

CALIFORNIA INTERSCHOLASTIC FEDERATION

TRACK AND FIELD STATE CHAMPIONSHIPS



JUNE 2-3, 2006

Falcon Stadium, Cerritos College

PURSUING VICTORY WITH HONOR_{SM}

www.cifstate.org

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GENERAL INFORMATION – QUALIFYING AND CHAMPIONSHIPS

MANAGEMENT

The State CIF cordially invites you to participate in the 88th annual **CIF STATE HIGH SCHOOL TRACK AND FIELD CHAMPIONSHIPS** to be held at **Cerritos College's Falcon Stadium** in **Norwalk, Calif.**

The Meet will be managed by the State CIF Office, which will have final authority and responsibility for the Championships. State CIF Office: 1320 Harbor Way Parkway, Suite 140 - Alameda, CA 94502 - 510-521-4447 - Fax: 510-521-4449

MEET DIRECTOR

Hal Harkness

461 Castlegate Lane

Brea, CA 92821

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Email: halharkness@yahoo.com

MEET DIRECTOR

Bob McGuire

19832 Majorca Lane

Yorba Linda, CA 92886

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Email: trakmcguire@aol.com

DATE/TIMES

The event will be held on Friday, June 2nd, and Saturday, June 3rd, 2006.

QUALIFYING

FRIDAY, JUNE 2, 2006

Stadium Gates Open 1:00 P.M.

Field Event Qualifying 2:00 P.M.

Running Event Qualifying 5:00 P.M.

CHAMPIONSHIP

SATURDAY, JUNE 3, 2006

Stadium Gates Open 1:00 P.M.

Field Event Finals 2:00 P.M.

Running Event Finals 4:00 P.M.

ATHLETES' CODE OF CONDUCT/

COACHES' RESPONSIBILITY FOR SUPERVISION

The following code of conduct for athletes and coaches is required:

- School personnel are expected to supervise students at all times - including travel to and from the meet and at any time the students are present in the host city, in a restaurant or hotel, or in any other location.
- School personnel are expected to set high standards of behavior that are meant to show the highest form of respect for themselves, their school/community and also others and their property.
- These standards must include clear prohibition of the use of any illegal substance, tobacco or alcohol.
- Students' conduct, as well as the conduct of coaches and other school personnel, will reflect positively or negatively upon themselves, their families, the school and the sport. **It is the expectation of CIF that standards of behavior will be set and discussed with students before traveling to the meet and that standards will be enforced throughout the time the students are away from school for the event.**
- Coaches must submit the Supervision Form (Appendix III) indicating the person responsible for supervision and the name and phone number of the hotel/motel where the supervisor can be reached. This form must be submitted Friday morning at the Athletes' Entrance. ***Coaches' packets will not be released without this form.***

NOTE: Competitors shall not leave school Thursday, prior to the close of school on that day, unless travel requires **two days**. Schools may petition to their CIF section office for an additional day. Violation of this regulation may result in disqualification. Also, competitors will not be permitted to work out at Cerritos College Stadium any time within five (5) days prior to the State Track Meet. Any violation of the work out prohibition will result in disqualification.

FIELD EVENT QUALIFYING (FRIDAY)

<u>EVENT</u>	<u>REPORTING TIME</u>	<u>STARTING TIME</u>
(Report to Field Event Clerk of Course)		
Girls' Pole Vault	12:30 p.m.	2:00 p.m.
Girls' Discus	1:45 p.m.	3:00 p.m.
Boys' Shot Put	1:45 p.m.	3:00 p.m.
Girls' Long Jump	1:45 p.m.	3:00 p.m.
Boys' Long Jump	1:45 p.m.	3:00 p.m.
Girls' High Jump	2:45 p.m.	4:00 p.m.
Boys' Discus	4:30 p.m.	5:30 p.m.
Girls' Shot Put	4:30 p.m.	5:30 p.m.
Boys' Pole Vault	5:00 p.m.	6:00 p.m.
Boys' Triple Jump	5:00 p.m.	6:00 p.m.
Girls' Triple Jump	5:00 p.m.	6:00 p.m.
Boys' High Jump	5:30 p.m.	6:30 p.m.

