

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****Event 1 Girls 4x100 Meter Relay Frosh/Soph**

School	Finals	Points
1 Monterey Trail 'A'	55.70	10
2 Mt Diablo 'A'	55.77	8
3 Lowell 'A'	55.85	6
4 Hillsdale 'A'	56.11	4
5 Marin Academy 'A'	56.59	2
6 Mercy Burlingame 'A'	59.14	1

**Event 2 Boys 4x100 Meter Relay Frosh/Soph**

School	Finals	H#	Points
1 Lowell 'A'	47.50	2	10
2 Carlmont 'A'	47.80	2	8
3 Monterey Trail 'A'	47.81	2	6
4 Hillsdale 'A'	49.76	2	4
5 Carlmont 'B'	50.05	1	2
6 Lowell 'C'	51.00	1	1
7 Burton 'A'	51.14	2	
8 Lowell 'B'	52.08	2	
9 Mission 'A'	53.77	1	
10 Mission 'B'	59.36	1	

**Event 3 Boys 4x100 Meter Relay Varsity**

NO TIMES WERE RECORDED			
School	Finals	H#	Points
1 Mt Diablo 'A'	0.01	2	9
1 Casa Grande 'A'	0.01	1	9
2 Monterey Trail 'A'	J0.02	2	5
2 Casa Grande 'B'	J0.02	1	5
3 Mission 'A'	J0.03	1	1.50
3 Lowell 'A'	J0.03	2	1.50
4 George Washington 'A'	J0.04	2	
4 SF University 'A'	J0.04	1	
5 Galileo 'A'	J0.05	2	
6 George Washington 'B'	J0.07	2	
-- Mission 'B'	DQ	1	
-- Hillsdale 'A'	DQ	2	

**Event 4 Girls 4x100 Meter Relay Varsity**

NO TIMES WERE RECORDED		
School	Finals	Points
1 Monterey Trail 'A'	0.01	10
2 SF University 'A'	J0.01	8
3 Lowell 'A'	J0.01	6
4 Burton 'A'	J0.01	4
5 George Washington 'A'	J0.01	2
6 Lowell 'B'	J0.01	1

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****Event 5 Boys Distance Medley Frosh/Soph**

=====			
HAND TIMED			
School		Finals	Points
=====			
1 Lowell 'A'		11:39.30	10
2 Carlmont 'A'		11:52.80	8
3 Casa Grande 'A'		12:49.50	6
4 Hillsdale 'A'		12:59.20	4
5 Lowell 'B'		13:11.00	2
6 Hillsdale 'B'		13:28.00	1
7 Lincoln 'A'		14:04.40	
8 Mission 'A'		14:34.20	

**Event 6 Girls Distance Medley Frosh/Soph**

=====			
HAND TIMED			
School		Finals	Points
=====			
1 Carlmont 'A'		14:01.00	10
2 Mercy Burlingame 'A'		14:03.00	8
3 Casa Grande 'A'		15:13.00	6
4 Hillsdale 'A'		15:55.00	4

**Event 7 Girls Distance Medley Varsity**

=====			
HAND TIMED			
School		Finals	Points
=====			
1 Carlmont 'A'		14:01.00	10
2 Casa Grande 'A'		14:45.00	8
3 SF University 'A'		15:13.00	6
4 Lowell 'B'		15:20.00	4
5 Mercy Burlingame 'A'		15:51.00	2
6 Lincoln 'A'		16:28.00	1

**Event 8 Boys Distance Medley Varsity**

=====			
HAND TIMED			
School		Finals	Points
=====			
1 Carlmont 'A'		10:47.00	10
2 Lowell 'A'		10:55.00	8
3 Carlmont 'B'		11:22.00	6
4 Lick-Wilmerding 'A'		11:31.00	4
5 Hillsdale 'A'		12:10.00	2
6 Casa Grande 'A'		12:12.00	1
7 SF University 'A'		12:22.00	
8 George Washington 'A'		12:34.00	
9 Hillsdale 'B'		12:35.00	
10 Lowell 'B'		12:59.00	
11 Mission 'A'		13:18.00	
12 Burton 'A'		13:25.00	

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****Event 9 Boys 65 Meter Hurdles Frosh/Soph**

HAND TIMED					
	Name	Year	School	Finals	Points
1	Odom, Tyler		Monterey Trail	10.17	10
2	Wu, Michael		Lowell	10.35	8
3	Wutsch, Matt		Casa Grande	11.32	6
4	Gottwald, Tyler		Carlmont	12.09	4
5	Garin, Fedor		Carlmont	12.42	2

**Event 10 Boys 110 Meter Hurdles Varsity**

HAND TIMED					
	Name	Year	School	Finals	H# Points
1	Grant, Jimmy		Casa Grande	15.84	2 10
2	Dorsey, Adrian		George Washington	15.90	2 8
3	Whitt, Joseph		Mt Diablo	17.54	2 6
4	Tsang, Matthew		Lowell	18.06	2 4
5	Nghiem, Daniel		Lowell	18.27	2 2
6	Kwan, Jeffery		George Washington	20.67	1 1
7	Albrecht, Spencer		Carlmont	21.65	2
8	Gin, Joseph		George Washington	22.77	1
9	Luy, Ken		George Washington	22.99	1

**Event 11 Girls 100 Meter Hurdles Frosh/Soph**

HAND TIMED					
	Name	Year	School	Finals	H# Points
1	Luong, Justine		Monterey Trail	18.62	2 10
2	Jeong, Lauren		Lowell	19.02	2 8
3	Thomas, Caley		Mt Diablo	19.82	2 6
4	Reede, Jessica		Monterey Trail	19.95	2 4
5	Buckley, Lake		Marin Academy	20.02	1 2
6	Hunter, Mettlin		Mercy Burlingame	20.75	1 1
7	Wayne, Katie		Mercy Burlingame	26.17	1

