

CALIFORNIA STATE MEET (Addendum)

1992 Boys Events

100 meter Dash

1. Riley Washington (Southwest,SD)	#10.30
2. Gentry Bradley (Pius X,S)	10.44
3. Anthony Volsan (Merced,SJ)	10.50
4. Ali Evans (Vallejo,SJ)	10.52
5. Paul Turner (University City,SD)	10.60
6. Shon Lewis (Wilcox,CC)	10.65

200 meter Dash

1. Gentry Bradley (Pius X,S)	20.97
2. Riley Washington (Southwest,SD)	21.02
3. Anthony Volsan (Merced,SJ)	21.16
4. Brian Lewis (Highlands,SJ)	21.60
5. Derek Shephard (Lincoln,SF)	21.61
6. James Redd (Fontana,S)	21.70

400 meter Dash

1. Derek Shephard (Lincoln,SF)	46.95
2. James Redd (Fontana,S)	47.35
3. Crystal Wutrich (Lng Bch Wilson,S)	48.04
4. Edward Turner (Morningside,S)	48.09
5. Jesse Wilson (St.Mary's,NC)	48.41
6. Jimmie Johnson (Mission San Jose,NC)	48.81

800 meter Run

1. Mike Katri (Fortuna,NC)	1:49.54
2. Milton Hughes (Stagg,SJ)	1:49.64
3. Bryan Woodward (Lng Beach Poly,S)	1:50.22
4. Nathan Woods (Duarte,S)	1:52.70
5. Adam Herndon (O'Dowd,NC)	1:53.47
6. Vondre Armour (Bakersfield,C)	1:53.72

1600 meter Run

1. Dan DasNeves (Helix,SD)	4:09.54
2. Goss Lindsey (Peninsula,S)	4:11.25
3. Brian Wilkinson (Merced,SJ)	4:11.57
4. Jeff Wilson (Newbury Park,S)	4:12.42
5. Ryan Wilson (Agoura,S)	4:13.25
6. Todd Tressler (San Marcos,S)	4:14.18

1993 Boys Events

100 meter Dash (wind +1.6mps)

1. Bryan Howard (Canyon Springs,S)	10.43
2. Paul Turner (University City,SD)	10.49
3. Anthony Volsan (Merced,SJ)	10.52
4. Marques Holliswell (W.Bakersfield,C)	10.66
5. Lindsey McDonald (Merced,SJ)	10.67
6. Brian Lewis (Highlands,SJ)	10.75

200 meter Dash (wind -2.3mps)

1. Calvin Harrison (North Salinas,CC)	21.12
2. Bryan Howard (Canyon Springs,S)	21.53
3. Anthony Volsan (Merced,SJ)	21.55
4. Pat Johnson (Redlands,S)	22.04
5. Shon Lewis (Wilcox,CC)	22.22
6. Leo Settle (Dorsey,LA)	22.33

400 meter Dash

1. Calvin Harrison (No.Salinas,CC)	#45.25
2. Andre DeSaussure (Taft,LA)	47.11
3. Michael Granville (Bell Gardens,S)	47.78
4. John Lockard (Logan,NC)	48.03
5. Atlas Kendricks (Bakersfield,C)	48.38
6. Derek Favorite (Corona Centennial,S)	48.51

800 meter Run

1. Vondre Armour (Bakersfield,C)	1:50.13
2. Jesse Camp (El Capitan,SD)	1:52.97
3. Adrian Garcia (Roosevelt,C)	1:54.19
4. Matt Silva (San Pascual,SD)	1:54.40
5. Anthony Wheeler (Dorsey,LA)	1:55.45
6. Nathan Woods (Duarte,S)	1:58.28

1600 meter Run

1. Brian Wilkinson (Merced,SJ)	4:08.13
2. Morris Giddens (Gardena,LA)	4:10.50
3. Mebrahtom Keflezighi (San Diego)	4:11.48
4. Mike Prindiville (De La Salle,NC)	4:11.88
5. Brett Strahan (Hart,S)	4:14.08
6. Juan Pinal (Overfelt,CC)	4:15.91

3200 meter Run

1. Angel Martinez (San Gabriel,S)	8:56.34
2. Cruz Gallegos (Cor'a Centennial,S)	9:02.90
3. Jacque Sallberg (Muir,S)	9:04.19
4. Daniel DasNeves (Helix,SD)	9:05.42
5. Fernando Mendoza (Channel Is,S)	9:05.42
6. Nazario Romero (San Pasqual,SD)	9:08.14

110 meter High Hurdles

1. Charlie Davidson (Saddleback,S)	13.94
2. Demond Smith (Hawthorne,S)	14.10
3. Drue Powell (Reseda,LA)	14.16
4. Marcus Stokes (Thacher,S)	14.17
5. Raymond Banner (Birmingham,LA)	14.26
6. Ryan Crane (Dana Hills,S)	14.37

300 meter Intermediate Hurdles

1. Demond Smith (Hawthorne,S)	37.34
2. Chris Redmond (Vallejo,SJ)	37.66
3. Kenny Haslip (Muir,S)	37.69
4. Greg Muniz (Woodbridge,S)	37.88
5. Marcus Stokes (Thacher,S)	38.01
6. Rashid Gayle (Roseville,SJ)	38.61

400 meter Relay

1. Morn'side,S	42.04
2. Hi'lands,SJ	42.06
3. Vallejo,SJ	42.08
4. Hawthorne,S	42.21
5. Merced,SJ	42.26
6. SnGorgonio,S	42.28

1600m Relay

1. Morn'side,S	3:15.37
2. Foothill,S	3:16.81
3. Bakersf'd,C	3:16.84
4. Muir,S	3:17.87
5. Valencia,S	3:17.96
6. O'Dowd,NC	3:18.38

Triple Jump

1. Tony Parrish (Marina,S)	49' 1"
2. Leonard Haywood (St.Mary's,NC)	48' 11 1/2"
3. Keir Gumbs (O'Dowd,NC)	48' 11 1/2"
4. Andre Harrison (Wasco,C)	48' 8 1/2"
5. Barry Massey (Long Beach Poly,S)	48' 6 1/2"
6. Choice Clark (Pasadena,S)	48' 5 1/2"

Long Jump

1. Eugene Dreher (Antelope Vly,S)	24' 1 1/2"
2. Kyjione Jack (Canyon Springs,S)	23' 5 1/2"
3. Dave Janoski (Corona,S)	23' 2 1/2"
4. Eric Hunt (Bullard,C)	22' 10 1/2"
5. Jim Hicks (Long Beach Wilson,S)	22' 9 1/2"
6. Walter Tilles (Fairfield,SJ)	22' 6 1/2"

High Jump

1. Griffin Childers (Woodland,SJ)	6' 11"
2. Calvin Haynes (Corcoran,C)	6' 9"
3. Todd Kelly (Big Valley,N)	6' 9"
4. Del Mitchell (Mt.Diablo,NC)	6' 9"
4. Jeremy Fischer (Camarillo,S)	6' 9"
6. Alarcik Greenberry (Cabrillo,S)	6' 8"

Pole Vault

1. Clarence Phelps (Christian Bros,SJ)	16' 0"
2. Luis Lind (Liberty,NC)	15' 6"
3. Corey Johnson (El Dorado,SJ)	15' 2"
4. Jesse Stern (Harvard,S)	15' 2"
5. Sean Brown (Terra Linda,NC)	15' 2"
6. Chris Buddin (Orange Glen,SD)	15' 2"

Shot Put

1. Pete Swanson (San Benito,CC)	61' 3 1/2"
2. Jeff Buckley (Bakersfield,C)	60' 9 1/2"
3. Ty Lingenfelter (Upland,S)	60' 5 1/2"
4. Tony Mancuso (Newport Harbor,S)	59' 3 1/2"
5. Mark Glock (Nogales,S)	58' 11"
6. Alfred Reyes (Corcoran,C)	57' 0"

Discus Throw

1. Jeff Buckley (Bakersfield,C)	186' 10"
2. Pete Swanson (San Benito,CC)	186' 2"
3. Brandon Wainwright (S.Bak'fld,C)	176' 3"
4. Ty Lingenfelter (Upland,S)	167' 8"
5. Ivan Zasmiczuk (St.Ignatius,CC)	165' 5"
6. Chad Peare (Trabuco Hills,S)	163' 2"

3200 meter Run

1. Matt Farley (Jesusit,SJ)	9:04.39
2. Mebrahtom Keflezighi (San Diego)	9:09.26
3. Margarito Casillas (Hoover,S)	9:13.81
4. Jaime Martinez (Orange,S)	9:15.85
5. Mike Love (Katella,S)	9:17.67
6. Mah Creason (Eureka,NC)	9:24.65

110 meter High Hurdles (wind +1.9mps)

1. Drue Powell (Reseda,LA)	13.87
2. Gerald Stamps (Muir,S)	14.23
3. Danny Perryman (Lemoore,C)	14.40
4. Bryon Jones (Arroyo Grande,S)	14.55
5. Gerimi Burleigh (Upland,S)	14.67
6. Henry Barnhill (Mountain View,CC)	15.38

300 meter Intermediate Hurdles

1. Kenny Haslip (Muir,S)	37.80
2. Adrian Williams (River City,SJ)	37.83
3. Charlton Jordan (Washington,LA)	38.72
4. Byron Casey (American,NC)	38.92
5. Anton Hector (Esperanza,S)	39.02
6. Reuben Parrish (Atwater,SJ)	39.57

400 meter Relay

1. Merced,SJ	41.42
2. Muir,S	41.53
3. N.Salinas,CC	41.63
4. Canyon Spr,S	41.70
5. Univ'ty C,SD	41.86
6. Vallejo,SJ	42.01

1600 meter Relay

1. N.Salinas	3:14.19
2. Foothill,S	3:14.99
3. Bak'fld,C	3:16.29
4. Muir,S	3:17.04
5. Merced,SJ	3:18.70
6. St.Marys,CC	:19.67

Triple Jump (wind +1.42mps on best jump)

1. Tony Parrish (Marina,S)	50' 11 1/2"
2. Von Ware (Rancho Buena Vista,SD)	49' 8"
3. Mel Moultry (Beverly Hills,S)	49' 2 1/2"
4. Ty Gaines (Palmdale,S)	48' 0 1/2"
5. Jason Sergeant (Vallejo,SJ)	48' 7"
6. Xavier Howell (Long Beach Poly,S)	47' 9 1/2"

Long Jump (wind up to +3.78mps)

1. LeAndrew Childs (Inglewood,S)	W24' 0"
2. Jesus Reyes (Chino,S)	W23' 11 1/2"
3. Bryan Clark (Fremont,LA)	23' 4 1/2"
4. Jamal Chase (Quartz Hill,S)	23' 3 1/2"
5. Derrick Mitchell (Mt.Eden,NC)	22' 10 1/2"
6. Jerome Green (Chula Vista,SD)	22' 9 1/2"

High Jump

1. Jeff Nadeau (Monroe,LA)	7' 2"
2. Jeremy Fischer (Camarillo,S)	7' 1"
3. Todd Kelly (Big Valley,N)	7' 0"
4. Jon Roby (Corcoran,C)	6' 9"
5. James Lincoln (Birmingham,LA)	6' 8"
6. Jim Romero (LA Baptist,S)	6' 8"

Pole Vault

1. Scott Slover (Leland,CC)	16' 2"
2. Robby Weighall (Bak'd Highland,C)	15' 10"
3. Ty Harvey (Sonora,SJ)	15' 6"
4. Chris Buddin (Orange Glen,SD)	15' 6"
5. Tom Ryan (Bellarmine,CC)	15' 2"
6. Jesse Stern (Harvard,S)	15' 2"

Shot Put

1. Ty Lingenfelter (Upland,SJ)	60' 9 1/2"
2. Jason Young (Piedmont,CC)	58' 10 1/2"
3. Chad Peare (Trabuco Hills,S)	57' 6 1/2"
4. Wade Tift (Newport Harbor,S)	57' 2"
5. Travis McCullough (Esperanza,S)	55' 5 1/2"
6. Luke Villanueva (King City,CC)	54' 9 1/2"

Discus Throw

1. Chad Peare (Trabuco Hills,S)	182' 2"
2. Travis Nutter (Amador Valley,NC)	178' 9"
3. Ty Lingenfelter (Upland,SJ)	171' 1"
4. Tighe Jaffe (Mt.Carmel,SD)	164' 7"
5. Coleman Johnson (Riv'side Poly,S)	160' 0"
6. Billy Bush (Downey,SJ)	158' 10"

CALIFORNIA STATE MEET (Addendum)

1994 Boys Events

100 meter Dash (wind -0.44mps)

1. Pat Johnson (Redlands, S)	10.43
2. Marques Holiwell (W. Bakersfield, C)	10.52
3. Ali Evans (Vallejo, SJ)	10.58
4. Willie Jones (Franklin, SJ)	10.74
5. Marvin Love (Washington, NC)	10.77
6. Leo Settle (Dorsey, LA)	10.80

200 meter Dash (wind -1.61mps)

1. Pat Johnson (Redlands, S)	21.01
2. Bryan Howard (Canyon Springs, S)	21.14
3. Leo Settle (Dorsey, LA)	21.48
4. Demond Birks (Eisenhower, S)	21.75
5. Shawn Williams (Silver Creek, CC)	21.96
6. Willie Jones (Franklin, SJ)	21.99

400 meter Dash

1. James Davis (Wood, SJ)	46.96
2. Mike Russell (Rowland, S)	47.10
3. Felton Charles (Westmoore, CC)	47.17
4. Ramsay Jay (Ventura, S)	47.49
5. Jerome Davis (Rdgrst Burroughs, S)	47.56
6. Andre DeSaussure (Taft, LA)	47.70

800 meter Run

1. Michael Granville (Bell Grdns, S)	1:49.82
2. Vondre Armour (Bakersfield, C)	1:50.11
3. Jessie Camp (El Capitan, SD)	1:52.14
4. Aaron Richberg (Logan, NC)	1:52.57
5. Mike Wenz (Canyon Springs, S)	1:53.20
6. Matt Silva (San Pasqual, SD)	1:53.65

1600 meter Run

1. Mebrahtom Keflezighi (San Diego)	4:07.67
2. Michael Stember (Jesuit, SJ)	4:08.52
3. Mark Hauser (St. Augustine, SD)	4:08.97
4. Brett Strahan (Hart, S)	4:09.98
5. Eric Dunn (Arroyo Grande, S)	4:11.80
6. Ricardo Etheridge (Barstow, S)	4:14.41

3200 meter Run

1. Mebrahtom Keflezighi (San Diego)	8:58.11
2. Antonio Arce (Palmdale, S)	9:03.19
3. Matt Farley (Jesuit, SJ)	9:03.55
4. Konrad Knutsen (Del Campo, SJ)	9:05.88
5. Jaime Martinez (Orange, S)	9:06.94
6. Matt Creason (Eureka, NC)	9:10.26

110 meter High Hurdles (wind-aid +2.44mps)

1. Gerimi Burleigh (Upland, S)	13.93
2. DeLewis Johnson (Nogales, S)	13.95
3. Kenny Haslip (Muir, S)	14.07
4. Jason Medearis (Hart, S)	14.23
5. Charles Alade (Highland, C)	14.33
6. Coke Edmond (Bellarmine, CC)	14.42

300 meter Intermediate Hurdles

1. Kenny Haslip (Muir, S)	37.14
2. Jason Medearis (Hart, S)	37.38
3. Jason Brownlee (Hamilton, LA)	37.44
4. DeLewis Johnson (Nogales, S)	37.50
5. Desean Holmes (Muir, S)	37.52
6. Mel Lete (Saddleback, S)	37.88

400 meter Relay **1600 meter Relay**

1. El Camino, SD	41.14	1. Muir, S	3:12.54
2. Muir, S	41.24	2. Henry, SD	3:14.69
3. Morningside, S	.25	3. Morningside	3:14.85
4. Skyline, O	41.60	4. Fairfax, LA	3:15.29
5. Univ'ty C. SD	41.81	5. Berkeley, NC	3:16.29
6. Dorsey, LA	41.96	6. Dorsey, LA	3:17.02

Triple Jump (wind -1.43mps to -2.05mps)

1. Von Ware (Rancho Buena Vista, SD)	50' 6"
2. Jamaal Chase (Quartz Hill, S)	49' 11"
3. Ty Anderson (Long Beach Poly, S)	48' 2"
4. Chuck Bishop (Taft, C)	47' 7 1/2"
5. Leroy Parham (Rancho Bernardo, SD)	47' 5 1/2"
6. Reggie Mitchell (Sweetwater, SD)	47' 3 1/2"

Long Jump (wind -1.08mps to -2.72mps)

1. Tyree Washington (La Sierra, S)	23' 9 1/2"
2. Art Lloyd (Eisenhower, S)	23' 8 1/2"
3. Chris Ferreira (Oak Ridge, SJ)	23' 7"
4. Danny Haag (Granada Hills, LA)	23' 4 1/2"
5. Fred Jackson (Piedmont Hills, CC)	23' 2 1/2"
6. Ronald Powell (Carmel, CC)	22' 10 1/2"

High Jump

1. Jeremy Fischer (Camarillo, S)	7' 0"
2. Rich Pitchford (Charter Oak, S)	7' 0"
3. Eric Nyberg (Mt. Whitney, C)	6' 11"
4. Jerrod Johns (Vallejo, SJ)	6' 9"
5. Art Lloyd (Eisenhower, S)	6' 8"
6. Jeff Bond (Piedmont, NC)	6' 8"

Pole Vault

1. Scott Slover (Leland, CC)	16' 10"
2. Borya Orloff (St. John Bosco, S)	16' 6"
2. Robbie Weighall (Highland, C)	16' 6"
4. Esa Sallinen (Burbank Burroughs, S)	15' 10"
5. Ben Stark (Porterville, C)	15' 10"
6. Mike Brown (Torrey Pines, SD)	15' 6"

Shot Put

1. Chris DeMartini (St. Ignatius, CC)	58' 11 1/2"
2. Wade Tift (Newport Harbor, S)	58' 8 1/2"
3. Jeremy Lingenfelter (Claremont, S)	58' 7 1/2"
4. Phil Foneu (Mira Costa, S)	57' 4"
5. Chris Cate (Casa Robles, SJ)	55' 11"
6. J.D. Martin (Madera, C)	55' 6 1/2"

