

58th ANNUAL

CALIFORNIA INTERSCHOLASTIC FEDERATION



STATE MEET
TRACK & FIELD CHAMPIONSHIPS
UC BERKELEY
76
BICENTENNIAL

UC BERKELEY ★ JUNE 4-5, 1976 ★ \$1⁰⁰

PAST STATE MEET TEAM CHAMPIONS

School	Points	Coach	Location	Date
Manual Arts (L.A.)	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts (L.A.)	37½	Otto Fritsch	YMCA Field, L.A.	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fairgrounds	April 27, 1918
Manual Arts (L.A.)	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fairgrounds	April 24, 1920
Lincoln (L.A.)	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fairgrounds	May 6, 1922
Hollywood	17½	William Paige	Occidental College, L.A.	May 12, 1923
Manual Arts (L.A.)	26	Sid Foster	Taft High	May 10, 1924
Manual Arts (L.A.)	16	Sid Foster	Stanford Stadium	May 9, 1925
Polytechnic (L.A.)	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly (Long Beach)	21	Norman Barker	Selma High	May 5, 1928
San Diego	22¾	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento	11	Glenn Broderick	Berkeley	May 10, 1930
San Diego	11	Lawrence Janssen		
Santa Ana	11	G. A. Oliver		
Polytechnic (L.A.)	19½	Edward Leahy	Visalia	May 23, 1931
Poly (Long Beach)	22½	Norman Barker	Modesto Junior College	May 21, 1932
El Centro	18	J. H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir (Pasadena)	15½	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir (Pasadena)	18	Albion Walton	Gridley High	May 23, 1936
Jefferson (L.A.)	23½	Harry Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18½	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18½	"Cap" Haralson	Visalia High	May 25, 1940
Edison (Fresno)	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946
Washington (L.A.)	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan (L.A.)	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson (L.A.)	28½	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson (L.A.)	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson (L.A.)	16½	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson (L.A.)	30½	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts (L.A.)	16 3/5	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial (Compton)	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson (L.A.)	24¾	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton	11	Ernest Hartman	Veterans' Stadium, Long Beach	May 31, 1958
Manual Arts (L.A.)	11	Charles Toney		
Poly (Long Beach)	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan (L.A.)	15	Jesse Flores	Stanford Stadium	June 4, 1960
Centennial (Compton)	11	Bill Gill	E. L.A. College, Los Angeles	June 3, 1961
Jefferson (L.A.)	14	John Childress	Modesto Junior College	June 2, 1962
Edison (Fresno)	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31- June 1, 1963
Jefferson (L.A.)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly (Long Beach)	13	Leon Forman		
Poly (Long Beach)	19	Leon Forman	Memorial Stad., Bakersfield	June 4-5, 1965
Dorsey (L.A.)	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir (Pasadena)	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial (Compton)	26	Bill Gill	Edwards Stadium, Berkeley	May 31- June 1, 1968
Los Angeles	22	E. Bravo	UCLA	June 6-7, 1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970
Lompoc	13	Frank Hiatt	UCLA	June 4-5, 1971
Sacramento	18	Scotty Bingham	Oroville High	June 2-3, 1972
Wilson (S.F.)	20	Adam Banks	Woodland High	June 1-2, 1973
Muir (Pasadena)	23	Walter Opp	Memorial Stadium, Bakersfield	May 31- June 1, 1974

(No meets held, 1942-1945, World War II)

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GREETINGS AND BEST WISHES TO ALL STATE MEET COMPETTORS

RICH HACKER

Berkeley High Track and
Cross Country Coach 1952-65
State Champions, 1957

Now Affiliated: BETTER HOMES REALTY

85 Moraga Way
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SCHEDULE OF EVENTS

TRIALS FRIDAY, JUNE 4

FIELD EVENTS

12:30 Girls High Jump
1:00 Girls Discus, Boys Long Jump
Boys Shot Put, Boys Pole Vault

2:30 Boys Discus, Girls Shot Put,
Girls Long Jump
3:00 Boys High Jump
4:00 Boys Triple Jump

TRACK EVENTS LH, HEAT 1

1:00 Girls 80
1:05 Girls 80 LH, Heat 2
1:10 Girls 80 LH, Heat 3
1:15 Girls 440 Relay, Heat 1
1:25 Girls 440 Relay, Heat 2
1:35 Girls 440 Relay, Heat 3
1:45 Boys 440 Relay, Heat 1
1:55 Boys 440 Relay, Heat 2
2:05 Boys 440 Relay, Heat 3
2:10 Girls 880, Heat 1
2:16 Girls 880, Heat 2
2:22 Girls 880, Heat 3
2:28 Boys 880, Heat 1
2:34 Boys 880, Heat 2
2:40 Boys 880, Heat 3
2:46 Girls 100, Heat 1
2:51 Girls 100, Heat 2
2:56 Girls 100, Heat 3
3:01 Boys 100, Heat 1
3:06 Boys 100, Heat 2
3:11 Boys 100, Heat 3
3:16 Boys 120 HH, Heat 1
3:22 Boys 120 HH, Heat 2
3:28 Boys 120 HH, Heat 3
3:35 Girls 440, Heat 1
3:40 Girls 440, Heat 2

3:45 Girls 440, Heat 3
3:50 Boys 440, Heat 1
3:55 Boys 440, Heat 2
4:00 Boys 440, Heat 3
4:05 Girls 220, Heat 1
4:10 Girls 220, Heat 2
4:15 Girls 220, Heat 3
4:20 Boys 220, Heat 1
4:25 Boys 220, Heat 2
4:30 Boys 220, Heat 3
4:40 Boys 330 LH, Heat 1
4:50 Boys 330, LH, Heat 2
5:00 Boys 330 LH, Heat 3
5:10 Girls Mile, Heat 1
5:20 Girls Mile, Heat 2
5:30 Boys Mile, Heat 1
5:40 Boys Mile, Heat 2
5:50 Girls Mile Relay, Heat 1
6:00 Girls Mile Relay, Heat 2
6:10 Girls Mile Relay, Heat 3
6:20 Boys Mile Relay, Heat 1
6:30 Boys Mile Relay, Heat 2
6:40 Boys Mile Relay, Heat 3

NOTE: Boys 2-Mile will be byed to finals.
Race will be run from scratch start.

FINALS SATURDAY, JUNE 5

FIELD EVENTS

12:30 Girls High Jump, Boys High Jump, Boys Shot Put, Girls Shot Put, Girls Discus,
Boys Discus, Boys Pole Vault, Boys Long Jump, Girls Long Jump
3:30 Boys Triple Jump

TRACK EVENTS

1:30 Girls 80 Low Hurdles
1:40 Girls 440 Relay
1:50 Boys 440 Relay
2:00 Girls 880
2:10 Boys 880
2:20 Girls 100
2:25 Boys 100
2:45 Boys 120 High Hurdles
2:50 Boys 2-Mile

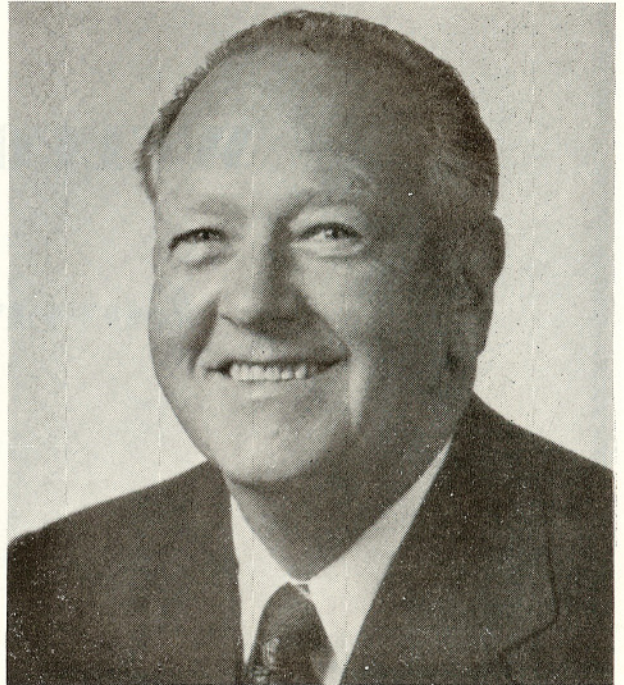
3:05 Girls 440
3:15 Boys 440
3:25 Girls 220
3:35 Boys 220
3:50 Boys 330 Low Hurdles
4:00 Girls Mile
4:10 Boys Mile
4:20 Girls Mile Relay
4:30 Boys Mile Relay

"THE CIF STORY"

California's State High School Track and Field Championship meet is recognized as THE most outstanding interscholastic track event in the United States. The meet also signifies the leadership of the California Interscholastic Federation in fostering sportsman-like competition among public and private schools throughout the state.

Formed in 1914, the state federation's general purposes have been to make possible uniform practices in the conduct of athletics and to centralize control. For the 58th year we look to the State Track Championships as a successful result of efforts in these areas. We welcome all athletes, coaches and patrons of the high school athletic program in California.

Mr. William Russell, state CIF commissioner, has a varied background in athletics and administration. He was an outstanding athlete at Santa Barbara State College (now UC Santa Barbara). He later served as graduate manager of his alma mater and commissioner of the CIF Southern Section before being appointed commissioner of the state CIF. Russell is chairman of the national high school track and field rules and records committee, and a member of the National Federation Executive Committee.



WILLIAM W. RUSSELL
Commissioner, CIF

MEMBERS, California Interscholastic Federation Council

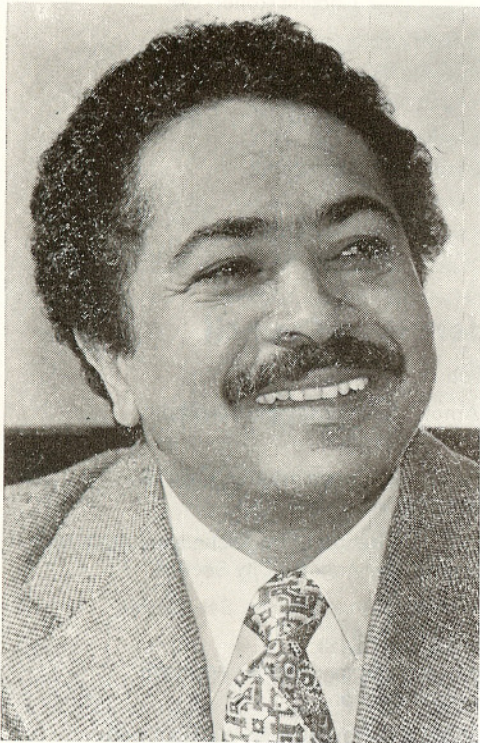
Members of the State CIF Federated Council

Steve T. Miletich (President), Assistant Principal, Beverly Hills HS
A. Dale Lacky (Vice President), Principal, Woodland HS
Tony Balsamo, Principal, Apple Valley HS
Robert Bush, Principal, Jefferson HS, Daly City
Robert Callan, Principal, Miramonte HS, Orinda
Ferren Christensen, Administrator, Huntington Beach UHSD
Wilbur Concklin, Principal, Mt. Pleasant HS, San Jose
Richard W. Cordano, Principal, Arcadia HS
George Egling, District Superintendent, Colusa USD
Howard Henderson, Principal, McKinleyville HS
Louis Jones, Administrative Assistant, Oakland USD
John Klumb, State Department of Education, Sacramento
Betty Melton, Director Girls' P.E., La Sierra HS, Carmichael
George Miskulin (Past President), Principal, Leigh HS, San Jose
Richard Neal, Principal, Bullard HS, Fresno
Doug Pederson, Cal Coaches' Association
G. W. Quade, Superintendent, Escondido UHSD
John Sanders, Principal, Cleveland HS, Reseda
Norman Schachter, Area Superintendent, L.A. City USD
Stanton Tong, Principal, Galileo HS, San Francisco
Richard C. Traynham, Principal, Sonora HS
Art Williams, Administrative Assistant, Tulare Union HS
William W. Russell, State CIF Commissioner
Robert E. Steuart, Administrative Assistant

CIF Section Commissioners

Gene Arnold, Commissioner, Campbell, Central Coast Section
Thomas Byrnes, Commissioner, Artesia, Southern Section
Jim Cheffers, Director of Interscholastic Athletics, Los Angeles, Los Angeles City Section
Don Clarkson, Commissioner, San Diego, San Diego Section
Clarke Coover, Commissioner, Modesto, Sac-Joaquin Section
Paul Gaddini, Commissioner, Walnut Creek, North Coast Section
Edwin Hendrix, Commissioner, Yuba City, Northern Section
Norman MacDonald, Commissioner, Fresno, Central Section
Aldo Nelson, Director of Oakland Athletic League, Oakland, Oakland Section
Armen Terzian, Commissioner, San Francisco, San Francisco City Section

WELCOME from the Governor's Office



Lt. Gov. Mervyn M. Dymally



EDMUND G. BROWN JR.
GOVERNOR

State of California
GOVERNOR'S OFFICE
SACRAMENTO 95814

Being a sports fan and one-time soccer player myself, I can appreciate the hard work and dedication that each athlete has expended in achieving his goal: a place in the State Track and Field Championship meet.

You competitors are the cream of California's high school track and field athletes--a group unexcelled anywhere, the nation's best.

As acting governor of the State of California I salute you, and I welcome all you fans who have come here knowing that this is the top high school track meet in the nation.

Athletic competition is one of the great traditions of this State and this nation. We have here today a remarkable example of that spirited competition and I salute each of you, whether you win or whether you lose, and ask only that you give it your very best. No one can ask more, for it's the trying that counts.

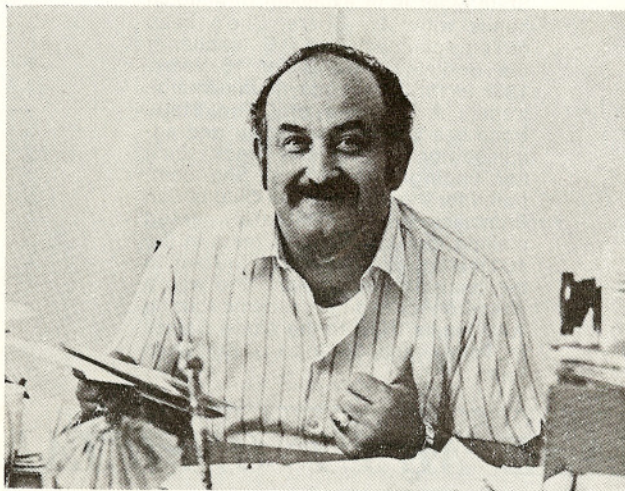
Best wishes for an enjoyable meet.

Sincerely,

A handwritten signature in dark ink, appearing to read "Mervyn M. Dymally".

MERVYN M. DYMALLY
Acting Governor

IN MEMORIAM



NICK GAREDAKIS: 1932-76

SOMEBODY VERY familiar and special is not with us here today.

He would have been. You can bet on it. But God willed otherwise. Yet, if I know Nick, he's looking down, stopwatch in hand, a smile and a very critical look crossing his face. That would be Nick Garedakis, the very successful former Castlemont High of Oakland track coach who died this January of a heart attack.

It's with honor and pleasure that the CIF dedicates the 1976 State Track and Field Championship Meet to our friend Nick.

He was everyone's friend. Once you made contact with Nick, you were hooked for good. That was one of the ingredients that made him such a success.

He didn't have a background of a great active track career, or majored in college with intention of being a track coach. The track bug simply bit him one day while watching some Castlemont athletes going through their paces.

Prior to that his primary interest leaned towards wrestling. He was an outstanding wrestler at Fremont High of Oakland, where he graduated in the late '40's. He also was student body president. Nick went on to San Francisco State College where he continued as a hot shot wrestler. While student teaching at Oakland High he also served as the assistant wrestling coach.

But once he arrived at Castlemont, the track bug bit hard.

NOT EXACTLY a wizard at the sport, Nick started to read about track from every book he could lay his hands on. He attended every clinic possible, most of the time from his own pockets. He bugged the top college coaches. He learned—fast.

When he became head track coach at Castlemont High in 1958 the Warriors weren't among the elite of Oakland Athletic League track and field.

Once Nick put his bit of magic to work, Castlemont suddenly blossomed into a Northern California power.

His magic was simple: Nick possessed a deep-rooted motivation to help youth. He became so engrossed with track that he wanted to become the best coach around. Nick didn't believe in short cuts. He was a believer in hard, dedicated work. With the rapport he developed with his athletes, he was able to convince his athletes that was the secret to success.

Nick's athletes believed in him because of his honesty, dedication, enthusiasm and his concern for their welfare. Perhaps most important he was able to communicate with his athletes. Nick also was liberal with his praise. When an athlete turned in an outstanding performance or whether he simply finished, but still gave 100 per cent, Nick was right there to congratulate or encourage.

By the time he decided to climax his coaching career at Castlemont in 1968 after 10 years, his record was a masterpiece of architecture: 97 dual meet wins out of 99 for a winning percentage of .980. His Warriors were OAL champions in 1959-60-62-63-64-65-66-67-68.

SOME OF THE finest OAL track stars were developed during the Garedakis era. Among the best were Ray Saddler, who in 1960 set the still-existing OAL 440 record of 47.7; an 880 relay team that set the OAL record of 1:26.8 that included Charlie Smith, the former Oakland Raider halfback; Ken Brown, a 6-8½ high jumper in 1965; and Fred Jackson, who topped that with 6-10½ in 1966.

Nick's teams also won numerous other titles, such as the El Cerrito and Martinez Relays, and some exciting, wild dual meet wins over his favorite rivals, Berkeley and McClymonds Highs.

But after 10 years of coaching Nick looked for new challenges.

His fame had spread internationally, despite being a high school coach. He was contacted by the government of the Dominican Republic to coach its national track team. The relationship was so amicable that Nick stayed on to direct the Dominicans' national teams to the 1968 (Mexico City) and 1972 (Munich) Olympics.

At the time of his death Nick was the foreign students admissions officer at Laney College in Oakland. As his wife Marie explained, "Nick was just dedicated to helping youth. He was happiest when he was helping someone get ahead."

IRONICALLY, the one goal that Nick sought more than anything while at Castlemont High managed to elude him: a State Meet championship. Despite his great teams, the Warriors couldn't seem to muster the needed points, a testimony to the stiff competition.

By John Rodriguez

MEET REFEREES

MEN

STERLING MacFARLANE Livermore School District

Though presently a district administrator, Sterling MacFarlane is no stranger to track and field. Thirty-five years of his life has been dedicated to high school athletics. He coached track for 11 years at Idaho Falls High, followed by a long tenure at Pittsburg High where he served both as a coach and principal. One of his star track pupils was Jimmy Briggs, the 1952 State Meet 880 champion. A veteran member and officer of the North Coast Section Board of Managers, "Mac" also served several terms on the CIF Federated Council and is a recipient of the CIF Honorary Award. Today, MacFarlane is Director of Personnel for the Livermore Valley Unified School District.

WOMENS

IRENE OBERA Berkeley High

The women's section of this year's State Meet is in excellent directional hands with Ms. Obera. She's been girl's track coach and P.E. teacher in the Berkeley schools for 10 years, 1957 to 1967, and today is in administration. A graduate of Chico State, Irene has been a competitor and administrator for women's track since her undergraduate days. She competed for the Laurel Track Club of San Francisco, and in 1968 barely missed making the U.S. Olympic team in the 100 meters. She made it all the way to the finals in the Tryouts. She was a chaperon for two international touring AAU teams, 1967 to the World Games in Tokyo, and 1973 on a European tour.

HONORARY REFEREE

PHIL HEMPLER

Now retired, Hempler devoted 44 years of his life to high school athletics. He served for 20 years at Richmond High as track coach and later athletic director (1929 to 1949). That was followed by various administrative positions, including North Coast Section Commissioner (1949 to 1973), commissioner of the Alameda County Athletic League (1951 to 1973), and chairman of the North Coast Section Track Committee (1952 to 1962). During one eight-year stretch while coaching at Richmond his teams lost only one dual meet. He won four ACAL championships. His powerful 1948 team still holds the ACAL record for the most points scored with 119.

STATE MEET OFFICIALS

MEET DIRECTOR: John Nules, El Cerrito High School
ASSISTANT MEET DIRECTOR: Bob Anderson
CONSULTANT: Hale Roach
MEET REFEREES—
BOYS: Sterling MacFarlane
GIRLS: Irene Obera
HONORARY: Phil Hempler
HEAD FIELD JUDGE: Don Bell (Boys and Girls)
STARTER: Clint Ostheimer
RECALL STARTER: Bob Anderson
CLERKS OF THE COURSE—
Staging Area: Dale Bervins
On The Track: Ed Anderson
ANNOUNCER: Sanford (Sandy) Ber- man
ASSISTANT ANNOUNCERS: Richard Jones, Bill Van Amburg
WEIGHTS AND MEASURES: Norman Morrison
HEAD TIMER: Jim Nelson
ASSISTANT HEAD TIMER: Jim Kruse
HEAD FINISH JUDGE: Thomas Anton
ASSISTANT FINISH JUDGE: Dick Peterson
HEAD INSPECTORS—
FROM PRESS BOX: Alan Morgan
ON FIELD: Andy Anderson
OFFICIAL SCORERS—
BOYS: Hart Fairclough
GIRLS: Betty Fairclough
SEEDING COMMITTEE: Hale Roach, Jim Brooks, Paul Gaddini, Bob Anderson
JURY OF APPEALS—
BOYS: Sterling MacFarlane, Hale Roach, Bob Anderson, John Nules
GIRLS: Cherrie Sherrard, Anna Reid, Irene Obera
PRESS ACCOMMODATIONS—
MEDIA RELATIONS COORDINATOR: Steve Kennedy
COORDINATOR, INTERVIEW AREA: Keith Conning
MEDIA STEWARD: Mike Hall
HEAD MARSHALL: Fred Brown
SCOREBOARD CLOCK TIMER: David Morgan
PROGRAM EDITOR: John Rodrigues
FILMING: Walt Porep, Walt Prep, Jr. (Sportsreels Production)
TICKETS: Bill Tobin

GATES: John Rossi
ACCOUNTING: Carl Mayers
CASHIER: Fanni Manni
REGISTRATION, COACHES AND ATHLETES: Barry Connors
AWARDS: Bob Raymer, Bob Hanelt
PRESENTING AWARDS: Joni Gok, Ann Delehunt, Barbara Jensen, Michelle Burnett, all El Cerrito High; Sue Wright, Berkeley High
EQUIPMENT—
FOR TRACK: Duncan McIntyre
FOR OFFICIALS: Jerry Deuker
FOR STUDENTS: Linda Sawyer
STUDENT CREWS COORDINATORS: Jim Brooks, Jerry Deuker
ALL STUDENT CREWS: El Cerrito, Pinole Valley, Kennedy (Richmond), Pacific (San Leandro) and Piner (Santa Rosa) high schools
HOSTESSES, USHERETTES, ETC: Elizabeth Delehunt
MEET DOCTORS: Dr. Forrest Beaty, Dr. Robert Chang, Dr. Paul Cianci, Dr. Robert Mariotti
MEET TRAINER: George Anderson (Oakland Raiders)
ASSISTANT TRAINERS: Dave Steuger (UC Berkeley), Paul Mohler (UC Berkeley)
GIRLS TRAINER: Sherry Kosek (Stanford)
WIND GAUGES: Leon Glover, Tony Openheim
OFFICIAL MEET BAND: El Cerrito High School, Richard Emmons and Terry Clark, directors; Greg Mayer, student director
FIELD MAINTENANCE: Pete Molen- dyk
FIELD SURVEY: Bates & Bailey En- gineers
TIMERS: 1st Place, Jim Kruse, Penny Wollan, Phil Clifton; 2nd place, Terry Clark, Pat Worthington, Allen Ong; 3rd Place, Margaret Wetmore, Bill Knapp; 4th Place, Carol Straus- borger, Pete Perry; 5th Place, Wayne Green, Ed Francis; 6th Place, Glenn Baughman; 7th Place, John Sproul, Jr.; 8th Place, Jim Morehouse; 9th Place, Oscar Saka- moto, Dave Larson

FINISH JUDGES: 1st Place, Jim Cat- lett, Dick Peterson; 2nd Place, Chris Rozewski, Hal Kinsman; 3rd Place, Jim Walker, Judy Wong; 4th Place, Jim Eaneman, Frank Gran- ucci; 5th Place, Ernie Lambert, Shirley Wyland; 6th Place, Jeff Knox*; 7th Place, Jerri Durbin; 8th Place, Steve Alameida; 9th Place, Nick Caporicci* (*Also timers)
INSPECTORS—
ZONE I: Mike Anton, Don Wilson, Bob Ballou, Ed Burnett
ZONE II: Doug Kinsman, Bill Frank, Ed Bartlow, Steve Severy, Jack Williams
ZONE III: Jim Erickson, Don Hagey, Jerry Rozewski, Pete Jensen
ZONE IV: (Break area): Gary Kaiser, Tim Kota, Pete Norgaard
SHOT PUT: Dick Gorman, Jerry Ludy, George Reed
DISCUS: Duncan McIntyre, Alex Fa- gan, Nancy Fagan
LONG JUMP: Thelette Bennett, John Orogren
TRIPLE JUMP: Bill Parnell, Judy Steele
POLE VAULT: Bill Lawler, Ed Gordon, Randy Enos
HIGH JUMP: Steve Olsen, Dolly Felix, Guy Petrie
SECRETARIAL ASSISTANTS: Patricia McDonald, Laurie Roach, Sonja Waggoner, Sharon Brooks
EXECUTIVE COMMITTEE: Ed Ander- son, Thelette Bennett, Sandy Ber- man, Jim Brooks, Fred Brown, Keith Conning, Jerry Deuker, Norm Guest, Carl Mayers, Duncan McIn- tyre, Jim Nelson, Irene Obera
SPECIAL THANKS: University of Cali- fornia, Athletic Director Dave Mag- gard, UC Track Coach Irv Hunt, Business Agent Loren Moore, Field Supervisor Hal Barker, and Dean Bailey

FOR THE RECORD

CALIFORNIA STATE MEET RECORDS

100	9.4	Mel Gray, Montgomery, Santa Rosa	1967
		Elijah Jefferson, Crawford, San Diego	1974
		Joel Andrews, West, Bakersfield	*1975
		Kevin Williams, San Fernando	**1975
220 (turn)	20.7	Mel Gray, Montgomery, Santa Rosa	1967
(straight)	20.2	Forrest Beaty, Hoover, Glendale	1961
440	46.6	Larance Jones, Lemoore	1966
880	1:48.8	Richard Joyce, Sierra, Whittier	1965
MILE	4:05.4	Mark Schilling, Garden Grove	1972
2-MILE	8:44.9	Eric Hulst, Laguna Beach	1975
120 HH	13.2	Dedy Cooper, Harry Ells, Richmond	1975
330 LH	36.2	Dedy Cooper, Harry Ells, Richmond	1975
440 RELAY	41.0	Wilson, S.F. (Farmer, Whitaker, Kirtman, Walker)	1973
MILE RELAY	3:13.2	Castlemont, Oakland (Roberts, Morgan, Curry, Rodgers)	1971
HIGH JUMP	7-1 $\frac{1}{2}$	Dwight Stones, Glendale	1971
POLE VAULT	16-2 $\frac{3}{4}$	Tim Curran, Crespi, Encino	1973
SHOT PUT (12 lbs.)	67-3 $\frac{1}{4}$	Jim Niedhart, Newport Harbor, Newport Beach	1973
DISCUS	201-3	Chris Adams, Los Altos	1970
LONG JUMP	25-4 $\frac{1}{2}$	Jerry Proctor, Muir, Pasadena	1967
TRIPLE JUMP	50-9	Willie Banks, Oceanside	1974

*Trials **Finals

U.S. NATIONAL HIGH SCHOOL RECORDS

100	9.0	Houston McTear, Baker, Florida	1975
220 (turn)	20.6	Mel Clipper, Muir, Pasadena	1958
(straight)	20.2	Forrest Beaty, Hoover, Glendale	1961
440	45.8	Ron Ray, Ferguson, Newport News, Va.	1972
880	1:48.8	Richard Joyce, Sierra, Whittier	1965
MILE	3:58.3	Jim Ryun, East, Wichita, Kan.	1965
2-MILE	8:41.5	Steve Prefontaine, Marshfield, Coos Bay, Oregon	1969
120 HH	13.2	Mike Robertson, Winter Park, Fla.	1975
330 LH	35.9	Bill Blessing, Hillcrest, Dallas, Texas	1974
440 RELAY	40.2	Lincoln, Dallas, Texas	1970
MILE RELAY	3:11.8	Killian, Miami, Florida	1969
HIGH JUMP	7-1 $\frac{3}{4}$	Mark Wilson, Monte Vista, Danville, CA.	1974
POLE VAULT	16-7	Dean Herzog, Lansing, Kansas	1974
		Casey Carrigan, Orting, Wash.	1969
		Bob Pullard, Los Angeles, CA.	1969
SHOT PUT (12 lbs.)	72-3 $\frac{1}{4}$	Sam Walker, Samuel, Dallas, Texas	1968
DISCUS	201-3	Chris Adams, Los Altos, CA.	1970
LONG JUMP	25-9 $\frac{1}{2}$	Gerald Hardeman, Edison, Fresno, CA.	1972
TRIPLE JUMP	52-6 $\frac{1}{4}$	David Tucker, Memorial, Fresno, CA.	1970
JAVELIN	254-11	Russ Francis, Pleasant Hill, Oregon	1971

CALIFORNIA STATE MEET GIRLS RECORDS

100	10.6	Sandra Howard, Manual Arts, L.A.	*1975
220	24.1	Marie Nickson, Berkeley	*1975
440	55.3	Jodi Anderson, Washington, L.A.	1975
880	2:09.2	Cathy Costello, Pleasant Hill	1975
MILE	4:53.5	Cathy Costello, Pleasant Hill	1975
80 LH	10.1	Yvonne Boone, Fremont, Oakland	1975
440 RELAY	47.5	Berkeley (Sharon White, Annette Robinson, Marie Nickson, Terry Knight)	1974
880 MED. RELAY	1:44.5	Washington, L.A. (Price, Jones, Ford, Anderson)	1975
HIGH JUMP	5-8	Pam Blackburn, Cubberly, Palo Alto	1974
		Kim Maddox, Los Angeles	1975
LONG JUMP	19-7	Jodi Anderson, Washington, L.A.	1974
SHOT PUT (8 lbs.)	49-1	Kathy Devine, Mission Bay, San Diego	*1975

*Set in trials.

U.S. NATIONAL GIRLS AND WOMENS RECORDS

100	10.3	M. Gillette, Park Forest, ILL.	1967
220	23.8	Margaret Johnson, Lebanon, Oregon	1966
440	55.3	Jodi Anderson, Washington, L.A.	1975
880	2:09.3	Cathy Costello, Pleasant Hill, CA.	1975
MILE	4:53.5	Cathy Costello, Pleasant Hill, CA.	1975
80 LH	10.1	Yvonne Boone, Fremont, Oakland, CA.	1975
440 RELAY	47.5	Berkeley, CA. (Sharon White, Annette Robinson, Marie Nickson, Terry Knight)	1974
880 MED. RELAY	1:44.5	Washington, L.A. (Price, Jones, Ford, Anderson)	1975
HIGH JUMP	6-0 $\frac{1}{2}$	Joni Huntley, Sheridan, Oregon	1974
LONG JUMP	20-4	Maxine Graham, Flemingsburg, KY.	1975
SHOT PUT (8 lbs.)	51-1 $\frac{1}{4}$	Kathy Devine, Mission Bay, San Diego	1974

SOUTHLAND SENDS SIZZLING HORDE

BY AVRUM DANSKY

Los Angeles Times

The South shall rise again.

Just as it did in 1970 when the California State track and field championships were last held here at Edwards Stadium and athletes representing the Los Angeles City, Southern and San Diego sections picked up eight championships.

This year's group of Southern California performers looks just as potent in both the boys and girls competition.

The Southland contingent includes eight defending champions—four in the boys ranks and four more in the girls division.

The boys winners in 1975 back for another try are San Fernando's Kevin Williams in the 100, Hamilton's Billy Mullins in the 220, Laguna Beach's Eric Hulst in the two mile and Fontana's Paul Wilson in the long jump.

With San Diego's Thom Hunt failing to qualify in the two-mile, Hulst and Mullins look like the best bets to repeat their victories.

Hulst, who set a State record of 8:44.9 last year in San Diego, demonstrated his superiority in the State qualifying meet when he clocked 8:44.6 to establish a Southern Section mark.

It was an especially impressive performance as Hulst ran the entire distance by himself in a bid to break Steve Prefontaine's national mark of 8:41.5.

MULLINS UNCHALLENGED

Mullins has been virtually unchallenged in the 220 this season with a best of 21.2 and a runaway 21.3 victory in the City championships.



KEVIN WILLIAMS, San Fernando High, defending 100 Champion.



BANNING HIGH—This is the fleet Banning High mile relay that finished a whisker behind Hamilton for the Los Angeles City title. Both teams clocked 3:16, a new record. From left: Tom Knight, Phil Hubbard, Leonard McDonald, Ron Jones.

