

Girls 4 x 100 Relay
 Meet Record: 2002 Helix 48.99

9:00 Girls 4 x 100 Relay Div. I

Lane	School
1	Rancho Buena Vista
2	Vista
3	Fallbrook
4	San Diego
5	Helix
6	Eastlake
7	Poway
8	Rancho Bernardo
9	Chula Vista

9:05 Girls 4 x 100 Relay Div. II

Lane	School
1	Calvin Christian
2	San Pasqual
3	Holtville
4	Scripps Ranch
5	The Bishop's School
6	West Hills
7	Southwest (IV)
8	El Cajon Valley
9	Central Union

Boys 4 x 100 Relay
 Meet Record: 1999 Helix 42.5

9:10 Boys 4 x 100 Relay Div. I

Lane	School
1	Vista
2	Fallbrook
3	San Diego
4	Helix
5	Eastlake
6	Poway
7	Rancho Bernardo
8	Chula Vista
9	Rancho Buena Vista

9:15 Boys 4 x 100 Relay Div. II

Lane	School
1	San Pasqual
2	Holtville
3	Scripps Ranch
4	The Bishop's School
5	West Hills
6	Southwest (IV)
7	El Cajon Valley
8	Central Union
9	Calvin Christian

Girls 1600m
 Meet Record: 2002 Stephanie Baird - Helix 5:10.72

9:20 Girls 1600m Div. I

Lane	School
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9:29 Girls 1600m Div. II

Lane	School
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1	Fallbrook
2	San Diego
3	Helix
4	Eastlake
5	Poway
6	Rancho Bernardo
7	Chula Vista
8	Rancho Buena Vista
9	Vista

1	Holtville
2	Scripps Ranch
3	The Bishop's School
4	West Hills
5	Southwest (IV)
6	El Cajon Valley
7	Central Union
8	Calvin Christian
9	San Pasqual

Boys 1600m

Meet Record: 2000 Michael Manzano - Chula Vista 4:21.93

9:38 Boys 1600m Div. I

Lane	School
1	San Diego
2	Helix
3	Eastlake
4	Poway
5	Rancho Bernardo
6	Chula Vista
7	Rancho Buena Vista
8	Vista
9	Fallbrook

9:46 Boys 1600m Div. II

Lane	School
1	Scripps Ranch
2	The Bishop's School
3	West Hills
4	Southwest (IV)
5	El Cajon Valley
6	Central Union
7	Calvin Christian
8	San Pasqual
9	Holtville

Girls 100 IH

Meet Record: 2000 Katie Coin - Rancho Bernardo 15.24

9:54/9:57 Girls 100 IH Div. I Heat 1/2

Lane	School
1	Fallbrook
2	San Diego
3	Helix
4	Eastlake
5	Poway
6	Rancho Bernardo
7	Chula Vista
8	Rancho Buena Vista
9	Vista

10:00/10:03 Girls 100 IH Div. II Heat 1/2

Lane	School
1	Holtville
2	Scripps Ranch
3	The Bishop's School
4	West Hills
5	Southwest (IV)
6	El Cajon Valley
7	Central Union
8	Calvin Christian
9	San Pasqual

Boys 110 HH

Meet Record: 2000 Bobby Salimi - Rancho Bernardo 14.43

10:09/10:12 Boys 110 HH Div. I Heat 1/2

Lane	School
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10:15/10:18 Boys 110 HH Div. II Heat 1/2

Lane	School
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1	San Diego
2	Helix
3	Eastlake
4	Poway
5	Rancho Bernardo
6	Chula Vista
7	Rancho Buena Vista
8	Vista
9	Fallbrook

1	Scripps Ranch
2	The Bishop's School
3	West Hills
4	Southwest (IV)
5	El Cajon Valley
6	Central Union
7	Calvin Christian
8	San Pasqual
9	Holtville

Girls 400m

Meet Record: 1999 Camille Dredge - Torrey Pines 57.9

10:24/10:28 Girls 400m Div. I Heat 1/2

Lane	School
1	Helix
2	Eastlake
3	Poway
4	Rancho Bernardo
5	Chula Vista
6	Rancho Buena Vista
7	Vista
8	Fallbrook
9	San Diego

