

CENTRAL COAST SECTION

TRACK AND FIELD CHAMPIONSHIPS

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FRIDAY - MAY 27, 1977

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SAN JOSE CITY COLLEGE  
SAN JOSE, CALIFORNIA

1900

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A SPECIAL "THANK YOU" TO SOME GOOD FRIENDS

The Meet Directors, CCS Commissioner and Staff, and participating schools wish to acknowledge the support and assistance of the following organizations, without whose help this meet would not be held. . . .

The Community Services Office, San Jose City College for the use of these outstanding facilities.

The Athletic Department, San Jose City College for their assistance in meet preparation.

The Volunteer Officials from the A.A.U. and Santa Clara Valley Officials Association for their help in conducting the meet.

The Central Coast Section Track and Field Committee for their guidance and organization of the meet.

It is the voluntary spirit of people such as the above who make sport events possible and enjoyable for participants and spectators. Thank you. . . .

COMMISSIONER'S MESSAGE

Congratulations to the outstanding group of young men and women who have met the test of competition to reach the C.C.S. Championships. While only one will wear the crown of Champion in each event, there is no question but that each student participating today is a Champion in his own right. The hours of dedication to self determined goals, the sacrifices required for physical preparation, and the emotional control required for mental preparation for this meet, set this group of young men and women apart from their peers. We will witness at this meet those qualities of excellence which form the basis for interscholastic athletics. I wish each of you the best of fortune in this meet. I know that the lessons learned in your preparation and participation will follow you throughout your lives.



ORDER OF EVENTS AND TIME SCHEDULE

RUNNING EVENTS - TRIALS

|      |                     |                      |
|------|---------------------|----------------------|
| 3:00 | 440 Relay           | Varsity, Frosh/Soph. |
| 3:20 | 120 High Hurdles    | Varsity              |
| 3:35 | 70 High Hurdles     | Frosh/Soph.          |
| 3:50 | 100 Yd. Dash        | Varsity, Frosh/Soph. |
| 4:20 | 220 Yd. Dash        | Varsity, Frosh/Soph. |
| 5:00 | 110 Yd. Low Hurdles | Girls - Final        |

RUNNING EVENTS - FINALS

|       |                                  |                         |
|-------|----------------------------------|-------------------------|
| 6:30  | 440 Relay                        | Varsity, Girls F/S      |
| 6:50  | 120 High Hurdles                 | Varsity                 |
| 7:00  | 70 High Hurdles                  | Frosh/Soph.             |
| 7:10  | 880 Yd. Run                      | Varsity, Girls, F/S     |
| 7:35  | 100 Yd. Dash                     | Varsity, Girls, F/S     |
| 8:00  | 440 Yd. Dash (5 Sections)        | Varsity-2, Girls, F/S-2 |
| 8:25  | Two Mile Run                     | Varsity, Girls, F/S     |
| 9:15  | 330 Yd. Low Hurdles (4 Sections) | Varsity-2, F/S-2        |
| 9:55  | 220 Yd. Dash                     | Varsity, Girls, F/S     |
| 10:20 | Mile Run                         | Varsity, Girls, F/S     |
| 10:45 | Mile Relay (2 Sections)          | F/S - 2                 |
| 10:55 | Mile Relay (3 Sections)          | Girls, Varsity-2        |



ORDER OF EVENTS AND TIME SCHEDULE, continued

FIELD EVENTS

|             |  |                          |
|-------------|--|--------------------------|
| 3:00        | Shot Put   | Varsity to completion    |
|             | Long Jump (Pit A)  | Varsity to completion    |
|             | High Jump  | Varsity to completion    |
|             | Discus (Pit A)   | Girls to completion      |
| (Unlighted) | Pole Vault (Pit A)   | Frosh/Soph to completion |
| "           | Discus (Pit B)   | Frosh/Soph to completion |
| "           | Triple Jump (Pit B)  | Frosh/Soph to completion |
|             | Upon completion of the preceding Field Events scheduled at 3:00, the Varsity Discus (Pit B) and Frosh/Soph Long Jump will begin. |                          |
|             | Discus (Pit B)   | Varsity to completion    |
|             | Long Jump (Pit B)  | Frosh/Soph to completion |
| 7:00        | Triple Jump (Pit A)  | Varsity to completion    |
|             | Pole Vault (Pit A)   | Varsity to completion    |
|             | Shot Put   | Frosh/Soph to completion |
|             | High Jump  | Frosh/Soph to completion |
|             | Upon completion of the following events scheduled at 7:00 pm., the Girls' Long Jump, High Jump and Shot Put will begin.          |                          |
|             | Long Jump (Pit A)  | Girls to completion      |
|             | High Jump  | Girls to completion      |
|             | Shot Put   | Girls to completion      |

OFFICIALS

MEET DIRECTOR . . . . . Ken Johnson

GIRL DIRECTORS . . . . . Mary Lasagna  
Gail Balsley

ANNOUNCER . . . . . Dave Dickerson

REFEREE . . . . . Charles Sullivan

GIRLS' REFEREE . . . . . Jo Ann Russel

HEAD TIMER . . . . . George Bergna

HEAD FINISH JUDGE . . . . . Tom Reynolds

WIND GAUGE . . . . . Leon Glover Sr.

(ALT. HEAD TIMER) . . . . . Leon Glover Jr.

AWARDS . . . . . Tom Ryan  
Will Conklin  
Tom Niemiller

STARTER . . . . . Bob Podkaminer

RE-CALL STARTER . . . . . John Routh

CLERK OF THE COURSE . . . . . Mike Gunion

CLERK OF THE FINISH . . . . . Roz Sullivan

WEIGHTS & MEASURES . . . . . Gene Nutt



TIMERS

Clay Henry  
Marty Carusa  
William Ball  
Bob Hughey  
Cliff Harris

Paul Goedig  
Holland Johnson  
Curt Willson  
Lorin Myers  
Jim Crawford

Dr. Bruce Springbett  
George Bergna  
Leon Glover Sr.  
Lee Megginson  
George Boncich

JUDGES

Dick Servaes  
L. Lundberg  
Jeff Eorio  
Mel Smith  
George Newton

Gary Cayton  
Matt Perttula  
Manny Sereno  
Jack Kunkel

Ken Dyson  
George Halbeib  
Kent Marshall  
Johnny Welton

LONG JUMP - John Palmer, David Nilsen, Joe Zelenka

HIGH JUMP - Barbara Erickson, Bob Bursh, Gary Cuscick

POLE VAULT - Jack Larkin, Ken Hiob

TRIPLE JUMP - Mel Ferreira, Dick Barbour, Bob Reichert

SHOT PUT - Craig Battaglia, J. Tenma, Jerry Scott

DISCUS - John Mackey, Fred Niemann

HEAD INSPECTOR - Dwight Martin, Russ Perry

INSPECTORS - Robert Anderson, Al Dunasky, Dave Wilson, Robert List,  
Steve Romito, Guy Troedson

MARSHALL - Bill Leavy

GIRLS' TRACK OFFICIALS:

LONG JUMP - Mrs. Water

SHOT PUT - John Rast

DISCUS - Gary Paunjak

HIGH JUMP - Fred Graber

Stuart Ferguson

HEAD FIELD JUDGE - Roz Bray



HIGH JUMP - VARSITY

CCS RECORD: John Radetich, San Carlos, 1966, 6'9 3/4"

Starting Height: 6'0"

Starting Time: 3:00

FLIGHT I

|   | <u>Name</u>      | <u>School</u> | <u>Reg. Qual. Time</u> |
|---|------------------|---------------|------------------------|
| 1 | Sean Giblin      | Leigh         | 6'0"                   |
| 2 | Karl VanGastel   | Leigh         | 6'0"                   |
| 3 | Richard Williams | Carmel        | 6'0"                   |
| 4 | Schubert         | Monta Vista   | 6'2"                   |
| 5 | Peter Imperial   | St. Ignatius  | 6'2"                   |

FLIGHT II

|   |              |           |      |
|---|--------------|-----------|------|
| 1 | Alexander    | Los Altos | 6'2" |
| 2 | Ted Peterson | Harbor    | 6'2" |
| 3 | Joey Maggini | King City | 6'2" |
| 4 | Brett Woods  | Los Gatos | 6'4" |
| 5 | Dave Kniffin | Serra     | 6'4" |

FLIGHT III

|   |                |              |          |
|---|----------------|--------------|----------|
| 1 | Graber         | Los Altos    | 6'4"     |
| 2 | Doug Wright    | Live Oak     | 6'4"     |
| 3 | Lewis Pinsley  | Serramonte   | 6'4"     |
| 4 | Visorvitch     | Cupertino    | 6'6"     |
| 5 | Joel Wyrick    | Mt. Pleasant | 6'6"     |
| 6 | Chris Williams | Crestmoor    | 6'8 1/4" |

