

2006 SOUTHERN CALIFORNIA USATF SUMMER TRACK & FIELD GRAND PRIX SERIES

Conducted in cooperation with the Los Angeles Unified School District All-Comers Meets

WEDNESDAY EVENINGS at Birmingham High School -- Victory & Balboa, Van Nuys

Rekortan Track . FinishLynx Timing . Wind Gauges

WEDNESDAY, JUNE 28 WEDNESDAY, JULY 5 WEDNESDAY, JULY 12 WEDNESDAY, JULY 19 WEDNESDAY, JULY 26

**WEDNESDAY, AUGUST 2—Grand Prix Final

**All events contested for double points

FREEWAY DIRECTIONS:

Exit the <u>405 Freeway North</u> at <u>Victory Blvd West</u>...West on Victory 2-Miles to <u>Balboa Blvd</u>.... Cross Balboa Blvd. and enter the first driveway on your right into the Birmingham H.S. parking lot.

STARTING TIME 8:00PM ORDER OF EVENTS

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Discus (6:30pm)

Pole Vault

High Jump

Long Jump

Shot Put

Triple Jump (follows Long Jump)

100 Meter Hurdles (Women)

1500 Meters

110 Meter Hurdles (Men)

4x 100m Relay (non-scoring)

400 Meters

100 Meters

800 Meters

1600m Race Walk

400 Meter Hurdles

200 Meters

3000M/5000M (combined)

4x 400m Relay (non-scoring)

The following <u>PLACE-POINTS</u> will be awarded in all Grand Prix Events:

 1^{ST} place- 10 pts 2^{ND} place- 8 pts 3^{RD} place- 6 pts 4^{TH} place- 5 pts 5^{TH} place- 4pts 6^{TH} place- 3pts 7^{TH} place- 2 pts 8^{TH} place-1 pt

PRIZES: To be announced

All participants in the Southern California USATF Grand Prix Series must be 2006 members of USA

Track & Field. You can register on-line at www.usatf.org. Participants can also purchase a USATF membership at these meets for the annual fee of \$20.00.

- To be eligible for Grand Prix Awards, you must have **PARTICIPATED** in the GP Series prior to the GP Final.
- To receive a GP award, you must be PRESENT at the GP Final on August 2.

For additional information, visit www.scausatf.org