## $8^{\text {th }}$ ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS

SITE: $\quad$ Disney's Wide World of Sports ${ }^{\circledR}$ Track and Field Complex at the WALT DISNEY WORLD ${ }^{\circledR}$ Resort, near Orlando, Florida.

RATIONALE: The AAU National Club Championships has been designed to place an emphasis on the team aspect of the sport, hence the club/team meet, and to add another National Championship meet to the AAU Athletics Program. It also provides additional participation opportunities for individual athletes against national caliber competition.

## DATES:

Saturday, July 3, 2004
Sunday, July4 , 2004
Monday, July 5, 2004
Tuesday, July 6, 2004
Wednesday, July 7, 2004
Thursday, July 8, 2004
Friday, July 9, 2004
AGE DIVISIONS: Individual \& Multi-events:
Relay events:

Packet Pick-Up/Team Check-in
Multi-event/Racewalk Competition
Multi-event/Racewalk Competition
Track and Field Competition
Track and Field Competition
Track and Field Competition
Track and Field Competition
Primary (No Multi-events), Sub Bantam, Bantam, Sub Midget, Midget, Youth, Intermediate, Young Men/Young Women
Bantam, Midget, Youth, Intermediate, and Young Men/Young Women

## AGE

DETERMINATION: The athlete's year of birth shall determine the age division in which he/she will compete for individual events:

| AGE GROUPS | YEAR OF BIRTH |
| :--- | :--- |
| Primary* | 1996 \& After* |
| Sub Bantam | 1995 |
| Bantam | 1994 |
| Sub Midget | 1993 |
| Midget | 1992 |
| Youth | $1990-1991$ |
| Intermediate | $1988-1989$ |
| Young Men/Young Women** | $1986-1987 * *$ |
|  |  |
| *Multi-events are not contested in the Primary Age Division |  |
| **Athletes who are still eighteen (18) years of age through the final day of the AAU National Club Championships shall be |  |
| eligible to compete. Athletes who turn nineteen before the 2004 AAU Junior Olympic Games will not be eligible to qualify to |  |
| the 2004 AAU Junior Olympic Games. |  |

## ENTRY

DEADLINE: Entries must be received (Not postmarked) at the AAU National Office no later than Wednesday, June 23, 2004. ANY FORMS RECEIVED AFTER THIS DATE WILL BE RETURNED, NO EXCEPTIONS. It is important that all forms be completed and returned with the entry fee. TO INSURE CORRECT ENTRY INTO THE EVENT, ALL ENTRIES MUST BE RECEIVED BY THE DEADLINE DATE!

The AAU and Disney's Wide World of Sports ${ }^{\circledR}$ Complex have spent many hours planning and preparing for this event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the coach, designated administrator of the club, or athlete to return all the necessary monies and completed forms by the deadline date. Paying particular attention to completing the forms as instructed will help speed up the registration process, as will using the correct address for submission (see Individual Athlete Entry form - Submission Instructions section).

## ENTRY FEE:

CLUB/TEAM SCORING:

ELIGIBILITY: Open to any athlete or club/team who holds current AAU Membership. Register coaches, athletes, and clubs/teams with your local AAU Association. You may also register instantly on line at www.aausports.org. The annual fee for individual membership is $\$ 12.00$ for athletes and $\$ 14.00$ for coaches.

In order for athletes to be physically prepared to compete at the AAU National Club Championships level, it is highly recommended that athletes compete in their local AAU Association meet. Contact your local AAU Association 1-800-AAU 4USA or the AAU National Headquarters 407-828-4394 for information about meets in your area.

Individual athletes (unattached) and Clubs from other organizations are also encouraged to compete in this Championship upon becoming members of the AAU.

AAU
MEMBERSHIP:
$\mathbf{\$ 3 0 . 0 0}$ per athlete regardless of the number of events. NO PERSONAL CHECKS WILL BE ACCEPTED. All entry fees must be in the form of either a credit card, cashier's check or money order made payable to "AAU National Club Championships." Fee is to be paid in one lump sum. Please do not send cash. All athletes shall receive a special commemorative $t$-shirt for their participation in the event.