PLACINGS AND MARK

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HIGH JUMP - GIRLS : FINALS

CCS RECORD: PAM BLACKBURN, Cubberly, 1976, 5'8"

Starting Time: Follows Frosh/Soph H.J. which starts at 7:00 - (approx. 9:00)

Starting Height: 5'2"

|   | <u>Name</u>   | <u>School</u>      | <u>Reg. Qual. Mark</u> |
|---|---------------|--------------------|------------------------|
| 1 | Joni Martin   | San Lorenzo Valley | 5'2"                   |
| 2 | Trisha King   | Menlo Atherton     | 5'3"                   |
| 3 | Natalie Vogel | Gilroy             | 5'3"                   |
| 4 | Kathy Raugust | Salinas            | 5'3"                   |
| 5 | Kathy Yuhas   | Independence       | 5'3"                   |
| 6 | U. Broussard  | Independence       | 5'3"                   |
| 7 | Kathy Sparks  | Ayer               | 5'3"                   |

PLACINGS AND MARK

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HIGH JUMP - FROSH/SOPH

CCS RECORD: True, Monte Vista, 1971, 6'6"

Starting Height: 5'7"

Starting Time: 7:00

FLIGHT I

|   | <u>Name</u>     | <u>School</u> | <u>Reg. Qual.</u><br><u>Distance</u> |
|---|-----------------|---------------|--------------------------------------|
| 1 | Joe Hicks       | North Salinas | 5'7 3/4"                             |
| 2 | Kevin Mahler    | Watsonville   | 5'7 3/4"                             |
| 3 | Tom Rocca       | Live Oak      | 5'10"                                |
| 4 | Brian Trueman   | Crestmoor     | 5'10"                                |
| 5 | Chris Skillings | Lick          | 5'10"                                |

FLIGHT II

|   |                |                  |       |
|---|----------------|------------------|-------|
| 1 | Jim Davis      | Westborough      | 5'10" |
| 2 | Steve Bernaldo | Oak Grove        | 5'10" |
| 3 | Chris Young    | Serra            | 5'10" |
| 4 | Mark Averill   | Valley Christian | 5'10" |
| 5 | Glikbang       | Woodside         | 6'0"  |

FLIGHT III

|   |               |             |      |
|---|---------------|-------------|------|
| 1 | Stuart        | Gunn        | 6'0" |
| 2 | Bruce Clifton | Camden      | 6'0" |
| 3 | Hanna         | Lynbrook    | 6'0" |
| 4 | Lewis Ward    | Andrew Hill | 6'0" |
| 5 | Ken Mifsud    | Serra       | 6'0" |
| 6 | Foster        | Santa Clara | 6'2" |

PLACINGS AND DISTANCE

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POLE VAULT - VARSITY

CCS RECORD: Roger Martin, Camden 1971, 15' 5 3/4"

Starting Height: 12'0"

Starting Time: 7:00

FLIGHT I

|   | <u>Name</u>   | <u>School</u> | <u>Reg. Qual.</u> | <u>Mark</u> |
|---|---------------|---------------|-------------------|-------------|
| 1 | Jeff Kehoe    | Aragon        |                   | 12'0"       |
| 2 | Dave Sullivan | Aragon        |                   | 12'0"       |
| 3 | Tom Rapp      | Bellarmino    |                   | 12'0"       |
| 4 | Greg Munoz    | Soquel        |                   | 13'0"       |
| 5 | J.D. Wells    | King City     |                   | 13'0"       |

FLIGHT II

|   |             |            |  |       |
|---|-------------|------------|--|-------|
| 1 | Paul Riggle | Westmont   |  | 13'6" |
| 2 | Tom Allison | Prospect   |  | 13'6" |
| 3 | Bob Bauld   | Soquel     |  | 13'6" |
| 4 | Kevin Bryan | Bellarmino |  | 13'6" |
| 5 | Allen       | Carlmont   |  | 14'0" |

FLIGHT III

|   |                  |             |  |       |
|---|------------------|-------------|--|-------|
| 1 | McAlexander      | Monta Vista |  | 14'0" |
| 2 | McElvaney        | Lynbrook    |  | 14'3" |
| 3 | Westlund         | Fremont     |  | 14'3" |
| 4 | George Rodriguez | Del Mar     |  | 14'8" |
| 5 | Bert Tardieu     | Del Mar     |  | 14'8" |
| 6 | Blake Fernside   | Del Mar     |  | 15'0" |

PLACINGS AND MARK

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POLE VAULT - FROSH/SOPH : FINALS ONLY

CCS RECORD: Mich Preciado,,Homestead, 1976, 13'10½"

Starting Height: 10'6"

Starting Time: 3:00 (Pit A)

FLIGHT I

|   | <u>Name</u>  | <u>School</u> | <u>Reg.Qual.</u> | <u>Mark</u> |
|---|--------------|---------------|------------------|-------------|
| 1 | Jim Myers    | St. Ignatius  |                  | 10'6"       |
| 2 | Gary Clyatt  | Soquel        |                  | 11'0"       |
| 3 | John Lauer   | Terra Nova    |                  | 11'0"       |
| 4 | Keith Grosse | San Mateo     |                  | 11'0"       |
| 5 | Corey Wilson | North Salinas |                  | 11'0"       |

FLIGHT II

|   |                |           |  |       |
|---|----------------|-----------|--|-------|
| 1 | Mike Warnick   | Leigh     |  | 11'6" |
| 2 | Don Dobbs      | Camden    |  | 11'6" |
| 3 | Russ Stireman  | King City |  | 11'6" |
| 4 | Dennis Shannon | Mills     |  | 11'6" |
| 5 | Mike Blanton   | Overfelt  |  | 12'0" |

FLIGHT III

|   |              |              |  |       |
|---|--------------|--------------|--|-------|
| 1 | John Simpson | Campbell     |  | 12'0" |
| 2 | Rich Murphy  | Silver Creek |  | 12'0" |
| 3 | Sutherland   | Fremont      |  | 12'6" |
| 4 | Hazel        | Buchser      |  | 12'6" |
| 5 | Byers        | Monte Vista  |  | 13'3" |
| 6 | Worthge      | Carlmont     |  | 13'6" |

PLACINGS AND MARK

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LONG JUMP - VARSITY

CCS RECORD: John Johnson, Pacific Grove, 1964, 25'3 1/2"

Starting Time: 3:00 (pit inside track)

FLIGHT I

|   | <u>Name</u>   | <u>School</u>     | <u>Reg. Qual.</u> | <u>Mark</u>         |
|---|---------------|-------------------|-------------------|---------------------|
| 1 | Don Vidal     | St. Ignatius      |                   | 20'7 1/2"           |
| 2 | Ron Harney    | Palma             |                   | 20'11-3/4"          |
| 3 | Terry Gettle  | Terra Nova        |                   | 21' 1/2"            |
| 4 | Loren Lebherz | Serramonte ✓ 21-F |                   | 21'1 1/2" 22'6 3/4" |
| 5 | Greg Woodward | Silver Creek      |                   | ✓21'8 1/2"          |

FLIGHT II

|   |                 |                         |  |                  |
|---|-----------------|-------------------------|--|------------------|
| 1 | Greg Pond       | Los Gatos               |  | 21'9 1/2"        |
| 2 | Dennis Hoskins  | S. San Francisco        |  | 21'9 1/2"        |
| 3 | Chris Whitworth | Robert Lous Stevenson ✓ |  | 21'11-3/4" 22' ✓ |
| 4 | Chris Llorin    | Piedmont Hills          |  | 22'1 1/2"        |
| 5 | Key             | Awalt ✗                 |  | 22'3"            |

FLIGHT III

|   |            |                     |  |                        |
|---|------------|---------------------|--|------------------------|
| 1 | Bret Woods | Los Gatos ✓ FF      |  | 22'4" 22' 2 1/2"       |
| 2 | Cox        | Homestead           |  | 22'4 1/2"              |
| 3 | Tony Wells | Overfelt ✓          |  | 22'6-3/4" 23' 3/2      |
| 4 | Jordan     | Gunn ✓              |  | 22'7" 22'11 1/4" 22'5" |
| 5 | Ed Chavous | Monterey ✓ FF 22'3" |  | 22'9 1/2"              |
| 6 | Bates      | Menlo Atherton ✓    |  | 23'1" 23'5 1/4"        |

PLACINGS AND MARK

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GIRLS' LONG JUMP

CCS RECORD: Pam Blackburn, Cubberley, 1975, 18' 2 1/2"

Starting Time: Follows Varsity Triple Jump which starts at 7:00  
(approx. 9:00)

