



CIF-San Diego Section  
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**TO CROSS COUNTRY COACH**

**FROM DENNIS ACKERMAN, COMMISSIONER  
BILL MCLAUGHLIN, ASSISTANT COMMISSIONER**

**DATE OCTOBER 12, 2006**

**RE 2006 SAN DIEGO CIF TOYOTA CROSS COUNTRY CHAMPIONSHIPS - #192**

1. **2006-07 STATEWIDE/LOCAL CORPORATE SPONSORSHIP**

Macy's, and MaxPreps.com are statewide corporate sponsors with the CIF, and The San Diego County Toyota Dealers Association is the "Title" sponsor of all CIFSDS Boys' and Girls' Sports. Additionally, the playoffs are sponsored by the following: 24-Hour Fitness; Admiral Baker Golf Course; Baden Sports, Inc.; Balfour; Barnes Tennis Center; Batters Box; Bock Awards; The Century Club; Channel 4 San Diego; Comfort Hotels San Diego; Cubic Corporation; Final Decision; Forward Arch; The Greatest Game, Inc.; HL Corporation; Jenny Craig Pavilion; The Kukulski Brothers; Margarita Officials Association; Mikasa; Movin' Shoes; National Football Foundation; Neil, Dymott, Frank, Harrison, & McFall; North County Basketball Officials Association; North County Gymnny Kids Gymnastics, Inc.; Patriot Roofing; Pepsi Bottling Group, Ranch Catering; Rancho Pharmacy; Rawlings/ deBeer, Inc.; RestoreClassics.com; San Diego Chargers; San Diego County Baseball Umpires Association; San Diego County Basketball Officials Association; San Diego County Football Officials Association; San Diego Federated Volleyball Officials Association; San Diego Fireworks; San Diego Hall of Champions; San Diego International Sports Council; City of San Diego-Qualcomm Stadium; The San Diego Union-Tribune; San Diego Wrestling Officials Association; The Soccer Post; South County Softball Umpires Association; Sportland Team Sports; Sports Plex USA; Susan Cooper Photography; Sycuan Resorts; U.S. Marines; U.S. Awards; Warner Springs Ranch; Wilson Racquet Sports; Debby Ahrenstein; Rob Bryson; Richard & Paula Davila; Sehnaz & Dale Endreson; Cal & Anthony Evans; Ron & Linda Filson; Eric Gaer & Mary Ackermann; James Girten; Carl Goff; Richard Graf; Jan Jessop; Terry McIntyre; Mike Morrow; Quentin Norman, Mark Ochsner; Reed Roadman; Dal Williams. We thank these sponsors for their generous support of high school athletics.

2. **CHAMPIONSHIP FORMAT**

- a. Host Conference: North County Conference – Dan Schaitel, Poway, Director, assisted by Dennis McClanahan, Mt. Carmel & Mike Cummings, Valley Center.
- b. All schools that submit a timely, official entry form online are eligible to compete.
- c. There are no prelims in the CIFSDS Cross Country Championships.
- d. The 2006 San Diego CIF Cross Country Championships will be conducted in five divisions, and the October 2005 CBED enrollment figures shall determine division placement (breakdown is attached).
- e. Ten students may be entered as a Cross Country team for the Finals, but only seven may run, and only five shall be counted (except in the case of a tie breaker). Ties will be resolved by counting the sixth finisher from each team concerned. Seventh runner will displace.
- f. **CIF ENTRIES ONLINE FOR 2006** Go to [www.sdtrackmag.com](http://www.sdtrackmag.com) for instructions to submit entries. Team entries for 5-10 athletes and/or individual entries for 1-4 athletes: **Entry deadline is Monday, November 13, at 12:00 p.m. (noon).** All CIFSDS meet information will be posted on the website. Entry fee of **\$5.00** per athlete or **\$25.00** per team will be assessed to each school to defray costs of conducting meet. The school finance office will be invoiced per entries submitted online. There will be no seeding meeting - all starting positions are random.
- g. **NOTE: Hair ribbons and headbands are not considered adornments and will be allowed per State Meet Director.**
- h. Protests will be addressed by the Meet Directors.

