

**Bay League Championships - 5/1/2007 to 5/4/2007**  
**Mira Costa High School**  
**Meet Program - Bay League Finals (Varsity Field Events)**

**Event 1 Boys 4x100 Meter Relay Frosh Soph**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2			
3	Peninsula	A	47.84
	1) Keegan, Kevin 9	2) Moran, Sean 9	
	3) Pierson, Ryan 9	4) Waldman, Tyler 9	
4	West Torrance	A	46.74
	1) Behan, Kevin 9	2) Breski, Shane 10	
	3) Solorzano, Alejandro 9	4) Trudnowski, Luke 9	
5	Mira Costa	A	46.14
	1) DeLorenzo, Lije 10	2) Heffernan, John 10	
	3) Wright, Rico 9	4) Jones, Jason 10	
6	Leuzinger	A	46.24
	1) Harris, Semaj 10	2) James, Jessie 10	
	3) Mitchell, Trumell 9	4) Washington, Dijon 10	
7	Palos Verdes	A	46.84
	1) Baiz, Max 9	2) Guzenhauser, Rob 9	
	3) Lyou, Colin 10	4) Mancusi, Victor 9	
8			
9			

**Event 2 Girls 4x100 Meter Relay Frosh Soph**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2			
3	Peninsula	A	54.54
	1) Clark, Imani 9	2) Moody, Laura 10	
	3) Davila, Renae 9	4) Kwan, Stephanie 10	
4	Palos Verdes	A	53.34
	1) Garcia, Jackie 10	2) Ojalvo, Marilyn 9	
	3) Randall, Jocelyn 10	4) Simmons, Erin 10	
5	Redondo Union	A	52.64
	1) Bolden, Cindy 9	2) DeLoach, Cara 9	
	3) Durden, Lisa 9	4) Jackson, Simone 9	
6	West Torrance	A	52.74
	1) Cardenas, Miriam 9	2) Gonzalez, Kayla 9	
	3) Guitare, Shayna 9	4) Jho, Angie 10	
7	Mira Costa	A	53.94
	1) Lutz, Michelle 10	2) Bowers, Alexa 9	
	3) Pugnale, Siena 9	4) Pulido, Monica 10	
8			
9			

**Event 3 Girls 4x100 Meter Relay Varsity**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2			
3			
4	Mira Costa	A	51.77
	1) Lowe, Ashley 11	2) Marill, Isabella 12	
	3) Thormodsgaard, Traci 12	4) Vantrimpont, Julia 10	
5	Peninsula	A	49.34
	1) Anakwenze, Lisa 9	2) Forbes, Shannon 12	
	3) Okonkwo, Nkeichi 9	4) Wells, Nehanda 12	
6	Redondo Union	A	51.44
	1) Mason, Ashley 11	2) McClendon, Diandra 11	
	3) Sheffield, Aisha 11	4) Steele, Courtney 12	
7	West Torrance	A	53.34
	1) Contreras, Jazmine 11	2) Lee, Nicole 11	
	3) Ly, Cynthia 11	4) Ruiz, Melissa 11	
8			
9			

**Event 4 Boys 4x100 Meter Relay Varsity**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2			
3			
4	Mira Costa	A	44.34
	1) Margolis, Jarett 11	2) Dotson, Adrien 11	
	3) Tracy, Sean 11	4) Janieks, Derek 11	
5	Leuzinger	A	43.38
	1) Davis, Cartier 12	2) Gray, Brandon 12	
	3) Rodgers, Mark 12	4) Washington, Sean 12	
6	Peninsula	A	43.94
	1) Abdul, Wajid 12	2) Giacomini, Louis 10	
	3) Rogers, Max 11	4) Solomon, Ryan 11	
7	Redondo Union	A	44.64
	1) Allan, Keith 10	2) Ambriz, Sean 12	
	3) Jones, Tymon 10	4) Jones, Nick 11	
8			
9			

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**Event 5 Boys 1600 Meter Run Frosh Soph**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Besnoin, Remy	9	Redondo Union	4:46.38
2	Landon, Michael	10	Redondo Union	4:50.60
3	Woods, Anthony	10	Palos Verdes	4:51.24
4	Jolicouer, Alec	9	Redondo Union	4:50.66
5	Cohen, Peter	9	Palos Verdes	4:53.29
6	Hammers, Andrew	10	West Torrance	4:59.06
7	Yoshizawa, Steven	10	West Torrance	4:54.88
8	Byard, Ryan	10	West Torrance	4:56.30
9	Ohta, Michael	10	West Torrance	4:57.40
10	Boswell, Ryan	10	Redondo Union	4:57.59
11	Bower, Greg	9	Redondo Union	4:57.92
12	Murata, Michael	10	Peninsula	4:59.90

**Event 6 Girls 1600 Meter Run Frosh Soph**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Yuen, Ella	9	Peninsula	5:33.96
2	Mouchin, Shayna	10	West Torrance	5:48.67
3	Bass, Jamie	9	Redondo Union	5:48.29
4	Ostrom, Heather	10	West Torrance	5:49.31
5	Yogi, Noki	9	Redondo Union	5:49.89
6	Kim, Caitlin	9	Peninsula	5:50.43
7	Haugen, Allison	10	West Torrance	5:51.58
8	Sinshiemer, Sara	10	Redondo Union	5:53.70
9	Weatherall, Courtney	9	Palos Verdes	5:56.40
10	Leserman, Ellen	10	Mira Costa	5:56.81
11	Hung, Joanne	9	West Torrance	5:57.91
12	Bhaskar, Rena	9	Redondo Union	6:00.89