## RELAY TEAMS

There is no additional entry fee for relay events as long as the following criteria is met:

1) All competitors as well as alternates have paid the individual entry fee of $\$ 30.00$.
2) The relay team represents a current 2004 AAU registered club.
3) All competitors must have current AAU membership
4) The RELAY TEAM FORM must be completed and returned by deadline date.

## MULTI-EVENTS

Each athlete wishing to compete in the Multi-Events must submit an entry fee of $\$ 30.00$, if the athlete wishes to compete in the Track and Field portion of the met they must submit an additional $\$ 30.00$ to be entered in Track and Field portion of the meet.

## CLUB/TEAM ENTRY FEE

All clubs/teams will be entered in the club scoring, there is NO additional fee. ALL PARTICIPATING CLUBS/TEAMS MUST BE 2004 AAU CLUB MEMBERS! Participating Clubs/Teams are to submit one check (1) which covers all of the individual athlete entry fee(s) ( $\$ 30.00$ per athlete as well as a club roster which must be completed and returned with entry money by deadline date.)

Team scoring will be based on (8) eight places with the following point structure: 10-8-6-5-4-3-2-1. All events will be scored towards the team totals, including the multi-events. Relay points will be awarded to the age groups in which the event was competed.

All athletes and coaches must be able to present their 2004 AAU membership cards at time of Check-in.
Membership cards will be available at check-in for those individuals unable to obtain membership from the local Association prior to arrival. All relay teams and clubs/teams must present current 2004 AAU Club membership at check-in.

## AWARDS:

## AWARDS CEREMONIES:

## DIRECTIONS TO COMPLEX:

## CHECK-IN:

## COACH'S

 CREDENTIALS:All competitors in the Primary, Sub-Bantam, Bantam, Sub-Midget and Midget age divisions will be limited to a maximum of (3) three events per competitor, including relays but excluding multi-events (NO PRIMARY). Competitors in the Youth, Intermediate and Young Men/Young Women age divisions will be limited to a total of (4) four events per competitor, including relays but excluding multi-events.

## CLUB SUPREMACY AWARD

CLUB/TEAM AWARDS
National championship award will be presented to the club/team with the highest overall point total of all divisions and genders combined.

National championship award presented to the $1^{\text {st }}$ through $3^{\text {rd }}$ place clubs/teams in each age division and gender (i.e. "Bantam Girls Champion").

INDIVIDUAL ATHLETE AWARDS National championship medals presented $1^{\text {st }}$ through $8^{\text {th }}$ for each event per age group (including each relay team member).

Individual award ceremonies will be conducted at the awards area. Awards for every final event will be presented approximately 30-60 minutes after conclusion of the event. Team award ceremonies will be conducted immediately following the conclusion of the last event at the track on Friday, July $9^{\text {th }}$.

Directions to Disney's Wide World of Sports ${ }^{\circledR}$ Complex: I-4 to exit 65. Follow signs to the Wide World of Sports. Left on Victory Way. Follow signs to parking.

Pre-Registration: All entries must be received at the AAU National Office no later than the June 23 deadline date. NO ENTRIES WILL BE ACCEPTED AFTER JUNE 23!! Of course, we want as many athletes as possible to participate, so please get all entry forms in on time. AGAIN, GUARANTEED OVERNIGHT DELIVERY WILL BECOME MANDATORY IF IT IS THE ONLY WAY TO ENSURE COMPLIANCE WITH THE DEADLINE DATE!

On-Site Check In: Check-in for all athletes and coaches participating in the 2004 AAU National Club Championships will be held at Disney's Wide World of Sports ${ }^{\circledR}$ Complex. ALL PARTICIPATING ATHLETES/CLUBS SHOULD PLAN ON CHECKING-IN THE DAY BEFORE COMPETITION BEGINS. Upon arrival at the complex, please follow posted signs to the registration area. Free parking will be available. Temporary parking for RV and Buses will also be available at the complex. ALL ATHLETES AND COACHES MUST CHECK-IN AT THE REGISTRATION CENTER PRIOR TO COMPETITION!

