

Price 50¢

Track and Field



Championship

A SPECIAL "THANK YOU" TO SOME GOOD FRIENDS

The Meet Directors, CCS Commissioner and Staff, and participating schools wish to acknowledge the support and assistance of the following organizations without whose help this meet would not be held.....

The Community Services Office, San Jose City College for the use of these outstanding facilities.

The Athletic Department, San Jose City College for their assistance in meet preparation.

Berkeley Farms, 910 Warburton, Santa Clara for assistance in refreshments for coaches and officials.

The Volunteer Officials from the A.A.U. and Santa Clara Valley Officials Association for their help in conducting the meet.

The Central Coast Section Track and Field Committee for their guidance and organization of the meet.

It is the voluntary spirit of people such as the above who make pro sport events possible and enjoyable for participants and spectators. Thank you.....

COMMISSIONERS MESSAGE

Congratulations to the outstanding group of young men and women who have met the test of competition to reach the C.C.S. Championships. While only one will wear the crown of Champion in each event, there is no question but that each student participating today is a Champion in his own right. The hours of dedication to self determined goals, the sacrifices required for physical preparation, and the emotional control required for mental preparation for this meet, set this group of young men and women apart from their peers. We will witness at this meet those qualities of excellence which form the basis for interscholastic athletics. I wish each of you the best of fortune in this meet, I know that the lessons learned in your preparation and participation will follow you throughout your lives.

CCC RECORDS: Los Altos, 1970, Thompson, Davis, 3:15.8

FINALS ONLY - 2 sections - places determined by time

Time	School	Lane
3:19.0	Piedmont Hills	1
3:22.0	San Mateo	2
3:23.3	Seaside	3
3:28.4	Carlinwood	4
3:31.3	Silver Creek	5
3:33.4	Mt. Pleasant	6
3:34.0	Ayer	7
3:35.0	San Jose	8

SECTION II

3:37.7	Seaside	1
3:37.8	Monterey	2
3:38.4	Buachar	3
3:38.5	Serrano	4
3:39.5	Lynbrook	5
3:39.6	St. Ignace	6
3:41.0	Los Altos	7
3:42.0	Marjo Astorion	8

PLACES AND TIMES

1	Piedmont Hills	3:19.0
2	Mt. Pleasant	3:33.4
3	Silver Creek	3:31.3
4	San Mateo	3:22.0
5	Lynbrook	3:39.5
6	Ayer	3:34.0

ORDER OF EVENTS AND TIME SCHEDULE, continued

FIELD EVENTS

- 3:00 Shot Put Varsity to completion
- Long Jump (Pit A) Varsity to completion
- High Jump Varsity to completion
- (Unlighted) Pole Vault (Pit B) Frosh/Soph to completion
- " Discus (Pit B) Frosh/Soph to completion
- " Triple Jump (Pit B) Frosh/Soph to completion

Upon completion of the preceding Field Events scheduled at 3:00, the Varsity Discus (Pit B) and Frosh/Soph Long Jump will begin at approximately 5:00.

- (Unlighted) Discus (Pit B) Varsity to completion
- Long Jump (Pit B) Frosh/Soph to completion

- 7:00 Triple Jump (Pit A) Varsity to completion
- Pole Vault (Pit A) Varsity to completion
- Shot Put Frosh/Soph to completion
- Discus (Pit A) Girls to completion
- 9:00 High Jump Frosh/Soph to completion

Upon completion of the preceding events scheduled at 7:00 p.m. the Girls' Long Jump, High Jump and Shot Put will begin.

- Long Jump (Pit A) Girls to completion
- High Jump Girls to completion
- Shot Put Girls to completion

MILE RELAY - FROSH/SOPH

CCS Record: Oceana, 1973, 3:29.4

FINALS ONLY - 2 Sections, Placing Determined by Time

SECTION I

Lane	School	Reg. Qual. Time
1	Mt. Pleasant	3:28.7
2	Oceana	3:29.8
3	Sequoia	3:32.5
4	Palma	3:35.6
5	Santa Teresa	3:33.3
6	San Mateo	3:33.6
7	San Carlos	3:33.7
8	Silver Creek	3:33.8

SECTION II

1	Carlmont	3:35.2
2	Watsonville	3:36.7
3	Leigh	3:37.0
4	Mills	3:37.2
5	Alisal	3:37.3
6	Cupertino	3:37.5
7	Terra Nova	3:37.5
8	Sunnyvale	3:39.6

PLACINGS AND TIME:

1.	<u>San Carlos</u>	<u>3:29.6</u>
2.	<u>Oceana</u>	<u>3:29.9</u>
3.	<u>Carlmont</u>	<u>3:30.9</u>
4.	<u>San Mateo</u>	<u>3:32.0</u>
5.	<u>Sil Crk</u>	<u>3:32.2</u>
6.	<u>Mills</u>	<u>3:32.3</u>

TIMERS

Mel Estrada	Bob Hughey	Henry Weston
Clifford Harris	Stew Fowler	Hal Sonntag
George Bergna	Jim Crawford	Tom Niemiller
Bill Smith	Dave Estrada	Basil Huffman
Wil Concklin	Umberto Abronzino	Carl Olsen
	Paul S. Castoro	Dan Fukushima

JUDGES

Paul L. Castoro	Aldo Balbiani	Laurence R. Walton
Dick De La Rosa	James Zurcher	John Cotugno, Jr.
Robert Bow	Gary Cayton	Johnny Welton
Craig Battaglia	Jack Larkin	Len Kaczmerck
Holland Johnson	Kent Richeson	Stewart Lazarus

HORIZONTAL JUMPS - Lee Boyd Ed Austermuehle Lee Boyd, Jr.
Steve Bowen Joe Zelenka Joe Tenma

SHOT PUT - Ron Junkin, Jack Larkin, Merv Ferreira

HIGH JUMP - Doug Edwards, Terry O'Brien, Don Johnson

POLE VAULT - Rob Reicher, Bob Kitaji

DISCUS - John MacKey, Fred Niemann

HEAD INSPECTOR - Russ Perry, Dwight Martin

INSPECTORS - South Turn, George Halbleib, John W. Lopes,
Jack Kuntel, Joel Marcus, Pam Ferguson
George Bonachic
Back Stretch, Kent Marshall, Ken Dyson, Guy Troedson,
Steve Romito, Lou Lerda
North Turn, Jerry Scott, Lorin Meyers, Dick Hinman
Walt Quednau, Armad Signes

MARSHALLS - Noel Lanctot, Bill Leavy

GIRLS TRACK OFFICIALS

Meet Director, Mary Lasagna Discus - Scott Overton
Referee - Arlene Miller Paulette King
Wayne King
Head Field Judge - Roz Bray Shot Put - Mike Naloof
Long Jump - Doug Johnson
High Jump - Jay Uierra
Don Chu

ONE MILE RUN - GIRLS

CCS RECORD: Sue Mundy, Lincoln, 1975, 5:09.1

Lane	Name	School	Reg. Qual. Time
1	Vicki Bray	Los Altos	5:19.9
2	Sue Neary	Aptos	5:29.3
3	Sue Munday	Lincoln	5:17.7
4	Debbie Dobbs	Los Altos	5:33.9
5	Ester Sandoval	Seaside	5:34.5
6	Irene Crowley	Overfelt	5:43.4
7	Sharon Firntado	Buchser	5:20.1
8	Megan Hayes	Lincoln	5:37.7

PLACINGS AND TIME:

MR * 1.	Mundy	Lincoln	5:04.7 *
* 2.	Bray	Los Altos	5:04.9 *
3.	Choy	Sandinas	5:18.9
4.	Jackson	Live Oak	5:23.9
5.	Furtado	Buchser	5:36.5
6.	Neary	Aptos	5:37.1

HIGH JUMP - FROSH/SOPH

CCS RECORD: True, Monte Vista, 1971, 6'6"

Starting Height: 5'10"

Starting Time: 7:00

FLIGHT I

	Name	School	Reg. Qual. Distance
1	Chip Hanson	Camden	5'10"
2	Jeff McKenzie	Mills	5'10"
3	K. VanGastel	Leigh	5'10"
4	Harry Mahoney	Monterey	5'10"
5	Greg Hannah	Lynbrook	6'0"
<u>FLIGHT II</u>			
6	Erik Dabanian	Carlmont	6'0"
7	Thiery Rackley	San Lorenzo Valley	6'0"
8	Louis Fusari	Soquel	6'0"
9	Eric Schubert	Monta Vista	6'1"
10	Louis Tinsley	Serramonte	6'2"

