

More Questions?

- Call Meet Director, Doug Todd at 909-594-5611, extension 4840 (9:00 a.m. to 4:00 p.m.).
- Visit our web site at www.footlockerwest.com for updated race information.
- For additional information, please contact the Foot Locker Cross Country Headquarters at 212-720-4435.

Entry Instructions

Mail completed entry form, fee, and waiver to:

Foot Locker Cross Country Championships

Mt. San Antonio College
 1100 North Grand Ave.
 Walnut, CA 91789
 Attention: Doug Todd

Entry Deadlines and Entry Fees

Mail In Entries

- Entries and payments post-marked Saturday, November 13, 2004 or before are considered on time and will be charged \$15.00
- Entries and payments post-marked November 14th to November 20th will be accepted but are considered "late entries" and will be charged \$25.00.
- Entries and payments post-marked November 22nd to November 24th will be accepted but considered "very late" and will be charged \$35.00.
- **Note: November 25, 2004** — holiday commemorating Thanksgiving. **No mail delivery today.**

- Entries and payments post-marked after November 26th will be returned to sender.
 - Late entries **MUST** be paid with a cashier's check or money order. No personal checks will be accepted. **We cannot guarantee a T-shirt for late entries.**
 - **FAKED ENTRIES WILL NOT BE ACCEPTED FOR ANY REASON.**
 - **Mail-in Confirmation:** Mail-in registrants that provide a stamped, self-addressed envelope will receive confirmation via US mail.
 - **Web-Site Confirmation:** On-line registrants that provide an email address will receive confirmation via email.
- On-line Registration Procedures**
- On-line registration site is www.footlockerwest.com
 - **The on-line registration site will close at 10:00 p.m., November 24, 2004.** Payment checks must be mailed to the above address. All of the mail-in deadlines listed above apply to the receipt of your entry fee.

Check-In

Thursday, December 2nd

Distribution of race numbers, race information and T-shirts takes place from 4:00 p.m. to 7:00 p.m. at Mt. SAC College, Building 9-C, Student Life Center. **Photo ID required for pick up.**

Friday, December 3rd

Distribution of race numbers, race information and T-shirts takes place from 10:00 a.m. until 7:00 p.m. at Mt. SAC College, Building 9-C, Student Life Center. **Photo ID required for pick up.**

Saturday, December 4th

Distribution of race numbers, race information and T-shirts takes place from 6:30 a.m. until 10:00 a.m. at Mt. SAC's Hillmer Lodge Stadium ticket booth. Please make every attempt to pick-up your race number before Saturday. **On race day, the lines can be long and we cannot guarantee you will be able to get your number in time for your race. Photo ID required for pick up.**

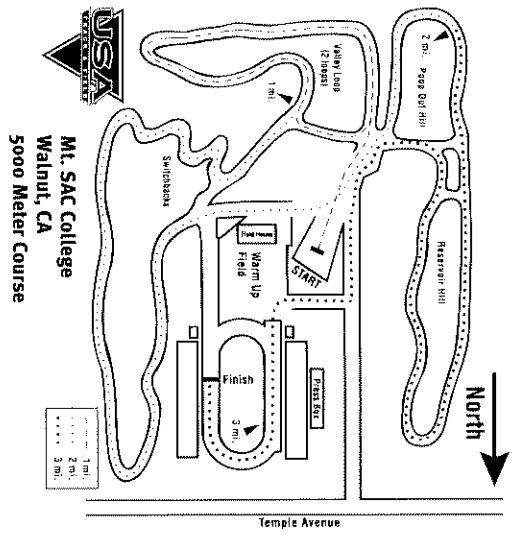
Location of the Course

Mt. San Antonio College is located at the corner of Grand and Temple Avenues. Approximately 2 miles west of the 57 freeway.

Parking

Parking is available in the lots across the street from the stadium.

Course Map



Lodging Information

Mt. SAC College
 Walnut, CA
 5000 Meter Course

For more information, please visit our website at www.footlockerwest.com.

PRSR STD
 US POSTAGE
 PAID
 HICKSVILLE, NY
 PERMIT NO. 687

*****AUTO**MIXED AADC 117
 T7 P1
 HANK LAWSON
 CROSS COUNTRY COACH
 LYNDWOOD HIGH SCHOOL
 1330 JOHNSON AVE
 LYNDWOOD MO 63059
 636-321-4172



CROSS COUNTRY CHAMPIONSHIPS



West Regional December 4, 2004

Foot Locker
 CROSS COUNTRY CHAMPIONSHIPS

1100 North Grand Avenue
 Walnut, CA 91789

