



	LA	Time	Brk	MP
LJ	-	4	-	-
D	-	-	-	6
HH	-	6/10	3	-
880	-	-	-	-
100	3	-	-	6/12
740	-	-	-	-
3P	2/5	3/13	13	12
2m	-	-	3/6	-
FU	-	-	6/12	4/13
440R	3/8	-	-	4/17
LM	6/4	4/17	-	-

CENTRAL COAST SECTION CHAMPIONSHIPS
ORDER OF EVENTS

Afternoon Running Event Trials:

- 3:00 Varsity 440 Relay (2 heats)
- 3:20 Varsity 150 H.H. (2 heats)
- 3:40 Varsity 100 Yd. Dash (2 heats)
- 4:10 Varsity 180 L.H. - on turn (2 heats)
- 4:30 Varsity 220 Yd. Dash (2 heats)

CENTRAL COAST SECTION
TRACK AND FIELD CHAMPIONSHIPS

Afternoon Field Events:

- 3:00 Varsity Discus to completion
- 3:00 Varsity Long Jump to completion
- 3:00 Varsity Pole Vault to completion
- 5:00 Varsity High Jump to completion
- 6:00 Varsity Long Jump to completion

Friday - May 24, 1974

SAN JOSE CITY COLLEGE
San Jose, California

MILE RELAY - Varsity

CCS Record: 3:15.8 Thompson, Davis, Andrews,
Brown - Los Altos '70

2 sections, finals only, placing decided by time.

SECTION I

Lane	School	Reg. Qual. Time
1	Crestmoor	3:29.0
2	3 Gilroy	3:26.5
3	1 Cupertino	3:26.5
4	St. Francis	3:27.4
5	Lynbrook	3:27.5
6	Soquel	3:28.2
7	5 St. Ignatius	3:28.2
8	Menlo	3:28.5

SECTION II

1	Carlmont	3:26.2
2	4 Menlo-Atherton	3:24.6
3	5 Leigh	3:24.8
4	2 San Mateo	3:25.3
5	Seaside	3:27.9
6	Oak Grove	3:24.9
7	Overfelt	3:26.0
8	Woodside	3:26.1

PLACINGS & TIME

1.	<u>Cupertino</u>	<u>3:21.2</u>
2.	<u>San Mateo</u>	<u>3:22.3</u>
3.	<u>Gilroy</u>	<u>3:24.2</u>
4.	<u>Menlo-Atherton</u>	<u>3:24.3</u>
5.	<u>St Ign. & Leigh</u>	<u>3:25.3</u>

Timers

Robert P. Anderson
Don Brobst
Stu Fowler
Mel Estrada
Rich Freitas
Clif Harris

Ron Junkin
Bill Mansfield
Dwight Martin
Jack E. Parsons
Marge Powell

Finish Judges

Ed. W. Austermuehle
Bob Bow
Lee Boyd
Wally Burr
Paul L. Castro

Bob Fidler
Ernie Leydecker
Ron Powell
Bill Smith
Larry Walton

Field Event

Ed Bersano
Carl Gilmore
Don Hughes
Jim Johnson
Jack Larkin

John Lopes
John Mackey
Fred Nieman
Jim Young

Inspectors

Aldo Balbiani
Gene Dawson
Doug Edwards
Peter Gomez
Don Johnson

Holland Johnson
Joel Marcus
Tom Meyers
Chuck Reynolds
Joe Tenma

MILE RUN - Varsity

MILE RUN - Girls

CCS Record: 4:09.5 Ryan, Wilcox '65

(Finals only 2 turn stagger)

Lane	Name	School	Reg. Qual. Time
1A	Suhr	Leigh	4:17.4
2	Tatum	Los Gatos	4:20.8
2A	LaForge	Ocean	4:18.8
3	Rios	Wilcox	4:23.7
3A	Wood	Woodside	4:22.0
4	Harnett	Serra	4:27.6
4A	Schreck	Menlo	4:30.0
5	Adams	Pacific Grove	4:37.9
5A	Sullivan	Saratoga	4:19.1
6	Orr	Leigh	4:23.2
6A	Fredrickson	Homestead	4:23.0
7	Poteet	Jefferson	4:28.6
7A	Tarantino	Westmoor	4:26.4
8	Geiken	Cubberly	4:29.4
8A	Lamb	Seaside	4:30.6
	Young	Carlmont	4:25.2