Mullins, who had run a State best 47.2 in the quarter earlier in the year but dropped the event to concentrate on the shorter races, was timed in 45.9 on the anchor leg of Hamilton's mile relay win in the City meet.

Fontana's Wilson, who qualified with a jump of 24-11 $\frac{1}{4}$, is also an outstanding basketball player.

San Fernando's Kevin Williams, who clocked 9.4 last year, was the L.A. City tri-Player of the Year in football as he helped the Tigers win the City championship.

And, two of his football teammates will also be on hand.

Charles White, the wishbone fullback and another of the tri-Players of the Year (the other was Kenny Moore, the brother of former 49er Manfred Moore), is the favorite in the 330 low hurdles following his performance in the City championships.

NATIONAL RECORD

White clocked 36.0 to establish a national record, topping the 36.2 set by Dedy Cooper of Harry Ells last year.

In addition, he qualified in the high hurdles and runs on both relay teams. His 46.7 anchor leg in the mile relay brought San Fernando from far back to third place and a spot in the State meet.

Another top football performer is El Cajon's Mark Malone, who rates as the discus favorite off his 192-6 best.

In addition to these performers the athletes to watch are Hunt in the mile, where he has run 4:06.6; Carson's Henry Williams and Gahr's Don Thompson in the quarter; Gahr's Jim Arriola, last year's runnerup, in the mile; Locke's Ron Glenn in the high hurdles; Aviation's Tom Hintnaus, (16-4 $\frac{1}{2}$) in the pole vault; Hart's John McKenzie (67-9) in the shot put, and Manual Arts' Larry Doubly (25-4) in the long jump.

GIRLS FIELD

As for the girls events, the defending

champions are Jodi Anderson of Washington in both the 440 and long jump; Los Angeles' Kim Maddox in the high jump, and Bell's Pam Waters in the 220.

Waters, who finished second in the 100 last year, again should face the pressure from Westchester's Kim Robinson, who placed behind her in both the 100 and 220 in the City meet and was second in the State 220 in '75.

Anderson (19-3) again appears the lass in the long jump where she is the two-time defending champion but the 440 could be another story.

Jodi, who also qualified in the 80 low hurdles where she was third last year, finished only fourth in the City championships and will have to go some to overcome performers such as Kathy Jones of Edison (56.8) and Robbie Mitchell of Fremont (56.9).

If Maddox is going to repeat in the high jump, she will probably have to defeat two other Southland performers, Chris Remmling of San Dieguito, and Sue Long of Gahr, the 2-3 finishers last year at San Diego.

Remmling qualified in 5-8 $\frac{1}{4}$ and Long at 5-7, while Maddox needed only a 5-2 mark to win the City championship.

TALENTED SOPHS

Three sophomores making their first appearance in this meet are worth mentioning and will make their presence known.

Lynne Maltinski of Mira Costa, who has run only six competitive miles in her life, set a Southern Section record of 4:56.4 in the mile and is a polished runner with unlimited potential.

Suzie Meek of Palos Verdes is the Southern Section record holder in the 880 at 2:14.8, while Lynne Honeywell of Kennedy of Granada Hills won the 880 (2:17.0) and mile (5:12.4) in the City meet, both in record time.

Willis, Lewis Give S.F. Track a Boost

By PHILLIP WONG
San Francisco Section

From the 1972 State Meet in Oroville to the 1974 meet in Bakersfield, Wilson High of San Francisco, under the coaching of Adam Banks, brought to the S.F. Section recognition and respect from the entire California Interscholastic Federation.

After last year's meet in San Diego which saw all the S.F. athletes failing to qualify into the Saturday finals—Wilson's 440 relay team was disqualified from their silver medals for a lane violation—it was thought that it would be a long time before San Francisco schools would again make a strong State showing.

The Spring Sports program was plagued by a City strike in March that curtailed transportation, preventing students from attending classes and athletic teams from traveling to scheduled events.

But that still didn't stop one of the more talented track stars from keeping in condition. Tuquail Willis of Mission vowed to make it to the 1976 State Meet to bring recognition back to San Francisco.

With the strike canceling dual meets and intersectionals, the 6-5, 200-pound Tuquail

was dying for those Saturday invitationals that would prepare him for the stiff State Meet opposition.

First stop was the third annual San Jose Relays with the face-to-face confrontation with local favorites Glenn Cannon of Mt. Pleasant and Keith Taylor of Piedmont Hills, along with the co-holder of the world 100-yard dash record, Houston McTear of Florida's Baker High.

The 100 was run in meters to accommodate McTear, gearing himself for the Olympics. Little did track experts know that despite McTear's victory of 10.3, setting a national prep record, Willis' third-place, half-step finish behind Cannon (both in 10.5) was a stepping stone for the powerful Bear.

The competition was starting to intensify.

At the Sacramento Invitational Willis was nosed out by Santa Rosa Piner High's James Burrell in 9.7. From there it was on to the renowned El Cerrito Relays where Willis' potential began to blossom.

He "bombed" a talented field in 9.6, well ahead of Cannon and Burrell, both at 9.8. It was sweet revenge. Next came a biggie, Fresno's famous West Coast Relays. Again Willis showed his heels, winning in 9.7, ranking him among the State's premier prep

sprinters.

Now all he had to do to earn a State Meet berth was to win in the San Francisco CIF Sectional Championships. The City strike had been settled and a few meets were sandwiched in.

In the championship meet, Willis faced a good field, including fleet Ernest Lewis of Wilson High who boasted a best time of 9.4, though somewhat suspect because it came in one of the informal City All-Comer's meets during the strike. That time placed him alongside Barstow's Dupree Branch as the fastest preps in California this year.

But Willis made them all take notice with a 9.3 in the trials, though wind-aided. In the finals he led all the way to beat Lewis by two yards in 9.6 to successfully defend his title and claim a spot in the 58th State Meet.

Lewis, though, won't be watching from the Edwards Stadium stands. He looked strong and impressive in overhauling Willis in the final 60 yards of the 220 to win in 21.8, a personal best. Willis' runnerup time was 21.9, though he has a best of 21.2.

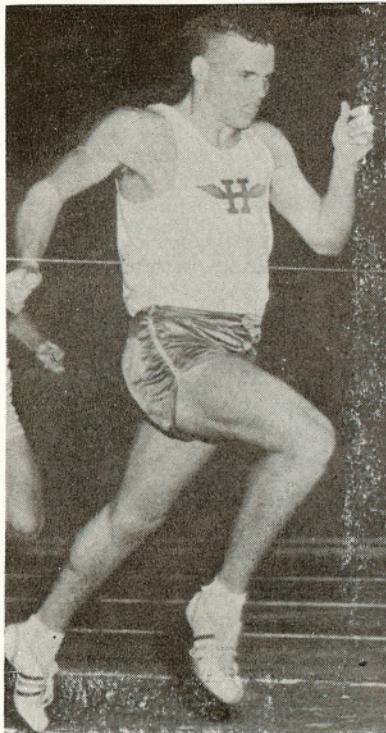
So today Willis and Lewis have an opportunity to restore San Francisco's prep track reputation, somewhat tarnished the past couple of years.



—San Francisco Examiner Photo by Bill Nichols

S.F. HOPES—Tuquail Willis, Mission (R), won the San Francisco 100 in 9.6 after a wind-aided 9.3 in the trials. Ernest Lewis, Wilson, was second in the 100, first in the 220. They head good S.F. contingent.

SUPER FORREST NOW M.D.



FORREST BEATY as he looked as a senior in 1962.

Remember Forrest Beaty?

Sure you do. In the early 1960's Forrest Beaty of Hoover High of Glendale was the fastest high school human in America. He had the credentials to prove it: 9.4 and 20.2 sprint times. The 220 time still stands as the national prep record for straightaway.

He won two State Meet 100 titles in 9.6, 1961 and 1962. He won the 220 in 1961 as a junior in 21.4. In 1962 he was 10 yards ahead of the 220 pack when a muscle pull forced him to the sidelines.

Track and Field Magazine named Beaty high school track and field athlete of the year in 1962 for his 9.4 and 20.4 times, plus a 47.3 quarter. When healthy, Forrest Beaty was near-invincible.

Where is Beaty today?

Why, in Oakland, that's where. He's now Lieutenant Commander Forrest Beaty, U.S. Navy, in charge of the Navy's adolescent medical clinic at the Oakland Naval Hospital.

For the 58th State Meet, he is one of the meet physicians.

How did he decide on medicine? "I always wanted to be a doctor," he explained. So, following his graduation from U.C. Berkeley in 1967 he attended U.C. Medical School in San Francisco. He served his residency in pediatrics at the Oakland Naval Hospital, later earning a fellowship with the Navy in a new field, adolescent medicine, which is the care of youngsters of Navy personnel.

Lt. Beaty will always cherish his track experience and feels that all youngsters should use athletics as a stepping stone to achieve, whether it's a college education, a career, or simply getting something out of life.

"Track taught me a lot," said Lt. Beaty. "It provided me many opportunities I might not have gained. I'd like to see more kids take advantage of that. Too many kids get into athletics but don't take advantage of the opportunities afforded them."

Today, Lt. Beaty lives in Orinda with his wife Peggy and their five children. At 190 pounds he's only seven pounds heavier than when he whizzed around for Hoover High.

He still runs 15 to 20 miles per week, plays a mean game of flag football, and is ever grateful that track paved the way for his career.



SANFORD (SANDY) BERMAN
"The Voice"

Coming to you loud and articulate is "The Voice" of today's State Meet, Sanford (Sandy) Berman. Officially, Sandy is chairman of the math department at El Cerrito High School. But to everyone in the area, he's "Mr. Ubiquitous." Seemingly, he is everywhere, conducting classes, tutoring students at his home, attending meetings, and in the midst of every athletic coordinating conclave. "He's the biggest booster of athletics in the area," insists John Nules, athletic director at El Cerrito High and the Director for this State Meet. Sandy has taught for 18 years in the Richmond School District. He started at Harry Ells, where he founded the school's forensics team. In 1967 he transferred to El Cerrito High. During his high school days at Lowell in San Francisco, Sandy was a ranking tennis player. He later attended San Francisco State. He presently is Commissioner of the Alameda County Athletic League (ACAL), and next term will be commissioner of the new athletic alignment to be called the Richmond-Berkeley Athletic League (RBAL).

LAMBERT'S SPORTING GOODS

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1976 State Meet
and all
the athletes

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Oakland 880 Star Left For Dead

By PETER CLARK
Oakland Tribune

Oakland High School half-miler Bruce Sterling never will forget the night of April 23, 1975.

High in the Oakland hills, two kidnapers left Sterling and Ricky Villanueva for dead that night after an execution-style shooting.

The crime got national publicity because Villanueva, who died from his wounds, was the nephew of U.S. Rep. Ron Dellums, D-Oakland. Incredibly, not only did Sterling survive point-blank shots in the back of the head but he will run in today's 58th annual State Meet. His 1:54.2 makes him one of the favorites.

On that April 23 night, Sterling, Villanueva and Carmen Laris were about to close up and leave work at a fried-chicken drive-in when two young men walked in. One was Edward Lee Word; the other a former All-City high school fullback, Fritz Paige.

The two tried to crack the safe. Frustrated in that and fearing they had been recognized, they forced the three employees into their car and drove to the Merritt College campus.

"I wasn't sure what was going on," Sterling recalled. "I wasn't frightened, because I didn't have any idea they intended to use violence." In an isolated parking lot, Word

ordered Sterling and Villanueva to lie face down on the asphalt, leaned over and shot each victim twice with a .22-caliber revolver.

"He hit me twice in the back of the head," said Sterling. "One bullet went in and ricocheted out. The other is still lodged in my head. The shots didn't bother me at all. I felt absolutely no pain. The doctors decided not to take the other bullet out because it's too close to the spinal cord."

Feigning death, Sterling waited until Word and Paige fled with Miss Laris, then ran about 500 yards and flagged down a motorist. Police caught Word and Paige an hour after the shooting. Word has since been convicted of first degree murder.

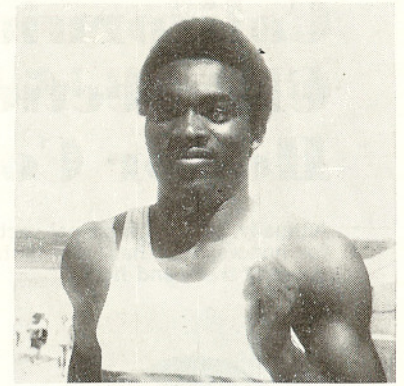
"I never went through shock," said Sterling, who was hospitalized only six days and was back on the track running within two weeks.

"At first I suffered some headaches and got a little dizzy, but they're gone now." Sterling said he hasn't been really pressed in racing this year. "At the end I'm rarely tired, because I haven't used my kick."

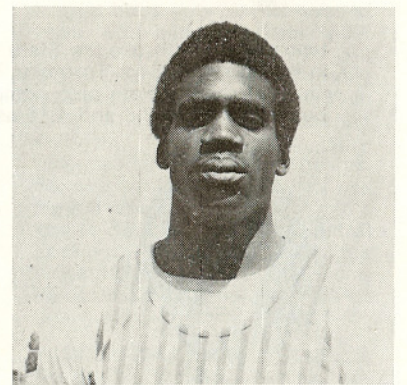
His coach, Earl Love, says the 5-foot-8, 130-pound senior is "a natural middle-distance runner who could be one of the nation's best in a few years. He is fluid, has excellent breathing and carries a slight frame on long legs.



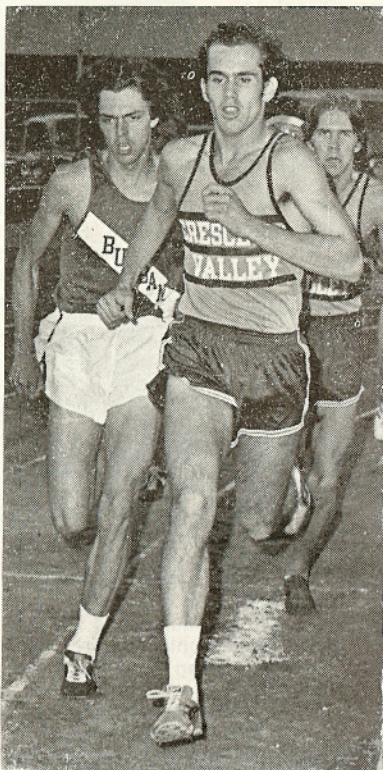
SHOT PUT FAVORITES: John McKenzie, Hart High (above), is shot put favorite off his State best of 67-9, one of the best in the country. He won Southern CIF title at 65-4. Steve Montgomery, Lassen, (below right), has the second leading throw in the State at 66-10³/₄.



DUPREE BRANCH
Barstow ace has fastest 220 time in State: 20.8



KEITH TAYLOR
Piedmont Hills (San Jose) has 47.8 quarter, runs on mile relay team.

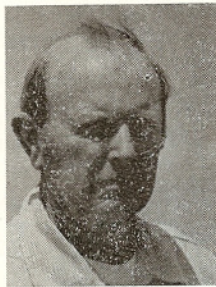


DON MOSES, Crescenta Valley, leads a mile pack here. Best is 4:08.5, second in Southern CIF in 4:11.3.

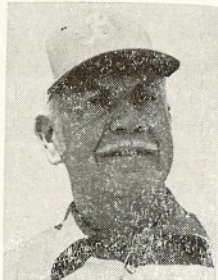


California's CIF Sections Honor Coaches

Annually, each high school section selects a man for honors, who has contributed notably to the sport of track and field.

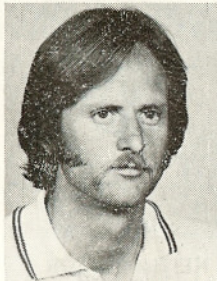


ROBERT STUART, North Coast Section. Now retired, Stuart was the key influential figure in the development of track and field at Ells High, Richmond. From 1955 to 1972, Ells was always considered a prime contender in Bay Area prep track circles. Among the outstanding athletes developed by Stuart included Travis Williams, a consistent 9.6 sprinter, who later set a national J.C. 100 record of 9.3, and went on to gain fame as a professional football player with Green Bay and Los Angeles; Tom Cousey, who won the exhibition triple jump at the 1960 State Meet; two 50-foot-plus shot putters Bob Hudson and John Sutro; Ricky Rogers, a 14.3 hurdler; Robert Redditt, 23-11 broad jumper who competed in the 1964 State Meet, and the 1967 mile relay team that won the State Meet when it was still an exhibition event.



PETE ZAMPERINI, Banning High, Los Angeles City Section. "The Silver Eagle" has never coached a losing season in 23 years of track at Banning. He started at Banning in 1952 and retired from active coaching in 1974. His teams have won 8 varsity, 14 JV and 16 10th grade titles. In approximately 140 cross country meets his teams have lost only 15. He coached at Torrance High from 1938 to 1947. Pete's brother, Lou, was the all-time USC distance star. Lou broke the State mile record when he won in 1934 in 4:27.8 running for Torrance. His best of 4:21.1 that year set a national record. Pete also competed for Torrance and USC with best times of 1:53.5 and 4:18 as a Trojan.

Competition. Competing for the Pioneers he was Far Western Conference high jump (6-7) and broad jump (24-4) champion.



CARSON ENGLISH, Balboa High, San Francisco Section. It didn't take Coach English long to establish his mark on the San Francisco prep track scene. In just three years his Bucs have swept to the City title, compiling a 42-1 dual meet record. He presently is riding a 34-meet dual meet winning streak. A graduate of Cal State-Hayward, English has been teaching in the San Francisco system for eight years. He holds degrees in Art and physical education.

Competition. Competing for the Pioneers he was Far Western Conference high jump (6-7) and broad jump (24-4) champion.



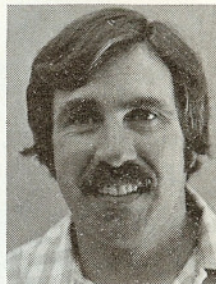
HARRY TAYLOR, Chula Vista High, San Diego Section. The head man since 1961, Coach Taylor's teams have been consistent winners through his guidance and inspirational leadership. Perhaps the best product developed by Taylor was Tim Danielson, two-time State mile champion in 1965 and 1966. Tim in 1966 became the second prep runner to dip under four minutes with a 3:59.4. Danielson broke the State mile record in 1966 with his 4:07

until Mark Schilling broke it in 1972 with 4:05.4. Prior to his arrival at Chula Vista, Taylor coached at Arroyo and Leuziner High in Los Angeles.



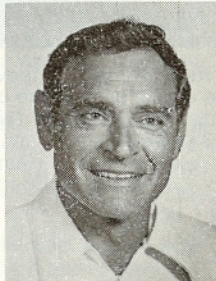
AL HOOKER, La Sierra High, Sac-Joaquin Section. Now in his 12th year of coaching track, Coach Hooker has produced four league championships and four runners-up. Among the State Meet athletes he has developed were two seven-foot high jumpers, two 15-foot pole vaulters, plus several outstanding hurdlers and distance runners. In addition to his coaching duties, he has served as meet director of the Golden West Invitational for two

years, and two Sac-Joaquin Section meets. He also assisted in staging the 1973 State Meet in Woodland. Coach Hooker has served as a member of the Sac-Joaquin track committee for eight years and as Central Valley Conference track chairman for six years.



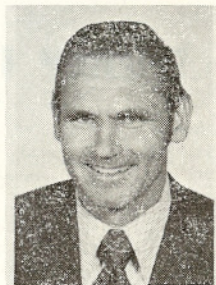
DON BELL, Willow Glen High (San Jose), Central Coast Section. Bell coached track at San Jose's Pioneer and Leland High for 10 years where his teams won three varsity league and one regional title. In 1973 and 1975 he served as meet director for the CCS meet. He is now retired from coaching and is vice principal and administrative head of the athletic department. Bell is an Alameda High grad ('57) where he won letters in football, basketball and track. He won the State Meet discus in 1957 and was all-league in football. He later competed in the discus at Stanford where he co-captained the 1961 team. His father is Don Bell, Sr., a well-known track official who is today's head field judge.

Competition. Competing for the Pioneers he was Far Western Conference high jump (6-7) and broad jump (24-4) champion.



ANDY DARBY, Wasco High, Central Section. In 22 years at Wasco plus two at Carlmont High in Belmont, Coach Darby has compiled a record of 12 league championships, plus 16 B and C titles. Wasco has won its league title eight of the last nine seasons and is presently on a 25-dual meet winning streak. His overall track record in 24 years is 151 wins, 41 losses. He has sent 22 athletes to the State Meet, including national high jump record holder Otis

Hailey (7-1 $\frac{1}{4}$). Coach Darby organized the annual Wasco Relays and helped launch cross country in the Central Section.



HERMAN STAUSS, Oroville High, North Section. From 1949 to 1971, Stauss' track teams won five varsity, 8 JV and 7 Frosh championships. He retired from coaching after 1971 and is now athletic director. Oroville has been a perennial Northern power under Coach Stauss' tutelage. He has turned out such top notch athletes as hurdler Mike Voris (14.2 and 19.1, and 1967 State Meet competitor), half-milers Gene Myers (1:57.7, 1967) and Mike Andrews (1:58.2,

1958 who later competed at Nevada-Reno), and miler Tom Brown (4:28). Stauss is a graduate of North Hollywood High and Santa Barbara State where he lettered in track and football.



BILL CROW, Santa Barbara High, Southern Section. Now retired, Coach Crow can reflect fondly and proudly on 27 years of serving young track athletes. During that span he compiled an amazing 87 winning percentage: 164 wins, 24 losses, 3 ties. Coach Crow inaugurated cross country in the Santa Barbara area and his teams ran up a 116-51-2 record in 22 years. His track teams ran up the Channel League championship flag 11 times. Among his

State Meet champions were pole vaulter Bob Looney (1959) and shot putter Sam Cunningham (1969), who went on to achieve football fame as "Sam Bang" at USC. A Santa Barbara High grad himself, Crow participated in football, basketball and track and was named the school's "Outstanding All-Around Athlete" as a senior.

State's Top CIF Women Coaches Honored For Contributions to Girls' Track and Field Program



LINDA SAWYER, Las Lomas High, North Coast Section. Six years ago Linda inherited a girl's team of four. Today, Las Lomas fields a full contingent and is consistently a league contender. Las Lomas has been runnerup in the Foothills Athletic League for the last three years. She has acted as meet director of the annual George DeKlotz Relays, and the girls' qualifying for the State Meet. Two of Linda's girls qualified for last year's State Meet.



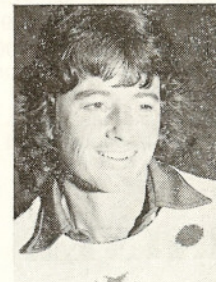
MARVA EICHELBERGER, Oakland Technical, Oakland Section. A graduate of Utah State, Marva's Tech teams have been undefeated since the OAL launched girl's track in 1974. She also coaches volleyball, basketball and softball. In her "spare" time she jogs, plays handball and golf, and is the left fielder for the "Bandits'" softball team. Marva began her coaching career at Tech in 1967.



FAYE MENDENHALL, Coalinga High, Central Section. In five years at Coalinga Coach Mendenhall's teams have won two league titles and placed second once. She had one State Meet qualifier in 1974 and four last year, including Alice Trumbly who placed second in the 880 in 2:12.1. She also has coached volleyball for three years, winning two league championships. For the past four years she has served as league rep for girl's sports, and served on the Central Section Girl's Track Committee since 1973. A graduate of Humboldt State, she helps coach AAU age group track.



JAN EDWARDS, Summerville High, Sac-Joaquin Section. Jan has coached girl's track at tiny (enrollment 400) Summerville High in Tuolumne County since 1969. Founder and Meet director of the Summerville Invitational, Jan's girls have nailed down 24 first places and 7 runnersup in 38 possible events. She has sent six representatives from this small Tuolumne school to the State Meet. A graduate of Fresno State University, Jan has served as Section Track Chairman for two years. And get this: at Summerville High she is athletic director for BOTH boys and girls!



SANDRA WILLIAMS, Royal High, Southern Section. During her nine-year tenure as girl's track coach her teams, up to midway this season, have compiled a dual meet record of 45-14-1. Royal has won the Marmonte League championship four of the last six years, and second twice. Thanks to Coach Williams' leadership girls cross country will become official in the Southern Section next season. She also has had varied experience in AAU coaching and officiating, acting as meet director of National AAU championships in both cross country and track and field, touring with several international teams.



DIXIE GRIFFIN, John F. Kennedy High, Los Angeles Section. A graduate of the L.A. City schools system, Dixie went on to earn a degree from the University of Hawaii and is presently working on a masters degree. In addition to participating herself, Coach Griffin has done much in Los Angeles to further girls track. She authored the rules and regulations for girls' interscholastic track program for the L.A. City schools in 1974, and has served since 1974 as the girls' interscholastic track sports coordinator for L.A. City schools. She has been girls track coach at Kennedy since 1965. As a competitor for 10 years, Dixie was a National AAU shot put champion, and also threw the discus and javelin. She was ranked one of the top 10 women athletes in the United States in 1956-57.



FRAN DAVENPORT, Poway High, San Diego Section. Coach Davenport got hooked on track at Vista High, where she graduated in 1961. It began with Olympic development meets from which she graduated to become the girls' and women's national javelin champion in 1961 and 1963, set an American javelin record while competing in Germany in 1963, a Silver medalist in the 1963 Pan-Am Games in Sao Paulo, Brazil. She settled down to coaching in 1973 at Poway High. Fran was the women's coach for the San Diego youth track team that traveled to Hawaii and Japan for international meets in 1975.



(L-R) BOB ANDERSON, JOHN NULES, HALE ROACH

MEET ARCHITECTS

Three men are the prime architects of the 1976 State Meet, John Nules, director; Bob Anderson, assistant director, both from El Cerrito High School, and a mighty familiar name, Hale Roach.

If the latter name sounds familiar, it should. Hale is the former track coach at El Cerrito High who retired two years ago. He is acting as advisor to Nules and Anderson.

Roach wouldn't miss this meet if his life depended on it. He was the first coach ever hired when El Cerrito opened its campus in 1941. Since then Hale has served in every coaching capacity.

But track and field was his first love.

He built the Gauchos into perennial powers. He founded the El Cerrito Relays, which today—since renamed the Hale Roach Relays, for obvious reasons—is one of the most prestigious in Northern California.

When it comes to planning, organizing and managing a track meet, Roach is unequalled. He is a model of efficiency. His meets always ran like clock-work.

The outstanding athletes produced by Roach are numerous. But one of the best was halfmiler Dale Scott who ran the second-fastest 880 in State Meet history to win in 1972 at Oroville in 1:49.7. Scott today is running for Washington State.

Two relay teams brought home State Meet blue ribbons under Roach. In 1971 the 440 relay team won in 41.1, a record until Wilson High of San Francisco shaved a tenth-second off in 1973. The mile relay team was No. 1 in the State in 1972 with a 3:17.6 time.

Roach served as State Meet director twice, 1966 and 1968, and both times Nules was his assistant, along with Anderson. Thus Nules and Anderson both were primed when they were assigned the task of directing this meet.

In fact, the two started planning for this date at last year's State Meet in San Diego. Both observed the organization and management, coordinated their findings and came up with a formula for the 1976 State Meet.

Hope you enjoy it.

RAIDER TRAINER ON JOB



The care and physical pampering of the athletes in the 58th State Meet will be in good hands.

George Anderson, official trainer for the 1976 State Meet, is the trainer for the Oakland Raiders, those perennial pro football champions. George is one of the few remaining original Oakland Raiders, starting with the organization in 1960.

George's interest in prep sports stems from his boy, Brad, a junior at Pinole Valley High. Brad is a 14.9 hurdler and the starting wide receiver on the Spartan football team. "I played sports in high school (Vallejo High) and I really enjoy high school athletics," said George. "That's where you really have fun."

Anderson left Vallejo High in 1946 to join the Army. Following his discharge in 1948 he enrolled at San Jose State and went out for football. But a knee injury ended that dream and that's when George, devoted to sports, decided to become a trainer.

After 10 years as a trainer at Odessa (Texas) High, Southern California, and the University of California at Berkeley, Anderson joined the new pro football franchise in Oakland when the American Football League was founded.

Today, George lives in Pinole with his wife Marcy and their three children.

STATE MEET CONFIDENTIAL

Hold on to your wooden plank because there are going to be some sizzling events going on at Edwards Stadium, Berkeley, for two days.

With the exception of Eric Hulst, there doesn't appear to be many clear-cut winners. Don't be surprised if a defending champion or two fails to repeat. There are four: Billy Mullins of LA Hamilton in the 100; Kevin Williams of San Fernando in the 220, Paul Wilson of Fontana in the long jump, and Hulst. Jim Arriola of Gahr was second in the mile last year in 4:10.1, but his best this year is only 4:10.9.

How about the crushing disappointment by Corning's Jeff Stover who tossed the shot put 65-9 but didn't make the State Meet! He was beaten by Lassen's Steve Montgomery who had to throw 66-10³/₄. Only one competitor from each event qualifies from the Northern Section.

One of the best buys is a pocket-book size tome that highlights every State Meet, 1915 to 1975. It's fascinating reading, and Donn Kirk, David Cooper and Keith Conning deserve plaudits, and the \$2.00 price, for their exhausting research efforts. It's on sale under the stands.

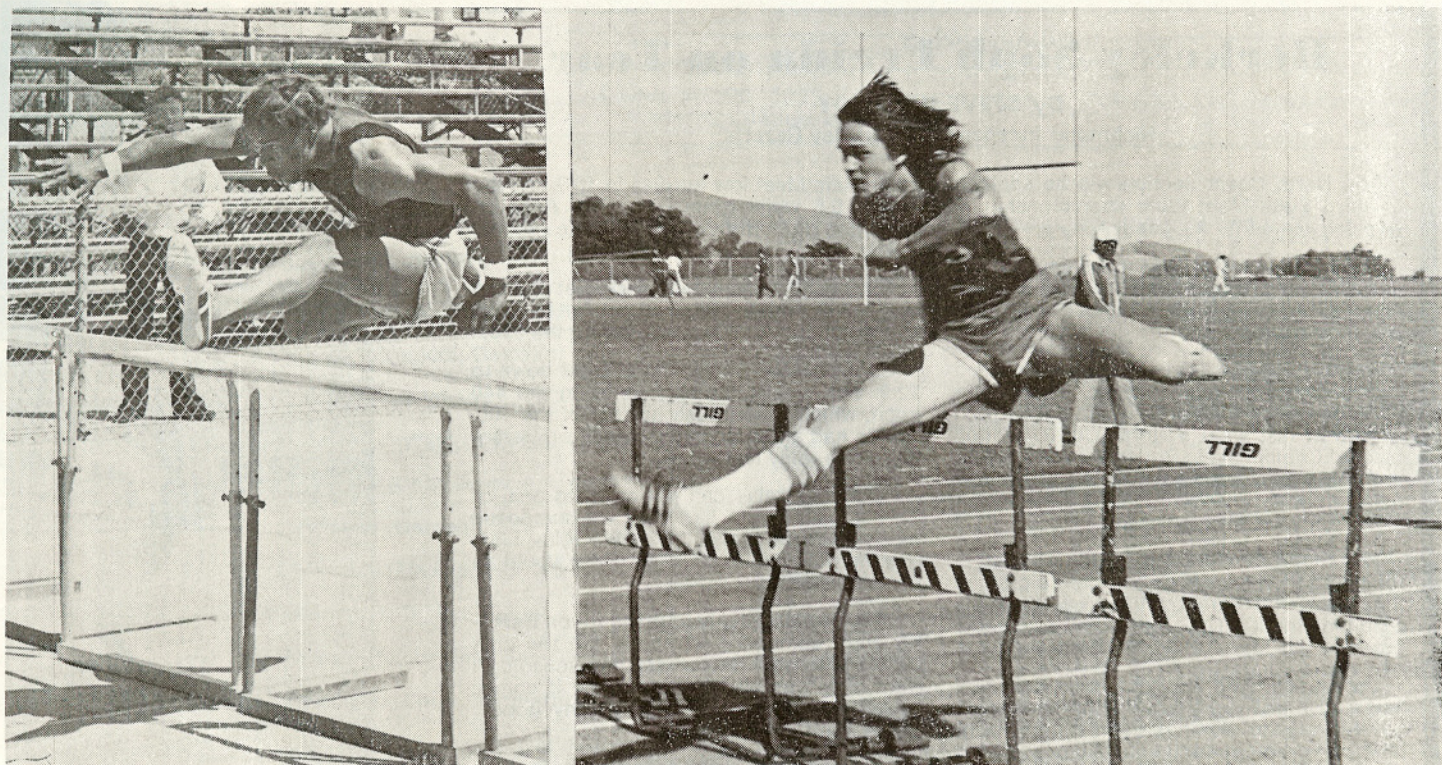
Wyatt Bishop of Claremont is making his third State Meet today. He made it the last two years in the 440, but this season qualified in the 880. . . . Glenn Cannon of Mt. Pleasant of San Jose will be competing in the 100 and 220 for the third straight year. . . . Eric Hulst definitely was shooting for the national 2-mile record last week, but a 4:20.2 first mile was his undoing. He was shooting for 4:18 for the first mile. . . . Hulst's splits were 63.1, 66.0, 65.7, 65.4 (4:20.2), 67.1, 67.3, 66.8 and 63.2.

