

****** Schedule for 2006 SDS T&F Finals ******

Running Events

Time	Division	Event
1:00	A	Boy's 400 Relay
1:05	B	Boy's 400 Relay
1:14	A	Girl's 400 Relay
1:19	B	Girl's 400 Relay
1:28	A	Boy's 1600m
1:37	B	Boy's 1600m
1:50	A	Girl's 1600m
1:58	B	Girl's 1600m
2:10	A	Boy's 110 HH
2:14	B	Boy's 110 HH
2:28	A	Girl's 100 HH
2:32	B	Girl's 100 HH
2:40	A	Boy's 400m
2:44	B	Boy's 400m
2:52	A	Girl's 400m
2:56	B	Girl's 400m
3:04	A	Boy's 100m
3:08	B	Boy's 100m
3:16	A	Girl's 100m
3:20	B	Girl's 100m
3:28	A	Boy's 800m
3:33	B	Boy's 800m
3:42	A	Girl's 800m
3:47	B	Girl's 800m
3:56	A	Boy's 300 LH
4:00	B	Boy's 300 LH
4:08	A	Girl's 300 IH
4:12	B	Girl's 300 IH
4:20	A	Boy's 200m
4:24	B	Boy's 200m
4:32	A	Girl's 200m
4:36	B	Girl's 200m
4:44	A/B	Boy's 3200m
5:02	A/B	Girl's 3200m
5:20	A	Boy's 1600 Relay
5:28	B	Boy's 1600 Relay
5:38	A	Girl's 1600 Relay
5:46	B	Girl's 1600 Relay

Field Events

Time	Division	Event
10:00	A/B	Boy's Discus
	A	Boy's Long Jump
	A/B	Girl's Pole Vault
10:10	B	Boy's Long Jump
11:00	A/B	Boy's High Jump
11:45	A	Girl's Long Jump
11:55	B	Girl's Long Jump
12:15	A/B	Girl's Discus
1:30	A	Boy's Triple Jump
	A/B	Boy's Pole Vault
1:40	B	Boy's Triple Jump
2:00	A/B	Girl's High Jump
	A	Boy's Shot Put
2:10	B	Boy's Shot Put
3:15	A	Girl's Triple Jump
	A	Girl's Shot Put
3:25	B	Girl's Triple Jump
	B	Girl's Shot Put

Note: Extra time has been added after every set of events to allow for the figuring of team scores and CIF Div I and II champions.

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1:00 Boys 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Heat A			
1	Mt Carmel		43.87
2	Eastlake		43.67
3	Granite H		43.37
4	Vista		43.05
5	Torrey Pn		42.67
6	Serra		42.92
7	Mission Hs		43.16
8	Monte V		43.48
9	Helix		43.77

Heat B (1:05)

1	LJCD		44.93
2	MarianCth		44.84
3	Central Unon		44.17
4	La Jolla		44.09
5	Southwest		43.98
6	El Camino		44.00
7	Clairemont		44.09
8	Madison		44.79
9	Cathedral		44.92

1:14 Girls 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Heat A			
1	El Camino		50.02
2	Helix		49.99
3	Univ City		48.84
4	Westview		48.70
5	Poway		48.23
6	Rncho Brn		48.23
7	Otay Rnch		48.73
8	Morse		48.95
9	Cathedral		50.01

Heat B (1:19)

1	Kearny		52.08
2	Mt Miguel		51.70
3	Madison		51.42
4	Mira Mesa		50.66
5	Rnch Buna		50.23
6	Escondido		50.26
7	La Jolla		50.85
8	Valhalla		51.58
9	Palo Verde		51.70

1:28 Boys 1600 Meter Run

Lane	Name	Yr	School	Seed Time
Heat A				
1	Acosta, AJ	12	D-1-El Camino	4:18.64
2	Jett, Austin	11	D-1-Eastlake	4:18.79
3	Dargitz, Karl	12	D-1-Rncho Brn	4:19.89
4	Thomas, Mark	11	D-1-Poway	4:21.17
5	Tully-Doyle, Colton	12	D-1-Rncho Brn	4:21.68
6	Anzures, Marco	12	D-2-St Agstn	4:22.41
7	Hasvold, Brett	10	D-1-Fallbrook	4:23.95
8	Stillinger, Timbo	12	D-2-San Diegu	4:24.36
9	LaForm, Ian	12	D-1-Ptrck Hnr	4:24.40

Heat B (1:37)

1	Beressa, Mulukin	12	D-2-Monte V	4:25.12
2	Weston, David	12	D-1-San Psqul	4:27.13
3	Lloyd-Smith, Gregor	10	D-1-Torrey Pn	4:29.59
4	Bahena, Bernardo	11	D-2-Clairemont	4:32.55
5	Ramirez, Michael	12	D-2-Monte V	4:33.12
6	Rodriguez, Matthew	12	D-2-Central Un	4:34.28
7	Fox, Kyle	11	D-2-Steele Can	4:34.89
8	Smith, James	12	D-2-Ramona	4:35.49
9	Costales, Frankie	11	D-2-Holtville	4:36.77

1:50 Girls 1600 Meter Run

Lane	Name	Yr	School	Seed Time
Heat A				
1	Gillingham, Erin	9	D-1-Torrey Pn	5:00.46
2	Barclay, Missy	12	D-2-Westview	5:03.20
3	Guiffre, Brooke	12	D-1-La Costa	5:04.34
4	Silva, Sammy	9	D-2-OLP	5:07.30
5	Consiglio, Stephanie	11	D-1-El Camino	5:08.57
6	Tam, Rowena	12	D-2-Univ City	5:09.05
7	Rentz, Katie	11	D-1-Mt Carmel	5:09.08
8	Andrews, Katie	10	D-1-La Costa	5:10.23
9	Young, Emily	12	D-1-La Costa	5:10.42

Heat B (1:58)

1	Throop, Amber	10	D-2-Vally Cnt	5:10.92
2	Wyatt, Laura	9	D-2-Bishop's	5:11.39
3	Murphy, Erin	10	D-2-Vally Cnt	5:13.97
4	Zambon, Erica	12	D-1-Carlsbad	5:16.81
5	Rackley, Paige	10	D-1-La Costa	5:17.10
6	Aurigemma, Nicole	10	D-1-Carlsbad	5:17.39
7	Shea, Sheree	9	D-2-Univ City	5:17.66
8	Avvampato, Courtney	9	D-2-La Jolla	5:19.09
9	Kayali, Nihal	9	D-2-La Jolla	5:20.02