PLACINGS AND TIME:

PLACINGS AND TIME:

- Suhr 4:13.8
- LaForge 4:14.9
- Fredrickson 4:15.1
- Sullivan 4:17.8
- Wood 4:18.7

LONG JUMP - Varsity

8 LB. SHOT PUT - Girls

CCS Record: 25' 2 1/4" Pacific Grove '64

FLIGHT	Name	School	Reg. Qual. Mark
I	Johnson	Seaside	21' 1"
	Hudnell	Aragon	21' 1 1/4" 22-5
	Childs	St. Francis	21' 3 1/4"
	Bullwinkle	Mills	21' 3 3/4"
	Brooks	Milpitas	21' 4"
II	Johnson	Monterey	21' 4"
	Valentine	Andrew Hill	21' 4 1/2" 22-4 1/2
	Carter	Monterey	21' 4 3/4" 22-7
	Hampton	Silver Creek	21' 6 1/2"
	Saunders	Cupertino	21' 7 1/4" 22-4 1/4
III	Martin	Overfelt	21' 9" 22-4 1/2
	Jakle	Los Altos	22' 1 1/4"
	Finley	Cupertino	22' 4 3/4" 23-1/4
	Bertoli	Homestead	22' 7 3/4"
	Vasquez	Mills	23' 0 1/4" 22-9 3/4
	Robinson	Woodside	23' 1 3/4" 22-11 1/2

PLACINGS AND DISTANCE:

- Robinson 23-2 1/2
- Finley 23-1/4
- Vasquez 22-9
- Carter 22-7
- Martin 22-6

220 YARD DASH - Varsity

220 YARD DASH - Girls

CCS Record: 21.4 Bommarito, Crestmoor '71
(Top 4 in each heat qualify for finals)

HEAT	Lane	Name	School	Reg.	Qual.	Time
HEAT I	1	Clay	Oceana			23.4
	2	Hill	Los Altos			21.6
	3	McMahon	Bellarmino			23.1
	4	Oraville	Sequoia			21.9
	5	Ashley	Capuchino			23.3
	6	Sweet	Woodside			22.1
	7	Walsh	Serra			23.4
	8	Katsufurakus	Homestead			22.1
HEAT II	1	Lowery	Camden			23.3
	2	Hampton	Silver Creek			22.5
	3	Johnson	Salinas			22.8
	4	Douglass	Yerba Buena			22.8
	5	Rossi	Palma			22.9
	6	Cannon	Mt. Pleasant			22.8
	7	Davis	Seaside			23.0
	8	Butler	San Carlos			22.2

PLACINGS AND TIME:

1.	Hampton	20.9
2.	Cannon	21.8
3.	Hill	21.9
4.	Douglass	21.9
5.	Oraville	22.9

POLE VAULT - Varsity

HIGH JUMP - Girls

CCS Record: 15' 5 3/4" Martin, Camden '71
(Starting height - 12' 0")

FLIGHT	Name	School	Reg.	Qual.	Mark
FLIGHT I	Munoz	Watsonville			12' 0"
	Palli	St. Ignatius			12' 6"
	Munoz	Soquel			12' 6"
	Petty	Mt. Pleasant			13' 0"
	Olean	Serra			13' 4"
FLIGHT II	Lizette	Cubberly			13' 6"
	Fisher	Lynbrook			13' 6"
	Blivens	Camden			13' 6"
	Medieros	Cupertino			13' 6"
	Curry	Burlingame			13' 6"
FLIGHT III	Dillard	Mills			13' 6"
	Gervasi	San Lorenzo Valley			13' 8"
	Hines	Blackford			14' 0"
	Johnson	Lynbrook			14' 2"
	Baker	Del Mar			14' 4"
	Bell	Lynbrook			14' 7"

