

P.A.L. Track & Field Championships 2012 - 4/27/2012 to 5/4/2012

Terra Nova High School

Friday Results

Girls 100 Meter Dash Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Breanna Navarre		12 South S.F.	12.89 Q
2 Melissa Wood		10 Carlmont	13.43 Q
3 Naomi Tovar		10 Menlo-Atherton	13.47 Q
4 Lily Discher		12 Sequoia	13.53 Q
5 Alyssa Bliss		11 Sequoia	13.38 q
6 Stella Hall		11 El Camino	13.56 q
7 Megan Kurtz		10 Menlo-Atherton	13.78 q
8 Olivia Mullins		11 Mills	13.84 q
9 Sasha Britten		12 Westmoor	13.90 q
10 Addy Eveslage		11 Aragon	13.91
11 Abby Taussig		9 Woodside	13.92
12 Stephanie Cerini		11 Woodside	13.95
13 Jessica Kwong		12 Westmoor	13.95
14 Adaora Obegolu		10 Carlmont	14.01
15 Jessica Brown		11 El Camino	14.11
16 Tatiana Barrett		10 Carlmont	14.12
17 Claire Saitta		10 Sequoia	14.19
18 Genevieve Duran		11 San Mateo	14.23
19 Amandalyn Rapues		12 South S.F.	14.25
20 Marie Oliveros		11 Westmoor	14.53
21 Kayla Ohira		11 San Mateo	14.60
22 Sydne Brown		12 Aragon	14.72
23 Kristine Asuncion		12 Capuchino	14.76
24 Kaitlyn Haynes		12 Terra Nova	14.88
25 Veronica San Felipe		11 Capuchino	14.96
26 Abria Folauoo		11 Aragon	14.96
27 Elizabeth Ramirez		11 Capuchino	14.98
28 Anita De La Torre		12 Jefferson	15.45

21 Kristine Asuncion	12 Capuchino	29.64
22 Elizabeth Ramirez	11 Capuchino	29.79
23 Megan Pockalny	10 Woodside	29.89
24 Kayla Ohira	11 San Mateo	29.90
25 Genevieve Duran	11 San Mateo	29.97
26 Kaitlyn Haynes	12 Terra Nova	30.03
27 Veronica San Felipe	11 Capuchino	31.57
28 Anita De La Torre	12 Jefferson	32.30

Girls 400 Meter Dash Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Greer Chrisman		10 Burlingame	59.83 Q
2 Tarryn O'Mahoney		11 San Mateo	59.90 Q
3 Catherine Carpenter		12 Menlo-Atherton	1:00.51 Q
4 Alexa Smith		11 Aragon	59.87 q
5 Cassie Stansberry		11 Menlo-Atherton	1:01.04 q
6 Elise Dimick		9 Carlmont	1:01.37 q
7 Michele Day		11 Mills	1:01.70 q
8 Alex Bliss		11 Sequoia	1:02.16 q
9 Annie Harrier		9 Menlo-Atherton	1:02.20 q
10 Kylie Freeburg		10 Half Moon Bay	1:03.31
11 Kelly Croshaw		10 Aragon	1:03.39
12 Hannah Kabakoff		11 Terra Nova	1:04.66
13 Maddy Warmar		9 Woodside	1:04.77
14 Demi Latham		11 Woodside	1:06.55
15 Alexandra Doi		11 San Mateo	1:06.74
16 Stephanie Cenini		11 Woodside	1:07.73
17 Janine Brown		12 Westmoor	1:07.73
18 Robbie Salvador		12 Terra Nova	1:07.75
19 Mindy Yang		11 Carlmont	1:07.92
20 Isabel Colin		12 Sequoia	1:14.73