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2:10 Boys 110 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Heat A				
1	Jankauski, Mark	12	D-1-Poway	15.56 _____
2	Fulkerson, Trevor	12	D-2-Christian	15.50 _____
3	Novilla, Mark	11	D-1-Eastlake	15.41 _____
4	Fentin-Thompson, R	12	D-1-Torrey Pn	15.27 _____
5	Archibold, Roberto	12	D-2-Monte V	15.03 _____
6	Brookins, Ronald	11	D-1-Helix	15.22 _____
7	Woods, Raneë	12	D-1-Otay Rnch	15.33 _____
8	PlaBoysac, Jovan	12	D-1-San Psqul	15.42 _____
9	Gamat, Ashton	11	D-1-Mt Carmel	15.51 _____

Heat B (2:14)

1	Pollard, Royce	11	D-2-Univ City	16.00 _____
2	Ayers, Steven	11	D-2-Ramona	15.96 _____
3	Corrales, Ausbaldo	12	D-2-Central Un	15.76 _____
4	Jones, Kevin	12	D-2-Univ City	15.74 _____
5	Noveloza, Albert	12	D-1-Hilltop	15.56 _____
6	Mitchell, Jerrell	12	D-1-Eastlake	15.61 _____
7	Whyte, Alex	12	D-2-El Capitn	15.75 _____
8	Walker, Robert	10	D-2-Palo Verde	15.94 _____
9	Smith, Michael	12	D-2-Central Un	15.99 _____

2:40 Boys 400 Meter Run

Lane	Name	Yr	School	Seed Time
Heat A				
1	Temple, Javel	12	D-2-Madison	51.02 _____
2	Christenson, Rob	12	D-2-St Agstn	50.77 _____
3	Phillips, Chris	10	D-1-Helix	50.63 _____
4	Thomas, Daniel	10	D-2-Cathedral	50.21 _____
5	Maypole, Ben	12	D-1-Granite H	49.29 _____
6	Franks, Dante	12	D-1-Eastlake	49.96 _____
7	Stein, Nick	12	D-1-Mission H	50.34 _____
8	Hodges, Tony	11	D-1-Vista	50.63 _____
9	Pattison, Jesse	12	D-1-Rncho Brn	50.80 _____

Heat B (2:44)

1	Ward, Louis	11	D-2-Mission B	51.88 _____
2	Davenport, Derrick	12	D-1-Grossmont	51.68 _____
3	Daniels, Ricky	11	D-1-Otay Rnch	51.47 _____
4	Wooten, Russell	12	D-2-St Agstn	51.37 _____
5	Wessendorf, Michael	11	D-1-El Camino	51.19 _____
6	Wade, Josh	12	D-2-Pnt Loma	51.24 _____
7	Poortinga, Jackson	10	D-2-Ramona	51.47 _____
8	Emmel, Matt	12	D-2-Clairemont	51.54 _____
9	Orozco, Eudoro	12	D-2-Bishop's	51.84 _____

2:28 Girls 100 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Heat A				
1	Nealy, Sabrina	11	D-1-Rncho Brn	16.17 _____
2	Guillory, Rashan	10	D-2-Kearny	16.02 _____
3	Mainquist, Mallory	12	D-1-Torrey Pn	15.60 _____
4	Stephens, Samantha	12	D-1-Rnch Buna	15.35 _____
5	Thompson, Sharika	12	D-1-Helix	14.63 _____
6	Savage, Charay	11	D-1-Otay Rnch	15.09 _____
7	Ridley, Tanyshia	12	D-1-San Diego	15.57 _____
8	Rackley, Petra	12	D-1-La Costa	15.85 _____
9	Powell, Margaret	10	D-1-Ptrck Hnr	16.15 _____

Heat B (2:32)

1	Villadores, Elizabeth	11	D-2-Mt Miguel	17.54 _____
2	Bawkey, Mallory	12	D-2-El Capitn	17.40 _____
3	Matthews, Kelley	11	D-2-Vally Cnt	17.02 _____
4	Gillespie, Lissy	12	D-2-Calvin C sd	16.64 _____
5	Allen, Brittany	11	D-1-Rnch Buna	16.18 _____
6	Marshall, Susanne	10	D-2-Canyon Cres	16.35 _____
7	Cotter, Sharley	12	D-2-Westview	16.75 _____
8	Vanderlip, Jacquelyn	12	D-2-LJCD	17.19 _____
9	Nowakowski, Kaitlan	11	D-2-Ramona	17.51 _____

2:52 Girls 400 Meter Run

Lane	Name	Yr	School	Seed Time
Heat A				
1	Stoudenmire, Tenielle	9	D-1-Rncho Brn	58.60 _____
2	Short, Ciara	11	D-2-Madison	58.07 _____
3	Williams, Megan	12	D-1-Poway	57.76 _____
4	Ross, Mandy	11	D-2-Christian	57.55 _____
5	James, Janie	12	D-1-Helix	56.92 _____
6	Chukwueke, Jasmine	12	D-1-Scripps R	57.14 _____
7	Karoly, Lizzy	12	D-1-San Psqul	57.75 _____
8	Laine, Sarah	11	D-2-Valhalla	57.90 _____
9	Simon-West, La Ken	11	D-1-Grossmont	58.19 _____

Heat B (2:56)

1	Desclos, Romaine	10	D-2-Univ City	1:01.08 _____
2	Neri, Melissa	11	D-2-Vally Cnt	1:00.08 _____
3	Apgar, Elizabeth	9	D-2-Calv Christ	59.23 _____
4	McGregor, Anna Lee	12	D-2-Pnt Loma	58.86 _____
5	Simpson, Rhonnisha	11	D-2-Serra	58.75 _____
6	DeGeus, Candice	12	D-1-Sthwst(EC)	58.79 _____
7	Moreland, Chelsae	12	D-1-Morse	59.03 _____
8	Zafuta, Allyssa	9	D-1-Torrey Pn	59.76 _____
9	Boland, Nya	10	D-2-Cathedral	1:00.65 _____