**Event 7 Girls 1600 Meter Run Varsity**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Tabatabai, Shadeh	10	Mira Costa	5:23.57
2	Curtis, Chloe	9	Redondo Union	5:37.71
3	Fairley, Megan	11	Peninsula	5:27.23
4	Bullington, Lauren	11	Redondo Union	5:29.10
5	LaCroix, Aleyna	9	Mira Costa	5:41.21
6	Shibata, Renae	11	Peninsula	5:48.36
7	Willard, Elyse	11	Peninsula	5:30.13
8	Wingerning, Natalie	12	Palos Verdes	5:30.95
9	Inouye, Elena	11	West Torrance	5:49.56
10	Ratner, Jessica	12	Mira Costa	6:05.23
11	Breski, Danielle	11	West Torrance	6:10.16
12	Henkhaus, Laura	11	West Torrance	6:10.53

**Event 8 Boys 1600 Meter Run Varsity**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Adler, Alex	11	Mira Costa	4:36.81
2	McCarty, Josh	11	West Torrance	4:37.88
3	DeCastro, Steven	12	West Torrance	4:39.19
4	Khan, Fawad	12	Palos Verdes	4:41.69
5	Ensbury, Alex	10	Mira Costa	4:41.86
6	Flores, Jon	12	Redondo Union	4:40.20
7	Lezama, Jose	10	Leuzinger	4:40.83
8	Humbarger, Scott	11	Mira Costa	4:44.67
9	Hanley, Kevin	12	Mira Costa	4:45.61
10	Yagi, Yuki	11	Peninsula	4:47.70
11	Samushima, Brian	12	West Torrance	4:49.96
12	Scantlebury, Willis	12	West Torrance	4:52.10

**Event 9 Boys 110 Meter Hurdles Frosh Soph**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Brunet, Alex	10	Palos Verdes	19.52
2	Heffernan, John	10	Mira Costa	18.92
3	Hadidjaja, Kevin	11	Peninsula	18.59
4	Robinson, Joe	10	Mira Costa	18.50
5	Willard, T.C.	10	Mira Costa	17.05
6	Tuttle, Brian	10	Peninsula	18.40
7	Louie, Jordan	10	Peninsula	17.97
8	Chiu, Peter	9	West Torrance	18.81
9	Yamada, Ryan	9	Palos Verdes	18.99

**Event 10 Boys 110 Meter Hurdles Varsity**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Cohen, Michael	12	Mira Costa	17.67
2	Watanabe, Yuta	11	West Torrance	16.03
3	Guerrero, Alex	12	Peninsula	15.60
4	Davis, Cartier	12	Leuzinger	15.45
5	Lewis, Max	12	Mira Costa	15.29
6	Graham, Kyle	12	Leuzinger	15.37
7	Hagen, Andrew	12	Palos Verdes	15.57
8	Wilson, Tanner	11	Mira Costa	15.85
9	Tsai, Joseph	12	Peninsula	17.09

**Event 11 Girls 100 Meter Hurdles Frosh Soph**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Mamiya, Lauren	9	Redondo Union	20.11
2	Harless, Casey	9	Mira Costa	19.84
3	Graverson, Emilee	9	Mira Costa	19.14
4	Nelson, Maggie	9	Redondo Union	19.57
5	Hastings, Jamie	10	Mira Costa	17.84
6	Lutz, Michelle	10	Mira Costa	18.18
7	Marks, Michelle	9	West Torrance	18.92
8	Park, Jessica	10	Peninsula	19.24
9	Martin, Kelly	10	Peninsula	19.90

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**Event 12 Girls 100 Meter Hurdles Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Rosinsky, Amy	11 West Torrance	17.90
2	Yang, Candice	11 Palos Verdes	17.87
3	Lawson, Hayley	12 Mira Costa	16.56
4	Sheffield, Aisha	11 Redondo Union	16.19
5	Liehr, Whitney	12 Palos Verdes	14.75
6	Forbes, Shannon	12 Peninsula	15.12
7	Sieminski, Jessica	12 Mira Costa	16.37
8	Resnick, Emily	11 Peninsula	17.48
9	Lewallen, Kaitlin	11 Peninsula	17.90

**Event 13 Boys 400 Meter Dash Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Faulkner, Kyle	10 Mira Costa	58.10
2	Guzenhauser, Rob	9 Palos Verdes	57.45
3	Breski, Shane	10 West Torrance	56.64
4	Lyou, Colin	10 Palos Verdes	55.22
5	Wright, Rico	9 Mira Costa	53.89
6	Weatherell, Jack	10 Palos Verdes	55.09
7	Keegan, Kevin	9 Peninsula	56.44
8	Turner, Galen	10 Leuzinger	57.32
9	Machado, Alex	9 Redondo Union	57.92