Hours of operation at the Registration Center will be as follows for the AAU National Club Championships:

| Day/Date | Open Time | Close Time |
| :--- | :--- | :--- |
| Saturday, July 3 3h | NOON | $6: 00 \mathrm{PM}$ |
| Sunday, July 4 ${ }^{\text {th }}$ | 7:00 AM | 10:00 AM |
| Monday, July $5^{\text {th }}$ | 7:00 AM | $3: 00 \mathrm{PM}$ |
| Tuesday, July 6 |  |  |
| Wednesday, July $^{\text {th }}$ | 7:00 AM | $11: 00 \mathrm{AM}$ |
| Thursday, July 8 | 7:00 AM | $9: 00 \mathrm{AM}$ |
| Friday, July 9th | 7:00 AM | $9: 00 \mathrm{AM}$ |
|  | 7:00 AM | $9: 00 \mathrm{AM}$ |

NOTE: If your event is one of the first events on any morning and is within two hours of the opening of registration, it is mandatory that you check-in on the day before competition to obtain your packet and race number(s).

Clubs/teams will receive coach's credentials (passes) based on the following formula:

One (1) Coach’s Credential per club
Two (2) Coach's Credentials per club
Three (3) Coach's Credentials per club
Four (4) Coach's Credentials per club
Five (5) Coach's Credentials per club
One (1) additional Coach's Credential per club
*A Maximum of ten (10) complimentary Coach's Credentials will be given to any given club.

Please note that the credentials issued to athletes and coaches are ATS tickets. These tickets are required to be used in the turnstiles to gain access to Disney's Wide World of Sports ${ }^{\circledR}$ Complex. If an athlete or coach loses their credential, a replacement will be issued at the cost of an LOE ticket.

For specially-priced housing accommodations and WALT DISNEY WORLD ${ }^{\circledR}$ Theme Park tickets, please see the enclosed Travel Planner 2004. For additional information please call Michael Driscoll at (407) 828-4982.

## PARKING:

## SPECTATOR TICKETS:

Parking at Disney's Wide World of Sports® Complex is free. In the case of Disney's Wide World of Sports ${ }^{\circledR}$ Complex parking lot filling to capacity, alternate parking areas have been identified and guests will be directed to these areas. Disney's Wide World of Sports ${ }^{\circledR}$ Complex will provide all necessary shuttles and buses to transport guests to and from the alternate parking areas.

Spectator tickets are available at the Disney's Wide World of Sports ${ }^{\circledR}$ Complex box office.
Children under the age of three (3) are admitted for free.
General Admission:
Adult-\$10.50
Child-\$7.75
LOE (Length of event) passes are available for the following prices:
Adult-\$34.00 Child \$24.00 (Ages 3-9)

## MEDICAL:

## FLUIDS

## WEATHER:

The average high temperature in Orlando during the month of July is in the low 90 's with high humidity. Chance of rain in the month of July is high and the following rain protocols will be observed:

- In the case of lightning or severe rain, all competition will be halted and all guests will be asked to report to the Milk House or baseball stadium. The competition will resume if the weather clears or be postponed to the following day (in the case of very severe weather).
- In the case of light rain, competition will continue until safety becomes an issue, at which time competition will be halted and the above protocol will be observed.


## TRACK \& FIELD VENUE INFORMATION

## TRACK:

## SEATING

 CAPACITY:
## SHOWER \&

LOCKER ROOMS:

RESTROOM
FACILITIES:

COMPETITOR NUMBERS:

## HIP NUMBERS:

IMPLEMENTS:

Disney's Wide World of Sports ${ }^{\circledR}$ Complex track \& field venue has a 9 lane, polyurethane surface [Martin (ISA$1000)$ ] with 48 " lanes. The track has a straightaway on both the front and back straight, and has been marked for all short hurdle and sprint races to be done in both directions. The infield of the track features two bi-directional long/triple jump runways, three pad pole vault runway, three shot put areas, one discus areas and large D-area for two high jumps and javelin runway.