FLIGHT I

|   | <u>Name</u>      | <u>School</u> | <u>Reg. Qual. Mark</u> |
|---|------------------|---------------|------------------------|
| 1 | Patty Wise       | Awalt         | 16'9 1/2"              |
| 2 | Vivi Hudson      | Live Oak      | 17'3" 17'7"            |
| 3 | Veronica Soto    | Gilroy        | 17'5 1/2"              |
| 4 | Denise Sanders   | Yerba Buena   | 17'6"                  |
| 5 | Annette Hammonds | Silver Creek  | 17'7"                  |
| 6 | Kim McDonald     | St. Francis   | 17'11" 18'3"           |
| 7 | Connie Paul      | Leland        | 18'1" 18' 1/2"         |

PLACINGS AND MARK

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LONG JUMP - FROSH/SOPH

CCS RECORD: Steve Bennett, Lynbrook, 1975, 22'7"

Starting Time: Approx. 5:00 (Pit B)

FLIGHT I

|   | <u>Name</u>     | <u>School</u> | <u>Reg. Qual. Distance</u> |
|---|-----------------|---------------|----------------------------|
| 1 | Bob Casper      | Salinas       | 19'2"                      |
| 2 | Mark Bruce      | Santa Cruz    | 19'3-3/4"                  |
| 3 | Mike Patton     | Aragon        | 19'4"                      |
| 4 | Dante Hughes    | Sacred Heart  | 19'5 1/2"                  |
| 5 | Hector Gonzalez | King City     | 19'6"                      |

FLIGHT II

|   |               |             |           |
|---|---------------|-------------|-----------|
| 1 | Adam Maysbert | San Mateo   | 19'6 1/2" |
| 2 | Dan Webster   | Leigh       | 20'4"     |
| 3 | Mark Blanton  | Overfelt    | 20'7 1/2" |
| 4 | Tom Thompson  | Crestmoor   | 20'4"     |
| 5 | Myron Porter  | Willow Glen | 20'9"     |

FLIGHT III

|   |               |                |            |
|---|---------------|----------------|------------|
| 1 | Alvin Lebertz | Gilroy         | 20'9 1/2"  |
| 2 | Thompson      | Carlmont       | 20'11"     |
| 3 | Chris Lundy   | Independence   | 20'11"     |
| 4 | Woodson       | Menlo Atherton | 20'11 1/2" |
| 5 | Carpenter     | Buchser        | 21'3 1/4"  |
| 6 | Lumactod      | Buchser        | 21'7"      |

PLACINGS AND MARK

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TRIPLE JUMP - VARSITY

CCS RECORD: Myrt Easley, Woodside, 1975, 49'8"  
 Starting Time: 7:00 (Pit inside track)

FLIGHT I

|   | <u>Name</u>     | <u>School</u>          | <u>Reg.Qual.</u><br><u>Mark</u> |
|---|-----------------|------------------------|---------------------------------|
| 1 | Al Divita       | Sacred Heart           | 42'11-3/4"                      |
| 2 | Frank Roller    | Crestmoor              | 43'0"                           |
| 3 | Chris Whitworth | Robert Louis Stevenson | 43'9"                           |
| 4 | Jerry Gettle    | Terra Nova             | 43'11"                          |
| 5 | Ed Chavous      | Monterey               | 44'7 1/4"                       |

FLIGHT II

|   |               |            |           |
|---|---------------|------------|-----------|
| 1 | Jolley        | Lynbrook   | 45'4"     |
| 2 | Skip Wilson   | Gilroy     | 45'7 1/2" |
| 3 | Grolle        | Los Altos  | 45'7-3/4" |
| 4 | Nick Rempel   | Gilroy     | 46'0"     |
| 5 | Loren Lebherz | Serramonte | 46'2"     |

FLIGHT III

|   |              |                |           |
|---|--------------|----------------|-----------|
| 1 | Jim Rossi    | Palma          | 46'4 1/4" |
| 2 | Ricky Jones  | Piedmont Hills | 46'6"     |
| 3 | Joel Wyrick  | Mt. Pleasant   | 46'8 1/2" |
| 4 | Greg Woodard | Silver Creek   | 46'9"     |
| 5 | Jordan       | Gunn           | 47'4"     |
| 6 | Bates        | Menlo Atherton | 48'2 1/4" |

PLACINGS AND MARK

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| 6. | _____ | _____ | .6 |

TRIPLE JUMP - FROSH /SOPH

CCS RECORD: Jim Rossi, Palma, 1975, 46'4"

Starting Time: 3:00 (Pit B)

FLIGHT I

|   | <u>Name</u>    | <u>School</u> | <u>Reg. Qual.</u><br><u>Distance</u> |
|---|----------------|---------------|--------------------------------------|
| 1 | Mark Bruce     | Santa Cruz    | 39'8-3/4"                            |
| 2 | Dave Bortolin  | Hillsdale     | 40'5"                                |
| 3 | Marvin Jackson | Mitty         | 40'6 1/2"                            |
| 4 | Bill Casper    | Salinas       | 41'2"                                |
| 5 | Bill Santiago  | Hillsdale     | 41'4 1/2"                            |

FLIGHT II

|   |                |                |           |
|---|----------------|----------------|-----------|
| 1 | Blair Calhoun  | Serra          | 41'7"     |
| 2 | Randy Duccamon | Silver Creek   | 42'6"     |
| 3 | Car Carpenter  | Buchser        | 42'6-3/4" |
| 4 | Bell           | Menlo Atherton | 42'7"     |
| 5 | Thompson       | Carlmont       | 43'3/4"   |

FLIGHT III

|   |                |             |           |
|---|----------------|-------------|-----------|
| 1 | Phil Whyte     | Seaside     | 43'3/4"   |
| 2 | Bob Stroughter | Lick        | 43'4 1/4" |
| 3 | Noel Provost   | Gilroy      | 43'10"    |
| 4 | Hanna          | Lynbrook    | 44'0"     |
| 5 | Myron Porter   | Willow Glen | 45'3"     |
| 6 | Alvin Leberz   | Gilroy      | 45'7 1/2" |

PLACINGS AND MARK

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SHOT PUT - VARSITY

CCS RECORD: Bob Brannon, Los Gatos, 1965, 63'9"

Starting Time: 3:00

FLIGHT I

|   | <u>Name</u>      | <u>School</u> | <u>Reg. Qual. Time</u> |
|---|------------------|---------------|------------------------|
| 1 | Don Anderson     | King City     | 48'10½"                |
| 2 | Jerry Shuck      | North Salinas | 50'4"                  |
| 3 | Mike Honeycutt   | Hillsdale     | 52'0"                  |
| 4 | Tom Peterson     | North Salinas | 52'2½"                 |
| 5 | Pete Angelidakis | Del Mar       | 52'7½"                 |

FLIGHT II

|   |                 |           |        |
|---|-----------------|-----------|--------|
| 1 | Martin Leahy    | Aragon    | 52'8"  |
| 2 | Rick Tenerowicz | El Camino | 53'6½" |
| 3 | Paul Remo       | Gunderson | 54'2"  |
| 4 | Pear            | Los Altos | 54'8"  |
| 5 | Franklin        | Los Altos | 54'9½" |

FLIGHT III

|   |              |              |         |
|---|--------------|--------------|---------|
| 1 | Tomhave      | Homestead    | 54'10½" |
| 2 | Ray Gonzales | Silver Creek | 55'10"  |
| 3 | Ron McKee    | Camden       | 55'11"  |
| 4 | Schwartz     | Homestead    | 56'2½"  |
| 5 | Bruce Parker | St. Ignatius | 57'5"   |
| 6 | Pat Graham   | Leland       | 58'5"   |

PLACINGS AND MARK

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SHOT PUT - GIRLS

CCS RECORD: Maria Garcia, Harbor, 1976, 43'9"

Starting Time: (Following Frosh/Soph Shot Approx 9:00)

| <u>Lane</u> | <u>Name</u>     | <u>School</u> | <u>Reg. Qual. Mark</u> |
|-------------|-----------------|---------------|------------------------|
| 1           | Janeca Beaird   | Silver Creek  | 37'2½"                 |
| 2           | Sue Reyneri     | Homestead     | 38'3½"                 |
| 3           | Marta Kuehl     | North Salinas | 38'7"                  |
| 4           | Wendi Michelli  | Gunderson     | 39'1-3/4"              |
| 5           | Denise Beacom   | Watsonville   | 40'5"                  |
| 6           | Tammie Williams | Andrew Hill   | 40'8"                  |
| 7           | Sue Springer    | Salinas       | 42'¼"                  |

PLACINGS AND MARK

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_



SHOT PUT - FROSH/SOPH

CCS RECORD: Gary Bersano, Los Gatos, 1973, 61'6"