A salute to John Nules, El Cerrito High athletic director, who is the meet director today. He started working towards this weekend at last year's State Meet in San Diego. Assisted by Bob Anderson, plus the veteran Hale Roach as advisor, this meet should operate like clock-work. . . . While the men will be competing something fierce, watch some of the girls' events. . . . Some of these gals can really fly and compete. . . . This definitely should help America's future Olympic women's track teams.

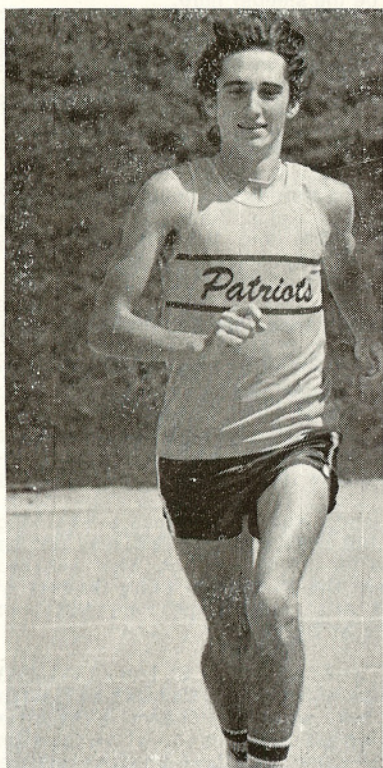
Fran Errota of the San Jose Mercury-News did a bang-up job of putting together that priceless feature about California State Meet winners who went on to win Olympic Gold Medals. Did you realize there were so many.

Incidentally, Fran says to keep an eye out on halfmiler Tom Light of Pacific Grove, a sleeper. He won the Central Coast championship in 1:52.9. Fran points out that Light is unbeaten this year and could dip under 1:50 if pushed.

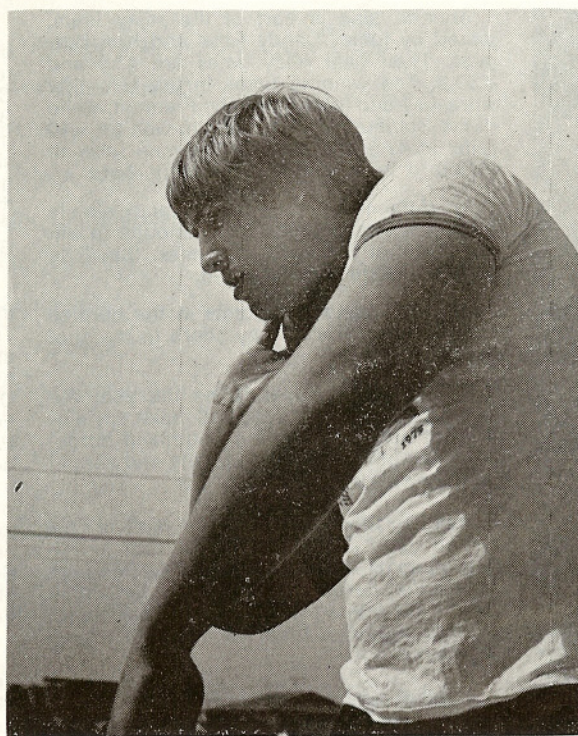
Note a couple of sophomores in the 880 field, Jeff Maxwell of Westmont, and Greg Francis of Yucaipa, and where's Yucaipa?



This may be how the finals in the 330 low hurdles will look down the stretch: Tommy Bobertz, Serramonte of Daly City, right, chasing Charles White of San Fernando. White broke the national record in winning the Los Angeles City Championship in 36-flat. Dedy Cooper of Ells High, Richmond, held the old record of 36.2. Bobertz is a 6-foot, 145 senior with a best of 37.5. He was nipped by Silver Creek's Andre Phillips in the Central Coast finals, though winning the 120 highs in 14.3. White was second in the highs in the L.A. meet in 14.1.

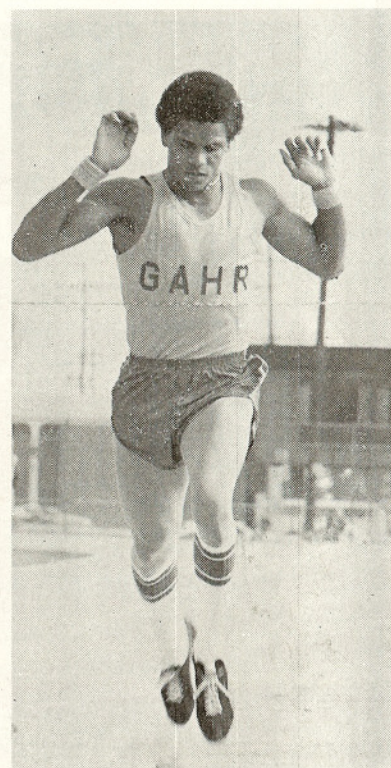


THOM HUNT, San Diego's Patrick Henry, has fastest mile in State at 4:06.6. Finished 5th last year in 4:11.2.



—Fremont Argus Photo

CONRAD JEPSEN, Washington, Fremont, has third best shot at 63-0. Consistent over 60 feet. All-East Bay tackle in football. Won North Coast with 61-8. Should add to hot field.



DONN THOMPSON, Gahr, won Southern CIF 440 in 48.2. Comes in with State's best of 47-flat. Could be ready for sub-47 race.

Berkeley Soph Freida on Tear

By STEVE KENNEDY
Richmond Independent/Berkeley Gazette

The North Coast Section will be seeking its third State Meet team championship in as many years this weekend.

Berkeley won the first girls' competition at Bakersfield in 1974, and the boys of Richmond's Harry Ellis captured the crown a year ago in San Diego.

Berkeley High's girls, led by pig-tailed sophomore speedster Freida Cobbs, are once again the favorites. Freida won both sprints at last week's North Coast Section Meet of Champions in Berkeley, was lead-off in the 440 relay and anchored the mile relay, both winners. That's four blue ribbons for little Freida.

Her times of 10.7 and 24.2w, superb in their own rights, were more credible since they were run here on the slow Edwards Stadium track. The Yellowjackets' relay times in the finals were 48-flat and 3:59.9.

Cobbs, who had a legal 24.2 in February and a 23.7 last year, ran 10.9 her first meet out this season. She has been plagued with injuries to her quadriceps, hamstring and hip, forcing her to miss a month of valuable competition with the hip ailment.

In fact, her hip still has not fully recovered. It shows during the start of her races when she stands up from the blocks instead of a low get-away. But the injuries have not hampered her effectiveness: she remains undefeated in high school competition this year.

"She has a desire to be good," says coach Willie White, the man who won the

1956 State Meet low hurdles in 18.9 and the 100 in 9.5 while running for Los Angeles' Jefferson High. Both times set State records at the time.

"She believes in herself and what she can do," adds White. "Were it not for her hip, she would be down around 23.3 for the 220."

Cobbs herself thinks she can get down to 22.9. She would like to step up to the 440 soon, which would push her out of the 100. Freida had an unofficial 56.8 split on Berkeley's mile relay last week.

"Our mile relay can get down to 3:55 or 3:54 if people run like they are supposed to," comments White. "Our 440 relay team has the potential to hit 47.5." That would tie the State record.

There will be plenty of pressure on Berkeley High competing at home, but the girls have obliterated all-comers this season. "I think they can handle it any way it comes because they believe they're pretty good," White explains.

Overlooked by most everyone is Annette Robinson. In 1974-75 she ran in the shadow of Marie Nickson, third and fourth in the State 220 and 100 respectively last year. This season, when the limelight might have been hers, Cobbs emerged.

Robinson ran second to Cobbs in both sprints in the NCS championships last week in 11.0 and 25.0w. The winning sprint times in the Los Angeles City finals were 10.9 and 24.4, while the Southern CIF finals were 10.9 and 25.2.

Annette also is part of the relay team, joined by junior Candy Ross and Kim Burgess. Their best relay times are 47.9 and 3:59.9. The winning times in the L.A. City were 48.2 and 3:58.4, both by Fremont, while in the Southern CIF Centennial won the 440 relay in 47.9 and Arcadia the mile relay in 3:58.0. It looks like a royal battle here.

In addition to her sprinting, Candy also is a capable high jumper, good enough to win last week at 5-8 without a miss. She'll be after the State record of 5-8.

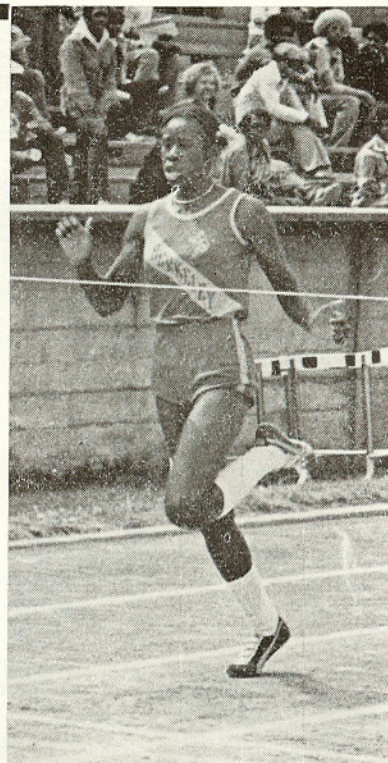
Burgess could add points in the hurdles and Vanessa Brooks may score in the shot put.

This doesn't appear to be the year the North Coast Section boys will make any significant dents against the Southland horde, but a few athletes bear watching and should distinguish themselves.

Heading the list is American High of Fremont's John Lane, over seven feet in the high jump (6-10 last week). He may be ready for another seven-foot leap today, since this will be his home pit for the next four years. He has signed a letter of intent to attend UC Berkeley.

Another South Alameda County standout is shot putter Conrad Jepsen of Fremont's Washington High with a best of 63 feet. He'll tangle with Hart's John McKenzie (67-9) and Lassen's Steve Montgomery (66-10³/₄).

Pittsburg's Derald Harris, with a best of 47.8 in the 440, hasn't been pushed this year.



FREIDA COBBS, Berkeley soph who could win the 100 and 220.

But he will be contested here against the likes of Gahr's Donn Thompson (47.0), Carson's Henry Williams (47.7) and Piedmont Hills' (San Jose) Keith Taylor (47.8). Taylor could be the sleeper here.

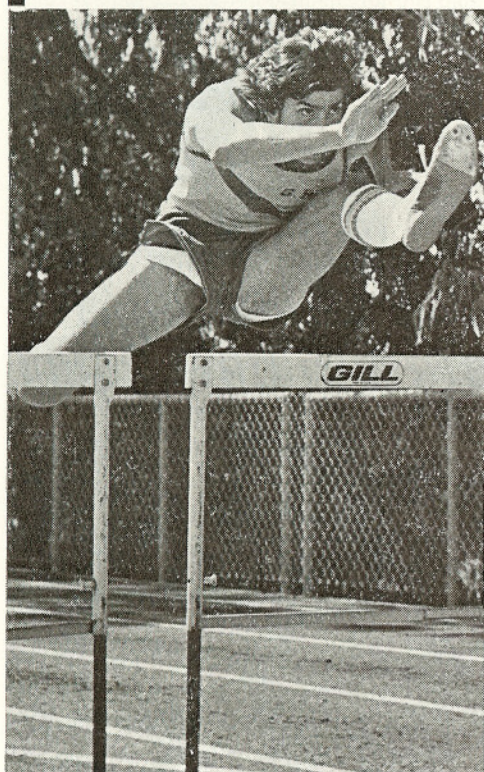
Chris Koko of Hayward's Sunset High has been improving in the hurdles and may be ready for a big effort. He won the North Coast 330 hurdles in 37.6, equaling his best. But tops here is the new National record-holder, Charles White of San Fernando, who stopped the watches at 36-flat in Los Angeles last Saturday. He could go lower with the likes of Koko, Silver Creek's Andrew Phillips (36.4) and Serramonte's Tommy Bobertz (37.5) pushing.

The century should live up to its name as the Classic Race with San Francisco entry Tuquail Willis of Mission with his windy 9.3 and legit 9.6, and Mt. Pleasant's Glenn Cannon (9.6) against the Southland greyhounds: Defending champion Kevin Williams of San Fernando (9.6), David Russell of San Diego's Patrick Henry (9.5) and Norris Jones of Kennedy-Barstow (9.5).

Oakland's Kurt Durham has a 24-2 long jump, but even equaling that may not be enough for the blue ribbon, what with two Southern Cal kangaroos, Larry Doubly of Manual Arts at 25-4 and Paul Wilson of Fontana at 24-11¹/₄.

But Darrell Mellion of St. Mary's (48-7¹/₂) and Cephus Johnson of Hayward's Mt. Eden (49-0) have an outside chance in the triple jump, though Pete Moreno of James Lick has a 50-footer, and three Southlanders are over 49 feet. Berkeley High's Anthony Hill (176-4) will really have to unwind his all-time best to even place in the discus.

Get the picture?



CHRIS KOKO, Sunset, Hayward, is a tough competitor. Should place in 330 lows. North Coast Champion in 37.6.

1 Boys' POLE VAULT

Approx. 9 Qualify

POLE VAULT

STATE RECORD—16' 2 $\frac{3}{4}$ ", Tim Curran, Crespi HS, Encino, 1973.
 NATIONAL RECORD—16'7", Casey Carrigan, Orting HS, Washington, 1969. Robert Pullard, Los Angeles HS, California, 1969.

Pole starts at 13-3 Friday, and 13-6 Saturday

Section	1976		Trials		
	Mark	Best	No.	Name (School, Section)	Place
12-0	12-6	026	Charles Lucero (A. Lincoln, S. F.)	---	---
12-5	12-5	005	Kevin Vann (Fremont, Oakland)	---	---
13-0	14-3	423	Vic Brown (Birmingham, L.A. City)	---	---
13-0	13-0	476	Kevin Doherty (Westchester, L.A. City)	---	---
13-0	13-0	428	Fred Guillette (Chatsworth, L.A. City)	---	---
13-6	14-4	447	Bert Johnson (Gardena, L.A. City)	---	---
13-6	13-6	247	Rick Stedman (Pleasant Hill, North Coast)	---	---
13-6	13-6	390	Walt Harris (Helix, San Diego)	---	---
14-0	14-0	380	Jeff Bisson (Bonita Vista, San Diego)	---	---
14-1 $\frac{1}{2}$	14-3	365	Jerry Mulligan (Chico, Northern)	---	---
14-3	14-3	248	Doug Ballinger (Redwood, North Coast)	---	---
14-4	14-4	182	Tom Firschau (Roseville, Sac-Joaquin)	---	---
14-6	14-6	304	Clark Milliman (Hawthorne, Southern)	---	---
14-6 $\frac{3}{4}$	15-1	194	Tom Philbert (Acalanes, North Coast)	---	14-3
14-7 $\frac{1}{2}$	14-7 $\frac{1}{2}$	089	Blake Fernside (Del Mar, Central Coast)	---	---
14-7 $\frac{1}{2}$	14-7 $\frac{1}{2}$	087	Vince Bradley (Carlmont, Central Coast)	---	---
14-8 $\frac{1}{4}$	14-8 $\frac{1}{4}$	145	Bruce Cochran (Elk Grove, Sac-Joaquin)	---	14-3
14-8 $\frac{1}{4}$	14-8 $\frac{1}{4}$	170	Dave Boone (McClatchy, Sac-Joaquin)	---	14-3
14-9	15-0	077	Billy Pierce (Sanger High, Central)	---	14-3
14-9	14-9	056	Mike Thornton (Hoover High, Central)	---	---
14-9	15-0	052	Brad Smith (Hanford, Central)	---	14-3
14-9 $\frac{3}{4}$	14-9 $\frac{3}{4}$	255	Tim McDonald (St. Helena, North Coast)	---	14-3
15	15-1	090	Todd Lovejoy (Del Mar, Central Coast)	---	14-3
15	15-3	317	John Young (Millikan, Southern)	---	---
15	15	360	Clif Juell (Upland, Southern)	---	---
15	15	288	Jim Bogart (Edison, Southern)	---	---
15	16-4 $\frac{1}{2}$	267	Tom Hintnaus (Aviation, Southern)	---	14-3

Previous CIF Champions

1915	Lincoln Hall (Santa Paula)	11-6
1916	Lincoln Hall (Santa Paula)	11-9
1917	Vance Wilbur (Sacramento)	11-0
1918	Eric Richardson (Ukiah)	11-6
1919	Dick Emmons (Manual Arts, L.A.)	10-6
1920	Leroy Goodenough (Fillmore)	11-10
1921	Harold Shoebridge (Anaheim)	12-0
1922	Harry Smith (San Diego)	11-11 $\frac{1}{2}$
1923	Les Barnes (Hollywood)	---
	Harry Smith (San Diego)	12-3 $\frac{5}{8}$
1924	Les Barnes (Hollywood)	12-11 $\frac{1}{2}$
1925	Jack Williams (Inglewood)	12-9 $\frac{5}{8}$
1926	Marshall Beeman (Armijo, Fairfield)	---
	Conrad Boye (Manual Arts, L.A.)	---
	Bill Hubbard (San Diego)	---
	Jerry Stewart (Los Angeles)	12-4
1927	Bill Miller (San Diego)	12-0
1928	Bill Miller (San Diego)	12-9 $\frac{1}{2}$
1929	Bill Miller (San Diego)	12-6
1930	Dave Crow (Polytechnic, L.B.)	12-6
1931	Joe Ramsey (Inglewood)	---
	Matt Stankovich (Polytechnic, L.A.)	12-8 $\frac{1}{4}$
1932	Bill Sefton (Polytechnic, L.A.)	---
	Tom White (Polytechnic, L.B.)	13-0
1933	Ed Harrison (Santa Monica)	12-7
1934	Dick Clarke (Hoover, Glendale)	---
	Eldred Ramos (San Ramon, Danville)	---
	Richie Rodriguez (Polytechnic, L.A.)	12-10
1935	Dick Clarke (Hoover, Glendale)	12-10 $\frac{1}{2}$
1936	Dave Bodkin (Inglewood)	12-11
1937	Baylor Maynard (Belmont, L.A.)	13-1 $\frac{1}{4}$
1938	Floyd Doty (Lodi)	---
	Lawrence McLanahan (Sacramento)	12-10 $\frac{3}{4}$
1939	Frank Ferguson (Inglewood)	---
	Clarence "Bud" Humberger (Glendale)	13-3 $\frac{3}{4}$
1940	Frank Ferguson (Inglewood)	---
	Irving Moore (Piedmont)	13-0
1941	Chef Hartmann (San Benito, Hollister)	---
	Irving Moore (Piedmont)	---
	Ernie Sontag (Taff)	12-6
1946	Bill Mays (Oxnard)	---
	Phil Quilter (Pasadena)	12-6 $\frac{1}{2}$
1947	George Mattos (Pacific Grove)	12-6
1948	Don Barnes (Fullerton)	12-6
1949	Jack Widman (Narbonne, Lomita)	13-4 $\frac{1}{2}$
1950	Dick McDonald (Wilson, Long Beach)	---
	Harold Red (Lemoore)	13-1 $\frac{1}{2}$
1951	Clarke Merrill (Belmont, L.A.)	13-0
1952	Ronnie Morris (Burrroughs, Burbank)	13-3 $\frac{1}{4}$
1953	Ronnie Morris (Burrroughs, Burbank)	13-9 $\frac{1}{8}$
1954	Bob McKay (Inglewood)	---
	Joe Rose (Glendale)	---
	Stan Gaunt (Mt. Diablo, Berkeley)	13-0
1955	Nathaniel Finney (Jordan, L.A.)	13-4
1956	Bill Logan (El Cajon)	---
	Tim Helm (El Dorado)	13-6
1957	Voyce Hendrix (Riverdale)	13-6
1958	John Rose (Glendale, Hoover)	14-1
1959	Bob Looney (Santa Barbara)	13-8 $\frac{3}{4}$
1960	Mike Flanagan (Ganesha)	---
	Gary Dow (Anaheim)	13-3
1961	Mike Graves (El Cajon)	14-2 $\frac{1}{4}$
1962	Eric Berge (Costa Mesa)	14-3
	Bob Richardson (Ganesha)	14-3
1963	Bill Fosdick (Andrew Hill, San Jose)	14-8 $\frac{3}{4}$
1964	Paul Wilson (Warren, Downey)	15-4 $\frac{1}{4}$
1965	Paul Wilson (Warren, Downey)	15-6 $\frac{1}{2}$
1966	Wayne Meyers (Foothill, Sacramento)	15-0 $\frac{3}{4}$
1967	Tom Reynolds (Morningside, Inglewood)	14-10
1968	Steve Smith (South Torrance)	15-3 $\frac{1}{2}$
1969	Steve Smith (South Torrance)	16-0
1970	Tom Lindsay (LaSierra, Carmichael)	14-10 $\frac{1}{2}$
1971	Tim Quinn (Monroe)	15-2
1972	Hubert Black (Fremont, L.A.)	15-2
1973	Tim Curran (Crespi, Encino)	16-2 $\frac{3}{4}$
1974	Jim Knaub (Lakewood)	16-6
1975	Keith Schimmel (Villa Park)	15-6

FINALS

MARK

1	Hintnaus - Aviation	15-2
2	Lovejoy - Del Mar	14-10
3	Fernside - Del Mar	14-10
4	Philbert - Acalanes	---
5	Pierce - Sanger	14-10

2 Girls' LONG JUMP

Approx. 9 Qualify

GIRLS' LONG JUMP

STATE RECORD—19-7, Jodi Anderson, Washington, L.A., 1974.
NATIONAL DGWS RECORD—Same as above.

Section Mark	1976 Best	No.	Name (School, Section)	Trials	
				Place	Mark
16-3 ³ / ₄	16-7	587	Kurt Wilcox (San Mateo, Central Coast)	_____	_____
16-5 ¹ / ₄	16-6	578	Perrin Brew (Los Altos, Central Coast)	17-7	_____
16-6	17-1	584	Saruta Johnson (Oak Grove, Cen. Coast)	_____	_____
16-10		779	Donna Hunterlock (Los Molinas, North'n)	_____	_____
16-10		611	Carrie McLaughlin (Grace Davis, Sac-Joaquin)	_____	_____
16-11		658	Marilynn Johnson (Liberty, North Coast)	_____	_____
17-1		609	Rene Westbrook (Franklin, Sac-Joaquin)	_____	_____
17-3 ⁴ / ₄		668	Julie Richardson (Pittsburg, North Coast)	_____	_____
17-2 ¹ / ₂		595	Michelle Myles (Beyer, Sac-Joaquin)	_____	_____
17-3 ¹ / ₂	17-3 ¹ / ₂	794	Sherrill Dancy (Oceanside, San Diego)	_____	_____
17-4 ¹ / ₄	18-2	848	Kim Moran (Monroe, L.A. City)	17-8 ³ / ₄	_____
17-5 ³ / ₄		644	Yvette Richardson (El Molino, North Cst.)	_____	_____
17-6	18-3 ¹ / ₂	842	Arnetta Robinson (Los Angeles, L.A. City)	_____	_____
17-8	18-7 ¹ / ₄	796	Karen Taylor (Pt. Loma, San Diego)	18-1	_____
17-9		687	Missey Jobe (Vintage, North Coast)	_____	_____
17-10		504	Cynthia Johnson (Oakland, Oakland)	_____	_____
18-1 ² / ₂		756	Judy Haynes (Ventura, Southern)	17-5 ³ / ₄	_____
18-1	18-1	734	Sue Kruse (Newport Harbor, Southern)	_____	_____
18-1 ¹ / ₂		526	Sharon Babcock (Edison, Central)	_____	_____
18-2 ¹ / ₄		754	Vicki Aimeida (Troy, Southern)	18-1 ¹ / ₂	_____
18-2 ¹ / ₄		521	Polla Stevens (Coalinga, Central)	18-0	_____
18-2 ¹ / ₄		703	Marsha Williams (Channel Islands, Southern)	_____	_____
18-2 ¹ / ₂		524	Maurice Smith (Delano, Central)	_____	_____
18-4 ¹ / ₂	18-4 ¹ / ₂	852	Leslie Scott (Poly, L.A. City)	18-3 ⁴ / ₄	_____
19-0	19-0	709	Lisa Gourdine (El Toro, Southern)	18-10	_____
19-3 ¹ / ₂	19-3 ¹ / ₂	857	Jodi Anderson (Washington, L.A. City)	19-8 ³ / ₄	_____

Previous CIF Champions

1974 Jodi Anderson (Washington, L.A.) ----- 19- 7
1975 Jodi Anderson (Washington, L.A.) ----- 19- 6¹/₂

FINALS

MARK

- Anderson - Washington 20-¹/₄W
- Gourdine - El Toro 19-3³/₄
- Scott - PolyLA. 18-11³/₄
- Taylor - Pt Loma 18-10
- Moran - Monroe 18-5³/₄



LISA GOURDINE, El Toro, Southern Section champion and record-holder with 19-foot jump. That mark second only to Defending Champion Jody Anderson's 19-3¹/₂.



KAREN TAYLOR, Point Loma, San Diego, long jump champion at 17-8, though she has best of 18-7¹/₄. Runnerup in 1975 State with 18-4³/₄. Also in the 80 low hurdles, 440 relay.

3 Girls' SHOT PUT

Approx. 9 Quality
(8 lbs.)

Section Mark	1976 Best	No.	Name (School, Section)	Trials	
				Place	Mark
35-8		500	Glenda Mapps (Castlemont, Oakland)	_____	_____
36-1		620	Jan Bunton (Rio Americana, Sac-Joaq.)	_____	_____
37-0		542	Cary Hansen (Reedley, Central)	_____	_____
37-0 ¹ / ₄	37-0 ¹ / ₄	855	Denise Allen (Washington, L.A. City)	_____	_____
37-2	37-2	810	Carol Nunn (Vista, San Diego)	_____	_____
37-7 ¹ / ₄	38-3	854	Terri Coker (University, L.A. City)	_____	_____
38-1	38-1	800	Kathy Middleton (Poway, San Diego)	_____	_____
38-7	40-10	637	Vanessa Brooks (Berkeley, North Coast)	_____	_____
38-9 ¹ / ₄	40-1	665	Carol Dolsby (Monte Vista, North Coast)	_____	_____
39-2 ³ / ₄		652	Sherry Mullaly (Kennedy, North Coast)	_____	_____
39-5 ¹ / ₄		701	Felecia Norris (Central, Southern)	_____	_____
40-0 ¹ / ₄		544	Grace Robles (Selma, Central)	_____	_____
40-1 ¹ / ₄		636	Michelle Betham (Arcata, North Coast)	42-4 ¹ / ₄	_____
40-3 ³ / ₄		623	Joy Burgan (Sonora, Sac-Joaquin)	_____	_____
40-4		733	Becky Daniel (Newport Harbor, Southern)	41-7 ¹ / ₂	_____
40-6 ¹ / ₂	40-6 ¹ / ₂	818	Michele Peterson (Carson, L.A. City)	_____	_____
41-2 ¹ / ₂		717	Heidi Kauti (La Canada, Southern)	41-6 ¹ / ₄	_____
41-3	41-3	822	Annete Chandler (Dorsey, L.A. City)	_____	_____
41-6	41-9 ¹ / ₄	586	Susan Springer (Salinas, Central Coast)	_____	_____
41-9	41-9	705	Bonnie Dasee (Costa Mesa, Southern)	40-11	_____
42-3 ¹ / ₂		716	Julie Flynn (La Canada, Southern)	42-7 ¹ / ₂	_____
42-7		628	Rene Wessell (Summerville, Sac-Joaquin)	42-3 ¹ / ₄	_____
42-9 ¹ / ₄		777	Karen Stampfli (Lassen, Northern)	42-8 ¹ / ₂	_____
42-11 ¹ / ₂		572	Sheila Pannell (Leland, Central Coast)	41-6 ¹ / ₄	_____
43-9	43-9	567	Maria Garcia (Harbor, Central Coast)	41-8 ¹ / ₄	_____
44-0 ³ / ₄		539	Lori Lanseadel (Mt. Whitney High, Central)	_____	_____

GIRLS' SHOT PUT

STATE RECORD—47-4¹/₂, Kathy Devine, Mission Bay, S.D., 1974.

NATIONAL DGWS RECORD—51-1¹/₄, Kathy Devine, Mission Bay, San Diego, 1974.

Previous CIF Champions

1974 Kathy Devine (Mission Bay, S.D.) ----- 47- 4¹/₂
1975 Kathy Devine (Mission Bay, S.D.) ----- 42- 3³/₄

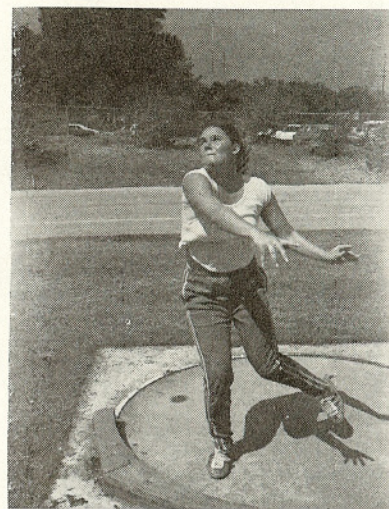
FINALS

TIME

1. Daniel - Newport Harbor 42-9³/₄
2. Flynn - La Canada 41-9¹/₂
3. Wessell - Summerville 41-8³/₄
4. Stampfli - Lassen 41-8
5. Garcia - Harbor 41-5¹/₂
6. Pannell - Leland 40-10



MARIA GARCIA, Harbor, Central Coast champion with 43-9, best this year. Was 14th in State last year with 38-0.



JULIE FLYNN, La Canada, Southern CIF champion at 42-3¹/₂. Runnerup in State last year at 41-4¹/₄.

Boys' 4 DISCUS

Approx. 9 Qualify
(3 lbs. 9oz. / 1,616 kilograms)

DISCUS THROW

STATE RECORD—201' 3", Chris Adams, Los Altos HS, 1970.
NATIONAL RECORD—204' 5", Scott Overton, Los Altos, 1972.

Section Mark	1976 Best	No.	Name (School, Section)	Trials	
				Place	Mark
157-1	160-2	057	Tim Bennett (Kingsburg, Central)	_____	_____
161-2	165-4	022	Michael McClinton (Balboa, S. F.)	_____	_____
165-2	169-10	198	Tom Rhoads (Antioch, North Coast)	<u>168-9</u>	_____
166-1	166-1	104	Mark Duggan (Monte Vista, Central Cst.)	_____	_____
166-8	166-8	096	Ray Franklin (Los Altos, Central Coast)	_____	_____
168-4	168-4	181	Dick Sarrett (Ponderosa, Sac-Joaquin)	_____	_____
169-11	169-11	185	Anthony Franks (St. Marys, Sac-Joaquin)	_____	_____
170-5	179-5	392	Chris Lettow (Helix, San Diego)	<u>178-5</u>	_____
170-9	170-9	238	Dave Albritton (Piner, North Coast)	_____	_____
171-0	171-0	128	Mike Hamm (Soquel, Central Coast)	_____	_____
171-8	171-8	357	David Thomson (Santa Ynez, Southern)	<u>189-5</u>	_____
172-2	175-7	257	Mike Bowles (San Ramon, North Coast)	_____	_____
173-2	175-8	306	John Sheppard (Katella, Southern)	_____	_____
174-8	174-8	055	Matt McNaughton (Hoover, Central)	_____	_____
176-4	176-4	203	Anthony Hill (Berkeley, North Coast)	<u>168-1</u>	_____
176-5 1/2	176-5 1/2	474	Joe Gary (Washington, L.A. City)	_____	_____
177-1	177-1	137	David Porath (Atwater, Sac-Joaquin)	_____	_____
179-0	179-0	371	Steven Montgomery (Lassen, Northern)	<u>184-8</u>	_____
179-1	184-10	316	Rich Johnson (Mayfair, Southern)	<u>169-8</u>	_____
179-2	180-11	347	Vic Jackson (San Marcos, Southern)	<u>178-8</u>	_____
182-5	192-6	387	Mark Malone (El Cajon, San Diego)	<u>170-10</u>	_____
182-6	182-6	054	Scott Endler (Hoover, Central)	<u>185-0</u>	_____
184-2	184-2	290	Kevin Corbett (El Dorado, Southern)	_____	_____

Previous CIF Champions

1959 Ron Snidow (San Rafael)	176-1
1960 Alex Darnes (Polytechnic, S.F.)	178-8
1961 Bob Stoecker (Los Altos)	188-6 1/2
1962 Bob Stoecker (Los Altos)	185-11 1/2
1963 Stan McDonald (Edison, Fresno)	178-1
1964 Bill Staley (Las Lomas)	181-2
1965 Bruce Naglee (Bellarmine)	172-3 1/2
1966 Jim Peters (Piedmont)	189-1
1967 Fred DeBernardi (Hart, Newhall)	178-2
1968 Rory Kenward (San Marcos)	183-11
1969 Chris Adams (Los Altos)	188-0
1970 Chris Adams (Los Altos)	201-3
1971 Bob Otto (Porterville)	184-9
1972 Scott Overton (Los Altos)	185-10
1973 Lonnie Shelton (Foothill, Bakersfield)	195-5
1974 Ray Burton (Vacaville)	193-0
1975 Mike Alberg (Lodi)	171-11

FINALS MARK

1. Fidler - Hoover 192-10
2. Montgomery - Lassen 188-5
3. Johnson - Mayfair 187-6
4. Lettow - Helix 182-9
5. Rhoads - Antioch 173-7



MARK MALONE, El Cajon Valley, has best throw in State and third in U.S. with 192-6. Won San Diego Section with 182-5, though bettered by Scott Endler (182-6), Hoover Fresno, and Kevin Corbett (184.2), El Dorado. Has done 60-8 in shot but didn't compete. Has run 10.1 100, 15.6 hurdles, 22-4 1/4 long jump, 46-1 triple jump, and was an All-American quarterback in football. He is 6-4, 215 and already has pledged Arizona State, Tempe.