Girls 200 Meter Dash Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Breanna Navarre		12 South S.F.	26.83 Q
2 Melissa Wood		10 Carlmont	26.91 Q
3 Catherine Carpenter		12 Menlo-Atherton	27.10 Q
4 Naomi Tovar		10 Menlo-Atherton	27.70 Q
5 Alexa Smith		11 Aragon	27.19 q
6 Alex Bliss		11 Sequoia	27.40 q
7 Megan Bartoshuk		11 Sequoia	27.51 q
8 Abby Taussig		9 Woodside	27.64 q
9 Michele Day		11 Mills	27.71 q
10 Cassie Stansberry		11 Menlo-Atherton	27.71
11 Addy Eveslage		11 Aragon	27.76
12 Alyssa Bliss		11 Sequoia	27.78
13 Lily Discher		12 Sequoia	27.82
14 Annie Harrier		9 Menlo-Atherton	27.87
15 Maddy Warmar		9 Woodside	28.12
16 Tarryn O'Mahoney		11 San Mateo	28.13
17 Robbie Salvador		12 Terra Nova	28.33
18 Elise Dimick		9 Carlmont	28.49
19 Ella Stoney		11 Carlmont	29.22
20 Jessica Brown		11 El Camino	29.25

Girls 800 Meter Run Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Kylie Goo		11 Westmoor	2:19.03 Q
2 Lauren Croshaw		12 Aragon	2:22.21 Q
3 Katherine Chinn		11 Aragon	2:26.92 Q
4 Taylor Fortnam		10 Menlo-Atherton	2:29.45 Q
5 Kylie Freeburg		10 Half Moon Bay	2:27.60 q
6 Nicole Novales		12 Westmoor	2:28.78 q
7 Corin Soelberg		11 Carlmont	2:30.53 q
8 Maryann Holliday		12 Terra Nova	2:30.98 q
9 Mei-Lin Okino		12 Carlmont	2:31.43 q
10 Demi Latham		11 Woodside	2:34.58 q
11 Kassi Stephenson		11 Burlingame	2:35.66 q
12 Maritza Gomez		11 Carlmont	2:38.61 q
13 Annika Roise		10 Menlo-Atherton	2:45.66
14 Julia Pokorny		11 Sequoia	2:46.28
15 Kelley Eason		10 Menlo-Atherton	2:47.66
16 Sophia Bolte		11 Sequoia	2:55.98
17 Coohleen Coombes		12 Westmoor	3:01.56

P.A.L. Track & Field Championships 2012 - 4/27/2012 to 5/4/2012

Terra Nova High School

Friday Results

Girls 1600 Meter Run Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Kylie Goo		11 Westmoor	5:13.09 Q
2 Lauren Crowthaw		12 Aragon	5:19.12 Q
3 Catherine Lowdon		11 Burlingame	5:15.76 Q
4 Taylor Fortnam		10 Menlo-Atherton	5:27.62 Q
5 Kylie Freeburg		10 Half Moon Bay	5:29.50 Q
6 Katherine Chinn		11 Aragon	5:32.32 Q
7 Nicole Novales		12 Westmoor	5:30.92 q
8 Megan Guillermo		11 Terra Nova	5:40.70 q
9 Gaia Bouchard-hall		11 Sequoia	5:43.05 q
10 Mariah Driver		11 Sequoia	5:45.18 q
11 Allison Lee		11 Hillsdale	5:47.19 q
12 Kelley Eason		10 Menlo-Atherton	5:53.83 q
13 Annika Roise		10 Menlo-Atherton	5:59.28 q
14 Cena Cook		10 Carlmont	6:10.34 q
15 Rachel Kawawaki		12 Mills	6:11.36 q
16 Angelica Choi		12 Mills	6:13.73
17 Jessica Peluffo		12 Hillsdale	6:20.20
18 Isabel Cervantes		10 South S.F.	6:36.53
19 Kiana Lee		11 San Mateo	6:37.79

Girls 100 Meter Hurdles Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Bulou Mataitoga		12 Sequoia	16.90 Q
2 Kelly Calaunan		12 Westmoor	17.18 Q
3 Danielle Peranich		12 Half Moon Bay	17.77 q
4 Sydne Brown		12 Aragon	17.79 q
5 Amandalyn Rapues		12 South S.F.	18.08 q
6 Savana Kiefer		11 Aragon	18.12 q
7 Rachael Bellin		11 Carlmont	18.35 q
8 Emma Martino		11 Sequoia	18.39 q
9 Julie Canta		11 Westmoor	18.81 q
10 Simone McCarthy		10 Carlmont	18.91
11 Makayla Evans		11 Westmoor	19.59
12 Katherine Luttrell		10 Woodside	20.10
13 Mikayla Mckay		12 Terra Nova	20.47
14 Danai Poulidou		11 Woodside	21.07
15 Frances Mylod-Vargos		11 Sequoia	21.42
16 Rebekah Collins		11 Menlo-Atherton	22.16