Starting Time: 7:00

FLIGHT I

|   | <u>Name</u>    | <u>School</u> | <u>Reg. Qual. Distance</u> |
|---|----------------|---------------|----------------------------|
| 1 | Tom Berkhart   | Overfelt      | 49'5½"                     |
| 2 | Anthony James  | Crestmoor     | 49'6"                      |
| 3 | Robert Cabrera | Hollister     | 49'9"                      |
| 4 | Bob Pelton     | Capuchino     | 50'4"                      |
| 5 | John Forsman   | Salinas       | 50'10"                     |

FLIGHT II

|   |               |              |        |
|---|---------------|--------------|--------|
| 1 | Steve McEnroe | Seaside      | 51'0"  |
| 2 | Mike Matisi   | Hillsdale    | 51'4"  |
| 3 | Nate Lipari   | Santa Teresa | 51'7"  |
| 4 | Mark Nieman   | Prospect     | 51'8"  |
| 5 | Weyes         | Awalt        | 52'5½" |

FLIGHT III

|   |                 |             |        |
|---|-----------------|-------------|--------|
| 1 | Gonzales        | Cupertino   | 52'11" |
| 2 | Ben Addley      | Rioden      | 52'11" |
| 3 | Steve Aimonetti | Campbell    | 53'1"  |
| 4 | Matua Mauga     | Overfelt    | 53'6"  |
| 5 | Engle           | Santa Clara | 55'6½" |
| 6 | Morton          | Menlo       | 57'4½" |

PLACINGS AND MARK

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |

DISCUS - VARSITY

CCS RECORD: Scott Overton, Los Altos, 1972, 191'0"

Starting Time: (Following F/S Discus approx. 5:00)

FLIGHT I

|   | <u>Name</u>        | <u>School</u>  | <u>Reg. Qual.</u><br><u>Time</u> |
|---|--------------------|----------------|----------------------------------|
| 1 | Greg Schor         | St. Francis    | 153'1½"                          |
| 2 | Steve Swigkatowsky | North Salinas  | 155'0"                           |
| 3 | Dan Sheehan        | Prospect       | 157'2"                           |
| 4 | John Souza         | Piedmont Hills | 158'3"                           |
| 5 | Al Kern            | El Camino      | 158'6¼"                          |

FLIGHT II

|   |                 |               |         |
|---|-----------------|---------------|---------|
| 1 | Jim Slattery    | Del Mar       | 159'7"  |
| 2 | Schwartz        | Homestead     | 159'10" |
| 3 | Wade Buckingham | Capuchino     | 160'¼"  |
| 4 | Jerry Shuck     | North Salinas | 160'11" |
| 5 | Angelopolis     | Homestead     | 163'7½" |

FLIGHT III

|   |              |               |          |
|---|--------------|---------------|----------|
| 1 | Ray Gonzales | Silver Creek  | 166'1"   |
| 2 | Steve Davis  | San Mateo     | 168'6-¾" |
| 3 | Tom Peterson | North Salinas | 170'7"   |
| 4 | Pat Graham   | Leland        | 171'6"   |
| 5 | Struble      | Los Altos     | 171'11"  |
| 6 | Franklin     | Los Altos     | 174'7"   |

PLACINGS AND MARK

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_



DISCUS - GIRLS

CCS RECORD: Sue Springer, Salinas, 1976, 133'5"

Starting Time: 7:00 (Pit A)

FLIGHT I

|   | <u>Name</u>        | <u>School</u> | <u>Reg. Qual.</u><br><u>Mark</u> |
|---|--------------------|---------------|----------------------------------|
| 1 | Karen Woodbeck     | Cupertino     | 111'4"                           |
| 2 | Sue Reyneri        | Homestead     | 112'5"                           |
| 3 | Tammie Williams    | Andrew Hill   | 113'0"                           |
| 4 | Marta Kuehl        | North Salinas | 115'5"                           |
| 5 | Gale Zaphiropoulas | Homestead     | 118'11"                          |
| 6 | Wendy Michelli     | Gunderson     | 127'11"                          |
| 7 | Susan Springer     | Salinas       | 136'3"                           |

PLACINGS AND MARKS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

DISCUS - FROSH/SOPH : FINALS ONLY

CCS RECORD: Craig Watkins, Mitty, 1973, 157'11"

Starting Time: 3:00 (Pit B)

FLIGHT I

|   | <u>Name</u>                                      | <u>School</u> | <u>Reg. Qual.</u><br><u>Mark</u> |
|---|--|---------------|----------------------------------|
| 1 | Region II has to re-throw Tuesday. Final flights |               |                                  |
| 2 | will be given at discus ring Friday              |               |                                  |
| 3 |  |               |                                  |
| 4 |  |               |                                  |
| 5 | Tom Young  | Camden        | 132'0"                           |

FLIGHT II

|   |                |           |        |
|---|----------------|-----------|--------|
| 1 | Dan Black      | San Mateo | 133'3" |
| 2 | Mike Tyler     | Oceana    | 134'1" |
| 3 | Ben Addley     | Riorden   | 134'6" |
| 4 | Brian Henley   | Salinas   | 135'2" |
| 5 | Rudy Hernandez | Live Oak  | 136'4" |

FLIGHT III

|   |                 |           |         |
|---|-----------------|-----------|---------|
| 1 | Greg Gorman     | Westmont  | 136'11" |
| 2 | Junior Galvez   | King City | 139'0"  |
| 3 | Darryl Odrrenze | Branham   | 139'4"  |
| 4 | Dean Delis      | Aragon    | 140'    |
| 5 | Steve McEnroe   | Seaside   | 148'6"  |
| 6 | Matua Mauga     | Overfelt  | 151'9"  |

PLACINGS AND MARK

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |



440 YARD RELAY - VARSITY

CCS RECORD: Woodside, 1975, 41.6

Two Heats, Top 4 in each qualify for final

HEAT I

| <u>Lane</u> | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|---------------|------------------------|
| 1           | Camden        | 43.6                   |
| 2           | Yerba Buena   | 42.8                   |
| 3           | Silver Creek  | 42.7                   |
| 4           | Overfelt      | 42.4                   |
| 5           | Seaside       | 43.4                   |
| 6           | Santa Cruz    | 43.5                   |
| 7           | Capuchino     | 44.3                   |
| 8           | Blackford     | 43.6                   |

HEAT II

|   |             |      |
|---|-------------|------|
| 1 | Buchser     | 43.9 |
| 2 | Lynbrook    | 43.6 |
| 3 | Sequoia     | 43.3 |
| 4 | Serramonte  | 42.9 |
| 5 | Carlmont    | 43.3 |
| 6 | Hillsdale   | 43.3 |
| 7 | Monterey    | 43.8 |
| 8 | St. Francis | 44.4 |

PLACINGS AND TIME

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |

440 YARD RELAY - GIRLS

CCS RECORD: Harbor, 1976, 49.5

| <u>Lane</u> | <u>School</u> | <u>Time</u> | <u>Reg. Qual.</u> |
|-------------|---------------|-------------|-------------------|
| 1           | Leland        | 50.0        | 1                 |
| 2           | Sequoia       | 49.7        | 2                 |
| 3           | Independence  | 49.7        | 3                 |
| 4           | Lynbrook      | 49.3        | 4                 |
| 5           | Silver Creek  | 49.4        | 5                 |
| 6           | Ayer          | 49.7        | 6                 |
| 7           | Mt. Pleasant  | 49.7        | 7                 |
| 8           | Monterey      | 49.9        | 8                 |

PLACINGS AND TIME

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_



440 RELAY - FROSH/SOPH: TWO HEATS

CCS RECORD: Ayer, 1975, 43.2

Two Heats (Top 4 qualify for finals)

HEAT I

| <u>Lane</u> | <u>School</u> | <u>Reg. Qual. Mark</u> |
|-------------|---------------|------------------------|
| 1           | St. Francis   | 45.4                   |
| 2           | Del Mar       | 44.8                   |
| 3           | Westmont      | 44.5                   |
| 4           | Cubberly      | 44.1                   |
| 5           | Watsonville   | 45.1                   |
| 6           | Salinas       | 45.3                   |
| 7           | Seaside       | 45.5                   |
| 8           | Independence  | 45.0                   |

HEAT II

|   |                |      |
|---|----------------|------|
| 1 | Sequoia        | 44.5 |
| 2 | Cupertino      | 44.9 |
| 3 | Menlo Atherton | 44.8 |
| 4 | Mt. Pleasant   | 44.1 |
| 5 | Aragon         | 44.6 |
| 6 | Westmoor       | 45.3 |
| 7 | Hillsdale      | 45.4 |
| 8 | Branham        | 45.0 |