10:32/10:36 Girls 400m Div. II Heat 1/2

Lane	School
1	The Bishop's School
2	West Hills
3	Southwest (IV)
4	El Cajon Valley
5	Central Union
6	Calvin Christian
7	San Pasqual
8	Holtville
9	Scripps Ranch

Boys 400m

Meet Record: 1999 Terron Franklin - Helix 48.3

10:40/10:44 Boys 400m Div. I Heat 1/2

Lane	School
1	Eastlake
2	Poway
3	Rancho Bernardo
4	Chula Vista
5	Rancho Buena Vista
6	Vista
7	Fallbrook
8	San Diego
9	Helix

10:48/10:52 Boys 400m Div. II Heat 1/2

Lane	School
1	West Hills
2	Southwest (IV)
3	El Cajon Valley
4	Central Union
5	Calvin Christian
6	San Pasqual
7	Holtville
8	Scripps Ranch
9	The Bishop's School

Girls 100m

Meet Record: 1999 Autumn Wright - El Camino 12.2

10:58/11:01 Girls 100m Div. I Heat 1/2

Lane	School
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11:04/11:07 Girls 100m Div. II Heat 1/2

Lane	School
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1	Poway
2	Rancho Bernardo
3	Chula Vista
4	Rancho Buena Vista
5	Vista
6	Fallbrook
7	San Diego
8	Helix
9	Eastlake

1	Southwest (IV)
2	El Cajon Valley
3	Central Union
4	Calvin Christian
5	San Pasqual
6	Holtville
7	Scripps Ranch
8	The Bishop's School
9	West Hills

Boys 100m

Meet Record: 1999 Hanee Peterman - Helix 10.6

11:10/11:13 Boys 100m Div. I Heat 1/2

Lane	School
1	Rancho Bernardo
2	Chula Vista
3	Rancho Buena Vista
4	Vista
5	Fallbrook
6	San Diego
7	Helix
8	Eastlake
9	Poway

11:17/11:20 Boys 100m Div. II Heat 1/2

Lane	School
1	El Cajon Valley
2	Central Union
3	Calvin Christian
4	San Pasqual
5	Holtville
6	Scripps Ranch
7	The Bishop's School
8	West Hills
9	Southwest (IV)

Girls 800m

Meet Record: 2000 Jenna Timinski - San Dieguito Academy 2:14.41

11:26 Girls 800m Division I

Lane	School
1	Vista
2	Fallbrook
3	San Diego
4	Helix
5	Eastlake
6	Poway
7	Rancho Bernardo
8	Chula Vista
9	Rancho Buena Vista

11:31 Girls 800m Division II

Lane	School
1	San Pasqual
2	Holtville
3	Scripps Ranch
4	The Bishop's School
5	West Hills
6	Southwest (IV)
7	El Cajon Valley
8	Central Union
9	Calvin Christian

Boys 800m

Meet Record: 1999 Nick Thornton - Rancho Buena Vista 1:57.4

11:36 Boys 800m Division I

Lane	School
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11:41 Boys 800m Division II

Lane	School
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1	Fallbrook
2	San Diego
3	Helix
4	Eastlake
5	Poway
6	Rancho Bernardo
7	Chula Vista
8	Rancho Buena Vista
9	Vista

1	Holtville
2	Scripps Ranch
3	The Bishop's School
4	West Hills
5	Southwest (IV)
6	El Cajon Valley
7	Central Union
8	Calvin Christian
9	San Pasqual

Girls 300 LH

Meet Record: 2000 Breanna Barmer - Helix 45.41

11:47/11:51 Girls 300 LH Div. I Heat 1/2

Lane	School
1	Chula Vista
2	Rancho Buena Vista
3	Vista
4	Fallbrook
5	San Diego
6	Helix
7	Eastlake
8	Poway
9	Rancho Bernardo

11:55/11:59 Girls 300 LH Div. II Heat 1/2

Lane	School
1	Central Union
2	Calvin Christian
3	San Pasqual
4	Holtville
5	Scripps Ranch
6	The Bishop's School
7	West Hills
8	Southwest (IV)
9	El Cajon Valley

