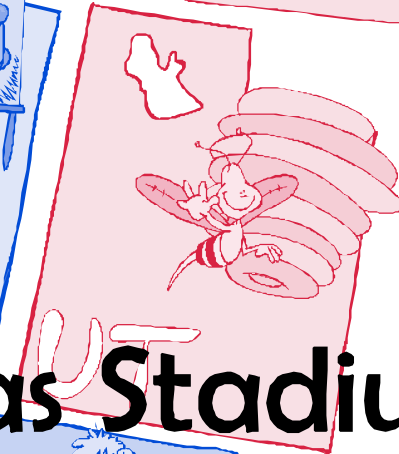
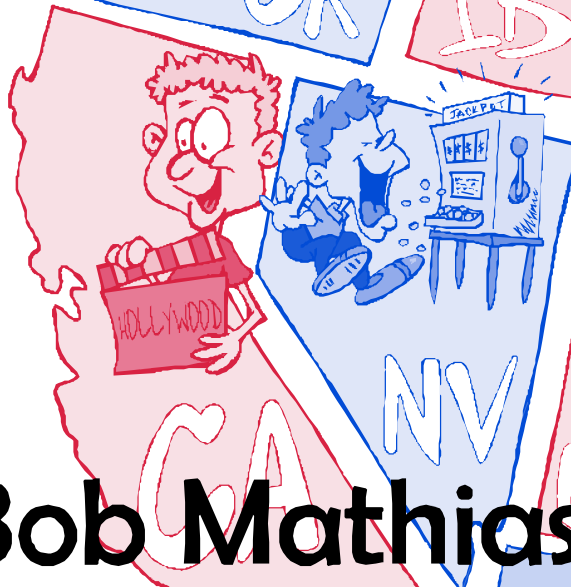
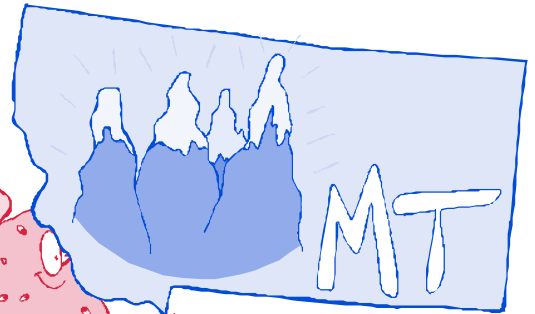
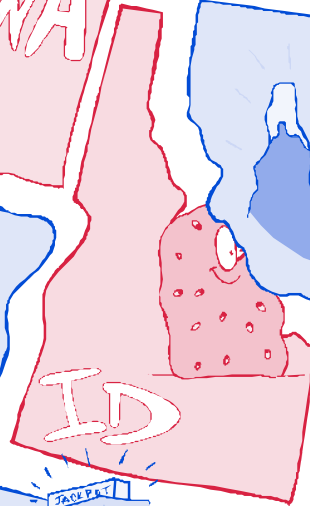
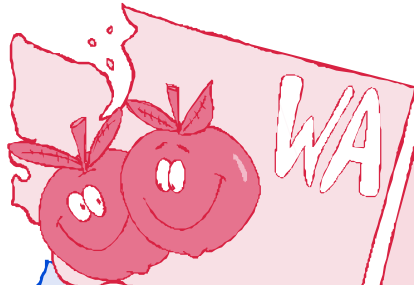




Amateur Athletic Union

# Western States

## TRACK & FIELD CHAMPIONSHIPS



Bob Mathias Stadium

Tulare, California

July 20-22, 2004



# 1<sup>st</sup> Annual Western States Championships

**SITE:** Bob Mathias Stadium, Tulare, California

**RATIONALE:** The AAU Western States Championships has been designed to place an emphasis on promoting the sport of track and field in western part of the United States.