Girls 300 Meter Hurdles Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Bulou Mataitoga		12 Sequoia	48.47 Q
2 Greer Chrisman		10 Burlingame	48.68 Q
3 Savana Kiefer		11 Aragon	49.56 Q
4 Olivia Mullins		11 Mills	50.18 q
5 Kelly Calaunan		12 Westmoor	50.81 q
6 Emma Martino		11 Sequoia	51.14 q
7 Peyton Bush		12 Menlo-Atherton	52.04 q
8 Kaitlyn Sanders		9 Carlmont	52.15 q
9 Simone McCarthy		10 Carlmont	52.53 q
10 Julie Canta		11 Westmoor	53.02

11 Danielle Peranich	12 Half Moon Bay	53.47
12 Katherine Luttrell	10 Woodside	55.62
13 Hanna Evenson	12 San Mateo	56.26
14 Amy Abdelhaim	12 Capuchino	58.03
15 Danai Poulidou	11 Woodside	59.93
16 Christina Soe	11 Westmoor	1:00.02
17 Jessica Peluffo	12 Hillsdale	1:01.11
18 Mikayla Mckay	12 Terra Nova	1:01.68
19 Isabel Cervantes	10 South S.F.	1:03.58

Girls High Jump Varsity

Name	Yr	School	Finals
Finals			
1 Maggie Galle		12 Half Moon Bay	5-03.00
2 Chanel Joyce		11 Aragon	5-01.00
3 Farideh Loveless		10 Sequoia	4-07.00
3 Angie Durkee		12 Woodside	4-07.00
5 Katie Pilster		11 Capuchino	4-07.00
6 Marie Oliveros		11 Westmoor	4-05.00
6 Savana Kiefer		11 Aragon	4-05.00
8 Jessica Wright		11 Burlingame	4-03.00
9 Drew Bonwood		11 Sequoia	4-03.00
10 Hailee Underwood		11 Terra Nova	4-01.00
11 Rebecca Egan		11 Hillsdale	4-01.00
12 Lauren Formaiejo		11 Capuchino	3-11.00
12 Grace Chan		11 Aragon	3-11.00
12 zoe Kiely		10 Capuchino	3-11.00

Girls Shot Put Varsity

Name	Yr	School	Finals
Finals			
1 Sabrina Mendoza		11 Mills	36-00.00
2 Anya Tonga		11 Sequoia	35-02.00
3 Moreen Pahulu		12 Mills	33-09.00
4 Ogechi Ibanisi		11 Terra Nova	32-05.00
5 Gabby Canaya		12 Mills	32-01.00
6 Tiianna Williams		10 Woodside	30-01.00
7 Lakai Mataele		10 Menlo-Atherton	30-01.00
8 Kimberly Fanuatanu		11 Menlo-Atherton	29-07.00
9 Isabel Lee		12 Mills	x29-05.00
10 Manuoso Fonua		10 Aragon	29-05.00
11 Tufu Tau		11 Aragon	29-02.00
12 Ivonne Fajardo		12 Carlmont	28-11.00
13 Nikki Valbuena		12 Westmoor	27-11.00
14 Camille Weber		12 El Camino	26-03.00
15 Rosemary Chen		12 Westmoor	25-05.00
16 Su Wai Wong		12 Westmoor	25-02.00
17 Helen Moimoi		12 Menlo-Atherton	24-03.00
18 Breanna Navarre		12 South S.F.	23-09.00
19 Rebecca Egan		11 Hillsdale	21-00.00

P.A.L. Track & Field Championships 2012 - 4/27/2012 to 5/4/2012**Terra Nova High School****Friday Results****Boys 100 Meter Dash Varsity**