**TIME AND AWARD SCHEDULE SECTION CROSS COUNTRY MEET NOVEMBER  
18 AT MORLEY FIELD**

<b>DIVISION IV BOYS RACE</b>	<b>8:30 A.M.</b>
<b>DIVISION V BOYS RACE</b>	<b>9:00 A.M.</b>
<b>DIVISION IV GIRLS RACE</b>	<b>9:30 A.M.</b>
<b>DIVISION V GIRLS RACE</b>	<b>10:05 A.M.</b>
<b>DIVISION I BOYS RACE</b>	<b>10:40 A.M.</b>
<b>DIVISION II GIRLS RACE</b>	<b>11:10 A.M.</b>
<b>DIVISION III BOYS RACE</b>	<b>11:45 A.M.</b>
<b>DIVISION I GIRLS RACE</b>	<b>12:15 P.M.</b>
<b>DIVISION II BOYS RACE</b>	<b>12:50 P.M.</b>
<b>DIVISION III GIRLS RACE</b>	<b>1:20 P.M.</b>

**Awards Ceremony Times**

**For each awards time, the first race division listed will be presented awards first and follow the order listed unless something delays the results of a race.**

<b>DIVISION IV BOYS</b>	<b>10:00 A.M.</b>
<b>DIVISION IV GIRLS</b>	<b>10:20 A.M.</b>
<b>DIVISION V BOYS</b>	<b>10:40 A.M.</b>
<b>DIVISION V GIRLS</b>	<b>11:00 A.M.</b>
<b>DIVISION I BOYS</b>	<b>11:20 A.M.</b>
<b>DIVISION II GIRLS</b>	<b>11:50 A.M.</b>
<b>DIVISION III BOYS</b>	<b>12:25 P.M.</b>
<b>DIVISION I GIRLS</b>	<b>12:55 P.M.</b>
<b>DIVISION II BOYS</b>	<b>1:30 P.M.</b>
<b>DIVISION III GIRLS</b>	<b>1:50 P.M.</b>

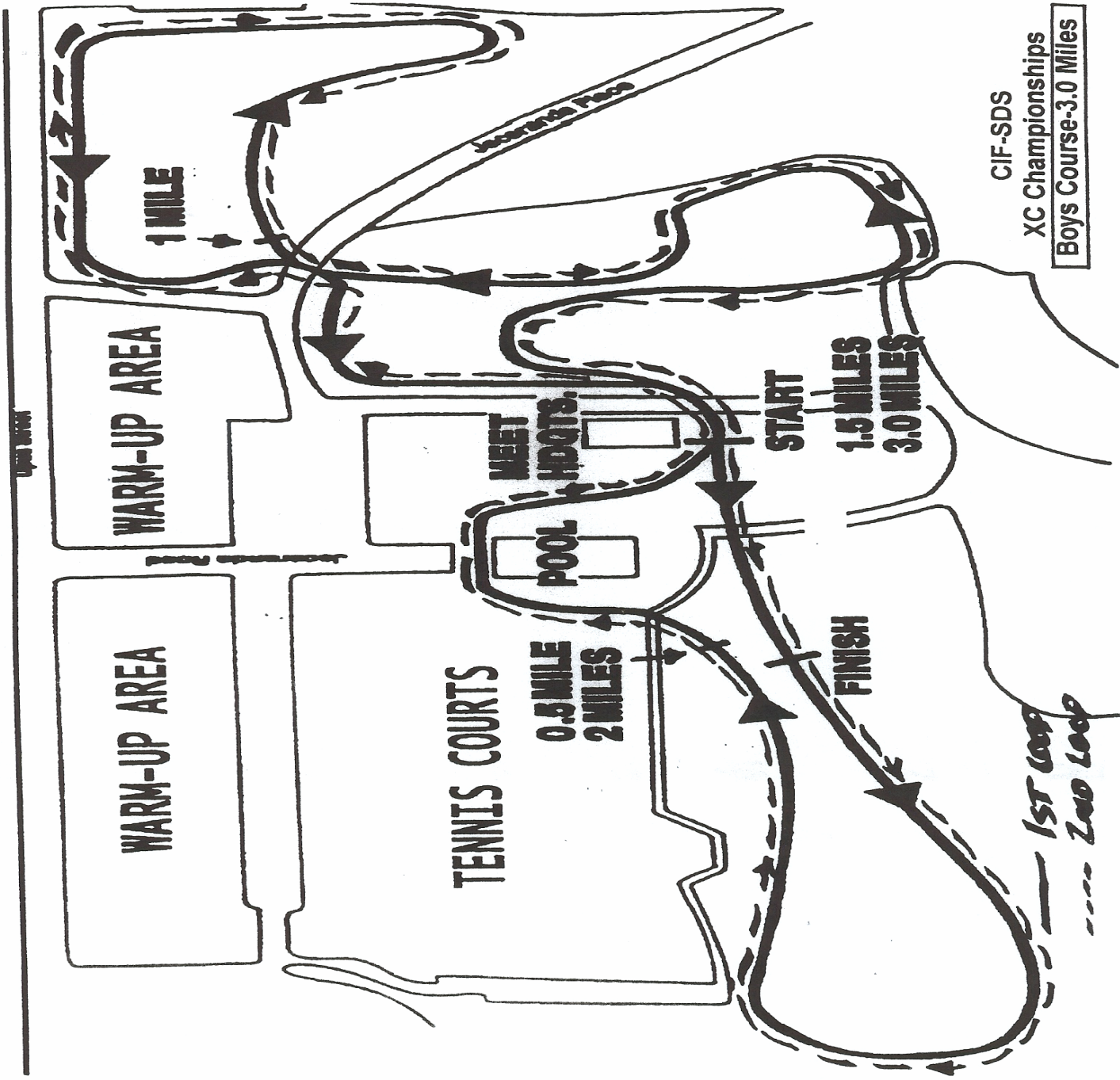
- a. Attached, find a map of the 2006 San Diego CIF Championship course.
- b. Upon arrival, coaches **only** will be allowed to pick up packets in front of the Senior Citizens Building. Please follow instructions in packet carefully.
- c. Divisional results will be available for coaches approximately 30-45 minutes after their school's Divisional Race.
- d. Awards presentations will be held on the east side of the Senior Citizens Building.

