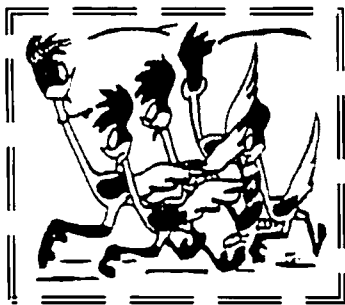


**SOUTHERN CALIFORNIA ROADRUNNERS OF WALNUT
PRESENT A 3 MILE RUN**



Summer Cross Country Final
Last Chance for a Time Trial before Season



A Cross Country Style Race
Creekside Park in Walnut

AUGUST 27, 2006

8:00 AM

We the Southern California Roadrunners of Walnut invite you to run and help raise funds to be awarded to Cal Poly Pomona Cross Country Team and the Roadrunners Youth Team. Cross Country course on grass & beautiful trails. The Southern California Roadrunners of Walnut is a non-profit running club for runners of all ages and abilities.

REGISTRATION BEGINS AT 7:00 AM

REGISTRATION Fee: \$15.00 No T-Shirt \$10.00 Children 10 & Under: \$12.00 No T-Shirt \$7.00
(early registration by mail and on-line ends August 23rd, race day registration add \$2.00)

MEN'S RACE 8:00 AM WOMEN'S RACE 8:30 AM KID'S 1 MILE RACE 9:00AM

Race course will be on the Creekside Park : Thomas Guide LA Pg. 639-D6

MAKE CHECKS PAYABLE TO

SOUTHERN CALIFORNIA ROADRUNNERS OF WALNUT

MAIL COMPLETED ENTRY FORM AND FEE TO

SOUTHERN CALIF. ROADRUNNERS

C/O Coach Danny Castro,

639 Canyon Hill Rd.

San Dimas, CA 91733

AWARDS 3 DEEP IN EACH DIVISION

OVERALL MALE & FEMALE WINNERS

WIN A PAIR OF SHOES FROM

TOP SPEED RUNNING STORE 1371 Foothill Blvd. La Verne, CA 91750 909 593-7400

For more information, call (626) 622-8569 or (951) 533-4294

(Please Print)

First Name: _____ Last Name: _____

Address: _____ Phone: (____) _____

City: _____ State: _____ Zip: Female ☐ Male ☐ Age on Race Date: _____

10 and Under ☐ 11-13 ☐ 14-17 ☐ 18-24 ☐ 25-29 ☐ 30-34 ☐ 35-39 ☐
40-44 ☐ 45-49 ☐ 50-54 ☐ 55-59 ☐ 60-64 ☐ 65-69 ☐ 70 and over ☐

Waiver: In consideration of your accepting my entry, I the undersigned, intending to legally bind myself and my heirs, executors, administrators, next of kin and assignees, do hereby waive any and all rights and claims against any person or organization affiliated with this race. I agree to indemnify and hold harmless the SOUTHERN CALIFORNIA ROAD RUNNERS OF WALNUT, officials, the race organizers and any and all sponsors from any claims, actions, damages, liability and expenses, including attorney's fees, on account of injury to my person or property or resulting in my death while I am competing, observing or participating in any way in this event, including travel to and from the race. I further attest that I am physically fit and have been sufficiently trained for the race that I am entering and that my physical condition has been verified by a licensed medical doctor.

Signature _____

Parent Signature if Participant
is Under 18 _____

Date _____