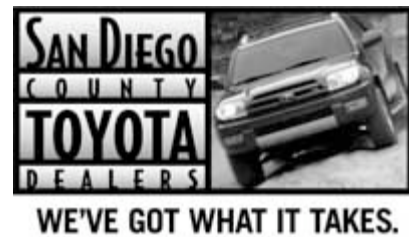




CIF-San Diego Section
6401 Linda Vista Road, Room
504
San Diego, CA 92111
Phone (858) 292-8165
Fax (858) 292-1375
www.cifsd.org



TO

**FROM DENNIS ACKERMAN, COMMISSIONER
BILL MCLAUGHLIN, ASSISTANT COMMISSIONER**

DATE OCTOBER 21, 2004

RE 2004 SAN DIEGO CIF TOYOTA CROSS COUNTRY CHAMPIONSHIPS - #172

1. **2004-05 STATEWIDE/LOCAL CORPORATE SPONSORSHIP**

Herff-Jones Awards and Macy's are statewide corporate sponsors with the CIF. The San Diego Section is very pleased to announce **The San Diego County Toyota Dealers Association** as the new "Title" sponsor of all CIFSDS Boys' and Girls' Sports. Additionally, the playoffs are sponsored by the following: **24-Hour Fitness; American Golf Corp.; Baden Sports, Inc.; Barnes Tennis Center; Batters Box; The Century Club; Cox Communications; Cubic Corporation; HL Corporation; Jenny Craig Pavilion; The Kukulski Brothers; Margarita Officials Association; Mikasa; Morgan Run Resort and Club; Movin' Shoes; National Football Foundation; Neil, Dymott, Perkins, Brown, & Frank; North County Basketball Officials Association; North County Gymniny Kids Gymnastics, Inc.; Pepsi Bottling Group, Ranch Catering; Rawlings; San Diego Chargers; San Diego County Baseball Umpires Association; San Diego County Basketball Officials Association; San Diego County Football Officials Association; San Diego Fireworks; San Diego Hall of Champions; San Diego Padres; San Diego Sockers; City of San Diego-Qualcomm Stadium; The San Diego Union-Tribune; San Diego Wrestling Officials Association; Singing Hills Golf Course; The Soccer Post; South County Softball Umpires Association; Spalding Sports Worldwide; Turner Communications, UCSD Sports Facilities; U.S. Army, U.S. Awards; Warner Springs Ranch; Wilson Racquet Sports; Rob Bryson; Richard Davila; Cal & Anthony Evans; Ron & Linda Filson; Carl Goff; Richard Graf; Jan Jessop; Terry McIntyre; Mike Morrow; Mark Ochsner; Dal Williams.** We thank these sponsors for their generous support of high school athletics. Acknowledgment of them, in any form, will be greatly appreciated by the sponsors and the CIF.

2. **CHAMPIONSHIP FORMAT**

- a. Host Conference: Metro – Ian Cumming, Otay Ranch, Director, assisted by James Coates, Mar Vista.
- b. All schools that submit a timely, official entry form are eligible to compete.
- c. There are no prelims in the CIFSDS Cross Country Championships.
- d. The **2004** San Diego CIF Cross Country Championships will be conducted in five divisions, and the **October 2003** CBED enrollment figures shall determine division placement (breakdown is attached).
- e. Ten students may be entered as a Cross Country team for the Finals, but only seven may run, and only five shall be counted (except in the case of a tie breaker). Ties will be resolved by counting the sixth finisher from each team concerned. Seventh runner will displace.
- f. Entry forms have been mailed to Boys' and Girls' Cross Country Coaches. They are also available on the CIFSDS web site at www.cifsd.org - click on Sports, click on Fall, click on Cross Country. **Entry deadline for submittal to CIFSDS Office is October 29. There will be a \$75 fee for late entries postmarked after the deadline.** If SDCOE "truck mail" is used to deliver entries, those received in the CIFSDS Office after the established deadline will be subject to the \$75 late fee. **NO ENTRIES WILL BE ACCEPTED AFTER 12 NOON WEDNESDAY, NOVEMBER 17, 2004.**
- g. Protests will be handled by the Meet Directors.