Discus Throw

1. Jeremy Staat (Bakersfield, C)	183' 8"
2. Chris DeMartini (St. Ignatius, CC)	178' 2"
3. Kari Hamalainen (Mariposa, SJ)	170' 11"
4. Ihsan Warren (St. Mary's, NC)	168' 2"
5. Buddy Brown (El Camino, SD)	164' 9"
6. Chad Jones (Arroyo Grande, S)	162' 7"

1995 Boys Events

100 meter Dash (wind-aided +2.12mps)

1. Marques Holiwell (W Bakersfield, C)	10.43
2. James Hinx (Grant, SJ)	10.45
3. Bryan Harrison (Dana Hills, SJ)	10.51
4. Vince Williams (University City, SD)	10.65
5. Kaaron Conwright (Westchester, LA)	10.71
6. Bryant Eubanks (El Camino, SD)	10.72

200 meter Dash (wind-aided +2.90mps)

1. Bryan Harrison (Dana Hills, S)	20.82
2. Obea Moore (Muir, S)	20.95
3. Marques Holiwell (W Bakersfield, C)	21.30
4. James Hinx (Grant, SJ)	21.33
5. Vicne Williams (University City, SD)	21.34
6. Demetrius Guidry (Bear Creek, SJ)	21.38

400 meter Dash

1. Obea Moore (Muir, S)	46.08
2. Tyree Washington (La Sierra, S)	46.57
3. Jerome Davis (Rdgrst Burroughs, S)	47.23
4. Steve Campbell (Alta Loma, S)	47.67
5. Clinton Lane (Henry, SD)	47.80
6. Lydell Burston (Morse, SD)	48.25

800 meter Run

1. Aaron Richburg (Logan, NC)	1:48.40
2. Michael Granville (Bell Gardens, S)	1:48.47
3. Brandon Pacheco (Brethren Chr, S)	1:52.02
4. James Levine (Golden Valley, SJ)	1:52.53
5. Jonevan Hornsby (St. Mary's, SJ)	1:52.56
6. Jeremy Lyon (Hesperia, S)	1:52.67

1600 meter Run

1. Michael Stember (Jesuit, SJ)	#4:04.00
2. Brandon Pacheco (Bethren Chr, S)	4:08.59
3. Larry Henderson (Mira Mesa, SD)	4:09.58
4. Mike Blair (Napa, SJ)	4:10.91
5. Micheil Jones (Livermore, NC)	4:11.94
6. Antonio Arce (Palmdale, S)	4:12.71

3200 meter Run

1. Jason Balkman (Lynbrook, CC)	9:05.31
2. Jim McLarty (Ayala, S)	9:07.79
3. Dave McQuitty (Grossmont, SD)	9:10.44
4. Adalberto Sanchez (Capistrano V, S)	11.90
5. Antonio Arce (Palmdale, S)	9:13.98
6. Michael Stember (Jesuit, SJ)	9:14.02

110 meter High Hurdles (wind -0.96mps)

1. J. Naivalu (Fremont, CC)	14.33
2. Kenyon Rambo (Long Beach Poly, S)	14.34
3. Jackie Jenkins (Golden West, C)	14.39
4. Dominique Degranmont (Tustin, S)	14.42
5. Dan Nord (Los Altos, CC)	14.46
6. Mark Roman (Fresno Central, C)	14.78

300 meter Intermediate Hurdles

1. Mickey Grimes (Canyon Springs, S)	36.83
2. Chey Walker (West Covina, S)	37.11
3. Felix Sanchez (University City, SD)	37.30
4. Jason Lewis (Fairfax, LA)	37.70
5. Makio Haywood (Muir, S)	37.71
6. Brian Fell (Rancho Bernardo, SD)	38.28

400 meter Relay **1600 meter Relay**

1. Skyline, O	40.78	1. Muir, S	3:13.00
2. Bakers'ld, C	41.09	2. Morn'side, S	3:13.30
3. Muir, S	41.36	3. Morse, SD	3:16.27
4. Berkeley, NC	41.50	4. Berkeley, NC	3:16.65
5. El Camino, SD	41.84	5. Sac'to V. SJ	3:16.81
6. Serra, S	41.87	6. Univ City, SD	:18.08

Triple Jump (wind +1.47mps to +2.58mps)

1. Michael Turner (Morningside, S)	W49' 2"
2. Tye Anderson (Long Bch Poly, S)	W48' 5"
3. Gerald Williams (Lynwood, S)	48' 3"
4. Rasheed Abdullah (Logan, NC)	48' 2 1/2"
5. Derrick Evans (Muir, S)	48' 1 1/2"
6. Steve Williams (San Fernando, LA)	47' 1"

Long Jump (wind +1.83mps to +2.58mps)

1. Clarence Scott (Fremont, LA)	24' 7 1/2"
2. Jimmy Devine (Ramona, S)	23' 8 1/2"
3. Jeff Nord (Los Altos, CC)	22' 11 1/2"
4. Majaliwa McKeaver (Ramona, SD)	W22' 11 1/2"
5. Ronald Stewart (Gardena, LA)	22' 8 1/2"
6. Patrick Kooba (Glendora, S)	W22' 8 1/2"

High Jump

1. Michael Wilkins (Red Bluff, N)	7' 0"
2. David Larson (Stockdale, C)	7' 0"
3. John Roby (Corcoran, C)	6' 9"
4. Pat Leonard (Piner, NC)	6' 9"
5. Marty Brossert (South Torrance, S)	6' 8"
6. Dale Fowle (Saugus, S)	6' 8"

Pole Vault

1. Mike Brown (Torrey Pines, SD)	16' 4"
2. Scott Wenzel (Gilroy, CC)	15' 6"
3. Bevan Hart (Christian Brothers, SJ)	15' 6"
4. Matt Poirer (Mt. Carmel, SD)	15' 6"
5. Logan Nichols (Arroyo Grande, S)	15' 2"
6. Dan Shimooka (San Pasqual, SD)	15' 2"

Shot Put

1. Matt Pentecost (Loyola, LA)	62' 3 1/2"
2. J.D. Martin (Madera, C)	60' 7"
3. Brian Chase (Newman, NC)	60' 3 1/2"
4. Van Mounts (Bakersfield, C)	59' 1"
5. Jason Hammond (Fowler, C)	58' 4 1/2"
6. Derek Baumer (Ponderosa, SJ)	57' 10 1/2"

Discus Throw

1. Chad Jones (Arroyo Grande, S)	183' 9"
2. Randy Hein (Dana Hills, S)	176' 3"
3. Jason Hammond (Fowler, C)	176' 0"
4. Jason Bader (Huntington Beach, S)	171' 8"
5. Derek Baumer (Ponderosa, SJ)	170' 9"
6. Billy Bush (Downey, SJ)	169' 2"

CALIFORNIA STATE MEET (Addendum)

1992 Girls Events

100 meter Dash

1. Marion Jones (Thousand Oaks, S)	#11.14
2. Aminah Haddad (Long Beach Poly, S)	11.73
3. Andrea Anderson (Long Bch Poly, S)	11.79
4. Tai-Ne Gibson (Morningside, S)	11.83
5. Lesa Parker (O'Dowd, NC)	11.80
6. Tanisha Johns (Burbank, SJ)	12.05

200 meter Dash

1. Marion Jones (Thousand Oaks, S)	#22.83
2. Aminah Haddad (Long Beach Poly, S)	23.97
3. Lesa Parker (O'Dowd, NC)	24.08
4. Andrea Anderson (Long Bch Poly, S)	24.15
5. Santisha Arnold (Morningside, S)	24.38
6. Angela Sullivan (Serra, SD)	24.52

400 meter Dash

1. Janice Nichols (Bakersfield, C)	54.46
2. Latasha Gilliam (Pittsburg, NC)	55.06
3. Tammera McClain (Eisenhower, S)	55.55
4. Asha Jayasinghe (Arcadia, S)	56.32
5. Jaronda White (Morningside, S)	56.41
6. Sylvia Plesiak (Menlo-Atherton, CC)	56.47

800 meter Run

1. Miesha Marzell (O'Dowd, NC)	2:10.29
2. Christi Engesser (Ocean View, S)	2:11.23
3. Holly Welch (Bella Vista, SJ)	2:11.36
4. Kerri Woolheater (Casa Grande, NC)	2:12.59
5. Melanie Hand (Fallbrook, SD)	2:13.73
6. Michelle Muething (Amador Vly, NC)	2:14.75

1600 meter Run

1. Shelley Taylor (Edison, S)	4:48.52
2. Nikki Shaw (Fillmore, S)	4:53.40
3. Amy Skieresz (Agoura, S)	4:58.99
4. Robin Snowbeck (University, LA)	5:00.20
5. Barbara Boisvert (Orng Lutheran, S)	00:59
6. Lori Miller (North Bakersfield, C)	5:01.12

3200 meter Run

1. Melina Glusac (Fallbrook, SD)	10:28.62
2. Marbella Aparicio (Fillmore, S)	10:39.08
3. Sarah Gregg (Clovis West, C)	10:51.08
4. Carrie Garritson (Sunny Hls, S)	10:54.07
5. Melissa Keim (San Pasqual, SD)	10:54.89
6. Maya Muñoz (Peninsula, S)	11:00.94

100 meter Low Hurdles

1. Twila Sims (Lompoc, S)	13.83
2. Erin Blunt (San Pasqual, SD)	13.94
3. Jennifer Odom (Independence, CC)	13.97
4. Kam Warner (West Bakersfield, C)	13.98
5. Sanoma Nickson (Morningside, S)	14.19
6. Yvonne Scott (Johnson, SJ)	14.22

300 meter Low Hurdles

1. Twila Sims (Lompoc, S)	42.75
2. Erin Blunt (San Pasqual, SD)	42.96
3. Tanya Lazar-Lea (Vallejo, SJ)	43.95
4. Lavinia Henlon (Upland, S)	44.09
5. Elinor Tolson (Fountain Valley, S)	44.47
6. Heather Hanger (Thousand Oaks, S)	45.11

400 meter Relay

1. Morn'side, S	46.34
2. Skyline, O	47.75
3. Bakersf'd, C	47.82
4. Muir, S	48.07
5. M. Carmel, SD	48.09
6. Dorsey, LA	48.31

1600 meter Relay

1. LB Poly, S	3:45.91
2. Morn'side, S	3:46.30
3. O'Dowd, NC	3:47.84
4. Logan, NC	3:49.05
5. M. Carmel, SD	3:53.57
6. S Pasqual, SD	3:54.31

High Jump

1. Kristy Kierulff (Esperanza, S)	5'10"
2. Danielle Boswell (Bullard, C)	5'10"
3. Julie Jenkins (San Ramon, NC)	5' 9"
4. Erin Duffey (St. Francis, CC)	5' 6"
5. Tina Bowman (Newport Harbor, S)	5' 6"
6. Tracye Lawyer (Cate, S)	5' 4"
6. Tanya Lazar-Lea (Vallejo, SJ)	5' 4"

Long Jump

1. Kam Warner (West Bakersfield, C)	20'6½"
2. Heather Sterlin (Mission Viejo, S)	19'8½"
3. Nicole Haynes (Montgomery, S)	19'6½"
4. Cheaza Figueroa (Quartz Hill, S)	18'9"
5. Chazelle Anderson (Lng Bch Poly, S)	18'8½"
6. Cherice Ellison (Mt. Pleasant, CC)	18'6½"

Triple Jump

1. Kayla Montgomery (Clovis West, C)	39'11½"
2. Latasha Burnett (Lynwood, S)	39' 9½"
3. Glory Dolphin (Santa Monica, S)	39' 2½"
4. Ebony Henderson (Bakersfield, C)	38' 9½"
5. Christine Sherwood (Watsonville, CC)	38' 4½"
6. Marquita Knight (Lng Bch Poly, S)	38' 1½"

Shot Put

1. Kristin Heaston (Ygnacio Vly, NC)	45' 3½"
2. Lisa Misipeka (Temecula Vly, S)	44' 6½"
3. Nada Kavar (Crescenta Valley, S)	43' 3"
4. Soozie Shanley (Tulare, C)	42' 4½"
5. Yolanda Crowder (Bakersfield, C)	41'10½"
6. Crystal Brownlee (Westlake, S)	41' 5½"

Discus Throw

1. Suzy Powell (Downey, SJ)	169'8"
2. Kristine Mataafa (Orange Glen, SD)	150'6"
3. Scia Maumausolo (Mt. Carmel, SD)	140'2"
4. Soozie Shanley (Tulare, C)	135'5"
5. Leslie Woolery (West Valley, S)	133'0"
6. Lisa Stephaney (Hoover, C)	132'6"

1993 Girls Events

100 meter Dash (wind -3.1mps)

1. Marion Jones (Thousand Oaks, S)	11.61
2. Andrea Anderson (Long Bch Poly, S)	11.85
3. Aminah Haddad (Long Beach Poly, S)	12.07
4. Keisha Backus (Long Bch Wilson, S)	12.13
5. Bisa Grant (O'Dowd, NC)	12.24
6. Kelli White (Logan, NC)	12.55

200 meter Dash (wind -2.1mps)

1. Marion Jones (Thousand Oaks, S)	23.14
2. Aminah Haddad (Long Beach Poly, S)	23.71
3. Andrea Anderson (Long Bch Poly, S)	23.73
4. Keisha Backus (Long Bch Wilson, S)	24.28
5. Bisa Grant (O'Dowd, NC)	24.40
6. Kelli White (Logan, NC)	25.31

400 meter Dash

1. Asha Jayasinghe (Arcadia, S)	55.45
2. Jeronda White (Morningside, S)	55.72
3. Crystal Miles-Threat (O'Dowd, NC)	55.78
4. Lashawn Stringer (Morningside, S)	55.81
5. Latasha Prothro (Long Bch Poly, S)	55.91
6. Malika Freeman (Skyline, O)	56.30

800 meter Run

1. Miesha Marzell (O'Dowd, NC)	2:09.13
2. Kristie Johnson (Fresno Cent, C)	2:11.5
3. Sherron Rhetta (Long Bch Poly, S)	2:11.68
4. Barbie Jones (San Marcos, S)	2:13.20
5. Vicky Fleschner (Fortuna, NC)	2:13.68
6. Candace Miles-Threat (O'Dowd, NC)	2:13.71

1600 meter Run

1. Milena Glusac (Fallbrook, SD)	4:50.83
2. Erica Sumi (Long Beach Wilson, S)	5:00.15
3. Carrie Caulkins (Esperanza, S)	5:01.01
4. Joanna Cerri (Downey, SJ)	5:03.20
5. Michelle Muething (Amador Vly, NC)	5:07.10
6. Christina Blackmer (Upland, S)	5:09.28

3200 meter Run

1. Milena Glusac (Fallbrook, SD)	10:42.68
2. Kellie Campbell (Corona del Mar, S)	55.78
3. Gabriela Rodriguez (Oxnard, S)	11:04.13
4. Kim Nelson (Anaheim Canyon, S)	11:08.45
5. Elyse Homberger (Edison, S)	11:09.30
6. Melissa Keim (San Pasqual, SD)	11:09.32

100 meter Hurdles (33") (wind -1.7mps)

1. Bisa Grant (O'Dowd, NC)	14.11
2. Cavetra Mitchell (Los Alamitos, S)	14.52
3. Miesha McKelvy (Gahr, S)	14.53
4. Cheaza Figueroa (Quartz Hill, S)	14.67
5. Jennifer Odom (Independence, CC)	14.97
6. Jenny Berrien (Berkeley, NC)	15.06

300 meter Low Hurdles

1. Angela Harris (Skyline, O)	42.78
2. Crystal Buck (Fontana, S)	44.80
3. Cathy Prather (Agoura, S)	45.29
4. Nicole Thomas (Morningside, S)	45.52
5. Kim Couvson (American, NC)	46.54
6. Kim Veeder (Los Gatos, CC)	46.58

400 meter Relay

1. LB Poly, S	45.74
2. Skyline, O	46.33
3. Etiwanda, S	47.11
4. Logan, NC	47.35
5. Morn'side, S	47.88
6. Morse, SD	47.95

1600 meter Relay

1. LB Poly, S	3:42.75
2. Skyline, O	3:43.35
3. O'Dowd, NC	3:44.98
4. Logan, NC	3:48.25
5. Morn'side, S	3:53.25
6. Univ'sity, S	3:58.05

High Jump

1. Tracye Lawyer (Cate, S)	5'10"
2. Misty May (Newport Harbor, S)	5'10"
3. Tina Bowman (Newport Harbor, S)	5' 9"
4. Danielle Boswell (Bullard, C)	5' 8"
4. Kyla Ross (Newport Harbor, S)	5' 8"
6. Alicyn Chappelle (Logan, NC)	5' 4"

Long Jump (wind +1.48mps on winning jump)

1. Marion Jones (Thousand Oaks, S)	#22'0½"
2. Amy Littlepage (Mt. Miguel, SD)	19'4½"
3. Cheaza Figueroa (Quartz Hill, S)	19'0½"
4. Jernae Wright (Logan, NC)	18'8½"
5. Ebonie Henderson (Bakersfield, C)	W18'8½"
6. Keisha Doby (Lynwood, S)	W18'6½"

Triple Jump (wind -2.21mps on top jump)

1. Cheaza Figueroa (Quartz Hill, S)	40'1½"
2. Vanita Kinard (El Camino Real, LA)	39'9½"
3. Amy Littlepage (Mt. Miguel, SD)	39'0½"
4. Tamiaka Porter (Orange Glen, SD)	38'6½"
5. Christine Sherwood (Watsonville, CC)	37'9½"
6. Katrina Hall (Franklin, SJ)	37'8½"

Shot Put

1. Kristin Heaston (Ygnacio Vly, NC)	#52'11½"
2. Lisa Misipaka (Temecula Vly, S)	45'11"
3. Lisa Stephaney (Hoover, C)	43'11"
4. Gina Heads (Newport Harbor, S)	43' 6"
5. Nada Kavar (Crescenta Valley, S)	43' 5½"
6. Soozie Shanley (Tulare, C)	42' 6½"