FIELD EVENT CHAMPIONSHIPS (SATURDAY)

<u>EVENT</u>	<u>REPORTING TIME</u>	<u>STARTING TIME</u>
(Report to Field Event Clerk of Course)		
Girls' Pole Vault	1:00 p.m.	2:00 p.m.
Girls' Discus	2:00 p.m.	3:00 p.m.
Boys' Shot Put	2:00 p.m.	3:00 p.m.
Girls' High Jump	2:00 p.m.	3:00 p.m.
Boys' Long Jump	2:00 p.m.	3:00 p.m.
Girls' Long Jump	2:00 p.m.	3:00 p.m.
Boys' Pole Vault	4:00 p.m.	5:00 p.m.
Boys' Discus	4:00 p.m.	5:00 p.m.
Girls' Shot Put	4:00 p.m.	5:00 p.m.
Boys' High Jump	4:15 p.m.	5:15 p.m.
Boys' Triple Jump	4:30 p.m.	5:30 p.m.
Girls' Triple Jump	4:30 p.m.	5:30 p.m.

All field event competitors must report to the Field Event Clerk of the Course for check in prior to entering the field. Athletes will be allowed on the field **one (1) hour prior** to the scheduled starting time of their event, or when a facility used for an earlier event is available.

COMPETITION RULES

The Track and Field Rules Book of the National Federation of State High School Associations will be the official rules and regulations for both boys and girls, superseded by State CIF or policies of the CIF Track Advisory Committee or Track and Field Championship Management Committee.

NUMBER OF COMPETITORS

Sections are allowed the following entries as per State Federated Council rule:

<i>CIF Southern</i>	5	<i>CIF Central</i>	3	<i>CIF Northern</i>	1
<i>CIF North Coast</i>	4	<i>CIF Central Coast</i>	3	<i>CIF San Francisco</i>	1
<i>CIF Los Angeles</i>	3	<i>CIF San Diego</i>	3	<i>CIF Oakland</i>	1
<i>CIF Sac-Joaquin</i>	3				

ENTRIES/SCRATCHES

Entries close and are final, except for circumstance of clerical error, at 8:00 p.m. on the Saturday of the week preceding the first day of competition. Any scratches received after that point will be subject to penalty under the **Honest Effort Rule**. Coaches and athletes must decide at their section qualifying meets which events they intend to compete in at the State Championships. Sections may move non-qualifiers into any vacancies created by scratches prior to the entry deadline.

All original entry information and subsequent scratches/additions must be submitted by the Section Commissioner or his/her designee. No other entry changes or additions will be accepted.

No substitutions/changes/additions to relay teams or alternates will be allowed after the entry deadline. Schools may run only those athletes who have been submitted on the official section entries to the state meet.

AT-LARGE ENTRIES

Sections may enter additional competitors provided they have met or bettered the "At-Large" standard for their event in their Section Meet that qualifies athletes for the CIF State Track and Field Championships. In the running events, all times must be recorded on "Fully Automatic Timing" systems (FAT). No hand times will be accepted. All entries must be submitted on the official entry form and signed by the Meet Manager. Any entries not properly filed will not be accepted.

CIF State Meet At-Large Standards

Boys		Boys		Girls		Girls	
100m	10.73	4x100R	42.28	100m	11.98	4x100R	47.54
200m	21.69	4x1600R	3:21.19	200m	24.54	4x400R	3:53.17
400m	48.62	HJ	6' 5"	400m	55.87	HJ	5' 4"
800m	1:55.36	PV	14' 11"	800m	2:14.74	PV	11' 8"
1600m	4:16.69	LJ	22' 6"	1600m	5:00.92	LJ	18' 6"
3200m	9:11.88	TJ	46' 8"	3200m	10:47.12	TJ	38' 4"
110m H	14.49	SP	57' 3"	100m H	14.57	SP	41' 1"
300m H	38.60	Discus	173' 10"	300m H	44.09	Discus	136' 0"

HONEST EFFORT RULE

Competitors who have qualified for and been entered into more than one event, must honestly participate in the qualifying and final round in each event for which the athlete is declared or the athlete will be barred from further competition in the meet. Athletes must compete with maximum effort and/or qualify from trials into the finals.

Note 1: It is understood that passing on attempts in field events is a strategy in those events and is not considered a question of honest effort.

Note 2: Athletes may appeal a disqualification on the grounds of "Hardship" to the Referee/Games Committee/Jury of Appeals.