Name	Yr	School	Prelims
Preliminaries			
1 JD Elzie		11 Aragon	11.23 Q
2 Clark Tolero		11 Terra Nova	11.47 Q
3 Shane Callan		12 Carlmont	11.71 Q
4 Blake Turner		11 El Camino	11.95 Q
5 Delfonse Lewis		11 Jefferson	12.12 Q
6 Jordan Crisologo		10 Aragon	11.70 q
7 Gabriel Ortiz		12 Sequoia	11.70 q
8 Luigi Sebastiani		11 Aragon	11.88 q
9 Sira Casper		12 Mills	11.91 q
10 Vinh Doan		12 Aragon	11.98
11 Martin Escobar		11 South S.F.	12.02
12 Aj Pasco		11 El Camino	12.05
13 Zach Plante		10 Menlo-Atherton	12.07
14 Theo Yeh		12 Carlmont	12.09
15 Justin Borjon		9 Woodside	12.14
16 Patrick Wong		12 Westmoor	12.23
17 Nick Garcia		10 Menlo-Atherton	12.23
18 Aladdin Awadalla		11 Capuchino	12.33
19 Matt Jenkins		10 Sequoia	12.39
20 Richard Fong		12 San Mateo	12.42
21 Alvin Sung		11 Mills	12.53
22 Maher Rashid		11 Capuchino	12.55
23 Miguel DeRojas		11 San Mateo	12.60
24 Chris Loo		11 Hillsdale	12.67
25 Mikael Guillermo		11 Carlmont	12.70
26 Mohammed Ameen		11 Capuchino	12.79
27 Paul Magat		11 South S.F.	12.81
28 Michael Lauigan		11 South S.F.	12.84
29 John Pablo		11 Jefferson	12.86
30 Isaac Hernandez		- Menlo-Atherton	12.95
31 Johnathan Uy		11 Jefferson	12.99
32 Tommy Cook		10 Woodside	13.05
33 Derrick Duong		11 Westmoor	13.21
34 Joshua Guevara		11 Terra Nova	13.22
35 Ryan Yuen		12 Burlingame	13.24
36 Gino Carrillo		11 Mills	13.26
37 Mohammad Alnaqub		12 San Mateo	13.36

Boys 200 Meter Dash Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Elliot Surovell		12 Carlmont	22.51 Q
2 Clark Tolero		11 Terra Nova	22.87 Q
3 Michael Beery		11 San Mateo	22.98 Q
4 Myles Holmes		12 Jefferson	23.13 Q
5 Gabriel Ortiz		12 Sequoia	23.25 Q
6 JD Elzie		11 Aragon	22.87 q
7 Zach Plante		10 Menlo-Atherton	23.36 q
8 Shane Callan		12 Carlmont	23.43 q
9 James Beekley		12 Sequoia	23.64 q
10 Blake Turner		11 El Camino	23.65
11 Jacob Hines		12 Half Moon Bay	23.70
12 Sira Casper		12 Mills	24.00
13 Luigi Sebastiani		11 Aragon	24.02
14 Patrick Garciaaluna		12 Aragon	24.06
15 Martin Escobar		11 South S.F.	24.11
16 Jordan Crisologo		10 Aragon	24.12
17 Andrew Qare		11 San Mateo	24.30
18 Kadri Green		11 Menlo-Atherton	24.53
19 Devante Jewett		12 El Camino	24.70
20 Tyler Lindow		12 Mills	24.85
21 Brandon Patterson		11 Carlmont	24.88
22 Justin Borjon		9 Woodside	24.89
23 Paea Dauwe		11 Capuchino	25.04
24 Aladdin Awadalla		11 Capuchino	25.09
25 Miguel DeRojas		11 San Mateo	25.15
26 Alvin Sung		11 Mills	25.24
27 Leroy Wilberforce		12 Burlingame	25.32
28 Mohammed Ameen		11 Capuchino	25.77
28 Dalton Diaz		12 Sequoia	25.77
30 Delfonse Lewis		11 Jefferson	25.79
31 Abdulal Bongura		11 Jefferson	25.90
32 Joshua Guevara		11 Terra Nova	26.42
33 Kevin Jao		12 Westmoor	26.80
34 Alex Herrera		11 Woodside	26.88
35 Derrick Duong		11 Westmoor	27.27
36 Son Nguyen		12 Westmoor	29.48

