

NORTHERN CALIFORNIA TRACK & FIELD CHAMPIONSHIPS at Edwards Stadium

University of California Berkeley

When it comes to sports, we're quite a team.





JOHN SANDERS

CIF President

Welcome

Welcome to the California Interscholastic Federation State Championships. Thank you for your support of prep sports — I hope this will be an enjoyable experience for each of you.

The CIF is proud to host this event; the culmination of hard training and successful competition for many young students. Best wishes to each participant and coach.

THE CIF: Doing the Job for Prep Sports Since 1914

In 1914, as high school athletic teams began crossing district lines to compete with neighboring schools, the CIF was established to provide consistency in sports rules and a safe, rewarding environment for young California athletes. Since that beginning, with fewer than 20,000 athletes, the organization has grown to become the largest youth agency in the state, serving over 320,000 young student-athletes each year.

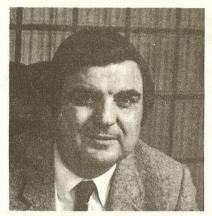
During dynamic growth years, the CIF saw participation in high school sports double (for both boys and girls) between 1965-1975, and, although since 1978 some leveling-off has occurred in numbers of students participating, indications are that such a trend is due more to a lack of available school programs rather than to a lack of interest or desire on the students' part.

Few Californians realize that the CIF, the sole administrative body of interscholastic athletics, is an independent organization that has been carefully structured to provide needed services to the youth of the state without placing unfair burdens on the public education system. Athletic programs conducted in all 1200 secondary-schools in the state do not exist simply because students desire to participate in sports. The CIF utilizes the volunteer services of over 10,000 persons who are charged with the task of ensuring effective athletic programs for all of the public, private, and parochial high schools of the state.

As a result of effective planning, sound program administration, and a determination to support the philosophy that all student-athletes in our state should be provided with equal participation opportunities, the CIF has propelled California into uncontested leadership in the nurturing of outstanding athletes. Former and current California high school athletes hold more national records than do students from any other state — and our youngsters continue to be highly recruited by top-notch universities across the country. Many of the names are legend — Amy Alcott, Rick Monday, Bill Walton, Pat Haden, John McKay, Scott McGregor, Ron Cuccia, Jill Sterkel, Sherri Howard; all former CIF athletes, all outstanding men and women of whom Californians can be proud.

Although the CIF has been serving California youth for nearly 70 years and can boast of having over four million "alumni," many are unaware of the diversity of CIF administrative responsibility. Day-to-day activities of the CIF state office in Fullerton include enforcing regulations, establishing state calendars' of events, arranging and supervising state championships in four sports, maintaining individual and team sports records, providing publicity to the media, publishing the *State News*, and maintaining legal and insurance services which ensure the very existence of prep sports. In addition, 10 section commissioners throughout the state maintain full-time schedules to ensure that prep athletic events in their areas are operated effectively, safely, and consistently.

The support of the California public has been responsible for the success and expansion of California athletic programs for 68 years. With the continued cooperation and dedication of school superintendents, principals, and athletic directors, as well as the keen interest of over one-half million students and their families each year, the future of prep sports would appear to be bright and healthy. The CIF urges you to lend your support to our young student-athletes by attending high school sporting events in your community on a regular basis. The CIF welcomes you to this championship event; a showcase of some of our finest young California athletes — our nation's future leaders.



THOMAS E. BYRNES State CIF Commissioner

FROM THE STATE CIF OFFICE

The State CIF Federated Council welcomes participants and spectators to the State CIF Championships.

The caliber of interscholastic competition in California is second to none in the United States, and this outstanding activity should set new standards of excellence in the field of high-school athletics.



MARGARET R. DAVIS
Associate Commissioner

The California Interscholastic Federation is devoted to the promotion and betterment of athletics in California high schools. Its purpose has been to stimulate uniform procedures in the conduct of athletic contests, to promote friendly relationships and sportsmanship between schools and to ensure that interscholastic athletics will continue to contribute to the educational curriculum of our schools.

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NORTHERN CALIFORNIA TRACK & FIELD CHAMPIONSHIPS

FRIDAY TRIALS Field Events

11:30 a.m. - Boys Triple Jump 12:00 p.m. - Girls Discus 12:00 p.m. - Boys Shot Put 12:00 p.m. — Girls High Jump 12:15 p.m. — Boys Pole Vault 1:15 p.m. — Girls Long Jump 1:15 p.m. — Boys Discus 2:30 p.m. - Boys High Jump 3:00 p.m. - Girls Shot Put 3:00 p.m. — Boys Long Jump 4:45 p.m. - Girls Triple Jump **Running Events** 3:00 p.m. - Girls 100m Low Hurdles 3:10 p.m. — Girls 400m Relay 3:25 p.m. — Boys 400m Relay 3:40 p.m. — Girls 800m Run 3:50 p.m. — Boys 800m Run 4:00 p.m. - Girls 100m Dash 4:10 p.m. - Boys 100m Dash 4:25 p.m. - Boys 110 High Hurdles 4:35 p.m. - Girls 400m Dash 4:45 p.m. - Boys 400m Dash

6:30 p.m. - Boys 1600m Relay Note: Each event will have two heats

4:55 p.m. - Girls 200m Dash

5:45 p.m. - Girls 1600m Run

6:00 p.m. - Boys 1600m Run

6:15 p.m. - Girls 1600m Relay

5:05 p.m. — Boys 200m Dash 5:20 p.m. — Girls 300m Low Hurdles 5:30 p.m. - Boys 300m Low Hurdles

SATURDAY FINALS **Field Events**

11:00 a.m. - Boys Triple Jump 11:00 a.m. - Girls Discus 11:00 a.m. - Boys Shot Put 12:00 p.m. — Boys Discus 12:30 p.m. — Girls Long Jump 1:00 p.m. — Boys Pole Vault 1:00 p.m. — Girls High Jump 2:00 p.m. - Girls Shot Put 2:00 p.m. - Boys Long Jump 3:00 p.m. - Boys High Jump 3:00 p.m. - Girls Triple Jump

Running Events

2:00 p.m. - Girls 100m Low Hurdles 2:08 p.m. — Girls 3200m Run 2:28 p.m. — Girls 400m Relay 2:34 p.m. — Boys 400m Relay 2:40 p.m. - Girls 800m Run 2:47 p.m. - Boys 800m Run 2:54 p.m. - Girls 100m Dash 3:00 p.m. -- Boys 100m Dash 3:10 p.m. - Boys 110m High Hurdles 3:17 p.m. — Boys 3200m Run 3:41 p.m. — Girls 400m Dash 3:47 p.m. — Boys 400m Dash 3:55 p.m. — Girls 200m Dash 4:00 p.m. -- Boys 200m Dash 4:09 p.m. - Girls 300m Low Hurdles 4:14 p.m. - Boys 300m Low Hurdles 4:20 p.m. - Girls 1600m Run 4:31 p.m. - Boys 1600m Run 4:41 p.m. — Girls 1600m Relay 4:50 p.m. - Boys 1600m Relay

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SPRINT is a publication of the North Coast Section and the California Interscholastic Federation. The following people and organizations are responsible for its production: Paul Gaddini, NCS Commissioner; Jim Brandt, Advertising Director, Keith Conning, Track Statistician; Pam Martin, Assistant Editor;

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GIRLS 100M LOW HURDLES

California leaders in 1983:

14.04 Chewaukie Knighton, Locke, LA

14.14 Leslie Maxie, Mills, CCS

14.20 Debbie Budwig, Clovis West, CS

State Meet: Sherifa Sanders, Berkeley, 13.71, 1981
National Record: Carol Lewis, Willingboro, 13.6, 1980
National Record: Kim Turner, Detroit Mumford. 13.6, 1979

				H	EAT 1		
Sec.	1983	Ln.	No.	Yr.	Name-School		City-Section
15.5	15.5	1	508	10	Janie Boone, Corning		Corning, NOR
14.94	14.94	2	450	11	Janet Payne, Fremont		Oakland, OS
14.65	14.6	3	328	11	Margaret Ruden, Homestead		Cupertino, CCS
14.47	14.4	4	726	10	Misako Hill, Cordova		R. Cordova, SJ.
14.14	14.0	5	373	10	Leslie Maxie, Mills		Burlingame, CCS
14.5	14.5	6	576	11	Alicia Lowe, American 14:31		Fremont, NCS
14.8	14.7	7	579	11	Suzanne Roberts, Arroyo		San Lorenzo, NCS
15.01	15.0	8	752	12	Tina Johnson, Fairfield		Fairfield, SJ
				Н	EAT 2		
15.32	15.32	1	509	11	Julie Griffin, Durham		Durham, NOR
14.87	14.68	2	819	10	Danielle Knox, Vacaville		Vacaville, SJS
14.5	14.4	3	575	12	Diann Robinson, Amador Valley		Pleasanton, NCS
14.37	14.37	4	315	12	Roberta Eccles, Gunderson		San Jose, CCS
14.35	14.3	5	437	11	Wendy Brown, Woodside		Woodside, CCS
14.5	14.4	6	581	11	Yvette Bates, Berkeley	The same	Berkeley, NCS
14.80	14.2	7	494	10	Jescia Casimir, Washington		SF, SFS
15.16	15.1	8	750	х	Denise Pearson, Elk Grove		EG, SJ.

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GIRLS 3200M RUN

California leaders in 1983: 10:06.0c Cory Schubert, De

10:06.0c Cory Schubert, Del Mar, CCS 10:20.57 Tania Fischer, Chaminade, SS 10:27.7c Katie Dunsmuir, Palisades, LA State Meet: Vickie Cook, Alemany, 10:12.31, 1981
National Record: Cheri Williams, Livermore, 10:09.8, 1978
Pending National Record: Cory Schubert, Del Mar, Ca., 10:09.5
(two mile), 1983.