Discus Throw

1. Suzy Powell (Downey, SJ)	168'11"
2. Kristin Heaston (Ygnacio Vly, NC)	158'11"
3. Staci Darden (Sonora, SJ)	149' 0"
4. Andrea Hill (University, S)	148' 8"
5. Soozie Shanley (Tulare, C)	144' 4"
6. Gina Heads (Newport Harbor, S)	139' 6"

CALIFORNIA STATE MEET (Addendum)

1994 Girls Events

100 meter Dash (wind -1.24mps)

1.Heather Sumpter (Muir,S)	11.69
2.Aminah Haddad (Long Beach Poly,S)	11.70
3.Kelli White (Logan,NC)	11.93
4.Bisa Grant (O'Dowd,NC)	12.10
5.Jamie Sims (Etiwanda,S)	12.11
6.Kuneshia Miller (Morse,SD)	12.22

200 meter Dash (wind -1.37mps)

1.Keisha Backus (Long Bch Wilson,S)	23.21
2.Aminah Haddad (Long Beach Poly,S)	23.37
3.Latasha Gilliam (Pittsburg,NC)	23.76
4.Heather Sumpter (Muir,S)	23.87
5.Kelli White (Logan,NC)	23.96
6.Tori Edwards (Pomona,S)	24.52

400 meter Dash

1.Latasha Gilliam (Pittsburg,NC)	53.93
2.Angela Harris (Skyline,O)	54.19
3.Joranda White (Morningside,S)	54.71
4.Malika Edmonson (St.Bernard,S)	54.85
5.Africa Williams (Valley,SJ)	55.22
6.Vicki Ammuri (Montgomery,S)	56.11

800 meter Run

1.Kristie Johnson (Fresno Cent,C)	2:09.98
2.Tiffany Roberts (Carondelet,NC)	2:11.81
3.Ashley Monahan (Amador Valley,NC)	2:11.98
4.Julie Koudelka (Edison,S)	2:13.57
5.Tanya Andrews (Del Campo,SJ)	2:14.05
6.Angie Milner (Modesto,SJ)	2:14.47

1600 meter Run

1.Elissa Riedy (Mis'n San Jose,NC)	4:54.28
2.Claire Becker (Bonita Vista,SD)	4:59.11
3.Joanna Cerri (Downey,SJ)	5:01.48
4.Courtney Pugmire (Esperanza,S)	5:01.74
5.Carrie Caulkins (Esperanza,S)	5:02.05
6.Christine Stavolone (Present'n,CC)	02.60

3200 meter Run

1.Julia Stamps (Rincon Vly JHS,NC)	10:26.51
2.Kristen Gordon (Carondelet,NC)	10:51.24
3.Amy Haase (San Diegoito,SD)	10:51.34
4.Sarah Dickeman (Del Campo,SJ)	10:51.80
5.Kim Mortensen (Thousand Oaks,S)	10:55.38
6.Gabriela Rodriguez (Oxnard,S)	10:55.45

100 meter Hurdles (33") (wind-aid +3.82mps)

1.Davetta Shepard (Kennedy,NC)	13.73
2.Bisa Grant (O'Dowd,NC)	13.76
3.Joanna Hayes (Riverside North,S)	13.80
4.Jennifer Odom (Independence,CC)	14.00
5.Ayana Grant (O'Dowd,NC)	14.28
6.Meisha McKelvy (Gahr,S)	14.29

300 meter Low Hurdles

1.Angela Harris (Skyline,O)	42.78
2.Cathy Prater (Agoura,S)	43.62
3.Keisha Griffis (Washington,LA)	43.72
4.Felicia Johnson (Merced,SJ)	43.75
5.Sunshine Peterson (Logan,NC)	44.38
6.Stacy Hebert (Buena,S)	44.50

400 meter Relay

1.LB Wilson,S	46.17
2.Skyline,O	46.51
3.O'Dowd,NC	47.45
4.St. Bernard,S	51
5.Morse,SD	47.53
6.Vallejo,SJ	48.18

1600 meter Relay

1.Skyline,O	3:41.90
2.LB Poly,S	3:43.27
3.St. Bernard,S	4:46.81
4.O'Dowd,NC	3:47.95
5.Logan,NC	3:48.83
6.Valley,SJ	3:51.21

Pole Vault (non-scoring exhibition)

1.Melissa Price (Kingsburg,C)	#11'2"
2.Jocelyn Chase (Agoura,S)	9'6"

High Jump

1.Kristy Kierulff (Esperanza,S)	5'10"
2.Jamilla Churchill (O'Dowd,NC)	5'10"
3.Tracye Lawyer (Cate,S)	5'10"
4.Danielle Boswell (Bullard,C)	5' 9"
5.Tara Fleming (Immanuel,C)	5' 8"
6.Liz Giltner (Chaminade,S)	5' 7"

Long Jump (wind -1.9mps to +4.0mps)

1.Tara Oettinger (Foothill,SJ)	19' 7½"
2.Laren Parker (Bakersfield,C)	W19' 6½"
3.Carlene Jones (Morse,SD)	W19' 2"
4.Michele Reid (Folsom,SJ)	W18'11½"
5.Jessica Valpey (Pleasant Vly,N)	W18'11½"
6.LaToya LeJay (Canyon Springs,S)	W18' 4½"

Triple Jump (wind -1.2mps to +2.1mps)

1.Tamieka Porter (Orange Glen,SD)	38'11½"
2.Amber Roberts (Muir,S)	38'11½"
3.Michele Reid (Folsom,SJ)	38'11"
4.Aisha Harrison (Wasco,C)	38' 8"
5.Joanna Hayes (Riverside North,S)	37' 8½"
6.Reynda King (St.Mary's,S)	W37' 1½"

Shot Put

1.Delores Tuimoloau (Channel Is,S)	46'10"
2.Peka Lulu (Nogales,S)	44'11½"
3.Gina Heads (Newport Harbor,S)	44' 8½"
4.Soozie Shanley (Tulare,C)	43' 7½"
5.Nicole Brooks (Berkeley,NC)	42' 8½"
6.Andria Brown (So.Bakersfield,C)	42' 5"

Discus Throw

1.Suzu Powell (Downey,SJ)	174' 2"
2.Nadia Lopez (Arroyo Granda,S)	154' 0"
3.Gina Heads (Newport Harbor,S)	146' 1"
4.Darlene Tulua (Carmel,CC)	145' 4"
5.Soozie Shanley (Tulare,C)	142'10"
6.Mandy Buckley (Bakersfield,C)	139' 6"

1995 Girls Events

100 meter Dash (wind-aided +2.43mps)

1.Lakeisha Backus (Long Bch Wilson,S)	11.39
2.Jemae Wright (Logan,NC)	11.50
3.Andrea Anderson (Long Beach Poly,S)	11.52
4.Kelli White (Logan,NC)	11.56
5.Heather Sumpter (Muir,S)	11.58
6.Krystal Walden (West Covina,S)	11.73

200 meter Dash (wind-aided)

1.Lakeisha Backus (Long Bch Wilson,S)	23.01
2.Kelli White (Logan,NC)	23.38
3.Andrea Anderson (Long Beach Poly,S)	23.74
4.Torri Edwards (Pomona,S)	23.94
5.Heather Sumpter (Muir,S)	24.39
6.LaTroya Mucker (Hamilton,LA)	24.50

400 meter Dash

1.Angela Williams (Chino,S)	53.40
2.Carla Estes (Logan,NC)	53.65
3.Julie Gray (Riverside North,S)	54.86
4.Lana Garner (Morse,SD)	55.06
5.Kinshasa Davis (Long Bch Wilson,S)	55.39
6.Malika Edmonson (St.Bernard,S)	55.40

800 meter Run

1.Kristie Johnson (Fresno Cent,C)	2:08.68
2.Martina Ze (Livermore,NC)	2:12.34
3.Angie Milner (Modesto,SJ)	2:13.06
4.Nicole Campbell (Ventura,S)	2:13.46
5.Pamela Richardson (Montgomery,NC)	2:13.68
6.Sabrina Caplis (Foothill,NC)	2:13.84

1600 meter Run

1.Elissa Riedy (Mis'n San Jose,NC)	4:45.35
2.Courtney Pugmire (Esperanza,S)	4:50.37
3.Anne Ebner (St.Lucy's,S)	4:52.73
4.Lori Riedy (Mission San Jose,NC)	4:54.87
5.Kristen Gordon (Carondelet,NC)	4:55.41
6.Shelby Horgan (Temescal Canyon,S)	4:57.85

3200 meter Run

1.Julia Stamps (Santa Rose,NC)	10:15.27
2.Amy Skieresz (Agoura,S)	10:28.23
3.Courtney Pugmire (Esperanza,S)	10:38.40
4.Kim Mortensen (Thousand Oaks,S)	10:46.18
5.Molly Mehlberg (Peninsula,S)	10:46.95
6.Tracy Cohn (Stockdale,C)	10:49.61

100 meter Hurdles (33") (wind -0.38mps)

1.Joanna Hayes (Riverside North,S)	#13.45
2.Rori Kelly (Morningside,S)	14.18
3.Ashley Bethel (Mission Viejo,S)	14.19
4.Davetta Shepard (Salesian,NC)	14.31
5.Deaweh Totimeh (Sacramento Vly,SJ)	14.43
6.Felicia Stone (Kennedy,SJ)	14.54

300 meter Low Hurdles

1.Joanna Hayes (Riverside North,S)	41.20
2.Naeemah Withey (Long Beach Poly,S)	41.89
3.Davetta Shepard (Salesian,NC)	43.13
4.Adrian Williams (Clovis West,C)	43.40
5.Nicole Thomas (Morningside,S)	43.56
6.Rosalyn Morris (Vallejo,SJ)	43.69

400 meter Relay

1.LB Poly,S	45.1
2.LB Wilson,S	45.8
3.Muir,S	46.7
4.Morn'side,S	46.7
5.Pomona,S	47.1
6.Sac'to V.SJ	47.3

1600 meter Relay

1.L Bch Poly,S	3:39.53
2.Riv'de North,S	46.16
3.Logan,NC	3:46.67
4.O'Dowd,NC	3:47.60
5.Palmdale,S	3:47.78
6.Pomona,S	3:47.90

High Jump

1.Tara Fleming (Immanuel,C)	6'0"
2.Tracye Lawyer (Cate,S)	5'9"
3.Jamilla Churchill (O'Dowd,NC)	5'9"
4.Shavent Williams (Long Bch Poly,S)	5'8"
5.Tayyib Haneef (Laguna Hills,S)	5'8"
6.Liz Giltner (Chaminade,S)	5'8"

Pole Vault

1.Melissa Price (Kingsburg,C)	#12' 6"
2.Kristi Draher (Mira Mesa,SD)	10'10"
3.Paula Serrano (San Marcos,SD)	10' 6"
4.Amanda Bauer (Mission San Jose,NC)	10' 2"
5.Denise Warner (Ponderosa,SJ)	10' 2"
6.Shannon Flett (Acalanes,NC)	10' 2"

Long Jump (wind -0.46mps to +3.40mps)

1.Jemae Wright (Logan,NC)	W20' 8"
2.Pam Simpson (Long Beach Poly,S)	W20' 5½"
3.Carla Estes (Logan,NC)	19' 2½"
4.Tara Oettinger (Foothill,S)	W18'11"
5.Ashley Bethel (Mission Viejo,S)	18'10½"
6.Carrie Jansen (Redwood,C)	18'10"

Triple Jump (wind +1.29mps to +3.44mps)

1.Kelly O'Connor (Esperanza,S)	40'6½"
2.Damesha Griffith (Trabuco Hls,S)	W39'2"
3.Kerry O'Bric (Huntington Bch,S)	W39'0½"
4.Connie Smith (Modesto,SJ)	38'8½"
5.Jeanuarta Jackson (Fresno Cen,C)	W38'6½"
6.Neisha Henderson (Cleveland,LA)	38'3½"

Shot Put

1.Rebecca Harrison (Pres'tion,CC)	47' 5½"
2.Tina Eulale (Jefferson,CC)	44'11½"
3.Darlene Tulua (Carmel,CC)	42' 9½"
4.Chaniqua Ross (Laguna Creek,SJ)	41' 8½"
5.Andria Brown (So.Bakersfield,C)	41' 2"
6.Kristin Bryden (Anderson,N)	41' 2"

Discus Throw

1.Nadia Lopez (Arroyo Grande,S)	152' 6"
2.Mandy Buckley (Bakersfield,C)	150' 4"
3.Darlene Tulua (Carmel,CC)	147' 8"
4.Cecilia Barnes-Milehan (Clovis,W,C)	145'3"
5.Cara Heads (Newport Harbor,S)	140' 7"
6.Chaniqua Ross (Laguna Creek,SJ)	136'11"

GIRLS TRACK EVENTS

80y & 100m/110y Low Hurdles

At the inception of the girls events in the California State meet, 80 yard Lows was the only hurdle race. In 1977 the race was changed to 110 yards, then converted to 100 meters (very close to the same distance and exactly the same spacing) in 1980. Fully automatic electronic timing (times in 1/100 second) started in 1977.

1974	80 Yards	
1.	Yvonne Boone (Fremont, O)	11.1
2.	Kathy Schentrup (Willow Glen, CC)	11.1
3.	Foster (Yreka, N)	11.3
4.	Wilson (Point Loma, SD)	11.4
5.	Herigstad (Lompoc, S)	11.4
6.		

1975		
1.	Yvonne Boone (Fremont, O)	##10.1
2.	Tuti Lee (Merced, SJ)	10.4
3.	Jodi Anderson (Washington, LA)	10.7
4.	Karen Taylor (Pt. Loma, SD)	10.9
5.	Dana Davidson (Cordova, SJ)	11.0
6.	Terri Knight (Berkeley, NC)	

1976		
1.	Tuti Lee (Merced, SJ)	10.7
2.	Kris Costello (Lynbrook, CC)	10.8
3.	Kim Burgess (Berkeley, NC)	10.9
4.	Jennifer Mann (Barstow Kennedy, S)	11.0
5.	Mary Winnewisser (Bishop Diego, S)	11.1
6.		

1977	110 Yards	(wind +2.7mph)
1.	Kris Costello (Lynbrook, CC)	13.97
2.	Lisa Gourdine (El Toro, S)	14.09
3.	Kim Costello (El Camino, CC)	14.21
4.	Jennifer Mann (Barstow Kennedy, S)	14.45
5.	Julia Haynes (Ventura, S)	14.47
6.		

1984	(against 0.41mps wind)	
1.	Gail Devers (Sweetwater, SD)	##13.41
2.	Wendy Brown (Woodside, CC)	13.59
3.	Chewuakii Knighten (Locke, LA)	13.61
4.	Carrie Franklin (Muir, S)	13.87
5.	Leslie Maxie (Mills, CC)	13.87
6.	Debbie Budwig (Clovis West, C)	14.05

1978	(wind +0.7mps)	
1.	Kris Costello (Lynbrook, CC)	##13.83
2.	Kim Costello (El Camino, CC)	13.95
3.	Michelle Hawthorne (El Cerrito, NC)	14.03
4.	Lori Smith (Gardena, LA)	14.41
5.	Joyce Scott (Vanden, SJ)	14.44
6.	Angel Kellen (Leland, CC)	14.47

1979		
1.	Janet Yarborough (Clovis, C)	14.01
2.	Michelle Jerald (University, LA)	14.04
3.	Alesia Sweeney (Tamalpais, NC)	14.05
4.	Susie Ray (Villa Park, S)	14.19
5.	Yolanda Arnold (Chowehilla, C)	14.43
6.	Ceola Bullett (Centennial, S)	14.77

1980	100 Meters	(aiding wind +3.7mps)
1.	Judy Young (Berkeley, NC)	13.52
2.	Marlene Harmon (Thousand Oaks, S)	13.58
3.	Sherifa Sanders (Berkeley, NC)	13.79
4.	Sha-ri Pendleton (Fremont, LA)	14.13
5.	Margo Edwards (Pacific, S)	14.14
6.	Bonnie Mercer (Santa Ana Vly, S)	14.21

1981	(wind +1.74mps)	
1.	Sherifa Sanders (Berkeley, NC)	13.74
2.	Aladrian Hunter (Dorsey, LA)	13.80
3.	Robyne Johnson (Berkeley, NC)	13.88
4.	Sha-ri Pendleton (Fremont, LA)	14.07
5.	Cece Chandler (Elsinore, S)	14.27
6.	Laura Mills (University, S)	14.31

1982	(aiding wind +3.37mps)	
1.	Natalie Spinks (Skyline, O)	13.88
2.	Leslie Maxie (Mills, CC)	14.00
3.	Ruth Whitehead (Berkeley, NC)	14.01
4.	Cece Chandler (Elsinore, S)	14.05
5.	Yvette Bates (Berkeley, NC)	14.14
6.	Felicia Thompson (L Bch Jordan, S)	14.17

1983	(against -1.1mps wind)	
1.	Chewuakii Knighten (Locke, LA)	13.88
2.	Leslie Maxie (Mills, CC)	13.99
3.	Debbie Budwig (Clovis West, C)	14.16
4.	Nancy Young (Banning, LA)	14.37
5.	Yvette Bates (Berkeley, NC)	14.37
6.	Gayle Kellon (Walnut, S)	14.65

Note: # = time or distance listed as state meet record tied or bettered. ## = bettered national record.