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3:04 Boys 100 Meter Dash

Lane	Name	Yr	School	Seed Time
Heat A				
1	Rogers, Brandon	9	D-2-Palo Verde	11.06 _____
2	O'Neal, Quentin		D-2-Monte V	11.02 _____
3	Belch, Danny	12	D-1-Torrey Pn	10.93 _____
4	Calhoun, Jordan	12	D-1-Vista	10.92 _____
5	Driscoll, Dustin	12	D-2-St Agstn	10.76 _____
6	Daniels, Chris	11	D-2-Serra	10.87 _____
7	Danns, Dax	12	D-1-Helix	10.92 _____
8	McCastle, Dean	12	D-1-Vista	10.96 _____
9	Lynch, Michael	12	D-2-St Agstn	11.04 _____

Heat B (3:08)

1	Simavoryan, Sirak	11	D-2-La Jolla	11.25 _____
2	Parker, Charles	12	D-1-Eastlake	11.21 _____
3	Smith, Charlie	12	D-2-Monte V	11.17 _____
4	Belasco, Scooter	12	D-1-Torrey Pn	11.11 _____
5	Maire, Alex	11	D-2-LJCD	11.09 _____
6	Griffin, Stan	12	D-1-Mt Carmel	11.10 _____
7	Singh, Stephen	11	D-2-Central Un	11.11 _____
8	Soulds, Dain	12	D-1-San Psqul	11.21 _____
9	Merlin, Wesley	10	D-1-Otay Rnch	11.22 _____

3:28 Boys 800 Meter Run

Lane	Name	Yr	School	Seed Time
Heat A				
1	Vieyra, Juan Carlos	10	D-1-Montgom	1:58.04 _____
2	Henry, Jeree	11	D-1-El Camino	1:56.75 _____
3	Fleet, Macky	9	D-2-Univ City	1:56.37 _____
4	Anzures, Marco	12	D-2-St Agstn	1:55.73 _____
5	Vargas, Alejandro	12	D-1-Vista	1:53.98 _____
6	Edwards, David	12	D-1-Poway	1:54.88 _____
7	O'Brien, Jesse	12	D-1-San Psqul	1:55.91 _____
8	O'Neal, Riley	12	D-1-Ptrck Hnr	1:56.48 _____
9	Carrillo, Jaime	11	D-1-Mission H	1:56.90 _____

Heat B (3:33)

1	Costales, Frankie	11	D-2-Holtville	2:02.29 _____
2	Weber, Jeff	12	D-2-Univ City	2:00.96 _____
3	Ertz, Christopher	12	D-2-El Capitr	1:59.80 _____
4	Hernandez, Roberto	12	D-1-Chula Vst	1:58.30 _____
5	Jock, Charles	10	D-2-Mission B	1:58.20 _____
6	Hasvold, Brett	10	D-1-Fallbrook	1:58.27 _____
7	Stillinger, Timbo	12	D-2-San Diegu	1:59.43 _____
8	Todd, Alex	11	D-2-La Jolla	2:00.11 _____
9	Dollard, Patrick	12	D-2-Cathedral	2:01.98 _____

3:16 Girls 100 Meter Dash

Lane	Name	Yr	School	Seed Time
Heat A				
1	Houston, Vanessa	9	D-1-Hoover	12.42 _____
2	Owens, Caryn	11	D-1-El Camino	12.37 _____
3	Wheeler, Kai	12	D-1-Rncho Brn	12.31 _____
4	Bennet, Brittney	11	D-1-Otay Rnch	12.23 _____
5	Ross, Mandy	11	D-2-Christian	12.14 _____
6	Sanchez, Alissa	10	D-2-Cathedral	12.19 _____
7	Wheeler, Aja	12	D-2-Univ City	12.29 _____
8	Wallace, Brenetta	12	D-1-Morse	12.34 _____
9	Hutchinson, Jasmine	12	D-1-Poway	12.41 _____

Heat B (3:20)

1	Schell, Jenn	12	D-2-Westview	12.91 _____
2	Waddell, Amber	12	D-2-Clairemont	12.70 _____
3	Brown, Tammy	12	D-2-Palo Verde	12.70 _____
4	Rickman, Lauren	10	D-2-Univ City	12.51 _____
5	Kodama, Lauren	11	D-2-Westview	12.44 _____
6	Williams, Taylor	10	D-1-Escondido	12.48 _____
7	Taijeron, Tori	9	D-1-Granite H	12.68 _____
8	Clark, Chantell	10	D-1-Poway	12.70 _____
9	Hoolko, Dana	11	D-2-La Jolla	12.75 _____

3:42 Girls 800 Meter Run

Lane	Name	Yr	School	Seed Time
Heat A				
1	Zambon, Erica	12	D-1-Carlsbad	2:21.63 _____
2	Jacobs, Andrea	11	D-1-Vista	2:21.03 _____
3	Egense, Krista	10	D-1-Rncho Brn	2:19.84 _____
4	Yahr, Ashlin	10	D-1-Torrey Pn	2:19.43 _____
5	Moore, Amanda	11	D-1-Torrey Pn	2:13.85 _____
6	Vitug, Sarah	10	D-2-Univ City	2:16.00 _____
7	Asbury, Lucia	12	D-1-Mission H	2:19.77 _____
8	Schofield, Bre	11	D-1-Carlsbad	2:19.93 _____
9	Maffucci, Laura	10	D-1-La Costa	2:21.52 _____

Heat B (3:47)

1	Justice, Hanako	12	D-2-LJCD	2:25.97 _____
2	Barrett, Maria	10	D-2-OLP	2:25.42 _____
3	Wynne, Tess	11	D-2-Cathedral	2:24.98 _____
4	Keelan, Stephanie	10	D-2-Westview	2:23.37 _____
5	Valenzula, Tanya	9	D-1-Hilltop	2:21.78 _____
6	Plant-Thomas, Tess	9	D-2-La Jolla	2:23.37 _____
7	Mayer, Heather	11	D-2-Monte V	2:24.88 _____
8	Roberson, Dayna	11	D-2-Kearny	2:25.20 _____
9	Tillery, Ashley	12	D-2-El Capitr	2:25.48 _____