**Event 12 Girls 100 Meter Hurdles Varsity**

HAND TIMED					
	Name	Year	School	Finals	H# Points
1	Davenport, Emily		SF University	17.18	2 10
2	Graham, Ryan		Lowell	18.33	2 8
3	Dickerson, Maya		Monterey Trail	18.35	2 6
4	Kehoe, Kelsey		Mercy Burlingame	19.64	2 4
5	Fong, Vanessa		Lowell	20.06	1 2
6	Bondi, Molly		SF University	20.63	1 1
7	Lau, Kimberly		Lowell	20.86	2
8	Reynolds, Dana		George Washington	21.03	1

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****Event 13 Girls 4x800 Meter Relay Frosh/Soph**

=====			
HAND TIMED			
School		Finals	Points
=====			
1 Carlmont 'A'		11:01.16	10
2 Lowell 'A'		11:09.47	8
3 Mercy Burlingame 'A'		11:44.59	6
4 Hillsdale 'A'		11:48.00	4
5 Lowell 'B'		11:51.34	2
6 Casa Grande 'A'		12:01.70	1

**Event 14 Boys 4x800 Meter Relay Frosh/Soph**

=====			
HAND TIMED			
School		Finals	H# Points
=====			
1 Lowell 'A'		9:18.97	2 10
2 Carlmont 'A'		9:24.19	2 8
3 Casa Grande 'A'		9:53.74	1 6
4 Hillsdale 'A'		10:19.36	1 4
5 Lincoln 'A'		10:36.96	1 2
6 Burton 'A'		10:57.06	1 1
7 Mission 'A'		11:06.36	1

**Event 15 Boys 4x800 Meter Relay Varsity**

=====			
HAND TIMED			
School		Finals	H# Points
=====			
1 Carlmont 'A'		8:22.64	2 10
2 Lowell 'A'		8:28.93	2 8
3 Carlmont 'B'		9:19.23	2 6
4 Lowell 'B'		9:26.96	2 4
5 Mission 'A'		9:40.65	1 2
6 Casa Grande 'A'		9:46.98	1 1
7 SF University 'A'		9:50.14	2
8 Lowell 'C'		10:15.40	2
9 George Washington 'A'		10:15.64	1
10 Mission 'B'		10:33.28	1

**Event 16 Girls 4x800 Meter Relay Varsity**

=====			
HAND TIMED			
School		Finals	Points
=====			
1 Carlmont 'A'		9:57.66	10
2 Lowell 'A'		10:19.54	8
3 Casa Grande 'A'		10:39.74	6
4 Lowell 'B'		11:30.28	4
5 Lincoln 'A'		11:36.02	2
6 SF University 'A'		11:54.61	1
7 Mercy Burlingame 'A'		12:30.03	

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****Event 17 Boys 400 Meter Dash Frosh/Soph**

HAND TIMED				
Name	Year	School	Finals	H# Points
1 Banks, Nate		Lowell	54.61	4 10
2 Cario, Gene		Fremont Oakland	54.77	4 8
3 Ramirez, Dave		Galileo	55.77	4 6
4 Davis, Louis		Galileo	56.35	4 4
5 Favors, Evan		Monterey Trail	59.20	3 2
6 Gottwald, Tyler		Carlmont	59.35	3 1
7 Abreu, Daniel		Hillsdale	59.71	4
8 Odom, Tyler		Monterey Trail	59.91	4
9 Asfaha, Nicholas		Lowell	1:00.71	3
10 Shaw, Noah		Lowell	1:01.32	2
11 Moy, Nick		Hillsdale	1:03.09	2
12 Wong, Phillip		Burton	1:03.54	2
13 Robbins, Sean		Carlmont	1:04.39	3
14 Fang, Paul		Burton	1:05.48	3
15 Jamias, Kevin		Hillsdale	1:06.37	2
16 Marcario, Derrick		Lowell	1:06.69	1
17 Cubas, Joshua		Burton	1:06.98	2
18 Oledan, Jason		Hillsdale	1:08.67	4
19 Merles, Sam		Mt Diablo	1:15.95	1

**Event 18 Girls 400 Meter Dash Frosh/Soph**

HAND TIMED				
Name	Year	School	Finals	H# Points
1 King-Anderson, Mikala		Lowell	1:03.39	3 10
2 Wright, Katherine		Hillsdale	1:05.21	3 8
3 Caldwell, Savannah		Monterey Trail	1:05.55	2 6
4 Yandell, Kaitlynn		Carlmont	1:06.47	3 4
5 Buckley, Lake		Marin Academy	1:06.76	3 2
6 Terranova, Christina		Mercy Burlingame	1:07.85	3 1
7 Gonzalez, Cassandra		Mercy Burlingame	1:10.25	1
8 Bustamante, Jonna		Lowell	1:10.70	2
9 Ang, Ivana		Lincoln	1:11.91	1
10 Thomas, Caley		Mt Diablo	1:12.78	1
11 Cabe, Maria		Hillsdale	1:13.91	3
12 Williams, Erin		Galileo	1:15.49	2
13 Lee, Sandy		Lincoln	1:16.36	3
14 Borba, Lauren		Mercy Burlingame	1:25.17	2

**Event 19 Girls 400 Meter Dash Varsity**

HAND TIMED				
Name	Year	School	Finals	H# Points
1 Fedronic, Justine		Carlmont	57.84	4 10
2 O'Reilly, Sanura		Balboa	58.04	1 8
3 Cottong, Ali		Carlmont	1:00.91	4 6
4 Abinader, Tamara		Carlmont	1:02.96	4 4
5 Renschke, Sandra		San Marin	1:03.96	3 2
6 Lawrence, Shanae		Monterey Trail	1:04.12	4 1
7 Keys, Makala		Casa Grande	1:04.84	4

