

SCVAL FINALS

Team scoring — Los Altos 151, Cupertino 87, Lynbrook 85, Homestead 35, Fremont 34, Peterson 22, Awalt 18, Wilcox 15, Sunnyvale 11, Monta Vista 6, Buchser 3, Mountain View 0, Santa Clara 0.

100 — Hill (LA) 9.8, Jakle (LA) 9.9, Fielding (LA) 10.0, Katsufakis (H) 10.1, Bree (P) 10.1.

220 — Hill (LA) 22.0, Fielding (LA) 22.8, Katsufakis (H) 22.8, Grayson (C) 22.9, Nuwer (P) 23.1.

440 — Wigton (F) 50.5, Parlett (H) 50.6, Nuwer (P) 50.6, Burke (L) 51.1, Carroll (A) 51.8.

880 — Newhaus (F) 1:58.7, Vargas (S) 1:59.3, Carroll (A) 1:59.5, Hulburd (L) 1:59.8, Mokros (A) 2:00.9.

Mile — Kennedy (L) 4:19.3, Fredrickson (H) 4:19.8, Curran (LA) 4:19.9, Rios (W) 4:21.1, Eger (F) 4:30.4.

2-mile — Kennedy (L) 4:19.3, Fredrickson (H) 4:19.8, Curran (LA) 4:19.9, Rios (W) 4:21.1, Eger (F) 4:30.4.

2-mile — Kennedy (L) 9:25.7, Fredrickson (H) 9:27.7, Hulburd (L) 9:27.8, Curran (LA) 9:36.2, Danielson (C) 9:38.6.

120 HH — Finley (C) 14.6, Mildbrandt (C) 14.6, Napier (L) 14.6, Groh (H) 14.9, Owen (H) 15.0.

180 LH — Mildbrandt (C) 19.4, Jakle (LA) 19.4, Sung (A) 20.0, Pecota (P) 20.1, Larson (P) 21.1.

440 R — Los Altos 42.9, Cupertino 43.2, Homestead 43.6, Lynbrook 43.9, Peterson 44.0.

Mile R — Lynbrook 3:29.6, Homestead 3:39.6, Wilcox 3:30.5, Fremont 3:31.0, Cupertino 3:34.1.

LJ — Chestnut (LA) 22-11 $\frac{1}{2}$, Finley (C) 22-11 $\frac{1}{2}$, Jakle (LA) 22-10 $\frac{3}{4}$, Saunders (C) 22-9 $\frac{3}{4}$, Scott (LA) 22-2.

TJ — Chestnut (LA) 46-1 $\frac{1}{4}$, Napier (L) 46-0 $\frac{1}{4}$, Scott (LA) 45-3 $\frac{1}{2}$, Finley (C) 44-8 $\frac{3}{4}$, Utley (P) 44-7.

HJ — Insley (C) 6-6 $\frac{1}{4}$, Baugh (LA) 6-3 $\frac{1}{4}$, Sackinger (L) 6-2, Ferguson (H) 6-0, Coffee (B) 6-0.

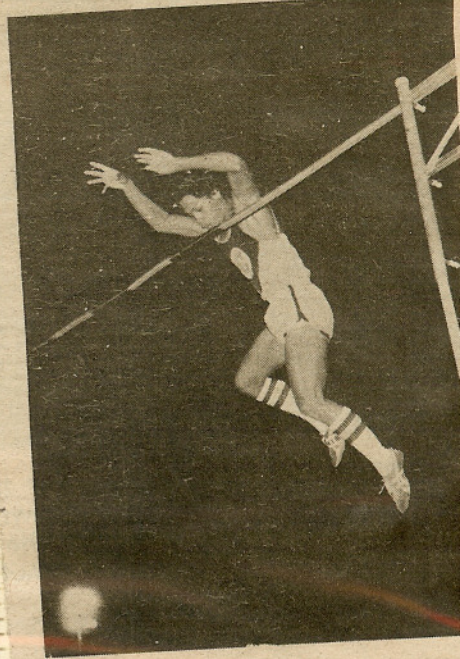
PV — Bell (L) 14-1, Medeiros (C) 13-6, Berg (LA) 13-0, Fisher (L) 13-0, Johnson (L) 13-0.

SP — Rossi (LA) 58-9 $\frac{1}{2}$, Long (LA) 56-8, Davis (MVta) 55-10 $\frac{1}{2}$, Schablaske (C) 55-0, Sackinger (L) 54-10 $\frac{1}{2}$.