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3:56 Boys 300 Meter Hurdles

Lane	Name	Yr	School	Seed Time	
Heat A					
1	PlaBoysac, Jovan	12	D-1-San Psqul	40.83	_____
2	Fentin-Thompson, R	12	D-1-Torrey Pn	40.45	_____
3	Earl, Roger	11	D-1-Poway	40.01	_____
4	Sykes-Campbell, Ca	12	D-1-Helix	39.83	_____
5	Archibold, Roberto	12	D-2-Monte V	39.16	_____
6	Workman, Bobby	11	D-1-Mira Mesa	39.83	_____
7	Bruner, Max	11	D-1-Torrey Pn	39.99	_____
8	Woods, Raneer	12	D-1-Otay Rnch	40.42	_____
9	Boone, Brent	11	D-1-Eastlake	40.67	_____

Heat B (4:00)

1	Whyte, Alex	12	D-2-El Capitn	42.57	_____
2	Chen, Peng	12	D-2-La Jolla	41.45	_____
3	Silva, Pat	12	D-2-Westview	41.23	_____
4	Callen, Shawn	12	D-2-El Capitn	41.12	_____
5	Ramirez, Christian	12	D-2-Imperial	40.91	_____
6	Macey, Alex	12	D-1-Vista	40.92	_____
7	Fulkerson, Trevor	12	D-2-Christian	41.15	_____
8	Aguilar, Stephen	9	D-2-Vally Cnt	41.44	_____
9	Corrales, Ausbaldo	12	D-2-Central Un	42.20	_____

4:08 Girls 300 Meter Hurdles

Lane	Name	Yr	School	Seed Time	
Heat A					
1	Marquardt, Kristin	11	D-1-El Camino	47.43	_____
2	Stephens, Samantha	12	D-1-Rnch Buna	46.94	_____
3	Franklin, Cori	11	D-1-Morse	46.85	_____
4	Mainquist, Mallory	12	D-1-Torrey Pn	46.35	_____
5	Thompson, Sharika	12	D-1-Helix	44.62	_____
6	Savage, Charay	11	D-1-Otay Rnch	45.64	_____
7	Nealy, Sabrina	11	D-1-Rncho Brn	46.83	_____
8	Alvarado, Danielle	12	D-2-MarianCth	46.91	_____
9	Player, Sarah	11	D-2-Coronado	47.04	_____

Heat B (4:12)

1	Guillory, Rashan	10	D-2-Kearny	49.11	_____
2	Matthews, Kelley	11	D-2-Vally Cnt	48.66	_____
3	Desclos, Romaine	10	D-2-Univ City	48.41	_____
4	Anderson, Tori	11	D-2-Pnt Loma	48.29	_____
5	Moncado, Jessica	12	D-1-Poway	47.52	_____
6	Cotter, Sharley	12	D-2-Westview	47.53	_____
7	Olah, Amanda	11	D-1-Granite H	48.35	_____
8	Bawkey, Mallory	12	D-2-El Capitn	48.54	_____
9	Washington, Jamiesha	11	D-2-Mission B	48.95	_____

4:20 Boys 200 Meter Dash

Lane	Name	Yr	School	Seed Time	
Heat A					
1	Reaves, Nico	10	D-2-Mt Miguel	22.42	_____
2	McCastle, Dean	12	D-1-Vista	22.28	_____
3	Franks, Dante	12	D-1-Eastlake	22.20	_____
4	Belch, Danny	12	D-1-Torrey Pn	21.93	_____
5	Cooks, Joe	9	D-1-Mission H	21.55	_____
6	Griffin, Stan	12	D-1-Mt Carmel	21.91	_____
7	Lynch, Michael	12	D-2-St Agstn	22.20	_____
8	Driscoll, Dustin	12	D-2-St Agstn	22.24	_____
9	O'Neal, Quentin		D-2-Monte V	22.40	_____

Heat B (4:24)

1	Christenson, Rob	12	D-2-St Agstn	23.00	_____
2	Barnawell, Ean	12	D-1-Torrey Pn	22.88	_____
3	Downing, Xavier	11	D-1-Rncho Brn	22.79	_____
4	Towns, Stephan	12	D-1-Southwest	22.70	_____
5	Calhoun, Jrodan	12	D-1-Vista	22.44	_____
6	Temple, Javel	12	D-2-Madison	22.57	_____
7	Daniels, Chris	11	D-2-Serra	22.72	_____
8	Wade, Josh	12	D-2-Pnt Loma	22.87	_____
9	Wooten, Russell	12	D-2-St Agstn	22.92	_____

4:32 Girls 200 Meter Dash

Lane	Name	Yr	School	Seed Time	
Heat A					
1	Short, Ciara	11	D-2-Madison	25.52	_____
2	Hutchinson, Jasmine	12	D-1-Poway	25.38	_____
3	Houston, Vanessa	9	D-1-Hoover	25.34	_____
4	Brooks, Jasmine	11	D-2-Univ City	25.08	_____
5	Ross, Mandy	11	D-2-Christian	25.02	_____
6	Sanchez, Alissa	10	D-2-Cathedral	25.05	_____
7	James, Janie	12	D-1-Helix	25.17	_____
8	Williams, Megan	12	D-1-Poway	25.37	_____
9	Laine, Sarah	11	D-2-Valhalla	25.40	_____

Heat B (4:36)

1	Hoolko, Dana	11	D-2-La Jolla	26.20	_____
2	Rickman, Lauren	10	D-2-Univ City	26.04	_____
3	Wallace, Brenetta	12	D-1-Morse	25.84	_____
4	Bennet, Brittany	11	D-1-Otay Rnch	25.75	_____
5	Kodama, Lauren	11	D-2-Westview	25.54	_____
6	Wheeler, Aja	12	D-2-Univ City	25.59	_____
7	Williams, Taylor	10	D-1-Escondido	25.83	_____
8	Stoudenmire, Tenelle	9	D-1-Rncho Brn	25.86	_____
9	Moreland, Chelsae	12	D-1-Morse	26.08	_____