**Event 14 Girls 400 Meter Dash Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Wilson, Julie	9 Redondo Union	1:09.06
2	Sawelson, Jordan	10 Peninsula	1:07.39
3	Kwan, Jessica	10 Peninsula	1:06.90
4	Yuch, Amanda	9 Mira Costa	1:05.76
5	Moody, Laura	10 Peninsula	1:04.28
6	Bolden, Cindy	9 Redondo Union	1:06.13
7	Bair, Devon	10 Mira Costa	1:05.88
8	Brown, Allie	9 Mira Costa	1:07.35
9	Matucci, Diana	9 Redondo Union	1:07.77

**Event 15 Girls 400 Meter Dash Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Abul Haj, Alia	10 Palos Verdes	NT
2	Herriage, Stephanie	11 Peninsula	1:05.45
3	Silva, Gina	11 West Torrance	1:04.43
4	Steele, Courtney	12 Redondo Union	1:01.57
5	Broussard-Wilson, Emma	11 Mira Costa	1:00.52
6	Ladabouche, Chenoa	10 Redondo Union	1:02.06
7	Niemroozi, Nicole	12 Redondo Union	1:04.14
8	Edmonds, Taylor	11 Mira Costa	1:05.03
9	Cunningham, Megan	11 West Torrance	1:07.81

**Event 16 Boys 400 Meter Dash Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Vandenakker, Christian	12 Mira Costa	58.71
2	Tracy, Sean	11 Mira Costa	54.72
3	Gray, Brandon	12 Leuzinger	53.01
4	Giacomin, Alex	11 Palos Verdes	51.95
5	Peterson, Andrew	12 Mira Costa	51.22
6	Janieks, Derek	11 Mira Costa	53.35
7	Rogers, Max	11 Peninsula	52.44
8	Emdee, Greg	10 Redondo Union	54.24
9	Stewart, Vincent	12 Leuzinger	56.85

**Event 17 Boys 100 Meter Dash Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Trudnowski, Luke	9 West Torrance	12.41
2	Waldman, Tyler	9 Peninsula	12.22
3	Jones, Jason	10 Mira Costa	11.99
4	James, Jessie	10 Leuzinger	11.91
5	Mancusi, Victor	9 Palos Verdes	11.84
6	Mitchell, Trumell	9 Leuzinger	11.87
7	Solorzano, Alejandro	9 West Torrance	11.90
8	Baiz, Max	9 Palos Verdes	12.19
9	Pierson, Ryan	9 Peninsula	12.40

**Event 18 Girls 100 Meter Dash Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Garcia, Jackie	10 Palos Verdes	13.88
2	Jho, Angie	10 West Torrance	13.85
3	Kwan, Stephanie	10 Peninsula	13.51
4	Bowers, Alexa	9 Mira Costa	13.64
5	Jackson, Simone	9 Redondo Union	13.25
6	Ojalvo, Marilyn	9 Palos Verdes	13.30
7	Davila, Renae	9 Peninsula	13.47
8	Randall, Jocelyn	10 Palos Verdes	13.84
9	Baucham, Brionne	10 West Torrance	13.87

**Event 19 Girls 100 Meter Dash Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Vantrimpont, Julia	10 Mira Costa	13.36
2	Marill, Isabella	12 Mira Costa	13.26
3	Mason, Ashley	11 Redondo Union	13.09
4	DeCuir, Shavonya	12 Leuzinger	12.91
5	Anakwenze, Lisa	9 Peninsula	12.74
6	Jorgenson, Jenny	11 Palos Verdes	12.80
7	Wells, Nehanda	12 Peninsula	12.95
8	Wang, Cynthia	9 Peninsula	13.25
9	Ruiz, Melissa	11 West Torrance	13.34

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**Event 20 Boys 100 Meter Dash Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Manning, Darren	11 Redondo Union	11.69
2	Jones, Nick	11 Redondo Union	11.58
3	Jones, Tymon	10 Redondo Union	11.46
4	Solomon, Ryan	11 Peninsula	11.42
5	Rodgers, Mark	12 Leuzinger	10.86
6	Abdul, Wajid	12 Peninsula	11.10
7	Berndt, AJ	12 Mira Costa	11.45
8	Giacomin, Louis	10 Peninsula	11.47
9	Margolis, Jarett	11 Mira Costa	11.64

**Event 21 Boys 800 Meter Run Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Wright, Rico	9 Mira Costa	2:08.57
2	Meyer, Daniel	10 Palos Verdes	2:10.81
3	Kuwanoe, Daniel	9 Palos Verdes	2:16.09
4	Woods, Anthony	10 Palos Verdes	2:09.77
5	Chung, Daniel	10 West Torrance	2:12.74
6	Zuckerman, Chase	9 Palos Verdes	2:17.46
7	Sheridan, Kyle	10 Redondo Union	2:11.79
8	Krumpe, Cameron	9 West Torrance	2:13.14
9	Jackson, Ryan	10 Peninsula	2:17.51
10	Inouye, Hiroke	10 Peninsula	2:13.10
11	Sin, Randy	10 Peninsula	2:13.50
12	McLees, Justin	10 Mira Costa	2:14.33

**Event 22 Girls 800 Meter Run Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Simmons, Erin	10 Palos Verdes	2:31.36
2	Ostrom, Heather	10 West Torrance	2:33.42
3	Glunt, Samantha	10 Mira Costa	2:32.94
4	Weatherall, Courtney	9 Palos Verdes	2:35.89
5	Shibata, Kaylyn	9 Peninsula	2:35.64
6	Ehrlanson, Aika	9 Peninsula	2:36.71
7	Freije, Catherine	10 Peninsula	2:37.11
8	Bhaskar, Rena	9 Redondo Union	2:39.42
9	Fields, Kristin	9 Mira Costa	2:40.03
10	Jones, Maggie	10 Mira Costa	2:40.64
11	Matsura, Jacie	9 West Torrance	2:40.98
12	Lyle, Allison	10 Mira Costa	2:41.52

