Start Well to Finish Well Season Opener Clinic



Coaches Clinic Saturday Jan. 8, 2005 8:00 AM to 12:15 PM

Hosted By: Martin Luther King High Track and Field Staff Sponsored By: The Coca Cola Company Citrus Belt Athletic Directors Association

Confirmed Presenters Include

Irv Ray - XC/Track Head Coach,
UC Riverside

Ed Luna - Jump Coach, UC Riverside
Cheryl Hite - Eisenhower High School
Ben Gonzalez - Norco High School

Jeff Swigart and Dave Tolbert - Canyon Springs High School, Moreno Valley

And the Featured Presenter:

Roger Blake,

Assistant Executive Director,

California State CIF

TOPICS

-Getting Organized

-Administering Meet Day

-Recruiting your school

population

- Breakout groups on techniques, skills, training, etc.





Call John Corona at

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Or



Email John Corona at:

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Or



Snail mail the enclosed form to:

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