Mt. Carmel High School

Meet Program - CIF San Diego Section Finals

4:44 Boys 3200 Meter Run

5:02 Girls 3200 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1A	Suarez, Kyle	12	D-2-St Agstn	9:24.87
1B	Avila, Eric	11	D-1-Bnta Vsta	9:26.37
1C	Tully-Doyle, Colton	12	D-1-Rncho Brn	9:33.14
1D	Beressa, Mulukin	12	D-2-Monte V	9:42.78
1E	Gomez, Azael	12	D-1-Sweetwtr	9:49.76
1F	Rodriguez, Matt	12	D-2-Central Un	9:52.51
2A	Acosta, AJ	12	D-1-El Camino	9:21.62
2B	Osman, Ahmed	12	D-1-San Diego	9:24.93
2C	Gonia, Dan	12	D-1-West Hlls	9:27.13
2D	Bareno, Tony		D-2-Valhalla	9:37.88
2E	Sandoval, Josh	12	D-1-Granite H	9:43.36
2F	Schelulen, Florian	12	D-2-San Diegu	9:51.26
3A	Booker, Riley	12	D-2-Univ City	9:24.22
3B	Gamble, Charlie	12	D-2-La Jolla	9:25.76
3C	Kuhlman, Travis	12	D-2-Westview	9:29.91
3D	Haywas, Adrian	12	D-1-El Camino	9:41.18
3E	Seat, Matt	11	D-1-Bnta Vsta	9:43.99
3F	Avilez, Alex	11	D-2-Vally Cnt	9:51.90

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1A	Keene, Ellie	10	D-1-Rnch Buna	11:18.61
1B	Draper, Caroline	9	D-1-Rncho Brn	11:30.54
1C	Murphy, Erin	10	D-2-Vally Cnt	11:34.56
1D	Leavitt, Casey	11	D-1-Poway	11:39.48
1E	Trujillo, Alicia	11	D-2-Westview	11:49.11
1F	Rankin, Elise	9	D-2-Westview	12:00.37
2A	Fitch, Gillian	12	D-1-La Costa	11:11.37
2B	Giuffre, Brooke	12	D-1-La Costa	11:22.29
2C	Balcom, Brittany	9	D-2-Ramona	11:31.40
2D	Coons, Aisha	9	D-1-Mission H	11:37.52
2E	Pischel, Lauren	11	D-2-LJCD	11:41.44
2F	Schulze, Elizabeth	9	D-2-Bishop's	11:52.99
3A	Andrews, Katie	10	D-1-La Costa	11:13.39
3B	Silva, Sammy	9	D-2-OLP	11:25.57
3C	Prim, Ana	10	D-1-Torrey Pn	11:33.70
3D	Bodenhamer, Jessie	11	D-1-Torrey Pn	11:39.19
3E	Sanger, Katie	9	D-2-Vally Cnt	11:46.97
3F	Hedlin, Margot	11	D-2-La Jolla	11:57.59

5:20 Boys 4x400 Meter Relay

5:38 Girls 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Heat A			
1	Mt Miguel		3:26.98
2	Mt Carmel		3:25.82
3	Monte V		3:24.94
4	Mission Hs		3:24.26
5	El Camino		3:21.58
6	Poway		3:23.03
7	Granite H		3:24.93
8	St Agstn		3:25.28
9	Vista		3:26.36
Heat B (5:28)			
1	Bishop's		3:35.38
2	Univ City		3:35.07
3	Clairemont		3:30.30
4	Torrey Pn		3:27.66
5	San Psqul		3:27.15
6	Eastlake		3:27.16
7	La Jolla		3:30.08
8	Cathedral		3:32.57
9	Serra		3:35.09

Lane	Team	Relay	Seed Time
Heat A			
1	Vista		4:05.91
2	Carlsbad		4:05.59
3	Pnt Loma		4:05.28
4	Scripps R		3:59.61
5	Morse		3:57.09
6	Torrey Pn		3:58.85
7	Univ City		4:01.69
8	Westview		4:05.40
9	San Psqul		4:05.68
Heat B (5:46)			
1	El Capitn		4:10.57
2	Cathedral		4:09.07
3	Vally Cnt		4:07.95
4	Rnch Buna		4:07.75
5	Mt Miguel		4:06.56
6	La Jolla		4:07.67
7	Otay Rnch		4:07.76
8	Helix		4:08.79
9	Serra		4:10.44

Field Events

10:00 and 10:10 Boys Long Jump

10:00 Boys Discus Throw

Pos	Name	Yr	School	Seed Mark	
Flight A					
1	Trily, Lucas	12	D-2-La Jolla	145-11	_____
2	Cronin, Colin	12	D-2-Cathedral	147-07	_____
3	Maxwell, Jericho	12	D-2-Crawford	149-08	_____
4	Jemison, Byron	11	D-1-Carlsbad	149-11	_____
5	Samson, Julian	10	D-1-Otay Rnch	155-01	_____
6	Spates, David	10	D-2-Monte V	155-08	_____
7	Weber, Mark	11	D-1-El Camino	159-06	_____
8	Tull, Mike	12	D-1-Fallbrook	171-05	_____
9	Savage, Darius	12	D-1-Morse	198-05	_____

Flight B

1	Dillard, Kevin	12	D-2-El Capitn	136-08	_____
2	Boggess, George	12	D-2-St Agstn	137-01	_____
3	LaFleur, Richard	11	D-1-Escondido	138-06	_____
4	Harding, Dayne	12	D-2-Vally Cnt	138-08	_____
5	Jackson, Jason	11	D-1-Granite H	140-04	_____
6	Yarbrough, Marcus	12	D-1-Eastlake	140-07	_____
7	Lantzer, Jarrod	11	D-2-Holtville	140-11	_____
8	Gonzlaes, Anthony	12	D-1-El Camino	142-06	_____
9	Pearl, Ryan	11	D-2-Steele Can	142-11	_____

10:00 Girls Pole Vault

Pos	Name	Yr	School	Seed Mark	
Flight A					
1	Sharpell, Amanda	12	D-1-Escondido	10-00.00	_____
2	Imandoust, Sheila	12	D-1-Rncho Brn	10-04.00	_____
3	Martell, Cassandra	12	D-2-Calvin C	10-08.00	_____
4	StAmos, Alison	12	D-1-Escondido	10-08.00	_____
5	Hoolko, Dana	11	D-2-La Jolla	11-04.00	_____
6	Gaeto, Angela	12	D-1-Rncho Brn	11-04.00	_____
7	Torres, Jessica	12	D-1-Vista	11-04.00	_____
8	Burkhart, Joanna	12	D-1-Oceanside	11-08.00	_____
9	Mattoon, Emily	9	D-1-Rncho Brn	12-00.00	_____

