICAN (Fremont)
54 Alicia Lowe - 100 LH

BERKELEY
55 Jackie Baker - 400 R, 1600 R
56 Yvette Bates - HH, LJ, TJ, 400 R
57 Lana Rice - 400 M, 400 R, 1600 R
58 Nedrea Rodgers - 400 M, 400 R, 1600 R
59 Robin Woods - 1600 R
353 Donald Davis - 400 R
354 Kenneth Henderson - 100 M, 200 M, 400 R
355 Andre Hunter - 400 R
356 John Paulding - 100 M, 400 R
153 Yolanda James - 1600 R
154 Heather Watkins - 1600 R

BISHOP O'DOWD (Oakland)
357 Kenny Green - 800 M

CALIFORNIA (San Ramon)
60 Debbie Dimino - LJ

CARONDELET (Concord)
61 Noreen deBettencourt - 1600 M

CASTRO VALLEY
358 Calvin Gaziano - 3200 M

EL CERRITO
62 Denise Ervin - 200 M
63 Richelle Fortier - 1600 R
64 Pam Mason - 1600 R
65 Veronica Samuel - 1600 R
66 Tania Wood - 1600 R
151 Lea Hutchinson - 1600 R
359 James Bloomer - 1600 M

ENCINAL (Alameda)
67 Jennifer Thatcher - 3200 M

LAS LOMAS (Walnut Creek)
361 Mike Ostrom - SP

MIRAMONTE (Orinda)
68 Wendy Sihner - 3200 M

MT. EDEN (Hayward)
69 Cindy Niko - SP
70 Gina Niko - Disc
362 Alfred Burkes - 800 M, 400 M

PITTSBURG
363 Bill Barrett - 400 R
364 Shawn Beals - 400 R, 1600 R
365 Robert Bennett - 400 R, 1600 R
366 Marshall Clark - 400 R
367 Jackie Davis - 1600 R
368 Richard Stingily - 1600 R, 400 R

RICHMOND
369 Kimmie James - 800 M, 400 M

REDWOOD (Larkspur)
71 Crissy Cerkel - LJ

SAINT MARY'S (Berkeley)
370 Mark Boyd - HH, LH, LJ
371 Mike Lee - LH
372 Bryon Patterson - TJ

SANTA ROSA
373 John Gash - PV

TAMALPAIS (Mill Valley)
72 Wendy Von Fries - 400 M

NORTHERN SECTION

YREKA
374 Jim Frey - 1600 M

SAC-JOQUIN SECTION

A.A. STAGG (Stockton)
377 Lonzell Hill - HH

BEYER (Modesto)
378 Ted Glattke - HJ

CERES
379 Larry Forrester - LJ

CORDOVA (Rancho Cordova)
77 Stacy Hom - Disc

EDISON (Stockton)
380 Aaron Jenkins - 100 M

FOOTHILL (Sacramento)
78 Sheri Morford - HJ

GRANT (Sacramento)
79 JoDean Hawkins - 400 R
81 Tina Smith - 400 R
82 Monica Taylor - 100 M, 200 M, 400 R
83 Yolander White - 400 R
381 David Puffer - TJ
480 Keenan Jones - TJ

HIGHLANDS (Sacramento)
382 Sean Chambers - HJ

JOHN F. KENNEDY (Sacramento)
382 Chris Belcher - 200 M, 1600 R
383 Richard Curtis - 300 LH, 1600 R
481 Randy Hackett - 1600 R
384 Dennis Lewis - 1600 R
385 Greg Parker - 1600 R
386 Chriss Grimble - 1600 R

LA SIERRA (Carmichael)
387 Jason Flamm - 1600 M

LINCOLN (Stockton)
152 Torea Moses - SP

LUTHER BURBANK (Sacramento)
84 Tina Broadway - 300 LH, 1600 R
85 Trina Broadway - 400 R, 1600 R
86 Gaylon Dorsey - 400 R, 1600 R
87 Shilon Reese - 400 R, 1600 R
88 Pam Qualls - 100 M, 200 M, 400 R, 1600 R
390 Steve Jones - 100 M, 200 M

MANTECA
89 Marilyn Elkins - SP

MERCED
90 Brenda Dannel - 100 M
391 Eugene Esters - 400 R
392 Arthur Harris - 400 R
482 Henry Palente - 400 R
393 Kenny Huston - 400 R
394 Greg Jones - 400 R
395 Scott Tinsley - 400 R

VACAVILLE
396 Curt Sissel - SP

VALLEY (Sacramento)
397 Melvin Hempstead - PV

VINTAGE (Napa)
91 Kim Kesler - Disc

WOODLAND
92 Rene Perez - 3200 M

SAN FRANCISCO SECTION

BALBOA (San Francisco)
375 Maurice Crumby - HJ

GALILEO (San Francisco)
376 Justin Brown - HJ

MISSION (San Francisco)
73 Yvette Peterson - 400 R
74 Lisa Curry - 400 R
75 Gidget Salone - 400 R
76 Tasha Bradford - 400 R

CENTRAL SECTION

CLOVIS
301 Bill Shepard - PV

CLOVIS WEST
1 Debbie Budwig - 100 LH
302 Barry Estes - Disc

EDISON (Fresno)
303 Todd Cowings - 400 R
304 Earnie Love - 400 R
305 Frank Walker - 400 R
306 Larry Walker - 400 R
307 Darnell Wheeler - 400 R
308 Elbert Woods - 400 R

MADERA
2 Tyra Brewer - HJ

MCLANE (Fresno)
309 Torrey Barr - 400 R, TJ
310 John Burton - 400 R
311 James Haynes - 400 R

312 Calvin Scruggs - 400 R, 100 M, 200 M
313 Trotskey Scruggs - 400 R

MT. WHITNEY (Visalia)
3 Tonya Mendoca - HJ

SHAFTER
314 John Bender - SP
315 Kevin Richardson - Disc

WASHINGTON (Fresno)
4 Yvette Roberts - LJ

LOS ANGELES CITY SECTION

BANNING (Wilmington)
25 Nancy Young - 100 LH

CANOVA PARK
347 Anthony Bailous - LJ

CHATSWORTH
26 Janine Walther - 3200 M

CRENSHAW (Los Angeles)
27 Dawna Brown - 1600 R
28 Chantay Clark - 1600 R
29 Stephanie Fletcher - 1600 R
30 Robin Simmons - 1600 R, 100 M, 200 M
31 Sharon Smith - 1600 R
32 Gayle Wadsworth - 1600 R

DORSEY (Los Angeles)
33 Regina Bradley - 400 R
34 Kysa Paul - 1600 R, 400 R
35 Diane Pullins - 1600 R, 200 M, 400 R
36 Andrea Rolfe - 1600 R, 400 M, 400 R
37 Junea White - 1600 R
348 Edwin Phillips - HH

FREMONT (Los Angeles)
349 Jeff Chappell - 200 M

GARDENA
350 Gaston Green - 200 M

GRANADA HILLS (Los Angeles)
351 Mike Fine - SP

KENNEDY (Granada Hills)
38 Paula Bresnan - 1600 M
39 Rose Faamai - SP
40 Stephanie Jones - 400 R
41 Phyllis Manigault - 400 R
42 Monica Phillips - 400 R
43 Carla Reynolds - 400 R
44 Kim Hall - 400 R
45 Frances Silva - 400 R

LOCKE (Los Angeles)
46 Chewvakii Knighten - 100 LH, 400 M

MANUAL ARTS (Los Angeles)
47 Renita Robinson - TJ

MONROE (Sepulveda)
48 Marjorie Johnson - 300 LH

PALISADES
49 Katie Dunsmuir - 3200 M

SOUTH GATE
352 Daymon Lee - 400 M

WESTCHESTER (Los Angeles)
50 Trescia Palmer - 800 M

SOUTHERN SECTION

ARCADIA
410 Brian Patchett - HJ

ARLINGTON (Riverside)
95 Pam Alexander - SP

BARSTOW
411 Jim Ortiz - 3200 M

BEVERLY HILLS
96 Jill Humphries - LJ
412 Jeff James - 400 M

BURROUGHS (Ridgecrest)
97 Lenora Barnes - Disc

CAMARILLO (Somis)
98 Melissa Jordan - 400 M
413 Eric Reynolds - 3200 M

CERRITOS
99 Cathy Roberts - 200 TJ

CHAMINADE (Canoga Park)

100 Tania Fischer - 3200 M

CHINO

101 Carole Jones - TJ

CLAREMONT

414 Richard Martinez - HH, 300 LH

COMPTON

102 Alicia Watson - 400 M

415 Bill Coates - 1600 R

416 Willie Elston - 1600 R

417 Kevin Evans - 100 M

418 Anthony Ford - 1600 R

419 James Howard - 1600 R

420 Walton Tilque - 1600 R, 800 M

CRESCENTA VALLEY (Crescenta)

103 Julie Wiegmann - HJ

DAMIEN (LaVerne)

421 Thomas Henley - TJ

DANA HILLS (Dana Point)

422 Mike Germain - HH

DESERT (Edwards AFB)

423 Mike Moye - SP

DIAMOND BAR

104 Rosalyn Mitchell - LJ

DOS PUEBLOS (Goleta)

105 Denise Yamada - HJ

424 Sandy Combs - TJ

EDISON (Huntington Beach)

106 Leslie Pratt - 1600

EISENHOWER (Rialto)

425 Lawrence Dixon - 400 R

426 Jesse Embry - 400 R

427 Ron Harris - 1600 M

428 Sam James - 400 R, 200 M

429 William Johnson - 400 R

430 Michael Wooten - 400 R

EL MODENA (Orange)

431 Ruben Esparza - 1600 M

EL TORO

432 Roger Leary - HJ

ESPERANZA (Anaheim)

107 Mary Anne Bullard - 300 LH

FOOTHILL

108 Jennifer Abraham - 1600 M

433 Doug Dreibelbis - HJ

FULLERTON

109 Natalie Kaaiawahia - SP, Disc

GANESHA

110 Michelle Taylor - 400

GLENDALE

434 Jari Syrjanen - HJ

HART (Newhall)

435 Kurt Holden - Disc

HAWTHORNE

111 Tami Allen - 400 R, 1600 R

112 Amy Kateri - 1600 R

113 Monique Burrell - 400

114 Davida Freeman - 1600 R

115 Monique Green - 1600 R

116 Kim Grant - 100 M, 400 R

117 Judy Hall - 400 R, 1600 R

436 Sean Kelly - 1600 R

437 Alonzo McGee - 400 R, 1600 R

438 Henry Thomas - 100 M, 200 M,

400 R, 1600 R

439 Miguel Torrente - 1600 R

440 Marlon Young - 400 R

441 Raymond Young - 400 R, 300 LH,

1600 R

HUNTINGTON (Huntington Beach)

442 Gus Quinonez - 3200 M

INGLEWOOD

443 Henry Green - LJ

IRVINE

119 Jocelyn Lee - 100 LH

KENNEDY (La Palma)

444 Bill Flores - SP

LA CANADA

445 John Trevethick - 800 M

LAKEWOOD

446 Richard Graves - 1600 M

LA PUENTE

120 Faye Robinson - 200 M

LE LYCEE FRANCAIS de LOS ANGELES

121 Gladees Prieur - 1600 M

JORDAN (Long Beach)

122 Lisa Winston - 100 M, 200 M

LONG BEACH POLY (Long Beach)

122 Vickie Bland - 1600 R

123 Orlanda Frier - 400 R, 1600 R

124 Tippi Hall - 400 R, 1600 R

125 Nova Law - 400 R, 1600 R

126 Paula Ready - 400 R, 1600 R

447 Troy Callier - 1600 R

448 Mark Howard - 400 M, 1600 R

449 Tyrone McCullouch - 1600 R,

800 M

450 Reggie Ward - 1600 R

451 Tim Woods - 1600 R

L.B. WILSON (Long Beach)

127 Michelle Motley - LJ

LOS ALAMITOS

452 Mark Junkermann - 3200 M

MILLIKAN (Long Beach)

128 Asia Boulware - 100 M, 1600 R

129 Helena Clement - 1600 R

130 Janice Farwell - 1600 R

131 Michelle Hall - 1600 R

132 Detra Lewis - 1600 R

133 Kerri Zaleski - 800 M, 1600 R

MISSION VIEJO

453 Greg Aitkenhead - SP

MONROVIA

454 Chris Hale - LJ

MUIR (Pasadena)

455 Al Blades - 1600 R

456 Ray Brown - 100 M

457 Robert Brown - 1600 R

458 Mike Cormier - 1600 R

459 Mark Hitcher - 1600 R

460 Anthony Miller - 1600 R

NEWPORT HARBOR (Newport Beach)

461 Sheldon Blockburger - TJ

PALOS VERDES (Palos Verdes Estates)

134 Kirsten O'Hara - 3200

PASADENA

462 Jesus Gutierrez - 3200 M

PERRIS

463 Sebron Flenaugh - 300 LH

464 Danny Harris - 110 HH, 300 LH

465 Roger Helderorn - PV, 1600 R

466 Nobel Jackson - 1600 R

467 Bobby Stamps - 1600 R

468 Tommy Thomas - 1600 R

QUARTZ HILL

135 Tracy Saylor - Disc, SP

RIGHETTI (Santa Maria)

136 Toni Lutjens - Disc

469 Brian Casey - 800 M

ROLLING HILLS (Rolling Hills Estates)

137 Jill Harrington - 800 M

RUBIDOUX (Riverside)

470 Michael Anderson - LJ

SANTA INEZ

471 Jeff Foss - PV

SERVITE (Anaheim)

472 Jeffrey Damron - HH

SOUTH PASADENA

473 Deron Lord - Disc

ST. LUCY'S (Glendora)

138 Carina Quesada - 800 M

SUNNY HILLS (Fullerton)

139 Stacy Noton - 300 LH

474 Mark Hill - PV

TORRANCE

475 John Schmidt - 400 M

TROY (Fullerton)

476 Wayde Walker - PV

UNIVERSITY (Irvine)

140 Julie Selenie - 1600 M

Valley (Santa Ana)

141 Penny Franklin - TJ

142 Lisa Williams - SP, Disc

VALENCIA (Placentia)

143 Suzy Hensel - 800 M

144 Kim Taylor - TJ

VILLA PARK

477 Francine Schuyler - Disc

WALNUT

145 Phyllis Guliford - 400 R

146 Gayle Kellon - 400 R, 300 LH,

100 LH

147 Jeanette Session - 400 R

148 Diane Wiseman - 400 R

WEST COVINA

478 Gordon Bugg - 300 LH

WESTLAKE (Westlake Village)

479 Kenny Burke - HJ

WILSON (Hacienda Heights)

149 Elisa Cooks - HJ

SAN DIEGO SECTION**BONITA VISTA (Chula Vista)**

398 Joe Manuel - 1600 M

EL CAMINO (Oceanside)

399 Darron Norris - 100 M

400 Tyrone Pope - TJ

MORSE (San Diego)

401 David Gayden - 400 R

402 Eric Porter - 400 R

403 Darrell Rosette - 400 R

405 Tim Taylor - 400 R

406 Marcus Thomas - 400 R

MT. CARMEL (San Diego)

407 Chris Alarcon - LJ

PT. LOMA (San Diego)

408 Tom Ellsworth - 800 M

ST. AUGUSTINE (San Diego)

409 Paul Greer - 1600 M

SWEETWATER (National City)

