

Moreau Catholic High School would like to invite your cross country team to the 24th Annual Moreau Catholic "Mariner" and Brooks Cross Country Dinner and Clinic on Friday, October 19, and the Cross Country Invitational on Saturday, October 20. Due to park facilities and our commitment to hosting a great meet, we are limiting entries to the first 50 schools!

Go to www.moreaucatholic.org/athletics/cross-country.html for all the links, course maps, and updates. Contact head coach Phil Wilder at pwilder@moreaucatholic.org or call 510.881.4301 ext. 209



COURSES

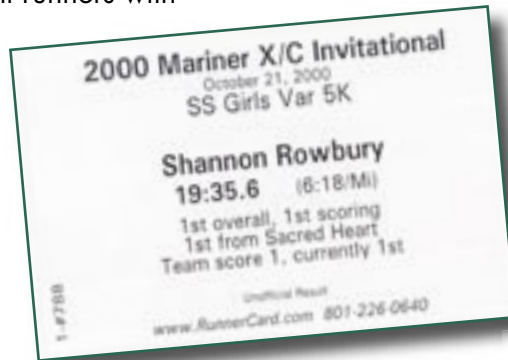
The varsity teams race over 5000 meters of trails while all other races are run on the 2.1 mile course.

ENTRIES

Varsity entries are limited to seven entries, unlimited entries for frosh-soph and junior-senior teams.

RUNNERCARD

Doug Padilla and his RunnerCard program will provide all runners with their own personal finish card (name, place, time, team place, current team score and place) when they exit the chute!



FEES

\$7/individual
\$35/team of 5-7 runners
There is a \$2 per runner fee for frosh-soph and junior-senior teams with more than 7 runners.
\$200 maximum fee

PARKING

Garin Park has limited parking. All buses must drop off and pick up teams. Garin Park charges a \$5 parking fee per vehicle.

CONCESSIONS

There will be a snack food and drink concession stand at the park. A great Mariner-Brooks shirt will be available! Fleet Feet of Pleasanton will also be there!

AWARDS

Over 500 custom medals are awarded to the top teams and runners! Plaques are awarded to winning teams!



PARTICIPATING HIGH SCHOOLS in 2005 and 2006

- Alameda
- Albany
- Amador Valley, Pleasanton
- American, Fremont
- Andrew Hill, San Jose
- Arroyo, San Leandro
- Berean Christian, Walnut Creek
- Berkeley
- Buchanan, Clovis
- Campolindo, Moraga
- Cardinal Newman, Santa Rosa
- Carondelet, Concord
- Castro Valley
- Chinese Christian, San Leandro
- Christian Brothers, Sacramento
- College Park, Pleasant Hill
- Concord
- Deer Valley, Antioch
- Downtown College Prep, San Jose
- Elk Grove
- Foothill, Pleasanton
- Foothill, Palo Cedro
- Franklin, Stockton
- Galileo Academy, San Francisco
- George Washington, San Francisco
- Gustine
- Hayward
- International Studies Academy, SF
- James Logan, Union City
- Jesuit, Carmichael
- John F. Kennedy, Fremont
- Liberty, Brentwood
- Merrill West, Tracy
- Miramonte, Orinda
- Mission San Jose, Fremont
- Monte Vista, Danville
- Mt. Eden, Hayward
- Newark Memorial, Newark
- Oakland
- Petaluma
- Pittsburg
- Pleasant Valley
- Redwood Christian, Castro Valley
- Sacred Heart Prep, San Francisco
- Salesian, Richmond
- San Leandro
- San Lorenzo
- San Rafael
- Silver Creek, San Jose
- Skyline, Oakland
- St. Joseph, Alameda
- St. Mary's, Berkeley
- St. Mary's, Stockton
- Stuart Hall, San Francisco
- Tennyson HS, Hayward
- Tokay, Lodi
- Ursuline, Santa Rosa
- Valley
- Vanden, Fairfield
- Washington, Fremont
- West High
- West Valley, Cottonwood



On Friday, October 19, enjoy an all you can eat pasta dinner with drawings for great running equipment from Brooks and Fleet Feet! After dinner, you and your team will be inspired by having the chance to meet and hear from one of America's best distance runners.