**DATES:**

<i>Monday, July 19, 2004</i>	Packet Pick-Up/Team Check-in
<i>Tuesday, July 20, 2004</i>	Track and Field Competition
<i>Wednesday, July 21, 2004</i>	Track and Field Competition
<i>Thursday, July 22, 2004</i>	Track and Field Competition

**AGE DIVISIONS:** Individual Primary, Sub Bantam, Bantam, Sub Midget, Midget,  
Youth, Intermediate, Young Men/Young Women  
Relay events: Bantam, Midget, Youth, Intermediate, and Young Men/Young Women

**AGE**

**DETERMINATION:** The athlete's year of birth shall determine the age division in which he/she will compete for individual events:

AGE GROUPS	YEAR OF BIRTH
Primary*	1996 & After*
Sub Bantam	1995
Bantam	1994
Sub Midget	1993
Midget	1992
Youth	1990 - 1991
Intermediate	1988 - 1989
Young Men/Young Women**	1986 - 1987**

\*\*Athletes who are still eighteen (18) years of age through the final day of the AAU Western States Championships shall be eligible to compete.

**ENTRY**

**DEADLINE:** **Entries must be received (Not postmarked) at the AAU Central California Office no later than Friday, July 9, 2004. ANY FORMS RECEIVED AFTER THIS DATE WILL BE RETURNED, NO EXCEPTIONS. It is important that all forms be completed and returned with the entry fee. TO INSURE CORRECT ENTRY INTO THE EVENT, ALL ENTRIES MUST BE RECEIVED BY THE DEADLINE DATE!**

The AAU and the local site committee have spent many hours planning and preparing for this event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the coach, designated administrator of the club, or athlete to return all the necessary monies and completed forms by the deadline date. Paying particular attention to completing the forms as instructed will help speed up the registration process, as will using the correct address for submission (see Individual Athlete Entry form - Submission Instructions section).

**ENTRY FEE:**

**TRACK AND FIELD INDIVIDUAL ENTRY FEE**

**\$20.00** per athlete regardless of the number of events. NO PERSONAL CHECKS WILL BE ACCEPTED. All entry fees must be in the form of either a cashier's check or money order made payable to "CCA-AAU". Fee is to be paid in one lump sum. Please do not send cash. All athletes shall receive a special commemorative t-shirt for their participation in the event.

**RELAY TEAMS**

There is no additional entry fee for relay events as long as the following criteria is met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$20.00.
- 2) The relay team represents a current 2004 AAU registered club.
- 3) All competitors must have current AAU membership
- 4) The RELAY TEAM FORM must be completed and returned by deadline date.
- 5) Alternates must have a current AAU membership and be registered in the meet.

**CLUB/TEAM**

Team scoring will be based on (6) six places with the following point structure: 10-8-6-4-2-1. All events

**SCORING:** will be scored towards the team totals, including the multi-events. Relay points will be awarded to the age groups in which the event was competed.

**ELIGIBILITY:** Open to any athlete or club/team who holds current AAU Membership. Register coaches, athletes, and clubs/teams with your local AAU Association. You may also register instantly on line at [www.aausports.org](http://www.aausports.org). The annual fee for individual membership is \$12.00 for athletes and \$14.00 for coaches. Consult your local AAU Office for the club fee structure.

In order for athletes to be physically prepared to compete at the Western States Championships level, it is highly recommended that athletes compete in their local AAU Association meet. Contact your local AAU Association 1-800-AAU 4USA or the AAU National Headquarters 407-828-4394 for information about meets in your area.

*Individual athletes (unattached) and Clubs from other organizations are also encouraged to compete in this Championship upon becoming members of the AAU.*

**AAU MEMBERSHIP:** All athletes and coaches must be able to present their 2004 AAU membership cards at time of Check-in. Membership cards will be available at check-in for those individuals unable to obtain membership from the local Association prior to arrival. All relay teams and clubs/teams must present current 2004 AAU Club membership at check-in. AAU club membership is \$30.00.

**EVENT LIMITATIONS:** All competitors in the Primary, Sub-Bantam, Bantam, Sub-Midget and Midget age divisions will be limited to a maximum of (3) three events per competitor, including relays. Competitors in the Youth, Intermediate and Young Men/Young Women age divisions will be limited to a total of (4) four events per competitor, including relays.