5 Girls' DISCUS

Approx. 9 Qualify

Section Mark	(2 lbs. 3¼ oz.)		Name (School, Section)	Trials	
	1976 Best	No.		Place	Mark
84-0½	84-0½	863	Paula Cochran (Westchester, L.A. City)	_____	_____
86-9	86-9	832	Diane Amborn (Kennedy, L.A. City)	_____	_____
105-7	105-7	855	Denise Allen (Washington, L.A. City)	_____	_____
107-1	107-1	853	Carole Oliver (Reseda, L.A. City)	_____	_____
111-3	127-0	807	Cathy O'Brien (Torrey Pines, S.D.)	<u>120-6</u>	_____
113-10	113-10	633	Jill Ridenour (Yuba City, Sac-Joaquin)	<u>124-2</u>	_____
114-2		629	Geri Dias (Woodland, Sac-Joaquin)	_____	_____
115-2	117-4	671	Carey Hill (San Rafael, North Coast)	_____	_____
115-4½		717	Heidi Kauti (La Canada, Southern)	_____	_____
115-6½		747	Jane De Cuir (St. Genevieve, Southern)	_____	_____
116-6		645	Dorma Gregory (Encinal, North Coast)	_____	_____
116-8		622	Liz Kennedy (Roseville, Sac-Joaquin)	_____	_____
116-11		693	Maria Gomez (Bishop Diego, Southern)	_____	_____
118-3½	118-3½	733	Becky Daniel (Newport Harbor, Southern)	<u>119-2</u>	_____
119-6¾		545	Kathy Martin (Shafter High, Central)	<u>122-4</u>	_____
119-7½	122-2	539	Lori Lanseadel (Mt. Whitney, Central)	_____	_____
120-0	120-0	571	Kathy Kuchta (King City, Central Cst.)	<u>123-0</u>	_____
121-9½		766	Becky Blankenship (Chico, Northern)	<u>123-0</u>	_____
123-2¼	125-4	523	Betty Smith (Corcoran High, Central)	_____	_____
124-1	124-1	583	Marta Kuehl (North Salinas, Cen. Cst.)	_____	_____
124-3		664	Shanon Duthie (Miramonte, North Cst.)	<u>122-7</u>	_____
125-5		719	Leslie Hoerner (Mayfair, Southern)	_____	_____
126-2	127	669	Kathy Hilton (Pleasant Hill, North Cst.)	_____	_____
129-1	129-1	800	Kathy Middleton (Poway, San Diego)	<u>131-6</u>	_____
133-5	135-10	586	Susan Springer (Salinas, Central Cst.)	<u>125-8</u>	_____

Previous CIF Champions

1975 Betty Smith (Corcoran) ----- 126- 1
(Exhibition Event)

FINALS	MARK
1. Middleton - Poway	134-5 *MR
2. Springer - Salinas	132-11
3. Duthie - Miramonte	126-5
4. Daniel - Newport Har.	121-7
5. Blankenship Chico	117-2
6. Kuchta King City	117-2



SUSAN SPRINGER, Salinas High, comes in with longest throw in State with 135-10. Won Central Coast title with 135-5. Only entry over 130 feet. Girls' discus will count for points for first time in State Meet. Betty Smith of Corcoran, who qualified with 123-2¼, won last year's exhibition with throw of 126-1.

6 Girls' HIGH JUMP

Approx. 9 Qualify

Bar starts at 4-6 on both days

GIRLS' HIGH JUMP

STATE RECORD—5' 8", Pam Blackburn, Cubberly, 1974.

NATIONAL DGWS RECORD—Same as above.

Section Mark	1976 Best	No.	Name (School, Section)	Trials	
				Place	Mark
5-0	5-0	839	Erica Booth (Los Angeles, L.A. City)	_____	_____
5-0	5-0	506	Lynda Gates (Technical, Oakland)	_____	_____
5-1		771	Tonya Alston (Chico Jr. High, Northern)	5-5	_____
5-1		643	Jennifer Wike (Del Valle, North Coast)	_____	_____
5-2	5-2	841	Kim Maddox (Los Angeles, L.A. City)	_____	_____
5-2	5-2	845	Cathy Gallegos (Monroe, L.A. City)	_____	_____
5-2	5-2	823	Cheryl Kennedy (El Camino Real, L.A. City)	_____	_____
5-2	5-6	543	Debra Jones (Riverdale, Central)	5-5	_____
5-4		626	Melinda Ellis (Summerville, Sac-Joaquin)	_____	_____
5-4		552	Frankie Sconiers (Washington, Central)	_____	_____
5-4		658	Marilyn Johnson (Liberty, North Coast)	_____	_____
5-4		671	Carey Hill (San Rafael, North Coast)	_____	_____
5-4	5-6	782	Patti Stafford (Clairemont, San Diego)	_____	_____
5-4	5-5	573	Tanya White (Leland, Central Coast)	_____	_____
5-5		613	Chris Shawham (La Sierra, Sac-Joaquin)	_____	_____
5-5	5-5	579	Karyn Hinkelman (Los Altos, Central Cst.)	_____	_____
5-6		695	Debbie Hollingsworth (Burbank, South'n)	5-5	_____
5-6		746	Liz Kern (St. Bonaventure, Southern)	5-5	_____
5-6		755	Kari Grosswiler (Upland, Southern)	5-5	_____
5-6	5-6 1/2	537	Carol Griswolz (Hanford, Central)	_____	_____
5-6		594	Sonya Harrigfeld (Beyer, Sac-Joaquin)	_____	_____
5-7		714	Sue Long (Gahr, Southern)	5-5	_____
5-7		745	Julie Lendl (Royal, Southern)	5-5	_____
5-8		641	Candy Ross (Berkeley, North Coast)	5-5	_____
5-8		562	Pam Blackburn (Cubberly, Central Coast)	5-5	_____
5-8 1/4	5-8 1/4	806	Chris Remmling (San Dieguito, S.D.)	5-5	_____

Previous CIF Champions

1974 Pam Blackburn (Cubberly) 5-8
 1975 Kim Maddox (Los Angeles) 5-8

FINALS

MARK

1. Grosswiler - Upland 5-10 * MR
2. Ross - Berkely 5-9
3. Blackburn - Cubberley 5-8
4. Lendl - Royal 5-7
5. Long - Gahr 5-7



PAM BLACKBURN, Cubberly, going all-out for blue ribbon. Finished 20th last year with 5-0. Has cleared 5-8 this year, second-best in State behind 5-10 by Chris Remmling, San Dieguito. Pam has cleared 5-8 as sophomore, and did 5-10 at Orinda Invitational last year. Has scored 2,996 points in pentathlon. Kim Maddox, Los Angeles High, is defending champion but has only done 5-2, still good enough to win L.A. City Meet. Record could go here.

7 Boys' LONG JUMP

Approx. 9 Qualify

BOYS' LONG JUMP
 STATE RECORD—25' 4½", Jerry Proctor, Muir HS, Pasadena, 1967, and Jerry Herndon, Cajon HS, San Bernardino, 1973.
 NATIONAL RECORD—25' 9½", Gerald Hardeman, Edison HS, Fresno, 1972.

Section Mark	1976 Best	No.	Name (School, Section)	Trials	
				Place	Mark
21-8¾	22-6	220	Daryle Morgan (El Cerrito, North Coast)	_____	_____
21-9¾	22-4½	236	Vance Ashe (Novato, North Coast)	_____	_____
22-0¾	22-0¾	379	Keven Brownlee (Yreka, Northern)	_____	_____
22-1½	23-3½	394	Richard Woodson (Hoover, San Diego)	_____	_____
22-2¼	23-3¼	389	Kevin Dorrell (Helix, San Diego)	_____	_____
22-2½	23-0¾	207	Dave Fernandez (Castro Valley, Nor. Cst.)	_____	_____
22-2½	23-1¼	033	Gregory Turner (W. Wilson, S. F.)	_____	_____
22-9	22-9	139	Don Boardingham (Cordova, Sac-Joaq.)	_____	_____
22-10	22-10	234	Mike Martin (Moreau, North Coast)	_____	_____
22-10¾	22-10¾	074	Tony Powell (Roosevelt, Central)	_____	_____
22-11½	22-11½	192	Lyndell Hawkins (Tracy, Sac-Joaquin)	22-7½	_____
22-11¾	22-11¾	458	Tony Scott (Los Angeles, L.A. City)	_____	_____
23-0	23-0	167	Rondle Woods (Lindhurst, Sac-Joaquin)	_____	_____
23-2	23-2	280	Dale Wilson (Channel Islands, Southern)	_____	_____
23-2½	23-2½	048	Ronald Thomas (Foothill, Central)	_____	_____
23-2¾	23-2¾	449	Vic Lancaster (Gardena, L.A. City)	_____	_____
23-3	24-0¾	287	Glen Yates (Duarte, Southern)	_____	_____
23-5½	23-5½	418	Phil Hubbard (Banning, L.A. City)	_____	_____
23-5½	23-5½	103	Brian Brooks (Milpitas, Central Coast)	22-5	_____
23-5¾	23-5¾	100	Paul Bates (Menlo Atherton, Central Cst.)	_____	_____
23-6¾	23-6¾	350	Everette Forrest (Santa Maria, Southern)	22-10½	_____
23-6¾	23-6¾	102	Ken Vasquez (Mills, Central Coast)	22-11	_____
23-7½	23-7½	069	Willie Alexander (Roosevelt, Central)	_____	_____
23-11½	24-2½w	322	Kevin Wilson (Morningside, Southern)	22-4	_____
24-2	24-2	006	Kurt Durham (Oakland, Oakland)	23-5	_____
24-11¼	24-11¼	293	Paul Wilson (Fontana, Southern)	23-10½	_____
24-11¾	25-4	459	Larry Doubley (Manual Arts, L.A. City)	24-7	_____

Previous CIF Champions

1915 Ernie Plavans (Santa Ana)	21- 2
1916 Harry Lampport (Manual Arts, L.A.)	21- 5¼
1917 Gene Davis (Polytechnic, L.A.)	21-10½
1918 Roy Hasselbach (Fresno)	20-11¼
1919 Harold Muller (Technical, Oakland)	20- 0
1920 Verden Nash (Chino)	21- 9½
1921 Verden Nash (Chino)	22- 4½
1922 Verden Nash (Chino)	22- 5½
1923 Mort Kaer (Red Bluff)	23- 2¾
1924 Virgil Elliott (Huntington Beach)	22- 3½
1925 Fred Osborne (Fullerton)	21- 8½
1926 Walter Rehwald (Lincoln, L.A.)	22- 5
1927 Frank Wykoff (Glendale)	22- 2
1928 Dick Barber (Polytechnic, L.B.)	23- 5¼
1929 Wells Ruby (Hollywood)	22- 7¼
1930 George Shehtanian (Tulare)	23- 2½
1931 Floyd Wilson (Riverdale)	23- 2½
1932 Tom White (Polytechnic, L.B.)	22-10½
1933 Don Skinner (Manual Arts, L.A.)	22- 8
1934 Don Skinner (Manual Arts, L.A.)	23- 8½
1935 Jimmy Montgomery (El Monte)	23- ¼
1936 Eddie Arnold (Muir, Pasadena)	23- 1¾
1937 Bill Bugbee (Montebello)	23- 1
1938 Bill Bugbee (Montebello)	23- 7½
1939 Jim Jurkovich (Fresno)	24- ½
1940 Glen Shoop (Jordan, L.B.)	22- 2½
1941 Ray Meagher (Bakersfield)	23- 5¾
1946 Carl Monser (Alameda)	22- 2¼
1947 Hugh McElhenny (Washington, L.A.)	22-10½
1948 George Brown (Jordan, L.A.)	23- 2¼
1949 George Brown (Jordan, L.A.)	24- 6¼
1950 William Johnson (Jefferson, L.A.)	23- 2¾
1951 Bill Holland (Jefferson, L.A.)	22- 5¾
1952 Rollin Garrison (Compton)	23- 5¼
1953 Monte Upshaw (Piedmont)	23- 5
1954 Monte Upshaw (Piedmont)	25- 4¼
1955 Bobby Baines (Jordan, L.A.)	23- 3½
1956 Oscar Bean (Jefferson, L.A.)	24- 9
1957 Luther Hayes (Lincoln, S.D.)	23- 8½
1958 Steve Rogers (Brawley)	24- 6
1959 Effen Jones (Delano)	23- 5¾
1960 Walt Roberts (Compton)	24- 7¼
1961 Robert McKeever (Fremont, L.A.)	24- 3
1962 James Kennedy (Lincoln, San Diego)	24- 5¾
1963 Jerry Williams (Berkeley)	24- 3½
1964 Bobby Bonds (Riverside Poly)	25- 3
1965 Manuel Murrell (Long Beach Poly)	24- 9¾
1966 Doyle Steel (San Diego)	25- 3¼
1967 Jerry Proctor (Muir, Pasadena)	25- 4½
1968 Heulon Hewitt (Merced)	24- 7
1969 James McAllister (Blair)	24- 2¼
1970 Lynn Swann (Serra, San Mateo)	24- 2¾
1971 Randy Williams (Edison)	26- 3¼w
1972 Carl McCullough (Sacramento)	24- 7
1973 Jerry Herndon (Cajon, San Bernardino)	25- 4½
1974 James Lofton (Washington, L.A.)	24- 3½
1975 Paul Wilson (Fontana)	24- 8½

FINALS

MARK

1	Doubley - Manual Arts	25-3¾
2	P. Wilson - Fontana	24-3¾
3	Yates - Duarte	23-7
4	Durham - Oakland	23-3
5	K. Wilson - Morningside	23-2¼
6	Vasquez - Mills	22-9¾

1976 CIF STATE MEET QUALIFIERS

BOYS

OAKLAND SECTION

Castlemont

1. Bull, Stanley—Mile Relay
2. Clark, Ricky—Mile Relay
3. Trotter, Jerry—Mile Relay, 440
4. Walker, Eldon—Mile Relay

Fremont

5. Vann, Kevin—Pole Vault

Oakland

6. Durham, Kurt—Long Jump; Triple Jump
7. Harris, Keith—330 LH; 120 HH
8. Hice, Bill—High Jump
9. Nicholas, Norman—Shot Put
10. Sterling, Bruce—880

Skyline

11. Foster, Lionel—440 Relay
12. Frost, Mark—440 Relay
13. Harvey, Pat—440 Relay
14. Johnson, Dave—440 Relay, 100, 220
15. Moss, Brian—Mile
16. Valdez, Greg—Two Mile

SAN FRANCISCO SECTION

Balboa

17. Bradley, Ricky—TJ
18. Cody, Bryan—440 Relay; Mile Relay
19. Davis, James—Shot Put
20. Johnson, Roy—440, Mile Relay
21. Jones, Robert—Mile Relay
22. McClinton, Michael—Discus
23. Stovall, Andre—440 Relay
24. Tyler, Steven—330 LH, 120 HH, 440 Relay, Mile Relay
25. White, George—440 Relay

A. Lincoln

26. Lucero, Charles—Pole Vault

Lowell

27. Hurtado, Osmundo—880
28. Lanier, Paul—Mile
29. Muniz, Ted—2-Mile

Mission

30. Willis, Tuquail—100

G. Washington

31. Mathews, Darryl—High Jump

W. Wilson

32. Lewis, Earnest—220
33. Turner, Gregory—Long Jump

CENTRAL SECTION

Bakersfield High

34. Cox—Mile Relay
35. Jones—Mile Relay
36. Thomas—Mile Relay
37. Suender—Mile Relay
38. Ward, Todd—High Jump

Bullard High

39. Webber, Mike—Mile Relay

Clovis High

40. Alfaro, Mike—Mile Relay
41. Pishione, Rusty—880

East High

42. Dixon—Mile Relay; 440 Relay
43. Flowers—Mile Relay, 440 Relay
44. Jones, Dean—220 Yd.; Mile Relay; 440 Relay
45. Nichols, Rickey—100, Triple Jump, Mile Relay, 440 Relay

Exeter High

46. Gonzales, Larry—880

Foothill High

47. Hill, David—330 LH
48. Thomas, Ronald—Long Jump

Fresno High

49. Ketner, Darrell—880

Hanford

50. Harris, Floyd—120 HH
51. Lee, Mark—100
52. Smith, Brad—Pole Vault

Highland High

53. Elief, Felix—2 Mile

Hoover High

54. Ender, Scott—Discus, Shot Put
55. McNaughton, Matt—Shot Put, Discus
56. Thornton, Mike—Pole Vault

Kingsburg High

57. Bennet, Tim—Discus

Madera High

58. Carranza, Lawrence—2 Mile
59. Crumb—440 Relay
60. Foster, Alfonso—440 Relay; Mile Relay; 440
61. Gaffney—440 Relay
62. Gamboa, Ray—440, Mile Relay
63. Miller, Corey—120 HH, Mile Relay
64. Newsome, Cliff—220, Mile Relay, 440 Relay
65. Renteria, Jose—2 Mile

Monache

66. Day, Mike—330 LH

Redwood High

67. Flanery, Greg—220, 100
68. Martinez, Frank—Shot Put

Roosevelt High

69. Alexander, Willie—Long Jump, 440 Relay
70. Arington—440 Relay
71. Eddings, Ray—Triple Jump
72. Jackson—440 Relay
73. Jones, Bobby—440
74. Powell, Tony—Long Jump
75. Watkins, Steve—330 LH, 120 HH, 440 Relay

Sanger High

76. Bell, Bret—High Jump
77. Pierce, Billy—Pole Vault

Shafter High

78. White, Randy—Mile Run

Tulare Western

79. Torrence, Curt—Triple Jump

Wasco

80. Stowe, Dennis—High Jump

CENTRAL COAST SECTION

Samuel Ayer

81. Green, Duane—100

Burlingame

82. Hawkins, Byron—330 LH

Camden

83. Harding, Kevin—High Jump
84. Paulin, Bob—2 Mile

Capuchino

85. Tafraus, Greg—Shot Put

Carlmont

86. Bishop, Wyatt—880
87. Bradley, Vince—Pole Vault
88. Love, Bob—2 Mile

Del Mar

89. Fernside, Blake—Pole Vault
90. Lovejoy, Todd—Pole Vault

Half Moon Bay

91. Walters, Brad—Shot Put

Harbor

92. Coulter, Don—220

Andrew Hill

93. Gibbs, Thurlis—High Jump
94. Holkim, Pat—440

James Lick

95. Moreno, Pete—Triple Jump

Los Altos

96. Franklin, Ray—Discus
97. Vecchiet, Tony—Triple Jump

Los Gatos

98. Stafford, Tim—120 HH

Lynbrook

99. Bennett, Steve—100

Menlo Atherton

100. Bates, Paul—Long Jump
101. Clark, Rick—120 HH

Mills

102. Vasquez, Ken—Long Jump

Milpitas

103. Brooks, Brian—Long Jump
104. Duggan, Mark—Discus

Mt. Pleasant

105. Bourne, Greg—Mile Relay
106. Cannon, Glen—100, 220, 440 Relay, Mile Relay
107. Carter, Derrick—440 Relay, Mile Relay
108. Littlejohn, Varsi—440 Relay, Mile Relay
109. Meriweather, Ken—440 Relay

Pacific Grove

110. Light, Tom—880

Palma

111. Sup, John—Mile

Piedmont Hills

112. Jones, Johnnie—440 Relay, Mile Relay
113. Jones, Sherman—440 Relay, Mile Relay
114. Lorin, Phil—440 Relay
115. Taylor, Clay—Mile Relay
116. Taylor, Keith—440, 440 Relay, Mile Relay

San Mateo

117. Corey, Craig—2 Mile
118. Jett, Mike—High Jump
119. Smith, Mike—Shot Put

Serra

120. Ross, Stan—Mile

Serra Monte

121. Bobertz, Tom—120 HH, 330 LH
122. Lebbertz, Loren—Triple Jump

Silver Creek

123. Barkley, Duane—Mile Relay
124. Harvey, Fred—Mile Relay
125. Holland, Mel—Mile Relay
126. Phillips, Andre—330 LH, Mile Relay

Soquel

128. Hamm, Mike—Discus

South San Francisco

129. Hillard, Asa—440

Westmoor

130. Maxwell, Jeff—880

Willow Glen

131. Stillman, Mark—Mile

Yerba Buena

132. Blevins, Jeff—440 Relay
133. Chapman, Mark—440 Relay
134. Rachal, Eugene—220, 440 Relay
135. Stevens, Kyle—440 Relay

SAC-JOQUIN SECTION

Armijo

136. Vineyard, Kurt—880

Atwater

137. Porath, David—Discus

Burbank

138. Hendricks, Raymond—Triple Jump

Cordova

139. Boardingham, Don—Long Jump

Del Campo

140. Kemper, Cliff—440

Dixon

141. Miller, Steve—100

Downey

142. Holmes, Tim—2 Mile

Edison

143. Dixon, Clarence—120 HH
144. Dogan, Larry—High Jump

Elk Grove

145. Cochran, Bruce—Pole Vault
146. Griffin, Jeff—880

Encina

147. Bjornsson, Jim—High Jump

Franklin

148. Jackson, Willie—100, 220

Grant

149. Fields, Andrew—440, 330 LH, Mile Relay
150. Jones, Phylaster—Mile Relay
151. Reed, Warren—Mile Relay
152. Taylor, Derek—Mile Relay

Highlands

153. Messinger, Kevin—Shot Put

Jesuit

154. Faggella, Steve—880

Hiram Johnson

155. Bradley, Ken—Mile Relay, 440 Relay
156. Chambers, Cory—Mile Relay
157. Golz, Walter—Mile Relay
158. Kellum, Bob—440 Relay
159. Keith, Sam—Triple Jump
160. Williams, Keith—440 Relay
161. Wright, Tyrant—Mile Relay, 440 Relay

La Sierra

162. Burris, Rod—440 Relay
163. Farrell, Jim—Mile
164. McGehee, Ross—440 Relay
165. Smith, George—330 LH, 120 HH, 440 Relay
166. Terry, Kurt—440 Relay

Lindhurst

167. Woods, Rondle—440, Long Jump

Lodi

168. Ward, Tony—120 HH

Los Banos

169. Simpson, Duncan—220

McClatchy

170. Boone, Dave—Pole Vault
171. Colter, Curtis—220

Merced

172. Slayton, Mark—Triple Jump, High Jump

Mira Loma

174. Speer, Chris—2 Mile

Oakdale

175. Johnston, Bob—Shot Put

Oakmont

176. Croft, John—Mile Relay
177. Graham, Tim—Mile Relay
178. McKinney, Wally—Mile Relay
179. Knapp, Perri—Mile Relay

Ponderosa

180. Brown, Mike—Mile
181. Sarrett, Dick—Discus

Roseville

182. Firschau, Tom—Pole Vault

Sacramento

183. Fong, William—100

St. Mary's

184. Alonzo, Armando—Shot Put
185. Franks, Anthony—Discus

San Juan

186. Dalton, Rod—330 LH

South Tahoe

187. Hitchcock, Greg—2 Mile

Stagg

188. Douglas, Fred—440 Relay
189. Hill, Conway—440 Relay
190. Williams, Gerold—440 Relay
191. Williams, Grayling—440 Relay

Tracy

192. Hawkins, Lyndell—Long Jump

Vanden

193. Wright, Mike

NORTH COAST SECTION

Acalanes

194. Philbert, Tom—Pole Vault

Alameda

195. Arnerich, Ron—880

American

196. Lane, John—High Jump

Antioch

197. Garner, Ron—Shot Put
198. Thoats, Tom—Discus

Arroyo

199. Every, Dave—880
200. Peterson, Bob—High Jump

Berkeley

201. Dewitt, Fred—440
202. Finger, John—440 Relay
203. Hill, Anthony—Discus
204. Kent, Mark—440 Relay
205. Stephens, Anthony—440 Relay
206. Smith, Carleton—220, 440 Relay

Castro Valley

207. Fernandez, Dave—Long Jump

Clear Lake

208. Lytle, Steve—Shot Put

MEMBERS BY SECTION AND SCHOOL

St. Mary's
256. Mellion, Darrell—Triple Jump

San Ramon
257. Bowles, Mike—Discus

Sunset
258. Koko, Chris—330 LH, 120 HH

Tamalpais
259. Collier, Aran—2 Mile
260. Low, Lonny—High Jump

Tennyson
261. Burrell, Bill—220, 100, Mile Relay
262. Herbst, Mike—Mile Relay
263. Rich, Judy—Mile Relay
264. Smith, Kevin—Mile Relay

Washington
265. Jepsen, Conrad—Shot Put

SOUTHERN SECTION

Alta Loma
266. Hope, Joel—Mile

Aviation
267. Hintnaus, Tom—Pole Vault

Banning
268. Edds, Dave—880

Barstow
269. Branch, Dupree—220

Blair
270. Ball, Dwaine—100, 440 Relay
271. Ellis, Redell—440 Relay
272. Grubbs, Ramon—Triple Jump
273. Jackson, Kevin—100, 440 Relay
274. Moody, Ivan—440 Relay

Brea
275. Johnson, Paul—Shot Put

Burbank
276. DeCaro, Mike

Cantwell
277. Staub, Joe—Shot Put

Centennial
278. Long, Huey—220
279. Thomas, Jon—220

Channel Islands
280. Wilson, Dale—Long Jump

Claremont
281. Gordien, Kelly—High Jump

Crescenta Valley
282. Moses, Don—Mile

Dominguez
283. McCall, Mitch—High Jump

Duarte
284. Brodi, Steve—440 Relay
285. Davis, Billy—440 Relay
286. Jackson, Keith—440 Relay
287. Yates, Glen—Long Jump, 440 Relay

Edison
288. Bogart, Jim—Pole Vault
289. McConnell, Kevin—2 Mile

El Dorado
290. Corbett, Kevin—Discus
291. Hunt, Jim—120 HH
292. Hunt, Tim—330 LH

Fontana
293. Wilson, Paul—Long Jump

Foothill
294. Spillsbury, Mark—2 Mile

Fountain Valley
295. Margerum, Ken—Triple Jump

Gahr
296. Arriola, Jim—Mile
297. Helzer, John—440 Relay
298. Hendrix, Keith—440 Relay
299. Hernandez, Bob—440 Relay
300. Thomson, Donn—440 Run, 440 Relay

Ganesh
301. Jones, Lloyd—120 HH

Garey
302. Webster, Stanley—330 LH

Hart
303. McKenzie, John—Shot Put

Hawthorne
304. Milliman, Clark—Pole Vault

Jordan
305. Hopper, Clarence—330 LH

Katella
306. Sheppard, John—Discus

Kennedy
307. Hill, Donnie—440 Relay
308. Jones, Larry—440 Relay
309. Jones, Norris—220, 100, 440 Relay
310. Kelley, Galen—440 Relay

Laguna Beach
311. Hulst, Eric—2 Mile

La Mirada
312. Silverman, Craig—Shot Put

Loyola
313. Sanford, Al—120 HH

L.A. Lutheran
314. Benson, Chip—Triple Jump

Mater Dei
315. St. John, Bill—2 Mile

Mayfair
316. Johnson, Rich—Shot Put, Discus

Millikan
317. Young, John—Pole Vault

Monrovia
318. Brown, Dennis—440 Relay
319. DeCuir, James—440 Relay
320. Dudley, Earz—440 Relay
321. Hurst, Byron—440 Relay

Morningside
322. Wilson, Kevin—Long Jump

Muir
323. Lewis, Tom—120 HH
324. Sanders, Jerry—High Jump

Notre Dame
325. Hall, Kevin—High Jump
326. Russell, Brian—880

Pasadena
327. Brown, Joseph—330 LH, Mile Relay
328. Cleveland, Ivan—Mile Relay
329. Ford, Harold—Mile Relay
330. Milloy, Cornell—120 HH
331. Sanford, James—220, Mile Relay

Pomona
332. Andrews, Terry—440, Mile Relay
333. Cole, Charles—Mile Relay
334. Jones, Michael—Mile Relay
335. Miley, Anthony—Mile Relay

Rio Mesa
336. Harris, Ron—440

Salesian
337. Godinez, Sal—2 Mile

San Bernardino
338. Bridges, Walter—Mile Relay
339. Davis, Michael—Mile Relay
340. Soward, Rodney—Mile Relay
341. Williams, Bryant—Mile Relay

San Geronio
342. Carter, Dwight—Mile Relay
343. Daniels, Dave—Mile
344. Flynn, Mark—880, Mile Relay
345. Jones, Miguel—Mile Relay
346. Vinson, Ron—440, Mile Relay

San Marcos
347. Jackson, Vic—Discus

Santa Ana Valley
348. Rhue, Mike—100

Santa Fe
349. Peralta, Sal—Mile

Santa Maria
350. Forrest, Everette—Long Jump

Santa Monica
351. Chambers, Tim—330 LH, 440, Mile Relay
353. Davis, James Jr.—Mile Relay
354. Fitzpatrick, Bernard—Mile Relay
355. Malanga, Bob—Mile Relay
356. Smith, Dennis—High Jump

Santa Ynez
357. Thomson, David—Discus

Thousand Oaks
358. Williams, Kenny—100

Upland
359. Cox, Casey—880
360. Juell, Cliff—Pole Vault

Workman
361. Lcmax, Tom—Triple Jump

Yucaipa
362. Francis, Greg—880

NORTHERN SECTION

Chico High
363. Avrit, Dcug—2 Mile
364. Bryant, Jim—440 Relay
365. Mulligan, Jerry—Pole Vault, 440 Relay
367. Pease, Kent—Mile
368. Starkey, Rick—440 Relay
369. Veronda, Chuck—440 Relay

Colusa
370. Ferraiuolo, Dave—100

Lassen
371. Montgomery, Steven—Shot Put, Discus

Paradise
372. Dorval, Bill—Mile Relay, 330 LH, 120 HH
373. Guerra, Art—Mile Relay
374. Marjama, Greg—Mile Relay
375. Powell, Todd—Mile Relay

Pleasant Valley
376. Bettencourt, Rande—220

Red Bluff
377. Schrock, Jim—440

Shasta
378. Elwell, Mark—880

Yreka
379. Brownlee, Keven—Triple Jump, Long Jump, High Jump

SAN DIEGO SECTION

Bonita Vista
380. Bisson, Jeff—Pole Vault
381. Krueger, Rick—880

Chula Vista
382. Newell, Hildria—100, 220

Crawford
383. Black, Wayne—Mile Relay
384. Browne, Mike—Mile Relay
385. Pinkney, Jim—Mile Relay
386. Zoc, Fred—Mile Relay

El Cajon
387. Malone, Mark—Discus
479. Priest, Darrell—440

El Capitan
388. Pole, Ken—Shot Put

Helix
389. Dorrell, Kevin—Long Jump
390. Harris, Walt—Pole Vault
392. Lettow, Chris—Discus

Hoover
393. Calloway, Jene—330 LH
394. Woodson, Richard—Long Jump

Granite Hills
395. Sivadge, Dan—High Jump

Grossmont
396. Neveu, Paul—Mile

La Jolla
397. Sadler, Chris—Two Mile

Lincoln
398. Edmerson, Ronnie—440 Relay
399. Harvey, Terry—440 Relay
400. Long, Tim—440 Relay
401. Patrick, Michael—440 Relay

Mar Vista
402. Dowden, Bob—330 LH

Monte Vista
391. Hughes, Chris—Two Mile
403. Ridgeway, Bob—High Jump

Morse
404. Beckton, Anthony—440 Relay
405. Berry, Ray—Mile Relay
406. Crews, Charles—440 Relay
407. Guillory, Don—440 Relay, Mile Relay
408. Hooker, Jim—440 Relay, Mile Relay
409. Reed, Greg—Mile Relay

Oceanside
410. Moore, John—120 HH
411. Naylor, Jce—Triple Jump
412. Williams, Darrell—Triple Jump

Patrick Henry
413. Hunt, Thom—Mile
414. Russell, David—100, 220

Point Loma
415. Powell, Chris—880

Poway
416. Brajevich, Mickie—120 HH
480. Stine, Scott—440

St. Augustine
417. Wiggins, Milt—Shot Put
LOS ANGELES SECTION

Banning
418. Hubbard, Phil—Mile Relay, Long Jump
419. Jones, Ron—Mile Relay
420. Knight, Tom—Mile Relay
421. McDonald, Leonard—Mile Relay, 440
422. Perry, Curtis—120 HH

Belmont
477. Benson, Bryan—440

Birmingham
428. Brown, Vic—Pole Vault

Carson
424. Bean, Michael—440 Relay
425. Smith, Charles—440 Relay
426. Williams, Henry—220, 440 Relay, 440
427. Wilson, Timothy—440 Relay

Chatsworth
428. Guillette, Fred—Polt Vault
429. Sigmen, Clay—Mile

Crenshaw
430. Henry, Pierre—Shot Put

Dorsey
431. Hawk, Lenox—Triple Jump

Eagle Rock
432. Guzman, Steve—Shot Put
433. Hidalgo, Mario—2 Mile
434. Slight, Kim—Mile

El Camino Real
435. Kennedy, Allan—Shot Put
436. Olson, Rob—High Jump
437. Wahl, Jay—880

Fremont
438. Brown, Craig—440 Relay
439. Caldwell, Gregory—High Jump, Triple Jump
440. Giles, Thomas—Triple Jump
441. Roberts, Jeff—440 Relay
442. Scott, Rodney—440 Relay
443. Smith, Percy—440 Relay

Gardena
444. Butler, Elston—Mile Relay
445. Jackson, Alan—120 HH
446. Jeffers, Leonard—Mile Relay
447. Johnson, Bert—Pole Vault
448. Jones, Allen—Mile Relay
449. Lancaster, Vic—Long Jump, Mile Relay

Granada Hills
450. Flynn, Larry—High Jump
451. O'Tousa, Jim—Long Jump
452. Wendler, John—2 Mile

Hamilton
453. Goosby, Rodney—220, 440 Relay, Mile Relay
454. Martin, Ricky—440 Relay, Mile Relay
455. Menzies, Sidney—440 Relay, Mile Relay
456. Mullins, Billy—100, 220, Mile Relay, 440 Relay

Jefferson
478. Clark, Anthony—440

Locke
457. Glenn, Ron—330 LH, 120 HH

Los Angeles
458. Scott, Tony—Long Jump

Manual Arts
459. Doubly, Larry—Long Jump, 100

Narbonne
460. Gilliam, Steve—Triple Jump

Reseda
461. Harmon, Mark—880

San Fernando
462. Benjamin, Bill—Mile Relay
463. Stomp, Winfred—440 Relay
464. White, Charles—120 HH, 440 Relay, Mile Relay
465. Williams, Kevin—100, 440 Relay, Mile Relay
466. Williams, Raymond—220, 100, 400 Relay, Mile Relay

San Pedro High
467. Anderson, Paul—880
468. Cornell, Ron—2 Mile, Mile

Taft
469. Hohmann, Richard—330 LH

University
470. Fordham, Jon—Shot Put
471. Pascal, David—Mile
472. Sherrill, Andy—2 Mile
473. Watanabe, Craig—330 LH

Washington
474. Gary, Joe—Discus
475. Ledet, Leonard—880

Westchester
476. Doherty, Kevin—Pole Vault

CIF AND OLYMPIC GOLD— WHO WILL BE NEXT?