PLACINGS AND TIME

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |

120 YARD HIGH HURDLES - VARSITY

CCS RECORD: Ron Kennedy, Serramonte, 1975, 13.8

Two Heats, top 4 in each qualify for finals

HEAT I

| <u>Lane</u> | <u>Name</u>     | <u>School</u>          | <u>Reg. Qual.</u> | <u>Time</u> |
|-------------|-----------------|------------------------|-------------------|-------------|
| 1           | Wipfler         | Monte Vista            |                   | 14.7        |
| 2           | Gutherie        | Cupertino              |                   | 14.3        |
| 3           | Nixon           | Sequoia                |                   | 14.2        |
| 4           | Clark           | Menlo Atherton         |                   | 14.2        |
| 5           | Andre Bernard   | Monterey               |                   | 15.3        |
| 6           | Jim Felice      | Marelo                 |                   | 15.4        |
| 7           | Chris Whitworth | Robert Louis Stevenson |                   | 15.5        |
| 8           | Nick Rempel     | Gilroy                 |                   | 15.0        |

HEAT II

|   |                |              |  |      |
|---|----------------|--------------|--|------|
| 1 | Rocky Pena     | Westmont     |  | 14.8 |
| 2 | Tony Wells     | Overfelt     |  | 14.8 |
| 3 | Paul Caruso    | Prospect     |  | 14.6 |
| 4 | Andre Phillips | Silver Creek |  | 14.2 |
| 5 | Bryan Hawkins  | Burlingame   |  | 14.3 |
| 6 | Bill Ribera    | Oceania      |  | 14.9 |
| 7 | Harold Ross    | Hillsdale    |  | 15.0 |
| 8 | Ernie Stifle   | Hillsdale    |  | 15.1 |

PLACINGS AND TIME

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |



110 YARD LOW HURDLES - GIRLS : FINALS

CCS RECORD: NEW EVENT

| <u>Lane</u> | <u>Name</u>   | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|---------------|---------------|------------------------|
| 1           | Bonnie Newman | Mills         | 15.6                   |
| 2           | R. Oliver     | San Carlos    | 15.0                   |
| 3           | Kim Costello  | El Camino     | 14.4                   |
| 4           | Kris Costello | Lynbrook      | 14.2                   |
| 5           | Kathy Yuhas   | Independence  | 14.8                   |
| 6           | Mary Crevelt  | St. Francis   | 15.0                   |
| 7           | Terri Ausak   | Independence  | 15.3                   |
| 8           | Y. Newton     | Serramonte    | 15.7                   |

PLACINGS AND MARK

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |

70 HIGH HURDLES - FROSH/SOPH: TWO HEATS

CCS RECORD: Washington, Salinas, 1970, 8.6

Two Heats, top 4 in each qualify for finals

HEAT I

| <u>Lane</u> | <u>Name</u>    | <u>School</u> | <u>Reg.Qual.</u><br><u>Time</u> |
|-------------|----------------|---------------|---------------------------------|
| 1           | Mike Patton    | Aragon        | 9.3                             |
| 2           | Kevin Bradley  | Campbell      | 9.2                             |
| 3           | Al Floyd       | Oak Grove     | 9.0                             |
| 4           | Eric McPherson | Mt. Pleasant  | 8.7                             |
| 5           | Bob Saunders   | Santa Cruz    | 9.2                             |
| 6           | Dave Ronda     | Santa Cruz    | 9.5                             |
| 7           | Joe Hicks      | North Salinas | 9.9                             |
| 8           | Glen Hopkins   | Westmont      | 9.6                             |

HEAT II

|   |                 |                |     |
|---|-----------------|----------------|-----|
| 1 | Chris Skillings | Lick           | 9.3 |
| 2 | Tabby Davenport | Jefferson      | 9.3 |
| 3 | Mike Brown      | Terra Nova     | 9.2 |
| 4 | Plato           | Menlo Atherton | 9.2 |
| 5 | Dave Bortolin   | Hillsdale      | 9.2 |
| 6 | Match           | Fremont        | 9.3 |
| 7 | Rutiger         | Lynbrook       | 9.4 |
| 8 | Durran          | Peterson       | 9.5 |

PLACINGS AND TIME

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |



880 YARD RUN - VARSITY : FINALS ONLY

CCS RECORD: Rick Brown, Los Altos, 1970, 1:50.7

Finals only, two to a lane, 2-turn stagger

| <u>Lane</u> | <u>Name</u>   | <u>School</u>  | <u>Reg. Qual. Time</u> |
|-------------|---------------|----------------|------------------------|
| 1           | Jensen        | Buchser        | 1:54.5                 |
| 2           | Jeff Maxwell  | Westmoor       | 1:54.9                 |
| 3           | Ted Barnes    | Santa Teresa   | 1:56.0                 |
| 4           | Ted Peterson  | Harbor         | 1:57.0                 |
| 5           | Jack Foster   | San Mateo      | 1:55.3                 |
| 6           | Jeff Dove     | Del Mar        | 1:56.9                 |
| 7           | Young         | Menlo Atherton | 1:57.7                 |
| 8           | Chuck Swartz  | Seaside        | 1:57.7                 |
| 1A          | Tom Sumario   | Leigh          | 1:57.1                 |
| 2A          | Gerry Capron  | Soquel         | 1:58.1                 |
| 3A          | Bob Garibaldi | Half Moon Bay  | 1:59.5                 |
| 4A          | Troedson      | Los Altos      | 1:59.8                 |
| 5A          | Reggie Green  | Mt. Pleasant   | 1:57.2                 |
| 6A          | Jeff Riggs    | Branham        | 1:57.9                 |
| 7A          | Wallace       | San Carlos     | 2:00.1                 |
| 8A          | Neil Graber   | Aragon         | 2:00.3                 |

PLACINGS AND TIME

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |

880 YARD RUN - GIRLS

880 YARD RUN - GIRLS

CCS RECORD: Becky Barrett, 1976, 2:18.9

CCS RECORD

| <u>Lane</u> | <u>Name</u>        | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|--------------------|---------------|------------------------|
| 1           | Ann Regan          | Camden        | 2:17.1                 |
| 2           | Nancy Huyck        | Aptos         | 2:18.3                 |
| 3           | Audrey Bettencourt | Half Moon Bay | 2:19:5                 |
| 4           | Rachael Eryin      | Santa Clara   | 2:19.8                 |
| 5           | Diana Figliomeni   | Saratoga      | 2:20.3                 |
| 6           | Laurie Spence      | Soquel        | 2:24                   |
| 7           | Carolyn Bing       | Lynbrook      | 2:24.3                 |
| 8           | Francine Ward      | Milpitas      | 2:27.2                 |

|        |               |                 |    |
|--------|---------------|-----------------|----|
| 2:01.2 | Del Mar       | Marc Harland    | 1A |
| 2:01.6 | Santa Clara   | Yuba            | 2A |
| 2:01.1 | Half Moon Bay | Charlie Barrett | 3A |
| 2:01.1 | North Bay     | Tracy Mitchell  | 4A |
| 2:01.6 | Westmont      | Jim Todd        | 5A |
| 2:01.9 | Woodside      | Corbin          | 6A |
| 2:02.2 | Serrano       | Donald Rice     | 7A |
| 2:04   | Silver Creek  | Ed Tate         | 8A |

PLACINGS AND TIME

PLACINGS AND TIME

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_



880 YARD RUN - FROSH/SOPH

CCS RECORD: Charles Jones, Ravenswood, 1973, 1:57.3

Finals only - Two to a lane

| <u>Lane</u> | <u>Name</u>     | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|-----------------|---------------|------------------------|
| 1           | Herrera         | Carlmont      | 1:59.4                 |
| 2           | Rick Ifland     | Soquel        | 1:59.8                 |
| 3           | Chris Marshall  | Milpitas      | 2:00.5                 |
| 4           | Elliott Emery   | San Mateo     | 2:01.4                 |
| 5           | Nate Olivas     | Palma         | 1:59.9                 |
| 6           | Rex Lowe        | Silver Creek  | 2:01.2                 |
| 7           | Ross            | Buchser       | 2:01.5                 |
| 8           | Art Lemdus      | Bellarmine    | 2:02.1                 |
| 1A          | Marc Narlesky   | Del Mar       | 2:01.2                 |
| 2A          | Fuhrmann        | Santa Clara   | 2:02.6                 |
| 3A          | Charlie Spranza | Half Moon Bay | 2:03.1                 |
| 4A          | Tracy Micheli   | North Salinas | 2:04.1                 |
| 5A          | Jim Todd        | Westmont      | 2:01.6                 |
| 6A          | Corless         | Woodside      | 2:02.9                 |
| 7A          | Dominic Rios    | Serramonte    | 2:03.2                 |
| 8A          | Sid Tate        | Silver Creek  | 2:04                   |

