

JUMPS CLINIC

Saturday, Feb. 4, 9 a.m.-4 p.m.



Featuring
Olympic
Triple Jump
Gold Medalist

AL JOYNER

SOKA UNIVERSITY

**FREE ADMISSION
IF PRE-REGISTERED
BY FEBRUARY 1, 2006**

A collage of five images showing athletes in various stages of a long or triple jump. On the left, a female athlete in a blue and yellow singlet with bib number 3228 is in mid-air with arms raised. In the center, a male athlete in a dark singlet is in mid-air. Below him, a female athlete in a red singlet is in mid-air. To the right, a male athlete in a blue singlet is in mid-air. In the bottom right corner, a female athlete is shown landing in a sand pit, with sand flying up around her.

**Learn essential long and triple jump techniques
with featured coach **AL JOYNER**,
Olympic Gold Medalist in the triple jump**

**Located at the beautiful athletic facilities
of Soka University in Aliso Viejo, CA
(Southern Orange County)**

*The clinic is free to those pre-registered by Feb. 1, 2006
or \$25 at the door*

**To pre-register or for more information,
contact: Scott Slade, 949-480-4479
track@soka.edu**

*If you email, specify if you are an
athlete or coach, your name, address,
phone number, email address,
your event and performance,
and the school you are representing*