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
12:38.12	12:21.4	1	464	10	Adrienne Digiesi, McAteer	San Francisco, SF
12:24.66	12:21.66	2	500	10	Alisa Bradbury, Chico	Chico, NOR
11:18.8	11:18.8	3	820	11	Joni Mooney, Vacaville	Vacaville, SJ
11:15.4	11:15.4	4	783	х	Julie Rasmussen, Lincoln	Stockton, SJ
11:08.2	11:08.2	5	432	9	Sabrina Han, Westmoor	Daly City, CCS
10:58.4	10:58.4	6	739	11	Sally Pinkner, Davis	Davis, SJ
10:46.7	10:46.7	7	636	12	Wendy Sihner, Miramonte	Orinda, NCS
10:06.1	10:06.1	8	312	12	Cory Schubert, Del Mar	San Jose, CCS
10:46.5	10:46.5	9	570	12	Ann Ratto, Alameda	Alameda, NCS
10:57.7	10:57.7	10	382	9	Shannon Clark, Mountain View	Mountain View, CCS
11:05.1	11:05.0	11	619	12	Jennifer Thatcher, Encinal	Alameda, NCS
11:11.4	11:11.4	12	661	12	Terrie Martin, Redwood	Larkspur, NCS
11:71.1	11:17.1	13	396	10	Kim Himenes, St. Francis	Mountain View, CCS
11:23.3	11:23.3	14	741	X	Deonne Self, Del Campo	SAC, SJS
12:31.6	12:01.0	15	465	9	Maura Digiesi, McAteer	SF. SF
12:45.32	12:42.32	16	497	11	Tammy Clark, Burney	Burney, NOR

Frey and Schubert top runners

By Earl Wright, Jr.
Redding Record Searchlight

Jim Frey says he will feel right at home at Pullman, Wash., next fall.

The standout Northern California runner decided in April to accept a full ride scholarship to Washington State University to compete in track and cross country.

More than 30 major schools had been actively recruiting the 6-3 170-pounder who was second in the mile run at the CIF State Meet last year and began this season by winning the Northern California Cross Country Championship in the fall.

Over the winter, Frey narrowed the field to just two schools: Pac-10 Conference team champion Washington State and Brigham Young University in Provo, Utah.

"One of the major reasons I chose Wahsington State was that it offered me a full ride and BYU only wanted to give me a % (scholarship), unless I ran a certain time in the mile," he told the Record Searchlight when he announced his decision.

BYU had offered to give Frey a full ride if he ran 4:06.00 or better in the mile. His best time of 4:10.2 was in the State Meet last year.

The Yreka High School senior visited both campuses and said Pullman, where WSU is located, "reminds me a lot of Yreka. It's about the same size. Washington State is the smallest school in the Pac-10."

Yreka sits at the top of California on Interstate 5 just 30 miles from run-happy Oregon.

The air is cool and clear, ideal for distance work.

Like WSU of the Pac-10, Yreka is the smallest school in its league, competing with three Redding high schools and Anderson and Red Bluff High Schools while winning two straight Northern Athletic League cross country and track titles.

One of the biggest reasons for the Miner success is Frey. He won the NAL and Northern Section cross country championships his junior and senior years. He successfully defended his Northern Section mile championship last Friday, running a 4:22.45 on the slow Oroville track.

A week before that, he ran a 4:33.74 to cruise to the mile championship at the Northern Section Large School Championships and the following day beat an international field at the prestigious Modesto Invitational track meet with a 4:15.5.

He plans on a five-year stay at Washington State and to make his four years of athletic eligibility last, Frey will redshirt in cross country his freshman year and redshirt in track his sophomore sea-



Fine Flicks by Don Gosney

Del Mar's Cory Schubert

son.

"He (WSU track coach John Chappen) redshirts all his incoming freshmen," Frey said. "I'm actually kind of looking forward to doing that. It will be a break from competition and take some of the pressure off."

Although Frey hopes to be a miler for the Cougars, he said Chappen has a unique way of deciding what event to put each runner in. "He trains all his athletes for the 5000, which is about 3.1 miles," Frey said. "And depending on how you do, he moves you up or down from there."

And the only way Frey is looking is up, which happens to be down to the mile.

By Carol Harrison Valley Pioneer

While Frey is looking to the mile, Del Mar's Cory Schubert is looking to the next two weeks of prep competition.

The San Jose senior is the success story of the year, setting a pending national record of 10:09.5 last week in the Central Coast Section 2-mile championships after winding up her junior season as a run-of-the-mill, 11:22.9 two-miler.

"I'd run a 10:31 the week before in league, and a 10:11.3 in regionals. At CCS I saw in the program that Livermore's Cheri Williams had the record (1600m) in 10:09.8 and I thought that I'd try to beat that."

And beat it she did, shaving 1:13.4 off her top junior time to erase Williams from the spot in the record book she had held for five years. Schubert, however, doesn't expect the new mark to last long.

"Actually, I want to break 10:00," she said. "I haven't gone out in my mind to do that yet. I'll run NorCals just like CCS: do the first six laps at a tempo pace based on how I feel and kick it in the last two laps."

She has a corrected 1600 meter time of 4:48.7 to her credit this season, and that's good enough to make her tops in Northern California despite not putting much effort into the race.

"I'm going to try and get my mile time lower this week, down in the low 40s," Schubert said. "I haven't gone all out this year because in every meet the mile and two-mile have been 40 to 50 minutes apart, and the two-mile, which is first, takes a lot out of you. But now there's two hours in between."

And that could mean trouble for the competition, not to mention national record-holder Polly Plumer and her 4:39.32 effort.

Schubert, who nearly quit track last season after a string of injuries, began this school year with a pledge to be "more determined and dedicated." She dropped 12 pounds from her junior frame of 118, and the results have been shocking. A Northern California Cross Country championship, the Kinney West cross country title and third in the Kinney nationals in Florida followed a win at the Stanford Cross Country Invitational, and Schubert had everyone's attention.

"The Stanford coach said that mechanically, she's the soundest runner he's seen," Del Mar coach James Hamm said. "She just ran away with the small school race at Stanford. My eyes were going boing. And it was even more amazing at Kinney. About 1 to 1½ out, she kicked it in and won by 100 yards.

"A guy at Fresno said she bounds, almost like a gazelle. She has an incredibly long stride that she manages to support. Last year, I don't think she could carry it."

And three years ago, she hesitated to carry it any distance on a track.

"As a freshman, I said there was no way I could run a quarter," Schubert recalled with a laugh. As a sophomore, she ran a 61.7 third leg for Del Mar's then top-ranked mile relay squad, but it was a 2:30 clocking in her first 880 that woke everyone up.

She overcame a bout with spinal meningitis that sophomore summer, and took up cross country in the fall of her junior year. Less than two years later, she's the premiere two-miler in the country, and bound for Stanford University in the fall. She'd never expected Stanford to want her as an athlete, though she may have thought they'd desire her as a student. Schubert carries a perfect 4.0 GPA at Del Mar and will be the valedictorian of her class in June.

GIRLS 400M RELAY

California leaders in 1983: 46.44c Hawthorne, SS 46.73 Crenshaw, LA 46.96 Berkeley, NCS State Meet: Berkeley, 45.13, 1981 National Record: Berkeley, 45.13, 1981

				H	EAT 1	The state of the s	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section	
51.20	51.00	1	x	X	Enterprise	Redding, NOR	
49.7	49.7	2	x	х	Lynbrook	San Jose, CCS	
48.9	48.9	2 3	X	х	El Cerrito	El Cerrito, NCS	
48.06	48.06	4	x	х	Merced	Merced, SJ	
47.56	47.56	5	х	х	Mission	San Francisco, SF	
48.15	47.7	6	Х	X	Burbank	Sacramento, SJ	
49.2	49.2	7	х	X	James Logan	Union City, NCS	
49.79	49.6	8	х	Х	Seaside	Seaside, CCS	
				Н	EAT 2		
50.97	50.77	1	х	х	Pleasant Valley	Chico, NOR	
49.67	49.67	2	х	х	Independence	San Jose, CCS	
48.6	46.9	3	X	X	Berkeley	Berkeley, NCS	
47.86	47.86	4	х	х	Skyline	Oakland, OAK	
47.75	47.7	5	х	X	Grant	Sacramento, SJ	
48.7	48.7	6	х	х	Tamalpais	Mill Valley, NCS	
49.28	49.2	7	X	x	Foothill	Sacramento, SJ	
49.82	49.82	8	х	×	Leland	San Jose, CCS	



BOYS 400M RELAY

California leaders in 1983: 40.89 Hawthorne, SS 41.14c Berkeley, NCS 41.14 Muir, SS State Meet: Berkeley, 40.86, 1981 National Record: Lincoln, 40.2, 1970

				Н	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
44.47	44.27	1	х	X	Yreka	Yreka, NOR
42.53	42.25	2	х	X	Kennedy	Sacramento, SJ
42.4	42.4	3	X	X	Seaside	Seaside, CCS
42.02	42.02	4	X	X	Merced	Merced, SJ
41.4	41.2	5	x	X	Berkeley	Berkeley, NCS
42.2	42.2	6 7	X	х	Menlo-Atherton	Atherton, CCS
42.9	42.5	7	Х	X	Saint Mary's	Berkeley, NCS
42.56	42.56	8	х	X	Balboa	San Francisco, SF
				Н	IEAT 2	Approximation
44.0	40.0	4	х	x	Redwood	Larkspur, NCS
44.2	43.9 42.1	2	x	x	Westmont	Campbell, CCS
42.5	42.44	3	x	x	Castlemont	Oakland, OAK
42.44	41.9	4	x	x	Burbank	R. Cordova, SJ
41.94		5	x	x	Independence	San Jose, CCS
41.7	41.7 42.3	6	x	x	Pittsburg	Pittsburg, NCS
42.3		7	X	x	Edison	Stockton, SJ
42.48	42.4	,		x	Chico	Chico, NOR
43.79	43.59	8	х		Cilico	

GIRLS 800M RUN

California leaders in 1983:

2:06.57 Trescia Palmer, Westchester, LA 2:07.39 Keri ZZalestki, Millikan, SS 2:09.4 Kristin Dowell, Santa Teresa, CCS State Meet: Donna Curtis, Culver City, 2:06.08, 1981 National Record: Joetta Clark, Maplewood Columbia, 1980

