



CIF-San Diego Section
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**FROM DENNIS ACKERMAN, COMMISSIONER
BILL MCLAUGHLIN, ASSISTANT COMMISSIONER**

DATE APRIL 27, 2006

RE 2006 SAN DIEGO CIF TOYOTA TRACK AND FIELD PRELIMS AND FINALS - #1882

1. **2006 STATEWIDE/LOCAL CORPORATE SPONSORSHIP**

Coaches are reminded of the statewide and local corporate sponsors that should be supported by your program: **Herff-Jones Awards, Macy's, and MaxPreps.com** are statewide corporate sponsors with the CIF, and **The San Diego County Toyota Dealers Association** is the "Title" sponsor of all CIFSDS Boys' and Girls' Sports. Additionally, the playoffs are sponsored by the following: **24-Hour Fitness; Baden Sports, Inc.; Balfour; Barnes Tennis Center; Batters Box; The Century Club; Channel 4 San Diego; Cubic Corporation; Final Decision; Forward Arch; The Greatest Game, Inc.; HL Corporation; Jenny Craig Pavilion; The Kukulski Brothers; Margarita Officials Association; Mikasa; Movin' Shoes; National Football Foundation; Neil, Dymott, Frank, Harrison, & McFall; North County Basketball Officials Association; North County Gymnny Kids Gymnastics, Inc.; Patriot Roofing; Pepsi Bottling Group, Ranch Catering; Rancho Pharmacy; Rawlings/deBeer, Inc.; RestoreClassics.com; San Diego Chargers; San Diego County Baseball Umpires Association; San Diego County Basketball Officials Association; San Diego County Football Officials Association; San Diego Federated Volleyball Officials Association; San Diego Fireworks; San Diego Hall of Champions; San Diego Hotel Collection; San Diego International Sports Council; City of San Diego-Qualcomm Stadium; The San Diego Union-Tribune; San Diego Wrestling Officials Association; Singing Hills Country Club; The Soccer Post; South County Softball Umpires Association; Sportland Team Sports; Sports Plex USA; U.S. Marines; U.S. Awards; Warner Springs Ranch; Wilson Racquet Sports; Debby Ahrenstein; Rob Bryson; Richard & Paula Davila; Sehnaz & Dale Endreson; Cal & Anthony Evans; Ron & Linda Filson; Eric Gaer & Mary Ackermann; Carl Goff; Richard Graf; Jan Jessop; Terry McIntyre; Mike Morrow; Quentin Norman, Mark Ochsner; Dal Williams.** We thank these sponsors for their generous support of high school athletics.

2. The following information has been prepared in part by the 2006 Track and Field Management Committee and the 2006 Track and Field Advisory Committee:

Management Committee

Mike Cummings, North County Conference and Meet Director
Tim Latham, Metro Conference and Meet Director
Dennis Schaitel, North County Conference and Meet Director
Jerry Downey, City Conference and Meet Director
Mike Klepper, City Conference and Meet Director
Steve Wavra, John Hutsel, Jack Nash, and George Green - Results
Dennis McClanahan, Site Coordinator
Jim Skelly, Officials Chair
Jim Cerveny, Facilitator
Glen Recasner, Facilitator
Dan Geiger, Facilitator
Mike Becker, Facilitator
Renee Ross, Facilitator

Advisory Committee

<u>League/Conference</u>	<u>Boys' Representative/School</u>	<u>Girls' Representative/School</u>
Avocado	Tim Hauck - Fallbrook	Robert Dubicz - Carlsbad
Palomar	Mike Stevens - Torrey Pines	Dan Schaitel - Poway
Valley	Mike Cummings - Valley Center	Pat King - San Pasqual
Grossmont North	Glenn Recasner - El Cajon Valley	Bill Cleves - West Hills
Grossmont South	Charles Tyler - Steele Canyon	Charles Tyler - Steele Canyon
Eastern	Mike Klepper - Morse	Gary MacDonald - Morse
Western	Jerry Downey - Saint Augustine	Dan Geiger - Cathedral Catholic
Central	George Green - Coronado	George Green - Coronado
Mesa	Tim Latham - Sweetwater	Craig Balsley - Sweetwater
South Bay	*TBA	Jim Coates - Mar Vista
Coastal	*TBA	*TBA
Citrus	G.W. Dameron, Calvary Christian (Vista)	G.W. Dameron, Calvary Christian (Vista)
Imperial Valley	Cal Armstrong - Calexico	Ron Shane - Central Union
Event Management	Jim Cerveny Steve Wavra	
Track Starters Assoc.	Harlon Filloon, President Ken Holly, Assignment Secretary	
T&F Association	Jim Skelly	

3. DATES AND SITES

Prelims – (Division I and II - see attached division breakdown)

Saturday, May 20 – 9:00 a.m. – Mt. Carmel High School: Boys' & Girls' Track & Field Events

Finals

Saturday, May 27 – 10:00 a.m. Mt. Carmel High School: Boys' & Girls' Track & field Events

4. MEET REFEREES

Boys' & Girls' Prelims – Division I and II

Mt. Carmel High School - **Saturday, May 20**: Track – Al Dandridge; Field – Dick Straub; Staging Clerk – Bill Dunker

Boys' & Girls' Finals – Division I and II

Mt. Carmel High School - **Saturday, May 27**: Track – Al Dandridge; Field – Dick Straub; Staging Clerk – Bill Dunker

5. STARTERS

Boys' & Girls' Prelims – Division I and II - Poway High School – Saturday, May 20

Craig Brauer , Rich Cota, Rod Miller, Carl Robbins, Bob Smith, and Dennis Ward

Boys' & Girls' Finals – Division I and II - Poway High School - Saturday, May 27

Mike Andrews, Price Byron, Harlon Filloon, Greg Hara, Rudy Salas, and Jim Sibbet

6. ADMISSION

Each boys' and girls' team participating in the Prelims will be given participant wristbands equal to the number of qualifiers plus five to coaches. (Additional wristbands will be given for alternates.) Individual school envelopes with wristbands will be available at the **May 16** meeting, only to official representatives of the school concerned.