WARM-UP AREA

The warm-up area for all events will be located on the field south of the stadium track. **Access to this area will be limited to athletes, coaches wearing wristbands and members of the media with proper credentials.** No members of the general public will be allowed to enter the warm-up field. Interviews with the media will be conducted in the warm-up area, but must not conflict with an athlete preparing for a later event.

CLERK OF THE COURSE - ALL EVENTS

The Clerk will be located in the northeast corner of the warm-up field. Entrance to the main field will be through the gate just north of the clerk area.

FIELD EVENT INSTRUCTIONS

Athletes participating in the discus throw will report directly to the discus area. Athletes competing in all other field events must report to the Field Event Clerk of the Course before entering the field from the warm-up area. **ATHLETES WHO REPORT LATE WILL BE SCRATCHED.** Competitors who are entered in field events being held simultaneously must report to each event's official for check-in, otherwise the athlete will be scratched. If the field event is in conflict with a running event, the athlete must secure a release from the field event official and report to the Clerk of the Course. **DO NOT REPORT DIRECTLY TO THE STARTING LINE WITHOUT FIRST CHECKING IN WITH THE CLERK OF THE COURSE.** Competitors shall be excused for a maximum of **thirty (30) minutes**.

All field event warm-ups will begin one (1) hour prior to the start of competition (except Pole Vault) or as soon as the facility is available following the completion of an earlier event.

Qualifying for Saturday: The nine competitors with the best marks in each event qualify for Saturday's championships. Please note that "Tie Breaking" rules will be applied in the high jump and pole vault to determine the nine qualifiers. On Friday, each contestant in the shot put, discus, long jump and triple jump will be allowed three (3) trials.

Marks recorded in Friday's qualifying round **will not** carry over into the championships. On Saturday, all competitors will be given **three (3)** trials and all competitors with a mark in the trials will be given an additional **three (3)** final attempts. When competition is completed at a field event, the area will be closed and no further practice will be allowed.

Equipment/Implements: Competitors are responsible for their own equipment and only legally certified implements will be allowed in competition. The weight and measures table will be set up near the Field House at the south side of the warm-up area, beginning at 1:30 p.m., on Friday. Implements for those athletes qualifying for Saturday's championships will be impounded and secured by Meet Management immediately following the completion of Friday's competition.

NOTE: Athletes competing in field events may not cross the track to confer with coaches in the stands. **Communication between athletes and coaches using electronic devices, including cell phones and pagers, is strictly prohibited (rule 4-5-8f).** Coaches/athletes may meet only in the warm-up area south of the main stadium. Discus competitors may confer with coaches behind the cage. Coaches are also reminded of rule 4-5-8e (Cellphones) and 4-5-86 (Videotape).

STARTING HEIGHTS OF HIGH JUMP AND POLE VAULT

Starting Heights will be determined by Meet Management after all entries are submitted. Under no circumstances, will the opening height in any event be higher than the 40th percentile of section entry marks. All relevant information will be posted on the CIF website (www.cifstate.org) early in the week of the state meet. Continuing flights of five (5) will be used in the high jump and pole vault.

POLE VAULTERS/HIGH JUMPERS COMPETING IN OTHER EVENTS:

Athletes may be excused for a maximum of thirty (30) minutes to participate in another event. Permission may be granted by the Head Event Official and the time the athlete departed is to noted of the Official Event Sheet.

An athlete may request the Head Event Official to complete his/her trials at the current height out of order or opt to return to the event with the number of trials remaining he/she was excused with.

In both above cases, the competition will continue and the athlete will return to at wherever the crossbar has been raised during his/her excused absence.

RUNNING EVENT INFORMATION (GIRLS EVENTS TO FOLLOW BOYS)

Assignment to heats will be made on the basis of times achieved in section qualifying meets. Section Commissioners/Meet Managers must submit entries/marks to Hal Harkness via **Hy-Tek** backup file from their qualifying meets. The data file must also include names of all participants/alternates on each entered relay team.

