

2007 CIF SOUTHERN SECTION
TOYOTA
TRACK & FIELD
DIVISIONAL FINALS



Southern Section
TOYOTA Championships

Cerritos College

Saturday, May 19, 2007 - 1:00 p.m.

Stadium Opens - 9:30 a.m.

DIVISIONAL CHAMPIONSHIPS TIME SCHEDULE

* The time schedule is an approximate schedule. Races will run in sequence without delay. Alternates must check-in with the Clerk of Course prior to their event being called. The alternates need to report ready to run when the event is Clerked.

RUNNING EVENTS

ORDER OF CHAMPIONSHIPS: DIV. 4, 3, 2, 1

Girls 400m Relay	1:00	Boys 800m	4:00
Boys 400m Relay	1:15	Girls 300m LH	4:15
Girls 1600m	1:35	Boys 300m IH	4:25
Boys 1600m	2:00	Girls 200m	4:40
Girls 100m HH	2:20	Boys 200m	4:50
Boys 110m HH	2:40	Girls 3200m (D2&4)	5:05
Girls 400m	2:55	Girls 3200m (D1&3)	5:20
Boys 400m	3:10	Boys 3200m (D 2&4)	5:35
Girls 100m	3:25	Boys 3200m (D 1&3)	5:50
Boys 100m	3:35	Girls 1600m Relay	6:05
Girls 800m	3:50	Boys 1600m Relay	6:30

DIVISION FINALS - ORDER OF FIELD EVENTS DIV. 4, 3, 2, 1

The stadium will open at 9:15am. Competitors should report one (1) hour prior to the starting times listed below. Athletes in all divisions of a field event must check in with the Clerk of the Course and the Event Judge when the first call is given. **No athlete, regardless of division, will be allowed to report later than ten (10) minutes prior to the start of competition for the first division in that event.**

GIRLS POLE VAULT - 10:30

BOYS POLE VAULT - To follow girls

Note: All pole vaulter's weight and pole must be certified by the COACH at the Clerk of Course prior to the event. ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS AND GIRLS LONG JUMP - 11:00

BOYS AND GIRLS TRIPLE JUMP - To follow Long Jump

ALL athletes must be dressed in a proper, school issued, track uniform.

GIRLS SHOT PUT - 11:00

BOYS SHOT PUT - To follow girls

Note: Shots will be provided by meet management. Athletes are not permitted to bring their implements into the competition area. ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS HIGH JUMP - 11:00

GIRLS HIGH JUMP - To follow boys

ALL athletes must be dressed in a proper, school issued, track uniform.

BOYS DISCUS - 11:00

GIRLS DISCUS - To follow boys

Note: Implements must be weighed and measured at the Field House prior to competition. ALL athletes must be dressed in a proper, school issued, track uniform.

QUALIFYING STANDARDS

CHAMPIONSHIP FINALS INTO THE MASTERS MEET - The top nine (9) performances, regardless of division, will advance to the Masters Meet. The top **twelve** (12) performances in the 1600 and the 3200 will advance to the Masters Meet.

MASTERS MEET INTO THE STATE MEET - The top five (5) finishers in each event will advance to the State Meet to be in Sacramento on Friday, June 1 and Saturday, June 2, 2007. "At-Large entries will be accepted into the State Meet. See the State Meet Advance Bulletin for marks.



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 4X100 METER RELAY 1:00 P.M.

DIV 4	L. SCHOOL	A	TIME	EVENT 1
1	Maranatha	A	51.50	
2	Louisville	A	50.49	
3	Marlborough	A	49.68	
4	Valley Chr. (Cerritos)	A	49.46	
5	St. Mary's Academy	A	47.70	
6	Paraclete	A	48.93	
7	Serra	A	49.50	
8	Marymount	A	50.45	
9	La Reina	A	50.61	

DIV 3	L. SCHOOL	A	TIME	EVENT 1
1	Lutheran (Orange)	A	49.69	
2	Harvard Westlake	A	49.55	
3	Sonora	A	49.08	
4	St. Lucy's	A	48.90	
5	Centennial (Compton)	A	48.42	
6	Muir	A	48.82	
7	Notre Dame (S.O.)	A	48.95	
8	Barstow	A	49.10	
9	Oak Park	A	49.64	

DIV 2	L. SCHOOL	A	TIME	EVENT 1
1	Woodbridge	A	49.38	
2	Ciaramont	A	48.96	
3	North, J.W.	A	48.80	
4	Peninsula	A	48.71	
5	Rio Mesa	A	47.98	
6	Dominguez	A	48.17	
7	Cypress	A	48.71	
8	Culver City	A	48.95	
9	Mayfair	A	48.97	

DIV 1	L. SCHOOL	A	TIME	EVENT 1
1	Dana Hills	A	48.62	
2	Great Oak	A	48.19	
3	Palmdale	A	47.86	
4	Wilson (Long Beach)	A	46.72	
5	Rancho Verde	A	46.27	
6	Poly (Long Beach)	A	46.49	
7	Rancho Cucamonga	A	47.79	
8	Murrieta Valley	A	48.00	
9	Millikan	A	48.59	

BOYS 4X100 METER RELAY 1:15 P.M.

DIV 4	L. SCHOOL	A	TIME	EVENT 2
1	St. Margaret's	A	44.85	
2	Valley Chr. (Cerritos)	A	44.80	
3	Paraclete	A	44.05	
4	Brentwood	A	43.55	
5	Crespi	A	43.13	
6	St. Bonaventure	A	43.17	
7	Serra	A	43.77	
8	Kilpatrick	A	44.58	
9	Templeton	A	44.85	

DIV 3	L. SCHOOL	A	TIME	EVENT 2
1	Bishop Amat	A	43.40	
2	Gahr	A	43.27	
3	San Dimas	A	43.17	
4	Artesia	A	42.95	
5	Notre Dame (S.O.)	A	42.30	
6	Servite	A	42.63	
7	Inglewood	A	43.03	
8	Palm Springs	A	43.22	
9	Muir	A	43.29	

DIV 2	L. SCHOOL	A	TIME	EVENT 2
1	North Torrance	A	43.03	
2	Culver City	A	42.77	
3	Dominguez	A	42.53	
4	Paso Robles	A	42.41	
5	North, J.W.	A	41.44	
6	Rio Mesa	A	41.83	
7	Compton	A	42.52	
8	Loyola	A	42.56	
9	San Jacinto	A	42.87	

DIV 1	L. SCHOOL	A	TIME	EVENT 2
1	Fountain Valley	A	43.16	
2	Palmdale	A	43.09	
3	Great Oak	A	42.76	
4	Mission Viejo	A	42.32	
5	Poly (Long Beach)	A	41.51	
6	Rancho Cucamonga	A	41.54	
7	Aliso Niguel	A	42.46	
8	Los Alamitos	A	42.94	
9	San Clemente	A	43.15	

NATIONAL RECORD

School	Mark	Year
Long Beach Poly (CA)	44.50	2004
CIF-SS BEST		
Long Beach Poly	44.50	2004
CIF-SS DIVISIONAL		
Long Beach Wilson (D1)	45.10	2001
Hawthorne (D2)	46.64	1982
St. Bernard (D3)	45.37	1997
St. Mary's Academy	46.98	2005

NATIONAL RECORD

School	Mark	Year
Wyatt/Ft. Worth, TX	39.76	1998
CIF-SS BEST		
Long Beach Poly	40.14	1999
CIF-SS DIVISIONAL		
Hawthorne (D1)	40.36	1989
Hawthorne (D2)	40.89	1983
Serra (D3)	41.08	1998
Serra (D4)	40.97	2000



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 1600 METERS

1:35 P.M.

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
4	1 Olmos, Melissa 12	Rosamond	5:21.94	3
	2 Silverman, Dot 9	Flintridge Prep	5:19.21	
	3 Phillips, Ashley 10	Marlborough	5:17.30	
	4 Sitker, Margaret 12	La Salle	5:15.97	
	5 Fleming, Roseanne 11	Oaks Christian	5:11.43	
	6 Brumund, Brooklin 10	Calvary Chapel (Murr.)	5:15.81	
	7 VanCott, Chelsea 11	Calvary Chapel (S.A.)	5:16.90	
	8 Williamson, Cait 10	Sage Hill	5:18.65	
	9 Owen, Kelly 10	Chadwick	5:21.60	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
3	1 Presley, Sara 12	Yucca Valley	5:11.28	3
	2 Hancock, Vanessa 11	Brea Olinda	5:07.87	
	3 May, Hilary 12	Corona del Mar	5:06.34	
	4 Buckley, Shelby 11	Corona del Mar	5:02.22	
	5 Damon, Allison 11	Corona del Mar	5:00.83	
	6 Cummings, Sarah 12	Corona del Mar	5:01.44	
	7 Danhaki, Lizzy 12	Harvard Westlake	5:04.36	
	8 Lightfoot, Courtney 11	Oak Park	5:07.84	
	9 Foster, Staci 10	Lutheran (Orange)	5:08.08	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
2	1 Toberty, Sarah 11	Woodbridge	5:05.26	3
	2 Felix, Stephanie 11	La Mirada	5:04.21	
	3 Bryson, Taylor 12	Newport Harbor	5:02.60	
	4 Hayes, Hillary 10	Edison	4:58.94	
	5 Babcock, Christine 11	Woodbridge	4:52.92	
	6 Sperry, Anna 12	Simi Valley	4:53.13	
	7 Tabatabai, Shadeh 10	Mira Costa	4:59.94	
	8 Curtis, Chloe 9	Redondo Union	5:03.65	
	9 Martinez, Sadee 11	Burroughs (Burbank)	5:05.02	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
1	1 Gallaher, Abbey 11	Great Oak	5:13.82	3
	2 Coe, Elizabeth 11	Fountain Valley	5:10.11	
	3 Adamayk, Christy 12	Glendora	5:07.37	
	4 Russell, Brooke 12	Hart	5:05.80	
	5 Murakami, Shannon 12	Saugus	4:57.75	
	6 Collison, Claire 11	Crescenta Valley	5:04.52	
	7 Tarver, Kauren 11	Serrano	5:06.85	
	8 Evans, Ashley 10	Corona	5:08.54	
	9 Kenney, Kalyn 11	Temecula Valley	5:12.75	

BOYS 1600 METERS

2:00 P.M.

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
4	1 Wendlandt, Brad 11	Valley Chr. (Cerritos)	4:39.34	4
	2 Williams, Austin 10	La Salle	4:36.66	
	3 Solis, Berto 11	Big Bear	4:32.05	
	4 Cunningham, Adam 11	Milken Community	4:24.54	
	5 Hall, Chad 12	Big Bear	4:20.67	
	6 Branch, David 12	Woodcrest Christian	4:22.62	
	7 Ortega, Julio 12	St. Joseph (S.M.)	4:31.99	
	8 Hawkes, Sam 12	St. Joseph (S.M.)	4:36.37	
	9 Shaw, Blake 12	La Salle	4:37.75	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
3	1 Telles, Jonathan 11	Santa Margarita	4:24.33	4
	2 Hirschboeck, Mark 12	Santa Margarita	4:23.86	
	3 Confer, Brendon 10	Servite	4:23.54	
	4 Khan, Fawad 12	Palos Verdes	4:22.41	
	5 Ortiz, Miguel 9	Cabrillo (Lompoc)	4:21.18	
	6 Scott, Timothy 12	Corona del Mar	4:21.45	
	7 Yanoschik, Erich 11	Brea Olinda	4:23.22	
	8 Shirck, Brandon 12	Nordhoff	4:23.62	
	9 Hutchison, Thomas 12	Corona del Mar	4:24.30	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
2	1 Alpizar, Jonathon 10	Burroughs (Burbank)	4:24.51	4
	2 Doolittle, Spencer 11	Ayala	4:23.39	
	3 Kahn, Talal 11	Valencia (Placentia)	4:20.41	
	4 Shawel, Johnathan 11	Troy	4:18.77	
	5 Primm, Cory 12	Westlake	4:17.43	
	6 Haji, Abdow 12	El Toro	4:17.76	
	7 Kostelnik, James 11	Loyola	4:19.02	
	8 DeCastro, Steven 12	West Torrance	4:22.26	
	9 Kelley, Nickolas 11	Granite Hills	4:24.10	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
1	1 Aguilar, Edgar 12	Santa Ana	4:24.05	4
	2 Davila, Albert 12	Upland	4:23.22	
	3 Riechl, Jun 12	Royal	4:19.87	
	4 Arcos, Raul 11	Corona	4:17.58	
	5 Knight, Dylan 12	La Sierra	4:14.64	
	6 Knight, Spencer 12	La Sierra	4:16.85	
	7 Andrews, Hudson 12	Royal	4:17.70	
	8 Mackey, Jeff 12	Chino Hills	4:23.05	
	9 Schmidt, Cameron 11	Sultana	4:23.49	

NATIONAL RECORD

Name/School	Mark	Year
Alex Kosinski, Oak Ridge (CA)	4:38.15P	2007

CIF-SS BEST

Polly Plumer, University	4:39.92	1982
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CIF-SS DIVISIONAL

Kim Mortensen, Thousand Oaks (D1)	4:46.28	1996
Amber Steen, Newport Harbor (D2)	4:47.72	2001
Karen Hecox, South Hills (D3)	4:52.38	1990
Gladys Prieur, Le Lycee Francais (D4)	4:47.23	1983

NATIONAL RECORD

Name/School	Mark	Year
Alan Webb, South Lakes (VA)	3:59.51	2001

CIF-SS BEST

Ryan Hall, Big Bear	4:02.62	2001
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CIF-SS DIVISIONAL

Jon Butler, Edison (D1)	4:06.75	1981
Terry Williams, Lompoc (D2) (ht, yds)	4:08.4	1973
Michael Coe, Cabrillo/Lompoc (D3)	4:05.07	2006
Ryan Hall, Big Bear (D4)	4:05.78	2000



TRACK & FIELD CHAMPIONSHIPS MAY 19, 2007

GIRLS 100 METER HIGH HURDLES 2:20 P.M.