PLACINGS AND HEIGHT:

1.	Bell	14-4
2.	Gervasi	14-0
tie	Baker	14-0
4.	Hines	13-6
5.	Petty	13-6

180 YARD LOW HURDLES (on turn) - Varsity

CCS Record: 18.9, Skillman, Campbell 171
(Top 4 in each Heat qualify for finals)

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Brown	Willow Glen	21.0
2	Mildebrandt	Cupertino	19.2
3	Garlick	Campbell	20.0
4	Jakle	Los Altos	19.2
5	Dover	Lick	20.9
6	Sung	Awalt	19.7
7	Carroll	Los Gatos	21.0
8	Napier	Lynbrook	19.8

HEAT II

1	Hudnell	Aragon	20.6
2	Dew	Alisal	19.6
3	Shellworth	Bellarmino	19.9
4	Rogers	Seaside	19.7
5	Jackson	Hillsdale	20.0
6	Fox	Soquel	19.9
7	Kennedy	Serramonte	20.3
8	Thompson	San Carlos	19.8

PLACINGS AND TIME:

- Jakle 19.7
- Mildebrandt 19.8
- Thompson 20.1
- Shellworth 20.7
- Sung 20.2

LONG JUMP - Girls

Name	School	Distance
Susie Kessell	Monte Vista Christian	15' 9"
Jana Macke	Lynbrook	16' 2 1/2"
Jacque Chambers	Ravenswood	16' 4 1/2"
Louise Burket	N. Salinas	16' 8"
Sandy Noll	Leland	16' 10 1/2"
Kathy Trevisan	Menlo Atherton	17' 4 1/2"
Pam Blackburn	Cubberley	17' 5"
Sandy Ferriera	King City	17' 6 1/2"

PLACINGS AND DISTANCE:

- _____
- _____
- _____
- _____

440 YARD DASH - Varsity

CCS Record: 47.1, Brown, Los Altos '70
(2 Sections, finals only, placing determined by time)

FLIGHT I	Lane	Name	School	Reg. Qual. Time
	1	McClay	Pacific Grove	52.0
	2	Moye	Serra	51.1
	3	Wigton	Fremont	51.1
	4	Burke	Lynbrook	51.2
	5	Penny	San Mateo	51.3
	6	Abel	Leland	51.4
	7	Walker	Seaside	51.5
	8	Northey	Aragon	51.6

FLIGHT II

1	Johnson	Mt. Pleasant	50.8
2	+ Mackenzie	Menlo Atherton	49.5 49.7
3	5 McCarthy	St. Ignatius	49.9
4	- Noland	Oak Grove	50.4
5	3 Cockerham	Seaside	50.5 50.4
6	Bishop	Carlmont	49.8 50.6
7	Bombaci	Gilroy	50.3 50.7
8	Parlett	Homestead	50.0 50.7

PLACINGS AND TIME:

1. Mackenzie 49.5
2. Bishop 49.8 50.0
3. Parlett 50.0
4. Bombaci 50.3
5. Cockerham 50.5

HIGH JUMP - Varsity

CCS Record: 6' 9 3/4", Radetich, San Carlos '66
(Starting height: 6' 0")

FLIGHT I	Name	School	Qual. Height
	Sackington	Lynbrook	6' 0"
	Ferguson	Homestead	6' 0"
	Dumais	Ayer	6' 0"
	Hinojosa	Gonzales	6' 0"
	Carlson	Piedmont Hills	6' 1"

FLIGHT II

Meyer	Branham	6' 1"
Allen	Seaside	6' 2"
Giavia	Mills	6' 4"
Paver	St. Ignatius	6' 4"
Wright	Carlmont	6' 4"