				HE	AT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
2:20	2:20	1	787	X	Kelly Donaldson, Merced	Merced, SJ
2:20.2	2:20.2	2	600	11	Mimi Hepler, Campolindo	Moraga, NCS
2:17.53	2:17.53	3	460	12	Trish Brown, Lowell	San Francisco, SF
2:13.8	2:13.8	4	392	12	Sharon Yaninek, Presentation	San Jose, CCS
2:10.5	2:09.8	5	412	10	Kristin Dowell, Santa Teresa	ST, CCS
2:14.8	2:14.8	6	568	11	Suzanne Lehmkuhl, Acalanes	Lafavette, NCS
2:19.4	2:19.4	7	704	х	Kim Stark, Amador	Sutter Creek, SJ
2:21.70	2:21.0	8	515	11	Donna Martin, Enterprise	Redding, NOR
				Н	EAT 2	
2:23.39	2:21.45	1	469	12	Topeka Jackson, McClymonds	Oakland, OAK
2:19.7	2:19.7	2	632	12	Tracy Keye, James Logan	Union City, NCS
2:18.7	2:18.4	3	744	х	Beth Wilson, Del Oro	Del Oro, SJ
2:12.9	2:12.9	4	369	11	Nora Williams, Menlo-Atherton	Atherton, CCS
2:12.2	2:10.72	5	310	11	Lanette Davis, Del Mar	San Jose, CCS
2:15.9	2:15.8	6	735	X	Alix Tubman, Davis	Davis, SJ
2:19.9	2:19.9	7	646	9	Karolyn Covione, Northgate	Walnut Creek, NCS
2:22.27	2:21.57	8	545	10	Angela Bonomini, Red Bluff	Red Bluff, NOR

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BOYS 800M RUN

California leaders in 1983:

1:51.7 Kimmie James, Richmond, NCS 1:52.22 Tyrone McCullouch, Poly, SS 1:52.25 Brian Casey, Righetti, SS State Meet Record: Pete Richardson, Berkeley, 1:47.31, 1981 National Record: Pete Richardson, Berkeley, 1:47.31, 1981

				H	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Setion
2:03.21	2:02.49	1	529	11	Sean O'Shea, Paradise	Paradise, NOR
1:58.7	1:58.7	2	620	X	Scott Savage, Pleasanton	Foothill, NCS
1:55.2	1:55.2	3	326	12	Matt Najarian, Homestead	Cupertino, CCS
1:54.0	1:54.0	4	350	11	Bob Lyle, Live Oak	Live Oak, SJ
1:51.7	1:51.7	5	665	12	Kimmie James, Richmond	Richmond, NCS
1:55.01	1:55.01	6	723	x	Reggie Brown, Cordova	Rancho Cordova, SJ
1:55.7	1:55.7	7	755	12	Scott Lawson, Foothill	Sacramento, SJ
1:57.07	1:55.6	8	479	12	Rex Harper, Oakland	Oakland, OAK
				Н	EAT 2	
2:01.34	2:00.64	1	548	12	Dan Finn, Shasta	Redding, NOR
1:55.8	1:55.8	2	393	х	Joe Awender, St. Francis	Mt. View, CCS
1:55.2	1:55.2	3	706	X	Nick Sparks, Bell Vista	Sacramento, SJ
1:53.4	1:53.4	4	389	12	Chris Bowe, Pacific Grove	Pacific Grove,CCS
1:53.3	1:53.3	5	638	12	Alfred Burkes, Mt. Eden	Hayward, NCS
1:55.2	1:55.2	6	811	12	Wincell Carey, Stagg	Stockton, SJ
1:55.4	1:55.4	7	598	11	Kenny Green, Bishop O'Dowd	Oakland, NCS
1:58.36	1:56.78	8	490	11	Darrell Phillips, Skyline	Oakland, OAK

GIRLS 100M DASH

California leaders in 1983:

11.59 Monica Taylor, Grant, SJ

11.74 Lisa Winston, Jordan, SS

11.78 Gail Devers, Sweetwater, SD

State Meet: Sharon Ware, Berkeley, 11.42, 1980
National Record: Barbara Bell, Ft. Worth Technical, 11.29, 1982

				H	EAT 1	
Sec.	.1983	Ln.	No.	Yr.	Name-School	City-Section
12.5	12.5	1	535	12	Sonya Saadati, Pleasant Valley	Chico, NOR
12.1	12.1	2	472	11	Tasha Bradford, Mission	SF. SFS
12.02	12.0	3	331	10	Mins Hutchins, Independence	San Jose, CCS
12.0	11.9	4	698	12	Wendy Von Fries, Tamalpais	Mill Valley, NCS
11.59	11.59	5	766	X	Monica Taylor, Grant	Sacramento, SJ
12.0	12.0	6	580	11	Jackie Baker, Berkeley	Berkeley, NCS
12.04	12.0	7	438	09	Lashun Peters, Woodside	Woodside, CCS
12.17	12.04	8	793	X	Brenda Dannell, Merced	Merced, SJ
				Н	EAT 2	
12.42	12.42	1	521	12	Robin Young, HC	HC, NOR
12.06	12.06	2	324	11	Debbie Dyson, Hillsdale	Hillsdale, CCS
12.0	12.0	3	590	12	Lana Rice, Berkeley	Berkelley NCS
11.92	11.92	4	806	X	Madeline Drew, Roseville	Roseville, SJ
11.8	11.8	5	571	11	Sheila Compton, Albany	Albany, NCS
11.95	11.9	6	716	X	Pam Qualls, Burbank	Sacramento, SJ
12.04	12.0	7	474	11	Lisa Curry, Mission	SF, SFS
12.20	12.20	8	381	12	Vivian Riley, Mt. Pleasant	SJ, CCS

8

BOYS 100M DASH

California leaders in 1983:

10.52 Steve Jones, Burbank, SJ

10.54c Henry Thomas, Hawthorne, SS

10.63 Antonio Manning, Hamilton, LA

State Meet Record: Fabian Cooper, Washington, L.A., 1982
National Record: Roderick Richardson, Shreveport Fairpark,
10.2, 1980

				-	IEAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
10.93	10.9	1	417	11	Sam Crosby, Seaside	Seaside, CCS
10.90	10.6	2	777	X	Randy Hackett, Kennedy	Sacramento, SJ
10.72	10.72	3	442	12	Peter Davis, Balboa	San Francisco, SF
10.64	10.5	4	713	X	Steve Jones, Burbank	Sacramento, SJ
10.6	10.6	5	585	11	Ken Henderson, Berkeley	Berkeley, NCS
10.7	10.7	6	589	12	John Paulding, Berkeley	Berkeley, NCS
10.80	10.8	7	365	12	Antony Hodges, Menlo-Atherton	Atherton, CCS
10.91	10.91	8	559	12	Wayne Donchez, Yreka	Yreka, NOR
					IEAT 2	
10.99	10.99	1	502	12	Mike Cunningham, Chico	Chica NOD
10.82	10.6	2	414	11		Chico, NOR
10.7	10.7	3	684	10	Steve Fisher, Saratoga	Saratoga, CCS
10.63	10.63	4	447	12	Bobby Pope, Saint Mary's Leon Porter, Castlemont	Berkeley, NCS
10.7	10.6	5	583	11		Oakland, OAK
10.70	10.7	6	746	5,050	Donald Davis, Berkeley	Berkeley, NCS
10.70		9	500 to 500 TO	11	Aaron Jenkins, Edison	Stockton, SJ
10.91	10.8	6	430	12	Ken Roberts, Westmont	Campbell, CCS
10.91	10.7	8	730	Х	Rick Reynolds, Burbank	Sacramento, SJ



BOYS 110M HIGH HURDLES

California leaders in 1983:

13.90 Erick Montgomery, Indpendence, CCS

13.92 Mark Boyd, St. Mary's, NCS

13.93 Rod Green, Palo Alto, CCS

13.93 Mo Hill, Stagg, SJ

State Meet: Dedy Cooper, Ells, 13.2, 1975 (yards) National Record: Renaldo Nehemiah, Scotch Plains Fanwood, 12.9, 1977

				Н	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
14.92	14.92	1	725	12	Alan Green, Cordova	R. Cordova, SJ
14.70	14.70	2	778	x	Dennis Lewis, Kennedy	Sacramento, SJ
14.45	14.08	3	489	12	Dion Nelson, Skyline	Oakland, OAK
13.93	13.9	4	390	12	Rod Green, Palo Alto	Palo Alto, CCS
13.9	13.8	5	677	12	Mark Boyd, Saint Mary's	Berkeley, NCS
14.20	14.20	6	547	12	Pat Duffy, Shasta	Redding, NOR
14.58	14.3	7	366	12	Ken Jones, Menlo-Atherton	Atherton, CCS
14.8	14.4	8	648	12	Derek St. Denis, Pacific	SL, NCS
				Н	EAT 2	
14.90	14.90	1	503	12	Marty Dockendorf, Chico	Chico, NOR
14.59	14.58	2	338	12	J. Orteza, Independence	San Jose, CCS
14.44	14.44	3	480	12	Damon Jackson, Oakland	Oakland, OAK
13.93	13.93	4	813	12	Mo Hill, Stagg	Stockton, SJ
13.90	13.6	5	334	12	Erick Montgomery, Independence	San Jose, CCS
14.4	14.0	6	680	12	Mike Lee, Saint Mary's	Berkeley, NCS
14.5	14.5	7	672	12	Drew Monaghan, San Ramon	Danville, NCS
14.86	14.8	8	836	X	Daron McDaniel, Merced	Merced, SJ

BOYS 3200M RUN

California leaders in 1983: 8:41.0c Eric Reynolds, Camarillo, SS 8:59.21 Jesus Gutierrez, Pasadena, SS 9:01.39 Mark Junkerman, Los Alamitos, SS

State Meet: Eric Hulst, Laguna Beach, 8:44.9, 1975 (mile) National Record: Steve Prefontaine, Coos Bay Marshfield, 8:41.5, 1969

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
9:54.72	9:51.72	1	528	12	Tom Davies, Paradise	Paradise, NOR
9:41.83	9:41.83	2	481	10	Michael Kelly, Oakland	Oakland, OAK
9:29.0	9:29.0	3	780	х	Jason Flam, La Sierra	Sacramento, SJ
9:24.0	9:24.0	4	605	12	Mike Spencer, Castro Valley	CV. NCS
9:19.9	9:19.9	5	676	12	Robert Gomez, St. Elizabeth	Oakland, OAK
9:15.5	9:15.5	6	604	10	Calvin Gaziano, Castro Valley	CV. NCS
9:13.09	13.0	7	342	11	Chris Craig, Leigh	San Jose, CCS
9:08.9	9:08.9	8	376	12	Grant Foster, Monta Vista	Cupertino, CCS
9:11.6	9:11.6	9	304	12	Mike Anderson, Carlmont	San Mateo, CCS
9:14.9	9:14.9	10	435	12	Dave Livingston, Willow Glen	S.S., CCS
9:19.2	9:19.2	11	832	12	Rene Perez, Woodland	Woodland, SJ
9:23.1	9:23.1	12	608	12	Jim Chaney, College Park	Pleasant Hill, NCS
9:25.3	9:25.3	13	743	х	Pete Vicencio, Del Oro	Del Oro, CCS
9:37.4	9:37.4	14	804	×	Jerry Saldana, Riverbank	Riverbank, SJ
9:42.42	9:42.42	15	463	12	Bob Richardson, Lowell	San Francisco, SF
10:00.65	9:57.65	16	544	11	Marc Goulet, Quincy	Quincy, NOR

By Howard Willman Track & Field News

—The CIF Northern California Championships is blessed with one of the finest and most sensational collection of high hurdlers ever assembled. From last year's fine CIF State Meet field of nine, four return—and those four are all from Northern California.