FLIGHT III

11	Lathey McFadden	Saramonte	6'2"
12	D. Wright	Live Oak	6'2"
13	Bill Graber	Los Altos	6'2"
14	Scott Parsons	Santa Clara	6'2"
15	Scott Wilson	El Camino	6'2"
16	Joel Wyrick	Mt. Pleasant	6'2"

PLACINGS AND DISTANCE

1.	Wilson	El Camino	6-2
2.	Tinsley	Serramonte	6-2
3.	Wyrick	Mt. Pleasant	6-0
4.	Graber	Los Altos	6-0
5.	Parsons	Santa Clara	6-0
6.	VanGastel	Leigh	6-0
	Hanson	Camden	6-0

MILE RUN - VARSITY

CCS RECORD: Mike Ryan, Wilcox, 1965, 4:09.5

FINALS ONLY - 2 to a lane, 2-turn stagger

LANE	Name	School	Reg. Qual. Time
1	Stan Ross	Serra	4:18.7
2	Mark Stillman	Willow Glen	4:19.3
3	John Sup	Palma	4:22.7
4	Gery Goodstein	Menlo Atherton	4:27.5
5	Curt Hutchings	Del Mar	4:42.3
6	Craig Corey	San Mateo	4:24.3
7	Jerry Lownmiller	Salinas	4:26.7
8	Fred Behrmann	Los Altos	4:28.9
1A	Mike Dyer	Saratoga	4:22.6
2A	Joe Green	Aragon	4:24.5
3A	Leroy Bumbaca	Wilcox	4:29.3
4A	Armando Sequiros	Watsonville	4:30.4
5A	Larry Bergkamp	Leigh	4:24.7
6A	Jeff Maxwell	Westmoor	4:25.4
7A	Dan Farwell	Woodside	4:30.3
8A	Mike McQueeney	Lynbrook	4:33.2

PLACINGS AND TIME

1.	<u>Stillman</u>	<u>Willow Glen</u>	<u>4:18.2</u>
2.	<u>Ross</u>	<u>Serra</u>	<u>4:19.2</u>
3.	<u>Sup</u>	<u>Palma</u>	<u>4:20.0</u>
4.	<u>Corey</u>	<u>San Mateo</u>	<u>4:22.2</u>
5.	<u>McQueeney</u>	<u>Lynbrook</u>	<u>4:22.3</u>
6.	<u>Dyer</u>	<u>Saratoga</u>	<u>4:22.3</u>

POLE VAULT - VARSITY

CCS RECORD: Roger Martin, Camden 1971, 15' 5 3/4"

Starting Height: 12' 6"

Starting Time: 7:00

FLIGHT I	Name	School	Reg. Qual. Mark
1	Bill Harris	St. Ignatius	12'6"
2	Dan Sullivan	Aragon	12'6"
3	Skip Valencia	Watsonville	12'6"
4	Joe Sawyer	San Mateo	12'6"
5	Wayne Johnson	Los Altos	13'0"
<u>FLIGHT II</u>			
6	Richard Munoz	Watsonville	13'0"
7	Kevin Bryan	Bellarmino	13'0"
8	Jim Bayless	Sunnyvale	13'6"
9	Tom Nigh	Fremont	13'6"
10	Kevin King	Marello	13'9"
<u>FLIGHT III</u>			
11	Enter	Andrew Hill	14'0"
12	Barneit	Camden	14'0"
13	Tom Snyder	Lynbrook	14'0"
14	Vince Bradley	Carlmont	14'0"
15	Fernside	Del Mar	14'6"
16	Lovejoy	Del Mar	15'0"

PLACINGS AND MARK

1.	<u>Lovejoy</u>	<u>Del Mar</u>	<u>15-0</u>
2.	<u>Fernside</u>	<u>Del Mar</u>	<u>14-7 1/2</u>
3.	<u>V. Bradley</u>	<u>Carlmont</u>	<u>14-7 1/2</u>
4.	<u>Munoz</u>	<u>Watsonville</u>	<u>14-0</u>
5.	<u>Nigh</u>	<u>Fremont</u>	<u>14-0</u>
6.	<u>King</u>	<u>Marello</u>	<u>14-0</u>

220 YARD DASH - FROSH/SOPH

CCS. RECORD: Dwayne Green, Ayer, 1975, 22.1

Two Heats: First 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Eric Zaiss	Homestead	23.2
2	Frank Oravillo	Sequoia	22.8
3	Thiery Rackley	San Lorenzo Valley	22.5
4	Andre Wilkes	Santa Cruz	22.4
5	Darrel Jones	Serranonte	23.1
6	Jim Walker	Aragon	23.2
7	George Petterson	Serramonte	23.7
8	Art Diaz	Jefferson	23.8

HEAT II

1	Carlwell Hawthorne	Mt. Pleasant	23.3
2	Alan Vernon	Monterey	22.8
3	Stan Beal	San Carlos	22.6
4	Terry Smith	Cubberley	22.5
5	J. Wiley	Santa Teresa	22.7
6	T. Wiley	Santa Teresa	23.0
7	Tony Thompson	Woodside	23.0
8	David Pulliam	Silver Creek	23.8

PLACINGS AND TIME

1	<u>BEAL</u>	<u>San Carlos</u>	<u>22.6</u>
2	<u>Wilkes</u>	<u>Santa Cruz</u>	<u>22.6</u>
3	<u>Smith</u>	<u>Cubberley</u>	<u>22.7</u>
4	<u>T Wiley</u>	<u>Santa Teresa</u>	<u>22.8</u>
5	<u>Oravillo</u>	<u>Sequoia</u>	<u>22.9</u>
6	<u>Walker</u>	<u>Aragon</u>	<u>23.0</u>

LONG JUMP - VARSITY

CCS RECORD: John Johnson, Pacific Grove, 1964, 25'3 1/4"

Starting Time: 3:00 (pit inside track)

FLIGHT I

	NAME	SCHOOL	Reg. Qual. MARK
1.	Ted Cook	Half Moon Bay	10'1"
2.	Dan Young <i>22-1</i>	Hillsday	20'7-3/4"
3.	Bill Butchart	ElCamino	20'9-1/4"
4.	Chris Whitworth	R. L. Stevenson	21'3-1/4"
5.	Ron Johnson	Monterey	21'6"

FLIGHT II

6.	Genaro Alcantaro	Watsonville	21'9-3/4"
7.	Leo Howard	Mt. Pleasant	22' -1/2"
8.	Braian Matooka	Gunn	22'1-1/4"
9.	Steve Bennett	Lynbrook	22'1-1/2"
10.	Pete Moreno	James Lick	22'2"

FLIGHT III

11.	Ken Vasquez <i>23-6 3/4</i>	Mills	22'5-1/2"
12.	Brian Brooks <i>23-5 1/2</i>	Milpitas	22'5-3/4"
13.	Paul Bates <i>23-5</i>	Menlo Atherton	22'8-3/4"
14.	Rich Montero <i>22-2</i>	Carlmont	23'2"
15.	Rex White <i>23-4</i>	Camden	23'3-1/4"
16.	Steve Wise <i>22-23 1/4</i>	Awalt	23'5"

PLACINGS AND MARK:

1	<u>Vasques</u>	<u>Mills</u>	<u>23-6 3/4</u>
2	<u>Bates</u>	<u>MA</u>	<u>23-5 3/4</u>
3	<u>Brooks</u>	<u>Milpitas</u>	<u>23-5 1/2</u>
4	<u>White</u>	<u>Camden</u>	<u>23-4</u>
5	<u>Wise</u>	<u>Awalt</u>	<u>22-1 1/2</u>
6	<u>Young</u>	<u>Hillsdale</u>	<u>22-7 3/4</u>