FLIGHT III

Littleboy	Gunn	6' 4"
Collins	Monterey	6' 4"
Gibbs	Andrew Hill	6' 5"
Dillard	Mills	6' 5 1/4"
Maston	St. Francis	6' 5 1/4"
Insley	Cupertino	6' 6"

PLACINGS AND HEIGHT:

1. Insley 6-6 3/4
2. Wright 6-4
3. Collins 6-4
4. Maston 6-4
5. Littleboy 6-4

100 YARD DASH - Varsity

100 YARD DASH - Girls

CCS Record: 9.7 - Rupp, Sequoia '52; Lyman, Los Altos '67, Bommarito, Crestmoor '70; Hampton, Silver Creek, '72, '73. (Top 4 in each heat qualify for finals)

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Sweet	Woodside	10.0
2	Butler	San Carlos	9.9
3	Murray	Monterey	10.1
4	Hill	Los Altos	9.7
5	Hampton	Silver Creek	10.0
6	Cannon	Mt. Pleasant	10.3
7	Ellison	Oceana	10.2
8	Rosenberg	Del Mar	10.3

HEAT II

1	Olson	Cubberley	10.0
2	Johnson	Salinas	10.1
3	Jakle	Los Altos	9.8
4	Faulke	San Mateo	9.9
5	Parker	Carmel	9.9
6	Ashley	Capuchino	10.1
7	Fincher	Mt. Pleasant	10.3
8	Espina	Westmoor	10.3

PLACINGS AND TIME:

1.	<u>Hampton</u>	<u>9.8</u>
2.	<u>Cannon</u>	<u>10.0</u>
3.	<u>Hill</u>	<u>10.0</u>
4.	<u>Fincher</u>	<u>10.3</u>
5.	<u>Butler</u>	<u>10.3</u>

80 YARD LOW HURDLES - Girls

80 YARD RELAY - Girls

Lane	Name	School	Time
1	Susie Kessell	Monte Vista Christian	12.4
2	Pam Blackburn	Cubberley	11.8
3	Debbie Pitcher	King City	11.4
4	Susie Niehues	Cubberley	11.1
5	Kathy Schentrup	Willow Glen	11.1
6	Jean Horn	Cupertino	11.8
7	Sandy Niehues	Cubberley	12.0
8	Chris Gustafson	Saratoga	12.6

PLACINGS AND TIME:

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____

880 YARD RUN - Varsity

CCS Record: 1.50.7, Brown, Los Altos '70
(Finals only - 2 turn stagger)

Lane	Name	School	Reg. Qual. Time
1	Kasser	St. Francis	1:54.4 <u>2</u>
1A	Pierce	Crestmoor	1:55.6
2	Hamilton	Leigh	1:55.2 <u>1</u>
2A	Beck	Seaside	1:57.1
3	Wagner	Soquel	1:55.8 <u>3</u>
3A	Cisneros	Silver Creek	1:57.2
4	Neuhaus	Fremont	1:59.1 <u>5</u>
4A	Hulburd	Lynbrook	1:59.7
5	Vasquez	Mills	1:55.5
5A	Haniger	Mitty	1:56.6
6	Willis	Menlo	1:56.1 <u>4</u>
6A	Hogue	Gilroy	1:59.0
7	Grozier	Mt. Pleasant	1:56.4
7A	Jones	Ravenswood	2:00.1
8	Vargus	Sunnyvale	1:59.4
8A	Hurdahl	Carlmont	2:00.1

PLACINGS AND TIME:

1. Hamilton 1:53.4
2. Kasser 1:53.5
3. Wagner 1:54.9
4. Willis 1:55.2
5. Newhouse 1:55.7

440 YARD RELAY - Varsity

CCS Record: 42.1, Silver Creek '72
(Top 4 in each Heat qualify for finals)

HEAT I	Lane	School	Reg. Qual. Time
	1	Lynbrook	43.7
	2	Los Altos	42.8
	3	San Mateo	43.6
	4	Woodside	43.0
	5	Serra	43.9
	6	Mt. Pleasant	43.4
	7	Bellarmino	44.1
	8	San Carlos	43.4