**AWARDS:**

CLUB SUPREMACY AWARD	Championship award will be presented to the club/team with the highest overall point total of all divisions and genders combined.
CLUB/TEAM AWARDS	Championship award presented to the 1 <sup>st</sup> through 3 <sup>rd</sup> place clubs/teams in each age division and gender (i.e. "Bantam Girls Champion").
INDIVIDUAL ATHLETE AWARDS	Championship medals presented 1 <sup>st</sup> through 3 <sup>rd</sup> for each event per age group (including each relay team member).

**AWARDS CEREMONIES:** Individual award ceremonies will be conducted at the awards area. Awards for every final event will be presented approximately 30-60 minutes after conclusion of the event. Team award ceremonies will be conducted immediately following the conclusion of the last event at the track on Thursday, July 22, 2004.

**DIRECTIONS TO COMPLEX: CHECK-IN:**

**Pre-Registration:** All entries must be received at the AAU Central California Office no later than the July 8<sup>th</sup>, 2004 deadline date. **NO ENTRIES WILL BE ACCEPTED AFTER JULY 9TH!!** Of course, we want as many athletes as possible to participate, so please get all entry forms in on time. **AGAIN, GUARANTEED OVERNIGHT DELIVERY WILL BECOME MANDATORY IF IT IS THE ONLY WAY TO ENSURE COMPLIANCE WITH THE DEADLINE DATE!**

**On-Site Check In:** Check-in for all athletes and coaches participating in the 2004 AAU Western States Championships will be held at the south end of Bob Mathias Stadium in Tulare. **ALL PARTICIPATING ATHLETES/CLUBS SHOULD PLAN ON CHECKING-IN THE DAY BEFORE COMPETITION BEGINS.** Upon arrival at the complex, please follow posted signs to the registration area. **ALL ATHLETES AND COACHES MUST CHECK-IN AT THE REGISTRATION CENTER PRIOR TO COMPETITION!**

Hours of operation at the Registration Center will be as follows for the AAU Western States Championships:

<u>Day/Date</u>	<u>Open Time</u>	<u>Close Time</u>
Monday, July 19, 2004	NOON	6:00 PM
Tuesday, July 20, 2004	3:00 PM	6:00 PM
Wednesday, July 21, 2004	3:00 PM	5:00 PM

**NOTE:** If your event is one of the first events on any morning and is within two hours of the opening of registration, it is mandatory that you check-in on the day before competition to obtain your packet and race number(s).

**COACH'S** Clubs/teams will receive coach's credentials in their entry packet.

- CREDENTIALS:** Please note that the credentials issued to athletes and coaches are for the length of the event (LOE) and must be carried at all times when entering and leaving the track and field facility.
- PARKING:** Parking at the meet is FREE
- SPECTATOR TICKETS:** Spectator tickets are available at the main gate to the track and field facility. Children under the age of three (3) are admitted for free.  
Length of Event (LOE) Pass: \$10.00 for all ages  
Day Pass: \$5.00 for all ages
- MEDICAL:** A medical area will be stationed near the finish line of the track and staffed with athletic trainers.
- FLUIDS:** Water stations will be located at all event areas, clerking tent, and at the finish areas of the track.
- WEATHER:** The average high temperature in Tulare during the month of July is in the high 90's with low humidity.

