##  <br> Knoxville - TENNESSEE

June 28 - July 3
Tom Black Track - University of Tennessee Knoxville, TN

## USA Youth Outdoor Track \& Field Championships PASSPORT

## WELCOME TO KNOXVILLE!

The Knoxville Tourism \& Sports Corporation, the University of Tennessee and the USA Track \& Field Tennessee Association are proud to welcome the athletes, coaches, parents and spectators to the 2005 USA Youth Outdoor Track \& Field Championships. The University of Tennessee plays host to this exciting USATF youth competition. We are looking forward to a record turnout and plan to conduct a great national meet. This competition is an official USA Track \& Field youth individual and club/team championship.

## Tom Black Track at the University of Tennessee

The Facilities at the University of Tennessee are among the best in the nation, and Tom Black Track underwent major renovation in 1992 to further improve its practicality and appearance. Tom Black Track is named after the Knoxville business leader whose generous contribution provided the support necessary for its early development. The track is an eight-lane Olympic-style oval, complete with Finish Lynx Timing System, a scoreboard display and message center made by Daktronics, Inc.

Tom Black Track has been the site of several prestigious track and field championships in the past decade, such as the 1993 Southeastern Conference Championships, the 1994 USA Track \& Field Youth National Championships, the 1994 USA Track \& Field Championships and the 1995 NCAA Championships. And, on an annual basis, the facility serves as the site of the Sea Ray Relays and the Gatorade Classic as well as a variety of other dual and invitational events.

Coolers will be allowed in the stadium (NO GLASS CONTAINERS).
NO ELECTRONIC DEVICES WILL BE PERMITTED IN THE COMPETITION AREA Electronic Devices Include, but are not limited to: Cell Phones, I-PODS, CDPlayers, Radios, Palm Pilots, Blackberry's, Etc.

## ** TENTS AND TARPS WILL NOT BE ALLOWED IN FACILITY ** DRIVING DIRECTIONS TO TOM BLACK TRACK

Tom Black Track University of Tennessee 1801 Volunteer Blvd Knoxville, TN 37996

## From Airport

Start out going NORTH on AIRPORT HWY/US-129 N/ALCOA HWY/TN-115 N. Continue to follow US-129 N/TN-115 N. Take the US-11/KINGSTON PK/US70 ramp. Turn RIGHT onto KINGSTON PIKE/US-11/TN-1/US-70. Continue to follow US-11/TN-1/US-70. Turn RIGHT onto VOLUNTEER BLVD.

## From West of Knoxville

Take I-75 to l-40 East. Merge onto ALCOA HWY/TN-115 S/TN-73 S/US-129 S via EXIT 386B toward AIRPORT/SMOKY MTS. Take the US-11/KINGSTON PIKE/US-70 ramp. Turn LEFT onto KINGSTON PIKE/US-11/TN-1/US-70. Continue to follow US-11/TN-1/US-70. Turn RIGHT onto VOLUNTEER BLVD.

## From East of Knoxville

Take I-40 West. Merge onto TN-158 W via EXIT 388A on the LEFT toward US441 S/DOWNTOWN/UNIV OF TENN/JAMES WHITE PKY. Turn RIGHT onto LAKE LOUDON BLVD. Turn LEFT onto VOLUNTEER BLVD. The track will be on your left.

## ATHLETE ELIGIBILITY

Athletes must be United States citizens or non-citizens residing in the United States born on or after August 2, 1986. The competition is conducted in five age divisions as follows:

Bantam<br>Midgets<br>Youth<br>Intermediate<br>Young Men/Women<br>born 1995 and later<br>born 1993-1994<br>born 1991-1992<br>born 1989-1990<br>born 1987-1988**<br>**Athletes born in 1986 are also eligible if they do not turn 19 on or prior to August 1, 2005**

All competitors must possess valid USATF membership numbers prior to entering the championships. All relay teams must also be registered club members of USA Track \& Field. Individual membership numbers and club numbers, in the case of relay events, must be entered on all entry forms.

## REGISTRATION / PACKET PICK-UP

Athletes and/or coaches can pick up their competition packets at the Tennis Court adjacent to Tom Black Track. Athletes MUST bring a copy of their birth certificate, passport, drivers license or other acceptable form of proof of age with them to packet pick-up.

## Packet pick-up hours are as follows

Monday - June 27th 2:00p.m. -7:00p.m.
Tuesday - June 28th 7:00a.m. -5:00p.m.
Wednesday - June 29th 7:00a.m. -7:00p.m.
Thursday - June 30th 7:00a.m. -5:00p.m.
Friday - July 1st 7:00a.m. -5:00p.m.
Saturday - July 2nd 7:00a.m. -12:00p.m.
Each athlete will be assigned a competitor bib number, which must be pinned to the athlete's uniform and "worn as issued" (i.e., no folding, etc.) The bib number must be worn at all times while the athlete is inside the gate of the stadium. Lost bib numbers can be replaced for a $\$ 5.00$ fee.

