

1983

CIF NORTHERN CALIFORNIA TRACK AND FIELD LEADERS LIST.

List was compiled with help of Keith Conning. As much as possible, seasonal bests are listed, not just NorCal qualifying times out of section championship meets. SL=State leader.

BOYS LEADERS

- 100 -- Steve Jones (Burbank, Sacramento) 10.52 SL; Donald Davis (Berkeley) 10.84c; Ken Henderson (Berkeley) 10.84; 3 at 10.94.
- 200 -- Steve Jones (Burbank, Sacramento) 10.52 SL; Jim Reyes (Independence, San Jose) 21.80; Darryl Usher (San Mateo) 21.80; Kevin Owens (Foothill, Sacramento) 21.83.
- 400 -- Mike Davidson (St. Francis, Mt. View) 47.49; Kerry Threats (Westmoor, Daly City) 47.57; Kimmie James (Richmond) 48.0; Alfred Burkes (Mt. Eden, Hayward) 48.4.
- 800 -- Kimmie James (Richmond) 1:51.7 SL; Alfred Burkes (Mt. Eden, Hayward) 1:53.3; Chris Bowe (Pacific Grove, Monterey) 1:53.4; Bob Lyle (Live Oak, San Jose) 1:54.0.
- 1600 -- Jim Frey (Yreka) 4:12.43; Tom Legan (Del Mar, San Jose) 4:13.3; James Green (Gunderson, San Jose) 4:16.2; Orlando Biggs (Willow Glen, San Jose) 4:16.3. Jim LaFuente (Mt. Pleasant, San Jose) 4:17.8.
- 3200 -- Grant Foster (Monta Vista, Cupertino) 9:08.9; Mike Anderson (Carlmont, Belmont) 9:11.6; Chris Craig (Leigh, San Jose) 9:13.0; Dave Livingston (Willow Glen, San Jose) 9:14.9.
- 110 HH -- Erik Montgomery (Independence, San Jose) 13.65 SL; Mark Boyd (St. Mary's, Berkeley) 13.92; Rod Green (Palo Alto) 13.93; Mo Hill (Stagg, Stockton) 13.93.
- 300 LH -- Erik Montgomery (Independence, San Jose) 35.66; Mark Boyd (St. Mary's, Berkeley) 36.89; Rod Green (Palo Alto) 37.01; Richard Green (Kennedy, Sacramento) 37.36. NOTE: Montgomery set National High School Record in 330 LH with 35.86 time.
- 400 Relay -- Berkeley 14.14c, Independence, San Jose 41.84; Burbank, Sacramento 41.94; Merced 42.02.
- 1600 Relay -- Independence, San Jose 3:18.5; Santa Clara 3:18.9; Berkeley 3:19.0; Richmond 3:19.1.
- TJ -- Keenan Jones (Grant, Sacramento) 50-4 1/4; Adrian Justice (Logan, Union City) 49-4; Byron Patterson (St. Mary's, Berkeley) 48-11; David Puffer (Grant, Sacramento) 48-7 1/2.
- PV -- Mike Kibort (Saratoga) 16-7; Melvin Hempstad (Valley, Sacramento) 16-1; Andy Avellar (Fremont, Sunnyvale) 14-4; Todd Cramer (Irvington-Fremont) 14-0. Guy Richmond (Mira Loma, Sacramento) 15-0.
- HJ -- Maurice Crumby (Balboa, San Francisco) 7-4 1/4; Ted Glattkke (Beyer, Modesto) 7-1/4; Craig Bramstrom (Half Moon Bay) 6-11; Tom Caple (Terra Linda, San Rafael) and Ron Winters (Castro Valley) 6-9.
- LJ -- Ray Canella (Winters) 24-9 1/4; Larry Farrister (Ceres) 24-1; Mark Boyd (St. Mary's, Berkeley) 23-11 1/2; LeVance Northington (Independence, San Jose) 23-10 1/4.
- SP -- Kurt Sisel (Vacaville) 59-11; Troy Sheets (Del Mar, San Jose) 56-3; Nate Barnreiter (Del Mar, San Jose) 56-2 1/2; Rob Shenk (Menlo-Atherton) 55-8.
- Dis -- Kurt Sisel (Vacaville) 189-11; Rob Shenk (Menlo-Atherton) 186-2; Steve Dudley (Leland, San Jose) 173-3; Mike Aronson (Piner, Santa Rosa) 165-7.