**Event 23 Girls 800 Meter Run Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Sopp, Kara	11 Redondo Union	2:28.06
2	Solandt, Melanie	11 Palos Verdes	2:28.17
3	Yuen, Kaeli	11 Peninsula	2:28.90
4	Dileva, Monique	12 Peninsula	2:34.18
5	Castro, Annie	11 West Torrance	2:35.26
6	Nozawa, Bonnie	12 Peninsula	2:35.76
7	Avdic, Adaleta	10 Redondo Union	2:38.08
8	Inouye, Elena	11 West Torrance	2:39.17
9	Kim, Elizabeth	12 Peninsula	2:40.12
10	Quinn, Alysha	12 Peninsula	2:42.02
11	Denney, Nikkol	12 Mira Costa	2:43.84
12	Daum, Cassidy	12 Palos Verdes	2:44.77

**Event 24 Boys 800 Meter Run Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Ensbury, Alex	10 Mira Costa	2:00.87
2	Conover, Adam	11 Mira Costa	2:02.01
3	DeCastro, Steven	12 West Torrance	2:05.28
4	Adler, Alex	11 Mira Costa	2:01.00
5	Oyakawa, Yosuke	12 Peninsula	2:03.28
6	Williams, David	12 Mira Costa	2:05.32
7	Khan, Fawad	12 Palos Verdes	2:01.42
8	Tikker, Ryan	12 Mira Costa	2:05.63
9	Naka, Eugene	11 Peninsula	2:01.75
10	Nelson, Hank	11 Redondo Union	2:03.78
11	Knight, John	11 Peninsula	2:05.89
12	Humbarger, Scott	11 Mira Costa	2:06.33

**Event 25 Girls 300 Meter Hurdles Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Hastings, Jamie	10 Mira Costa	57.61
2	Graverson, Emilee	9 Mira Costa	54.95
3	Woodruff, Michelle	9 Redondo Union	53.64
4	Ellis, Kirsten	9 Mira Costa	52.69
5	Lutz, Michelle	10 Mira Costa	51.31
6	Park, Jessica	10 Peninsula	52.00
7	Bair, Devon	10 Mira Costa	52.91
8	Marks, Michelle	9 West Torrance	53.74
9	Nelson, Maggie	9 Redondo Union	56.15

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**Event 26 Girls 300 Meter Hurdles Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Lee, Nicole	11 West Torrance	53.19
2	Sieminski, Jessica	12 Mira Costa	52.86
3	Avdic, Adaleta	10 Redondo Union	51.56
4	Cardenas, Miriam	9 West Torrance	49.30
5	Forbes, Shannon	12 Peninsula	45.60
6	Liehr, Whitney	12 Palos Verdes	48.10
7	Resnick, Emily	11 Peninsula	49.62
8	Sheffield, Aisha	11 Redondo Union	52.02
9	Poje, Angela	11 Mira Costa	53.09

**Event 27 Boys 300 Meter Hurdles Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Yamada, Ryan	9 Palos Verdes	49.49
2	Robinson, Joe	10 Mira Costa	47.24
3	Dill, Cody	10 Redondo Union	46.35
4	Tuttle, Brian	10 Peninsula	45.90
5	Willard, T.C.	10 Mira Costa	44.15
6	Heffernan, John	10 Mira Costa	44.73
7	Hadidjaja, Kevin	11 Peninsula	46.13
8	Koger, Michael	9 Mira Costa	46.76
9	Arquino, Gary	9 West Torrance	48.38

**Event 28 Boys 300 Meter Hurdles Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Wilson, Tanner	11 Mira Costa	43.04
2	Chandaragga, Eric	12 Mira Costa	42.56
3	Graham, Kyle	12 Leuzinger	41.30
4	Hagen, Andrew	12 Palos Verdes	40.99
5	Lewis, Max	12 Mira Costa	40.14
6	Go, Alvin	12 West Torrance	40.22
7	Davis, Cartier	12 Leuzinger	41.02
8	Guerrero, Alex	12 Peninsula	42.52
9	Blalock, Tristan	12 West Torrance	42.64

**Event 29 Boys 200 Meter Dash Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	DeLorenzo, Lije	10 Mira Costa	25.34
2	Guzenhausser, Rob	9 Palos Verdes	25.05
3	Solorzano, Alejandro	9 West Torrance	24.70
4	Lyou, Colin	10 Palos Verdes	24.43
5	Mitchell, Trumell	9 Leuzinger	24.13
6	Weatherell, Jack	10 Palos Verdes	24.22
7	Behan, Kevin	9 West Torrance	24.66
8	Jones, Jason	10 Mira Costa	25.01
9	Trudnowski, Luke	9 West Torrance	25.08