Last year's top three finishers are gone, but places four, five, six and eight return in the form of Independence High School's Erick Montgomery, St. Mary's Mark Boyd, Palo Alto's Rod Green and Oakland's



Fine Flicks by Don Gosney

St. Mary's hurdler Mark Boyd (far left) leads Erick Montgomery of Independence (middle) and St. Mary's teammate Mike Lee (far right).

Veteran hurdling field at NorCals

Damon Jackson, respectively.

Montgomery ran a 14.02 in last year's State Meet finals, while Boyd clocked 14.12, Green 14.26 and Jackson 14.55.

"The hurdler is a real aggressive athlete," notes Arno Brewer, respected hurdle coach at highly successful Berkeley High. "More so than any other athlete on the team, usually. Sometimes, that aggressiveness is so strong that it can offset a lack of technique."

All four of these hurdlers are good technique-wise. And all four score well in the aggressiveness, speed and strength categories. The differences between them are miniscule, and that's why it's often that only a few hundreths of a second separate them at major meets.

Boyd is, by consensus, the smoothest and best in technique. Being 6-1 doesn't hurt. "His lead leg is very quick," asserts Brewer. "He is starting to use the hurdle. He's very strong,"

Montgomery, a sensation over the 300m hurdles, is probably the fastest of all of them. His excellence in strength has been proven by his 35.86 330-yard hurdles National record. "Like the others, he's tough," says Brewer. "A great competitor."

"Being a short hurdler myself, I can appreciate other short hurdles, which Green is," maintains Brewer, noting both Montgomery and Green are a good four inches shorter than Boyd. "He works hard."

Jackson came on well late in the season last year, and ran well in the big meets. "He surprised me last year," remarks Brewer.

But by no means is that the end of the talent. New names always pop up, and this year already two exciting talents have emerged.

Mike Lee, a senior and a teammate of Boyd's at St. Mary's, was a not-too-distant second to Boyd in the NCS 2A-South meet (13.8 to 14.0). And Dion Nelson of Skyline ran 14.1 in the Oakland league meet to defeat Jackson (14.7).

"The competition will be fierce," says Brewer. But he agrees with the assesment observers have as to who will win: The one who makes the fewest mistakes.

NorCal track officials

The California Interscholastic Federation thanks the following meet officials: Meet Director: Don Bailes, Chris Brown; Referee: Jim Underhill; Course Clerk: Warren Bedell; Assistant Clerk: Ed Anderson; Starter: John Nules; Recall Starter: Darryl Ellingson; Head Field Judge: Gil Lemmon; Assistant Field Judge: Ted Cain; Announcer: Sandy Berman; Assistant Announcers: Bob Traum, Mr. Steward, Keith Conning; Press Steward: Jeff Faraudo; Seeding: John Brosnan; Tickets: Bill Tobin; Hospitality: Debbie Blendow, Rick Tyler; Awards: Art Johnson, Vance Nelson; Accutrac: Norm Guest, Dale Berven; Officials: Linda Sawyer, Debbie Bartman; Jury of Appeals: Paul Gaddini (Chairman); Scorekeeper: Hart and Betty Fairclough; Weights & Measures: Norm Morrison; Windguage operator: Dr. Leon Glover; Finish Line: Andy Sianza (Head Timer); Al Rodriques (Head Judge); Rich Able (assistant), Dick Peterson, Luka Sekulich, Norm Crane, Joe Stuart, Art John-

son, Lee Pazzola, Carol Pazzola, Joyce Palmer, Roy Byrd, Jerry Williams, Ed Knott, Don Lee, Armand Harris, Mike Lewis, William Gaffield, Irene Oliera, Roland Braga, Pat Mayo, Mike Winn, Gale Wetyork, Charlie MacMahon, Bruce MacMahon, Bob Rodgers, Michelle Clark, Ken Porto, Frank Porto, Steve Porto, Kathy Pickard; Marshalls: Bill O'Toole (Head), Joe Cruz, Tim Bruder, Mike Murphy, Sylvestor Greenwood, Chris Bellotti, Matt Meredith; Inspectors: Bob Hildalgo (Head), Scarllete Martinez, Paul Mack, Paul Simon, Bev Tanem, Bob Angell, Kieth Dawson, Frank Zapata, Nancy Geenan; Long Jump/Triple Jump: Hugh Harvey, Al Hopkins, Ron Thompson, Glenna Pickle; High Jump: Jim Ludwig; Shot Put: Jim Kruse, Roxanne Kasperian, Vickie Hannaford; Discus: Joel Grose, Don Sawyer, Derek Truchien, Mr. Stewart; Hostesses and Aides: Las Lomas, Campolindo, and San Ramon; Hurdle Crew: Richmond and El Cerrito.

GIRLS 400M DASH

California leaders in 1983: 53.54 Gayle Kellon, Walnut, SS 54.00 Leslie Maxie, Mills, CCS 54.14 Chewaukii Knighton, Locke, LA State Meet: Denean Howard, Kennedy, Granada Hills, 52.39, National Record: Denean Howard, Kennedy, LA, 52.39, 1982

					IEAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
62.05	62.05	1	532	11	Wendy Gage, Pleasant Valley	Chico, NOR
59.17	58.21	2	469	12	Topeka Jackson, McClymonds	Oakland, OAK
57.52	57.5	3	767	X	Yolander White, Grant	Sacramento, SJ
55.0	55.0	4	698	12	Wendy Von Fries, Tamalpais	Mill Valley, NCS
54.6	65.6	5	591	12	Nedrea Rodgers, Berkeley	Berkeley, NCS
56.75	56.7	6	353	12	Kate Brew, Los Altos	Los Altos, CCS
58.36	57.8	7	717	X	Michelle Gallgher, Casa Roble	Sacramennto, SJ
59.33	58.9	8	354	12	Sheri Rodgers, Los Altos	Los Altos, CCS
				Н	IEAT 2	
59.80	59.80	1	515	11	Donna Martin, Enterprise	Redding, NOR
58.94	58.9	2	461	12	Donna Graham, Lowell	SF, SF
57.25	57.25	3	823	12	Leslie Jackson, Vallejo	Vallejo, SJ
54.82	54.82	4	373	10	Leslie Maxie, Mills	Millbrae, CCS
54.6	54.6	5	644	12	Kim Noya, Newark Memorial	Newark, NCS
55.7	55.7	6	590	12	Lana Rice, Berkeley	Berkeley, NCS
58.62	58.62	7	760	X	Lisa Chapman, Golden Sierra	GV. SJ
59.46	59.31	8	306	11	Kim Kistler, Mitty	San Jose, CCS

BOYS 400M DASH

California leaders in 1983:

47.15 Mark Howard, Poly, SS 47.20 Gary Brown, Bishop Amat, SS 47.30 John Schmidt, Torrance, SS

State Meet Record: Fabian Cooper, Washington, L.A., 46.38,

National Record: Anthony Ketchum, Needleville, 45.5, 1981

				Н	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
52.24	51.94	1	523	11	Dennis Hooper, Hayfork	Hayfork, NOR
49.22	49.22	2	824	11	Kevin Toliver, Vallejo	Vallejo, SJ
48.8	48.7	2 3	595	12	Michael Walker, Bekeley	Berkeley, NCS
48.21	48.21	4	433	12	Kerry Threets, Westmoor	DalyCity, CCS
48.0	48.0	5	665	12	Kimmie James, Richmond	Richmond, NCS
48.70	48.7	6	408	12	Sheldon Griffith, Santa Clara	SC, CCS
48.94	48.6	7	749	11	Eugene Hardy, El Camino	Sacramento, SJ
49.44	48.47	8	468	11	Damon Island, McClymonds	Oakland, OAK
				Н	EAT 2	
51.97	51.97	1	524	11	Cole Hicks, Lassen	Susanville, NOR
4920	48.9	2	769	12	Mike Hines, Highlnds	Sacramento, SJ
48.72	48.7	3	749	12	Keith Taylor, Edison	Stockton, SJ
48.4	48.11	4	638	12	Alfred Burkes, Mt. Eden	Hayward, NCS
48.17	48.11	5	394	11	Mike Davidson, St. Francis	Mt. View, CCS
48.6	48.6	6	667	12	Tyrone Morgan, Richmond	Richmond, NCS
49.12	49.0	7	406	12	Darryl Usher, San Mateo	San Mateo, CCS
49.58	48.8	8	479	12	Rex Harper, Oakland	Oakland, OAK

TOP OF THE CLASS!