330 LOW HURDLES - FROSH/SOPH

CCS RECORD: Harold Ross, Hillsdale, 1975, 38.7

Two Heats --First 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual Time
1	McNiven	Prospect	39.8
2	Carl Monroe <i>40.2</i>	Overfelt	39.7
3	G. Woodward <i>40.0</i>	Silver Creek	38.8
4	Troy Durio <i>39.9</i>	Mt. Pleasant	38.8
5	Louis Fusari	Soquel	40.3
6	Bill Ribera <i>39.5</i>	Oceana	40.8
7	Art Sevilla	King City	41.9
8	Greg Wilson	Santa Clara	42.1

HEAT II

1	Tim Wolfe	So. San Francisco	41.1
2	Nick Moreno	Half Moon Bay	41.1
3	Steve Guthrie <i>40.4</i>	Cupertino	39.5
4	Rick Luttrell <i>40.3</i>	San Carlos	39.3
5	Steve Sykes <i>39.2</i>	Hillsdale	40.0
6	Larry Rogers	Watsonville	40.8
7	Fred Oravillo <i>40.5</i>	Sequoia	41.4
8	Alan Bailey	Lynbrook	41.6

PLACINGS AND TIME:

1.	<u>Luttrell</u>	<u>San Carlos</u>	<u>38.8</u>
2.	<u>Sykes</u>	<u>Hillsdale</u>	<u>39.5</u>
3.	<u>Ribera</u>	<u>Oceana</u>	<u>39.7</u>
4.	<u>Durio</u>	<u>Mt Pleasant</u>	<u>40.3</u>
5.	<u>Monroe</u>	<u>Overfelt</u>	<u>40.5</u>
6.	<u>Oravillo</u>	<u>Sequoia</u>	<u>40.5</u>

Guthrie fell on last hurdle at 38.5 pace

GIRLS LONG JUMP

CCS RECORD: Pam Blackburn, Cubberley, 1975, 18' 2 1/2"

Starting Time: Follows Varsity Triple Jump which starts at 7:00 (Approx. 9:00)

FLIGHT I	Name	School	Reg. Qual Mark
1	Louise Burket	North Salinas	16' 2"
2	LaDonna White	Monterey	16' 3 1/4"
3	Michelle Mausano	Watsonville	16' 5"
4	Kurt Wilcox	San Mateo	16' 3"
5	Connie Paul	Leland	16' 8 3/4"
6	Sarita Johnson	Oak Grove	16' 10 3/4"
7	Denise Sanders	Yerba Buena	17' 1 3/4"

PLACINGS AND MARK

1.	<u>Johnson</u>	<u>Oak Grove</u>	<u>16-6</u>
2.	<u>Brew</u>	<u>Los Altos</u>	<u>16-5 1/4</u>
3.	<u>Wilcox</u>	<u>San Mateo</u>	<u>16-3 3/4</u>
4.	<u>Paul</u>	<u>Leland</u>	<u>16-1 1/2</u>
5.	<u>White</u>	<u>Monterey</u>	<u>15-10 1/2</u>
6.	<u>Sanders</u>	<u>Yerba Buena</u>	<u>15-10 1/2</u>

TWO MILE RUN - FROSH/SOPH

CCS RECORD: Gerry Emory, Gunn, 1973, 9:25.6

Finals only - Two to a lane, olympic start

Lane	Name	School	Reg. Qual. Time
1	D. Brewer	Leigh	9:37.4
1A	Kevin Blake	Serramonte	9:48.5
2	Rick Sanchez	Sunnyvale	9:57.7
2A	David Grimes	Watsonville	10:13.6
3	Matt Hartman	Milpitas	9:49.7
3A	David Avila	Cupertino	9:58.8
4	Glenn Dean	Jefferson	10:00.9
4A	Tim Gryber	Aptos	10:18.8
5	Kirk Leninger	Live Oak	9:53.4
5A	Potts	Riodan	10:05.1
6	Martin Uauoris	Cubberley	10:11.6
6A	Rick Ifland	Soquel	10:21.6
7	Greg McDonald	Camden	9:56.0
7A	Jim Rochford	Serramonte	10:09.2
8	Ian Waters	San Carlos	10:22.1
8A	Marcus Jones	Menlo Atherton	10:24.7

PLACINGS AND TIME:

1.	Brewer Leigh	9:39.8
2.	Hartman Milpitas	9:42.6
3.	Sanchez Sunnyvale	9:48.0
4.	Blake Serra	9:48.5
5.	Avila Cupertino	9:50.2
6.	Leninger Live Oak	9:54.5

TRIPLE JUMP - FROSH/SOPH

CCS RECORD: Jim Rossi, Palma, 1975, 46'4"

Starting Time: 3:00 (Pit B)

FLIGHT I

Name	School	Reg. Qual Distance
1 Frank Shelton	North Salinas	40'4 1/2"
2 Alan Tagami	Watsonville	40'6"
3 Jeff Metter	Hillsdale	41'1 3/4"
4 Rob Munro	Aptos	41'2 3/4"
5 Dave Morello	St. Francis	41'4"

FLIGHT II

6 Andy Kratter	Mills	41'5 1/4"
7 Fred Grolle	Los Altos	41'9 3/4"
8 John Barbero	Rioden	41'10"
9 Eric Motch	Fremont	42'4"
10 Greg Hannah	Lynbrook	42'6 3/4"

FLIGHT III

11 Vince Jones	Sequoia	43'1"
12 Jones	Piedmont Hills	43'3"
13 Linerud	Ayer Saratoga	43'3 1/4"
14 Steve Finley	Cupertino	43'5 1/4"
15 Clanagan	Silver Creek	44'5 1/4"
16 Woodard	Silver Creek	46'5"

PLACINGS AND MARK

1. Woodard Sil Crk	45-10 1/2
2. Jones PH	43-6 1/2
3. Clanaghan Sil Crk	43-1/4
4. Finley Cup	42-9 3/4
5. Linerude Saratoga	42-5 1/4
6. Metter Hillsdale	42-3 1/2

440 YARD RUN - GIRLS

CCS RECORD: Lezli Peterson, Harbor, 1975, 57.4

Lane	Name	School	Reg. Qual Time
1	Joelyn West	Linclon	60.8
2	Libby Torkington	Watsonville	61.5
3	Marquite Belk	Silver Creek	57.4
4	Stephanie Stewart	Los Gatos	61.6
5	Francine Ward	Milpitas	61.4
6	Julie Peterson	Harbor	58.8
7	Betsy Brew	Los Altos	60.2
8	Kelly Osterkamp	Soquel	61.5

PLACINGS AND MARK

MR * 1.	Belk	Sil Crk	57.0 *
* 2.	Peterson	Harbor	57.2 *
3.	Brew	Los Altos	59.3
4.	Ward	Milpitas	59.9
5.	Osterkamp	Soquel	60.6
6.	Torkington	Watsonville	60.8

SHOT PUT - FROSH/SOPH

CCS RECORD: Gary Bersano, Los Gatos, 1973, 61'6"

Starting time: 7:00

FLIGHT I

	Name	School	Reg. Qual Distance
1	Mike Matisi	Hillsdale	46'0"
2	Kevin Glaser	San Mateo	47'3"
3	Time Small	Cupertino	50'0"
4	Buddy Austin	North Salinas	50'1"
5	Chey Tuufuli	Serramonte	50'5 1/2"

FLIGHT II

6	Carbonero	Lincoln	50'9 1/2"
7	Joey Sorenson	Sunnyvale	52'6 3/4"
8	Ken Terrasini	Del Mar	52'7 1/2"
9	Scott Townsend	Prospect	52'7 12/16"
10	Rick Edwards	Monterey	53'1 3/4"

FLIGHT III

11	Bill Green	Fremont	53'2 1/2"
12	Craig Awbrey	Menlo Atherton	53'6 1/4"
13	Ron McKee	Camden	53'8"
14	Bruce Paker	St. Ignatius	54'7 3/4"
15	Tim Thompson	Sunnyvale	54'10 1/4"
16	Tom Peterson	North Salinas	57'6"

PLACINGS AND MARK

1.	Peterson	No. Salinas	56-10
2.	Awbrey	M-A	55-9
3.	Parker	St. Ig.	55-1/2
4.	McKee	Camden	54-9 1/2
5.	Thompson	Sunnyvale	54-1
6.	Green	Fremont	53-11 1/2