PLACINGS AND TIME

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |

100 YARD DASH - VARSITY; TWO HEATS

CCS RECORD: Keith Taylor, Piedmont Hills, 1975, 9.6

Two Heats - Top 4 in each qualify for finals

HEAT I

| <u>Lane</u> | <u>Name</u>   | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|---------------|---------------|------------------------|
| 1           | Bennett       | Lynbrook      | 10.0                   |
| 2           | Beal          | San Carlos    | 9.9                    |
| 3           | Price         | Carlmont      | 9.8                    |
| 4           | Duane Green   | Ayer          | 9.8                    |
| 5           | Andre Wilkes  | Santa Cruz    | 10.0                   |
| 6           | Ed Lee        | Aragon        | 10.2                   |
| 7           | Dan Nielson   | Capuchino     | 10.4                   |
| 8           | Kenny Terrell | Serramonte    | 10.4                   |

HEAT II

|   |               |                |      |
|---|---------------|----------------|------|
| 1 | Mark Chapman  | Yerba Buena    | 10.1 |
| 2 | Dwayne Taylor | Overfelt       | 10.0 |
| 3 | Mark Stewart  | Camden         | 9.9  |
| 4 | Oravilla      | Sequoia        | 9.8  |
| 5 | Darryl Jones  | Serramonte     | 10.0 |
| 6 | Don Brumsey   | Santa Cruz     | 10.2 |
| 7 | Jerome Smith  | Seaside        | 10.3 |
| 8 | Luther Clay   | Piedmont Hills | 10.1 |

PLACINGS AND TIME

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |



100 YARD DASH - FROSH/SOPH: TWO HEATS

CCS RECORD: Dwayne Green, Ayer, 1975, 9.9

Two heats - top 4 of each qualify for finals

HEAT I

| <u>Lane</u> | <u>Name</u>   | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|---------------|---------------|------------------------|
| 1           | Williams      | San Carlos    | 10.4                   |
| 2           | Earl Nunn     | Aragon        | 10.3                   |
| 3           | Arthur Diaz   | Jefferson     | 10.3                   |
| 4           | James Walker  | Aragon        | 10.2                   |
| 5           | Alan Tucker   | Monterey      | 10.4                   |
| 6           | Tereze Browne | Salinas       | 10.5                   |
| 7           | Tracy Smith   | Seaside       | 10.5                   |
| 8           | Terry Davis   | Lincoln       | 10.5                   |

HEAT II

|   |               |                |      |
|---|---------------|----------------|------|
| 1 | Dan Monroe    | Branham        | 10.5 |
| 2 | Mike Thompson | Branham        | 10.4 |
| 3 | Miller        | Menlo Atherton | 10.4 |
| 4 | Green         | Cubberley      | 10.2 |
| 5 | Alvin Lebherz | Gilroy         | 10.3 |
| 6 | Rick Daniels  | Westmont       | 10.4 |
| 7 | Patrick       | Sequoia        | 10.4 |
| 8 | Kelly Nolan   | St. Francis    | 10.5 |

PLACINGS AND TIME

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |

100 YARD DASH - GIRLS

CCS RECORD: Mary Ellis, Yerba Buena, 1975, 11.1

| <u>Lane</u> | <u>Name</u>     | <u>School</u> | <u>Reg. Qual.</u><br><u>Time</u> |
|-------------|-----------------|---------------|----------------------------------|
| 1           | Lois Spivy      | Sequoia       | 11.6                             |
| 2           | Vanessa Woods   | Jefferson     | 11.5                             |
| 3           | Leticia Sherill | Milpitas      | 11.4                             |
| 4           | Eloise Mallory  | Silver Creek  | 11.0                             |
| 5           | Kris Costello   | Lynbrook      | 11.1                             |
| 6           | Cynthia Black   | Silver Creek  | 11.4                             |
| 7           | Terry Serano    | Leland        | 11.45                            |
| 8           | Della Hampton   | Independence  | 11.5                             |

PLACINGS AND MARK

|    |       |       |
|----|-------|-------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |



440 YARD RUN - VARSITY

CCS RECORD: Rick Brown, Los Altos, 1970, 47.1

Finals Only - 2 sections - places determined by time

SECTION I

| <u>Lane</u> | <u>Name</u>   | <u>School</u>    | <u>Reg. Qual. Time</u> |
|-------------|---------------|------------------|------------------------|
| 1           | Asa Hilliard  | S. San Francisco | 48.8                   |
| 2           | Seely         | Lynbrook         | 49.5                   |
| 3           | Bob Schindler | Aptos            | 49.6                   |
| 4           | Pat Holcomb   | Andrew Hill      | 50.2                   |
| 5           | Thompson      | Woodside         | 49.7                   |
| 6           | Mike Swartz   | Seaside          | 49.7                   |
| 7           | Darryl Winn   | St. Ignatius     | 49.9                   |
| 8           | Rick Ramian   | Bellarmino       | 50.1                   |

SECTION II

|   |                |              |      |
|---|----------------|--------------|------|
| 1 | Derrick Carter | Mt. Pleasant | 50.2 |
| 2 | Kenny Collins  | Monterey     | 50.2 |
| 3 | Bill Kramer    | St. Francis  | 50.3 |
| 4 | Copeland       | Los Altos    | 50.6 |
| 5 | Lee Sparkman   | Silver Creek | 50.7 |
| 6 | Bob Mende      | Del Mar      | 50.8 |
| 7 | Gillooley      | San Carlos   | 51.0 |
| 8 | Mike McNiven   | Prospect     | 51.0 |

PLACINGS AND TIME

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

440 YARD RUN -- GIRLS

CCS RECORD: Marquite Belk, Silver Creek, 1976, 56.0

| <u>Lane</u> | <u>Name</u>     | <u>School</u>  | <u>Reg. Qual.</u><br><u>Time</u> |
|-------------|-----------------|----------------|----------------------------------|
| 1           | Marquite Belk   | Silver Creek   | 56.9                             |
| 2           | Lezli Peterson  | Harbor         | 57.7                             |
| 3           | Betsy Brew      | Los Altos      | 59.6                             |
| 4           | Kelli Oskerkamp | Soquel         | 59.7                             |
| 5           | Cathy McKean    | Ayer           | 59.8                             |
| 6           | Francine Ward   | Milpitas       | 60.3                             |
| 7           | Nancy Vescine   | Saratoga       | 60.5                             |
| 8           | Chrissie Humeke | Menlo Atherton | 61.9                             |

PLACINGS AND MARK

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440 YARD DASH - FROSH/SOPH: TWO SECTIONS

CCS RECORD: Gonzales, Branham, 1970, 50.1

Finals Only - 2 sections, placings determined by time

SECTION I

| <u>Lane</u> | <u>Name</u>   | <u>School</u> | <u>Reg. Qual.</u><br><u>Time</u> |
|-------------|---------------|---------------|----------------------------------|
| 1           | Gary Campbell | Independence  | 51.8                             |
| 2           | Cooke         | Cubberley     | 51.8                             |
| 3           | Bill Larcher  | Westmoor      | 52.0                             |
| 4           | Paul Johnson  | Alisal        | 52.0                             |
| 5           | Creedan       | Cupertino     | 52.0                             |
| 6           | Robert East   | Soquel        | 52.3                             |
| 7           | Herrera       | Carlmont      | 52.3                             |
| 8           | Dave Much     | Prospect      | 52.4                             |

SECTION II

|    |                 |             |      |
|----|-----------------|-------------|------|
| 1  | John Ellis      | Mitty       | 52.4 |
| 2  | Townsend        | Lynbrook    | 52.7 |
| 3  | Kevin Seager    | Lincoln     | 52.8 |
| 4. | Craig Blackwell | Blackford   | 52.9 |
| 5  | Varick Hicks    | Yerba Buena | 53.1 |
| 6  | Elliott Emery   | San Mateo   | 53.2 |
| 7  | Ted Marcopulos  | St. Francis | 53.3 |
| 8  | Mike Ramirez    | Palma       | 54.2 |

PLACINGS AND TIME

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|----|-------|-------|
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TWO MILE RUN - VARSITY : FINALS ONLY

CCS RECORD: Gordon MacMitchell, Gunn, 1973, 9:01.6

Finals only: Two to a lane olympic scratch start

| <u>Lane</u> | <u>Name</u>     | <u>School</u>  | <u>Reg. Qual. Time</u> |
|-------------|-----------------|----------------|------------------------|
| 1           | Love            | Carlmont       | 9:20.3                 |
| 2           | Ken Holliday    | Gilroy         | 9:29.0                 |
| 3           | Jole Green      | Aragon         | 9:31.8                 |
| 4           | Gilbert Munoz   | Watsonville    | 9:47.8                 |
| 5           | Mandanis        | Carlmont       | 9:24.5                 |
| 6           | Matt Hartman    | Milpitas       | 9:31.5                 |
| 7           | Rick Baldocctti | Westmoor       | 9:42.2                 |
| 8           | Crawford Lawson | Seaside        | 9:56.3                 |
| 1A          | Bruns           | Saratoga       | 9:30.7                 |
| 2A          | Mike Sechrist   | Piedmont Hills | 9:33.2                 |
| 3A          | Jim Jurkovich   | Aragon         | 9:43.9                 |
| 4A          | Gerado Ramirez  | Palma          | 9:56.9                 |
| 5A          | Jim Howe        | Mt. Pleasant   | 9:33.6                 |
| 6A          | Reith           | Fremont        | 9:33.7                 |
| 7A          | Dave Weikel     | Hillsdale      | 9:45.9                 |
| 8A          | Mark Russel     | Blackford      | 9:39.8                 |