93 Gail Devers - 100 M, 300 LH, LJ

VISTA

94 Sandy Blakeslee - 3200 M

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1

BOYS' TRIPLE JUMP FINALS

National: 1981 Charles Mayfield (Muir, Pasadena) 52-10
State: 1981 Ken Frazier (Mission, San Francisco) 52-4¾

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions
					Place	Mark	
1	424	48'4"	46'3"	Sandy Combs (Dos Pueblos, Southern)	_____	_____	
2	372	48'11"	46'5½"	Bryon Paterson (Saint Mary's, North Coast)	_____	_____	
3	381	48'7½"	46'6"	David Puffer (Grant, Sac-Joaquin)	_____	_____	
4	329	48'4"	46'7"	Chris Mooring (Mt. Pleasant, Central Coast)	_____	_____	
5	400	48'8"	46'9½"	Tyrone Pope (El Camino, San Diego)	_____	_____	
6	421	48'¼"	47'½"	Thomas Henley (Damien, Southern)	_____	_____	
7	480	50'4"	47'9"	Keenan Jones (Grant, Sac-Joaquin)	_____	_____	
8	461	48'6½"	48'¼"	Sheldon Blockburger (Newport Hrbr., Southern)	_____	_____	
9	309	50'7¼"	49'4¾"	Torrey Barr (McLane, Central)	_____	_____	

1939	Jack Laughner (Wilson, Long Beach)	44-8½
1973	Willie Banks (Oceanside)	49-7¼
1974	Willie Banks (Oceanside)	50-9
1975	Mike Dobbins (Merced)	49-3
1976	Greg Caldwell (Fremont, Los Angeles)	51-8½w
1977	Dokie Williams (El Camino, Oceanside)	51-½
1978	Dokie Williams (El Camino, Oceanside)	50-4¼
1979	Henry Ellard (Hoover, Fresno)	49-2½
1980	Freeman Miller (Fremont, Los Angeles)	50-8
1981	Ken Frazier (Mission, San Francisco)	50-10¾
1982	Archie Cornell (Fresno)	50-3¾



2

GIRLS' DISCUS FINALS

National: 1982 Cynthia Johnson (Chandler, AZ) 176-4
State: 1980 Leslie Deniz (Gridley) 172-11

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions
					Place	Mark	
1	70	150'7"	126'10"	Gina Niko (Mt. Eden, North Coast)	_____	_____	
2	77	133'	127'5"	Stacy Hom (Cordova, Sac-Joaquin)	_____	_____	
3	19	142'7"	132'9"	Joyce Vanduerbeck (Presentation, Central Coast)	_____	_____	
4	135	141'10"	132'10"	Tracy Saylor (Quartz Hill, Southern)	_____	_____	
5	142	142'0"	135'	Lisa Williams (Valley, Southern)	_____	_____	
6	97	157'6"	145'10"	Lenora Barnes (Burroughs, Southern)	_____	_____	
7	91	162'11"	153'10"	Kim Kessler (Vintage, Sac-Joaquin)	_____	_____	
8	136	157'7"	158'7"	Toni Lutjens (Righetti, Southern)	_____	_____	
9	109	174'9"	174'9"	Natalie Kaaiawahia (Fullerton, Southern)	_____	_____	

1976	Kathy Middleton (Poway)	134-5
1977	Karen Stampfli (Lassen, Susanville)	137-8
1978	Christi Pyle (Hoover, Glendale)	149-3
1979	Leslie Deniz (Gridley)	167-1
1980	Leslie Deniz (Gridley)	172-11
1981	Natalie Kaaiawahia (Fullerton)	162-10
1982	Jacque Norton (Mission Viejo)	160-2

3

BOYS' SHOT PUT FINALS

National: 1979 Michael Carter (Jefferson, Dallas) 77.0
State: 1976 Steve Montgomery (Lassen, Susanville) 68.0

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	361	54'11"	53'7¼"	Mike Ostrom (Las Lomas, North Coast)	_____	_____
2	317	55'1¼"	55'1¼"	Roger Creedon (Cupertino, Central Coast)	_____	_____
3	351	57'6"	56'11¼"	Mike Fine (Granada Hills, Los Angeles City)	_____	_____
4	318	57'2¼"	57'2¼"	Nate Barnreiter (Del Mar, Central Coast)	_____	_____
5	444	58'1¼"	58'1¼"	Bill Flores (Kennedy, Southern)	_____	_____
6	453	61'8½"	60'2"	Greg Aitkenhead (Mission Viejo, Southern)	_____	_____
7	423	60'6"	60'6"	Mike Moye (Desert, Southern)	_____	_____
8	314	61'7½"	60'10¾"	John Bender (Shafter, Central)	_____	_____
9	396	61'1"	61'1"	Curt Sisco (Vacaville, Sac-Joaquin)	_____	_____

CIF Champions

1915	Wayne Weeks (Santa Rosa)	46-2½
1916	Wayne Weeks (Santa Rosa)	47-4½
1917	Jim Blewett (Manual Arts, L.A.)	47-9¼
1918	Jennings Robertson (Sutter)	44-6
1919	Ernst Hartmann (Polytechnic, L.A.)	42-3
1920	Clarence "Bud" Houser (Oxnard)	49-9
1921	Clarence "Bud" Houser (Oxnard)	52-0
1922	Clarence "Bud" Houser (Oxnard)	55-4¼
1923	Cecil White (Modesto)	48-½
1924	Cecil White (Modesto)	49-7¾
1925	Herb Fleishhacker (Menlo, Menlo Park)	49-2
1926	Maury Lauterman (Polytechnic, L.A.)	49-¼
1927	Harold Falter (Glendale)	49-9¾
1928	Garrett Arbelbide (Huntington Park)	48-10½
1929	Nelson Gray (Chaffey, Ontario)	53-5½
1930	Don Carter (Franklin, L.A.)	52-8¾
1931	Don Carter (Franklin, L.A.)	52-10
1932	Bob Pyle (Pasadena)	53-6
1933	Jim Donaldson (Hollywood)	54-3
1934	Ray Young (Riis, Los Angeles)	55-10
1935	John Raitt (Fullerton)	55-5½
1936	Joe Hill (California Deaf, Berkeley)	54-5½
1937	Wilbur Thompson (Modesto)	55-8¾
1938	Mario Russo (Pittsburg)	55-5¾
1939	Frank Minnini (Paso Robles)	54-1
1940	Ben Steele (Santa Rosa)	54-4¼
1941	George Souza (Vallejo)	52-4¼
1946	John Helwig (Mt. Carmel, L.A.)	59-5¾
1947	Bob Cameron (Washington, L.A.)	53-10¾
1948	Bob Cameron (Washington, L.A.)	59-7¼
1949	Elmer Willhoite (Merced)	57-3¼
1950	Hal Norris (Grossmont, LaMesa)	56-5½
1951	Leon Patterson (Taft)	59-2½
1952	Leon Patterson (Taft)	60-9¾
1953	Don Vick (Chaffey, Ontario)	60-7¾
1954	Dick Bronson (Grossmont, LaMesa)	59-7¼
1955	Duncan Ward (Santa Monica)	59-4½
1956	Homer Robertson (Pacific San Bernardino)	63-9½
1957	Clark Branson (Pasadena)	64-¾
1958	Jack Slocombe (Millikan, Long Beach)	61-4¼
1959	Mike Parker (Turlock)	57-8
1960	Matthew Baggett (Berkeley)	60-7
1961	Bill Pace (El Rancho, Pico Rivera)	64-3¼
1962	Jim O'Brien (DeAnza, Richmond)	62-2¼
1963	Bruce Wilshelm (Fremont, Sunnyvale)	63-4¼
1964	Bob Brannan (Los Gatos)	62-7¼
1965	Steve Marcus (Palisades, Pacific Palisades)	63-11¼
1966	John Hubbell (Polytechnic, Long Beach)	66-11
1967	John Buehler (Whittier)	65-3¼
1968	Pete Schmock (San Dieguito, Encinitas)	63-11
1969	Sam Cunningham (Santa Barbara)	61-2
1970	Randy Withrow (Pasadena)	63-8¾
1971	Mark Stevens (Newport Harbor)	67-2¼
1972	Rnady Cross (Crespi, Encino)	65-7¼
1973	Jim Niedhart (Newport Harbor)	67-3¼
1974	Dave Kurrasch (Santa Ana)	63-10½
1975	Dave Kurrasch (Newport Harbor)	65-9¾
1976	Steve Montgomery (Lassen, Susanville)	68-0
1977	Craig Polley (Sunny Hills, Fullerton)	62-4¼
1978	Dave Porath (Atwater)	65-10¼
1979	Don Mosebar (Mt. Whitney, Visalia)	62-6¾
1980	Scott Garnett (Muir, Pasadena)	64-4¼
1981	John Frazier (Antelope Valley, Lancaster)	63-8¾
1982	Pat Kyle (Buena Park)	60-4



photo by: Shafter Press

Shafter High School's John Bender

4

BOYS' POLE VAULT FINALS

National: 1980 Joe Dial (Marlo, OK) 17-9½
State: 1978 Anthony Curran (Crespi, Encino) 17-0¼

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions
					Place	Mark	
1	465	14'2"	14'2"	Roger Heldoorn (Perris, Southern)	_____	_____	1915 Lincoln Hall (Santa Paula) 11-6
2	373	14'2"	14'2"	John Gash (Santa Rosa, North Coast)	_____	_____	1916 Lincoln Hall (Santa Paula) 11-9
3	476	14'6"	14'2"	Wade Walker (Troy, Southern)	_____	_____	1917 Vance Wilbur (Sacramento) 11-0
4	471	14'8"	14'8"	Jeff Foss (Santa Ynez, Southern)	_____	_____	1918 Eric Richardson (Ukiah) 11-6
5	320	14'8"	14'8"	Andy Avellar (Fremont, Central Coast)	_____	_____	1919 Dick Emmons (Manual Arts, L.A.) 10-6
6	474	14'8"	14'8"	Mark Hill (Sunny Hills, Southern)	_____	_____	1920 Leroy Goodenough (Fillmore) 11-10
7	397	16'1"	15'2"	Melvin Hempstead (Valley, Sac-Joaquin)	_____	_____	1921 Harold Shoebridge (Anaheim) 12-0
8	301	15'6"	15'2"	Bill Shepard (Clovis, Central)	_____	_____	1922 Harry Smith (San Diego) 11-11½
9	338	16'6"	16'6"	Mike Kibort (Saratoga, Central Coast)	_____	_____	1923 Lee Barnes (Hollywood) 12-3¾
							1924 Harry Smith (San Diego) 12-11½
							1925 Lee Barnes (Hollywood) 12-9¾
							1926 Jack Williams (Inglewood) 12-9¾
							1927 Marshall Beeman (Amijo, Fairfield) 12-4
							1928 Conrad Boye (Manual Arts, L.A.) 12-0
							1929 Bill Hubbard (San Diego) 12-0
							1930 Jerry Stewart (Los Angeles) 12-0
							1931 Bill Miller (San Diego) 12-9½
							1932 Bill Miller (San Diego) 12-6
							1933 Dave Crow (Polytechnic, Long Beach) 12-6
							1934 Joe Ramsey (Inglewood) 12-8¾
							1935 Mat Stankovich (Polytechnic, L.A.) 12-8¾
							1936 Bill Sefton (Polytechnic, L.A.) 13-0
							1937 Tom White (Polytechnic, Long Beach) 12-7
							1938 Ed Harrison (Santa Monica) 12-10
							1939 Dick Clarke (Hoover, Glendale) 12-10½
							1940 Eldred Ramos (San Ramon, Danville) 12-11
							1941 Richie Rodriguez (Polytechnic, L.A.) 13-1¼
							1942 Dick Clarke (Hoover, Glendale) 12-10¾
							1943 Dave Bodkin (Inglewood) 12-6
							1944 Baylor Maynard (Belmont, L.A.) 13-3¾
							1945 Floyud Doty (Lodi) 12-10¾
							1946 Lawrence McLanahan (Sacramento) 13-3¾
							1947 Frank Ferguson (Inglewood) 13-0
							1948 Clarence "Bud" Humberger (Glendale) 13-0
							1949 Frank Ferguson (Inglewood) 12-6
							1950 Irving Moore (Piedmont) 13-4½
							1951 Chet Hartman (San Benito, Hollister) 13-0½
							1952 Irving Moore (Piedmont) 13-0
							1953 Ernie Sontag (Taft) 12-6
							1954 Bill Mays (Oxnard) 12-6½
							1955 Phil Quilter (Pasadena) 12-6
							1956 George Mattos (Pacific Grove) 12-6
							1957 Don Barnes (Fullerton) 13-4½
							1958 Jack Widman (Narbonne, Lomita) 13-0½
							1959 Dick McDonald (Wilson, Long Beach) 13-0
							1960 Harold Red (Lemoore) 13-0
							1961 Clarke Merrill (Belmont, L.A.) 13-3¾
							1962 Ronnie Morris (Burroughs, Burbank) 13-9¾
							1963 Bob McKay (Inglewood) 13-3
							1964 Joe Rose (Glendale) 13-0
							1965 Stan Gaunt (Mt. Diablo, Concord) 13-4
							1966 Nathaniel Finney (Jordan, L.A.) 13-6
							1967 Tim Helm (El Dorado, Placerville) 13-6
							1968 Joyce Hendrix (Riverdale) 14-1
							1969 John Rose (Hoover, Glendale) 14-10½
							1970 Bob Looney (Santa Barbara) 13-3
							1971 Mike Flanagan (Ganesha, Pomona) 14-2¾
							1972 Gary Dow (Anaheim) 14-3
							1973 Mike Graves (El Cajon) 14-8¾
							1974 Eric Berge (Costa Mesa) 15-4¼
							1975 Bob Richardson (Ganesha, Pomona) 15-6½
							1976 Bill Fosdick (Hill, San Jose) 15-0¾
							1977 Paul Wilson (Warren, Downey) 15-0¾
							1978 Paul Wilson (Warren, Downey) 15-2
							1979 Wayne Meyers (Foothill, Sacramento) 14-10
							1980 Tom Reynolds (Morningside, Inglewood) 15-3½
							1981 Steve Smith (South, Torrance) 16-0
							1982 Steve Smith (South, Torrance) 14-10½
							1971 Tom Lindsay (LaSierra, Carmichael) 15-2
							1972 Tim Quinn (Monroe, Sepulveda) 15-2
							1973 Hubert Black (Fremont, L.A.) 16-2¾
							1974 Tim Curran (Crispi, Encino) 15-6
							1975 Jim Knaub (Lakewood) 15-6
							1976 Keith Schimmel (Villa Park) 15-2
							1977 Tim Hintnaus (Aviation, Redondo Beach) 16-0
							1978 Anthony Curran (Crespi, Encino) 17-0¼
							1979 Anthony Curran (Crespi, Encino) 15-6
							1980 Clark Eliot (Bellflower) 15-10
							1981 Greg Stull (Troy, Fullerton) 15-2
							1982 Doug Wicks (South, Bakersfield) 15-6
							1983 Scott Christensen (Acalances) 15-6



Saratoga High School's Mike Kibort and Clovis West High School's Doug Fraley

5

GIRLS' HIGH JUMP FINALS

National: 1982 Kyrn Carter (Wichita East, KS) 6-2¼
State: 1980 Karen Lysaght (St. Francis, Sacramento) 6-0

