

SCVAL

Track & Field



1973

Cupertino High School

CHAMPIONSHIPS

50 CENTS

Order Of Events



Finals

CUPERTINO HIGH SCHOOL - MAY 12, 1973

<u>Track (approximate time)</u>				<u>Field (approximate time)</u>	
<u>ORDER</u>	<u>TIME</u>	<u>CLASS</u>	<u>EVENT</u>	<u>EVENT</u>	<u>TIME</u>
1.	7:00 p.m.	Varsity	440 Yd. Relay	<u>VARSITY</u>	
2.	7:10 p.m.	Soph.	440 Yd. Relay	Pole Vault	6:30 p.m.
3.	7:20 p.m.	Frosh	440 Yd. Relay	Shot Put	6:30 p.m.
4.	7:25 p.m.	Varsity	880 Yd. Run	Long Jump	6:30 p.m.
5.	7:30 p.m.	Soph.	880 Yd. Run	High Jump	7:00 p.m.
6.	7:35 p.m.	Frosh	880 Yd. Run	Triple Jump	8:00 p.m.
7.	7:45 p.m.	Varsity	120 Yd. H.H.	Discus	8:00 p.m.
8.	7:50 p.m.	Soph.	70 Yd. H.H.	=====	
9.	7:55 p.m.	Frosh	70 Yd. H.H.	<u>SOPH</u>	
10.	8:00 p.m.	Varsity	100 Yd. Dash	Discus	6:30 p.m.
11.	8:05 p.m.	Soph.	100 Yd. Dash	Pole Vault	6:30 p.m.
12.	8:10 p.m.	Frosh	100 Yd. Dash	Long Jump	7:10 p.m.
13.	8:15 p.m.	Varsity	1 Mile Run	Shot Put	8:30 p.m.
14.	8:25 p.m.	Soph.	1 Mile Run	High Jump	8:30 p.m.
15.	8:35 p.m.	Frosh	1 Mile Run	Triple Jump	9:00 p.m.
16.	8:45 p.m.	Varsity	440 Yd. Dash	=====	
17.	8:50 p.m.	Soph.	440 Yd. Dash	<u>FROSH</u>	
18.	8:55 p.m.	Frosh	440 Yd. Dash	Pole Vault	5:00 p.m.
19.	9:00 p.m.	Frosh	2 Mile Run	High Jump	5:30 p.m.
20.	9:15 p.m.	Varsity	220 Yd. Dash	Discus	6:00 p.m.
21.	9:20 p.m.	Soph.	220 Yd. Dash	Triple Jump	6:30 p.m.
22.	9:25 p.m.	Frosh	220 Yd. Dash	Shot Put	7:30 p.m.
23.	9:30 p.m.	Varsity	180 Yd. L.H.	Long Jump	7:30 p.m.
24.	9:35 p.m.	Soph.	180 Yd. L.H.	=====	
25.	9:40 p.m.	Frosh	180 Yd. L.H.		
26.	9:45 p.m.	Varsity	2 Mile Run		
27.	10:00 p.m.	Soph.	2 Mile Run		
28.	10:15 p.m.	Frosh	1 Mile Relay		
29.	10:20 p.m.	Soph.	1 Mile Relay		
30.	10:25 p.m.	Varsity	1 Mile Relay		

VARSITY SCORE SHEET

(10-8-6-4-2-1)

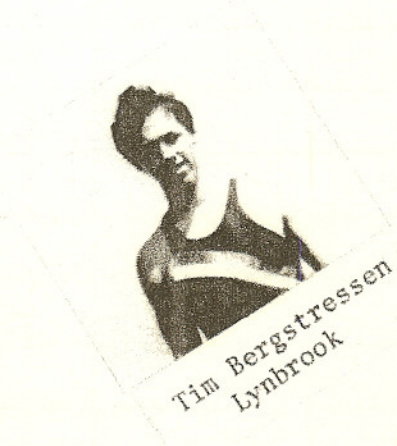
1. 440 Yd. Relay		4			2	10	6	1	8									
2. 880 Yd. Run		10	4			1 ₁₁	8	8 ₉										
3. 120 Yd. H.H.	1		8		10 ₂	4 ₅	8 ₂											
4. 100 Yd. Dash	2 ₃	4 ₅	8 ₂₀			16 ₂₁						1						
5. One Mile Run	4 ₇				2 ₁₆	10 ₄₁	7.											8
6. 440 Yd. Dash		16 ₂₁		1	4 ₁₈		2 ₂₁		8 ₁₅									
7. 220 Yd. Dash		6 ₁₀	4 ₂₁			10 ₅			8 ₂₁			2 ₃	1					
8. 180 Yd. L.H.			8 ₂₂		8 ₂₆	5 ₅₆	10 ₄₁											
9. Two Mile Run	9 ₁₆				4 ₃₀	10 ₆₆	6 ₄₇											2 ₁₀
10. One Mile Relay		4 ₄₁	10 ₄₂	2 ₃	6 ₃₆		8 ₅₅											1 ₁₁
11. Discus	2 ₁₈			12 ₁₅		6 ₇₂	11 ₆₆											
12. High Jump	2 ₂₀		20 ₆₂	8 ₂₃		1 ₇₃												
13. Shot Put	1 ₂₁		4 ₆₆	8 ₃₁		16 ₅₉	2 ₆₈											
14. Long Jump	7 ₂₃	6 ₅₀	18 ₈₄			2 ₉₁	1 ₆₉											
15. Pole Vault		16 ₆₆	4 ₈₈			21 _{95 1/2}	51 _{77 1/2}											
16. Triple Jump		2 ₁₈	18 ₁₀₆		4	1 _{94 1/2}	6 _{83 1/2}											
	Awalt	7	25															
	Buchser	4	68															
	Cupertino	1	106															
	Fremont	6	31															
	Homestead	5	40															
	Los Altos	2	94 1/2															
	Lynbrook	3	83 1/2															
	Monta Vista	10	9															
	Mountain View	8	24															
	Peterson	0	0															
	Santa Clara	11	3															
	Sunnyvale	12	1															
	Wilcox	9	11															