Participants: All qualified athletes and coaches will be admitted by wristbands through the participants' gates. **EACH COACH MUST USE WRISTBANDS FOR ENTRY!** Non-participating athletes, other coaches, timers, statisticians, trainers, etc., must purchase tickets. **COACHES AND MANAGERS WILL NOT BE PERMITTED ON THE PLAYING FIELD UNLESS CALLED BY MEET MANAGEMENT. VIOLATION MAY RESULT IN DISQUALIFICATION OF ATHLETE(S) OR TEAMS. COACHES ARE RESPONSIBLE FOR DISTRIBUTION OF WRISTBANDS! SECURITY AND/OR MEET MANAGEMENT ARE NOT RESPONSIBLE.**

Spectators and Others: All spectators, non-qualifying athletes, extra coaches and managers, bus drivers, faculty members, etc., **must purchase** a general admission ticket. There are only two playoff ticket ranges: Adult – Defined as anyone over 18 years old and Student/Senior – Student defined as anyone age 5 through 18; Senior defined as anyone age 60 or over.

Prelims

Adult - \$7.00

Student/Senior - \$5.00

Finals Adult - \$8.00 Student/Senior - \$6.00

Admission Times:

<u>Division I and II Prelims – Saturday, May 20:</u>	Participant Gate	7:30 a.m.
	Spectator Gate	8:00 a.m.
<u>Division I and II Finals – Saturday, May 27:</u>	Participant Gate	8:30 a.m.
	Spectator Gate	9:00 a.m.

7. **MANDATORY COACHES' MEETING**

There will be a **mandatory** coaches' meeting at **6:00 p.m., Monday, May 15, Room 401 and 402, San Diego County Office of Education.** Also in attendance will be the Meet Management Committee.

Included on the agenda will be:

- a. Distribution of school packets, including wristbands and special notices.
- b. Distributions of time schedule for Prelims and Finals.
- c. Discussion of check-in procedure for facility admission and for event participation.
- d. Disqualification discussion.
- e. Appeals procedure.
- f. Other policies and procedures.
- g. Questions and answers.

IMPORTANT: ONLY COACHES WHO ATTEND THIS MEETING OR SEND AN AUTHORIZED, INFORMED SUBSTITUTE (WITH PRIOR APPROVAL FROM THE COMMISSIONER) WILL BE PROVIDED WRISTBANDS FOR ATHLETES AND COACHES. SCHOOLS WITHOUT AN AUTHORIZED COACH IN ATTENDANCE WILL BE REQUIRED TO PICK UP ATHLETE WRISTBANDS AT THE CIFSDS OFFICE. NO WRISTBANDS WILL BE ISSUED FOR THEIR COACHES.

8. **QUALIFYING - LEAGUE/CONFERENCE MEETS INTO CIF PRELIMS**

- a. Each league, with the exception of Citrus/Desert League, receives two (2) automatic entries. The Citrus/Desert leagues receive one (1) automatic entry.
- b. All athletes who achieve the qualifying standard (see attachment) in the league/conference finals, will be automatically entered.
- c. If there are still openings short of the **minimum of 18 entries per event**, the Seeding Committee will select the best of all at-large nominees submitted in order to reach 18 entries.
- d. Each league is allowed a maximum of two (2) byes into CIF Prelims. Two (2) male and two (2) female byes.

NOTE: There is a maximum of four individual entries for any event from one school. No school may enter more than one relay team per event.

9. **PRELIM ENTRY RESPONSIBILITY**

The league representatives or his/her designee will be responsible for submission of entries from their league to the Seeding Committee. Individual coaches are responsible for the submission of entries to their advisory committee representative. The responsibility includes the completion of the Finals Results Sheet. The results of league finals must include all qualifying marks. *The Seeding Committee has the authority to rectify mistakes on an available lane basis for track events and bottom of list placing for field events.*

10. **ENTRY DEADLINE**

The deadline for entry into the 2006 San Diego CIF Toyota Boys' and Girls' Track and Field Prelims will be **Saturday, May 13**, at 12:00 a.m., All entries must be submitted by email on "League Finals Results Sheet" (distributed by the CIFSDS Office to the league representative or his/her designee). The following two meetings will be held at Cathedral Catholic High School in the Library Reading Room on **Saturday, May 13:**

9:00 a.m. – only for those who have had difficulty submitting entries via email.