440 YARD RUN- VARSITY

CCS RECORD: Rick Brown, Los Altos 47.1

Finals Only - 2 sections - places determined by time

SECTION I

Lane	Name	School	Reg. Qual. Time
1	Keith Taylor	Piedmont Hills	48.0
2	Mike Breaux	Seaside	49.7
3	Asa Hillard	So. San Francisco	49.7
4	Wyatt Bishop	Carlmont	50.8
5	Pat Holkim	Andrew Hill	48.9
6	Mike Holland	Silver Creek	50.0
7	Bill Castro	San Jose	50.2
8	Kevin Groves	San Mateo	50.3

SECTION II

1	Franco Mitchell	Monterey	50.5
2	Gary Davis	San Mateo	50.9
3	Ed Gallequillos	Terra Nova	51.2
4	Ken Collins	Monterey	51.2
5	Carlos Spencer	Carlmont	52.1
6	Bill Alexander	Los Altos	52.2
7	Mark Powell	Lynbrook	52.6
8	Robert Mills	Sunnyvale	52.8

PLACINGS AND TIME :

1.	Taylor	Piedmont Hills	47.8
2.	Holkim	Hill	48.6
3.	Hillard	Sil Crk	48.9
4.	Bishop	Carlmont	49.8
5.	Castro	San Jose	50.1
6.	Breaux	Seaside	50.6

DISCUS - VARSITY

CCS RECORD: Scott Overton, Los Altos, 1972, 191'0"

Starting Time: (Following F/S Disus Approx. 5:00)

FLIGHT I

Lane	Name	School	Reg. Qual. Time
1	Jeff Erickson	Salinas	146'2 3/4
2	G. Lyons	Mt. Pleasant	155'10"
3	Pete DeMartini	St. Ignatious	155'10 1/2"
4	J. Estrada	Piedmont Hills	156'6"
5	Jon Weis	Oceana	158'4"

FLIGHT II

6	Mark Dugan	Monta Vista	158'10"
7	R. Honore	Camden	159'3"
8	Bill Perry	Fremont	159'10"
9	Tim Blockinger	Cupertino	160'3"
10	Niel Bergquist	Palo Alto	161'1"

FLIGHT III

11	Mike Hamm	Soquel	163'2"
12	Brad Walters	Half Moon Bay	165'2 1/2"
13	R. Gonzales	Silver Creek	167'8"
14	Randy Wilson	North Salinas	168'1 3/4"
15	Ray Franklin	Los Altos	170'6"
16	Greg Tafralis	Capachino	173'7 1/2"

PLACINGS AND MARK:

1.	Hamm	Soquel ¹⁷¹⁻⁰ 166-4	171-0
2.	Franklin	Los Altos ⁶⁶⁻³	166-8
3.	Duggan	Monta Vista ⁶⁶⁻¹	166-1
4.	Gonzales	Sil. Crk.	162-1/2
5.	Walters	Half Moon Bay ⁴	161-4
6.	Perry	Fremont	161-1/2

100 YARD DASH - FROSH/SOPH

CCS RECORD: Dwayne Green, Ayer, 1975, 9.9

Two heats - top 4 of each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Andre Price	Carlmont	10.2
2	R. Dawkins	Mt. Pleasnat	10.1
3	T. Wiley	Santa Teresa	9.9
4	J. Wiley	Santa Teresa	9.9
5	Parrell Jones	Serra Monte	10.4
6	Jim Walker	Aragon	10.5
7	Dennis Hughes	San Mateo	10.7
8	Gilbert Pacalog	St. Ignatius	10.8

HEAT II

1	Carlwell Hawthorne	Mt. Pleasant	10.3
2	Terry Smith	Cubberley	10.2
3	Stan Beal	San Carlos	10.2
4	Fred Oraville	Sequoia	10.1
5	Andre Wilkes	Santa Cruz	10.2
6	Thiery Rackley	San Lorenzo Valley	10.4
7	Alan Vernon	Monterey	10.5
8	David Kennedy	Sunnyvale	10.4

PLACINGS AND TIME:

1.	Wilkes	10.2	Santa Cruz
2.	Wiley J	10.2	Santa Teresa
3.	Wiley T	10.2	Santa Teresa
4.	Beal	10.2	San Carlos
5.	Oraville	10.3	Sequoia
6.	Jones	10.4	Serramonte

DISCUS - GIRLS

CCS RECORD: Kathy Kuchta, King City, 1975, 118'2 1/2"

Starting Time: 7:00 (Pit A)

FLIGHT I

	Name	School	Reg. Qual Mark
1	Martha Kuehl	North Salinas	104'7 1/2
2	Wendy Michelli	Santa Teresa	105'3"
3	Maria Garcia	Harbor	106'7"
4	Kathy Korach	Watsonville	111'1"
5	Kathy Kuchta	King City	113'11 1/2"
6	Barb Lloyd	Monta Vista	119'2"
7	Susan Springer	Salinas	129'7"

PLACINGS AND MARKS:

*1.	Springer	Salinas	133-5 *MR
*2.	Kuehl	No. Salinas	124-1 *K
*3.	Kuchta	King City	120-0 *
4.	Korach	Watsonville	116-9
5.	Lloyd	Monte Vista	113-7 1/2
6.	Garcia	Harbor	109-8 1/2

880 YARD RUN - GIRLS

CCS RECORD: Amy Huyck, Aptos, 1975, 2:19.9

Lane	Name	School	Reg. Gual. Time
1	Laurie Spence	Soquel	2:26.3
2	Linda Hoxsie	Monta Vista	2:26.6
3	Kathy Farkington	Watsonville	2:25.4
4	Diane Figliomeni	Saratoga	2:25.9
5	Paula Jackson	Live Oak	2:19.3
6	Carolyn Bing	Lynbrook	2:22.4
7	Becky Barrett	Branham	2:18.9
8	Sharon Furtado	Buchser	2:21.2

PLACINGS

PLACINGS AND TIME:

MR *	1.	Barrett	Branham	2:18.9 *
*	2.	Jackson	Live Oak	2:19.3 *
	3.	Figliomeni	Saratoga	2:21.4
	4.	Tarkington	Watsonville	2:26.6
	5.	Hoxie	Monte Vista	2:27.8
	6.	Furtado	Buchser	2:29.5

440 YARD RELAY - VARSITY

CCS RECORD: Woodside, 1975, 41.6

Two Heats, Top 4 in each qualify for final

HEAT I

Lane	School	Reg. Qual Time
1	Yreba Buena - 42.6	42.6
2	Silver Creek - 42.9	42.5
3	Mt. Pleasant - 42.3	42.1
4	Piedmont Hills - 42.5	41.9
5	Lynbrook 43.4	43.8
6	Carlmont	44.0
7	Palma	44.7
8	Buscher	44.7

HEAT II

1	Burlingame	44.0
2	Hillsdale - 44.0	43.8
3	Seaside - 43.6	43.3
4	San Mateo - 43.6	43.1
5	Salinas	43.2
6	Seramonte - 43.8	43.4
7	Los Altos 44.0	44.0
8	Awalt	44.1

PLACINGS AND TIME:

1.	Piedmont Hills	41.7
2.	Mt Pleasant	42.0
3.	YB	42.0
4.	San Mateo Sil Crk	42.6
5.	Seaside	43.2
6.	San Mateo	43.6

880 YARD RUN - VARSITY

CCS RECORD: Rick Brown, Los Altos, 1970, 1:50.7

Finals only, two to a lane, 2-turn stagger

Lane	Name	School	Reg. Qual. Time
1	Clay Taylor	Piedmont Hills	1:55.6
2	Jeff Maxwell	Westmoor	1:55.9
3	Tom Light	Pacific Grove	1:55.7
4	Wyatt Bishop	Carlmont	1:57.0
5	Dennis Burns	St. Ignatius	1:57.2
6	Bruce Jensen	Buscher	1:57.6
7	Jeff Riggs	Branham	1:57.7
1A	Steve Cornejha	Westmoor	1:57.2
2A	Ron Jenkins	Ayer	1:57.8
3A	Al Pramann	Los Altos	1:58.9
4A	Ted Peterson	Harbor	2:00.5
5A	Scott Burke	Mt. Pleasant	1:58.2
6A	Jess Martinez	Riodan	1:58.7
7A	Gary Bishop	Los Altos	1:59.6
8A	Mike Troedson	Los Altos	2:00.7

PLACINGS AND TIME:

1.	Light	Pac Grove	1:52.9
2.	Bishop	Carlmont	1:53.4
3.	Maxwell	Westmoor	1:54.0
4.	Taylor	Piedmont Hills	1:55.7
5.	Jensen	Buchser	1:56.3
6.	Pramann	Los Altos	1:57.3

440 YARD RELAY - GIRLS

CCS RECORD: Harbor, 1975, 50.3

Lane	School	Reg. Qual. Time
1	3 Ayer 50.3	50.5
2	5 Soquel 51.5	51.2
3	North Salinas	52.3
4	Piedmont Hills	49.9
5	4 Branham 50.9	51.4
6	1 Harbor 49.5	50.2
7	2 Silver Creek 49.8	49.5
8	Milpitas	51.0

PLACINGS AND TIME:

* 1.	Harbor	49.5	* MR
* 2.	Sil Crk	49.8	*
* 3.	Ayer	50.3	*
4.	Branham	50.9	
5.	Soquel	51.5	
6.	No Salinas	51.9	

120 YARD HIGH HURDLES - VARSITY

CCS RECORD: Ron Kennedy, Serramonte, 1975, 13.8

Two Heats, top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	15.3 Rick Neopolitan	Cupertino	15.0
2	15.0 Keith Sturdruant	Leigh	14.9
3	14.7 Harold Ross	Hillsdale	14.7
4	14.0 Tom Bobertz	Serramonte	14.1
5	Greg Pinhero	Marello	15.0
6	14.8 Gary Wipfler	Mountain View	14.8
7	Jeff Jackson	San Mateo	15.2
8	Mike Bowman	Fremont	15.3

HEAT II

1	Don Fisher	Mr. Pleasant	15.1
2	Gordon Bliss	Carlmont	15.0
3	15.0 Steve Bertero	Gilroy	14.8
4	14.6 Tim Stafford	Los Gatos	14.5
5	14.6 Rick Clark	Menlo Atherton	14.6
6	Curtis Sells	Salinas	15.0
7	14.9 Derrick Williams	Pacific Grove	15.1
8	Jim O'Hare	St. Francis	15.2

PLACINGS AND TIME:

1.	Bobertz	Serramonte	14.3
2.	Clark	M-A	14.5
3.	Jackson	Stafford Los Gatos	14.6
4.	Williams	Pac. Grove	14.8
5.	Bertero	Gilroy	15.0
6.	Wipfler	Monte Vista	15.1

70 HIGH HURDLES - FROSH/SOPH

CCS RECORD: Washington, Salinas, 1970, 8.6

Two Heats, top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Stu Hall	Carlmont	9.1
2	Carlos Velasco	Campbell 9.0	8.9
3	Fred Oroville	Sequoia - 8.8	8.9
4	Steve Guthrie	Cupertino - 8.8	8.6
5	Rich Gilmore	Watsonville	9.9
6	Steve Sykes	Hillsdale - 8.8	9.0
7	Art Sevilla	King City	9.9
8	Jim Tierney	St. Ignatius	9.3

HEAT II

1	Eric Shubbert	Monta Vista 9.3	9.1
2	Rick Luthrell	San Carlos 9.0	8.9
3	Troy Durio	Mt. Pleasant 8.9	8.9
4	Greg Woodward	Silver Creek 9.0	8.8
5	Chico Lewis	Serramonte	8.9
6	Ron Ellis	Monterey	9.9
7	Bill Ribera	Oceana	9.2
8	Linerud	Saratoga	9.2

PLACINGS AND TIME:

1.	Oroville	8.7	Sequoia
2.	Guthrie	8.7	Cupertino
3.	Sykes	8.9	Hillsdale
4.	Woodward	9.0	Sil Crk
5.	Luthrell	9.0	San Carlos
6.	Velasco	9.1	Campbell

440 RELAY - FROSH/SOPH

CCS RECORD: AYER 1975, 43.2

Two Heats (Top 4 qualify for finals)

HEAT I

Lane	School	Reg. Qual Mark
1	Aragon	45.4
2	Silver Creek	44.5
3	Mt. Pleasant 44.8	44.1
4	Santa Teresa 43.8	43.3
5	Santa Cruz 46.0	45.2
6	Salinas	45.5
7	Watsonville 45.8	45.6
8	Buscher 45.5	45.6

HEAT II

Lane	School	Reg. Qual Mark
1	Carlmont 45	45.4
2	Cubberley	45.1
3	San Carlos 44.9	45.1
4	Sequoia 43.8	44.1
5	Hillsdale 44	44.9
6	Serramonte 45.2	45.1
7	St. Ignatius 45.3	45.4
8	Prospect	45.5

PLACINGS AND TIME:

1.	Sequoia	43.5
2.	MP	44.2
3.	S Carlos	44.3
4.	SI	45.2
5.	S Cruz	45.2
6.	Watsonville	45.4

880 YARD RUN - FROSH/SOPH

CCS RECORD: Charles Jones, Ravenswood, 1973, 1:57.3

Finals Only - Two to a lane

Lane	Name	School	Reg. Qual Time
1	Reggie Green	Mt. Pleasant	1:59.5
2	Rick Escobar	Mills	2:00
3	Gary Chandler	Sequoia	2:01.6
4	Ron Thompson	North Salinas	2:05.4
5	Dan Long	Piedmont Hills	2:00.4
6	Paul Senator	Mills	2:00.8
7	Larry Harvey	Peterson	2:02.0
8	Tracy Micheli	North Salinas	2:06.3
1A	Tom Sumario	Leigh	2:00.7
2A	Kurt Foianini	Carlmont	2:02.4
3A	Greg Geide	So. San Francisco	2:03.5
4A	Nate Olives	Palma	2:06.8
5A	Tom Ward	Milpitas	2:01
6A	Gifford	Cupertino	2:03.9
7A	Emory Elliott	San Mateo	2:04.8
8A	Tim Hanley	Los Altos	2:05.5

PLACINGS AND TIME:

1.	Green	Mt Pleasant	1:58.8
2.	Foianini	Carlmont	1:59.5
3.	Sumario	Leigh	1:59.7
4.	Ward	Milpitas	1:59.9
5.	Long	Piedmont Hills	2:01.1
6.	Escobar	Mills	2:01.2

80 YARD LOW HURDLES - GIRLS

CCS RECORD: Kathy Schentrup, Willow Glen, 1975, 11.0

Lane	Name	School	Reg. Qual. Time
1	Kurt Wilcox	San Mateo	11.5
2	Ivy Mover	Monta Vista	11.5
3	Kathy Schentrup	Willow Glen	11.2
4	Kris Costello	Lynbrook	10.6
5	Carrie Cauanan	Harbor	11.0
6	Margaret Manoegian	Los Altos	11.4
7	Jennifer Kelly	Leland	11.5
8	Loretta Stewart	Aptos	11.6

PLACINGS AND MARKS

MR	1.	Costello	Lynbrook	10.6	*
*	2.	Cavanaugh	Harbor	11.0	*
*	3.	Schentrup	Willow Glen	11.2	*
	4.	Kelly	Leland	11.5	
	5.	Stewart	Aptos	11.6	
	6.	Wilcox	San Mateo		

100 YARD DASH - VARSITY

CCS RECORD Keith Taylor, Piedmont Hills, 1975, 9.6

Two Heats - Top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Steve Bennet	Lynbrook	10.0
2	Bill Johnson	Lynbrook	9.9
3	Duane Green	Ayer	9.7
4	Glen Cannon	Mt. Pleasant	9.6
5	Henry Herman	San Mateo	10.1
6	Kevin Murphy	Carmel	10.2
7	Ellis Tatum	Crestmoor	10.5
8	Terry Hartsfield	Westmoor	10.5

HEAT II

1	Tony Rios	Gilroy	10.0
2	Ken Merriweater	Mt. Pleasant	9.8
3	Will Colling	Los Altos	9.9
4	Kim Nash	Cubberly	9.9
5	LeCharles McDaniel	Seaside	10.1
6	Ken Herbert	Serramonte	10.2
7	Ernest Johnson	Seaside	10.3
8	Eric Hill	Woodside	10.1

PLACINGS AND TIME:

1.	Cannon	Mt Pleasant	9.8
2.	Green	Ayer	10.0
3.	Bennett	Lynbrook	10.0
4.	Merriweather	Mt Pleasant	10.1
5.	Colling	Los Altos	10.1
6.	Nash	Cubberley	10.1