1985	(aiding wind +3.3mps)	
1.	Lana Cantrell (Muir, S)	13.57
2.	Carrie Franklin (Muir, S)	13.58
3.	Chewuakii Knighten (Locke, LA)	13.87
4.	Kelley Peacock (Van Nuys, LA)	13.87
5.	Janeene Vickers (Pomona, S)	13.91
6.	Lashawn McBride (Long Bch Poly, S)	13.91

1986	(against -0.87mps wind)	
1.	Janeene Vickers (Pomona, S)	13.74
2.	LaShawn Simmons (El Monte, S)	13.94
3.	Kelley Peacock (Van Nuys, LA)	14.01
4.	Michelle Collum (Point Loma, SD)	14.04
5.	Kristen Edwards (So. Pasadena, S)	14.53
6.	Lashawn McBride (Long Bch Poly, S)	14.54

1987	(wind +0.76mps)	
1.	Janeene Vickers (Pomona, S)	13.34
2.	LaShawn Simmons (El Monte, S)	13.68
3.	Effie Daetz (Leigh, SJ)	13.76
4.	Doris Williams (Riverside Poly, S)	13.89
5.	Laurie Smith (Valley, SJ)	13.96
6.	Staci Leach (Thousand Oaks, S)	13.9

1988	(against -0.78mps wind)	
1.	Michelle DeCoux (O'Dowd, NC)	13.91
2.	Keri Sanchez (Santa Teresa, CC)	13.99
3.	Felice Lipscomb (Santa Monica, S)	14.04
4.	Lisa Hale (Riverside Poly, S)	14.32
5.	Latanya Davenport (Locke, LA)	14.33
6.	Sharon Polley (El Molino, NC)	14.55

1989	(wind +1.16mps)	
1.	Felice Lipscomb (Santa Monica, S)	13.69
2.	Kwani Stewart (Yuba City, SJ)	13.76
3.	Keri Sanchez (Santa Teresa, CC)	14.07
4.	Kim Dill (Poway, SD)	14.31
5.	Nicole Redmond (Hogan, SJ)	14.39
6.	Andrea Swift (Benicia, NC)	14.41

1990	(wind +1.38mps)	
1.	Felice Lipscomb (Santa Monica, S)	13.58
2.	Kwani Stewart (Yuba City, SJ)	13.79
3.	Tanya Smith (Cordova, SJ)	13.99
4.	Kam Warner (West Bakersfield, C)	14.17
5.	Kim Dill (Poway, SD)	14.19
6.	Jackie Foreman (Locke, LA)	14.42

1991	(aiding wind +2.3mps)	
1.	Phetima Woods (Duarte, S)	14.08
2.	Michelle Johnson (Vacaville, SJ)	14.24
3.	Alycia Burnham (Rio Mesa, S)	14.27
4.	Elinor Tolson (Fountain Valley, S)	14.29
5.	Lisa Collett (Lynbrook, CC)	14.42
6.	Tanya Lazar-Lea (McAteer, SF)	14.45

300 meter Low Hurdles

It was not until 1981 that the long hurdles were introduced.

1974-1980 EVENT NOT CONTESTED

1981		
1.	Audrey Williams (Saugus, S)	##42.26
2.	Sherifa Sanders (Berkeley, NC)	42.37
3.	Gayle Kellon (Walnut, S)	42.57
4.	Cynthia Cooper (Locke, LA)	43.13
5.	Margaret Demorest (Buchser, CC)	43.17
6.	Lynn Bevan (Miramonte, NC)	43.96

1982		
1.	Gayle Kellon (Walnut, S)	##41.09
2.	Sharon Hatfield (Fountain Vly, S)	42.97
3.	Felicia Thompson (L Bch Jordan, S)	43.35
4.	Ruth Whitehead (Berkeley, NC)	43.65
5.	Natalie Spinks (Skyline, O)	43.70
6.	Roberta Eccles (Gunderson, CC)	43.96

1983		
1.	Gayle Kellon (Walnut, S)	41.71
2.	Gail Devers (Sweetwater, SD)	42.33
3.	Roberta Eccles (Gunderson, CC)	43.41
4.	Marjorie Johnson (Monroe, LA)	43.81
5.	Stacy Norton (Sunny Hills, S)	44.36
6.	Mary Ann Bullard (Esperanza, S)	44.8

1984		
1.	Leslie Maxie (Mills, CC)	##40.90
2.	Michelle Taylor (Ganeshä, S)	41.44
3.	Millisa King (Fremont, LA)	42.55
4.	Janice Farwell (Millikan, S)	42.76
5.	Karen Brown (Drake, NC)	42.87
6.	Janeene Vickers (Pomona, S)	43.70

1985		
1.	Leslie Maxie (Mills, CC)	41.80
2.	Ronda Brooks (Oakland, O)	42.25
3.	Lana Cantrell (Muir, S)	42.36
4.	Linetta Wilson (Muir, S)	42.76
5.	Michelle Wootton (Bella Vista, SJ)	43.20
6.	Kristin Babenco (Tamalpais, NC)	44.43

1986		
1.	Janeene Vickers (Pomona, S)	41.32
2.	Ronda Brooks (Oakland, O)	42.58
3.	Amy Ice (Cajon, S)	43.01
4.	Tamico White (Hawthorne, S)	43.13
5.	Wendi Simmons (Santa Rosa, NC)	43.55
6.	Laurie Smith (Valley, SJ)	43.96

1987		
1.	Janeene Vickers (Pomona, S)	40.96
2.	Effie Daetz (Leigh, SJ)	41.86
3.	Laurie Smith (Valley, SJ)	41.94
4.	Laura Ainsworth (Fremont, LA)	42.79
5.	Sharon Manship (Thousand Oaks, S)	42.95
6.	Chriselle Johnson (Stagg, SJ)	43.08

1988		
1.	Michelle DeCoux (O'Dowd, NC)	42.16
2.	Keri Sanchez (Santa Teresa, CC)	43.15
3.	Kim Young (Madera, C)	43.75
4.	Ada Alger (Sequoia, C)	44.29
5.	Danielle Reaves (Esperanza, S)	44.43
6.	Sharon Edmonds (Hawthorne, S)	44.52

1989		
1.	Twila Sims (Lompoc, S)	42.54
2.	Keri Sanchez (Santa Teresa, CC)	42.60
3.	Michelle Dodson (Cajon, S)	43.50
4.	Tanya Smith (Cordova, SJ)	43.60
5.	Kwani Stewart (Yuba City, SJ)	43.86
6.	Kristy Paaso (Los Altos, CC)	44.24

1990		
1.	Felice Lipscomb (Santa Monica, S)	41.69
2.	Twila Sims (Lompoc, S)	41.76
3.	Kaci Keffer (Woodbridge, S)	43.07
4.	Nikki Jackson (Esperanza, S)	43.45
5.	Tanya Smith (Cordova, SJ)	43.49
6.	Keri Sanchez (Santa Teresa, CC)	43.80

1991		
1.	Erin Blunt (San Pascual, SD)	43.02
2.	Tanya Smith (Cordova, SJ)	43.14
3.	Elinor Tolson (Fountain Valley, S)	44.28
4.	Legretta Hinds (Cordova, SJ)	44.49
5.	Tanya Lazar-Lea (McAteer, SF)	45.78
6.	Julie Jenkins (San Ramon, CC)	45.79

GIRLS TRACK EVENTS

100 yard & 100 meter Dash

Between the beginning of the California Girls State Track & Field Meet in 1974 and 1979, all races were run in Imperial English (yards) distances. In 1980 all races were changed to the equivalent Metric distances. 100 meters is slightly short of 110 yards (approximately 9/10s more than 100y for best girls). Electronic timing was introduced in 1977.

Year	Wind	Rank	Name	Location	Time
1974	(100 yards)				
1.			Janice Wiser	(La Jolla,SD)	10.8
2.			Valeria Reed	(Jordan,LA)	11.1
3.			McCaleb	(Bakersfield,C)	11.1
4.					
5.			Regina Jordan	(Muir,S)	11.3
6.					
1975					
1.			Sandra Howard	(Manual Arts,LA)	10.7
2.			Pam Waters	(Bell,LA)	10.9
3.			Kim Robinson	(Westchester,LA)	11.0
4.			Marie Nickson	(Berkeley,NC)	11.2
5.			Regina Jordan	(Muir,S)	11.2
6.			Viola Johnson	(Technical,O)	11.3
1976	(against -8mph wind)				
1.			Pam Waters	(Bell,LA)	11.0
2.			Frieda Cobbs	(Berkeley,NC)	11.0
3.			Jeanette Bolden	(Centennial,S)	11.1
4.			Kim Robinson	(Westchester,LA)	11.4
5.			Gwen Loud	(LA Lutheran,S)	11.4
6.					
1977	(aiding wind +5.8mph)				
1.			Jeanette Bolden	(Centennial,S)	10.48
2.			Kim Robinson	(Westchester,LA)	10.56
3.			Deandra Carney	(San Fernando,LA)	10.77
4.			Gwen Loud	(LA Lutheran,S)	10.80
5.			Danita Young	(Crawford,SD)	10.84
6.					

200 meter & 220 yard Dash

Starting in 1980, 200 meters replaced the slightly longer 220y (maximum of 2/10s faster).

Year	Wind	Rank	Name	Location	Time
1974	(220 yards)				
1.			Janice Wiser	(La Jolla,SD)	24.2
2.			Marie Nickson	(Berkeley,NC)	25.1
3.			McCaleb	(Bakersfield,C)	25.6
4.			Katherine Price	(Washington,LA)	25.6
5.			Pam Curran	(La Reina,S)	25.7
6.					
1975					
1.			Pam Waters	(Bell,LA)	24.4
2.			Kim Robinson	(Westchester,LA)	24.5
3.			Marie Nickson	(Berkeley,NC)	24.5
4.			Leida Hunter	(Centennial,S)	24.7
5.			Robbie Mitchell	(Fremont,LA)	24.9
6.					
1976	(against -13mph wind)				
1.			Pam Waters	(Bell,LA)	24.8
2.			Frieda Cobbs	(Berkeley,NC)	24.9
3.			Kim Robinson	(Westchester,LA)	25.6
4.			Robinson	(Berkeley,NC)	26.0
5.			Viola Johnson	(Technical,O)	26.0
6.					

Year	Wind	Rank	Name	Location	Time
1978	(against -2.5mps wind)				
1.			Kelia Bolton	(Hill,SJ)	10.92
2.			Alice Brown	(Muir,S)	10.96
3.			Pam Marshall	(Long Bch Jordan,S)	11.00
4.			Elaine Parker	(Oceana,CC)	11.01
5.			Valerie Brisco	(Locke,LA)	11.05
6.			Sharon Ware	(Berkeley,NC)	11.13

Year	Wind	Rank	Name	Location	Time
1979	(wind +1.95mph)				
1.			Gwen Loud	(Westchester,LA)	10.62
2.			Sherrri Howard	(San Gorgonio,S)	10.80
3.			Sharon Ware	(Berkeley,NC)	10.90
4.			Yolanda Arnold	(Chowchilla,C)	11.00
5.			Bridgette Blackburn	(Cajon,S)	11.02
6.					

Year	Wind	Rank	Name	Location	Time
1980	100 meter (wind +1.2mps)				
1.			Sharon Ware	(Berkeley,NC)	11.42
2.			Sherrri Howard	(Kennedy,LA)	11.61
3.			Qwendolyn Ward	(DeAnza,NC)	11.92
4.			Patrice Carpenter	(DeAnza,NC)	11.98
5.			Deborah James	(Fremont,LA)	11.99
6.			Faye Paige	(Long Beach Poly,S)	12.00

Year	Wind	Rank	Name	Location	Time
1981	(wind +0.48mps)				
1.			Sharon Ware	(Berkeley,NC)	11.66
2.			Denean Howard	(Kennedy,LA)	11.83
3.			Tamela Holland	(Manual Arts,LA)	11.85
4.			Latanya Dawkins	(Dorsey,LA)	11.92
5.			Nedrea Rodgers	(Berkeley,NC)	12.04
6.			Lisa Winston	(Long Bch Jordan,S)	12.18

Year	Wind	Rank	Name	Location	Time
1982	(wind +0.93mps)				
1.			Gervaise McGraw	(Ganeshia,S)	11.69
2.			Denean Howard	(Kennedy,LA)	11.70
3.			Monica Taylor	(Grant,SJ)	11.78
4.			Zelda Johnson	(Garey,S)	11.80
5.			Lisa Winston	(Long Bch Jordan,S)	11.80
6.			Nedrea Rodgers	(Berkeley,NC)	11.97

Year	Wind	Rank	Name	Location	Time
1983	(against -1.7mps wind)				
1.			Lisa Winston	(Long Bch Jordan,S)	11.73
2.			Monica Taylor	(Grant,SJ)	11.75
3.			Gail Devers	(Sweetwater,SD)	11.91
4.			Pam Qualls	(Burbank,SJ)	12.01
5.			Robin Simmons	(Crenshaw,LA)	12.04
6.			Sheila Compton	(Albany,NC)	12.31

Year	Wind	Rank	Name	Location	Time
1984	(wind +0.03mps)				
1.			Gail Devers	(Sweetwater,SD)	11.51
2.			Pam Qualls	(Burbank,SJ)	11.63
3.			Sara Parros	(Santa Monica,S)	11.73
4.			Chewakii Knighten	(Locke,LA)	11.75
5.			Cathy Roberts	(Cerritos,S)	12.03
6.			Madeline Drew	(Roseville,SJ)	12.07

Year	Wind	Rank	Name	Location	Time
1977	(wind 0.4mph wind)				
1.			Kim Robinson	(Westchester,LA)	#23.97
2.			Danita McKinley	(Palisades,LA)	24.26
3.			Gwen Loud	(LA Lutheran,S)	24.44
4.			Jeanette Bolden	(Centennial,S)	24.66
5.			Vicky Belser	(Vista,SD)	24.67
6.			Deandra Carney	(San Fernando,LA)	24.97

Year	Wind	Rank	Name	Location	Time
1978	(against -1.3mps wind)				
1.			Kelia Bolton	(Hill,CC)	23.99
2.			Pam Marshall	(Long Bch Jordan,S)	24.05
3.			Frieda Cobbs	(Berkeley,NC)	24.15
4.			Alice Brown	(Muir,S)	24.22
5.			Judy Reed	(Crawford,SD)	24.52
6.			Florence Griffith	(Jordan,LA)	24.57

Year	Wind	Rank	Name	Location	Time
1979	(wind +3.02mph)				
1.			Gwen Loud	(Westchester,LA)	#23.54
2.			Marbella Washington	(Centennial,S)	24.32
3.			Tanaya King	(Berkeley,NC)	24.49
4.			Yolanda Arnold	(Chowchilla,C)	24.61
5.			Michelle Kelley	(Irvine,S)	24.69
6.			Faye Paige	(Long Beach Poly,S)	24.84

Year	Wind	Rank	Name	Location	Time
1980	200 meters (wind +1.1mps)				
1.			Sherrri Howard	(Kennedy,LA)	#23.19
2.			Sharon Ware	(Berkeley,NC)	23.62
3.			Marbella Washington	(Centennial,S)	24.26
4.			Zelda Johnson	(Garey,S)	24.32
5.			Andralette Gill	(Fremont,LA)	24.73
6.			Schaefer	(Cen Catholic,SJ)	24.97

Year	Wind	Rank	Name	Location	Time
1985	(aiding wind +4.2mps)				
1.			Tesha Giddens	(Locke,LA)	11.52
2.			Chewakii Knighten	(Locke,LA)	11.59
3.			Carrie Franklin	(Muir,S)	11.72
4.			Deandra Wheeler	(Hawthorne,S)	11.72
5.			Tami Stiles	(Hawthorne,S)	11.74
6.			Michelle Miller	(Muir,S)	11.96

Year	Wind	Rank	Name	Location	Time
1986	(wind +1.09mps)				
1.			Angela Burnham	(Rio Mesa,S)	11.78
2.			Tami Stiles	(Hawthorne,S)	11.89
3.			LaShawn Simmons	(El Monte,S)	11.94
4.			Shadon Jones	(Hogan,SJ)	11.97
5.			Sjondrala Vaughn	(L Bch Wilson,S)	12.11
6.			Nicole Caldwell	(Rdwd Christ'n,N)	12.22

Year	Wind	Rank	Name	Location	Time
1987	(drizzling, aiding wind +12mps)				
1.			Janeene Vickers	(Pomona,S)	11.76
2.			Madette Smith	(Quartz Hill,S)	11.89
3.			LaShawn Simmons	(El Monte,S)	12.01
4.			Stacy Rogers	(Johnson,SJ)	12.03
5.			Kim Matthews	(Morse,SD)	12.05
6.			Leann Tinkshell	(Locke,LA)	12.10

Year	Wind	Rank	Name	Location	Time
1988	(wind +1.12mps)				
1.			Angela Burnham	(Rio Mesa,S)	11.52
2.			Inger Miller	(Muir,S)	11.72
3.			Simone Cain	(Hueneme,S)	11.86
4.			Deandra Wheeler	(Hawthorne,S)	11.99
5.			Chris Williams	(Vallejo,SJ)	12.22
6.			Sabrina Lee	(Washington,C)	12.33

Year	Wind	Rank	Name	Location	Time
1989	(aiding wind +3.66mps)				
1.			Angela Burnham	(Rio Mesa,S)	11.31
2.			Inger Miller	(Muir,S)	11.46
3.			Annette Coleman	(Carlmont,CC)	11.66
4.			Charlotte Vines	(San Marcos,S)	11.71
5.			Joslyn Mack	(St. Francis,CC)	12.01
6.			Felice Lipscomb	(Santa Monica,S)	12.04

Year	Wind	Rank	Name	Location	Time
1990	(wind +1.58mps)				
1.			Marion Jones	(Rio Mesa,S)	11.67
2.			Santisha Arnold	(Morningside,S)	11.96
3.			Tanisha Johns	(Burbank,SJ)	12.05
4.			Dee Dee Small	(Dorsey,LA)	12.06
5.			Angela Kimmey	(University City,SD)	12.10
6.			Tike Jackson	(Bakersfield,C)	12.12

Year	Wind	Rank	Name	Location	Time
1991	(wind +1.93mps)				
1.			Marion Jones	(Rio Mesa,S)	##11.17
2.			Tamika Bradfield	(Dominguez,S)	11.71
3.			Angela Sullivan	(Serra,SD)	11.92
4.			Tai-Ne Gibson	(Morningside,S)	11.97
5.			Santisha Arnold	(Morningside,S)	11.99
6.			Tanisha Johns	(Burbank,SJ)	12.07

Year	Wind	Rank	Name	Location	Time
1981	(against -1.13mps wind)				
1.			Denean Howard	(Kennedy,LA)	23.73
2.			Latanya Dawkins	(Dorsey,LA)	24.10
3.			Sharon Ware	(Berkeley,NC)	24.17
4.			Rhonda Robinson	(San Carlos,CC)	24.94
5.			Diane Pullins	(Muir,S)	24.97
6.			Gurtha Pounds	(Live Oak,CC)	24.98

Year	Wind	Rank	Name	Location	Time
1982	(aiding wind +2.24mps)				
1.			Denean Howard	(Kennedy,LA)	23.59
2.			Zelda Johnson	(Garey,S)	23.65
3.			Latanya Dawkins	(Dorsey,LA)	24.03

1986 (against 0.01mps wind)	
1.Tami Stiles (Hawthorne,S)	24.04
2.Madette Smith (Quartz Hill,S)	24.33
3.Sjondrala Vaughn (L Bch Wilson,S)	24.34
4.Rosie Williams (East Nicolaus,N)	24.66
5.Shadon Jones (Moran,SJ)	24.88
6.Stacy Rogers (Johnson,SJ)	24.95

1987 (drizzling)	
1.Madette Smith (Quartz Hills,S)	24.14
2.Kim Matthews (Morse,SD)	24.18
3.Angela Rolfe (Dorsey,LA)	24.28
4.Rosie Williams (East Nicolaus,N)	24.49
5.Ronda Brooks (Oakland,O)	24.53
6.Simone Cain (Hueneme,S)	24.89

400 meter & 440 yard Dash

400 meters (about 3/10s less time than 440 yards) replaced the quarter mile in 1980.