## **TRACK & FIELD VENUE INFORMATION**

- SEATING CAPACITY:** The seating capacity of Bob Mathias Stadium is on about 5,000 so arrive early.
- SHOWER & LOCKER ROOMS:** There are no shower or locker room facilities available at the track & field venue. All competitors need to dress at their hotel and arrive at the complex ready to compete.
- RESTROOM FACILITIES:** Restroom facilities will be available at the track & field venue. A combination of permanent restroom facilities and port-a-lets will be placed throughout the venue.
- COMPETITOR NUMBERS:** Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition.
- HIP NUMBERS:** Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.
- IMPLEMENTS:** The local site committee will not be supplying implements for use at this event. Athletes may bring their own implements to use during competition. However, personal implements will be required to be weighed-in prior to reporting to the event site. Implement weigh-in will occur in a tent near the clerking and warm-up areas of the event. Implements will be impounded and delivered to the event area. Implements will be returned to the athletes after competition.
- PROTESTS:** Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters which develop during the conduct of the meet must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests **MUST** be filed on official protest forms and presented to the Protest Table. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals, accompanied by a cash deposit of \$150.00. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. ***PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.***
- ATHLETE WARM-UP:** The warm up area will be located adjacent to the Clerk of Course tent.
- COMPETITOR CHECK-IN:** Competitors will be given a final call to check-in 1 hour prior to the start of their event. Any athlete not checked in at this time will be scratched from the event.
- TENTS:** Tents/Tarps/Umbrellas will not be allowed in the grandstands. The local site committee will provide some tenting for shading on or near the warm-up area of the track. Some individual tents will be allowed to be erected in a limited area. However, the tents cannot be staked down, and tent tops must be removed at night or during inclement weather.
- COOLERS:** As part of security and safety measures by the local site committee, coolers will be allowed as follows at the facility (1) five gallon per team, and (1) one gallon per individual. Provisions are in place to handle medications,

security inspection process.

**OTHER  
POLICIES:**

The following items will not be allowed into complex:

Pets or animals, except service animals

**SCHEDULES:**

Time specific schedules will be posted at registration.

This meet is **OPEN** to any current 2004 AAU member in the United States.





# 2004 AAU Western States Track & Field Championships

## INDIVIDUAL ATHLETE ENTRY FORM

Male  Female   
(Check One)

### General Athlete Information

Athlete's First Name  MI  Last Name

Street Address (Apartment/Building/Unit)

City  State  Zip Code  Home Phone

Date of Birth (Mo/Day/Yr)  Age  Street Address (Apartment/Building/Unit)

Club Name  E-mail Address \_\_\_\_\_

### SEE FIRST PAGE FOR ALL INSTRUCTIONS ABOUT EVENTS

### Age Division

- Primary (Born 1996 & After)
- Sub Bantam (Born 1995)
- Bantam (Born 1994)
- Sub Midget (Born 1993)
- Midget (Born 1992)
- Youth (Born 1990-1991)
- Intermediate (Born 1988-89)
- Young Men (1986-1987) or Young Women (1986-1987)

### Events (See previous page for a list of events offered for each age division)

<u>Event</u>	<u>Entry Mark</u>	<u>Event</u>	<u>Entry Mark</u>
<input type="checkbox"/> 100 M Dash	_____	<input type="checkbox"/> 200 M Hurdles <small>(5x30")</small>	_____
<input type="checkbox"/> 200 M Dash	_____	<input type="checkbox"/> 400 M Hurdles <small>(10x36") (10x30")</small>	_____
<input type="checkbox"/> 400 M Dash	_____	<input type="checkbox"/> Long Jump	_____
<input type="checkbox"/> 800 M Run	_____	<input type="checkbox"/> Triple Jump	_____
<input type="checkbox"/> 1500 M Run	_____	<input type="checkbox"/> High Jump	_____
<input type="checkbox"/> 3000 M Run	_____	<input type="checkbox"/> Discus	_____
<input type="checkbox"/> 80 M Hurdles <small>(8x30")</small>	_____	<input type="checkbox"/> Shot Put	_____
<input type="checkbox"/> 100 M Hurdles <small>(10x33") (10x30")</small>	_____	<input type="checkbox"/> Javelin	_____
<input type="checkbox"/> 110 M Hurdles <small>(10x39")</small>	_____	<input type="checkbox"/> Pole Vault	_____
		<input type="checkbox"/> 400 M Relay	_____
		<input type="checkbox"/> 1600 M Relay	_____