11:00 a.m. – **mandatory meeting for all league reps.** League reps will be given a list of all accepted entries into CIF Prelims. They will have a chance to review entries and make corrections at this time. At the conclusion of this meeting, **all entries will be final.**

All times must be electronic. The following steps should be taken when converting hand held times into electronic times:

- a. First – round hand held times up to the nearest 10th. Example: a hand time of 27.32 for the 200m is rounded up to 27.4

- b. Second - (Add .14 seconds to hand times in the 400m, 800m, 1600m, 3200m, and both relays. Add .24 seconds to hand times in all other races.). Example: .24 seconds would be added to the above hand held time of 27.4 for an electronic time of 27.64
- c. No individuals may be listed in more than four individual events.

11. **AT-LARGE SELECTION**

The at-large selections for prelims will be conducted by the Seeding Committee. At-Large selections will be determined by best mark at league finals. These marks will be taken from “The league finals results sheets” turned in by the league representatives.

SEEDING MEETING

Prelims: (Prelim heat placement will be done by the Seeding Committee).

- **Track Events** - The field will be divided by talent into the heats, and the lane assignments for these entries will be done by time. NOTE: This may result in more than one athlete from a school in the same heat.
- **Field Events** - All finalists will compete in inverse order according to their marks achieved in the league championship.
- **Heat Sheets** – will be posted on the CIF web site on **Thursday, May 18.**

12. **HEATS IN PRELIMS**

The number of heats will be determined by the number of entries accepted; except for the 1600, where there will be two heats and the 3200, where there will be one heat. In other track events there will be a minimum of two heats in each prelim.

13. **FIELD EVENT FLIGHTS IN PRELIMS - FINALS**

Long Jump, Triple Jump, Shot Put, and Discus: Entrants will be placed and listed in two to three (2-3) flights of six to nine (6-9) athletes. Competitors will compete in inverse order according to qualifying marks at the conference level. Each athlete in each flight will be given the opportunity for three attempts before the next flight takes its trials. The nine best performers in each event in the Prelims advance to the Finals. Marks made in the Prelims will not carry over or be counted in the Finals. In the Finals, each of the competitors will be allowed six (6) trials: 3 preliminary trials, followed by 3 additional trials after reversing order determined by preliminary trials. **Note:** An athlete in the finals must have a legal mark in one of the 3 preliminary trials to receive 3 additional trials

High Jump and Pole Vault: The vertical events will be conducted “5 alive” with the athletes competing in inverse order according to qualifying marks at the league/conference level. A minimum of 9 will qualify for the finals in each division. The miss rule will be applied to limit each field to 9 (See Rule 7-5, pages 61-62 of National Federation Rule Book.). When the miss rule is applied and if there are still ties a maximum of 12 will be allowed to advance to either Division I or Division II. If there are more than 12 in a division a jump-off will occur involving those who are tied on misses. In addition, the top 9 marks in Division I and II will advance to the “A” flight. The miss rule will again be applied to limit the field to 9. When the miss rule is applied and if there are still ties a maximum of 12 will be allowed to advance to the “A” flight. If there are more than 12 in the “A” flight a jump-off will occur involving those who are tied on misses.

14. **QUALIFYING SECTION PRELIMS INTO SECTION FINALS**

The top nine (9) Division I finishers and nine (9) Division II finishers in each event will qualify into Section Finals.

- a. The top 9 marks from either Division I or Division II will be seeded into the “A” heat or flight. **Note:** A flight/heat winner in prelims is **NOT** guaranteed entry into the “A” heat/flight in finals
- b. The remaining 9 marks will be seeded into the “B” heat or flight.
- c. **Note:** In **Prelims** both the Div I and Div II flights will compete simultaneously in the high jump, pole vault, and discus. In **Finals** both the A and B heats/flights will compete simultaneously in the 3200m, high jump, pole vault, and discus.
- d. **Note:** Only athletes in the “A” heat or flight may qualify for the state meet.
- e. **In finals** – When there are two heats/flights, the “A” heat or flight will go first. If a person from the “A” heat or flight scratches from an event, the next person from the “B” heat or flight will be moved into the “A” heat or flight. Depending upon the division of the athlete who scratched, the next alternate in that division will be moved into the “B” heat or flight. Example: A DI athlete drops out of the “A” heat. The next fastest mark in the “B” heat is from DII, they move into the “A” heat. A DI alternate moves into the “B” heat. At any one time there will be 9 DI athletes and 9 DII athletes competing in CIF Finals.

15. **SEEDING IN FINALS** (To be done by Meet Management Committee.)

Track Events: All finalists in races under 1600 meters will be seeded into lanes according to their performance in the Prelims.

Field Events: All finalists will compete in inverse order according to their marks in the Prelims.

16. **LANE ASSIGNMENT ORDER**

- a. 1600/3200 – Prelims/Finals - Field divided into three (3) boxes with all positions drawn by lot.
- b. All other races – Field divided into heats and seeded into lanes 5-6-4-7-3-8-2-9-1 with 5 being the fastest time.

17. **800 AND 1600 RELAY STAGGERS**

Based upon the State Track Meet format, the San Diego Section will again conduct the 800 M run with a one-turn stagger and the 1600 M relay with a three-turn stagger.

18. **COMPOSITION OF RELAY TEAMS**

Up to six individuals may be listed as entries on the relay entry card; any four of who may compete. Only those who actually compete will be considered official entries. Any substitutions must come from those names on the relay entry card. Names of individuals may be entered on entry cards no later than **Monday, May 15**, at the coaches' meeting.

19. **STARTING HEIGHTS AND INCREMENTS**

- Prelims** Announced at coaches' meeting on **May 15**.
Finals Determined after Prelims.