## Admission Fee

The daily fee - $\$ 6.00$ starting on June $28^{\text {th }}$
4 day pass - $\$ 15.00$
6 day pass - $\$ 25.00$
All children age 6 and under will be admitted FREE of charge.

## Note to Coaches

Coaches will be admitted free upon showing a current USATF Membership Card or official USATF membership verification form with the coaches' category marked. Coaches without a current USATF Membership Card with the category designation of "COACH" are required to pay the standard admission fee.
According to USATF national policy, no coaches passes will be issued.

## Meet Management Information Charles Oliver <br> Director of Events

## University of Tennessee <br> coacho@utk.edu

Chad Culver
University of Tennessee
Meet Coordinator

cculver1@utk.edu

## ENTRY REQUIREMENTS AND FEES

## Mail-In Entries

Athletes entering by mail must attach a copy of their birth certificate and/or any other acceptable proof of age to the entry form. All entries must be submitted accurately and completely with the appropriate fee per the following schedule:

Postmarked on or before June 14, 2005
\$ 8.00-per individual event
$\$ 32.00$ - per relay event
\$20.00 - Triathlon
\$24.00 - Pentathlon, Heptathlon, Decathlon
Entries postmarked per this schedule must be accompanied by the correct entry fee. Entries without the correct fee will be charged an additional $\$ 5.00$ surcharge.

On Line Entries - VISA accepted (USATF prefers VISA)
Athletes may enter on-line through the event website or download and print an application from the link below: (USATF prefers VISA, other major credit cards accepted)

## http://www.usatf.org/events/2005/USAYouthOutdoorTFChampionships/entry/

Athletes entering on-line must bring a copy of their birth certificate, passport, drivers license or other acceptable proof of age verification and signed athletes' waiver to packet pick-up to receive their competitor packet.

## No Late Entries will be processed

On-line entry closes at 11:59 p.m., ET on June 14, 2005. Phones calls and/ or e-mails requesting entry consideration after June 14, 2005, will receive no response.

## TEAM SCORING * ADVANCEMENT * AWARDS INFORMATION

## Team Scoring and Awards

Team scoring will be based on the following point structure with the top 8 places scored: 10, $8,6,5,4,3,2$, and 1 to indicate points from first through eighth place. Each male and female division will be scored separately. Awards will be presented to the first, second, and third place teams in each division. There will not be an overall team award. All teams will be scored automatically.
Team-scoring declarations and fees are not required.

## Combined Events

The team points earned by a club/team member in the combined events competition will be included in that team's overall score. IAAF scoring tables will be used to score all combined events competition (Triathlon, Pentathlon, HeptathIon, and Decathlon).

## Club/Team Relays

All relay team members must be a member of the same club, which must also be registered with Club's resident USATF Association for 2005. A relay team consists of four (4) athletes entered into the meet on their respective INDIVIDUAL entry forms. Only those athletes listed on the team Entry Form "Roster" will be allowed to compete on a relay team. "Relay team member only" must be listed on this roster.

## Advancement

All races contested in lanes (100, 200, 400, 800 and all hurdle events) will qualify the eight (8) fastest overall times in the first round to a one-heat final.

## Awards

National Championship medals will be awarded to first through eighth place in individual events. Awards will be presented following the posting of final results 90 minutes after the event is completed. Team awards will be presented following the posting of meet results on Sunday, July 3, 2005.

## IMPORTANT REMINDER!

## ENTRY DEADLINE IS JUNE 14, 2005! NO LATE ENTRIES WILL BE ACCEPTED!!

## USATF Rules and Regulations

## USATF Rules

The meet will be conducted in accordance with USATF rules, including those applicable and specific to Youth Athletics.

## Event Limits

A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the Bantam and Midget division may compete in a maximum of three (3) events, including relays. Athletes in the Youth, Intermediate, and Young Men/Women division may compete in a maximum of four (4) events, including relay. Combined events are not included in the event count.

## Relay Uniforms

Relay participants must wear a top of the same color(s) and shorts of the same color(s).

## Sprint Relays

In sprint relays, the outgoing runners may place white tape on the track, as per meet management. If the athlete does not have the tape, it will be supplied by meet management.

## Spikes

Track shoes with spikes are not to exceed $1 /{ }^{\prime \prime}$ in length.

## Pole Vault

Contestants in the pole vault competition will be weighed. All poles will be inspected for the manufacturer's pole rating and the maximum top-hand hold position as determined by the manufacturer. The competitor's weight shall be at or below the manufacturer's pole rating. (NO TOLERANCE)
Poles will be impounded at time of inspection and delivered to competition site at time of warm-up for the event.