HEAT II

	1	Capuchino	44.1
	2	Silver Creek	43.0
	3	Monterey	43.5
	4	Yerba Buena	43.2
	5	Seaside	43.6
	6	Homestead	43.4
	7	Carmel	43.9
	8	Campbell	43.7

PLACINGS AND TIME:

1. Yerba Buena 42.6
2. Mt. Pleasant 42.7
3. Los Altos 42.8
4. Monterey 43.2
5. Cubberly 43.2

120 YARD HIGH HURDLES - Varsity

CCS Record: 14.0 Florant, Palo Alto '73
(Top 4 in each heat qualify for finals)

HEAT I	Reg. Time	Qual. Time	School	Time
1	14.9	14.8	Homestead	14.8
2	14.6	14.6	Hillsdale	14.6
3	14.4	14.8	Cupertino	14.8
4	14.3	14.4	Lynbrook	14.4
5	15.1		Seaside	
6	15.2		Watsonville	
7	15.4		Palma	
8	15.6		Overfelt	

HEAT II

1	14.9		Woodside	
2	14.7		Menlo-Atherton	
3	14.5		Bellarmino	
4	14.5		Serramonte	
5	14.5		Campbell	
6	15.0		Willow Glen	
7	15.4		Westmont	
8	15.3		Sacred Heart	

PLACINGS AND TIME:

1.	Mildebrandt	14.4
2.	Garlick	14.6
3.	Napier	14.7
4.	Jackson	14.7
5.	Kennedy	14.7

880 YARD RUN - Girls

Lane	Name	School	Time
1	Janice Fritzke	Leigh	2:43.5
2	Amy Huyck	Aptos	2:28.3
3	JoAnne McFate	Menlo Atherton	2:33.1
4	Paula Jackson	Live Oak	2:33.7
5	Maria Regalado	N. Salinas	2:35.5
6	Bea Garcia	Silver Creek	2:39.2
7	Jennifer Frost	Watsonville	2:40.4
8	Diane Newberry	Silver Creek	2:40.6

PLACINGS AND TIME:

1.		
2.		
3.		
4.		

440 YARD RELAY - Girls

80 YARD LOW HURDLES - Girls

Time	Lane	School	Name	Time
4:51	1	Monte Vista Christian	Suzie Kessel	54.3
11:8	2	Cupertino	Ram Blackburn	52.0
11:4	3	King City	Debbie Pitzer	52.3
11:1	4	Cupertino	Suzie Wihues	52.5
11:1	5	Weston	Kathy Schenrud	52.9
11:18	6	Cupertino	Jean Horn	53.4
12:0	7	Cupertino	Sandy Wihues	53.8
12:8	8	Girls Gustafson	Saraaga	54.0

PLACINGS AND TIME:

1. _____
2. _____
3. _____
4. _____

100 YARD DASH - Girls

100 YARD DASH - Varsity

Lane	Name	School	Time
1	Sue Hanley	Pioneer	11.7
2	Cindy Miller	Menlo Atherton	11.7
3	Laura Camacho	N. Salinas	11.5
4	Sandy Noll	Leland	11.4
5	Robbin Holiday	Ravenswood	11.4
6	Beverly James	Silver Creek	11.6
7	Lisa Synder	Camden	11.7
8	Lisa Manion	Silver Creek	11.8

PLACINGS AND TIME:

1. _____
2. _____
3. _____
4. _____

TRIPLE JUMP - Varsity

CCS Record: 49' 5", Conway, Cupertino '71

FLIGHT I

Name	School	Reg. Qual. Mark
Hudnell	Aragon	42' 7 3/4"
Childs	St. Francis	43' 4"
Bullwinkle	Mills	43' 9 1/2"
Bertoli	Homestead	44' 11"
Carter	Monterey	45' 2 3/4"

FLIGHT II

Johnson	Seaside	45' 4"
Moreno	Lick	45' 5"
Easley	Woodside	45' 6 3/4"
Chestnut	Los Altos	45' 6 3/4"
Page	St. Francis	45' 8 1/2"