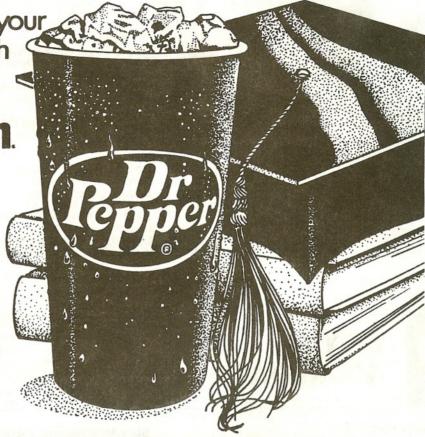
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VALID AT PARTICIPATING 7-ELEVENS

GIRLS 200M DASH

California leaders in 1983:
23.94c, Crenshaw, LA
23.96 Monica Taylor, Grant, SJ
24 00 Valiesa Harris Morea ST

State Meet: Sherri Howard, Kennedy, Granada Hills, 23.19, National Record: Sherri Howard, Kennedy, Granada Hills, 23.19,

1980

				H	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
26.16	26.06	1	521	12	Robin Young, Happy Camp	HC. NOR
25.51	25.2	2	474	11	Lisa Curry, Mission	San Francisco, SF
25.16	25.15	3	793	X	Brenda Pannell, Merced	Merced, SJ
24.77	24.77	4	301	9	Jessica Johnson, Aptos	Aptos, CCS
23.96	23.9	5	766	X	Monica Taylor, Grant	Sacramento, SJ
24.88	24.8	6	438	9	Lashun Peters, Woodside	Woodside, CCS
25.2	24.9	7	612	10	Denice Ervin, El Cerrito	El Cerrito, NCS
25.8	25.6	8	601	10	Jackie Schuh, Campolindo	Moraga, NCS
				L	EAT 2	
26.15	25.36	1	487	12	Dana Faulkner, Skyline	Oakland, OAK
25.21	25.2	2	381	12	Vivian Riley, Mt. Pleasant	San Jose, CCS
24.92	24.9	3	331	10	Mina Hutchins, Independence	
24.38	24.38	4	806	X	Madeline Drew, Roseville	San Jose, CCS
24.08	24.0	5	716		Pam Qualls, Burbank	Roseville, SJ
25.0	24.5	6	571	11	Sheila Compton, Albany	Sacramento, SJ
25.2	25.2	7	580	11	Jackie Beker Berkeley	Albany, NCS
25.7	25.60	8	535	12	Jackie Baker, Berkeley Sonya Saadati, Pleasant Valley	Berkeley, NCS Chico, NOR

BOYS 200M DASH

California leaders in 1983:

21.33 Steve Jones, Burbank, SJ 21.34c Henry Thomas, Hawthrone, SS 21.41c Curtis Gregory, Doninguez, SS State Meet Record: Mel Gray, Montgomery, 20.7, 1967 (220yds,

National Record: Dwayne Evans, Phoenix South Mountain, 20.5, 1976

					EALI	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
22.8	22.5	1	684	10	Bobby Pope, St. Mary's	Berkeley, NCS
22.6	22.35	2	617	12	Theo Tisby, El Cerrito	El Cerrito, NCS
22.01	21.7	3	402	12	Jeff Thorbs, San Lorenzo	San Lorenzo, NCS
21.8	21.8	4	406	12	Darryl Usher, San Mateo	S. M., CCS
21.33	21.3	5	713	X	Steve Jones, Burbank	Sacramento, SJ
21,85	21.8	6	730	X	Rich Reynolds, Burbank	Sacramento, SJ
22.56	22.56	7	559	12	Wayne Donchez, Yreka	Yreka, NOR
22.64	22.1	8	492	12	Steve Watkins, Skyline	Oakland, OAK
				Н	IEAT 2	
22.8	22.1	1	645	10	Pope Powell, Newark Memorial	Newark, NCS
22.11	22.11	2	771	12	Chris Belchor, Kennedy	Sacramento, SJS
21.97	21.97	3	447	12	Leon Porter, Castlemont	Oakland, OAK
21.83	21.83	4	757	X	Kevin Owens, Foothill	Sacramento, SJ
21.80	21.8	5	339	12	Jim Reyes, Independence	San Jose, CCS
21.9	21.8	6	585	11	Ken Henderson, Berkeley	Berkeley, NCS
22.13	22.1	7	363	11	Kris White, Lynbrook	San Jose, CCS
22.70	22.70	8	527	11	Geoff Broyles, Paradise	Paradise, NOR

GIRLS 300M LOW HURDLES

California leaders in 1983:

41.44 Gayle Kellon, Walnut, SS

43.21 Janice Farwell, Millikan, SS

43.34 Gail Devers, Sweetwater, SDS

State Meet: Gayle Kellon, Walnut, 41:09, 1982 National Record: Gayle Kellon, Walnut, 41:09, 1982

				Н	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
48.86	48.86	1	531	10	Kari Christensen, Pleasant Valley	Chico, NOR
46.8	45.7	2	688	9	Angela Driller, Sir Francis Drake	San Anselmo, NCS
45.9	46.1	3	305	12	Cathy Nieder, Carlmont	San Mateo, CCS
45.4	45.4	4	717	X	Michelle Gallagher, Casa Roble	Sacramento, SJ
43.3	43.3	5	315	12	Roberta Eccles, Gunderson	San Jose, CCS
45.6	45.6	6	710	X	Tina Broadway, Burbank	Sacramento, SJ
46.3	46.3	7	693	10	Kristine Babenco, Tamalpais	Mill Valley, NCS
46.91	46.91	8	473	11	Twona Cross, Mission	SF, SFS
				Н	EAT 2	
48.47	48.47	1	538	9	Renee Cunningham, Nova	Redding, NOR
46.7	45.3	2	603	11	JoAnn Zulaica, Carondelet	Concord, NCS
45.88	45.88	3	494	11	Jescia Casimir, Wash.	SF, SF
45.6	45.3	4	328	12	Margaret Ruden, Homestead	Cupertino, CCS
43.6	43.6	5	329	12	Heidi Waterfield, Homestead	Cupertino, CCS
45.8	45.5	6	708	X	Michello Wooten, Bella Vista	Bella Vista, SJ
46.4	46.4	7	800	11	Chris Emberly, Napa	Napa, SJ
47.3	45.7	8	579	11	Suzanne Roberts, Arroyo	San Lorenzo,NCS

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BOYS 300M LOW HURDLES

California leaders in 1983:

35.66c Erick Montgomery, Independence, CCS 36.07 Danny Harris, Perris, SS 36.49 Ron Young, Hawthorne, SS State Meet: Tony Atkins, Walnut, 35.76, 1982
National Record: William Blessing, Dallas Hillcrest, 35.9, 1974
(int. hurdles)
Pending National Record: (330y LH) Erick Montgomery, Independence, 35.86, 1983

				H	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
39.56	39.56	1	511	12	Bruce Wanner, East Nicolaus	Trowbridge, NOR
38.22	38.22	2	489	12	Dion Nelson, Skyline	Oakland, OAK
37.97	37.9	3	719	11	Vince Delgado, Christian Brothers	Sacramento, SJ
37.7	37.5	4	672	12	Drew Monaghan, San Ramon	Danville, NCS
35.66	35.66	5	334	12	Erick Montgomery, Independence	San Jose, CCS
37.3	37.7	6	680	12	Mike Lee, Saint Mary's	Berkeley, NCS
38.04	38.04	7	802	X	D. Miller, Rio Linda	Rio Linda, SJ
38.32	38.32	8	336	11	Cary Nobles, Independence	San Jose, CCS
				Н	EAT 2	
39.0	38.8	1	674	12	John Gash, Santa Rosa	Santa Rosa, NCS
38.16	38.0	2	358	11	Joe Sordi, Los Gatos	Los Gatos, CCS
37.74	37.7	3	748	12	Louie Perez, Edison	Stockton, SJ
37.01	37.0	4	390	12	Rod Green, Palo Alto	Palo Alto, CCS
37.0	37.0	5	677	12	Mark Boyd, Saint Mary's	Berkeley, NCS
37.36	37.36	6	772	x	Richard Curtis, Kennedy	Sacramento, SJ
38.14	38.14	7	458	12	Jeff Thompson, Lincoln	San Francisco, SF
38.78	38.58	8	547	12	Pat Duffy, Shasta	Redding, NOR

GIRLS 1600M RUN

California leaders in 1983:

4:47.23 Gladees Prieur, Le Lycee Francais, SS 4:48.1c Tania Fishcer, Chaminade, SS 4:48.6c Cory Schubert, Del Mar, CCS State Meet: Polly Plumer, University, Irvine, 4:39.92, 1982 National Record: Polly Plumer, University, Irvine, 4:39.92, 1982

				Н	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
5:32.92	5:322.92	1	485	11	Julie Calandra, Skyline	Oakland, OAK
5:20.0	5:20.0	2	833	11	Laurie Bushling, Yuba City	Yuba City, SJ
5:05.6	5:04.0	3	310	11	Lanette Davis, Del Mar	San Jose, CCS
5:00:6	5:00.6	4	573	12	Paige Tully, Alhambra	Martinez, NCS
4:48.6	4:48.6	5	312	12	Cory Schubert, Del Mar	San Jose, CCS
5:01.3	5:01.3	6	619	12	Jennifer Thatcher, Encinal	Alameda, NCS
5:07.7	5:07.7	7	744	11	Liz McDowell, Del Oro	Loomis, SJ
5:23.96	5:23.96	8	543	11	Renee Rife, Portola	Portola, NOR
				Н	EAT 2	
5:27.14	5:27.14	1	510	10	Karen McCrea, Esparto	Esparto, NOR
5:14.7	5:14.7	2	816	X	Londa Mobley, Tracy	Tracy, SJ
5:03.7	5:03.5	3	602	11	Noreen deBettencourt, Carondelet	Concord, NCS
4:58.4	4:58.4	4	346	12	Carla Halford, Leland	San Jose, CCS
4:56.4	4:566.4	5	424	10	Nanette Garcia, Silver Creek	San Jose, CCS
5:02.8	5:02.8	6	596	12	Heather Watkins, Berkeley	Berkeley NCS
5:14.6	5:11.38	7	704	X	Kim Stark, Amador	Sutter Creek, SJ
5:21.47	5:21.47	8	460	12	Trish Brown, Lowell	San Francisco, SF

18 BOYS 1600M RUN

California leaders in 1983:

4:16.3

4:16.2

4:19.4

4:21.5

4:26.45

4:10.27c Joe Manual, Bonita Vista, SD 4:10.75 Paul Greer, St. Augustine, SD

4:10.84 Ruben Esparza, El Modena, SS

4:16.3

4:16.2

4:18.5

4:21.5 4:26.45 State Meet: Mark Schillin, Garden Grove, 4:05.4, 1972 (mile) National Record: Jim Ryun, Wichita East, 3:58.3, 1965