3. **TIME AND AWARD SCHEDULE SECTION CROSS COUNTRY MEET NOVEMBER 20 AT MORLEY FIELD**

| | |
|------------|--------------------------|
| 9:00 A.M. | DIVISION III BOYS' RACE |
| 9:30 A.M. | DIVISION II GIRLS' RACE |
| 10:05 A.M. | DIVISION III GIRLS' RACE |
| 10:40 A.M. | DIVISION IV BOYS' RACE |
| 11:10 A.M. | DIVISION V GIRLS' RACE |
| 11:45 A.M. | DIVISION I BOYS' RACE |
| 12:15 P.M. | DIVISION IV GIRLS' RACE |
| 12:50 P.M. | DIVISION V BOYS' RACE |
| 1:20 P.M. | DIVISION I GIRLS' RACE |

Awards Ceremony Times

For each awards time, the first race division listed will be presented awards first and follow the order listed unless something delays the results of a race.

| | |
|------------|--|
| 10:30 A.M. | DIVISION II BOYS DIVISION III BOYS DIVISION II GIRLS |
| NOON | DIVISION IV BOYS DIVISION III GIRLS DIVISION V GIRLS |
| 1:00 P.M. | DIVISION I BOYS DIVISION IV GIRLS |
| 2:00 P.M. | DIVISION V BOYS DIVISION I GIRLS |

4. **SEEDING**

The Seeding Meeting for the San Diego CIF Toyota Cross Country Championships will be held on **Monday, November 8, 7:00 p.m., Room 401, San Diego County Office of Education**. **Coaches:** If you do not plan to attend the seeding meeting, provide your League Representative with all of the information that will assist the seeding process prior to the meeting. **(This year to be a random draw for placement.)**

5. **IMPORTANT MEET INFORMATION**

- Attached, find a map of the 2004 San Diego CIF Championship course.
- Upon arrival, coaches only will be allowed to pick up packets in front of the Senior Citizens Building. Please follow instructions in packet carefully.
- Divisional results will be available for coaches approximately 30-45 minutes after their school's Divisional Race.
- Awards presentations will be held on the east side of the Senior Citizens Building.

6. **CIFSIDS TRAVEL EXPENSE FORM**

CIFSIDS Travel Expense Form for reimbursement for State CIF Cross Country Meet on **November 27, 2004**, in Fresno is attached to the coach's copy of this bulletin. Form must be completed and returned to the CIFSIDS Office within ten (10) days following the meet.

7. **ADVISORY COMMITTEE**

The following League/Conference Representatives are the 2004 San Diego CIF Cross Country Advisory Committee:

| <u>League</u> | <u>Boys' Representative/School</u> | <u>Girls' Representative/School</u> |
|-----------------|------------------------------------|-------------------------------------|
| Avocado | Pete Brooks, Vista | Keith Van Asdalan, Carlsbad |
| Palomar | Dennis McClanahan, Mt. Carmel | Dan Schaitel, Poway |
| Valley | Mike Cummings, Valley Center | Pat King, San Pasqual |
| Eastern | Ed Ramos, San Diego | Thom Hunt, Patrick Henry |
| Western | Jerry Downey, St. Augustine | Bob Oliver, Scripps Ranch |
| Harbor | Mel Bechtel, Coronado | Mel Bechtel, Coronado |
| Grossmont North | Bill Cleeves, West Hills | Bill Cleeves, West Hills |
| Grossmont South | Dave Verbruggen, Granite Hills | Dave Verbruggen, Granite Hills |

South Bay
Cirrus
League
Imperial Valley
Coastal

Mark Hedderson, Hilltop
Bill Porter, Julian
Boys' Representative/School
Mike Becker, Southwest (IV)
G.W. Dameron, Tri-City Christian

James Coates, Mar Vista
Bill Porter, Julian
Girls' Representative/School
Jesus Rojas, Calexico
G.W. Dameron, Tri-City Christian

8. **NON-FOOD CONCESSION**

The 2004 Cross Country non-food concession (T-shirts, sweatshirts, etc.) has been awarded to the Kukulski Bros. If you have special ordering needs, contact David Kukulski 480-921-1975.

9. **PROGRAM**

The 2004 Program concession has been awarded to Kukulski Bros.

10. **CIFSDS RECORD BOOK UPDATE**

A copy of the CIF-San Diego Section Record Consideration Form is attached to coach's copy of this bulletin. Follow the instructions on the form and fax or mail to San Diego Sports Publications ASAP.

11. **PLAYOFF PARTICIPATION PATCHES**

Playoff participation patches may be purchased for \$6.00 each. Only written orders will be accepted - orders may either be faxed (858) 292-1375 or emailed choggard@sdcoe.net (Order form is attached to coach's copy of this bulletin.)

12. **OFFICIAL CIF-SAN DIEGO SECTION CHAMPIONSHIP RINGS**

Official CIF-San Diego Section Championship rings are now available from **Balfour**. Rings are available for participants, finalists, and champions. For information/orders, contact David Honnold at 800-542-8648 or 619-297-8405.

13. **INFORMATION FOR STATE CIF CROSS COUNTRY MEET**

For information on the State CIF Cross Country Meet go to the State CIF web site at www.cifstate.org .

