

14th National Corporate
Marathon
Championship

*San Diego Marathon
San Diego, CA
January 17, 1999*

USCAA

United States Corporate Athletic Association



Exercising Your Corporate Image



22nd National Corporate
Track & Field
Championships

*Los Gatos High School
Los Gatos, CA
July 17-18, 1999*

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Hughes

Carole Swanson
CIGNA

22nd Annual USCAA National Corporate Track & Field Championships

Los Gatos, California

July 17 - 18, 1999

The U.S. Corporate Athletics Association's (USCAA's) National Corporate Track & Field Championship is scheduled to be held in Los Gatos, California on July 17 - 18, 1999 to benefit corporate America's fitness and raise funds for the Make-A-Wish Foundation®. This year's event will be the 22nd Annual Championship and promises to be a great event. The USCAA invites all companies to form a team and compete, set up a product table at the meet, donate products, advertise, or help sponsor the event.

The USCAA is a nationwide non-profit organization that promotes health and fitness among corporate employees as well as raises funds for charity. It is made up of corporate athletes - both slow and fast - and organized by a board of directors who are volunteers from across corporate America. Together they organize and compete in a variety of corporate races. The biggest of these competitions for the USCAA is its annual National Corporate Track & Field Championship. The USCAA also raises funds at this meet for charity with its Charity Cup Challenge. Visit the USCAA web site at www.uscaa.org for more in-depth information.

The USCAA Track & Field Nationals is made up of events that are team- or relay-oriented and structured to be equally competitive for men and women of all ages. Some events even require runners of a particular executive level. Retired employees and contractors may also be eligible to take part. The competition allows both the weekend warrior and the former college track star to participate in the same meet and to contribute equally to a team's success. Individual distances in these relays range from 100 or 200 meters to 2 miles on the track (more of the shorter distances), shot put, discus, high jump, long jump, and 5K and 10K road races. Several smaller teams can group together to form a single team.

Also included are two non-scoring events: a 4-person relay consisting of two Special Olympic athletes and two corporate athletes, and a Korporate Kids Run with children from 1 to 16 running from 100 meters to 400 meters. The USCAA Nationals are fun as well as competitive, engender a lot of long-lasting camaraderie, and benefit worthy charities. The weekend closes with an energetic post-meet party.

This is our 22nd Annual Corporate Nationals. We are striving hard to make this year special. Honorary chairpersons for 1998 was Fred Newhouse. Those for 1999 have not been chosen yet. Television coverage is also being worked out.

Thank you, and have a great day,
Gordon Smith
USCAA Vice President and Communications chairman
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Event Characteristics

Event Name <i>(Div I&II unless specified)</i>	# Medals ¹ <i>(per place)</i>	Gender ²	Age Group	Individual Distances	Executive	Field Event
Men's 5K Road Race	12	M	<i>all ages</i>	5K		
Women's 5K Road Race	10	F	<i>all ages</i>	5K		
Men's 10K Road Race <i>(Div I)</i>	7	M	<i>all ages</i>	10K		
Women's 10K Road Race <i>(Div I)</i>	6	F	<i>all ages</i>	10K		
Repeat Relay	2	1-M, 1-F	<i>any age & 40+</i>	100m		
4 x 100 Sprint Relay	8	4-M, 4-F	<i>all ages</i>	100m		
Women's 800m Team Race	4	F	<i>any age</i>	800m		
Submasters Distance Relay	8	6-M, 2-F	30+	800 - 1600m		
3-Lap Sprint Relay	8	6-M, 2-F	<i>any age</i>	200 - 400m		
Executive Relay <i>(Div I)</i>	4	3-M, 1-F	35+	400 - 1600m	X	
4 x 200 Relay	8	6-M, 2-F	<i>all ages</i>	200m		
Men's Mile Team Race	4	M	<i>any age</i>	mile		
Senior's Relay	7	5-M, 2-F	appr. 50+	200 - 600m		
Women's Relay	6	F	appr. 30+	400 - 800m		
Submasters Sprint Relay <i>(Div I)</i>	4	3-M, 1-F	30+	200 - 800m		
President's Relay	6	<i>any gender</i>	35+	400 - 800m	X	
Pyramid Relay	10	6-M, 4-F	<i>any age</i>	400 - 1200m		
Masters Relay	10	8-M, 2-F	40+	200 - 800m		
Distance Relay <i>(Div I)</i>	5	4-M, 1-F	<i>all ages</i>	800 - 3200m		
Sprint Relay	12	8-M, 4-F	<i>all ages</i>	200 - 400m		
Team Throw (shot/discus)	3	<i>any gender</i>	<i>any age</i>	----		X
Team Jump (long/high jump)	3	<i>any gender</i>	<i>any age</i>	----		X
4x200 Special Olympics Relay <i>(non-scoring, exhibition event)</i>	16 <i>(all places)</i>	<i>any gender</i>	<i>any age</i>	200m		
Korporate Kids Run <i>(non-scoring, exhibition event)</i>	50(?) <i>(all places)</i>	<i>any gender</i>	<i>any age</i>	100 - 200m		

¹ - Medal count per event standing (i.e. multiple by 3 to include 1st through 3rd place finishers. Multiple by 5 for top 5 places)

Includes all divisions involved in the event.

² - A female athlete may be substituted in place of a male athlete unless a male is specified in the event's rules.