San Jose, CCS

San Jose, CCS

El Cerrito, NCS Novato, NCS

Hayfork, NOR

				н	EAI 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
4:42.37	4:41.0	1	491	X	Randy Polk, Skyline	Oakland, OAK
4:21.6	4:21.6	2	689	12	Rich Dunn, Sonoma Valley	Sonoma, NCS
4:22.45	4:22.45	3	561	12	Jim Frey, Yreka	Yreka, NOR
4:17.8	4:17.8	4	379	12	Jim LaFuente, Mt. Pleasant	San Jose, CCS
4:15.1	4:14.78	5	311	11	Tom Legan, Del Mar	San Jose, CCS
4:19.2	4:19.2	6	797	X	Danny Valdez, Merced	Merced, SJ
4:21.3	4:19.7	7	676	12	Robert Gomez, St. Elizabeth	Oakland, NCS
4:23.6	4:23.6	8	728	X	Jim Mattson, Cordova	Rancho Cordova, SJ
				Н	EAT 2	
4:35.80	4:35.80	1	463	12	Bob Richardson, Lowell	SF, SF
4:22.7	4:22.7	2	751	12	Dave Johnson, Encina	Sacramento, SJ
4:20	4:18.92	3	780	X	Jason Flamm, LaSierra	Sacramento, SJ

Orlando Biggs, Willow Glen

James Green, Gunderson

James Bloomer, El Cerrito

Steve Sparks, Terra Linda

Ernie Freer, Hayfork

434

316

610

701

567

12

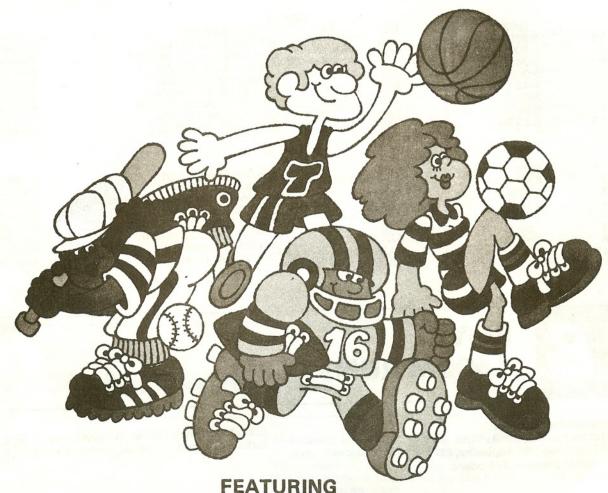
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12



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FOR MORE INFORMATION CONTACT:

GREAT REPUBLIC LIFE INSURANCE COMPANY 470 South Patterson Avenue Santa Barbara, California 93111 (800) 322-5797

GIRLS 1600M RELAY

California leaders in 1983: 3:49.49 Hawthorne, SS 3:49.50 Compton, SS 3:49.62 Edison, SS State Meet: Kennedy, Granada Hills, 3:37.71, 1981 National Record: Kennedy, Granada Hills, 3:37.71, 1981

				Н	EAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
4:13.14	4:12.04	1	X	X	Nova	Redding, NOR
4:03.28	4:03.06	2	х	X	Skyline	Oakland, OAK
4:01.3	4:01.3	3	X	X	Davis	Davis, SJ
3:58.0	3:58.0	4	x	×	Mills	Millbrae, CCS
3:54.9	3:54.9	5	x	X	Los Altos	Los Altos, CCS
3:58.1	3:58.1	6	X	X	El Cerrito	El Cerrito, NCS
4:01.4	4:01.4	7	X	X	Merced	Merced, SJ
4:03.9	3:55	8	x	X	Berkeley	Berkeley, NCS
				Н	EAT 2	
4:08.96	4:07.86	1	x	X	Enterprise	Redding, NOR
4:01.5	4:01.5	2	x	×	Livermore	Livermore, NCS
4:00.4	4:00.4	3	X	x	Gunderson	San Jose, CCS
3:58.0	3:58.0	4	X	x	Grant	Sacramento, SJ
3:57.8	3:57.8	5	X	x	Burbank	Sacramento, SJ
3:59.2	3:59.2	6	х	x	Homestead	Cupertino, CCS
4:00.8	4:03.6	7	х	x	James Logan	Union City, NCS
4:07.26	4:07.26	8	X	x	Lowell	San Francisco, SF



BOYS 1600M RELAY

California leaders in 1983: 3:13.86, Hawthorne, SS 3:14.17 Muir, SS 3:14.84 Perris, SS State Meet: Berkeley, 3:08.94, 1981 National Record: Berkeley, 3:08.94, 1981

				H	IEAT 1	
Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
3:29.48	3:28.38	1	X	×	Yreka	Yreka, NOR
3:22.9	3:22.9	2	X	X	Saint Mary's	Berkeley, NCS
3:21.1	3:21.1	2 3	х .	х	San Mateo	San Mateo, CCS
3:19.1	3:19.1	4	X	X	Richmond	Richmond, NCS
3:18.5	3:18.5	4 5	X	x	Independence	San Jose, CCS
3:20.01	3:20.01	6	×	X	Kennedy	Sacramento, SJ
3:21.8	3:21.8	7	x	X	Davis	Davis, SJ
3:24.61	3:23.75	8	x	х	Oakland	Oakland, OAK
					HEAT 2	
3:29.19	3:28.38	1	X	х	Shasta	Redding, NOR
3:24.19	3:24.19	2	X	X	McClymonds	Oakland, OAK
3:20.72	3:20.7	3	x	X	Woodland	Woodland, SJ
3:19	3:19	4	x	x	Berkeley	Berkeley, NCS
3:18.9	3:18.9	5	X	X	Santa Clara	Santa Clara, CCS
3:20.6	3:20.6	6	X	×	Pittsburg	Pittsburg, NCS
3:21.4	3:21.4	7	X	×	St. Francis	MV, CCS
3:25.6	3:25.6	8	X	x	Christian Brothers	Sacramento, SJ

BOYS TRIPLE JUMP

California leaders in 1983: 50-¼ Torrey Barr, McLane, CS 50-4¼ Keenan Jones, Grant, SJ 49-6 Tyronne Pople, El Camino, SD

State Meet: Ken Frazier, Mission, 52-4%, 1981 National Record: Charles Mayfield, Pasadena Muir, 52-10, 1981

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
43-111/4	43-111/4	1	505	12	Maury Moore, Chico	Chico, NOR
44-6	44-6	2	554	12	Jim Fisher, West Valley	Anderson, NOR
44-11	45-5	3	453	12	Lane Hawkins, Galileo	San Francisco, SF
45-41/4	45-41/4	4	691	12	Brad Svennungsen, Sonoma 45	Sonoma, NCS
45-51/4	45-51/4	5	681	12	Edwin McKinney, St. Mary's	Berkeley, NCS
46-23/4	46-23/4	6	425	11	Johnny Cleveland, Soquel	Soquel, CCS
46-31/4	49-4	7	631	12	Adrian Justice, James Logan 45 1	Union City, NCS
46-6	48-11	8	683	12	Buren Betterson St Manie	Berkeley, NCS
46-81/2	47-3/4	9	770	12	Dexter Powe, Johnson 45'9"	Sacramento, SJ
46-91/2	46-91/2	10	436	12	Darrell Porter, Willow Glen	San Jose, CCS
46-93/4	46-93/4	11	398	11.	Dave Ramos, St. Francis	Mt. View, CCS
46-101/2	46-101/2	12	815	12	Tony Stebbins, A.A. Stagg	Stockton, SJ
47-8	47-8	13	452	12	Justin Brown, Galileo	San Francisco, SF
48-4	48-4	14	380	12	Chris Mooring, Mt. Pleasant	Mt. Pleasant, CCS
48-71/2	48-71/2	15	764	X	David Puffer, Grant	Sacramento, SJ
49-1	49-1	16	763	X	Keenan Jones, Grant	« Sacramento, SJ

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GIRLS DISCUS

California leaders in 1983: 173-11 Natalie Kaaiawahia, Fullerton, SS 156-1 Toni Lutjens, Righetti, SS 154-4 Kim Kesler, Vintage, SJS Discus girls
State Meet: Leslie Deniz, Gridley, 172-11, 1980
National Record: Cynthia Johnson, Chandler, 176-4, 1982

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
83-6	83-6	1	466	11	Aleena Galloway, McAteer	SF, SF
109-11	109-11	2	456	11	Dana Pace, Galileo	SF, SF
110-0	110-0	3	551	12	Patti McMullen, Shasta	Redding, NOR
112-3	122-7	4	572	12	Carla Casazza, Alhambra	Martinez, NCS
114-0	118-7	. 5	818	11	Yvette Brown, Vacaville	Vacaville, SJ
118-4	118-4	6	564	10	Stephanie Smith, Yreka	Yreka, NOR
120-01/2	120-01/2	7	782	X	Torre Moses, Lincoln	Stockton, SJ
123-4	123-4	8	578	12	Kim Elam, Arcata	Arcata, NCS
125-0	125-0	9	639	12	Cindy Niko, Mt. Eden	Hayward, NCS
126-0	142-7	10	391	12	Joyce Van Duerbeck, Presentation	SJ, CCS
126-8%	126-83/4	11	384	11	LaTonia Floyd, Oak Grove	Oak Grove, CCS
131-71/4	139-8	12	303	11	Gerri Baldwin, Branham	San Jose, CCS
133-0	133-0	13	727	10	Stacy Hom, Cordova	Rancho Cordova, SJ
133-8	150-7	14	640	10	Gina Niko, Mt. Eden	Hayward, NCS
147-91/4	147-91/4	15	397	12	Anne Petree, St. Francis	MV. CCS
151-3	162-11	16	827	12	Kim Kessler, Vintage	Napa, SJ

BOYS SHOT PUT

California leaders in 1983: 61-7½ John Bender, Shafter, CS 59-11 Curt Siscel, Vacaville, SJ 59-3 Greg Aikenhead, Mission Viejo, SS State Meet: Steve Montgomery, Lassen, 68-0, 1976 National Record: Michael Carter, Dallas Jefferson, 77-0, 1979

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
48-2	48-2	1	493	12	Eric Turner, Technical	Oakland, OAK
50-0	52-6	2	443	12	Shawn Jones, Balboa	San Francisco, SF
50-4	50-4	3	542	11	Mark Herbert, Portola	Portola, NOR
50-6	51-6	4	809	x	Mark May, Sonora	Sonora, SJ
50-81/2	53-0	5	805	X	Ivan Cook, Roseville	Roseville, SJ
51-4	51-4	6	520	11	David Choate, Gridley	Gridley, NOR
52-61/2	52-61/2	7	814	X	Erich Minter, Stagg	Stockton, SJ
53-6	54-43/4	8	588	12	Craig Miller, Berkeley	Berkeley, NCS
53-6	54-11	9	623	12	Mike Ostrom, Las Lomas	WC, NCS
53-8	53-8	10	673	X	Barry Black, Santa Rosa	Santa Rosa, NCS
54-7	55-3	11	609	12	Mike Fottrell, De La Saile	Concord, NCS
55-1	55-1	12	307	11	Roger Creedon, Cupertino	Cupertino, CCS
55-8	55-8	13	367	12	Rob Shenk, Menlo Atherton	Atherton, CCS
56-21/2	56-21/2	14	309	12	Nate Barnreiter, Del Mar	San Jose, CCS
56-3	56-6	15	313	11	Troy Sheets, Del Mar	San Jose, CCS
59-11	59-11	16	822	12	Curt Siscel, Vacaville	Vacaville, SJ