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****....Event 19 Girls 400 Meter Dash Varsity**

8	Cihak, Marysha	Mercy Burlingame	1:05.16	3
9	Tran, Evonne	Burton	1:06.89	3
10	Boone, Jacquelyn	George Washington	1:10.25	2
11	Coyne, Jillian	Hillsdale	1:10.36	2
12	Carter, Courtney	Lowell	1:11.71	4
13	Chiang, Amy	Lowell	1:13.06	3
14	Nguyen, Sophie	San Marin	1:14.52	2
15	Liu, Joann	Lincoln	1:14.83	1
16	Chiang, Beverley	Hillsdale	1:15.37	2
17	Fan, Hesther	George Washington	1:15.79	1
18	Louie, Clare	Mercy Burlingame	1:18.09	2
19	Donovan, Kristen	Mercy Burlingame	1:18.99	1
20	Gong, Celia	Lowell	1:19.29	2
21	Grigorian, Margaret	Hillsdale	1:20.75	2
--	Payton, Malaina	Fremont Oakland	DNF	4

**Event 20 Boys 400 Meter Dash Varsity**

=====				
HAND TIMED				
	Name	Year School	Finals	H# Points
=====				
1	Ellison, Tyre	Burton	51.03	7 10
2	Palladino, Nick	Carlmont	51.98	7 8
3	Surh, Brad	Carlmont	52.16	7 6
4	Wehner, Elliot	SF University	53.57	6 4
5	Harrington, Tyler	Carlmont	53.81	5 2
6	David-Jacobs, Martin	Burton	53.95	7 1
7	Young, Ryland	Hillsdale	54.56	7
8	Eng, Kevin	Galileo	54.75	5
9	Ball, Evan	San Marin	55.17	6
10	Braun, Carl	Casa Grande	55.24	2
11	Whitlock, Javon	Monterey Trail	55.30	6
12	Ugo, Kenneth	Galileo	55.35	5
13	Zhang, Danny	George Washington	55.53	5
14	Jackson, Aaron	Monterey Trail	55.83	7
15	McGee, Jared	Monterey Trail	56.18	6
16	Chow, Darryl	George Washington	56.34	4
17	Wong, Hayden	Lowell	56.73	5
18	Barrie, Jessie	Monterey Trail	57.11	5
19	Sanchez, Tim	Hillsdale	57.16	6
20	Chen, Anthony	Lowell	57.57	5
21	Tam, Raymond	Burton	58.34	6
22	Murphy, Jon-William	Carlmont	58.56	4
23	Gulli, Vincent	George Washington	59.78	4
24	Ball, Grant	San Marin	1:00.60	3
25	Rhodes, Bryce	Casa Grande	1:01.20	3
26	Englehardt, Matt	Carlmont	1:02.05	4
27	Chan, Terrence	Lincoln	1:02.10	2
28	Tucker, Greg	Mission	1:02.63	3
29	Li, Simon	Galileo	1:03.05	3
30	Watts, Antoine	Burton	1:03.32	4
31	Liu, Alan	Galileo	1:05.78	4
32	Genesta, Marco	Hillsdale	1:06.05	4
33	Ordoubadi, Reza	Carlmont	1:08.71	4
34	Lin, Alvin	George Washington	1:10.37	3

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****Event 21 Girls 100 Meter Dash Frosh/Soph**

HAND TIMED				
Name	Year	School	Finals	H# Points
1 Caldwell, Jessica		Monterey Trail	12.95	4 10
2 Jarvis, Katherine		Lowell	12.97	4 8
3 Caldwell, Savannah		Monterey Trail	12.98	4 6
4 Dickerson, Kourtney		Mt Diablo	13.84	4 4
5 Ekong, Quinta		Hillsdale	13.95	3 2
6 Howard, Jessica		Balboa	13.98	1 0.50
6 Cheung, Stephanie		Lowell	13.98	3 0.50
8 Gao, Eva		Lowell	14.00	2
9 Halstevson, Alexis		Casa Grande	14.21	1
9 Swanson, Karin		Marin Academy	14.21	4
11 Hunter, Mettlin		Mercy Burlingame	14.26	1
12 Huynh, Jenny		Lowell	14.48	3
13 Desai, Shivani		Marin Academy	14.75	3
14 Velcich, Megan		Mercy Burlingame	15.03	2
15 Ward, Nicole		Mercy Burlingame	15.25	2
16 Yam, Victoria		Balboa	15.70	1

**Event 22 Boys 100 Meter Dash Frosh/Soph**

HAND TIMED				
Name	Year	School	Finals	H# Points
1 Amerson, Bruno		Mt Diablo	11.38	6 10
2 Ramirez, Dave		Galileo	11.41	1 8
3 Guan, Tony		Mission	11.51	1 6
4 Banks, Lamar		George Washington	11.61	2 4
5 Favors, Evan		Monterey Trail	11.67	6 2
6 Muller, Theo		Lowell	11.74	5 1
7 Oliver, Dearvius		Carlmont	11.77	6
8 Liew, Jared		Hillsdale	11.78	6
9 Hans, Wang		Lowell	11.82	5
10 Tan, Michael		Lowell	12.14	3
11 Poarch, Wesley		Casa Grande	12.23	1
12 Jones, Demon		George Washington	12.25	3
13 Johnson, Mark		Hillsdale	12.34	5
13 Acierto, Mannie		Monterey Trail	12.34	6
15 Davis, Louis		Galileo	12.35	6
16 Layten, Matt		Carlmont	12.38	2
17 Chen, Larry		Burton	12.42	2
17 Merin, Kyle		Carlmont	12.42	4
19 Escobar, Ken		Burton	12.45	3
20 Spencer, Houston		Burton	12.48	3
20 Melendrez, Ricardo		Carlmont	12.48	6
22 Li, Henry		Mission	12.51	1
23 Dibble, Robbie		Casa Grande	12.55	1
24 Jiang, Jesse		Lowell	12.76	2
25 Garcia, Mario		Mission	12.86	1
26 Won, James		Lowell	12.94	4
27 Brown, Reggie		Hillsdale	13.16	5
28 Morrow, Phillip		Carlmont	13.17	4
29 Merles, Sam		Mt Diablo	13.30	3
30 Huey, Chris		George Washington	13.41	4