Jeff Norton
Los Altos



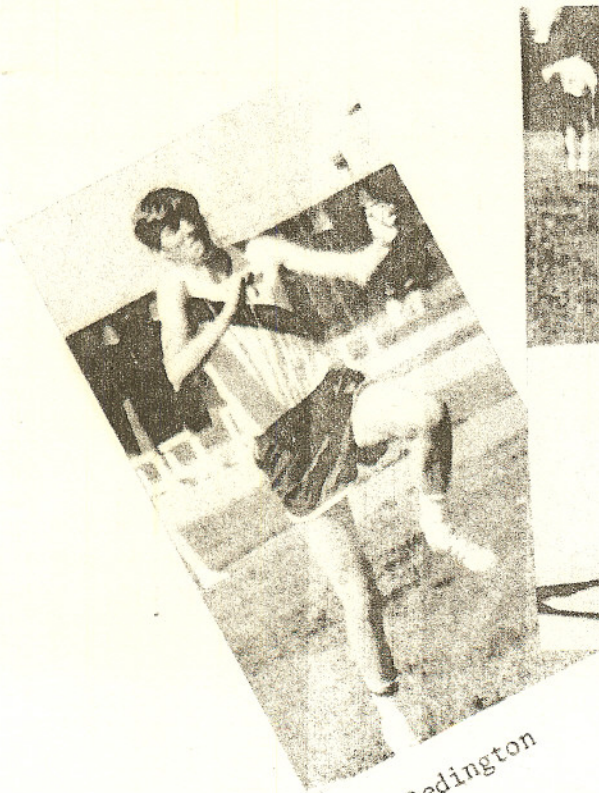
Rod Kelly
Lynbrook



Tim Bergstresen
Lynbrook



Tim Stewart
Lynbrook

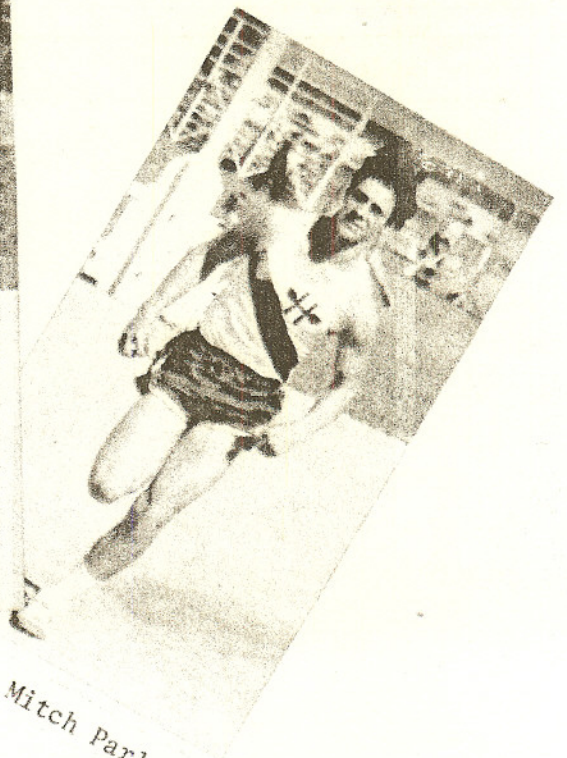


Kim Redington



Matt Church

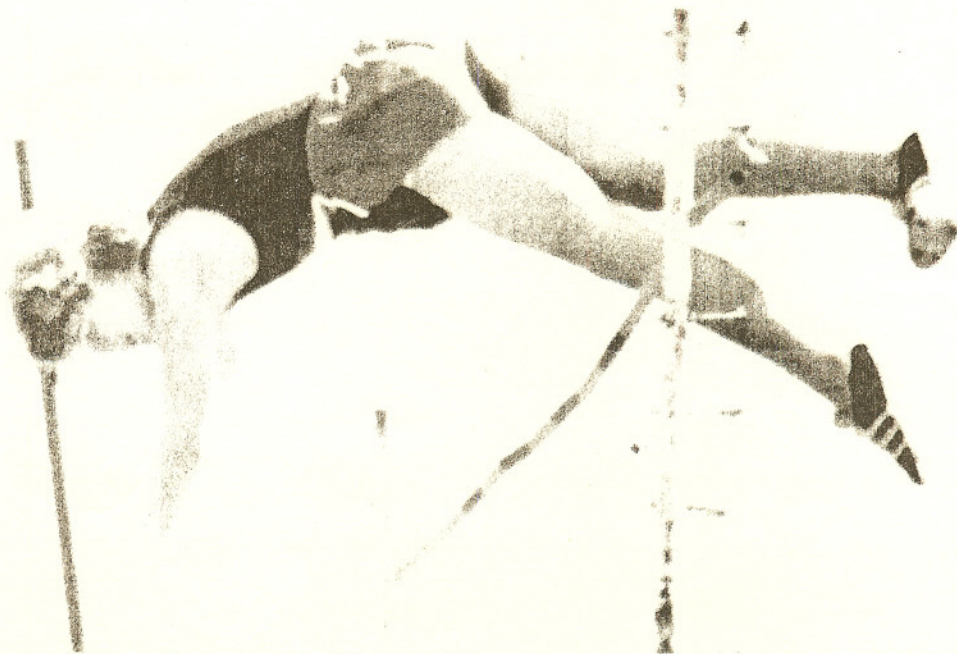
Homestead



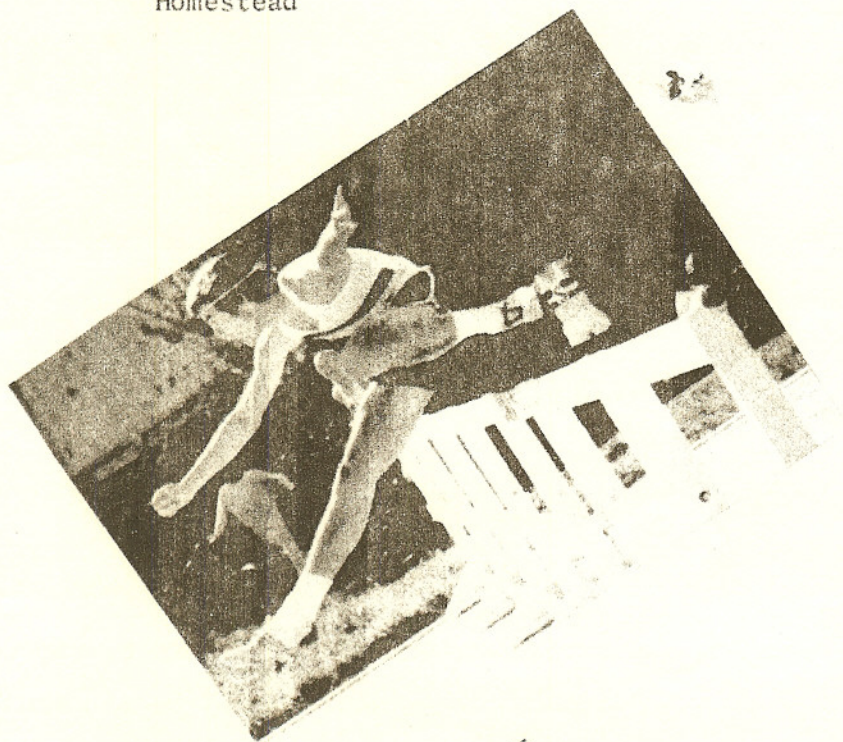
Mitch Parlett



Paul Frederickson
Homestead



Mark Johnson
Lynbrook



Larry Matthues
Monta Vista



Doug Danielson
Cupertino

SOPHOMORE SCORE SHEET

(10-8-6-4-2-1)

1. 440 Yd. Relay			1	4		2	6			10		8
2. 880 Yd. Run				4	10	10	1				6	10
3. 120 Yd. H.H.	1	6		4	10					10		
4. 100 Yd. Dash					12	20				20		
5. One Mile Run	2				4		3			24		8
6. 440 Yd. Dash			8		6	1	2			10		4
7. 220 Yd. Dash					36	3	26			45		30
8. 180 Yd. L.H.			3	4	6	8				8		10
9. Two Mile Run	3	6	11	16	48	12	32			63		6
10. One Mile Relay		2			6	12	11					1
11. Discus	8				54	24	43					6
12. High Jump	11				24	64	28					7
13. Shot Put	8	11			2	7	10				4	
14. Long Jump	18		2	4	66	35	53				4	
15. Pole Vault	6		1	2	73	73	64					
16. Triple Jump	24	10	14	30	73	43	74			63	8	7
		1		2	8	6	80	4				10
		11		32	81		80	4				56
		10					14	2		4		
		24					94	6			12	
		6	10	10	10	53	1			4		
		24										
		11										
		24										
		38										
		91										
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		29										
		57										
		93										
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		4										
		12										
		77										
		13										
		11										
		4										

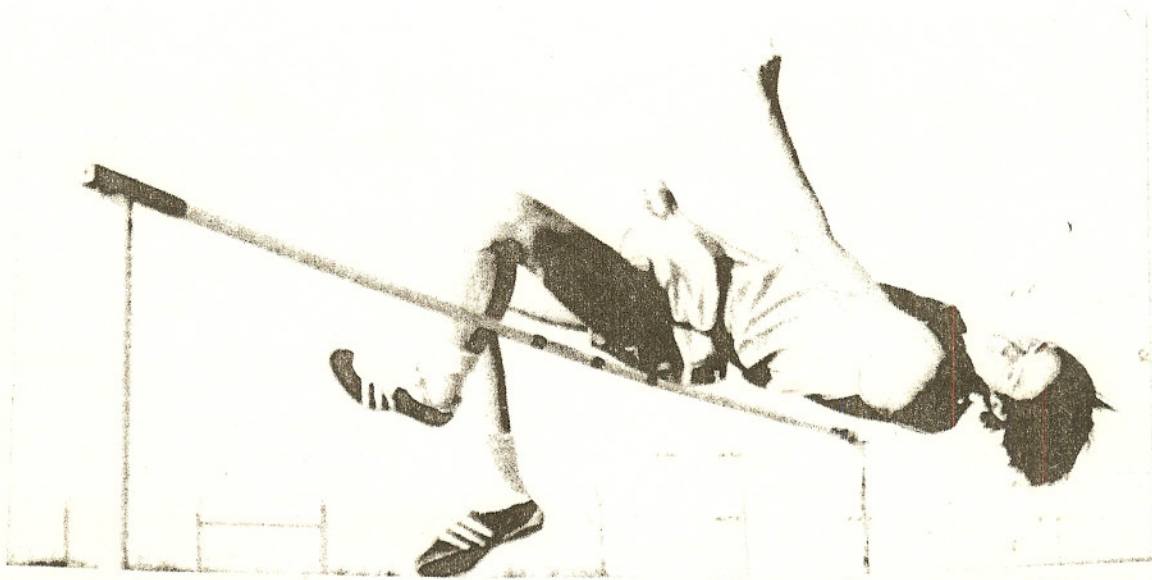
FRESHMAN SCORE SHEET

(10-8-6-4-2-1)

1. 440 Yd. Relay		6	8	4		10				1	2		
2. 880 Yd. Run		4				10		6		1	10		
3. 120 Yd. H.H.	10	4			8		2				6		
4. 100 Yd. Dash	4	2	6	1		10				3			
		14	16	14	5	8	30	2	6		10	13	6
5. One Mile Run					9	10	16 4		2			6	
6. 440 Yd. Dash	8					16		1	2		4		
7. 220 Yd. Dash		2	4			8	1			10			6
8. 180 Yd. L.H.	10	16					5						
9. Two Mile Run			10	8		2	6	1					4
	32	34	28	22	18	60	14	10	2	20	17	12	10
10. One Mile Relay		8		2		10	1	6			4		
11. Discus			10	12		1	2	6					
12. High Jump	10	8			7	8	8					4	
13. Shot Put			2		1	18	6					4	
	42	50	40	36	20	89	31	22	2	20	21	20	10
14. Long Jump	10	8	2			1				4	6		
	52	58	42			90				24	26		
15. Pole Vault		9 1/2			13	1/2	8						
16. Triple Jump	4					10	1	6			2	8	

Awalt	3	56
Buchser	2	67 1/2
Cupertino	4	42
Fremont	6	36
Homestead	8	33
Los Altos	1	100 1/2
Lynbrook	5	40
Monta Vista	9	28
Mountain View	13	2
Peterson	10	24
Santa Clara	11	23
Sunnyvale	7	34
Wilcox	12	10