Boys 300 IH

Meet Record: 2000 Jeff Hunter - Granite Hills 39.52

12:05/12:09 Boys 300 IH Div. I Heat 1/2

Lane	School
1	Rancho Buena Vista
2	Vista
3	Fallbrook
4	San Diego
5	Helix
6	Eastlake
7	Poway
8	Rancho Bernardo
9	Chula Vista

12:13/12:17 Boys 300 IH Div. II Heat 1/2

Lane	School
1	Calvin Christian
2	San Pasqual
3	Holtville
4	Scripps Ranch
5	The Bishop's School
6	West Hills
7	Southwest (IV)
8	El Cajon Valley
9	Central Union

Girls 200m

Meet Record: 2001 Nastassja Hall - Rancho Buena Vista 25.90

12:23/12:26 Girls 200m Div. I Heat 1/2

Lane	School
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12:29/12:32 Girls 200m Div. II Heat 1/2

Lane	School
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1	Vista
2	Fallbrook
3	San Diego
4	Helix
5	Eastlake
6	Poway
7	Rancho Bernardo
8	Chula Vista
9	Rancho Buena Vista

1	San Pasqual
2	Holtville
3	Scripps Ranch
4	The Bishop's School
5	West Hills
6	Southwest (IV)
7	El Cajon Valley
8	Central Union
9	Calvin Christian

Boys 200m

Meet Record: 2002 Reggie Bush - Helix 21.69

12:35/12:38 Boys 200m Div. I Heat 1/2

Lane	School
1	Fallbrook
2	San Diego
3	Helix
4	Eastlake
5	Poway
6	Rancho Bernardo
7	Chula Vista
8	Rancho Buena Vista
9	Vista

12:41/12:44 Boys 200m Div. II Heat 1/2

Lane	School
1	Holtville
2	Scripps Ranch
3	The Bishop's School
4	West Hills
5	Southwest (IV)
6	El Cajon Valley
7	Central Union
8	Calvin Christian
9	San Pasqual

Girls 3200m

Meet Record: 2002 Claire Rethmeier - San Pasqual 11:17.26

12:50 Girls 3200m Div. I

Lane	School
1	Rancho Bernardo
2	Chula Vista
3	Rancho Buena Vista
4	Vista
5	Fallbrook
6	San Diego
7	Helix
8	Eastlake
9	Poway

12:50 Girls 3200m Div. II

Lane	School
1	El Cajon Valley
2	Central Union
3	Calvin Christian
4	San Pasqual
5	Holtville
6	Scripps Ranch
7	The Bishop's School
8	West Hills
9	Southwest (IV)

Boys 3200m

Meet Record: 2002 Babey Wagnew - Helix 9:34.51

1:06 Boys 3200m Div. I

Lane	School
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1:06 Boys 3200m Div. II

Lane	School
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1	Chula Vista
2	Rancho Buena Vista
3	Vista
4	Fallbrook
5	San Diego
6	Helix
7	Eastlake
8	Poway
9	Rancho Bernardo

1	Central Union
2	Calvin Christian
3	San Pasqual
4	Holtville
5	Scripps Ranch
6	The Bishop's School
7	West Hills
8	Southwest (IV)
9	El Cajon Valley

Girls 4 x 400 Relay
 Meet Record: 2002 Helix 4:05.01

1:20 Girls 4 x 400 Relay Div. I

Lane	School
1	San Diego
2	Helix
3	Eastlake
4	Poway
5	Rancho Bernardo
6	Chula Vista
7	Rancho Buena Vista
8	Vista
9	Fallbrook

1:26 Girls 4 x 400 Relay Div. II

Lane	School
1	Scripps Ranch
2	The Bishop's School
3	West Hills
4	Southwest (IV)
5	El Cajon Valley
6	Central Union
7	Calvin Christian
8	San Pasqual
9	Holtville

Boys 4 x 400 Relay
 Meet Record: 2000 West Hills 3:27.32

1:32 Boys 4 x 400 Relay Div. I

Lane	School
1	Helix
2	Eastlake
3	Poway
4	Rancho Bernardo
5	Chula Vista
6	Rancho Buena Vista
7	Vista
8	Fallbrook
9	San Diego