PLACINGS AND TIME

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TWO MILE RUN - GIRLS

CCS RECORD - NEW EVENT

Finals only - Two to a lane, olympic start

| <u>Lane</u> | <u>Name</u>     | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|-----------------|---------------|------------------------|
| 1           | Roxanne Bier    | Independence  | 11:08.7                |
| 2           | Becky Schmidt   | Half Moon Bay | 11:17.0                |
| 3           | Irene Crowley   | Overfelt      | 11:17.6                |
| 4           | Terry Schneider | Santa Cruz    | 11:30.2                |
| 5           | Kim Schnurpfeil | San Mateo     | 11:39.2                |
| 6           | Tara Christy    | Del Mar       | 11:42.3                |
| 7           | Heidi Moen      | San Mateo     | 11:43.1                |
| 8           | Amy Harper      | Prospect      | 11:47.5                |

PLACINGS AND TIME

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TWO MILE RUN - FROSH/SOPH

CCS RECORD: Gerry Emory, Gunn, 1973, 9:25.6

Finals only - Two to a lane, olympic start

| <u>Lane</u> | <u>Name</u>     | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|-----------------|---------------|------------------------|
| 1           | Jesse Nickell   | Leigh         | 9:45.3                 |
| 2           | Avila           | Cupertino     | 9:45.7                 |
| 3           | John Rembao     | Santa Cruz    | 9:56.2                 |
| 4           | Paul McClure    | St. Francis   | 10:02.3                |
| 5           | Benny Trujillo  | Gilroy        | 9:45.6                 |
| 6           | O'Connor        | Carlmont      | 9:49.7                 |
| 7           | Dave Bosely     | Aragon        | 10:06.8                |
| 8           | Sam Barazza     | Watsonville   | 10:15.7                |
| 1A          | Mellaquist      | Carlmont      | 9:49.8                 |
| 2A          | Danny Hernandez | Independence  | 9:53                   |
| 3A          | Roger Marcus    | Hillsdale     | 10:09.4                |
| 4A          | Alan Green      | North Salinas | 10:19.6                |
| 5A          | Alex Gonzales   | Lincoln       | 9:55.6                 |
| 6A          | Prior           | Carlmont      | 10:00.5                |
| 7A          | Tom Bilinski    | San Mateo     | 10:10.9                |
| 8A          | Mark Torres     | Mt. Pleasant  | 9:56.9                 |

PLACINGS AND TIME:

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330 LOW HURDLES - VARSITY : TWO SECTIONS

CCS RECORD: Dave Jakle, Los Altos, 1975, 37.0

Finals only -- 2 sections -- places determined by time

SECTION I

| <u>Lane</u> | <u>Name</u>    | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|----------------|---------------|------------------------|
| 1           | Andre Phillips | Silver Creek  | 36.2                   |
| 2           | Harold Ross    | Hillsdale     | 37.9                   |
| 3           | Guthrie        | Cupertino     | 38.3                   |
| 4           | Greg Munoz     | Soquel        | 39.0                   |
| 5           | Mark Chapman   | Yerba Buena   | 37.1                   |
| 6           | Mike McNiven   | Prospect      | 37.6                   |
| 7           | Nick Moreno    | Half Moon Bay | 38.2                   |
| 8           | Bill Ribera    | Oceana        | 38.3                   |

SECTION II

|   |               |             |      |
|---|---------------|-------------|------|
| 1 | Byron Hawkins | Burlingame  | 38.3 |
| 2 | Luttreli      | San Carlos  | 38.4 |
| 3 | Matooka       | Gunn        | 38.4 |
| 4 | Greg Davis    | Branham     | 38.4 |
| 5 | Carl Monroe   | Overfelt    | 38.5 |
| 6 | Hall          | Monte Vista | 38.6 |
| 7 | Jim Verduzco  | Soquel      | 39.0 |
| 8 | Dan Casas     | Salinas     | 39.7 |

PLACINGS AND TIME

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330 LOW HURDLES - FROSH/SOPH: TWO SECTIONS

CCS RECORD: Harold Ross, Hillsdale, 1975, 38.7

Finals only - 2 sections - places determined by time

SECTION I

| <u>Lane</u> | <u>Name</u>     | <u>School</u>  | <u>Reg. Qual.</u><br><u>Time</u> |
|-------------|-----------------|----------------|----------------------------------|
| 1           | Mass            | Cubberley      | 39.9                             |
| 2           | Eric Bentley    | Soquel         | 40.2                             |
| 3           | Carl Broussard  | St. Francis    | 40.7                             |
| 4           | Kevin Bradley   | Campbell       | 41.3                             |
| 5           | Danny Magno     | Watsonville    | 40.3                             |
| 6           | Tabby Davenport | Jefferson      | 41.0                             |
| 7           | Alan Tucker     | Monterey       | 41.0                             |
| 8           | Deckard         | Menlo Atherton | 41.2                             |

SECTION II

|   |                 |                |      |
|---|-----------------|----------------|------|
| 1 | Mike Patton     | Aragon         | 41.4 |
| 2 | Glen Vetter     | Independence   | 41.5 |
| 3 | Ritter          | Menlo Atherton | 41.4 |
| 4 | Charles Brown   | Hillsdale      | 41.5 |
| 5 | Swain           | Carlmont       | 41.6 |
| 6 | Ed Coneau       | Los Gatos      | 42.5 |
| 7 | Mike Dela Pena  | Blackford      | 42.5 |
| 8 | Chris Accinelli | Willow Glen    | 42.6 |

PLACINGS AND TIME

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220 YARD DASH - VARSITY: TWO HEATS

CCS RECORD: Millard Hampton, 1974, 20.9

Two Heats, Top 4 in each qualify for finals

HEAT I

| <u>Lane</u> | <u>Name</u>    | <u>School</u> | <u>Reg. Qual.</u> | <u>Time</u> |
|-------------|----------------|---------------|-------------------|-------------|
| 1           | Phil Forgatsch | Blackford     | 22.1              |             |
| 2           | Mark Stewart   | Camden        | 22.0              |             |
| 3           | Dwayne Taylor  | Overfelt      | 21.3              |             |
| 4           | Duane Green    | Ayer          | 21.2              |             |
| 5           | Darryl Jones   | Serramonte    | 22.4              |             |
| 6           | Daryle Winn    | St. Ignatius  | 23.0              |             |
| 7           | Rick Romain    | Bellarmino    | 23.1              |             |
| 8           | Randy Peterson | Terra Nova    | 23.1              |             |

HEAT II

|   |              |             |      |
|---|--------------|-------------|------|
| 1 | Pat Holcomb  | Andrew Hill | 22.1 |
| 2 | Dwight Yoder | Seaside     | 22.5 |
| 3 | Kevin Murphy | Carmel      | 22.4 |
| 4 | Andre Wilkes | Santa Cruz  | 22.0 |
| 5 | Beal         | San Carlos  | 22.2 |
| 6 | Oravillo     | Sequoia     | 22.4 |
| 7 | Price        | Carlmont    | 22.8 |
| 8 | Betrano      | Homestead   | 22.8 |

PLACINGS AND TIME

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220 YARD DASH - GIRLS : FINALS

CCS RECORD: Mary Ellis, Yerba Buena, 1975, 25.3

| <u>Lane</u> | <u>Name</u>      | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|------------------|---------------|------------------------|
| 1           | Pam Davis        | Monterey      | 25.7                   |
| 2           | Leticia Sherrill | Milpitas      | 25.2                   |
| 3           | Marquite Belk    | Silver Creek  | 25.0                   |
| 4           | Eloise Mallory   | Silver Creek  | 24.7                   |
| 5           | Kris Costello    | Lynbrook      | 24.9                   |
| 6           | Vanessa Woods    | Jefferson     | 25.3                   |
| 7           | Stacie Sullivan  | Ayer          | 25.5                   |
| 8           | Della Hampton    | Independence  | 25.8                   |

PLACINGS AND MARK

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220 YARD DASH - FROSH/SOPH : TWO HEATS