Flight B

1	LaMar, Olivia	10	D-2-Pnt Loma	7-06.00	_____
2	Decker, Patricia	9	D-2-LJCD	8-00.00	_____
3	Tammer, Lexi	11	D-2-Vally Cnt	9-00.00	_____
4	Plotkyn, Malea	10	D-2-La Jolla	9-00.00	_____
5	Vieira, Kathy	12	D-2-Pnt Loma	9-00.00	_____
6	Hines, Brandi	10	D-2-El Capitn	9-04.00	_____
7	Anderson, Kaila	11	D-1-La Costa	9-08.00	_____
8	Christensen, Lauren	10	D-2-La Jolla	9-08.00	_____
9	Rossicone, Rachel	12	D-1-Rncho Brn	10-00.00	_____

Pos	Name	Yr	School	Seed Mark	
Flight A (10:00)					
1	Cancellor, Estevan	12	D-1-Eastlake	21-00.00	_____
2	Belasco, Scooter	12	D-1-Torrey Pn	21-01.75	_____
3	Brown, Ben	12	D-1-Torrey Pn	21-07.50	_____
4	Catchings, Darrell	11	D-1-Escondido	21-07.50	_____
5	Singh, Steven	11	D-2-Central Un	21-08.00	_____
6	Towns, Stephan	12	D-1-Southwest	21-08.00	_____
7	Stewart, Karlin	12	D-2-Mt Miguel	22-04.00	_____
8	Lee, Gary	11	D-1-Hoover	22-04.50	_____
9	Rosario, Nelson	10	D-1-El Camino	22-10.00	_____

Flight B (10:10)

1	Huntley, Cameron	11	D-2-Cathedral	19-06.25	_____
2	Blincoe, Pete	12	D-2-Imperial	19-09.75	_____
3	Stutts, Jarrod	11	D-2-Crawford	20-01.00	_____
4	Daniels, Chris	11	D-2-Serra	20-04.00	_____
5	Leitzke, Cory	12	D-2-Cal Christ	V20-06.00	_____
6	Lopez, Gill	12	D-2-St Agstn	20-07.50	_____
7	Pride, Branden	12	D-1-Granite H	20-09.50	_____
8	McCastle, Dean	12	D-1-Vista	20-09.50	_____
9	Seriba, Igor	11	D-2-La Jolla	20-11.00	_____

11:00 Boys High Jump

Pos	Name	Yr	School	Seed Mark	
Flight A					
1	Jackson, Taylor	11	D-2-Serra	6-01.00	_____
2	Dixon, Ross	12	D-1-Fallbrook	6-01.00	_____
3	Gordon, Clark	12	D-1-Granite H	6-02.00	_____
4	White, Utreeen	12	D-1-Poway	6-02.00	_____
5	McCalmont, Aaron	10	D-1-Granite H	6-02.00	_____
6	Ramsey, David	12	D-1-Calexico	6-02.00	_____
7	Rosario, Nelson	10	D-1-El Camino	6-02.00	_____
8	Jensen, Keith	12	D-1-Rncho Brn	6-03.00	_____
9	Mauzy, Ryan	12	D-2-Steele Can	6-04.00	_____
10	LaFleur, Richard	11	D-1-Escondido	6-05.50	_____

Flight B

1	Holt, Boyselik	12	D-2-St Agstn	5-10.00	_____
2	Miller, Kevin	10	D-2-La Jolla	5-10.00	_____
3	Scherer, Daniel	10	D-2-Ramona	5-10.00	_____
4	Pollard, Royce	11	D-2-Univ City	5-11.00	_____
5	Gill, Lee	10	D-2-St Agstn	5-11.00	_____
6	Welch, Kenny	12	D-2-Clairemont	6-00.00	_____
7	Wilson, Dexter	12	D-2-Univ City	6-01.00	_____
8	Woods, Rane	12	D-1-Otay Rnch	6-01.00	_____

CIF San Diego Section Finals 2006 - 5 27 2006
Mt. Carmel High School
Meet Program - CIF San Diego Section Finals

11:45 and 11:55 Girls Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight A (11:45)					
1	Maronesy, Thoraya	10	D-1-Helix	16-09.50	_____
2	Black, Deseree	12	D-1-Oceanside	16-11.00	_____
3	Kearny, Alexandra	12	D-2-La Jolla	16-11.00	_____
4	Ridley, Tanyshia	12	D-1-San Diego	17-01.50	_____
5	Pankey, Alex	9	D-1-Mission H	17-02.00	_____
6	Rackley, Petra	12	D-1-La Costa	17-06.25	_____
7	Wheeler, Kai	12	D-1-Rncho Brn	17-09.50	_____
8	Bennet, Brittany	11	D-1-Otay Rnch	18-08.50	_____
9	Kearin, Kasey	12	D-1-Rncho Brn	18-10.00	_____

Flight B (11:55)

1	Payne, Katarina	9	D-2-Cathedral	15-08.50	_____
2	Talhami, Andrea	12	D-2-Vinc Mem	15-08.50	_____
3	Fu, Ashley	10	D-2-La Jolla	16-02.00	_____
4	Noiseaux, Leslie	12	D-2-Valhalla	16-05.00	_____
5	Smelser, Ali	12	D-2-Julian	16-06.25	_____
6	Brooks, Jasmine	11	D-2-Univ City	16-06.50	_____
7	Williams, Taylor	10	D-1-Escondido	16-08.00	_____
8	Cardon, Nicole	10	D-2-Madison	16-08.50	_____
9	Tucker, Brenna	12	D-2-Ramona	16-09.00	_____