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****...Event 22 Boys 100 Meter Dash Frosh/Soph**

31	Chan, Wesley	George Washington	13.43	2
32	Xu, Victor	George Washington	13.70	5
33	Leong, Brian	Carlmont	13.84	1
33	Sakai, Tyler	Marin Academy	13.84	4
35	Gonatice, Kyle	Burton	14.00	2
36	Cebreros, Daniel	Carlmont	14.87	4
--	Grey, Ryan	Monterey Trail	DQ	6

**Event 23 Girls 100 Meter Dash Varsity**

## HAND TIMED

Name	Year School	Finals	H#	Points
1 Davis, Brittney	Monterey Trail	12.65	5	10
2 Cottong, Ali	Carlmont	12.77	2	8
3 Renschke, Sandra	San Marin	12.86	5	6
4 Yen, Shannon	George Washington	13.03	4	4
5 Ricci, Kim	Galileo	13.41	5	2
6 Richardson, Tiandra	Mt Diablo	13.43	5	1
7 Hosea, Emily	Lowell	13.64	3	
8 Haysbert, Loretta	Hillsdale	13.82	4	
9 Lew, Karianne	George Washington	14.03	4	
10 Marden, Katie	Lowell	14.04	3	
11 Reynolds, Dana	George Washington	14.06	3	
12 Hernandez, Nadia	Mt Diablo	14.08	3	
13 Gatt, Danielle	Mercy Burlingame	14.31	2	
14 Whitaker, Adina	George Washington	14.38	3	
15 Yip, Tina	George Washington	14.52	3	
16 Wan, Sophia	Burton	14.69	4	
17 Quan, Vania	George Washington	14.80	2	
18 Tang, Emelie	Mission	15.06	2	
19 Hazelton, Jamie	Mercy Burlingame	15.12	2	

**Event 24 Boys 100 Meter Dash Varsity**

## HAND TIMED

Name	Year School	Finals	H#	Points
1 Henderson, David	Lincoln	10.56	1	10
2 Navarro, Bismark	Lowell	10.70	6	8
3 Landrum, Todd	Fremont Oakland	11.05	6	6
4 Harris, Donovan	Mt Diablo	11.10	6	4
5 Barton, Maurice	George Washington	11.13	6	2
6 Turner, Jalil	Mt Diablo	11.16	6	1
7 Rutherford, Phillip	George Washington	11.24	5	
8 Sepich, Logan	Casa Grande	11.36	2	
8 Griffith, Brandon	Casa Grande	11.36	2	
8 Coleman, Rashaad	Monterey Trail	11.36	6	
11 Johnson, Jermarie	Monterey Trail	11.38	4	
12 Liew, Jason	Hillsdale	11.40	5	
13 Cherry, Javohn	Galileo	11.44	6	
14 Bosc, Thomas	SF University	11.56	5	
15 Pree, Angelo	Mt Diablo	11.59	5	
16 Englehardt, Matt	Carlmont	11.68	6	
17 Clayton, Michael	Lincoln	11.69	2	



**Mustang Relays - 3/17/2007****Kezar Stadium****Results****...Event 24 Boys 100 Meter Dash Varsity**

18 Tucker, Greg	Mission	11.77	1
19 Wong, Michael	Lowell	11.81	5
20 Jing, Timmy	Galileo	12.08	5
21 Stancil, Jeff	Mission	12.14	1
22 Gee, Calvin	George Washington	12.18	4
23 Novoa, Daniel	Casa Grande	12.38	2
24 Camsat, Rodolphe	George Washington	12.69	3
25 Kwan, Jeffery	George Washington	12.91	3
26 Chuc, Tim	Lowell	13.57	3

**Event 25 Girls 3200 Meter Run Frosh/Soph**

## HAND TIMED

Name	Year School	Finals	Points
1 Cottong, Georgia	Carlmont	12:28.21	10
2 Delucchi, Gianna	Mercy Burlingame	12:29.70	8
3 Wong, Rachel	Lowell	13:06.52	6
4 Cohan, Kelsey	Carlmont	13:11.36	4
5 Wojdyla, Sylvia	Mercy Burlingame	13:11.62	2
6 Singh, Tanya	Hillsdale	13:16.70	1
7 Buck, Kylie	Casa Grande	13:26.80	
8 Duenwald, Hannah	George Washington	13:45.75	
9 Gulli, Sarah	Lowell	13:46.79	
10 Murphy, Emily	Mercy Burlingame	13:59.47	
11 Smoot, Karyn	Lowell	14:08.21	
12 Lee, Sandy	Lincoln	15:43.47	

**Event 26 Boys 3200 Meter Run Frosh/Soph**

## HAND TIMED

Name	Year School	Finals	Points
1 Lee, Carlin	Lowell	10:45.30	10
2 Oh, Jonathan	George Washington	11:20.13	8
3 Burke, Casey	Casa Grande	11:26.32	6
4 Chow, Kendrick	Galileo	11:32.79	4
5 Lee, Casey	Lowell	11:42.72	2
6 Hall, Spencer	Casa Grande	11:54.35	1
7 Miranda, Jimmy	Monterey Trail	12:23.20	
8 Lo, Hubert	George Washington	12:26.45	
9 Barajas, Jamie	Monterey Trail	12:33.33	