There will be three heats in each running event through 400 meters, each heat winner, plus the next six (6) fastest times will qualify for Saturday's finals. There will be three heats in the 800 meters, first and second place in each heat, plus the next three fastest times will qualify for Saturdays finals. Up to ten (10) athletes will be accommodated in each heat. The 10th runner will be assigned to lane 5a. If more than three heats are necessary in either 800, only the heat winners will automatically advance. The remained 5 will be selected by time. There will be two heats in the 1600-meter run, with runners starting in alleys for the first turn. The first three (3) placers in each heat, plus the next fastest three (3) times will qualify for Saturday's final. The 3200-meter run will be conducted as a final only for all entrants on Saturday. Runners will use alleys for the first turn.

The 800-meter run will use a ONE TURN STAGGER, and the 1600-meter relay will use a THREE TURN STAGGER. **ALL STARTING BLOCKS AND BATONS** will be supplied by meet management and no other blocks or batons may be used.

If a runoff is necessary in any qualifying event, it will be Saturday morning, at 10:00 a.m.

HEAT/LANE ASSIGNMENTS FOR QUALIFYING RACES

All running events will be seeded as equally as possible, based on section final times. All races will be seeded with the fastest qualifier in lane #5. The remainder of lanes will be seeded as 6, 4, 7, 3, 8, 2, 9, 1.

LANE ASSIGNMENTS FOR FINAL RACES

Lanes will be assigned with the same priority, with the fastest qualifier in lane #5.

TRACK CONSTRUCTION

Cerritos College has a granulated polyurethane 400-meter track with nine 48-inch lanes. Runways and high jump take off area are of the same surface. The shot put and discus circles are concrete.

Maximum length of spikes allowed is **1/4 inch/7mm, or shorter.**

TIMING SYSTEM

A dual **Finishlynx** photo timing system will be used.

TEAM SCORING

Scoring in all events will be:

1st Place	10 points	4th Place	4 points
2nd Place	8 points	5th Place	2 points
3rd Place	6 points	6th Place	1 point

COACHES CORNER

A "Coaches Corner" will be established in the southwest corner of the west grandstand (participant/coaches area). All questions/concerns regarding the meet will be addressed in this area. Official results of all events will also be posted adjacent to the Coaches Corner.

APPEALS

All appeals must be submitted in writing to the "**Coaches Corner**" at the southwest corner of the west grandstands (participants/coaches area) under procedures as outlined in National Federation rule 2-3-2.

UNIFORMS

National Federation rule 4-3 pertaining to uniforms will be strictly enforced. All athletes competing must wear **THEIR SCHOOL ISSUED UNIFORM AND SWEATS AT ALL TIMES.** No other uniform or clothing may be worn during warm-up, competition, or on the Victory Stand. National Federation rule 4-3-3 regarding wearing jewelry will be enforced. Also, hip numbers must be visible at all times. Violations of the above rules will result in disqualification from an event.

TRACK QUALIFYING (FRIDAY)

This schedule may be lengthened if four heats are necessary in any event(s)

5:00	Boys	400m Relay	(Heat #1)	7:42	Boys	300m LH	(Heat #1)
5:04			(Heat #2)	7:46			(Heat #2)
5:08			(Heat #3)	7:50			(Heat #3)
5:12	Girls	400 Relay	(Heat #1)	7:55	Girls	300m IH	(Heat #1)
5:16			(Heat #2)	7:59			(Heat #2)
5:20			(Heat #3)	8:03			(Heat #3)
5:24	Boys	1600 m Run	(Heat #1)	8:08	Boys	200m Dash	(Heat #1)
5:31			(Heat #2)	8:12			(Heat #2)
				8:16			(Heat #3)
5:38	Girls	1600m Run	(Heat #1)	8:20	Girls	200m Dash	(Heat #1)
5:46			(Heat #2)	8:24			(Heat #2)
				8:28			(Heat #3)
5:55	Boys	110m HH	(Heat #1)	8:50	Boys	1600m Relay	(Heat #1)
6:00			(Heat #2)	8:58			(Heat #2)
6:05			(Heat #3)	9:04			(Heat #3)
6:10	Girls	100m HH	(Heat #1)	9:10	Girls	1600m Relay	(Heat #1)
6:15			(Heat #2)	9:16			(Heat #2)
6:20			(Heat #3)	9:22			(Heat #3)
6:24	Boys	400m Dash	(Heat #1)				
6:28			(Heat #2)				
6:32			(Heat #2)				
6:36	Girls	400m Dash	(Heat #1)				
6:40			(Heat #2)				
6:44			(Heat #3)				
6:48	Boys	100m Dash	(Heat #1)				
6:52			(Heat #2)				
6:56			(Heat #3)				
7:00	Girls	100m Dash	(Heat #1)				
7:04			(Heat #2)				
7:08			(Heat #3)				
7:12	Boys	800m Run	(Heat #1)				
7:17			(Heat #2)				
7:22			(Heat #3)				
7:27	Girls	800m Run	(Heat #1)				
7:32			(Heat #2)				
7:37			(Heat #3)				

