

**7th Annual
Willow Glen Track Invitational
Willow Glen High School
Saturday, March 3, 2012**

The 7th annual Willow Glen Track Invitational will be held on Saturday, March 3, 2012. The meet will be held on the outstanding track facility at Willow Glen High School at 2001 Cottle Avenue, San Jose, CA 95125.

Entry Fee: \$5.00 per event for individuals & \$15.00 per relay team or a maximum of \$400 per school (includes both Boys & Girls team).

Note: Entry fees must be paid prior to the Invitational or at the entrance gate on Saturday, March 3, 2012

All "Entries" must be submitted to **www.directathletics.com** only!!!
(Do not phone, fax or e-mail entries to the meet director.)

Entry Deadline: All entries must be received by Direct Athletics before midnight, Monday, February 27th. No updates after the entry deadline. All coaches can verify entries on Tuesday, February 28th at **www.directathletics.com**

Scratches: If you need to scratch an athlete before the entry deadline, contact the Direct Athletics website. **Scratches after the entry deadline** should be e-mailed to **John Owens** at **johnsport408@yahoo.com** or **Mark McConnell** at **racetimer@aol.com**

Make check(s) payable to: Willow Glen Track Fund

**Send check to: Willow Glen High School Track
2001 Cottle Avenue
San Jose CA 95125**

General Information:

- * Award medals to 1, 2, 3 & 4th place finishers
- * Admission: **Adults:** \$5.00 **Students:** \$2.00
- * Finish Lynx Timing System on the finish line, all weather track
- * Lane Assignments will be seeded by best marks submitted
- * Athlete Trainer will be available at the meet
- * **Programs (\$2) T-shirts (\$15)** for sale; concessions stand will be open

Meet Director: John Owens (408) 629-2087 or Cell phone # (408) 624-6960

Willow Glen Track and Field Invitational

7th Annual

Saturday, March 3, 2012

Order and Schedule of Events

Field Events:

9:00 a.m.

F/S High Jump
VG Discus
F/S Shot Put
F/S Long Jump
VB Triple Jump
F/S Pole Vault

11:00 a.m.

VB High Jump
F/S Discus
VB Shot Put
VB Long Jump
VG Triple Jump
VG Pole Vault

1:00 p.m.

VG High Jump
VB Discus
VG Shot Put
VG Long Jump
F/S Triple Jump
VB Pole Vault

Track Events

9:00 a.m.

(Rolling Time Schedule)

F/S
FS/ VG/ VB
VB/ VB/ FS
VG
FS/ VG/ VB
VB

3200m Run
4x100m Relay
Hurdles
3200m Run
100m
3200m Run

Break

12:30 PM

FS/VG/ VB
FS/ VG/ VB
VG/ VB/FS
FS/VG/VB
FS/ VG/ VB
FS/ VG/ VB

200m
800m
300m IH
400m
1600m
4x400m Relay

(All athletes should be at the meet at least one hour prior to their event).