FLIGHT III

Kawaguchi	Lick	45' 9"
Willis	Leigh	45' 10 3/4"
Stewart	Seaside	46' 0"
Rojas	Overfelt	46' 0 1/2"
Scott	Los Altos	46' 5 3/4"
Napier	Lynbrook	46' 11"

PLACINGS AND MARK:

1. Johnson 48-7 1/4
2. Page 47-6
3. Willis 46-11
4. Stewart 46-0
5. Easley 46-4

440 YARD DASH - Girls

Lane	Name	School	Time
2	Sharon Nichols	Menlo Atherton	61.6
3	Francine Ward	Milpitas	61.9
4	Paula Jackson	Live Oak	64.5
5	Lisa Synder	Camden	65.0
6	Susie Niehues	Cubberley	65.2
7	Heidi Perham	Homestead	66.0

PLACINGS AND TIME:

1.	Johnson	48-7 1/4
2.	Page	47-6
3.	Willis	46-11
4.	Stewart	46-0
5.	Easley	46-4

SHOT PUT - Varsity

CCS Record: 63' 9", Brannon, Los Gatos '64

FLIGHT I

Name	School	Distance
Markoe	Watsonville	48' 6 3/4"
Roddick	Pacific Grove	50' 3 1/2"
Krasky	San Lorenzo Valley	50' 8 3/4"
Watkins	Mitty	52' 9 1/2"
Reynolds	Hillsdale	52' 10"

FLIGHT II

Name	School	Distance
Webster	Lick	53' 0"
Shannon	St. Ignatius	53' 10"
Sackinger	Lynbrook	53' 10 3/4"
Schablask	Cupertino	54' 3"
Schram	Oceana	54' 6"

FLIGHT III

Name	School	Distance
Davis	Monta Vista	55' 1"
Long	Los Altos	55' 3"
Rossi	Los Altos	55' 7 1/2"
Davis	Camden	56' 11 1/4"
Page	Saratoga	57' 7"
Bersano	Los Gatos	61' 2"

PLACINGS AND DISTANCE:

- Bersano 59-5 1/2
- Page 57-7 3/4
- Schabloske 57-7
- Rossi 56-10
- Davis 56-10

TWO MILE RUN - Varsity

CCS Record: 9:01.6 MacMitchell, Gunn '73
(Finals only. Olympic Scratch Start)

Lane	Name	School	Reg. Qual. Time
1	Kennedy	Lynbrook	9:15.9
1A	Krenna	Riordan	9:25.9
2	Aguilar	Silver Creek	9:26.9
2A	Jones	Carmel	9:34.4
3	Geiken	Cubberly	9:18.0
3A	James	Mitty	9:26.9
4	Uresti	Overfelt	9:28.7
4A	Munoz	Watsonville	9:34.5
5	Kingery	San Carlos	9:19.0
5A	Fritzke	Leigh	9:32.0
6	Powell	Oceana	9:35.6
6A	Sandretti	Santa Cruz	9:47.6
7	Curran	Los Altos	9:21.6
7A	Paulin	Camden	9:33.5
8	Torres	El Camino	9:41.3
8A	Emory	Gunn	9:26.6

PLACINGS AND TIME:

- Kingery ~~9:08.0~~ 9:07.8
- Geiken ~~9:09.8~~ 9:11.0
- Kennedy 9:15.1
- Emory 9:21.9
- Fritzke 9:23.2

HIGH JUMP - Girls

CCS Record: 12' 3/4" Martin, Camden '71
 (Top 4 in each heat qualify for finals)

Name	School	Height
1. Chris Meyers	Menlo Atherton	4' 9"
2. Jeanne McGuckin	Del Mar	4' 9"
3. Julie Moo	Lynbrook	5' 0"
4. Sandy Crawford	Leigh	5' 0"
5. Jeri Moo	Lynbrook	5' 0"
6. Sandy Ferreira	King City	5' 1"
7. Denise Cornell	King City	5' 2"
8. Pam Blackburn	Cubberly	5' 3"