65 1/2
30
23
26



Mark Insley
Cupertino



Matt Petterson, Mike Hornung
Rick Steele, Mitch Parlett
Homestead



Clause Elfving
Monta Vista



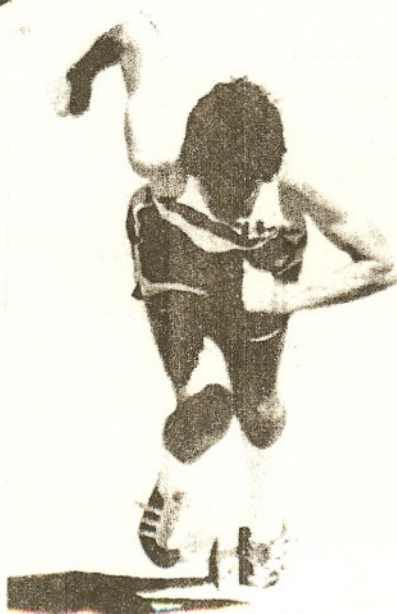
Mark Yamaji
Monta Vista



Bill Napier
Lynbrook



John Carty
Homestead



Pete Katsufraakis
Homestead

NATIONAL HIGH SCHOOL TRACK RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>MARK</u>	<u>STATE</u>
100 Yard Dash	Bill Gaines	9.3	New Jersey
220 Yard Dash	Forest Beaty	20.2	California
440 Yard Dash	Ferguson Ray	45.8	Virginia
880 Yard Run	Richard Joyce	1:48.8	California
Mile Run	Jim Ryun	3:55.3	Kansas
Two Mile Run	Steve Prefontaine	8:41.6	Oregon
120 Yd High Hurdles	Bill Tupton	13.4	Michigan
180 Yd Low Hurdles	Earl McCulloch	18.1	California
High Jump	Dwight Stones	7' 1 1/2"	California
Pole Vault	Casey Carrigan	16' 7"	Washington
Long Jump	Gerald Hardeman	25' 9 1/2"	California
Discus Throw	Scott Overton	24' 6"	California
Triple Jump	Dave Tucker	52' 6 1/4"	California
Shot Put	Sam Walker	72' 3 1/4"	Texas
440 Yard Relay	Lincoln H.S.	40.2	Texas
Mile Relay	Memorial H.S.	3:11.8	Texas

SANTA CLARA VALLEY ATHLETIC LEAGUE

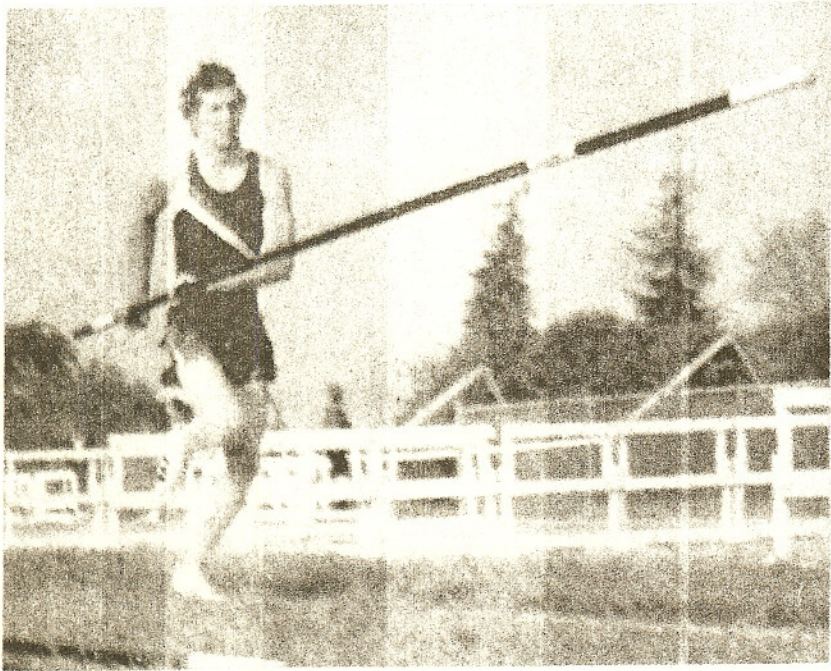
TRACK RECORDS

(1972 Meet Included)

VARSITY

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>RECORD</u>
SHOT PUT	Wilhelm, Steve	Fremont	1967	62' 3 1/2"
HIGH JUMP	Lowe, Max Lena, Bob	Awalt Cupertino	1964 1973	6' 6" 6' 6 1/4"
POLE VAULT	Royal, Russ Hintz, Larry	Fremont Buchser	1969 1973	14' 5 3/4" 15' 1/2"
TRIPLE JUMP	Freeman, Harry	Santa Clara	1969	50' 7 3/4"
LONG JUMP	Conway, Craig	Cupertino	1971	24' 2 1/2"
DISCUS	Overton, Scott	Los Altos	1972	204' 5"
440 YD. RELAY	Cupertino	Cupertino	1970	:42.7
880 YD. RUN	Brown, Rick	Los Altos	1970	1:51.7
100 YD. DASH	Figueroa, John	Sunnyvale	1964	:09.5*
120 YD. HIGH HURDLES	McClung, Rich	Sunnyvale	1964	:14.4*
440 YD. RUN (2 TURNS)	Brown, Rick	Los Altos	1970	:47.3
ONE MILE RUN	Ryan, Mike	Wilcox	1965	4:13.2
220 YD. DASH (TURN)	Lyman, Brad	Los Altos	1967-68	:21.6
180 YD. LOW HURDLES	Rapanut, Simon Phillips, Tom	Wilcox Homestead	1964 1967-68	:19.2* :19.2*
TWO MILE RUN	Larson, Jack	Fremont	1969	9:21.1
MILE RELAY	Los Altos	Los Altos	1970	3:17.2

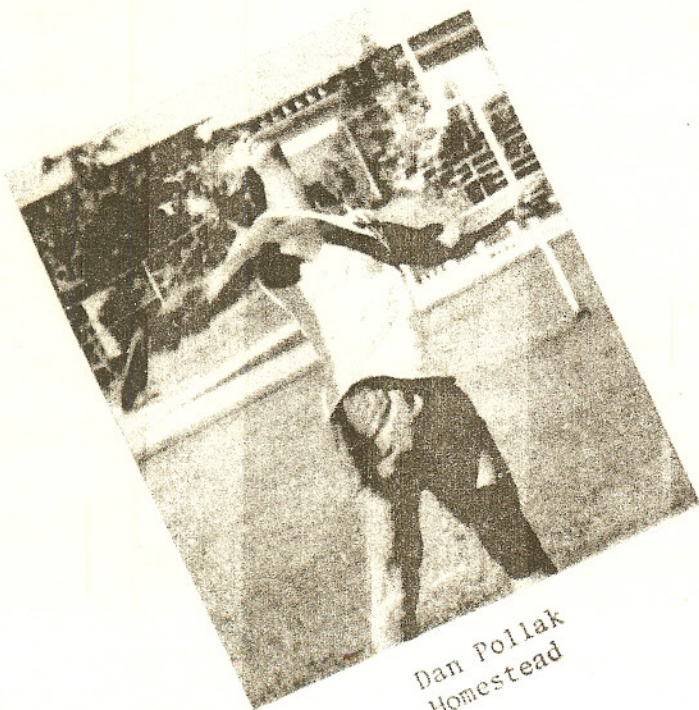
*There has never been a wind gauge present at a league meet up until 1970.