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions	
					Place	Mark		Mark
1	105	5'10½"	5'4"	Denise Yamada (Dos Pueblos Southern)	_____	_____	1974 Pam Blackburn (Cubberley, Palo Alto)	5-8
2	2	5'6"	5'6"	Tyra Brewer (Madera, Central)	_____	_____	1975 Kim Maddox (Los Angeles)	5-8
3	5	5'7"	5'6"	Leanne Atencio (Del Mar, Central Coast)	_____	_____	1976 Kari Gosswiller (Upland)	5-10
4	149	5'8"	5'8"	Elisa Cooks (Wilson, Southern)	_____	_____	1977 Kari Gosswiller (Upland)	5-9
5	10	5'7"	5'7"	Rachael Bray (Los Altos, Central Coast)	_____	_____	1978 Sue McNeal (Carlsbad)	5-10¼
6	24	5'8¼"	5'7"	Wendy Brown (Woodside, Central Coast)	_____	_____	1979 Tonya Alston (Chico)	5-9
7	103	5'9"	5'8"	Jule Wiegmann (Crescenta Valley, Southern)	_____	_____	1980 Karen Lysaght (St. Francis, Sacramento)	6-0
8	78	5'9"	5'9"	Sheri Morford (Foothill, Sac-Joaquin)	_____	_____	1981 Katrina Johnson (Marshall, Pasadena)	5-10
9	3	5'10"	5'10"	Tonya Mendonca (Mt. Whitney, Central)	_____	_____	1982 Katrina Johnson (Marshall, Pasadena)	5-11



photo by: California Track & Running News

Mt. Whitney High School's Tanya Mendonca

6

GIRLS' LONG JUMP FINALS

National: 1976 Kathy McMillan (Raeford Hoke Co., NC)
State: 1980 Marlene Harmon (Thousand Oaks)

22-1 $\frac{3}{4}$
20-8

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions
					Place	Mark	
1	60	18'4"	17'4 $\frac{3}{4}$ "	Debbie Dimino (California, North Coast)	_____	_____	
2	71	18'3 $\frac{1}{4}$ "	17'9"	Crissy Cerkel (Redwood, North Coast)	_____	_____	
3	104	18'2 $\frac{1}{4}$ "	18'2 $\frac{1}{4}$ "	Rosalyn Mitchell (Diamond Bar, Southern)	_____	_____	
4	4	18'10 $\frac{1}{4}$ "	18'2 $\frac{1}{2}$ "	Yvette Roberts (Washington, Central)	_____	_____	
5	56	19'7"	18'3 $\frac{1}{4}$ "	Yvette Bates (Berkeley, North Coast)	_____	_____	
6	127	18'6 $\frac{3}{4}$ "	18'3 $\frac{1}{2}$ "	Michelle Motley (Wilson, Southern)	_____	_____	
7	96	18'5 $\frac{3}{4}$ "	18'4"	Jill Humphries (Beverly Hills, Southern)	_____	_____	
8	24	19'10 $\frac{3}{4}$ "	18'10"	Wendy Brown (Woodside, Central Coast)	_____	_____	
9	93	20'1"	19'6"	Gail Devers (Sweetwater, San Diego)	_____	_____	

1974	Jodi Anderson (Washington, L.A.)	19-7
1975	Jodi Andeson (Washington, L.A.)	19-6 $\frac{1}{2}$
1976	Jodi Andeson (Washington, L.A.)	20-0 $\frac{1}{4}$
1977	Lisa Gourdine (El Toro)	19-1
1978	Kathy Hayes (Madera)	19-3
1979	Gwen Loud (Westchester)	20-4 $\frac{1}{2}$
1980	Marlene Harmon (Thousand Oaks)	20-8 $\frac{3}{4}$
1981	Chris Mose (El Cajon)	18-10 $\frac{1}{4}$
1982	Wendy Brown (Woodside)	19-10 $\frac{1}{2}$



photo by: Fine Flicks-Don Gosney

Woodside High School's Wendy Brown, 1982 State Long and Triple Jump Champion

7

BOYS' DISCUS FINALS

National: 1978 Scott Crowell (Mason City, Iowa) 207-8
State: 1970 Chris Adams (Los Altos) 201-3

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	345	161'4"	159'5"	Mike Grayelle (St. Ignatious, Central Coast)	_____	_____
2	477	169'10"	165'2"	Francine Schuyler (Villa Park, Southern)	_____	_____
3	388	176'3"	165'6"	Steve Dudley (Leland, Central Coast)	_____	_____
4	318	172'4"	167'7"	Nate Barnreiter (Del Mar, Central Coast)	_____	_____
5	435	183'8"	170'7"	Kurt Holden (Newhall, Southern)	_____	_____
6	473	175'4"	172'1"	Deron Lord (South Pasadena, Southern)	_____	_____
7	327	186'2"	176'1"	Rob Shenk (Menlo Atherton, Central Coast)	_____	_____
8	315	185'0"	180'9"	Kevin Richardson (Shafter, Central)	_____	_____
9	302	185'9"	184'10"	Barry Estes (Clovis West, Central)	_____	_____

CIF Champions

1959	Ron Snidow (San Rafael)	176-1
1960	Alex Darnes (Polytechnic, S.F.)	178-8
1961	Bob Stoecker (Los Altos)	188-6½
1962	Bob Stoecker (Los Altos)	185-11½
1963	Stan McDonald (Edison, Fresno)	178-1
1964	Bill Staley (Las Lomas, Walnut Creek)	181-2
1965	Bruce Naglee (Ballarmino, San Jose)	172-3½
1966	Jim Peters (Piedmont)	189-1
1967	Fred DeBernardi (Hart, Newhall)	178-2
1968	Rory Kenward (San Marcos, Santa Barbara)	183-11
1969	Chris Adams (Los Altos)	188-0
1970	Chris Adams (Los Altos)	201-3
1971	Bob Otto (Porterville)	184-9
1972	Scott Overton (Los Altos)	185-10
1973	Lonnie Shelton (Foothill, Bakersfield)	195-5
1974	Ray Burton (Vacaville)	193-0
1975	Mike Alberg (Lodi)	171-11
1976	Scott Endler (Hoover, Fresno)	192-10
1977	David Thomson (Santa Ynez)	190-0
1978	David Porath (Atwater)	199-5
1979	Hand Kraychir (San Jacinto)	179-3
1980	Paul Bender (Shafter)	192-9
1981	Antonio Dobbins (Burroughs, Ridgecrest)	180-10
1982	Antonio Dobbins (Burroughs, Ridgecrest)	191-1



photo by: Shafter Press

Shafter High School's Kevin Richardson

8

GIRLS' SHOT PUT FINALS

National: 1981 Natalie Kaaiawahia (Fullerton, CA) 52-4½
State: 1981 Natalie Kaaiawahia (Fullerton, CA) 52-4½

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions
					Place	Mark	
1	142	40'7"	40'5½"	Lisa Williams (Valley, Southern)	_____	_____	1974 Kathy Devine (Mission Bay, San Diego) 47-4½
2	39	43'2¾"	41'0½"	Rose Faamai (Kennedy, L.A. City)	_____	_____	1975 Kathy Devine (Mission Bay, San Diego) 42-3¼
3	135	41'10¾"	41'2¾"	Tracy Saylor (Quartz Hill, Southern)	_____	_____	1976 Becky Daniel (Newport Harbor) 42-9¼
4	89	41'11½"	41'3"	Marilyn Elkins (Manteca, Sac-Joaquin)	_____	_____	1977 Debra Thorntana (Sacramento) 43-9
5	18	43'5½"	41'5¼"	Latonia Floyd (Oak Grove, Central Coast)	_____	_____	1978 Kerry Zwart (Crescenta Valley) 45-11½
6	69	43'10¼"	42'4¼"	Cindy Niko (Mt. Eden, North Coast)	_____	_____	1979 Susie Ray (Villa Park) 48-4½
7	152	43'11"	42'6¼"	Torre Moses (Lincoln, Sac-Joaquin)	_____	_____	1980 Natalie Kaaiawahia (Fullerton) 48-4½
8	95	46'6½"	43'1¼"	Pam Alexander (Arlington, Southern)	_____	_____	1981 Natalie Kaaiawahia (Fullerton) 51-8½
9	109	53'7¾"	52'5¼"	Natalie Kaaiawahia (Fullerton, Southern)	_____	_____	1982 Natalie Kaaiawahia (Fullerton) 50-3



Fullerton High School's Natalie Kaaiawahia, National Record Holder and State Champion - 1980, 1981, and 1982

9

BOYS' LONG JUMP FINALS

National: 1972 Gerold Hardeman (Edison, Fresno) 25-9½
State: 1967 Jerry Proctor (Muir, Pasadena) 25-4½

Order	No.	Best Mark	Regional Mark	Name (School, Section)
1	370	23'6¾"	22'8¾"	Mark Boyd (St. Mary's, North Coast)
2	407	23'8¼"	22'10"	Chris Alarcon (Mt. Carmel, San Diego)
3	344	23'3¾"	23'3¼"	Jeff Rossman (St. Francis, Central Coast)
4	379	25'4½"	23'3¼"	Larry Forrister (Ceres, Sac-Joaquin)
5	443	24'1¾"	23'4¾"	Henry Green (Inglewood, Southern)
6	454	23'4¾"	23'4¾"	Chris Hale (Monrovia, Southern)
7	339	24'9¼"	23'5"	Johnny Cleveland (Soquel, Central Coast)
8	470	24'5"	23'6"	Michael Anderson (Rubidoux, Southern)
9	347	24'10"	23'9¼"	Bailous, Anthony (Canoga Park, L.A.)

Finals
Place Mark

Place	Mark
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

CIF Champions

1915	Ernie Plavana (Santa Ana)	21-2
1916	Harry Lamport (Manual Arts, L.A.)	21-5¼
1917	Gene Davis (Polytechnic, L.A.)	21-10½
1918	Roy Hasselbach (Fresno)	20-11¼
1919	Harold Muller (Technical, Oakland)	20-0
1920	Verden Nash (Chino)	21-9½
1921	Verden Nash (Chino)	22-4½
1922	Verden Nash (Chino)	22-5½
1923	Mort Kaer (Red Bluff)	23-2¾
1924	Virgil Elliott (Huntington Beach)	22-3½
1925	Frd Osborne (Fullerton)	21-8½
1926	Walter Rehwald (Lincoln, L.A.)	22-5
1927	Frank Wykoff (Glendale)	22-2
1928	Dick Barber (Polytechnic, Long Beach)	23-5¼
1929	Wells Ruby (Hollywood)	22-7¼
1930	George Shehtanian (Tulare)	23-2½
1931	Floyd Wilson (Riverdale)	23-2½
1932	Tom White (Polytechnic, Long Beach)	22-10½
1933	Don Skinner (Manual Arts, L.A.)	22-8
1934	Don Skinner (Manual Arts, L.A.)	23-8½
1935	Jimmy Montgomery (El Monte)	23-¼
1936	Eddie Arnold (Muir, Pasadena)	23-1¾
1937	Bill Bugbee (Montebello)	23-1
1938	Bill Bugbee (Montebello)	23-7¾
1939	Jim Jurdovich (Fresno)	24-½
1940	Glen Shoop (Jordan, Long Beach)	22-2½
1941	Ray Meagher (Bakersfield)	23-5¾
1946	Carl Monser (Alameda)	22-2¼
1947	Hugh McElhenny (Washington, L.A.)	22-10½
1948	George Brwon (Jordan, L.A.)	23-2¼
1949	George Brown (Jordan, L.A.)	23-2¾
1951	Bill Holland (Jefferson, L.A.)	22-5¾
1952	Rollin Garrison (Compton)	23-5¼
1953	Monte Upshaw (Piedmont)	23-5
1954	Monte Upshaw (Piedmont)	25-4¼
1955	Bobby Baines (Jordan, L.A.)	23-3½
1956	Oscar Bean (Jefferson, L.A.)	24-9
1957	Luther Hayes (Lincoln, San Diego)	23-8½
1958	Steve Rogers (Brawley)	24-6
1959	Efften Jones (Delano)	23-5¾
1960	Walt Roberts (Compton)	24-7¼
1961	Robert McKeever (Fremont, L.A.)	24-3
1962	James Kennedy (Lincoln, San Diego)	24-5¾
1963	Jerry Williams (Berkeley)	24-3½
1964	Bobby Bonds (Polytechnic, Riverside)	25-3
1965	Manuel Murrell (Polytechnic, Long Beach)	24-9¾
1966	Doyle Steel (San Diego)	25-3¼
1967	Jerry Proctor (Muir, Pasadena)	25-4½
1968	Heulon Hewitt (Merced)	24-7
1969	James McAlister (Blair, Pasadena)	24-2¼
1970	Lynn Swann (Serra, San Mateo)	24-2¾
1971	Randy Williams (Edison, Fresno)	26-3¼
1972	Carl McCullough (Sacramento)	24-7
1973	Jerry Herndon (Cajon, San Bernardino)	25-4½
1974	James Lofton (Washington, L.A.)	24-3½
1975	Paul Wilson (Fontana)	24-8½
1977	Kurt Durham (Oakland)	25-¾
1978	Dokie Williams (El Camino, Oceanside)	25-1¼
1979	George Gaffney (Lemoore)	24-1¾
1980	Charlet Mayfield (Muir, Pasadena)	23-4¾
1981	Ed Tave (Muir, Pasadena)	25-½
1982	Cornell Archie (Norte Del Rio)	24-4¾



Ceres High School's
Larry Forrister

10

BOYS' HIGH JUMP FINALS

National: 1978 Gail Olson (Sycamore, IL)
State: 1979 Lee Balkin (Glendale, CA)

7-4½
7-3¼

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	434	6'8"	6'6"	Jari Syrjanean (Glendale, Southern)	—	—
2	432	6'8"	6'8"	Roger Leary (El Toro, Southern)	—	—
3	410	6'8"	6'8"	Brian Patchett (Arcadia, Southern)	—	—
4	479	7'0½"	6'8"	Kenny Burke (Westlake, Southern)	—	—
5	378	6'10¼"	6'10"	Ted Glatke (Beyer, Sac-Joaquin)	—	—
6	382	6'10"	6'10"	Sean Chambers (Highland, Sac-Joaquin)	—	—
7	376	6'10"	6'10"	Justin Brown (Galileo, San Francisco)	—	—
8	433	6'11¾"	6'10"	Doug Dreibelbis (Foothill, Southern)	—	—
9	375	7'4½"	7'0"	Maurice Crumby (Balboa, San Francisco)	—	—