1:38 Boys 4 x 400 Relay Div. II

Lane	School
1	The Bishop's School
2	West Hills
3	Southwest (IV)
4	El Cajon Valley
5	Central Union
6	Calvin Christian
7	San Pasqual
8	Holtville
9	Scripps Ranch

Weightmans Relays

1:46 Div 1 Weightmans Relay

Lane	School
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1:50 Div II Weightmans Relay

Lane	School
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1	Vista
2	Fallbrook
3	San Diego
4	Helix
5	Eastlake
6	Poway
7	Rancho Bernardo
8	Chula Vista
9	Rancho Buena Vista

1	San Pasqual
2	Holtville
3	Scripps Ranch
4	The Bishop's School
5	West Hills
6	Southwest (IV)
7	El Cajon Valley
8	Central Union
9	Calvin Christian

Long Jump

Meet Record: 2002 Nastassja Hall - Rancho Buena Vista 17-8

Meet Record: 2001 Trandon Harvey - Sweetwater 22-9

8:00 Girls Long Jump Div. I
West Pit

Lane	School
1	Fallbrook
2	San Diego
3	Helix
4	Eastlake
5	Poway
6	Rancho Bernardo
7	Chula Vista
8	Rancho Buena Vista
9	Vista

8:00 Boys Long Jump Div. II
East Pit

Lane	School
1	Holtville
2	Scripps Ranch
3	The Bishop's School
4	West Hills
5	Southwest (IV)
6	El Cajon Valley
7	Central Union
8	Calvin Christian
9	San Pasqual

9:30 Boys Long Jump Div. I
East Pit

Lane	School
1	Poway
2	Rancho Bernardo
3	Chula Vista
4	Rancho Buena Vista
5	Vista
6	Fallbrook
7	San Diego
8	Helix
9	Eastlake

9:30 Girls Long Jump Div. II
West Pit

Lane	School
1	Southwest (IV)
2	El Cajon Valley
3	Central Union
4	Calvin Christian
5	San Pasqual
6	Holtville
7	Scripps Ranch
8	The Bishop's School
9	West Hills

Pole Vault

Girls Meet Record: 2000 Molly Pascarella - Rancho Bernardo 11-0

Boys Meet Record: 1999 Jonathan Takahashi - Grossmont 14-8

8:00 Girls Pole Vault Division I
North Pit

Lane	School
1	Fallbrook
2	San Diego
3	Helix
4	Eastlake
5	Poway
6	Rancho Bernardo
7	Chula Vista
8	Rancho Buena Vista
9	Vista

8:00 Girls Pole Vault Division II
South Pit

Lane	School
1	Holtville
2	Scripps Ranch
3	The Bishop's School
4	West Hills
5	Southwest (IV)
6	El Cajon Valley
7	Central Union
8	Calvin Christian
9	San Pasqual

11:00 Boys Pole Vault Division I
North Pit

Lane	School
1	Fallbrook
2	San Diego
3	Helix
4	Eastlake
5	Poway
6	Rancho Bernardo
7	Chula Vista
8	Rancho Buena Vista
9	Vista

11:00 Boys Pole Vault Division II
South Pit

Lane	School
1	Holtville
2	Scripps Ranch
3	The Bishop's School
4	West Hills
5	Southwest (IV)
6	El Cajon Valley
7	Central Union
8	Calvin Christian
9	San Pasqual

High Jump

Meet Record: 1999 Aubrey Preston - Vista 5-4

Meet Record: 2002 Keno White - Rancho Bernardo 6-8

9:00 Girls High Jump Div. I
North Pit

Lane	School
1	San Diego
2	Helix
3	Eastlake
4	Poway
5	Rancho Bernardo
6	Chula Vista
7	Rancho Buena Vista
8	Vista
9	Fallbrook

9:00 Girls High Jump Div. II
South Pit

Lane	School
1	Scripps Ranch
2	The Bishop's School
3	West Hills
4	Southwest (IV)
5	El Cajon Valley
6	Central Union
7	Calvin Christian
8	San Pasqual
9	Holtville