TRACK CHAMPIONSHIPS (SATURDAY)

4:00	Boys	400m Relay
4:08	Girls	400m Relay
4:19	Boys	1600m Run
4:28	Girls	1600m Run
4:44	Boys	100m High Hurdles
4:54	Girls	110m High Hurdles
5:04	Boys	400m Dash
5:11	Girls	400m Dash
5:19	Boys	100m Dash
5:25	Girls	100m Dash
5:34	Boys	800m Run
5:42	Girls	800m Run
5:53	Boys	300m LH
6:00	Girls	300m IH
6:10	Boys	200m Dash
6:17	Girls	200m Dash
6:25	Boys	3200m Run
6:42	Girls	3200m Run
7:00	Boys	1600m Relay
7:10	Girls	1600m Relay

MEET CREDENTIALS

Coaches **only** (State CIF Rule 307) may pick up credential packets at the southwest corner of Cerritos (Falcon) Stadium beginning at **12:00 p.m. on Friday, June 2nd**. Packets may be picked up on Saturday at the athletes/coaches entrance gate.

PARTICIPANTS IDENTIFICATION BANDS

One wristband, good for both Friday and Saturday, will be issued to each competing athlete. These bands must be worn for entrance through the Athlete's entrance gate.

Participants may enter the stadium **only** at the gate at the southwest corner of the stadium. Wristbands will not be accepted for entrance at any other stadium gate. Bands will be honored for seating in the west grandstands, they will not be accepted for seating anywhere in the east grandstands.

COACHES IDENTIFICATION BANDS

Two wristbands, good for both Friday and Saturday, will be issued to each boy's team coach and each girl's team coach and any additional personnel must purchase tickets. No replacement bands will be issued and admission will be available with a purchased ticket.

Coaches wearing wristbands will be admitted to the stadium only through the participant's gate at the southwest corner of the facility. **COACHES WILL NOT BE PERMITTED ON THE FIELD AT ANY TIME!**

AWARDS

Medals will be awarded to the first six (6) placers in each final event. They will be escorted to the Victory Stand for the awards ceremony immediately following the conclusion of their event. Where ties occur, contestants involved will draw lots for immediate presentation of the medal and duplicate medals will be mailed to other tying competitors.

Team championship awards will be presented approximately 15 minutes following the conclusion of the final event of the meet.

PURSuing VICTORY WITH HONOR_{SM} (SPORTSMANSHIP) AWARD: A committee will be formed to select student-athletes who display and live by the principles of Pursuing Victory With Honor_{sm}. Athletes chosen for this honor will receive a Pursuing Victory With Honor_{sm} medal.

INHALERS

Any contestant using an inhaler (atomizer) **must present a physician's statement to the Clerk of the Course prior to competition** documenting the need to use a prescriptive device/substance during competition. Failure to do so will result in disqualification (**Rule 4-5-9, Note 1**).

DRESSING FACILITIES

No Dressing Rooms will be available at Cerritos College. Athletes should arrive prepared to compete.

EMERGENCY MEDICAL SERVICES

Emergency Medical Personnel will be on site to handle injuries, etc. No Athletic Trainers will be provided by Meet Management. Schools may provide their own training services, but space will not be provided in the warm-up area for this purpose.

INCLEMENT WEATHER/GAMES COMMITTEE POLICY

In the event that inclement weather, or any other unforeseen condition that might force delay or postponement of a portion of the State CIF Track and Field Championships, a meeting shall be called immediately. This meeting will consist of the State CIF Track and Field Advisory Committee, plus designees of sections not having membership on the Advisory Committee (Games Committee). The purpose of the meeting will be to discuss current and anticipated conditions at the site and make a recommendation to the State CIF Executive Director, or his/her designee, as to whether the competition could safely proceed as scheduled, be delayed until a later time that day, or be postponed until the following day. A decision to reschedule to the next day would not be made until all other options available had been exhausted.