CIF Champions

1915	Millard Webster (Santa Paula)	5-9½
1916	Titus Moore (Pasadena)	5-8½
1917	Lloyd Hill (Coalinga)	5-9¼
1918	Harold "Brick" Muller (San Diego)	5-11¼
1919	Harold "Brick" Muller (Technical, Oakland)	5-6
1920	Oliver Corey (Chaffey, Ontario)	6-0
1921	Al Fisher (Lincoln, L.A.)	6-¾
1922	Ed Shaw (Monrovia)	5-10¾
1923	Henry Coggeshall (Sacramento)	5-11
1924	Henry Coggeshall (Sacramento)	6-1¼
1925	Al Bowen (Santa Monica)	6-1½
1926	Olympus Carter (Jordan, L.A.)	—
	Bob Van Osdel (Compton)	5-11
1927	Lynford Scott (Eureka)	6-¾
1928	Henry Lassalette (Puente, La Puente)	—
	Bob Van Osdel (Compton)	6-2½
1929	Walter Marty (Fresno)	6-4¼
1930	Kermit Plowman (Sequoia, Redwood City)	6-½
1931	Paul Jacques (Santa Ana)	6-4½
1932	Cornelius Johnson (L.A.)	6-3
1933	Cornelius Johnson (L.A.)	6-5¼
1934	Delos Thurber (Glendale)	6-5½
1935	Les Steers (Palo Alto)	6-2
1936	Les Steers (Palo Alto)	6-¾
1937	Les Steers (Palo Alto)	6-4
1938	Gil LaCava (Beverly Hills)	6-7½
1939	Bill Stewart (Torrance)	6-4
1940	Jack Newman (Polytechnic, Long Beach)	6-4½
1941	Henry Caldwell (Edison, Fresno)	6-1
1946	Wilfred Schlange (Citrus, Azusa)	—
	Dick Smith (Roosevelt, Fresno)	6-2
1947	Daryl Butts (Excelsior, Norwalk)	—
	Walter Kirk (Porterville)	—
	Dick Smith (Roosevelt, Fresno)	—
	Ed Young (Jefferson, L.A.)	6-0
1948	Dick Brombach (Polytechnic, Long Beach)	—
	Ed Young (Jefferson, L.A.)	6-3
1949	Norman Woods (Jefferson, L.A.)	6-3
1950	Ralph Bonham (Pomona)	—
	Vern Wilson (San Jose)	6-2
1951	Bernie Allard (Fresno)	6-5½
1952	Bernie Allard (Fresno)	6-5½
1953	Bernie Nelson (San Diego)	6-4
1954	Dick Dailey (Hayward)	6-5½
1955	Charles Dumas (Centennial, Compton)	6-9¾
1956	Curtis Chappel (Jefferson, L.A.)	—
	Robert Simms (Jordan, L.A.)	6-3¼
1957	Robert Avant (Hart, Newhall)	6-8
1958	Ray Nickleberry (Oxnard)	—
	Paul Stuber (Bellflower)	6-8
1959	Paul Stuber (Bellflower)	6-7¼
1960	Archie Green (Oakland)	—
	Roger Olsen (Willow Glen, San Jose)	6-6¼
1961	Richard Jones (Bakersfield)	6-8¼
1962	Richard Jones (Bakersfield)	—
	Otis Burrell (Jefferson, L.A.)	—
	Bob Channell (McLane, Fresno)	6-7½
1963	Ed Caruthers (Valley, Santa Ana)	6-8
1964	Gregg Heet (Lowell, Whittier)	6-7¼
1965	Ken Brown (Castlemont, Oakland)	6-8½
1966	Tom Clyburn (Balboa, San Francisco)	6-10
1967	Reynaldo Brown (Compton)	6-9¼
1968	Reynaldo Brown, (Compton)	7-0
1969	Reynaldo Brown (Compton)	7-0
1970	Jerry Culp (Oceanside)	7-¼
1971	Dwight Stones (Glendale)	7-1½
1972	Carl Miles (Polytechnic, Long Beach)	6-10
1973	Randy Turner (Wilson, San Francisco)	6-6
1974	Charles Hatch (Wilson, San Francisco)	7-0
1975	Johnny Washington (Fremont, L.A.)	7-0
1976	John Lane (American, Fremont)	6-11
1977	Dennis Smith (Santa Monica)	7-2
1978	Brad Harris (Los Alamitos)	6-11
1979	Lee Gaikin (Glendale)	7-3¼
1980	Greg Denby (Crenshaw, L.A.)	6-10
1981	Anthony Caire (Plus X, Downey)	7-1
1982	Maurice Crumby (Balboa)	7-0



photo by: Bill Leung, Jr.

Balboa High School's Maurice Crumby, pending National Record Holder

11

GIRLS' TRIPLE JUMP FINALS

National: 1982 Terry Turner (New Canery, TX)
State: 1982 Wendy Brown (Woodside, CA)

41-½
39-8¾

Order	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champion
					Place	Mark	
1	144	38'1¼"	37'5½"	Kim Taylor (Valencia, Southern)	_____	_____	1982 Wendy Brown (Woodside) 39-8¾
2	141	37'5½"	37'5½"	Penny Franklin (Valley, Southern)	_____	_____	
3	23	37'10"	37'10¼"	Donna Campbell (Overfelt, Central Coast)	_____	_____	
4	20	38'9"	37'11½"	Janis Diggs (Salinas, Central Coast)	_____	_____	
5	47	39'3"	38'1"	Renita Robinson (Manual Arts, L.A.)	_____	_____	
6	99	38'1¼"	38'1¼"	Cathy Roberts (Cerritos, Southern)	_____	_____	
7	101	39'2"	38'5"	Carole Jones (Chino, Southern)	_____	_____	
8	24	40'2¼"	40'1¾"	Wendy Brown (Woodside, Central Coast)	_____	_____	
9	56	40'6¾"	40'6¾"	Yvette Bates (Berkeley, North Coast)	_____	_____	



photo by: Jim Ketsdever

Berkeley High School's Yvette Bates

12

GIRLS' 100 M LOW HURDLES FINALS

National: 1980 Carol Lewis (Willingboro, NJ) 13.6
State: 1981 Sherita Sanders (Berkeley) 13.71

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions		
					Place	Mark	Year	Name (School, Section)	Mark
1	54	14.48	14.48	Alicia Lowe (American, North Coast)	_____	_____	1974	Yvonne Boone (Fremont, Oakland)	11.1
2	119	14.42	14.42	Jocelyn Lee (Irvine, Southern)	_____	_____	1975	Yvonne Boone (Fremont, Oakland)	10.1
3	146	14.35	14.35	Gayle Kellon (Walnut, Southern)	_____	_____	1976	Tuti Lee (Merced)	10.7
4	16	14.0	14.14	Leslie Maxie (Mills, Central Coast)	_____	_____	1977	Kris Costello (Lynbrook, San Jose)	13.97
5	46	14.01	14.01	Chewaukii Knighten (Locke, L.A. City)	_____	_____	1978	Kris Costello (Lynbrook, San Jose)	13.83
6	24	14.18	14.35	Wendy Brown (Woodside, Central Coast)	_____	_____	1979	Janet Yarborough (Clovis)	14.01
7	1	14.20	14.38	Debbie Budwig (Clovis West, Central)	_____	_____	1980	Judy Young (Berkeley)	13.52w
8	25	14.47	14.47	Nancy Young (Banning, L.A. City)	_____	_____	1981	Sherita Sanders (Berkeley)	13.74
9	56	14.39	14.50	Yvette Bates (Berkeley, North Coast)	_____	_____	1982	Natalie Spinks (Skyline)	13.88

(w-wind aided)



photo by: Todd Scheiber

Clovis West High School's Debbie Budwig

13 GIRLS' 3200 M FINALS

National: 1978 Cheri Williams (Livermore, CA) 10:09.8
State: 1981 Vicki Cook (Alemany, Mission Hills) 10:12.31

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions
					Place	Mark	
1	134	10:40.84	10:40.84	Kirsten O'Hara (Palos Verdes, Southern)	_____	_____	1977 Roxanne Bier (Independence, San Jose) 10:39.7
2	94	10:36.24	10:36.24	Sandy Blakesdale (Vista, San Diego)	_____	_____	1978 Cheri Williams (Livermore) 10:17.71
3	17	10:33.38	10:33.38	Shannon Clark (Mtn. View, Central Coast)	_____	_____	1979 Lisa Scaduto (Santa Monica) 10:35.0
4	100	10:19.1	10:19.10	Tania Fischer (Chaminade, Southern)	_____	_____	1980 Vicki Cook (Alemany, Mission Hills) 10:14.78
5	7	10:04.20	10:04.20	Cory Schubert (Del Mar, Central Coast)	_____	_____	1981 Vicki Cook (Alemany, Mission Hills) 10:12.31
6	67	10:32.97	10:32.97	Jennifer Thatcher (Encinal, North Coast)	_____	_____	1982 Vicki Cook (Alemany, Mission Hills) 10:16.27
7	68	10:34.23	10:34.23	Wendy Sihner (Miramonte, North Coast)	_____	_____	
8	26	10:36.25	10:36.25	Janine Walther (Chatsworth, Los Angeles City)	_____	_____	
9	49	10:27.6	10:43.25	Katie Dunsmuir (Palisades, Los Angeles City)	_____	_____	



14 GIRLS' 400 M RELAY FINALS

National: 1981 King, Ware, Johnson, Rodgers (Berkeley) :45.13
State: 1981 King, Ware, Johnson, Rodgers (Berkeley) :45.13

Lane	Best Mark	Regional Mark	School (Section)	Team Members	Finals	
					Place	Mark
1	47.56	48.05	Mission, S.F.	Peterson (73), Curry (74), Salone (75), Bradford (76)	_____	_____
2	47.73	47.73	Walnut, So.	Guliford (145), Wiseman (148), Session (147), Kellon (146)	_____	_____
3	46.96	47.50	Berkeley, NCS	Baker (55), Rice (57), Bates (56), Rodgers (58)	_____	_____
4	47.0	47.09	Kennedy, LA City	Phillips (42), Jones (40), Manigault (41), Reynolds (43)	_____	_____
5	46.15	46.34	Hawthorne, So.	Burrell (113), Grant (116), Allen (111), Hall (117)	_____	_____
6	46.46	47.26	Dorsey, LA City	Rolfe (36), Bradley (33), Pullins (35), Paul (34)	_____	_____
7	47.48	47.65	L.B. Poly, So.	Hall (124), Ready (126), Frier (123), Law (125)	_____	_____
8	47.7	47.88	Grant, Sac. J.	White (83), Taylor (82), Hawkins (79), Smith (81)	_____	_____
9	47.7	48.27	Burbank, Sac. J.	Reese (87), Broadway, T. (84), Broadway, T. (85), Qualls (88)	_____	_____

CIF Champions

1974	Berkeley	47.5
1975	Muir, Pasadena	48.0
1976	Muir, Pasadena	47.6
1977	Crawford, San Diego	46.14
1978	Jordan, Los Angeles	47.14
1979	Westchester	47.19
1980	Kennedy, Granada Hills	45.81
1981	Berkeley	45.13
1982	Dorsey	45.42

15 BOYS' 400 M RELAY

FINALS

National: 1970 Delley Pouncy, Shaw, Pouncy (Lincoln, TX) :40.2
State: 1981 McCree, Walker, Robinson, Murray (Berkeley) :40.86

Lane	Best Mark	Regional Mark	School (Section)	Team Members	Finals	
					Place	Mark
1	42.02	42.22	Merced, Sac. J.	Huston (393), Jones (394), Harris (392), Tinsley (395)	_____	_____
2	41.7	41.84	Independence, CCS	Montgomery (322), Nobles (323), Reyes (324), Riley (325)	_____	_____
3	41.35	41.72	Eisenhower, So.	Johnson (429), Wooten (430), Embry (426), James (428)	_____	_____
4	41.2	41.55	Berkeley, NCS	Davis (353), Henderson (354), Hunter (355), Paulding (356)	_____	_____
5	41.46	41.51	McLane, Central	Haynes (311), Scruggs, C. (312), Barr (309), Scruggs, T. (313)	_____	_____
6	40.98	41.66	Hawthorne, So.	Young, R. (441), Thomas (438), Young, M. (440), McGee (437)	_____	_____
7	41.20	41.83	Edison, Central	Cowings (303), Woods (308), Walker (306), Wheeler (307)	_____	_____
8	41.75	41.92	Morse, San Diego	Porter (402), Thomas (406), Taylor (405), Rosette (403)	_____	_____
9	42.3	42.38	Pittsburg, NCS	Barrett (363), Beals (364), Bennett (365), Clark (366)	_____	_____

CIF Champions

1968	Centennial, Compton	41.5
1969	Castlemont, Oakland	41.5
1970	Santa Ana	41.5
1971	El Cerrito	41.1
1972	Wilson, San Francisco	41.3
1973	Wilson, San Francisco	41.5
1974	Kennedy, Richmond	41.5
1975	Ells, Richmond	41.5
1976	Kennedy, Barstow	41.4
1977	Pasadena	41.61
1978	El Cerrito	41.55
1979	Pasadena	41.45
1980	Washington, Los Angeles	41.51
1981	Berkeley	40.86
1982	Oakland	41.09



McLane High School's 400 M Relay Champions
 Haynes, Scruggs, C., Barr, and Scruggs, T.

16 GIRLS' 800 M

FINALS

National: 1980 Joetta Clark (Columbia, MO)
 State: 1981 Donna Curtis (Culver City)

2:04.5
 2:06.08

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	138	2:11.98	2:12.26	Joan Quezada (St Lucy, Southern)	_____	_____
2	6	2:10.2	2:11.59	Lanette Davis (Del Mar, Central Coast)	_____	_____
3	15	2:12.9	2:11.48	Nora Williams (Menlo Atherton, Central Coast)	_____	_____
4	50	2:06.57	2:07.26	Trescia Palmer (Westchester, L.A. City)	_____	_____
5	133	2:05.59	2:05.59	Keri Zaleski (Millikan, Southern)	_____	_____
6	21	2:08.45	2:08.45	Kristen Dowell (Santa Teresa, Central Coast)	_____	_____
7	51	2:11.48	2:11.48	Suzanne Lehmkuhl (Acalanes, North Coast)	_____	_____
8	137	2:10.83	2:12.24	Jill Harrington (Rolling Hills, Southern)	_____	_____
9	143	2:09.82	2:12.32	Suzie Hensel (Valencia, Southern)	_____	_____

CIF Champions

1974	Kathy Costello (Pleasant Hill)	2:10.4
1975	Kathy Costello (Pleasant Hill)	2:09.2
1976	Alice Trumbley (Coalinga)	2:13.3
1977	Ann Regan (Camden, San Jose)	2:08.0
1978	Ann Regan (Camden, San Jose)	2:07.93
1979	Ann Regan (Camden, San Jose)	2:10.21
1980	Marilyn Davis (Miramonte, Orinda)	2:09.73
1981	Donna Curtis (Culver City)	2:06.08
1982	Rennie Durand (Laguna Beach)	2:06.36



Millikan High School's Keri Zaleski

17

BOYS' 800 M FINALS

National: 1981 Pete Richardson (Berkeley, CA) 1:47.31
 State: 1981 Pete Richardson (Berkeley, CA) 1:47.31

Lane	No.	Best Mark	Regional Mark	Name (School, Section)
1	331	1:53.4	1:54.04	Chris Bowe (Pacific Grove, Central Coast)
2	469	1:52.25	1:53.31	Brian Casey (Righetti, Southern)
3	408	1:52.68	1:52.70	Tom Ellsworth (Point Loma, San Diego)
4	369	1:51.7	1:51.80	Kimmie James (Richmond, North Coast)
5	449	1:51.42	1:51.49	Tyrone McCollough (Long Beach Poly, Southern)
6	420	1:51.83	1:51.83	Walter Tilque (Compton, Southern)
7	357	1:53.20	1:53.20	Kenny Green (Bishop O'Dowd, North Coast)
8	445	1:53.48	1:53.48	John Trevethick (La Canada, Southern)
9	362	1:53.3	1:54.06	Alfred Burkes (Mt. Eden, North Coast)

