Athlete Tracking Sheet

Frequency of Participation:

There is no limit on the number of events in which an athlete may compete. However, for each athlete, a maximum of 5 total events and a maximum of 4 running events will be scored and awarded medals for the team. A team competing on a non-scoring basis in an event must signify their non-scoring status on the Event Registration Form before the event is contested.

Athlete Name	Age	Men's 5K	Women's 5K	Team Weight Throw	Team Jump	Y2K Relay	4x100-Yard Mixed	Sub-Masters Dist.	Decade Mile Relay	Women's 800-Meter	Men's Mile Team	Seniors Relay	3-Lap Sprint	Women's Relay	4x220-Yard Mixed	Sub-Masters Sprint	Pyramid Relay	Masters Plus Relay	Sprint Relay