DIV 4	L. NAME YR.	SCHOOL	TIME	EVENT 5
	1 Langworthy, Liz 12	Calvary Chapel (Murr.)	17.04	
	2 Wright, Sadera 9	Paraclete	16.38	
	3 Baker, Adrienne 12	St. Margaret's	15.88	
	4 Blanchard, Sasha 11	La Reina	15.08	
	5 Baltimore, Ashtynn 10	Marlborough	14.67	
	6 Truluck, Emani 11	Malibu	14.96	
	7 Finley, London 11	St. Mary's Academy	15.76	
	8 Lewis, Rosie 10	Vivian Webb	16.31	
	9 Smith, Shania 12	Mojave	16.74	

DIV 3	L. NAME YR.	SCHOOL	TIME	EVENT 5
	1 Billups, Malia 12	Brea Olinda	15.39	
	2 Clark, Jasmine 12	Muir	15.15	
	3 Profit, Kiani 12	Muir	14.98	
	4 Collins, Kelly 11	Santa Margarita	14.79	
	5 Holden, Latisha 12	Barstow	14.35	
	6 Liehr, Whitney 12	Palos Verdes	14.77	
	7 Williams, Jalisa 12	Muir	14.82	
	8 Dunn, Karyn 10	Diamond Ranch	15.06	
	9 Johnson, Tayler 12	Oak Park	15.28	

DIV 2	L. NAME YR.	SCHOOL	TIME	EVENT 5
	1 Robertson, Tajaneece 10	Nogales	15.38	
	2 Bolton, Sakya 11	Colony	15.05	
	3 Maldonado, Marjani 10	North, J.W.	14.73	
	4 Carter, Kori 9	Claremont	14.58	
	5 Deckard, Gina 12	Culver City	14.42	
	6 Pearson, Lyndsay 11	San Marcos	14.50	
	7 Kirkland, Kiersten 11	North, J.W.	14.66	
	8 Forbes, Shannon 12	Peninsula	14.91	
	9 Gamble, Jamila 11	San Marcos	15.10	

DIV 1	L. NAME YR.	SCHOOL	TIME	EVENT 5
	1 Hall, Katy 10	Murrieta Valley	15.36	
	2 Baysinger, Jasmine 12	Miller, A.B.	15.16	
	3 Camacho, Yamilet 11	Fontana	14.94	
	4 Pate, April 11	Carter	14.80	
	5 Roy, Natalie 12	Mission Viejo	14.55	
	6 Williams, Lauren 12	Chino Hills	14.75	
	7 Middleton, Amber 11	Murrieta Valley	14.92	
	8 Fleming, Breeanca 11	Great Oak	15.03	
	9 Crabb, Brittney 11	Rancho Cucamonga	15.31	

BOYS 110 METER HIGH HURDLES 2:40 P.M.

DIV 4	L. NAME YR.	SCHOOL	TIME	EVENT 6
	1 Leon, Ernie 11	St. Paul	16.25	
	2 Goodenough, Dan 12	St. Margaret's	16.00	
	3 Eldridge, Stopher 12	Malibu	15.89	
	4 Jones, Malcolm 9	Oaks Christian	15.70	
	5 Kennedy, James 10	Serra	14.96	
	6 Island, Mikio 10	Crespi	15.34	
	7 Kendricks, Jerome 11	Serra	15.79	
	8 Dotson, Anthony 12	St. Bernard	16.00	
	9 Eaton, Sheldon 11	Laguna Beach	16.07	

DIV 3	L. NAME YR.	SCHOOL	TIME	EVENT 6
	1 Thompson, Marcus 11	Muir	15.58	
	2 Quan, Andrew 11	Brea Olinda	15.55	
	3 Whites, Ryan 12	Estancia	15.40	
	4 Aguilar, Spencer 12	Corona del Mar	15.31	
	5 Prentice, Terry 12	Diamond Ranch	14.22	
	6 Burgess, Billy 11	Notre Dame (S.O.)	15.20	
	7 Bradley, Aaron 9	Gahr	15.36	
	8 Kinslow, Cameron 12	Ganesha	15.46	
	9 Bangean, Paul 11	Bolsa Grande	15.56	

DIV 2	L. NAME YR.	SCHOOL	TIME	EVENT 6
	1 Bowles, Lorne 11	Cerritos	14.82	
	2 Keating, Michael 12	Paso Robles	14.77	
	3 Holmes, Ryan 11	Loyola	14.68	
	4 Law, Brian 12	Villa Park	14.46	
	5 Shaw, Ken 12	San Jacinto	14.23	
	6 Shaw, Maurice 12	Colony	14.40	
	7 Walker, De'vron 11	Dominguez	14.47	
	8 Sandifer, Dominique 11	Beverly Hills	14.72	
	9 Alami, Patrick 12	Newbury Park	14.78	

DIV 1	L. NAME YR.	SCHOOL	TIME	EVENT 6
	1 Young, Sammy 12	Arroyo Valley	14.82	
	2 Phillips, Spencer 12	Rancho Cucamonga	14.58	
	3 Kuechler, Kevin 12	Mission Viejo	14.54	
	4 Hines, Alfred 12	Poly (Long Beach)	14.41	
	5 Babb, Zion 12	Alhambra	14.00	
	6 Habberstad, Trevor 12	Canyon (C.C.)	14.39	
	7 Pedrego, Devalee 9	Mission Viejo	14.46	
	8 Shead, DeShawn 12	Highland	14.56	
	9 Woods, Ryan 12	La Quinta (L.Q.)	14.66	

NATIONAL RECORD

Name/School	Mark	Year
Nichole Denby, J.W. North, Riverside (CA)	13.20	2000

CIF-SS BEST

Nichole Denby, J.W. North	13.20	2000
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CIF-SS DIVISIONAL

Nichole Denby, J.W. North (D1)	13.41	2000
JoAnna Hayes, J.W. North (D2)	13.76	1995
Leslie Mercado, Diamond Ranch (D3)	14.08	2005
Kimyon Broom, Serra (D4)	13.81	2006

NATIONAL BEST

Name/School	Mark	Year
Chris Nellums, Dunbar (OH)	13.30	1990

CIF-SS BEST

Steve Kerho, Mission Viejo	13.41	1982
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CIF-SS DIVISIONAL

Ken-Yon Rambo, Long Beach Poly (D1)	13.86	1997
Terry Johnson, Katella (D2)	14.07	1986
Steve Kerho, Mission Viejo (D3)	13.65	1982
George Porter, Cabrillo/Lompoc (D4)	14.29	1985



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 400 METERS

2:55 P.M.

D I V 4	L. NAME YR.	SCHOOL	TIME	E V E N T 7
	1 Thomas, Keyona 9	St. Mary's Academy	60.44	
	2 Richter, Danielle 10	Maranatha	59.94	
	3 Simon, Rene 11	Calvary Chapel (Murr.)	59.53	
	4 Whitley, Erica 10	St. Bonaventure	59.10	
	5 Davis, Carlyle 10	Marlborough	57.62	
	6 Street, Aunjel 11	St. Mary's Academy	58.55	
	7 Grace, Kate 12	Marlborough	59.24	
	8 Spinks, Rosie 9	La Reina	59.63	
	9 Webb, Dominique 10	St. Mary's Academy	60.03	

D I V 3	L. NAME YR.	SCHOOL	TIME	E V E N T 7
	1 Kalmar, Erika 9	San Dimas	59.02	
	2 Gonzalez, Michelle 11	Santa Margarita	58.76	
	3 Bracamonte, Adriana 12	Lutheran (Orange)	58.47	
	4 Davis, Chelsea 12	Centennial (Compton)	58.27	
	5 Eaton, Joy 12	St. Lucy's	55.60	
	6 Harper, Brittany 11	Calabasas	55.76	
	7 Atkins, Brianna 11	Bonita	56.37	
	8 Schmidt, Claire 9	Corona del Mar	58.57	
	9 Hewitt, Kimone 11	Segerstrom	59.01	

D I V 2	L. NAME YR.	SCHOOL	TIME	E V E N T 7
	1 Nelson, Jessica 12	Fullerton	59.57	
	2 Berry, lillie 10	Newport Harbor	59.25	
	3 Richards, Theresa 12	Ayala	58.62	
	4 Babers, Alana 12	North, J.W.	57.78	
	5 Hilliard, Tiera 12	Mayfair	56.76	
	6 Wolf, Kyle 11	Woodbridge	57.47	
	7 Dobbs, Brittany 9	Ayala	58.32	
	8 Stanislaw, Cassie 12	Woodbridge	58.72	
	9 Dekine, Brianna 10	Culver City	59.40	

D I V 1	L. NAME YR.	SCHOOL	TIME	E V E N T 7
	1 Francescon, Hannah 11	Temecula Valley	57.51	
	2 Davis, Jessica 12	Highland	57.23	
	3 Rivers, Christen 12	Palmdale	56.96	
	4 Cooper, Angele 11	Wilson (Long Beach)	55.69	
	5 Thompson, Turquoise 10	Poly (Long Beach)	54.99	
	6 Weaver, Angelica 10	Rancho Cucamonga	55.59	
	7 Herring, Alycia 9	Rancho Verde	56.47	
	8 Joseph, Jasmine 10	Poly (Long Beach)	57.12	
	9 Cousar, Nyjah 10	Wilson (Long Beach)	57.43	

NATIONAL RECORD			
Name/School	Mark	Year	
Monique Henderson, Morse, San Diego (CA)	50.74	2000	
CIF-SS BEST			
Angel Perkins, Gahr, Cerritos (CA)	52.18	2001	
CIF-SS DIVISIONAL			
Angel Perkins, Gahr (D1)	52.28	2000	
Marion Jones, Rio Mesa (D2)	52.91	1991	
LaShawn Stringer, Morningside (D3)	54.88	1993	
Allyson Felix, Los Angeles Baptist (D4)	52.90	2003	

BOYS 400 METERS

3:10 P.M.

D I V 4	L. NAME YR.	SCHOOL	TIME	E V E N T 8
	1 Kosykarz, Cody 11	Linfield	51.79	
	2 Gomez, E.J. 12	Laguna Beach	51.64	
	3 Ayetin, James 11	St. Bernard	51.49	
	4 Lewis, Blayne 11	St. Bonaventure	50.94	
	5 Watley, Mark 11	Crespi	49.29	
	6 Moore, Jarrett 12	JSerra	50.21	
	7 Roberts, DeShawn 9	Crespi	51.33	
	8 Martinez, Jonathon 12	Laguna Beach	51.52	
	9 Ellis, Tyler 12	Sage Hill	51.76	

D I V 3	L. NAME YR.	SCHOOL	TIME	E V E N T 8
	1 Jackson, Sean 12	Notre Dame (S.O.)	50.74	
	2 Waddsworth, Chris 12	Diamond Ranch	50.27	
	3 Rivera, Phillip 11	Apple Valley	49.87	
	4 Barton, Chris 12	Notre Dame (S.O.)	49.72	
	5 Kennedy, Tojsh 12	Bishop Montgomery	49.07	
	6 Smith, William 12	Lawndale	49.65	
	7 Wade, Sean 11	Servite	49.82	
	8 Vera, Manuel 12	Rosemead	49.95	
	9 Adams, Bryan 10	Roosevelt	50.45	

D I V 2	L. NAME YR.	SCHOOL	TIME	E V E N T 8
	1 Morris, Chris 10	Burroughs (Burbank)	50.35	
	2 Hestor, Aaron 11	Dominguez	50.27	
	3 Amador, Jason 12	San Bernardino	49.46	
	4 Dillihunt, Leon 9	Dominguez	49.27	
	5 Gutierrez, Nevin 12	North, J.W.	48.36	
	6 Wyatt, Reggie 10	North, J.W.	48.54	
	7 Greenlaw, Quentin 11	Rio Mesa	49.36	
	8 Baxter, Curtis 12	San Jacinto	49.54	
	9 Sweeney, Chris 11	Capistrano Valley	50.63	

D I V 1	L. NAME YR.	SCHOOL	TIME	E V E N T 8
	1 Vaughn, Eric 11	Poly (Long Beach)	50.05	
	2 Spicer, Arteze 11	Rancho Cucamonga	49.50	
	3 Mance, Josh 9	Chino Hills	49.37	
	4 Hughes, Joey 11	Poly (Long Beach)	48.84	
	5 Nellum, Bryshon 12	Poly (Long Beach)	48.63	
	6 Collins, Bobby 10	Rancho Cucamonga	48.79	
	7 Edmond, Jordan 12	Glendora	49.00	
	8 Scudder, William 11	Rancho Cucamonga	49.43	
	9 Minley, Marcus 12	Miller, A.B.	49.93	

NATIONAL RECORD			
Name/School	Mark	Year	
Calvin Harrison, North Salinas (CA)	45.25	1993	
CIF-SS BEST			
Obea Moore, Muir	45.81	1996	
CIF-SS DIVISIONAL			
Obea Moore, Muir (D1)	45.96	1995	
Tyree Washington, La Sierra (D2)	46.34	1995	
Mike Turner, Centennial/Compton (D3)	46.92	1980	
Zach Chandy, Sage Hill (D4)	47.69	2005	



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 100 METERS

3:25 P.M.

DIV 4	L. NAME YR.	SCHOOL	TIME	EVENT 9
1	Annie, Sarpa 9	New Roads	12.69	
2	DeJurnett, Lor'Rena 10	St. Mary's Academy	12.63	
3	Campbell, Ashley 11	Valley Chr. (Cerritos)	12.61	
4	Urserry, Alajh 9	St. Mary's Academy	12.55	
5	Woodruff, Yasmin 11	St. Mary's Academy	11.91	
6	Clark, Brittany 12	Laguna Beach	12.55	
7	Townsend, Emily 11	Westridge	12.60	
8	Smith, Bryanna 10	Serra	12.63	
9	Zavalza, Jessica 11	St. Margaret's	12.67	

DIV 3	L. NAME YR.	SCHOOL	TIME	EVENT 9
1	Dunn, Karyn 10	Diamond Ranch	12.45	
2	Johnson, Tayler 12	Oak Park	12.39	
3	Ashford, Snita 12	Buena Park	12.34	
4	Sykes, Shelby 12	Barstow	12.34	
5	Augustus, Dominique 12	Notre Dame (S.O.)	12.24	
6	Sterling, Dominique 12	Centennial (Compton)	12.24	
7	Perkins, Nikki 10	Artesia	12.34	
8	Cooper, Lindsay 10	Muir	12.39	
9	Woody, Allison 12	Sonora	12.40	

DIV 2	L. NAME YR.	SCHOOL	TIME	EVENT 9
1	Blanchard, Megan 11	Northwood	12.38	
2	Anakewenze, Lisa 9	Peninsula	12.36	
3	Austin, Ashley 10	Beverly Hills	12.31	
4	Robinson, Cindy 10	Norwalk	12.16	
5	Stephans, Shanelle 9	Dominguez	11.94	
6	Hedgepeth, Saraina 10	Rio Mesa	12.14	
7	Lee, Mariyah 10	Rio Mesa	12.27	
8	Micheli, Stephanie 11	Arroyo Grande	12.32	
9	Hamer, Tiara 9	Capistrano Valley	12.38	

DIV 1	L. NAME YR.	SCHOOL	TIME	EVENT 9
1	Bell, Portia 12	Palmdale	12.25	
2	Fleming, Breeanca 11	Great Oak	12.19	
3	Mitchell, Shaleisha 12	Palmdale	12.05	
4	Hornsby, Jessika 12	Rancho Verde	11.98	
5	Williams, Shelise 12	Wilson (Long Beach)	11.75	
6	King, Alicia 12	Rancho Verde	11.79	
7	Davis, Jessica 9	Highland	12.04	
8	Reid, Erin 11	Poly (Long Beach)	12.15	
9	Watkins, Precious 12	Rancho Verde	12.24	

BOYS 100 METERS

3:35 P.M.