20. **CHECK-IN AND CHECK-OUT**

All track athletes **must** report to the Track Clerk of Course. Field-event athletes check in with Field Event Official no later than five (5) minutes prior to the scheduled start of their first event. Alternates will be added five (5) minutes before start of the event. **ABSOLUTELY NO EXCEPTIONS FOR ANY REASON WILL BE MADE. ATHLETES NOT CHECKED IN, WILL NOT BE ALLOWED TO PARTICIPATE.** All field event athletes **must** check out with the Head Judge of their event if they wish to leave for another event. They must also check back in within the time limit allotted by the judge, not to exceed 30 minutes. In vertical jumps, the bar will not be held up by an athlete who has checked out. **ATHLETES MUST ENTER THE FIELD ONLY THROUGH OFFICIAL ENTRANCE GATES.**

21. **ATHLETES ON FIELD**

No athletes shall be permitted on the track or field unless in competition or awaiting the immediate commencement of their event. Athletes are to leave the track or field directly after the completion of their event or presentation of their award. Field event competitors who cross the track to confer with coaches or anyone else may be disqualified.

22. **SCORING**

There will be scoring and medals for six (6) places in the Finals for all individual and relay events for men and women. Scoring shall be 10 - 8 - 6 - 4 - 2 - 1.

- a. Scoring in division I or division II will be determined by the overall best marks from the "A" and "B" heat or flights.
- b. **Note:** A person in a "B" heat or flight may medal higher if their mark is better than a person in the "A" heat or flight.

23. **AWARDS**

CIFSDS trophies shall be given to the championship and runner-up teams for boys and girls. Individual CIFSDS medals will also be given to the top six individuals and relay teams in all final events immediately following the event concerned. Athletes are to proceed directly to the awards area.

24. **SCRATCHES AND ALTERNATES**

Should an entrant be unable, or choose not to enter an event for which her/she has qualified, the following procedures are to be followed:

Boys' and Girls' Prelims: Coaches are to contact the CIFSDS Office by fax only 858-292-1375 by 12 noon on **Wednesday, May 17**, with the name of the athlete to be scratched and the event. Replacements will be made by the CIFSDS Office from a list of alternates only when entries for the event concerned drops below 18. **ABSOLUTELY NO ALTERNATES OTHER THAN THOSE DESIGNATED AS SUCH AT THE SEEDING MEETING WILL BE CONSIDERED AS ENTRIES.**

CIFSDS Finals: Coaches of athletes who will be scratching from the CIFSDS Finals are to notify the CIFSDS Office by fax only 858-292-1375 by 12 noon on **Tuesday, May 23**, with the name of the athlete to be scratched and the event. **CIF Finals Heat Sheets** will be posted on the CIF website on **Wednesday, May 24**. In addition, three alternates from each division will be listed for each event and should report to the Clerk of the Course and be ready to compete. **ABSOLUTELY NO ALTERNATES OTHER THAN THOSE DESIGNATED AS SUCH BY MEET OFFICIALS WILL BE CONSIDERED FOR ENTRY.**

State Prelims: Coaches who know their athletes will be scratching from a State Prelim event or the 3200 (no State Prelims) for which they qualify are to notify the CIFSDS Management Committee no later than the conclusion of the CIFSDS Finals Meet in order to retain the San Diego Section full complement of entries into the State Meet.

25. **RUN-OFFS**

Should there be a need to break a tie in determining who advances from a prelim heat to the finals, there will be a run-off conducted at the conclusion of the preliminary meet unless the coaches involved agree to flip a coin or a coach involved withdraws an entry. The run-off shall be conducted within 30 minutes of the conclusion of the last running event of the meet. If a tying athlete does not report to the track within 10 minutes of being called, but the other tying athlete so reports, then the reporting athlete will advance by default to the next level of competition. Individual coaches are responsible for knowing that a tie exists and being aware that there will be a run-off.

26. **IMPLEMENT WEIGH-INS**

All shots and discs must be weighed in and measured prior to the event. Athletes are limited to **two** implements per event that may be brought to the event site. All brass shots **must** meet diameter requirements. Beginning times for weigh-in and measuring are: 7:45 a.m. for Prelims and 8:45 a.m. for Finals.

27. **SUPERVISION**

State CIF Rule 307 requires compliance with California Administrative Code Title 5. The code stipulates that athletes must be supervised by a certified member of a school district. Therefore, no athlete will be permitted to compete without this supervision requirement. Coaches are advised to make note of this in regards to athletes who arrive to compete before the rest of the team.

28. **APPEALS**

Forms for appeals will be placed in school packets for distribution at the mandatory coaches' meeting May 16. These appeal forms are to be completed and forwarded to a meet official within 30 minutes after the conclusion of the event. The appeal will be forwarded to the Referee (track or field event) for decision. Appeals from the Referee's decision will be heard by the Appeals Committee. Unauthorized, unofficial use of video equipment in rendering decisions is prohibited. NOTE: There will be **no** appeal based upon judgment decision. **PLEASE DO NOT VERBALLY PROTEST OR APPEAL YOUR CONCERNS. FILL OUT AN APPEAL FORM, AND TURN IT IN TO A MEET OFFICIAL.**

Coaches should be aware that actions of their athletes may be applicable under our "ETHICS IN SPORTS" Policy which could result in a athlete's disqualification from present and future meets.