**Event 30 Girls 200 Meter Dash Frosh Soph**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Randall, Jocelyn	10 Palos Verdes	29.06
2	Kwan, Stephanie	10 Peninsula	28.72
3	Bowers, Alexa	9 Mira Costa	28.14
4	Davila, Renae	9 Peninsula	27.59
5	Jackson, Simone	9 Redondo Union	27.22
6	Ojalvo, Marilyn	9 Palos Verdes	27.29
7	Moody, Laura	10 Peninsula	27.87
8	Bolden, Cindy	9 Redondo Union	28.71
9	Baucham, Brionne	10 West Torrance	28.93

**Event 31 Girls 200 Meter Dash Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Lowe, Ashley	11 Mira Costa	27.67
2	Ruiz, Melissa	11 West Torrance	27.27
3	Vantrimpont, Julia	10 Mira Costa	27.21
4	Jorgenson, Jenny	11 Palos Verdes	26.39
5	Wells, Nehanda	12 Peninsula	26.33
6	Anakwenze, Lisa	9 Peninsula	26.37
7	DeCuir, Shavonya	12 Leuzinger	26.69
8	Broussard-Wilson, Emma	11 Mira Costa	27.24
9	Marill, Isabella	12 Mira Costa	27.55

**Event 32 Boys 200 Meter Dash Varsity**

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	Ambriz, Sean	12 Redondo Union	23.50
2	Janieks, Derek	11 Mira Costa	23.44
3	Solomon, Ryan	11 Peninsula	23.13
4	Gray, Brandon	12 Leuzinger	22.97
5	Rodgers, Mark	12 Leuzinger	22.42
6	Abdul, Wajid	12 Peninsula	22.62
7	Dotson, Adrien	11 Mira Costa	23.12
8	Jones, Tymon	10 Redondo Union	23.21
9	Rogers, Max	11 Peninsula	23.50

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**Event 35 Girls 3200 Meter Run Varsity**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Tabatabai, Shadeh	10	Mira Costa	10:58.00
2	Fairley, Megan	11	Peninsula	11:50.00
3	Bullington, Lauren	11	Redondo Union	11:51.00
4	Brandin, Julie	12	Mira Costa	11:51.00
5	Wingerning, Natalie	12	Palos Verdes	11:53.00
6	Shambaugh, Kelly	11	Mira Costa	11:54.00
7	Solandt, Melanie	11	Palos Verdes	11:55.00
8	Correo, Caitlyn	11	West Torrance	11:57.00
9	Ommen, Ashley	12	Mira Costa	12:22.00
10	Yarbrough, Carly	11	Mira Costa	12:28.00
11	Inouye, Elena	11	West Torrance	12:30.00
12	Nozawa, Bonnie	12	Peninsula	12:30.00
13	Willard, Elyse	11	Peninsula	12:32.00
14	Henkhaus, Laura	11	West Torrance	12:37.00
15	Salo, Sarah	12	Redondo Union	12:50.00
16	Baker, Rachel	11	Redondo Union	12:59.00
17	Bussio, Stacy	11	Palos Verdes	13:30.00
18	Hong, Alice	11	Peninsula	13:45.00
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**Event 36 Boys 3200 Meter Run Varsity**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Schmidt, Cody	10	Redondo Union	9:26.80
2	Ratley, Andrew	12	Palos Verdes	9:34.00
3	Schmidt, Simon	10	Redondo Union	9:34.10
4	Kalinowski, Danny	11	Mira Costa	9:44.00
5	Adler, Alex	11	Mira Costa	9:48.00
6	Djenderedjian, Levon	12	Peninsula	9:53.00
7	DeCastro, Steven	12	West Torrance	9:58.00
8	Stillo, Mike	11	Palos Verdes	10:00.00
9	McCarty, Josh	11	West Torrance	10:05.00
10	Enomoto, Rio	11	West Torrance	10:07.00
11	Ensbury, Alex	10	Mira Costa	10:08.00
12	Lezama, Jose	10	Leuzinger	10:15.90
13	Bianchi, Joey	11	West Torrance	10:17.00
14	Hanley, Kevin	12	Mira Costa	10:19.00
15	Richland, Josh	10	Palos Verdes	10:20.00
16	Keswani, Nirat	11	West Torrance	10:20.00
17	Hollingsworth, Will	11	Mira Costa	10:24.00
18	Scantlebury, Willis	12	West Torrance	10:28.00
19	Kemper, Greg	11	Peninsula	10:29.00
20	Uyama, George	11	West Torrance	10:38.00
21	Wolgang, Spencer	12	Mira Costa	10:40.00
22	Schwartz, David	11	Redondo Union	10:50.00
23	Bandel, Ryan	12	Mira Costa	10:57.00
24	Fuji, Jon	11	Palos Verdes	11:00.00
25	Chan, Phillip	11	West Torrance	11:30.00
26	Chan, Steve	11	Peninsula	11:53.00
27	Varen, Daniel	11	Palos Verdes	NT
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30	Rivera, Henry		Leuzinger	NT
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**Bay League Championships - 5/1/2007 to 5/4/2007**  
**Mira Costa High School**  
**Meet Program - Bay League Finals (Varsity Field Events)**