DIV 4	L. NAME YR.	SCHOOL	TIME	EVENT 10
1	Hall, Patrick 10	St. Bonaventure	11.38	
2	Brown, Tyler 12	Cornerstone Christian	11.34	
3	Shanks, Austin 11	Crespi	10.98	
4	Long, Adam 11	St. Bernard	10.89	
5	Meyers, Gabe 12	Chaminade	10.84	
6	Owusu, Chris 11	Oaks Christian	10.86	
7	English, Khamari 11	Cantwell Sacred Heart	10.94	
8	DeMoss, Jared 10	Twentynine Palms	11.23	
9	Cuevas, Alex 11	Carpinteria	11.37	

DIV 3	L. NAME YR.	SCHOOL	TIME	EVENT 10
1	Aaronson, Chase 11	Palm Springs	11.07	
2	Moore, Tavoy 11	Gahr	11.04	
3	Bruneau, Ben 12	Notre Dame (S.O.)	11.03	
4	Carroll, Randall 10	Cathedral	10.98	
5	Gilmore, Tim 10	Wilson (H.H.)	10.87	
6	Marcelis, Brenton 12	El Segundo	10.96	
7	Porter, Nick 12	Notre Dame (S.O.)	10.99	
8	Brown, Thaddeus 11	Notre Dame (S.O.)	11.04	
9	Lewis, Lequan 12	Artesia	11.04	

DIV 2	L. NAME YR.	SCHOOL	TIME	EVENT 10
1	Messick, Austin 11	Capistrano Valley	11.02	
2	Herrera, Taylor 10	Damien	10.90	
3	Curry, Tommy 11	North, J.W.	10.83	
4	Brown, Josh 12	El Modena	10.74	
5	Harrison, Josh 12	Rio Mesa	10.54	
6	Williams, Bryan 12	Valley View	10.72	
7	Alfino, Sean 11	Rio Mesa	10.79	
8	Nelson, Nathan 11	Paso Robles	10.88	
9	Brown, Josh 12	Loyola	10.93	

DIV 1	L. NAME YR.	SCHOOL	TIME	EVENT 10
1	Burke, Taveon 11	Lancaster	10.91	
2	Green, Isaiah 12	Poly (Long Beach)	10.87	
3	White, Andy 12	Mission Viejo	10.81	
4	Storrs, Rodney 10	Santiago (Corona)	10.71	
5	Saseun, Charles 10	Rancho Cucamonga	10.61	
6	Greer, Duke 12	Corona	10.69	
7	Franklin, Jamere 12	Alta Loma	10.80	
8	Rodgers, Mark 12	Leuzinger	10.83	
9	Mosely, Darryl 12	Great Oak	10.88	

NATIONAL RECORD

Name/School	Mark	Year
Marion Jones, Thousand Oaks (CA)	11.14	1992

CIF-SS BEST

Marion Jones, Thousand Oaks	11.14	1992
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CIF-SS DIVISIONAL

Angela Williams, Chino (D1)	11.23	1997
Marion Jones, Rio Mesa (D2)	11.30	1991
Gervaise McCraw, Ganessa (D3)	11.64	1982
Allison Felix, Los Angeles Baptist (D4)	11.37	2003

NATIONAL RECORD

Name/School	Mark	Year
Henry Neal, Greenville (TX)	10.15	1990

CIF-SS BEST

Henry Thomas, Hawthorne	10.25	1985
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CIF-SS DIVISIONAL

Henry Thomas, Hawthorne (D1)	10.27	1984
Bryan Howard, Canyon Springs (D2)	10.43	1994
Miguel Fletcher, Alemany (D3)	10.36	1998
Warren Rogers, Serra (D4)	10.47	2000



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 800 METERS

3:50 P.M.

DIV 4	L. NAME YR.	SCHOOL	TIME	EVENT 11
	1 Owen, Kelly 10	Chadwick	2:27.32	
	2 Smith, Jade 9	Marlborough	2:26.57	
	3 Grace, Kate 12	Marlborough	2:25.23	
	4 Hartwig, Erin 12	Flintridge Sacred Heart	2:20.62	
	5 Davis, Carlyle 10	Marlborough	2:16.60	
	6 Fleming, Roseanne 11	Oaks Christian	2:17.53	
	7 Gonzalez, Gabi 10	Bell-Jeff	2:25.01	
	8 Blanchard, Tara 9	La Reina	2:25.58	
	9 Litherland, Molly 11	Calvary Chapel (D.)	2:27.31	

DIV 3	L. NAME YR.	SCHOOL	TIME	EVENT 11
	1 Dutch, Taylor 11	Lutheran (Orange)	2:18.34	
	2 Danhaki, Lizzy 12	Harvard Westlake	2:17.55	
	3 Buckley, Shelby 11	Corona del Mar	2:16.09	
	4 Cummings, Sarah 12	Corona del Mar	2:15.44	
	5 Williams, Tonie 11	San Luis Obispo	2:12.23	
	6 Meadors, Laura 11	Harvard Westlake	2:14.62	
	7 May, Hilary 12	Corona del Mar	2:15.97	
	8 Damon, Allison 11	Corona del Mar	2:17.11	
	9 Condino, Kim 9	Corona del Mar	2:17.59	

DIV 2	L. NAME YR.	SCHOOL	TIME	EVENT 11
	1 Oday, Meaghan 11	Troy	2:21.98	
	2 Soria, Elizabeth 12	Ayala	2:20.80	
	3 Awanyai, Stephanie 12	Mayfair	2:19.22	
	4 Brooker, Cassandra 11	Adolfo Camarillo	2:15.10	
	5 Louis, Anniya 11	Culver City	2:13.08	
	6 Foley, Meghan 10	Edison	2:14.22	
	7 Diaz, Justine 12	La Serna	2:18.05	
	8 Lozano, Larenn 11	Claremont	2:20.10	
	9 Owens, Karlee 10	Arroyo Grande	2:21.47	

DIV 1	L. NAME YR.	SCHOOL	TIME	EVENT 11
	1 Richie, Ashley 12	Silverado	2:19.38	
	2 Leake, Tia 9	Poly (Long Beach)	2:18.36	
	3 Barnard, Jessica 11	Great Oak	2:18.11	
	4 Lawrence, Haley 11	Aliso Niguel	2:15.59	
	5 Disiena, Anja 11	Fountain Valley	2:14.30	
	6 Dunn, Emily 12	Esperanza	2:15.02	
	7 King, Azalia 12	Lakewood	2:17.37	
	8 Tarver, Kauren 11	Serrano	2:18.12	
	9 Medina, Lauren 11	Mission Viejo	2:18.88	

NATIONAL RECORD

Name/School	Mark	Year
Joetta Clark, Maplewood, Columbia (NJ) (ht)	2:04.5	1980

CIF-SS BEST

Trena Hull, Compton	2:04.91	1984
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CIF-SS DIVISIONAL

Trena Hull, Compton (D1)	2:07.09	1984
Suzy Henzel, Valencia/Placentia (D2)	2:09.82	1983
Rennie Durand, Laguna Beach (D3)	2:08.10	1982
Kim Toney, Atascadero (D4)	2:11.27	1990

BOYS 800 METERS

4:00 P.M.

DIV 4	L. NAME YR.	SCHOOL	TIME	EVENT 12
	1 McMahon, Thomas 12	Carpinteria	2:02.96	
	2 Rameriz, Frank 12	Chaminade	2:02.49	
	3 Nevarez, Jose 10	St. Margaret's	2:02.25	
	4 Vagenas, Dino 12	Webb	2:02.00	
	5 Branch, David 12	Woodcrest Christian	2:00.71	
	6 Bern, Nick 10	Cate	2:01.27	
	7 Riley, Westley 12	La Salle	2:02.24	
	8 Ekstrand, Tim 11	Maranatha	2:02.40	
	9 Winters, Emmett 12	St. Joseph (S.M.)	2:02.74	

DIV 3	L. NAME YR.	SCHOOL	TIME	EVENT 12
	1 Brewington, Miles 12	St. Francis	1:59.02	
	2 Monteleone, Jeff 12	Cabrillo (Lompoc)	1:58.16	
	3 Graham, Clayton 11	Calabasas	1:58.08	
	4 Telles, Jonathan 11	Santa Margarita	1:57.59	
	5 Khan, Fawad 12	Palos Verdes	1:56.68	
	6 Bettisworth, Doug 11	Oak Park	1:57.00	
	7 Ebert, Max 12	Atascadero	1:58.00	
	8 Martin, Ryan 12	Santa Margarita	1:58.16	
	9 Confer, Brendon 10	Servite	1:58.30	

DIV 2	L. NAME YR.	SCHOOL	TIME	EVENT 12
	1 Bailey, Torion 11	Mayfair	2:00.04	
	2 Kelly, Gregory 10	Adolfo Camarillo	1:58.01	
	3 Villava, Toby 10	El Toro	1:57.77	
	4 Dominguez, Rafael 12	Rowland	1:57.22	
	5 Gallardo, III, Louie 11	Mater Dei	1:56.08	
	6 Primm, Cory 12	Westlake	1:56.30	
	7 Simmons, Jon 11	Beverly Hills	1:57.47	
	8 Haji, Abdow 12	El Toro	1:57.79	
	9 Peck, Jason 12	Northwood	1:58.35	

DIV 1	L. NAME YR.	SCHOOL	TIME	EVENT 12
	1 Ross, David 12	Lakewood	1:58.91	
	2 Stangl, Bobby 12	San Clemente	1:57.34	
	3 Andraszcyk, Michael 11	Aliso Niguel	1:56.97	
	4 Gamboa, Ryan 12	Upland	1:56.54	
	5 Norton, Steve 11	La Sierra	1:55.51	
	6 Ngula, Emmanuel 10	Vista del Lago	1:56.19	
	7 Arteaga, Erick 11	Alhambra	1:56.68	
	8 Ortega, Carlos 10	Vista Murrieta	1:57.01	
	9 Martin, Jaylon 11	Lynwood	1:58.20	

NATIONAL RECORD

Name/School	Mark	Year
Michael Granville, Bell Gardens (CA)	1:46.45	1996

CIF-SS BEST

Michael Granville, Bell Gardens	1:46.45	1996
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CIF-SS DIVISIONAL

Michael Granville, Bell Gardens (D1)	1:47.94	1996
Greg Vining, Hawthorne (D2)	1:51.60	1980
Duane Solomon, Cabrillo/Lompoc (D3)	1:50.99	2003
Coley Candaele, Carpinteria (D4)	1:50.87	1990



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 200 METERS 4:40 P.M.

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
4	1 Fowlkes, Ca'Ron 9	St. Mary's Academy	26.32	15
	2 Gibson, Mariah 10	Paraclete	26.20	
	3 DeJurnett, Lor'Rena 10	St. Mary's Academy	25.97	
	4 Campbell, Ashley 11	Valley Chr. (Cerritos)	25.63	
	5 Chapman, Melanise 10	Paraclete	25.17	
	6 Urserry, Aljah 9	St. Mary's Academy	25.62	
	7 Zavalza, Jessica 11	St. Margaret's	25.78	
	8 Menefield, Brijon 12	Louisville	26.12	
	9 Van Wey, Jennifer 10	Linfield	26.21	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
3	1 Sterling, Dominique 12	Centennial (Compton)	25.49	15
	2 Augustus, Dominique 12	Notre Dame (S.O.)	25.37	
	3 Heredy, Ilsa 11	Notre Dame (S.O.)	25.31	
	4 Harper, Brittany 11	Calabasas	25.07	
	5 Atkins, Brianna 11	Bonita	24.36	
	6 Eaton, Joy 12	St. Lucy's	24.72	
	7 Flowers, Gwendolyn 10	Centennial (Compton)	25.29	
	8 Fisher, Keshwana 10	Centennial (Compton)	25.36	
	9 Bracamonte, Adriana 12	Lutheran (Orange)	25.42	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
2	1 Anakewenze, Lisa 9	Peninsula	25.69	15
	2 Lee, Mariyah 10	Rio Mesa	25.18	
	3 Stephans, Shanelle 9	Dominguez	25.08	
	4 Micheli, Stephanie 11	Arroyo Grande	24.97	
	5 Hilliard, Tiera 12	Mayfair	24.77	
	6 Robinson, Cindy 10	Norwalk	24.87	
	7 Hedgepeth, Saraina 10	Rio Mesa	25.00	
	8 Doxey, Kandyce 11	Cypress	25.12	
	9 Babers, Alana 12	North, J.W.	25.27	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
1	1 Pittman, GeCobi 9	Rancho Cucamonga	25.15	15
	2 King, Alicia 12	Rancho Verde	24.72	
	3 Cooper, Angele 11	Wilson (Long Beach)	24.60	
	4 Hornsby, Jessika 12	Rancho Verde	24.37	
	5 Williams, Shelise 12	Wilson (Long Beach)	23.70	
	6 Joseph, Jasmine 10	Poly (Long Beach)	24.35	
	7 Weaver, Angelica 10	Rancho Cucamonga	24.54	
	8 Davis, Jessica 9	Highland	24.60	
	9 Herring, Alycia 9	Rancho Verde	24.87	

BOYS 200 METERS 4:50 P.M.

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
4	1 Brown, Tyler 12	Cornestone Christian	22.98	16
	2 Halcon, Bobby 12	Fillmore	22.78	
	3 English, Khamari 11	Cantwell Sacred Heart	22.46	
	4 Owusu, Chris 11	Oaks Christian	22.02	
	5 Long, Adam 11	St. Bernard	21.72	
	6 Shanks, Austin 11	Crespi	21.92	
	7 Meyers, Gabe 12	Chaminade	22.26	
	8 Gomez, E.J. 12	Laguna Beach	22.63	
	9 Meyer, Justin 12	Malibu	22.97	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
3	1 Smith, William 12	Lawndale	22.45	16
	2 Kennedy, Tojsh 12	Bishop Montgomery	22.29	
	3 Marcellis, Brenton 12	El Segundo	22.20	
	4 Lewis, Lequan 12	Artesia	22.07	
	5 Porter, Nick 12	Notre Dame (S.O.)	21.57	
	6 Brown, Thaddeus 11	Notre Dame (S.O.)	21.97	
	7 Jackson, Sean 12	Notre Dame (S.O.)	22.17	
	8 Davis, Tyquan 12	Northview	22.23	
	9 Carroll, Randall 10	Cathedral	22.29	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
2	1 Alfino, Sean 11	Rio Mesa	22.10	16
	2 Green, Donald 12	Compton	21.99	
	3 Greenlaw, Quentin 11	Rio Mesa	21.89	
	4 Williams, Bryan 12	Valley View	21.52	
	5 Gutierrez, Nevin 12	North, J.W.	21.39	
	6 Harrison, Josh 12	Rio Mesa	21.50	
	7 Justin, Tyrone 12	Culver City	21.83	
	8 Curry, Tommy 11	North, J.W.	21.95	
	9 Thomas, Henry 12	North, J.W.	22.02	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
1	1 Rickett, Ernest 12	San Geronio	22.28	16
	2 Rego, Wilson 12	Aliso Niguel	22.06	
	3 Burke, Taveon 11	Lancaster	21.85	
	4 Hughes, Joey 11	Poly (Long Beach)	21.65	
	5 Nellum, Bryshon 12	Poly (Long Beach)	20.79	
	6 Orange, Evant 11	Poly (Long Beach)	21.55	
	7 Greer, Duke 12	Corona	21.80	
	8 Edmond, Jordan 12	Glendora	21.86	
	9 Rodgers, Mark 12	Leuzinger	22.14	

NATIONAL RECORD		
Name/School	Mark	Year
Allyson Felix, Los Angeles Baptist	22.52	2003
CIF-SS BEST		
Allyson Felix, Los Angeles Baptist	22.52	2003
CIF-SS DIVISIONAL		
Aminah Haddad, Long Beach Poly (D1)	23.23	1995
Marion Jones, Thousand Oaks (D2)	22.67	1992
Gervaise McCraw, Ganessa (D3)	23.27	1982
Allyson Felix, Los Angeles Baptist (D4)	22.88	2003

NATIONAL RECORD		
Name/School	Mark	Year
Roy Martin, Roosevelt, Dallas (TX)	20.13	1985
CIF-SS BEST		
Sultan McCullough, Muir	20.62	1997
CIF-SS DIVISIONAL		
Sultan McCullough, Muir (D1)	20.62	1997
Lionel Larry, Dominguez (D2)	20.73	2004
Miguel Fletcher, Alemany (D3)	20.95	1998
Warren Rogers, Serra (D4)	21.07	2000



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 300 METER LOW HURDLES

4:15 P.M.