11:30 Boys High Jump Div. I
South Pit

Lane	School
1	Chula Vista
2	Rancho Buena Vista
3	Vista
4	Fallbrook
5	San Diego
6	Helix
7	Eastlake
8	Poway
9	Rancho Bernardo

11:30 Boys High Jump Div. II
North Pit

Lane	School
1	Central Union
2	Calvin Christian
3	San Pasqual
4	Holtville
5	Scripps Ranch
6	The Bishop's School
7	West Hills
8	Southwest (IV)
9	El Cajon Valley

Shot Put

Meet Record: 2000 Marie Taumua - Sweetwater 39-9 1/2

Meet Record: 2000 Travis Watkins - Helix 53-11

9:00 Girls Shot Put Div. I
North Ring

Lane	School
1	Helix
2	Eastlake
3	Poway
4	Rancho Bernardo
5	Chula Vista
6	Rancho Buena Vista
7	Vista
8	Fallbrook
9	San Diego

9:00 Boys Shot Put Div. I
South Ring

Lane	School
1	Helix
2	Eastlake
3	Poway
4	Rancho Bernardo
5	Chula Vista
6	Rancho Buena Vista
7	Vista
8	Fallbrook
9	San Diego

11:00 Girls Shot Put Div. II
North Ring

Lane	School
1	San Pasqual
2	Holtville
3	Scripps Ranch
4	The Bishop's School
5	West Hills
6	Southwest (IV)
7	El Cajon Valley
8	Central Union
9	Calvin Christian

11:00 Boys Shot Put Div. II
South Ring

Lane	School
1	San Pasqual
2	Holtville
3	Scripps Ranch
4	The Bishop's School
5	West Hills
6	Southwest (IV)
7	El Cajon Valley
8	Central Union
9	Calvin Christian

Discus

Meet Record: 2002 Whitney DeWeese - Rancho Buena Vista 131-7

Meet Record: 2000 Steve Viera - Carlsbad 161-3

9:00 Girls Discus Div. II
West Ring

Lane	School
1	West Hills
2	Southwest (IV)
3	El Cajon Valley
4	Central Union
5	Calvin Christian
6	San Pasqual
7	Holtville
8	Scripps Ranch
9	The Bishop's School

9:00 Boys Discus Div. II
East Ring

Lane	School
1	West Hills
2	Southwest (IV)
3	El Cajon Valley
4	Central Union
5	Calvin Christian
6	San Pasqual
7	Holtville
8	Scripps Ranch
9	The Bishop's School

11:00 Girls Discus Div. I
West Ring

Lane	School
1	Rancho Buena Vista
2	Vista
3	Fallbrook
4	San Diego
5	Helix
6	Eastlake
7	Poway
8	Rancho Bernardo
9	Chula Vista

11:00 Boys Discus Div. I
East Ring

Lane	School
1	Rancho Buena Vista
2	Vista
3	Fallbrook
4	San Diego
5	Helix
6	Eastlake
7	Poway
8	Rancho Bernardo
9	Chula Vista

Triple Jump

Meet Record: 2000 Megan Bornes - Rancho Buena Vista 36-10 1/4

Meet Record: 2001 Trandon Harvey - Sweetwater 47-9.5

11:00 Girls Triple Jump Div. I
East Pit

Lane	School
1	Rancho Bernardo
2	Chula Vista
3	Rancho Buena Vista
4	Vista
5	Fallbrook
6	San Diego
7	Helix
8	Eastlake
9	Poway

11:00 Boys Triple Jump Div. II
West Pit

Lane	School
1	El Cajon Valley
2	Central Union
3	Calvin Christian
4	San Pasqual
5	Holtville
6	Scripps Ranch
7	The Bishop's School
8	West Hills
9	Southwest (IV)

12:45 Boys Triple Jump Div. I
East Pit

Lane	School
1	Fallbrook
2	San Diego
3	Helix
4	Eastlake
5	Poway
6	Rancho Bernardo
7	Chula Vista
8	Rancho Buena Vista
9	Vista

12:45 Girls Triple Jump Div. II
West Pit

Lane	School
1	Holtville
2	Scripps Ranch
3	The Bishop's School
4	West Hills
5	Southwest (IV)
6	El Cajon Valley
7	Central Union
8	Calvin Christian
9	San Pasqual