DT — Vonogas (LA) 172-5, Perry (F) 159-1, Humphreys (C) 158-1 $\frac{1}{2}$, Hill (W) 153-9, Scarry (S) 148-7.



Mark Mildbrandt, a senior at Cupertino high school, has been a winner for a long time for the Pioneers. Here he did it again as a member of a relay team at the Cureton Relays.
(Photography by Bruce McClelland)



Cupertino's Rich Tabellija gives an all-out effort in the pole vault.

Los Altos breezes to

By KEN LUTHY

A night of the heights for the Los Altos Knights.

That best describes the way Los Altos resoundingly reclaimed the Santa Clara Valley Athletic League track and field championship Friday night at Fremont High.

By reaching a zenith in team performance.

Los Altos, which means "the heights" in Spanish, turned what was supposed to be a three-team battle for the title into its own one-ring circus in winning its 14th crown in 17 years.

The Knights amassed an unbelievable 151 points to squash the challenge of defending champion Cupertino and Lynbrook who collected 87 and 85 points, respectively.

Not even at his most optimistic would Los Altos coach Leo Long have doped out the meet with Knights winning seven of the 16 events.

But that's how many they got. Eight if you count a tie in the 180-yard low hurdles, the breezy evening's most exciting race, between Los Altos' Dave Jakle and Cupertino's Mark Mildebrandt.

Neither judges nor photos could discern the true victor of the race but a definite decision will be made Monday. Both runners were clocked in 19.4.

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cruised to a five-yard win over teammate Kevin Fielding in taking the 220 in an outstanding 22 flat.

Earlier, Hill ran 9.9 to lead a Knight sweep of the 100 with Jakle second in 9.9 and Fielding third at 10.0.

Los Altos' other win on the track was the night's first event, the 440 relay, with a season-equalling best of 42.9.

But where the Knights really sewed up the title was in the field where Cupertino and Lynbrook were expected to dominate.

Los Altos won four of the six events there and added two seconds, three thirds, one fifth and one sixth place to score 77 points.

Leading the way was Roy Chestnut who scored upset wins in both the

triple and long jump with leaps of 22-11½ and 46-1¼, respectively.

Chestnut beat Central Coast Section leader Bill Napier of Lynbrook by an inch in the triple jump and was awarded the long jump win over Cupertino's Don Finley, who also went 22-11½, because of a longer second-best leap.

Rick Rossi and Brent Long went one-two in the shot put with heaves of 58-9½ and 56-8, while Kurt Vonagas was the surprise Los Altos discus winner with an all-time best 172-5 throw.

Cupertino and Lynbrook, though, did have their moments.

Don Insley tied the SCVAL meet record by winning the high jump at 6-6¼ while CCS pole-vault leader John

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Knights win seven events

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track crown

Bell of Lynbrook took his specialty at 14-1.

Craig Kennedy won both the mile, in 4:19.3, and the two-mile at 9:25.7 for Lynbrook and the Vikes picked up a fourth win in the mile relay when Awalt was disqualified.

Cupertino got its only other victory when Finley nosed out teammate Mildebrandt and Lynbrook's Napier in the 120 high hurdles. All three were clocked in 14.6.

Fremont's John Neuhaus captured

the half-mile in a fine 1:58.7 and Kent Wigton of the Tribe lunged at the tape to win the quarter in 50.5. Those two races were the only events not won by Los Altos, Lynbrook or Cupertino.

Paul Frederickson, second to Kennedy in both the distances, and Pete Katsufakis, third and fourth in the sprints, helped Homestead to a fourth place finish in the team standings.

Next stop for SCVAL spikers is the Region II meet at Foothill College next Saturday.

League track finals

Knights blitz

By STEVE CLARK

DOMINEERING LOS Altos, through an unexpected barrage of one-two finishes, blitzed both Cupertino's and Lynbrook's hopes last Friday night by running away with the SCVAL track and field championships at Diesner field.

Amassing 151 points, the Knights humiliated defending champ Cupertino (87 points) and Lynbrook (85).

"Los Altos was just tremendous," remarked Pioneer Coach Norm Eliason, who harnesses a fine team himself. "I don't think anyone could have beaten them Friday night. We didn't perform as well as we could have, but even if we had, I don't think we could have beaten them."

POSTING THE only double of the evening for American division teams was Lynbrook's distance ace Craig Kennedy. Kennedy, who last year blazed a 9:14.0 for fourth place in the Central Coast section two-mile finals, twice outclassed a talented field by clocking 9:25.7 and 4:19.3.

Homestead's Paul Fredrickson, who has run 9:26.2 and 4:17.0, was runner-up in both events.