DISCUS - FROSH/SOPH

CCS RECORD: Craig Watkins, Mitty, 1973, 157'11"

Starting Time: 3:00 (Pit B)

FLIGHT I

Lane	Name	School	Reg. Qual Mark
1	Glenn Overstreet	Hal Moon Bay	123'3 1/2"
2	Dan Molten	Serra	123'9 1/4"
3	Robert Edwards	Soquel	131'2"
4	Mike Niland	Riordan	134'3 1/2"
5	Buddy Austen	North Salinas	136'11 1/2"

FLIGHT II

6	Mauga	Overfelt	138'10"
7	Fioanini	Carlmont	140'7"
8	Ron McKee	Camden	142' 1/2"
9	Overacker	Live Oak	143'0"
10	Gregg Schob	St. Francis	143'6"

FLIGHT III

11	Lewis	Woodside	144'8 1/2"
12	Scott Townsend	Prospect	145'8 1/2"
13	Arnez	Cupertino	147' 1/2"
14	Avery	Menlo Atherton	147'6"
15	Tom Peterson	North Salinas	149'2 1/4"
16	Ezerski	Cupertino	150'3 1/2"

PLACINGS AND MARK

- Peterson 154-6 No Salinas
- Avery 153-1/2 M-A
- Townsend 150-7 Prospect
- Niland 146-0 Riordan
- Arnez 144-7 Cupertino
- Lewis 144-1/2 Woodside

100 YARD DASH - GIRLS

CCS RECORD: Mary Ellis, Yerba Buena, 1975, 11.1

Lane	Name	School	Reg. Qual Time
1	Varisse Coney	Milpitas	11.7
2	Eloise Mallory	Silver Creek	11.6
3	Pam Davis	Monterey	11.6
4	Robin Holiday	Ayer	11.2
5	Kris Costello	Lynbrook	11.6
6	Peaches Palmer	Piedmont Hills	11.6
7	Della Hampton	James Lick	11.7
8	Karen Taylor	Piedmont Hills	11.7

PLACINGS AND MARK

- Costello Lynbrook 11.3
- Holiday Ayer 11.4
- Mallory Sil Crk 10.4
- Coney Milpitas 11.6
- Davis Monterey 11.8
- Palmer Piedmont Hills 11.8

SHOT PUT - GIRLS

CCS RECORD: Kathy Kutcha, King City, 1975, 39.9 1/2"

Starting Time: (Following Fr/Soph Shot Approx 9:00)

Lane	Name	School	Reg. Qual. Mark
1	Chris Chandler	Mt. Pleasant	36'4"
2	Denise Beacohn	Watsonville	37'6 1/2"
3	Sheila Pannell	Leland	38'9"
4	Marta Kuehl	North Salinas	29'3 1/2"
5	Kathy Kutcha	King City	40'5 1/2"
6	Susan Springer	Salinas	41'8"
7	Maria Garcia	Harbor	42'0"

PLACINGS AND MARK

MR	* 1.	Garcia	Harbor	43-9	*
	* 2.	Pannell	Leland	42-11 1/2	
	* 3.	Springer	Salinas	41-6	
	4.	Kutcha	King City	39-0	
	5.	Beacom	Watsonville	38-8	
	6.	Chandler	Mt Pleasant	38-0	

440 YARD DASH - FROSH/SOPH

CCS RECORD: Gonzales, Branham, 1970, 50.1

Finals Only - 2 sections, placings determined by time

SECTION I

Lane	Name	School	Reg. Qual. Time
1	D. Carter	Mt. Pleasant	50.9
2	Randy Swayne	Oceana	51.8
3	Vince Jones	Sequoia	52.2
4	Jesse Leon	Watsonville	52.4
5	Pete Phillips	San Mateo	52.3
6	Dave Gilloley	San Carlos	52.3
7	K. Kurani	Prospect	52.5
8	E. Rizick	Gilroy	52.5

SECTION II

1	Paul Crawford	Peterson	52.5
2	Pat Ellis	Mitty	52.7
3	R. Mende	Del Mar	52.7
4	Ron Gianotti	Mills	52.8
5	Craig Copeland	Los Altos	52.9
6	Keith Silbsager	Hollister	53.0
7	Mike Agran	North Salinas	53.1
8	Greg Adams	Cupertino	53.4

PLACINGS AND TIME

1.	Gilloley	San Carlos	51.4
2.	Kurani	Prospect	51.5
3.	Jones	Sequoia	52.0
4.	Rizick	Gilroy	52.1
5.	Copeland	Los Altos	52.5
6.	Swayne	Oceana	52.6

SHOT PUT - VARSITY

CCS RECORD: Bob Brannon, Los Gatos, 1965, 63'9"

Starting time: 3:00

FLIGHT I

	Name	School	Reg. Qual. Time
1	Don Brown	Camden	51'1 1/2"
2	Murray Fontes	Soquel	51'2"
3	Ray Gonzales	Silver Creek	52'0"
4	Marshall Newson	Menlo Atherton	52'7 1/2"
5	Todd Young	Los Altos	52'10"

FLIGHT II

6	Rob Suelflowhn	Woodside	53'3 1/2"
7	Al Aufang	Camden	53'4 1/2"
8	Ray Franklin	Los Altos	53'7"
9	Steve Sosnowski	Salinas	54'1"
10	56-1 Brad Walters	Half Moon Bay	54'1 1/2"

FLIGHT III

11	54-1 Chris Lucis	St. Francis	54'7 1/2"
12	54-6 Charles Todd	Leland	54'9"
13	54-6 Randy Wilson	North Salinas	56' 1/2"
14	56-8 Gregg Tafrahis	Capachino	57'0"
15	55-3 Matt Pear	Los Altos	57'6"
16	58-2 Mike Smith	San Mateo	56'7"

PLACINGS AND MARK:

1.	Smith	San Mateo	58-2
2.	Tafrahis	Capuchino	56-8
3.	Walters	Half Moon Bay	56-1
4.	Pear	Los Altos	55-3
5.	Todd	Leland	54-6 1/2
6.	Lucas	St Francis	54-1 1/2

TWO MILE RUN - VARSITY

CCS RECORD: Gordon MacMitchell, Gunn, 1973 9:01.6

Finals only: Two to a lane olympic scratch start

HEAT

Lane	Name	School	Reg. Qual. Time
1	Bob Paulin	Camden	9:13.4
1A	Rudy Munoz	Watsonville	9:36.1
2	Bob Love	Carlmont	9:31.0
2A	Craig Corey	San Mateo	9:32.8
3	Carlos Carrasco	Mt. Pleasant	9:18.6
3A	Paul Mella	Crestmoor	9:33.6
4	Andy Jones	Carmel	9:36.5
4A	Ralph Johnson	Overfelt	9:39.6
5	Ken McBride	Half Moon Bay	9:40.6
5A	Greg Miller	Mt. Pleasnat	9:42.8
6	Steve Watkins	Pacific Grove	9:43
6A	Rick Pincombe	Serra	9:43.1
7	Fred Behrmann	Los Altos	9:44.2
7A	Gary Thurston	Menlo Atherton	9:46.3
8	John Cassara	Mt. View	9:49.4
8A	Greg Mandamus	Carlmont	9:51.8

PLACINGS AND TIME:

1.	Paulin	Camden	9:13.3
2.	Corey	San Mateo	9:14.4
3.	Love	Carlmont	9:17.8
4.	Carrasco	Mt Pleasant	9:23.8
5.	Jones	Carmel	9:26.8
6.	Johnson	Overfelt	9:29.4

TRIPLE JUMP - VARSITY

CCS RECORD: Myrt Easley, Woodside, 1975, 49'8"
Starting Time: 7:00 (Pit inside track)

FLIGHT I

	Name	School	Reg. Qual Mark
1	Rich Montero	Carlmont	42'10 1/2"
2	Hugh Eden	Hillsdale	44'6 1/2"
3	Ron Johnson	Monterey	44'9"
4	Steve O'Sullivan	Palo Alto	44'11 1/2"
5	Jim Rossi	Palma	45' 1 1/2"