**Event 27 Girls 3200 Meter Run Varsity**

## HAND TIMED

Name	Year School	Finals	Points
1 Taylor, Jacque	Casa Grande	10:52.18	10
2 Luong, Lucy	Lincoln	11:22.99	8
3 Thoma, Stephanie	San Marin	12:59.92	6
4 Chan, Elizabeth	Lowell	13:37.31	4
5 Tse, Jenny	Lowell	13:48.45	2
6 Harris, Tracy	Mercy Burlingame	14:57.44	1
7 Lozano, Melissa	Mercy Burlingame	15:16.52	

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****....Event 27 Girls 3200 Meter Run Varsity**

8 Fan, Hesther	George Washington	15:31.93
-- Oropeza, Angelica	Mercy Burlingame	DNF

**Event 28 Boys 3200 Meter Run Varsity**

=====				
HAND TIMED				
Name	Year School	Finals	Points	
=====				
1 Benter, Bryant	San Marin	10:17.76	10	
2 Calhoun, Jack	Mission	10:18.17	8	
3 Meimban, Hans	Lowell	10:49.76	6	
4 Dabliz, Mo	Hillsdale	11:00.05	4	
5 Xu, Kevin	Lowell	11:10.02	2	
6 Cook, Sloane	Lincoln	11:20.24	1	
7 Fetherston, Josh	Monterey Trail	11:45.62		
8 Fard, Farzin	San Marin	12:21.07		
9 Griffe, Bryan	Monterey Trail	12:21.68		
10 Li, Terence	Mission	13:09.03		
11 Medina, Francisco	Mission	13:17.82		
12 Bernick, William	George Washington	15:08.34		

**Event 29 Boys 4x400 Meter Relay Frosh/Soph**

=====				
HAND TIMED				
School		Finals	H#	Points
=====				
1 Lowell 'A'		3:58.58	3	10
2 Monterey Trail 'A'		4:00.33	3	8
3 Galileo 'A'		4:04.14	3	6
4 Burton 'A'		4:16.15	2	4
5 Lincoln 'A'		4:21.26	2	2
6 Burton 'B'		4:23.45	2	1
7 Mission 'A'		4:28.51	2	
8 Lowell 'B'		4:29.49	3	

**Event 30 Girls 4x400 Meter Relay Frosh/Soph**

=====			
HAND TIMED			
School		Finals	Points
=====			
1 Monterey Trail 'A'		4:32.39	10
2 Lowell 'A'		4:33.76	8
3 Mercy Burlingame 'A'		4:39.50	6

**Event 31 Boys 4x400 Meter Relay Varsity**

=====				
HAND TIMED				
School		Finals	H#	Points
=====				
1 Burton 'A'		3:38.80	2	10
2 Lowell 'A'		3:40.01	2	8
3 Monterey Trail 'A'		3:43.44	2	6
4 Casa Grande 'A'		3:45.73	1	4
5 Carlmont 'A'		3:47.48	2	1.50
5 Mt Diablo 'A'		3:47.48	1	1.50

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****....Event 31 Boys 4x400 Meter Relay Varsity**

7	George Washington	'A'	3:49.42	2
8	SF University	'A'	3:49.65	2
9	Lowell	'B'	3:51.00	2
10	Galileo	'A'	4:00.20	2
11	Mission	'A'	4:07.42	1
12	George Washington	'B'	4:14.98	1

**Event 32 Girls 4x400 Meter Relay Varsity**

HAND TIMED

School	Finals	H#	Points
1 SF University 'A'	4:10.21	2	10
2 Lowell 'A'	4:19.24	2	8
3 Monterey Trail 'A'	4:20.55	2	6
4 Burton 'A'	4:30.00	2	4
5 Lowell 'B'	4:43.46	2	2
6 Lincoln 'A'	5:03.98	1	1
7 Mercy Burlingame 'A'	5:11.86	1	

**Event 33 Boys Discus Throw Varsity**

Name	Year School	Finals	Points
1 Uikilifi, Josh	Mills	131-03	10
2 Spady, Mike	Hillsdale	122-06	8
3 Yee, Kyle	Hillsdale	119-05	6
4 Castillo, Jonathan	Mills	117-01	4
5 Johnson, Kevin	Clayton Valley	116-04	2
6 Roper, Dan	Clayton Valley	115-02	1
7 Gutierrez, Ivan	Mills	111-00	
8 Quan, Raymond	George Washington	110-03	
9 Casillas, Angel	Mt Diablo	109-00	
10 Murphy, Jon-William	Carlmont	107-08	
11 Canahuati, Louis	Monterey Trail	107-00	
12 Nguyen, Alex	Burton	105-03	
13 Zapata, Jerrold	Mills	103-10	
14 Macario, Clark	Clayton Valley	96-00	
15 Mallorca, Miguel	Lowell	94-10	
16 Kwong, Jeffrey	Galileo	91-03.50	
17 Ghrist, Matt	Clayton Valley	90-11	
18 Willingham, Steven	Monterey Trail	90-02	
19 Peralta, Pj	Monterey Trail	87-06.50	
20 Anderson, Gerard	Monterey Trail	86-00	
21 Fenech, Kyle	Carlmont	85-06	
22 Nguyen, David	Lowell	75-05	
23 Frangos, Steven	Carlmont	69-03	
24 Yeo, Jonathan	George Washington	62-00	

**Event 34 Girls Discus Throw Varsity**

Name	Year School	Finals	Points
1 Conroy, Katie	Casa Grande	98-10	10
2 Garrett, Brittney	Mt Diablo	86-01	8

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****...Event 34 Girls Discus Throw Varsity**