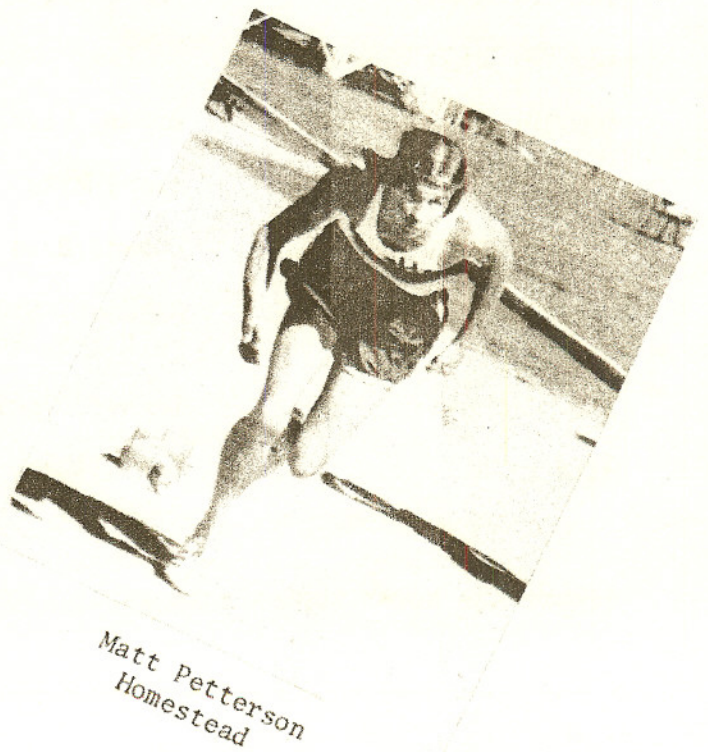
John Bell
Lynbrook



David Jakle
Los Altos



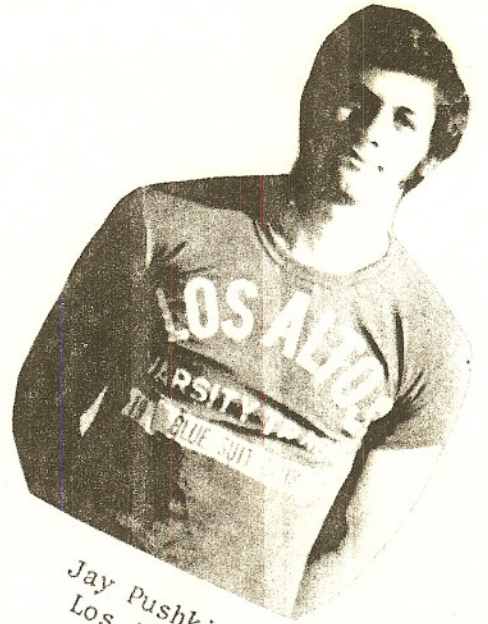
Dan Pollak
Homestead



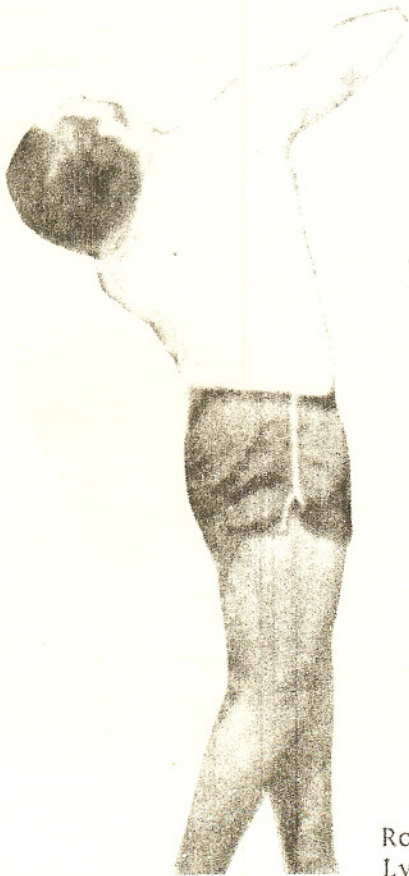
Matt Petterson
Homestead



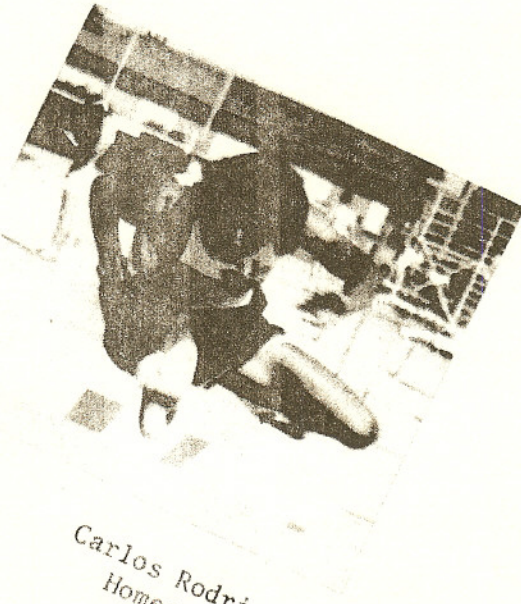
Rob O'Neill
Homestead



Jay Pushkin
Los Altos



Ron Allen
Lynbrook



Carlos Rodrigues
Homestead



Ron Lykens
Monta Vista

SANTA CLARA VALLEY ATHLETIC LEAGUE

TRACK RECORDS

(1972 Meet Included)

SOPHOMORES

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>RECORD</u>
SHOT PUT (10 LB.)	McGowan, Kim	Fremont	1971	55' 3/4"
HIGH JUMP	True, Greg	Monta Vista	1971	6' 4"
POLE VAULT	Coleman, Gary	Monta Vista	1971	12' 6 3/4"
TRIPLE JUMP	Chestnut, Roy	Los Altos	1972	46' 3/4"
LONG JUMP	Marcki, Steven	Buchser	1971	22' 9 1/2"
DISCUS	McGowan, Kim	Fremont	1971	158' 1"
440 YD. RELAY	Cupertino	CUPERTINO	1970	:44.4
880 YD. RUN	Carlson, John	Fremont	1970	2:01.5
	Davis	Wilcox	1973	2:01.0
100 YD. DASH	Marcki, Steven	Buchser	1971	:10.3
	Nakamura, Jerry	Mt. View	1970	:10.3
70 YD. HIGH HURDLES	Dobbins, David	Buchser	1972	8.9
440 YD. RUN (2 TURNS)	Yielding, Mike	Fremont	1970	:51.6
ONE MILE RUN	Berka, Chris	Los Altos	1970	4:27.0
220 YD. DASH (TURN)	Imperato, Michael	Santa Clara	1971	:23.0
180 YD. LOW HURDLES	Jones, Jeff	Cupertino	1970	:20.3
TWO MILE RUN	Church, Matt	Homestead	1971	9:57.6
8 MILE RELAY	Lynbrook	LYNBROOK	1970	3:32.8

SANTA CLARA VALLEY ATHLETIC LEAGUE

TRACK RECORDS

(1972 Meet Included)

FRESHMEN

<u>E</u>	<u>EVENT</u>	<u>YEAR</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>RECORD</u>
S	SHOT PUT	1971	McGowan, Kim	Fremont	1970	52' 2"
H	HIGH JUMP	1971	Stelzmilller, Morris	Monta Vista	1972	5' 11"
P	POLE VAULT	1971	Mederios, Marion	Cupertino	1972	12' 7"
T	TRIPLE JUMP	1972	Munson, Gerry	Sunnyvale	1970	45' 11"
L	LONG JUMP	1971	Adan, Sherwin	Wilcox	1971	21' 3 3/4"
D	DISCUS	1971	Jasinsky, Jeff	Awalt	1972	140' 3 1/2"
4	440 YD. RELAY	1970	Cupertino	Cupertino	1970	:45.7
8	880 YD. RUN	1970	Carroll, Mark	Lynbrook	1970	2:03.0
		1973	Davis	Wilcox	1973	2:01.0
1	100 YD. DASH	1972	Moretta, Mike	Peterson	1972	10.2
	70 YD. HIGH HURDLES	1972	Perrin, Mike	Homestead	1972	:09.3
7	440 YD. RUN (2 TURNS)	1968	Colwell, Dan	Cupertino	1968	:52.1
4	ONE MILE RUN	1970	Chamness, Larry	Awalt	1970	4:31.2
01	220 YD. DASH (TURN)	1970	Marcki, Steven	Buchser	1970	:23.3
2		1971	Munson, Gerry	Sunnyvale		
1	180 YD. LOW HURDLES	1972	Finley, Don	Cupertino	1972	21.3
T	TWO MILE RUN	1971	Brazil, Joseph	Wilcox	1971	9:59.9
M	MILE RELAY	1970	Lynbrook	LYNBROOK	1970	9:37.8

440 YARD RELAY - VARSITY

SCVAL Record: Cupertino, 1970, 42.7

<u>LANE</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Fremont	45.5		
2	Lynbrook	44.6	<u>44.1</u>	<u>3</u>
3	Awalt	44.5		
4	Los Altos	44.7	<u>43.3</u>	<u>1</u>
5	Mt. View	44.9	<u>44.0</u>	<u>2</u>
6	Buchser	44.9	<u>44.2</u>	<u>4</u>
7	Monta Vista	45.1	<u>45.1</u>	<u>6</u>
8	Homestead	45.2	<u>44.6</u>	<u>5</u>
	Alt. Sunnyvale	45.5		

440 YARD RELAY - SOPH

SCVAL Record: Cupertino, 1970, 44.4

<u>LANE</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Monta Vista	47.9		
2	Los Altos	46.4	<u>45.6</u>	<u>5</u>
3	Peterson	45.9	<u>45.3</u>	<u>1</u>
4	Wilcox	46.8	<u>45.4</u>	<u>2</u>
5	Cupertino	46.9	<u>46.1</u>	<u>6</u>
6	Fremont	46.9	<u>45.6</u>	<u>4</u>
7	Homestead	47.2		
8	Lynbrook	47.2	<u>45.4</u>	<u>3</u>

440 YARD RELAY - FROSH

SCVAL Record: Cupertino, 1970, 45.7

<u>LANE</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Cupertino	55.0	<u>46.7</u>	<u>2</u>
2	Peterson	49.2	<u>49.0</u>	<u>6</u>
3	Buchser	48.2	<u>47.0</u>	<u>3</u>
4	Lynbrook	47.8		
5	Los Altos	46.9	<u>46.5</u>	<u>1</u>
6	Fremont	48.0	<u>47.1</u>	<u>4</u>
7	Santa Clara	48.2	<u>47.4</u>	<u>5</u>
8	Sunnyvale	49.4		

880 YARD RUN - VARSITY

SCVAL Record: Rick Brown, Los Altos, 1970, 1:51.7

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Lockhart, C.	Los Altos	2:03.0	<u>1:58.6</u>	<u>6</u>
2	Wington, K.	Fremont	2:01.5		
3	Young, B.	Buchser	2:01.2	<u>1:56.4</u>	<u>1</u>
4	Nolte, D.	Cupertino	2:02.2	<u>1:57.8</u>	<u>4</u>
5	Kelly, R.	Lynbrook	2:02.6	<u>1:57.1</u>	<u>3</u>
6	Mahon, B.	Monta Vista	2:02.7	<u>1:57.1</u>	<u>2</u>
7	Carrol, M.	Lynbrook	2:03.0	<u>1:57.8</u>	<u>5</u>
8	Hileman, B.	Lynbrook	2:02.2	<u>1:59.9</u>	<u>7</u>

880 YARD RUN - SOPH

SCVAL Record: John Carlson, Fremont, 1970, 2:01.5
 Davis, Wilcox, 1973, 2:01.0

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Gegan, Bob	Awalt	2:14.0		
2	Gate, Mike	Lynbrook	2:06.5	<u>2:05.4</u>	<u>6</u>
3	Davis, Bob	Wilcox	2:06.0	<u>2:01.0</u>	<u>1</u>
4	Steele, Rick	Homestead	2:07.8	<u>2:03.9</u>	<u>5</u>
5	Parlett, Mitch	Homestead	2:08.5	<u>2:01.2</u>	<u>2</u>
6	Winger, Kevin	Fremont	2:09.2	<u>2:03.0</u>	<u>4</u>
7	Vargas, Robert	Sunnyvale	2:09.9	<u>2:02.6</u>	<u>3</u>
8	Moseley, Glen	Buchser	2:10.0		
	Longmire, Brian, Alt.	Santa Clara	2:12.2		

880 YARD RUN - FROSH

SCVAL Record: Mark Carroll, Lynbrook, 1970, 2:03.0

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Suzukie	Lynbrook	2:13.5		
2	Yamada, K.	Monta Vista	2:10.0	<u>2:07.0</u>	<u>3</u>
3	Pramann, A.	Los Altos	2:09.5	<u>2:04.5</u>	<u>1</u>
4	Thompson, T.	Peterson	2:11.1	<u>2:09.9</u>	<u>6</u>
5	Ledge, R.	Santa Clara	2:11.6	<u>2:05.7</u>	<u>2</u>
6	Lyon	Lynbrook	2:12.1		
7	Esteban	Santa Clara	2:12.3	<u>2:09.6</u>	<u>5</u>
8	Ruth	Buchser	2:13.2	<u>2:07.6</u>	<u>4</u>
	Riemenschnitter, Alt.	Homestead	2:14.8		