FLIGHT II

6	Paul Buckley	Carlmont	45' 1 3/4"
7	Mike Jett	San Mateo	45' 2 3/4"
8	Tom Gonia	St. Francis	45' 2 3/4"
9	Ken Wright	Westmont	45' 2 3/4"
10	Curtis Sells	Salinas	45' 4 1/2"

FLIGHT III

11	Tony Vecchiet	Los Altos	45'7"
12	Paul Bates	Menlo Atherton	45'7 1/4"
13	Vic Conyers	James Lick	45'8 1/4"
14	Rex White	Camden	47'1"
15	Loren Lebrertz	Serramonte	47'7 1/2"
16	Pete Moreno	James Lick	50' 3/4"

PLACINGS AND MARK:

1.	<u>Vecchiet</u>	<u>Los Altos</u>	<u>47-9 1/2</u>
2.	<u>Lebbertz</u>	<u>Serramonte</u>	<u>47-7 1/4</u>
3.	<u>Moreno</u>	<u>Lick</u>	<u>47-6 1/2</u>
4.	<u>Bates</u>	<u>M-A</u>	<u>47-1 1/2</u>
5.	<u>White</u>	<u>Camden</u>	<u>46-10</u>
6.	<u>Johnson</u>	<u>Monterey</u>	<u>46-5</u>

330 LOW HURDLES - VARSITY

CCS RECORD: Dave Jakle, Los Altos, 1975, 37.0

Two Heats, Top 4 in each qualify for final

HEAT I

Lane	Name	School	Reg. Qual Time
1	Keith Strurdivant	Leigh	39.5
2	Tom Bobertz	Serramonte	38.2
3	Byron Hawkins	Burlingame	38.2
4	Harold Ross	Hillsdale	37.7
5	Rich Napolitan	Dupertino	39.8
6	Allan Goes	Los Altos	40.0
7	Jim Martin	Lynbrook	40.2
8	Clark	Menlor Atherton	40.4

HEAT II

1	Dave Benson	Burlingame	40.1
2	David Viars	Monterey	39.0
3	Mark Chapman	Yerba Buena	38.7
4	Andre Phillips	Silver Creek	38.2
5	LeCharles McDaniel	Seaside	38.4
6	Ernest Johnson	Seaside	39.0
7	Steve Bertero	Gilroy	39.2
8	Dietrich	San Carlos	40.4

PLACINGS AND TIME:

1.	<u>Phillips</u>	<u>Sil Crk</u>	<u>37.3</u>
2.	<u>Bobertz</u>	<u>Serramonte</u>	<u>37.5</u>
3.	<u>Hawkins</u>	<u>Burlingame</u>	<u>37.7</u>
4.	<u>Chapman</u>	<u>Yerba Buena</u>	<u>37.8</u>
5.	<u>McDaniel</u>	<u>Seaside</u>	<u>38.3</u>
6.	<u>Viars</u>	<u>Monterey</u>	<u>39.3</u>

LONG JUMP - FROSH/SOPH

CCS RECORD: Steve Bennett, Lynbrook, 1975, 22'7"
Starting Time: Approx 5:00 (Pit B)

FLIGHT I

	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Distance</u>
1	Abe Lawson	Serramonte	18'10"
2	Ed Chauous	Monterey	19'2 1/4"
3	Tony Coley	Oceana	19'5 1/2"
4	Garrison	Branham	19'8 1/4"
5	John Roszinski	El Camino	19'8 1/2"

FLIGHT II

6	Matt Starr	Marello	19'8 3/4"
7	Louis Fusari	Soquel	19'10"
8	Dennis Hoskins	So. San Francisco	19'11"
9	Durio	Mt. Pleasant	19'11 1/2"
10	Fred Grolle	Los Altos	20' 1/2"

FLIGHT III

11	Cox	Homestead	20'3"
12	Lebherts	Gilroy	20'4 1/2"
13	Johnson	Monta Vista	20'10 1/2"
14	Steve Finley	Cupertino	20'11 1/4"
15	Woodward Romero	Silver Creek Buchser	22'4 3/4" 22-5"

PLACINGS AND MARK

1.	Woodard	Sil. Crk.	20-8 ³ / ₄
2.	Finley	Cupertino	20-7
3.	Hoskins	So. City	20-4
4.	Leberts	Gilroy	20-2
5.	Rosinski	El Camino	19-11 ¹ / ₂
6.	Romero	Buchser	19-11

220 YARD DASH - VARSITY

CCS RECORD: Millard Hampton 1974, 20.9

Two Heats, Top 4 in each qualify for finals

HEAT I

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Reg. Qual. Time</u>
1	Duane Berkley	Silver Creek	22.0
2	Pat Holcum	Andrew Hill	21.7
3	Eugene Rachal	Yueba Buena	21.6
4	Don Coulter	Harbor	21.3
5	Henry Herman	San Mateo	22.5
6	Connie Jones	Aragon	22.9
7	Ellis Tatum	Crestmoor	23.2
8	Dan McGee	St. Ignatius	23.2

HEAT II

1	Jeff Sammet	Ravenswood	22.8
2	Sandy Houston	San Lorenzo Valley	22.7
3	Bill Johnson	Lynbrook	22.4
4	Glen Cannon	Mt. Pleasant	21.5
5	Kim Nash	Cubberly	22.1
6	Juan Torres	Soquel	22.4
7	Brian Matooka	Gunn	22.7
8	Doug Wilks	Los Altos	22.8

PLACINGS AND TIME

1.	Cannon	Mt Pleasant	21.6
2.	Coulter	Harbor	21.9
3.	Rachal	Yerba Buena	22.0
4.	Holcomb	Hill	22.2
5.	Barkley	Sil Crk	22.2
6.	Johnson	Lynbrook	22.5

POLE VAULT - FROSH/SOPH

CCS RECORD: Jim Westlund, Fremont 1975', 13'5 1/2"

Starting Height: 11'6"

Starting Time - 3:00 (Pit B)

FLIGHT I	NAME	SCHOOL	Reg. Qual. Mark
1.	Bete Milton	San Mateo	11'6"
2.	Tom Stupfel	Mills	11'6"
3.	Jay Rapp	Bellarmine	11'6"
4.	Jeff Vidali	Riordan	11'6"
5.	Greg Otero	Watsonville	12'0"

FLIGHT II

6	Mark Beguhl	North Salinas	12'0"
7	Ross McAlexander	Monta Vista	12'6"
8	Mike Luttrell	San Carlos	12'6"
9	J. Tuggle	Piedmont Hills	12'6"
10	B. Green	Camden	12'6"

FLIGHT III

11	Bob Bauld	Soquel	12'9"
12	B. Taudieu	Del Mar	13'0"
13	Mich Preciado	Homestead	13'6"
14	Jamie Allen	Carlmont	13'6"
15	G. Rodriguez	Del Mar	13'6"
16	Mike Bradley	Carlmont	13'6"

PLACINGS AND MARK

MR *	1.	Preciado	Homestead	13-10 1/2 *
	2.	Rodriguez	Del Mar	13-6
	3.	Green	Camden	13-6
	4.	Taudieu	Del Mar	13-0
	5.	Mc Alexander	Monta Vista	13-0
	6.	Bauld	Soquel	13-0

220 YARD DASH - GIRLS'

CCS RECORD: Mary Ellis, Yerba Buena, 1975, 25.3

HEAT I

LANE	NAME	SCHOOL	Reg. Qual. TIME
1	Marquita Belk	Silver Creek	25.2
2	Kris Costello	Lynbrook	25.4
3	Marsha Gallion	Ayer	26.1
4	Leticia Sherril	Milpitas	26.4
5	Varissi Coney	Milpitas	26.2
6	Pam Davis	Monterey	25.4
7	Laurie Wilber	Branham	25.8
8	Robin Holiday	Ayer	26.2

PLACINGS AND MARK

1.	Castello	Lynbrook	25.4
2.	Belk	Sil Crk	25.4
3.	Gullion	Ayer	26.0
4.	Davis	Monterey	26.0
5.	Wilber	Branham	27.0
6.	Holiday	Ayer	27.0

HIGH JUMP - GIRLS

CCS RECORD: PAM BLACKBURN, Cubberly, 1975, 5'6 1/4"

Starting Time: Follows Frosh/Soph H.J. which starts at 7:00 - (approx. 9:00)

Starting Height: 5'2"