**Event 37 Boys 4x400 Meter Relay Frosh Soph**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2			
3	Peninsula	A	3:55.00
	1) Keegan, Kevin 9	2) Nishikawa, Kei 10	
	3) Pearce, William 9	4) Swearingen, Jessie 9	
4	Redondo Union	A	3:45.00
	1) Besnoin, Remy 9	2) Sheridan, Kyle 10	
	3) Machado, Alex 9	4) Baker, Dylan 9	
5	Mira Costa	A	3:41.00
	1) Willard, T.C. 10	2) Heffernan, John 10	
	3) Jones, Jason 10	4) Wright, Rico 9	
6	Palos Verdes	A	3:41.00
	1) Guzenhauser, Rob 9	2) Lyou, Colin 10	
	3) Meyer, Daniel 10	4) Weatherell, Jack 10	
7	West Torrance	A	3:46.00
	1) Breski, Shane 10	2) Chung, Daniel 10	
	3) Hameed, Dhanish 10	4) Surls, Ethan 9	
8	Leuzinger	A	4:05.80
	1) Sawyer, Tony 9	2) Turner, Galen 10	
	3) Wallace, Gerald 9	4) Washington, Dijon 10	
9			

**Event 38 Girls 4x400 Meter Relay Frosh Soph**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2			
3	Redondo Union	A	4:30.00
	1) Bolden, Cindy 9	2) Jackson, Simone 9	
	3) Matucci, Diana 9	4) Woodruff, Michelle 9	
4	West Torrance	A	4:25.00
	1) Gonzalez, Kayla 9	2) Jho, Angie 10	
5	Palos Verdes	A	4:25.00
	1) Dutson, Julia 9	2) Ojalvo, Marilyn 9	
	3) Randall, Jocelyn 10	4) Simmons, Erin 10	
6	Peninsula	A	4:25.00
	1) Davila, Renae 9	2) Kwan, Jessica 10	
	3) Kwan, Stephanie 10	4) Moody, Laura 10	
7	Mira Costa	A	4:25.40
	1) Glunt, Samantha 10	2) Bair, Devon 10	
	3) Brown, Allie 9	4) Yuch, Amanda 9	
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**Event 39 Girls 4x400 Meter Relay Varsity**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2			
3			
4	West Torrance	A	4:24.00
	1) Cunningham, Megan 11	2) Ly, Cynthia 11	
	3) Ruiz, Melissa 11	4) Silva, Gina 11	
5	Redondo Union	A	4:06.40
	1) Curtis, Chloe 9	2) Ladabouche, Chenoa 10	
	3) Steele, Courtney 12	4) Sopp, Kara 11	
6	Mira Costa	A	4:06.90
	1) Wellbaum, Lauren 9	2) Broussard-Wilson, Emma	
	3) Edmonds, Taylor 11	4) Tabatabai, Shadeh 10	
7	Peninsula	A	4:30.00
	1) Dileva, Monique 12	2) Herriage, Stephanie 11	
	3) Malone, Eboni 12	4) Resnick, Emily 11	
8			
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**Event 40 Boys 4x400 Meter Relay Varsity**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2			
3	Peninsula	A	3:40.00
	1) Knight, John 11	2) Naka, Eugene 11	
	3) Oyakawa, Yosuke 12	4) Starnieri, Nick 11	
4	Palos Verdes	A	3:31.00
	1) Hagen, Andrew 12	2) Khan, Fawad 12	
	3) Coombs, Adam 11	4) Giacomini, Alex 11	
5	Mira Costa	A	3:29.80
	1) Dotson, Adrien 11	2) Tracy, Sean 11	
	3) Janieks, Derek 11	4) Peterson, Andrew 12	
6	West Torrance	A	3:30.00
	1) Blalock, Tristan 12	2) Go, Alvin 12	
	3) Krumpe, Tyler 11		
7	Leuzinger	A	3:32.90
	1) Davis, Cartier 12	2) Gray, Brandon 12	
	3) Rodgers, Mark 12	4) Washington, Sean 12	
8	Redondo Union	A	3:40.00
	1) Emdee, Greg 10	2) Tallant, Ted 11	
	3) Residor, Patrick 12	4) Nelson, Hank 11	
9			

**Bay League Championships - 5/1/2007 to 5/4/2007**  
**Mira Costa High School**  
**Meet Program - Bay League Finals (Varsity Field Events)**

**Event 43 Girls Long Jump Varsity**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	Bamishile, Fran	12	Peninsula	15-03.00	
2	Mason, Ashley	11	Redondo Union	15-04.00	
3	Bookman, Ashley	12	Redondo Union	15-06.00	
4	Sieminski, Jessica	12	Mira Costa	15-09.00	
5	Okonkwo, Nkeichi	9	Peninsula	16-00.00	
6	Lawson, Hayley	12	Mira Costa	16-01.00	
7	Wilkes, Erinn	12	Peninsula	16-02.00	
8	Liehr, Whitney	12	Palos Verdes	18-03.00	
<b>Flight 2 of 2 Finals</b>					
1	Oliker, Kady	11	Mira Costa	13-02.00	
2	Bennett, Jordan	11	Mira Costa	13-08.00	
3	Davidson, Brynna	11	Peninsula	14-05.00	
4	Malone, Eboni	12	Peninsula	14-06.00	
5	Duron, Meghan	11	Mira Costa	14-07.00	
6	Downs, Shaquanta	11	Leuzinger	14-08.00	
7	Nyingifa, Atonye	11	Redondo Union	15-00.00	
8	Willard, Taja	12	Mira Costa	15-00.00	

