ALL COMERS TRACK COMES TO UC RIVERSIDE

HIGH SCHOOL, AGE GROUP, COLLEGE, CLUB, MASTERS AND OPEN ATHLETES WELCOME

DATES: SATURDAY -- JANUARY 7 & 21 & FEBRUARY 18 & 25

TIME: BOTH RUNNING AND FIELD EVENTS START AT NOON.

REGISTRATION BEGINS AT 11:30AM.

ADMISSION: \$5 TO VIEW **OR** COMPETE IN UNLIMITED EVENTS

SITE: UC RIVERSIDE 9 LANE URETHANE TRACK! ½" PYRAMID

SPIKES REQUIRED.

AWARDS: NO AWARDS BUT MARKS FOR ALL ATHLETES.

QUESTIONS: CONTACT NATE WIENS @ 951-827-5207

EVENT SCHEDULE

12:00	300 M HURDLES - 36"	12:00	HAMMER
	300 M HURDLES - 30"	12.00	IAVELIN

300 M HURDLES - 30" 12:00 JAVELIN 4x100 RELAY 12:00 LONG JUMP

800M 12:00 HIGH JUMP (OPEN HT 4')

100M 12:00 SHOT PUT

1600M 1:15 HIGH JUMP (OPEN HT 6')

400M 1:30 TRIPLE JUMP 100M HURDLES 1:30 DISCUS

110M HURDLES – 39"

110M HURDLES – 42"

200M SPECIAL NOTE:

3200M NO POLE VAULT CONTESTED!!

4 X 400 RELAY

THIS IS A ROLLING SCHEDULE. THIS SCHEDULE DOES NOT PROVIDE INDIVIDUAL STARTING TIMES FOR THE RUNNING RACES AS STARTING TIMES AFTER THE FIRST EVENT WILL DEPEND ON THE NUMBER OF ENTRIES AND THEREFORE THE NUMBER OF HEATS REQUIRED. THE FIELD EVENT TIMES WILL BE ADHERED TO AS CLOSELY AS POSSIBLE.