1:30 and 140 Boys Triple Jump

Pos	Name	Yr	School	Seed	Mark
Flight A (1:30)					
1	Lee, Gary	11	D-1-Hoover	45-01.00	_____
2	Seriba, Igor	11	D-2-La Jolla	45-02.25	_____
3	McKinney, Roberto	12	D-1-Eastlake	45-05.75	_____
4	Akpon, Geoff	12	D-1-Mt Carmel	45-09.00	_____
5	Brown, Ben	12	D-1-Torrey Pn	45-09.75	_____
6	McPherson, Mark	11	D-1-Otay Rnch	46-00.50	_____
7	Williams, Darrly	11	D-1-Escondido	46-04.25	_____
8	Rosario, Nelson	10	D-1-El Camino	48-03.50	_____
9	Stewart, Karlin	12	D-2-Mt Miguel	48-08.50	_____

Flight B (1:40)

1	Lopez, Gill	12	D-2-St Agstn	40-09.25	_____
2	Welch, Kenny	12	D-2-Clairemont	41-00.25	_____
3	Leitzke, Cory	12	D-2-Cal Chr V	42-03.25	_____
4	Campos, Pedro	11	D-2-Univ City	42-05.00	_____
5	Barbour, Carrington	12	D-2-San Marc	42-07.50	_____
6	Liao, Andrew	11	D-2-Westview	42-08.75	_____
7	Smith, Michael	12	D-2-Central Un	42-09.25	_____
8	Jenkins, Kevin	11	D-1-Granite H	44-04.50	_____
9	Phair, Daniel	12	D-1-El Camino	44-04.75	_____

12:15 Girls Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight A					
1	Bass, Emily	11	D-1-Helix	111-06	_____
2	Dyer, Brandy	10	D-1-Vista	112-10	_____
3	Franey, Jordan	12	D-2-Santana	118-02	_____
4	Caldwell, Elizabeth	11	D-1-Helix	119-06	_____
5	BluBoysfeld, Anna	12	D-2-LJCD	119-07	_____
6	Sangster, Amber	12	D-1-Oceanside	124-10	_____
7	Misiaita, Alisha	12	D-1-Mira Mesa	131-04	_____
8	Thu, Daniella	12	D-2-Monte V	133-01	_____
9	Hunt, Jameena	12	D-1-Morse	136-04	_____

Flight B

1	Herrera, Suzie	11	D-2-El Capitn	104-10	_____
2	Draheim, Brandi		D-2-El Capitn	106-07	_____
3	Head, Emma	12	D-1-Rncho Brn	106-08	_____
4	Nawab, Gina	10	D-1-Mt Carmel	107-07	_____
5	Soltysiak, Jessica	10	D-1-Otay Rnch	108-10	_____
6	Thornton, Jaime	12	D-2-Vally Cnt	109-07	_____
7	Smith, Valerie	12	D-2-Brawley	110-05	_____
8	Harris, Te'ahalen	11	D-2-Kearny	110-09	_____
9	Castillo, Monica	12	D-2-Holtville	111-01	_____

1:30 Boys Pole Vault

Pos	Name	Yr	School	Seed	Mark
Flight A					
1	McGreagor, Ed	12	D-1-Mt Carmel	13-08.00	_____
2	Wohlford, Zach	11	D-1-Rncho Brn	14-00.00	_____
3	Haman, Erik	12	D-1-Rnch Buna	14-04.00	_____
4	Gibson, John	11	D-2-La Jolla	14-04.00	_____
5	Ruiz, Luc	12	D-1-Eastlake	14-08.00	_____
6	Simmons, Giffin	11	D-1-Vista	14-08.00	_____
7	Phallen, Cory	12	D-1-Rncho Brn	15-04.00	_____
8	Sullivan, Andy	11	D-1-Rncho Brn	15-08.00	_____
9	Jones, Kevin	12	D-2-Univ City	16-04.00	_____

Flight B

1	Darlington, Tyler	11	D-2-El Capitn	12-00.00	_____
2	Umphres, David	12	D-2-St Agstn	12-06.00	_____
3	Hogan, Danny	11	D-2-Univ City	12-06.00	_____
4	Callen, Shawn	12	D-2-El Capitn	12-06.00	_____
5	Thornton, Matt	12	D-2-Vally Cnt	13-00.00	_____
6	Phillips, John	12	D-2-La Jolla	13-00.00	_____
7	Montecalvo, Caleb	11	D-1-Escondido	13-04.00	_____
8	Bush, James	12	D-1-Poway	13-04.00	_____
9	Berghauser, Danny	12	D-2-St Agstn	13-08.00	_____

2:00 Girls High Jump

Pos	Name	Yr	School	Seed	Mark
Flight A					
2	Kaster, Sarah	10	D-2-Ramona	5-01.00	_____
3	Anderson, Tori	11	D-2-Pnt Loma	5-01.00	_____
4	Magos, Vanessa	10	D-1-Escondido	5-02.00	_____
5	Macey, Sara	10	D-1-Vista	5-02.00	_____
6	Vozley, Laurel	9	D-1-Grossmont	5-02.00	_____
7	Yahr, Ashlin	10	D-1-Torrey Pn	5-02.00	_____
8	Toomey, Ariel	10	D-1-La Costa	5-03.00	_____
9	Noiseaux, Leslie	12	D-2-Valhalla	5-04.00	_____
10	Doede, Aubrey	11	D-2-Bishop's	5-04.00	_____

Flight B

1	Mintun, Paige	12	D-2-Vally Cnt	4-11.00	_____
2	Hight, Liza	11	D-2-Ramona	4-11.00	_____
3	Kearny, Alexandra	12	D-2-La Jolla	5-00.00	_____
4	Player, Sarah	11	D-2-Coronado	5-00.00	_____
5	Reyes, Alekz	10	D-2-Calvin C	sd5-00.00	_____
6	Khalitova, Alla	12	D-1-Scripps R	5-00.00	_____
7	Marquez-Henderson	12	D-2-Central Un	5-01.00	_____
8	Gonzalez, Sabrina	12	D-1-Carlsbad	5-01.00	_____
9	Alt, Julie	12	D-1-Mt Carmel	5-01.00	_____
10	Covington, Adriann	10	D-1-Carlsbad	5-01.00	_____