**Event 44 Boys Long Jump Varsity**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	Jones, Tim	12	Mira Costa	19-08.00	
2	Ostrom, Jeff	12	West Torrance	19-11.00	
3	Manning, Darren	11	Redondo Union	20-02.00	
4	Rogers, Max	11	Peninsula	20-03.00	
5	Jones, Tymon	10	Redondo Union	20-05.00	
6	Washington, Sean	12	Leuzinger	20-06.00	
7	Holly, Eric	12	Peninsula	20-06.00	
8	Ross, Monroe	12	Leuzinger	20-10.00	
9	Alcaraz, Richard	11	West Torrance	21-00.00	
10	Marquez, Alex	11	West Torrance	21-00.00	
11	Giacomin, Alex	11	Palos Verdes	21-00.00	
12	Solomon, Ryan	11	Peninsula	21-07.00	
13	Graham, Kyle	12	Leuzinger	21-10.00	
<b>Flight 2 of 2 Finals</b>					
1	Masucci, Chris	11	Mira Costa	15-02.00	
2	Iguchi, Kyle	11	Palos Verdes	16-09.00	
3	Willis, Frank	11	Palos Verdes	17-06.00	
4	Rubio, Joe	11	Redondo Union	18-00.00	
5	Khaleghian, Bobby	12	Mira Costa	18-05.00	
6	Nakaoka, Richard	11	Mira Costa	18-06.00	
7	LeFlore, Justin	11	Redondo Union	18-06.00	
8	Wayland, Jeff	11	Mira Costa	18-07.00	
9	Beltran, Josh	12	West Torrance	18-07.00	
10	Real, Andy	11	Mira Costa	19-05.00	
11	Chandaragga, Eric	12	Mira Costa	19-06.00	
12	Gonzales, Dan	12	Peninsula	19-07.00	
13					

**Event 47 Girls Triple Jump Varsity**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	Bookman, Ashley	12	Redondo Union	33-05.00	
2	Sieminski, Jessica	12	Mira Costa	33-06.00	
3	Guitare, Shayna	9	West Torrance	33-10.00	
4	Lawson, Hayley	12	Mira Costa	34-05.00	
5	Wilkes, Erinn	12	Peninsula	34-09.00	
6	Forbes, Shannon	12	Peninsula	37-07.00	
7	Liehr, Whitney	12	Palos Verdes	39-07.00	
<b>Flight 2 of 2 Finals</b>					
1	Downs, Shaquanta	11	Leuzinger	28-03.00	
2	Hoang, Chantel	11	Peninsula	28-06.00	
3	Nyingifa, Atonye	11	Redondo Union	29-00.00	
4	Ly, Cynthia	11	West Torrance	30-00.00	
5	Ahmed, Sara	11	West Torrance	30-00.00	
6	Lewallen, Kaitlin	11	Peninsula	30-08.00	
7	Willard, Taja	12	Mira Costa	31-01.00	

**Event 48 Boys Triple Jump Varsity**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	Guerrero, Alex	12	Peninsula	39-03.00	
2	Marquez, Alex	11	West Torrance	39-06.00	
3	Ostrom, Jeff	12	West Torrance	40-01.00	
4	Tuzkov, Anton	12	West Torrance	40-04.00	
5	Lewis, Max	12	Mira Costa	40-09.00	
6	Hagen, Andrew	12	Palos Verdes	41-00.00	
7	Holly, Eric	12	Peninsula	41-01.00	
8	Graham, Kyle	12	Leuzinger	41-08.00	
9	Alcaraz, Richard	11	West Torrance	42-03.00	
10	Washington, Sean	12	Leuzinger	42-08.00	
<b>Flight 2 of 2 Finals</b>					
1	Masucci, Chris	11	Mira Costa	31-08.00	
2	Nakaoka, Richard	11	Mira Costa	36-01.00	
3	Gonzales, Dan	12	Peninsula	36-07.00	
4	Wayland, Jeff	11	Mira Costa	36-08.00	
5	Jones, Tim	12	Mira Costa	36-10.00	
6	Real, Andy	11	Mira Costa	37-06.00	
7	Rios, Michael	11	West Torrance	37-07.00	
8	Wickstrom, Greg	11	Peninsula	38-06.00	
9	LeFlore, Justin	11	Redondo Union	38-08.00	
10	Khaleghian, Bobby	12	Mira Costa	39-00.00	



**Bay League Championships - 5/1/2007 to 5/4/2007**  
**Mira Costa High School**  
**Meet Program - Bay League Finals (Varsity Field Events)**