DIV 4	L. NAME YR.	SCHOOL	TIME	EVENT 13
	1 DeGennaro, Megan 11	La Reina	48.19	
	2 Hunter, Breyonna 9	Serra	47.52	
	3 Drummond, Cristen 12	Marymount	46.88	
	4 Baltimore, Ashtynn 10	Marlborough	46.32	
	5 Finley, London 11	St. Mary's Academy	44.17	
	6 Truluck, Emani 11	Malibu	46.23	
	7 Blanchard, Sasha 11	La Reina	46.82	
	8 Vanderwal, Brianna 12	Calvary Chapel (SA)	47.16	
	9 Baker, Adrienne 12	St. Margaret's	47.88	

DIV 3	L. NAME YR.	SCHOOL	TIME	EVENT 13
	1 Bellis, Cory 12	San Luis Obispo	47.52	
	2 Townsend, Ashley 12	Bellflower	46.74	
	3 Liehr, Whitney 12	Palos Verdes	45.87	
	4 Holden, Latisha 12	Barstow	45.78	
	5 Profit, Kiani 12	Muir	43.35	
	6 Collins, Kelly 11	Santa Margarita	45.05	
	7 Allis, Emily 10	San Luis Obispo	45.80	
	8 Williams, Jalisa 12	Muir	46.60	
	9 Arms, Brittany 10	Centennial (Compton)	46.76	

DIV 2	L. NAME YR.	SCHOOL	TIME	EVENT 13
	1 Vickers, Mhiah 11	Westlake	45.69	
	2 Lee, Amanda 12	Newbury Park	44.99	
	3 Kirkland, Kiersten 11	North, J.W.	44.22	
	4 Forbes, Shannon 12	Peninsula	43.68	
	5 Kiefer, Kristen 12	Capistrano Valley	42.75	
	6 Carter, Kori 9	Claremont	43.39	
	7 Pearson, Lyndsay 11	San Marcos	44.00	
	8 Deckard, Gina 12	Culver City	44.40	
	9 Maldonado, Marjani 10	North, J.W.	45.03	

DIV 1	L. NAME YR.	SCHOOL	TIME	EVENT 13
	1 Crabb, Brittney 11	Rancho Cucamonga	45.45	
	2 Williams, Lauren 12	Chino Hills	45.23	
	3 Adjari, Amanda 12	Hart	45.09	
	4 Powers, Kristen 9	Chaparral	44.99	
	5 Thompson, Turquoise 10	Poly (Long Beach)	42.55	
	6 Pate, April 11	Carter	44.17	
	7 Taylor, Chelsea 11	Mission Viejo	45.07	
	8 Nowell, Erica 10	Perris	45.23	
	9 Baysinger, Jasmine 12	Miller, A.B.	45.24	

BOYS 300 METER INTER. HURDLES

4:25 P.M.

DIV 4	L. NAME YR.	SCHOOL	TIME	EVENT 14
	1 Eldridge, Stopher 12	Malibu	42.46	
	2 Dotson, Anthony 12	St. Bernard	41.83	
	3 Goodenough, Dan 12	St. Margaret's	41.16	
	4 Eaton, Sheldon 11	Laguna Beach	40.49	
	5 Kendricks, Jerome 11	Serra	39.80	
	6 Kennedy, James 10	Serra	39.89	
	7 Island, Mikio 10	Crespi	40.59	
	8 Hoesterey, Tim 12	Desert Christian (B.D.)	41.77	
	9 Raine, Anders 12	Templeton	42.38	

DIV 3	L. NAME YR.	SCHOOL	TIME	EVENT 14
	1 Stewart, James 12	Covina	40.90	
	2 Battista, Cody 11	Brea Olinda	40.50	
	3 Burgess, Billy 11	Notre Dame (S.O.)	40.31	
	4 Sargent, Steen 12	Laguna Hills	39.92	
	5 Prentice, Terry 12	Diamond Ranch	37.96	
	6 Bradley, Aaron 9	Gahr	39.75	
	7 Flynn, James 10	Notre Dame (S.O.)	40.30	
	8 Thompson, Marcus 11	Muir	40.40	
	9 Whites, Ryan 12	Estancia	40.74	

DIV 2	L. NAME YR.	SCHOOL	TIME	EVENT 14
	1 Law, Brian 12	Villa Park	40.27	
	2 Keating, Michael 12	Paso Robles	39.44	
	3 Holmes, Ryan 11	Loyola	39.26	
	4 Yowell, Jacob 12	North Torrance	38.86	
	5 Shaw, Ken 12	San Jacinto	38.27	
	6 Wyatt, Reggie 10	North, J.W.	38.75	
	7 Lewis, Max 12	Mira Costa	39.21	
	8 Walker, De'vron 11	Dominguez	39.42	
	9 Sandifer, Dominique 11	Beverly Hills	39.58	

DIV 1	L. NAME YR.	SCHOOL	TIME	EVENT 14
	1 Kevin, Lau 12	Schurr	40.30	
	2 Young, Sammy 12	Arroyo Valley	39.54	
	3 Collins, Jammie 12	Jordan	39.16	
	4 Stepney, Cameron 11	San Geronio	38.68	
	5 Habberstad, Trevor 12	Canyon (C.C.)	37.61	
	6 Shead, DeShawn 12	Highland	38.25	
	7 Smith, Justin 11	Aliso Niguel	38.69	
	8 Hines, Alfred 12	Poly (Long Beach)	39.33	
	9 Powers, Mike 11	Chaparral	39.92	

NATIONAL RECORD

Name/School	Mark	Year
Lashinda Demus, Long Beach Wilson (CA)	39.98	2001
CIF-SS BEST		
Lashinda Demus, Long Beach Wilson	39.98	2001
CIF-SS DIVISIONAL		
Lashinda Demus, Long Beach Wilson (D1)	39.98	2001
Ga'yle Kellon, Walnut (D2)	41.46	1983
Kiani Profit, Muir (D3)	41.97	2006
Kimyon Broom, Serra (D4)	43.15	2006

NATIONAL RECORD

Name/School	Mark	Year
George Porter, Cabrillo, Lompoc (CA)	35.32	1985
CIF-SS BEST		
George Porter, Cabrillo/Lompoc	35.32	1985
CIF-SS DIVISIONAL		
Makio Haywood, Muir (D1)	36.69	1996
Keith Pontiffiet, Esperanza (D2)	36.74	1985
George Porter, Cabrillo/Lompoc (D3)	36.25	1984
George Porter, Cabrillo/Lompoc (D4)	35.57	1985



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 3200 METERS

DIV 2 & 4 5:05 P.M. DIV 1 & 3 5:20 P.M.

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
4	1 Rincon, Amanda 11	Flintridge Sacred Heart	11:45.58	17
	2 Buechert, Kaleigh 9	Maranatha	11:41.09	
	3 Pearson, Sarah 9	La Reina	11:32.63	
	4 Sitker, Margaret 12	La Salle	11:28.43	
	5 Phillips, Ashley 10	Marlborough	11:25.32	
	6 Gill, Rachel 10	Maranatha	11:27.83	
	7 Crawley, Alex 12	Laguna Beach	11:28.92	
	8 VanCott, Chelsea 11	Calvary Chapel (S.A.)	11:40.51	
	9 Borges, Camille 9	Laguna Beach	11:43.37	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
3	1 Hancock, Vanessa 11	Brea Olinda	11:22.04	17
	2 Foster, Staci 10	Lutheran (Orange)	11:21.78	
	3 Damon, Allison 11	Corona del Mar	11:18.43	
	4 Skiba, Melissa 9	Oak Park	11:17.08	
	5 Nunez, Jessica 10	South Hills	11:06.36	
	6 Cummings, Sarah 12	Corona del Mar	10:56.66	
	7 Pelayo, Rocio 12	Bolsa Grande	11:10.20	
	8 Lightfoot, Courtney 11	Oak Park	11:15.46	
	9 Strenkowski, Bree 12	Oak Park	11:22.17	
	10 Ratkowiak, Katarina 10	Yucca Valley	11:22.29	
	11 Hasbrouck, Catherine 9	Nordhoff	11:22.42	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
2	1 Griffith, Erin 12	Capistrano Valley	11:11.70	17
	2 Tabatabai, Shadeh 10	Mira Costa	11:08.45	
	3 Hayes, Hillary 10	Edison	10:59.83	
	4 Martinez, Alma 12	Whittier	10:53.37	
	5 Sperry, Anna 12	Simi Valley	10:42.32	
	6 Babcock, Christine 11	Woodbridge	10:42.54	
	7 Felix, Stephanie 11	La Mirada	10:54.25	
	8 Mead, Melissa 12	Newport Harbor	11:03.42	
	9 Gonzales, Grace 12	Ayala	11:10.53	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
1	1 Meyer, Megan 10	Tesoro	11:11.40	17
	2 Pastoor, Taryn 11	Murrieta Valley	11:02.52	
	3 Coe, Elizabeth 11	Fountain Valley	10:58.32	
	4 Collison, Claire 11	Crescenta Valley	10:57.44	
	5 Murakami, Shannon 12	Saugus	10:45.65	
	6 Adamayk, Christy 12	Glendora	10:54.20	
	7 Dunne, Alexandra 10	San Clemente	10:57.80	
	8 Lange, Rachel 11	Crescenta Valley	11:02.34	
	9 Dunn, Katie 12	Saugus	11:03.54	

NATIONAL RECORD			
Name/School	Mark	Year	
Kim Mortensen, Thousand Oaks (CA)	9:48.59	1996	
CIF-SS BEST			
Kim Mortensen, Thousand Oaks	9:48.59	1996	
CIF-SS DIVISIONAL			
Kim Mortensen, Thousand Oaks (D1)	10:03.11	1996	
Rayna Cervantes, Montebello (D2)	10:32.89	1989	
Vicki Cook, Alhambra (D3)	10:24.91	1981	
Vicki Cook, Alhambra (D4)	10:11.78	1982	

BOYS 3200 METERS

DIV 2 & 4 5:35 P.M. DIV 1 & 3 5:50 P.M.

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
4	1 Yen, Andrew 11	Maranatha	10:01.94	18
	2 Flores, Edwin 11	Paraclete	9:54.38	
	3 Dodd, Cody 11	Big Bear	9:53.30	
	4 Ortega, Julio 12	St. Joseph (S.M.)	9:34.53	
	5 Hall, Chad 12	Big Bear	9:19.01	
	6 Van Halen, Aric 11	Oakwood	9:34.50	
	7 Hawkes, Sam 12	St. Joseph (S.M.)	9:52.49	
	8 McElroy, Sean 11	Sage Hill	9:54.07	
	9 Oliver, Zach 10	Ontario Christian	9:59.21	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
3	1 Hirschboeck, Mark 12	Santa Margarita	9:46.87	18
	2 Yergler, Kary 12	Santa Margarita	9:45.78	
	3 Rosales, Daniel 9	Apple Valley	9:41.04	
	4 Perez, Carlos 12	Barstow	9:38.36	
	5 Shirck, Brandon 12	Nordhoff	9:33.47	
	6 Ratley, Andrew 12	Palos Verdes	9:34.45	
	7 Goldstein, James 9	Oak Park	9:38.77	
	8 Dialynas, Thomas 11	Corona del Mar	9:43.37	
	9 Stevenson, Tom 12	Yucca Valley	9:46.03	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
2	1 Yochum, Will 12	Dos Pueblos	9:37.61	18
	2 Dorantes, Luis 11	Whittier	9:35.85	
	3 Hausmaninger, Mark 12	El Toro	9:32.96	
	4 Kostelnik, James 11	Loyola	9:30.35	
	5 Linen, Josh 12	Valencia (Placentia)	9:19.45	
	6 Morikawa, Kent 12	Torrance	9:21.31	
	7 Schmidt, Cody 10	Redondo Union	9:32.44	
	8 Alcantar, Jose 11	Hueneme	9:33.85	
	9 Martinez, Carlos 9	St. John Bosco	9:36.98	

DIV	L. NAME YR.	SCHOOL	TIME	EVENT
1	1 Kopczyński, Brian 12	Tesoro	9:29.20	18
	2 Pilavjian, Andrew 12	Arcadia	9:25.26	
	3 Cybulski, Michael 12	Royal	9:19.91	
	4 Routh, Alex 11	Royal	9:18.94	
	5 Knight, Spencer 12	La Sierra	9:15.42	
	6 Knight, Dylan 12	La Sierra	9:18.90	
	7 Sullivan, John 12	Trabuco Hills	9:19.70	
	8 Blair, Scott 11	Trabuco Hills	9:20.16	
	9 Crum, Steven 11	Santiago (Corona)	9:25.71	

NATIONAL RECORD			
Name/School	Mark	Year	
Dathan Ritzenheim, Rockford (MI)	8:41.10	2000	
CIF-SS BEST			
Eric Hulst, Laguna Beach (ht, yds)	8:44.6	1976	
CIF-SS DIVISIONAL			
Eric Reynolds, Adolfo Camarillo (D1)	8:49.88	1983	
Jeff Nelson, Burbank (D2) (yds)	8:51.22	1979	
Eric Hulst, Laguna Beach (D3) (ht, yds)	8:53.0	1976	
Chad Hall, Big Bear (D4)	8:58.42	2006	



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS 4X400 METER RELAY 6:05 P.M.

D I V 4	L. SCHOOL		TIME	E V E N T 19	
	1	Marymount	A		4:11.10
	2	Templeton	A		4:08.50
	3	Serra	A		4:06.02
	4	Paraclete	A		4:01.96
	5	St. Mary's Academy	A		3:54.72
	6	Marlborough	A		3:59.77
	7	La Reina	A		4:04.54
	8	Notre Dame Academy	A		4:08.36
	9	Louisville	A		4:09.24

D I V 3	L. SCHOOL		TIME	E V E N T 19	
	1	Diamond Ranch	A		4:05.74
	2	Santa Margarita	A		4:02.08
	3	Barstow	A		4:00.96
	4	Corona del Mar	A		4:00.28
	5	Centennial (Compton)	A		3:54.88
	6	Lutheran (Orange)	A		3:59.87
	7	Notre Dame (S.O.)	A		4:00.67
	8	Harvard Westlake	A		4:01.07
	9	Muir	A		4:02.70

D I V 2	L. SCHOOL		TIME	E V E N T 19	
	1	Moorpark	A		4:01.93
	2	Dominguez	A		4:00.69
	3	Mayfair	A		3:58.73
	4	San Marcos	A		3:58.22
	5	North, J.W.	A		3:53.30
	6	Woodbridge	A		3:53.82
	7	Culver City	A		3:58.71
	8	Eisenhower	A		4:00.09
	9	Claremont	A		4:00.91

D I V 1	L. SCHOOL		TIME	E V E N T 19	
	1	Great Oak	A		4:01.98
	2	San Geronio	A		3:58.57
	3	Aliso Niguel	A		3:57.27
	4	Rancho Cucamonga	A		3:55.00
	5	Poly (Long Beach)	A		3:52.58
	6	Wilson (Long Beach)	A		3:52.63
	7	Rancho Verde	A		3:56.21
	8	Palmdale	A		3:57.34
	9	Hart	A		3:59.18

BOYS 4X400 METER RELAY 6:30 P.M.