1974 440 yards	
1.Veronica Venezia (T'a Linda,NC) ##56.4	
2.Barbara Moore (Royal,S)	57.1
3.Sharon Nichols (Menlo-Atherton,CC)	
4.Beth Howell (San Dieguito,SD)	58.5
5.	
6.Rayva Griffin (Westchester,LA)	59.2

1975	
1.Jodi Anderson (Washington,LA) ##55.3	
2.Lezli Peterson (Harbor,CC)	55.9
3.Lilly Partida (Yuba City,SJ)	56.0
4.Adrienne Lair (Fremont,LA)	56.0
5.Barbara Moore (Royal,S)	56.2
6.Robbie McCullough (Foothill,C)	56.5

1976	
1.Marquita Belk (Silver Creek,CC) ##55.2	
2.Robbie Mitchell (Fremont,LA)	56.5
3.Adrienne Lair (Fremont,LA)	57.5
4.Lezli Peterson (Harbor,CC)	57.6
5.Jodi Anderson (Washington,LA)	57.8
6.Kim Law (Santa Ana Valley,S)	57.8

1977	
1.Valerie Brisco (Locke,LA) #55.14	
2.Arliase Emerson (Westminster,S)	55.20
3.Gwen Gardner (Crenshaw,LA)	56.04
4.Marquita Belk (Silver Creek,CC)	56.21
5.Kim Law (Santa Ana Valley,S)	56.51
6.Molly Miller (Santa Barbara,S)	57.05

1978	
1.Arliase Emerson (Westminster,S) #54.3	
2.Gwen Gardner (Crenshaw,LA)	54.94
3.Kim Law (Santa Ana Valley,S)	55.96
4.Valerie Brisco (Locke,LA)	56.47
5.Lisa Peters (Northgate,NC)	56.56
6.Marquita Belk (Silver Creek,CC)	56.7

800 meter & 880 yard Run

The half-mile was replaced by 800 meters (approximately 1.0 second less time than 880y).

1974 (880 yards)	
1.Kathy Costello (Pleasant Hill,NC) ##2:10.4	
2.Joyce Anderson (Morningside,S)	2:12.8
3.Alice Trumbly (Coalinga,C)	2:13.7
4.Beth Howell (San Dieguito,SD)	2:18.4
5.	
6.Jodi Anderson (Washington,LA)	2:22.3

1975	
1.Kathy Costello (Pleasant Hill,NC) #2:09.2	
2.Alice Trumbly (Coalinga,C)	2:12.1
3.Beth Howell (San Dieguito,SD)	2:12.8
4.Pam Allen (Lassen,N)	2:14.6
5.Carolyn McDonald (Crossmont,SD)	2:15.2
6.Kathy Scatena (E.Bakersfield,C)	2:16.5

1988 (wind +1.00mps)	
1.Angela Burnham (Rio Mesa,S)	23.45
2.Simone Cain (Hueneme,S)	23.59
3.Inger Miller (Muir,S)	23.73
4.Chris Williams (Vallejo,SJ)	24.48
5.Sheri Bertell (Mission Viejo,S)	24.53
6.Maria Murelius (Alhambra,S)	25.12

1989 (wind +1.95mps)	
1.Angela Burnham (Rio Mesa,S)	23.96
2.Inger Miller (Muir,S)	
3.Annette Coleman (Carlmont,CC)	24.15
4.Angela Rolfe (Dorsey,LA)	24.45
5.Tamanika Terry (Muir,S)	24.61
6.Tanya Dooley (Harte,SJ)	24.75

1979	
1.Sherri Howard (San Geronio,S) ##53.65	
2.Kim White (Berkeley,NC)	54.78
3.Denean Howard (San Geronio,S)	55.15
4.Sharon Dennis (Monrovia,S)	56.53
5.Latonya Stewart (Jordan,LA)	57.35

1980 400 meters	
1.Denean Howard (Kennedy,LA) ##53.04	
2.Faye Paige (Long Beach Poly,S)	53.51
3.Valaney Harris (Oakland,O)	54.34
4.Sherill Miller (Fremont,CC)	54.38
5.Charlotte Zepherin (Morse,SD)	54.79
6.Devy Sanders (Edison,SJ)	55.49

1981	
1.Gervaise McGraw (Ganessa,S)	54.15
2.Tina Howard (Kennedy,LA)	54.36
3.Carla Johnson (Manual Arts,LA)	55.08
4.Jeannie Arnold (Locke,LA)	55.67
5.Sherill Miller (Fremont,CC)	55.92
6.Val Spence (San Lorenzo,CC)	57.46

1982	
1.Denean Howard (Kennedy,LA) ##52.39	
2.Jeannie Arnold (Locke,LA)	53.48
3.Leslie Maxie (Mills,CC)	53.76
4.Andrea Rolfe (Dorsey,LA)	54.70
5.Brenda Brewer (Hillsdale,CC)	54.90
6.Lana Rice (Berkeley,NC)	55.06

1983	
1.Leslie Maxie (Mills,CC)	53.19
2.Chewakii Knighten (Locke,LA)	53.27
3.Nedrea Rodgers (Berkeley,NC)	54.10
4.Michelle Taylor (Ganessa,S)	55.05
5.Andrea Rolfe (Dorsey,LA)	55.05
6.Lana Rice (Berkeley,NC)	55.72

1984	
1.Chewakii Knighten (Locke,LA)	52.67
2.Linetta Wilson (Muir,S)	53.89
3.Andrea Rolfe (Dorsey,LA)	54.25
4.Janice Farwell (Millikan,S)	54.51
5.Tresa Currie (Pittsburg,NC)	56.61
6.Mary Sproul (Pioneer,CC)	56.74

1985	
1.Chewakii Knighten (Locke,LA)	52.72
2.Linetta Wilson (Muir,S)	53.10
3.Princess Bennett (Compton,S)	54.66

1976 (strong winds)	
1.Alice Trumbly (Coalinga,C)	2:13.3
2.Suzie Meek (Palos Verdes,S)	2:13.7
3.Diane Stohr (Granada,NC)	2:14.7
4.Linda Goen (No. Bakersfield,C)	2:15.0
5.Dale Keough (Corona del Mar,S)	2:15.9
6.Lynne Honeywell (Kennedy,LA)	2:16.0

1977	
1.Ann Regan (Camden,CC) ##2:08.0	
2.Linda Goen (No. Bakersfield,C)	2:08.3
3.Michelle Bush (Rolling Hills,S)	2:12.4
4.Lauri Mullins (Chatsworth,LA)	2:12.4
5.Cynthia Warner (Beverly Hls,S)	2:12.5
6.Sandra Anderson (Beverly Hls,S)	2:15.0

1978	
1.Ann Regan (Camden,CC) ##2:07.9	
2.Michelle Bush (Rolling Hills,S)	2:10.5
3.Linda Goen (No. Bakersfield,C)	2:10.8
4.Staci Kneeshaw (Foothill,S)	2:10.9
5.Louise Romo (North Torrance,S)	2:11.7
6.Diane Figliolini (Saratoga,)	2:11.9

1990 (wind +1.23mps)	
1.Marion Jones (Rio Mesa,S)	23.71
2.Santisha Arnold (Morningside,S)	24.25
3.Dee Dee Small (Dorsey,LA)	24.28
4.Latima Jones (St.Anthony,S)	24.67
5.Tanisha Johns (Burbank,SJ)	24.68
6.Tamanika Terry (Muir,S)	24.69

1991 (aiding wind +2.25mps)	
1.Marion Jones (Rio Mesa,S)	22.91
2.Tanika Bradfield (Dominguez,S)	23.94
3.Angela Sullivan (Serra,SD)	24.30
4.Santisha Arnold (Morningside,S)	24.32
5.Tai-Ne Gibson (Morningside,S)	24.56
6.Tamanika Terry (Muir,S)	24.62

4.Janeene Vickers (Pomona,S)	55.09
5.Denna Amy (Hawthorne,S)	55.51
6.Tresa Currie (Pittsburg,NC)	55.8

1986	
1.Princess Bennett (Compton,S)	53.56
2.Crystal Irving (Long Bch Poly,S)	55.61
3.Roslyn Mack (St.Francis,CC)	55.89
4.Sonya Mitchell (Bakersfield,C)	56.11
5.Andreen Alvarenga (Mitty,CC)	56.19
6.Chelle Cardenas (Montgomery,S)	56.38

1987	
1.Angela Rolfe (Dorsey,LA)	53.55
2.Crystal Irving (Long Bch Poly,S)	53.98
3.Andreen Alvarenga (Mitty,CC)	54.75
4.Debra Hamilton (Locke,LA)	55.55
5.Roslyn Mack (St.Francis,CC)	55.60
6.Bernithia Whitmore (Compton,S)	55.83

1988	
1.Angela Rolfe (Dorsey,LA)	54.26
2.Tanya Dooley (Harte,SJ)	54.72
3.Andreen Alvarenga (Mitty,CC)	55.14
4.Roslyn Mack (St.Francis,CC)	55.68
5.Kesha Marvin (Hawthorne,S)	55.92
6.Tonya Trick (Apple Valley,S)	56.30

1989	
1.Angela Rolfe (Dorsey,LA)	53.97
2.Tanya Dooley (Harte,SJ)	55.12
3.Jeanine Stewart (Duarte,S)	55.15
4.Shani Freeman (Crawford,SD)	55.77
5.Shelly Tochluk (Westminster,S)	55.81
6.Cela Taylor (Encinal,NC)	55.93

1990	
1.Janice Nichols (Bakersfield,C)	53.89
2.Shanequa Campbell (Alta Loma,S)	54.63
3.Alison Dring (Mt.Carmel,SD)	55.07
4.Lashawn Stringer (Morningside,S)	55.86
5.Latima Jones (St.Anthony,S)	56.18
6.Rene Walker (Dorsey,LA)	56.33

1991	
1.Janice Nichols (Bakersfield,C)	54.19
2.Alison Dring (Mt.Carmel,SD)	54.39
3.Lashawn Stringer (Morningside,S)	55.31
4.Tamerra McLin (Eisenhower,S)	55.73
5.Barbi Jones (San Marcos,S)	56.32
6.Charlene Baldwin (Logan,NC)	56.38

1979	
1.Ann Regan (Camden,CC)	2:10.3
2.Louise Romo (North Torrance,S)	2:11.5
3.Linda Goen (No. Bakersfield,C)	2:12.2
4.Melissa Martel (Piedmont,NC)	2:12.2
5.Maria King (Ayer,CC)	2:14.4
6.	

1980 (800 meters)	
1.Marilyn Davis (Miramonte,NC)	2:09.72
2.Maria King (Ayer,CC)	2:10.86
3.Evelyn Acuña (San Gabriel,S)	2:11.21
4.Carla Johnson (Manual Arts,LA)	2:11.29
5.Diane Harrell (Palos Verdes,S)	2:12.40
6. Hagworth (Piner,NC)	2:14.30

1981	
1.Donna Curtis (Culver City,S) #2:06.08	
2.Jessica Spies (Livermore,NC)	2:07.36
3.Renee Durand (Laguna Beach,S)	2:07.89
4.Louise Romo (North Torrance,S)	2:09.36
5.Michelle Lowe (Manual Arts,LA)	2:09.86
6.Trescia Palmer (Westchester,LA)	2:10.51

1982		
1. Renee Durand (Laguna Beach, S)	2:06.36	
2. Jessica Spies (Livermore, NC)	2:06.95	
3. Trescia Palmer (Westchester, LA)	2:08.06	
4. Sharon Yaninek (Presentation, CC)	2:10.39	
5. Missy Moore (Piedmont, NC)	2:10.44	
6. Gail Devers (Sweetwater, SD)	2:11.07	

1983		
1. Kerri Zaleski (Millikan, S)	2:06.41	
2. Trescia Palmer (Westchester, LA)	2:07.84	
3. Kristen Dowell (Sta Teresa, CC)	2:09.05	
4. Suzy Hansel (Valencia, S)	2:10.02	
5. Lanette Davis (Del Mar, CC)	2:11.07	
6. Jill Harrington (Rolling Hills, S)	2:11.6	

1984		
1. Treana Hull (Compton, S)	#2:04.91	
2. Kerri Zaleski (Millikan, S)	2:05.87	
3. Kristen Dowell (Sta Teresa, CC)	2:09.94	
4. Laura Chapel (Irvine, S)	2:10.92	
5. Alix Tubman (Davis, SJ)	2:11.56	
6. Rachel Villegas (Bell, LA)	2:12.30	

1985		
1. Kristen Dowell (Sta Teresa, CC)	2:10.07	
2. Darcy Arreola (Grossmont, SD)	2:11.07	
3. Laura Chapel (University C, SD)	2:11.97	
4. Lesley Noll (Mt. Carmel, SD)	2:12.11	
5. Sherri Smith (Woodbridge, S)	2:13.14	
6. Milligan (Compton, S)	2:13.93	

1986		
1. Laura Chapel (University C, SD)	2:08.66	
2. Maggie Henson (Newport Harb, S)	2:09.36	
3. Desiree Joubert (Westlake, S)	2:09.62	
4. Denise Upsher (Torrey Pines, SD)	2:10.15	
5. Molly Burke (Marin Catholic, NC)	2:10.63	
6. Kris Kochel (Ventura, S)	2:11.01	

1987		
1. Kim McAllister (Locke, LA)	2:12.92	
2. Kristine Hand (Fallbrook, SD)	2:13.52	
3. Althea Moses (Morningside, S)	2:13.68	
4. Persephone Lowery (Norco, S)	2:13.69	
5. Kris Kochel (Ventura, S)	2:13.87	
6. Kathy Lee (Acalanes, NC)	2:14.24	

1988		
1. Kathy Roldan (Mt. Whitney, C)	2:12.11	
2. Tarsha Handy (Mitty, CC)	2:12.60	
3. Kristine Hand (Fallbrook, SD)	2:12.71	
4. Courtney Clark (Las Lomas, NC)	2:13.21	
5. Kim McAllister (Locke, SD)	2:14.49	
6. Kristi Bache (University C, SD)	2:14.69	

1989		
1. Kim Toney (Atascadero, S)	2:09.32	
2. Kathy Roldan (Mt. Whitney, C)	2:11.18	
3. Becky Spies (Livermore, NC)	2:11.85	
4. Nicole Teter (West Valley, N)	2:11.86	
5. Tarsha Handy (Mitty, CC)	2:14.99	
6. Persephone Lowery (Norco, S)	2:15.49	

1990		
1. Kim Toney (Atascadero, S)	2:06.13	
2. Nicole Teter (West Valley, N)	2:10.17	
3. Celeste Buchanan (Mitty, CC)	2:11.50	
4. Latoya Polk (Hamilton, LA)	2:11.59	
5. Sheria Moses (Ramona, S)	2:12.8	
6. Trina Bindel (Eureka, NC)	2:13.45	

1991		
1. Nicole Teter (West Valley, N)	2:08.14	
2. Kamara Mayberry (St. Bernard, S)	2:08.91	
3. Becky Spies (Livermore, NC)	2:11.96	
4. Sheria Moses (Ramona, S)	2:11.97	
5. Kerri Woolheater (Casa Grande, NC)	2:12.16	
6. Jenner Hamel (Merced, C)	2:12.93	

1600 meter & One mile Run

When metric distances were introduced in 1980, it was hoped that the usual international distance of 1500 meters (3 3/4 laps) would replace the Mile Run. However, 1600 meters, a closer four lap equivalent to the mile, was the distance designated (approximately 1.5 to two seconds less time than the mile run).

1974 (One Mile)		
1. Jill Caldwell (Westminster, S)	##5:02.2	
2. Patsy Cervantes (Corcoran, C)	5:08.9	
3. Kate Keyes (Tamalpais, NC)	5:10.3	
4. Tena Anex (Del Campo, SJ)	5:11.3	
5. Kathy Greer (Oceanside, SD)	5:13.2	
6.		

1975		
1. Kathy Costello (Pleasant Hill, NC)	##4:53.5	
2. Pam Allen (Lassen, N)	5:00.3	
3. Maggie Keyes (Tamalpais, NC)	5:02.9	
4. Sue Munday (Lincoln, CC)	5:03.8	
5. Sarah Sweeney (Marin Cath, NC)	5:03.8	
6. Marilyn Brandt (Davis, SJ)	5:05.2	

1976		
1. Linda Broderick (Tamalpais, NC)	4:56.8	
2. Sarah Sweeney (Marin Cath, NC)	5:01.1	
3. Chris Troffer (Crescenta Vly, S)	5:01.3	
4. Stacy Kearns (Yuba City, SJ)	5:03.2	
5. Sue Munday (Lincoln, CC)	5:03.8	
6. Kelley Wells (Quartz Hill, S)	5:05.8	

1977		
1. Linda Goen (No. Bakersfield, C)	#4:47.8	
2. Vicky Bray (Los Altos, CC)	4:52.8	
3. Cheryl Flowers (Valhalla, SD)	4:55.7	
4. Sarah Sweeney (Marin Cath, NC)	4:55.8	
5. Sheila Ralston (Polytechnic, LA)	5:03.7	
6.		