CCS RECORD: Dwayne Green, Ayer, 1975, 22.1

Two Heats: First 4 in each qualify for finals

HEAT I

| <u>Lane</u> | <u>Name</u>     | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|-----------------|---------------|------------------------|
| 1           | Dan Monroe      | Branham       | 23.2                   |
| 2           | Charles Stewart | Silver Creek  | 23.0                   |
| 3           | Les Moore       | Mt. Pleasant  | 22.9                   |
| 4           | Green           | Cubberley     | 22.7                   |
| 5           | Jim Walker      | Aragon        | 22.9                   |
| 6           | Williams        | San Carlos    | 23.3                   |
| 7           | Akulow          | Santa Clara   | 23.4                   |
| 8           | Washington      | Woodside      | 23.6                   |

HEAT II

|   |               |              |      |
|---|---------------|--------------|------|
| 1 | Kelly Nolan   | St. Francis  | 23.3 |
| 2 | Tracy Smith   | Seaside      | 23.3 |
| 3 | Arthur Diaz   | Jefferson    | 22.9 |
| 4 | Gary Campbell | Independence | 22.8 |
| 5 | Robert East   | Soquel       | 22.8 |
| 6 | Paul Johnson  | Alisal       | 22.9 |
| 7 | Earl Nunn     | Aragon       | 23.3 |
| 8 | Mike Thompson | Branham      | 23.5 |

PLACINGS AND TIME

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MILE RUN - VARSITY

ONE MILE RUN - GIRLS

CCS RECORD: Mike Ryan, Wilcox, 1965, 4:09.5

FINALS ONLY - 2 to a lane, 2-turn stagger

| <u>Lane</u> | <u>Name</u>     | <u>School</u>    | <u>Reg. Qual. Time</u> |
|-------------|-----------------|------------------|------------------------|
| 1           | Stan Ross       | Serra            | 4:08.2                 |
| 2           | Mark Stillman   | Willow Glen      | 4:18.2                 |
| 3           | Smith           | Awalt            | 4:22.5                 |
| 4           | John Sup        | Palma            | 4:24.2                 |
| 5           | Dan Maher       | Leland           | 4:20.4                 |
| 6           | Thurston        | Menlo Atherton   | 4:22.8                 |
| 7           | Joe Green       | Aragon           | 4:24.1                 |
| 8           | Tim Gruber      | Aptos            | 4:26.0                 |
| 1A          | Ken Holliday    | Gilroy           | 4:21.6                 |
| 2A          | Morros          | Carlmont         | 4:23.2                 |
| 3A          | Phil Bennett    | St. Ignatius     | 4:25.5                 |
| 4A          | Jim Christensen | Seaside          | 4:28.9                 |
| 5A          | Larry Bergkamp  | Leigh            | 4:21.6                 |
| 6A          | Rohe            | Saratoga         | 4:23.6                 |
| 7A          | Pat Moreton     | Los Gatos        | 4:23                   |
| 8A          | Dave Skoufos    | S. San Francisco | 4:26.2                 |

PLACINGS AND TIME

PLACINGS AND TIME

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ONE MILE RUN - GIRLS

CCS RECORD: Sue Mundy, Lincoln, 1976, 5:04.9

| <u>Lane</u> | <u>Name</u>        | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|--------------------|---------------|------------------------|
| 1           | Vicki Bray         | Los Altos     | 5:06.2                 |
| 2           | Nancy Huyck        | Aptos         | 5:13.6                 |
| 3           | Heidi Moon         | San Mateo     | 5:28.5                 |
| 4           | Karen Hardy        | Aptos         | 5:29.1                 |
| 5           | Irene Crowley      | Overfelt      | 5:32.0                 |
| 6           | Becky Schmidt      | Half Moon Bay | 5:25.7                 |
| 7           | Joan Fox           | Homestead     | 5:32.6                 |
| 8           | Audrey Bettencourt | Half Moon Bay | 5:34.9                 |

PLACINGS AND TIME

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ONE MILE RUN -- FROSH/SOPH

STOCKBROOK - YALDEN 1972

CCS RECORD: Suhr Branham, 1972, 4:23.6

FINALS ONLY - Two to a lane, 2-turn stagger

| <u>Lane</u> | <u>Name</u>    | <u>School</u> | <u>Reg.Qual.</u><br><u>Time</u> |
|-------------|----------------|---------------|---------------------------------|
| 1           | Paul Marquez   | Ayer          | 4:26.4                          |
| 2           | Vavris         | Cubberley     | 4:28.2                          |
| 3           | Dave Marson    | Mills         | 4:32                            |
| 4           | Rick Ifland    | Soquel        | 4:32.9                          |
| 5           | Chris Marshall | Milpitas      | 4:27                            |
| 6           | Avila          | Cupertino     | 4:30.2                          |
| 7           | Nate Olivas    | Palma         | 4:37.4                          |
| 8           | Skip Wasstaff  | Bellarmino    | 4:41.3                          |
| 1A          | Ken Bergkamp   | Leigh         | 4:29.7                          |
| 2A          | Yeager         | Fremont       | 4:32.8                          |
| 3A          | Alex Siqueiros | Watsonville   | 4:38.6                          |
| 4A          | Dominic Rios   | Serramonte    | 4:41.4                          |
| 5A          | Steve Knott    | Leland        | 4:31                            |
| 6A          | Wimmer         | Menlo         | 4:33.1                          |
| 7A          | Perry George   | Hillsdale     | 4:42                            |
| 8A          | Eron Flory     | Blackford     | 4:31.3                          |

PLACINGS AND TIME

STOCKBROOK - YALDEN 1972

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MILE RELAY - FROSH/SOPH

CCS RECORD: Oceana, 1973, 3:29.4

FINALS ONLY - 2 Sections, placing determined by time

SECTION I

| <u>Lane</u> | <u>School</u> | <u>Reg. Qual. Time</u> |
|-------------|---------------|------------------------|
| 1           | Cubberley     | 3:27.2                 |
| 2           | San Mateo     | 3:31.4                 |
| 3           | King City     | 3:35.2                 |
| 4           | Silver Creek  | 3:35.3                 |
| 5           | Cupertino     | 3:30                   |
| 6           | Santa Clara   | 3:30                   |
| 7           | Hillsdale     | 3:32.3                 |
| 8           | Carlmont      | 3:33.2                 |

SECTION II

|   |               |        |
|---|---------------|--------|
| 1 | Lincoln       | 3:35.3 |
| 2 | Crestmoor     | 3:35.9 |
| 3 | Independence  | 3:36.8 |
| 4 | Terra Nova    | 3:37.5 |
| 5 | Westmont      | 3:37.6 |
| 6 | Andrew Hill   | 3:38.5 |
| 7 | Soquel        | 3:38.6 |
| 8 | North Salinas | 3:41.8 |

PLACINGS AND TIME

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MILE RELAY - GIRLS

CCS RECORD: Branham, 1976 - 4:05.9

| <u>Lane</u> | <u>School</u>  | <u>Reg. Qual.</u> | <u>Time</u> |
|-------------|----------------|-------------------|-------------|
| 1           | Saratoga       |                   | 4:06        |
| 2           | Branham        |                   | 4:06.5      |
| 3           | Silver Creek   |                   | 4:05.3      |
| 4           | Sequoia        |                   | 4:06.8      |
| 5           | Harbor         |                   | 4:08.1      |
| 6           | Camden         |                   | 4:09.2      |
| 7           | Menlo Atherton |                   | 4:09.9      |
| 8           | Monterey       |                   | 4:10.3      |

PLACINGS AND MARK

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MILE RELAY - VARSITY

CCS RECORD: Los Altos, 1970, Thompson, Davis, 3:15.5  
Brown, Andrews

FINALS ONLY - 2 sections - places determined by time

SECTION I

| <u>Lane</u> | <u>School</u>  | <u>Reg. Qual. Time</u> |
|-------------|----------------|------------------------|
| 1           | San Carlos     | 3:21.5                 |
| 2           | Silver Creek   | 3:22.0                 |
| 3           | Hillsdale      | 3:24.8                 |
| 4           | Seaside        | 3:26.0                 |
| 5           | Menlo Atherton | 3:21.5                 |
| 6           | Ayer           | 3:22.1                 |
| 7           | Overfelt       | 3:23.5                 |
| 8           | Sequoia        | 3:24.5                 |

SECTION II

|   |                  |        |
|---|------------------|--------|
| 1 | Mt. Pleasant     | 3:25   |
| 2 | Del Mar          | 3:25.1 |
| 3 | Buchser          | 3:25.3 |
| 4 | Serramonte       | 3:25.3 |
| 5 | S. San Francisco | 3:26.6 |
| 6 | Westmoor         | 3:28.4 |
| 7 | Monterey         | 3:29.6 |
| 8 | North Salinas    | 3:32.6 |

PLACINGS AND TIME

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