29. **JURY OF APPEALS**

The Jury of Appeals will hear appeals from a decision by the Meet Referee if lodged by the coach of the team concerned. Such appeals should be lodged immediately following a decision from the original appeal but in no case later than 15 minutes after the conclusion of the last running event. **THE DECISION OF THE JURY OF APPEALS IS FINAL AND MAY NOT BE APPEALED TO A HIGHER AUTHORITY AT A LATER DATE.**

30. **SECTION FINALISTS WHO ADVANCE TO STATE PRELIMS**

The top three (3) individuals and the top three (3) relay teams from the "A" heat or flight will qualify into state prelims. NOTE: State CIF event times are posted on the State CIF web site: www.cifstate.org.

31. **RELAY TEAM UNIFORMS**

In order to facilitate judging in the relay events, the following rule will be in force for the 2005 San Diego CIF Track and Field Prelims and Finals:

"All FOUR MEMBERS OF EACH RELAY TEAM MUST WEAR IDENTICAL UNIFORMS." This includes jerseys and shorts, and if worn, visible underclothing such as sweats, T-shirts, tights, etc. Relay teams without full compliance by all four members will not be eligible to participate and will be disqualified if found to be in violation after competing in the relay concerned. NOTE: The identical underclothing requirement is stricter than the regular season requirement of same color only.

32. **OTHER UNIFORM REMINDERS**

- a. School authorized jersey and shorts must be worn.
- b. Bodysuits may be worn.
- c. Nothing is to be worn **over** jersey or shorts, including sweat pants, in the field event.
- d. Visible undergarments worn under the jersey must be of a single color.
- e. No hats, caps, or bandanas. Sweat-bands and hair nets will be permitted.
- f. No taping of fingers or hands in discus or pole vault. Gloves are not permitted.
- g. Jewelry is not permitted.

h. An athlete may be disqualified for altering a uniform. (Excessive tying or taping of the back of a jersey or cutting a uniform in order to bare the midriff are examples of altered uniforms.)

33. **TRACK AND FIELD SURFACES**

Mt. Carmel High School:

Track/Runways -	Tartan
Shot Put/Discus Rings -	Cement

NOTE: Only 3/16" needle spikes will be permitted on the track and runways. **NO PYRAMID SPIKES WILL BE PERMITTED.** Shoes, spikes, and bags will be inspected at the gate and at site of event. Athletes will not be permitted to participate on the artificial surfaces without approved spikes. Athletes will be disqualified in all events in which they were later determined to be in violation.

34. **METERS VS. YARDS**

All running events in the 2005 San Diego CIF Track and Field Championships will be conducted in meters. Entry cards for the Prelims must have metric time for the events listed or the metric equivalent for events run in yards. (Attached to coach's/AD' copy of this bulletin.)

35. **STARTING BLOCKS**

Starting blocks will be provided. No other blocks may be brought to the meet.

36. **TIMING SYSTEMS**

Fully automatic timing and back-up systems will be employed in all races to determine the time and placement of finishers in both Prelims and Finals. Should both systems fail in one or more heats of a race, official results of all heats in that race shall be the hand-held times. Back-up timers and judges will also be employed. Hip numbers will be provided to all runners. **NOTE:** There will be no utilization of unauthorized, unofficial video equipment for rendering decisions. If both systems should fail, finish time officials will be instructed not to talk to anyone except meet officials until final decisions are made.

37. **DRESSING FACILITIES**

THERE WILL BE NO DRESSING FACILITIES AVAILABLE FOR ATHLETES AT MT. CARMEL HIGH SCHOOL. ALL CONTESTANTS SHOULD ARRIVE DRESSED TO COMPETE.

38. **STEREOS, WALKIE-TALKIES, UMBRELLAS, AND TENTS**

For obvious reasons, no stereos (even those with head phones) may be brought through any gate. Coaches are advised to forewarn their people. Walkie-talkies will not be admitted due to possible interference with meet management and security. No umbrellas or tents will be permitted anywhere in the stadium. Canopies, Walkmen/Discman with head phones **are permitted.**

39. **PASSES**

Permitted: State CIF Life passes, CIFSDS Life Passes, CIFSDS media passes, CIFSDS Courtesy Cards, participant passes.

Not Permitted: Scouting cards, faculty passes, school passes, league passes, district passes, other section passes, or coaches' passes

40. **CONCESSIONS**

- a. Programs – The Kukulski Bros.
- b. T-shirts – The Kukulski Bros.
- c. Food – Mt. Carmel High School.

41. **HONOR COACHES**

One coach for boys' teams and one coach for girls' teams will be honored after the Boys' 200 and will be featured in the State Meet Program.

42. **MISCELLANEOUS**

- a. All National Federation rules will apply unless otherwise stated in the Green Book or this bulletin. Coaches are held responsible for the contents of this publication as well as all information given at the mandatory coaches' meeting on May 16.
- b. Reminder to coaches and league representatives: Only marks made in league/conference finals can be considered for automatic or at-large consideration.
- c. Meet management reserves the right to change any venue or other aspect of facility usage wherein issues of safety or meet logistics are concerned.

43. **CIFSDS RECORD BOOK UPDATE**

A copy of the CIF-San Diego Section Record Consideration Form is attached to the coach's/AD's copy of these minutes. Follow the instructions on the form and fax or mail to CIFSDS Office ASAP.

44. **PLAYOFF PARTICIPATION PATCHES**

Playoff participation patches may be purchased for **\$6.00** each. Only written orders will be accepted - orders may either be faxed 858-292-1375 or emailed choggard@sdcoe.net.