1978		
1. Cheri Williams (Livermore, NC)	#4:45.0	
2. Suzie Meek (Palos Verdes, S)		
3. Linda Goen (No. Bakersfield, C)	4:52.0	
4. Kelley Wells (Quartz Hill, S)	4:52.3	
5. Suzanne Richter (Chico, N)	4:52.4	
6. Cheryl Flowers (Valhalla, SD)	4:54.5	

1979		
1. Linda Goen (No. Bakersfield, C)	4:51.1	
2. Vickie Cook (Alemany, S)	4:51.6	
3. Tracy Weber (Lynbrook, CC)	4:51.9	
4. Staci Kneeshaw (Foothill, S)	4:53.3	
5. Roxanne Bier (Independence, CC)	4:57.3	
6. Lisa Scaduto (Santa Monica, S)	4:57.9	

1980 (1600 meters)		
1. Polly Plumer (University, S)	4:46.71	
2. Vickie Cook (Alemany, S)	4:47.31	
3. Bonnie McGlinchey (Fountain V. S)	4:47.52	
4. Lisa Sandel (Campolindo, NC)	4:48.57	
5. Staci Kneeshaw (Foothill, S)		
6. Tracy Weber (Lynbrook, CC)		

1981		
1. Polly Plumer (University, S)	#4:42.43	
2. Tracy Weber (Lynbrook, CC)	4:46.76	
3. Marilyn Davis (Miramonte, NC)	4:48.88	
4. Margaret Spotts (Redondo, S)	4:50.87	
5. Laurie Hollingworth (Piner, NC)		
6. Shelly Hazlett (Saugus, S)	4:56.51	

1982		
1. Polly Plumer (University, S)	##4:39.82	
2. Denise Ball (Newbury Park, S)	4:44.47	
3. Tina Allen (Santana,)	4:45.46	
4. Laura Cattivera (Mira Costa, S)	4:52.94	
5. Mary Jo Barry (Leigh, CC)	4:54.08	
6. Esther Berndt (Gunn, CC)	4:54.85	

1983		
1. Cory Schubert (Del Mar, CC)	4:44.93	
2. Julie Seleine (University, S)	4:45.00	
3. Paula Bresnan (Kennedy, LA)	4:45.02	
4. Nanette Garcia (Silver Creek, CC)	4:46.74	
5. Jennifer Abraham (Foothill, S)	4:49.66	
6. Gladys Prieur (LeLyc. Francais, S)	4:59.00	

1984		
1. Shannon Clark (Mt. View, CC)	4:47.52	
2. Treana Hull (Compton, S)	4:47.70	
3. Noreen DeBettencourt (Carlet, NC)	50.71	
4. Laura Cattivera (Mira Costa, S)	4:51.57	
5. Nicole Ritchot (Edison, S)	4:55.39	
6. Tammy Snyders (Edison, S)	4:56.85	

1989		
1. Kim Toney (Atascadero, S)	2:09.32	
2. Kathy Roldan (Mt. Whitney, C)	2:11.18	
3. Becky Spies (Livermore, NC)	2:11.85	
4. Nicole Teter (West Valley, N)	2:11.86	
5. Tarsha Handy (Mitty, CC)	2:14.99	
6. Persephone Lowery (Norco, S)	2:15.49	

1990		
1. Kim Toney (Atascadero, S)	2:06.13	
2. Nicole Teter (West Valley, N)	2:10.17	
3. Celeste Buchanan (Mitty, CC)	2:11.50	
4. Latoya Polk (Hamilton, LA)	2:11.59	
5. Sheria Moses (Ramona, S)	2:12.8	
6. Trina Bindel (Eureka, NC)	2:13.45	

1991		
1. Nicole Teter (West Valley, N)	2:08.14	
2. Kamara Mayberry (St. Bernard, S)	2:08.91	
3. Becky Spies (Livermore, NC)	2:11.96	
4. Sheria Moses (Ramona, S)	2:11.97	
5. Kerri Woolheater (Casa Grande, NC)	2:12.16	
6. Jenner Hamel (Merced, C)	2:12.93	

1985		
1. Shannon Clark (Mt. View, CC)	4:49.14	
2. Kristen Dowell (Sta Teresa, CC)	4:50.71	
3. Darcy Arreola (Grossmont, SD)	4:56.35	
4. Sydney Thatcher (Encinal, NC)	4:57.83	
5. Nicole Ritchot (Edison, SD)	4:58.01	
6. Angela Stearns (Silver Creek, S)	4:58.10	

1986		
1. Darcy Arreola (Grossmont, SD)	4:42.57	
2. Laurie Chapman (Gunderson, CC)	4:45.13	
3. Shannon Clark (Mt. View, CC)	4:48.54	
4. Laura Chapel (University C, SD)	4:49.53	
5. Robbyn Bryant (Hesperia, S)	4:49.60	
6. Maggie Henson (Newport Harb, S)	4:58.85	

1987		
1. Kira Jorgensen (Vista, SD)	4:45.98	
2. Robbyn Bryant (Hesperia, S)	4:46.59	
3. Mary Mendoza (Presentation, CC)	4:52.83	
4. Tracey Williams (Mt. View, S)	4:54.52	
5. Kathy Karpel (Ocean View, S)	4:55.38	
6. Melissa Sutton (Newbury Park, S)	4:57.55	

1988		
1. Kira Jorgensen (Vista, SD)	4:49.54	
2. Robbyn Bryant (Hesperia, S)	4:51.78	
3. Janet Bowie (Woodside, CC)	4:52.70	
4. Tracey Williams (Mt. View, S)	4:55.82	
5. Beth Bartholomew (Fremont, CC)	4:59.84	
6. Jerri Martin (San Pedro, LA)	5:02.45	

1989		
1. Kira Jorgensen (Vista, SD)	4:49.55	
2. Beth Bartholomew (Fremont, CC)	4:51.59	
3. Karen Hecox (South Hills, S)	4:55.48	
4. Rosetta Hunter (Locke, LA)	4:58.26	
5. Sarah Riley (Campolindo, NC)	4:58.86	
6. Evie Barry (Santa Teresa, CC)	5:00.77	

1990		
1. Becky Spies (Livermore, NC)	4:48.74	
2. Karen Hecox (South Hills, S)	4:49.44	
3. Rosetta Hunter (Locke, LA)	4:58.26	
4. Beth Bartholomew (Fremont, CC)	4:55.07	
5. Shelley Taylor (Edison, S)	4:57.20	
6. Erica Sumi (Long Beach Wilson, S)	5:00.69	

1991		
1. Becky Spies (Livermore, NC)	4:45.11	
2. Nikki Shaw (Fillmore, S)	4:49.01	
3. Melina Glusac (Fallbrook, SD)	4:51.29	
4. Meliana Freeberg (California, CC)	4:51.78	
5. Eric Sumi (Long Beach Wilson, S)	4:53.77	
6. Robin Snowbeck (University, LA)	4:55.30	

1980 (3200 meters)	
1.Vickie Cook (Alemany,S)	10:14.70
2.Michelle Mason (Buena,S)	10:33.44
3.Annabelle Villanueva (Fount.V,S)	:35.16
4.	
5.Lori Lopez (Sacred Heart,S)	10:37.27
6.Mary Gaffield (El Cerrito,NC)	10:42.17
1981	
1.Vickie Cook (Alemany,S)	#10:12.31
2.Lori Lopez (Sacred Heart,S)	10:21.54
3.Michelle Mason (Buena,S)	10:26.74
4.Betsy Chadwick (Mira Mesa,SD)	10:31.07
5.Annabelle Villanueva (Fount.V,S)	:35.20
6.Karin Lambden (Castro Vly,NC)	10:38.29
1982	
1.Vickie Cook (Alemany,S)	10:16.27
2.Denise Hall (Newbury Park,S)	10:17.90
3.Tania Fischer (Chaminade,S)	10:28.63
4.Teresa Barrios (University,S)	10:29.03
5.Nanette Garcia (Silver Crk,CC)	10:30.90
6.Jennifer Liu (Monroe,LA)	

1983	
1.Cory Schubert (Del Mar,CC)	#10:08.14
2.Wendy Sihner (Miramonte,NC)	10:30.05
3.Sandy Blakeslee (Vista,SD)	10:32.62
4.Tania Fischer (Chaminade,S)	10:37.59
5.Shannon Clark (Mt.View,CC)	10:44.8
6.Janine Walther (Chatsworth,LA)	10:48.7
1984	
1.Kirsten O'Hara (Palos Verdes,S)	10:11.62
2.Maureen Winner (Torrey Pines,SD)	:40.12
3.Joni Mooney (Vacaville,SJ)	10:45.81
4.Rebecca Chamberlain (Leigh,CC)	10:49.80
5.Stacey McAfee (Del Oro,N)	10:50.08
6.Pam Thompson (Saugus,S)	10:56.30
1985	
1.Rebecca Chamberlain (Leigh,CC)	10:23.85
2.Colleen Donovan (Lodi,C)	10:25.87
3.Laurie Chapman (Gunderson,CC)	10:31.77
4.Sherri Minkler (Analy,NC)	10:37.78
5.Mary Mendoza (Presentation,CC)	10:40.54
6.Sally Wood (Piedmont,NC)	10:42.45

1986	
1.Laurie Chapman (Gunderson,CC)	10:12.86
2.Tracey Williams (Mt.View,S)	10:25.75
3.Mary Mendoza (Presentation,CC)	10:26.59
4.Rebecca Chamberlain (Leigh,CC)	10:35.67
5.Melissa Sutton (Newbury Pk,S)	10:40.11
6.Christy Farrell (1000 Oaks,S)	10:40.12

1987	
1.Mary Mendoza (Presentation,CC)	10:23.04
2.Kira Jorgensen (Vista,SD)	10:30.08
3.Rayna Cervantes (Montebello,S)	10:30.72
4.Karen Hecox (South Hills,S)	10:31.95
5.Katy McCandless (Castilleja,CC)	10:32.77
6.Tracey Williams (Mt.View,S)	10:33.85
1988	
1.Karen Hecox (South Hills,S)	10:16.14
2.Rayna Cervantes (Montebello,S)	10:18.80
3.Katy McCandless (Castilleja,CC)	10:25.14
4.Kira Jorgensen (Vista,SD)	10:25.55
5.Jennifer Ashe (Leland,CC)	10:31.33
6.Jamie Parks (Santa Barbara,S)	10:48.27
1989	
1.Rayna Cervantes (Montebello,S)	10:32.95
2.Rachel Lewis (Sta Catalina,CC)	10:36.18
3.Deena Drossin (Agoura,S)	10:36.67
4.Jamie Parks (Santa Barbara,S)	10:40.47
5.Kira Jorgensen (Vista,SD)	10:43.18
6.Mira Hornbacher (Vista,SD)	10:43.18
1990	
1.Deena Drossin (Agoura,S)	10:29.60
2.Martha Pinto (Katella,S)	10:42.51
3.Tanya Brix (University,S)	10:49.17
4.Jeannie Rothman (Westlake,S)	10:54.29
5.Becky Spies (Livermore,NC)	10:56.19
6.Ramona Peña (Washington,SF)	10:58.70
1991	
1.Deena Drossin (Agoura,S)	10:30.71
2.Milena Glusac (Fallbrook,SD)	10:33.57
3.Jeannie Rothman (Westlake,S)	10:34.90
4.Amber Parkinson (Orange Luth'n,S)	38.80
5.Carrie Garritson (Sunny Hls,S)	10:39.17
6.Maribella Aparicio (Fillmore,S)	10:46.32

3200 meter & Two mile Run

The eight-lap race was not added to the girls state meet until 1977. Two miles as replaced in 1980 by the nearest Metric equivalent, 3200 meters (which takes approximately 3.5 to four seconds less time to run than the two miles). The usual (international) metric equivalent is 3000 meters (7½ laps).

1974-1976 EVENT NOT CONTESTED

1977 (Two Miles)	
1.Roxanne Bier (Independence,CC)	#10:39.7
2.Kathy Adams (San Juan,SJ)	10:42.0
3.Carol Keller (Helix,SD)	10:44.6
4.Karen Nachbar (San Juan,SJ)	10:46.6
5.Deloria Hobson (Canoga Park,LA)	10:46.8
6.	

1978	
1.Cheri Williams (Livermore,NC)	#10:17.7
2.Suzie Meek (Palos Verdes,S)	10:23.5
3.Roxanne Bier (Independence,CC)	10:44.0
4.Pam Bowers (American,NC)	10:46.9
5.Janice Kelley (Hemet,S)	10:50.3
6. Crisp (Downey,SJ)	10:53.4

1979	
1.Lisa Scaduto (Santa Monica,S)	10:35.0
2.Cindy Schmandt (Sta Barbara,S)	10:39.3
3.Roxanne Bier (Independence,CC)	10:41.0
4.Teresa Ebner (Amat,S)	10:42.1
5.Renee Ortiz (Western,C)	10:49.1
6.Sue-Mei Lee (Eisenhower,S)	10:55.0

400 meter/440 yard Relay

From the inception of Girls State Meet through 1979, the short relay was 4 x 110 yards thereafter 4 x 100 meters.

1974 (4 x 110 yards)		1977	
1.Berkeley,NC	#47.5	1.Crawford,SD	#46.14
2.Muir,S	48.5	2.Centennial,S	46.42
3.Washington,LA	48.8	3.Morse,SD	47.88
4.		4.Locke,LA	48.22
5.Morse,SD	49.9	5.Silver Creek,CC	48.29
6.		6.	

1975		1978	
1.Muir,S	48.0	1.Jordan,LA	47.14
2.Washington,LA	48.3	2.Hill,CC	47.15
3.Fremont,LA	48.4	3.Crenshaw,LA	47.41
4.Newport Harbor,S	48.4	4.Dorsey,LA	47.88
5.Sanger,C	48.6	5.Thousand Oaks,S	48.09
6.Morse,SD	49.8	6.Morse,SD	48.37

1976		1979	
1.Muir,S	47.6	1.Westchester,LA	47.2
2.Centennial,S	47.8	2.Cordova,SJ	48.46
3.So.Bakersfield,C	48.8	3.Santa Ana Vly,S	48.60
4.Locke,LA	48.8	4.Edison,SJ	48.65
5.Edison,C	49.1	5.Tamalpais,NC	48.73
6.Fremont,LA	49.1	6. no sixth place	

1980 (4 x 100 meters)	
1.Kennedy,LA	#45.81
2.Long Bch Poly,S	46.06
3.Fremont,LA	46.21
4.DeAnza,NC	46.23
5.Cordova,SJ	47.88
6.Morse,SD	48.02

1981	
1.Berkeley,NC	#45.13
2.Dorsey,LA	46.14
3.Muir,S	46.32
4.DaAnza,NC	47.18
5.Ganessa,S	47.28
6.Manual Arts,LA	47.31

1982	
1.Dorsey,LA	45.42
2.Berkeley,NC	46.16
3.Ganessa,S	46.26
4.Manual Arts,LA	47.20
5.Lg Bch Jordan,S	47.27
6.Long Bch Poly,S	47.42

1983	
1.Hawthorne,S	46.26
2.Berkeley,NC	46.69
3.Kennedy,LA	47.21
4.Grant,SJ	47.42
5.Long Bch Poly	47.52
6.Burbank,SJ	47.79

1984	
1.Hawthorne,S	45.99'
2.Muir,S	46.61
3.Burbank,SJ	47.02
4.Berkeley,NC	47.31
5.Millikan,S	47.60
6.Lincoln,SF	48.09

1985	
1.Hawthorne,S	45.95
2.Oakland,O	47.00
3.Morse,SD	47.49
4.El Cerrito,NC	48.04
5.Pomona,S	48.36
6.Valley,SJ	47.49

1986	
1.Hawthorne,S	45.54'
2.Oakland,O	46.65
3.Hueneme,S	47.13
4.St.Francis,CC	47.22
5.Locke,LA	47.87
6.Morningside,S	48.05

1987	
1.St.Francis,CC	46.95
2.Morse,SD	47.00
3.Dorsey,LA	47.55
4.Long Bch Poly,S	47.79
5.Hueneme,S	48.08
6.Edison,C	48.13

1988	
1.Hawthorne,S	47.10
2.St.Francis,CC	47.14
3.Muir,S	47.42
4.Rio Mesa,S	47.64
5.Locke,LA	47.96
6.Dorsey,LA	48.32

1989	
1.Muir,S	46.46
2.St.Francis,CC	47.27
3.Hawthorne,S	47.42
4.Rio Mesa,S	47.53
5.Dorsey,LA	47.78
6.Locke,LA	47.88

1990	
1.Bakersfield,C	46.49
2.Hawthorne,S	46.59
3.St.Bernard,S	46.78
4.Muir,S	46.80
5.Cordova,SJ	48.61
6.Locke,LA	48.62

1991	
1.Morningside,S	46.36
2.Long Bch Poly,S	47.21
3.Muir,S	47.73
4.O'Dowd,NC	47.79
5.Morse,SD	48.32
6.Dorsey,LA	48.73

880y Medley & Mile/1600m Relay

In 1974-75 the long relay was an 880y medley (220y, 110y, 110y, 440y), Mile (4x440y) in 1976-79 and 4x400 meters since 1980.