Weigh-in and pole inspection will take place on the following schedule:

| YG, YB, | Wednesday, June 29 | 9:00 a.m. - 5:00 p.m. |
| :--- | :--- | :--- |
| IG, YW | Thursday, June 30 | 9:00 a.m. - 5:00 p.m. |
| IB | Friday, July 1 | 9:00 a.m. - 5:00 p.m. |
| YM | Saturday, July 2 | 9:00 a.m. - 5:00 p.m. |

## Combined Events

Weigh-in will take place on the first day of the decathlon.

## Protest Table

Protests must be filed in writing within 30 minutes following the announcement of results. A cash fee of $\$ 100.00$ will be required, along with an official Protest Form, to be obtained from the protest referee. Fees will be refunded only if the appeal is upheld.

| Tuesday, June 28, 2005 |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8:00am | Heptathlon (100m Hurdles, High Jump, Shot Put, 200m) |  |  |  |  |  |  | IG |  | YW |  | day 1 |
|  | Hammer Throw |  |  |  |  |  |  |  |  |  | YM | final |
| 9:15 | Pentathlon (100m Hurdles, Shot Put, High Jump, Long Jump, 800m/1500m) |  |  |  |  | $\begin{aligned} & \mathrm{Y} \\ & \mathrm{G} \end{aligned}$ | YB |  |  |  |  | final |
| 10:30 | Decathlon ( 100 m , Long Jump, Shot Put, High Jump, 400m) |  |  |  |  |  |  |  | IB |  | YM | day 1 |
| 11:00 | Hammer Throw |  |  |  |  |  |  |  | IB |  |  | final |
| 11:30 | 2000m Steeplechase |  |  |  |  |  |  | IG |  | YW |  | final |
| 12:00pm | 2000m Steeplechase |  |  |  |  |  |  |  | IB |  | YM | final |
| 12:30 | 5000m Race Walk |  |  |  |  |  |  | IG | IB | YW | YM | final |
| 2:00 | 3000m Race Walk |  |  |  |  | $\begin{aligned} & \mathrm{Y} \\ & \mathrm{G} \end{aligned}$ | YB |  |  |  |  | final |
|  | Hammer Throw |  |  |  |  |  |  |  |  | YW |  | final |
| 3:00 | 1500m Race Walk | BG | BB |  |  |  |  |  |  |  |  | final |
| 4:00 | 1500m Race Walk |  |  | MG | MB |  |  |  |  |  |  | final |
| 5:00 | Hammer Throw |  |  |  |  |  |  | IG |  |  |  | final |
| Wednesday, June 29, 2005 |  |  |  |  |  |  |  |  |  |  |  |  |
| 8:00am | Decathlon (110m Hurdles, Discus Throw, Pole Vault, Javelin Throw, 1500m) |  |  |  |  |  |  |  | IB |  | YM | final |
| 9:00 | Pentathlon ( 80 m Hurdles, Shot Put, High Jump, Long Jump, 800/1500m) |  |  | MG | MB |  |  |  |  |  |  | final |
| 10:00 | Heptathlon (Long Jump, Javelin Throw, 800 m ) |  |  |  |  |  |  | IG |  | YW |  | final |
| 10:00 | 4x800m Relay |  |  | MG | MB |  |  |  |  |  |  | final |
| 11:00 | 4x800m Relay |  |  |  |  | Y | YB |  |  |  |  | final |
| 11:30 | Triathlon (Shot Put, High Jump, $200 \mathrm{~m} / 400 \mathrm{~m}$ ) | BG | BB |  |  |  |  |  |  |  |  | final |
| 12:00pm | 4x800m Relay |  |  |  |  |  |  | IG | IB |  |  | final |
| 1:00 | 4x800m Relay |  |  |  |  |  |  |  |  | YW | YM | final |