2004-05 FALL SPORTS CBED ENROLLMENTS – GRADES 10-12 (REVISED 9/9/04)

| | | | | | |
|-------|---|----------|------|--------------------|----------------|
| 10 | South Bay Christian | | 1174 | Crawford | |
| 20 | All Tribes American Indian Charter School | | 1176 | Brawley | |
| 23 | Sierra Madre | | 1204 | Kearny | Div. III cont. |
| 37 | Torah High Schools of San Diego | | 1210 | Central Union | |
| 45 | Calvary Christian Academy (C.V.) | | 1221 | Otay Ranch | |
| 46 | H-Town Christian Academy | | 1227 | La Jolla | |
| 57 | Escondido Adventist Academy | | 1243 | Mission Bay | |
| 59 | San Diego Academy | | 1279 | Valhalla | |
| 59 | San Diego Jewish Academy | | 1287 | Santana | |
| 60 | Midway Baptist | | 1327 | Steele Canyon | |
| 68 | San Pasqual Academy | | 1344 | San Marcos | |
| 71 | CCPAA | | 1372 | Point Loma | |
| 72 | Calvary Christian (Vista) | | 1376 | Monte Vista | |
| 76 | River Valley | | 1376 | Serra | |
| 77 | Warner | Div. V | 1451 | University City | |
| 90 | Lutheran | | 1458 | El Capitan | |
| 90 | West Shores | | 1458 | Mt. Miguel | |
| 100 | Sun Valley Charter | | 1468 | Hoover | |
| 110 | Borrego Springs | | 1473 | El Cajon Valley | |
| 111 | Venture Christian | | 1500 | Westview | |
| 161 | Julian | | 1512 | Ramona | |
| 167 | Calvin Christian | | 1529 | Orange Glen | |
| 174 | Vincent Memorial | | 1553 | Southwest (I.V.) | Div. II |
| 176 | Aurora | | 1599 | Mar Vista | |
| 181 | Tri-City Christian | | 1601 | Mt. Carmel | |
| 232 | Calipatria | | 1627 | Oceanside | |
| 243 | Santa Fe Christian | | 1636 | San Pasqual | |
| 247 | Pruess School | | 1640 | Grossmont | |
| 278 | La Jolla Country Day | | 1643 | West Hills | |
| 307 | High Tech High | | 1676 | Castle Park | |
| 316 | Christian | | 1676 | Scripps Ranch | |
| 322 | Francis Parker | | 1699 | Patrick Henry | |
| 329 | Horizon | | 1710 | Hilltop | |
| 347 | Bishop's School | | 1728 | Escondido | |
| 355 | Mountain Empire | | 1763 | Helix Charter | |
| 359 | Valley | | 1816 | Mira Mesa | |
| 374* | Army-Navy Academy | | 1847 | Calexico | |
| 400 | Canyon Crest Academy (9th Grade Only) | | 1874 | Southwest (S.D.) | |
| 411 | Holtville | | 1907 | Montgomery | |
| 435 | Marian Catholic | Div. IV | 1930 | La Costa Canyon | |
| 504 | Imperial | | 1932 | Granite Hills | |
| 530 | Guajome Park Academy | | 1943 | Chula Vista | |
| 597 | Gompers Secondary | | 2033 | Fallbrook | Div. I |
| 665 | Palo Verde | | 2053 | San Diego | |
| 728 | Coronado | | 2087 | Bonita Vista | |
| 799 | Escondido Charter | | 2105 | Sweetwater | |
| 900 | Mission Hills | | 2124 | Carlsbad | |
| 1023 | Clairemont | | 2133 | Eastlake | |
| 1048* | Saint Augustine | Div. III | 2135 | El Camino | |
| 1069 | Madison | | 2284 | Poway | |
| 1083 | San Dieguito Academy | | 2366 | Rancho Bernardo | |
| 1095 | University of San Diego H.S. | | 2433 | Rancho Buena Vista | |
| 1112* | Academy of Our Lady of Peace | | 2469 | Torrey Pines | |
| 1113 | Valley Center | | 2489 | Vista | |
| 1130 | San Ysidro | | 2525 | Morse | |

* Enrollment doubled for single gender schools

| DIVISION | ENROLLMENT | # OF TEAMS PER DIV. | # OF PLAYOFF TEAMS |
|----------|-----------------------|---------------------|--------------------|
| I | <u>1701 and above</u> | <u>23</u> | <u>3</u> |

| | | | |
|----|----------------------|-----------|----------|
| IV | <u>250 – 799</u> | <u>15</u> | <u>2</u> |
| V | <u>249 and below</u> | <u>11</u> | <u>3</u> |

(crosscountry\bcbbeds2004-05.doc)