1974 (880 yard Medley)

1. Berkeley, NC	##1:46.6
2. Washington, LA	1:47.4
3. Royal, S	1:47.7
4.	
5.	
6.	

1975 (880 yard Medley)

1. Wash'ton, LA	##1:44.5
2. Fremont, LA	1:44.7
3. Muir, S	1:46.4
4. Berkeley, NC	1:47.8
5. Royal, S	1:47.9
6. Harbor, CC	1:49.2

1976 (4 x 440 yards)

1. Fremont, LA	3:55.9
2. Arcadia, S	3:57.0
3. Berkeley, NC	3:59.1
4. Esperanza, S	3:59.6
5. W. Torrance, S	4:00.6
6. Sta Barbara, S	4:00.6

1977

1. Locke, LA	##3:52.1
2. Crawford, SD	3:53.6
3. N. Bakersf'ld, C	3:54.4
4. Rolling Hls, S	3:55.0
5. Sta Barbara, S	3:55.3
6. Dos Pueblos, S	3:55.3

1978

1. Fremont, LA	##3:51.3
2. Crawford, SD	3:51.9
3. Drake, NC	3:54.4
4. Morse, SD	3:55.7
5. Locke, LA	3:55.9
6. Moreau, NC	3:56.0

1979

1. S Gorgonio, S	##3:44.1
2. Lng Bch Poly, S	3:46.3
3. Berkeley, NC	3:55.4
4. Carlmont, CC	3:58.5
5. Locke, LA	4:00.5
6. Dorsey, LA	4:01.0

1980 (4 x 400 meters)

1. Kennedy, LA	##3:37.98
2. Lg Bch Poly, S	3:39.83
3. Man'l Arts, LA	3:42.79
4. Fremont, LA	3:50.55
5. 1000 Oaks, S	3:51.59
6. N. Torrance, S	3:52.76

1981

1. Kennedy, LA	##3:37.17
2. Man'l Arts, LA	3:39.07
3. Berkeley, NC	3:41.33
4. N. Torrance, S	3:47.11
5. Dorsey, LA	3:47.66
6. Crawford, SD	3:49.27

1982

1. Dorsey, LA	3:41.72
2. Ganessa, S	3:43.26
3. Berkeley, NC	
4. Man'l Arts, LA	3:46.65
5. Lg Bch Poly, S	3:48.70
6. Mitty, CC	3:56.53

1983

1. Dorsey, LA	3:46.24
2. Millikan, LB	3:47.89
3. Crenshaw, LA	3:48.24
4. Lg Bch Poly, S	3:50.11
5. Hawthorne, S	3:51.30
6. Los Altos, CC	3:55.3

1984

1. Locke, LA	3:38.65
2. Compton, S	3:40.76
3. Millikan, S	3:43.35
4. Hawthorne, S	3:46.02
5. El Cerrito, NC	3:51.14
6. St. Francis, CC	3:52.55

1985

1. Muir, S	3:43.30
2. Hawthorne, S	3:43.77
3. Oakland, O	3:48.94
4. Compton, S	3:49.82
5. Beverly Hls, S	3:54.89
6. Hueneme, S	3:55.29

1986

1. Compton, S	3:42.31
2. Hawthorne, S	3:43.15
3. Oakland, O	3:46.14
4. Miss Viejo, S	3:49.09
5. St. Francis, CC	3:49.10
6. Lg Bch Poly, S	3:50.25

1987

1. Lg Bch Poly, S	3:46.30
2. Muir, S	3:48.33
3. Valley, SJ	3:51.77
4. Woodbridge, S	3:53.59
5. Clovis, C	3:56.64
6. Hawthorne, S	3:57.2

1988

1. Hawthorne, S	3:47.32
2. Locke, LA	3:48.19
3. Corona d. Mar, S	3:48.28
4. St. Francis, CC	3:49.06
5. Muir, S	3:50.41
6. Woodbridge, S	3:52.80

1989

1. Hawthorne, S	3:46.59
2. Muir, S	3:47.04
3. St. Francis, CC	3:48.59
4. Locke, LA	3:51.51
5. Rio Mesa, S	3:52.14
6. Mitty, CC	3:52.32

1990

1. Morn'side, S	3:44.16
2. Hawthorne, S	3:44.93
3. Muir, S	3:50.02
4. Bakersfield, C	3:50.44
5. Lg Bch Poly, S	3:51.19
6. Kennedy, LA	3:52.41

1991

1. Lg Bch Poly, S	3:48.85
2. St. Bernard, S	3:49.02
3. Mt. Carmel, SD	3:49.75
4. O' Dowd, NC	3:52.20
5. San Pascual, SD	3:52.67
6. Dorsey, LA	3:55.99

Note: # = time or distance listed as state meet record tied or bettered. ## = bettered national record.

GIRLS FIELD EVENTS

High Jump

1974

1. Pam Blackburn (Cubberly, CC)	##5' 8"
2. Cindy Gilbert (San Luis Rey, SD)	5' 6"
3. Suzi Boehner (Clayton Valley, NC)	5' 4"
4. Jill Towrey (Highland, C)	5' 4"
5. Susan Long (Gahr, S)	5' 4"

1975

1. Kim Maddox (Los Angeles, LA)	##5' 8"
2. Chris Remmling (San Dieguito, SD)	5' 7"
3. Susan Long (Gahr, S)	5' 6"
4. Denise Cornell (King City, CC)	5' 5"
5. Candi Ross (Berkeley, NC)	5' 4"
6. Pharris (Moorpark, S)	5' 3"

1976

1. Kari Gosswiller (Upland, S)	##5' 10"
2. Candi Ross (Berkeley, NC)	5' 9"
3. Pam Blackburn (Cubberly, CC)	5' 8"
4. Julie Lendl (Royal, S)	5' 7"
5. Susan Long (Gahr, S)	5' 7"
6. Chris Remmling (San Dieguito, SD)	5' 4"

1977

1. Kari Gosswiller (Upland, S)	5' 9"
2. Anne Erpenbeck (Huntington Bch, S)	5' 9"
3. Tonya Alston (Chico, N)	5' 7"
4. Sonja Harrigfeld (Beyer, SJ)	5' 7"
5. Suzi Boehner (Clayton Valley, NC)	5' 7"
6. Sue McNeal (Carlsbad, SD)	5' 7"

1978

1. Sue McNeal (Carlsbad, SD)	##5' 10 1/2"
2. Anne Erpenbeck (Huntington Bch, S)	5' 9"
3. Phifer (Independence, CC)	5' 8"
4. Sonja Harrigfeld (Beyer, SJ)	5' 7"
5. Nancy Redican (Simi Valley, S)	5' 7"
6. Kathy Raugust (Salinas, CC)	5' 6"
6. Tonya Alston (Chico, N)	5' 6"

1979

1. Tonya Alston (Chico, N)	5' 9"
2. Sue McNeal (Carlsbad, SD)	5' 9"
3. Trish King (Menlo-Atherton, CC)	5' 9"
4. Karen Lysaght (St. Francis, CC)	5' 8"
5. Lisa Peters (Northgate, NC)	5' 8"

1980

1. Karen Lysaght (St. Francis, SJ)	##6' 0"
2. Tonya Mendoca (Mt. Whitney, C)	5' 10"
3. Sue McNeal (Carlsbad, SD)	5' 10"
4. Trish King (Menlo-Atherton, CC)	5' 8"
5. Lauri Dow (Lemoore, C)	5' 7"
6. Linda Soja (Polytechnic, LA)	5' 7"

1981

1. Katrena Johnson (Marshall Fnd, S)	5' 10"
2. Maggie Van Zealand (Acalanes, NC)	5' 9"
3. Karen Lysaght (St. Francis, SJ)	5' 9"
4. Gabrielle McClair (Mt Vista, SD)	5' 6"
5. Jenny Linderman (Sonora, SJ)	5' 6"
5. Karen Robinson (Fremont, CC)	5' 6"

1982

1. Katrena Johnson (Marshall fnd, S)	5' 11"
2. Tonya Mendonca (Mt. Whitney, C)	5' 10"
3. Latrese Johnson (Clovis, C)	5' 9"
4. Leslie Maxie (Mills, CC)	5' 9"
5. Elisa Cooks (Hac Hts Wilson, S)	5' 7"
6. Denise Yamada (Dos Pueblos, S)	5' 7"

1983

1. Tonya Mendonca (Mt. Whitney, C)	##6' 1"
2. Julie Wiegmann (Crescenta Vly, S)	5' 9"
3. Rachel Bray (Los Altos, CC)	5' 9"
4. Sheri Morford (Foothill, SJ)	5' 8"
5. Leanne Atencio (Del Mar, CC)	5' 8"
6. Elisa Cooks (Hac Hts Wilson, S)	5' 7"

1984

1. Wendy Brown (Woodside, CC)	##6' 1 1/2"
2. Beth Vidakovitz (St. Francis, CC)	5' 10"
3. Yleana Carrasco (Anaheim, S)	5' 10"
4. Latrese Johnson (Clovis, C)	5' 10"
5. Michelle Wootton (Bella Vista, SJ)	5' 9"
6. Lashawn McBride (Lng Bch Poly, S)	5' 8"

1985

1. Latrese Johnson (Clovis, C)	##6' 2"
2. Beth Vidakovitz (St. Francis, CC)	5' 10"
3. Yleana Carrasco (Anaheim, S)	5' 10"
4. Lashawn McBride (Lng Bch Poly, S)	5' 10"
5. Michelle Wootton (Bella Vista, SJ)	5' 7"
6. Ursula Lovely (LP Kennedy, S)	5' 4"
6. Cassandra Vance (Crenshaw, LA)	5' 4"

1986

1. Yleana Carrasco (Anaheim, S)	5' 10"
2. Eugenia Miller (Crenshaw, LA)	5' 8"
3. Debbie Orr (Ocean View, S)	5' 7"
4. Michelle Wootton (Bella Vista, SJ)	5' 7"
5. Lashawn McBride (Lng Bch Poly, S)	5' 6"
6. Lisa Coleman (Marina, S)	5' 6"

1987

1. Lynn Patrick (Serra, SD)	5' 10"
2. Lori Svoboda (El Dorado, S)	5' 9"
3. Lashawn McBride (Lng Bch Poly, S)	5' 8"
4. Eugenia Miller (Crenshaw, LA)	5' 8"
5. Samantha Shaver (Los Altos, CC)	5' 8"
6. Mary Prince (Paradise, N)	5' 8"

1988

1. Crissy Mills (Campbell Hall, S)	5' 10"
2. Lynn Patrick (Serra, SD)	5' 10"
3. Celia Willis (Clovis West, C)	5' 8"
3. Marilyn Gragin (Miraleste, S)	5' 8"
5. Karol Damon (Redlands, S)	5' 8"
6. Lori Mertes (Chatsworth, LA)	5' 6"
6. Nately Barker (Colfax, SJ)	5' 6"

1989

1. Crissy Mills (Campbell Hall, S)	6' 0"
2. J.C. Broughton (Woodland, SJ)	5' 11"
3. Lori Svoboda (El Dorado, S)	5' 10"
4. Cindy Harmon (Oak Ridge, SJ)	5' 8"
5. Lori Mertes (Chatsworth, LA)	5' 8"
6. Karis Gardner (Sierra, C)	5' 6"
6. Melanie Clarke (El Cam'o Real, LA)	5' 6"

1990

1. Chi Johnson (Menlo-Atherton, CC)	5' 8"
2. Tanya Smith (Cordova, SJ)	5' 7"
2. Clarissa Moulton (Trona, S)	5' 7"
4. Cindy Harmon (Oak Ridge, SJ)	5' 7"
5. Trina Bindel (Eureka, NC)	5' 7"
6. Tanya Lazar-Lea (McAteer, SF)	5' 7"

1991

1. Tanya Smith (Cordova, SJ)	5' 11"
2. Chi Johnson (Menlo-Atherton, CC)	5' 11"
3. Tiffany Salmon (Live Oak, CC)	5' 8"
4. Trina Bindel (Eureka, NC)	5' 7"
4. Rosha Candidate (Clovis West, C)	5' 7"
6. Julie Jenkins (San Ramon, CC)	5' 7"

NC

Long Jump

1974

1. Jodi Anderson (Washington, LA) ##19' 7"
2. Sandy Ferreira (King City, CC) 18' 0 1/2"
3. Lyday (Madera, C) 17' 1"
4.
5. Whigham (San Diego, SD) 16' 7"
6. Pam Curran (LaReina, S) 16' 2 1/2"

1975

1. Jodi Anderson (Washington, LA) 19' 6 1/2"
2. Karen Taylor (Point Loma, SD) 18' 4 1/2"
3. Pam Blackburn (Cubberly, CC) 18' 1"
4. Yvette Evans (Morningside, S) 17' 10 1/2"
5. Lisa Gourdine (El Toro, S) 17' 7"
6. Cathy Pipes (Middleton, NC) 17' 4 1/2"

1976 (best jumps all wind-aided)

1. Jodi Anderson (Washington, LA) 20' 0 1/2"
2. Lisa Gourdine (El Toro, S) 19' 3 1/2"
3. Leslie Scott (Polytechnic, LA) 19' 3 1/2"
4. Karen Taylor (Point Loma, S) 18' 10"
5. Kim Moran (Monroe, LA) 18' 5 1/2"

1977

1. Lisa Gourdine (El Toro, S) #19' 9"
2. Dorthea Gaffney (Lemoore, C) 19' 2 1/2"
3. Kathy Jaynes (Madera, C) 19' 1 1/2"
4. Gwen Loud (LA Lutheran, S) 19' 0"
5. Kim Moran (Monroe, LA) 18' 8 1/2"
6. Debbie Wilford (Castle Park, SD) 18' 6 1/2"

1978

1. Kathy Haynes (Madera, C) 19' 3"
2. Carrie McLaughlin (Davis, SJ) 19' 2"
3. Velma McClain (Pacific, S) 19' 0 1/2"
4. Joanna Harper (Fremont, LA) 18' 11"
5. Paula Stevens (Coalinga, C) 18' 6 1/2"
6. Roxanne Wright (Edison, C) 17' 11"

1979

1. Gwen Loud (Westchester, LA) #20' 4 1/2"
2. Melanie Markham (Dorsey, LA) 19' 2 1/2"
3. Carrie McLaughlin (Davis, SJ) 19' 1 1/2"
4. Veronica Bell (Garey, S) 19' 0"
5. Paula Stevens (Coalinga, C) 18' 11"

Triple Jump

This event was added to the Girls State Meet program for the first time in 1982.

1982

1. Wendy Brown (Woodside, CC) 39' 8 1/2"
2. Yvette Bates (Berkeley, NC) 38' 0 1/2"
3. Gayle Wadsworth (Hawthorne, S) 37' 11 1/2"
4. Debbie Disbrow (Granada, NC) 37' 7 1/2"
5. Cece Chandler (Elsinore, S) 37' 5 1/2"
6. Kim Taylor (Valencia, S) 37' 2 1/2"

1983

1. Wendy Brown (Woodside, CC) 40' 3"
2. Carole Jones (Chino, S) 39' 7"
3. Renita Robinson (Manual Arts, LA) 39' 0 1/2"
4. Yvette Bates (Berkeley, NC) 38' 10 1/2"
5. Kim Taylor (Valencia, S) 38' 2"
6. Janis Diggs (Salinas, CC) 37' 7"

1984

1. Wendy Brown (Woodside, CC) ##42' 10 1/2"
2. Yvette Bates (Berkeley, NC) W42' 6 1/2"
3. Sheila Hudson (Rio Linda, SJ) 40' 4"
4. Janis Diggs (Salinas, CC) 39' 6 1/2"
5. Renita Robinson (Manual Arts, LA) 39' 3"
6. Camille Robertson (Redlands, S) 38' 4 1/2"

1980 (wind +0.4mps on winning jump)

1. Marlene Harmon (1000 Oaks, S) #20' 8 1/2"
2. Sherifa Sanders (Berkeley, NC) 18' 11"
3. Joanna Harper (Fremont, LA) 18' 10 1/2"
4. Sue Hegerle (San Pascual, CC) 18' 4 1/2"
5. Sheila Nicks (Ells, NC) 18' 0"
6. Mina Williams (Fremont, C) 17' 11 1/2"

1981

1. Chris Mose (El Cajon, SD) 18' 10 1/2"
2. Vivian Riley (Mt. Pleasant, CC) 18' 5 1/2"
3. Yolanda Fletcher (Crenshaw, LA) 18' 3 1/2"
4. Robyne Johnson (Berkeley, NC) W18' 4 1/2"
5. Yvette Bates (Berkeley, NC) 18' 4"
6. Sabrina Williams (Vly Chr'n, S) W18' 3 1/2"

1982

1. Wendy Brown (Woodside, CC) 19' 10 1/2"
2. Yvette Bates (Berkeley, NC) 19' 7 1/2"
3. Katrena Johnson (Marshall Fnd, S) 19' 4 1/2"
4. Kim Goodman (Narbonne, LA) 19' 1 1/2"
5. Denise Woodward (Hemet, S) 18' 11 1/2"
6. Sharon Hatfield (Fountain Vly, S) 18' 9"

1983

1. Gail Devers (Sweetwater, SD) 19' 6"
2. Yvette Bates (Berkeley, NC) 19' 5 1/2"
3. Wendy Brown (Woodside, CC) 19' 5 1/2"
4. Yvette Roberts (Washington, C) 19' 2"
5. Michelle Motley (L Bch Wilson, S) 18' 1 1/2"
6. Jill Humphries (Beverly Hls, S) 17' 8 1/2"

1984

1. Wendy Brown (Woodside, CC) #20' 9 1/2"
2. Gail Devers (Sweetwater, SD) 20' 6 1/2"
3. Yvette Bates (Berkeley, NC) 19' 7 1/2"
4. Cathy Roberts (Cerritos, S) 19' 2 1/2"
5. Karen Lawson (St. Francis, CC) 19' 1 1/2"
6. Yvette Roberts (Washington, C) 18' 4 1/2"

1985 (against -1.7 to -3.8mps winds)

1. Yvette Roberts (Washington, C) 19' 1"
2. Rosalyn Mitchell (Diamond Bar, S) 18' 9"
3. Karen Lawson (St. Francis, CC) 18' 5 1/2"
4. Crissy Cerkel (Redwood, NC) 18' 3 1/2"
5. Sheila Hudson (Rio Linda, SJ) 18' 0 1/2"
6. Stacey Rogers (Johnson, SJ) 17' 9 1/2"

1985 (aiding winds +2.1 to 5.0mps)

1. Sheila Hudson (Rio Linda, SJ) W41' 10"
2. Jackie Anderson (Mt. Miguel, SD) W41' 3 1/2"
3. Wendy Martin (Turlock, SJ) W38' 7 1/2"
4. Jamie Kirven (Woodbridge, S) W38' 7 1/2"
5. Kim Huey (Sta Fe Christian, SD) W38' 1 1/2"
6. Kim Taylor (Valencia, S) W38' 1 1/2"

1986

1. Felicia Harris (San Leandor, NC) 40' 2"
2. Debbie Orr (Ocean View, S) 38' 9 1/2"
3. Jackie Anderson (Mt. Miguel, SD) 38' 8"
4. Diane West (Logan, NC) 38' 5 1/2"
5. Althea Moses (Morningside, S) 38' 2"
6. Lolita Pile (Highlands, SJ) 37' 4 1/2"

1987 (wet)

1. Kim Lassair (Northgate, NC) 39' 6 1/2"
2. Jackie Anderson (Mt. Miguel, SD) 39' 2"
3. Sharon Manship (Thousand Oaks, S) 39' 0"
.. Angela Hill (Lincoln, LA) 38' 7 1/2"
5. Kim Young (Madera, C) 38' 7"
6. Tonya Conner (Barstow, S) 38' 5 1/2"