3	Williams, Courtney	Monterey Trail	85-08	6
4	Jones, Chantel	Burton	J85-08	4
5	Greenne, Sierra	Hillsdale	78-05	2
6	Fraser, Lindsey	Casa Grande	75-00.50	1
7	Doyle, Jenna	Carlmont	73-06	
8	Dela Cruz, Angela	Mercy Burlingame	72-10	
9	Cribbs, Zanie	Mt Diablo	71-05	
10	Gong, Stephanie	Mills	69-09.50	
11	Miller, Shannon	Carlmont	66-09	
12	Li, Belinda	Lowell	65-08.50	
13	Glymph, Jade	Monterey Trail	65-03	
13	Poynter, Tori	Mercy Burlingame	65-03	
15	Jen, Andrea	Mission	64-01	
16	Gatt, Danielle	Mercy Burlingame	62-00	
17	Kwan, Salina	Burton	61-02.50	
18	Abi-Rama, Yara	Hillsdale	59-03.50	
19	Imura, Caitlyn	Monterey Trail	57-07	
20	Wong, Amy	Burton	52-05	

**Event 35 Boys Discus Throw Frosh/Soph**

Name	Year	School	Finals	Points	
1		Kramer, Erik	Mills	103-06.50	10
2		Hinkson, Christian	Mt Diablo	89-10.50	8
3		Sigmund, Chris	Hillsdale	89-07	6
4		Lee, Chris	Monterey Trail	87-01	4
5		Mavroudis, George	Mills	85-03.50	2
6		Feng, Robert	Lowell	83-04	1
7		Harvey, Vencent	Lowell	80-06	
8		Lockett, Jason	Mt Diablo	79-10	
9		Rawcliffe, Nick	Carlmont	79-06.50	
10		Larry, Andre	Monterey Trail	77-10	
11		Elder, Davante	Burton	69-04	
12		Lai, Duc	Lowell	57-09	
13		Lo, Jason	Lowell	56-03	

**Event 36 Girls Discus Throw Frosh/Soph**

Name	Year	School	Finals	Points	
1		Tran, Lina	Monterey Trail	83-01	10
2		Liu, Heide	Mills	78-03	8
3		Robertson, Dabriella	Monterey Trail	65-05	6
4		Law, Phyllis	Mills	55-10	4
5		Gong, Kristina	Mills	55-03	2
6		Malik, Kanwal	Mills	48-03	1

**Event 37 Boys Long Jump Frosh/Soph**

Name	Year	School	Finals	Points	
1		Suguitan, Erwin	Carlmont	17-10.25	10
2		Grey, Ryan	Monterey Trail	17-07.25	8
3		Jordan, Ricky	Carlmont	16-03.00	6

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****...Event 37 Boys Long Jump Frosh/Soph**

4	Shaw, Noah	Lowell	16-02.25	4
5	Fraker, Will	Marin Academy	14-08.50	2
6	Picq, Hedrien	Mission	13-06.50	1
7	Lee, Larry	Lowell	13-01.00	

**Event 38 Girls Long Jump Frosh/Soph**

Name	Year	School	Finals	Points
1	Enakaya, Nyesa	Monterey Trail	15-01.00	10
2	Cheung, Stephanie	Lowell	15-00.50	8
3	Reid, Rachel	Mercy Burlingame	14-09.50	6
4	Ekong, Quinta	Hillsdale	14-05.00	4
5	Ward, Nicole	Mercy Burlingame	12-02.50	2
6	Weeks, Kamillah	Marin Academy	12-01.50	1
7	Thomas, Caley	Mt Diablo	10-11.50	
8	Schmal, Casey	Carlmont	8-09.00	
9	Brown, Brenna	Mercy Burlingame	8-00.50	

**Event 39 Girls Long Jump Varsity**

Name	Year	School	Finals	Points
1	Keys, Makala	Casa Grande	15-10.25	10
2	King, Eve	SF University	15-09.50	8
3	Allston, Latasha	Lowell	15-07.25	6
4	Marden, Katie	Lowell	15-01.00	4
5	Cottong, Ali	Carlmont	14-06.00	2
6	Lu, Alison	SF University	14-03.50	1
7	Tran, Evonne	Burton	14-02.00	
8	Thomas, Brittney	Burton	14-01.00	
9	Wan, Sophia	Burton	13-08.50	
10	Bondi, Molly	SF University	13-07.25	
11	Richardson, Tiandra	Mt Diablo	13-03.00	
12	Kehoe, Kelsey	Mercy Burlingame	12-10.25	
13	Hernandez, Nadia	Mt Diablo	12-04.75	
14	Tang, Emelie	Mission	12-03.00	
14	Knighton, Carmen	Monterey Trail	12-03.00	
16	Hwang, Heejin	Lowell	12-01.75	
17	Hazelton, Jamie	Mercy Burlingame	11-03.50	
18	Chan, Elaine	SF University	10-11.25	
19	Donovan, Kristen	Mercy Burlingame	10-08.25	
--	Davis, Brittney	Monterey Trail	DNF	
--	Dickerson, Maya	Monterey Trail	DNF	

**Event 40 Boys Long Jump Varsity**

Name	Year	School	Finals	Points
1	Ginn, James	Casa Grande	20-02.25	10
2	Rutherford, Phillip	George Washington	19-10.50	8
3	Nevarez, Marcos	Monterey Trail	19-10.00	6
4	Coleman, Rashaad	Monterey Trail	19-09.00	4
5	Nnoli, Ike	Monterey Trail	19-05.00	2
6	Mobio, Owo	Mt Diablo	19-01.00	1

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****....Event 40 Boys Long Jump Varsity**