2006-07 FALL SPORTS CBED ENROLLMENTS – GRADES 9-12 – (REVISED 10/10/06)

<del>0</del> Lincoln Academy		1676	Mission Bay	
<del>23</del> South Bay Christian		1687	Santana	
37 All Tribes American Indian Charter School		1707	Crawford	
<del>40</del> H Town Christian Academy		1711	La Jolla	
<del>40</del> Sierra Madre Academy		1714	Kearny	
60 Maranatha Christian		1748	Central Union	<b>Division III cont.</b>
61 CCPAA		1787	Brawley	
<del>89</del> Calvary Christian Academy (C.V.)		1876	Mt. Miguel	
<del>93</del> Warner		.....	.....	
100 Christian Life Academy		1908	University City	
<del>100</del> Escondido Adventist Academy		1949	Ramona	
<del>101</del> San Diego Academy		1985	El Capitan	
<del>108</del> San Pasqual Academy		1986	Valhalla	
115 Lutheran		1990	Monte Vista	
<del>123</del> Midway Baptist		2011	Steele Canyon	
127 Calvary Christian (Vista)	<b>Division V</b>	2025	Point Loma	
<del>136</del> River Valley		2113	Serra	
<del>152</del> West Shores		2142	Southwest (I.V.)	
156 Borrego Springs		2144	Mar Vista	
163 Sun Valley Charter		2151	Southwest (S.D.)	<b>Division II</b>
185 San Diego Jewish Academy		2173	El Cajon Valley	
205 Calvin Christian		2191	Mt. Carmel	
219 Julian		2208	Montgomery	
<del>233</del> Foothills Christian (formerly Venture Christian)		2240	Westview	
<del>240</del> Aurora		2271	Castle Park	
258 Vincent Memorial		2288	Hoover	
301 Tri-City Christian		2297	Hilltop	
.....		2336	West Hills	
365 La Jolla Country Day		2344	Oceanside	
367 Santa Fe Christian		2349	Orange Glen	
373 Horizon		2351	San Pasqual	
<del>388</del> Calipatria		2367	Scripps Ranch	
406 Pruess School		2406	Grossmont	
419 Christian		.....	.....	
457 Francis Parker		2440	Eastlake	
479 Mountain Empire		2444	Mission Hills	
529 Bishop's School		2454	Helix Charter	
<del>570*</del> Army Navy Academy	<b>Division IV</b>	2457	Bonita Vista	
<del>598</del> Compers Secondary		2482	Patrick Henry	
605 Holtville		2506	San Ysidro	
650 Marian Catholic		2565	Mira Mesa	
700 Olympian		2658	La Costa Canyon	
771 Guajome Park Academy		2667	Sweetwater	
774 Imperial		2699	Escondido	
856 Canyon Crest Academy		2808	Morse	
899 Escondido Charter		2819	Chula Vista	<b>Division I</b>
916 Palo Verde		2862	El Camino	
1022 Coronado		2885	Fallbrook	
1166 High Tech High		2928	Otay Ranch	
.....		2936	Granite Hills	
1405 Madison		2937	Rancho Bernardo	
<del>1434*</del> Saint Augustine		2988	San Diego	
1455 San Marcos		3013	Calexico	
1477 Clairemont		3037	Poway	
1486 San Dieguito Academy		3076	Carlsbad	
1502* Academy of Our Lady of Peace	<b>Division III</b>	3083	Vista	
1526 Cathedral Catholic		3159	Torrey Pines	
1550 Valley Center		3178	Rancho Buena Vista	

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Upper Street

WARM-UP AREA

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1 MILE

TENNIS COURTS

0.5 MILE  
2 MILES

POOL

MEET  
HOUSE

START

FINISH

1.5 MILES  
3.0 MILES

CIF-SDS  
XC Championships  
Girls Course-2.75 Miles

— 1st Loop  
--- 2nd Loop