Finals	
Place	Mark
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

CIF Champions

1915	Gerald Blankenship (Visalia)	1:59.8
1916	Colin Kilby (Coalinga)	2:02.8
1917	Harleign Baker (Fillmore)	2:02.0
1918	Ken Saunders (Pasadena)	2:02.8
1919	Jerry Pearce (Berkeley)	2:08.0
1920	Paul Stroud (Perris)	1:59.4
1921	Eimer Boyden (Vallejo)	1:59.2
1922	Irving Thomas (Manual Arts, L.A.)	2:04.6
1923	Earl Lockhart (Sacramento)	1:59.0
1924	Ed Gloege (Covina)	1:59.1
1925	Alex McKinnon (Polytechnic, L.A.)	1:59.8
1926	Doug Knowles (Bakersfield)	2:01.2
1927	Bill Mc Geach (Polytechnic, L.A.)	2:02.8
1928	Herb Welch (Visalia)	2:01.2
1929	Al Hasson (Jefferson, L.A.)	2:00.1
1930	Al Hasson, (Jefferson, L.A.)	2:00.1
1931	Carl Satterfield (Manual Arts, L.A.)	1:57.6
1932	Ray Cartwright (Santa Ana)	2:00.1
1933	Bill McCurdy (Tamalpais, Mill Valley)	2:00.1
1934	Mel Nickerson (Polytechnic, L.A.)	1:58.4
1935	Ralph Wood (Carpenteria)	1:57.6
1936	Jerry Lopes (Placer, Auburn)	1:57.1
1937	Jim Lawson (Jordan, L.A.)	1:59.7
1938	Leroy Week (Coachella)	1:58.8
1939	Paul Christensen (Beverly Hills)	2:01.3
1940	Roger Lane (San Rafael)	1:57.5
1941	Thelmo Knowles (Santa Monica)	1:55.6
1946	Dan Guest (Santa Monica)	2:00.5
1947	Jerome Walters (Compton)	1:57.6
1948	Wilbur Firestone (Compton)	1:57.8
1949	Wilbur Firestone (Compton)	1:58.1
1950	Lang Stanley (Jefferson, L.A.)	1:53.9
1951	Gene Jones (Technical, Oakland)	1:58.4
1952	Jim Briggs (Pittsburg)	1:57.2
1953	Don Bowden (Lincoln, San Jose)	1:57.1
1954	Don Bowden (Lincoln, San Jose)	1:52.9
1955	Leonard Havens (Avenal)	1:57.0
1956	Jerry Siebert (Willits)	1:53.8
1957	Jim Cerveny (Mission Bay, San Diego)	1:52.7
1958	Alfred Gentry (Fremont, L.A.)	1:55.4
1959	Dave Dunbar (Westmoor, Daly City)	1:53.2
1960	Ray VanAsten (Bonita, LaVerne)	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco)	1:53.1
1962	Doug Parker (Chico)	1:52.2
1963	Dennis Carr (Lowell, Whittier)	1:50.9
1964	Bob Hose (Madison, San Diego)	1:51.7
1965	Richard Joyce (Sierra, Whittier)	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967	Lawrence Banks (Dorsey, L.A.)	1:51.2
1968	George Alfaro (Pittsburg)	1:52.3
1969	Ricco Sanchez (Canoga Park)	1:51.6
1970	Rick Brown (Los Altos)	1:50.6
1971	Percell Keeling (Morningside, Inglewood)	1:51.8
1972	Dale Scott (El Cerrito)	1:49.7
1973	Randy Lopez (Alhambra)	1:52.4
1974	John Musich (Burbank)	1:51.0
1975	Conrad Suhr (Leigh, San Jose)	1:51.0
1976	Wyatt Bishop (Carlmont, Belmont)	1:54.4
1977	Jim Walters (Estancia, Costa Mesa)	1:49.4
1978	David Mack (Locke, L.A.)	1:53.83
1979	David Mack (Locke, L.A.)	1:50.17
1980	Peter Quinonez (Tulare)	1:50.15
1981	Pete Richardson (Berkeley)	1:47.31
1982	John Phillips (Los Altos)	1:49.99



photo by: Jim Ketsdever

Richmond High School's Kimmie James

18 GIRLS' 100 M

FINALS

National: 1982 Barbara Bell (Technical, TX) :11.29
State: 1980 Sharon Ware (Berkeley) :11.42

Lane	No.	Best Mark	Regional Mark	Name (School, Section)
1	128	12.01	12.22	Asia Boulware (Millikan, Southern)
2	52	11.8	12.18	Sheila Compton (Albany, North Coast)
3	88	11.9	11.97	Pam Qualls (Burbank, Sac-Joaquin)
4	30	11.81	11.91	Robin Simmons (Crenshaw, L.A. City)
5	122	11.69	11.69	Lisa Winston (Jordan, Southern)
6	82	11.59	11.93	Monica Taylor (Grant, Sac-Joaquin)
7	93	11.69	12.08	Gail Devers (Sweetwater, San Diego)
8	116	11.7	12.19	Kim Grant (Hawthorne, Southern)
9	90	12.04	12.23	Brenda Dannell (Merced, Sac-Joaquin)

Finals	
Place	Mark
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

CIF Champions

1974	Janice Wiser (La Jolla)	10.8
1975	Sandra Howard (Manual Arts L.A.)	10.7
1976	Pam Waters (Bell)	11.0
1977	Jeanette Bolden (Centennial, Compton)	10.48w
1978	Kelia Bolton (Hill, San Jose)	10.92
1979	Gwen Loud (Westchester)	10.62
1980	Sharon Ware (Berkeley)	11.42
1981	Sharon Ware (Berkeley)	11.66
1982	Gervaise McGraw (Ganeshha, Pomona) (w-wind aided)	11.69



Grant High School's Monica Taylor



Burbank High School's Pam Qualls

19 BOYS' 100 M FINALS

National: 1980 Roderick Richardson (Shreveport, LA) :10.2
 State: 1980 Howard Hawkins (Warren) :10.55

Lane	No.	Best Mark	Regional Mark	Name (School, Section)
1	399	10.72	11.07	Darron Norris (El Camino, San Diego)
2	354	10.6	10.99	Ken Henderson (Berkeley, North Coast)
3	380	10.7	10.95	Aaron Jenkins (Edison, Sac-Joaquin)
4	438	10.46	10.75	Henry Thomas (Hawthorne, Southern)
5	390	10.50	10.72	Steve Jones (Burbank, Sac-Joaquin)
6	312	10.62	10.94	Calvin Scruggs (McLane, Central)
7	417	10.85	10.96	Kevin Evans (Compton, Southern)
8	456	10.50	11.04	Ray Brown (Muir, Southern)
9	356	10.7	11.11	John Paulding (Berkeley, North Coast)

Finals	
Place	Mark
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

CIF Champions

1915	Roy Brown (Sacramento)	10.2
1916	Charley Paddock (Pasadena)	10.4
1917	Jack Melville (Berkeley)	10.0
1918	Charley Paddock (Pasadena)	10.2
1919	Eddie Sudden (Lick-Wilmerding, San Francisco)	10.0
1921	Vernon Blenkiron (Compton)	10.2
1922	Herschel Smith (San Fernando)	10.4
1923	Eddie Pollock (Pasadena)	10.0
1924	Vic Klein (Hollywood)	10.1
1925	Vernon Hanford (Manual Arts L.A.)	10.1
1926	Dick Wehner (Brawley)	9.8
1927	Frank Wykoff (Glendale)	9.8
1928	Frank Lombardi (Los Angeles)	9.6
1929	Jimmy Wilson (San Diego)	9.8
1930	Al Koenig (Huntington Beach)	10.1
1931	Foy Draper (Huntington Beach)	9.9
1932	Milton Holt (Hoover, Glendale)	9.8
1933	Dave Siegel (Polytechnic, L.A.)	10.0
1934	Mack Robinson (Muir, Pasadena)	10.0
1935	Bob Frick (San Ramon, Danville)	9.6
1936	Mickey Anderson (Muir, Pasadena)	9.7
1937	Bryant Allen (Jefferson, L.A.)	9.8
1938	Bill Van Leuven (Wilson, Long Beach)	9.8
1939	Jack Trout (Bakersfield)	9.9
1940	Eddie Morris (Huntington Beach)	9.7
1941	Al Jackson (Edison, Fresno)	9.8
1946	Art Williams (Riverside)	10.0
1947	John Bradley (Hoover, Glendale)	9.9
1948	Bill Fell (Compton)	9.7
1949	Erbie Schopper (Lincoln, L.A.)	9.9
1950	Gary Green (Jefferson, L.A.)	9.9
1951	Bob Cunning (Hoover, Glendale)	9.7
1952	Herb Turner (Alameda)	9.9
1953	Leamon King (Delano)	9.6
1954	James Jackson (Alameda)	9.6
1955	Ken Dennis (Centennial, Compton)	10.0
1956	Willie White (Jefferson, L.A.)	9.5
1957	Preston Griffin (Centennial, Compton)	9.6
1958	Hubie Watson (Jordan, L.A.)	9.6
1959	Bill Cowings (Fowler)	9.7
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover, Glendale)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	Jim Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phil Underwood (Dorsey, L.A.)	9.6
1967	Mel Gray (Montgomery, Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (Central, El Centro)	9.6
1970	Allen Carter (Bonita, LaVerne)	9.8
1971	George Reddick (Hamilton, L.A.)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6w
1974	Elijah Jefferson (Crawford, San Diego)	9.8
1975	Kevin Williams (San Fernando)	9.4
1976	Billy Mullins (Hamilton, L.A.)	10.4
1977	David Russell (Henry, San Diego)	9.61
1978	Michael Sanford (Pasadena)	9.85
1979	Bill Green (Cubberley, Palo Alto)	9.59
1980	Howard Hawkins (Warren, Downey)	10.55
1981	Ken Robinson (Berkeley)	10.60
1982	Lew Dunn (North Riverside)	10.53 (w-wind aided)



Hawthorne High School's Henry Thomas

20 BOYS' 110 M HIGH HURDLES

FINALS

National: 1977 Renaldo Nehemiah (Fanwood, NJ) :12.9
 State: 1982 Steve Kerho (Mission Viejo) :13.41

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	422	14.30	14.60	Mike Germain (Dana Hills, Southern)	_____	_____
2	414	14.26	14.26	Richard Martinez (Claremont, Southern)	_____	_____
3	464	14.16	14.18	Danny Harris (Perris, Southern)	_____	_____
4	377	13.93	14.12	Mo Hill (Stagg, San-Joaquin)	_____	_____
5	370	13.8	14.00	Mark Boyd (St. Mary's, North Coast)	_____	_____
6	322	13.60	14.16	Erick Montgomery (Independence, Central Coast)	_____	_____
7	330	13.9	14.18	Rod Green (Palo Alto, Central Coast)	_____	_____
8	472	14.38	14.54	Jeff Damron (Servite, Southern)	_____	_____
9	348	14.10	14.60	Edwin Phillips (Dorsey, L.A. City)	_____	_____

CIF Champions

1915	Earl Thomson (Polytechnic, Long Beach)	15.2
1916	Harry Lampont (Manual Arts, L.A.)	16.4
1917	Earl Johnston (Fullerton)	16.2
1918	Larry Rice (Compton)	16.0
1919	Charley Daggs (Claremont)	16.6
1920	Otto Anderson (Pomona)	15.8
1921	Jack Houston (Lincoln, L.A.)	16.6
1922	Dick Blewett (Manual Arts, L.A.)	16.6
1923	Ross Nichols (Huntington Beach)	15.4
1924	Ross Nichols (Huntington Beach)	15.3
1925	Les Eades (Hollywood)	15.4
1926	Jim Meeks (Hollywood)	15.1
1927	Jeddy Welch (Pasadena)	14.8
1928	Joe Bills (Polytechnic, Long Beach)	15.6
1929	Bernie Miller (Hollywood)	15.4
1930	Bil Du Puy (Inglewood)	15.4
1931	Art Fisher (Redlands)	15.5
1932	Jack Ward (Selma)	15.0
1933	Roy Staley (Santa Monica)	15.2
1934	Roy Kirkpatrick (Central, El Centro)	14.7
1935	Johnny Lindell (Monrovia)	15.0
1936	Doug Busby (Sacramento)	15.7
1937	Ray Seares (Wilson, Long Beach)	15.5
1938	John Biewener (San Diego)	15.3
1939	Phi Diez (Lincoln, L.A.)	
	Sam Johnson (Fillmore)	14.9
1940	Keith Hale (Bakersfield)	
	Don Reiss (Burlingame)	14.7
1941	Omar Cowles (Palo Alto)	14.3
1946	Bob Bacon (Redondo, Redondo Beach)	14.5
1947	Hugh McElhenny (Washington, L.A.)	14.5
1948	Bob Mathias (Tulare)	14.5
1949	Jack Davis (Hoover, Glendale)	14.1
1950	Steve Turner (Glendale)	14.1
1951	Don Brinker (Fresno)	14.5
1952	Ancel Robinson (Selma)	14.7
1953	Harry Healey (Kappel, Alhambra)	14.4
1954	Rafer Johnson (Kingsburg)	14.3
1955	Ken Thompson (Centennial, Compton)	14.3
1956	Dale Messer (Lemoore)	14.2
1957	Ken Overholser (Glendale)	14.3
1958	Floyd James (Centennial, Compton)	14.1
1959	Bob Pierce (Burbank)	14.3
1960	Robert Bonds (Polytechnic, Riverside)	13.9
1961	Abe Johnson (McClymonds, Oakland)	14.2w
1962	Ron White (Dorsey, L.A.)	14.0
1963	Carl Davis (Compton)	13.9
1964	Earl McCullouch (Polytechnic, Long Beach)	14.1
1965	Bill Persons (San Fernando)	
	Rich Miller (Monrovia)	13.8
1966	Donald Parish (Dorsey, L.A.)	13.9
1967	Jerry Proctor (Muir, Pasadena)	13.7
1968	Kerry Hampton (Polytechnic, San Francisco)	14.0
1969	Jerry Wilson (Roosevelt, Fresno)	13.7
1970	Alfonzo Hall (Morningside, Inglewood)	13.9
1971	Charles Jackson (Lompoc)	13.6w
1972	Daniel Jones (Palo Verde, Blythe)	13.6
1973	Mike Johnson (Pasadena)	13.6w
1974	Fred Shaw (Muir, Pasadena)	13.7
1975	Robert Gaines (Kennedy, Richmond)	13.3
1976	Lloyd Jones (Ganesha, Pomona)	14.5
1977	Phillip Johnson (Gardena)	13.66
1978	Milan Stewart (West Covina)	13.97
1979	Jim Scannella (San Ramon, Danville)	13.87
1980	Don Ward (St. Mary's, Berkeley)	13.73
1981	David Ashford (West Covina)	13.67
1982	Steve Kerho (Mission Viejo)	13.41



photo by: Fine Flicks - Don Gosney

St Mary's High School's Mark Boyd

(w-wind aided)

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BOYS' 3200 M FINALS

National: 1969 Steve Prefontaine (Marshfield, OR) 8:41.5
State: 1975 Eric Hulst (Laguna Beach) 8:44.9

