



Foot Locker®

CROSS COUNTRY CHAMPIONSHIPS

GIRLS SEEDED RACE START LINE SEEDING

The following entrants have been "seeded" on to the main start line. Please read the following page for information regarding the Seeded Race Start Line Procedures.

STARTING BOX ASSIGNMENTS

<i>Last Name</i>	<i>First Name</i>	<i>City</i>	<i>State</i>	<i>Box</i>
Adamyk	Christy	Claremont	CA	1
Allan	Kirsten	Aliso Viejo	CA	3
Andrews	Katy	Encinitas	CA	2
Andrus	Brooke	Bigfork	MT	3
Baird	Melissa	Genola	UT	2
Blue	Whitney	Costa Mesa	CA	2
Blum	Ali	Los Alamos	NM	3
Brasher	Julie	Albuquerque	NM	3
Brennan	Shelby	Aloha	OR	3
Crockett	Victoria	Cheyenne	WY	3
Dewalt	Kara	Darby	MT	3
Erdmann	Tara	Tucson	AZ	3
Evans	Ashley	Corona	CA	3
Evenson	Trisha	Gillette	WY	3
Felix	Stephanie	La Mirada	CA	3
Fitch	Gillian	Cardiff	CA	3
Fitzgerald	Caitlin	Palmdale	CA	3
Gaffney	Samantha	Sandy	UT	1
Gempler	Karleigh	Boise	ID	2
Gilboy	Katie	Helena	MT	2
Gillingham	Erin	Solana Beach	CA	3
Hardt	Kari	Queen Creek	AZ	2
Harper	Krystal	Orem	UT	3
Harris	Wendy	Lund	NV	2
Hasay	Jordan	Arroyo Grande	CA	2
Hibner	Megan	North Bend	OR	3
Higgins	Emily	Deaver	WY	3
Hildebrandt	Kacee	Cedar Hills	UT	3
Ho	Lauren	Kailua	HI	1
Huber	Mo	Oakland	CA	3
Kosinski	Alexandra	El Dorado Hills	CA	2

STARTING BOX ASSIGNMENTS

<i>Last Name</i>	<i>First Name</i>	<i>City</i>	<i>State</i>	<i>Box</i>
Larson	Jane	Fall City	WA	3
Lawrence	Marie	Reno	NV	1
Layman	Anna	Spokane Valley	WA	2
Marcy	Stephanie	Sequim	WA	3
Mcclendon	Hilary	Eagle	ID	3
Michel	Claire	Clackamas	OR	2
Morgan	Dana	Boise	ID	2
Morreale	Brittany	Rancho Palos Verdes	CA	1
Murakami	Shannon	Santa Clarita	CA	2
Murphy	Kevyn	Manhattan Beach	CA	2
Nimmo	Ashlen	Rock Springs	WY	2
O'Connor	Alyssa	Bend	OR	2
O'Reilly	Megan	Colbert	WA	2
Ortiz	Vanessa	Albuquerque	NM	2
Ossola	Irena	Santa Fe	NM	2
Pascale	Hayley	San Carlos	CA	3
Paulson	Ilsa	Sherwood	OR	2
Pennes	Nicole	Martinez	CA	3
Phillips	Kristin	Phoenix	AZ	3
Pitney	Crystal	Fairbanks	AK	1
Prescott	Lindsay	Phoenix	AZ	3
Quinn	Kim	South Jordan	UT	2
Quintana	Ashley	Pecos	NM	3
Saylor	Lauren	Clovis	CA	1
Sperry	Anna	Simi Valley	CA	2
Stone	Anna	Hayden Lake	ID	2
Tarver	Kauren	Wrightwood	CA	1
Walker	Kelsey	Bellevue	WA	3
White	Yasmine	Arcata	CA	3
Wimmer	Ashley	Las Vegas	NV	3



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BOYS SEEDED RACE START LINE SEEDING

The following entrants have been "seeded" on to the main start line. Please read the following page for information regarding the Seeded Race Start Line Procedures.