120 HIGH HURDLES - VARSITY

SCVAL Record: Rich McClung, Sunnyvale, 1964, 14.4

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Elfving, C.	Monta Vista	15.6	<u>16.0</u>	<u>7</u>
2	McDaniel, M.	Los Altos	15.3	<u>15.3</u>	<u>4</u>
3	Roberts, B.	Awalt	15.1		
4	Rodrigues, C.	Homestead	14.9	<u>14.7</u>	<u>1</u>
5	Napier, B.	Lynbrook	15.1	<u>15.0</u>	<u>2</u>
6	Mildebrandt, M.	Cupertino	15.0	<u>15.1</u>	<u>3</u>
7	Finley, D.	Cupertino	15.3	<u>15.4</u>	<u>5</u>
8	Sung, H.	Awalt	15.6	<u>15.9</u>	<u>6</u>
	Rodrigues, T., Alt.	Homestead	15.7		

70 YARD HIGH HURDLES - SOPH

SCVAL Record: David Dobbins, Buchser, 1972, 8.9

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Meyer	Sunnyvale	10.0		<u>7</u>
2	Ward	Cupertino	10.0		
3	Carrico	Fremont	9.7	<u>9.7</u>	<u>4</u>
4	Perrin, M.	Homestead	9.3	<u>9.3</u>	<u>1</u>
5	Pecota	Peterson	9.5	<u>9.4</u>	<u>2</u>
6	Hayden	Buchser	9.5	<u>9.6</u>	<u>3</u>
7	Reedy	Peterson	9.8	<u>9.9</u>	<u>5</u>
8	Hagen	Awalt	10.0	<u>10.1</u>	<u>6</u>

70 YARD HIGH HURDLES - FROSH

SCVAL Record: Mike Perrin, Homestead, 1972, 09.3

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Ebbeson	Lynbrook	11.2	<u>11.2</u>	<u>5</u>
2	Enger, R.	Santa Clara	11.4		
3	Donelio, B.	Buchser	10.9	<u>10.5</u>	<u>4</u>
4	Halliday, O.	Awalt	9.7	<u>9.6</u>	<u>1</u>
5	Rebson, T.	Sunnyvale	10.9	<u>10.5</u>	<u>3</u>
6	Alvey, B.	Homestead	10.5	<u>10.5</u>	<u>2</u>
7	Beggerd, R.	Santa Clara	11.2	<u>11.6</u>	<u>6</u>
8	Bowman	Fremont	11.1		
	Smith, G., Alt.	Monta Vista	11.7		

100 YARD DASH - VARSITY

SCVAL Record: John Figueroa, Sunnyvale, 1964, 9.5

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Larson, Dave	Peterson	10.4	<u>10.5</u>	<u>7</u>
2	Saufley, Frosty	Awalt	10.3	<u>10.2</u>	<u>5</u>
3	Jackle, David	Los Altos	10.0	<u>10.2</u>	<u>3</u>
4	Thorp, Mark	Cupertino	10.0	<u>10.1</u>	<u>2</u>
5	Hill, Doug	Los Altos	10.0	<u>10.0</u>	<u>1</u>
6	Imperado	Santa Clara	10.0	<u>10.5</u>	<u>6</u>
7	Katsufarakis, Pete	Homestead	10.1	<u>10.2</u>	<u>4</u>
8	Marcki, Steve DeBoer	Buchser Lynbrook	10.3	<u>10.5</u>	<u>8</u>

100 YARD DASH - SOPH

SCVAL Record: Steven Marcki, Buchser, 1971, 10.3
Jerry Nakamura, Mt. View, 1970, 10.3

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Lansing, Toby	Fremont	10.7	<u>10.6</u>	<u>5</u>
2	Andrus, Paul	Lynbrook	10.6	<u>10.7</u>	<u>6</u>
3	Schneider, Dan	Lynbrook	10.5	<u>10.5</u>	<u>2</u>
4	Nuwer, Mike	Peterson	10.4	<u>10.5</u>	<u>1</u>
5	Moretta, Mike	Peterson	10.1	<u>10.5</u>	<u>4</u>
6	Peterson, Matt	Homestead	10.4	<u>10.5</u>	<u>3</u>
7	Lloyd, Steve	Peterson	10.6	<u>10.5</u>	<u>3</u>
8	LaPlante, Dave	Wilcox	10.7	<u>10.5</u>	<u>3</u>

100 YARD DASH - FROSH

SCVAL Record: Mike Moretta, Peterson, 1972, 10.2

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Rezendos,	Buchser	10.9	<u>10.8</u>	<u>6</u>
2	Mariani, Mike	Fremont	10.9	<u>10.8</u>	<u>4</u>
3	Shizuru, Jim	Awalt	10.8	<u>10.6</u>	<u>1</u>
4	Natwick, Dave	Los Altos	10.7	<u>10.8</u>	<u>2</u>
5	Bree, Doug	Peterson	10.6	<u>10.8</u>	<u>3</u>
6	Inoye, Ron	Cupertino	10.7	<u>10.8</u>	<u>5</u>
7	Gonzalvez	Buchser	10.8	<u>10.8</u>	<u>5</u>
8	Johanson, Chris	Monta Vista	10.9	<u>10.8</u>	<u>5</u>
9	Collins	Lynbrook	10.9	<u>10.8</u>	<u>5</u>

ONE MILE RUN - VARSITY

SCVAL Record: Mike Ryan, Wilcox, 1965, 4:13.2

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Fredrickson, Paul	Homestead	4:38.8	<u>4:24.4</u>	<u>5</u>
2	Mahon, Bernie	Monta Vista	4:33.6	_____	_____
3	Rios, Art	Wilcox	4:31.8	<u>4:20.2</u>	<u>2</u>
4	Kennedy, Craig	Lynbrook	4:33.9	<u>4:21.2</u>	<u>3</u>
5	Erbes, Pat	Homestead	4:34.3	_____	_____
5a	Chamness, Larry	Awalt	4:39.0	<u>4:24.2</u>	<u>4</u>
6	Carty, John	Homestead	4:34.6	_____	_____
6a	Andrews, Tim	Lynbrook	4:39.0	_____	_____
7	Schumaker, Joe	Awalt	4:35.9	<u>4:26.0</u>	<u>8</u>
7a	Lockhart, Clay	Los Altos	4:39.4	<u>4:25.7</u>	<u>7</u>
8	Norton, Jeff	Los Altos	4:37.8	<u>4:19.7</u>	<u>1</u>
8a	Stewart, Tim	Lynbrook	4:40.9	<u>4:24.9</u>	<u>6</u>

ONE MILE RUN - SOPH

SCVAL Record: Chris Berka, Los Altos, 1970, 4:27.0

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Andrade, Wayne	Monta Vista	4:57.4	_____	_____
2	Brazil, Mel	Wilcox	4:48.7	<u>4:39.4</u>	<u>2</u>
3	Hulburd, Chris	Lynbrook	4:41.1	<u>4:33.8</u>	<u>1</u>
4	Fernandez, Don	Homestead	4:50.2	<u>4:40.3</u>	<u>3</u>
5	Harline, Matt	Lynbrook	4:55.1	<u>4:44.2</u>	<u>4</u>
5a	Tinker, Ron	Peterson	5:04.1	<u>4:50.4</u>	<u>6</u>
6	Fonda, Mark	Awalt	4:56.1	<u>4:45.7</u>	<u>5</u>
6a	Nelson, Hugh	Wilcox	5:04.3	_____	_____
7	D'Aguero, Tony	Los Altos	5:02.2	_____	_____
7a	Dewitt, D.	Santa Clara	5:06.8	_____	_____
8	Ferguson	Lynbrook	5:02.3	_____	_____
8a	Pincha, Neal	Homestead	5:08.8	_____	_____
	Gegan, Bob, Alt.	Awalt	5:12.0	_____	_____

ONE MILE RUN - FROSH

SCVAL Record: Larry Chamness, Awalt, 1970, 4:31.2

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Ellis, Russ	Monta Vista	5:02.3	<u>4:51.4</u>	<u>5</u>
2	Hidalgo, Luis	Sunnyvale	5:01.1	<u>4:49.5</u>	<u>3</u>
3	Bumbaca, Larry	Wilcox	4:59.2	_____	_____
4	Behrman, Fred	Los Altos	4:58.4	<u>4:50.0</u>	<u>4</u>
5	Funk, Dick	Homestead	4:57.8	<u>4:47.0</u>	<u>1</u>
5a	Aree, Andy	Wilcox	5:03.8	_____	_____
6	Penrod, John	Cupertino	4:59.1	_____	_____
6a	Cowperwaite, J.	Fremont	5:04.0	<u>4:48.9</u>	<u>2</u>
7	Murray, Roger	Fremont	5:00.0	<u>4:57.9</u>	<u>6</u>
7a	Krieg, Jim	Monta Vista	5:05.8	_____	_____
8	Early, Mike	Lynbrook	5:01.6	_____	_____
8a	Vance, Paul	Lynbrook	5:06.7	_____	_____

440 YARD DASH - VARSITY

SCVAL Record: Rick Brown, Los Altos, 1970, 47.3

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Fernandez, Rob	Homestead	51.9	<u>50.7</u>	<u>4</u>
2	Stodgell, John	Los Altos	51.7	<u>52.0</u>	<u>1</u>
3	Sirila, John	Buchser	51.0	<u>48.8</u>	<u>3</u>
4	Young, Brad	Buchser	50.7	<u>50.2</u>	<u>2</u>
5	VillaReal	Mt. View	50.3	<u>48.9</u>	<u>5</u>
6	Kelley, Bob	Lynbrook	50.9	<u>50.8</u>	<u>6</u>
7	Kranz, Gary	Fremont	51.2	<u>50.9</u>	<u>7</u>
8	Carroll, Mark	Lynbrook	51.9	<u>51.5</u>	<u> </u>
	Clark, Alt.	Lynbrook	51.9	<u> </u>	<u> </u>