# 2004 AAU Western States Track & Field Championships TEAM ENTRY FORM

## INSTRUCTIONS

1. Read all entry information and instruction before completing this document.
2. Complete all areas on the reverse side of this form and provide all requested information. **Failure to complete all areas of this form will lay the processing of your entry.**
3. The Relay Team Entry Form must be accompanied by the individual athlete entry form with entries, to support each name on the Relay form.
4. Each relay team must be registered as an AAU Club prior to competing in any event. AAU Club Membership will be verified at Check-in.
5. No ADDITIONS or CHANGES to this form may be made after submission.
6. **Return this form to the address below.**

**ENTRY DEADLINE:** Received by Tuesday, July 8, 2004. **Late entries will not be accepted! Guaranteed overnight delivery is highly recommended to meet deadline date! Please pay close attention to the submission instructions below.**

- SEND:**
- 1) Track and Field Relay Team Entry form with all items completed,
  - 2) Individual Athlete Entry Forms with all items completed,
  - 3) Correct entry fee of \$20.00 per athlete, and
  - 4) Signed Athlete Waiver/Release form.

**ENTRY FEE:** There is not team fee, each individual athlete pays \$20.00, nonrefundable.

**SUBMISSION INSTRUCTIONS:** Please send money orders or certified checks ONLY made payable to:  
**2004 AAU Western States Championships**

**MAILING ADDRESS:**  
Guy Fowler  
1255 North Cherry Ave #524  
Tulare, CA 93274

Male	Female
<input type="checkbox"/>	<input type="checkbox"/>
(Check One)	

Region # \_\_\_\_\_

## TEAM & COACH INFORMATION

2004 aau Club#:	Name of Relay Team:	Association:
Coach's Name:	Email Address:	
Coach's Address:		
City:	State:	Zip Code:
Coach's Home Phone:	Work Phone:	