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions
					Place	Mark	
1	442	9:05.96	9:05.96	Gus Quinonez (Huntington Beach, Southern)	_____	_____	
2	452	9:01.15	9:04.41	Mark Junkerman (Los Alamitos, Southern)	_____	_____	
3	462	8:58.21	9:01.22	Jesus Gutierrez (Pasadena, Southern)	_____	_____	
4	358	9:00.20	9:00.20	Calvin Gaziano (Castro Valley, North Coast)	_____	_____	
5	413	8:41.0	8:52.42	Eric Reynolds (Camarillo, Southern)	_____	_____	
6	411	9:00.85	9:00.85	Jim Ortiz (Barstow, Southern)	_____	_____	
7	328	9:03.00	9:03.00	Grant Foster (Monta Vista, Central Coast)	_____	_____	
8	92	9:05.37	9:05.37	Rene Perez (Woodland, Sac-Joaquin)	_____	_____	
9	316	9:05.88	9:05.88	Mike Anderson (Carlmont, Central Coast)	_____	_____	
							1965 Ralph Gamez (Berkeley) 9:12.9
							1966 Ralph Gamez (Berkeley) 9:01.6
							1967 Pete Romero (Reedley) 9:00.5
							1968 Ruben Chappins (Excelsior, Norwalk) 9:05.7
							1969 Ruben Chappins (Excelsior, Norwalk) 8:57.0
							1970 Ron Johnson (West, Torrance) 8:55.6
							1971 Dale Fleet (Clairemont, San Diego) 8:53.8
							1972 Curtis Beck (Santa Monica) 8:52.3
							1973 Terry Williams (Lompoc) 8:54.8
							1974 Rich Kimball (DeLa Salle, Concord) 8:46.5
							1975 Eric Hulst (Laguna Beach) 8:44.9
							1976 Eric Hulst (Laguna Beach) 8:57.3
							1977 Frank Assumma (Eisenhower, Rialto) 8:52.9
							1978 Jeff Nelson (Burbank) 8:59.28
							1979 Jeff Nelson (Burbank) 8:47.35
							1980 Andy Diconti (LaCanada) 8:55.79
							1981 Jon Butler (Edison, Huntington Beach) 8:46.78
							1982 Harold Kuphaldt (Bella Vista) 8:51.99



photo by: Herb Potter

Camarillo High School's Eric Reynolds

22 GIRLS' 400 M FINALS

National: 1982 Denean Howard (Kennedy, CA) :52.39
State: 1982 Denean Howard (Kennedy, Granada Hills) :52.39

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	98	55.24	55.24	Melissa Jordan (Camarillo, Southern)	_____	_____
2	36	55.16	55.16	Andrea Rolfe (Dorsey, L.A.)	_____	_____
3	110	54.22	54.93	Michelle Taylor (Ganesha, Southern)	_____	_____
4	16	53.70	53.70	Leslie Maxie (Mills, Central Coast)	_____	_____
5	46	53.66	53.66	Chewuakii Knighten (Locke, L.A. City)	_____	_____
6	58	54.58	54.50	Nedrea Rodgers (Berkeley, North Coast)	_____	_____
7	57	55.7	55.10	Lana Rice (Berkeley, North Coast)	_____	_____
8	102	55.23	55.23	Alicia Watson (Compton, Southern)	_____	_____
9	72	55.0	55.60	Wendy Von Fries (Tamalpais, North Coast)	_____	_____

CIF Champions

1974	Veronica Venezis (Terra Linda, San Rafael)	56.4
1975	Jodi Anderson (Washington, L.A.)	55.3
1976	Marquite Belk (Silver Creek, San Jose)	55.2
1977	Valerie Brisco (Locke, L.A.)	55.14
1978	Arlise Emerson (Westminster)	54.3
1979	Sherri Howard (San Geronio, San Bernardino)	53.65
1980	Denean Howard (Kennedy, Granada Hills)	53.04
1981	Gervaise McGraw (Ganesha, Pomona)	54.15
1982	Denean Howard (Kennedy, Granada Hills)	52.39



photo by: Jim Ketsdever

Berkeley High School's Lana Rice

23 BOYS' 400 M

FINALS

National: 1981 Anthony Ketchum (Needleville, TX) :45.5
State: 1982 Fabian Cooper (Washington) :46.38

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	362	48.11	48.50	Alfred Burkes (Mt. Eden, North Coast)	—	—
2	475	47.30	48.10	John Schmidt (Torrance, Southern)	—	—
3	412	47.91	47.91	Jeff James (Beverly Hills, Southern)	—	—
4	448	47.15	47.62	Mark Howard (Long Beach Poly, Southern)	—	—
5	306	47.46	47.46	Larry Walker (Edison, Central)	—	—
6	346	47.69	47.69	Kerry Threets (Westmoor, Central Coast)	—	—
7	352	47.88	48.00	Daymon Lee (South Gate, L.A. City)	—	—
8	369	48.00	48.39	Kimmie James (Richmond, North Coast)	—	—
9	341	48.11	48.60	Mike Davidson (St. Francis, Central Coast)	—	—

CIF Champions

1915	George "Tuffy" Conn (Pasadena)	50.0
1916	Mark Kellogg (Fresno)	51.4
1917	Dick Seltzer (Redlands)	53.0
1918	George Schiller (Polytechnic, L.A.)	49.6
1919	Jeff Wilcox (Harvard, North Hollywood)	54.2
1920	Thurmond Clarke (Los Angeles)	50.2
1921	Ed Shaw (Monrovia)	52.2
1922	Ed Shaw (Monrovia)	54.4
1923	Vernon Hanford (Manual Arts, L.A.)	52.6
1924	Wilburn Talbot (Analy, Sebastopol)	51.6
1925	Walter Hanson (Mt. Diablo, Concord)	51.0
1926	Cliff Gantt (Polytechnic, L.A.)	50.0
1927	Percy McArthur (Huntington Park)	51.0
1928	Carl Childreth (Polytechnic, Long Beach)	50.2
1929	Irvine "Cotton" Warburton (San Diego)	49.6
1930	Carl Satterfield (Manual Arts, L.A.)	50.3
1931	John McCarthy (Fairfax, L.A.)	48.7
1932	John Rout (Jefferson, L.A.)	50.1
1933	Myrel Gillett (Central, El Centro)	48.4
1934	Doug Hammond (Hollywood)	50.3
1935	Howard Upton (Turlock)	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, L.A.)	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O.B. Hughes (Whittier)	49.9
1946	Norm Stocks (San Diego)	49.3
1947	Luther Butler (Jefferson, L.A.)	49.4
1948	Fred Thompson (Jordan, L.A.)	49.2
	Luther Butler (Jefferson, L.A.)	
	(two heats)	49.8
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach)	49.7
1952	Lanny Carter (Orange)	48.8
1953	X.L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside)	48.7
1955	Jerry White (Corcoran)	48.7
1956	Fred Dewitt (Berkeley)	47.9
1958	Dixon Farmer (Miramont, Orinda)	48.6
1959	Dixon Farmer (Miramonte, Orinda)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Ahambra)	48.1
1963	Tommie Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, L.A.)	47.5
1965	Randy Julian	
	(Bolsa Grande, Garden Grove)	47.4
1966	Mike Newton (Whittier)	47.2
1968	Edesel Garrison (Centennial, Compton)	46.7
1969	Larance Jones (Lemoore)	46.8
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krzyzosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Anna)	47.4
1973	Ron Whitaker (Wilson, San Francisco)	47.0
1974	Rod Connors (Cordova, Rancho Cordova)	47.7
1975	John Ware (Sacramento)	47.2
1976	Dareld Harris (Pittsburg)	47.6
1977	James Sanford (Pasadena)	46.60
1978	Bill Green (Cubberley, Palo Alto)	46.77
1979	Tony Banks (Morse, San Diego)	47.28
1980	Mike Turner (Centennial, Compton)	47.51
1981	David Timmons (Oakland)	47.09
1982	Fabian Cooper (Washington)	46.38



Edison High School's Larry Walker

24

GIRLS' 200 M FINALS

National: 1980 Sheri Howard (Kennedy, CA) :23.19
 State: 1980 Sheri Howard (Kennedy, CA) :23.19

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals Place	Mark
1	52	24.50	25.24	Sheila Compton (Albany, North Coast)	---	---
2	82	23.9	24.61	Monica Taylor (Grant, Sac-Joaquin)	---	---
3	99	24.53	24.53	Cathy Roberts (Cerritos, Southern)	---	---
4	30	23.7	24.39	Robin Simmons (Crenshaw, L.A. City)	---	---
5	122	23.89	23.89	Lisa Winston (Jordan, Southern)	---	---
6	35	24.48	24.48	Diane Pullins (Dorsey, L.A. City)	---	---
7	120	24.28	24.55	Faye Robinson (La Puente, Southern)	---	---
8	88	24.0	24.92	Pam Qualls (Burbank, Sac-Joaquin)	---	---
9	62	24.9	25.25	Denice Ervin (El Cerrito, North Coast)	---	---

CIF Champions

1974	Janice Wiser (LaJolla)	24.2
1975	Pam Waters (Bell)	24.4
1976	Pam Waters (Bell)	24.8
1977	Kim Robinson (Westchester)	23.97
1978	Keila Bolton (Hill, San Jose)	23.53
1980	Sherri Howard (Kennedy, Granada Hills)	23.19
1981	Denean Howard (Kennedy, Granada Hills)	23.73
1982	Denean Howard (Kennedy, Granada Hills)	23.59



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BOYS' 200 M FINALS

National: 1976 Dwayne Evans (220 yds) (South Mountain, AZ) :20.5
 State: 1976 Mel Gray (220 yds) (Montgomery, Santa Rosa) :20.7

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals Place	Mark
1	350	21.90	22.28	Gaston Green (Gardena, L.A. City)	---	---
2	349	21.91	22.19	Jeff Chappel (Fremont, L.A. City)	---	---
3	312	21.72	22.10	Calvin Scruggs (McLane, Central)	---	---
4	390	21.3	21.60	Steve Jones (Burbank, Sac-Joaquin)	---	---
5	438	21.12	21.58	Henry Thomas (Hawthorne, Southern)	---	---
6	354	21.8	22.09	Ken Henderson (Berkeley, North Coast)	---	---
7	428	21.61	22.11	Sam James (Eisenhower, Southern)	---	---
8	382	22.11	22.11	Chris Belchor (Kennedy, Sac-Joaquin)	---	---
9	332	21.8	22.29	Darryl Usher (San Mateo, Central Coast)	---	---

1937	Bryant Allen (Jefferson, L.A.)	21.2
1938	Eddie Morris (Huntington Beach)	21.6
1939	Eddie Morris (Huntington Beach)	21.4
1940	Eddie Morris (Huntington Beach)	21.3
1941	Glen Willis (San Diego)	21.7
1946	Ray Gregg (El Monte)	21.9
1947	John Bradley (Hoover, Glendale)	21.8
1948	John Bradley (Hoover, Glendale)	21.5
1949	Eddie Schopper (Lincoln, L.A.)	21.6
1950	Guy Blackburn (Jefferson, L.A.)	21.3
1951	Leamon King (Delano)	21.4
1952	Herb Turner (Alameda)	21.6
1953	Leamon King (Delano)	21.4
1954	James Jackson (Alameda)	21.2
1955	Bob Poynter (Pasadena)	21.6
1956	Bob Poynter (Pasadena)	21.0
1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Muir, Pasadena)	20.7
1959	Hubie Watson (Jordan, L.A.)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forrest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, L.A.)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	Jim Hines (McClymonds, Oakland)	**21.5
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phil Underwood (Dorsey, L.A.)	21.2
1967	Mel Gray (Montgomery, Santa Rosa)	**20.7
1968	Willie Deckard (Dorsey, L.A.)	21.7
1969	Willie Robinson (Central, El Centro)	21.7
1970	Jackie White (Santa Ana)	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2
1972	Mike Shavers (Albany)	21.0
1973	Clancy Edwards (Santa Ana)	21.2
1974	Milard Hampton (Silver Creek, San Jose)	21.1
1975	Billy Mullins (Hamilton, L.A.)	21.2
1976	Billy Mullins (Hamilton, L.A.)	21.6
1977	David Russell (Henry, San Diego)	20.97
1978	Michael Sanford (Pasadena)	21.42
1979	Michael Sanford (Pasadena)	21.00
1980	Ken Robinson (Berkeley)	21.21
1981	Keven Willhite (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton)	21.05

CIF Champions

1915	Les Wark (Polytechnic, Long Beach)	22.0
1916	Charley Paddock (Pasadena)	22.4
1917	Charley Paddock (Pasadena)	22.0
1918	Charley Paddock (Pasadena)	22.4
1919	Bob Allen (Redlands)	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco)	21.8
1921	Bob Allen (Redlands)	22.6
1922	Walter Wickersham (Bakersfield)	24.2

1923	Bob Lee (Franklin, L.A.)	22.2
1924	Archie Woodyard (Jefferson, L.A.)	**22.5
1925	Walter Floyd (Lincoln, L.A.)	22.6
1926	Elam Kirks (El Monte)	22.1
1927	Frank Wykoff (Glendale)	*21.0
1928	Frank Lombardi (Los Angeles)	---
1929	Frank Wykoff (Glendale)	21.4
1930	Jimmy Willson (San Diego)	21.4
1931	Ashley Burch (Jordan, L.A.)	21.8
1932	George Anderson (Muir, Pasadena)	21.8
1933	George Anderson (Muir, Pasadena)	21.2
1934	Brainard Worrill (Muir, Pasadena)	21.8
1935	Burt Price (Excelsior, Norwalk)	*21.2
1936	Burt Grady (Gridley)	21.6

* Record disallowed

** Turn (since 1967, the 220 and then 200 meters were run exclusively around one turn).

26 GIRLS' 300 M LOW HURDLES

FINALS

National: 1982 Gail Kellon (Walnut) :41.09
 State: 1982 Gail Kellon (Walnut, CA) :41.09

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	9	43.6	44.76	Heidi Waterfield (Homestead, Central Coast)	_____	_____
2	118	43.3	43.86	Roberta Eccles (Gunderson Central Coast)	_____	_____
3	107	43.78	43.78	Mary Anne Bullard (Esperanza, Southern)	_____	_____
4	93	42.26	43.45	Gail Devers (Sweetwater, San Diego)	_____	_____
5	146	41.20	41.45	Gayle Kellon (Walnut, Southern)	_____	_____
6	139	43.54	43.54	Stacie Noton (Sunny Hills, Southern)	_____	_____
7	48	43.85	43.85	Marjorie Johnson (Monroe, L.A. City)	_____	_____
8	8	44.55	44.55	Margaret Ruden (Homestead, Central Coast)	_____	_____
9	84	45.59	45.59	Tina Broadway (Burbank, Sac-Joaquin)	_____	_____

CIF Champions

1981	Audrey Williams (Saugus)	42.26
1982	Gail Kellon (Walnut)	41.09



Sweetwater High School's Gail Devers



Walnut High School's Gayle Kellon

27 BOYS' 300 M LOW HURDLES FINALS

National: 1981 Walter Murray (Berkeley, CA) :35.79
State: 1981 Walter Murray (Berkeley) :35.79

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals	
					Place	Mark
1	371	37.66	37.66	Mike Lee (St. Mary's, North Coast)	---	---
2	370	37.00	37.29	Mark Boyd (St. Mary's, North Coast)	---	---
3	463	36.53	37.04	Sebron Flenaugh (Perris, Southern)	---	---
4	414	36.42	36.66	Richard Martinez (Claremont, Southern)	---	---
5	464	35.95	36.09	Danny Harris (Perris, Southern)	---	---
6	322	35.66	36.68	Erick Montgomery (Independence, Central Coast)	---	---
7	441	36.49	37.10	Raymond Young (Hawthorne, Southern)	---	---
8	478	36.81	37.46	Gordan Bugg (West Covina, Southern)	---	---
9	383	37.36	37.68	Richard Curtis (Kennedy, Sac-Joaquin)	---	---