Some of the past speakers have been: Doug Padilla, Brian Abshire, Jeff Atkinson, Kim Fitchen, Brad Hauser, Mark Conover, Sally Hauser, Matt Giusto, Regina Jacobs, and Patti Sue Plummer!

We can help with housing through local hotels or homestay with families of runners on our team!

TENTATIVE SCHEDULE Saturday, October 20, 2007

SMALL & LARGE SCHOOLS

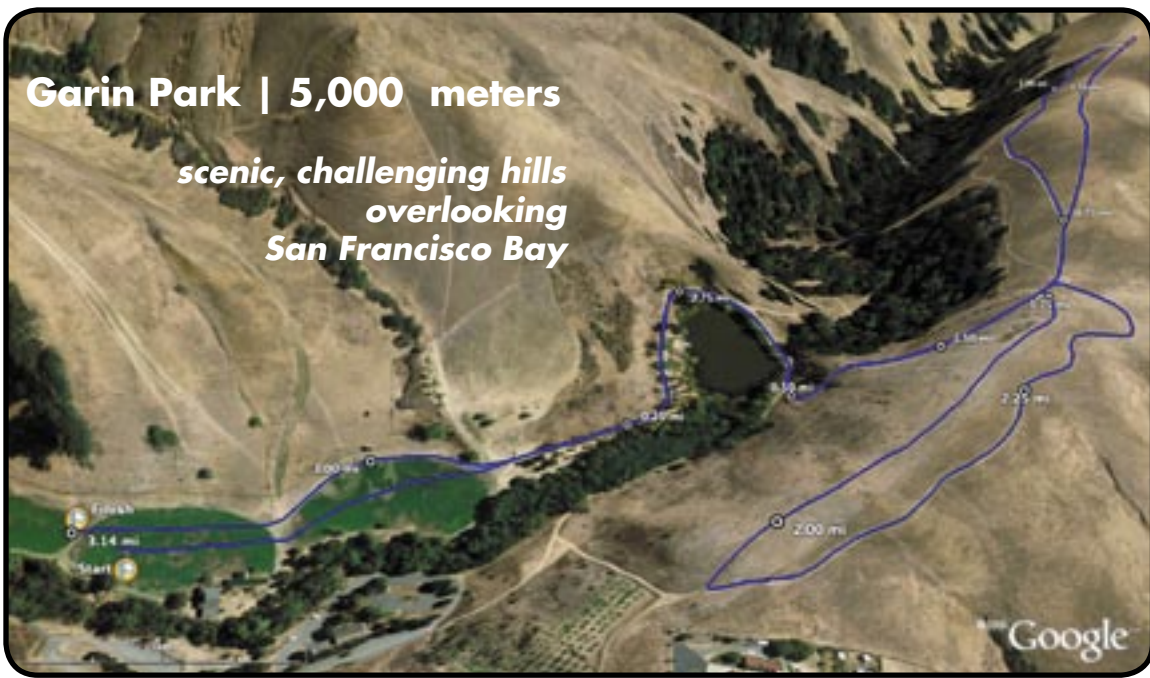
9:25 AM AWARDS	FROSH/SOPH GIRLS Top 4 Teams - 7 Individuals
9:50 AM AWARDS	JUNIOR/SENIOR GIRLS Top 4 Teams - 7 Individuals
10:15 AM AWARDS	VARSITY GIRLS Top 5 Teams - 10 Individuals
10:45 AM AWARDS	VARSITY BOYS Top 5 Teams - 10 Individuals
11:15 AM AWARDS	FROSH/SOPH BOYS Top 4 Teams - 7 Individuals
11:40 AM AWARDS	JUNIOR/SENIOR BOYS Top 4 Teams - 7 Individual

A custom plaque is also awarded to each winning team!

*Small Schools (grades 9-12, under 1200) | Large Schools (grades 9-12, 1200+)
Single gender schools (double your enrollment numbers)*

Garin Park | 5,000 meters

scenic, challenging hills overlooking San Francisco Bay



MOREAU CATHOLIC HIGH SCHOOL
27170 Mission Boulevard, Hayward, CA 94544
www.moreaucatholic.org



**MOREAU CATHOLIC
MARINER / BROOKS
CROSS
COUNTRY
INVITATIONAL 2007**

OCTOBER 19-20, 2007
GARIN PARK • HAYWARD, CA

NON-PROFIT ORG
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PERMIT NO. 851