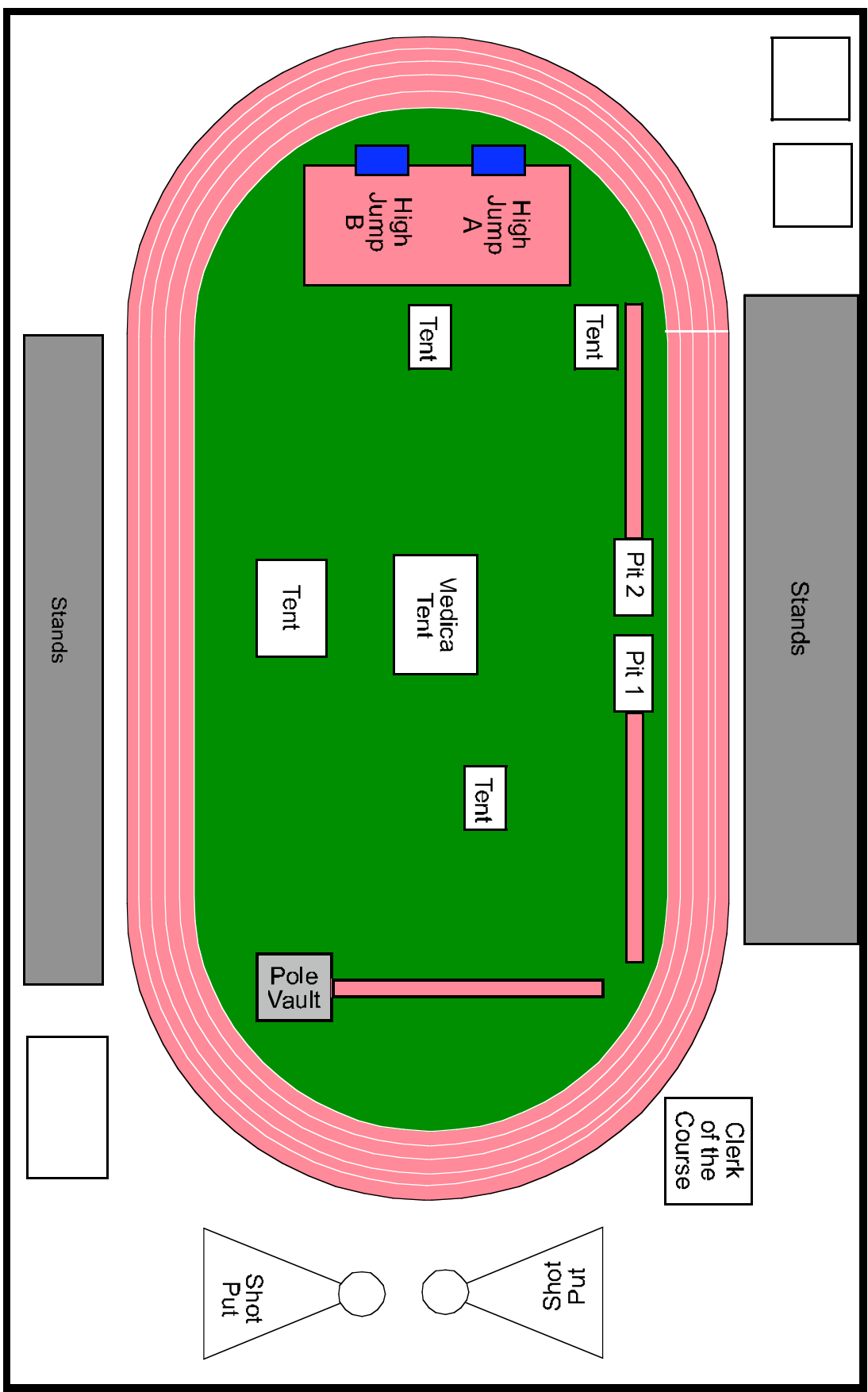
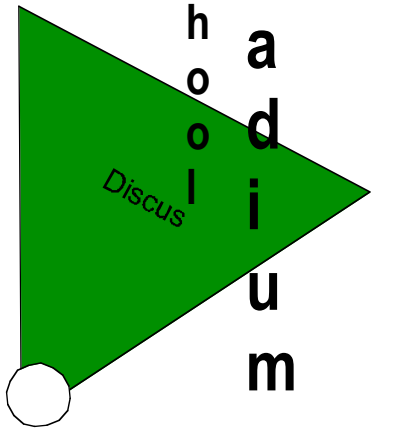
## EVENT INFORMATION

(SEPARATE ENTRY FORM FOR EACH RELAY EVENT) EVENT: CHECK ONE	AGE DIVISION: CHECK ONE	QUALIFYING TIME
<input type="checkbox"/> 4x100M <input type="checkbox"/> 4x400M <input type="checkbox"/> 4x800M	<input type="checkbox"/> Bantam <input type="checkbox"/> Midget <input type="checkbox"/> Youth <input type="checkbox"/> Intermediate <input type="checkbox"/> Young Men/Women	

## RELAY TEAM ROSTER (NO additions or changes authorized)

NAME (Please Print)	Year of Birth	NAME (Please Print)	Year of Birth
1.		5.	
2.		6.	
3.		7.	

**D**ob  
**M**athias  
**S**tadium  
 155 E. Tunison High School  
 93274  
 Ulaire, California  
 javin





# 1<sup>st</sup> Annual Western States Championships

## Schedule of Events

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. A REVISED MEET SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.

### CLASSIFICATION

PRB - Primary Boys  
 PRG - Primary Girls  
 SBB - Sub Bantam Boys  
 SBG - Sub Bantam Girls  
 BB - Bantam Boys  
 BG - Bantam Girls  
 SMB - Sub Midget Boys  
 SMG - Sub Midget Girls

MB - Midget Boys  
 MG - Midget Girls  
 YB - Youth Boys  
 YG - Youth Girls  
 IB - Intermediate Boys  
 IG - Intermediate Girls  
 YM - Young Men  
 YW - Young Women

S = Semifinals

TF= Timed Finals

F = Finals

In all running events, EXCEPT RELAYS, where "all divisions" are indicated, the order will be: PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, YG, YB, IG, IB, YW, YM