Disney's Wide World of Sports ${ }^{\circledR}$ Complex track \& field venue has 500 permanent chair back seats. Some seats will be brought into the venue for this event

There are no shower or locker room facilities available at the track \& field venue. All competitors need to dress at their hotel and arrive at Disney's Wide World of Sports ${ }^{\circledR}$ Complex ready to compete.

Restroom facilities will be available at the track \& field venue. A combination of permanent restroom facilities and port-a-lets will be placed throughout the venue.

Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. Replacement numbers will be issued for a fee of $\$ 10.00$.

Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

Disney’s Wide World of Sports ${ }^{\circledR}$ Complex will be supplying implements for use at this event. Athletes may bring their own implements to use during competition. However, personal implements will be required to be weighedin prior to reporting to the event site. Implement weigh-in will occur in a tent near the clerking and warm-up areas of the event. Implements will be impounded and delivered to the event area. Implements will be returned to the athletes after competition.

## PROTESTS: <br> Protests concerning the status or eligibility of any competitor must be made to the Games Committee prior to the

 commencement of the meet, or to the Referee during the meet. Protests relating to matters which develop during the conduct of the meet must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Written protests At the National level, protests MUST be filed on official protest forms and accompanied by a cash deposit of $\$ 150.00$. The National Meet Director will cause the results of each event to be marked with the correct time and date. The Referee shall consider any and all available evidence, except photographic evidence other than official films or official videotapes. When the Referee renders his decision, there is still the right of appeal to the Jury of Appeals, whose decision is final. If the protest is denied, the cash deposit will be forfeited. PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BEACCEPTED.

## ATHLETE WARM-UP:

COMPETITOR CHECK-IN:

## TENTS:

COOLERS:

OTHER POLICIES:

SCHEDULE: The schedule for this event will be a rolling schedule, due to the nature of the weather during this season of the year.

QUALIFICATION: The first place finisher from each event will have the opportunity to qualify to the 2004 AAU Junior Olympic Games. Each qualifying athlete must declare whether or not he/she will attend the AAU Junior Olympic Games in Des Moines, IA on July 31- August 7. If the athlete decides to compete he/she must complete entry form, include entry fee, and submit, no later than the end of meet, to the AAU representative.

# $8^{\text {th }}$ ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS <br> MULTI-EVENTS AND TRACK \& FIELD <br> MEET SCHEDULE 

## YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. A REVISED MEET SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.

## CLASSIFICATION

| PG - Primary Girls | MG - Midget Girls |
| :--- | :--- |
| PB - Primary Boys | MB - Midget Boys |
| SBG - Sub Bantam Girls | YG - Youth Girls |
| SBB - Sub Bantam Boys | YB - Youth Boys |
| BG - Bantam Girls | IG - Intermediate Girls |
| BB - Bantam Boys | IB - Intermediate Boys |
| SMG - Sub Midget Girls | YW - Young Women |
| SMB - Sub Midget Boys | YM - Young Men |

$$
\mathrm{S}=\text { Semifinals } \quad \mathrm{F}=\text { Finals }
$$

In all running events, EXCEPT RELAYS, where "all divisions" are indicated, the order will be: PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, YG, YB, IG, IB, YW, YM