ADMISSIONS POLICY

The ticket office at the stadium will open on Friday and Saturday at 12:45 p.m. The stadium will open *on Friday and Saturday at 1:00 p.m.*

Admission prices for tickets will be as follows:

FRIDAY, JUNE 2, 2006

Children	\$5.00
Students (w/high school ID)	\$5.00
General Admissions	\$9.00

SATURDAY, JUNE 3, 2006

Children (under 13)	\$ 6.00
Students (w/high school ID)	\$ 6.00
General Admission	\$10.00

State CIF Gold Life Passes and **State CIF Courtesy Cards (2005-2006)** will be the **ONLY** passes accepted. Gate personnel will be instructed accordingly (see below). The ticket office at the stadium will be open Friday and Saturday at **12:45 p.m.** The stadium gates will open at 1:00 p.m. on Friday and Saturday.

STATE CIF GOLD LIFE PASS



STATE CIF COURTESY CARD



PARKING

There will be a **\$5.00** parking fee at the stadium each day.

OFFICIAL MEET PROGRAM

In order to produce a quality program, which includes photographs and information on the outstanding athletes in each CIF Section, coaches are requested to provide quality action photographs to **Emmy Zack no later than WEDNESDAY, MAY 17.** Email is the preferred method of photography submittal (ezack@cifstate.org).

EMMY ZACK, Director of Communications

State CIF Office

1320 Harbor Way Parkway, Suite 140

Alameda, CA 94502

(510) 521-4447 – (510) 521-4449 fax

E-mail: ezack@cifstate.org

MEDIA INFORMATION

PRESS SEATING

Cerritos College has excellent accommodations for members of the press. There is a large enclosed press box at the top of the stands on the **west** side. All reporters will be seated on the first level, or below the press box for auxiliary seating. Please note that those reporters working on a daily deadline will receive first priority for press seating on the first level, as well as those reporters who have ordered phones (phone lines will be placed on the first level only). The press box will be open to **ONLY** those members of the working press with proper credentials.

PRESS CREDENTIALING

All media outlets desiring credentials for their reporters and/or photographers must make their request on the official media request form and submit to the State CIF office no later than **Tuesday, May 30, at 12 p.m.** Credential request forms will be emailed to media approximately one month prior to the event and also can be found on the “Media” page of the CIF web site (www.cifstate.org) **Submission of the completed media credential request form does not ensure approval for media credentials. All requests will be reviewed approval/denial will be communicated through email and directed to the email address provided on the credential application.**

NOTE: Affiliations and internet sites not immediately known to us may be asked to send stories verifying their media-related purpose.

NOTE: CREDENTIAL REQUESTS RECEIVED AFTER Tuesday, May 30, WILL NOT BE HONORED. All request approvals and denials will be communicated through email and directed to the email address provided on the application form. **NO MEDIA REPRESENTATIVE WILL BE ADMITTED WITHOUT A PRESS CREDENTIAL ISSUED BY HIS/HER AFFILIATION AND A DRIVER’S LICENSE /PHOTO ID.**

INTERVIEWS

There will be a press interview area available in the athlete's warm-up area. At no time are press personnel allowed on the field. Photographers are allowed on the field **only** to take photographs. Photographers seen conducting interviews on the field will be directed to the **warm-up** area.

WILL CALL

Media credentials will be available for pick up at will call (near athlete's entrance) in the southwest corner of Falcon Stadium.

MEDIA PARKING

Media parking will be located directly behind the stadium on the southwest side. There will be a \$5.00 parking fee at the stadium each day. There is no complimentary media parking.

PHONE LINES

Members of the media are responsible for their own phone set-up (phones and phone lines). Media must provide Verizon with the address and phone number of their affiliation to ensure proper billing. All phone lines should be clearly marked and set-up in the press box area at Cerritos College. **All phone lines must be arranged through Verizon's contact at Cerritos College, Carmen Garcia (562-860-2451).** For emergency repairs, contact Carmen at the number listed above.

CIF does not provide phones or phone lines. Members of the media who secure a dedicated phone line are required to bring their own phones and phone lines to the site.