| Thursday, June 30, 2005 |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8:00am | 800 m | BG | BB | MG | MB | YG | YB | IG | IB | YW | YM | 1st round |
|  | Long Jump |  | BB |  | MB |  |  |  |  |  |  | final |
|  | High Jump |  |  |  |  |  |  | IG |  |  |  | final |
|  | Shot Put |  |  |  |  |  |  |  |  |  | YM | final |
|  | Discus Throw |  |  |  | MB |  |  |  |  |  |  | final |
|  | Javelin Throw |  |  | MG |  |  |  |  |  |  |  | final |
| 9:00 | Pole Vault |  |  |  |  |  | YB |  |  |  |  | final |
| 10:30 | 200m | BG | BB | MG | MB | YG | YB | IG | IB | YW | YM | 1st round |
| 11:00 | Discus Throw |  |  |  |  | YG |  |  |  |  |  | final |
|  | Javelin Throw |  | BB |  |  |  |  |  |  |  |  | final |
| 12:00pm | Long Jump | BG |  | MG |  |  |  |  |  |  |  | final |
|  | High Jump |  |  |  |  |  |  |  |  | YW |  | final |
|  | Shot Put |  |  |  |  |  |  |  | IB |  |  | final |
| 1:30 | 4x400m Relay | BG | BB |  |  |  |  |  |  |  |  | 1st round |
| 2:00 | 4x400m Relay |  |  | MG | MB |  |  |  |  |  |  | 1st round |
|  | Pole Vault |  |  |  |  | YG |  |  |  |  |  | final |
|  | Discus Throw |  |  |  |  |  | YB |  |  |  |  | final |
|  | Javelin Throw | BG |  |  |  |  |  |  |  |  |  | final |
| 2:30 | 4x400m Relay |  |  |  |  | YG | YB |  |  |  |  | 1st round |
| 3:00 | 4x400m Relay |  |  |  |  |  |  | IG | IB |  |  | 1st round |
| 3:30 | 4x400m Relay |  |  |  |  |  |  |  |  | YW | YM | 1st round |
| 4:00 | Long Jump |  |  |  |  |  |  | IG |  |  |  | final |
|  | Triple Jump |  |  |  |  |  |  |  |  | YW |  | final |
|  | High Jump |  |  |  |  |  |  |  |  |  | YM | final |
|  | Shot Put |  | BB |  |  |  |  |  |  |  |  | final |
| 5:00 | Discus Throw |  |  | MG |  |  |  |  |  |  |  | final |
|  | Javelin Throw |  |  |  | MB |  |  |  |  |  |  | final |

Friday, July 1, 2005

| 8:00am | 400m Hurdles |  |  |  |  |  |  |  |  |  | B |  | YM | 1st round |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Long Jump |  |  |  |  |  |  |  |  |  |  | YW |  | final |
|  | Triple Jump |  |  |  |  |  |  |  | IG |  |  |  |  | final |
|  | High Jump |  | BB |  |  |  |  |  |  |  |  |  |  | final |
|  | Shot Put |  |  |  | MB |  |  |  |  |  |  |  |  | final |
|  | Discus Throw |  |  |  |  |  |  |  |  |  |  |  | YM | final |
| 8:30 | 400m Hurdles |  |  |  |  |  |  |  | IG |  |  | YW |  | 1st round |
| 9:00 | 200m Hurdles |  |  |  |  |  | G | YB |  |  |  |  |  | 1st round |
|  | Pole Vault |  |  |  |  |  |  |  | IG |  |  |  |  | final |
| 9:30 | 3000 m |  |  | MG | MB |  |  |  |  |  |  |  |  | final |
| 10:15 | 1500 m |  |  |  |  |  | G | YB | IG |  | B | YW | YM | 1st round |
| 11:00 | Discus Throw |  |  |  |  |  |  |  |  |  |  | YW |  | final |
| 11:45 | 400m | BG | BB | MG | MB |  | G | YB | IG |  | B | YW | YM | 1st round |
| 12:00pm | Long Jump |  |  |  |  |  | G |  |  |  |  |  |  | final |
|  | Triple Jump |  |  |  |  |  |  | YB |  |  |  |  |  | final |
|  | High Jump | BG |  |  |  |  |  |  |  |  |  |  |  | final |
|  | Shot Put |  |  | MG |  |  |  |  |  |  |  |  |  | final |
| 2:00 | Pole Vault |  |  |  |  |  |  |  |  |  |  | YW |  | final |
|  | Discus Throw |  |  |  |  |  |  |  |  |  | B |  |  | final |
| 2:45 | 100m | BG | BB | MG | MB |  | G | YB | IG |  | B | YW | YM | 1st round |
| 4:00 | Long Jump |  |  |  |  |  |  |  |  |  |  |  | YM | final |
|  | Triple Jump |  |  |  |  |  |  |  |  |  | B |  |  | final |
|  | High Jump |  |  | MG |  |  |  |  |  |  |  |  |  | final |
|  | Shot Put | BG |  |  |  |  |  |  |  |  |  |  |  | final |
| 5:00 | Discus Throw |  |  |  |  |  |  |  | IG |  |  |  |  | final |