P.A.L. Track & Field Championships 2012 - 4/27/2012 to 5/4/2012

Terra Nova High School

Friday Results

Boys 400 Meter Dash Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Elliot Surovell		12 Carlmont	50.09 Q
2 Michael Beery		11 San Mateo	50.35 Q
3 Myles Holmes		12 Jefferson	50.57 Q
4 Di'jonn Williams		12 Menlo-Atherton	51.10 Q
5 Zach Plante		10 Menlo-Atherton	51.26 q
6 Jacob Hines		12 Half Moon Bay	51.76 q
7 Devante Jewett		12 El Camino	52.89 q
8 Jeremy Wright		9 Terra Nova	52.90 q
9 Parker Huang		11 Aragon	52.96 q
10 Ryan Batte		12 Burlingame	53.01
11 Patrick Garciaaluna		12 Aragon	53.43
12 Andrew Qare		11 San Mateo	53.74
13 John Rodriguez		11 Woodside	54.06
14 Ben Prudhomme		11 Menlo-Atherton	54.33
15 Will Rivera		10 Aragon	54.92
16 Andrew Chow		12 Westmoor	55.16
17 Taylor Wong		11 Mills	55.25
18 Tyler Lindow		12 Mills	55.50
19 Scott Feuerhelm		11 Woodside	55.75
20 Christopher Abilay		12 San Mateo	55.91
21 Emeric Szaboky		11 Burlingame	56.35
22 Yazan Abdelhalim		11 Jefferson	57.52
23 Roberto McKay		11 Terra Nova	58.33
24 Abdulal Bongura		11 Jefferson	58.55
25 Son Nguyen		12 Westmoor	1:01.03
26 Nathan Depante		11 Westmoor	1:01.31
27 Nick Blanck		12 Sequoia	1:01.61

Boys 800 Meter Run Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Chris Waschura		12 Woodside	1:58.05 Q
2 Mitch Martin		12 Half Moon Bay	2:01.20 Q
3 George Baier		11 Menlo-Atherton	1:59.44 Q
4 Kevin Durney		12 Mills	2:03.14 Q
5 Grant Murphy		11 Mills	2:01.42 q
6 Galdino Bravo		10 Sequoia	2:03.19 q
7 Ryan Roberts		12 Half Moon Bay	2:03.50 q
8 Thomas Bebbington		11 Aragon	2:05.34 q
9 Emanuel Sanchez		10 Jefferson	2:05.58 q
10 Michael Hester		12 Menlo-Atherton	2:05.88 q
11 Jordan Scandlyn		12 Menlo-Atherton	2:06.42 q
12 Michael Ward		10 Terra Nova	2:06.74 q
13 Philip Barron		12 Sequoia	2:07.19
14 Taylor Wong		11 Mills	2:09.15
15 Tynan Dewes		10 Sequoia	2:10.01
16 Sam Sokolsky		11 Aragon	2:10.71
17 Quentin Karn		11 Burlingame	2:12.06
18 Andrew Chow		12 Westmoor	2:12.20
19 Alex Lopez		12 El Camino	2:13.13
20 Dante Natoli		12 Carlmont	2:13.43

21 Jose Alvarez	12 Capuchino	2:13.54
22 Liam Brady	11 Terra Nova	2:14.22
23 Joab Camarena	12 Woodside	2:15.27
24 Angelo Afable	12 Jefferson	2:15.59
25 Giovanni Pineda	11 Jefferson	2:19.50
26 Jose Garcia	11 San Mateo	2:21.74
27 Ives Ison	12 Westmoor	2:24.47
28 Peter Tang	12 Westmoor	2:28.21