By FRAN ERROTA
San Jose Mercury & News

There are many reasons why sports scribes refer to the California Interscholastic Federation Track & Field Championships as the "Olympic Games of Prepdom."

Much of the reasoning is the excellence and depth of performance which annually makes the CIF meet one of the finest in the country on the high school or any other level.

There are other reasons: Lee Barnes, Frank Wykoff and Bob Mathias to name three.

They won CIF titles in 1924 (Barnes), 1928 (Wykoff) and 1948 (Mathias), respectively. And, also in those same years, the trio won gold medals in the Olympic Games, Barnes in Paris, Wykoff in Amsterdam, and Mathias in the first post-World War II Olympiad in London.

Barnes, competing for Hollywood High, shared the CIF pole vault crown with Harry Smith (San Diego) in 1923 at 12-3 $\frac{5}{8}$ and won it outright with a meet mark of 12-11 $\frac{1}{2}$ in 1924. Barnes won Olympic gold with that same height in Paris just a short time after he was graduated from Hollywood High.

Wykoff, from Glendale High, rates as one of California's all-time schoolboy greats. As a junior in 1927, he won three events in the CIF meet at Modesto and anchored the winning 880 relay team to victory. He won the 100 in 9.8, the 220 in 21.0, and the long jump at 22-2. He's one of the few to record such a feat in the 57 CIF meets that have been contested.

Wykoff won only one event in 1928, the 220 in 21.4, but soon after he graduated from Glendale High, he qualified for the United States Olympic team and was a member of the winning 400 meter relay team in Amsterdam in 41.0. He also ran on winning USA Olympic relay teams in the 1932 Games in Los Angeles in 40.0, and in the '36 Games in Berlin in 39.8. Also running with Wykoff in 1936 was Californian Foy Draper (Huntington Park), plus the legendary Jesse Owens and Ralph Metcalfe.

Mathias' feats are among the most dramatic in Olympic history, and certainly, his triumph in the 1948 decathlon in virtual darkness ranks as one of the most memorable in all athletic annals.

The 1948 State Champion in the 120 yard high hurdles and 180 yard low hurdles in 14.3 and 19.6, Mathias totaled 7,139 points to win the decathlon in London shortly after graduating from Tulare High School. He repeated his Gold Medal performance with a total of 7,887 points in the 1952 Games in Helsinki.

The list of remaining athletes who claimed CIF titles and Olympic Gold is most impressive.

Start with Charley Paddock (Pasadena), and few sprinters in history had a better start or finish. Then comes Clarence (Bud) Houser (Oxnard), Bill Miller (San Diego), Draper (Huntington Park), Cornelius (Corny) Johnson (Los Angeles), Wilbur (Moose) Thompson (Mo-

desto), Leamon King (Delano), Rafer Johnson (Kingsburg), Charley Dumas (Centennial of Compton), Ullis Williams (Compton), Richard Stebbins (Fremont of Los Angeles), Tommie Smith (Lemoore), James Hines (McClymonds of Oakland) and Randy Williams (Edison of Fresno.)

Had CIF meets been contested during the World War II years, Mel Patton (University High of Los Angeles) and Mal Whitfield (Jefferson of Los Angeles) most certainly would have been part of the list of athletes claiming CIF and Olympic Gold.

Patton won the 200 meters in the '48 Olympics in 21.1, and also ran on the winning 400 meter relay team in 40.6. Whitfield won Olympic 800 meter crowns in '48 and '52 in the identical times of 1:49.2 and he also ran on the winning 1600 meter relay team in '48.

Sim Iness (Tulare), a high school teammate of Mathias, is another who might have been on that list. He won the Olympic discus crown with a toss of 180-6 in 1952. The discus didn't become an official State Meet event until 1959.

The parade of Olympic Gold Medalists who did not win CIF titles includes current world record holder for 400 meters, Lee Evans (Overfelt of San Jose), who set that mark with his blazing 43.8 in the 1968 Mexico City Olympics.

In the same category are sprinters Ronnie Ray Smith (Manual Arts of Los Angeles) and Eddie Hart (Pittsburg) along with 400 meter dashmen Michael Larrabee (Ventura, Otis Davis (Manual Arts of Los Angeles), Earl Young (San Fernando) and Jack Yerman (Woodland).

There are at least three others—long jumper Willie Steele (San Diego Hoover) who won Olympic Gold (25-8) in 1948, Bob Seagren (Pomona) who won the pole vault (17-8 $\frac{1}{2}$) at Mexico City in 1968, and Parry O'Brien (Santa Monica) who revolutionized the shot put after leaving high school. The first man to surpass 60 feet, O'Brien won the Helsinki 'Games in 1952 (57-1 $\frac{1}{2}$) and repeated in Melbourne in 1956 (60-11).

With track buffs the world over thinking of the upcoming Olympics in Montreal, is it reasonable to expect an athlete competing in the 58th annual CIF meet to win Olympic Gold, or even to qualify for the team.

Chances are not great, even with the quality of athletes competing this year, but there probably were few who gave Barnes, Wykoff and Mathias much chance in '24, '28 and '48.

The last Californian to make the Olympic team as a schoolboy was Reynaldo Brown (Compton). He cleared 7-3 (all time best by a prep) in the Trials to earn the trip to Mexico City in 1968 shortly after completing his junior year at Compton. He claimed three straight CIF crowns—6-9 $\frac{3}{8}$ in '67, 7-0 in '68 and 7-0 in '69.

GOLD MEDAL CIFers

NAME & SCHOOL	CIF TITLES			OLYMPIC GOLD		
	Year	Event	Mark	Year	Event	Mark
Charley Paddock (Pasadena)	1916	100y	10.4	1920	100m	10.8
	1916	220y	22.4	1920	400mR	42.2
	1917	220y	22.0			
	1918	100y	10.2			
	1918	220y	22.4			
Clarence (Bud) Houser (Oxnard)	1920	SP	49-9	1924	SP	49-2½
	1921	SP	52-0	1924	DT	151-5
	1922	SP	55-4¾	1928	DT	155-3
Lee Barnes (Hollywood)	1923	PV	12-3⅝			
	1924	PV	12-11½	1924	PV	12-11½
Frank Wykoff (Glendale)	1927	100y	9.8			
	1927	220y	21.0	1928	400mR	41.0
	1927	LJ	22-2	1932	400mR	40.0
	1928	220	21.4	1936	400mR	39.8
Bill Miller (San Diego)	1927	PV	12-0			
	1928	PV	12-9½			
	1929	PV	12-6	1932	PV	14-1⅞
Foy Draper (Huntington Park)	1931	100y	9.9	1936	440mR	39-8
Cornelius (Corny) Johnson (Los Angeles)	1932	HJ	6-3			
	1933	HJ	6-4¾	1936	HJ	6-7⅛
Wilbur (Moose) Thompson (Modesto)	1937	SP	55-8¾	1948	SP	56-2
Bob Mathias (Tulare)	1948	120HH	14.5	1948	Dec.	7139.00
	1948	180LH	19.6	1952	Dec.	7887.00
Leamon King (Delano)	1951	220y	21.4			
	1953	100y	9.6			
	1953	220y	21.4	1956	400mR	39.5
Rafer Johnson (Kingsburg)	1954	120HH	14.3	1960	Dec.	8392.00
Charles Dumas (Centennial, Compton)	1955	HJ	6-9⅜	1956	HJ	6-11¼
Ulis Williams (Compton)	1960	440	47.2			
	1961	440	47.8	1964	1600mR	3:00.7
Richard Stebbins (Fremont, Los Angeles)	1962	220	20.9	1964	400mR	39.0
Tommie Smith (Lemoore)	1963	440	47.3	1968	200m	19.8
James Hines (McClymonds, Oakland)	1964	100y	9.7	1968	100m	9.9
	1964	220y	21.5	1968	400mR	38.2
Randy Williams (Edison, Fresno)	1971	LJ	26-33-4w	1972	LJ	27-0½

8 Boys' TRIPLE JUMP

Approx. 9 Qualify

TRIPLE JUMP

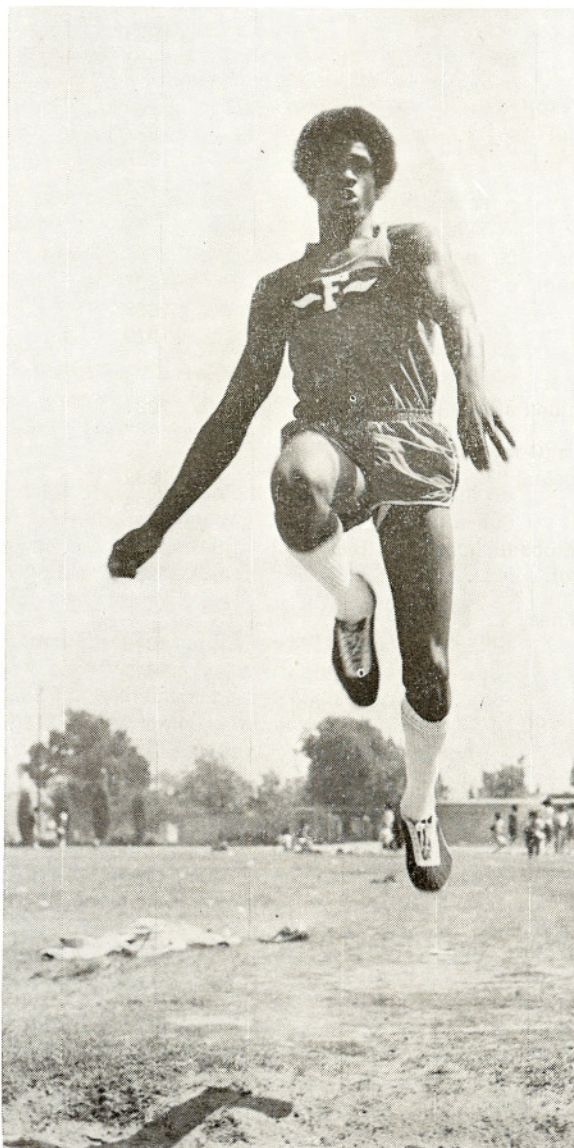
STATE RECORD—50' 9", Willie Banks, Oceanside HS, 1974.

NATIONAL RECORD—52' 6 $\frac{1}{4}$ ", David Tucker, San Joaquin Memorial HS, Fresno, 1970.

Section Mark	1976 Best	No.	Name (School, Section)	Trials	
				Place	Mark
43-1 $\frac{1}{2}$	43-1 $\frac{1}{2}$	440	Thomas Giles (Fremont, L.A. City)	_____	_____
43-8	43-8	431	Lenox Hawk (Dorsey, L.A. City)	_____	_____
45-3 $\frac{1}{2}$	45-3 $\frac{1}{2}$	379	Keven Brownlee (Yreka, Northern)	_____	_____
45-7	46-4 $\frac{1}{4}$	411	Joe Naylor (Oceanside, San Diego)	_____	_____
45-7	45-7	006	Kurt Durham (Oakland, Oakland)	48-3	_____
46-1	46-10 $\frac{1}{2}$	226	Glen Smith (Hayward, North Coast)	_____	_____
46-4 $\frac{1}{2}$	46-9 $\frac{1}{2}$	138	Raymond Hendricks (Burbank, Sac-J.)	_____	_____
46-9 $\frac{1}{4}$	47-4	159	Sam Keith (Hiram Johnson, Sac-Joaq.)	_____	_____
46-9	46-9 $\frac{1}{2}$	220	Daryle Morgan (El Cerrito, North Cst.)	48-$\frac{1}{2}$	_____
46-10 $\frac{1}{4}$	50-0 $\frac{3}{4}$	172	Mark Slayton (Merced, Sac-Joaquin)	48-11$\frac{1}{2}$	_____
46-11	47-6	017	Ricky Bradley (Balboa, San Francisco)	_____	_____
46-11 $\frac{1}{2}$	46-11 $\frac{1}{2}$	460	Steve Gilliam (Narbonne, L.A. City)	_____	_____
47-6 $\frac{1}{4}$	50-0 $\frac{3}{4}$	095	Pete Moreno (James Lick, Central Cst.)	48-4	_____
47-7	47-8	314	Chip Benson (L.A. Lutheran, Southern)	48-8$\frac{1}{4}$	_____
47-7 $\frac{1}{4}$	47-7 $\frac{1}{2}$	122	Loren Lebbertz (Serramonte, Cen. Cst.)	47-10$\frac{1}{4}$	_____
47-7 $\frac{3}{4}$	50-5	439	Gregory Caldwell (Fremont, L.A. City)	49-7$\frac{1}{4}$	_____
47-8	47-8	295	Ken Margerum (Fountain Valley, Southern)	_____	_____
47-9 $\frac{1}{2}$	47-9 $\frac{1}{2}$	097	Tony Veccheit (Los Altos, Central Cst.)	_____	_____
47-10	47-10	079	Curt Torrence (Tulare Western, Cent'l)	_____	_____
47-10 $\frac{3}{4}$	48-7 $\frac{1}{2}$ w	256	Darrell Mellion (St. Mary's, North Cst.)	_____	_____
47-11	47-11	071	Ray Eddings (Roosevelt High, Central)	_____	_____
48-1 $\frac{1}{2}$	48-1 $\frac{1}{2}$	272	Ramon Grubbs (Blair, Southern)	_____	_____
48-4	49-1	412	Darrell Williams (Oceanside, San D'go)	48-3	_____
48-5 $\frac{1}{2}$	49-0w	235	Cephus Johnson (Mt. Eden, North Cst.)	_____	_____
48-6	48-6	276	Mike De Caro (Burbank, Southern)	_____	_____
48-10	48-10	045	Rickey Nichols (East, Central)	_____	_____
49-11 $\frac{1}{2}$	49-11 $\frac{1}{2}$	361	Tom Lomax (Workman, Southern)	49-8$\frac{1}{4}$	_____

Previous CIF Champions

1973 Willie Banks (Oceanside) 49-7 $\frac{1}{4}$ w
 1974 Willie Banks (Oceanside) 50-9
 1975 Mike Dobbins (Merced) 49-3



GREG CALDWELL, Fremont (L.A.), is the Los Angeles City Champion with 47-7 $\frac{3}{4}$, his all-time best. Indicates he's ready to go farther. But 11 jumpers have better marks.

FINALS	MARK
1 Caldwell - Fremont LA	51-8 $\frac{1}{2}$ w
2 Slayton - Merced	50-7 $\frac{1}{4}$
3 Moreno - Lick	50-1 $\frac{1}{4}$
4 Lomax - Workman	49-7 $\frac{3}{4}$
5 Benson - Lutheran	48-4 $\frac{3}{4}$
6 Lebbertz - Serramonte	47-11 $\frac{1}{4}$

Boys' SHOT PUT

Approx. 9 Qualify
(12 lbs./5.444 kilograms)

SHOT PUT

STATE RECORD—67' 3 1/4", Jim Niedhart, Newport Harbor HS, 1973.
NATIONAL RECORD—72' 3", Sam Walker, W. W. Sammuel HS, Texas, 1968.

Section	1976		Name (School, Section)	Trials	
	Mark	Best		No.	Place
51-4	51-4	009	Norman Nicholas (Oakland, Oakland)	_____	_____
53-1/4	53-1/4	068	Frank Martinez (Redwood, Central)	_____	_____
54-1	56-2	019	James Davis (Balboa, San Francisco)	_____	_____
54-4 3/4	55-6	435	Allan Kennedy (El Camino Real, L.A. City)	_____	_____
54-8 1/4	54-8 1/2	388	Ken Pole (El Capitan, San Diego)	_____	_____
54-9	54-9	208	Steve Lytle (Clear Lake, North Coast)	_____	_____
55-3	55-3	432	Steve Guzman (Eagle Rock, L.A. City)	_____	_____
55-3 1/4	55-3 1/4	175	Bob Johnston (Oakdale, Sac-Joaquin)	_____	_____
55-5 1/2	56-3/4	197	Ron Garner (Antioch, North Coast)	_____	_____
56-1	56-1	091	Brad Walters (Half Moon Bay, Central Coast)	_____	_____
56-5	56-5	213	John Richiuto (De Anza, North Coast)	_____	_____
56-8	57-0	085	Greg Tafralis (Capuchino, Central Cst.)	_____	_____
57-2 3/4	57-2 3/4	430	Pierre Henry (Crenshaw, L.A. City)	58-5 1/4	_____
57-1/4	57-4	184	Armando Alonzo (St. Mary's, Sac-Joa.)	_____	_____
57-8 1/2	58-5 3/4	417	Milt Wiggins (St. Augustine, San Diego)	_____	_____
57-9	57-9	054	Scott Ender (Hoover, Central)	_____	_____
58-2	58-2	119	Mike Smith (San Mateo, Central Coast)	58-10	_____
58-4 1/2	58-4 1/2	470	Jon Fordham (University, L.A. City)	_____	_____
59-3 1/4	59-3 1/4	316	Rich Johnson (Mayfair, Southern)	_____	_____
59-4 1/2	61-1	312	Craig Silverman (La Mirada, Southern)	58-13 1/4	_____
59-6 1/2	59-6 1/2	277	Joe Staub (Cantwell, Southern)	_____	_____
60-1/4	60-10 3/4	275	Paul Johnson (Brea, Southern)	56-11 3/4	_____
60-2 3/4	60-2 3/4	153	Kevin Messinger (Highlands, Sac-Joa.)	58-10 3/4	_____
60-9	60-9	055	Matt McNaughton (Hoover, Central)	59-7 1/4	_____
61-8	63-0	265	Conrad Jepson (Washington, Nor. Cst.)	61-5 1/2	_____
65-4	67-9	303	John McKenzie (Hart, Southern)	60-8 1/2	_____
66-10 3/4	66-10 3/4	371	Steven Montgomery (Lassen, Northern)	62-8 3/4	_____

Previous CIF Champions

1915 Wayne Weeks (Santa Rosa)	46- 2 3/8
1916 Wayne Weeks (Santa Rosa)	47- 4 1/2
1917 Jim Blewett (Manual Arts, L.A.)	47- 9 1/4
1918 Jennings Robertson (Sutter City)	44- 6
1919 Ernst Hartmann (Polytechnic, L.A.)	42- 3
1920 Clarence "Bud" Houser (Oxnard)	49- 9
1921 Clarence "Bud" Houser (Oxnard)	52- 0
1922 Clarence "Bud" Houser (Oxnard)	55- 4 3/4
1923 Cecil White (Modesto)	48- 1/2
1924 Cecil White (Modesto)	49- 7 3/4
1925 Herb Fleishhacker (Menlo)	49- 2
1926 Maury Lauterman (Polytechnic, L.A.)	49- 1/4
1927 Harold Falter (Glendale)	49- 9 3/8
1928 Garrett Arbelbide (Huntington Park)	48-10 1/2
1929 Nelson Gray (Chaffey, Ontario)	53- 5 1/2
1930 Don Carter (Franklin, L.A.)	52- 8 3/4
1931 Don Carter (Franklin, L.A.)	52-10
1932 Bob Pyle (Pasadena)	53- 6
1933 Jim Donaldson (Hollywood)	54- 3
1934 Ray Young (Riis, Los Angeles)	55-10
1935 John Raiff (Fullerton)	55- 5 1/4
1936 Joe Hill (Calif. Deaf, Berkeley)	54- 5 1/4
1937 Wilbur Thompson (Modesto)	55- 8 3/4
1938 Mario Russo (Pittsburg)	55- 5 3/4
1939 Frank Minnini (Paso Robles)	54- 1
1940 Ben Steele (Santa Rosa)	54- 4 1/8
1941 George Souza (Vallejo)	52- 4 1/4
1946 John Helwig (Mount Carmel, L.A.)	59- 5 7/8
1947 Bob Cameron (Washington, L.A.)	53-10 7/8
1948 Bob Cameron (Washington, L.A.)	59- 7 1/4
1949 Elmer Willhoite (Merced)	57- 3 1/4
1950 Hal Norris (Grossmont)	56- 5 1/2
1951 Leon Patterson (Taft)	59- 2 1/2
1952 Leon Patterson (Taft)	60- 9 7/8
1953 Don Vick (Chaffey)	60- 7 3/4
1954 Dick Bronson (Grossmont)	59- 7 1/8
1955 Duncan Ward (Santa Monica)	59- 4 1/2
1956 Homer Robertson (San Bernardino)	63- 9 1/2
1957 Clark Branson (Pasadena)	64- 3/4
1958 Jack Slocumbe (Long Beach)	61- 4 1/2
1959 Mike Parker (Turlock)	57- 8
1960 Matthew Baggett (Berkeley)	60- 7
1961 Bill Pace (El Rancho, Whittier)	64- 3 1/2
1962 Jim O'Brien (De Anza, Richmond)	62- 2 1/4
1963 Bruce Wilhelm (Fremont, Sunnyvale)	63- 4 3/4
1964 Bob Brannan (Los Gatos)	62- 7 1/4
1965 Steve Marcus (Palisades)	63-11 1/4
1966 John Hubbell (Poly, Long Beach)	66-11
1967 John Buehler (Whittier)	65- 3 1/4
1968 Pete Schmock (San Diegoito)	63-11
1969 Sam Cunningham (Santa Barbara)	61- 2
1970 Randy Withrow (Pasadena)	63- 8 3/4
1971 Mark Stevens (Newport Harbor)	67- 2 1/4
1972 Randy Cross (Crespi, Encino)	65- 7 1/4
1973 Jim Niedhart (Newport Harbor)	67- 3 1/4
1974 Dave Kurrasch (Santa Ana)	63-10 1/2
1975 Dave Kurrasch (Newport Harbor)	65- 9 1/2

FINALS

MARK

1	Montgomery - Lassen	68-0 * MR
2	McKenzie - Hart	64-7 3/4
3	Jepson - Washington	63-9 1/2
4	McNaughton - Hoover	60-6 1/4
5	Johnson - Brea	59-11 3/4
6	Smith - San Mateo	58-2

10 Boys' HIGH JUMP

12 Qualify

HIGH JUMP

STATE RECORD—7' 1½", Dwight Stones, Glendale HS, 1971.
 NATIONAL RECORD—7' 3", Reynaldo Brown, Compton, 1968.

Section	1976	Trials			
		Place	Mark		
6-0	6-2	031	Darryl Mathews (G. Washington, S.F.)	_____	_____
6-4	6-4	083	Kevin Harding (Camden, Central Coast)	_____	_____
6-5	6-5	451	Jim O'Tousa (Granada Hills, L.A. City)	_____	_____
6-6	6-6¼	260	Lonny Low (Tamalpais, North Coast)	_____	_____
6-6	6-7	403	Bob Ridgeway (Monte Vista, San Diego)	_____	_____
6-6	6-8	172	Mark Slaton (Merced, Sac-Joaquin)	6-8	_____
6-6	6-6	147	Jim Bjornsson (Encina, Sac-Joaquin)	6-8	_____
6-6	6-6	144	Larry Dogan (Edison, Sac-Joaquin)	_____	_____
6-6	6-9	439	Gregory Caldwell (Fremont, L.A. City)	_____	_____
6-6	6-6	233	Don Kinman (Moreau, North Coast)	_____	_____
6-6	6-6	200	Bob Peterson (Arroyo, North Coast)	_____	_____
6-6	6-10½	379	Keven Brownlee (Yreka, Northern)	_____	_____
6-6	6-6	080	Dennis Stowe (Wasco, Central)	_____	_____
6-6	6-6	118	Mike Jett (San Mateo, Central Coast)	_____	_____
6-7	6-8	450	Larry Flynn (Granada Hills, L.A. City)	_____	_____
6-8	6-8	395	Dan Sivadge (Granite Hills, San Diego)	_____	_____
6-8	6-8	093	Thurlis Gibbs (Andrew Hill, Central Cst.)	6-8	_____
6-8	6-8	008	Bill Hice (Oakland, Oakland)	6-8	_____
6-8	6-8	076	Bret Bell (Sanger, Central)	_____	_____
6-8	6-8	038	Todd Ward (Bakersfield, Central)	6-8	_____
6-8	6-10½	281	Kelly Gordien (Claremont, Southern)	_____	_____
6-9	6-9	324	Jerry Sanders (Muir, Southern)	6-8	_____
6-9	6-9	325	Kevin Hall (Notre Dame, Southern)	_____	_____
6-9	6-9	283	Mitch McCall (Dominguez, Southern)	6-8	_____
6-9	6-10½	356	Dennis Smith (Santa Monica, Southern)	6-8	_____
6-9	6-9	436	Rob Olson (El Camino Real, L.A. City)	_____	_____
6-10	7-0	196	John Lane (American, North Coast)	6-8	_____

Previous CIF Champions

1915 Millard Webster (Santa Paula)	5- 9/2
1916 Titus Moore (Pasadena)	5- 8½
1917 Lloyd Hill (Coalinga)	5- 9¼
1918 Harold "Brick" Muller (San Diego)	5-11¾
1919 Harold "Brick" Muller (Tech., Oakland)	5- 6
1920 Oliver Corey (Chaffey, Ontario)	6- 0
1921 Al Fisher (Lincoln, L.A.)	6- ¾
1922 Ed Shaw (Monrovia)	5-10¾
1923 Henry Coggeshall (Sacramento)	5-11
1924 Henry Coggeshall (Polytechnic, L.A.)	6- 1¼
1925 Al Bowen (Santa Monica)	6- 1½
1926 Olympus Carter (Jordan, L.A.)	5-11
Bob Van Osdel (Compton)	5-11
1927 Lynford Scott (Eureka)	6- ¾
1928 Henry Lassalette (Puenete)	6- 2½
Bob Van Osdel (Compton)	6- 2½
1929 Walter Marty (Fresno)	6- 4¼
1930 Kermit Plowman (Sequoia, Redwood City)	6- ½
1931 Paul Jacques (Santa Ana)	6- 4½
1932 Cornelius Johnson (Los Angeles)	6- 3
1933 Cornelius Johnson (Los Angeles)	6- 5¾
1934 Delos Thurber (Glendale)	6- 5½
1935 Les Steers (Palo Alto)	6- 2
1936 Les Steers (Palo Alto)	6- 0¾
1937 Les Steers (Palo Alto)	6- 4
1938 Gil La Cava (Beverly Hills)	6- 7½
1939 Bill Stewart (Torrance)	6- 4
1940 Jack Newman (Polytechnic, L.B.)	6- 4½
1941 Henry Caldwell (Edison, Fresno)	6- 1
1946 Wilfred Schlange (Citrus, Azusa)	6- 2
Dick Smith (Roosevelt, Fresno)	6- 2
1947 Daryl Butts (Excelsior, Norwalk)	6- 0
Walter Kirk (Porterville)	6- 0
Dick Smith (Roosevelt, Fresno)	6- 0
Ed Young (Jefferson, L.A.)	6- 0
1948 Dick Brombach (Polytechnic, L.B.)	6- 3
Ed Young (Jefferson, Los Angeles)	6- 3
1949 Norman Woods (Jefferson, L.A.)	6- 3
1950 Ralph Bonham (Pomona)	6- 2
Vern Wilson (San Jose)	6- 2
1951 Bernie Allard (Fresno)	6- 5¾
1952 Bernie Allard (Fresno)	6- 5½
1953 Bernie Nelson (San Diego)	6- 4
1954 Dick Dailey (Hayward)	6- 5½
1955 Charles Dumas (Centennial, Compton)	6- 9¾
1956 Curtis Chappell (Jefferson, L.A.)	6- 3¼
Robert Simms (Jordan, L.A.)	6- 8
1957 Robert Avant (Hart)	6- 8
1958 Ray Nickleberry (Oxnard)	6- 8
Paul Stuber (Bellflower)	6- 7¼
1959 Paul Stuber (Bellflower)	6- 7¼
1960 Archie Green (Oakland High)	6- 6¼
Roger Olsen (Willow Glen, San Jose)	6- 8¼
1961 Richard Jones (Bakersfield)	6- 8¼
1962 Richard Jones (Bakersfield)	6- 7½
Otis Burrell (Jefferson, L.A.)	6- 7½
Bob Channell (McLane, Fresno)	6- 8
1963 Ed Caruthers (Santa Ana Valley)	6- 7¾
1964 Gregg Heet (Lowell, La Habra)	6- 8½
1965 Ken Brown (Castlemont, Oakland)	6- 10
1966 Tom Clyburn (Balboa, S.F.)	6- 9¼
1967 Reynaldo Brown (Compton)	7- 0
1968 Reynaldo Brown (Compton)	7- 0
1969 Reynaldo Brown (Compton)	7- 0¼
1970 Jerry Culp (Oceanside)	7- 1½
1971 Dwight Stones (Glendale)	6-10
1972 Carl Miles (Polytechnic, L.B.)	6- 6
1973 Randy Turner (Wilson, S.F.)	7- 0
1974 Charles Hatch (Wilson, S.F.)	7- 0
1975 Johnny Washington (Fremont, L.A.)	7- 0

FINALS MARK

1	Lane - American	6-11
2	Ward - Bakersfield	6-10
3	Sanders - Muir	6-10
3	McCall - Dominguez	
5	Smith - Santa Monica	6-8
30	Gibbs - Hill	6-7

11 Girls' 80 YD. LOW HURDLES

3 Qualify Each Heat

GIRLS' 80-YARD LOW HURDLES

STATE RECORD—10.1, Yvonne Boone, Fremont, Oakland, 1975.

NATIONAL DGWS RECORD—10.9 sec., Lavone Opitz, Redfield, South Dakota, 1972.