45. **REMINDER** that official CIF-San Diego Section Championship rings are now available from **Balfour**. Brochures have been sent to athletic directors – rings are available for participants, finalists, and champions. For information/orders, contact David Honnold at 619-434-6855.

46. **CIFSDS TRAVEL EXPENSE FORM**

CIFSDS Travel Expense Form for reimbursement for State CIF Track and Field Meet on **June 2-3, 2006**, in Sacramento is attached to the coach's copy of this bulletin. Form must be completed and returned to CIFSDS office within **ten (10) days** following the meet.

Attachments: Coach and Athletic Director Copy (8):

- Division Breakdowns
- Qualifying Standards 2006
- Prelim Schedule – May 20, 2006
- Finals Schedule – May 27, 2006
- Travel Expense Form
- Record Book Update Form
- Participation Patch Form
- Championship Ring Information

2005-06 FALL SPORTS CBED ENROLLMENTS – GRADES 9-12

20	All Tribes American Indian Charter School		1706	Central Union	
23	South Bay Christian		1741	Crawford	
53	H-Town Christian Academy		1779	Santana	
61	CCPAA		1822	Brawley	
81	Calvary Christian Academy (C.V.)		1925	Steele Canyon	
92	San Diego Academy		1930	University City	
100	Christian Life Academy		1953	Valhalla	Division II cont.
102	Lutheran		1965	El Capitan	
102	Warner		1982	Monte Vista	
108	San Pasqual Academy		2001	Serra	
111	Escondido Adventist Academy		2003	Ramona	
114	Midway Baptist		2028	Point Loma	
120	River Valley		2037	Westview	
130	Calvary Christian (Vista)		2080	Mt. Miguel	
139	West Shores			
159	Borrego Springs		2202	Mt. Carmel	
185	San Diego Jewish Academy		2204	Hoover	
197	Venture Christian		2207	Southwest (I.V.)	
223	Aurora		2216	El Cajon Valley	
227	Calvin Christian		2221	Mar Vista	
238	Julian		2282	San Pasqual	
258	Vincent Memorial		2348	West Hills	
295	Tri-City Christian		2349	Orange Glen	
348	Santa Fe Christian		2351	Scripps Ranch	
365	La Jolla Country Day	Division II	2357	Hilltop	
375	Calipatria		2360	San Ysidro	
394	Horizon		2394	Grossmont	
394	Pruess School		2398	Oceanside	
420	Christian		2409	Castle Park	
442	Francis Parker		2414	Montgomery	
481	Mountain Empire		2425	Southwest (S.D.)	
497	Bishop's School		2444	Mission Hills	
574*	Army-Navy Academy		2470	Helix Charter	Division I
577	Holtville		2477	Patrick Henry	
650	Marian Catholic		2570	Mira Mesa	
708	Guajome Park Academy		2572	Eastlake	
754	Imperial		2579	Bonita Vista	
856	Canyon Crest Academy		2634	Escondido	
874	Palo Verde		2647	Sweetwater	
901	Escondido Charter		2652	La Costa Canyon	
927	Gompers Secondary		2709	Calexico	
945	Coronado		2817	Granite Hills	
955	High Tech High		2831	Chula Vista	
1418*	Saint Augustine		2849	El Camino	
1463	Clairemont		2861	San Diego	
1469	Cathedral Catholic		2899	Otay Ranch	
1514	San Dieguito Academy		2930	Fallbrook	
1520	Valley Center		3069	Morse	
1521	Madison		3070	Rancho Bernardo	
1538*	Academy of Our Lady of Peace		3071	Carlsbad	
1622	Kearny		3135	Rancho Buena Vista	
1662	San Marcos		3231	Poway	
1689	La Jolla		3311	Torrey Pines	
1691	Mission Bay		3396	Vista	

* Enrollment doubled for single gender schools

DIVISION	ENROLLMENT	# OF TEAMS PER DIV.	# OF PLAYOFF TEAMS
I	<u>2202 and above</u>	<u>39</u>	<u>NA</u>
II	<u>2201 and below</u>	<u>48</u>	<u>NA</u>

(track-boys/divisions-2006.doc)