Saturday, July 2, 2005

| 8:00am | 5000 m |  |  |  |  |  |  |  |  |  | YM | final |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Long Jump |  |  |  |  |  |  |  | IB |  |  | final |
|  | Triple Jump |  |  |  |  |  |  |  |  |  | YM | final |
|  | High Jump |  |  |  | MB |  |  |  |  |  |  | final |
|  | Shot Put |  |  |  |  |  |  |  |  | YW |  | final |
|  | Javelin Throw |  |  |  |  |  |  | IG |  |  |  | final |
| 8:30 | 3000 m |  |  |  |  |  |  |  | IB |  |  | final |
| $9: 00$ | 3000 m |  |  |  |  |  |  | IG |  | YW |  | final |
| 9:30 | Pole Vault |  |  |  |  |  |  |  | IB |  |  | final |
| $10: 00$ | 3000 m |  |  |  |  | YG | YB |  |  |  |  | final |
| $11: 00$ | 200m | BG | BB | MG | MB | YG | YB | IG | IB | YW | YM | final |
|  | Javelin Throw |  |  |  |  |  |  |  |  | YW |  | final |

## Saturday, July 2, 2005 (cont'd)

| 11:30 | 110m Hurdles |  |  |  |  |  |  |  | IB |  | YM | 1st round |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $12: 00 \mathrm{pm}$ | 100m Hurdles |  |  |  |  | YG | YB | IG |  | YW |  | 1st round |
|  | Long Jump |  |  |  |  |  | YB |  |  |  |  | final |
|  | Triple Jump |  |  |  |  | YG |  |  |  |  |  | final |
|  | High Jump |  |  |  |  |  |  |  | IB |  |  | final |
|  | Shot Put |  |  |  |  |  |  | IG |  |  |  | final |
| $1: 15$ | 80 m Hurdles |  |  | MG | MB |  |  |  |  |  |  | 1st round |
| $1: 45$ | 800 m | BG | BB | MG | MB | YG | YB | IG | IB | YW | YM | final |
| $2: 00$ | Javelin Throw |  |  |  |  |  | YB |  |  |  |  | final |
| $2: 45$ | $4 \times 100 \mathrm{~m}$ Relay | BG | BB |  |  |  |  |  |  |  |  | 1st round |
| $3: 15$ | $4 \times 100 \mathrm{~m}$ Relay |  |  | MG | MB |  |  |  |  |  |  | 1st round |
| $3: 45$ | $4 \times 100 \mathrm{~m}$ Relay |  |  |  |  | YG | YB |  |  |  |  | 1st round |
| $4: 00$ | High Jump |  |  |  |  | YG |  |  |  |  |  | final |
|  | Shot Put |  |  |  |  |  | YB |  |  |  |  | final |
| $4: 15$ | $4 \times 100 \mathrm{~m}$ Relay |  |  |  |  |  |  | IG | IB |  |  | 1st round |
| $4: 45$ | $4 \times 100 \mathrm{~m}$ Relay |  |  |  |  |  |  |  |  | YW | YM | 1st round |
| $5: 00$ | Javelin Throw |  |  |  |  | YG |  |  |  |  |  | final |
| Sun | July 205 |  |  |  |  |  |  |  |  |  |  |  |

Sunday, July 3, 2005

| $8: 00 \mathrm{am}$ | High Jump |  |  |  |  |  | YB |  |  |  |  | final |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Shot Put |  |  |  |  | YG |  |  |  |  |  | final |
|  | Javelin Throw |  |  |  |  |  |  |  |  |  | YM | final |
| $9: 00$ | 400 m Hurdles |  |  |  |  |  |  |  | IB |  | YM | final |
| $9: 15$ | 400 m Hurdles |  |  |  |  |  |  | IG |  | YW |  | final |
| $9: 30$ | 200 m Hurdles |  |  |  |  | YG | YB |  |  |  |  | final |
|  | Pole Vault |  |  |  |  |  |  |  |  |  | YM | final |
| $9: 45$ | 1500 m | BG | BB | MG | MB |  |  |  |  |  |  | final |
| $11: 00$ | 100 m | BG | BB | MG | MB | YG | YB | IG | IB | YW | YM | final |
|  | Javelin Throw |  |  |  |  |  |  |  | IB |  |  | final |
| $11: 30$ | 400 m | BG | BB | MG | MB | YG | YB | IG | IB | YW | YM | final |
| $12: 00 \mathrm{pm}$ | 1500 m |  |  |  |  | YG | YB | IG | IB | YW | YM | final |
| $1: 30$ | 110 m Hurdles |  |  |  |  |  |  |  | IB |  | YM | final |
| $1: 40$ | 100 m Hurdles |  |  |  |  | YG | YB | IG |  | YW |  | final |
| $2: 00$ | 80 m Hurdles |  |  | MG | MB |  |  |  |  |  |  | final |
| $2: 15$ | $4 \times 100 \mathrm{~m}$ Relay | BG | BB | MG | MB | YG | YB | IG | IB | YW | YM | final |
| $3: 30$ | $4 \times 400 \mathrm{~m}$ Relay | BG | BB | MG | MB | YG | YB | IG | IB | YW | YM | final |