MORE

## GIRLS NORCAL LEADERS

100 -- Monica Taylor (Grant, Sacramento) 11.59 SL; Pam Qualls (Burbank, Sacramento) 11.90; Madeline Drew (Roseville) 11.92; Shelia Compton (Albany) 12.04.

200 -- Monica Taylor (Grant, Sacramento) 23.96; Pam Qualls (Burbank, Sacramento) 24.08; Madeline Drew (Roseville) 24.38; Jessica Johnson (Aptos) 24.77.

400 -- Leslie Maxie (Mills, Millbrae) 54.0; Hedgra Rodgers (Berkeley) 54.6; Kim Noyd (Newark-Memorial) 56.4; Wendy Von Fries (Tamalpais, Mill Valley) 55.0.

800 -- Kristin Dowell (Santa Theresa, San Jose) 2:09.4; Lynette Davis (Del Mar, San Jose) 2:10.72; Nora Williams (Menlo-Atherton) 2:12.9; Sharon Yaninek (Presentation, San Jose) 2:13.8.

1600 -- Cory Schubert (Del Mar, San Jose) 4:48.6; Carla Halford (Leland, San Jose) 4:56.0; Nanette Garcia (Silver Creek, San Jose) 4:56.4; Paige Tully (Alhambra, Martinez) 5:00.6.

3200 -- Cory Schubert (Del Mar, San Jose) 10:06.1 SL National Record, breaking old mark of 10:09.8 by Cheri Williams of Livermore in 1978; Ann Ratto (Alameda) 10:46.5; Wendy Sihner (Miramonte) 10:46.7; Shannon Clark (Mt. View) 10:57.7. NOTE: Schubert's two-mile time to break Williams' record was 10:09.5.

100 LH -- Leslie Maxie (Mills, Millbrae) 14.14; Wendy Brown (Woodside) 14.35; Roberta Eccles (Gunderson, San Jose) 14.37; Misaka Hill (Rancho Cordova) 14.47.

300 LH -- Roberta Eccles (Gunderson, San Jose) 43.3; Heidi Waterfield (Homestead, Cupertino) 43.6; Michelle Gallagher (Palo Alto) 45.4; Tina Broadway (Burbank, Sacramento) and Margaret Ruden (Homestead, Cupertino) 45.6.

400 Relay -- Mission, San Francisco 47.6; Grant, Sacramento 47.75; Skyline, Oakland 47.9; Merced 48.06.

1600 Relay -- Los Altos 3:54.9; Burbank, Sacramento 3:37.8; Grant, Sacramento, 3:58.0; Mills, Millbrae 3:58.0.

SP -- Torre Moses (Lincoln, Stockton) 44-1/2; Cindy Niko (Mt. Eden, Hayward) 43-5; Latonia Floyd (Oak Grove, San Jose) 43-1 3/4; Marilyn Elkins (Manteca) 40-3.

Dis -- Kim Kesler (Vintage, Napa) 154-4; Ann Petree (St. Francis, Mt. View) 147-9 1/4; Gina Niko (Mt. Eden, Hayward) 150-7; Joyce Van Oversheet (presentation, San Jose) 142-7.

LJ-- Wendy Brown (Woodside) 20-2 3/4 SL; Yvette Bates (Berkeley) 19-2 3/4; Pie West (Ripon) 18-6 1/2; Crissy Cerkel (Redwood, Larkspur) 18-3 1/4.

TJ-- Wendy Brown (Woodside) 40-8 SL; Yvette Bates (Berkeley) 39-10 1/2; Shelia Hudson (Rio Linda) 37-11 3/4; Fanis Diggs (Cullinäs) 37-11.

HJ -- LeAnne Atencio (Del Mar, San Jose) 5-7 1/8; Beth Bidakovits (St. Francis, Mt. View) 5-7 1/8; Rachel Bray (Los Altos) 5-7 1/8; Sheri Morford (Foothill, Sacramento) 5-6.