## NOTE: This will be a rolling schedule. <br> SUNDAY, JULY 4, 2004



## MONDAY, JULY 5, 2004

Order of Events/Age Division (NOTE: First event will start at 8:00 am sharp)

| Decathlon - Intermediate Boys | (Finals) .................................................... 110 m Hurdles, D, PV, Jav, 1500 meters |
| :---: | :---: |
| Heptathlon - Young Women | (Finals) ............................................................................... LJ, Jav, 800 meters |
| Decathlon - Young Men | (Finals) ..................................................... 110 m Hurdles, D, PV, Jav, 1500 meters |
| Pentathlon - Sub Midget Girls \& Midget Girls | (Finals) .......................................................... 80 m Hurdles, HJ, SP, LJ, 800 meters |
| Pentathlon - Sub Midget Boys \& Midget Boys | (Finals) ........................................................ 80 m Hurdles, HJ, SP, LJ, 1500 meters |
| Heptathlon - Intermediate Girls | (Finals) ............................................................................... LJ, Jav, 800 meters |
| Pentathlon - Youth Girls | (Finals) ....................................................... 100 m Hurdles, LJ, SP, HJ, 800 meters |
| Pentathlon - Youth Boys | (Finals) ........................................................ 100 m Hurdles, LJ, SP, HJ, 800 meters |
| 3000 Meter Racewalk Starting at 9:00am | (Finals)...........................................................YG, YB, IG, IB, YW, Y |

All events will be run in the order listed above. If there are changes, there will be a revised schedule at athlete Check-in.
The Intermediate Boys and Young Men Pole Vaulters will compete on separate pits. Starting height will be 6' or 1.83m.
All events will be contested approximately 30 minutes after the preceding event is completed. The 30 -minute rest period will include rest, food, measuring steps, and warm-up. Be ready.

Each Final Event will be contested according to the point totals of all of the preceding events. All possible medal winners must run together.
SCORING TABLES: The IAAF scoring tables will be used for all Age Divisions. Boys' hurdle races shorter than 110 meters are scored from the Men's 110 meter hurdle tables. Girl's hurdle races shorter than 100 meters are scored from the Women's 100 meter hurdle tables. Times for Sub Midget and Midget Boys 80 meter hurdles shall be multiplied by 1.13 prior to entering the tables; For the Sub Midget and Midget Girls 80 meter hurdles, multiply by 1.07. These calculations are included in the Hy-Tek program used for scoring purposes.

RULES: The rules of the NGB shall apply, with the following Multi-Events differences:
a. In the long jump, shot put, discus throw, and the javelin throw, each competitor shall be allowed three (3) trials only. b. In running events and hurdles, a competitor shall be disqualified in any event in which he or she has made three (3) false starts.

TUESDAY, JULY 6, 2004
FIELD EVENTS: (NOTE: First event will start at 8:00 am sharp)

EVENT
Long Jump
High Jump Discus
Long Jump
High Jump
Discus

AGE GROUP
SBG, SBB, BG, BB
SMG, SMB, MG, MB F
YG, YB F
SMG, SMB, MG, MB
YG, YB
F
$\begin{array}{ll}\text { YG, YB } & \text { F } \\ \text { IG, IB } & \text { F }\end{array}$
F
F
F

F
F

EVENT CLASSIFICATION

RUNNING EVENTS: (NOTE: First event will start at 8:00 am sharp)
EVENT
3000 Meter Run
AGE GROUP
SMG, SMB, MG, MB, YG, YB, IG, IB, YW, YM
BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
EVENT CLASSIFICATION
F
S
IG, YW, IB, YM F
IG, IB, YW, YM F

## WEDNESDAY, JULY 7, 2004

FIELD EVENTS: (NOTE: First event will start at 8:00 am sharp)

EVENT
Shot Put
Long Jump
High Jump
Discus
Pole Vault (Pit A)
Pole Vault (Pit B)
Long Jump
Shot Put
High Jump
Pole Vault (Pit A)
Discus
Long Jump
High Jump

AGE GROUP
PB
YG, YB F
IG, IB F
YW, YM F
IG F
YG F
IG, IB F
PG F
YW, YM F
YW F
SMG, SMB, MG, MB F
YW, YM F
SBG, SBB, BG, BB F