440 YARD DASH - SOPH

SCVAL Record: Mike Yielding, Fremont, 1970, 51.6

Lloyd, Peterson, 1973, 51.1

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Kavanaugh, W.	Los Altos	55.3	<u>54.0</u>	<u>6</u>
2	Parlett, M.	Homestead	53.0	<u>52.3</u>	<u>3</u>
3	Lloyd, S.	Peterson	51.8	<u>51.1</u>	<u>1</u>
4	Mederios	Cupertino	53.8	<u>52.2</u>	<u>2</u>
5	Davis, B.	Wilcox	53.8	<u>52.5</u>	<u>4</u>
6	Gate, M.	Lynbrook	54.1	<u>53.4</u>	<u>5</u>
7	Steele, R.	Homestead	55.7	<u> </u>	<u> </u>
8	Arvay, M.	Fremont	55.8	<u> </u>	<u> </u>
	Johnston, M., Alt.	Sunnyvale	55.9	<u> </u>	<u> </u>

440 YARD DASH - FROSH

SCVAL Record: Dan Colwell, Cupertino, 1968, 52.1

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Burtch, John	Monta Vista	56.1	<u>55.4</u>	<u>6</u>
2	Alexander, Bill	Los Altos	54.9	<u>53.8</u>	<u>3</u>
3	Ledger, Lee	Santa Clara	54.5	<u>54.9</u>	<u>4</u>
4	Ruuth, John	Buchser	55.1	<u> </u>	<u> </u>
5	Yamada, Kelvin	Monta Vista	55.4	<u> </u>	<u> </u>
6	Denux, Leonard	Mt. View	55.4	<u>55.2</u>	<u>5</u>
7	Beck, Mark	Awalt	55.5	<u>53.8</u>	<u>2</u>
8	Marek, Randy	Los Altos	55.5	<u>53.7</u>	<u>1</u>
	Douglerty, Alt.	Buchser	56.4	<u> </u>	<u> </u>

TWO MILE RUN - VARSITY

SCVAL Record: Jack Larson, Fremont, 1969, 9:21.1

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Frederickson, Paul	Homestead	9:56.0	<u>9:40.8</u>	<u>7</u>
2	Erbes, Pat	Homestead	9:54.0		
3	Kennedy, Craig	Lynbrook	9:51.4	<u>9:30.0</u>	<u>3</u>
4	Chamness, Larry	Awalt	9:49.9	<u>9:28.2</u>	<u>2</u>
4a	Church, Matt	Homestead	9:59.3	<u>9:34.3</u>	<u>4</u>
5	Norton, Jeff	Los Altos	9:42.1	<u>9:26.1</u>	<u>1</u>
5a	Eger, Greg	Fremont	10:00.3		
6	Rios, Art	Wilcox	9:51.2	<u>9:35.1</u>	<u>5</u>
6a	Hildenbrand	Awalt	10:01.8		
7	Schumaker, Joe	Awalt	9:53.0	<u>9:35.8</u>	<u>6</u>
7a	Farly, Dennis	Lynbrook	10:06.3		
8	Danielson, Doug	Cupertino	9:55.2	<u>9:41.2</u>	<u>8</u>
8a	Maples, Mike	Buchser	10:07.2		

TWO MILE RUN - SOPH

SCVAL Record: ~~Matt Church, Homestead, 1971, 9:57.6~~
Chris Hubbard, Lynbrook, 1973, 9:45.0

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Clark, Steve	Lynbrook	N.T.		
2	Rock, Dave	Buchser	10:39.8	<u>10:23.3</u>	<u>5</u>
3	Allen, Roy	Los Altos	10:39.0	<u>10:08.6</u>	<u>2</u>
4	Fernandez, Don	Homestead	10:17.4	<u>10:14.4</u>	<u>3</u>
5	Hubbard, Chris	Lynbrook	10:05.9	<u>9:45.0</u>	<u>1</u>
5a	Barrera, Mark	Wilcox	10:51.0		
6	D'Aguero, Tony	Los Altos	10:37.1	<u>10:21.1</u>	<u>4</u>
6a	Mangan, Joe	Fremont	11:12.0		
7	Fonda, Mark	Awalt	10:39.5		
7a	Hoover, Greg	Los Altos	N.T.		
8	Carrier, Randy	Lynbrook	10:47.0	<u>10:24.2</u>	<u>6</u>
8a	Picha, Neil	Homestead	N.T.		

TWO MILE RUN - FROSH

SCVAL Record: Joseph Brazil, Wilcox, 1971, 9:59.9

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Baum, Peter	Homestead	11:08.9		
2	Reclusado, Robert	Wilcox	10:59.5		
3	Wright, Marty	Cupertino	10:43.7	<u>10:20.3</u>	<u>1</u>
4	Suzuki	Lynbrook	10:59.5	<u>10:32.5</u>	<u>3</u>
5	Muella, Dick	Los Altos	11:04.0	<u>10:38.6</u>	<u>5</u>
5a	Vera	Wilcox	11:12.7	<u>10:38.0</u>	<u>4</u>
6	Larson, Mark	Fremont	11:04.2	<u>10:30.0</u>	<u>2</u>
6a	Van Epps, Mark	Monta Vista	11:13.5		
7	Brown, Don	Monta Vista	11:04.6	<u>10:41.7</u>	<u>6</u>
7a	Werner, Greg	Homestead	11:35.0		
8	Thomas, Jim	Sunnyvale	11:05.3		
8a	Arno, Ken	Buchser	11:36.7		

220 YARD DASH - VARSITY

SCVAL Record: Brad Lyman, Los Altos, 1967-68, 21.6

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	McCarthy, Todd	Cupertino	22.9		1
2	Sirilla, John	Buchser	22.0	<u>22.5</u>	<u>3</u>
3	Hill, Doug	Los Altos	21.6	<u>22.2</u>	<u>1</u>
4	VillaReal	Mt. View	22.2	<u>22.4</u>	<u>2</u>
5	Katsufakis, Pete	Homestead	22.2		
6	Imperado	Santa Clara	22.4	<u>22.9</u>	<u>5</u>
7	Grayson, Al	Cupertino	22.6	<u>22.8</u>	<u>4</u>
8	Lizardo, Rudy	Sunnyvale	22.8	<u>22.9</u>	<u>6</u>
	Kimball, Dennis	LA		23.2	7

220 YARD DASH - SOPH

SCVAL Record: Michael Imperato, Santa Clara, 1971, 23.0

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	LaPlante, Dan	Wilcox	23.9		
2	Bryant, Ken	Wilcox	23.0	<u>23.3</u>	<u>1</u>
3	Moretta, Mike	Peterson	22.9		
4	Petterson, Matt	Homestead	23.1	<u>23.5</u>	<u>3</u>
5	Nuwer, Mike	Peterson	23.2	<u>23.3</u>	<u>2</u>
6	Andrus, Paul	Lynbrook	23.4	<u>23.6</u>	<u>4</u>
7	Kavanaugh, D.	Los Altos	23.7	<u>24.2</u>	<u>6</u>
8	Schneider, Dan	Lynbrook	23.7	<u>23.7</u>	<u>5</u>
	Lansing, Toby, Alt.	Fremont	23.8		

220 YARD DASH - FROSH

SCVAL Record: Steven Marcki, Buchser, 1970, 23.3
Gerry Munson, Sunnyvale, 1970, 23.3

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Resendes, Steve	Buchser	24.4	<u>24.5</u>	<u>5</u>
2	Weinhauser, Jerry	Wilcox	23.7	<u>24.1</u>	<u>3</u>
3	Natwick, Dave	Los Altos	23.5	<u>24.0</u>	<u>2</u>
4	Bree, Doug	Peterson	24.0	<u>24.0</u>	<u>1</u>
5	Johnson	Lynbrook	24.0	<u>25.2</u>	<u>6</u>
6	Dufer, Mike	Wilcox	24.1		
7	Inouye, Ron	Cupertino	24.1	<u>24.5</u>	<u>4</u>
8	Keep, Gary	Monta Vista	24.2		
	Letaw, Alt.	Fremont	24.5		

180 LOW HURDLES - VARSITY

SCVAL Record: Simon Rapanut, Wilcox, 1964, 19.2
Tom Phillips, Homestead, 1967-68, 19.2

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Larsen, Dave	Peterson	20.2	21.1	
2	Marcki, Steve	Buchser	19.9	20.7	7
3	Rodrigues, Carlos	Homestead	19.8	19.8	2
4	Napier, Bill	Lynbrook	19.4	19.7	1
5	Mildbrant, Mark	Cupertino	19.7	19.8	3
6	Jackle, David	Los Altos	19.6	19.8	4
7	Finley, Don	Cupertino	19.8	19.8	5
8	McDaniel, Mark	Los Altos	20.0	20.2	6
	Roberts, Bob, Alt.	Awalt	20.3		

180 LOW HURDLES - SOPH

SCVAL Record: Jeff Jones, Cupertino, 1970, 20.3

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Haden, Jim	Buchser	22.0		
2	Carrico, Tom	Fremont	21.7	22.2	4
3	Owen, Ron	Los Altos	21.4	20.5	2
4	Pecota, Andy	Peterson	20.8	20.5	1
5	Nelson	Cupertino	21.2	22.2	5
6	Perrin, Mike	Homestead	21.1	21.6	3
7	Ward	Cupertino	21.6	22.6	6
8	Reedy, Tom	Peterson	22.0		