**NOTE: This will be a rolling schedule. Specific time schedules available at Registration.**

## TUESDAY, JULY 20, 2004

### FIELD EVENTS: *(NOTE: First event will start at 8:00 am sharp)*

EVENT	AGE GROUP	EVENT CLASSIFICATION
Long Jump	SBB, SBG, BB, BG	F
High Jump	SMG, SMB, MB, MG	F
Discus	YB, YG	F
Long Jump	SMG, SMB, MB, MG	F
High Jump	YB, YG	F
Discus	IB, IG	F
Pole Vault	YB, IB, YM	F
Javelin	YB, IB, YM	F
Shot Put	SBB, BB, BG, SBG	F

### RUNNING EVENTS: *(NOTE: First event will start at 8:00 am sharp)*

EVENT	AGE GROUP	EVENT CLASSIFICATION
3000 Meter Run	SMG, SMB, MG, MB, YG, YB, IG, IB, YW, YM	F
4 x 400 Meter Relay	All Divisions	S
100 Meter Dash	All Divisions	S
800 Meter Run	All Divisions	TF
200 Meter Dash	All Divisions	S

## WEDNESDAY, JULY 21, 2004

### FIELD EVENTS: *(NOTE: First event will start at 8:00 am sharp)*

EVENT	AGE GROUP	EVENT CLASSIFICATION
Shot Put	PB	F
Long Jump	YB, YG	F
High Jump	IB, IG	F
Discus	YM, YW	F
Pole Vault	YG, IG, YW	F
Long Jump	IB, IG	F
Shot Put	PG	F
High Jump	YM, YW	F
Discus	SMB, SMG, MB, MG	F
Long Jump	YM, YW	F
High Jump	SBB, SBG, BB, BG	F
Shot Put	YM, YW	F

**RUNNING EVENTS: (NOTE: First event will start at 8:00 am sharp)**

<b>EVENT</b>	<b>AGE GROUP</b>	<b>EVENT CLASSIFICATION</b>
1500 Meter Run	SBG, BG, BB, SBB, SM, MB, SMG, SMB	F
400 Meter Hurdles	IB, YM	TF
400 Meter Hurdles	IG, YW	TF
200 Meter Hurdles	YG, YB	TF
400 Meter Dash	All Divisions	TF
80 Meter Hurdles	SMG, SMB, MG, MB	TF
100 Meter Hurdles	YG, YB, IG, YW	TF
110 Meter Hurdles	IB, YM	TF
4 x 100 Meter Relay	All Divisions	S

**THURSDAY, JULY 22, 2004**

**FIELD EVENTS: (NOTE: First event will start at 8:00 am sharp)**

<b>EVENT</b>	<b>AGE GROUP</b>	<b>EVENT CLASSIFICATION</b>
Long Jump	PG, PB	F
Triple Jump	YB, YG	F
Shot Put	SMB, MB, MG, SMG	F
Javelin	IG	F
Triple Jump	IB, IG	F
Shot Put	YB, YG	F
Javelin	YM	F
Triple Jump	YM, YW	F
Shot Put	IB, IG	F
Javelin	YW	F

**RUNNING EVENTS: (NOTE: First event will start at 8:00 am sharp)**

<b>EVENT</b>	<b>AGE GROUP</b>	<b>EVENT CLASSIFICATION</b>
1500 Meter Run	YG, YB, IG, IB, YW, YM	F
100 Meter Dash	All Divisions	F
4 x 100 Meter Relay	All Divisions	F
400 Meter Dash	All Divisions	F
200 Meter Dash	All Divisions	F
4 x 400 Meter Relay	All Divisions	F

**FOR MORE INFORMATION CONTACT:**

**WESTERN CONFERENCE  
COMMISSIONER**

**Guy Fowler**  
**1255 North Cherry Ave #524**  
**Tulare, CA 93274**  
**559-303-1222**  
**559-651-1145**  
[guy.fowler@tulare.k12.ca.us](mailto:guy.fowler@tulare.k12.ca.us)