D I V 4	L. SCHOOL		TIME	E V E N T 20	
	1	Sage Hill	A		3:35.65
	2	Carpinteria	A		3:31.55
	3	Brentwood	A		3:30.50
	4	La Salle	A		3:29.50
	5	Crespi	A		3:24.41
	6	Serra	A		3:29.39
	7	Laguna Beach	A		3:29.69
	8	Templeton	A		3:31.50
	9	Whitney	A		3:35.01

D I V 3	L. SCHOOL		TIME	E V E N T 20	
	1	Palos Verdes	A		3:27.85
	2	Lompoc	A		3:26.96
	3	Centennial (Compton)	A		3:25.82
	4	Santa Margarita	A		3:23.25
	5	Notre Dame (S.O.)	A		3:20.66
	6	Lutheran (Orange)	A		3:22.37
	7	Northview	A		3:24.52
	8	Laguna Hills	A		3:26.36
	9	Morningside	A		3:27.12

D I V 2	L. SCHOOL		TIME	E V E N T 20	
	1	San Bernardino	A		3:25.76
	2	Dominguez	A		3:24.30
	3	Loyola	A		3:24.25
	4	Culver City	A		3:23.74
	5	North, J.W.	A		3:15.10
	6	Westlake	A		3:20.79
	7	Mater Dei	A		3:24.15
	8	Cerritos	A		3:24.28
	9	Troy	A		3:25.55

D I V 1	L. SCHOOL		TIME	E V E N T 20	
	1	Poly (Long Beach)	A		3:25.18
	2	Canyon (C.C.)	A		3:24.50
	3	Aliso Niguel	A		3:24.27
	4	Miller, A.B.	A		3:23.01
	5	Rancho Cucamonga	A		3:20.04
	6	Jordan	A		3:21.68
	7	Great Oak	A		3:23.69
	8	San Geronio	A		3:24.43
	9	Upland	A		3:24.57

NATIONAL RECORD

School	Mark	Year
Long Beach Poly (CA)	3:35.49	2004

CIF-SS BEST

Long Beach Poly	3:35.49	2004
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CIF-SS DIVISIONAL

Muir (D1)	3:37.69	1985
Hawthorne (D2)	3:49.49	1983
St. Bernard (D3)	3:41.32	1997
Louisville (D4)	3:49.31	2006

NATIONAL RECORD

School	Mark	Year
Hawthorne (CA)	3:07.40	1985

CIF-SS BEST

Hawthorne	3:07.40	1985
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CIF-SS DIVISIONAL

Hawthorne (D1)	3:12.23	1985
Hawthorne (D2)	3:13.86	1983
Centennial/Compton (D3)	3:15.61	1980
Perris (D4)	3:14.84	1983



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS HIGH JUMP

DIV 4	L. NAME YR.	SCHOOL	MARK	EVENT 21
	1 Gibson, Mariah 10	Paraclete	5-00.00	
	2 Thomas, Shahar 11	Westridge	5-00.00	
	3 Whitley, Erica 10	St. Bonaventure	5-00.00	
	4 Armstrong, Shannon 11	Oaks Christian	5-00.00	
	5 Erbe, Kelly 11	Oxford Academy	5-00.00	
	6 Sharpe, Zakiya 12	Vivian Webb	5-02.00	
	7 Van Dyk, Rebekah 12	Valley Chr. (Cerritos)	5-02.00	
	8 Price, Autumn 10	Templeton	5-02.00	
	9 Dencer, Camilla 11	West Valley Christian	5-02.00	

DIV 3	L. NAME YR.	SCHOOL	MARK	EVENT 21
	1 White, Macee 12	Rim of the World	5-00.00	
	2 Smith, Jasmine 9	Eastside	5-00.00	
	3 Graves-Johnson, Katrina 11	Monrovia	5-02.00	
	4 Akeh, Zania 12	Notre Dame (S.O.)	5-02.00	
	5 McNamara, Mishelle 12	Covina	5-02.00	
	6 Johnson, Tayler 12	Oak Park	5-02.00	
	7 Collins, Kelly 11	Santa Margarita	5-02.00	
	8 Clark, Jasmine 12	Muir	5-02.00	
	9 Center, Christy 11	Rim of the World	5-02.00	

DIV 2	L. NAME YR.	SCHOOL	MARK	EVENT 21
	1 Sando, Kelsi 11	Mater Dei	5-02.00	
	2 Sorensen, Bonnie 12	Huntington Beach	5-02.00	
	3 Nizdil, Riley 9	Rio Mesa	5-02.00	
	4 Valdez, Hannah 12	Dos Pueblos	5-04.00	
	5 Stanislaw, Cassie 12	Woodbridge	5-04.00	
	6 Lee, Amanda 12	Newbury Park	5-04.00	
	7 Ridgeway, Kalley 10	San Marcos	5-04.00	
	8 Robson, Jessica 12	Newport Harbor	5-04.00	
	9 Olinyk, Rachel 11	Moorpark	5-04.00	

DIV 1	L. NAME YR.	SCHOOL	MARK	EVENT 21
	1 Gaspari, Felicia 10	Jurupa Valley	5-01.00	
	2 Johnson, Megan 11	Mission Viejo	5-01.00	
	3 Westland, Katie 12	Tesoro	5-01.00	
	4 Han, Karen 11	Arcadia	5-03.00	
	5 Richmond, Tara 9	Poly (Long Beach)	5-03.00	
	6 Henry, Ashley 9	Rancho Cucamonga	5-03.00	
	7 Thorn, Kelsey 12	Los Alamitos	5-03.00	
	8 Smith, Ashley 10	Millikan	5-03.00	
	9 Baucham, Ashley 12	Crescenta Valley	5-03.00	

BOYS HIGH JUMP

DIV 4	L. NAME YR.	SCHOOL	MARK	EVENT 27
	1 Reed, Jeremy 12	Oaks Christian	6-00.00	
	2 Adam, Tyler 11	St. Joseph (S.M.)	6-00.00	
	3 Sharpe, Jules 10	Oaks Christian	6-00.00	
	4 Harris, Will 11	Webb	6-00.00	
	5 Stucky, Dillon 12	Desert	6-00.00	
	6 Steed, Harrison 9	JSerra	6-02.00	
	7 Goodenough, Dan 12	St. Margaret's	6-02.00	
	8 Lawrey, Kris 12	Serra	6-02.00	
	9 Blake, Jeff 11	St. Joseph (S.M.)	6-02.00	

DIV 3	L. NAME YR.	SCHOOL	MARK	EVENT 27
	1 Perez, Trent 11	Servite	6-03.00	
	2 Maddox, Kareem 12	Oak Park	6-03.00	
	3 Anderson, Leland 12	Lawndale	6-03.00	
	4 Ruiz, Tyler 10	Notre Dame (S.O.)	6-03.00	
	5 Pettis, Austin 11	Lutheran (Orange)	6-03.00	
	6 Maraj, Vijay 11	Yucca Valley	6-03.00	
	7 Woods, Steven 12	Glenn	6-03.00	
	8 Brown, Ron 12	Beaumont	6-03.00	
	9 Maciol, Adrian 12	Western	6-03.00	

DIV 2	L. NAME YR.	SCHOOL	MARK	EVENT 27
	1 DeMirjian, Garrett 11	Thousand Oaks	6-02.00	
	2 Kingsland, Chris 11	El Modena	6-02.00	
	3 Alami, Patrick 12	Newbury Park	6-04.00	
	4 Bentley, Damone 12	North, J.W.	6-04.00	
	5 Till, Garrett 12	South Torrance	6-04.00	
	6 Clark, Jonathan 12	Loyola	6-04.00	
	7 Mc Clendon, Anthony 11	Colony	6-04.00	
	8 Gwacham, Obum 10	Ayala	6-04.00	
	9 Savoie, Danny 12	Westminster	6-04.00	

DIV 1	L. NAME YR.	SCHOOL	MARK	EVENT 27
	1 Brown, Brandon 12	Rancho Verde	6-05.00	
	2 La Rocca, Mike 11	Dana Hills	6-05.00	
	3 McGregor, Brett 12	Murrieta Valley	6-05.00	
	4 Ross, Nick 10	Vista Murrieta	6-05.00	
	5 Jackson, Reginal 11	San Geronio	6-05.00	
	6 Hicks, Chris 12	Palmdale	6-05.00	
	7 Hobson, Taylor 12	Upland	6-07.00	
	8 Drake, Darryl 12	San Geronio	6-07.00	
	9 Kirkpatrick, Daniel 12	Trabuco Hills	6-07.00	

NATIONAL RECORD			
Name/School	Mark	Year	
Amy Acuff, Calallen, Corpus Christi (TX)	6-3	1992	
CIF-SS BEST			
Sharon Day, Costa Mesa	6-2	2003	
CIF-SS DIVISIONAL			
Chaunte Howard, J.W. North (D1)	6-0	2002	
Kaylene Wagner, Dos Pueblos (D2)	6-0	2002	
Sharon Day, Costa Mesa (D3)	6-0	2003	
Katrina Johnson, Marshall (D4)	5-8	1982	
Crissy Mills, Campbell Hall (D4)	5-8	1989	
Michelle Mahlke, Marymount (D4)	5-8	1997	

NATIONAL RECORD			
Name/School	Mark	Year	
Dothel Edwards, Cedar Shoals (GA)	7-5.25	1984	
CIF-SS BEST			
Jeremy Fischer, Adolfo Camarillo	7-4	1994	
CIF-SS DIVISIONAL			
Jeremy Fischer, Adolfo Camarillo (D1)	7-2.25	1994	
Elliot Parks, El Toro (D2)	7-2	1997	
Jonathan Golden, Azusa (D3)	6-11	2004	
Alarick Greenberry, Cabrillo/Lompoc (D4)	6-10	1992	
T.J. Fakehinde, Eastside Christian (D4)	6-10	2002	



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS POLE VAULT

DIV 4	L. NAME YR.	SCHOOL	MARK	EVENT
	1 Muhonen, Mackenzie 10	Sage Hill	8-06.00	22
	2 Boehm, Taylor 11	Paraclete	8-06.00	
	3 Mackenzie, Mollie 11	Vivian Webb	8-06.00	
	4 Troyke, Justine 12	Fillmore	8-06.00	
	5 Grossi, Lauren 10	St. Joseph (S.M.)	8-06.00	
	6 Mangus, Sierra 10	Fillmore	9-00.00	
	7 Radke, Lauren 11	Oaks Christian	10-00.00	
	8 Ruttschow, Alex 12	Morro Bay	10-00.00	
	9 Foster, Nicole 11	Morro Bay	10-00.00	

DIV 3	L. NAME YR.	SCHOOL	MARK	EVENT
	1 vanderWyk, Shastee 12	Temple City	9-09.00	22
	2 McNamara, Mishelle 12	Covina	9-09.00	
	3 Mahony, Molly 11	Rosary	9-09.00	
	4 Torp, Danielle 11	Gahr	9-09.00	
	5 Fein, Micah 11	Laguna Hills	9-09.00	
	6 Burley, Missy 12	Rosary	9-09.00	
	7 Allen, Cristi 12	Apple Valley	9-09.00	
	8 Tears, Rachel 12	Santa Margarita	10-03.00	
	9 Stark, Aubree 12	Oak Park	10-03.00	

DIV 2	L. NAME YR.	SCHOOL	MARK	EVENT
	1 Van Ert, Hilary 11	Capistrano Valley	10-06.00	22
	2 Lam, Sandra 12	Peninsula	10-06.00	
	3 Moore, Kate 12	Paso Robles	10-06.00	
	4 Farrar, Susan 10	North, J.W.	10-06.00	
	5 VanDoornum, Chrissy 12	Huntington Beach	10-06.00	
	6 Blair, Brianna 12	Thousand Oaks	10-06.00	
	7 Adachi, Ariella 11	Moorpark	10-06.00	
	8 Morris, Melissa 11	Cypress	10-06.00	
	9 Stokke, Allison 12	Newport Harbor	11-00.00	

DIV 1	L. NAME YR.	SCHOOL	MARK	EVENT
	1 Larson, Nicole 9	Upland	10-00.00	22
	2 Johnson, Ariana 12	Aliso Niguel	10-00.00	
	3 Webberly, Tianna 10	Highland	10-00.00	
	4 Churtonis, Megan 12	Dana Hills	10-00.00	
	5 Kasai, Sarah 12	Glendora	10-06.00	
	6 Ward, Alexa 11	Los Alamitos	10-06.00	
	7 Beyer-Andrews, Katie 12	Vista Murrieta	10-06.00	
	8 Beighton, Katelyn 12	Los Alamitos	10-06.00	
	9 Brown, Jenny 12	Rancho Cucamonga	10-06.00	

BOYS POLE VAULT

DIV 4	L. NAME YR.	SCHOOL	MARK	EVENT
	1 Martos, Justin 12	St. Margaret's	12-00.00	28
	2 Johnson, Matt 12	Fillmore	12-06.00	
	3 Minguetz, David 12	La Salle	12-06.00	
	4 Dedios, Edwin 11	St. Paul	12-06.00	
	5 Brown, Dusty 11	St. Paul	12-06.00	
	6 Romo, Pete 11	St. Paul	12-06.00	
	7 Cadwalder, Ryan 11	St. Paul	12-06.00	
	8 Matoesian, Justin 12	Crespi	12-06.00	
	9 Adam, Tyler 11	St. Joseph (S.M.)	12-06.00	

DIV 3	L. NAME YR.	SCHOOL	MARK	EVENT
	1 Strawitz, Kyle 11	Notre Dame (S.O.)	13-00.00	28
	2 Torres, Armando 12	Mountain View	13-00.00	
	3 Mercier, Adam 12	Nipomo	13-00.00	
	4 Myers, Andy 12	Diamond Ranch	13-00.00	
	5 Davis, Daniel 12	Covina	13-06.00	
	6 Simms, Eric 10	Servite	13-06.00	
	7 Teunissen, AJ 11	Atascadero	13-06.00	
	8 Ho, Hoku 12	Temple City	13-06.00	
	9 Gibbs, Alex 12	Servite	13-06.00	

DIV 2	L. NAME YR.	SCHOOL	MARK	EVENT
	1 Astor, Jeff 12	Loyola	13-06.00	28
	2 Williford, David 12	Dos Pueblos	14-00.00	
	3 Cooper, Matt 10	Mater Dei	14-00.00	
	4 Thomas, David 12	Cerritos	14-00.00	
	5 Finley, Tazwell 12	Moorpark	14-00.00	
	6 Allizer, Jeff 12	Thousand Oaks	14-00.00	
	7 Turvey, Daniel 11	Dos Pueblos	14-00.00	
	8 Woepse, Michael 9	Mater Dei	14-00.00	
	9 Danielson, Chris 11	Damien	14-00.00	

