



2006 Track & Field / Cross Country Inland Empire Coaches Convention



Date: Saturday, December 16, 2006
Time: 10:00am – 2:00pm
Location: UC Riverside, Athletics Building (Building 334)
Lunch: Lunch Catered and Provided with Registration
Extras: Coaches Gift / Track & XC Equipment Deals / Meet the staff & more!!
Admission: \$10.00

The University of California, Riverside and V/S Athletics look forward to your attendance at the first inaugural Inland Empire Coaches Convention.

UC Riverside Cross Country and Track & Field and VS Athletics have teamed up to bring you a great opportunity to attend the first inaugural Inland Empire Coaches Convention. All head, assistant, and volunteer coaches as well as parents are welcome to attend.

V/S Athletics will have a representative present to introduce the latest in all track and field equipment, clothes, shoes, software, etc... They will be available to answer any questions you might have and help you to create contacts in finding the best prices on all your track and field needs as well as the providing the best equipment available in track and field.

Additionally, we would like to introduce ourselves as a coaching staff here at UCR. Five years ago we made the transition to NCAA Division I. Four years ago we made changes to the coaching staff and have been changing the face and the success of the Highlander Track and Field/Cross Country Program ever since. We want to make ourselves as accessible as possible for your questions and concerns about NCAA Division I Track and Field/Cross Country and show you the new and progressive side to our program.

Topics To Be Discussed this Year:

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| 1) Meet the UCR Track & Field Staff & V/S Athletics | 4) Division I Performance Standards |
| 2) NCAA Clearinghouse Registration | 5) What It Takes To Be A Successful Collegiate Athlete |
| 3) NCAA Division I Eligibility Process | 6) Collegiate Admission Process |

An open discussion forum will be held to conclude the clinic for questions and answers to these events fields: Coach Ray in the Distance; Coach Wiens in the Sprints; Coach Luna in the Jumps; and, Coach Bush in the Throws.

Please come and feel free to eat, meet the staff, and understand topics student-athletes are faced with in choosing a collegiate program and spend an afternoon discussing track and field and cross country.

No pre-registration is necessary but we would appreciate it if you let us know you are coming by emailing or calling Nate Wiens @ nathan.wiens@ucr.edu Office: 951-827-5207

**For your equipment needs, contact V/S Athletics Representative Matt Farmer
(951) 491-4708 - Matt@vsathletics.com**

Directions to Campus/Clinic:

Exit off 60 freeway onto University Avenue. Go East on University toward campus. Turn a sharp left onto Canyon Crest and park in parking lot 24 on your right. Please obtain a parking permit from the meter at the southwest corner of the lot (\$1 and \$5 bills accepted). A campus map can be found at: <http://www.campusmap.ucr.edu/cgi-bin/mapit.cgi>