Boys 1600 Meter Run Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Rory Beyer		11 Aragon	4:26.01 Q
2 George Baier		11 Menlo-Atherton	4:31.13 Q
3 Grant Murphy		11 Mills	4:26.25 Q
4 Mitch Martin		12 Half Moon Bay	4:32.85 Q
5 Chris Waschura		12 Woodside	4:30.12 Q
6 Gordon Dickson		12 Mills	4:39.19 Q
7 Nathan Madonich		12 South S.F.	4:30.63 q
8 Logan Marshall		10 Half Moon Bay	4:35.00 q
9 Daniel Bereket		11 Carlmont	4:35.90 q
10 Jordan Scandlyn		12 Menlo-Atherton	4:41.89 q
11 Ryan Dimick		10 Carlmont	4:42.01 q
12 Sam Sokolsky		11 Aragon	4:43.64 q
13 Atzin Cardiel		11 Westmoor	4:44.12 q
14 Joab Camarena		12 Woodside	4:44.63 q
15 Francisco Vargas		12 Aragon	4:44.93 q
16 Ryan Roberts		12 Half Moon Bay	4:45.64
17 Philip Barron		12 Sequoia	4:46.16
18 Emanuel Sanchez		10 Jefferson	4:47.03
19 Nickie Pucel		11 Sequoia	4:48.77
20 Jose Alvarez		12 Capuchino	4:50.49
21 Michael Ward		10 Terra Nova	4:50.79
22 Jared Steele		12 Terra Nova	4:53.89
23 Michael Hester		12 Menlo-Atherton	4:56.16
24 Brandon Rivas		12 Westmoor	4:56.59
25 Liam Brady		11 Terra Nova	4:59.54
26 Ryan Hutson		11 Carlmont	5:07.66
27 Quentin Karn		11 Burlingame	5:08.35
28 Alex Ruhlman		11 Sequoia	5:09.94
29 Masa Kawakatsu		11 San Mateo	5:13.31
30 Jason Yen		12 Westmoor	5:25.00
31 Clark Brooks		12 Jefferson	5:26.30

P.A.L. Track & Field Championships 2012 - 4/27/2012 to 5/4/2012

Terra Nova High School

Friday Results

Boys 110 Meter Hurdles Varsity

Name	Yr	School	Prelims
Preliminaries			
1 James Garcia		11 Aragon	16.40 Q
2 Franklin Rice		10 Carlmont	16.56 Q
3 Oscar Alejandre		12 Sequoia	17.85 Q
4 Alex Kumamoto		10 Carlmont	16.90 q
5 Aj Pasco		11 El Camino	17.32 q
6 Richard Lee		11 Hillsdale	17.39 q
7 Aaron Lee		12 Mills	17.92 q
8 Caleb Sin		11 Westmoor	18.05 q
9 John Humady		11 Westmoor	18.08 q
10 Jason Cervantes		12 South S.F.	18.37
11 Liam Richardson		10 Aragon	18.73
12 Patrick Reed		12 Menlo-Atherton	18.96
13 Vinh Doan		12 Aragon	19.42
14 Kyle Campbell		12 Woodside	19.90
15 Gabriel Luk		11 Westmoor	19.92
16 Devon Smith		12 Half Moon Bay	19.98
17 Johnathan Uy		11 Jefferson	20.11
18 Evan O'Malley		11 Terra Nova	20.61
19 Jeremy Smith		11 Sequoia	23.78

Boys 300 Meter Hurdles Varsity

Name	Yr	School	Prelims
Preliminaries			
1 Kadri Green		11 Menlo-Atherton	42.15 Q
2 Franklin Rice		10 Carlmont	42.16 Q
3 Larry Campbell		11 San Mateo	42.56 Q
4 James Garcia		11 Aragon	42.54 q
5 Aj Pasco		11 El Camino	43.22 q
6 Oscar Alejandre		12 Sequoia	43.39 q
7 Ryan Batte		12 Burlingame	44.48 q
8 Patrick Chang		12 Mills	44.56 q
9 Patrick Reed		12 Menlo-Atherton	44.69 q
10 Jason Cervantes		12 South S.F.	44.74
11 Liam Richardson		10 Aragon	45.10
12 Caleb Sin		11 Westmoor	45.37
13 Devon Smith		12 Half Moon Bay	46.80
14 John Humady		11 Westmoor	46.81
15 Vinh Doan		12 Aragon	47.01
16 Anthony Balancio		11 Westmoor	47.09
17 Jeremy Smith		11 Sequoia	47.52
18 Evan O'Malley		11 Terra Nova	48.51
19 Kyle Campbell		12 Woodside	49.00
20 Alex Kumamoto		10 Carlmont	49.61
21 Johna De Guzman		11 Jefferson	57.06