3:15 and 3:25 Girls Triple Jump

Pos	Name	Yr	School	Seed	Mark
Flight A (3:15)					
1	Schell, Jenn	12	D-2-Westview	34-10.00	_____
2	Black, Deseree	12	D-1-Oceanside	35-02.00	_____
3	Maronesy, Thoraya	10	D-1-Helix	35-08.50	_____
4	Talhami, Andrea	12	D-2-Vinc Mem	36-00.50	_____
5	Langford, Erin	11	D-1-Carlsbad	36-04.50	_____
6	Petros, Emily	10	D-1-Rnch Buna	36-04.50	_____
7	Savage, Charay	11	D-1-Otay Rnch	36-06.00	_____
8	Kearin, Kasey	12	D-1-Rncho Brn	37-01.50	_____
9	Jose, Eniola	12	D-1-Poway	38-00.50	_____

Flight B (3:25)

1	Clausen, Amanda	10	D-2-La Jolla	32-07.00	_____
2	Tucker, Brenna	12	D-2-Ramona	32-07.00	_____
3	Butler, Janea	12	D-2-Palo Verde	32-11.00	_____
4	Richard, Malinda	11	D-2-Univ City	33-03.00	_____
5	Cardon, Nicole	10	D-2-Madison	34-00.50	_____
6	Allen, Brittany	11	D-1-Rnch Buna	34-02.00	_____
7	Henken, Tabitha	10	D-1-Carlsbad	34-02.50	_____
8	Nash, Emily	10	D-2-Christ Life	34-05.00	_____
9	Smelser, Ali	12	D-2-Julian	34-08.50	_____

2:00 and 2:10 Boys Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight A (2:00)					
1	Dillard, Kevin	12	D-2-El Capitn	48-09.00	_____
2	Tull, Mike	12	D-1-Fallbrook	49-02.50	_____
3	Wilkinson, Winston	11	D-1-Rncho Brn	49-09.50	_____
4	Spates, David	10	D-2-Monte V	49-09.50	_____
5	Maxwell, Jericho	12	D-2-Crawford	50-02.00	_____
6	Harmon, Dominick	12	D-2-Kearny	50-09.00	_____
7	Weber, Mark	11	D-1-El Camino	51-06.00	_____
8	Schenck, Robert	12	D-1-Mission H	54-04.50	_____
9	Savage, Darius	12	D-1-Morse	62-06.50	_____

Flight B (2:10)

1	Coleman, Carlton	11	D-2-Serra	44-06.50	_____
2	Foster, Elijah	12	D-2-Mt Miguel	45-05.00	_____
3	Loeh, Jacob	10	D-2-Westview	45-08.50	_____
4	Wells, Joshua	11	D-2-Holtville	45-11.00	_____
5	Guerra, Luis	11	D-2-Steele Can	46-09.00	_____
6	Grippo, Vinny	12	D-1-San Psqul	47-02.00	_____
7	Boniwell, Chris	11	D-1-Rncho Brn	47-03.00	_____
8	Baez, Joseph	11	D-1-Eastlake	47-03.50	_____
9	Turley, Landen	10	D-1-Granite H	47-08.00	_____

3:15 and 3:25 Girls Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight A (3:15)					
1	Franey, Jordan	12	D-2-Santana	35-01.50	_____
2	Saavadra, Paula	11	D-1-Granite H	36-09.50	_____
3	Hubbard, Vernita	12	D-1-Carlsbad	36-10.00	_____
4	Phelps, Amanda	10	D-1-El Camino	36-11.50	_____
5	Herrera, Suzie	11	D-2-El Capitn	37-00.00	_____
6	Edney, Brook	10	D-2-Central Un	37-04.00	_____
7	Sangster, Amber	12	D-1-Oceanside	37-10.00	_____
8	Fesui, Taase	11	D-1-Vista	38-01.00	_____
9	Misiaita, Alisha	12	D-1-Mira Mesa	39-06.00	_____

Flight B (3:25)

1	Young, Amanda	11	D-2-Julian	32-11.00	_____
2	Logel, Valerie	11	D-2-El Capitn	33-00.00	_____
3	Henderson, Frances	12	D-1-Mira Mesa	33-03.50	_____
4	Aries, Mackenzie	9	D-2-San Diegu	33-04.50	_____
5	BluBoysfeld, Anna	12	D-2-LJCD	33-08.00	_____
6	Sudak, Christina	12	D-2-Vally Cnt	33-11.00	_____
7	Thu, Daniella	12	D-2-Monte V	34-03.00	_____
8	Caldwell, Elizabeth	11	D-1-Helix	35-00.00	_____
9	Hunt, Jameena	12	D-1-Morse	35-01.25	_____

Height Progression for High Jump finals		Height Progression for Pole Vault finals	
Girls	Boys	Girls	Boys
4-8	5-8	8-0	12-0
4-10	5-10	8-6	12-6
5-0	6-0	9-0	13-0
5-2	6-2	9-6	13-6
5-3	6-3	10-0	14-0
5-4	6-4	10-4	14-4
5-5	6-5	10-8	14-8
etc	6-6	11-0	14-11
	etc.	11-4	15-4
		11-8	15-8
		12-0	etc.
		etc.	

Cell Phones, Uniforms, and just sitting around
by Dennis McClanahan

Mike Cummings asked me to post this for all coaches and athletes.

Three areas of emphasis this week for meet management will be the problems with athletes using cell phones in competition areas, have correct uniforms in the field events, and spectators just deciding to be out of the stands and try to sit in competition areas.

The no cell phone rule in the competition area exists at the state meet level and as a result we try to prepare our athletes in the section meet. This was in the pre-meet information and it appears quite a few athletes/coaches tended to ignore it. Signs will be posted entering the competition areas and athletes using cell phones will be subject to disqualification if found using them on the field.

While we hope we have ironed out the relay uniform problems, there also appears to be a problem with uniforms in the field events. We strongly recommend that coaches and athletes review the rules on school issued uniforms and make sure that your athletes compete in them. No t-shirts, improperly marked shorts and tops should be used by athletes in competition.

Last but not least are spectators, teammates, and coaches in the competition areas. If you are not competing in a event you should be in the stands. Athletes deserve the respect of other athletes and should have a area where only the competitors are. Coaches in a competition will get their athletes disqualified if they are in the competition area. Others who don't belong there will cause the event to be stopped until the person leaves the area. Please do athletes and meet management a favor and stay in the stands.

While we fully expect people to moan and complain about these rules they are pretty standard in every good championship meet in the United States. That is what we are striving to do for our San Diego athletes, put on a championship meet. Thanks for your co-operation.