SPORT **GIRLS' CROSS COUNTRY** TOTAL NUMBER OF ELIGIBLE TEAMS 88

2004-05 FALL SPORTS CBED ENROLLMENTS – GRADES 10-12 (REVISED 9/9/04)

| | | | | | |
|-------|---|----------|-------|--------------------|----------------|
| | | | 1174 | Crawford | |
| 10 | South Bay Christian | | 1176 | Brawley | |
| 20 | All Tribes American Indian Charter School | | 1204 | Kearny | Div. III cont. |
| 23 | Sierra Madre | | 1210 | Central Union | |
| 37 | Torah High Schools of San Diego | | 1221 | Otay Ranch | |
| 45 | Calvary Christian Academy (C.V.) | | 1227 | La Jolla | |
| 46 | H-Town Christian Academy | | 1243 | Mission Bay | |
| 57 | Escondido Adventist Academy | | 1279 | Valhalla | |
| 59 | San Diego Academy | | 1287 | Santana | |
| 59 | San Diego Jewish Academy | | | | |
| 60 | Midway Baptist | | 1327 | Steele Canyon | |
| 68 | San Pasqual Academy | | 1344 | San Marcos | |
| 71 | CCPAA | | 1372 | Point Loma | |
| 72 | Calvary Christian (Vista) | | 1376 | Monte Vista | |
| 76 | River Valley | | 1376 | Serra | |
| 77 | Warner | Div. V | 1451 | University City | |
| 90 | Lutheran | | 1458 | El Capitan | |
| 90 | West Shores | | 1458 | Mt. Miguel | |
| 100 | Sun Valley Charter | | 1468 | Hoover | |
| 110 | Borrego Springs | | 1473 | El Cajon Valley | |
| 111 | Venture Christian | | 1500 | Westview | |
| 161 | Julian | | 1512 | Ramona | |
| 167 | Calvin Christian | | 1529 | Orange Glen | |
| 174 | Vincent Memorial | | 1553 | Southwest (I.V.) | Div. II |
| 176 | Aurora | | 1599 | Mar Vista | |
| 181 | Tri-City Christian | | 1601 | Mt. Carmel | |
| 232 | Calipatria | | 1627 | Oceanside | |
| 243 | Santa Fe Christian | | 1636 | San Pasqual | |
| 247 | Pruess School | | 1640 | Grossmont | |
| | | | 1643 | West Hills | |
| 278 | La Jolla Country Day | | 1676 | Castle Park | |
| 307 | High Tech High | | 1676 | Scripps Ranch | |
| 316 | Christian | | 1699 | Patrick Henry | |
| 322 | Francis Parker | | | | |
| 329 | Horizon | | 1710 | Hilltop | |
| 347 | Bishop's School | | 1728 | Escondido | |
| 355 | Mountain Empire | | 1763 | Helix Charter | |
| 359 | Valley | | 1816 | Mira Mesa | |
| 374* | Army-Navy Academy | | 1847 | Calexico | |
| 400 | Canyon Crest Academy (9th Grade Only) | | 1874 | Southwest (S.D.) | |
| 411 | Holtville | | 1907 | Montgomery | |
| 435 | Marian Catholic | Div. IV | 1930 | La Costa Canyon | |
| 504 | Imperial | | 1932 | Granite Hills | |
| 530 | Guajome Park Academy | | 1943 | Chula Vista | |
| 597 | Gompers Secondary | | 2033 | Fallbrook | Div. I |
| 665 | Palo Verde | | 2053 | San Diego | |
| 728 | Coronado | | 2087 | Bonita Vista | |
| 799 | Escondido Charter | | 2105 | Sweetwater | |
| | | | 2124 | Carlsbad | |
| 900 | Mission Hills | | 2133 | Eastlake | |
| 1023 | Clairemont | | 2135 | El Camino | |
| 1048* | Saint Augustine | Div. III | 2284 | Poway | |
| 1069 | Madison | | 2366 | Rancho Bernardo | |
| 1083 | San Dieguito Academy | | 2433 | Rancho Buena Vista | |
| 1095 | University of San Diego H.S. | | 2469 | Torrey Pines | |
| 1112* | Academy of Our Lady of Peace | | 2489 | Vista | |
| 1113 | Valley Center | | 2525 | Morse | |
| 1130 | San Ysidro | | | | |

| | | | |
|-----|-----------------------|-----------|----------|
| I | <u>1701 and above</u> | <u>23</u> | <u>3</u> |
| II | <u>1301 - 1700</u> | <u>23</u> | <u>3</u> |
| III | <u>800 - 1300</u> | <u>17</u> | <u>3</u> |
| IV | <u>250 - 799</u> | <u>14</u> | <u>2</u> |
| V | <u>249 and below</u> | <u>11</u> | <u>3</u> |

(crosscountry\gcbeds2004-05.doc)