2005-06 FALL SPORTS CBED ENROLLMENTS – GRADES 9-12

20	All Tribes American Indian Charter School		1706	Central Union	
23	South Bay Christian		1741	Crawford	
53	H-Town Christian Academy		1779	Santana	
61	CCPAA		1822	Brawley	
81	Calvary Christian Academy (C.V.)		1925	Steele Canyon	
92	San Diego Academy		1930	University City	
100	Christian Life Academy		1953	Valhalla	Division II cont.
102	Lutheran		1965	El Capitan	
102	Warner		1982	Monte Vista	
108	San Pasqual Academy		2001	Serra	
111	Esccondido Adventist Academy		2003	Ramona	
114	Midway Baptist		2028	Point Loma	
120	River Valley		2037	Westview	
130	Calvary Christian (Vista)		2080	Mt. Miguel	
139	West Shores		
159	Borrego Springs		2202	Mt. Carmel	
185	San Diego Jewish Academy		2204	Hoover	
197	Venture Christian		2207	Southwest (I.V.)	
223	Aurora		2216	El Cajon Valley	
227	Calvin Christian		2221	Mar Vista	
238	Julian		2282	San Pasqual	
258	Vincent Memorial		2348	West Hills	
295	Tri-City Christian		2349	Orange Glen	
348	Santa Fe Christian		2351	Scripps Ranch	
365	La Jolla Country Day	Division II	2357	Hilltop	
375	Calipatria		2360	San Ysidro	
394	Horizon		2394	Grossmont	
394	Pruess School		2398	Oceanside	
420	Christian		2409	Castle Park	
442	Francis Parker		2414	Montgomery	
481	Mountain Empire		2425	Southwest (S.D.)	
497	Bishop's School		2444	Mission Hills	
574*	Army Navy Academy		2470	Helix Charter	Division I
577	Holtville		2477	Patrick Henry	
650	Marian Catholic		2570	Mira Mesa	
708	Guajome Park Academy		2572	Eastlake	
754	Imperial		2579	Bonita Vista	
856	Canyon Crest Academy		2634	Escondido	
874	Palo Verde		2647	Sweetwater	
901	Escondido Charter		2652	La Costa Canyon	
927	Gompers Secondary		2709	Calexico	
945	Coronado		2817	Granite Hills	
955	High Tech High		2831	Chula Vista	
1418*	Saint Augustine		2849	El Camino	
1463	Clairemont		2861	San Diego	
1469	Cathedral Catholic		2899	Otay Ranch	
1514	San Dieguito Academy		2930	Fallbrook	
1520	Valley Center		3069	Morse	
1521	Madison		3070	Rancho Bernardo	
1538*	Academy of Our Lady of Peace		3071	Carlsbad	
1622	Kearny		3135	Rancho Buena Vista	
1662	San Marcos		3231	Poway	
1689	La Jolla		3311	Torrey Pines	
1691	Mission Bay		3396	Vista	

* Enrollment doubled for single gender schools

DIVISION	ENROLLMENT	# OF TEAMS PER DIV.	# OF PLAYOFF TEAMS
I	<u>2202 and above</u>	<u>39</u>	<u>NA</u>
II	<u>2201 and below</u>	<u>47</u>	<u>NA</u>

**CIF-San Diego Section
Track & Field
Qualifying Standards 2006**

<u>Boys</u>	<u>Event</u>	<u>Girls</u>
11.41	100 meters	12.92
23.04	200 meters	26.39
51.85	400 meters	61.60
2:01.41	800 meters	2:25.22
4:33.73	1600 meters	5:28.54
10:02.00	3200 meters	12:05.00
16.26	110/ 100 Hurdles	16.83
41.79	300 Hurdles	49.15
44.79	400 Relay	51.26
3:34.51	1600 Relay	4:14.93
5'11"	High Jump	4'11"
21'6"	Long Jump	16'0"
42'0"	Triple Jump	32'6"
46'6"	Shot Put	33'0"
135'0"	Discus	101'6"
13'0"	Pole Vault	9'3"

CIF Prelims 2006 Combined Division I and II

	Field Events	Division	Site
9:00	Boy's Discus	I	
9:00	Boy's Long Jump	I	
9:00	Boy's Long Jump	II	
9:00	Girl's Pole Vault	I	
9:00	Girl's Pole Vault	II	
10:00	Boy's High Jump	I	
10:00	Boy's High Jump	II	
10:15	Boy's Discus	II	
10:30	Girl's Shot Put	I	
10:30	Girl's Shot Put	II	
10:30	Girl's Long Jump	I	
10:30	Girl's Long Jump	II	
11:30	Girl's Discus	I	
12:30	Boy's Triple Jump	I	
12:30	Boy's Triple Jump	II	
12:45	Girl's Discus	II	
1:00	Boy's Pole Vault	I	
1:00	Boy's Pole Vault	II	
1:00	Girl's High jump	I	
1:00	Girl's High jump	II	
1:30	Boy's Shot Put	I	
1:30	Girl's Shot Put	I	
2:00	Girl's Discus	I/II	
2:00	Girl's Triple Jump	I	
2:00	Girl's Triple Jump	II	
3:00	Boy's Shot Put	II	
3:00	Girl's Shot Put	II	