RADIO/TELEVISION

Radio rights fees for the CIF State Track and Field Championships are negotiable. Arrangements must be made through **Emmy Zack, CIF Director of Communications** (510) 521-4447. There is no fee for periodic progress reports by radio stations. Location of radio or television equipment will be at the discretion of the tournament director.

Television rights for the CIF State Track and Field Championships are owned exclusively by FOX Sports Net. No other television outlet may provide broadcast coverage of the event without the expressed consent of FSN. Television outlets may air highlights of the event for no fee.

LODGING

HEADQUARTERS HOTEL

NORWALK MARRIOTT

13111 Sycamore Drive

Norwalk, CA 90650

562-863-5555

CIF State Track and Field Championship Rate:

\$84 per night

For Reservations: Call 800-442-4556

Rate Code: "CIF Track and Field"

APPENDIX I

Map of Cerritos College



APPENDIX II

URGENT - PLEASE READ

TO: Athletic Director/Track and Field Coach
FROM: Marie M. Ishida, CIF Executive Director

The state track meet brings together some of the best athletes and coaches in the nation. Each year, we look forward to the best national performances of the season and assaults on long-standing state and national records. The meet is designed to honor the best in California, the best athletes and the best school teams.

However, there's a problem that needs attention. While most student-athletes behave with class and dignity at the event, it has not been the case for some at hotels or in the surrounding environs during the stay in a host city. In recent years, some students have embarrassed themselves, their schools and the high school track community by their behavior. It is with this in mind that we lay out the following expectations and standards for students and teams participating in this state event.

- Schools must provide adequate supervision of students at all times and take full responsibility for the actions and conduct of students not only at the event, but also while the students are traveling to or from, or in, the host city and event venue.
- School personnel must set high standards of conduct for students and explain and enforce these standards.
- Coaches will be asked to submit a form (Appendix III) indicating the person responsible for supervision and the name and phone number of the hotel/motel where the supervisor can be reached.

These standards include:

- Respectful behavior, at all times, toward competitors, coaches', officials and all others they may encounter while guests in another community -- including, but not limited to, restaurant and hotel personnel and guests.
- Adherence to any rules, regulations or laws of a community, or the state.
- Behaving in such a way to bring honor to themselves, to their school and to the track and field community.
- Respectful behavior at all times toward private or public property.

If there is any incidence of behavior that reflects negatively on the school or a school team, we will recommend to the CIF Executive Committee, as a minimum sanction, that the school be the subject of sanctions, which may include being barred from participation by any of its students in the state track meet for at least one year.

Let us do our best to ensure that all those who participate in the CIF State Track and Field Meet "Pursue Victory With Honor" throughout the entire weekend.

APPENDIX III

2006 CIF STATE TRACK AND FIELD CHAMPIONSHIPS *Supervision Form*

ATHLETES' CODE OF CONDUCT/ COACHES' RESPONSIBILITY FOR SUPERVISION

The following code of conduct for athletes and coaches is required:

- School personnel are expected to supervise students at all times - including travel to and from the meet and at any time the students are present in the host city, in a restaurant or hotel, or in any other location.
- School personnel are expected to set high standards of behavior that are meant to show the highest respect for themselves, their school and also others and their property.
- These standards should include clear prohibition of the use of any illegal substance, tobacco or alcohol.
- Student's conduct, as well as the conduct of coaches and other school personnel, will reflect positively or negatively upon themselves, their families, the school and the sport. **It is the expectation of CIF that standards of behavior will be set and discussed with students before traveling to the meet and that standards will be enforced throughout the time the students are away from school for the event. Pursuing Victory With Honor principles apply at all times.**
- Coaches must submit this form ***Friday morning, at the Athletes' Entrance*** when they pick up their packets. Indicate the person responsible for supervision and the name and phone number of the hotel/motel where the supervisor can be reached.

PACKETS WILL NOT BE RELEASED WITHOUT THIS FORM

PLEASE FILL OUT THE FOLLOWING FORM

High School _____

Name of Administrator/Coach Responsible for Supervision of Student-Athlete(s) _____

At Which Hotel/Motel Will You be Staying during the Championships? _____

At What Phone Number Can You Be Reached During the Championships?
(List hotel/motel phone and cell phone if applicable) _____

Signature _____