180 YARD LOW HURDLES - FROSH

SCVAL Record: Don Finley, Cupertino, 1972, 21.3

<u>LANE</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Beccera	Santa Clara	23.9		
2	Dumleo	Awalt	23.2		
3	McClure, Rich	Buchser	23.0	23.0	3
4	Halliday, Owen	Awalt	21.6	22.1	1
5	Arenson	Lynbrook	22.4	23.0	4
6	Gonsalves, Steve	Buchser	22.1	22.2	2
7	Whitfield	Buchser	23.0	23.5	5
8	Martin	Lynbrook	23.6	23.6	6
	Reese, Rick, Alt.	Sunnyvale	23.7		

MILE RELAY - VARSITY

SCVAL Record: Los Altos, 1970, 3:17.2

<u>LANE</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Monta Vista	3:33.9		
2	Lynbrook	3:27.8	<u>3:29.2</u>	<u>2</u>
3	Buchser	3:26.0	<u>3:30.4</u>	<u>4</u>
4	Cupertino	3:29.0	<u>3:28.1</u>	<u>1</u>
5	Fremont	3:29.5	<u>3:33.4</u>	<u>5</u>
6	Homestead	3:33.8	<u>3:29.6</u>	<u>3</u>
7	Los Altos	3:35.0	<u>Disq 3:27.4</u>	
8	Wilcox	3:37.9	<u>3:33.5</u>	<u>6</u>

MILE RELAY - SOPH

SCVAL Record: Lynbrook, 1970, 3:32.8

<u>LANE</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Buchser	3:50.2	<u>3:48.7</u>	<u>5</u>
2	Homestead	3:43.5	<u>3:38.3</u>	<u>1</u>
3	Wilcox	3:39.7	<u>3:39.9</u>	<u>3</u>
4	Los Altos	3:46.3	<u>3:42.6</u>	<u>4</u>
5	Fremont	3:46.4	<u>3:38.7</u>	<u>2</u>
6	Sunnyvale	3:46.6	<u>3:50.5</u>	<u>6</u>
7	Peterson	3:48.9		
8	Cupertino	3:49.2		
	Alt. Lynbrook	3:47.5		

MILE RELAY - FROSH

SCVAL Record: Lynbrook, 1970, 3:37.8

<u>LANE</u>	<u>SCHOOL</u>	<u>QUAL. TIME</u>	<u>TIME</u>	<u>FINISH</u>
1	Homestead	4:03.7		
2	Cupertino	3:58.3		
3	Lynbrook	3:54.5	<u>3:53.6</u>	<u>6</u>
4	Los Altos	3:49.7	<u>3:41.5</u>	<u>1</u>
5	Monta Vista	3:48.6	<u>3:46.6</u>	<u>3</u>
6	Santa Clara	3:51.5	<u>3:47.5</u>	<u>4</u>
7	Fremont	3:56.2	<u>3:48.4</u>	<u>5</u>
8	Buchser	3:59.0	<u>3:46.5</u>	<u>2</u>
	Alt. Peterson	4:01.5		

POLE VAULT - VARSITY

SCVAL Record: ~~Russ Royal, Fremont, 1969, 14' 5 3/4"~~
 Larry Hintz, Buchser, 1973, 15' 1/2"

<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>	<u>FINISH</u>
Tyburczy, Tom	Awalt	12'0"	
Berg, Gordon	Los Altos	12'0"	12-6 6
Lopes, Chris	Los Altos	12'0"	13-0 5
Kleemeyer, Buzz	Buchser	12'0"	
Gracia, Dario	Wilcox	12'0"	
Montag, Mike	Lynbrook	12'0"	12-6 6
Jorden, Mike	Cupertino	12'0"	13-0 4
Bell, John	Lynbrook	12'0"	13-0 2
Linn, Leo	Buchser	12'0"	13-0 3
Hintz, Larry	Buchser	12'0"	15-1/2 1

POLE VAULT - SOPH

SCVAL Record: ~~Gary Coleman, Monta Vista, 1971, 12' 6 3/4"~~
 Marion Medeiros, Cupertino, 1973, 13-6

<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>	<u>FINISH</u>
Lopresti	Santa Clara	10'6"	12-0 4
Mederios, Marion	Cupertino	10'6"	13-6 1
Johnson, Mark	Lynbrook	10'6"	13-14 3
Fisher, Jeff	Lynbrook	10'6"	13-14 2
Pappas	Santa Clara	10'6"	
McGourty, Mark	Mt. View	10'6"	10-6 5
Kleen, Lynn	Buchser	10'6"	

POLE VAULT - FROSH

SCVAL Record: Marion Medeiros, Cupertino, 1972, 12' 7"

<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>	<u>FINISH</u>
Johnson, Jari	Fremont	10'	
Stacy, Todd	Homestead	10'	1 10-9
Scollan, Skip	Monta Vista	10'	
Pettigren, Bob	Buchser	10'	4 10-0
Staher, Alfred	Lynbrook	10'	2 10-9
Marek, Randy	Los Altos	10'	6 10-0
Nairn, Joe	Homestead	10'	4 10-6
Kappler, Mike	Buchser	10'	4 10-6
Powell, John	Buchser	10'	3 10-9
Crider, Chris	Awalt	10'	

HIGH JUMP - VARSITY

SCVAL Record: ~~Max Lowe, Awalt, 1964, 6' 6"~~
 Robert Lema, Cupertino 1973 6-6 1/4

<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>	<u>FINISH</u>
Martines, Les	Wilcox	6'0"	
Roberts, Jim	Cupertino	6'0"	6-4 3
Brown, Rusty	Wilcox	6'0"	5-10 7
Lema, Robert	Cupertino	6'0"	6-6 1/4 1
Coffee, Paul	Buchser	6'0"	
Royston, Walt	Fremont	6'0"	6-4 2
Efting, Rich	Awalt	6'0"	6-0 5
Insley, Mark	Cupertino	6'0"	6-2 4
McGowen	Mt. View	5'10"	
Gebhardt, Bob	Los Altos	5'10"	6-0 6
Biltoft, Reed	Buchser	5'10"	

HIGH JUMP - SOPH

SCVAL Record: Greg True, Monta Vista, 1971, 6' 4"

<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>	<u>FINISH</u>
McCarthy, Scott	Cupertino	5'6"	5-10 5
Dorfman, Ken	Lynbrook	5'6"	5-10 6
Hornung, Mike	Homestead	5'6"	
Burns, Jerry	Homestead	5'6"	5-10 3
Sackinger, Paul	Lynbrook	5'6"	6-0 1
Ferguson, Steve	Homestead	5'6"	
Grundstrom, Tom	Fremont	5'6"	5-10 4
Stolte, Daryl	Awalt	5'6"	5-10 2
Halcomb, Mark	Sunnyvale	5'6"	
Baugh, Ken, Alt.	Los Altos	5'4"	

HIGH JUMP - FROSH

SCVAL Record: ~~Morris Stelzmler, Monta Vista, 1972, 5' 11"~~
 Steve Wise, Awalt 1973 6'1"

<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>	<u>FINISH</u>
Cryer	Fremont	5'3"	
Slater, Al	Lynbrook	5'3"	
Sloan, Dan	Cupertino	5'3"	
Runge, Jay	Homestead	5'3"	5-5 6
Powell, John	Buchser	5'3"	5-7 3
Fouri, John	Sunnyvale	5'3"	5-7 4
Fine, Howard	Lynbrook	5'3"	5-11 1/2 2
Wise, Steve	Awalt	5'3"	6-1 1
Copeland, Dave	Awalt	5'3"	
Kappler, Mike	Buchser	5'3"	5-5 5

DISCUS - VARSITY

SCVAL Record: Scott Overton, Los Altos, 1972, 204' 5"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. THROW</u>	<u>LENGTH</u>	<u>FINISH</u>
Allen, Ron	Lynbrook	176'8"	179-3	1
McGowan, Kim	Fremont	162'8-1/2"	175-9 1/2	2
Upton, Bob	Fremont	161'9-1/2"	161-9 1/2	4
Lowe, Roy	Awalt	156'9"	156-9	5
Scheff, John	Lynbrook	154'2"	154-2	6
Pushkin, Jay	Los Altos	153'11-1/2"	167-5 1/2	3
Halicki, Mike	Cupertino	153'5"	153-5	7
Hill, Mark	Wilcox	149'6-1/2"		
Vonagias, Kurt	Los Altos	148'8-1/2"		
Bennett, Mike, Alt.	Monta Vista	145'6-1/2"		

DISCUS - SOPH

SCVAL Record: Kim McGowan, Fremont, 1971, 158' 1"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. THROW</u>	<u>LENGTH</u>	<u>FINISH</u>
Bergstresser, Tim	Lynbrook	145'11"	150'-1 1/2	1
Jasinsky, Jeff	Awalt	141'7"	148-10 1/2	2
Long, Brent	Los Altos	139'	142-7	3
Pollak, Dan	Homestead	136'	136-0	5
Norwood, Haig	Los Altos	131'5-1/2"	131-5 1/2	6
Souza	Santa Clara	130'11"	140-4	4
Lowe, Jim	Los Altos	130'3"		
Andrews, Steve	Peterson	127'5"		
Kawula, Paul	Monta Vista	126'4-1/2"		
Humphreys, Gary, Alt.	Cupertino	125'7-1/2"		

DISCUS - FROSH

SCVAL Record: Jeff Jasinsky, Awalt, 1972, 140' 3-1/2"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. THROW</u>	<u>LENGTH</u>	<u>FINISH</u>
Blockinger, Tim	Cupertino	114'8-1/2"	129-5 1/2	1
Duggan, Mark	Monta Vista	114'1-1/2"	122-8	3
Upton, Greg	Fremont	113'1"	120-0	4
Long, Doug	Los Altos	111'7"	109-7 1/2	6
Weigand, Dave	Lynbrook	110'3"	118-4	5
Perry, Bill	Fremont	107'4"	126-6	2
Robos, Dave	Buchser	105'5"		
Woodard, Scott	Buchser	105'1"		
Phillips, Mike	Los Altos	103'1-1/2"		
Hasselberg, Sven, Alt.	Monta Vista	101'0"		