CIF Prelims 2006 Combined Division I and II

Time	Event	Division	Heat	Time	Event	Division	Heat
10:00	Boy's 4 x 100 Relay	II	1	12:48	Boy's 800m	II	1
10:05	Boy's 4 x 100 Relay	II	2	12:53	Boy's 800m	II	2
10:10	Boy's 4 x 100 Relay	I	1	12:58	Boy's 800m	I	1
10:15	Boy's 4 x 100 Relay	I	2	1:03	Boy's 800m	I	2
10:20	Girl's 4 x 100 Relay	II	1	1:08	Girl's 800m	II	1
10:25	Girl's 4 x 100 Relay	II	2	1:11	Girl's 800m	II	2
10:30	Girl's 4 x 100 Relay	I	1	1:18	Girl's 800m	I	1
10:35	Girl's 4 x 100 Relay	I	2	1:23	Girl's 800m	I	2
10:40	Boy's 1600m	II		1:31	Boy's 300 LH	II	1
10:48	Boy's 1600m	I		1:35	Boy's 300 LH	II	2
10:56	Girl's 1600m	II		1:39	Boy's 300 LH	I	1
11:03	Girl's 1600m	I		1:43	Boy's 300 LH	I	2
11:11	Boy's 100 IH	II	1	1:49	Girl's 300 IH	II	1
11:14	Boy's 100 IH	II	2	1:53	Girl's 300 IH	II	2
11:17	Boy's 100 IH	I	1	1:57	Girl's 300 IH	I	1
11:20	Boy's 100 IH	I	2	2:01	Girl's 300 IH	I	2
11:26	Girl's 110 HH	II	1	2:09	Boy's 200m	II	1
11:29	Girl's 110 HH	II	2	2:12	Boy's 200m	II	2
11:32	Girl's 110 HH	I	1	2:15	Boy's 200m	I	1
11:35	Girl's 110 HH	I	2	2:18	Boy's 200m	I	2
11:43	Boy's 400m	II	1	2:21	Girl's 200m	II	1
11:47	Boy's 400m	II	2	2:24	Girl's 200m	II	2
11:51	Boy's 400m	I	1	2:27	Girl's 200m	I	1
11:55	Boy's 400m	I	2	2:30	Girl's 200m	I	2
11:59	Girl's 400m	II	1	2:38	Boy's 3200m	II	
12:03	Girl's 400m	II	2	2:55	Boy's 3200m	I	
12:07	Girl's 400m	I	1	3:12	Girl's 3200m	II	
12:11	Girl's 400m	I	2	3:28	Girl's 3200m	I	
12:19	Boy's 100m	II	1	3:44	Boy's 4 x 400 Relay	II	1
12:22	Boy's 100m	II	2	3:51	Boy's 4 x 400 Relay	II	2
12:25	Boy's 100m	I	1	3:58	Boy's 4 x 400 Relay	I	1
12:28	Boy's 100m	I	2	4:05	Boy's 4 x 400 Relay	I	2
12:31	Girl's 100m	II	1	4:12	Girl's 4 x 400 Relay	II	1
12:34	Girl's 100m	II	2	4:18	Girl's 4 x 400 Relay	II	2
12:37	Girl's 100m	I	1	4:24	Girl's 4 x 400 Relay	I	1
12:40	Girl's 100m	I	2	4:30	Girl's 4 x 400 Relay	I	2

2006 CIF SDS Track & Field Finals Schedule

Running Events

Time	Division	Event
1:00	A	Boy's 400 Relay
1:05	B	Boy's 400 Relay
1:14	A	Girl's 400 Relay
1:19	B	Girl's 400 Relay
1:28	A	Boy's 1600m
1:37	B	Boy's 1600m
1:50	A	Girl's 1600m
1:58	B	Girl's 1600m
2:10	A	Boy's 100 HH
2:14	B	Boy's 100 HH
2:28	A	Girl's 110 HH
2:32	B	Girl's 110 HH
2:40	A	Boy's 400m
2:44	B	Boy's 400m
2:52	A	Girl's 400m
2:56	B	Girl's 400m
3:04	A	Boy's 100m
3:08	B	Boy's 100m
3:16	A	Girl's 100m
3:20	B	Girl's 100m
3:28	A	Boy's 800m
3:33	B	Boy's 800m
3:42	A	Girl's 800m
3:47	B	Girl's 800m
3:56	A	Boy's 300 LH
4:00	B	Boy's 300 LH
4:08	A	Girl's 300 IH
4:12	B	Girl's 300 IH
4:20	A	Boy's 200m
4:24	B	Boy's 200m
4:32	A	Girl's 200m
4:36	B	Girl's 200m
4:44	A/B	Boy's 3200m
5:02	A/B	Girl's 3200m
5:20	A	Boy's 1600 Relay
5:28	B	Boy's 1600 Relay
5:38	A	Girl's 1600 Relay
5:36	B	Girl's 1600 Relay

Field Events

Time	Division	Event
10:00	A/B	Boy's Discus
	A	Boy's Long Jump
	A/B	Girl's Pole Vault
10:10	B	Boy's Long Jump
11:00	A/B	Boy's High Jump
11:45	A	Girl's Long Jump
11:55	B	Girl's Long Jump
12:15	A/B	Girl's Discus
1:30	A	Boy's Triple Jump
	A/B	Boy's Pole Vault
1:40	B	Boy's Triple Jump
2:00	A/B	Girl's High Jump
	A	Boy's Shot Put
2:10	B	Boy's Shot Put
3:15	A	Girl's Triple Jump
	B	Girl's Shot Put
3:25	B	Girl's Triple Jump
	B	Girl's Shot Put

Note: Extra time has been added after every set of events to allow for the figuring of team scores and CIF Div I and II champions.



CIF-San Diego Section
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San Diego, CA 92111
Phone (858) 292-8165
Fax (858) 292-1375
www.cifsd.org

CIF-SAN DIEGO SECTION OFFICIAL STATEMENT OF TRAVEL EXPENSE

This form must be completed and returned to the CIFSDS Office within **ten (10) days** following the contest or event.

School _____ School Phone _____

Address _____
Street City Zip

Traveled to _____ Date of Event _____

Mileage (one way) _____

State Playoffs Sport Track and Field
Girls _____ Boys _____

Reimbursement request for:

Gasoline – Van or bus expenses for transportation of competing athletes. List names of athletes on back of this form.

Total amount of request = * _____
(*Maximum reimbursable amount up to \$200.00 per event, per school.)

NOTE: ORIGINAL RECEIPTS ARE REQUIRED BEFORE PAYMENT CAN BE AUTHORIZED.

Submitted by _____

Title _____

Date _____

CIFSDS Approval _____ Date _____

Dennis Ackerman, Commissioner