# USA TRACK \& FIELD <br> 2005 USA YOUTH OUTDOOR NATIONAL CHAMPIONSHIPS Knoxville, Tennessee June 28-July 3, 2005 

## Terms and Conditions

1. Athletes who are 18 years old and will reach their $19^{\text {th }}$ birthday before August 1, 2005, are not eligible to compete in Youth Athletics competition at any time during the 2005 competition year. Those who reach their $19^{\text {th }}$ birthday on or after August 1 are eligible to compete as Young Men/Young Women in competitions held before August 1.
2. Qualification for this meet requires performances equal to or better than the published qualification standards. Qualifying performances must have been achieved in a meet held after July 5, 2004 with at least 5 athletes competing in the event. (Qualification standards are a long-term average of eighth place performance in this Championship.)
3. Starting heights for high jump will be 10 centimeters below the stated standard; starting heights for pole vault will be 30 centimeters below the standard.
4. Times submitted in hundredths of seconds must be Fully Automatic Times (FAT). Hand times must be rounded up to the next tenth of a second.
5. Composite scores may be computed for combined events using point scores for the athlete's best per-formance in each individual event since July 5 , 2004.
6. No standards are published for the 2000 meter Steeplechase (Intermediate Girls, Young Women) or the hammer throw (Intermediate Boys \& Girls, Young Men/Young Women). These are relatively new events and insufficient data are available to establish standards.

## For Further Information

For questions concerning performance standards call James C. Duncan at (636) 462-4631. Leave your name and phone number, and clearly state your question.

## ENTRY PACKET or MEET INFORMATION:

Please contact Chad Culver, Meet Coordinator at cculver1@utk.edu.

## 2005 Girls' Youth Athletics Performance Standards

YOUNG WOMEN (BORN 1987-88)*

| TS | FAT | MANUAL |
| :---: | :---: | :---: |
| 100m | 12.84 | .......12.6 |
|  | 26.14 |  |
| 400m | 58.94 | 58.8 |
|  | 2:32.00 | :32.0 |
| 500 m | 5:15 | 5:15.0 |
| 1600m | 5:36.00 | 5:36.0 |
| 00m | 12:10 | 12:10.0 |
| 3200m | 13:00 | .13:00.0 |
| 000m Walk | 36:31 | 36:31.0 |
| $100 \mathrm{mH}$. (33") | 16.34 | 16. |
| $300 \mathrm{mH}.(30$ ) | 49.54 | 4 |
| 00m H. (30") | 1:08.74 | ..1:08.6 |
| 000m Steeplechase new event |  |  |
| Vault | 2.05 | 6-9 |
| gh Jump. |  |  |
| Long Jump | 5.07 | 16-8 |
| riple Jump | 10.28 |  |
| Shot Put (4 kg) | 10.02 | 3-10 |
| Discus (1 kg) | 31.68 | 103-11 |
| Javelin (600g) | 25.29 | 83- |
| Hammer ( 4 kg )... new event |  |  |
| 400m Relay........ 51.14............51.0 |  |  |
| 1600m Relay...... 4:13.00.......4:13.0 |  |  |
| 3200m Relay...... 11:00.00...11:00.0 |  |  |
| eptathlon. |  |  |

INTERMEDIATE (BORN 1989-90)

| EVENTS | FAT | MANUAL |
| :--- | :--- | ---: |
| 100 m | 1284 | 126 |

100m ................. $12.84 \ldots \ldots \ldots \ldots \ldots . . . . . . . . .12 .6$
400m .................. 58.34..............58.2

800m .................. 2:25.00........2:25.0
$1500 \mathrm{~m} . . . . . . . . . . . . . . .5: 07.00 \ldots . . . . .5: 07.0$
1600m................ 5:29.00........5:29.0
3000m ................ 11:33.00....11:33.0
5000m Walk....... 35:28.00 ...35:28.0
100m H. (33")..... 16.14 .............. 15.9
300 m H. (30")..... 53.14..............53.0
400m H. (30")..... 1:13.64........1:13.5
2000m Steeplechase new event
Pole Vault .......... 1.95.................. 6-3
High Jump........ 1.45............. 4-9
Long Jump ......... 4.85 ............. 15-11
Triple Jump ........ 10.16............. 33-4
Shot Put (4 kg)... 9.80............... 31-2
Discus (1 kg)...... 30.20............. 99-1
Javelin (600 g) ... 24.39 ............. 80-0
Hammer ( 4 kg )... new event
400m Relay........ 50.84..............50.7
1600m Relay...... 4:13.00........4:13.0
3200m Relay...... 11:09.00....11:09.0
Heptathlon ......... 2992