STARTING BOX ASSIGNMENTS

<i>Last Name</i>	<i>First Name</i>	<i>City</i>	<i>State</i>	<i>Box</i>
Abdalla	Mohamed	San Jose	CA	3
Acosta	AJ	Oceanside	CA	1
Aukshunas	Curtis	Orange	CA	3
Avila	Eric	Bonita	CA	3
Bogner	James	Scottsdale	AZ	2
Booker	Riley	San Diego	CA	1
Brown	Philbert	Gamercio	NM	3
Browne	Peter	Gig Harbor	WA	3
Burke	Paul	Gillette	WY	1
Chinchar	Michael	Kent	WA	2
Clark	Seth	Grangeville	ID	3
Clements	Aaron	Taylorville	UT	2
Coe	Michael	Lompoc	CA	2
Curley	Craig	Ganado	AZ	3
De Rubira	Julian	Aliso Viejo	CA	3
Dinnan	Tyler	Juneau	AK	2
Farnsworth	Taylor	Pocatello	ID	2
Fernandez	German	Riverbank	CA	2
Fisher	Michael	Ronan	MT	3
Fritzke	Austin	Mount Shasta	CA	3
Geib	Dan	Reno	NV	2
Gilna	Simon	Los Alamos	NM	2
Grossman	Seth	Kalispell	MT	3
Hacker	Colin	Lompoc	CA	3
Harris	Scott	Rancho Cucamonga	CA	3
Hart	John	Cedar City	UT	3
Helmer	Jeff	Snohomish	WA	1
Higgs	Kevin	Nampa	ID	3
Himmelberger	Scott	Palo Alto	CA	3
Hindert	Eliel	Salt Lake City	UT	3
Hirning	Andrew	Salt Lake City	UT	3
Huey	Sean	Boise	ID	2

STARTING BOX ASSIGNMENTS

<i>Last Name</i>	<i>First Name</i>	<i>City</i>	<i>State</i>	<i>Box</i>
Jones	Weston	Teec Nos Pos	AZ	3
Kamm	Connor	Salt Lake City	UT	3
Kelly	Garrett	Phoenix	AZ	2
Lafler	Jonathan	Maple Valley	WA	2
Lemenager	Luke	Maple Valley	WA	3
Lorance	Gary	Selah	WA	3
Matthews	Jake	Folsom	CA	2
Mcnally	Kevin	Albuquerque	NM	2
Mcniff	Ryan	Los Alamos	NM	2
Mercado	Danny	West Covina	CA	1
Mercado	Diego	West Covina	CA	1
Morikawa	Kent	Torrance	CA	3
Murray	Jerhoemee	Hillsboro	OR	2
Nez	Ryan	Fort Defiance	AZ	3
Osman	Ahmed	San Diego	CA	3
Pilavjian	Andrew	Arcadia	CA	3
Primm	Cory	Thousand Oaks	CA	3
Reynolds	Lynn	Dillon	MT	3
Romero	Nathan	Los Alamos	NM	3
Sellers	Nathaniel	Glendale	CA	2
Shields	Rex	Springville	UT	3
Sitler	Ben	Los Altos	CA	2
Stoutenburgh	Isaac	Central Point	OR	2
Swehosky	Jared	Stayton	OR	3
Swift-Kraemer	Matthew	Phoenix	AZ	3
Taylor	Brad	Oakridge	OR	3
Tebo	Matthew	Albuquerque	NM	1
Thomas	Mikel	Clovis	CA	1
Ward	Jared	Kaysville	UT	3
Welder	Elliot	Kalispell	MT	2
Zazueta	Victor	Tucson	AZ	3



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SEEDED RACE START LINE INFORMATION

Footlocker would like every runner who feels he or she has a chance to finish in the top eight spots (qualifying spot for the Nationals) to run in the Seeded race—even though we may strongly recommend to some that they consider running in a “class” race instead of the seeded race, we do not turn anyone down.

Due to the overwhelming number of athletes entered into the Seeded Races, and in order to give a fair and clean start to those individuals who have proven over the season that they have a legitimate shot at placing in the top 8, we have devised a two starting line system which is described below.

This whole process is closely monitored at the start by our race officials. Any athlete without a bib numbered 1-99 will not be allowed on the front starting line.

If you have any questions or comments, please feel free to contact our seeding committee chairman, Tim O’Rourke at torourke@emuhsd.k12.ca.us. Mr. O’Rourke will also be at registration all day Friday to listen to any comments.

START BOX 1	• TOP 10 RETURNERS FROM LAST YEAR	BIB #'s 1-10
START BOX 2	• SELECTED TOP 30 ENTRANTS ON MAIN START LINE	BIB #'s 11-40
START BOX 3	• SELECTED 60 ENTRANTS ON MAIN START LINE	BIB #'s 41-99
AUXILIARY START	• FOR ALL OTHER SEEDED RACE ENTRANTS	BIB #'s 100+

**All state champions who are not placed in the top 1-40 spots, will be placed in the 41-99 spots.*

AUXILIARY START LINE FOR ALL OTHER COMPETITORS

ATHLETES WEARING BIB NUMBERS 100 ON UP

START BOX 3 ATHLETES WEARING BIB NUMBERS 41-99	START BOX 2 ATHLETES WEARING BIB NUMBERS 11-40	START BOX 1 ATHLETES WEARING BIB NUMBERS 1-10	START BOX 2 ATHLETES WEARING BIB NUMBERS 11-40	START BOX 3 ATHLETES WEARING BIB NUMBERS 41-99
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M A I N S T A R T L I N E