1988

1. Althea Moses (Morningside, S) 40' 9 1/2"
2. Lafrania West (Crossmont, SD) 49' 8 1/2"
3. Keri Sanchez (Santa Teresa, CC) W39' 9 1/2"

1986

1. Madette Smith (Quartz Hill, S) 20' 4 1/2"
2. Kelley Peacock (Van Nuys, LA) 19' 2 1/2"
3. Stacey Rogers (Sacramento, SJ) 18' 9"
4. Kristen Edwards (So. Pasadena, S) W18' 7"
5. Chenyenne Brinkley (Muir, S) W18' 5 1/2"
6. Cynthia Salery (Rosemead, C) 18' 3 1/2"

1987 (drizzle)

1. Karen Lawson (St. Francis, CC) 19' 1 1/2"
2. Angela Evans (Vanden, SJ) 19' 1 1/2"
3. Lashawn Simmons (El Monte, S) 19' 1"
4. Michele Outlaw (Lincoln, SD) 18' 5 1/2"
5. Serena Strange (Indio, S) 17' 11"
6. LaTanya Canada (Castle Park, SD) 17' 9 1/2"

1988

1. Tanya Conner (Barstow, S) 19' 5 1/2"
2. Nicole Smith (Montclair Prep, S) 19' 0"
3. Marlo Aubert (Milpitas, CC) 18' 7 1/2"
4. Mary Bittner (Rio Mesa, S) 18' 5 1/2"
5. Annette Coleman (Carlmont, CC) 18' 1 1/2"
6. April Nash (Ontario, S) 18' 0 1/2"

1989 (aiding winds +1-3mps)

1. Juliana Yendork (Walnut, S) W20' 2 1/2"
2. Annette Coleman (Carlmont, CC) W19' 3 1/2"
3. M Veltman (Leland, CC) 18' 10"
4. Keri Sanchez (Santa Teresa, CC) 18' 9"
5. Amy Mitchell (Rancho Cotate, NC) 18' 5 1/2"
6. Rochelle Johnson (Henry, SD) 18' 2 1/2"

1990

1. Juliana Yendork (Walnut, S) 20' 1 1/2"
2. Amy Mitchell (Rancho Cotate, NC) 19' 3 1/2"
3. Stacey Peterson (Dos Pueblos, S) 18' 10 1/2"
4. Kam Warner (West Bakersfield, C) 18' 4 1/2"
5. Keri Sanchez (Santa Teresa, CC) 17' 11 1/2"
6. Tannel House (Hoover, C) 17' 9"

1991

1. Juliana Yendork (Walnut, S) W20' 7 1/2"
2. Lisa Collett (Lynbrook, CC) 18' 11 1/2"
3. Nicole Haynes (Montgomery, S) 18' 11 1/2"
4. Tannel House (Hoover, C) W18' 8 1/2"
5. Jessica Rendon (Downey, SJ) W18' 8"
6. Sonja Bryant (Banning, LA) W18' 2 1/2"

4. Stacy Thompson (Morse, SD) 39' 1"
5. Rochelle Johnson (Henry, SD) 38' 7"
6. Tonya Conner (Barstow, S) 38' 4"

1989

1. Juliana Yendork (Walnut, S) 41' 10"
2. Krystal Kirkland (Hesperia, S) 39' 5 1/2"
3. Keri Sanchez (Santa Teresa, CC) 38' 11 1/2"
4. Rochelle Johnson (Henry, SD) 38' 7 1/2"
5. Angel Carver (Washington, SF) 38' 5 1/2"
6. Heidi Brooks (Atascadero, S) 38' 1"

1990 (winda 0.0 to +0.5mps)

1. Juliana Yendork (Walnut, S) 42' 0 1/2"
2. Angela Sims (Oceanside, SD) 38' 2 1/2"
3. Tamara Hawthorne (Cordova, SJ) 38' 1 1/2"
4. Kathy Hannon (Granada, NC) 37' 11 1/2"
5. Lisa Fager (Mission Viejo, S) 37' 6 1/2"
6. Kam Warner (West Bakersfield, C) 37' 4 1/2"

1991

1. Juliana Yendork (Walnut, S) 43' 6 1/2"
2. Stefanie Hanf (Ygnacio Vly, NC) 39' 7 1/2"
3. Kayla Montgomery (Clovis West, C) 39' 1"
4. Melissa McDonald (Mater Dei, S) W38' 6 1/2"
5. Tami Graham (Mission Viejo, S) 38' 2 1/2"
6. Jessica Rendon (Downey, SJ) 37' 5 1/2"

Shot Put

The weight of the shot in 1974-1979 was eight pounds, and 4 kilogram (about 8.8 pounds) since that time.

1974 (8 pound)

1. Kathy Devine (Mission Bay, SD)	47' 4½"
2. Vera Peko (Carson, LA)	46' 8½"
3. Judy Lane (Wheatland, N)	43' 9½"
4. Kay Ilertson (Valencia, S)	40' 4½"

1975 (Devine put #49'1" in qualifying)

1. Kathy Devine (Mission Bay, SD)	42' 3½"
2. Julie Flynn (La Cañada, S)	41' 4½"
3. Michelle Peterson (Carson, S)	41' 1½"
4. Becky Daniel (Newport Harbor, S)	41' 1½"
5. Felicia Norris (Duarte, S)	40' 8"
6. Karen Stampfli (Lassen, N)	39' 11½"

1976

1. Becky Daniel (Newport Harbor, S)	42' 9½"
2. Julie Flynn (La Cañada, S)	41' 9½"
3. Renee Wessell (Summerville, SJ)	41' 8½"
4. Karen Stampfli (Lassen, N)	41' 8"
5. Maria Garcia (Harbor, CC)	41' 5½"

1977

1. Debra Thorntana (Sacramento, SJ)	43' 9"
2. Kendis Warren (San Pedro, LA)	43' 3"
3. Bonnie Dasse (Costa Mesa, S)	42' 4"
4. Susan Springer (Salinas, CC)	41' 11"
5. Donna Erickson (Mt. Shasta, N)	41' 0"

1978

1. Kerry Zwart (Crescenta Vly, S)	45' 11½"
2. Rosario Ramos (Anaheim, S)	45' 1½"
3. Susan Springer (Salinas, CC)	44' 11½"
4. Jacque Nelson (Anaheim Canyon, S)	44' 8½"
5. Debra Pryor (Holy Names, NC)	44' 7½"
6. Lynn Richardson (Jefferson, LA)	42' 5½"

1979

1. Susie Ray (Villa Park, S)	#49' 6½"
2. Rosario Ramos (Anaheim, S)	49' 4½"
3. Ramona Ebert (Schurr, S)	47' 5½"
4. Jodi Barker (Sequoia, CC)	44' 7½"
5. Susan Springer (Salinas, CC)	44' 6½"

Discus Throw

Girls toss the 1.0 kg. discus.

1974 EVENT NOT CONTESTED

1975 (non-scoring)

1. Betty Smith (Corcoran, C)	126' 1"
2. Terry Prince (Anderson, N)	120' 10"
3. Debra Haynes (Edison, C)	119' 11"
4. Lisa Bee (San Ramon, NC)	119' 10"
5. Marina Gomez (Bishop Diego, S)	117' 3"
6.	

1976

1. Kathy Middleton (Poway, SD)	#134' 5"
2. Susan Springer (Salinas, CC)	132' 11"
3. Duthie (Serramonte, CC)	126' 5"
4. Becky Daniel (Newport Harbor, S)	121' 7"
5. Blankenship (Chico, N)	117' 2"
6.	

1977

1. Karen Stampfli (Lassen, N)	137' 0"
2. Susan Springer (Salinas, CC)	133' 11"
3. Gale Zaphiropoulos (HomeSt'd, CC)	131' 8"
4. Bonnie Dasse (Costa Mesa, S)	130' 4"
5. Cecilia Sandoval (Riverbank, SJ)	128' 11"
6.	

1978

1. Christi Pyle (Glendale Hoover, S)	149' 3"
2. Susan Springer (Salinas, CC)	141' 3"
3. Linda Read (Alameda, NC)	138' 8"
4. Karen Stampfli (Lassen, N)	134' 6"
5. Johnson (Pleasant Hl, NC)	125' 0"
6. Woodback (Cupertino, CC)	122' 9"

1979

1. Leslie Deniz (Gridley, N)	167' 1"
2. Linda Read (Alameda, NC)	147' 3"
3. Susan Springer (Salinas, CC)	145' 8"
4. Caroline Magnone (Atwater, SJ)	136' 1"
5. Joni Argento (LP Kennedy, S)	135' 5"
6.	

1980 (4 kilogram)

1. Natalie Kaaiawahia (Ful'ton, S) #48'	4½"
2. Susie Ray (Villa Park, S)	46' 9½"
3. Sharon Hamilton (Santa Monica, S)	45' 2½"
4. Yolanda Fletcher (Crenshaw, LA)	44' 9"
5. Debbie Corley (Garces, C)	44' 2½"
6. Mel Rodriguez (Mariposa,)	44' 1½"

1981

1. Natalie Kaaiawahia (Ful'ton, S) #51'	8½"
2. Debbie Corley (Garces, C)	45' 11½"
3. Yolanda Fletcher (Crenshaw, LA)	45' 7½"
4. Jacque Sheffield (Eisenhower, S)	43' 2½"
5. Lorraine Costanzo (Saugus, S)	43' 0½"
6. Laura DeSnoo (Washington, NC)	42' 4"

1982

1. Natalie Kaalawahia (Fullerton, S)	50' 3"
2. Dot Jones (Hilmar, SJ)	45' 10½"
3. Jacque Sheffield (Eisenhower, S)	44' 8½"
4. Jill Crisler (Gunn, CC)	44' 5½"
5. Wendy Bradshaw (Saugus, S)	44' 1"
6. Cindi Durchslag (San Carlos, CC)	43' 5½"

1983

1. Natalie Kaalawahia (Ful'ton, S) #52'	7½"
2. Pam Alexander (Arlington, S)	45' 2½"
3. Cindy Niko (Mt. Eden, NC)	44' 11½"
4. Tonie Moses (Lincoln, SJ)	42' 11½"
5. Latonia Floyd (Oak Grove, CC)	42' 7½"
6. Rose Faamai (Kennedy, LA)	39' 11½"

1984

1. Pam Alexander (Arlington, S)	46' 3½"
2. Latonia Floyd (Oak Grove, CC)	45' 0½"
3. Melinda Beckenhauer (L Altos, CC)	43' 7½"
4. Marilyn Elkins (Manteca, SJ)	41' 11½"
5. Mary Lou Moranco (Parlier, C)	41' 5½"
6. Dana Simon (Antelope Valley, S)	40' 9½"

1985

1. Elaine Oden (Irvine, S)	46' 11½"
2. Heidi Adams (Mission Viejo, S)	45' 9½"
3. Brandi Gail (Rowland, S)	44' 11½"
4. Tracy Crawford (Southwest, SD)	44' 0½"
5. Celeste Paquette (Rcho Alam's, S)	42' 6½"
6. Melinda Beckenhauer (L Altos, CC)	42' 1½"

1986

1. Leslie Deniz (Gridley, N) #172'	11"
2. Donna Hollingworth (Chaffey, S)	150' 7"
3. Laura DeSnoo (Washington, NC)	149' 7"
4. Sue Compton (Marian, SD)	140' 3"
5. Mel Rodriguez (Mariposa,)	139' 9"
6. Liz Mueller (Vista, SD)	134' 6"

1981

1. Natalie Kaaiawahia (Fullerton, S)	162' 10"
2. Laura DeSnoo (Washington, NC)	158' 1"
3. Cindi Durchslag (San Carlos, CC)	141' 9"
4. Jacque Norton (Mission Viejo, S)	140' 4"
5. Mary Dentinger (El Camino, SJ)	139' 7"
6. Cissy Laughlin (Torrey Pines, SD)	136' 8"

1982

1. Jacque Norton (Mission Viejo, S)	160' 2"
2. Karen Nickerson (San Carlos, CC)	152' 2"
3. Toni Lutjens (Righetti, S)	151' 8"
4. Mary Dentinger (El Camino, SJ)	145' 5"
5. Alexandra Kriva (Burbank, S)	137' 4"
6. Cindi Durchslag (San Carlos, CC)	137' 3"

1983

1. Natalie Kaaiawahia (Fullerton, S)	170' 0"
2. Toni Lutjens (Righetti, S)	156' 5"
3. Lenora Barnes (Rcrt Burroughs, S)	148' 1"
4. Kim Kesler (Vintage, NC)	138' 10"
5. Tracy Saylor (Quartz Hill, S)	139' 0"
6. Lisa Williams (Santa Ana Vly, S)	131' 10"

1984

1. Stacy Hom (Cordova, SJ)	159' 1"
2. Yvette Brown (Vacaville, SJ)	143' 5"
3. China Blockton (Burbank, S)	142' 2"
4. Celeste Paquette (Rcho Alam's, S)	139' 1"
5. Shirley Weenig (Laguna Beach, S)	135' 8"
6. Gina Niko (Mt. Eden, CC)	130' 1"

1985

1. Lill Illi (Nogales, S)	162' 2"
2. Stacy Hom (Cordova, SJ)	147' 7"
3. Stephanie Smith (Yreka, N)	146' 3"
4. Gina Niko (Mt. Eden, CC)	144' 2"
5. Heidi Adams (Mission Viejo, S)	142' 4"
6. Joey Classen (Clovis, C)	142' 0"

1986

1. Brandi Gail (Rowland, S)	45' 2½"
2. Tracy Crawford (Southwest, SD)	43' 11½"
3. Kartsli Lappaluoto (Madison, SD)	43' 2½"
4. Shellie Lovati (El Modena, S)	41' 11"
5. Jennifer Whelchel (Agoura, S)	41' 3½"
6. Buffy Sexton (Hills, CC)	40' 10½"

1987

1. Jennifer Whelchel (Agoura, S)	43' 8½"
2. Dawn Dumble (Bakersfield, C)	43' 0½"
3. Heidee Ruiz (Los Gatos, CC)	42' 4"
4. Yvonne Hill (Riverside Poly, S)	42' 4"
5. Theresa Faafau (Ventura, S)	41' 7½"
6. Maureen McKinney (Reedley, C)	40' 8½"

1988

1. Dawn Dumble (Bakersfield, C)	48' 2½"
2. Heidee Ruiz (Los Gatos, CC)	44' 9½"
3. Melanie Jones (Long Bch Poly, S)	44' 4"
4. Jennifer Whelchel (Agoura, S)	43' 2½"
5. Laura Hughes (Orange Glen, SD)	43' 1½"
6. Angela Arrington (Palmdale, S)	42' 1"

1989

1. Melissa Weis (Bakersfield, C)	44' 1"
2. Jennifer Viavia (Madison, SD)	41' 6½"
3. Shannon Parker (St. Francis, CC)	41' 4½"
4. Tanisha Huddleston (Merced, C)	40' 3½"
5. Beverly Oden (Irvine, S)	40' 0½"
6. Christy Bruno (N. Monterey, CC)	39' 9½"

1990

1. Dawn Dumble (Bakersfield, C)	49' 3½"
2. Melissa Weis (Bakersfield, C)	47' 1½"
3. Danyel Mitchell (Vallejo, SJ)	44' 2½"
4. Myra Smith (Workman, S)	42' 4½"
5. Happy Timo (Twenty-nine Palms, S)	42' 1"
6. Mika Hilaire (Pittsburg, NC)	41' 10½"

1991

1. Mika Hilaire (Pittsburg, NC)	45' 4½"
2. Crystal Brownlee (Westlake, S)	45' 4"
3. Nicole Logan (Novato, NC)	45' 0½"
4. Teresa Stricklin (Ar'yo Grnde, S)	43' 3½"
5. Myra Smith (Workman, S)	43' 0"
6. Lisa Stephaney (Hoover, C)	42' 8½"

1986

1. Tracy Crawford (Southwest, SD)	156' 2"
2. Brandi Gail (Rowland, S)	149' 8"
3. Lori Parker (Ramona, SD)	149' 8"
4. Lill Illi (Nogales, S)	147' 8"
5. Terri Mann (Pt. Loma, SD)	134' 4"
6. Tammy Williamson (Madera, C)	132' 2"

1987

1. Dawn Dumble (Bakersfield, C)	145' 9"
2. Terri Mann (Pt. Loma, SD)	144' 1"
3. Jenny Peters (Gunn, CC)	138' 5"
4. Allison Franke (Anah Canyon, S)	135' 1"
5. Melissa Weis (Bakersfield, C)	132' 8"
6. Remeeka Williams (Nogales, S)	128' 4"

1988

1. Melissa Weis (Bakersfield, C)	159' 7"
2. Dawn Dumble (Bakersfield, C)	156' 0"
3. Jenny Peters (Gunn, CC)	154' 8"
4. Donna McKennon (Yreka, N)	149' 0"
5. Remeeka Williams (Nogales, S)	147' 2"
6. Allison Franke (Anah Canyon, S)	145' 6"

1989

1. Melissa Weis (Bakersfield, C)	168' 0"
2. Candy Roberts (Don Lugo, S)	161' 2"
3. Allison Franke (Anah Canyon, S)	158' 1"
4. Debbie Cembellin (Amador Vly, NC)	150' 8"
5. Jenny Peters (Gunn, CC)	148' 1"
6. Julie DeJarlais (Las Lomas, NC)	142' 11"

1990

1. Melissa Weis (Bakersfield, C)	169' 11"
2. Dawn Dumble (Bakersfield, C)	157' 9"
3. Celeste McVey (Redlands, S)	145' 5"
4. Hindy Wirtz (Leland, CC)	145' 1"
5. Danyel Mitchell (Vallejo, SJ)	142' 4"
6. Jodie Harr (Rubidoux, S)	141' 9"

1991

1. Celeste McVey (Redlands, S)	160' 11"
2. Suzy Powell (Downey, SJ)	153' 2"
3. Carrie Heimann (Etiwanda, S)	143' 0"
4. Jessica Alderman (Mis S Jose, NC)	142' 8"
5. Annette Kalihwa (Loretto, SJ)	142' 3"
6. Teresa Stricklin (Ar'yo Grnde, S)	136' 1"