PLACINGS AND HEIGHT:

1.	Blackford	14' 0"
2.	Del Mar	14' 4"
3.		
4.		
5.	Gervasi	14-0
6.	Baker	14-0
7.	Hines	13-2
8.	Petty	13-2

220 YARD DASH - Girls

CCS Record: 27.2
 (Top 4 in each heat qualify for finals)

Lane	Name	School	Time
1	Donna Hills	Homestead	27.2
2	Sue Hanley	Pioneer	25.9
3	Laura Camacho	N. Salinas	26.1
4	Beverly James	Silver Creek	26.1
5	Sandy Noll	Leland	26.5
6	Lisa Manion	Silver Creek	26.6
7	Robbin Holiday	Ravenswood	26.9
8	Jane DOLLIVER	Menlo Atherton	27.1

PLACINGS AND TIME:

1.	Hampton	20.9
2.		
3.	Hill	21.8
4.	Douglas	21.9
5.	Cornville	21.9
6.		
7.		
8.		

8 LB. SHOT PUT - Girls

LONG JUMP - Varsity

CCS Record: 25' 2 3/4" Pacific Grove '64

Name	School	Name	Distance
Vickie Taylor	Pioneer	Johnson	30' 10"
Coralyn Bond	Leigh	Hudnell	30' 10"
Heidi Dahms	Monte Vista Christian	Childs	31' 2 1/2"
Denise Burtis	Silver Creek	Bullwinkle	31' 4"
Naomi Mason	Pioneer	Johnson	31' 5"
Zita Quiroz	Leigh	Valentine	31' 6 1/2"
Kathy Kutcha	King City	Carter	33' 9"
Patty Mee	Menlo Atherton	Hampton	33' 9 1/2"

PLACINGS AND DISTANCE:

1. _____
2. _____
3. _____
4. _____

MILE RUN - Girls

MILE RUN - Varsity

CCS Record: 4:09.2 Ryan, Wilcox '66

Lane	Name	School	Time
1	Marian Green	San Lorenzo Valley	6:03.3
2	Brenda Dake	Salinas	5:41.0
3	Amy Huyck	Aptos	5:48.4
4	Maria Regalado	N. Salinas	5:48.8
5	Karla Hammari	Cupertino	5:57.7
6	Carmen Chavez	King City	5:58.8
7	Chris Epperly	Menlo Atherton	6:01.4
8	Monica Rice	Menlo Atherton	6:01.7

PLACINGS AND TIME:

1. _____
2. _____
3. _____
4. _____

DISCUS - Varsity

CCS Record: 191' 0" Overton, Los Altos '72

FLIGHT I	Name	School	Reg. Qual.	Mark
	Rossini	St. Francis	153'	8"
	Hill	Wilcox	155'	0"
	Roddick	Pacific Grove	155'	4"
	Husa	Blackford	155'	9"
	Stevens	Cubberly	156'	2"

FLIGHT II:

Chamness	Sequoia	160'	4"
Vonogas	Los Altos	160'	5"
Shannon	St. Ignatius	162'	9"
Leonard	St. Francis	162'	11"
Hennessy	Oak Grove	165'	10"

FLIGHT III:

Johnson	Monterey	167'	7"
Jacobo	Alisal	171'	1"
Wells	Palo Alto	173'	6"
Moore	Mt. Pleasant	174'	7"
Bersano	Los Gatos	178'	9"
Watkins	Mitty	180'	11"

PLACINGS & DISTANCE:

- Moore 184-2
- Watkins 178-176-0
- Wells 173-11
- Bersano 173-11
- Jacobo 173-1

880 YARD MEDLEY RELAY - Girls

(220, 110, 110, 440)

MILE RELAY - Varsity

CCS Record: 3:15.8

2 sections, finals only, placing decided by time.