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BOYS POLE VAULT

California leaders in 1983: 16-8½ Doug Fraley, Clovis West, SC 16-7 Mike Kilort, Saratoga, CCS 16-1 Melvin Hempstead, Valley, SS State Meet:Anthony Curran, Crespi, 17-½, 1978
National Record: Danial Joe Dial, Marlow, 17-9½, 1981

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
11-6	11-6	1	455	x	Vin McClanahan, Galileo	San Francisco, SF
12-0	12-0	2	525	12	David Bumpus, Live Oak	Live Oak, NOR
12-0	12-0	3	454	x	Vic McClanahan, Galileo	San Francisco, SF
12-6	12-6	4	507	11	Mike Schmidt, Chico	Chico, NOR
12-9	12-9	5	837	X	Brian Nagy, Justin	Napa, SJ
13-0	13-0	6	808	12	Shane Tillotson, Roseville	Roseville, SJ
13-6	13-6	7	799	12	Tom Wolley, Mira Loma	Sacramento, SJ
13-9	13-9	8	574	12	Tom Arthur, Amador Valley	Pleasanton, NCS
13-9	14-0	9	577	12	Pat Bacher, Antioch	Antioch, NCS
14-0	14-0	10	413	11	George Bassett, Saratoga	Saratoga, CCS
14-0	14-3	11	383	11	Todd Keating, North Salinas	Salinas, CCS
14-0	14-0	12	674	11	John Gash, Santa Rosa	Santa Rosa, NCS
14-0	14-0	13	622	12	Todd Cramer, Irvington	Fremont, NCS
14-4	14-4	14	314	12	Andy Avellar, Fremont	Sunnyvale, CCS
15-8	16-0	15	415	12	Mike Kibort, Saratoga	Saratoga, CCS
16-1	16-1	16	825	12	Melvin Hempstead, Valley	Sacramento, SJ

25 GIRLS LONG JUMP

California leaders in 1983: 20-2% Wendy Brown, Woodside, CCS 19-2% Yvette Bates, Berkeley, NCS 19-1½ Tammy Bryant, Ventura, SS State Meet: Marlene Harrison, Thousand Oaks, 20-8%, 1982 National Record: Kathy McMillan, Raeford Hoke, 22-1%, 1976

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
15-111/4	15-111/4	1	516	12	Tobia Peppel, Enterprise	Redding, NOR
16-11	16-11	2	498	12	Roberta Lawson, Central Valley	Redding, NOR
17-61/4	18-31/4	3	810	x	Jill Baglieto, St. Mary's	Stockton, SJ
17-91/4	17-91/4	4	773	10	Kelli Callahan, Kennedy	Sacramento, SJ
17-11	17-11	5	449	12	Beth Chandler, Fremont	Oakland, OAK
18-0	18-0	6	439	9	Ethelline Robinson, Yuerba Buena	YB, CCS
18-0	18-0	7	351	12	Hillary Broy, Los Altos	Los Altos, CCS
18-0	18-0	8	476	12	Yvette Peterson, Mission	SF, SF
18-03/4	18-0%	9	798	X	Mona Simmons, Modesto	Modesto, SJ
18-2	18-2	10	329	12	Heidi Waterfield, Homestead	Cupertino, CCS
18-2	18-2	11	641	11	Sydney Sims, Mt. Eden	Hayward, NCS
18-2	18-4	12	599	12	Debbie Dimino, California	SR, NCS
18-31/4	18-31/4	13	659	10	Crissy Cerkel, Redwood	Larkspur, NCS
18-61/2	18-8	14	803	х	Pie West, Ripon	Ripon, SJ
19-41/2	19-7	15	581	11	Yvette Bates, Berkeley	Berkeley, NCS
19-103/4	19-103/4	16	437	11	Wendy Brown, Woodside	Woodside, CCS

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GIRLS HIGH JUMP

California leaders in 1983: 5-10½ Denise Yamada, Dos Pueblos, SS 5-10 Tonya Mendonca, Mt. Whitney, CS 5-9½ Julie Wiegmann, Crescenta Valley, SS State Meet: Karen Lysaght, St. Francis, Sacramento, 6-0, 1980 National Record: Kym Carter, Wichita East, 6-21/4, 1982

Sec.	1983	Ln.	No.	Yr	Name-School	City-Section
4-10	5-0	1	475	12	Melody Martin, Missiion	SF, SF
5-2	5-2	2	690	11	Marnett Smalley, Sonoma Valley	Sonoma, NCS
5-21/4	5-21/4	3	514	12	Susan Lane, Enterprise	Redding, NOR
5-3	5-3	4	483	12	Amy Brewer, Skyline	Oakland, OAK
5-3	5-3	5	599	12	Debbie Dimino, California	San Ramon, NCS
5-3	5-3	6	671	12	Jenny Bateman, San Ramon	Danville, NCS
5-4	5-5	7	708	x	Michelle Wooten, Bella Vista	Sacramento, SJ
5-4	5-53/4	8	812	X	Brenda Farley, Stagg	Stockton, SJ
5-5	5-5	9	642	12	Cynthia Wong, Monte Vista	Danville, NCS
5-51/4	5-51/4	10	552	11	Kristi White, Chico	Chico, NOR
5-6	5-81/4	11	437	11	Wendy Brown, Woodside	Woodside, CCS
5-6	5-6	12	707	x	Annette Woo, Bella Vista	Sacramento, SJ
5-6	5-6	13	756	12	Sheri Morford, Foothill	Sacramento, SJ
5-71/8	5-7	14	352	11	Rachael Bray, Los Altos	Los Alton, CCS
5-71/8	5-71/8	15	401	10	Beth Vidakovits, St. Francis	MV, CCS
5-7%	5-71/8	16	308	11	Leanne Atencio, Del Mar	San Jose, CCS



BOYS DISCUS

California leaders in 1983: 189-11 Curt Siscel, Vacaville, SJ 186-2 Rob Shenk, Menlo Atherton, CCS 185-9 Barry Estes, Clovis West, CS State Meet: Chris Adams, Lost Altos, 201-3, 1970 National Record: Scott Croweel, Mason City, 207-8, 1978

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
125-1	125-1	1	451	12	Don Breazel, Galileo	San Francisco, SF
138-9	138-9	2	457	12	Don Stevenson, Galileo	San Francisco, SF
149-11	155-31/2	3	724	12	Brett Farynaiz, Cordova	R. Cordova, SJ
153-0	153-0	4	807	X	Frank Martini, Roseville	Roseville, SJ
154-5	162-834	5	643	X	Dave Miles, Montgomery	Santa Rosa, NCS
154-10	154-10	6	781	X	Aaron Boren, Lincoln	Lincoln, SJ
154-111/2	154-111/2	7	555	12	Randy Von Bargen, Willows	Willows, NOR
155-11	156-7	8	609	12	Mike Fottrell, De La Salle	Concord, NCS
157-4	159-7	9	700	12	Blake Martin, Terra Linda	San Rafael, NCS
161-4	161-4	10	427	11	Mike Gravelle, St. Ignatius	San Francisco, SF
163-11	163-11	11	495	12	Tim McCarthy, Anderson	Anderson, NOR
164-5	172-4	12	309	12	Nate Barnreiter, Del Mar	San Jose, CCS
164-51/2	165-7	13	649	12	Mike Anonson, Piner	Santa Rosa, NCS
173-3	173-3	14	344	X	Steve Dudley, Leland	San Jose, CCS
176-6	190-8	15	822	12	Curt Siscel, Vacaville	Vacaville, SJ
178-3	186-2	16	367	12	Rob Shenk, Menlo Atherton	Atherton, CCS

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GIRLS SHOT PUT

California leaders in 1983: 53-7% Natalie Kaaiawahia, Fullerton, SS 44-% Carol Manaea, Seaside, CCS 44-% Torre Moses, Lincoln, SJS State Meet: Natalie Kaaiawahia, Fullerton, 51-8½, 1981
National Record: Natalie Kaaiawahia, Fullerton, 52-4½, 1981
Pending National Record: Natalie Kaaiawahia, Fullerton, 53-7

Sec.	1983	Ln.	No.	Yr.
34-11/2	36-11/2	1	450	11
34-7	38-2	2	456	11
36-5	36-91%	3	702	X
37-1	37-1	4	647	11
37-5	41-1	5	729	12
37-5	37-5	6	499	12
38-13/4	38-13/4	7	526	12
38-4	38-4	8	378 -	12
38-51/4	39-71/4	9	818	11
39-6	40-1	10	385	12
39-71/2	39-71/2	11	322	11
40-1	40-1	12	578	12
40-3	41-101/2	13	784	X
42-0	43-13/4	14	384	11
42-71/2	43-11	15	782	х
43-5	43-5	16	659	12

Name-School
Janet Payne, Fremont
Dana Pace, Galileo
Mary Beth James, Ursuline
Lisa Barnhill, Novato
Angie Williams, Cordova 37 6 31
Patti McMullen, Central Valley
Donna Meyers, Live Oak
Kari Bowers, Mt. Pleasant 366 31
Yvette Brown, Vacaville 38
Anna Shaffer, Oak Grove - 40 6,40
Danette Vercher, Gunn 38 1,383
Kim Elam, Arcata 45
Marilyn Elkins, Manteca
LaTonia Floyd, Oak Grove
Torre Moses, Lincoln
Cindy Niko, Mt. Eden

City-Section
Oakland, OAK
San Francisco, SF
San Rosa, NCS
Novato, NCS
R. Cordova, SJ
Redding, NOR
Live Oak, NOR
San Jose, CCS
Vacaville, SJ
Oak Grove, CCS
Palo Alto, CCS
Arcata, NCS
Manteca, SJ
Oak Grove, CCS
Stockton, SJ
Hayward, NCS