DIV 1	L. NAME YR.	SCHOOL	MARK	EVENT
	1 Shead, DeShawn 12	Highland	13-06.00	28
	2 Watley, Eric 12	Upland	14-00.00	
	3 South, Riith 11	Wilson (Long Beach)	14-00.00	
	4 Reiter, Chip 12	Chino Hills	14-00.00	
	5 Woodard, Tyler 12	Canyon (C.C.)	14-00.00	
	6 Streshinsky, Matt 12	Aliso Niguel	14-00.00	
	7 Bowlin, Greg 12	Aliso Niguel	14-00.00	
	8 Jennings, Nick 11	San Clemente	14-00.00	
	9 Prince, Austin 11	Murrieta Valley	14-00.00	

NATIONAL RECORD

Name/School	Mark	Year
Mary Saxer, Lancaster (NY)	13-9	2005

CIF-SS BEST

Shayla Balentine, Morro Bay	13-8	2001
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CIF-SS DIVISIONAL

Whitney Johnson, Mission Viejo (D1)	12-10	2004
Allison Stokke, Newport Harbor (D2)	13-9	2006
Chelsea Johnson, Atascadero (D3)	13-6	2002
Lauren Radke, Oaks Christian (D4)	10-8	2006

NATIONAL RECORD

Name/School	Mark	Year
Eric Eshbach, Orangefield (TX)	18-2.25	1999

CIF-SS BEST

Anthony Curran, Crespi	17-4.25	1978
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CIF-SS DIVISIONAL

Tom Richards, San Marcos (D1)	16-6	1988
Greg Woepse, Mater Dei (D2)	16-6	2006
Greg Ernst, El Dorado (D3)	16-5.5	1978
Johnny Quinn, St. Margaret's (D4)	16-8	2006



TRACK & FIELD CHAMPIONSHIPS - MAY 19, 2007

GIRLS LONG JUMP

D I V 4	L. NAME YR.	SCHOOL	MARK	E V E N T 23
	1 Jacquet, Kristina 11	Serra	16-04.00	
	2 Muhonen, Mackenzie 10	Sage Hill	16-08.00	
	3 Washington, Taz 9	Serra	16-10.50	
	4 Kolbo, Natasha 9	St. Joseph (S.M.)	16-11.25	
	5 Clayton, Courtney 12	Mayfield	17-04.00	
	6 Hunter, Amanda 11	Marlborough	17-05.50	
	7 Williams, Diahann 11	Templeton	17-09.00	
	8 Thomas, Shahar 11	Westridge	18-00.50	
	9 Baltimore, Ashtynn 10	Marlborough	18-04.50	

D I V 3	L. NAME YR.	SCHOOL	MARK	E V E N T 23
	1 Kigozi, Brianna 10	Notre Dame (S.O.)	16-01.00	
	2 Richards, Aтира 11	Harvard Westlake	16-01.75	
	3 Clark, Jasmine 12	Muir	16-03.75	
	4 Mitchell, Diamonne 10	Cabrillo (Lompoc)	17-03.25	
	5 Liu, Tiffany 12	Corona del Mar	17-03.75	
	6 Bickers, Cara 12	Harvard Westlake	17-05.50	
	7 Liehr, Whitney 12	Palos Verdes	17-07.75	
	8 Reaser, Allison 9	El Segundo	17-11.25	
	9 Dunn, Karyn 10	Diamond Ranch	19-00.50	

D I V 2	L. NAME YR.	SCHOOL	MARK	E V E N T 23
	1 Pasini, Mia 11	San Marcos	16-11.25	
	2 Reynolds, Jenna 10	North, J.W.	17-00.00	
	3 Hedgepeth, Saraina 10	Rio Mesa	17-00.25	
	4 Patridge, Kashima 12	Kaiser	17-03.50	
	5 Richards, Theresa 12	Ayala	17-04.25	
	6 Pierce, Cyntrail 11	Dominguez	17-07.75	
	7 Valencia, Emma 12	Mater Dei	17-10.50	
	8 Sorensen, Bonnie 12	Huntington Beach	18-00.25	
	9 Mueggenburg, Eva 11	Granite Hills	19-06.25	

D I V 1	L. NAME YR.	SCHOOL	MARK	E V E N T 23
	1 Amoah, Debra 12	Carter	17-02.50	
	2 Conway, Sabrina 11	Royal	17-02.75	
	3 Siletto, Ashley 11	Tesoro	17-03.00	
	4 Erickson, Heather 12	Vista Murrieta	17-03.50	
	5 Todd, Monica 9	Trabuco Hills	17-05.25	
	6 Smith, Jennica 9	Upland	17-05.50	
	7 LeDuc, Madeline 12	Glendora	17-08.00	
	8 Herring, Alycia 9	Rancho Verde	17-10.00	
	9 Bozeman, Brittany 10	Rancho Verde	18-05.50	

BOYS LONG JUMP

D I V 4	L. NAME YR.	SCHOOL	MARK	E V E N T 29
	1 Murray, Malcolm 11	Serra	20-04.00	
	2 Goodenough, Dan 12	St. Margaret's	20-06.75	
	3 Lee, Taeyoung 12	Whitney	20-08.00	
	4 Henry, DaJuan 12	Valley Chr. (Cerritos)	20-09.50	
	5 Amajoyi, Chike 12	Aquinas	21-00.25	
	6 Blake, Jeff 11	St. Joseph (S.M.)	21-02.75	
	7 Cochrell, Cameron 12	Valley Chr. (Cerritos)	21-03.50	
	8 Meyers, Gabe 12	Chaminade	21-08.25	
	9 Short, James 10	St. Bonaventure	22-02.25	

D I V 3	L. NAME YR.	SCHOOL	MARK	E V E N T 29
	1 Anderson, Eric 12	Northview	20-06.00	
	2 Annas, Drew 11	San Dimas	20-09.00	
	3 Brown, Ron 12	Beaumont	21-02.50	
	4 Ray, Mikell 12	Lompoc	21-07.00	
	5 Lu, Xiao 12	Temple City	22-00.50	
	6 Joe, Jon 12	San Dimas	22-01.00	
	7 Gilmore, Tim 10	Wilson (H.H.)	22-01.00	
	8 Bradley, Aaron 9	Gahr	22-02.00	
	9 Prentice, Terry 12	Diamond Ranch	23-10.00	

D I V 2	L. NAME YR.	SCHOOL	MARK	E V E N T 29
	1 Wright, Anthony 12	Compton	20-11.00	
	2 Pickens, Andrey 11	Don Lugo	20-11.25	
	3 Gillett, Cameron 11	La Mirada	21-01.50	
	4 Finley, Levoys 12	Granite Hills	21-03.00	
	5 Smoot, Terry 12	Loara	21-03.25	
	6 Rodgers, Kevin 12	Colony	21-05.75	
	7 Alcaraz, Richard 11	West Torrance	21-06.50	
	8 Harrison, Josh 12	Rio Mesa	22-08.25	
	9 Butts, Ryan 12	Antelope Valley	22-11.25	

D I V 1	L. NAME YR.	SCHOOL	MARK	E V E N T 29
	1 Mance, Roger 12	Chino Hills	21-08.00	
	2 Smith, Deon 12	Wilson (Long Beach)	21-11.00	
	3 Howell, Delano 11	Hart	21-11.50	
	4 Vicent, Tovar 12	El Rancho	22-01.00	
	5 Hobson, Taylor 12	Upland	22-03.00	
	6 Kuechler, Kevin 12	Mission Viejo	22-05.50	
	7 Sheppard, Terrance 12	Palmdale	22-07.00	
	8 Smith, Charles 11	Hesperia	22-11.50	
	9 Burke, Taveon 11	Lancaster	23-04.25	

NATIONAL RECORD

Name/School	Mark	Year
Kathy McMillan, Hoke County (NC)	22-1.75	1976

CIF-SS BEST

Marion Jones, Thousand Oaks	22-0.5	1993
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CIF-SS DIVISIONAL

Marion Jones, Thousand Oaks (D1)	21-1.5	1993
Gayle Hunter, J.W. North (D2)	19-8	2003
Juliana Yendork, Walnut (D3)	20-1.75	1991
Sabrina Williams, Valley Chr/Cerritos (D4)	19-2.75	1981

NATIONAL RECORD

Name/School	Mark	Year
James Stallworth, Tulare (CA)	26-4.75	1989

CIF-SS BEST

Jerry Proctor, Muir	25-7	1967
James McAllister, Blair	25-7	1970

CIF-SS DIVISIONAL

Ted Hammond, Compton (D1)	25-6.25	1973
Chris Harper, Arlington (D2)	24-3.5	1980
Jerry Herndon, Cajon (D3)	24-9.25	1973
Rudy Burgess, Desert (D4)	23-10	2002



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS TRIPLE JUMP

D I V 4	L. NAME YR.	SCHOOL	MARK	E V E N T 24
	1 Vosburg, Alia 11	St. Joseph (S.M.)	33-11.00	
	2 Curtis, Jasmine 10	St. Mary's Academy	34-04.75	
	3 Williams, Jessica 11	Temecula Prep	34-05.75	
	4 Hoage, Natalie 10	Templeton	34-07.00	
	5 Chatman, Lateen 12	St. Mary's Academy	35-02.50	
	6 Truluck, Emani 11	Malibu	35-10.25	
	7 Williams, Diahann 11	Templeton	37-02.50	
	8 Thomas, Shahar 11	Westridge	37-11.00	
	9 Hunter, Amanda 11	Marlborough	38-04.00	

D I V 3	L. NAME YR.	SCHOOL	MARK	E V E N T 24
	1 Barker, D'Auria 11	Centennial (Compton)	34-05.00	
	2 Mills, Taylor 9	Muir	34-06.75	
	3 Atchley, Skye 10	Lutheran (Orange)	34-07.75	
	4 Nguyen, Christina 12	Foothill	34-10.25	
	5 Austin, Shannon 12	Gahr	35-04.75	
	6 Bickers, Cara 12	Harvard Westlake	35-08.25	
	7 Liu, Tiffany 12	Corona del Mar	36-03.75	
	8 Moore, Shanell 12	Charter Oak	36-05.50	
	9 Liehr, Whitney 12	Palos Verdes	39-08.00	

D I V 2	L. NAME YR.	SCHOOL	MARK	E V E N T 24
	1 Clayton, Laura 12	Newport Harbor	34-06.50	
	2 Smith, Britanie 10	Pioneer Valley	34-10.00	
	3 Schuler, Kelsey 12	Katella	35-02.50	
	4 Wilkes, Erinn 12	Peninsula	35-03.25	
	5 Pasini, Mia 11	San Marcos	36-02.00	
	6 Valdez, Hannah 12	Dos Pueblos	36-10.00	
	7 Avant, Maya 11	Claremont	36-10.00	
	8 Pearson, Lyndsay 11	San Marcos	37-00.50	
	9 Forbes, Shannon 12	Peninsula	37-06.50	

D I V 1	L. NAME YR.	SCHOOL	MARK	E V E N T 24
	1 Woods, Tianna 11	Poly (Long Beach)	35-09.75	
	2 Seymour, Jasmine 12	Paloma Valley	35-11.25	
	3 Boulat, Johanne 11	Arcadia	36-00.00	
	4 Harbison, Aubree 11	Murrieta Valley	36-02.50	
	5 Stoddard, Jordyn 11	Aliso Niguel	36-02.75	
	6 Keltner, Melissa 10	Chino Hills	36-10.50	
	7 LeDuc, Madeline 12	Glendora	37-04.25	
	8 Murillo, Christina 12	Trabuco Hills	37-05.25	
	9 Cooper, Angele 11	Wilson (Long Beach)	37-08.00	

NATIONAL RECORD			
Name/School	Mark	Year	
Ychljndria Spears, Luling (TX)	44-2.25	2001	
CIF-SS BEST			
Juliana Yendork, Walnut	44-0.5	1991	
CIF-SS DIVISIONAL			
Candace Baucham, Long Beach Poly (D1)	40-9	2001	
Michelle Sanford, Woodbridge (D2)	42-6.5	2002	
Juliana Yendork, Walnut (D3)	43-6	1991	
Artensia Young, Serra (D4)	39-10.50	2003	

BOYS TRIPLE JUMP

D I V 4	L. NAME YR.	SCHOOL	MARK	E V E N T 30
	1 Newell, Nick 12	Laguna Beach	41-07.00	
	2 Epps, Jianon 12	Mary Star of the Sea	41-08.00	
	3 Reed, Jeremy 12	Oaks Christian	42-08.50	
	4 Cochrelle, Cameron 11	Valley Chr. (Cerritos)	42-09.50	
	5 Aponte, David 11	Silver Valley	42-09.50	
	6 Bailey, Darien 10	Temecula Prep	43-00.00	
	7 Stucky, Dillon 12	Desert	43-03.00	
	8 Ihenacho, Duke 12	Serra	43-04.25	
	9 Henry, DaJuan 12	Valley Chr. (Cerritos)	43-09.00	

D I V 3	L. NAME YR.	SCHOOL	MARK	E V E N T 30
	1 Walls, Josh 10	Monrovia	44-03.00	
	2 Gonzalez, Daniel 11	Tustin	43-08.00	
	3 Joe, Jon 12	San Dimas	43-09.00	
	4 Robinson, Daniel 11	Covina	43-10.00	
	5 Anderson, Eric 12	Northview	43-10.00	
	6 Monroe, Markus 12	Monrovia	44-02.00	
	7 Hakim, Melvin 12	Diamond Ranch	44-03.00	
	8 McGee, Kenneth 11	Magnolia	44-03.00	
	9 Lu, Xiao 12	Temple City	44-09.50	
10 Blow, Masson 11	Lompoc	45-00.50		

D I V 2	L. NAME YR.	SCHOOL	MARK	E V E N T 30
	1 Ibekwe, Wil 12	Norco	44-03.00	
	2 Meade, Neville 12	Hueneme	43-06.00	
	3 Chanaiwa, Kenny 12	Arroyo Grande	43-07.50	
	4 Wang, Raymond 12	Northwood	43-09.00	
	5 O'Dea, Dennis 12	Burbank	43-09.25	
	6 Uzomah, Elvis 12	Loyola	43-10.25	
	7 Burnett, Tony 11	Mayfair	43-11.00	
	8 Gibbsbracho, Garoon 11	Damien	44-03.25	
	9 Karam, Nick 12	Moorpark	45-05.25	
10 Clark, Jonathan 12	Loyola	48-11.50		

D I V 1	L. NAME YR.	SCHOOL	MARK	E V E N T 30
	1 Ross, Nick 10	Vista Murrieta	44-05.00	
	2 Persley, Marquis 12	Redlands East Valley	44-06.50	
	3 Spellman, Aziz 12	Mission Viejo	44-09.25	
	4 Burke, Aaron 11	Downey	45-05.25	
	5 West, Jeremy 11	Perris	46-00.75	
	6 Panford, Edgar 12	Cajon	46-01.50	
	7 Townsend, Xavier 12	San Geronio	46-01.75	
	8 Swafford, Ryan 11	Vista Murrieta	46-07.75	
	9 Neizer, Emmanuel 12	Rancho Cucamonga	47-06.00	

NATIONAL RECORD			
Name/School	Mark	Year	
Charles Mayfield, Muir, Pasadena (CA)	52-10.5	1980	
CIF-SS BEST			
Charles Mayfield, Muir	52-10.5	1980	
CIF-SS DIVISIONAL			
Marcus Hooks, Lakewood (D1)	52-3.5	1986	
Ken Williams, Troy (D2)	50-1	1982	
Phouphet Singbandith, Magnolia (D3)	50-2.25	1990	
Rudy Burgess, Desert (D4)	48-8.75	2003	