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Trials	
					Place	Time
11.4	11.3	1	864	Sharon Hall (Westchester, L.A. City)	—	—
11.2	11.2	2	527	Annie Frazier (Edison, Central)	—	—
11.1	10.7	3	796	Karen Taylor (Point Loma, San Diego)	—	—
11.0		4	635	Joy Upshaw (Acalanes, North Coast)	—	—
10.5		5	715	Jennifer Mann (Kennedy-Barstow, Southern)	10.9	1
10.9		6	638	Kim Burgess (Berkeley, North Coast)	10.9	2
11.1		7	736	Paula Streeter (North, Southern)	10.9	3
11.2	10.5	8	857	Jodi Anderson (Washington, L.A. City)	—	—
11.4	11.4	9	593	Kathy Schentrup (Willow Glen, Cen. Cst.)	11.4	4
11.7	11.4	1	799	Barbara Williams (Pt. Loma, San Diego)	—	—
11.2		2	618	Celia Duran (Oakmont, Sac-Joaquin)	—	—
11.1		3	612	Betty Adamson (Hughson, Sac-Joaquin)	—	—
11.0	11.0	4	564	Carrie Cavanah (Harbor, Central Coast)	—	—
10.6		5	615	Tuti Lee (Merced, Sac-Joaquin)	10.7	1
10.8	10.4	6	780	Jan Foster (Yreka, Northern)	10.9	2
11.1		7	737	Angela Wind (Ontario Christian, South'n)	11.1	3
11.2		8	510	Yolanda St. Jules (Tech, Oakland)	—	—
11.4	11.1	9	834	Gretta McConnell (Kennedy, L.A. City)	—	—
11.2	11.0	2	674	Angela Bess (Tamalpais, North Coast)	—	—
11.1	11.1	3	551	Melody Wong (South High, Central)	—	—
11.0		4	666	Glenna Pickel (Mt. Eden, North Coast)	—	—
10.6	10.6	5	582	Kris Costello (Lynbrook, Central Coast)	10.9	1
10.8		6	694	Mary Winneswiser (Bishop Diego, Southern)	11.0	2
11.1		7	707	Pam Dudash (Dos Pueblos, Southern)	—	—
11.1	10.4	8	843	Kim Costello (Monroe, L.A. City)	11.0	3
11.4	11.4	9	540	Lisa McIntyre (Mt. Whitney, Central)	—	—

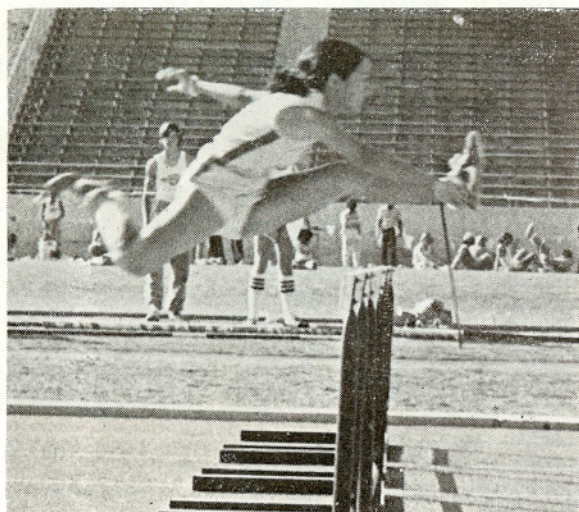
Previous CIF Champions

1974 Yvonne Boone (Fremont, Oakland) ----- 11.1
1975 Yvonne Boone (Fremont, Oakland) ----- 10.1

FINALS

MARK

- 1 Lee - Merced 10.7
- 2 Costello - Lynbrook 10.8
- 3 Burgess - Berkely 10.9
- 4 Mann - Kennedy 10.0
- 5 Wennewiser - Bishop Diego 11.1



HIGH STEPPERS—Kim Costello (above), Monroe, is Los Angeles 80 low hurdle champion with 11.1, though she has best of 10.4. Melody Wong (left), South (Bakersfield), clocked the fastest time ever in the Central Section with 11.1. Kim and Jan Foster of Yreka come in with fastest times.

12 Girls' 440 RELAY

3 Qualify Each Heat

GIRLS' 440 RELAY

STATE RECORD—47.5, Berkeley HS, 1974. Sharon White, Annette Robinson, Marie Nickson, Terry Knight.

NATIONAL DGWS RECORD—Same as above.

Sec.	1976	Best Lane	School, Section (Names)	Trials Place	Mark
HEAT 1					
48.5	48.5	1	Locke, Los Angeles (838-Shiavonne Shy, 837-Verna Kuykendall, 835-Valerie Brisco, 836-Beverly Johnson)	<u>49.2</u>	<u>2</u>
50.3	50.3	2	Ayer, Central Coast (557-Casie Walz, 554-Marsha Gallion, 556-Peggy Kisov, 555-Robbin Holiday)	_____	_____
49.3	49.3	3	Bell, Los Angeles (812-Debbie Gregory, 813-Cleo Milton, 811-Vanessa Daniels, 814-Pamela Waters)	_____	_____
49.3		4	Terra Linda, North Coast (679-Patty Green, 677-Cyndie Bernat, 678-Jennifer De Champlain, 681-Kandi Yamagata)	_____	_____
50.3		5	Chico Jr. High, Northern (773-Debbie Blue, 774-Robin Cromwell, 775-Anecia Johnson, 772-Tonya Alston)	_____	_____
49.8		6	Monrovia, Southern (723-Demetria Victor, 724-Tonya Wyatt, 721-Denise Brown, 722-Sharon Dennis)	_____	_____
48.5	48.5	7	Crawford, San Diego (786-Jewel Lovelady, 784-Marian Eastern, 787-Roxanne Montgomery, 785-Katie Gaston)	<u>49.6</u>	<u>3</u>
47.9		8	Centennial, Southern (697-Jeanette Boulden, 698-Yvette Johnson, 700-Tsipora Simmons, 699-Carole Sanders)	<u>48.2</u>	<u>1</u>
49.8		9	Hogan, North Coast (649-Shelli Coleman, 650-Cookie Faucett, 647-Phyllis Barnes, 648-Dana Coleman)	_____	_____

HEAT 2					
50.3		1	Oakland, Oakland (501-Darlene Brown, 502-Anita Giles, 503-Sharon Guy, 504-Cynthia Johnson)	_____	_____
48.5		2	South High, Central (546-Bell, 549-McMillen, 547-Frye, 550-Ward)	<u>49.4</u>	<u>3</u>
49.8	49.8	3	Silver Creek, Central Coast (592-Eloise Mallory, 591-Teri Kelly, 590-Kim Elmore, 589-Marquita Belk)	_____	_____
49.4		4	Fairfield, Sac-Joaquin (605-Carolyn Barnes, 608-Sandy Williams, 607-Arlene Hall, 606-Vicky Booker)	_____	_____
51.1		5	Davis, Sac-Joaquin (604-Marcy Place, 602-Vickie Jarsnich, 601-Debbie Ashmore, 603-Marlene King)	_____	_____
48.0	47.9	6	Berkeley, North Coast (639-Freida Cobbs, 638-Kim Burgess, 641-Candy Ross, 640-Annette Robinson)	<u>47.8</u>	<u>1</u>
49.5	49.5	7	Harbor High, Central Coast (568-Julie Peterson, 566-Chris Chiechi, 564-Carrie Cavanah, 569-Lezli Peterson)	_____	_____
49.3		8	Morningside, Southern (728-Daphne Shaw, 725-Deborah Dixon, 727-Annette Minez, 726-Yvette Evans)	<u>49.1</u>	<u>2</u>
48.4	48.4	9	Point Loma, San Diego (798-Lyn Treais, 797-Kim Taylor, 796-Karen Taylor, 795-Kathy Nolan)	_____	_____

HEAT 3					
48.2	48.2	2	Fremont, Los Angeles (827-Vanessa Frazier, 830-Robbie Mitchell, 826-Diana Donaldson, 829-Adrienne Lair)	<u>48.6</u>	<u>3</u>
50.1		3	Merced, Sac-Joaquin (615-Tuti Lee, 616-Kathy Reynolds, 617-Rochelle Slayton, 614-Cheryl Brown)	_____	_____
48.3		4	Muir, Southern (731-Regina Jordan, 732-Lissette Milliner, 730-Gwen Jordan, 729-Alice Brown)	<u>48.0</u>	<u>1</u>
48.6	48.5	5	Edison High, Central (527-Frazier, 528-Tanner, 529-Wright, 530-Yates)	<u>48.3</u>	<u>2</u>
48.9		6	Bakersfield High, Central (514-Clem, 513-Brothers, 516-Young, 515-Parrish)	_____	_____
49.5		7	West Torrance, Southern (760-Sue Friesthler, 759-Jill Chantler, 761-Susan Hursh, 758-Linda Cassidy)	_____	_____
50.2		8	Vallejo, North Coast (684-Anna Kidd, 686-Yvonne Terrell, 685-Zelma Scott, 683-Lena Dilworth)	_____	_____
49.4	49.4	9	Washington, Los Angeles (861-Katherine Price, 858-LaShonda Bay, 862-Carroll Young, 856-Valerie Allen)	_____	_____

Previous CIF Champions

1974 Berkeley 47.5
1975 Muir, Los Angeles 48.0

FINALS

TIME

1	Muir	47.6
2	Centennial	47.8
3	South	48.8
4	Locke	48.8
5	Edison	49.1



SOUTH HIGH, Bakersfield, 440 relay team, Central Coast Champions in 48.5. Top: Terri Frye (19), Constance Ward. Middle: Janice McMillon. Seated: Charlotte Bell (16).

13 Boys' 440 RELAY

3 Qualify Each Heat

440-YARD RELAY

STATE RECORD—41.0, Wilson HS, San Francisco, 1973. Mike Farmer, Ron Whitaker, Mike Kirtman, Duane Walker.

NATIONAL RECORD—40.2, Lincoln HS, Texas, 1970. Delley, G. Pouncy, J. Pouncy, Shaw.

Sec. Mark	1976 Best Lane	School, Section (Names)	Trials	
			Place	Mark
HEAT 1				
43.2	43.0	1 Stagg, Sac-Joaquin (188-Fred Douglas, 189-Conway Hill, 191-Grayling Williams, 190-Gerold Williams)	_____	_____
43.0	42.8	2 Roosevelt, Central (75-Steve Watkins, 72-Jackson, 70-Arington, 69-Alexander)	_____	_____
42.3	42.3	3 Pittsburg, North Coast (245-Victor Trapps, 246-Dan Walker, 241-Derald Harris, 244-Don Lawson)	42.4	2
42.1	42.1	4 Duarte, Southern (286-Keith Jackson, 285-Billy Davis, 284-Steve Brodi, 287-Glen Yates)	42.7	3
41.1	41.1	5 Hamilton, Los Angeles City (455-Sidney Menzies, 453-Rodney Goosby, 454-Ricky Martin, 456-Billy Mullins)	41.8	1
42.7	42.3	6 Madera, Central (59-Crumb, 61-Gaffney, 60-Alfonso Foster, 64-Cliff Newsome)	_____	_____
41.8	41.8	7 Carson, Los Angeles City (427-Timothy Wilson, 425-Charles Smith, 424-Michael Bean, 426-Henry Williams)	_____	_____
42.7	42.7	8 Berkeley, North Coast (206-Carleton Smith, 205-Anthony Stephens, 204-Mark Kent, 202-John Finger)	_____	_____
41.9	41.9	9 Morse, San Diego (406-Charles Crews, 404-Anthony Beckton, 407-Don Guillory, 408-Jim Hooker)	_____	_____
HEAT 2				
42.5	42.3	1 Gahr, Southern (298-Keith Hendrix, 297-John Helzer, 299-Bob Hernandez, 300-Donn Thompson)	_____	_____
43.4	43.3	2 Dublin, North Coast (218-Ricky Chan, 217-Jim Boulware, 219-Chuck Gangnuss, 216-Jon Batchelor)	_____	_____
41.7	41.7	3 Piedmont Hills, Central Coast (116-Keith Taylor, 114-Phil Llorin, 112-Johnnie Jones, 113-Sherman Jones)	42.1	2
42.8	42.8	4 Skyline, Oakland (11-Lionel Foster, 12-Mark Frost, 13-Pat Harvey, 14-Dave Johnson)	_____	_____
42.0	42.0	5 Mt. Pleasant, Central Cst. (108-Varsi Littlejohn, 106-Glenn Cannon, 107-Derrick Carter, 109-Ken Meriwether)	42.1	3
42.6	42.5	6 East High, Central (45-Rickey Nicholas, 44-Dean Jones, 43-Flowers, 42-Dixon)	_____	_____
43.0	42.8	7 Hiram Johnson, Sac-Joaquin (158-Bob Kellum, 155-Kenneth Bradley, 160-Keith Williams, 161-Tyran Wright)	_____	_____
42.0	42.0	8 Fremont, Los Angeles City (442-Rodney Scott, 443-Percy Smith, 438-Craig Brown, 441-Jeff Roberts)	_____	_____
41.3	41.3	9 Kennedy, Southern (308-Larry Jones, 307-Donie Hill, 310-Galen Kelley, 309-Norris Jones)	41.2	1
HEAT 3				
42.6	42.0	1 Balboa, San Francisco (23-Andre Stovall, 25-George White, 24-Steven Tyler, 18-Bryan Cody)	_____	_____
43.0	43.0	2 La Sierra, Sac-Joaquin (162-Rod Burris, 166-Kurt Terry, 164-Ross McGehee, 165-George Smith)	_____	_____
43.0	42.9	3 Harry Ells, North Coast (223-Tony Nicks, 224-Anthony Williams, 222-Melvin Nicks, 221-Renondo Gentry)	_____	_____
42.0	42.0	4 Blair, Southern (271-Redell Ellis, 273-Kevin Jackson, 274-Ivan Moody, 270-Dwayne Ball)	42.1	2
41.7	41.6	5 San Fernando, L.A. City (464-Charles White, 463-Winfred Stomp, 466-Raymond Williams, 465-Kevin Williams)	41.8	1
42.6	42.6	6 Monrovia, Southern (319-James DeLuir, 321-Byron Hurst, 320-Earz Dudley, 318-Dennis Brown)	_____	_____
41.6	41.6	7 Lincoln, San Diego (400-Tim Long, 399-Terry Harvey, 401-Michael Patrick, 398-Ronnie Edmerson)	42.4	3
42.0	42.0	8 Yerba Buena, Central Coast (132-Jeff Blevins, 134-Eugene Rachal, 135-Kyle Stevens, 133-Mark Chapman)	_____	_____
44.2	43.6	9 Chico High, Northern (364-Jim Bryant, 366-Jerry Mulligan, 368-Rick Starkey, 369-Chuck Veronda)	_____	_____

Previous CIF Champions

1968 Centennial, Compton	41.5
1969 Castlemont, Oakland	41.8
1970 Santa Ana	41.5
1971 El Cerrito	41.1
1972 Wilson, San Francisco	41.3
1973 Wilson, San Francisco	41.5
1974 Kennedy, Richmond	41.4
1975 Harry Ells, Richmond	41.2

440 and mile relays replaced 880 relay in 1968.

FINALS

TIME

1	Kennedy	41.4
2	San Fernando	42.0
3	Piedmont Hills	42.0
4	Mt Pleasant	42.1
5	Pittsburg	42.2



PIEDMONT HILLS, San Jose, Central Coast mile relay champions in 3:20.6. Their best is 3:19.0. Could push favorites Hamilton and Banning of L.A. Standing, left: Keith Taylor, Clay Taylor. Kneeling, left: Johnnie Jones, Sherman Jones. John is junior. All but Clay Taylor comprise the 440 relay team which won last week in 41.7.

14 Girls' 880 YARDS

3 Qualify Each Heat

GIRLS' 880 YARDS

STATE RECORD—2:09.2, Kathy Costello, Pleasant Hill, 1975.
NATIONAL DGWS RECORD—Same as above.

HEAT 1

Mark Sec.	1976 Best	Lane	No.	Name (School, Section)	Trials	
					Place	Mark
2:19.3	2:19.3	1	575	Paula Jackson (Live Oak, Central Coast)	2:19.6	4
2:25.7	2:21.0	2	846	Sandra Greenberg (Monroe, L.A. City)	_____	_____
2:18.1		3	690	Dona Machado (Arcadia, Southern)	_____	_____
2:13.4	2:12.3	4	522	Alice Trumbly (Coalinga, Central)	2:18.5	2
2:19.3		5	541	Linda Goen (North, Central)	2:18.5	3
2:17.2	2:15.9	6	704	Dale Keough (Corona del Mar, South'n)	2:17.7	1
2:21.3		7	600	LaJean Fortune (Cordova, Sac-Joaquin)	_____	_____
2:21.4		8	588	Diane Figliomeni (Saratoga, Cen. Cst.)	_____	_____
2:28.3		9	769	Suzanne Richter (Chico, Northern)	_____	_____

HEAT 2

2:17.0	2:17.0	1	833	Lynne Honneywell (Kennedy, L.A. City)	2:18.1	2
2:18.1		2	789	Bridget Bohan (Madison, San Diego)	_____	_____
2:19.5		3	662	Sheri Williams (Livermore, North Coast)	_____	_____
2:28.8		4	512	Molly Mosher (Skyline, Oakland)	_____	_____
2:18.9		5	762	Valarie Ross (West Torrance, Southern)	2:19.4	3
2:21.7		6	624	Kari Briscoe (Summerville, Sac-Joaquin)	_____	_____
2:20.4		7	667	Diane Kenny (Novato, North Coast)	_____	_____
2:14.8		8	738	Suzie Meek (Palos Verdes, Southern)	2:16.3	1
2:23.5	2:23.5	9	828	Chrystal Gilliam (Fremont, L.A. City)	_____	_____

HEAT 3

2:15.8		2	805	Beth Howell (San Dieguito, San Diego)	2:22.0	2+
2:15.8		3	646	Diana Stohr (Granada, North Coast)	2:19.4	1
2:23.3		4	536	Maric (Garces High, Central)	_____	_____
2:18.4		5	764	Lori Blanco (Western, Southern)	_____	_____
2:21.8	2:21.8	6	851	Reyne Rice (Polytechnic, L.A. City)	_____	_____
2:19.8		7	673	Lauri Scharninghausen (San Rafael, North Coast)	_____	_____
2:18.9	2:18.9	8	558	Becky Barrett (Branham, Central Coast)	2:22.0	2+
2:19.7		9	621	Holly Morr (Rio Americano, Sac-Joaq.)	_____	_____

Previous CIF Champions

1974 Kathy Costello (Pleasant Hill) 2:10.4
1975 Kathy Costello (Pleasant Hill) 2:09.2

FINALS

MARK

- 1 Trumbly - Coalinga 2:13.3
- 2 Meek - Palos Verdes 2:13.7
- 3 Stohr - Granada 2:14.7
- 4 Goen - No. Bakersfield 2:15.4
- 5 Keogh - Corona del Mar 2:15.9



BRIAN RUSSELL, Notre Dame, Sherman Oaks, though finishing 5th in Southern CIF in fast 1:54.7, comes in with best time, 1:52.5. Casey Cox of Uplands was surprise Southern winner in his best-ever time of 1:54.0.

15 Boys' 880 YARDS

3 Qualify Each Heat

880 YARDS

STATE RECORD—1:48.8, Richard Joyce, Sierra HS, Whittier, 1965.
NATIONAL RECORD—Same as above.

HEAT 1

Sec. Mark	1976 Best	Lane No.	Name (School, Section)	Trials	
				Place	Mark
1:56.1	1:56.1	1	437 Jay Wahl (El Camino Real, L.A. City)	---	---
1:55.4	1:55.4	2	010 Bruce Sterling (Oakland, Oakland)	1:54.8	1
1:54.1	1:54.1	3	362 Greg Francis (Yucaipa, Southern)	---	---
1:52.9	1:52.9	4	110 Tom Light (Pacific Grove, Central Coast)	1:54.8	3
1:56.2	1:55.9	5	154 Steve Faggella (Jesuit, Sac-Joaquin)	---	---
1:54.7	1:52.5	6	326 Brian Russell (Notre Dame, Southern)	---	---
1:54.3	1:54.3	7	415 Chris Powell (Point Loma, San Diego)	1:54.8	2
1:57.7	1:54.7	8	041 Rusty Pishione (Clovis, Central)	---	---
1:57.5	1:57.5	9	027 Osmundo Hurtado (Lowell, S. F.)	---	---

HEAT 2

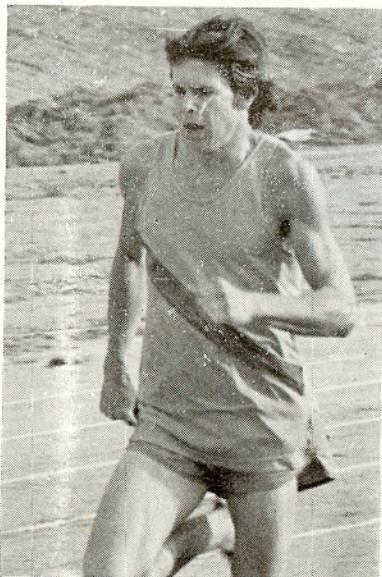
1:56.3	1:56.1	1	467 Paul Anderson (San Pedro, L.A. City)	---	---
1:55.5	1:55.1	2	195 Ron Arnerich (Alameda, North Coast)	---	---
1:54.4	1:54.4	3	199 Dave Emery (Arroyo, North Coast)	1:54.7	3
1:56.9	1:55.7	4	146 Jeff Griffin (Elk Grove, Sac-Joaquin)	---	---
1:54.1	1:53.9	5	268 Dave Edds (Banning, Southern)	1:54.6	1
1:53.4	1:53.4	6	086 Wyatt Bishop (Carlmont, Central Coast)	1:54.6	2
1:54.7	1:54.7	7	344 Mark Flynn (San Geronio, Southern)	---	---
1:57.8	1:54.5	8	049 Darrell Ketner (Fresno, Central)	---	---
1:55.8	1:55.8	9	214 Armando Jimenez (De La Salle, No. Cst.)	---	---

HEAT 3

1:54.4	1:54.4	1	381 Rick Krueger (Bonita Vista, San Diego)	---	---
1:54.0	1:54.0	2	359 Casey Cox (Upland, Southern)	1:55.1	1
1:58.6	1:57.3	3	046 Larry Gonzales (Exeter, Central)	---	---
1:55.5	1:55.2	4	475 Leonard Ledet (Washington, L.A. City)	1:56.6	3
1:55.5	1:55.5	5	136 Kurt Vineyard (Armijo, Sac-Joaquin)	---	---
1:56.5	1:56.1	6	378 Mark Elwell (Shasta, Northern)	---	---
1:54.4	1:54.4	7	225 Tim Brownlow (Ferndale, North Coast)	1:55.2	2
1:54.0	1:54.0	8	130 Jeff Maxwell (Westmoor, Central Coast)	1:55.6	4
1:56.3	1:55.8	9	461 Mark Harmon (Reseda, L.A. City)	---	---

Previous CIF Champions

1915 Gerald Blankenship (Visalia)	1:59.8
1916 Colin Kilby (Coalinga)	2:02.8
1917 Harleigh Baker (Fillmore)	2:02.0
1918 Ken Saunders (Pasadena)	2:02.8
1919 Jerry Pearce (Berkeley)	2:08.0
1920 Paul Stroud (Perris)	1:59.4
1921 Elmer Boyden (Vallejo)	1:59.2
1922 Irving Thomas (Manual Arts, L.A.)	2:04.6
1923 Earl Lockhart (Sacramento)	1:59.0
1924 Ed Gloege (Covina)	1:59.1
1925 Alex McKinnon (Polytechnic, L.A.)	1:59.8
1926 Doug Knowles (Bakersfield)	2:01.2
1927 Bill McGeagh (Polytechnic, L.A.)	2:02.8
1928 Herb Welch (Visalia)	2:01.2
1929 Herb Welch (Visalia)	1:58.4
1930 Al Hasson (Jefferson, L.A.)	2:00.1
1931 Carl Satterfield (Manual Arts)	1:57.6
1932 Ray Cartwright (Santa Ana)	2:00.6
1933 Bill McCurdy (Tamalpais, Mill V.)	2:00.1
1934 Mel Nickerson (Polytechnic, L.A.)	1:58.4
1935 Ralph Wood (Carpinteria)	1:57.6
1936 Doug Knowles (Placer, Auburn)	1:57.1
1937 Jim Lawson (Jordan, L.A.)	1:59.7
1938 Leroy Weed (Coachella)	1:58.8
1939 Paul Christensen (Beverly Hills)	2:01.3
1940 Roger Lane (San Rafael)	1:57.5
1941 Thelmo Knowles (Santa Monica)	1:55.6
1946 Dan Guest (Santa Monica)	2:00.5
1947 Jerome Walters (Compton)	1:57.6
1948 Wilbur Firestone (Compton)	1:57.8
1949 Wilbur Firestone (Compton)	1:58.1
1950 Lang Stanley (Jefferson, L.A.)	1:53.9
1951 Gene Jones (Technical, Oakland)	1:58.4
1952 Jim Briggs (Pittsburg)	1:57.2
1953 Don Bowden (Lincoln, San Jose)	1:57.1
1954 Don Bowden (Lincoln, San Jose)	1:52.9
1955 Leonard Havens (Avenal)	1:57.0
1956 Jerry Siebert (Willits)	1:53.8
1957 Jim Cerveny (Mission Bay, S.D.)	1:52.7
1958 Alfred Gentry (Fremont, L.A.)	1:55.4
1959 Dave Dunbar (Westmoor, Daly City)	1:53.2
1960 Ray Van Asten (Bonita, LaVerne)	1:51.9
1961 Mike Gibbeau (Lincoln, San Francisco)	1:53.1
1962 Doug Parker (Chino)	1:52.2
1963 Dennis Carr (Lowell, La Habra)	1:50.9
1964 Bob Hose (Madison, San Diego)	1:51.7
1965 Richard Joyce (Sierra, Whittier)	1:48.8
1966 Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967 Lawrence Banks (Dorsey, L.A.)	1:51.2
1968 George Alfaro (Pittsburg)	1:52.3
1969 Ricco Sanchez (Canoga Park)	1:51.6
1970 Rick Brown (Los Altos)	1:50.6
1971 Percell Keeling (Morningside, Inglewood)	1:51.8
1972 Dale Scott (El Cerrito)	1:49.7
1973 Randy Lopez (Alhambra)	1:52.4
1974 John Musich (Burbank)	1:51.0
1975 Conrad Suhr (Leigh)	1:51.0



GREG FRANCIS, Yucaipa, only a soph, 3rd in Southern Section finals in 1:53.6.

FINALS

TIME

1	Bishop - Carlmont	1:54.4
2	Ledet - Washington LA	1:54.4
3	Emery - Arroyo	1:54.5
4	Brownlow - Ferndale	1:54.6
5	Powell - Pt. Loma	1:54.9

16 Girls' 100 YARDS

3 Qualify Each Heat

100 YARDS

STATE RECORD—10.7, Sandra Howard, Manual Arts, L.A., 1975.
 NATIONAL DGWS RECORD—10.3 sec., M. Gillette, Park Forest, Illinois, 1967.

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Trials Place	Time
HEAT 1						
11.6	11.4	1	765	Ann Dutton (Anderson, Northern)	—	—
11.4	11.0	2	835	Valerie Brisco (Locke, L.A. City)	—	—
11.2		3	702	Tanya Bowie (Chaffey, Southern)	—	—
11.0		4	697	Janette Boulden (Centennial, Southern)	11.0	3
10.7		5	639	Freida Cobbs (Berkeley, North Coast)	10.8	1
11.0	10.9	6	865	Kim Robinson (Westchester, L.A. City)	10.9	2
11.1	11.1	7	529	Roxanne Wright (Edison, Central)	—	—
11.3	11.1	8	683	Lena Dilworth (Vallejo, North Coast)	—	—
11.6	11.6	9	592	Eloise Mallory (Silver Creek, Cen. Cst.)	—	—

HEAT 2						
11.6	11.6	1	555	Robin Holliday (Ayer, Central Coast)	—	—
11.5	11.0	2	672	Sandy Rapatz (San Rafael, North Coast)	—	—
11.2	11.2	3	582	Kris Costello (Lynbrook, Central Coast)	—	—
11.0	10.8	4	640	Annette Robinson (Berkeley, North Cst.)	10.9	2
10.9	10.6	5	814	Pam Waters (Bell, L.A. City)	10.7	1
10.9w	11.0	6	550	Constance Ward (South, Central)	11.2	3
11.1	11.1	7	530	Mona Yates (Edison, Central)	—	—
11.4	11.0	8	821	Debra Mitchell (Crenshaw, L.A. City)	—	—
11.6		9	615	Tuti Lee (Merced, Sac-Joaquin)	—	—

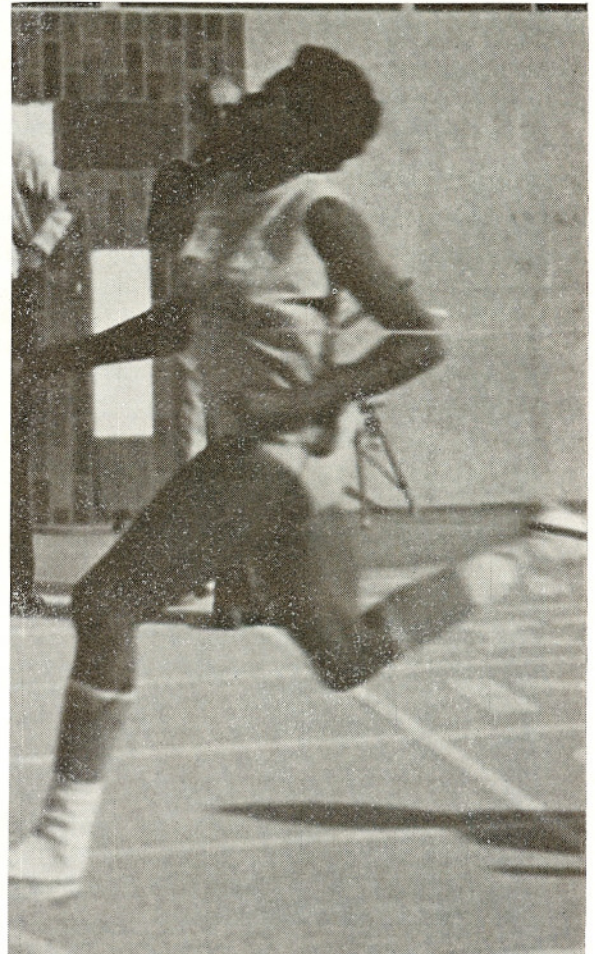
HEAT 3						
11.6		2	605	Carolyn Barnes (Fairfield, Sac-Joaquin)	—	—
11.3	11.0	3	809	Vicky Belser (Vista, San Diego)	—	—
11.1		4	757	Dolly Fleetwood (West Covina, Southern)	11.1	2
10.9		5	718	Gwen Loud (L.A. Lutheran, Southern)	11.1	1
10.9		6	508	Viola Johnson (Technical, Oakland)	—	—
11.1		7	729	Alice Brown (Muir, Southern)	11.2	3
11.3	11.0	8	783	Anovia Taylor (Clairemont, San Diego)	—	—
11.6		9	606	Vicki Booker (Fairfield, Sac Joaquin)	—	—

Previous CIF Champions

1974 Janice Wiser (La Jolla) 10.8
 1975 Sandra Howard (Manual Arts) 10.7

into 8.0 w

FINALS	MARK
1 Waters - Bell	11.0
2 Cobbs - Berkely	11.0
3 Boulden - Centennial	11.1
4 K Robinson - Westchester	11.4
5 Loud - Lutheran LA	11.4



CONSTANCE WARD, South, Bakersfield, clocked wind-aided 10.9 to win Central Section.

17 Boys' 100 YARDS

3 Qualify Each Heat

100 YARDS

STATE RECORD—9.4, Mel Gray, Montgomery HS, Santa Rosa, 1967; Elijah Jefferson, Crawford HS, San Diego, 1974; Kevin Williams, San Fernando, 1975.
 NATIONAL RECORD—9.3, Wm. Gaines, Clearview Regional HS, New Jersey, 1967. (Pending: 9.0 Houston McTear, Baker HS, Fla.)