RUNNING EVENTS: (NOTE: First event will start at 8:00 am sharp)
EVENT AGE GROUP
AGE GROUP EVENT CLASSIFICATION
800 Meter Run
PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB
800 Meter Run
YG, YB, IG, IB, YW, YM S
200 Meter Dash
80 Meter Hurdles
All Divisions
SMG, SMB, MG, MB S
100 Meter Hurdles
110 Meter Hurdles
100 Meter Dash
$4 \times 100$ Meter Relay
YG, YB, IG, YW S
IB, YM S
All Divisions S
BG, BB, MG, MB, YG, YB, IG, IB, YW, YM S

THURSDAY, JULY 8, 2004
FIELD EVENTS: (NOTE: First event will start at 8:00 am sharp)

EVENT
Long Jump
Triple Jump
Shot Put
Javelin
Triple Jump
Shot Put
Javelin
Triple Jump
Shot Put
Javelin

AGE GROUP
PG, PB
F
SMG, SMB, MG, MB
IG
IG, IB F
YG, YB F
YM F
YW, YM F
IG, IB F
YW F

EVENT CLASSIFICATION
F
F
F

F
F
F
F

NOTE: This will be a rolling schedule.

## THURSDAY, CONTINUED:

## RUNNING EVENTS: (NOTE: First event will start at 8:00 am sharp)

1500 Meter Run 1500 Meter Run 400 Meter Hurdles 400 Meter Hurdles 200 Meter Hurdles 400 Meter Dash 400 Meter Dash $4 \times 800$ Meter Relay

AGE GROUP EVENT CLASSIFICATION
SBG, SBB, BG, BB, SMG, SMB, MG, MB F
YG, YB, IG, IB, YW,YM F
IG, YW S
IB, YM S
YG, YB S
PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB F
YG, YB, IG, IB, YW, YM S
MG, MB, YG, YB, IG, IB, YW, YM F

FRIDAY, JULY 9, 2004

| FIELD EVENTS: (NOTE: First event will start at 8:00 am sharp) |  |  |
| :---: | :---: | :---: |
| EVENT | AGE GROUP | EVENT CLASSIFICATION |
| Pole Vault | YB | F |
| Javelin | IB | F |
| Shot Put | YW, YM | F |
| Pole Vault | IB | F |
| Javelin | YG | F |
| Shot Put | SBG, SBB, BG, BB | F |
| Pole Vault | YM | F |
| Javelin | YB | F |
| RUNNING EVENTS: (NOTE: First event will start at 8:00 am sharp) |  |  |
| EVENT | AGE GROUP | EVENT CLASSIFICATION |
| 80 Meter Hurdles | SMG, SMB, MG, MB F |  |
| 100 Meter Hurdles | YG, YB, IG, IB | F |
| 110 Meter Hurdles | IB, YM | F |
| 100 Meter Dash | All Divisions | F |
| $4 \times 100$ Meter Relay | All Divisions | F |
| 400 Meter Dash | YG, YB, IG, IB, YW, YM | F |
| 400 Meter Hurdles | IG, YW | F |
| 400 Meter Hurdles | IB, YM | F |
| 200 Meter Hurdles | YG, YB | F |
| 800 Meter Run | YG, YB, IG, IB, YW, YM | F |
| 200 Meter Dash | All Divisions | F |
| $4 \times 400$ Meter Relay | BG, BB, MG, MB, YG, YB, IG, IB, YW, YM | F |

NOTE: This will be a rolling schedule.

## FOR MORE INFORMATION CONTACT:

AAU NATIONAL STAFF MEET DIRECTOR

## Frank Lett

P.O. Box 22409

Lake Buena Vista, FL 32830
407-828-4394
407-934-7242 fax
frank@aausports.org

ASSISTANT MEET DIRECTOR

John Boyer
1229 Wyndham South
Gretna, LA 70056
504-394-3862
504-391-7462 fax
boyertrack@aol.com

AAU YOUTH ATHLETICS NATIONAL CHAIRMAN

Col. W.M. Tooke
106 Beechwood
Universal City, TX 78148
210-658-4482
210-658-4942 fax