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS SHOT PUT

D I V 4	L. NAME YR.	SCHOOL	MARK	E V E N T 25
	1 Ward, Ashley 11	St. Matthias	31-02.75	
	2 Hearne, Siera 9	Paraclete	31-03.25	
	3 Rios, Danielle 11	Village Christian	31-11.25	
	4 Vail, Mariah 10	St. Joseph (S.M.)	32-02.00	
	5 Walter, Bailey 12	Valley Chr. (Cerritos)	32-08.75	
	6 Noel, Sabria 10	Paraclete	33-04.00	
	7 McCray, Shelby 12	La Salle	35-04.75	
	8 Loya, Teresa 9	St. Joseph (S.M.)	35-06.50	
	9 Chafeh, Jane 12	Notre Dame (Riverside)	39-03.00	

D I V 3	L. NAME YR.	SCHOOL	MARK	E V E N T 25
	1 D'Auria, Bark 11	Centennial(Compton)	35-07.50	
	2 Casanova, Maddie 10	Alemany	35-11.00	
	3 Murphy, Kyleah 9	Yucca Valley	37-00.50	
	4 Kuschner, Rachel 12	Harvard Westlake	37-03.00	
	5 Hays, Renee 11	Bishop Amat	38-00.50	
	6 Francis, Alexis 11	Notre Dame (S.O.)	38-07.50	
	7 Bouey, Kristen 12	Temple City	38-11.00	
	8 Berg, Alexa 12	Notre Dame (S.O.)	39-10.50	
	9 Kovar, Kayla 10	Burroughs/Rid.	40-00.00	

D I V 2	L. NAME YR.	SCHOOL	MARK	E V E N T 25
	1 Garza, Marisa 12	Paso Robles	37-01.50	
	2 Thomas, Chinaka 12	Hueneme	37-03.50	
	3 Franklin, Maddie 11	Arroyo Grande	37-07.00	
	4 McGhee, Brittany 12	North, J.W.	38-00.00	
	5 Boggeln, Laura 12	Huntington Beach	39-00.50	
	6 Weinrich, Christine 12	Arroyo Grande	39-01.50	
	7 Agwuenu, Ify 12	Ayala	39-03.50	
	8 Ashley, Whitney 12	North, J.W.	40-08.00	
	9 Fraser, Hilary 12	El Toro	43-09.50	

D I V 1	L. NAME YR.	SCHOOL	MARK	E V E N T 25
	1 Kitterman, Sierra 12	Paloma Valley	36-00.00	
	2 Johnson, Jasmine 11	San Geronio	36-00.00	
	3 Stovall, Aunjanae 12	Lynwood	36-09.50	
	4 Dailey, Sina 11	Mission Viejo	37-01.50	
	5 Anumba, Michelle 10	Los Osos	37-05.00	
	6 Breauz, Shauntay 12	Miller, A.B.	37-05.00	
	7 Bonner, Jessica 12	Chaparral	37-05.50	
	8 Tuioti-Mariner, Christie 12	Corona	40-01.00	
	9 Aliimataifala, Stephanie 11	Paramount	41-10.00	

BOYS SHOT PUT

D I V 4	L. NAME YR.	SCHOOL	MARK	E V E N T 31
	1 Jimenez, Alex 12	La Salle	44-07.50	
	2 Dudas, Mason 11	Flintridge Prep	44-08.00	
	3 Freeman, Robert 12	Morro Bay	45-05.75	
	4 Perez, Jose 12	St. Paul	46-06.25	
	5 Boehm, Adam 12	Paraclete	46-08.50	
	6 Joseph, Julius 11	Serra	46-09.50	
	7 Rodgers, Yusef 12	Crespi	48-09.50	
	8 Cutler, Justin 11	Templeton	51-01.50	
	9 McCullough, Connor 10	Chaminade	52-06.25	

D I V 3	L. NAME YR.	SCHOOL	MARK	E V E N T 31
	1 Galippo, Chris 12	Servite	49-03.50	
	2 Ayles, Blake 11	Lutheran (Orange)	49-04.50	
	3 Vickers, Graham 10	Diamond Ranch	50-05.50	
	4 Pendergast, Garrett 12	Servite	50-10.00	
	5 Morcilio, Josh 12	Yucca Valley	53-09.00	
	6 DeMartinis, Sam 12	Notre Dame (S.O.)	53-10.00	
	7 Cruz, Daniel 12	Barstow	56-04.50	
	8 Correa, Jesus 12	Rosemead	56-04.50	
	9 Canavan, Joe 12	Palm Desert	65-00.50	

D I V 2	L. NAME YR.	SCHOOL	MARK	E V E N T 31
	1 Hamilton, Jon 12	Valencia (Placentia)	51-02.00	
	2 Gerhart, Garth 12	Norco	51-05.00	
	3 Haygood, BJ 12	Pacific	51-05.50	
	4 Weintraub, Jacob 12	Redondo Union	51-09.50	
	5 Gleason, Ryan 12	Los Amigos	52-08.50	
	6 Morrow, Justin 11	Arroyo Grande	52-11.50	
	7 Sida, Jose 12	Hemet	53-04.50	
	8 Davies, Nigel 11	Loyola	55-08.50	
	9 Heffernan, Grant 12	University	57-08.00	

D I V 1	L. NAME YR.	SCHOOL	MARK	E V E N T 31
	1 Moschkin, Kyle 12	La Sierra	50-02.75	
	2 Avila, Sean 10	Esperanza	50-03.00	
	3 Talamaivao, Lei 12	Rancho Cucamonga	51-07.25	
	4 Wilburn, Ray 11	Cajon	51-07.50	
	5 Swarbrick, Daniel 10	Saugus	52-07.50	
	6 Baca, Jeff 11	Mission Viejo	52-07.75	
	7 Peterson, Nick 12	Canyon (C.C.)	53-07.00	
	8 Ferrell, Josh 12	San Clemente	54-02.50	
	9 Heaton, Joel 12	Aliso Niguel	60-02.25	

NATIONAL RECORD

Name/School	Mark	Year
Michelle Carter, Red Oak (TX)	54-10.75	2003

CIF-SS BEST

Natalie Kaaiawahia, Fullerton	53-7.75	1983
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CIF-SS DIVISIONAL

Megan Howard, Arroyo Grande (D1)	49-5.75	2004
Natalie Kaaiawahia, Fullerton (D2)	53-7.75	1983
Karen Freberg, San Luis Obispo (D3)	51-10.25	2001
Melissa Yunghans, Lutheran/Orange (D4)	45-6.25	2004

NATIONAL RECORD

Name/School	Mark	Year
Michael Carter, Jefferson-Dallas (TX)	77-0	1979

CIF-SS BEST

Brian Blutreich, Capistrano Valley	69-6.5	1985
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CIF-SS DIVISIONAL

Dave Kurrasch, Newport Harbor (D1)	68-5	1975
Mark Parlin, Esperanza (D2)	66-7.5	1991
Joe Canavan, Palm Desert (D3)	65-00.50	2007
Noah Bryant, Carpinteria (D4)	66-0.5	2002



TRACK & FIELD CHAMPIONSHIPS-MAY 19, 2007

GIRLS DISCUS

D I V 4	L. NAME YR.	SCHOOL	MARK	E V E N T 26	
	1	Chafeh, Jane 12	Notre Dame (Riverside)		99-06
	2	Walter, Bailey 12	Valley Chr. (Cerritos)		99-08
	3	Beh, Lakeshia 12	Ontario Christian		101-04
	4	McCray, Shelby 12	La Salle		102-03
	5	Henry, Priscilla 12	Woodcrest Christian		104-08
	6	Daniels, Kelsey 11	St. Joseph (S.M.)		109-05
	7	Sornoso, Naomi 11	Arrowhead Christian		109-06
	8	Patterson, Haylie 11	Valley Chr. (Cerritos)		109-07
	9	Butler, Rachel 11	Calvary Chapel (D.)		117-07

D I V 3	L. NAME YR.	SCHOOL	MARK	E V E N T 26	
	1	Francis, Alexis 11	Notre Dame (S.O.)		112-10
	2	Langford, Leticia 12	Gahr		113-03
	3	Espy, Lauren 12	St. Lucy's		116-11
	4	Bader, Kathleen 12	Nipomo		120-06
	5	Olsen, Jannelle 12	Burroughs (Ridgecrest)		124-11
	6	Dewiitt, Jeanette 11	Nipomo		125-09
	7	Kuschner, Rachel 12	Harvard Westlake		129-03
	8	Asoau, Shironda 9	Magnolia		140-08
	9	Kovar, Kayla 10	Burroughs (Ridgecrest)		144-01

D I V 2	L. NAME YR.	SCHOOL	MARK	E V E N T 26	
	1	Roth, Molly 11	Mira Costa		122-02
	2	Shepard, Brooke 10	Arroyo Grande		123-00
	3	Downey, Alyssa 11	Arroyo Grande		127-04
	4	Gutierrez, Samantha 11	Temescal Canyon		132-05
	5	Agwuenu, Ify 12	Ayala		136-07
	6	Garza, Marisa 12	Paso Robles		138-09
	7	Weinrich, Christine 12	Arroyo Grande		140-05
	8	Morgan, Claire 12	Ventura		143-10
	9	Fraser, Hilary 12	El Toro		149-02

D I V 1	L. NAME YR.	SCHOOL	MARK	E V E N T 26	
	1	Morones, Tiffany 10	San Geronio		121-09
	2	Fisher, Shaylynn 10	Great Oak		126-04
	3	Macarro, Kaiini 12	Great Oak		126-05
	4	Dailey, Sina 11	Mission Viejo		126-09
	5	Johnson, Jasmine 11	San Geronio		127-03
	6	Snyder, Heather 11	Saugus		129-07
	7	Laich, Katie 12	Esperanza		131-08
	8	Akauola, Losa 12	Chaffey		133-02
	9	Bonner, Jessica 12	Chaparral		135-04

NATIONAL RECORD

Name/School	Mark	Year
Suzy Powell, Downey, Modesto, (CA)	188-4	1994

CIF-SS BEST

Billie Jo Grant, Arroyo Grande	182-6	2003
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CIF-SS DIVISIONAL

Billie Jo Grant, Arroyo Grande (D1)	182-6	2003
Candy Roberts, Don Lugo (D2)	167-8	1989
Genessa Guzman, Charter Oak (D3)	161-3	2001
Danielle Lampkin, Twentynine Palms (D4)	140-8	2004

BOYS DISCUS

D I V 4	L. NAME YR.	SCHOOL	MARK	E V E N T 32	
	1	Stoddard, Jonathan 12	La Salle		132-05
	2	Anderson, Sean 11	Calvary Chapel (D.)		133-04
	3	Dinkins, Chris 12	Twentynine Palms		134-00
	4	Cutler, Justin 11	Templeton		139-04
	5	Joseph, Julius 11	Serra		140-02
	6	Panapa, Ryan 11	St. Bonaventure		144-06
	7	Long, Josh 11	Valley Chr. (Cerritos)		147-03
	8	Sua, John 10	St. Joseph (S.M.)		148-05
	9	Freeman, Robert 12	Morro Bay		149-01

D I V 3	L. NAME YR.	SCHOOL	MARK	E V E N T 32	
	1	Boaz, Korben 11	Nipomo		148-02
	2	Faatili, Etisone 11	Magnolia		152-11
	3	Rodriguez, Louis 12	La Puente		154-09
	4	Arnold, Dustin 12	Sonora		158-00
	5	Morcilio, Josh 12	Yucca Valley		163-03
	6	Correa, Jesus 12	Rosemead		163-05
	7	Brown, Blake 11	Nipomo		167-08
	8	Cruz, Daniel 12	Barstow		171-08
	9	Ayles, Blake 11	Lutheran (Orange)		172-11

D I V 2	L. NAME YR.	SCHOOL	MARK	E V E N T 32	
	1	Valdes, Carlo 11	Mater Dei		162-06
	2	Murphy, Matt 12	El Toro		164-09
	3	Torres, Oscar 12	Paso Robles		167-06
	4	Sugishita, Ken 11	Arroyo Grande		168-07
	5	Saber, Dari 12	Arroyo Grande		171-01
	6	Draper, Greg 12	Paso Robles		174-10
	7	Wilson, Kyle 12	Arroyo Grande		178-10
	8	Nagengast, Tom 12	Paso Robles		184-10
	9	Johnson, Derek 12	Agoura		196-10

D I V 1	L. NAME YR.	SCHOOL	MARK	E V E N T 132	
	1	Gonzalez, Raul 12	Alta Loma		152-00
	2	Slater, Justin 12	La Sierra		155-05
	3	Grosky, Kyle 11	Esperanza		157-10
	4	Ahles, Tyler 12	Cajon		160-09
	5	Lynn, Cody 11	Paloma Valley		161-06
	6	Garcia, Eduardo 12	Rubidoux		161-11
	7	Moshkin, Kyle 12	La Sierra		168-11
	8	Heaton, Joel 12	Aliso Niguel		177-01
	9	Gehrke, Karl 12	Serrano		178-11

NATIONAL RECORD

Name/School	Mark	Year
Niklas Arrhenius, Mt. View (UT)	234-3	2001

CIF-SS BEST

Brian Blutreich, Capistrano Valley	210-8	1985
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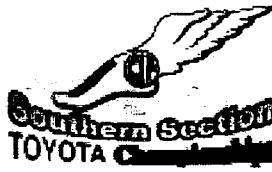
CIF-SS DIVISIONAL

Sean Shields, Arroyo Grande (D1)	209-9	2001
Bo Taylor, Newport Harbor (D2)	199-10	2006
Reedus Thurmond, Serra (D3)	189-10	1998
Kyle Davis-Hammerquist, Webb (D4)	180-8	2004