Sec. 1976
 Mark Best Lane No. Name (School, Section) Trials Place Time

HEAT 1

10.2	9.8	1	210	Kelly Longstaff (Concord, North Coast)	_____	_____
10.0	9.7	2	466	Raymond Williams (San Fernando, L.A. City)	_____	_____
9.8	9.6	3	106	Glenn Cannon (Mt. Pleasant, Cen. Cst.)	<u>9.8</u>	<u>3</u>
9.8	9.8	4	358	Kenny Williams (Thousand Oaks, S'th'n)	_____	_____
9.3w	9.3w	5	030	Tuquil Willis (Mission, San Francisco)	<u>9.7</u>	<u>1</u>
9.7	9.7	6	051	Mark Lee (Hanford, Central)	_____	_____
9.8	9.8	7	045	Rickey Nichols (East, Central)	_____	_____
10.0	9.7	8	459	Larry Doubley (Manual Arts, L.A. City)	<u>9.8</u>	<u>2</u>
10.1	9.9	9	261	Bill Burrell (Tennyson, North Coast)	_____	_____

HEAT 2

10.2	9.8	1	370	Dave Ferraiuolo (Colusa, Northern)	_____	_____
10.0	10.0	2	099	Steve Bennett (Lynbrook, Central Coast)	_____	_____
9.9	9.8	3	239	James Burrell (Piner, North Coast)	<u>9.8</u>	<u>3</u>
9.8	9.8	4	273	Kevin Jackson (Blair, Southern)	_____	_____
9.6	9.5	5	309	Norris Jones (Kennedy, Southern)	<u>9.6</u>	<u>2</u>
9.7	9.6w	6	348	Mike Rhue (Santa Ana Valley, Southern)	_____	_____
9.8	9.5	7	414	David Russell (Patrick Henry, San D'go)	_____	_____
9.9	9.6	8	456	Billy Mullins (Hamilton, L.A. City)	<u>9.5</u>	<u>1</u>
10.0	9.7	9	081	Duane Green (Samuel Ayer, Central Cst.)	<u>9.8</u>	<u>4</u>

HEAT 3

10.2	9.8	1	183	Robert Fong (Sacramento, Sac-Joaquin)	_____	_____
10.0	9.6	2	148	Willie Jackson (Franklin, Sac-Joaquin)	<u>9.8</u>	<u>1</u>
9.9	9.7	3	245	Victor Trapps (Pittsburg, North Coast)	_____	_____
9.8	9.8	4	270	Dwayne Ball (Blair, Southern)	_____	_____
9.7	9.7	5	014	Dave Johnson (Skyline, Oakland)	_____	_____
9.7w	9.7	6	067	Greg Flenory (Redwood, Central)	_____	_____
9.8	9.6w	7	382	Hildria Newell (Chula Vista, San Diego)	<u>9.8</u>	<u>2</u>
9.9	9.6	8	465	Kevin Williams (San Fernando, L.A. City)	<u>9.8</u>	<u>3</u>
10.0	9.7	9	141	Steven Miller (Dixon, Sac-Joaquin)	_____	_____

Previous CIF Champions

1915 Roy Brown (Sacramento)	10.2
1916 Charley Paddock (Pasadena)	10.4
1917 Jack Melville (Berkeley)	10.0
1918 Charley Paddock (Pasadena)	10.2
1919 Al Wright (Lincoln, L.A.)	10.4
1920 Eddie Sudden (Lick-Wilmerding, S.F.)	10.0
1921 Vernon Blenkiron (Compton)	10.2
1922 Herschel Smith (San Fernando)	10.4
1923 Eddie Pollock (Pasadena)	10.0
1924 Vic Klein (Hollywood)	10.1
1925 Vernon Hanford (Manual Arts)	10.1
1926 Dick Wehner (Brawley)	9.8
1927 Frank Wykoff (Glendale)	9.8
1928 Frank Lombardi (Los Angeles)	9.6
1929 Jim Willson (San Diego)	9.8
1930 Al Koenig (Huntington Beach)	10.1
1931 Foy Draper (Huntington Park)	9.9
1932 Milton Holt (Hoover, Glendale)	9.8
1933 Dave Siegel (Polytechnic, L.A.)	10.0
1934 Mack Robinson (Muir, Pasadena)	10.0
1935 Bob Frick (San Ramon-Danville)	9.6
1936 Mickey Anderson (Muir, Pasadena)	9.7
1937 Bryant Allen (Jefferson, L.A.)	9.8
1938 Bill Van Leuven (Wilson, Long Beach)	9.8
1939 Jack Trout (Bakersfield)	9.9
1940 Eddie Morris (Huntington Beach)	9.7
1941 Al Jackson (Edison, Fresno)	9.8
1946 Art Williams (Riverside)	10.0
1947 John Bradley (Hoover, Glendale)	9.9
1948 Bill Fell (Compton)	9.7
1949 Erbie Schopper (Lincoln, L.A.)	9.9
1950 Gary Green (Jefferson, L.A.)	9.9
1951 Bob Cuning (Hoover, Glendale)	9.7
1952 Herb Turner (Alameda)	9.9
1953 Leamon King (Delano)	9.6
1954 James Jackson (Alameda)	9.6
1955 Ken Dennis (Centennial, Compton)	10.0
1956 Willie White (Jefferson, L.A.)	9.5
1957 Preston Griffin (Centennial, Compton)	9.6
1958 Hubie Watson (Jordan, L.A.)	9.6
1959 Hubie Watson (Jordan, L.A.)	9.8
1960 Bill Cowings (Fowler)	9.7
1961 Forrest Beaty (Hoover, Glendale)	9.5
1962 Forrest Beaty (Hoover, Glendale)	9.5
1963 Alvin Mann (Edison, Fresno)	9.6
1964 James Hines (McClymonds, Oakland)	9.7
1965 Harold Busby (Muir, Pasadena)	9.5
1966 Phillip Underwood (Dorsey, L.A.)	9.6
1967 Mel Gray (Montgomery, Santa Rosa)	9.4
1968 Bob Ballard (Bellflower)	9.6
1969 Willie Robinson (El Centro)	9.6
1970 Allen Carter (Bonita, La Verne)	9.8
1971 George Reddick (Hamilton, L.A.)	9.6
1972 Carl McCullough (Sacramento)	9.5
1973 Elijah Jefferson (Crawford, San Diego)	9.6w
1974 Elijah Jefferson (Crawford, San Diego)	9.8
1975 Kevin Williams (San Fernando)	9.4

into 9.5w

Mullins Hamilton 10.0
 Willis Mission SF 10.1
 Jones Kennedy 10.1
 Cannon Mt Pleasant 10.1
 Newall Chula Vista 10.1

18 Boys' 120 YD. HIGH HURDLES

3 Qualify Each Heat

120-YARD HIGH HURDLES

STATE RECORD—13.2, Dedy Cooper, Ells, Richmond, 1975 (trials).

NATIONAL RECORD—13.5, Richmond Flowers, Lanier HS, Alabama, 1965. William Tipton, Central HS, Michigan, 1967. Randall Lightfoot, Plainview HS, Texas, 1971. (Pending: 13.2 Mike Roberson, Winter Park, Fla. 1975.)

HEAT 1

Sec.	1976	Mark	Best	Lane	No.	Name (School, Section)	Trials	
							Place	Mark
15.0	15.0	1	212	Will Patterson (De Anza, North Coast)	—	—	—	
14.6	14.3	2	323	Tom Lewis (Muir, Southern)	—	—	—	
14.4	14.4	3	291	Jim Hunt (El Dorado, Southern)	—	—	—	
14.2	14.0	4	024	Steven Tyler (Balboa, San Francisco)	—	—	—	
13.9	13.9	5	457	Ron Glenn (Locke, L.A. City)	14.0	1	—	
14.2	14.2	6	063	Corey Miller (Madera, Central)	14.3	2	—	
14.3	14.2	7	075	Steve Watkins (Roosevelt, Central)	14.4	3	—	
14.5	14.2	8	143	Clarence Dixon (Edison, Sac-Joaquin)	—	—	—	
14.6	14.6	9	410	John Moore (Oceanside, San Diego)	—	—	—	

HEAT 2

15.0	14.6	1	237	Tony Amerson (Pacifica, North Coast)	—	—	—
14.6	14.6	2	330	Cornell Milloy (Pasadena, Southern)	—	—	—
14.4	13.9	3	165	George Smith (La Sierra, Sac-Joaquin)	14.2	1	—
14.3	14.3	4	445	Alan Jackson (Gardena, L.A. City)	14.3	2	—
14.1	14.1	5	464	Charles White (San Fernando, L.A. City)	—	—	—
14.2	13.9(w)	6	301	Lloyd Jones (Ganessa, Southern)	14.4	3	—
14.3	14.3	7	007	Keith Harris (Oakland, Oakland)	—	—	—
14.5	14.5	8	258	Chris Koko (Sunset, North Coast)	—	—	—
14.6	14.5	9	098	Tim Stafford (Los Gatos, Central Coast)	—	—	—

HEAT 3

14.8	14.6	1	416	Mickie Brajevich (Poway, San Diego)	—	—	—
14.6	14.1	2	313	Al Sanford (Loyola, Southern)	14.2	3	—
14.5	14.5	3	101	Rick Clark (Menlo Atherton, Cen. Cst.)	14.4	7	—
14.3	14.3	4	372	Bill Dorval (Paradise, Northern)	—	—	—
14.1	14.0	5	168	Tony Ward (Lodi, Sac-Joaquin)	14.2	2	—
14.2	14.1	6	422	Curtis Perry (Banning, L.A. City)	14.2	1	—
14.3	13.8	7	121	Tom Bobertz (Serramonte, Central Cst.)	14.4	6	—
14.5	14.2	8	219	Chuck Gangnuss (Dublin, North Coast)	—	—	—
14.6	14.6	9	050	Floyd Harris (Hanford, Central)	—	—	—

Previous CIF Champions

1915 Earl Thomson (Polytechnic, Long Beach)	15.2
1916 Harry Lampont (Manual Arts, L.A.)	16.4
1917 Earl Johnston (Fullerton)	16.2
1918 Larry Rice (Compton)	16.0
1919 Charley Daggs (Claremont)	16.6
1920 Otto Anderson (Pomona)	15.8
1921 Jack Houston (Lincoln, L.A.)	16.0
1922 Dick Blewett (Manual Arts, L.A.)	16.6
1923 Ross Nichols (Huntington Beach)	15.4
1924 Ross Nichols (Huntington Beach)	15.3
1925 Les Eades (Hollywood)	15.4
1926 Jim Meeks (Hollywood)	15.1
1927 Jeddy Welch (Pasadena)	14.8
1928 Joe Bills (Polytechnic, L.B.)	15.6
1929 Bernie Miller (Hollywood)	15.4
1930 Bill Du Puy (Inglewood)	15.4
1931 Art Fisher (Redlands)	15.5
1932 Jack Ward (Selma)	15.0
1933 Roy Staley (Santa Monica)	15.2
1934 Roy Kirkpatrick (El Centro)	14.7
1935 Johnny Lindell (Monrovia)	15.0
1936 Doug Busby (Sacramento)	15.7
1937 Ray Seares (Wilson, Long Beach)	15.5
1938 John Biewener (San Diego)	15.3
1939 Phil Diez (Lincoln, L.A.)	14.9
Sam ohnson (Fillmore)	14.9
1940 Keith Hale (Bakersfield)	14.7
Don Reiss (Burlingame)	14.3
1941 Omar Cowles (Palo Alto)	14.5
1946 Bob Bacon (Redondo)	14.5
1947 Hugh McElhenny (Washington, L.A.)	14.5
1948 Bob Mathias (Tulare)	14.4
1949 Jack Davis (Hoover, Glendale)	14.1
1950 Steve Turner (Glendale)	14.5
1951 Don Brinker (Fresno)	14.7
1952 Ansel Robinson (Selma)	14.4
1953 Harry Healey (Keppel, Alhambra)	14.3
1954 Rafer Johnson (Kingsburg)	14.3
1955 Ken Thompson (Centennial, Compton)	14.2
1956 Dale Messer (Lemoore)	14.3
1957 Ken Overholser (Glendale)	14.1
1958 Floyd James (Centennial, Compton)	14.3
1959 Bob Pierce (Burbank)	13.9
1960 Robert Bonds (Polytechnic, Riverside)	14.2w
1961 Abe Johnson (McClymonds, Oakland)	14.0
1962 Ron White (Dorsey, L.A.)	13.9
1963 Carl Davis (Compton)	14.1
1964 Earl McCullough (Polytechnic, Long Beach)	13.8
1965 Bill Persons (San Fernando)	13.9
Rich Miller (Monrovia)	13.7
1966 Donald Parish (Dorsey, L.A.)	14.0
1967 Jerry Proctor (Muir, Pasadena)	13.7
1968 Kerry Hampton (Polytechnic, S.F.)	13.7
1969 Jerry Wilson (Roosevelt, Fresno)	13.9
1970 Alfonso Hall (Morningside, Inglewood)	13.6w
1971 Charles Jackson (Lompoc)	13.6
1972 Daniel Jones (Palo Verde Valley)	13.6w
1973 Mike Johnson (Pasadena)	13.7
1974 Fred Shaw (Muir, Pasadena)	13.3
1975 Robert Gaines (Kennedy, Richmond)	13.3

From 1915 to 1938, inclusive, the hurdles measured 42 inches. In 1939 they were shortened to 39 inches.

FINALS	NAME	TIME
1	Jones - Ganessa	14.5
2	Sanford - Loyola	14.6
3	Glenn - Locke	14.6
4	Ward - Lodi	14.7
5	Perry - Banning	14.8

into 11.0 w

19 Boys' TWO MILE RUN

No Prelims,
Finals Saturday

2 MILE RUN

STATE RECORD—8:44.9, Eric Hulst, Laguna Beach, 1975.
NATIONAL RECORD—8:41.5, Steve Prefontaine, Marshfield HS, Oregon, 1969.

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Finals	
					Place	Mark
9:22.8	9:22.8	1	472	Andy Sherrill (University, L.A. City)	_____	_____
9:15.2	9:15.2	2	452	John Wendler (Granada Hills, L.A. City)	_____	_____
9:16.2	9:16.2	3	174	Chris Sphere (Mira Loma, Sac-Joaquin)	_____	_____
8:57.6	8:54.4	4	337	Sal Godinez (Salesian, Southern)	_____	_____
9:06.8	9:06.8	5	259	Aran Collier (Tamalpais, North Coast)	_____	_____
9:09.4	9:09.4	6	249	Rod Berry (Redwood, North Coast)	_____	_____
9:17.0	9:17.0	7	433	Mario Hidalgo (Eagle Rock, L.A. City)	_____	_____
9:17.8	9:17.8	8	088	Bob Love (Carlmont, Central Coast)	_____	_____
9:42.0	9:42.0	9	363	Doug Avrit (Chico, Northern)	_____	_____
9:48.4	9:34.1	10	065	Jose Renteria (Madera High, Central)	_____	_____
9:13.8	9:13.8	11	468	Ron Cornell (San Pedro, L.A. City)	_____	_____
9:13.9	9:13.9	12	187	Greg Hitchcock (South Tahoe, Sac-Joa.)	_____	_____
9:13.3	9:13.3	13	084	Bob Paulin (Camden, Central Coast)	_____	_____
8:54.8	8:54.8	14	315	Bill St. John (Mater Dei, Southern)	_____	_____
9:14.4	9:14.4	15	117	Craig Corey (San Mateo, Central Coast)	_____	_____
9:52.1	9:49.2	16	029	Ted Muniz (Lowell, San Francisco)	_____	_____
9:33.5	9:31.1	17	058	Lawrence Carranza (Madera, Central)	_____	_____
9:31.1	9:13.1	18	142	Tim Holmes (Downey, Sac-Joaquin)	<u>9:02.3</u>	<u>4</u>
8:55.8	8:53.5	19	294	Mark Spillsbury (Foothill, Southern)	<u>9:01.6</u>	<u>3</u>
9:34.6	9:34.6	20	016	Greg Valdez (Skyline, Oakland)	_____	_____
9:40.9	9:24.4	21	053	Felix Elief (Highland, Central)	_____	_____
9:09.7	9:09.7	22	391	Chris Hughes (Monte Vista, San Diego)	_____	_____
8:55.0	8:55.0	23	289	Kevin McConnell (Edison, Southern)	<u>9:00.5</u>	<u>2</u>
9:26.4	9:21.4	24	209	Kevin Searls (College Park, North Cst.)	_____	_____
8:44.6	8:44.6	25	311	Eric Hulst (Laguna Beach, Southern)	<u>8:57.3</u>	<u>1</u>
9:03.9	9:03.9	26	250	Harold Schultz (Redwood, North Coast)	<u>9:03.2</u>	<u>5</u>
9:14.2	9:14.2	27	397	Chris Sadler (La Jolla, San Diego)	_____	_____

Previous CIF Champions

1965 Ralph Gamez (Berkeley)	9:12.9
1966 Ralph Gamez (Berkeley)	9:01.6
1967 Pete Romero (Reedley)	9:00.5
1968 Ruben Chappins (Excelsior)	9:05.7
1969 Ruben Chappins (Excelsior)	8:57.0
1970 Ron Johnson (West, Torrance)	8:55.6
1971 Dale Fleet (Clairemont, San Diego)	8:53.8
1972 Curtis Beck (Santa Monica)	8:52.3
1973 Terry Williams (Lompoc)	8:54.8
1974 Rich Kimball (De La Salle, North Coast)	8:46.5
1975 Eric Hulst (Laguna Beach)	8:44.9



ERIC HULST, Laguna Beach, defending two-mile champion, winning last year in record 8:44.9. Best this year of 8:44.6. Three other entries under 9 minutes. Seems ready for all-out assault on own record. Present time is fourth-best by prep. Definitely going for national record.

20 Girls' 440 YARDS

3 Qualify Each Heat

440 YARDS

STATE RECORD—55.3, Jodi Anderson, Washington, L.A., 1975; Veronica Venezia, Terra Linda, 1974.
NATIONAL DGWS RECORD—Same as above.

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Trials	
					Place	Time
HEAT 1						
58.9		1	692	Cynthia Warner (Beverly Hills, Southern)	—	—
58.4		2	600	La Jean Fortune (Cordova, Sac-Joaquin)	—	—
59.9	58.5	3	682	Leanette Eddens (Ukiah, North Coast)	—	—
58.9		4	748	Kim Law (Santa Ana Valley, Southern)	52.2	3
57.2	57.2	5	804	Vanessa Thompson (San Diego, S.D.)	—	—
60.9		6	538	Denise Girard (Mt. Whitney, Central)	—	—
58.0	58.0	7	857	Jody Anderson (Washington, L.A. City)	57.6	2
56.0	56.0	8	589	Marquite Belk (Silver Creek, Cen. Cst.)	56.7	1
57.3		9	696	Debbie Bottomley (Canyon, Southern)	—	—
HEAT 2						
59.9	59.5	1	651	Cynthia Jones (Hogan, North Coast)	—	—
57.2	57.2	2	569	Lezli Peterson (Harbor, Central Coast)	57.3	2
58.8		3	647	Phyllis Barnes (Hogan, North Coast)	57.7	3
58.5		4	751	Molly Miller (Santa Barbara, Southern)	—	—
57.9	57.9	5	840	Candy Johnson (Los Angeles, L.A. City)	—	—
56.8		6	708	Kathy Jones (Edison, Southern)	—	—
59.6		7	778	Patty Voss (Lassen, Northern)	—	—
57.6	57.6	8	829	Adrienne Lair (Fremont, L.A. City)	57.3	1
59.2		9	610	Arlene Van Warmerdam (Galt, Sac-Joa.)	—	—
HEAT 3						
59.5		2	528	Karen Tanner (Edison, Central)	—	—
59.3	59.3	3	577	Betsy Brew (Los Altos, Central Coast)	59.2	4
58.5		4	507	Karen Hubbard (Technical, Oakland)	—	—
57.0		5	672	Sandy Rapatz (San Rafael, North Coast)	57.9	3
58.5	58.5	6	797	Kim Taylor (Point Loma, San Diego)	—	—
57.6	57.6	7	534	Robbie McCullough (Foothill, Central)	—	—
57.6	57.4	8	632	Lily Partida (Yuba City, Sac-Joaquin)	57.8	2
56.9	56.9	9	830	Robbie Mitchell (Fremont, L.A. City)	57.2	1

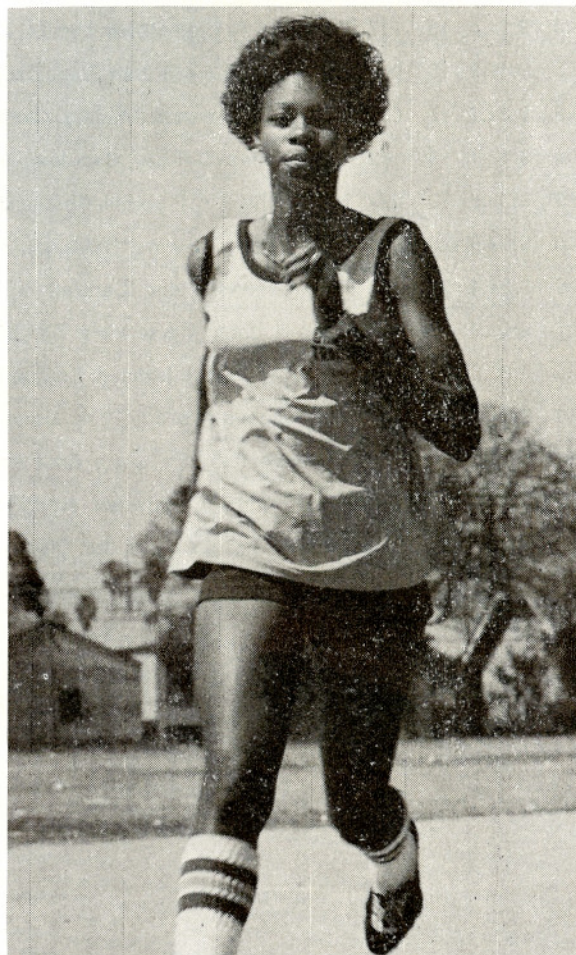
Previous CIF Champions

1974 Veronica Venezia (Terra Linda) 56.4
1975 Jodi Anderson (Washington, L.A.) 55.3

FINALS

MARK

- 1 Belk - Silver Ck. 56.2 MR
- 2 Mitchell - Fremont LA 56.5
- 3 Lair - Fremont LA 57.6
- 4 Peterson - Harbor 57.6
- 5 Anderson - Washington 57.8



ROBBIE MITCHELL, Fremont (above), won Los Angeles City quarter in 56.9 for record. Was 4th in 220. Also ran on 440, mile relay teams. Leslie Peterson, left, Harbor, was second in Central Coast finals in 57.2.

21 Boys' 440 YARDS

3 Qualify Each Heat

440 YARDS

STATE RECORD—46.6, Larence Jones, Lemoore HS, 1969.
NATIONAL RECORD—45.8, Ronald Ray, Ferguson HS, Virginia, 1972.

HEAT 1

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Trials	
					Place	Time
49.7	49.7	1	231	Robert Maiocco (Liberty Union, North Coast)	—	—
48.6	48.6	2	094	Pat Holcomb (Andrew Hill, Central Coast)	—	—
50.3	50.3	3	062	Ray Gamboa (Madera, Central)	—	—
50.0	50.0	4	073	Bobby Jones (Roosevelt, Central)	—	—
47.7	47.7	5	426	Henry Williams (Carson, L.A. City)	48.5	1
48.9	48.9	6	336	Ron Harris (Rio Mesa, Southern)	49.5	3
48.5	48.5	7	346	Ron Vinson (San Geronio, Southern)	49.1	2
48.9	48.9	8	129	Asa Hilliard (So. San Francisco, Central Coast)	—	—
49.5	49.2	9	060	Alfonso Foster (Madera, Central)	—	—

HEAT 2

49.0	48.3	1	149	Andrew Fields (Grant, Sac-Joaquin)	49.3	3
48.3	47.8	2	241	Derald Harris (Pittsburg, North Coast)	48.0	1
49.8	49.4	3	377	Jim Schrock (Red Bluff, Northern)	—	—
50.0	50.0	4	003	Jerry Trotter (Castlemont, Oakland)	—	—
48.9	48.9	5	478	Anthony Clark (Jefferson, L.A. City)	—	—
49.5	49.4	6	201	Fred Dewitt (Berkeley, North Coast)	—	—
50.8	50.2	7	140	Cliff Kemper (Del Campo, Sac-Joaquin)	—	—
47.8	47.8	8	116	Keith Taylor (Piedmont Hills, Cent. Cst.)	47.9	Disq
48.7	48.7	9	477	Bryan Benson (Belmont, L.A. City)	48.8	2

HEAT 3

49.9	49.0	1	167	Rondle Woods (Lindhurst, Sac-Joaquin)	—	—
48.2	47.0	2	300	Donn Thompson (Gahr, Southern)	48.6	1
48.8	48.8	3	480	Scott Stine (Poway, San Diego)	—	—
51.1	49.4	4	020	Roy Johnson (Balboa, San Francisco)	50.5	3
48.8	48.8	5	421	Leonard McDonald (Banning, L.A. City)	—	—
48.2	48.1	6	351	Tim Chambers (Santa Monica, Southern)	49.9	2
49.4	49.4	7	479	Darrell Priest (El Cajon, San Diego)	—	—
49.2	49.0	8	332	Terry Andrews (Pomona, Southern)	—	—
50.0	49.8	9	230	Paul Stuart (Kennedy-Richmond, N. Cst.)	—	—

Previous CIF Champions

1915	George "Tuffy" Conn (Pasadena)	50.0
1916	Mark Kellogg (Fresno)	51.4
1917	Dick Seltzer (Redlands)	53.0
1918	George Schiller (Polytechnic, L.A.)	49.6
1919	Jeff Wilcox (Harvard, No. Hollywood)	54.2
1920	Thurmond Clarke (Los Angeles)	50.2
1921	Ed Shaw (Monrovia)	52.2
1922	Ed Shaw (Monrovia)	54.4
1923	Vernon Hanford (Manual Arts, L.A.)	52.6
1924	Wilburn Talbot (Analy, Sebastopol)	51.6
1925	Walter Hanson (Mount Diablo, Concord)	51.0
1926	Cliff Gantt (Polytechnic, L.A.)	50.0
1927	Percy McArthur (Huntington Park)	51.0
1928	Carl Childreth (Polytechnic, L.B.)	50.2
1929	Irvine Warburton (San Diego)	49.6
1930	Carl Satterfield (Manual Arts, L.A.)	50.3
1931	John McCarthy (Fairfax, L.A.)	48.7
1932	John Rout (Jefferson, L.A.)	50.1
1933	Myrel Gillett (El Centro)	48.4
1934	Doug Hammond (Hollywood)	50.3
1935	Howard Upton (Turlock)	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, L.A.)	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O. B. Hughes (Whittier)	49.9
1946	Norm Stocks (San Diego)	49.3
1947	Luther Butler (Jefferson, L.A.)	49.4
1948	Fred Thompson (Jordan, L.A.)	49.2
	Luther Butler (Jefferson, L.A.)	49.8
	(Two heats)	
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach)	49.7
1952	Lanny Carter (Orange)	48.8
1953	X. L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside)	48.7
1955	Jerry White (Corcoran)	48.7
1956	Jerry White (Corcoran)	46.7
1957	Fred Dewitt (Berkeley)	47.9
1958	Dixon Farmer (Miramonte, Orinda)	48.6
1959	Dixon Farmer (Miramonte, Orinda)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Alhambra)	48.1
1963	Tom Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, L.A.)	47.5
1965	Randy Julian (Bolsa Grande)	47.4
1966	Wayne Collett (Gardena)	47.8
1967	Mike Newton (Whittier)	47.2
1968	Edesel Garrison (Centennial, Compton)	46.7
1969	Larence Jones (Lemoore)	46.6
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krzyosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, S.F.)	47.0
1974	Rod Conners (Cordova)	47.7
1975	John Ware (Sacramento)	47.2

FINALS

TIME

1	Harris - Pittsburg	47.6
2	Thompson - Gahr	47.9
3	Williams - Carson	48.6
4	Fields - Grant	48.8
5	Vinson - San Geronio	48.9

22 Girls' 220 YARDS

3 Qualify Each Heat

220 YARDS

STATE RECORD—24.1, Marie Nickson, Berkeley, 1975 (trials).
 NATIONAL DGWS RECORD—23.8 sec., Margaret Johnson, Lebanon, Oregon, 1966.

HEAT 1

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Trials	
					Place	Mark
25.4		1	589	Marquita Belk (Silver Creek, Cen. Cst.)	25.5	3
25.4	24.9	2	684	Anna Kidd (Vallejo, North Coast)	—	—
25.9		3	735	Debra Jackson (North, Southern)	—	—
25.2		4	718	Gwen Loud (Lutheran, Southern)	—	—
24.2w	23.7	5	639	Freida Cobbs (Berkeley, North Coast)	24.6	1
25.7		6	525	Joyce Asberry (East, Central)	—	—
26.4		7	610	Arlene Van Warmerdam (Galt, Sac-Joa.)	—	—
25.0		8	508	Viola Johnson (Technical, Oakland)	25.4	2
26.8		9	605	Carolyn Barnes (Fairfield, Sac-Joaquin)	—	—

HEAT 2

25.3		1	550	Constance Ward (South, Central)	—	—
25.0		2	640	Annette Robinson (Berkeley, Nor. Cst.)	25.2	2
26.0		3	726	Yvette Evans (Morningside, Southern)	—	—
25.4		4	582	Kris Costello (Lynbrook, Central Coast)	—	—
25.6		5	615	Tuti Lee (Merced, Sac-Joaquin)	—	—
25.9		6	533	Kay Hughes (Foothill, Central)	—	—
27.5	26.5	7	780	Jan Foster (Yreka, Northern)	—	—
24.7	24.7	8	783	Anovia Taylor (Clairemont, San Diego)	25.7	3
24.4	24.3	9	814	Pam Waters (Bell, Los Angeles)	24.4	1

HEAT 3

25.9		2	729	Alice Brown (Muir, Southern)	—	—
24.6	24.6	3	785	Katherine Gaston (Crawford, San Diego)	25.8	2
26.0	26.0	4	554	Marcia Gallion (Ayer, Central Coast)	—	—
24.5	24.5	5	865	Kim Robinson (Westchester, L.A. City)	25.2	1
25.3	25.2	6	835	Valerie Brisco (Locke, Los Angeles)	—	—
25.5		7	702	Tanya Bowie (Chaffey, Southern)	25.8	3
25.3		8	683	Lena Dilworth (Vallejo, North Coast)	—	—
25.6	25.3	9	830	Robbie Mitchell (Fremont, Los Angeles)	—	—

Previous CIF Champions

1974 Janice Wiser (La Jolla) 24.2
 1975 Pam Waters (Bell, L.A.) 24.4

FINALS

TIME

1	Waters	Bell	24.8
2	Cobbs	Berkely	24.9
3	K Robinson	Westchester	25.6
4	A Robinson	Berkeley	25.0
5	Johnson	Oakland Tech	26.0
6	Belk	Sil Erk	26.1
7	Costello	Lynbrook	26.2

23 Boys' 220 YARDS

3 Qualify Each Heat

220 YARDS

STATE RECORD—20.7, Mel Gray, Montgomery HS, Santa Rosa, 1967.
NATIONAL RECORD—20.2, Forrest Beaty, Herbert Hoover HS, Glendale, 1961.

HEAT 1

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Trials	
					Place	Mark
22.1	21.7	1	245	Victor Trapps (Pittsburg, North Coast)	---	---
21.9	21.9	2	014	Dave Johnson (Skyline, Oakland)	---	---
22.4	21.9	3	206	Carleton Smith (Berkeley, North Coast)	---	---
22.5	22.0	4	261	Bill Burrell (Tennyson, North Coast)	---	---
21.3	21.2	5	456	Billy Mullins (Hamilton, L.A. City)	<u>21.5</u>	<u>1</u>
21.9	21.3	6	092	Don Coulter (Harbor, Central Coast)	<u>21.9</u>	<u>2</u>
22.2	21.5	7	426	Henry Williams (Carson, L.A. City)	---	---
21.7	21.1	8	414	David Russell (Patrick Henry, San Diego)	---	---
21.7	21.6	9	466	Raymond Williams (San Fernando, L.A. City)	<u>22.2</u>	<u>3</u>

HEAT 2

22.5	22.5	1	171	Curtis Colter (McClatchy, Sac-Joaquin)	---	---
22.4	22.4	2	279	Jon Thomas (Centennial, Southern)	---	---
22.0	21.9	3	453	Rodney Goosby (Hamilton, L.A. City)	<u>22.0</u>	<u>3</u>
21.9	21.9	4	064	Cliff Newsome (Madera, Central)	---	---
22.1	21.1w	5	239	James Burrell (Piner, North Coast)	---	---
21.8	21.2w	6	309	Norris Jones (Kennedy-Barstow, S'th'rn)	<u>21.6</u>	<u>1</u>
21.7	20.8	7	269	Dupree Branch (Barstow, Southern)	<u>21.7</u>	<u>2</u>
21.6	21.5	8	382	Hildria Newell (Chula Vista, San Diego)	---	---
22.2	21.9	9	169	Duncan Simpson (Los Banos, Sac-Joaq.)	---	---

HEAT 3

22.3	21.7w	1	278	Huey Long (Centennial, Southern)	<u>22.1</u>	<u>3</u>
22.3	21.8	2	331	James Sanford (Pasadena, Southern)	---	---
22.0	21.6	3	134	Eugene Rachal (Yerba Buena, Cen. Cst.)	---	---
21.6	21.6	4	067	Greg Flanero (Redwood, Central)	---	---
21.6	21.5	5	106	Glen Cannon (Mt. Pleasant, Central Cst.)	<u>21.9</u>	<u>2</u>
21.8	21.8	6	044	Dean Jones (East, Central)	---	---
21.8	21.8	7	032	Earnest Lewis (W. Wilson, San Fran.)	<u>21.8</u>	<u>1</u>
22.9	22.7	8	376	Randy Bettencourt (Pleasant Vly, Nor.)	---	---
22.0	21.6	9	148	Willie Jackson (Franklin, Sac-Joaquin)	---	---

Previous CIF Champions

1915 Les Wark (Polytechnic, Long Beach)	22.0
1916 Charley Paddock (Pasadena)	22.4
1917 Charley Paddock (Pasadena)	22.0
1918 Charley Paddock (Pasadena)	22.4
1919 Bob Allen (Redlands)	23.8
1920 Eddie Sudden (Lick-Wilmerding, S.F.)	21.8
1921 Bob Allen (Redlands)	22.6
1922 Walter Wickersham (Bakersfield)	24.2
1923 Bob Lee (Franklin, L.A.)	22.2
1924 Archie Woodyard (Jefferson, L.A.)	**22.5
1925 Walter Floyd (Lincoln, L.A.)	22.6
1926 Elam Kirks (El Monte)	22.1
1927 Frank Wykoff (Glendale)	*21.0
1928 Frank Lombardi (Los Angeles)	---
Frank Wykoff (Glendale)	21.4
1929 Jimmy Willson (San Diego)	21.4
1930 Ashley Burch (Jordan, L.A.)	21.8
1931 Ashley Burch (Jordan, L.A.)	21.5
1932 George Anderson (Muir, Pasadena)	21.8
1933 George Anderson (Muir, Pasadena)	21.2
1934 Brainard Worrill (Muir, Pasadena)	21.8
1935 Burt Price (Excelsior, Norwalk)	*21.2
1936 Burt Brady (Gridley)	21.6
1937 Bryant Allen (Jefferson, L.A.)	21.2
1938 Eddie Morris (Huntington Beach)	21.6
1939 Eddie Morris (Huntington Beach)	21.4
1940 Eddie Morris (Huntington Beach)	21.3
1941 Glen Willis (San Diego)	21.7
1946 Ray Gregg (El Monte)	21.9
1947 John Bradley (Hoover, Glendale)	21.8
1948 John Bradley (Hoover, Glendale)	21.5
1949 Eddie Schopper (Lincoln, L.A.)	21.6
1950 Guy Blackburn (Jefferson, L.A.)	21.3
1951 Leamon King (Delano)	21.4
1952 Herb Turner (Alameda)	21.6
1953 Leamon King (Delano)	21.4
1954 James Jackson (Alameda)	21.2
1955 Bob Poynter (Pasadena)	21.6
1956 Bob Poynter (Pasadena)	21.0
1957 Preston Griffin (Centennial, Compton)	21.3
1958 Mel Clipper (Pasadena)	20.7
1959 Hubie Watson (Jordan, L.A.)	21.6
1960 Bill Cowings (Fowler)	21.0
1961 Forrest Beaty (Hoover, Glendale)	21.5
1962 Richard Stebbins (Fremont, L.A.)	20.9
1963 John House (Muir, Pasadena)	21.3
1964 James Hines (McClymonds, Oakland)	**21.5
1965 Harold Busby (Muir, Pasadena)	21.0
1966 Phillip Underwood (Dorsey, L.A.)	21.2
1967 Mel Gray (Montgomery, Santa Rosa)	**20.7
1968 Willie Deckard (Dorsey, L.A.)	**21.7
1969 Willie Robinson (El Centro)	**21.7
1970 Jackie White (Santa Ana)	**21.5
1971 Chuck Bommarito (Crestmoor, San Bruno)	**21.2w
1972 Mike Shavers (Albany)	**21.0
1973 Clarence Edwards (Santa Ana)	**21.2
1974 Millard Hampton (Silver Creek, San Jose)	**21.1
1975 Bill Mullins (Hamilton, L.A.)	21.2

From 1967 forward, the 220 was run exclusively around one turn.