CIF Champions

1915	Jud House (Riverside)	*23.8
1916	Harry Lamport (Manual Arts, L.A.)	25.8
1917	Colin Kilby (Coalinga)	25.6
1918	McDonalad (San Bernardino)	26.6
1919	Charley Dags (Claremont)	27.4
1920	Jim Fulderson (Ventura)	26.4
1921	Jack Houston (Lincoln, L.A.)	25.4
1922	Mort Kaer (Rd Bluff)	26.4
1923	Mort Kaer (Red Bluff)	24.9
1924	DeWolfe Requa (Manual Arts, L.A.)	25.4
1925	Clarence Norris (Santa Maria)	25.1
1926	Jimmy Payne (San Bernardino)	23.9
1927	Jeddy Welch (Pasadena)	24.0
1928	Joe Bills (Polytechnic, Long Beach)	24.8
1929	Norman Paul (Santa Ana)	24.0
1930	Norman Paul (Santa Ana)	24.2
1931	Plato Smart (Compton)	
1930	Norman Paul (Santa Ana)	24.2
1931	Plato Smart (Compton)	24.2
1932	Ben Siegel (Polytechnic, L.A.)	24.3
1933	Roy Kirkpatrick (Central, El Centro)	24.0
1934	Roy Kirkpatrick (Central, El Centro)	23.9
1935	Joe Davis (Inglewood)	24.2
1936	Jack Russell (Fillmore)	24.2
1937	George Sangster (Muir, Pasadena)	23.8
1938	Tom Whitney (Roseville)	24.6
1939	Herbert Duke (Jordan, L.A.)	24.2
1940	Glen Shoop (Jordan, Long Beach)	24.7
1941	Ray Meagher (Bakersfield)	24.3
1946	Bob Bacon (Redondo, Redondo Beach)	24.2
1947	Hugh McElhenny (Washington, L.A.)	19.9
1948	Bob Mathias (Tulare)	19.6
1949	Jack Davis (Hoover, Glendale)	19.5
1950	Steve Turner (Glendale)	19.0
1951	Dick Clarke (Glendale)	19.5
1952	Ancel Robinson (Selma)	19.4
1953	Don Armstrong (Manual Arts, L.A.)	19.4
1954	Monte Upshaw (Piedmont)	19.0
1955	Paul Lowe (Centennial, Compton)	19.2
1956	Willie White (Jefferson, L.A.)	19.0
1957	Jesse Bradford (Shafter)	19.0
1958	David Douglas (East, Bakersfield)	19.0
1959	Dixon Farmer (Miramonte, Orinda)	19.2
1960	Robert Bonds (Polytechnic, Riverside)	18.8
1961	Bill Mackey (East, Bakersfield)	19.1
1962	Ed Moody (McClymonds, Oakland)	18.3
1963	Alvin Mann (Edison, Fresno)	18.9
1964	Earl McCullouch (Polytechnic, Long Beach)	18.4
1965	Manuel Murrell (Polytechnic, Long Beach)	*18.2
1966	George Farmer (Puente, La Puente)	18.7
1967	Jerry Proctor (Muir, Pasadena)	**18.7
1968	Roy Hamley (Lowell, Whittier)	18.8
1969	Jerry Wilson (Roosevelt, Fresno)	18.3
1970	Milt Turner (Castlemont, Oakland)	18.6
1971	Charles Jackson (Lompoc)	18.5
1972	Daniel Jones (Palo Verde, Blythe)	18.7
1973	Randall Jeffrey (Los Angeles)	18.7
1974	Fred Shaw (Muir, Pasadena)	**18.9
1975	Dedy Cooper (Eils, Richmond)	36.5
1976	Charles White (San Fernando)	36.7
1977	Andre Phillips (Silver Creek, San Jose)	36.43
1978	Gary Lee (Polytechnic, Long Beach)	36.58
1979	Gary Lee (Polytechnic, Long Beach)	36.22
1980	Don Ward (St. Mary's, Berkeley)	36.57
1981	Walter Murray (Berkeley)	36.26
1982	Steve Kerho (Mission Viejo)	35.85

* Record disallowed



Independence High School's Erick Montgomery

28 GIRLS' 1600 M

FINALS

National: 1982 Polly Plumer (University, Irvine, CA) 4:39.92
State: 1982 Polly Plumer (University, Irvine, CA) 4:39.92

Lane	No.	Best Mark	Regional Mark	Name (School, Section)	Finals		CIF Champions
					Place	Mark	
1	61	4:55.78	4:55.78	Noreen deBettencourt (Carondelet, North Coast)	_____	_____	
2	108	4:51.62	4:51.62	Jennifer Abraham (Foothill, Southern)	_____	_____	1974 Jill Caldwell (Westminister) 5:02.2 1975 Kathy Costello (Pleasant Hill) 4:53.5
3	121	4:47.23	4:49.09	Gladys Prieur (LeLycee Francais, Southern)	_____	_____	1976 Linda Broderick (Tamalpais, Mill Valley) 4:56.8 1977 Linda Goen (North, Bakersfield) 4:47.8
4	140	4:45.30	4:45.30	Julie Seleine (University, Southern)	_____	_____	1978 Cheri Williams (Livermore) 4:44.95 1979 Linda Goen (North, Bakersfield) 4:51.08
5	38	4:43.90	4:43.90	Paula Bresnan (Kennedy, L.A. City)	_____	_____	1980 Polly Plumer (University, Irvine) 4:46.71 1981 Polly Plumer (University, Irvine) 4:42.43
6	7	4:47.31	4:47.31	Cory Schubert (Del Mar, Central Coast)	_____	_____	1982 Polly Plumer (University, Irvine) 4:39.92
7	22	4:51.12	4:51.12	Nanette Garcia (Silver Creek, Central Coast)	_____	_____	
8	106	4:53.67	4:53.67	Leslie Pratt (Edison, Southern)	_____	_____	
9	53	4:57.90	4:57.90	Paige Tully (Alhambra, North Coast)	_____	_____	



photo by: Fine Flicks - Don Gosney

Del Mar High School's Cory Schubert

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GIRLS' 1600 M RELAY FINALS

National: 1981 Cook, D. Howard, T. Howard, Johnson (Kennedy, Ca)

3:37.71

State: 1981 Cook, D. Howard, T. Howard, Johnson (Kennedy) 3:37.71

Lane	Best Mark	Regional Mark	School (Section)	Team Members	Finals	
					Place	Mark
1	3:54.9	3:55.54	Los Altos, CCS	Bray, R (10), Bray, H (150), Rodgers (14), Brew (11)	_____	_____
2	3:50.09	3:50.09	L.B. Poly, So.	Hall (124), Frier (122), Bland (123), Ready (126)	_____	_____
3	3:48.78	3:48.78	Crenshaw, LA City	Clark (28), Brown (27), Fletcher (29), Smith (31)	_____	_____
4	3:48.13	3:48.13	Milliken, So.	Farwell (130), Hall (131), Lewis (132), Zaleski (133)	_____	_____
5	3:47.06	3:47.06	Dorsey, L.A.	White (33), Rolfe (36), Paul (34), Pullins (35)	_____	_____
6	3:48.7	3:48.74	Hawthorne, So.	Allen (111), Kateri (112), Freeman (114), Hall (117)	_____	_____
7	3:49.58	3:49.58	Berkeley, NCS	Baker (55), Woods (59), Rice (57), Rodgers (58)	_____	_____
8	3:54.32	3:54.32	El Cerrito, NC	Ervin (62), Fortier (63), Mason (64), Samuel (65)	_____	_____
9	3:56.23	3:56.23	Burbank, Sac.J.	Broadway, Ti. (84), Broadway, Tr. (85), Reese (87), Qualls (88)	_____	_____



Dorsey High School's 1600 M Relay
Champions - White, Rolfe, Paul
and Pullins

CIF Champions

1974	Berkeley	1:46.4
1975	Washington, Los Angeles	1:44.5
1976	Fremont, Los Angeles	3:55.9
1977	Locke, Los Angeles	3:52.1
1978	Fremont, Los Angeles	3:51.93
1979	San Geronio, San Bernardino	3:44.05
1980	Kennedy, Granada Hills	3:37.98
1981	Kennedy, Granada Hills	3:37.71
1982	Dorsey, Los Angeles	3:41.72



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BOYS' 1600 M RELAY FINALS

National: 1981 Murray, Walker, Robinson, Richardson (Berkeley) 3:08.94
State: 1981 Murray, Walker, Robinson, Richardson (Berkeley) 3:08.94

Lane	Best	Regional	School (Section)	Team Members	Finals	
	Mark	Mark			Place	Mark
1	3:18.86	3:18.86	Kennedy, Sac.J.	Curtis (373), Belcher (382), Lewis (384), Hackett (480)	_____	_____
2	3:18.17	3:18.17	Santa Clara, CCS	Griffith (334), Ibarra (335), Moore (336), Wallich (337)	_____	_____
3	3:13.29	3:13.29	Muir, So.	Brown (457), Blades (455), Cormier (458), Miller (460)	_____	_____
4	3:12.29	3:12.29	Perris, So.	Flenaugh (463), Stamps (467), Jackson (466), Harris (464)	_____	_____
5	3:11.64	3:11.64	Hawthorne, So.	McGee (437), Torrente (439), Kelly (436), Thomas (438)	_____	_____
6	3:13.27	3:13.27	L.B. Poly, So.	Ward (450), Woods (451), Howard (448), McCollough (449)	_____	_____
7	3:13.87	3:13.87	Compton, So.	Elston (416), Howard (419), Ford (418), Tilque (420)	_____	_____
8	3:18.41	3:18.41	Pittsburg, NCS	Davis (367), Beals (364), Stingley (368), Bennett (365)	_____	_____
9	3:20.94	3:20.94	St. Francis, CCS	Durkin (342), Regimbal (343), Awender (340), Davidson (341)	_____	_____

CIF Champions

1968	Centennial, Compton	3:14.3
1969	Los Angeles	3:15.2
1970	Los Altos	3:15.6
1971	Castlemont, Oakland	3:13.2
1972	El Cerrito	3:17.6
1973	Cordova, Rancho Cordova	3:17.4
1974	Muir, Pasadena	3:13.8
1975	Eils, Richmond	3:15.7
1976	Pasadena	3:18.2
1977	Pasadena	3:13.7
1978	Banning, Wilmington	3:11.57
1979	Locke, Los Angeles	3:14.04
1980	Centennial, Compton	3:10.37
1981	Berkeley	3:08.94
1982	Compton	3:14.45



Hawthorne High School's 1600 M Relay
Champions - McGee, Torrente, Kelly
and Thomas



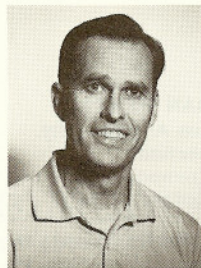
CIF COACHES HONORED

Those who have contributed notably to the sport of Track and Field



SHARON CHAPMAN
Northern Section
Anderson Union
High School

Sharon (Shari) Lee Chapman graduated from California State University, Chico, in 1968 with a B.A. and in 1974 with an M.A. She received her M.L.S. from San Jose State University in 1980. Sharon associated with track and field from 1978 as Varsity Woman's Track Coach at Anderson Union High School. Highlights of Sharon's coaching career included an undefeated season in 1971; Northern Athletic League Championships 1974-'76; N.S.C.I.F. Semi-Final Championships in '73, '74, and '76; and 19 first place trophies. In all dual to quint meets she compiled a won/loss record of 38-8. She sent girls to the State Meets 4 out of 5 years from 1974-'78.



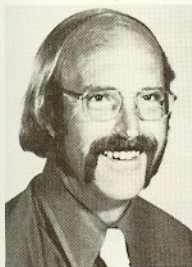
BOB WARREN
North Coast Section
Acalanes High
School

Bob celebrated his silver anniversary as the Don's track coach. During that period, he amassed a record of 129 wins, 65 losses, and one tie. His teams have claimed the Foothill Athletic League title eight times, including the last five consecutive years. Under his leadership, the Dons won the North Coast Section Class 2A Boys Championship in 1980, '81, and '82. Scott Christenson, last year's State Meet pole vault champion, is one of his products. He has made many contributions to NCS track and field including serving as Class 2A Meet Director twice in the last five years.



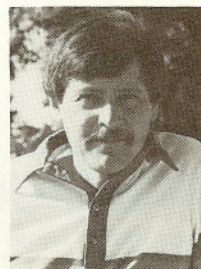
GEORGE WHITE
San Francisco
Section
Galileo High School

George White has been coaching in the San Francisco Unified School District for the past 23 years. George coached track at Balboa High School for 10 years where he had six city championship teams. At his present school, Galileo High School, he has won the City Track Championship for the past six years. George also coaches football at Galileo. He was named the All-Northern California Football Coach of the Year in 1974, City Coach of the Year in 1978, and the All-Bay Area Coach of the Year in 1980.



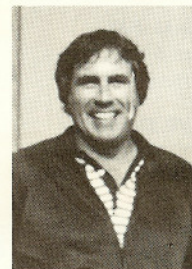
BURT WILLIAMS
Northern Section
Shasta High School

Burt Williams is a graduate of the University of Oregon, competed in the quarter mile and mile relay. Coached at Central High School in Oregon for three years. In 1961 and 1962 Central High School was second and third in Class A-2 State Meet. Coached at Central Valley High School and Shasta High School from 1966-1981. During these years initiated a cross-country program at Central Valley and developed the Central Valley Invitational. Has coached various state participants in the past fifteen years. He is a member of the CIF Section Track Committee.



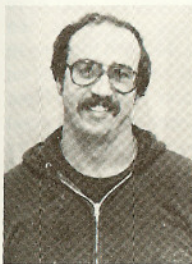
LARRY WAYNE BERRYHILL
Sac-Joaquin Section
Ceres High School

Larry Berryhill is a graduate of Arizona State University where he earned his B.A. and M.A. degrees. In 1976 he received an Ed.D. from Brigham Young University. From 1968-1972 Larry was the varsity track coach at Westwood High School in Mesa, Arizona. While at Westwood his teams won two state championships and were twice state runner-ups. In 1976 he moved to Ceres High School, Ceres, California, where he presently is serving as the head track coach. At Ceres he has a dual meet record of 43 wins and 8 losses and has won four league championships.



DONALD H. BELL
Central Coast
Section
Leland High School

Donald is a graduate of Stanford University and was a member of the varsity track team from 1960-1962 as a discus thrower. He served as the head track coach at Fort Campbell, Kentucky, assistant coach of the All-Army Track Team in 1964 and the head track coach of Pioneer High School, San Jose, California from 1965-1967. He has served as head track coach at Leland High School from 1967. He also serves as the organizer and director of the Quicksilver Classic. All of his 1983 track teams were Santa Teresa League Champions.



DAVE CLARK
North Coast Section
Willits High School

Dave is in his ninth year as the head track coach at Willits High School. In 1977 the girls' track program was added at Willits and Dave accepted the combined duties. Willits had 55 of its 450 students out for track this year. "The flexibility of the individual athlete is what attracts me to track. They don't have to be champions of great athletes for a coach to enjoy working with students. Any kind of individual success an athlete has is enjoyable to me." He has directed two NCS Class A championship meets.



