WELCOME!

to Pacific Association Junior Olympic Cross Country and Track & Field

The Pacific Association Cross Country and Track & Field meets will qualify youth to compete at Junior Olympic National Championships meets. These meets provide youth athletes with Olympic-style experiences that will prepare them for National Championship and Olympic Trials competitions in later years. Below is the information that will get them there!

Visit http://www.pausatf.org for additional Pacific Association information and to join on-line.

XC 2005



Jordan Hassay

Did you know? That the Pacific Association is the largest and most active association in the country.





Marie Lawrence

• SHARPEN

your XC skills by competing at one or several of eight Pacific Association meets listed on the PA Youth XC calendar.

- QUALIFY for the Region 14 Meet at the Pacific Association Junior Olympic Championships Sunday - November 20 Point Pinole Park, Richmond Kirk Smith 510-724-6625, MustangsTrack@aol.com
- QUALIFY for the National Junior Olympic Championships at the Region 14 Junior Olympic Championships Sunday - November 27 Woodward Park, Fresno Susan Johnson, SSNJohnson@comcast.net

• COMPETE!

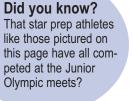
National Junior Olympics Cross Country Championships Saturday - December 10 Bryant University - Smithfield, RI (near Providence) Bernard Boemker; ron_boemker@hotmail.com http://www.rijoxc.com/



Jahvid Best

DvestatCal.com

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• 2006 PACIFIC ASSOCIATION T&F INFORMATION

The Pacific Association Track & Field season will begin in February and continue until mid-July. Check http://www.pausatf.org for the meet schedule in December.

- Meets required for qualification at the local, then regional, then the national level will begin in early June.
- The 2006 USATF Junior Olympic Track & Field Championships will be held July 25-30, 2006 Morgan State University - Baltimore, Maryland

David Klech