Pioneer junior Don Finley didn't record a double, but he did perform exceptionally well in his four events. Knocking off co-favorite Mark Mildbrandt in the 120-yard high hurdles, Finley nipped the tape in 14.6 for his only gold medal.

IN AN IRONIC mile relay, which saw Al Grayson develop a cramp during his anchor leg, Finley turned in a 48.5 split. In a competitive long jump contest, Finley and Los Altos' Roy Chestnut, measured identical CCS bests of 22-11½. The Cupertino junior, who made the lifetime best leap off his wrong foot, lost the competition on the basis of a better second jump.

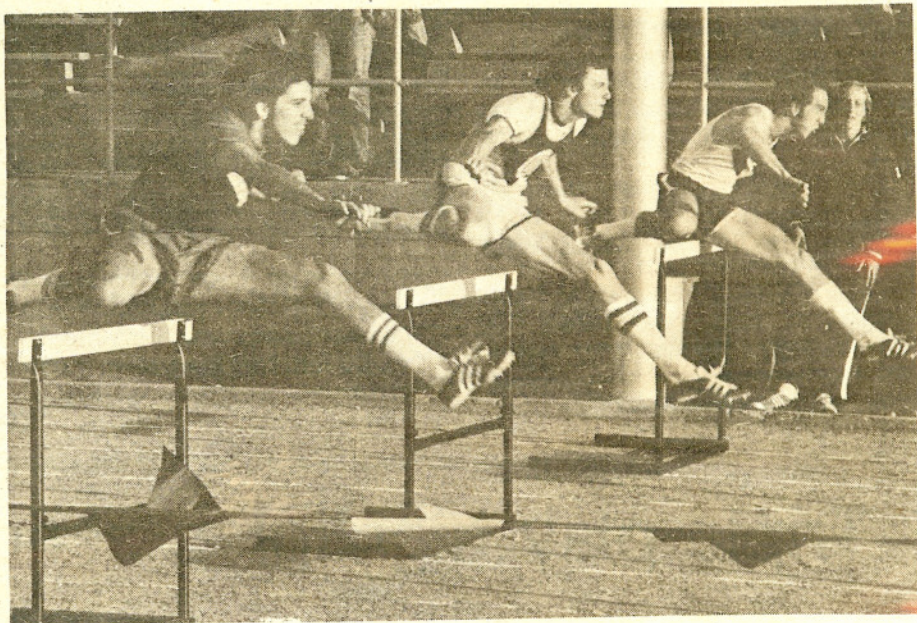
Because of a sprained ankle suffered in the long jump, he was fourth in the triple at 44-8¾.

Vike senior Bill Napier, who had been bothered with a sore knee all week, just missed winning a pair of events; the 120 highs in the same time as Finley (14.6) and the triple jump by an inch-and-a-quarter

stand-off came as a result of the split opinions of the two first place judges.

Other varsity individual league champs include Fremont's John Neuhaus and Kent

and frosh record-holder Marion Medeiros of Cupertino, who went 13-6. Vikings Jeff Fisher and Mark Johnson finished fourth and fifth.



Cupertino junior Don Finley (center) won the high hurdles at Friday's SCVAL finals in 14.6. At the Cureton relays, Finley is pictured dueling Lynbrook's Bill Napier (left), who finished second Friday night, also in 14.6, and Homestead's Mike Perrin.

Wigton. Neuhaus, who was the fastest qualifier, held off a 56-second final lap charge by Sunnyvale junior Bob Vargas to record a 1:58.7.

Wigton, who qualified third in the quarter, clipped over a second off his qualifying mark to blister a 50.5.

CUPERTINO'S SCHOOL record holder in the high jump, Mark Insley, tied the league meet record with a leap of 6-6¼. Insley cleared 6-8 two weeks earlier at the Cureton relays.

John Bell led Lynbrook's trio of pole vaulters with a 14-1 effort, outleaping JV

Lynbrook juniors Chris Hulburd and Paul Sackinger also contributed fine performances. Hulburd paced a 9:27.8 two mile, finished third, and a 1:59.8 half, good for fourth. Sackinger finished third in the high jump at 6-2 and fifth in the shot put at 54-6.

SENIOR BRAD DAVIS of Monta Vista unleashed a personal best of 55-10½ for third in the shot.

In a fast 440 relay, the Pioneers shaved six-tenths of a second off their qualifying time to record a 43.2. Lynbrook won the mile relay through a disqualification in



Looking back

Mark Insley of Cupertino glances at the bar after clearing 6-6 $\frac{1}{4}$