MO	40'5
Br	3410
MC	39'8'
Pow	38'Y"
ver	38'3

29 BOYS LONG JUMP

California leaders in 1983: 24-5 Michael Anderson, Rubidoux, SS 24-1 Larry Farriester, Ceres, SJ 23-11½ Mark Boyd, St. Mary's, NCS State Meet: Jerry Proctor, Muir, 25-4¼, 1967
National Record: Gerald Hardeman, Fresno Edison, 25-9½, 1972

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
20-8	20-8	1	556	12	Roy Canella, Winters	Winters, NOR
21-1	21-1	2	496	12	Tim Moore, Anderson	Anderson, NOR
21-9	22-33/4	3	452	12	Justin Brown, Galileo	San Francisco, SF
22.	22	4	691	12	Brad Svennungsen, Sonoma	Sonoma, NCS
22-0	22-6%	5	444	10	Louie Laday, Balboa	San Francisco, SF
22-3	22-3	6	675	×	Maurice Whitlock, Santa Rosa	Santa Rosa, NCS
22-41/2	22-41/2	7	826	12	Richard Miller, Valley	Sacramento, SJ
22-53/4	22-10	8	795	x	Thomas Simpson, Merced	Merced, SJ
22-7	22-7	9	637	10	Todd Lichiti, Mt. Diablo	Concord, NCS
22-11	22-11	10	400	12	Jack Rossman, St. Francis	Mt. View, CCS
23-01/4	23-01/4	11	377	10	Dave Mosley, Monte Vista	Cupertino, CCS
23-6	23-111/2	12	677	12	Mark Boyd, St. Mary's	Berkeley, NCS
23-61/2	23-61/2	13	813	X	Mo Hill, Stagg	Stockton, SJ
23-9%	25-41/2	14	718	х	Larry Farriector, Ceres	Ceres, SJ
23-101/4	23-101/4	15	337	12	LaVance Northington, Independence	San Jose, CCS
24-91/4	24-91/4	16	425	11	Johnny Cleveland, Soquel	Soquel, CCS

30 BOYS HIGH JUMP

California leaders in 1983: 7-4½ Maurice Crumby, Balboa, SFS 7-½ Ken Burke, Westlake, SS

7-1/4 Ted Glattke, Beyer, SJ

State Meet: Lee Balkin, Glendale, 7-3¼, 1979
National Record: Gail Olson, Sycamore, 7-4, 1978
Pending National Record: James Lott, Refugio, Tex., 7-4%, 1983

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
6-2	6-2	1	501	11	Ken Brown, Chico	Chico, NOR
6-4	6-4	2	302	12	Ed Javius, Aragon	San Mateo, CCS
6-4	6-8	3	349	11	Brian Gavin, Live Oak	Morgan Hill, CCS
6-4	6-10	4	452	12	Justin Brown, Galileo	SF, SF
6-4	6-4	5	530	11	Steve Delaney, Paradise	Paradise, NOR
6-5	6-5	6	607	11	Craig McMillan, Cloverdale	Cloverdale, NCS
6-6	6-11	7	323	12	Craig Branstrom, Half Moon Bay	HMB, CCS
6-6	6-6	8	829	12	Merrill Grant, Woodland	Woodland, SJ
6-7	6-7	9	785	x	Dean Cherf, Merced	Merced, SJ
6-8	6-9	12	768	12	Sean Chambers, Highlands	Sacramento, SJ
6-8	6-8	11	388	10	Jeff Rogers, Overfelt	San Jose, CCS
6-9	6-9	14	621	11	David Davis, Granada	Livermore, NCS
6-9	6-9	13	606	11	Ron Winters, Castro Valley	CV, NCS
6-9	6-9	14	699	12	Tom Caple, Terra Linda	TL, NCS
6-10	6-101/4	15	709	X	Ted Glattke, Beyer	Modesto, SJ
6-10	7-01/4	16	441	12	Maurice Crumby, Balboa	SF, SF



Balboa's Crumby aims for record

Fine Flicks by Don Gosney

By John Crumpacker San Francisco Examiner

Maurice Crumby did not have long to savor his status as the national high school record-holder in the high jump.

When Crumby, a senior at San Francisco's Balboa High School, scraped over a crossbar set at 7-4½ April 2 at the Martin Luther King Games at Stanford Stadium, he established himself as the highest outdoor prep jumper ever.

His mark erased Gail Olson's 7-4% effort of 1978 from the high school record books.

But on May 14, the record was elevated a notch. James Lott of Refugio, Texas, scaled 7-4%. The next day, jumping in the UCLA/Pepsi Invitational with the big boys, Crumby reaffirmed his consistency by jumping 7-3%.

"It makes me want to come back and get it back," Crumby said of his fallen record. "I'm going to rest a little and hope to get it back."

Crumby, a lanky 6-5, 180-pounder bound for the University of Arizona, where he'll compete in football and track, tries to regain his national record this weekend in the CIF Northern California Championships at Edwards Stadium. The top four athletes in each event qualify for next week's one-day-only State Championship meet in Bakersfield.

The soft-spoken Crumby, who turns 18 on May 30, nas given promise of greater things to come. At the King Games, he had two good tries at 7-5 and tried 7-51/4 at the UCLA/Pepsi Invitational on May 15.

"The second attempt I just missed by the heels," he said. "I was slowing up at the end, so I have to work on my steps a little bit.

"But after clearing 7-3, it gives me more confidence for 7-5."

A clearance of 7-5 would be in line with Crumby's progress in the event. As a sophomore in 1981, he cleared 6-11 % indoors under rather unusual circumstances. For some reason, the prep high jump at the San Francisco Games in the

Cow Palace could not be set up on the regular infield jumping area, so athletes were forced to jump off a cement surface in training flats. That mark gave Crumby a national sophomore-class indoor record.

Outdoors as a soph, Crumby made 7-0 and finished third in the State Meet. Last year, he reached 7-3 to win the TAC Junior Olympics and won the State Meet championship with a leap of 7-1. Thus far in 1983, he has been over 7-0 in all of his meets and has equalled or surpassed 7-3 on four occasions. He is a prohibitive favorite to win his second State title June 4 in Bakersfield.

Crumby has progressed to the point where he is not awed when the crossbar moves up past 7-4. Of his two recent tries at 7-5 and 7-5 1/4, he said, "I feel comfortable with it."

Although his words come softly, Crumby does not lack for confidence. Competing well against the nation's top jumpers in invitational meets will do that to a young man with emerging talent. Now Crumby wants to excel in The Athletics Congress national championships June 17-19 in Indianapolis, Ind., since he's qualified for the meet. The top three Americans at TAC will form the United States team that will compete in the first-ever World Championships Aug. 7-14 in Helsinki, Finland.

"I hope to go 7-8 (at TAC) and qualify for the world championships," Crumby said, perhaps exaggerating the height needed to qualify for the Helsinki World Championships.

Crumby feels competing in open competitions against the best high jumpers in the country has helped him.

"Yes, it was real fun. I learn a lot by watching them," he said. "I don't try to copy them, I just try to pick up some pointers. Some may work for me and some may not."

"I just want to go as high as I can," he said. "That's my main goal this year, that plus getting the record back."



Balboa's Maurice Crumby displays the form that carried him to a national record.

GIRLS TRIPLE JUMP

California leaders in 1983: 40-8 Wendy Brown, Woodside, CCS 39-10½ Yvette Bates, Berkeley, NCS (40-1 wa) 39-2 Carol Jones, Chino, SS State Meet: Wendy Brown, Woodside, 39-8%, 1982 National Record: Terri Turner, New Caney,41-0½, 1982

Sec.	1983	Ln.	No.	Yr.	Name-School	City-Section
34-10	34-10	1	386	12	Rhonda Lockhart, Skyline	Oakland, OAK
34-43/4	34-43/4	2	461	12	Donna Graham, Lowell	San Francisco, SF
36-3/4	36-34	3	552	12	Kristi White, Chico	Chico, NOR
36-21/2	36-21/2	4	576	11	Alicia Lowe, American	Fremont, NCS
36-41/2	36-41/2	5	692	12	Susie Briscoe, South Fork	Miranda, NCS
36-51/2	36-51/2	6	659	10	Crissy Cerkel, Redwood	Larkspur, NCS
36-6	36-6	7	426	11	Heidi Skewis, Soquel	Soquel, CCS
36-63/4	36-63/4	8	752	12	Tina Johnson, Fairfield	Fairfield, SJ
36-9	36-9	9	817	X	Wendy Martin, Turlock	Turlock,SJ
36-91/2	36-91/2	10	705	X	Deborah Carr, Atwater	Atwater, SJ
36-91/2	36-91/2	- 11	498	12	Roberta Lawson, Central Valley	Redding, NOR
37-10	37-10	12	387	12	Donna Campbell, Overfelt	San Jose, CCS
37-11	37-11	13	407	11	Janis Diggs, Salinas	Salinas, CCS
37-113/4	37-113/4	14	801	X	Shelia Hudson, Rio Linda	Rio Linda, SJ
40-1	40-1	15	581	11	Yvette Bates, Berkeley	Berkeley, NCS
40-2	40-2	16	437	11	Wendy Brown, Woodside	Woodside, CCS

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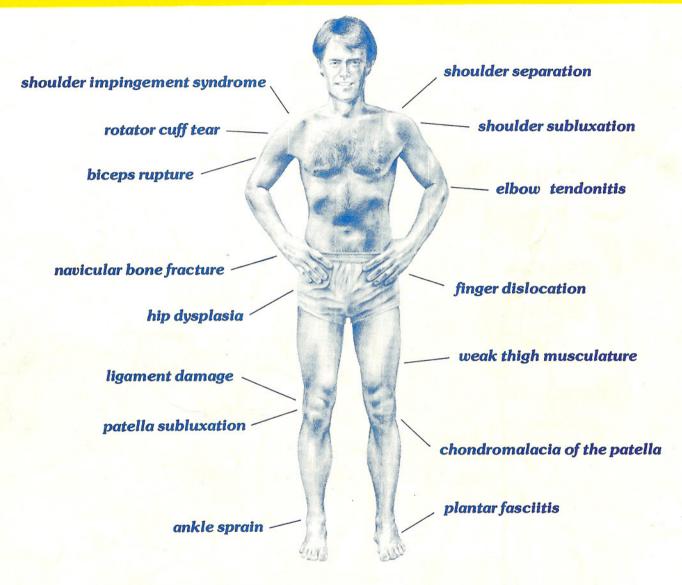
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