	Name	School	Reg. Qual. Mark
1	Linda Birkel	Gunn	5'2"
2	Natalie Vogel	Gilroy	5'2"
3	Poquita Guinolz	Andrew Hill	5'2"
4	Karyn Hinkelman	Los Altos	5'2"
5	Joni Martin	San Lorenzo	5'2"
6	Tanja White	Leland	5'2"
7	Pam Blackburn	Cubberly	5'2"

PLACINGS AND MARK:

* 1.	<u>Blackburn Cubberly</u>	<u>5-8</u>	* MR
2.	<u>Hinkleman Los Altos</u>	<u>5-5</u>	
3.	<u>White Leland</u>	<u>5-4</u>	
4.	<u>Martin San Lorenzo</u>	<u>5-4</u>	
5.	<u>Vogel Gilroy</u>	<u>5-1</u>	
6.	<u>Birkel Gunn</u>	<u>4-11</u>	

ONE MILE RUN - FROSH/SOPH

CCS RECORD: Suhr Branham, 1972, 4:23.6

FINALS ONLY - Two to a Lane

Lane	Name	School	Reg. Qual. Time
1	Jim Showater	Fremont	4:33.8
2	Chris Marshal	Milpitas	4:34.1
3	Kirk Herrera	Serramonte	4:36.2
4	Jim Lowmiller	Salinas	4:41.5
5	Dan Powers	Willow Glen	4:35.
6	Kevin Fuller	Westmoor	4:37.3
7	Kovert Smith	Awalt	4:40.
8	Hugo Kalen	Harbor	4:43.
1A	Gar Wilson	Leigh	4:36.5
2A	Bob Jacobs	Fremont	4:41.7
3A	John Parreira	Half Moon Bay	4:43.0
4A	Fred Clement	King City	4:45.2
5A	Mark Harris	Los Gatos	4:37.2
6A	Fred Boyer	Cubberly	4:43.6
7A	Larry Harvey	Peterson	4:43.6
8A	John McCarty	St. Francis	4:46.3

PLACINGS AND TIME:

1.	<u>Showalter Fremont</u>	<u>4:28.0</u>
2.	<u>Smith Awalt</u>	<u>4:31.1</u>
3.	<u>Harris Los Gatos</u>	<u>4:32.7</u>
4.	<u>Powers Willow Glen</u>	<u>4:33.4</u>
5.	<u>Boyer Cubberly</u>	<u>4:34.0</u>
6.	<u>Marsall Milpitas</u>	<u>4:36.8</u>

HIGH JUMP - VARSITY

CCS Record: John Radetich, San Carlos 1966, 6'9 3/4"

Starting Height: 6'2"

Starting Time: 3:00

FLIGHT I

	Name	School	Reg. Qual. Time
1	Steve Alexander	Los Altos	6'2"
2	Russ Giblin	Leigh	6'2"
3	Bob Wagner	Marello	6'2"
4	Kevin Harding	Camden	6'2"
5	Curtis Sell	Salinas	6'2"

FLIGHT II

6	Dave Kniffin	Serra	6'4"
7	Ken Green	Piedmont Hills	6'4"
8	Barry Leaman	Harbor	6'4"
9	Howard Fine	Lynbrook	6'4 1/4"
10	Mark Sindel	Santa Clara	6'4 1/4"

FLIGHT III

11	Jeff Hunting	Cupertino	6'4 1/4"
12	Brett Woods	Lynbrook	6'4 1/4"
13	Chris Williams	Crestmoor	6'6"
14	Mike Jett	San Mateo	6'6"
15	Greg Witts	Mills	6'7"
16	Thurlis Gibbs	Andrew Hill	6'8"

PLACINGS AND MARK:

1.	Gibbs	Hill	6-8
2.	Jett	San Mateo	6-6
3.	Harding	Camden	6-4
4.	Witte	Mills	6-4
5.	Woods	Lynbrook	6-4
6.	Leaman	Harbor	6-4

MILE RELAY - GIRLS

CCS Record: New Event

Lane	School	Reg. Qual. Time
1	Harbor	4:10.6
2	Piedmont Hills	4:19.7
3	Los Altos	4:16.2
4	North Salinas	4:16.8
5	Cupertino	4:19.3
6	Lynbrook	4:12.3
7	Soquel	4:19.11
8	Branaham	4:06.4

PLACINGS AND MARK

1.	Branham	4:05.9
2.	Harbor	4:06.3
3.	Los Altos	4:10.0
4.	No Salinas	4:13.5
5.	Piedmont Hills	4:15.0
6.	Lynbrook	4:17.4

OFFICIALS

MEET DIRECTOR Ken Johnson
GIRL DIRECTOR Mary Lasagna
ANNOUNCER Dave Dickerson
REFEREE Charles Sullivan
GIRL'S REFEREE. Arlene Miller
HEAD TIMER. Wally Burr
HEAD FINISH JUDGE Tom Reynolds
WIND GAUGE. Leon Glover, Jr.
(ALT. HEAD TIMER). Leon Glover, Sr.
AWARDS. Tom Ryan
STARTER Bob Podkaminer
RE-CALL STARTER Frank Tamez
CLERK OF THE COURSE Mike Gunion
CLERK OF THE FINISH Roz Sullivan
FINISH PHOTOGRAPHER Dr. Walter F. Reynolds
WEIGHTS & MEASURES. Gene Nutt

MILE RELAY - VARSITY

CCS REcord: Los Altos, 1970, Thompson, Davis, 3:15.8

FINALS ONLY - 2 sections - places determined by time.

SECTION I

<u>Lane</u>	<u>School</u>	<u>Time</u>
1	Piedmont Hills	3:19.9
2	San Mateo	3:22.6
3	Seaside	3:23.3
4	Carlmont	3:28.4
5	Silver Creek	3:21.2
6	Mt. Pleasant	3:23.4
7	Ayer	3:24.6
8	Soquel	3:25.6

SECTION II

1	Serra	3:27.7
2	Monterey	3:27.8
3	Buscher	3:28.4
4	Serramonte	3:28.5
5	Lynbrook	3:28.5
6	St. Ienatius	3:29
7	Los Altos	3:24
8	Menlo Atherton	3:35.9

PLACINGS AND TIMER:

1.	<u>Piedmont Hills</u>	<u>3:20.6</u>
2.	<u>Mt Pleasant</u>	<u>3:21.0</u>
3.	<u>Sil Crk</u>	<u>3:23.1</u>
4.	<u>San Mateo</u>	<u>3:23.3</u>
5.	<u>Lynbrook</u>	<u>3:24.7</u>
6.	<u>Ayer</u>	<u>3:25.5</u>

A SPECIAL THANK YOU TO SOME GOOD FRIENDS

ORDER OF EVENTS AND TIME SCHEDULE

RUNNING EVENTS - TRIALS

3:00	440 Relay	Varsity, Frosh/Soph
3:20	120 High Hurdles	Varsity
3:35	70 High Hurdles	Frosh/Soph
3:50	100 Yd. Dash	Varsity, Frosh/Soph
4:20	330 Yd. Low Hurdles	Varsity, Frosh/Soph
4:50	220 Yd. Dash	Varsity, Frosh/Soph
5:20	80 Yd. Low Hurdles	Girls - Final

RUNNING EVENTS - FINALS

7:00	440 Yd. Relay	Varsity, Frosh/Soph, Girls
7:30	120 High Hurdles	Varsity
7:40	80 High Hurdles	Frosh/Soph
7:50	880 Yd. Run	Varsity, Frosh/Soph, Girls
8:15	100 Yd. Dash	Varsity, Frosh/Soph, Girls
8:40	440 Yd. Dash(5 sections)	Varsity, Frosh/Soph, Girls
9:05	Two Mile Run	Varsity, Frosh/Soph
9:30	330 Yd. Low Hurdles	Varsity, Frosh/Soph
9:55	220 Yd. Dash	Varsity, Frosh/Soph, Girls
10:20	Mile Run	Varsity, Frosh/Soph, Girls
10:45	880 Yd. Med. Telay	Girls
10:55	Mile Relay (4 sections)	Frosh/Soph. Varsity

25th 1955 - 1956
BY THE COLLEGE

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LEVER AND FIELD CONSTRUCTION

CENTRAL COVER SECTION

1955