7	Whitt, Joseph	Mt Diablo	18-07.00
8	Ly, David	Galileo	18-05.50
9	Tran, Thomas	Lowell	18-04.00
10	Bosc, Thomas	SF University	18-00.50
11	Trevon, Birks	Mission	17-11.25
12	Bacani, Anthony	Mission	17-00.00
13	Allen, Dedrick	Marin Academy	16-00.00
14	Vivero, Christian	Lowell	14-11.50
15	Woerz, Thomas	Carlmont	14-10.50
16	Reid, Ellis	SF University	14-06.50

**Event 43 Girls High Jump Frosh/Soph**

Name	Year	School	Finals	Points
1	Jeong, Lauren	Lowell	4-04.00	10
2	Schmal, Casey	Carlmont	4-02.00	8
3	Weeks, Kamillah	Marin Academy	4-00.00	6
4	Borba, Lauren	Mercy Burlingame	3-08.00	4
--	Velcich, Megan	Mercy Burlingame	DNF	
--	Wayne, Katie	Mercy Burlingame	DNF	

**Event 44 Boys High Jump Frosh/Soph**

Name	Year	School	Finals	Points
1	Jordan, Ricky	Carlmont	5-02.00	10
2	Sakai, Tyler	Marin Academy	5-00.00	8
3	Velasquez, Erik	Carlmont	J5-00.00	6
4	Padua, Justin	Carlmont	4-10.00	4
5	Fraker, Will	Marin Academy	4-08.00	2
6	Rawcliffe, Nick	Carlmont	4-06.00	1

**Event 45 Boys High Jump Varsity**

Name	Year	School	Finals	Points
1	Dunlap, Marcus	Hillsdale	6-04.25	10
2	Allen, Dedrick	Marin Academy	5-08.00	8
3	Murphy, Jon-William	Carlmont	5-06.00	6
4	Nevarez, Marcos	Monterey Trail	J5-06.00	4
5	Ball, Evan	San Marin	5-04.00	2
6	Watts, Antoine	Burton	J5-04.00	1
7	Mobio, Owo	Mt Diablo	5-02.00	
8	Ly, David	Galileo	J5-02.00	
9	Reid, Ellis	SF University	5-00.00	
--	Woerz, Thomas	Carlmont	DNF	

**Event 46 Girls High Jump Varsity**

Name	Year	School	Finals	Points
1	King, Eve	SF University	5-00.00	10
2	Arnold, Makenzie	San Marin	4-08.00	8
3	Cottong, Ali	Carlmont	4-04.00	6

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****....Event 46 Girls High Jump Varsity**

4	Fair, Katherine	SF University	4-00.00	4
5	Kehoe, Kelsey	Mercy Burlingame	3-10.00	2

**Event 47 Boys Shot Put Varsity**

Name	Year	School	Finals	Points
1	Macario, Clark	Clayton Valley	46-03.50	10
2	Uikilifi, Josh	Mills	45-11.00	8
3	Johnson, Kevin	Clayton Valley	39-02.00	6
4	Ghrist, Matt	Clayton Valley	J39-02.00	4
5	Quan, Raymond	George Washington	38-04.50	2
6	Canahuati, Louis	Monterey Trail	38-04.00	1
7	Gutierrez, Ivan	Mills	38-03.50	
8	Roper, Dan	Clayton Valley	37-04.00	
9	Castillo, Jonathan	Mills	37-01.50	
10	Nguyen, Alex	Burton	36-07.00	
11	Casillas, Angel	Mt Diablo	35-02.00	
12	Yee, Kyle	Hillsdale	35-00.00	
13	Zapata, Jerrold	Mills	34-02.50	
14	Mallorca, Miguel	Lowell	33-06.50	
15	Spady, Mike	Hillsdale	32-06.50	
16	Amerson, Bruno	Mt Diablo	32-04.00	
17	Peralta, Pj	Monterey Trail	31-03.00	
18	Anderson, Gerard	Monterey Trail	31-01.50	
19	Willingham, Steven	Monterey Trail	30-02.00	
20	Fenech, Kyle	Carlmont	28-09.00	
21	Yeo, Jonathan	George Washington	27-07.00	
22	Kremmer, Michael	SF University	25-03.00	
23	Nguyen, David	Lowell	24-08.50	
24	Frangos, Steven	Carlmont	24-07.00	

**Event 48 Girls Shot Put Varsity**

Name	Year	School	Finals	Points
1	Conroy, Katie	Casa Grande	31-07.00	10
2	Williams, Courtney	Monterey Trail	30-00.50	8
3	Garrett, Brittney	Mt Diablo	28-08.00	6
4	Fuimaono, Laura	Mt Diablo	28-04.00	4
5	Glymph, Jade	Monterey Trail	27-04.00	2
6	Gong, Stephanie	Mills	25-02.00	1
7	Imura, Caitlyn	Monterey Trail	25-00.00	
8	Jones, Chantel	Burton	24-09.50	
9	Fraser, Lindsey	Casa Grande	24-05.00	
10	Doyle, Jenna	Carlmont	24-01.00	
11	Strain, Hannah	San Marin	23-11.00	
12	Dela Cruz, Angela	Mercy Burlingame	23-10.00	
13	Cribbs, Zanie	Mt Diablo	22-10.00	
14	Miller, Shannon	Carlmont	22-09.00	
15	Li, Belinda	Lowell	21-10.00	
16	Greenne, Sierra	Hillsdale	21-06.00	
17	Poynter, Tori	Mercy Burlingame	21-01.00	
18	Jen, Andrea	Mission	20-02.00	
19	Abi-Rama, Yara	Hillsdale	19-08.50	

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****....Event 48 Girls Shot Put Varsity**