[^0]YOUTH (BORN 1991-92)


## MIDGET (BORN 1993-94)



## BANTAM (BORN 1995 or later)

| EVENTS | FAT | MANUAL |
| :---: | :---: | :---: |
| 100m | 15.04 | 14.8 |
| 200m | 30.94 | 30.7 |
| 400m | 1:10.84 | 1:10.7 |
| 800m | 2:48.00 | 2:48.0 |
| 1500m | 5:50.00 | 5:50.0 |
| 1600m | 6:13.00 | 6:13.0 |
| 1500m Walk. | 11:16.00 | ... 11:16.0 |
| High Jump | 1.05 | 3-5 |
| Long Jump | 3.57 | ... 11-7 |
| Shot Put (6 lb) | . 5.49 .. | ... 18-0 |
| Mini Javelin.. | 11.36 | .37-3 |
| 400m Relay.. | 1:03.94 | .... 1:03.8 |
| 1600m Relay | 5:34.00. | ...... 5:34.0 |
| Triathlon ........... 612 |  |  |

## 2005 Boys' Youth Athletics Performance Standards

## YOUNG MEN (BORN 1987-88)*

| EVENTS | FAT | MANUAL |
| :---: | :---: | :---: |
| 100m | 11.34 | 11 |
| 200m | 22.54 | 22.3 |
| 400m | 50.54 | 50.4 |
| 800m | 2:05.0 | 2:05.0 |
| 1500 m | 4:19.0 | 4:19.0 |
| 1600m | 4:36.0 | 4:36.0 |
| 5000 m . | a17:0 | . 00 ... 17:08.0 |
| 5000m Walk | 33:16. | . .... 33:16.0 |
| 110 mH H. (39"). | 15.74 | . 15.5 |
| $300 \mathrm{mH}.(36)$ ). | 42.64 | 42.5 |
| 400m H. (36") | 58.64 | 58.5 |
| 2000m SC.. | 7:14.0 | 7:14.0 |
| Pole Vault | 4.10 | 13-5 |
| High Jump. | 1.85 |  |
| Long Jump | 6.52 | 21-5 |
| Triple Jump | 12.85 | 42-2 |
| Shot Put (12 lb) | . 14.21 | 46-7 |
| Discus (1.6 kg). | 41.91 | 137-6 |
| Javelin (800g) | 42.46 | 139-4 |
| Hammer (12 lb) | new ev |  |
| 400m Relay. | 43.64 | 43.5 |
| 1600m Relay. | 3:32.00 | 3:32.0 |
| 3200m Relay. | 8:40.0 | 8:40.0 |
| Decathlon. | 4539 |  |

IINTERMEDIATE (BORN 1989-90)

| EVENTS | FAT | MANUAL |
| :--- | :--- | :--- |
| 100 m | 11.64 | 11. |

200m .........................23.34 ................. 23.1

400m ..................... 51.94 ............... 51.8
800m ......................2:05.00 ......... 2:05.0
$1500 \mathrm{~m} . . . . . . . . . . . . . . . . .4: 21.00$......... 4:21.0
1600m ...................4:38.00 ......... 4:38.0
3000m ...................9:42.00 ......... 9:42.0
3200m ....................10:22.00 ..... 10:22.0
5000m Walk..........32:43.00 ..... 32:43.0
110m H. (39")........16.94 ............... 16.7
$300 \mathrm{mH} .(36 ") . . . . . . .44 .74$................ 44.6
400m H. (36").......1:02.14 ......... 1:02.0
2000m SC.............7:40.00 ......... 7:40.0
Pole Vault ..............3.65 .................. 12-0
High Jump.............1.75 ....................5-9
Long Jump ............5.95 ................. 19-6
Triple Jump ...........11.38 ............... 37-4
Shot Put (12 lb) .....12.79 ............... 42-0
Discus (1.6 kg)...... 37.57 ............. 123-3
Javelin (800 g) ......38.85 ............. 127-6
Hammer (12 lb).....new event
$\begin{array}{lll}\text { 400m Relay.......... } 45.34 \text {.............. } 45.2 \\ 1600 \mathrm{~m} \text { Relay } & 3.4200 & 3.420\end{array}$
1600m Relay.........3:42.00 ......... 3:42.0
3200m Relay.......9:20.00 ....... 9:20.0
Decathlon.............. 4088