*Record Disallowed.

**Turn

FINALS

TIME

1	Mullins	Hamilton	21.6
2	Branch	Barstow	21.8
3	Jones	Kennedy	21.9
4	Cannon	Mt Pleasant	22.0
5	Lewis	Wilson	22.0

24 Boys' 330 YD. LOW HURDLES

3 Qualify Each Heat

330-YARD LOW HURDLES

STATE RECORD—36.2, Dedy Cooper, Harry Ells, Richmond, 1975 (trials)
 NATIONAL RECORD—Same at above.

HEAT 1

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Trials	
					Place	Mark
38.8	38.8	1	024	Steven Tyler (Balboa, San Francisco)		
37.6	37.4	2	292	Tim Hunt (El Dorado, Southern)	38.1	3
38.3	37.4	3	165	George Smith (La Sierra, Sac-Joaquin)		
36.0	36.0	4	464	Charles White (San Fernando, L.A. City)	37.7	1
37.8	37.6	5	473	Craig Watanabe (University, L. A.)		
38.3	38.3	6	075	Steve Watkins (Roosevelt High, Central)		
37.9	37.9	7	305	Clarence Hopper (Jordan, Southern)		
37.5	37.5	8	121	Tom Bobertz (Serramonte, Cen. Coast)	38.0	2
38.8	38.6	9	066	Mike Day (Monache, Central)		

HEAT 2

37.5	37.3	1	302	Stanley Webster (Garey, Southern)	37.6	2
38.9	37.9	2	219	Chuck Gangnuss (Dublin, North Coast)		
37.9	37.9	3	212	Will Patterson (De Anza, North Coast)		
37.6	37.6	4	258	Chris Koko (Sunset, North Coast)	37.2	1
37.8	36.6	5	149	Andrew Fields (Grant, Sac-Joaquin)		
38.2	38.2	6	007	Keith Harris (Oakland, Oakland)		
38.5	38.3	7	047	David Hill (Foothill, Central)		
38.3	38.3	8	402	Bob Dowden (Mar Vista, San Diego)		
37.2	37.1	9	351	Tim Chambers (Santa Monica, Southern)	38.1	3

HEAT 3

37.7	37.7	1	082	Byron Hawkins (Burlingame, Cen. Coast)		
38.5	37.8	2	457	Ron Glenn (Locke, Los Angeles City)		
37.3	36.4	3	126	Andre Phillips (Silver Creek, Cen. Coast)	37.3	1
38.5	38.2	4	372	Bill Dorval (Paradise, Northern)		
37.6	37.5	5	327	Joseph Brown (Pasadena, Southern)	38.0	3
39.0	39.0	6	253	Mark White (Richmond, North Coast)		
38.0	37.2	7	186	Rod Palon (San Juan, Sac-Joaquin)	37.6	2
38.1	38.1	8	393	Jene Calloway (Hoover, San Diego)		
37.5	37.5	9	469	Richard Hohmann (Taft, L.A. City)		

Previous CIF Champions

1915 Jud House (Riverside)	*23.8
1916 Harry Lamport (Manual Arts, L.A.)	25.8
1917 Colin Kilby (Coalinga)	25.6
1918 Harry McDonald (San Bernardino)	26.6
1919 Charley Daggis (Claremont)	27.4
1920 Jim Fulkerson (Ventura)	26.4
1921 Jack Houston (Lincoln, L.A.)	25.4
1922 Mort Kaer (Red Bluff)	26.4
1923 Mort Kaer (Red Bluff)	24.9
1924 DeWolfe Requa (Manual Arts, L.A.)	25.4
1925 Clarence Norris (Santa Maria)	25.1
1925 Jimmy Payne (San Bernardino)	23.9
1927 Jedly Welch (Pasadena)	24.0
1928 Joe Bills (Polytechnic, Long Beach)	24.8
1929 Norman Paul (Santa Ana)	24.0
1930 Norman Paul (Santa Ana)	24.2
1931 Plato Smart (Compton)	24.2
1932 Ben Siegel (Polytechnic, L.A.)	24.3
1933 Roy Kirkpatrick (El Centro)	24.0
1934 Roy Kirkpatrick (El Centro)	23.9
1935 Joe Davis (Inglewood)	24.2
1936 Jack Russell (Fillmore)	24.2
1937 George Sangster (Muir, Pasadena)	23.8
1938 Tom Whitney (Roseville)	24.6
1939 Herbert Duke (Jordan, L.A.)	24.2
1940 Glenn Shoop (Jordan, L.B.)	24.7
1941 Ray Meagher (Bakersfield)	24.3
1946 Bob Bacon (Redondo)	24.2
1947 Hugh McElhenny (Washington, L.A.)	19.9
1948 Bob Mathias (Tulare)	19.6
1949 Jack Davis (Hoover, Glendale)	19.5
1950 Steve Turner (Glendale)	19.0
1951 Dick Clarke (Glendale)	19.5
1952 Ancel Robinson (Selma)	19.4
1953 Don Armstrong (Manual Arts, L.A.)	19.3
1954 Monte Upshaw (Piedmont)	19.0
1955 Paul Lowe (Centennial, Compton)	19.2
1956 Jerry White (Jefferson, L.A.)	19.0
1957 Jesse Bradford (Shafter)	19.0
1958 David Douglas (East Bakersfield)	19.0
1959 Dixon Farmer (Miramonte, Orinda)	19.2
1960 Robert Bonds (Polytechnic, Riverside)	18.8
1961 Bill Mackey (East Bakersfield)	19.1
1962 Edward Moody (McClymonds, Oakland)	18.3
1963 Alvin Mann (Edison, Fresno)	18.9
1964 Earl McCullough (Polytechnic, L.B.)	18.4
1965 Manuel Murrell (Polytechnic, Long Beach)	*18.2
1966 George Farmer (La Puente)	18.7
1967 Jerry Proctor (Muir, Pasadena)	**18.7
1968 Ron Hamley (Lowell, Whittier)	18.8
1969 Jerry Wilson (Roosevelt, Fresno)	18.3
1970 Milton Turner (Castlemont, Oakland)	18.6
1971 Charles Jackson (Lompoc)	18.5w
1972 Daniel Jones (Palo Verde Valley)	18.7
1973 Randall Jeffrey (Los Angeles)	18.4w
1974 Fred Shaw (Muir, Pasadena)	**18.9
1975 Dedy Cooper (Harry Ellis, Richmond)	36.5

* Record disallowed.

**Curve.

From 1915 to 1946, inclusive, the distance run was 220 yards. In 1947 it was shortened to 180 yards.

1974 marked the final year for the 180-yd. low hurdles.

FINALS

TIME

1	White	San Fernando	36.7
2	Chambers	Santa Monica	37.0
3	Webster	Garey	37.2
4	Phillips	Silver Creek	37.3
5	Koko	Sunset	37.6

25 Girls' ONE MILE

2 Qualify Each Heat

GIRLS' ONE MILE

STATE RECORD—4:53.5, Kathy Costello, Pleasant Hill, 1975.
NATIONAL DGWS RECORD—Same as above.

HEAT 1

Sec. Mark	1976 Best	Lane	No.	Name (School, Section)	Trials	
					Place	Mark
5:38.9		1	512	Molly Mosher (Skyline, Oakland)	—	—
5:18.4	5:18.4	2	585	Caron Choy (Salinas, Central Coast)	—	—
5:10.0		3	619	Karen Bain (Rio Americano, Sac-Joaq.)	5:03.3	4
5:09.5	5:09.5	4	522	Alice Trumbly (Coalinga, Central)	—	—
5:04.9	5:04.9	5	576	Vicki Bray (Los Altos, Central Coast)	5:03.03	—
5:04.7	5:04.7	6	574	Sue Munday (Lincoln, Central Coast)	5:03.7	5
4:55.1		7	675	Linda Broderick (Tamalpais, Nor. Cst.)	5:02.9	2
5:03.3		8	676	Maggie Keyes (Tamalpais, North Coast)	—	—
5:00.5		9	739	Kelly Wells (Quartz Hill, Southern)	5:02.8	1
5:12.5		10	753	Diane Hargrove (South Torrance, Southern)	—	—
5:16.0	5:16.0	11	850	Sheila Ralston (Polytechnic, L.A. City)	—	—
5:12.4	5:12.4	12	833	Lynne Honeywell (Kennedy, L.A. City)	—	—
5:16.8	5:16.8	13	816	Laurie Jewell (Carson, L.A. City)	—	—

HEAT 2

5:04.6	5:04.6	1	630	Stacy Kearns (Yuba City, Sac-Joaquin)	5:00	1
5:16.1	5:16.1	2	824	Sheri Marshall (Fairfax, L.A. City)	—	—
5:19.9	5:18.0	3	553	Marcie Muller (West, Central)	—	—
5:13.1		4	776	Vicky Monroe (Lassen, Northern)	—	—
5:11.6		5	788	Carol Keller (Helix, San Diego)	—	—
5:10.6	5:09.3	6	634	Micky Vardell (Yuba City, Sac-Joaquin)	—	—
5:07.5	5:07.5	7	808	Cheryl Flowers (Valhalla, San Diego)	5:09.7	5
5:04.6		8	706	Chris Troffer (Crescenta Valley, Southern)	5:08.6	4
5:13.7		9	740	Katie Cakebread (Redondo, Southern)	—	—
5:16.1		10	541	Linda Goen (North, Central)	—	—
5:00.2		11	663	Sarah Sweeny (Marin Catholic, N. Cst.)	5:00.8	2
5:07.3		12	670	Sally Metteer (San Marin, North Coast)	—	—
4:56.4		13	720	Lynne Maltinski (Mira Costa, Southern)	5:01.1	3



SUE MUNDAY, Lincoln, San Jose, Central Coast Champ with 5:04.7.

Previous CIF Champions

1974 Jill Caldwell (Westminster) 5:02.2
1975 Kathy Costello (Pleasant Hill) 4:53.5

FINALS

TIME

- 1 Broderick Tamalpais 4:56.8
- 2 Sweeny Marin Cath 5:01.1
- 3 Troffer Crescenta Val 5:01.3
- 4 Kearns Yuba City 5:03.2
- 5 Mundy Lincoln SS 5:03.8



CHRIS TROFFER, Crescenta Valley, third in Southern CIF with 5:04.6. Favorite is Linda Broderick, Tamalpais, North Coast champion in record-shattering 4:55.1, less than two seconds off Kathy Costello's mark.

26 Boys' ONE MILE

3 Qualify Each Heat

ONE MILE

STATE RECORD—4:05.4, Mark Shilling, Garden Grove HS, Whittier, 1972.
 NATIONAL RECORD—3:58.3, James Ryun, East HS, Wichita, Kansas, 1965.

HEAT 1

Sec.	1976				Trials	
		Mark	Best	Lane No.	Name (School, Section)	Place
4:16.9	4:16.9	1	193	Mike Wright (Vanden, Sac-Joaquin)	4:15.2	5
4:20.0	4:20.0	2	111	John Sup (Palma, Central Coast)	—	—
4:19.3	4:19.3	3	232	Tom Smith (Mission San Jose, N. Cst.)	—	—
4:17.0	4:17.0	4	471	David Pascal (University, L.A. City)	4:14.3	1
4:12.0	4:12.0	5	429	Clay Sigmen (Chatsworth, L.A. City)	4:15.5	4
4:15.9	4:15.9	6	396	Paul Neveu (Grossmont, San Diego)	4:15.2	3
4:18.6	4:18.6	7	434	Kim Slight (Eagle Rock, L.A. City)	—	—
4:26.6	4:24.5	8	039	Mike Webber (Bullard, Central)	—	—
4:23.6	4:19.9	9	367	Kent Pease (Chico, Northern)	—	—
4:10.9	4:10.9	10	296	Jim Arriola (Gahr, Southern)	4:15.2	2
4:15.2	4:15.2	11	468	Ron Cornell (San Pedro, L.A. City)	—	—
4:12.1	4:12.1	12	349	Sal Peralta (Santa Fe, Southern)	—	—
4:18.2	4:18.2	13	131	Mark Stillman (Willow Glen, Cen. Cst.)	—	—
4:39.2	4:32.1	14	028	Paul Lanier (Lowell, San Francisco)	—	—

HEAT 2

4:17.2	4:17.2	1	163	Jim Farrell (La Sierra, Sac-Joaquin)	—	—
4:11.3	4:08.5	2	282	Don Moses (Crescenta Valley, South'n)	—	—
4:19.2	4:18.7	3	120	Stan Ross (Serra, Central Coast)	—	—
4:16.1	4:16.1	4	250	Harold Schultz (Redwood, North Coast)	—	—
4:15.9	4:15.9	5	211	Bob McMeans (De Anza, North Coast)	4:16.2	3
4:14.7	4:06.6	6	413	Thom Hunt (Patrick Henry, San Diego)	4:16.5	4
4:22.4	4:19.1	7	078	Randy White (Shafter, Central)	—	—
4:11.9	4:11.9	8	343	Dave Daniels (San Geronio, Southern)	4:16.1	1
4:21.4	4:21.4	9	015	Brian Moses (Skyline, Oakland)	4:16.2	2
4:17.2	4:17.2	10	180	Mike Brown (Ponderosa, Sac-Joaquin)	—	—
4:27.6	4:27.6	11	040	Mike Alfaro (Clovis, Central)	—	—
4:13.9	4:13.9	12	266	Joel Hope (Alta Loma, Southern)	4:16.9	5
4:19.0	4:19.0	13	215	Glen Borland (Del Norte, North Coast)	—	—

Previous CIF Champions

1915 Gerald Blankenship (Visalia)	4:30.0
1916 Andy Silvas (Technical, Oakland)	4:40.6
1917 Whitney Reeve (Pasadena)	4:37.4
1918 Jerry Pearce (Berkeley)	4:44.4
1919 Atwood Scovel (San Bernardino)	4:47.0
1920 Charley Watts (Berkeley)	4:36.2
1921 Bill Kerr (Huntington Beach)	4:30.4
1922 Les Schwobeda (Petaluma)	4:40.0
1923 Earl Lockhart (Sacramento)	4:31.6
1924 Lee Hansen (Manual Arts, L.A.)	4:37.1
1925 Chesley Unruh (El Monte)	4:35.2
1926 Jack Ferguson (Inglewood)	4:35.7
1927 Cliff Halstead (Sacramento)	4:33.6
1928 Dick Brooks (Redland)	*no time
1929 John Baker (Huntington Park)	4:31.1
1930 Phil Morentin (Visalia)	4:31.0
1931 Phil Morentin (Visalia)	4:32.8
1932 Virgil Hooper (Antelope Valley)	4:32.3
1933 Virgil Hooper (Antelope Valley)	4:29.2
1934 Louie Zamperini (Torrance)	4:27.8
1935 Elmer Bayer (Paso Robles)	4:30.4
1936 Simon Scott (Tamalpais, Mill V.)	4:31.2
1937 Brice Hammack (Yreka)	4:30.4
1938 Jack Moore (Stockton)	4:26.9
1939 John Hall (Torrance)	4:26.8
1940 Kellen Ramirez (Edison, Fresno)	4:31.5
1941 Bob Ingram (San Jose)	4:32.8
1946 Bob McMillen (Cathedral, L.A.)	4:24.0
1947 Chuck Kohl (Compton)	4:29.2
1948 John Woolley (Marshall, L.A.)	4:29.1
1949 Ellwyn Stribling (Commerce, S.F.)	4:25.1
1950 Ron Bauer (Washington, S.F.)	4:23.7
1951 Allie Cage (McClymonds, Oakland)	4:30.7
1952 Fernando Ledesma (Compton)	4:32.2
1953 Bob Seaman (Reedley)	4:21.0
1954 Ty Hadley (Bellflower)	4:25.8
1955 Tod White (Newport Harbor)	4:20.0
1956 Ron Larriou (Palo Alto)	4:20.1
1957 Tim Roelen (San Fernando)	4:20.2
1958 Woody Covington (Compton)	4:23.7
1959 Dale Story (Orange)	4:11.0
1960 Ben Tucker (Polytechnic, S.F.)	4:14.3
1961 Bruce Bess (La Habra)	4:14.8
1962 Dennis Carr (Lowell, La Habra)	4:08.7
1963 Tracy Smith (Arcadia)	4:14.4
1964 Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965 Tim Danielson (Chula Vista)	4:08.0
1966 Tim Danielson (Chula Vista)	4:07.0
1967 Mike Solomon (Westminster)	4:11.4
1968 Clifton West (Kennedy, Sacramento)	4:09.0
1969 Decker Underwood (South Torrance)	4:12.1
1970 Brent Tubb (Cleveland Reseda)	4:12.9
1971 Brent Tubb (Cleveland, Reseda)	4:09.6
1972 Mark Schilling (Garden Grove)	4:05.4
1973 Alvin Gilmore (Lompoc)	4:11.4
1974 Rich Kimball (De La Salle, Concord)	4:06.6
1975 John Johnson (Skyline, Oakland)	4:09.5

*Wally Minch of Inglewood won race in 4:39.0, but was disqualified for cutting in.

FINALS

TIME

1	Arriola Gahr	4:14.6
2	Neveu Grossmont	4:14.6
3	Moses Crescenta Valley	4:17.3
4	Wright Vanden	4:17.5
5	McMeans DeAnza	4:18.3

27 Girls' MILE RELAY

(NEW EVENT)

3 Qualify Each Heat

GIRLS' 880-YARD MEDLEY RELAY

STATE RECORD—1:44.5, Washington, L.A., 1975 (Price, Jones, Ford, Anderson).
NATIONAL DGWS RECORD—Same as above.

HEAT 1

Sec. Mark	1976 Best	Lane	School, Section (Names)	Trials	
				Place	Mark
3:59.9		2	Berkeley, North Coast (638-Kim Burgess, 639-Freida Cobbs, 640-Annette Robinson, 641-Candy Ross)	3:56.6	1
3:59.1		3	Esperanza, Southern (710-Tammy Hales, 713-Darlene Nash, 711-Laura Johnson, 712-Susan Kychenthal)	3:57.1	2
4:02.5	4:02.5	4	San Diego, San Diego (803-Jovanna Smallwood, 801-Terri Lendenmeyer, 802-Cyndi McEnroe, 804-Vanessa Thompson)		
4:08.2		5	Summerville, Sac-Joaquin (625-Laurie Briscoe, 627-Kelly Schere, 626-Melinda Ellis, 624-Kari Briscoe)		
4:07.9	4:07.9	6	Monroe, Los Angeles (844-Marilyn Curry, 847-Joleen Hales, 849-Gwen Wooley, 846-Sandy Greenberg)		
4:02.8	4:02.8	7	Carson, Los Angeles (820-Dawn Story, 815-Sharron Cole, 817-Rochelle Jones, 819-Michelle Rivera)		
4:04.8		8	Clovis High, Central (517-Cox, 518-Marshall, 519-Toone, 520-Vusich)		
4:05.3		9	West Torrance, Southern (762-Val Ross, 759-Jill Chantler, 763-Ilima Wasson, 758-Linda Cassidy)	4:01.3	3

HEAT 2

4:08.9		1	Casa Roble, Sac-Joaquin (596-Helen Heidt, 598-Stephenie Perron, 597-Jeany Lyon, 599-Kathy Snyder)		
4:05.5	4:05.5	2	Washington, Los Angeles (862-Carroll Young, 860-Barbara Dews, 859-Erica Booth, 857-Jody Anderson)		
4:01.1		3	Santa Barbara, Southern (750-Connie Hogan, 749-Tara Hobbs, 752-Katie Upton, 751-Molly Miller)	3:59.8	2
4:03.2		4	Technical, Oakland (509-Karen Hubbard, 511-Nellwyn Smith, 505-Pat Embrey, 508-Viola Johnson)		
3:58.4	3:58.4	5	Fremont, Los Angeles (829-Adrienne Lair, 831-Rebecca Trotter, 825-Glenda Beshears, 830-Robbie Mitchell)	3:55.6	1
4:02.6	4:01.8	6	Terra Linda, North Coast (678-Jennifer De Champlain, 681-Kandi Yamagata, 679-Patty Green, 680-Laurel Seiter)	4:01.1	3
4:06.9		7	Las Lomas, North Coast (653-Kathy Di Maggio, 655-Libby Warren, 654-Sue Sweetman, 656-Lisa Watts)		
4:11.0		8	Liberty, North Coast (659-Shelley Poerio, 657-Helene Dawson, 660-Mari Puente, 661-Renee Vornhagen)		
4:04.7		9	South, Central (548-Haskins, 549-McMillan, 551-Wong, 546-Bell)		

HEAT 3

4:02.2		1	Rolling Hills, Southern (742-Ann Gordon, 744-Sue Wheeler, 741-Michele Bush, 743-Lisa Schroeter)		
4:06.3		2	Harbor, Central Coast (570-Cindy Pruitt, 568-Julie Peterson, 565-Christa Cavanah, 569-Lezli Peterson)		
4:10.0		3	Los Altos, Central Coast (576-Vicky Bray, 581-Betsy Spangler, 580-Margaret Manoogian, 577-Betsy Brew)		
4:09.9		4	Chico, Northern (767-Michelle Furr, 770-Stacy Shols, 769-Suzanne Richter, 768-Luann Park)		
4:01.5		5	Foothill, Central (532-Fletcher, 535-Watson, 531-Brothers, 534-McCullough)		
4:05.9		6	Branham, Central Coast (560-Jill McPherson, 558-Becky Barrett, 559-Debbie Edwards, 561-Laurie Wilber)		
4:04.2	4:04.2	7	Yuba City, Sac-Joaquin (631-Diana Pappas, 634-Micki Vardell, 630-Stacey Kearns, 632-Lilly Partida)	4:03.7	2
4:04.7		8	Mount Miguel, San Diego (793-Debbie Dibb, 790-Christine Anderson, 792-Cheryl Brown, 791-Val Blas)	4:04.1	3
3:58.0		9	Arcadia, Southern (688-Dawn Baske, 689-Ann Harper, 690-Donna Machado, 691-Laura Thornton)	3:57.1	1

Previous CIF Champions

1974 Berkeley 1:46.4
1975 Washington, L.A. 1:44.5

FINALS

TIME

1	Fremont LA	3:55.9
2	Arcadia	3:57.0
3	Berkeley	3:59.1
4	Esperanza	3:59.6
5	W. Torrance	4:00.6



ADRIENNE LAIR, Fremont, member of 440 and mile relay teams that won L.A. City titles in 48.2 and 3:58.4, both records. Arcadia comes in with fastest mile relay time of 3:58.0. Berkeley, with 3:59.9 and Freida Cobbs on anchor, should challenge.

28 Boys' MILE RELAY

3 Qualify Each Heat

ONE MILE RELAY

STATE RECORD—3:12.2, Castlemont HS, Oakland, 1971. John Roberts, Gerald Morgan, Jerrold Curry, Adrian Rogers.

NATIONAL RECORD—3:11.8, Memorial HS, Houston, Texas, 1967. Bouche, Bradley, Brents, Morton. Killian HS, Miami, Florida, 1969, Anderson, Black, Thompkins, Thompson.

HEAT 1

Sec. Mark	1976 Best	Lane	School, Section (Names)	Trials	
				Place	Mark
3:22.9	3:19.8	1	Grant, Sac-Joaquin (149-Andrew Fields, 150-Phylester Jones, 151-Warren Reed, 152-Derek Taylor)	3:19.6	3
3:25.0	3:25.0	2	Hiram Johnson, Sac-Joaquin (155-Ken Bradley, 156-Corry Chambers, 157-Walter Golz, 161-Tyron Wright)	—	—
3:16.0	3:16.0	3	Hamilton, Los Angeles City (453-Rodney Goosby, 454-Ricky Martin, 455-Sidney Menzies, 456-Billy Mullins)	3:18.4	1
3:26.8	3:26.8	4	Oakmont, Sac-Joaquin (176-John Croft, 177-Tim Graham, 178-Wally McKinney, 179-Perri Knapp)	—	—
3:19.1	3:19.1	5	San Gorgenio, Southern (342-Dwight Carter, 344-Mark Flynn, 345-Miguel Jones, 346-Ron Vinson)	—	—
3:20.6	3:20.6	6	Piedmont Hills, Central Coast (112-Johnnie Jones, 113-Sherman Jones, 115-Clay Taylor, 116-Keith Taylor)	3:18.6	2
3:21.0	3:21.0	7	Mt. Pleasant, Central Coast (105-Greg Bourne, 106-Glenn Cannon, 107-Derrick Carter, 108-Varsi Littlejohn)	—	—
3:23.1	3:23.1	8	Silver Creek, Central Coast (123-Duane Barkley, 124-Fred Harvey, 125-Mel Holland, 126-Andre Phillips)	—	—
3:18.7	3:18.6	9	San Bernardino, Southern (338-Walter Bridges, 339-Michael Davis, 340-Rodney Soward, 341-Bryant Williams)	—	—

HEAT 2

3:22.5	3:22.5	1	Pittsburg, North Coast (243-Bob Lawson, 242-Daryle Larry, 241-Derald Harris, 240-Alt Brown)	—	—
3:19.2	3:18.1	2	Madera, Central (64-Cliff Newsome, 63-Corey Miller, 62-Ray Gamboa, 60-Alfonso Foster)	3:20.2	2
3:20.5	3:20.5	3	East, Central (45-Rickey Nichols, 44-Dean Jones, 43-Flowers, 42-Dixon)	—	—
3:23.2	3:23.2	4	Tennyson, North Coast (262-Mike Herbst, 261-Bill Burrell, 263-Rich Judy, 264-Kevin Smith)	—	—
3:27.0	3:27.0	5	Paradise, Northern (372-Bill Dorval, 373-Art Guerra, 374-Greg Marjama, 375-Todd Powell)	—	—
3:16.0	3:16.0	6	Banning, Los Angeles City (420-Tom Knight, 418-Phil Hubbard, 421-Leonard McDonald, 419-Ron Jones)	3:18.2	1
3:18.0	3:18.0	7	Gardena, Los Angeles City (444-Elston Butler, 449-Victor Lancaster, 448-Allen Jones, 446-Leonard Jeffers)	3:21.4	3
3:23.9	3:23.9	8	Richmond, North Coast (252-Andre Shumake, 251-Fred Jackson, 253-Mark White, 254-Mike White)	—	—
3:21.6	3:21.6	9	Morse, San Diego (407-Don Guillory, 409-Greg Reed, 405-Ray Berry, 408-Jim Hooker)	—	—

HEAT 3

3:17.7	3:17.1	1	San Fernando, L.A. City (465-Kevin Williams, 462-Bill Benjamin, 466-Raymond Williams, 464-Charles White)	3:19.5	1
3:23.7	3:23.7	2	Kennedy-Richmond, North Coast (229-Jamie Richard, 230-Paul Stuart, 228-Art Harry, 227-Reggie Brown)	—	—
3:17.5	3:17.5	3	Pasadena, Southern (329-Harold Ford, 328-Ivan Cleveland, 327-Joseph Dennis Brown, Jr., 331-James Sanford)	3:20.8	2
3:27.5	3:21.4	4	Balboa, San Francisco (021-Robert Jones, 020-Roy Johnson, 018-Bryan Cody, 024-Steven Tyler)	—	—
3:21.6	3:21.6	5	Crawford, San Diego (385-Jim Pinkney, 384-Mike Brown, 386-Fred Zoc, 383-Wayne Black)	—	—
3:21.8	3:21.8	6	Bakersfield, Central (035-Jones, 036-Thomas, 037-Suender, 034-Cox)	—	—
3:19.4	3:19.4	7	Santa Monica, Southern (353-James Davis, Jr., 354-Bernard Fitzpatrick, 355-Bob Malanga, 351-Tim Chambers)	—	—
3:23.2	3:23.2	8	Castlemont, Oakland (001-Stanley Bull, 002-Ricky Clark, 003-Jerry Trotter, 004-Eldon Walker)	—	—
3:19.4	3:19.4	9	Pomona, Southern (334-Michael Jones, 333-Charles Cole, 335-Anthony Miley, 332-Terry Andrews)	3:21.5	3

Previous CIF Champions

1968 Centennial, Compton	3:14.3
1969 Los Angeles	3:15.2
1970 Los Altos	3:15.6
1971 Castlemont, Oakland	3:13.2
1972 El Cerrito	3:17.6
1973 Rancho Cordova	3:17.4
1974 Muir, Pasadena	3:13.8
1975 Harry Ellis, Richmond	3:15.7

440 and mile relays replaced 880 relay in 1968.

FINALS

TIME

1	Pasadena	3:18.2
2	Banning	3:19.3
3	Madera	3:19.4
4	San Fernando	3:20.9
5	Grant	3:21.0
6	Piedmont Hills	3:22.6



TIM CHAMBERS, Santa Monica, will be on anchor when challenge is made on Hamilton and Banning. Has a 46.6 relay time, 48.1 open 440 time. Won Southern CIF 330 hurdles in 37.2. Hamilton and Banning have best times; 3:16.0, set in Los Angeles Section finals last week. Hamilton, with 45.9 anchor from Billy Mullins, barely won at the wire. Leonard McDonald anchors Banning. San Fernando, anchored by Charles White, finished third in L.A. with 3:17.7. Pasadena has a 3:17.5 so this shapes up as a scorcher.

Scoring

To keep a running account of the meet, score it 6-4-3-2-1. Write in name of school in place box. Total score in box at left.

MEN	1st — 6 Pts.	2nd — 4 Pts.	3rd — 3 Pts.	4th — 2 Pts.	5th — 1 Pt.	FINAL TEAM STANDINGS MEN
POLE VAULT						1.tie
DISCUS						Hamilton 12
LONG JUMP						2.tie
TRIPLE JUMP						Kennedy 12
SHOT PUT						3.tie
HIGH JUMP						San Fernando 12
440 RELAY						4.
880						Lassen 10
100						5.tie
120 HH						Gahr 10
2-MILE						6.
440						7.
220						8.
330 LH						9.
MILE						10.
MILE RELAY						

WOMEN	1st — 6 Pts.	2nd — 4 Pts.	3rd — 3 Pts.	4th — 2 Pts.	5th — 1 Pt.	FINAL TEAM STANDINGS WOMEN
LONG JUMP						1. Berkeley 20
SHOT PUT						2. Fremont LA 17
HIGH JUMP						3. Bell 12
DISCUS						4. Newport Harbor 8
80 HURDLES						5. Centennial 7
440 RELAY						6. Washington LA 7
880						7.
100						8.
440						9.
220						10.
MILE						
880 MED. RELAY						



SEVEN FOOT MAGIC—John Lane, American of Fremont, is one of few prep high jumpers over 7 feet this year. He is undefeated this year (though he lost in a jump-off) and is taking aim at the national record of 7-1½ set by Dwight Stones of Glendale in 1971. Lane, 6-2, 172-pound senior, cleared 7 feet on April 10 at the Andrew Hill Invitational in San Jose. He will attend UC Berkeley. —Fremont Argus Photo by Len Cook