20 Fung, Ursula	Galileo	16-02.50
21 Wong, Amy	Burton	14-10.00

**Event 49 Boys Shot Put Frosh/Soph**

Name	Year School	Finals	Points
1 Sigmund, Chris	Hillsdale	41-09.50	10
2 Sakai, Tyler	Marin Academy	38-05.00	8
3 Lee, Chris	Monterey Trail	34-00.00	6
4 Kramer, Erik	Mills	33-08.50	4
5 Hinkson, Christian	Mt Diablo	31-06.50	2
6 Mavroudis, George	Mills	31-01.00	1
7 Larry, Andre	Monterey Trail	30-10.00	
8 Cheung, Carlso	Mission	29-09.00	
9 Harvey, Vencent	Lowell	29-07.00	
10 Wells, Ian	Mt Diablo	28-09.00	
11 Feng, Robert	Lowell	28-04.00	
12 Elder, Davante	Burton	26-09.00	
13 Lo, Jason	Lowell	23-08.50	
14 Lai, Duc	Lowell	21-10.00	
15 Kong, Eric	Mission	21-04.00	

**Event 50 Girls Shot Put Frosh/Soph**

Name	Year School	Finals	Points
1 Tran, Lina	Monterey Trail	25-08.00	10
2 Robertson, Dabriella	Monterey Trail	22-08.50	8
3 Gong, Kristina	Mills	21-07.00	6
4 Gee, Amy	Lowell	21-03.50	4
5 Liu, Heide	Mills	18-09.50	2
6 Malik, Kanwal	Mills	17-07.00	1
7 Law, Phyllis	Mills	17-04.00	
8 Lehr, Hannah	Mercy Burlingame	14-10.50	
9 Serrano, Stephanie	Mercy Burlingame	11-00.50	

**Event 51 Girls Triple Jump Varsity**

Name	Year School	Finals	Points
1 Graham, Ryan	Lowell	33-11.00	10
2 Knighton, Carmen	Monterey Trail	32-04.50	8
3 Allston, Latasha	Lowell	32-04.00	6
4 Dickerson, Maya	Monterey Trail	30-05.00	4
5 Lu, Alison	SF University	29-07.50	2
6 Hazelton, Jamie	Mercy Burlingame	26-00.00	1
7 Santos, Joyce	Mercy Burlingame	24-08.00	
8 Kehoe, Kelsey	Mercy Burlingame	23-08.00	
-- Chan, Elaine	SF University	DNF	



**Mustang Relays - 3/17/2007**

**Kezar Stadium**

**Results**

**Event 52 Boys Triple Jump Varsity**

Name	Year School	Finals	Points
1 Ginn, James	Casa Grande	39-07.75	10
2 Mobio, Owo	Mt Diablo	37-11.50	8
3 Tran, Thomas	Lowell	37-06.50	6
4 Nnoli, Ike	Monterey Trail	36-01.50	4
5 Whitt, Joseph	Mt Diablo	36-00.00	2
6 Lo, Warren	Galileo	35-03.50	1
7 Vivero, Christian	Lowell	32-04.00	

**Event 53 Girls Triple Jump Frosh/Soph**

Name	Year School	Finals	Points
1 Cheung, Stephanie	Lowell	30-01.50	10
2 Enakaya, Nyesa	Monterey Trail	30-00.00	8
3 Swanson, Karin	Marin Academy	29-09.00	6
4 Ekong, Quinta	Hillsdale	27-09.00	4
-- Thomas, Caley	Mt Diablo	DNF	
-- Borba, Lauren	Mercy Burlingame	DNF	

**Event 54 Boys Triple Jump FS Frosh/Soph**

Name	Year School	Finals	Points
1 Poarch, Wesley	Casa Grande	39-04.00	10
2 Jordan, Ricky	Carlmont	36-06.00	8
3 Li, Andrew	Mission	36-05.00	6
4 Sanders, Daniel	Monterey Trail	34-11.00	4
5 Rawcliffe, Nick	Carlmont	32-04.50	2

**Women - Varsity - Team Rankings - 13 Events Scored**

1) LOWELL	75	2) Monterey Trail	61
2) SF University	61	4) Carlmont	56
5) Casa Grande	55	6) San Marin	22
7) Mt Diablo	19	8) Lincoln	12
8) Burton	12	10) Mercy Burlingame	10
11) Balboa	8	12) George Washington	6
13) Hillsdale	2	13) Galileo	2
15) Mills	1		

**Women - Frosh/Soph - Team Rankings - 13 Events Scored**

1) Monterey Trail	108	2) LOWELL	88.50
3) Carlmont	46	4) Mercy Burlingame	45
5) Hillsdale	31	6) Mills	24
7) Marin Academy	19	8) Mt Diablo	18
9) Casa Grande	7	10) Balboa	0.50

**Men - Varsity - Team Rankings - 13 Events Scored**

1) LOWELL	57.50	2) Carlmont	55.50
3) Casa Grande	50	4) Mt Diablo	32.50
5) Monterey Trail	32	6) Hillsdale	30

**Mustang Relays - 3/17/2007****Kezar Stadium****Results****....Men - Varsity - Team Rankings - 13 Events Scored**

7) Clayton Valley	23	8) Burton	22
8) Mills	22	10) George Washington	21
11) San Marin	12	12) Mission	11.50
13) Lincoln	11	14) Marin Academy	8
15) Fremont Oakland	6	16) SF University	4
16) Lick-Wilmerding	4	18) Galileo	1

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 Men - Frosh/Soph - Team Rankings - 13 Events Scored  
 =====

1) Carlmont	80	2) LOWELL	79
3) Monterey Trail	50	4) Casa Grande	35
5) Hillsdale	29	6) Galileo	28
7) Mt Diablo	20	7) Marin Academy	20
9) Mills	17	10) Mission	13
11) George Washington	12	12) Fremont Oakland	8
13) Burton	6	14) Lincoln	4