ALL-TIME BOYS TRACK & FIELD TEAM CHAMPIONS

1994	I	Muir	Clyde Turner	65	Long Beach Poly	Veterans Stadium
	II	Arroyo Grande	Edmund Alarcio	57	Canyon Springs	Veterans Stadium
	III	Morningside	Ron Tatum	78	Loyola	Veterans Stadium
	IV	Serra	Charles Nash	84	St. Bonaventure	Veterans Stadium
1995	I	Muir	Clyde Turner	74	Long Beach Poly	Cerritos College
	II	Arroyo Grande	Edmond Alarcio	49	Ramona	Cerritos College
	III	Morningside	Ron Tatum	85	Loyola	Cerritos College
	IV	Banning	Tom Amestoy	77	Brethren Christian	Cerritos College
1996	I	Muir	Clyde Turner	75	Long Beach Poly	Veterans Stadium
	II	Santa Margarita	Dave Zailler	44	El Toro	Veterans Stadium
	III	Serra	Charles Nash Richard Gallin	38	Morningside	Veterans Stadium
	IV	Marshall Fundamental	Robert Gleason	51	Sultana	Veterans Stadium
1997	I	Muir	Clyde Turner	73	Long Beach Poly	Cerritos College
	II	Tustin	Shad Vickers	61	Lompoc	Cerritos College
	III	Serra	Charles Nash	72	Notre Dame/S.O.	Cerritos College
	IV	Verbum Dei	Lalo Mendoza	58	Los Angeles Baptist	Cerritos College
1998	I	Long Beach Poly	Don Norford	82	Chino	Cerritos College
	II	Mission Viejo	Gene Gurule	49	Mater Dei	Cerritos College
	III	Serra	Charles Nash	70	Loyola	Cerritos College
	IV	Verbum Dei	Lalo Mendoza	68	LA Baptist	Cerritos College
1999	I	Long Beach Poly	Don Norford	92	Chino	Cerritos College
	II	Ventura	John Beattie	49	Brea Olinda	Cerritos College
	III	Serra	Richard Gallin	69	St Paul	Cerritos College
	IV	Carpinteria	Van Latham	66	Notre Dame/R	Cerritos College
2000	I	Gahr	Dan Fitzpatrick	55 1/3	Long Beach Poly	Cerritos College
	II	Arroyo Grande	James Brown	56	Newport Harbor	Cerritos College
	III	Loyola	Greg Wells	56	Notre Dame/SO	Cerritos College
	IV	Serra	Richard Gallin	86	Notre Dame/R	Cerritos College
2001	I	Long Beach Poly	Don Norford	69	Arroyo Grande	Cerritos College
	II	Tustin	Tom Coffey	49	Edison/Sa. Margarita	Cerritos College
	III	Diamond Ranch	Jaime Sandoval	40	Notre Dame (SO)	Cerritos College
	IV	Carpinteria	Van Latham	57 1/2	Desert	Cerritos College
2002	I	Long Beach Poly	Don Norford	79	Arroyo Grande	Cerritos College
	II	Dominguez	Daryl Smith	76	Santa Margarita	Cerritos College
	III	Notre Dame/SO	Joe McNab	56	Servite	Cerritos College
	IV	Serra	Richard Gallin	82	Desert	Cerritos College
2003	I	Long Beach Poly	Don Norford	78	Los Alamitos	Cerritos College
	II	Loyola	Greg Wells	62	Cypress	Cerritos College
	III	Dominguez	Daryl Smith	68	Santa Margarita	Cerritos College
	IV	Serra	Richard Gallin	67	Kilpatrick	Cerritos College
2004	I	Long Beach Poly	Don Norford	55	Arroyo Grande	Cerritos College
	II	Loyola	Greg Wells	42	Dominguez	Cerritos College
	III	Notre Dame/SO	Joe McNab	68	San Luis Obispo	Cerritos College
	IV	Serra	Richard Gallin	84	Crespi	Cerritos College
2005	I	Long Beach Poly	Don Norford	84	La Sierra	Cerritos College
	II	Dominguez	Daryl Smith	65	Loyola	Cerritos College
	III	Notre Dame/SO	Joe McNab	81	Diamond Ranch	Cerritos College
	IV	Serra	David Washington	57	Oaks Christian-LaSalle St. Bonaventure-Crespi	Cerritos College
2006	I	Long Beach Poly	Don Norford	101	Rnacho Cucamonga	Cerritos College
	II	J.W. North	Charles Leathers	70	Dominguez	Cerritos College
	III	Notre Dame/SO	Joe McNab	54	Palm Desert	Cerritos College
	IV	Oaks Christian	Wes Smith	64	Laguna Beach	Cerritos College



ALL-TIME GIRLS TRACK & FIELD TEAM CHAMPIONS

Year	Div.	Champion	Head Coach	Score	Runner-up	Site	Year	Div.	Champion	Head Coach	Score	Runner-up	Site
1973		San Marcos	Judi Everet	21	Costa Mesa	Citrus College	1994	I	Long Beach Poly	Don Norford	82	Muir	Veterans Stadium
1974		La Reina	JoAnn Cook	13	San Marcos/Muir	Cerritos College		II	Esperanza	AlBritt	50	Canyon Springs	Veterans Stadium
1975		Royal	Sandy Williams	38	Muir	Cerritos College		III	Morningside	Ron Tatum	78	South Hills	Veterans Stadium
1976		Arcadia	Doug Smith	21	L.A. Lutheran	Cerritos College		IV	Cate	Jeff Barton	46	St. Mary's	Veterans Stadium
1977	4-A	Centennial	Delores Hittinger	50	Rolling Hills	Camariño HS	1995	I	Long Beach Poly	Don Norford	94	Esperanza	Cerritos College
	3-A	El Toro	Diane Dole	52	Beverly Hills	EJ Modena HS		II	J.W. North	Charles Leathers	52	Mission Viejo	Cerritos College
	2-A	Canyon/Anaheim	Joyce Jackson	25	Cajon	Valencia HS		III	Morningside	Ron Tatum	89	St. Bernard	Cerritos College
	1-A	L.A. Lutheran	Cheryl Rieck	56	Bishop Union	Redondo HS		IV	St. Mary's	Charles Nail	60	Marshall	Cerritos College
1978	4-A	Crescenta Valley	Keith Gilliland	27	Thousand Oaks	Arcadia HS	1996	I	Long Beach Wilson	Terry Kennedy	76	Long Beach Poly	Veterans Stadium
	3-A	Garay	Ernie Prentiss	37	Antelope Valley	Arcadia HS		II	J.W. North	Charles Leathers	61	Mission Viejo	Veterans Stadium
	2-A	Canyon/Anaheim	Joyce Jackson	61	Bassett/Brawley	Arcadia HS		III	Morningside	Ron Tatum	85	St. Bernard	Veterans Stadium
	1-A	Orange Lutheran	Beverly Arnett	38	Bishop Union	Arcadia HS		IV	St. Mary's	Charles Nail	62	Marshall	Veterans Stadium
1979	4-A	San Geronio	John Powell	52	Long Beach Poly	Cerritos College	1997	I	Long Beach Poly	Don Norford	98	Long Beach Wilson	Cerritos College
	3-A	Cajon	Karen Marshall	50	Irvine	Cerritos College		II	J.W. North	Charles Leathers	78	Woodbridge	Cerritos College
	2-A	Rio Mesa	Nick Wilson	42	Capistrano Valley	Cerritos College		III	St. Bernard	James Swain	84	Nordhoff	Cerritos College
	1-A	Marshall	Paul Bodenshot	65	Desert	Cerritos College		IV	St. Mary's	Charles Nail	66	Pasadena Poly	Cerritos College
1980	4-A	Long Beach Poly	Ike Jones	74	Thousand Oaks	Cerritos College	1998	I	Long Beach Wilson	Terry Kennedy	84	Long Beach Poly	Cerritos College
	3-A	Cajon	Karen Marshall	71	North Torrance	Cerritos College		II	J.W. North	Charles Leathers	69	Mission Viejo	Cerritos College
	2-A	Centennial	Frank Hicks	46	Rio Mesa	Cerritos College		III	St. Bernard	James Swain	58	Brea Olinda	Cerritos College
	1-A	Marshall	Paul Bodenshot	60	Alemany	Cerritos College		IV	Marymount	Jack Dawson	67	Pasadena Poly	Cerritos College
1981	4-A	Muir	Vodie Bates	51	Walnut	Cerritos College	1999	I	Long Beach Wilson	Terry Kennedy	72	J.W. North	Cerritos College
	3-A	University	Janice Rolling	64	Saugus	Cerritos College		II	Santa Margarita	Gil Garcia	59	Woodbridge	Cerritos College
	2-A	Garay	Terry Scott	42	Capistrano Valley	Cerritos College		III	Atascadero	Donna Johnson	48	University	Cerritos College
	1-A	Valley Chr/Cerritos	Mary Schutten	50	Marshall Fundamental	Cerritos College		IV	Marymount	Jack Dawson	74	Co-Champions	Cerritos College
1982	4-A	Jordan	William Eden	53	Long Beach Poly	Cerritos College			Pasadena Poly	Rick Carragher	74		
	3-A	Hawthorne	Kye Courtney	85	University	Cerritos College	2000	I	J.W. North	Charles Leathers	98	LB Poly/LB Wilson	Cerritos College
	2-A	Ganessa	Ed Hackett	60	Chino	Cerritos College		II	Sultana	Ron Bonner	63	Woodbridge	Cerritos College
	1-A	Marshall Fundamental	Paul Bodenshot	74	Alemany	Cerritos College		III	Corona del Mar	Bill Sumner	60	Notre Dame/SO	Cerritos College
1983	4-A	Milan	Rod Pelkovich	53	Long Beach Poly	Cerritos College		IV	La Salle	Fred Riley	64	LA Baptist	Cerritos College
	3-A	Hawthorne	Kye Courtney	63	Walnut/Valencia	Cerritos College	2001	I	Long Beach Poly	Don Norford	107	Long Beach Wilson	Cerritos College
	2-A	Ganessa	Ed Hackett	54	Chino	Cerritos College		II	Gahr	Dan Fitzpatrick	77	Rio Mesa	Cerritos College
	1-A	Louisville	Larry Parish	44	Santa Ynez	Cerritos College		III	Corona del Mar	Bill Sumner	52	Muir	Cerritos College
1984	4-A	Compton	Curtiss Seymore	60	Muir	Cerritos College		IV	Pasadena Poly	Rick Carragher	58	LA Baptist	Cerritos College
	3-A	Ganessa	Ed Hackett	55	Esperanza	Cerritos College	2002	I	Long Beach Poly	Don Norford	129	J.W. North	Cerritos College
	2-A	Valencia	Harry Dolan	56	Indio	Cerritos College		II	Gahr	Brian Leightner	56	Woodbridge	Cerritos College
	1-A	Rim of the World	Ron Warner	40	Valley Christian/Cerritos	Cerritos College		III	Morningside	Ronald Tatum	47	Atascadero	Cerritos College
1985	4-A	Muir	Jim Brownfield	90	Hawthorne	Mt. SAC		IV	La Salle	Fred Riley	74	Co-Champions	Cerritos College
	3-A	Pomona	Herbert Robinson	45	Newport Harbor	Mt. SAC			LA Baptist	Dave Martinez	74		
	2-A	Arroyo Grande	Greg DeNike	60 1/2	Valencia	Mt. SAC	2003	I	Long Beach Poly	Crystal Irving	133	Long Beach Wilson	Cerritos College
	1-A	Santa Ynez	Kil Myers	57	St. Joseph/Santa Maria	Mt. SAC		II	J.W. North	Charles Leathers	136	Woodbridge	Cerritos College
1986	4-A	Hawthorne	Kye Courtney	66	Long Beach Poly	Cerritos College		III	Muir	Michael Knowles	49	Santa Margarita	Cerritos College
	3-A	Pomona	Gary Rudin	40	Woodbridge	Cerritos College		IV	Serra	Richard Gatlin	42	Los Angeles Baptist	Cerritos College
	2-A	Morningside	Ron Tatum	53	Cajon	Cerritos College	2004	I	Long Beach Poly	Crystal Irving	117	Long Beach Wilson	Cerritos College
	1-A	Cabrillo	Jesse Davis	47 1/2	Yucaipa	Cerritos College		II	J.W. North	Charles Leathers	114	Mater Dei	Cerritos College
1987	4-A	Long Beach Poly	Maurice Valentine	62	Thousand Oaks	Cerritos College		III	Muir	Michael Knoes	74	Diamond Ranch	Cerritos College
	3-A	Upland	Robert Sprung	43	Corona del Mar	Cerritos College		IV	Orange Lutheran	Jonathan Zimmerman	60	Serra	Cerritos College
	2-A	Walnut	Anthony Gomez	40	Alemany	Cerritos College	2005	I	Long Beach Wilson	Terry Kennedy	105	Rancho Cucamonga	Cerritos College
	1-A	Paso Robles	Kelley Moore	44	Atascadero	Cerritos College						Long Beach Poly	
1988	4-A	Hawthorne	Kye Courtney	77	Rio Mesa	Cerritos College		II	Claremont	Rich Ede	61	J.W. North	Cerritos College
	3-A	Corona del Mar	Steve Kaczynski	56	Pomona	Cerritos College		III	Corona del Marr	Bill Sumner	86	Co-Champions	Cerritos College
	2-A	Woodbridge	George Varvas	49	Cajon	Cerritos College			Muir	Mike Knowles			
	1-A	Agoura	Bill Duley	65	Paso Robles	Cerritos College		IV	St. Mary's Academy	Rene Anderson	61.5	Lutheran/Orange	Cerritos College
1989	4-A	Muir	Jim Brownfield	69	Santa Monica	Cerritos College	2006	I	Long Beach Wilson	Terry Kennedy	90	Long Beach Poly	Cerritos College
	3-A	Upland	Robert Sprung	50	Rio Mesa	Cerritos College		II	J.W. North	Charles Leathers	67	Woodbridge	Cerritos College
	2-A	Woodbridge	George Varvas	61	St. Bernard	Cerritos College						Mayfair	
	1-A	Agoura	Bill Duley	71	Atascadero	Cerritos College		III	Corona del Mar	Bill Sumner	70	Muir	Cerritos College
1990	4-A	Muir	Jim Brownfield	84	Mission Viejo	Cerritos College		IV	Marlborough	Jimmie Grant	82	St. Mary's Academy	Cerritos College
	3-A	Rio Mesa	Rick Torres	63	Estancia	Cerritos College							
	2-A	Morningside	Ron Tatum	95	Woodbridge	Cerritos College							
	1-A	Atascadero	Kathy Devaney	70	Agoura	Cerritos College							
1991	4-A	Muir	Jim Brownfield	93	Long Beach Wilson	Cerritos College							
	3-A	Rio Mesa	Rick Torres	66	Thousand Oaks	Cerritos College							
	2-A	Morningside	Ron Tatum	90	St. Bernard	Cerritos College							
	1-A	Orange Lutheran	Jon Zimmerman	76	Pius X	Cerritos College							
1992	4-A	Long Beach Poly	Don Norford	81	Muir	Cerritos College							
	3-A	Thousand Oaks	Art Green	58	Edison	Cerritos College							
	2-A	Morningside	Ron Tatum	96	Torrance	Cerritos College							
	1-A	Pius X	Fred Riley	61	Fillmore	Cerritos College							
1993	I	Long Beach Poly	Don Norford	81	Muir	Cerritos College							
	II	Newport Harbor	Eric Tweet	43	Esperanza	Cerritos College							
	III	Morningside	Ron Tatum	82	Torrance	Cerritos College							
	IV	Cate	Jeff Barton	46	Paractete	Cerritos College							



Track & Field Championship Scoreboard

Girls	1st (10 pts)	2nd (8 pts)	3rd (6 pts)	4th (4 pts)	5th (2 pts)	6th (1 pt)	FINAL GIRLS TEAM TOTALS
400m Relay							1)
1600 Meters							2)
100m HH							3)
400 Meters							4)
100 Meters							5)
800 Meters							6)
300m LH							7)
200 Meters							8)
3200 Meters							9)
1600m Relay							10)
High Jump							11)
Pole Vault							12)
Long Jump							13)
Triple Jump							14)
Shot Put							15)
Discus							16)

Boys	1st (10 pts)	2nd (8 pts)	3rd (6 pts)	4th (4 pts)	5th (2 pts)	6th (1 pt)	FINAL BOYS TEAM TOTALS
400m Relay							1)
1600 Meters							2)
110m HH							3)
400 Meters							4)
100 Meters							5)
800 Meters							6)
300m IH							7)
200 Meters							8)
3200 Meters							9)
1600m Relay							10)
High Jump							11)
Pole Vault							12)
Long Jump							13)
Triple Jump							14)
Shot Put							15)
Discus							16)

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