San Diego

November 20, Balboa Park, San Diego.

A nationally ranked San Diego won yet another CIF-San Diego championship in the section cross country finals. Rancho Buena Vista's Kira Jorgensen, right? Yes and no.

Jorgensen easily won the Class 1-A title with the day’s fastest time of 14:08 over the 2.42-mile course. No surprise there since it was the fifth consecutive C. Man Diego title won by the junior cross country team. The surprise of the meet was Class 2-A champion, Alison Maxwell. The University City senior also is nationally ranked - but in swimming. “I started out running to help my swimming,” Maxwell said, “and now I love it.”

photo by Burt Davis

Southern

November 14, Mt. SAC;

On the weekends of November 7th and 14th the powerful Southern Section gathered at Mt. SAC for its Section Finals and State Qualifying comparisons. With the school's break up into four divisions there were some interesting races. Arroyo (El Monte) and Palos Verdes, the top men's and women's teams in the State, respectively, were winners at their level, with Dana Hills upsetting PV in the Men's 4A team contest. Individually, David Southard of El Monte (11:09) was the fastest male, while Deena Drossin (Agoura) was the fastest female. West Covina won its 4A team win for the nation's best female runner squad, Palos Verdes, was a forgone conclusion, with their 1-2-3 from Courtney (11:33), Emily (11:35) and Sarah (11:37) giving them a good win of 213 points over Santa Clara Valley's 116-99-17. It was unexpected early in the year that such a PV score would be possible, as this was the first year in a while that the 4A division did not have a number of teams that could run 99:00 or better. The Sea Kings and Coach Joe Kelly must certainly be congratulated on a super year where they hid from one another, some good men, many weekends and highlighted their team with a big win in New York against the best from the East. Individually this division was much more interesting, as the number two runners in the nation from the Kinsey Cross Country Championships, Brigida Freya (Riverside Poly), would face a top group, including Jessica Dickey (Camarillo) and Ashley Black (PV). Freya pushed right from the gun, having a comfortable lead throughout the first mile or so. During the second mile she hit her stride and led to the “Pop Out” and Reservoir hills. Freya was unable to respond to the challenge and walked away to an 18:01 win (Ashley was 2nd and Jessica 3rd). During the downhill and fast last half mile Black edged into second ahead of Freya 18:08.51 to 18:09.11.

Results: 1. Freya (PV), 18:01.2; 2. Black (PV), 18:08.5; 3. Dickey (Camarillo) running a super 18:13 for 4th (to pull down her best from 19:00).

Women's 3A---This division featured Arroyo Grande, a tight pack-running team with no super individual, and Montebello. Montebello had Rayna Cervantes (10:30.32 3200m runner and 18:07 defending individual champ here) and Tannar Bannister, who lost two dual league meets, finished strong by winning the league meet before the sectional.

Montebello's top six boys placed first and 15th and the girls between sixth and 15th.

The other boys division winners were Sierra (2A) and El Camino (1-A). La Jolla's girls claimed the 2-A crown and San Pasqual's girls took the 1-A.

Individuals:

Results: 1. Drossin (Ag) 17:46, 2. Hecox (SH) 18:00, 3. Acosta (Walnut) 18:06, 4. Robbins (Hesperia) 18:35, 5. Bryant (Hesperia) 18:50, 6. Castruita (West Covina) 18:54, 7. Martinez (San Jose) 18:59, 8. Hecox (Hesperia) 19:07, 9. Klein (Valencia, West Ranch) 19:08, 10. Palos Verdes, 11:10 and 11:36 at 18:58 here up front, but not the back that AG had. Rayna raced to a relaxed, strong Finals 17:45.5, which Shenandoah's 17:51 at 18:33. Coach Greg Dukes AG group had their first three come in before Montebello's third, with Kate Horn (4th AG) and Hope Raines (5th AG) (11:30.4 and 11:31.3) helping Montebello's fourth to ice a narrow 80 (100:30.3 - 98:25.7) win. This was one of those runs where every step counted for these two fine teams. The success of Arroyo Grande must be noted, as the Women's Half of that program has been lower than their third in division since 1982. The biggest story of all might have been back in 1995, where the defending team came back for the first time in 1996 with 100% or better with a 100% 189 points (100 points per division). Coach Larry Nuteg of Norco almost pulled off his biggest magic ever this year, but with only one senior on his Varsity, we will keep an eye on things for 1996.


Women's A-1--This was a very tight division all season long, but Coach Ken Amon of Manara (Sierra Madre) ofxied his team's peak supernaturally once again. After a narrow mid-season loss in the big annual showdown for this division at the Bell-Jeff Invitational to Paramus (Lancaster), Marana (lay kind of low, skipping the Mt. SAC Invitational. The Dans' group emerged in the Prelims, having the fastest heat time by nearly three minutes at 105:58. With such a margin the Finals were kind of a foregone conclusion. Placing five in the top 22 of the team scoring the “Minutes people” scored 52 points (105:58) to win over St. Bernard (Beverly West) 53 in surprise win for second in a second year in the Finals in second, with 89 (106:44).

Individually Norco's Jaya Teyar (Serrano, Phelan) had the division's quickest time by about a minute during the season, with her 105:02 Finals performance honors for itself in the hold the entire way. Karen Talamantez (Western Christian, Covina) was 2nd at 105:08.

Central Coast

Central Coast Section Division II

Nov. 12, Crystal Springs, Belmont

Boys Teams Heat One

(Top seven advance to CCS Finals)

1. Scott (Montclair St. Albans) (30) 13
2. Menlo (Menlo Atherton) (26) 14
3. Loyola (Loyola-Marymount) (22) 15
4. Presentation (Presentation) (21) 16
5. Sacred Heart (Sacred Heart Prep) (20) 17
6. Menlo (Menlo-Atherton) (19) 18
7. Menlo-Atherton (Menlo-Atherton) (18) 19

Girls Teams Heat One

(Top seven advance to CCS Finals)

1. Scott (Montclair St. Albans) (30) 13
2. Menlo (Menlo Atherton) (26) 14
3. Loyola (Loyola-Marymount) (22) 15
4. Presentation (Presentation) (21) 16
5. Sacred Heart (Sacred Heart Prep) (20) 17
6. Menlo (Menlo-Atherton) (19) 18
7. Menlo-Atherton (Menlo-Atherton) (18) 19

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