Lane	School	Time
1	Cupertino	2:03.9
2	Menlo Atherton	1:56.0
3	King City	1:59.1
4	Camden	2:00.4
5	Salinas	2:00.7
6	Aptos	2:01.1
7	Pioneer	2:01.1
8	Alisal	2:02.3

PLACING AND TIME:

- 2
- 3
- 4

OFFICIALS

Meet Director. Don Bell
 Referee. Charles Sullivan
 Starter. Bob Podkaminer
 Recall Starter. Butch Lumby
 Clerk of Course. Mike Gunion
 Head Inspector. Russ Perry
 Head Field Judge. Don Bell, Sr.
 Head Finish Judge. Hank Weston
 Announcer. Dave Dickerson
 Anemometer. Leon Glover, Sr.
 (notions S) Dash Leon Glover, Jr.
 Finish Photographer. Walt Reynolds, D.D.S.
 Asst. Photographer. Bill Hoffman
 Weight Inspector. Gene Nutt
 Awards Tom Niemiller
 Wil Conklin
 Aaron Seandel
 Recorder. Roz Sullivan
 Scorer. Sharon Rieswig
 Typist Becky Dawson

Evening Field Events:

7:00 Boy's Shot put to completion
 Boy's Triple Jump to completion
 following Girl's Long Jump
 Boy's High Jump to completion
 following Girl's High Jump

Gunn 1+2	3
Blackford 2	2
Del Mar 3 1/2	3 1/2
St Valley 3 1/2	3 1/2
Seaside 1+6+2	9
Gilroy 2+3	5
Homestead 3+3	6
Mt Pleas 6+4+4+2+1+4	21
Carlmont 4+4	8
Mitty 4	4
Palo Alto 3	3
Los Gatos 2+6	8
Alisal 1	1
Woodside 6+1+1+1	9
Cupertino 4+3+6+6+4+6	29
Mills 3	3
Monterey 2+2+1+3	8
Overfelt 1	1
Saratoga 4+2	6
Los Altos 2+3+3+6+3	17
Mente Vista 1	1
Yerba Buena 6+2	8
Campbell 4	4
Lynbrook 3+6+3	12
Hillsdale 2	2
Serramonte 1	1
Leigh 6+3+1+6 1/2	16 1/2
St Francis 4+2+4	10
Soguel 3	3
Menlo 2	2
Fremont 1	1
Silver Crk 6+6	12
M-A 6+2	8
San Carlos 6+3	9
Cubberly 4	4

Bellarmine 2
 Awalt 1
 Sequoia 1
 Oceana 4
NOTES
 San Mateo 4
 SI 1/2

CENTRAL COAST SECTION CHAMPIONSHIPS
ORDER OF EVENTS

Afternoon Running Event Trials:

- 3:00 Varsity 440 Relay (2 heats)
- 3:20 Varsity 120 H.H. (2 heats)
- 3:40 Varsity 100 Yd. Dash (2 heats)
- 4:10 Varsity 180 L.H. - on turn (2 heats)
- 4:30 Varsity 220 Yd. Dash (2 heats)

CENTRAL COAST SECTION

TRACK AND FIELD CHAMPIONSHIPS

Afternoon Field Events:

- 3:00 Varsity Discus to completion
- 3:00 Varsity Long Jump to completion
- 3:00 Girl's Shot put to completion
- 5:00 Varsity Pole Vault to completion
- 6:00 Girl's High Jump to completion
- 6:00 Girl's Long Jump to completion

Handwritten notes and numbers on the right side of the page, including:

- MP
- B
- LA
- 1/2
- 1/4
- 1/8
- 1/16
- 1/32
- 1/64
- 1/128
- 1/256
- 1/512
- 1/1024
- 1/2048
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1 Cupertino	29
2 Mt Pleas	21
3 Los Altos	17
4 Leigh	16 1/2
5 Lynbrook	12
6 Silvercreek	
7 St Francis	10
8 Seaside	9
9 Woodside	
San Carlos	
Carlmont	
11 Los Gatos	8
Monterey	
12 Yerba Buena	8
Merle - Ath	