Boys Pole Vault Varsity

Name	Yr	School	Finals
Finals			
1 Theo Yeh		12 Carlmont	12-06.00
2 Brooks Cottong		11 Carlmont	12-06.00
3 Ian Proulx		12 Menlo-Atherton	12-00.00
4 Gavin Kuang		11 Westmoor	11-00.00
5 Kevin Wu		11 San Mateo	11-00.00
6 Sean Smith		11 Menlo-Atherton	10-06.00
7 Ivan Szeto		11 Westmoor	10-06.00
8 Aaron Lee		12 Mills	10-00.00
9 Josh Barney		11 Aragon	10-00.00
10 Connor Sweetnam		12 Menlo-Atherton	9-06.00
11 Danny Falore		11 Woodside	9-00.00
11 Jason Pallas		12 San Mateo	9-00.00
13 John Rodriguez		11 Woodside	9-00.00
--- Jason Cervantes		12 South S.F.	NH
--- Christopher Abilay		12 San Mateo	NH

Boys Long Jump Varsity

Name	Yr	School	Finals
Finals			
1 Elliot Surovell		12 Carlmont	21-05.00
2 JD Elzie		11 Aragon	20-08.50
3 Di'jonn Williams		12 Menlo-Atherton	20-06.50
4 Tyler Vanson		11 Aragon	20-04.00
5 Myles Holmes		12 Jefferson	20-01.50
6 Clark Encarnacion		12 Westmoor	19-11.50
7 Patrick Chang		12 Mills	19-08.50
8 Trevor Lee		12 Aragon	19-07.00
9 Dominic Goodman		12 South S.F.	19-06.50
10 Mico Pagkalinawan		12 Westmoor	19-04.00
11 Anthony Hines		11 El Camino	19-03.00
12 Kevin Garcia		11 San Mateo	18-09.00
13 James Mickelson		11 Woodside	18-07.00
14 Larry Campbell		11 San Mateo	18-05.00
15 Nick Garcia		10 Menlo-Atherton	18-03.50
15 Dylan Anderson		10 Sequoia	18-03.50
17 Patrick Wong		12 Westmoor	18-03.00
18 Delfonse Lewis		11 Jefferson	18-01.50
19 Aaron Strauli		12 Mills	17-09.00
20 Garrett Lew		11 Mills	17-08.00
21 James Sebes		12 Menlo-Atherton	17-02.00
22 Danny Falore		11 Woodside	16-11.50
23 Will Bell		11 Sequoia	16-06.00
24 Richard Fong		12 San Mateo	16-00.50
25 Dalton Diaz		12 Sequoia	15-06.00
26 Liam Brady		11 Terra Nova	15-02.50
27 Deo Vallescas		12 Hillsdale	14-05.00

P.A.L. Track & Field Championships 2012 - 4/27/2012 to 5/4/2012

Terra Nova High School

Friday Results

Boys Discus Throw Varsity

	Name	Yr	School	Finals
Finals				
1	Patrick Pauni	10	Aragon	143-05
2	Abhineet Ram	12	Sequoia	140-02
3	Dominic DeSouza	11	Terra Nova	138-00
4	Julian Bertero	11	Sequoia	136-09
5	Jeff Shu	12	Mills	134-07
6	Jephta Zapata	10	Mills	129-05
7	Chris Pola	12	El Camino	128-08
8	David Santos	12	Aragon	124-05
9	Teddy Tsanakaus	12	Woodside	119-00
10	Connor Stoesser	12	Menlo-Atherton	114-03
11	Garvyn Rodriguez	12	Mills	112-04
12	Gary Milne	12	Woodside	111-02
13	Max Kraus	11	Hillsdale	109-06
14	Tyler Neeley	10	Aragon	109-03
15	Steven Beame	12	Hillsdale	108-07
16	James Sebes	12	Menlo-Atherton	103-06
17	Cory Odфина	12	Westmoor	102-03
18	Michael Latu	12	San Mateo	101-05
19	Jose Morfin	12	Woodside	98-10
20	Ronald Diaz	12	San Mateo	96-06
21	Amar Kaddoura	11	San Mateo	94-02
22	Godfrey Ng	11	Westmoor	93-02
23	Avi Brenman	12	Carlmont	83-11
24	Joe Lowman	11	Half Moon Bay	83-08
25	Siale Uluave	11	South S.F.	82-02
26	Sam Vue	12	Jefferson	81-02
27	Ashley Trinidad	12	Westmoor	79-07
28	Ben Purcell	12	Carlmont	71-04
---	Joseph Boudeman	11	Terra Nova	FOUL
---	Daniel Bridger	11	Hillsdale	FOUL