LONG JUMP - VARSITY

SCVAL Record: Craig Conway, Cupertino, 1971, 24' 2-1/2"

NAME	SCHOOL	QUAL. JUMP	LENGTH	FINISH
Thorp, Mark	Cupertino	23'7"	23-7	1
Marcki, Steve	Buchser	22'3/4"	22-2	3
Roberts, Bob	Awalt	22'0"	22-0	4
Clark, Tom	Los Altos	21'10-1/4"	21-10	5
McCarthy, Kevin	Cupertino	21'7-1/2"	23-6	2
Larsen, Mike	Lynbrook	21'3-3/4"	21-3 ³ / ₄	6
Pierceall, Bob	Cupertino	21'2-3/4"	21-2 ³ / ₄	7
Jakle, David	Los Altos	21'2"	21-2	
Zagar, Pete	Los Altos	21'1"		
Clark, Mike, Alt.	Lynbrook	20'10-1/4"		

LONG JUMP - SOPH

SCVAL Record: Steven Marcki, Buchser, 1971, 22' 9-1/2"

NAME	SCHOOL	QUAL. JUMP	LENGTH	FINISH
Bryant, K.	Wilcox	20'8-3/4"	20-8 ³ / ₄	1
Bertoli, M.	Homestead	20'2-1/2"	20-2 ¹ / ₂	2
Hickey, T.	Mt. View	19'8"	19-8	4
Horwitz, S.	Fremont	19'5-1/2"	19-5 ¹ / ₂	5
Nash, M.	Peterson	19'2"		
Keswick, Scott	Lynbrook	18'10-3/4"		
Fitzgerald, T.	Buchser	18'9-3/4"	19-3 ³ / ₄	6
Scott	Los Altos	18'9"		
Nirsch, L.	Lynbrook	18'7-1/2"	19-9 ¹ / ₄	3
DeMartini, B., Alt.	Homestead	18'6-1/2"		

LONG JUMP - FROSH

SCVAL Record: Sherwin Adan, Wilcox, 1971, 21' 3-3/4"

NAME	SCHOOL	QUAL. JUMP	LENGTH	FINISH
Donelio, Bob	Buchser	19' 1/2"	19-5	2
Ojeda, Steve	Cupertino	18'11 1/2"	18-11 ¹ / ₂	5
Bree, Doug	Peterson	18'10-3/4"	19-3 ³ / ₄	4
Natwich, Dave	Los Altos	18'7-3/4"	18-7 ³ / ₄	6
Runge, Jay	Homestead	18'5-3/4"		
Reese, Rick	Sunnyvale	18'4-1/4"	19-3 ¹ / ₂	3
Wise, Steve	Awalt	18'4"	19-8 ¹ / ₄	1
Johansen, Chris	Monta Vista	18'2-1/4"		
Dumlao, Rudy,	Awalt	17'10-1/2"		
Smith, Mark, Alt.	Los Altos	17'8-3/4"		

SHOT PUT - VARSITY

SCVAL Record: Steve Wilhelm, Fremont, 1967, 62' 3-1/2"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. THROW</u>	<u>LENGTH</u>	<u>FINISH</u>
McGowan, Kim	Fremont	53'7"	<u>53-7</u>	<u>2</u>
Gardis, Will	Cupertino	52'10-1/2"	<u>52-10 1/2</u>	<u>4</u>
Rossi, Rick	Los Altos	52'10-1/2"	<u>53-3 3/4</u>	<u>3</u>
Allen, Ron	Lynbrook	52'1"	<u>52-1</u>	<u>5</u>
Pushkin, Jay	Los Altos	52'1"	<u>54-1 3/4</u>	<u>1</u>
Davis, Brad	Monta Vista	51'1"		
Lowe, Rob	Awalt	49'9"	<u>57-8 3/4</u>	<u>6</u>
Graves, Tom	Buchser	49'5"	<u>49-10</u>	<u>2</u>
Martinez, Chuck	Sunnyvale	48'6"		
Chamberlain, Jim, Alt.	Monta Vista	46'11-1/2"		

SHOT PUT - SOPH

SCVAL Record: ~~Kim McGowan, Fremont, 1971, 55' 3/4"~~
Paul Sackinger, Lynbrook, 1973, 56-10 1/2"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. THROW</u>	<u>LENGTH</u>	<u>FINISH</u>
Jasinsky, Jeff	Awalt	53'10-1/2"	<u>53-10 1/2</u>	<u>3</u>
Souza	Santa Clara	52'6"	<u>52-8</u>	<u>4</u>
Sackinger, Paul	Lynbrook	52'5-1/4"	<u>56-5 1/2</u>	<u>1</u>
Gough, Mike	Homestead	49'10-3/4"	<u>51-7 3/4</u>	<u>5</u>
Long, Brent	Los Altos	49'9-1/2"	<u>54-4 1/2</u>	<u>2</u>
Costella, Dave	Fremont	48'11-1/2"	<u>50-0</u>	<u>6</u>
Pence, Pat	Homestead	48'5"		
Foster, Lee	Sunnyvale	46'9-1/2"		
Lowe, Jim	Los Altos	46'4-3/4"		
Cocco, Mark, Alt.	Mt. View	46'2-3/4"		

SHOT PUT - FROSH

SCVAL Record: Kim McGowan, Fremont, 1970, 52' 2"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. THROW</u>	<u>LENGTH</u>	<u>FINISH</u>
Weigard, Dave	Lynbrook	44'3-1/4"	<u>44-3 1/4</u>	<u>3</u>
Bergis, Jerry	Los Altos	43'1-1/2"	<u>46-3 1/4</u>	<u>1</u>
Horn, Bill	Homestead	41'7-3/4"	<u>41-7 3/4</u>	<u>6</u>
Coomer, Ron	Sunnyvale	41'1-3/4"	<u>41-10</u>	<u>4</u>
Blockinger, Tim	Cupertino	40'8-1/2"	<u>41-8 1/4</u>	<u>5</u>
Young, Todd	Los Altos	40'3"	<u>45-1 1/2</u>	<u>2</u>
Woodard, Scott	Buchser	40'2"		
Brown, Jim	Peterson	40'2"		
Machado, Dave	Monta Vista	40'1-1/2"		
Upton, Greg, Alt.	Fremont	40'1-1/4"		

TRIPLE JUMP - VARSITY

SCVAL Record: Harry Freeman, Santa Clara, 1969, 50' 7-3/4"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. JUMP</u>	<u>LENGTH</u>	<u>FINISH</u>
Throp, Mark	Cupertino	47' 3-1/2"	<u>47-8</u>	<u>2</u>
Napier, Bill	Lynbrook	46' 2-1/2"	<u>46-3 1/2</u>	<u>3</u>
McCarthy, Kevin	Cupertino	45' 9-3/4"	<u>47-9</u>	<u>2</u>
Redington, Kim	Homestead	45' 5"	<u>45-5</u>	<u>4</u>
Coffee, Paul	Buchser	45' 4"	<u>45-4</u>	<u>5</u>
Chesnut, Roy	Los Altos	44' 9-3/4"	<u>44-9 3/4</u>	<u>6</u>
Efting, Rich	Awalt	44' 9"	<u>44-9</u>	<u>7</u>
Zagar, Pete	Los Altos	44' 7"	_____	_____
Larsen, Mike	Lynbrook	44' 6-3/4"	_____	_____
Retuta, Nemisio	Fremont	44' 5"	_____	_____
Miller, Brent, Alt.	Homestead	44' 4-3/4"	_____	_____

TRIPLE JUMP - SOPH

SCVAL Record: Roy Chestnut, Los Altos, 1972, 46' 3-1/4"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. JUMP</u>	<u>LENGTH</u>	<u>FINISH</u>
Scott	Los Altos	42' 9"	<u>42-9</u>	<u>1</u>
Lee, Stewart	Fremont	41' 6-1/2"	<u>41-9 1/2</u>	<u>3</u>
Utley, K.	Peterson	41' 6"	<u>41-6</u>	<u>4</u>
Bertoli, Mike	Homestead	41' 3"	<u>42-1 1/2</u>	<u>2</u>
Giles, Tom	Homestead	41' 3"	<u>41-3</u>	<u>5</u>
Westrum, K.	Lynbrook	41' 3"	<u>41-3</u>	<u>6</u>
Camp, B.	Sunnyvale	40' 3/4"	_____	_____
Hickey, T.	Mt. View	39' 10"	_____	_____
Krewson, L.	Buchser	39' 4-3/4"	_____	_____
Franco, Keith, Alt.	Monta Vista	39' 4"	_____	_____

TRIPLE JUMP - FROSH

SCVAL Record: Gerry Munson, Sunnyvale, 1970, 45' 3-3/4"

<u>NAME</u>	<u>SCHOOL</u>	<u>QUAL. JUMP</u>	<u>LENGTH</u>	<u>FINISH</u>
Reese, Rick	Sunnyvale	39' 11-1/2"	<u>39-11 1/2</u>	<u>2</u>
Dumlao, Rudy	Awalt	39' 2-3/4"	<u>39-2 3/4</u>	<u>4</u>
Cooper, Mike	Lynbrook	38' 11-1/4"	<u>38-11 1/4</u>	<u>6</u>
Vecchiet, Tony	Los Altos	38' 9"	<u>40-3</u>	<u>1</u>
Donelio, Bob	Buchser	38' 4"	_____	_____
Solario, Fernando	Monta Vista	38' 1"	<u>39-9 1/2</u>	<u>3</u>
Layton, Bret	Santa Clara	38' 1/2"	<u>39-2 1/2</u>	<u>5</u>
Smith, Mark	Los Altos	37' 10"	_____	_____
Halliday, Owen	Awalt	37' 3-3/4"	_____	_____
Alvey, Bob, Alt.	Homestead	37' 3-1/4"	_____	_____