**Event 51 Girls High Jump Varsity**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Oliker, Kady	11	Mira Costa	4-02.00
2	Bennett, Jordan	11	Mira Costa	4-04.00
3	Maly-Karros, Mikah	11	Mira Costa	4-06.00
4	Duron, Meghan	11	Mira Costa	4-08.00
5	Wilkes, Erinn	12	Peninsula	4-08.00
6	Hoang, Chantel	11	Peninsula	4-08.00
7	Wellbaum, Lauren	9	Mira Costa	4-08.00
8	Broussard-Wilson,	12	Mira Costa	4-08.00
9	Kim, Theresa	12	Peninsula	4-08.00
10	Hirata, Lauren	11	Peninsula	4-10.00
11	Lawson, Hayley	12	Mira Costa	5-00.00
12	Nyingifa, Atonye	11	Redondo Union	5-00.00
13	Bookman, Ashley	12	Redondo Union	5-02.00
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**Event 52 Boys High Jump Varsity**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Iguchi, Kyle	11	Palos Verdes	5-04.00
2	Real, Andy	11	Mira Costa	5-04.00
3	LeFlore, Justin	11	Redondo Union	5-06.00
4	Marquez, Alex	11	West Torrance	5-06.00
5	Manning, Darren	11	Redondo Union	5-06.00
6	Willis, Frank	11	Palos Verdes	5-08.00
7	Ross, Monroe	12	Leuzinger	5-08.00
8	Holly, Eric	12	Peninsula	5-10.00
9	Ostrom, Jeff	12	West Torrance	5-10.00
10	Alcaraz, Richard	11	West Torrance	5-10.00
11	Garrety, Nick	11	Redondo Union	6-02.00
12	Wickstrom, Greg	11	Peninsula	6-02.00
13	Giacomin, Alex	11	Palos Verdes	6-05.00
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**Bay League Championships - 5/1/2007 to 5/4/2007**  
**Mira Costa High School**  
**Meet Program - Bay League Finals (Varsity Field Events)**

**Event 55 Girls Shot Put Varsity**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Beck, Emily	11	Redondo Union	22	00.00
2	Hackman, Emiko	11	Redondo Union	24	06.00
3	Sell, Melanie	11	West Torrance	27	04.00
4	Foo, Chelsea	11	Redondo Union	27	05.00
5	Choi, Young	11	Peninsula	27	10.00
6	Hamm, Kirsten	11	West Torrance	30	08.00
7	Mulcahy, Amanda	12	Peninsula	30	09.00
8	Lyons, Brooke	12	Palos Verdes	33	00.00
9	Ritter, Allie	12	Redondo Union	33	04.00
10	Roth, Grace	12	Mira Costa	33	04.00
11	Roth, Molly	11	Mira Costa	33	08.00
12	Marsaw, Elizabeth	12	West Torrance	33	09.00
13	Silly, Mia		Leuzinger		ND
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**Event 56 Boys Shot Put Varsity**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	Kmeciak, Jason	12	West Torrance	41	00.00
2	Sheehy, Patrick	12	Mira Costa	43	00.00
3	Graham, Taylor	12	West Torrance	44	04.00
4	Del Signore, Tom	12	Redondo Union	44	06.00
5	Goldberg, Max	12	Redondo Union	45	06.00
6	Alexander, Cory	11	Mira Costa	46	01.00
7	Kaveinga, Uona	11	Leuzinger	46	07.00
8	Jones, Otis	11	Leuzinger	48	08.00
9	McKelvey, P.J.	12	West Torrance	51	04.00
10	Probasco, Alex	12	Mira Costa	54	01.00
11	Weintraub, Jacob	12	Redondo Union	56	01.00

**Flight 2 of 2 Finals**

1	Latterman, Paul	12	Peninsula	31	00.00
2	Lajuenesse, Dan	12	Peninsula	34	07.00
3	Brito, Scott	11	Peninsula	37	04.00
4	Vartanian, Mikel	11	Mira Costa	38	04.00
5	Roth, Matt	11	Mira Costa	39	05.00
6	Huang, Yoon	11	West Torrance	40	00.00
7	Wentworth, Mike	11	Palos Verdes	40	00.00
8	Ohnaki, David	11	Palos Verdes	40	00.00
9	Battle, Ronald	11	Leuzinger	40	02.00
10	Murrillo, Jesus	11	Leuzinger	40	03.00
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**Event 63 Girls Pole Vault Varsity**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Jenkins, Diana	11	Redondo Union	7	00.00
2	Featherstone, Arianna	12	Mira Costa	7	00.00
3	Grunauer, Tatiana	11	Mira Costa	7	06.00
4	Bell, Kimi	12	Redondo Union	7	06.00
5	Morales, Cassandra	12	Peninsula	8	00.00
6	Harding, Christina	10	Mira Costa	8	06.00
7	Yuste, Noelle	12	Peninsula	9	00.00
8	Schwarz, Katrina	10	West Torrance	9	03.00
9	King, Kristina	11	Mira Costa	10	03.00
10	Lam, Sandra	12	Peninsula	10	06.00
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**Bay League Championships - 5/1/2007 to 5/4/2007**  
**Mira Costa High School**  
**Meet Program - Bay League Finals (Varsity Field Events)**

**Event 64 Boys Pole Vault Varsity**

<b>Pos</b>	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>				
1	Boss, Jenya	11	Palos Verdes	8-06.00
2	Lee, Moses	11	West Torrance	9-00.00
3	Thompson, Brian	11	West Torrance	9-06.00
4	Residor, Patrick	12	Redondo Union	10-00.00
5	Quinones, Pedro	11	Peninsula	10-06.00
6	Johnson, Chris	11	Peninsula	10-06.00
7	Chan, Casey	12	West Torrance	11-00.00
8	Nguyen, Ryan	11	Peninsula	11-00.00
9	Lohnes, Jameson	11	West Torrance	11-00.00
10	Nassiri, Justin	12	Peninsula	11-06.00
11	Lam, Jason	11	Peninsula	11-06.00
12	Duprey, Nolan	11	Mira Costa	12-06.00
13	Morrow, Michael	11	Mira Costa	13-06.00
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