HAROLD CLEMENTS
Sac-Joaquin Section
Bret Harte High
School

Harold has coached track at Bret Harte High School from 1969 through 1982. In fourteen years of coaching he has won 12 league championships on the boys varsity, frosh-soph and girls levels. He retired last year after winning nine straight league championships and has produced several state meet participants. He is founder and director of the Bret Harte Invitational, the largest small school track invitational, in Northern California.



STAN DOWELL
Central Coast
Section
Independence High
School

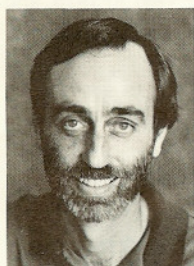
Stan has been teaching physical education, art and coaching track for the past 20 years. He served as head track coach at Overfelt and Silver Creek High School, and he is currently the head track coach at Independence High School in San Jose, California. During his tenure as head track and cross country coach he has won numerous league and regional titles. His teams have won three Central Coast Section Championships. He is presently developing Eric Montgomery who has the pending national high school hurdle record.

CIF COACHES HONORED



BENTI DICK
Central Section
Immanuel High School

Benti is a 1974 graduate of Immanuel High School, Reedley, California, and attended Fresno Pacific College where she participated in track as a sprinter. In 1978 she returned to Immanuel High School as a teacher and track and cross country coach. Under her leadership the Immanuel girl teams have been undefeated and league champions for the last six years. Many of her athletes have also qualified for section and state meets. She has also served as league representative for girl's track and cross country for the last four years.



DAVE DODSON
Central Section
Sanger High School

Dave Dodson has been the head cross country and track coach at Sanger High for the past 19 years coaching both the boys and girls squads. During his tenure as the Sanger coach all boys school records (except two) have been broken and he has coached several nationally ranked athletes. His squads are regularly ranked in the top level of the Central Section and his relay teams have been top ranked on several occasions. He has been meet director of the Sanger Metric Classic since 1966 as well as meet director of several section championships and numerous league, area and divisional championships.



JOHN ODEN
Los Angeles City Section
Eagle Rock High School

John is a graduate of Southern California University and after 33 years as the Eagle Rock High School track coach he is the dean of the Los Angeles city track coaches. Coach Oden has come up with solid teams every year even though Eagle Rock is one of the small schools in the area. He has won numerous league championships and each year has several finishers in the L.A. City Championship Meet. His girls' track team has won the Northern League Championship the last five years. He served as co-coach of the 1970 Sunair Invitational All-Star Track Meet.



DAN WYATT
Los Angeles City Section
Kennedy High School

He has been coaching track for 14 years, the last 5 at Kennedy. Overall, since 1979, the Golden Cougar track team has compiled a dual meet record of 42-0, captured 5 league titles, one L.A. City Championship, two second place finishes in L.A. City, the 1980 California State Championship, and finished second and third in the state in 1981 and 1982, respectively. He has worked with seven girls who have been named National High School Track All-Americans, and coached the Cougars to 5 national track records.



PAUL BODENSHOT
Southern Section
Marshall High School

Paul started his coaching career at Happy Camp High School in 1974 where he coached the boys and girl track teams. That year his girls' team won the Evergreen League Championship. In 1975 he moved to Marshall High School in Pasadena where he has coached both the boy and girl track teams. He has won many Delphic League Championships. His 1979 and 1980 girl teams were 1A Section champions. He is a member of the L.A. Olympic Organizing Committee.



KYE COURTNEY
Southern Section
Hawthorne High School

Kye is a graduate of Manhattan College where he participated in track and was a member of the two mile relay team that set the world indoor record in 1961. He was also the IC4-A 400 meter champion in 1961 and the Interservice 400 meter champion in 1962. He started his teaching and coaching career at Hawthorne High School in 1967. He was appointed head track coach in 1979. Since 1979 in the Pioneer and Ocean League competition he has a dual meet record of 52 wins and 7 losses. He has won three Ocean League championships and his 1982 track team was the 3A Southern Section Champion.



CHUCK BOYER
San Diego Section
La Jolla High School

In his 13 years at La Jolla High School in the San Diego Section, Coach Boyer has strung together an impressive 82-13 dual meet record. Within the San Diego Unified School District, his consecutive victory string of 34 is the district's longest. After graduation from San Diego school at the high school and college level, Chuck returned to high school at the coaching level to gain 9 track and field league titles, 7 in succession. Notable athletes coached included Ann King, later to become National JC 400 meter hurdle champion and Karin Smith, American record holder in the javelin. In addition to his coaching duties, Chuck has been published in the "Athlete Journal" and the "Scholastic Coach".



DAN SCHAITEL
San Diego Section
St. Augustine High School

Coach Schaitel in 13 years at St. Augustine High School and one year at Poway High School is another San Diego student, athlete, coach who decided that living and coaching in the greater San Diego community was to his liking. At "Saints" he built the track and field program to an impressive level for a school of only 550 students. In addition to several section champions, he guided athletes to medalist honors in both running and field events. As a meet director, he has overseen a major invitational track and field event for the last 8 years. His "Titan Track Festival" last April attracted over 3,000 boys and girls, the largest field in San Diego Section history. In addition, Dan has found time to serve on both the Cross Country and Track and Field Advisory Committees as well as act as meet director for the San Diego Cross Country Championships.

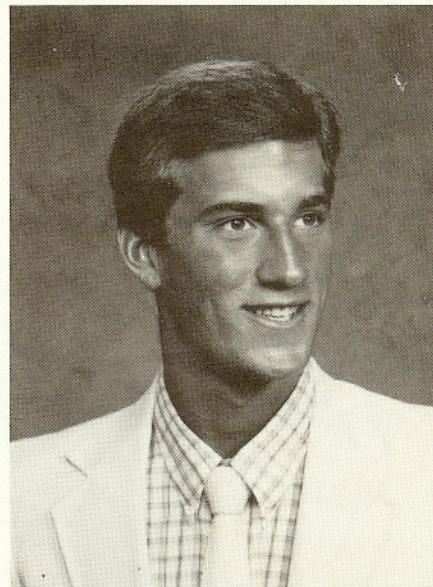


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MS. CHERYL BURDITT
*Paramount High School
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MR. MICHAEL SMITH
*Los Altos High School
Hacienda Heights*

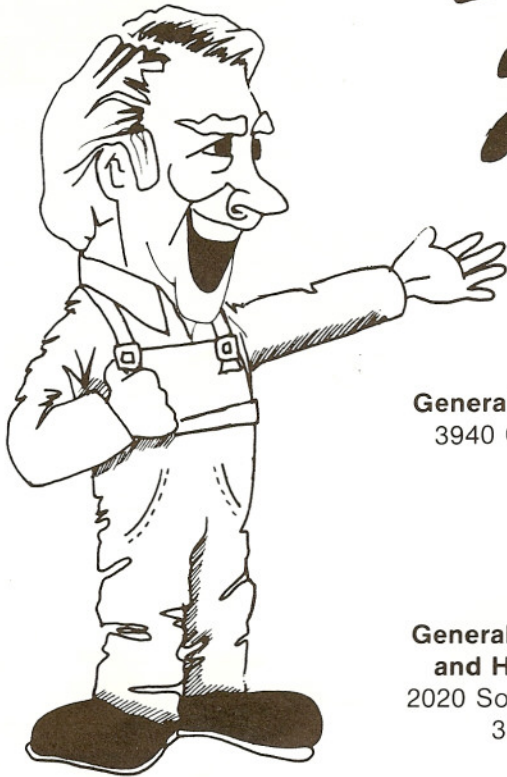
1982-1983 SCHOLAR/ATHLETES OF THE YEAR

It is with great pride that the State CIF and AirCal salute Ms. Cheryl Burditt and Mr. Michael Smith, the 1982-1983 Scholar/Athletes Of The Year. When AirCal joined with the CIF to establish this scholarship and honorarium of \$500 per winner, it was agreed that the one young woman and one young man selected would be those two who had best attained their full potential as both student and athlete and whose high school scholastic and athletic records indicated a bright, productive future.

To qualify as a candidate, the student/athlete was required to have maintained a 3.70 overall gradepoint average (increased from 3.50 last year), have played varsity-level sports in California for at least two years, have a record of good citizenship, and possess a high degree of personal integrity. Candidate was also required to submit recommendations from a coach, and athletic director, and academic counselor, their principal, and a brief essay on "The Value of Participation In High School Athletics."

We at the State CIF join with AirCal in saluting the 1982-1983 candidates, finalists, and winners and wish them every success in their continuing pursuit of academic and athletic excellence.

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BOYS

School	Points	Coach	Location	Dates
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	4/3/15
Manual Arts, Los Angeles	37½	Otto Fritsch	Y.M.C.A. Field, Los Angeles	4/8/16
Coalinga	25	Charles Geer	Berkeley	4/28/17
Pasadena	25	George Main	Sacramento Fair	4/27/18
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	4/26/19
Los Angeles	18	Glenn Whittle	Bakersfield Fair	4/24/20
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	4/30/21
Huntington Beach	16	Ray Walker	Stockton Fair	5/6/22
Hollywood	17½	William Paige	Occidental College, Los Angeles	5/12/23
Manual Arts, Los Angeles	26	Sid Foster	Taft High	5/10/24
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	5/9/25
Polytechnic, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	5/8/26
Glendale	35	Norman Hayhurst	Modesto High	5/7/27
Poly, Long Beach	21	Norman Barker	Selma High	5/5/28
San Diego	22½	Glenn Broderick	Los Angeles Coliseum	5/11/29
Sacramento (Tie)	11	Lawrence Janssen	Berkeley	5/10/30
San Diego (Tie)	11	Glenn Broderick		
Santa Ana (Tie)	11	G.A. "Tex" Oliver		
Polytechnic, Los Angeles	19½	Edward Leahy	Visalia	5/23/31
Poly, Long Beach	22½	Norman Baker	Modesto J.C.	5/2/32
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	5/20/33
Muir, Pasadena	15½	Albion Walton	Edwards Stadium, Berkeley	5/26/34
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	5/25/35
Muir, Pasadena	18	Albion Walton	Gridley High	5/23/36
Jefferson, Los Angeles	23½	Harold Edelson	Wilson High, Long Beach	5/22/37
San Diego	18½	Glenn Broderick	San Benito H.S., Hollywood	5/28/38
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	5/27/39
Bakersfield	18½	"Cap" Haralson	Visalia High	5/25/40
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	5/24/41
Redondo	21	Harold Grant	Compton College	5/25/46
Washington, Los Angeles	24	Gail Wyatt	Visalia High	5/31/47
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	5/29/48
Jefferson, Los Angeles	28½	Estel Johnson	Los Angeles Coliseum	5/28/49
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	5/27/50
Jefferson, Los Angeles	16½	Estel Johnson	Edwards Stadium, Berkeley	5/26/51
Jefferson, Los Angeles	30½	Estel Johnson	Los Angeles Coliseum	5/24/52
Manual Arts, Los Angeles	16 3/5	Charles Toney	Ratcliffe Stadium, Fresno	5/29/53
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	5/29/54
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	5/28/55
Jefferson, Los Angeles	24 2/3	Estel Johnson	Chico State College	6/2/56
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	6/1/57
Compton (Tie)	11	Ernest Hartman	Veteran's Stadium, Long Beach	5/31/58
Manual Arts, Los Angeles (Tie)	11	Charles Toney		
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	5/29/59
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium	6/4/60
Centennial, Compton	11	Bill Gill	E. Los Angeles College, Los Angeles	6/3/61
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	6/2/62
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	5/31-6/1/63
Jefferson, Los Angeles (Tie)	13	Andy Bakjian	Los Angeles Coliseum	6/5-6/64
Poly, Long Beach (Tie)	13	Leon Forman		
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	6/4-5/65
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	6/3-4/66
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	6/2-3/67
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	5/31-6/1/68
Los Angeles	22	E. Bravo	UCLA	6/6-7/69
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	6/5-6/70
Lompoc	13	Frank Hiatt	UCLA	6/4-5/71
Sacramento	18	Scotty Bingham	Oroville High	6/1-2/72
Wilson, San Francisco	20	Adam Banks	Woodland High	6/1-2/73
Muir, Pasadena	23	Walter Opp	Memorial Stadium, Bakersfield	5/31-6/1/74
Harry Ellis, Richmond	22	Sylvester Greenwood	San Diego	6/6-7/75
Hamilton, Los Angeles	12	Gene Broadwater	U.C. Berkeley	6/4-5/76
Pasadena	26	Bob Pruitt	UCLA	6/3-4/77
El Camino, Oceanside	16	Nil Kovacevich	Memorial Stadium, Bakersfield	6/2-3/78
Pasadena	16	Art Large	Hughes Stadium, Sacramento	6/1-2/79
Berkeley	41	Willie White	Edwards Stadium, Berkeley	6/6-7/80
Berkeley	58	Willie White	Cerritos College, Norwalk	6/5-6/81
Crenshaw, Los Angeles (Tie)	20	Bob Voiles	Hughes Stadium, Sacramento	6/4-5/82
Mission Viejo (Tie)	20	Gene Gierule		

No meets held, 1941-1945, World War II.

*Reported figures for finals

Scoring systems used were 5-3-2-1 from 1915 to 1928, 5-3-2-1-½ for 1929 and 1930, 5-4-3-2-1 from 1931 to 1965, 6-4-3-2-1 from 1966 to 1979, and 10-8-6-5-4-3 since 1980.

GIRLS

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	5/31-6/1/74
Washington, Los Angeles	22	Arnice Reddick	San Diego	6/6-7/75
Berkeley	20	Willie White	U.C. Berkeley	6/4-5/76
Locke, Los Angeles	14	Addie Cornelius	UCLA	6/3-4/76
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	6/2-3/78
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	6/1-2/79
Kennedy, G.H.	48	Dixie Griffen	Edwards Stadium, Berkeley	6/6-7/80
Berkeley	64	Willie White	Cerritos, College, Norwalk	6/5-6/81
Berkeley	48	Willie White	Hughes Stadium, Sacramento	6/4-5/82

Scoring systems used were 5-3-1 in 1974, 5-4-3-2-1 from 1976 to 1979 and 10-8-6-4-2-1 since 1980.

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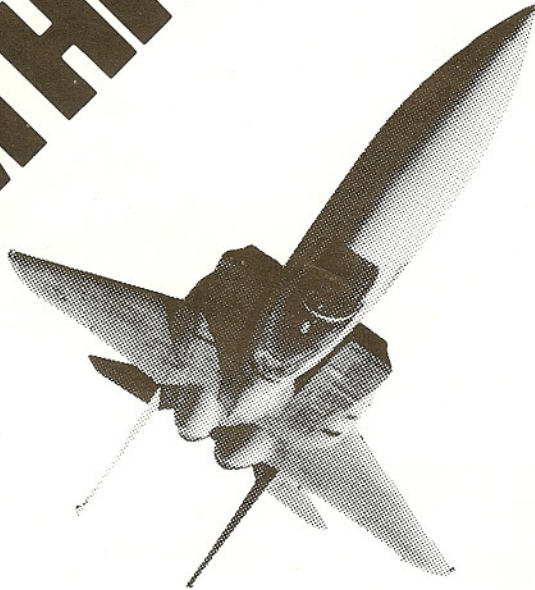


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