[^1]YOUTH (BORN 1991-92)

| EVENTS | FAT M | MANUAL |
| :---: | :---: | :---: |
| 100m | 12.24 | 12.0 |
| 200 m | 24.84 | 24.6 |
| 400m | 55.74 | 55.6 |
| 800m | 2:14.00. | 2:14.0 |
| 1500m | 4:35.00. | 4:35.0 |
| 1600m | 4:54.00. | 4:54.0 |
| 3000m | 10:13.00 | 0....... 10:13.0 |
| 3200m | 10:55.00 | 0....... 10:55.0 |
| 3000 m Walk | 20:25.00 | 0....... 20:25.0 |
| $100 \mathrm{mH}$. (33") | . 16.24 | . 16.0 |
| 200m H. (30") | 29.54 | 29.3 |
| Pole Vault. | 2.55 | . 8-4 |
| High Jump | 1.55 | 5-1 |
| Long Jump | 5.35 | 17-7 |
| Triple Jump | 10.08 | 33-0 |
| Shot Put (4 kg) | 11.73 | 38-6 |
| Discus (1 kg) | . 35.25 | 115-8 |
| Javelin (600 g). | . 31.39 | 103-0 |
| 400m Relay | 49.94 | 49.8 |
| 1600m Relay | ... 3:39.00. | 3:39.0 |
| 3200m Relay | 9:49.00. | 9:49.0 |
| entathlon | 61 |  |

MIDGET (BORN 1993-94)

| EVENTS | FAT | MANUAL |
| :---: | :---: | :---: |
| 100m .................. 13.44................ 13.2 |  |  |
| 200m | 27.44 | 27.2 |
| 400m | 1:02.74 | 1:02.6 |
| 800m | 2:34.00 | 2:34.0 |
| 1500m | 5:01.00 | 5:01.0 |
| 1600m | 5:21.00. | 5:21.0 |
| 3000m | 11:03.00 | ....... 11:03.0 |
| 3200m | 11:45.00 | 0....... 11:45.0 |
| 1500m Walk | 10:43.00 | 0....... 10:43.0 |
| 80 mH ( 30 ") | 14.64 | ......... 14.4 |
| High Jump | 1.35 | 4-5 |
| Long Jump | 4.51 | .14-10 |
| Shot Put (6 lb) | 9.36 | 30-9 |
| Discus (1 kg). | 21.85 | 71-8 |
| Mini Javelin | 25.55 | 83-10 |
| 400m Relay . | 55.84 | 55.7 |
| 1600m Relay. | 4:33.00. | 4:33.0 |
| 3200m Relay ....... 11:04.00 ....... 11:04.0 |  |  |
|  | 1709 |  |

BANTAM (BORN 1995 or later)


## ATTRACTIONS / ACTIVITIES

Knoxville, Tennessee is a beautiful river city surrounded by lakes and nested in the foothills of the Great Smoky Mountains. The city has excellent art and culture museums, performing arts, one of the Southeast's top zoos and historical sites from America's first frontier and the Civil War. Visitors can hoop it up at the nation's only Women's Basketball Hall of Fame, see the countryside aboard the Three Rivers Rambler train or take a relaxing cruise on the Star of Knoxville Riverboat.

The home of the University of Tennessee Volunteers, Knoxville is the third largest city in the state and offers hundreds of choices for dining, shopping and nightlife. Its convenient location at the crossroads of I-40 and I-75 make it easy to reach and easy to explore the many regional attractions and entertainment available in East Tennessee. From roller coasters and outlet shopping to backpacking and rafting, Knoxville and the surrounding area present all kinds of memorable activities to experience during your stay.

To learn more about Knoxville and East Tennessee, visit:
www.knoxville.org or www.easttnvisit.com

## Food Services

There are restaurants and fast food establishments within 2-5 minutes of the stadium. More information will also be available at packet pickup.

Hotel Accommodations
(Meet management has negotiated best rates with the hotels listed.)

| Marriot Knoxville * Headquarters Hotel <br> 500 Hill Ave. <br> Knoxville, TN 37915 <br> $865-637-1234$ |  |
| :--- | :---: |
| Hilton Knoxville <br> 501 West Church Ave. <br> Knoxville, TN 37902 <br> $865-523-2300$ | $\$ 75.00$ |
| Holiday Inn Central <br> 1315 Kirby Rd. <br> Knoxville, TN 37909 <br> $865-584-3911$ | $\$ 79.00$ |
| Holiday Inn Downtown <br> 525 Henley St. <br> Knoxville, TN 37902 <br> $865-522-2800$ | $\$ 75.95$ |
| Holiday Inn Cedar Bluff <br> 304 Cedar Bluff Rd. <br> Knoxville, TN 37923 <br> $865-693-1011$ | $\$ 74.00$ |
| Radisson Hotel <br> 401 Summit Hill Dr. <br> Knoxville, TN 37902 <br> $865-522-2600$ | $\$ 91.00$ |

## Map of the University of Tennessee

(Web version of this map is also available at http://www.utk.edu/maps/campus


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